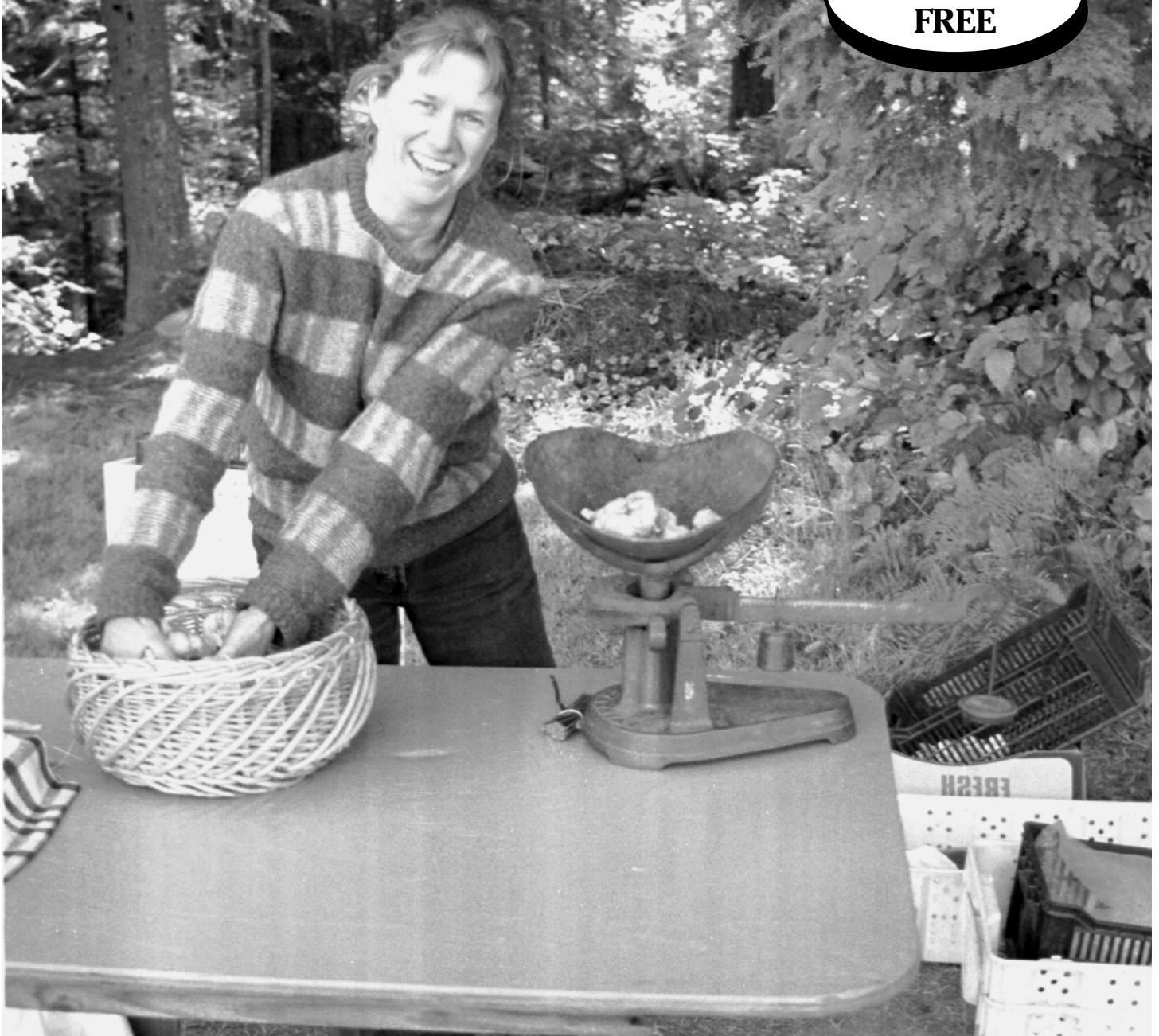


# *Discovery Islander*

**Community News and Events from Quadra, Cortes and the Outer Islands**

**Issue # 248  
AUGUST 14TH, 2001  
FREE**



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**On the cover**

Theresa O'Brien weighs garlic at the Farmers' Market  
Photo: Tanya Storr

**#248 September 14<sup>th</sup>, 2001**

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## Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. **Please help us by following these guidelines:**

- Handwritten material must be printed clearly.
- Items prepared on a computer should be sent by email or saved on disk in **Word** or **rtf** to avoid us having to retype. Please NO BLOCK CAPITALS. No lines between paragraphs & please spell check in Canadian English, 600 words maximum for unsolicited material. No MS Publisher Files please.
- Send multiple items by email in separate messages.
- Please don't send original irreplaceable material make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photographic prints, use PostIts or other labels.
- Artwork sent by fax cannot be published.

*While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.*

**Next Deadline:** 7pm Monday, Sept. 24<sup>th</sup>

## Publishers' Notes

**A**h the lazy days of Indian Summer are here. We should be doubly thankful if September manages to save something from what feels like an inordinately chilly summer.

Sheahan and I would like to thank Ryan Stuart who last issue single-handedly defied the odds and put issue 247 of the Discovery Islander together solo. It had been a run of 113 issues straight for us and it was great to take a breather finally. A few things were overlooked last time and our collective apologies for that. Thanks again Ryan.

This issue we start to see Islanders come out of the woodwork as we return from the distractions of summer to the nitty gritty of island life. The Quadrathon appears on the calendar the last weekend of September and details of registering teams and a schedule of events can be found in this issue.

Also this time we have a survey from the Discovery Islands Chamber of Commerce regarding tourism issues on Quadra and

the Discovery Islands. With tourism playing an ever increasing role in the islands' economy this seems like an ideal time to gather opinion on how best to handle things before they get managed on our behalf.

The surveys can be returned to the Chamber by fax or mail or at our own Discovery Islander drop off boxes well known to our readers.

The events of this week in the US can not be passed by without comment. Sometimes it feels as if we are far removed from the tensions of the global community. Then suddenly a tragedy strikes that certainly affected Discovery Islanders in a variety of ways whether directly or indirectly. It underscores the good fortune we have to live in relative harmony in a beautiful part of the world. It should also remind us that the rancour and animosity that occasionally surfaces in our community should be discouraged in favour of dialogue and compromise.

*Philip Stone*

**Next Deadline- Monday, September 24<sup>th</sup>**

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# Island Calendar

- **Every Thursday**-Jam with Moe, Quadra Legion 8pm
- **1st Friday of every month**-Open stage at the Yak Shak Coffee House, 7:30-10pm
- **Every Saturday**-Farmer's Market, Behind Credit Union 10 am - 2pm

## September 16, Sunday

-Meeting of the Campbell River chapter of the Council of Canadians. 580 Birch St., C.R.  
923-6070, 7:30 pm

## September 17, Monday

-Sierra Club Meeting 7p.m. QI Community Centre room #3  
w/ guest Michael Mascall, chair of the S.C.B.C

## September 18, Tuesday

-Folkdancing School Gym  
7:30-9:30p.m.

## September 19, Wednesday

-Area J Ratepayers Inaugural Meeting QI Community Centre  
7:30 p.m.

## September 21, Friday

Mitlenatch Field Naturalist Society QI Community Centre  
8 pm

## September 23, Sunday

-Giant Garage Sale QI Community Centre  
-Taizé Service QI United Church  
7:30 p.m.  
-Pianist Francine Kay QI Community Centre  
7:30 p.m.

## September 28, Friday

-Friday Flicks "Memento" QI Community Centre

## September 30, Sunday

-Quadrathon Blenkin Park  
9:30am start

## October 6, Saturday

-Escape From Gilligan's Island Dance QI Legion  
9:00 p.m.

## October 15, Monday

-Sierra Club Meeting 7p.m. QI Community Centre room #3  
with guest speaker Guy Dauncey, starting at 8:00 p.m.  
-Quadra Island Garden Club QI Community Centre  
7 p.m.

## October 20, Saturday

-Family Dance with Whirlwind Gorge Hall, Cortez  
7:30p.m.

