

# *Discovery Islander*

**Community News and Events from Quadra, Cortes and the Outer Islands**

**ISSUE #294  
JUNE 20<sup>TH</sup>, 2003  
FREE**



**Have a Great  
Canada Day!**

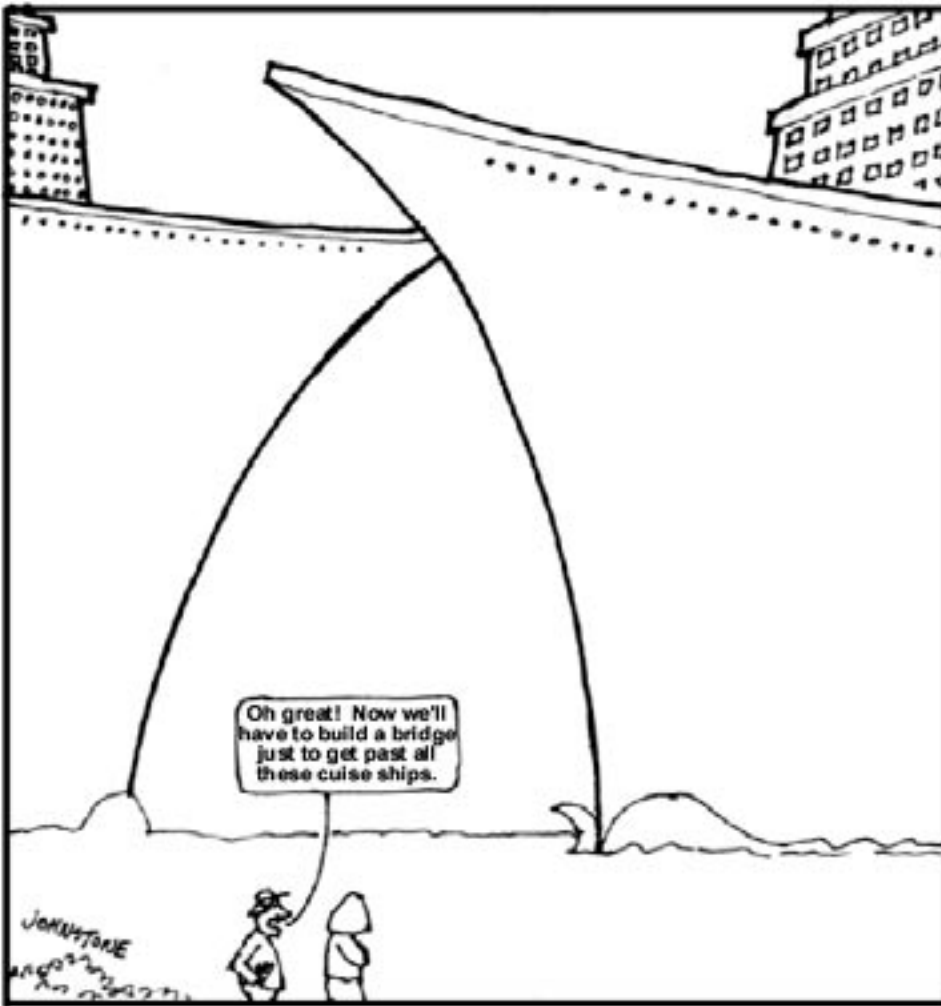
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**Next deadline for the**  
**Discovery Islander**  
**June 30th**

**701 Cape Mudge Rd**  
**Monday-Thursday 10-4**  
**use drop box after hours please**

**On the cover**



Hiking party walking  
 Quadra's Trails with  
 Tardis Expeditions.  
 photo: Tanya Storr



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Call 250 285-2234 for details

**Submission Guidelines**

Items for publication are welcomed on subjects of interest to the Discovery Islands community. **Please help us by following these guidelines:**

- Please print handwritten material clearly.
- Electronic items sent by email or on disk must be saved as **Word** or **rtf** formats. Please spell check in Canadian English.
- **No MS Publisher** files or graphics in Word files please. Send graphics separately.
- **Please** use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

*While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.*

**Next Deadline**

7 pm. Monday, June 30<sup>th</sup>



**Island Calendar**

- **Every Monday** -Positive Living Support Group 7:30 pm 285-3224
- **Every Tuesday** -Juggle Club, Community Centre 4-6pm
- **Every Wednesday** -Community Kitchen Noon Community Centre  
-Blood Lab 8 am-9:30 Community Centre  
- Jam with Moe, Landing Pub
- **1st and 3rd Wednesday** -Food Bank 1-2:30 Community Centre
- **Every Thursday** -Parent and Tots 10 am Community Centre  
-Motorcycle Club meet 5pm Heriot Bay Inn Pub
- **Every Friday** -Duffy and Friends 8pm Heriot Bay Inn Pub
- **First Friday** -Open Stage 7:30 pm Yak Shack Heriot Bay
- **Every Saturday** -Farmers' Market 10-2 behind Q. Credit Union  
-Meat Draw 5-6:30 pm Quadra Legion (members & guests welcome)
- **Every Sunday** -Buddhist Meditation Inner Garden 10 am