## Farmer's Market & Bazaar

Our Market is held rain or shine from the beginning of May to the end of September every Saturday from 10:00 a.m. to 2:00 p.m. behind the Credit Union. Vendors must be from Quadra or the outer islands. Set up charge is \$3.00 for adults and \$1.00 for kids. Bring your own table. Dancers, drummers, jugglers, musicians are very welcome.

This is our village green! Please have dogs on leashes. Note that the Credit Union parking lot is for Credit Union customers only! Market parking space is on Green Rd. Come and join us to make the Market the best it can be.

Information: Pauline  
285-2076 or Dalyce  
285-3180

## Taizé Service

Come and join us for our next Taizé Service "Following the Way of the Light" an evening of meditative song and prayer. Sunday September 23, 7:30 pm at Quadra Is United Church. More info call Jean at 285-3542

## Keep In Shape

Quadra's Kamikaze Folkdancers invite you to join us on Tuesday evenings at the school gym, starting Sept. 18, from 7:30 to 9:30 Our experienced instructor Marcy Wolter, teaches each dance we do. The cost with a Quadra Rec membership is \$60 for the season (Sept-March) or a drop in rate of \$3 per evening.

## At The Legion

Escape from Gilligan's Island Dance 9:00 pm Saturday October 6, \$5 at the door. Dress up as one of your favourite castaways and win prizes. Live music by 'Chameleon'.

Don't forget the Jam with mo every Thursday 8:00 performers enter monthly draw every time they play! More info call 285-3121

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## Area J Rate Payer's Inaugural Meeting

September 19th, 7:30pm

\$ 735,000 projected cost for the new Fire Hall and Ambulance building. \$1,170,673 property taxes to the Regional District in the last six years. \$ 499,225 of that for planning alone (Quadra's community plan ??) \$ 242,693 Regional District 2001 property taxes, up 38 % since 1996. All for Area J's 2500 (and declining) residents, and for roughly half that number property tax folios.

Are Regional District taxes out of control?? Is the new Fire Hall and Ambulance building too costly? If you pay property taxes, then you should be concerned. Plan to attend the inaugural meeting of the Area J Rate Payers on September 19th, 7:30pm, in the vacant store, north end of the Quathiaski Cove shopping centre. Be there, it's important.

## Pianist Francine Kay to Play On Quadra Island



Ms. Kay obtained her Bachelor and Master of Music degrees on scholarship at the Juilliard School, where she studied with Adele Marcus. She then pursued her studies with Marek Jablonsky and Leon Fleisher. She made her orchestral debut with the Toronto Symphony in 1988. In 1989, she became the first ever winner of the Career Development Award presented by the Women's Musical Club of Toronto. That same year, she gave the world premiere performance of distinguished Canadian composer Oscar Morawetz's "Four Contrasting Moods".

In May of 2000, Ms. Kay was the winner of the Pro Piano International Competition in New York City, making her their "Recitalist of the Year. Her recording of the complete set of Debussy Preludes was nominated for a Juno Award in 1996 and her recording of solo works by Ravel and Satie was released in the fall of 2000.

Quadra Recreation Society is excited to announce an extra concert to their 2001-2002 season. Pianist Francine Kay will be performing at the Quadra Community Centre on Sunday, September 23rd at 7 p.m. The recital will include works by Rameau, Ravel, Debussy and Chopin. Classical music fans will remember Ms. Kay's thrilling and sensitive performance of a Mendelssohn Concerto with the Victoria Symphony when they were in Campbell River in 1999. She has been the featured soloist with many North American orchestras, and as a recitalist she has performed throughout the United States and Europe. She is also featured regularly on CBC Radio and on many other international radio and television Broadcasts.

Tickets for the recital are \$10 for adults and are available at Explore Gallery and Quadra Crafts on Quadra Island, Page Eleven Books in Campbell River, and at the door. Admission is free for students (16 and under) if accompanied by an adult. For more information, call 285-2899.

## Expanding Community Through This Year's Giant Garage Sale !

Come one, come all! To the **Quadra Philippines Connection's 7th Annual Giant Garage Sale** to be held at the Quadra Community Centre on Sunday, September 23rd. Plan to participate in this garage sale extravaganza by offering donations, volunteering to help out or by purchasing the many bargains that will be available on the day of the sale. In all of these ways, you are making a direct contribution to Quadra's continuing support of the Ipil and Mabato preschool centers in the northern Philippines.

Drop-off locations until Friday, September 22nd have been advertised in the previous islander and on posters around the island. Donations can be brought directly to the community centre on Saturday, September 22nd until 3:00 p.m. Once again, all CLEAN donations in GOOD WORKING ORDER are appreciated and will be gratefully accepted. Pricing larger items before drop-off would be a great help!

We will need extra hangers, boxes, and bags as well as volunteers to help out with sorting and pricing on Saturday. Cashiers are also needed for the day of the sale. To contribute in any of these ways, call Carol at 285-3035.

The following letters arrived recently from the two Philippine preschool teachers. The first one is from Ipil daycare and is directed to Quadra Elementary School.

### Dear Robin & Quadra School,

Hey!! Thank you very much for all of the different drawings. They are very nice as well as your letter that you sent to me. I'm very happy to have received it.

Well, we started classes already last June 4th. We have

10 girls and 10 boys. All in all 20 children or pupils. They come from different settlements or places. I'm very happy to teach them every day. I will send their drawings to you in the near future. Right now the weather is good so the children are playing outside.

Again, I hope that you are all in a good health and I'm very thankful for your support to me and the community.

May the good Lord bless you always with good luck and good-bye.

Your friend

Magdalena Gumabay

The second letter is from the teacher of Mabato preschool to our preschool in Cape Mudge village.

### Dear Ruth and Friends,

Hi! Greeting you from the Mabato community. Thank you very much for the art paper that you sent. We began our classes last June 4th and I have a total enrolment of 25 daycare children ñ 14 girls and 11 boys. Inside the daycare we are organizing the community center, language center, art center, music center, science center, math center and spiritual center I have assigned the children projects to help set this up as well as requesting the assistance of the parents. It is good I am supported by you through IAT as I am not lacking in producing visual displays. The only activity where I am a little hard up is in sharing stories because I do not have so many books to use.

Thank you and may the almighty God bless you always.

Your pen friend,

Mrs. Josefa W. Maduli

Everyone is invited to help maintain Quadra's expanded community with the Philippines through this year's giant garage sale! The sale runs until 2 p.m and doors open at 10:00 sharp. Plan to come early so you don't miss out on the best of this year's treasures. See you there!

## Woodlot Assoc. AGM

Federation of BC Woodlot Associations  
Woodlot Product Development Council  
AGM and Trade Show - October 12 - 14,  
2001 at the **Campbell River Community  
Centre**

Come join us! This event is of special interest Woodlot Licensees, Private Forest Land Owners, Farmers, First Nations, Foresters, Forest Technicians, Community Representatives, Wood Processors, Students and Family. For more information call 285-2894 or email wildjem@telus.net or visit our web site [www.island.net/~niwa](http://www.island.net/~niwa).

## Kids Like Forest Too!

October 13 - 14, 2001 Children age 6 - 12 are invited to join our qualified personnel in a camp designed to explore the outdoors. Educational activities, such as soil identification will be introduced through creative games and outdoor adventures. Look for more details coming soon or contact Jill at 285-2894 wildjem@telus.net

Hosted by the North Island Woodlot Association as part of the FBCWA AGM see above.

## Friday Flicks: Memento

Friday Flicks is offering a great selection of titles for Island moviegoers this fall. You won't want to miss a one, so mark every second Friday on your calendar, beginning on September 28th with "Memento" a stylistically original and ingenious "film-noir" set in Los Angeles.

In the climax of "Memento," main character, Leonard Shelby, kills Joe Pantoliano, finally achieving the revenge he has sought for the murder of his wife... Wait - don't panic. I haven't given it all away. This scene plays in the first three minutes of the flick and director Christopher Nolan proceeds to tell the story from the end to the beginning. And he does it very cleverly. "Memento" received extraordinary advance reviews on the festival circuit, due in part to its deft puzzle piecing plot, which only reveals the entire landscape when the end credits start rolling.

"Memento" stars Australian actor Guy Pearce ("The Adventures of Priscilla, Queen of the Desert" and "L.A. Confidential"), as Leonard Shelby, a former insurance investigator turned detective, who is trying to find his wife's murderer. However, a small matter complicates Leonard's investigation. During the attack that ended his wife's life, he suffered brain damage. He lost all short term memory and can only focus in chunks

of about 15 minutes. As a result, the central figure is a mystery even to himself. He tries to aid his memory, by taking Polaroids of people and places, and by turning his body into a portable memo pad, but he is a desperate figure, struggling to avoid being manipulated in a world where he could easily become anyone's pawn.

By presenting events in "Memento" backwards, Nolan places us into the mindset of the main character. We don't have a clear indication of what happened before the current segment of time, as the main narrative is presented in a series of segments, each of which ends where the previous one began. They are short bursts of information that are roughly equal to Leonard's attention span. It is as if we all suffer with an impaired memory, and must struggle to piece together the fragments, just like the lead character.

Memory. It is one of the basic building blocks of personality, shaping who we are as much as our environment. But memory can also be unreliable and easily influenced. "Memento" concerns itself with all aspects of memory, especially the manipulation of it. And it offers us some genuine shocks and revelations in the process.

"Memento" is edited like a random pile of mosaic tiles, and when the last one snaps into place, a surprise sets the whole intrigue in motion again. It will definately send moviegoers home talking. "To call this an intricate thriller would be an understatement. Film Noir has never been so labyrinthine" (BBC reviews).

(references: Reel Reviews, Salon, BBC Reviews, CBC Radio Infoculture)

## Artists Wanted: Reward Offered

The Quadra Arts Alliance is handing out \$50 and \$30 for the best picture based on a submission from the postcard writing contest. To keep in the spirit of things, the artwork must be 6" X 4" or smaller (postcard size). All you have to do is drop down to Hummingbird and pick a story of your choice and then return the work back to Lois by October 3. The artwork will be displayed at the upcoming postcard reading gala on October 6 at the Community Centre. The judges for the \$50 prize will be the attending visual artists who submitted work. The judges for the \$30 prize will be the public at small. Any 2 dimensional work (photo, collage, ink, oil, clay, traditional, computer etc.) by any person any age. If you've been stuck for inspiration lately or just want a bit of a challenge here's your chance.

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## **Mitlenatch Field Naturalist Society.**

The first meeting of the new season is on **Friday, October 21 at 8 pm** in the Community Centre. **Terry Martin** of Quadra Island will be talking about the Strait of Georgia Bald Eagle Tree Inventory. Terry, a recognised authority on Bald Eagles, has worked for some time on the inventory which is now nearing completion for the East side of Vancouver Island and the lower Gulf Islands as far north as Campbell River. The next stage involves the inventory of Quadra Island. Terry's work is funded by a number of organisations, including the Ministry of Water, Land and Air, B.C. Hydro, The Federation of B.C. Naturalists and the Canadian Wildlife Services.

Few of us are not thrilled by the sight of these magnificent birds as they play in the air currents above us or make those unexpectedly melodious trilling noises to one another. To maintain a healthy population we need not only the food resources but also suitable nest trees, particularly old, mature Douglas firs. It is the absence of suitable nest trees which appears to be limiting their population. Terry will talk about her work in finding, identifying and marking these trees so they are protected for future generations of eagles, as the same nest will be used for many, many years. The eagles are proving to be survivors and as fish populations have decreased they have turned to other food sources. They are affecting the survival of the Great Blue herons and the Brant geese, both being preyed upon. The remains of prey under the nests show they will catch and eat almost anything they can get their talons on.

If you are at all interested in Bald Eagles, or have knowledge of a nest tree in your area or anywhere on Quadra, please come to the meeting to find out more and pass on the information. Perhaps you would even like to monitor a tree over the breeding season and contribute to our knowledge of these wonderful birds.

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# And the winner is....

**W**inners of the Second Annual Postcard Story Contest sponsored by the Quadra Arts Alliance have been announced and writers from three different islands were represented in the top three.

First prize of \$100 went to Louella Baker of Quadra Island, second prize of \$75 was won by Sonora Island writer Pat Smith and third prize of \$25 went to Lucy Bacon of Cortes Island.

Four honourable mentions went to Steve Moore and Christi Edwards of Quadra Island while two Cortes residents, Iris Steigemann and Denise Elo, took the other two top spots.

Louella Baker's poem, titled *In France*, was inspired by a recently-completed visit to that country. "I included several things that felt represented the country for me while I was visiting," she said. She describes her writing as a hobby and has had her poetry published in the past.

The poem was at the top of two judge's lists and in the top ten of the third judge before they sat down together to decide the final ranking of the pieces. A total of 48 pieces were submitted for the contest.

Judge Joyce Baker admits to being a "bit embarrassed" that it was her sister who won, but to allay suspicion that her sister received preferential treatment added, "I thought the deadline for submissions had passed before my sister got back...and I have to say we all thought it was the very best one." Hilda Van Orden had also picked "In France" as

the top submission before the judges met and Barb Van Orden, the third judge, said the poem was "definitely near the top" of her list too.

Second place winner, Pat Smith, is in Germany and could not be interviewed but with her submission included the request that if she won, her prize money be donated to the SPCA.

Cortes resident Lucy Bacon said her short prose piece, "Seeing Red - August 2001" was inspired by a computer bug that struck in August. "The virus was called Code Red Worm and I wrote the story from the point of view of the worm," she said. She resists the label as a writer but adds with a laugh, "I came to Cortes to raise my kids and write and raising my kids has taken up a lot more time than my writing."

All three judges said they were pleased to get a consensus on the final rankings, but added that judging was difficult because there was no real criteria for the contest. (The "postcard story" refers only to the length and does exclude any style or genre.) "It was so difficult to decide whose work was better and I was very pleased there were three of us doing it," said Hilda Van Orden.

The Arts Alliance is inviting the public to an evening of readings, art and music to be held at the community hall Oct. 6. Final details of the event are being ironed out and more information will be available in the next issue of the Discovery Islander.

Jack Nittel

## In France,

there are long, purple hedgehogs of lavender;  
and sunbright-yellow—whole fields of flower colour  
rolling up the hot, dry backs of hills...

There are tracks where farmers hands have moved the rock,  
where maidens feet have tripped,  
where boots and hooves have carried news  
up to Medieval castles;  
where walls were built with rock—so thick your arm won't reach,  
nor can you climb to flee  
or you would tumble down and bump  
from rocky parapet  
to rippled, red-tiled roof,  
and scrape your bones  
on black stones in the street  
where iron wheels have clanged  
and clacked  
wrenching the backs  
of Dukes as they passed...

There are doors leading into lives—  
one step off the cobbled lanes  
where cats yawn in the morning sun  
amidst the damp pots of geraniums—  
their dry, cracked wood  
on ancient hinges  
forged by long-forgotten hands;  
some so low, you stoop  
down into caves  
where dense, dank cellar air  
settles on your skin,  
and steals among the dark  
and dusty bottles.

Yes, there is wine, so rich with grape and oak  
it makes heat rise,  
and you can feel the pale and shimmering sky  
above the golden corduroy of vineyards  
where parched roots and rugged gravel  
marvel at sweet bulbs of purple ripening...

And there are trotting goats,  
and mouldy cheese that reeks,  
belying centres smooth as cream;  
and there is bread—  
long sticks of it,  
and crusty...

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## Postcard Contest Winners Contd...

### My Key To The City

When I started at BC Transit as a bus operator, I was given my uniforms, bus pass, and a key to washrooms around Greater Vancouver. One day after my shift, I found a washroom key lying on the bullpen counter. After a couple of weeks, nobody had claimed it, so I decided an extra key might come in handy some day.

Five months ago I retired and moved to my home on Cortes. When I left transit, I returned my washroom key, keeping the extra one. Being on Cortes one doesn't have to worry too much about finding a washroom but when in the big city they really don't take lightly to one just stepping off the beaten bath to have a pee.

I have watched a few people cut the ribbon and be given the big "key to the city". I have always wondered what exactly that key opened. Did it bring them richness, power over the people, or was it just a nice gesture?