**June 21, Saturday**

-QI Slo Pitch Tournament Dance with Rodeo Drive Free Taxi Home  
8 pm Heriot Bay Inn Pub

**June 28-29,**

-Quadra Island Quilt and Garden Tour Quadra Island  
10 am-4 pm

**June 29, Sunday**

-dinner & Jazz with Annie Heriot Bay Inn Pub  
6-9 pm

**July 1, Tuesday**

-Canada Day Celebration Rebecca Spit  
7pm

**July 3, Thursday**

-History Luncheon with the ancestors of founder Helen Bull  
1:00 pm Heriot Bay Inn

-presentation by local historian Jeannette Taylor  
2:00 pm

**July 7-11, Monday- Friday**

-Basketball Camp Ages 9-16 Cape Mudge Recreation Hall  
9:00 am - 4:00 pm

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Thank you.

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**Invitation**

The Quadra Island Legion invites local musicians to play/practise at the Legion Thursday evenings from 8:00-12:00pm. Bring your equipment and play for the evening (for door takings) or host a jam night and share the stage with the audience. Contact 285-2156 or 285-2028 for details.

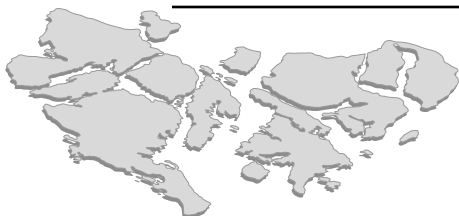
**Summer Rec.**

Planning for Summer recreation is coming along, there will be many new programs as well as old favourites for people of all ages. The programs offered cover a wide range such as dance, drama, horse back riding, cooking and crafts. Starting on July 3, summer rec. goes to August 13. The program will be sent home the last week of school with the elementary school children. In addition, I will place programs at all regular spots such as the stores and gas station. If you would like to pick a program up yourself at the Community Centre, feel free to come by and see me between 8am and 2pm Monday through Friday. Please remember that pre-registration is a must to ensure that the programs run. -Sonya Thompson Summer Recreation Coordinator.

**History Lunch At The Heriot Bay Inn**



Everyone is invited to meet Rosemary Collins and Pamela Steegh, the great-granddaughters of Heriot Bay Inn founder Helen Bull, stopping here on a world tour with Peter Collins all the way from Plenty, New Zealand. Helen Bull's ancestors will be our guests of honor for lunch July 3, Thursday at 1 PM, in the Fireside Lounge Dining Room. Local historian Jeannette Taylor will give a presentation of interesting historical anecdotes drawn from her research into Helen Bull's colorful past and Heriot Bay history at 2 pm. Please call to reserve for lunch: 285-3322.



# News & Events

## Cape Mudge Recreation Basketball Camp

WHEN: JULY 7th-JULY 11th  
TIME: 9:00 A.M. TO 4:00 P.M.  
EACH DAY

LUNCH: 12:00- 1:00 each day

Bring your own

PLACE: Cape Mudge Recreation  
Hall

Why: Learn individual skills.  
Have fun

COST: \$ 100.00 (= \$4.00/hr)

Payable to Cape Mudge  
Recreation

Camp Highlights: 2 on  
2 tournament, 1 on 1  
tournament

All campers receive: a camp T-shirt, a basketball to keep, prizes to be won: Powerade, freebies, gift certificates etc.

The camp will focus on the fundamentals of the game and incorporates drills that encourage these skills to develop. Included are: dribbling, shooting, passing and for the more advanced, screen setting, rebounding techniques also included are discussions on the importance of warming up and hydration.

Coaches for the camp are: Donnie Fitzpatrick, Ray Wilson and Albert Wilson. Some days will include various members of the CARIHI Sr. Boys basketball team. Donnie was a national team champion with the University of Victoria Vikings and was also named defensive player of the country the same year. He was member of the Malsapina Mariner basketball team as well, and is currently coaching hoops at CARIHI. Ray played ball at Malsapina College and his team went on to win the national championship in 1994. He was a member of CARIHI'S provincial champion team in his senior year and was also the provincial 3 point

champion the same year. He currently coaches hoops at CARIHI. Albert has been with CARIHI basketball since 1992 as manager and coach. Previous to then, he was at Phoenix Middle School both as head coach and an assistant coach from 1989. He currently coaches a youth team in the Steve Nash League in Campbell River.

For more information phone  
250-285-3310

## Support Local Shops

I heard an ad on the radio the other day that nailed how I feel about big stores. It was set up like a fairytale... "Once upon a time there was a little store with lots of choice and great service. Then the big box stores arrived and people flocked to them for the "great prices". After a while they realized some things were actually more expensive and the choice was limited. They went back to the little store to discover it had gone out of business. It could not survive after the big stores had arrived."

I have written letters before about shopping locally. We are very fortunate to have hopeful entrepreneurs here on Quadra who offer us amazing choices. But it's difficult to make a go of it as these days it's all about getting the cheapest price! Sometimes people are just in the habit of going to town. Some people just don't realize what we have here on Quadra Island. KEEP YOUR COMMUNITY ALIVE...SUPPORT YOUR LOCAL SHOPS.