I hold a key to the city. This key represents to me that I no longer have to worry that when I go to the Big City about ever having to find a washroom. I no longer have to hope that some clerk will be understanding of my situation, or having to dart into a bush and hope that knows one sees me going pee. A Key to the City is so comforting and yet so relieving. !!!!

## The Quiet Revolution

Part way through the graveyard, his eye was caught by red on the white background. He shook off the snow. Plastic flowers. He wondered what the corpse thought of them. Not that he was worried for himself. He had told his friends, even though he was sure there was a rule against it, that his body was to be dropped out of a plane into the deepest forest... a gift to the scavengers.

He had trouble with rules. Not so much the law. He obeyed the law. No, it was rules, like what clothes you were supposed to wear or what music you were supposed to like. He had trouble with rules that weren't written down, whose punishment for transgression was humiliation and banishment.

Did all the other corpses laugh when the plastic flowers arrived? Were they laughing yet, even though here was the only colour in a sterile world? What about the person that brought them? Did her neighbours laugh and talk behind her back? "Plastic flowers indeed." He had trouble with rules that could change love into despair. He sat down on the headstone and watched his fellow students walking to school. Life was secret handshakes and rules he couldn't figure out.

He heard the distant bell sounding the beginning of another day of indoctrination. He reached down and snapped off one plastic flower, opened his coat and stuck it in a buttonhole, a defiant red above his heart.



## One Legion Members Opinion

The Canadian Legion was established to honour our war vetrans. They risked and some lost their lives defending our freedom from police states ie: Nazi Germany, Korea, the Balkan States and Africa. When the R.C.M.P. entered the Quadra Legion on June 30, 2001 and had members, who were just enjoying themselves with friends, blow breathalizer tests I was shocked and ashamed. I believe this type of police 'tactics' (and by a Legion member!) is a violation of civil rights and a gross insult to all our honoured veterans. They fought and some died to prevent such police 'tactics'.

If the Legion fails to publicly condemn the R.C.M.P. and the member involved, I will feel obliged to transfer my membership to a Legion that will defend their members rights and honour our veterans sacrifices.

R. G. Clark

*Articles, letters and artwork  
are all welcome for publication under  
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# Simplicity

Darlene Booth RNC

**I**t was enroute to Tofino over the long weekend that this concept started to really permeate my thought process. Simplicity. It was my first camping trip without my children in tow. The first camping trip where all I really had to worry about was myself. The first camping trip where I did not feel the need to prepare exciting gourmet foods on a propane camp stove or around a fire pit. In fact, very little planning went into the trip. I was following an instinct. Going with the flow. Just being.

What really caught my attention was when I crossed a bridge and noted the amusing name of this bridge was "Log Dump Bridge". Sure they could have complicated matters and given it a more colourful or romantic name such as "Moonbeam" or "Skywalk", but in reality the locals would then have to say, "You go about 1/2 kilometre past Skywalk bridge, which is where the old log dump used to be, and then turn left!" Why complicate matters? Log Dump Bridge. Simplicity. Or maybe I am just too easily amused!

But did my brain stop there? I fear not. As I really started to ponder the simplicity concept, I began to see a pattern in my life and many others as well. Sometimes I feel akin to the rat laboriously running through his maze frantically trying to get somewhere, or do something, or find something...when all he would really have to do is just sit - and it will eventually come. I mean hey, if he won't play the game, the guy in charge will eventually find a rat that will.

Let's take Martha Stewart for example here. If she had her way, we would all be stark raving workaholics! It's not enough to just bake a chicken potpie and throw it on the table with a simple salad and a jug of water. No, I'm afraid that anything less than personally raised Rhode Island Red hens, fed by hand each morning in their comfortable chicken hotel built from hand hewn lumbar recycled from a heritage estate from the

south of Maine would seem like - chicken feed? Okay Martha, you do have a point but it would be impossible for any one person to live up to those standards. I only have to pick up her magazine to get a feeling of inadequacy and failure. Perhaps if I had a staff of 200 creative minds, I too could find the joy in re-grouting my bathroom tiles using a hand lathed toothpick derived from a sacred tree found only in ancient Asian monasteries. You catch my drift here?

I wonder? Does Martha ever have time to sit and enjoy a sunrise? Does she ever just feel like throwing caution to the wind and opening up a can of Ravioli for dinner? I guess it strikes a chord with me because for many years, I did buy into a similar pattern. My thought pattern equated hard work and perfectionism with happiness and success. The more I could control, the happier I would be. It seemed like a perfect match at the time. Trouble is, the busier I got, the more indispensable I made myself, the more mechanical my life became.

Those around me would recognize the signs of "work mode" and quietly slink off to the dark corners of the house to leave me to my own devices. Christmas is a perfect example of my early insanity. Years ago, I would actually start getting ready in October! Yes, as crazy as it sounds, I would begin baking and crafting to create the perfect vision of Christmas and by the time December 25<sup>th</sup> rolled around, I was a completely exhausted emotional wreck. Like the Grinch, I soon learned that Christmas was going to come and go no matter what I did. Why not just sit back and enjoy the ride?

As a society, we seem to be always finding new ways to reinvent the same wheel. Living is not really all that complicated. In order to be fulfilled we really only need a few basics. Simple, nutritious foods - a loving, protected environment - a connection to our spiritual selves and time to watch the sunrise. Simplicity. Good Health to You!



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**Campbells Chicken Noodle Soup**  
- 12x 284ml - **\$6.98**

**Campbells Cream of Mushroom Soup**  
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**Kraft Dinner** - 12x225g - **\$7.98**

**Parkay Margarine**  
- 1/4's or tubs 1.36kg - **2 for \$6.00**

**Mr Noodles Soup**  
beef, chicken, mushroom or oriental  
- 24x85g - **\$4.98**

**Del Monte Summer Crisp Corn**  
- 12x341ml - **\$8.68**

**Armstrong Cheeses**  
aged, medium & mozzarella - 1x600g - **\$5.98**

**Hunts Tomato Sauce** - 12x398ml - **\$7.98**

**Purex Bathroom Tissue** - 24 Roll - **\$7.48**

**Viva Paper Towel** - 6 Roll - **\$5.98**

**Mainstay Cat Food** - 8kg Bag - **\$6.98**

**Javex Bleach** - 5 litre - **\$2.48**

**Mainstay Dog Food** - 8kg Bag - **\$4.98**

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# QUADRA ISLAND TOURISM SURVEY

sponsored by Discovery Islands Chamber of Commerce

**Are you interested in the future of tourism on Quadra and the Discovery Islands? Do you have ideas and how to go forward? Your input is needed? If you'd like to get involved please complete and return this survey and watch for notices of future meeting.**

Please complete this survey and return it no later than September 30 by: DROP OFF at any of the Discovery Islander drop off locations: Quadra Foods, Hummingbird Office Supply or Heriot Bay Store. FAX: 285-2236

MAIL: c/o Chamber of Commerce, Box 190, Quathiaski Cove EMAIL: [chamber@discoveryislands.ca](mailto:chamber@discoveryislands.ca)

A. TOURISM OPERATOR Name: \_\_\_\_\_

1. Check your area of involvement Dining\_\_\_ accommodation\_\_\_ service\_\_\_ activity\_\_\_ other\_\_\_

2. Do you support the concept of a common organized tourist promotion effort for Quadra Island? yes \_\_\_ no\_\_\_

3. If yes, do you think the Chamber of Commerce should undertake this role? yes\_\_\_ no\_\_\_ other \_\_\_\_\_

4. Do you see Quadra as being a potential 4 season destination? yes\_\_\_ no\_\_\_

5. Would you support seasonal festivals or activities on Quadra Island? yes\_\_\_ no\_\_\_

6. Do you think we need more public washrooms besides those at the ferry? yes\_\_\_ no\_\_\_

7. Would you support a service and attraction signage program (eg. Blue and White roadside signs indicating artisan, accommodation, etc.) yes\_\_\_ no\_\_\_