Lesley Matthews

## Quadra Credit Union Supports New Health Centre For Cortes Island



The Cortes Community Health Association is in the process of planning and fundraising for a badly needed replacement for its rented Health Clinic space in the Community Hall. The space is no longer adequate for the growing population of the island, and there is little privacy for patients in such a public place.

We gratefully thank the Quadra Credit Union for their pledge of \$10,000, payable over three years. In the accompanying photograph (left to right), Sybil Irwin, Manager of the Cortes Branch of the QCU, presents a cheque for \$3,500 to Dr Kirstie Overhill, Island physician, and Frank Curtis, President of the Health Association.

The Cortes Community Health Association will be approaching Quadra and Campbell River businesses patronized by Cortes Island residents for donations of money or gifts toward the building and landscaping of the new Health Centre.

Any offers of financial assistance from other parties would be gratefully received. Phone Frank Curtis @ 250-935-8534 for further information.

## Trout Derby

Despite the wind a good time was had by all, at the 38th annual Quadra Island Trout Derby! held June 7th and 8th at Village Bay Lakes.

Money and prizes were handed out to the winners with the largest fish in each category. This year's top overall winner was once again Frank Inrig, winning two years in a row! This year a trophy in memory of Garnet Patten was also won by Frank Inrig, congratulations! The special hidden weight prize of \$200.00 donated by the Patten family was split four ways! Congratulations to Barb Frank, Kelly Maddison and Ryan and Cathy Binnersly.

All proceeds of the derby weekend went towards a new cenotaph at the Quadra Legion. We would like to thank the following for their generous donations; Quadra Foods, Lovin Oven II, Explore, Island Treasures, People's Drugmart, Hummingbird Office Supply, Mr. Spuds and a special thank-you to Don McDonald and all of you who worked so hard to make the trout derby a success! We would also like to say thank you once again to the department of Highways for their part in keeping the trout derby alive on Quadra Island.

Thank You!

Laurel Turpin

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**Every 4th Saturday: 9:30 am - 4:30 pm**

## Marlena's Salon



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## Free Summer Camp Chance For Local Teens

VANCOUVER ISLAND, June 2003 As the long, lazy days of summer approach, most of us are reminded of that classic childhood experience: the Summer Camp. But wait! WYLD Expeditions offer participants something different. And now is the chance for one lucky student to win a WYLD experience and spend some time in the spectacular Vancouver Island wilderness.

WYLD Expeditions Director, Zak Cross, initiated an annual essay contest in 2001, to encourage local interest. "It is our goal with this contest to help support our Island communities, and inspire our youth through outdoor activities." (see contest details below)

"This trip is one I will never forget," says Jennifer, the first winner of the WYLD contest in 2001. "It has changed the way I look at the world, the way I face challenges and, most importantly, the way I view myself. Thank you so much for giving me the chance to attend this camp - it has changed my life."

WYLD stands for Wilderness Youth Leadership Development. It is also wyld fun! Aimed at teens from 12-18 years old, the expedition-based courses include rock climbing, mountaineering, ocean and whitewater kayaking, and canoe tripping.

Students are encouraged to develop their leadership skills, decision-making, problem-solving and communication. They are tested and challenged - their successes and achievements are the building blocks to help them realize their potential. Their classroom is the beautiful backcountry of Strathcona Provincial Park and the rugged coastline of Vancouver Island.

**WIN A TRIP TO CAMP! Contest open to all North Island and Discovery Islands residents.**

A new component of WYLD Expeditions is the 5-day Skills Camp. Skills Camps are exactly what they sound like: a chance to gain some serious ability in rock climbing, wilderness survival, or white water kayaking. 12-13 year-olds can win a spot on the Earth Walker course, and 14-16 year-olds can win a spot on the Vertical Horizons or River Runner courses.

In less than 250 words, answer this question: What do you love about the outdoors? Contest deadline is June 30, 2003. Send all essays to: WYLD Expeditions Contest c/o Strathcona Park Lodge PO Box 2160, Campbell River, BC V9W 5C5

fax: 286-6010 email: info@strathcona.bc.ca

For more information about WYLD Expeditions call: 1-250-286-3122 or visit [www.wyld-expeditions.com](http://www.wyld-expeditions.com)

## Quadra Island's Second Annual Canada Day Celebration

Food, fun and fireworks: what could be a better combination to celebrate Canada Day? You are invited to join Quadra Island's Second Annual Canada Day Celebration this July 1, on Rebecca Spit.

The evening's activities kick off with a Cake Decorating Contest at 7 p.m. Last year, local resorts and restaurants vied for the honour of being the people's choice with entries like a triple chocolate extravaganza cake in the shape of Quadra Island competing with a 1 meter high cake in the shape of a lighthouse. This year, a non-commercial category will be added so home bakers can enter as well. All entries should be delivered to the cake tent by 6 p.m.

Local entertainers will showcase their talents from 7 till 10:15 pm.

This year's line-up includes a bagpiper, jugglers, story tellers, and a variety of singers and musicians. Dancing is encouraged! A prize will be given for the Best Canada Day Costume, determined by the audience. Special Canada Day T shirts will be available to purchase.

At 10:15 pm some of our talented Quadra Singers will lead us in singing 'O Canada'. Flares will signal the time to make our way to the beach and find a comfortable driftwood log to sit and view the fireworks. Quadra residents and pyrotechnicians Christie Edwards and Rod McLean will produce the fireworks display fired from a barge moored in Drew Harbour. Last year, the fireworks could also be seen by residents of Read and Cortes Islands.

How did this idea come about? Long-time Quadra resident and community supporter, Barry Hatelt, reflecting on our way of life, "thought it was time we had a way for the community to join together to celebrate our appreciation for our way of life here."

Barry approached Doug Edwards, a Quadra Island pyrotechnician who was immediately enthusiastic.

Together with the Tourism Subcommittee of the Discovery Islands Chamber of Commerce, they worked to organize and produce the event last summer funded by grants from Heritage Canada, some generous community sponsors, and local fund raising. Donations are greatly appreciated.

To alleviate congestion, parking outside the entrance to Rebecca Spit Provincial Park is necessary. Quadra Taxi will provide a shuttle from the park gates to the site of the festivities, with priority given to those who need transportation assistance. Hope to see you July 1!

## New Quadra Trail Map

A new full colour map with descriptions of 14 trails is now available at locations across Quadra. This map replaces the green coloured trails map that has been a fundraiser for the Quadra Island Trails Committee for many years. Thanks to the volunteer work of committee members and the sponsorship of Quadra businesses the new map will remain very affordable at \$2.00. All of the proceeds go towards maintaining the trails on the Island.

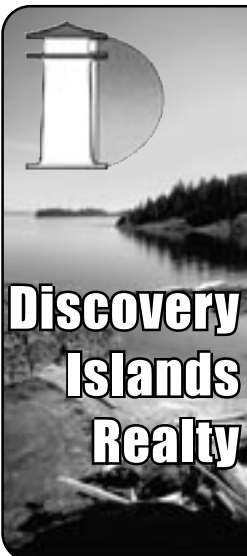
Our committee would especially like to thank Discovery Island Realty, for the generous use of their map, and the following companies for their financial support. April Point, Coastal Spirits, Coast Mountain Expeditions, Discovery Forestry, Heriot Bay Inn, Heriot Bay Store, Island Cycle, Quadra Credit Union, Quadrate Ventures Ltd., Rockview Resources Ltd., Seamar Industries Ltd., Spirit of the West, Taku Resort, Tardis Expeditions, Tsa Kwa Luten Lodge, Walcan Seafood Ltd and Whiskey Point Resort.



Tues: Pasta Night  
Wed: Chinese & Jam Night  
Thur: Mexican Night  
Fri: Wing Night

**NO BAD DAYS!**

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## Quadra Island Quilt and Garden Tour

June 28,29.

We have had a wet May, a population explosion of slugs and spit bugs, record high temperatures in June and boisterous winds but the gardens on the tour still look great. Mark the dates, June 28 -29, on your calendar and come and see eight gardens which have never been on the tour before, reacquaint yourselves with three past favourites and enjoy viewing some beautiful quilts made by the Quadra Quilters Guild. This year's gardens vary in style and age with some mature gardens and many relatively newly established.

Enjoy some beautiful views from ocean side gardens and the peace and tranquility of those situated further from the shore. Tickets, \$12 for both days, are available from the following stores: Batoche, Explore, Heriot Bay Store, On Root Garden Centre as well as April Point Resort, Heriot Bay Inn and TsaKwaLuten Resort. They will be available at the Tourist Information

Booth on the days of the tour. As many tourists will be arriving on the island at the end of June, get your tickets early so you don't miss out on a couple of very pleasant days. See you on the tour.

## APRIL POINT RESORT & MARINA Weekly Specials

**Mondays - Live Crab Special**  
**Tuesdays - Jazz at the Point**  
**Wednesday - Pick your own Pasta**  
**Thursday - 15% off Sushi**  
**Friday - Roasts from the Rotisserie**  
**Saturday - Prime Rib as thick as you like**  
**Sundays - Australian Barbie on the deck**

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*"We look forward to seeing you at the Point"*



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# Island Forum

## 2004 Property Tax Increases.

### “Unacceptable and Unaffordable”?

Quote from the Ministry of Provincial Revenue, Budget Bulletin 2003-02-28: “For the 2003 calendar year and future years, average residential school taxes before application of the home owner grant will be increased by the provincial inflation rate in the previous year.”

The Budget Bulletin reports further that “In 2003 and future calendar years, average residential provincial rural area property taxes will be increased by the provincial inflation rate in the previous year .... The average tax increase will be 2.5% for 2003, matching the tax increase for residential school taxes.”