8. Other signage suggestions: \_\_\_\_\_

7. List the top 3 concerns / problems encountered by your guests. \_\_\_\_\_

\_\_\_\_\_

8. List the top 3 activities on Quadra you suggest to your guests. \_\_\_\_\_

\_\_\_\_\_

B GENERAL FEEDBACK FROM ALL COMMUNITY MEMBERS

1. What do you see as the 3 main reasons visitors come to Quadra?

\_\_\_\_\_

2. What is needed to improve tourism on Quadra? \_\_\_\_\_

\_\_\_\_\_

3. What concerns do you have about tourism on Quadra ? \_\_\_\_\_

\_\_\_\_\_

4. General suggestions / comments please attach a separate sheet if you have more to say.

# Money Matter\$

## From Boom To Bust

by Steven Halliday

In the space of just over 1-year the global economy has gone from boom to bust. In spite of interest rate cuts, soothing words from all manner of politicians and a strong effort by analysts to assure everyone that all is well, a slowdown has taken hold of most industries. Seven interest rate cuts by the U.S. Federal Reserve, which have mostly been matched by the Bank of Canada, has failed to stimulate the economy in the States which in turn has led to economic slowdowns with most of their trading partners. All of the world's leading economies have seen their GDP's decline, unemployment rise and confidence in the economy fall. Use of the word "recession" has gone from rare, and then only by bearish types such as myself, to become the adjective of choice for anyone commenting on economic matters. Now that the general populous has awakened to the state of the economy, everyone is asking "how bad will it get?"

From a historic perspective, things do not look very rosy. In the second quarter of 2001, total global output fell for the first time in two decades. The three global economic powerhouses, the USA, European Union and Japan are all mired in weakening economic situations, with Japan rapidly becoming a financial basket case. In previous recessions, any one area suffering weakness was generally offset by another region that continues to prosper, which explains why we are seeing such severe reactions today – there is no economic strength left anywhere to pick up the slack. Another significant difference between today's economic reality and the past is that in previous times inflation has historically

been high, hampering fiscal planner's ability to maneuver. Today's low inflation means that central bankers can proceed to cut interest rates without inflationary fears, and cut they have.

Unfortunately they have had no success – companies and consumers that are already drowning in debt are not racing out to borrow more just because the rate is cheaper. In Japan, rates are effectively at zero, but the always frugal Japanese consumers continue to pile their money into savings rather than spend, even though they are earning squat on their deposits. Japan's vaunted corporations are now shedding employees at a rate that is unprecedented, causing their unemployment rate to reach its highest level in living memory. All this while the Japanese government continues to pour money into public works projects, causing them to go from the world's largest creditor to biggest debtor in just over 10 years.

In Europe, the central bank is hobbled by two major factors – many of the member states of the EU have significant public debts, and are facing major problems as a result of a rapidly aging population. Their central bank has been noticeably more conservative in cutting rates as a consequence, so it is likely the effects of a global recession will be felt even harder in that region. And interest rate cuts in Europe will have as little impact as they have had elsewhere, thereby negating any reason to expect the EU to do so anytime soon. A major slowdown in US spending will have a serious impact of European exports, so one should expect to see the growing number of layoffs in the US and Japan spread to the EU in relatively short order

The United States is being looked upon as the both the cause and potential cure for the global slowdown. They are blamed because their economic boom of the last 18 years has been a boon to other exporting nations, as they cranked up their production to feed the voracious appetites of hungry US consumers. Now those same consumers have curbed their appetites, or have had them curbed by their maxed out Visa's and MasterCard's, and consequently US imports are starting to slow. Headlines are rife with the same message – only the consumer can save the economy! Unfortunately Joe Consumer is not likely to go any further into debt to buy more toys when his job on the assembly line is hanging by a thread.

So how bad will it get? The best answer I have encountered is somewhat philosophical as well as simple, and in essence states that the magnitude of an economic slowdown is directly proportional to the magnitude of the boom that preceded it. In other words, over the last 2 decades we have experienced the longest and most prosperous economic boom since the end of the World War II, so this logic implies that one should be prepared for a pretty nasty slowdown. It is pretty clear now that getting through this mess will be a matter of waiting for the economy to find a new balance at a lower level, something that central bankers are not able to achieve through interest rate and fiscal policy manipulation. Oh, and by the way, all those fiscal surpluses that governments have been touting? They're history, folks. Don't be looking for any more tax cuts soon.



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# **Quadrathon 2001**

**4 Stage Relay Event \* Mountain Bike \* Road Bike \* X Country Run \* Kayaking**

**Sunday, September 30, 2001.**

Starting at Blenkin Park at 9:30 am

35 Teams & 15 Solos for this years event

Categories : Solo, Men, Women, Coed, Teenage and Family Teams

Awards to Competitive and Non-competitive teams

Estimated : 150 to 165 participants for the year 2001 Event !!

- **Stage 1** - 10 km Mountain Bike Course 4 Laps of the outer trail at Blenkin Park
- **Stage 2** - 25 km Road Bike Course -Blenkin Park going north to Heriot Bay Rd. to the intersection of Sutil Rd. & Lighthouse Rd. and back to the Wei-Wai-Kai Campsite
- **Stage 3** - 8 km Cross Country Running - Starting at the Campsite to the end of the Rebecca Spit and back to Taku Resort
- **Stage 4** - 5-6 km Kayak Course -Circumnavigating Drew Harbour and finishing at Taku

**\*\*Non-Competitive Groups will be using a shorter course for All Stages  
5 km, (2 laps) Mtn. bike, 18 km Road Bike, 6 km Run, 3 km Kayak**

## **The Quadrathon 2001 Objectives are:**

- 1) To create a festive fund raising event for the O.A.P. Housing Project on Quadra Island
- 2) To develop an annual sporting event for local and regional residents and visitors
- 3) To promote and celebrate outdoor recreation on Quadra Island, featuring the parks & other scenic areas.
- 4) To support local businesses by extending their tourist season into the 'shoulder months'
- 5) To secure a long term sponsor for this annual charity event

## **The Weekend Schedule**

**Sept. 29** 10-12 p.m. Team Check in, hand in all waivers, pay fees & pick up info at the Yak Shack  
1- 2 p.m. Course orientation and practice - Competitors should meet at the Yak Shack  
5- 10 p.m. Burger Barbecue and Potluck at The Stone House at Taku  
(Buy a burger or Bring your Potluck item to Share) Live Music may be part of the evening - TBA

**Sept 30** 9:30 am Sharp!! Competitive Team Start Mtn Bike Stage 1 at Blenkin Park  
10:30 a.m. Non-Competitive Teams Start Mtn Stage ( Non-Comp Coed, Teenage, Family)  
12:00 a.m. Burgers and Hot Dogs will sold at the Stone House at Taku Resort  
2:00 p.m. Event Finishes at Taku  
3:00 p.m. Award & Reward Ceremonies

**Contacts: Jack Mar, Island Cycle, 285-3627 Fax - 285-3939 Email - bicycle@oberon.ark.com  
Heather Van Der Est, Registrar 285-3509 Email - hvander@oberon.ark.com Entry forms are  
available at the Yak Shack, Aroma, Hummingbird, Strathcona Gardens, and the Java Shack**

# QUADRA ISLAND VOLUNTEER FIRE DEPT

by Murray Johnson

## Burning Ban Still in Effect

Just a reminder that the ban on all outdoor burning (except for properly contained campfires) is still in effect. If we are called for an incident of outdoor burning, we will be extinguishing your fire....Watch for media announcements from the Ministry of Forests for lifting of the ban. For more information on burning regulations visit the Ministry of Forests Protection Branch web site at [www.for.gov.bc.ca/protect](http://www.for.gov.bc.ca/protect), or contact the Fire Dept.

## CPR - Cardiopulmonary Resuscitation Training

Basic CPR Training could someday prove to be the most valuable two hours you ever spent. The Fire Department is once again offering a CPR course (Level C) to the public, on Tuesday, October 16th, from 7:00 p.m. to 9:00 p.m., at the #1 Fire Hall. The course is free to residents of Quadra Island. Please call Len Beck at 285-3368 or leave a message at the Fire Hall 285-3262 to have your name put on the list.