Meanwhile, the Comox Strathcona Regional District Budgets project their 2004 tax requisition for Area J (i.e. for the most part, Quadra Island property owners) to be increased by 21.66% over their imposition for 2003. This will result in a total increase of 86.73% for the prior eight years (averaging 10.84% per year), compared to this year's of 53.48% over the last seven years, (an average of 7.64% per year, certainly much greater than any annualized inflation rates). Who has income that average such annual increases?

Apparently neither the provincial government nor the Regional District utilizes the zero budget analysis techniques for cost benefiting services to be provided, but rather they simply just increase taxes rates imposed previously. It this so, simply because of taxpayers are totally apathetic when it comes expecting governments to be responsible? Who was it that said such tariff increases were “unacceptable and unaffordable”?

Ted Conover

## Dear Editor,

Thanks to Heriot Bay Store, Quadra Foods, Thrifty's, Plaza Bakery and April Point for their generous food donations for our successful concession at the Studio Tour. Your ongoing support is greatly appreciated.

Quadra Children's Centre

## Studio Tour Success!

## Dear Editor

The organizers of the Quadra Island Studio Tour would like to thank the following individuals and groups for their generous help and support which contributed to our wonderfully successful weekend.

Rob Simpson

Frank and Win Smurfitt

Lois Taylor and Hummingbird Office and Arts Supply

Craig McGowan

David Smith

Quadra Arts Alliance

Campbell River Art Gallery

Comox Valley Art Gallery

April Point Lodge

Milton Rd. Nursery

Discovery Islands Chamber of Commerce

Jim Abram and the Regional District of Comox Strathcona

Quadra Recreation Society

Hungry Eye

Thanks

Susan Westren

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by Steven Halliday

**T**he upward momentum of the major stock indices of late has not gone unnoticed, and is worthy of comment. Since hitting its low in March of this year, the Dow Jones Industrial Index is up 20%, while the NASDAQ is up 28%. Does this mean we have entered a new bull market in stocks? In a word – no. But try telling that to the people who are buying Air Canada shares today, in spite of the fact there is a 99% chance that the stock will become worthless, no matter the form in which the company emerges from bankruptcy protection. As usual, I look to the fundamentals of the market to make any determination as to future expectations, and right now those fundamentals and the future outlook both stink.

There is a very simple reason for this. While the market is still down dramatically from highs previously achieved three years ago, the underlying problems (which helped propel the markets to those highs) still exist, if indeed they are not worse. Three elements point to a weak market for some time to come; poor profitability, excess capacity and price stagnation. In fact, some economists warn that we are actually on the cusp of experiencing deflation, and markets definitely do not thrive in a deflationary environment. North American markets currently resemble Japan's of a decade ago. Since the market crashed in 1989, the Nikkei has seen 5 occasions where rallies drove up the value by more than 25%, only to fall back shortly thereafter. After 14 years, investors in the Nikkei are still short 80% of the 1989 values. Japan entered this period with significant excess capacity, and still has the problem. Meanwhile, the USA only utilises 73% of its manufacturing capacity, which worsens to 65% in the semiconductor/electronic components sector, and a dismal 50% in the telecommunications industry. This is all due to the general foolishness that reigned supreme during the late 1980's and 1990's, where it seemed that everything would keep going up. Remember the late 90's book "Dow 36,000"? There is a lot of excess capacity that has to work its way through the system, and that process usually unfolds both slowly and painfully.

# Deflating Expectations

And that leads us to the crux of the matter – asset stagnation and/or deflation. Writing recently in *The Nation*, William Greider offers a stark assessment. He predicts that unless the USA abandons its present reckless economic policy, deflation is just around the corner. "Declining prices, if they persist generally, create a viscous spiral of negatives – falling profits, more closed factories, shrinking employment and incomes, accompanied by waves of failing debtors, both corporations and families. In short, a far larger calamity than stagnation". Personal debt is now at a ridiculous 130% of disposable income, up dramatically from levels of the mid 1990's. Corporate debt is no better. In fact, corporate and private debt now adds up to a whopping 200% of US GDP. So the individual family now has \$130 in debt for every \$100 in income, and the USA as a whole owes more than \$200 for every \$100 in economic output. This cannot be sustained, and something will give – soon. Add to the mix the still growing US trade deficit, as well as an economic policy that provides little to no economic stimulus and you have a recipe for disaster. Greider notes that the present administration's policies seem blind to notion of deflation, and at present only 4 of the 19 governors of the Federal Reserve are concerned at the prospect of deflation. All 4 have made close studies of the Japanese situation, and see parallels in the US economy.

It is truly remarkable that such a situation is being allowed to happen, especially with Republicans in control of the government. One of the bedrocks of Republican principles is that of fiscal responsibility, and has in the past created policies that honour that principle by pursuing legislative policy that have included both spending cuts and taxes hikes. Today's GOP is a completely different animal, seemingly blind to the economic precipice they are approaching. Having

inherited a projected \$5 trillion surplus, their tax cuts and spending increases have not only wiped out the surplus but are estimated to create a projected \$10 billion deficit. Clinton's Democrats, inheriting a large deficit from Bush the elder, quickly moved to increase taxes and cut federal spending, which in a relatively short time erased the deficits accumulated by the two previous Republican administrations. It is now time to take the medicine again, but given how the state of the economy cost his father his re-election, it is unlikely George W. will head anywhere in that direction. Therefore it is guaranteed that the present policies will not change until after the 2004 elections, if at all.

So no matter how enticing the present upward trajectory of the markets, don't be fooled. Canada rarely if ever escapes the impact of a US recession, and with a possible small "d" depression being projected by some of the more conservative economic commentators, it is a very poor time to be entering the markets. Of course, there are always some enticing individual stocks, but they are very hard to pick. Greider writes "The market signal of a small-d depression might be saying: Don't invest more in the old stuff since we've already got too many shopping centres. Start investing in "problems" the country has long neglected – see these really as economic opportunities." He then goes on to suggest investing in things such as alternative energies and technologies, healthcare and transportation. Preferably smaller firms that are more nimble and that do things differently. In other words, do your homework and invest using your head, not your heart. Unless you were born in the 1920's, there likely hasn't been a more dangerous time, economically, than the present. Be very careful, as all of the economic signals that I see are now flashing yellow.

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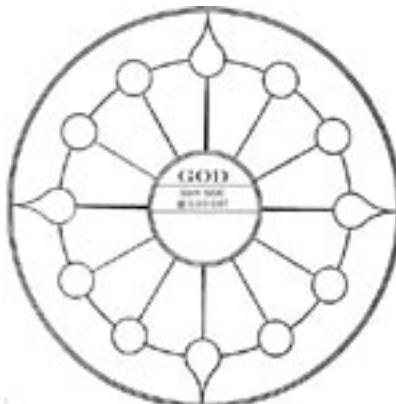
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By Claire Voyent

When I was growing up my father would ask my sisters and I (I am the seventh daughter of nine) what we had learned that day. The first thing we learned was that you had better have learned something or you were going to be very hungry. In that tradition I thought I would teach you something rather than just supply you with answers to all your problems. Remember, give a person some potatoes and you feed them for a day, teach them to grow potatoes and they'll all move to Boston and become cops. Hmmmm, that doesn't look right. What I thought I would do is give two short lessons on how to read a birth chart. I will explain God's birth chart this month and then I will give you mankind's chart for you to work out on your own and I will supply the correct reading next month.

### GOD'S CHART

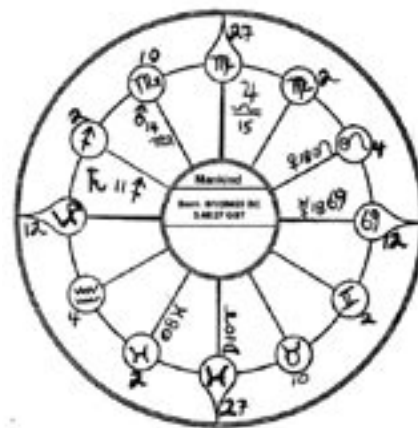


The first thing you'll notice about this chart is that it's blank. This is because time, so physicists tell me, didn't start until the big bang. As far as human understanding goes, then, God existed as a singularity...god really was in the details. Not having any planets or stars might discourage some astrologers but while we can't explain what there is, we have plenty of room to explain what there isn't.

1 Capricorn isn't in the ascendant like it is for Cloutier and Bertuzzi. Now there's a couple of goats. Having Capricorn in the ascendant is nature's way of stamping a big 'L' on your forehead. The houses are all even and none of the signs have been eclipsed which shows evenhandedness. So things are good so far.

2 The sun is not in Pisces. No offence to people whose sun sign is Pisces but, hey, there's a reason Pisces is in last place in the Zodiac. Just think about it...do water and fire mix? If that's

### MAN'S CHART



not enough think about the expressions cold fish or fish out of water.

3 The moon (fem) is not in Aries (masc) so we do not have those strong internal struggles we see sometimes which lead to madness. How else can we explain Celine Dion and Tom Jones fans. Men who have the moon in Aries commit adultery at sixteen times the national average.

4 Venus is not in Leo. People who have Venus in Leo love themselves not wisely but too well. Narcissus and Chretien come to mind. These kinds of people confuse popularity with morality.

5 Mars is not in Scorpio. Having Mars in Scorpio would be like taking George Bush, after he's freebased steroids for seven years, and locking him up in a room with people who don't think America is one of the guardian angels of the universe. Darth Vader and Hannibal Lechter both had Mars in Scorpio.

6 Mercury is not in Cancer. Mercury is movement and creativity and Cancer is boring boring... Microsoft has Mercury in Cancer. The people who drew up the Digital Millennium Copyright Act have mercury in Cancer.

7 Jupiter is not in Libra. Good old pig-headed, misogynistic, patronizing Jupiter influencing the scales of justice. You might just as well vote in a Liberal government to look after justice. It doesn't get much uglier than that. Stalin and McCarthy had Jupiter in Libra.

8 Saturn is not in Sagittarius and not in the twelfth house. Thank god for that! That combination would spell disaster for the environment. Just ask the people of Gooluspoor in the forests of the Sahara. Oh, too late...they disappeared a couple of years after they cut down all the trees.