## Frequently Asked Questions....

Sometimes we are asked questions about various topics concerning the Fire Department which we respond to at the time, and then make a note that we should provide the information to the community as a whole. Here are a few recent ones:

## When Do I Call 911?

People are sometimes uncertain about calling 911 to report what they see as a minor incident or "non-emergency", such as a burn pile on fire during a fire ban. The Quadra Island Fire Department does have a "non-emergency" phone line at the #1 Fire Hall, but we are a volunteer department, dispatched by pager, and there is not always someone at the hall, so it will not help you to call there for help or investigation. If you have ANY uncertainty, just call 911. They will decide the seriousness of the incident and will sometimes dispatch one of the chiefs or officers to investigate before calling out the whole fire department.

## When Does the Fire Dept Leave the Fire District?

The South Quadra Fire Protection District, which is the area we protect, ends at the boundary sign on Hyacinthe Bay Road, just south of North Gowlland Harbour Road. The boundary runs roughly from that point across to the north end of Gowlland Harbour. Our primary responsibility is to the taxpayers of the District, and we are only allowed to go north of this boundary under limited special circumstances. This includes rescue situations (including automobile accidents requiring extrication); hazardous materials incidents; and medical situations where life is threatened and the ambulance needs our help. We do NOT generally respond to fires outside of the District. When we do "cross the line", we must follow strict protocols regarding leaving behind sufficient resources to respond to calls within the District.

## Is The Fire Dept Part of the CS-Regional District?

No. The Fire Department operates under the auspices of the South Quadra Fire Protection District (SQFPD), which is a Local Improvement District, incorporated by Letters Patent under the Municipal Act. The SQFPD is, in effect, a form of minor local government in its own right. Administration is by a Board of Trustees, five individuals elected from among the District landowners. Operation of the District is under the direct scrutiny of the provincial Ministry of Municipal Affairs, and there is no connection between the SQFPD and the Comox-Strathcona Regional District. Trustee meetings are held once a month, usually the second Monday of the month at 7:30 p.m.; these meetings are open to District landowners. Elections and other formalities occur at the Annual General Meeting, held around late April/early May each year.

## Why Do I Pay Taxes for the Fire Department?

The Quadra Island Volunteer Fire Department is a "recognized" department, meeting certain standards and requirements laid out by a number of regulatory bodies. To continually meet these standards and provide effective

emergency response to the District requires a considerable annual budget for both operating and capital expenses, resulting in total property taxes of \$177,153 for the year 2001. This is even with unpaid volunteers doing the hard work....Periodically, our department is reviewed by the Fire Underwriter's Survey, which establishes insurance grading classifications. These are used in establishing the rates that you, the landowner, will pay for fire insurance. With the rating that we have, the total amount you pay for fire insurance and fire protection taxes is considerably less than what you would pay for fire insurance if you were in an unprotected, or poorly protected, area. Just ask anyone who pays for fire insurance north of the District boundary...If you don't have fire insurance, well - then you really need the fire department to be the best possible!

## Comparison of Residential Tax Rates (per \$1000 assessed value for fire protection) Comox-Strathcona Regional District, Year 2000:

Denman Island	0.9340
Bates/Huband	0.8528
Campbell River	0.8780
South Cortes Island	0.8502
Quadra Island	0.8768
Fanny Bay	0.7681
Sayward Valley	0.8729
Black Creek/Oyster Bay	0.5883
Hornby Island	0.8688
Black Creek	0.3976

## Join Us...

The Fire Department is actively seeking new volunteers. If you are over 18, healthy, want to help provide a valuable service to your community, and have some fun, please consider it. To find out more, call Murray at 285-2773, Len at 285-3368, or Sharon at 285-3373, or just show up at the #1 Fire Hall in Q-Cove any Tuesday evening at 7:30. We'd be happy to explain to you what it takes, and what you can get out of it!

This column appears in the Discovery Islander every second issue or so. Our thanks to the publishers for giving us this opportunity. If you ever have any topics that you would like covered regarding the Fire Department, fire safety, regulations, etc., or questions that we may be able to answer, please feel free to contact us: QIVFD, Box 80, Quathiaski Cove, BC, V0P 1N0, Attn: Fire Chief Phone 285-3262 Fax 285-3273 You may also contact this writer at email [murray@island.net](mailto:murray@island.net) if you like.

# Island Report

## Fish Farm Rezoning in Bute Inlet Rejected

by Ryan Stuart

An application to rezone three sites in Bute Inlet for aquaculture purposes has been denied by the Comox-Strathcona Regional District. And it may be the last aquaculture application the board ever sees for Bute Inlet. "There were concerns with the weather in the inlet and conflicts with the existing industries in the area, tourism and recreational fishing," said Jim Abram, regional district representative for the area J, which includes Bute Inlet and the surrounding waters.

The regional district board voted to deny all three applications and adopted a proposal for the inlet. "The board decided there would be no further applications for aquaculture accepted in the inlet that haven't undergone a great deal of study first," Abram said.

Heritage Aquaculture, of Campbell River, applied to rezone three sites from Access Two, which allowed only recreational use, to Aquaculture Three, in the inlet that cuts deeply into the mainland coast north-east of Campbell River. Two sites, Clipper Point and Downie Range, were to become fish farms. Heritage Aquaculture applied for the third site, Paradise River, to be licensed as an Atlantic salmon hatchery. Sport fishing guides in the area had concerns with the sites, which were in good sport fishing spots. "We didn't want the shoreline that we fish to be reallocated to aquaculture," said Jim Roberts, a Quadra Island based sport fishing guide who fishes Bute

Inlet during May and June. Roberts says the inlet has five major wild salmon runs, all of which are "good producers." Roberts said he is concerned that the fish farms couldn't withstand the violent winter weather in the inlet. He says each winter air pressure differentials between the Coast and the Interior cause winds to be funneled down Bute Inlet, causing Arctic outflows. The freezing winds can reach speeds of more than 100 knots. "Every winter there are freezing temperatures and saltwater icing. On a long term basis farms are not going to hold on up there. Escapes are inevitable, and no one know the effects of escapes on the inlet."

But Odd Grydeland, manager of strategic development at Heritage Aquaculture, says his firm underwent a great deal of study and expense to ensure the sites would be safe for fish farms. "We hired an engineering firm, the best one in the business, to determine a layout for the farms to withstand the weather up there," he said. The plan for the fish farms included locating them on lee side of the inlet, out of the wind, and 2000-foot mooring lines. "We spent a lot of time and effort to study the sites to ensure they were not in violation of site restrictions."

Grydeland says he was "surprised the regional district didn't consider its own advisory groups recommendation." The advisory group withdrew all concerns about the site after Heritage consulted

the engineering firm and moved one of the sites.

The applications, each was considered separately, came under fire from residents in the area, who depend on tourism and sport fishing for their livelihood. They came out in force to two public meetings, one at Sonora Resort and the other at Sea Lion Rock Lodge to express their opinions. "Both meetings were extremely well attended, there was upwards of 80 people at each," Abram said. "The meetings were close to unanimous. A handful of people wanted the rezoning to go ahead, the rest were adamantly opposed."

Normally with rezoning applications there would only be one public meeting, but Heritage moved one of the proposed sites just before the first meeting, prompting the regional district to hold a second one, Abram said. In the end, concerns about impact of fish farms and possible Atlantic salmon escapes on tourism and recreational fishing, led the committee to recommend rejection of the applications. A recommendation agreed upon by the board. Despite the rejection of Heritage's application and the adoption of the motion to not accept more aquaculture applications for Bute Inlet, Grydeland said, "We haven't given up on plan to go in there." He says Heritage is still looking for sites for two farms it shut down in anticipation of their application being approved and a site for an Atlantic salmon hatchery.

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# Farmers Market Enjoys Successful Season



*James Avon holding a Yard Art creation, with Sherry Hyndman and Linda Juraschka of Yard Art behind.*  
*Photo: Tanya Storr*

by Tanya Storr

Farmers Market vendors have been enjoying an excellent season. With three more markets to go before the vendors pack up their tables for the last time this year, islanders and fall visitors have until the end of September to experience the unique flavour of the Farmers Market.

"This is the place to be on a Saturday," said Farmers Market vendor Theresa O'Brien, as she weighed bulbs of garlic she grew with partner Brian Simmons at their Q Gardens farm.

"This season has been very successful. It's been very busy—it seemed there were a lot more tourists this year and more vendors. The music and other performances have added to the festival atmosphere," she remarked.

Propped up next to Theresa and Brian's table was a chalkboard displaying a list of the day's produce offerings. All of the items except garlic and carrots had already been crossed out.

"We pretty well always sell out early. The Farmers Market is a big venue for us. There is a huge demand for vegetables here. If anyone else wants to sell vegetables at the market they should really think about it," said Theresa.

Table rentals at the market cost \$3 and are available to vendors from the islands. The rental fee is low in order to keep it affordable.

"People can come and sell whatever they want. We have great diversity here," Theresa noted.

Len Ballard and Dalyce Dogterom have been selling perennials, herbs, and vegetable starters at the Farmers Market for many years. Len recalled that the Farmers Market first started at the Community Centre at least 12 years ago, then moved to Bill O'Connor's property in the Cove, and finally to its present location behind the Credit Union.

Len said the market has grown considerably over the years, largely thanks to the Credit Union for providing the space rent-free. Funds collected from table rentals pay for the necessary lawn mowing and toilet rental, and for the last two years there has been enough extra revenue at the end of the season to donate \$300 to island charities chosen by the vendors.

Len said there are few ways of making extra dollars on the side on Quadra, but with a little imagination you can make some money at the Farmers Market.

"I'm amazed at the creativity of the vendors when I walk through the market, and it's always changing," he observed.

The Farmers Market entertainers, in particular the regulars First Pressing and the Harlequin Jugglers, are greatly appreciated by vendors and market patrons alike. Len mentioned that they don't charge for their services other than perhaps putting out a collection hat.

Another benefit of the market Len appreciates is that it brings people together from all ages and walks of life.

"It's nice to see everyone from small children to seniors having a good time. It's a neutral ground and everyone mingles."

Brent Friday was surrounded by his wooden creations, including this season's hottest seller—the "Onit". The Onit, as Brent explained, is a three-way device that you can sit, iron, and step on. In other words, it is a chair, ironing board, and stepladder all in one.

"Lots of these have sold this year, and the potato and onion box has also been popular," Brent told me.

"You always get your ups and downs, but it has been a good season. The Farmers Market has become very popular now—it has come a long way."

Brent recalled tourist buses pulling up at the market as one of the highlights this summer. He was quick to add that locals are the main support over the five-month season however, with tourists bringing in extra business.

One of the aspects Brent most enjoys about the market is the social atmosphere.

"I like to call it the village green. It's fun to watch the people intermingle. You see the foot tapping going on when First Pressing plays here, and the jugglers and other entertainers are great too."

Dan Bingham's tent offers nutritious meals and beverages, as well as an abundance of literature on everything from natural building to healthy eating. He donates some of his market earnings to the Quadra-Philippine Connection.

"It was a pretty reasonable season, especially if one was very consistent in having a presence at the market every week," Dan noted.

Homemade marmalade is the hot seller at Carrie and Dave Bridges' table. Carrie and Dave immigrated to Canada in 1993, and Carrie said coming from the UK seems to have given her an edge when it comes to making tasty marmalade.

"People come here for the marmalade now. I sell out every week," she said.

The Bridges' table also offers fleece hats made by Carrie and daughter Naomi as well as used household items. Carrie busks at the market sometimes, playing guitar and singing.

"There's a good feeling of camaraderie at the market and it's a nice way to spend

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Kim and Pat Field of It's a Beautiful Day Soapworks Photo: Tanya Storr

time on a Saturday," she observed, adding that she has noticed a definite increase in business from last year.

A colourful array of painted rocks fills the Yard Art tent. New products for Sherry Hyndman and Linda Juraschka include photo t-shirts and cards depicting their designs.

"This season has been pretty good. We've had tourists from as far away as Thailand and Germany buying rocks to take home. A frog went to Thailand and Carlos the raccoon went to Germany. He was heavy!" said Linda.

Sherry pointed out that one of the best reasons to sell at the Farmers Market is that it's social. "We get to meet all kinds of people from all over the world."

Enticing scents lured me over to the It's a Beautiful Day Soapworks table, where Kim and Pat Field were busy selling their soaps, lip balms, creams, and bath bombs.

Kim said this season was busy from mid-June onward, and even the poor weather over the August long weekend didn't stop people from coming.

"Tourism was definitely up this year from last year. We were having good sell-out days by mid-July," she noted.

One of the aspects about being at the market that Kim most enjoys is receiving feedback on her products.

"It really is a lot of work so it's great to talk to people about the stuff you make. We're a small cottage industry and for about six weeks we spend most of Thursday and Friday packaging soaps for the Saturday market. If I just sold wholesale I wouldn't get nearly the same amount of feedback that I do at the market."

Jack McGowan sells polished and unpolished rocks, jewelry, and dream catchers at the market. One unusual piece he had on display was a wind chime made from thin slabs of Brazilian agate.

Jack's enthusiasm for rocks shines through when he talks about the different varieties, where he found them, and how he has cut and polished them to bring forth their inherent beauty.

"Being at the Farmers Market is an opportunity to meet old friends," he said.

Christine McLean and Beth Dryden were sharing a table heaped with Christine's fresh baked bread and Beth's knitted dishcloths, baby sets, and children's wear.

"The nicest part about the market is being out in the fresh air and meeting the people from all the different places," said Beth.

Christine added that there is always something happy going on, like people playing music or singing.

A variety of handmade goods fill Theresa Huson's stall, including her own sewing, her mother's knitting, her mother-in-law's handknit dresses, woodworking by Len Froome, and African violets.

"It has been a good season. I find it hard to keep up with demand with my sewing. It's kind of neat when people take my things halfway across the world," Theresa commented.

Under a tent framed with bamboo grown here on the island, Paul Bishop was surrounded by his artwork. Paul's creations include bush icon organic collages, paintings, and jewelry made from coins. He also carries art from Asia and stamp and coin sets.

"I've been selling my work at the Farmers Market for three years. Last year it really took off. It has changed from being nickel-and-dime to being pretty good here," he noted.

Next door to Paul's booth Charlene Everson was selling clothing, lip balm, fabric, jewelry, and cards all made from hemp. Charlene has vended in other places before, and said the Farmers Market on Quadra compares favourably.

A splash of bright colours welcomes Farmers Market patrons to Elena Mason's table. Sitting amongst her tie-dyed creations, Elena said this season has been a lot of fun.

"People look at things and make orders, telling me they want this colour and that colour. I'm starting to develop steady customers. The Farmers Market is one of my better outlets," she told me.

Across the way Carmen McCluskey was selling a wide variety of eye catching items made from glass. Carmen described the market season as "awesome". She too mentioned appreciating feedback from people admiring her glassworks.

"The feedback from people buying the items is wonderful. It regenerates me."

Carmen said she brings her five-year-old son to the market and he plays with the other kids.

"It's great here. When the season is over I'll be looking forward to the Christmas Craft Fair and next season at the Farmers Market."

Delicious seafood is the attraction at the Dorsett Sea Products table. Linda Evans was busy selling prawns when I dropped by.

"A certain amount of tourists come back every year looking for prawns, and a lot of locals buy them too. The market has gone very well this year. I sell out sometimes," she said.

Linda also brings her kids to the market to join in the fun with the other vendors' kids.

"One of the reasons I come is because my kids love it so much. It's really more of a social thing—the money is just a bonus."

## Quadra Island Farmers Market

The currency at the market is more conversation than cash a weekly reminder that the business of life is more important than the life of business.

*by Chris Thompson*

*This poem appears in Shorelines: Memoirs & Tales of the Discovery Islands and is reprinted here with permission of the poet.*



Dan Bingham in his market tent

Photo: Tanya Storr

## At The Market

What a variety of delights are to be found at the Saturday Farmer's Market: exquisite collages created from a variety of nature's castoffs, pebbles taking on the painted forms of bugs of small mammals looking up at you from the grass, bunches of big, bright and exotic flowers which would surely win a prize at a horticultural show, gleaming jewellery that would sell for triple the price in a city store, wholesome, homemade breads and other bakery treats to tempt the pallet, creative crafts of wood and wool, of clay and glaze and glass. And so much more.