As far as God's chart goes you can tell that there's no big deficiencies or lookouts. I haven't worried about the smaller planets as they are, for the most part, too far away and too small to be of any real importance in the chart. I've done mankind's chart for you above. See if you can tell what kind of people we really are...

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9:15 am Heriot Bay Store

8:45 am Quadra Ferry

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Camp Rainbow - The Credit Union sponsors the attendance of two local youths (Ages 14 to 16) at the Camp Rainbow Leadership Camp, being held this year at Cowichan Lake. The program is full of fun and learning, and we have had tremendously positive feedback from all of the previous attendees we have sponsored. Camp dates are July 13-19 and July 20-26, and applications must be received at the Credit Union before June 13, 2003.

Credit Union Foundation of BC Bursaries - Quadra Credit Union supports and accepts applications on behalf of the Foundation for bursaries for of up to \$1,500 for students attending a post-secondary program within BC. Applications for the fall semester will be accepted from September 1 to October 15. Contact our Quadra office for an application. Please note that Foundation bursaries are disbursed in mid program, so successful applicants for the Fall 2003 program will receive their bursary in mid-December.

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# Business Profile

## Tardis Expeditions: Hiking Tours on Quadra Island

by Tanya Storr

One of the main attractions of a visit to Quadra is the island's extensive network of hiking trails. According to volunteers at the Quadra Tourist Info Booth, more and more people are coming to Quadra looking for active outdoor experiences such as hiking.

Tardis Expeditions, a new company owned and operated by Quadra resident Steve Trayler, is tapping into the growing demand for guided outdoor experiences on the island. Offering a variety of hiking tours complete with door-to-door transportation and hearty lunches, this eco-adventure company allows visitors to explore the island's trails with a knowledgeable local guide.

Steve named his company 'Tardis Expeditions' after the time machine in the British sci-fi television series 'Dr. Who'. 'Tardis' is an acronym for 'Time And Relative Dimensions In Space'.

"The name seemed like a good fit because hiking in the wilderness on Quadra does feel like another dimension for visitors who lead stressful city lives," said Steve.

Steve invited me along on a recent guided tour of the Maud Island/Seymour Narrows trail. He planned the June 15 hike to coincide with one of the biggest flood tides of the year, knowing we would be treated to views of spectacular whirlpools at the entrance to the Narrows.

During the drive to the trailhead in the Tardis Expeditions van, Steve provided information about various points of interest



Guide Steve Trayler (L) and hiker Jo-Anne Moore watch the amazing tidal flow of Seymour Narrows. photo: Tanya Storr

along the way. He also went over basic safety procedures, explaining that we would be hiking with a first aid kit, cell phone, and VHF radio.

Our group of six hikers set off from the starting point near Morte Lake, after Steve led us in a series of warm-up stretches. The sky was clear and a light breeze sang softly in the trees.

As we hiked on the Quadra Conservancy property towards the lake, I asked Steve what attracted him to becoming involved in the eco-tourism industry.

"I've always been an outdoors person and I enjoy working with people," he

replied. "When my government job in social services ended, I started looking at how I could combine these qualities in a new career."

Steve went on to say that working as a hiking guide is an ideal way to show people the best of what Quadra has to offer.

"This job allows me to share what we have and give people an awareness of its fragility and beauty," he said.

Steve started researching his business idea last year. This spring he became a Certified Level One Eco-Interpreter, after taking a course taught by Rod Burns at Bold Point Centre.



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PRODUCE

---

Whole  
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lb

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New  
**Red Potatoes** **49¢**  
lb

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California  
**Red Peppers** **89¢**  
lb

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**Humous** **\$1.59**  
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**Honey Ham** **\$1.29**  
100g

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MEAT




---

Fletcher's  
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**Chicken Breast** **\$4.99**  
lb

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Starting up Tardis Expeditions was a considerable amount of work. After purchasing the former North Island Therapeutic Riding Society van, Steve acquired the necessary liability and vehicle insurance and licenses. He and his wife, Susan, outfitted the business with backpacks, whistles, and rain ponchos for every hiker.

Each backpack sports the Tardis Expeditions logo, designed by Lesley Matthews, featuring a kingfisher against a view of mountains and ocean. A closer look reveals that the backdrop doubles as the iris of a human eye.

Susan Chickite embroidered the logo on the backpacks, as well as Steve and Susan's shirts and jackets. Rob Simpson created the decals for the van and Philip Stone designed the company brochure. The Tardis Expeditions website is currently under construction by Jo-Anne Moore.

After briefly skirting the lakeshore, we turned left onto the trail that leads to Maud Island. Steve, who volunteers with the Quadra Island Trails Committee, recalled putting up signs and cleaning up the trail this spring.

The Trails Committee, with the help of dozens of volunteers, works hard to keep the island's recreational paths safe and free from obstructions. This year, the committee has published a new version of the Quadra Island Trails Map. This handy guide is available at local stores for \$2. Tardis Expeditions was one of the local businesses that donated to the production costs of the new map.