I buy a bunch of carrots from lavish mounds of fresh-off-the-farm vegetables and discover a simple yet intriguing delight - two small carrots entwined in a spiral embrace, and I wonder how this came to be. I hesitate to unwind and separate them, and I'm rather reluctant to eat them, so I'm sharing this singular curiosity with Discovery Islander readers before deciding on the fate of this carrotine couple.

*Hilary Stewart*



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# Business Profile

## Angus Acres

by Tanya Storr

Providing customers with bulk orders of wholesome free range meat and poultry is the aim of Angus Acres business owners Dee Conley and Ross McPhee.

"We identified that there is a demand for locally raised, free range meat and poultry, and that people don't know how to go about buying it. We thought we'd fill that gap," said Dee.

Angus Acres is named after Ross and Dee's eight-month-old baby boy, Derek Angus, who in turn is named after Dee's twin brother Derek and Ross' late grandfather Angus.

Starting a bulk order meat and poultry business seemed a natural fit, as Ross is experienced in raising livestock.

Ross used to own and operate Grouse Meadow Farm, which he has since sold to his brother and sister-in-law Dave and Marilyn McPhee. When selling lambs and turkeys on the farm, Ross always had requests for other free range meat and poultry.

He still owns 20 acres on the property, and he and Dee plan to build a farm there called Angus Acres where they can raise livestock in future.

For now they are concentrating on selling meat and poultry from Grouse Meadow Farm and farms in the Comox Valley.



Dee Conley, Ross McPhee with baby Derek Angus McPhee and a lamb on Grouse Meadow Farm  
Photo: Marilyn McPhee

"We started the business in April. We went and found local farmers who raise their animals in the same manner as Ross used to raise his, which is as close to organic as possible," Dee stated.

"The meat we buy comes from small local farms where the animals are pastured. Much of the meat you buy in the stores comes from animals that were just fed grain. These animals have a more diverse diet because they're outside and get to move around."

Angus Acres takes orders for turkey, chicken, beef, pork, and lamb. Their plan is to make seasonal bulk orders, including fall and early summer bulk orders, and Thanksgiving and Christmas turkey orders.

"The idea is to provide people with freshly frozen meat, as well as the turkeys which we sell fresh," Ross explained.

Dee and Ross sell pork, lamb, and beef in wholes, sides, or quarters. When it comes

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to chickens, they are trying to encourage bulk orders, say five chickens or more. Dee said their first order this summer was a success.

"We were very pleased with the response," she told me.

Cutting and packaging is tailored to the customer's needs.

"Part of your order process is to specify how you would like your meat cut. You can have it packaged for one person or four people—whatever suits you," said Ross.

Dee pointed out that meat and poultry prices are more affordable when you buy in bulk. In addition to saving money, customers who buy from Angus Acres know where their meat is coming from and that it is of good quality.

"We think people do want to know that their meat isn't full of antibiotics," Dee said.

A couple of people joined together with a friend in the last order to buy a side of beef or a whole lamb, Dee noted.

The animals Angus Acres sells are slaughtered, cut, packaged, and frozen at Gunter Bros., a government inspected facility in the Comox Valley.

"When the meat is ready, we go and pick it up. Our customers then come to our residence on Quadra to collect their order. It's more cost

effective and efficient ordering in bulk than if everybody individually drove to the Comox Valley to buy meat," Dee explained.

Ross mentioned that he and Dee feel it is important to support local farmers.

"If we want to know where our meat and poultry comes from, we need to support those local farmers. One of the driving forces behind starting the business is that we personally wanted to be eating free range meat," he said.

Angus Acres' next big push is for Thanksgiving turkeys, which will be supplied by Grouse Meadow Farm and a farm in the Comox Valley.

"People tell me once they've eaten a Grouse Meadow Farm

free range turkey it's hard to go back to anything else," Dee commented.

Next up will be a "fill your freezer for winter" order. Ross noted that people need to get their order in by mid-October to be included in that one. Beef, pork, lamb, and chicken will be available.

Future plans include a walk-in deep freeze as the business demand increases and, eventually, a red barn on a farm called Angus Acres.

"We're looking forward to building the farm and raising animals," said Dee.

For more information or to place an order, call Dee or Ross at 285-3472. Angus Acres offers a discount to seniors.



'Chicken Tractor' on Gerald Smith's Comox Valley Farm which provides chickens for Angus Acres photo: Ross McPhee

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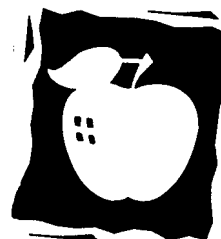
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On behalf of the executive of the Royal Canadian Legion Branch #154, we apologize for the insult Mr. R.G. Clark acknowledges in his letter to the editor "One Legion Members Opinion". This situation was initiated with approval of patrons and was fun in nature. It certainly was not intended to offend any patrons. We have since changed our policy so that this will not happen in the future.

Sincerely,  
Cathie Armstrong  
President

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SA	0905	3.0	0.9
	1550	13.5	4.1
	2045	9.5	2.9
16	0250	13.1	4.0
SU	0950	3.3	1.0
	1625	13.8	4.2
	2135	8.5	2.6
17	0345	13.1	4.0
MO	1025	3.9	1.2
	1700	14.1	4.3
	2315	7.5	2.3
18	0440	13.1	4.0
TU	1100	4.9	1.5
	1730	14.1	4.3
19	0050	6.6	2.0
WE	0540	12.8	3.9
	1135	6.2	1.9
	1805	14.1	4.3
20	0130	5.6	1.7
TH	0645	12.5	3.8
	1215	7.5	2.3
	1840	13.8	4.2
21	0210	4.9	1.5
FR	0800	12.1	3.7
	1315	8.9	2.7
	1915	13.5	4.1
22	0250	4.6	1.4
SA	0915	12.1	3.7
	1610	10.8	3.3
	2035	12.1	3.7
23	0340	4.6	1.4
SU	1035	12.1	3.7
	1610	10.8	3.3
	2035	12.1	3.7
24	0440	4.6	1.4
MO	1200	12.5	3.8
	1810	11.2	3.4
	2125	11.5	3.5
25	0545	4.9	1.5
TU	1315	12.8	3.9
	2015	10.8	3.3
	2240	10.8	3.3
26	0645	4.9	1.5
WE	1405	13.1	4.0
	2125	10.2	3.1
27	0010	10.8	3.3
TH	0740	5.2	1.6
	1440	13.1	4.0
	2235	9.5	2.9

## Richies Video Review

### The Thin Red Line - 4

It's your sensitive war film, amongst the terror, blood and death. It seemed a bit too long to me, it passed a couple of natural endings. The result was "What? There's more?" which broke the spell somewhat. Lots of cameo appearances by famous stars. Much gore and brutality, but that's the subject matter.

The hero who we assume was thinking aloud in beautiful images dies and we find it's someone else entirely. That was disconcerting. There were some dumb military moves that real soldiers would laugh at; but the bet part of the movie was the excellent and sometimes exquisite camera work and imagery. I believe they could have had nearly as good a film without the war action itself. The acting mostly was great, abut the hero shouldn't have died needlessly, he wasn't that kind.

### Girl Interrupted - 4

A great, but depressing movie with a happy ending. However, a light hearted frolic in the sun it is not. A young woman checks herself into a mental institution and we get a kinder, gentler inside view of One Flew Over the Cuckoo's Nest, but with a lot of the same situations; you can check-in, but maybe you can't check out so easily. It's not a wrongful commitment OR ANYTHING LIKE THAT. Wynona Ryder and another excellent actress do good jobs, in fact, her co-star made the movie in my mind. The movie holds your attention while avoiding the awfulness that could have been played to. It creeps up on you slowly and when it ends, you realize it was a powerful movie. All viewers gave it 4 clams.



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time...of the year!

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**Chicken** **99¢** lb  
**Legs**  
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**Potatoes** **79¢** lb  
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