Hiking through the cool, moist forest was refreshing. Steve stopped to point out different varieties of ferns growing alongside the trail, explaining how local First Nations people used parts of the plants for cooking and decorating baskets.

As we neared the base of Mount Lolo, Steve drew our attention to some wolf scat on the old skidder road we were following. Moments later, a bald eagle swished overhead. Steve told us that there are at least 250 nesting pairs on Quadra.

A new sign erected by the Trails Committee indicated the way up the mountain. We followed trail markers up the rock bluffs until we reached the viewpoint at the top. Mount Lolo's impressive vista stretches south to the lighthouse and west to Seymour Narrows and beyond.

We decided this was a fine place to enjoy the ample lunches provided as part of the hiking tour. They included generously filled sandwiches made to order by Quadra Foods, veggie sticks, trail mix, fruit leather, cookies, fresh seasonal fruit, juice, and bottled water.

After a lesson in VHF radio operation

by Steve, we descended the mountain and headed towards Maud Island. Arriving at a viewpoint on the shore of the Narrows, we could hear the roar of the rapids just south of us. This was going to be quite a show.

We crossed over the causeway to Maud Island and hiked up a steep track to the power line towers. Reaching the viewpoint on the bluffs at the southern entrance to the Narrows, we were able to look straight down on the incredible whirlpools, rips, and boils created by the huge flood tide.

At 3:45 pm the flood reached its peak at 15.7 knots. From our perch we watched several powerboats navigate the rushing tide. Some of the whirlpools were monstrous, much wider than the boats were long.

A pod of dolphins played in the wake of a zodiac and a seal frolicked in a whirlpool as if it was a giant jacuzzi. Across from us on the opposite shoreline, a large crowd was watching from the Ripple Rock Trail.

Steve told our group about the history of the once treacherous Ripple Rock, and the engineered explosion in 1958 that blew up its twin peaks to make this dangerous passage safer for navigation.

It was hard to leave the awe inspiring natural spectacle of the flood tide, but we had a two-hour return hike ahead of us. As we walked through mixed forest along a stretch of trail at the base of Mount Lolo, Steve mentioned that one of the features he likes about this 12 km hike—and many others on Quadra—is the variety of terrain.

Back at the van, the general opinion of the group was that it had been a fantastic day spent in beautiful surroundings. Everyone vowed to lace up their hiking boots again soon.

For more information about Tardis Expeditions' guided hikes, call 287-1130 or e-mail [stevesu@telus.net](mailto:stevesu@telus.net)

Look for the brochure at the Quadra Tourist Info Booth and on the ferry.

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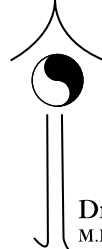
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### For Quathiaski Cove

JUNE 21 - JULY 1

SA	0640	8.5	2.6
21	10055	9.5	2.9
	1550	6.2	1.9
	2315	13.5	4.2
SU	0725	7.2	2.2
22	1150	9.5	2.9
	1635	7.9	2.4
	2350	13.5	4.1
MO	0805	6.2	1.9
23	1330	9.8	3.0
	1725	9.2	2.8
TU	0020	13.1	4.0
24	0840	5.6	1.7
	1450	10.8	3.3
	1820	10.2	3.1
WE	0050	12.8	3.9
25	0910	4.6	1.4
	1550	11.5	3.5
	1915	10.8	3.3
TH	0115	12.8	3.9
26	0945	3.9	1.2
	1630	12.1	3.7
J	2005	11.5	3.5
27	0140	12.8	3.9
FR	1010	3.3	1.0
	1705	12.8	3.9
	2050	11.8	3.6
28	0205	12.8	3.9
SA	1040	3.0	0.9
	1740	13.1	4.0
	2135	11.8	3.6
29	0235	12.8	3.9
SU	1105	2.6	0.8
	1815	13.1	4.0
	2215	11.8	3.6
30	0310	12.8	3.9
MO	1130	2.3	0.7
	1855	13.5	4.1
	2255	11.8	3.6
1	0355	12.8	3.9
TU	1200	2.3	0.7
	1930	13.5	4.1
	2350	11.8	3.6

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**Kicking Horse**  
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**Coffee** 454g

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**B.C. Crop** \$89¢  
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**Potatoes** \$1.96/kg

**B.C. HotHouse**  
**Long English** 99¢  
**Cucumbers** each

**B.C. Crop** \$2.69  
**Jumbo Brown** lb  
**Mushrooms** \$5.93/kg

**B.C. HotHouse**  
**Gold Label** \$1.29  
**Tomatoes** lb  
\$2.84/kg

**California** 99¢  
**Nectarines** lb  
\$2.18/kg

## DELI

**Pepperoni** 99¢  
100g

**Monterey** \$1.39  
**with Habanero** 100g

## MEAT

**Chicken**  
**Fillets** \$4.99  
lb  
\$11.00/kg

**Boneless**  
**Blade** \$3.29  
**Steak** lb  
\$7.25/kg

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**Sausages** lb  
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