



Discovery Islander

Community News and Events from Quadra, Cortes and the Outer Islands

www.discoveryislands.ca/news

**ISSUE #325
SEPTEMBER 3RD, 2004
FREE**

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Community News and events from Quadra, Cortes and the Outer Islands



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Imagine  A Caring Company



Island Calendar

Submit your event:

eMail: news@discoveryislands.ca
drop-off: 701 Cape Mudge Rd.

fax: 285-2236

The Regulars

- **1st and 3rd Wednesday** -Food Bank 1-2:30 Community Centre
- **Every Tuesday** - Jazz at April Point dining room, evenings.
- **Every Wednesday** - Community Lunch 12 - 1:30 pm at the Community Centre
- **Every Thursday** -Parent and Tots 10 am Community Centre
-Motorcycle Club meet 5pm Heriot Bay Inn Pub
-Prayer Meeting, 7:30pm at Quadra Island Bible Church
- **Every Friday** -Duffy and Friends 8:30pm Heriot Bay Inn Pub
-Seafood Dinner Special with Jazz pianist- Tsa-Kwa-Luten Lodge 6-9:30pm
- **Every Saturday** -Farmers' Market 10am-2pm behind Quadra Credit Union
-Meat Draw 5-6:30 pm Quadra Legion (members & guests welcome)
- **Last Saturday** - Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)
- **Every Sunday** - Positive Living Service, 10:30am Community Centre
-Worship Service 10:30am Quadra Island Bible Church
-Buddhist Meditation Upper Realm, Q.Cove Plaza 10 am.
-Jazz nights in the Heriot Bay Inn Pub every Sunday 6-9 pm 285-3539

Next Deadline: Monday, September 13th 2004

Found

I found a handsaw August 30th when biking with my Dad on the Vaughn/Gowlland Harbour trail. Call Nic at 285-2139 to claim it.



Day by day

September 5, Sunday

-Geshe YongDong on "Heart Mantras" 11 am-1 pm Upper Realm, Q.C.

-Dinner Jazz with Walter Martella. 6:30-9:30pm 285-3539

Heriot Bay Inn Pub

September 10, Friday

-Artist's reception - Geno - with musical guests 6-8 pm Explore

-Dance dance dance with Wheat in the Barley Doors open at 8pm

QI Community Centre

September 11, Saturday

-Quadra Preschool Open House & Registration 10am - 12pm, Hyacinthe Bay Road

Q. Preschool

September 12, Sunday

-Dinner Jazz with Blue Monk & suprise guest(s) 6:30-9:30 pm 285-3539 Heriot Bay Inn Pub

September 14, Tuesday

- Quadra Quilters Guild 9.30am - 2pm

QI Community Centre

September 19, Sunday

-Quadra/Philippines Garage Sale 10-2pm

QI Community Centre

September 25th, Saturday

-First Nations Cultural Demonstration 4-7pm

Tsa-Kwa-Luten Lodge

September 26th, Sunday

-Traditional Salmon Barbecue 5-7pm

Tsa-Kwa-Luten Lodge

Island Calendar online: www.discoveryislands.ca/news

Island Calendar is a list of [on island events](#). Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you.

Tanya Storr

B.A. English

Freelance Writing
& Editing



285-3937

tstorr@connected.bc.ca

On the cover



Mt Doogie Dowler from Bute Inlet
photo: Philip Stone

Next deadline for the
**Discovery
Islander**

Sept. 13th

**701 Cape Mudge Rd
Monday-Thursday 10-4**

use drop box after hours please

#325 September 3rd, 2004

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\$30^{00*} for 6 months

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Submission Guidelines

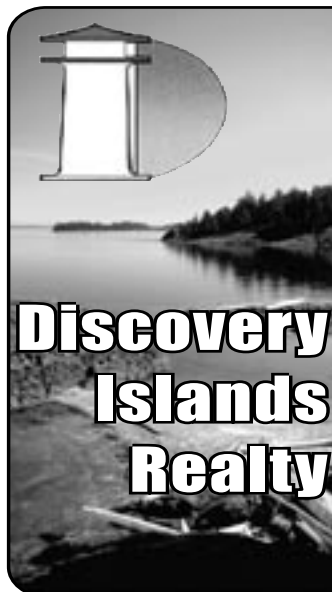
Items for publication are welcomed on subjects of interest to the Discovery Islands community. **Please help us by following these guidelines:**

- Please print handwritten material clearly.
- Electronic items sent by email or on disk must be saved as **Word** or **rtf** formats. Please spell check in Canadian English.
- **No MS Publisher, WordPerfect** files or graphics in Word files please. Send imported graphics separately.
- **Please** use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, September 13th



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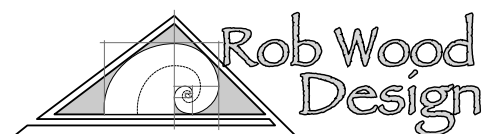
News & Events

Cortes Island Strips for New Health Centre!

Remember the movie Calendar Girls? Cortes Island has its own 2005 Calendar, showing islanders at work and at play. Tastefully revealing, and featuring male and female volunteers, the full-colour 17 by 11 inch calendar has ample room for your appointments through the year.

All profits from the sale of this calendar go to the building and outfitting of the new Cortes Health Centre currently under construction. The community has already raised approximately \$250,000 of the \$300,000 needed for completion.

If you are interested in obtaining one of these unique calendars for yourself or as an ideal Christmas gift, (the first printing of 1000 sold out in 3 weeks!) there are several ways to get them. Quadra Crafts (Heriot Bay) and Island Treasures (Quathiaski Cove) and all local stores on Cortes Island have a supply. To view the calendar, go to <cortesisland.com> for sample photos from the calendar and click on the email link to order one directly.



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Dances are fun...

We love to dance. Dances are more fun when people leap to assist! Applications currently being accepted for the following positions: door minding, setup and cleanup, concession. Special discounts and freebies for volunteers...Don't delay, call today! 285-3465.

Public Notice

- Campfire Ban Lifted on Coast - until further notice, campfires are permitted throughout the entire Coastal Fire Centre. This does not apply to BC Parks, First Nations Reserves, privately owned and supervised commercial campgrounds or areas regulated by local government bylaws. The BC Forest Service manages bans and restrictions on Crown Lands.

To report wildfire or unattended campfire call 1-800-663-5555 or #5555 on most cellular networks. For more information on open burning restrictions or for updates on current wildfire activity visit www.for.gov.bc.ca/protect

Quadra Farmers' Market & Bazaar

The Quadra Island Farmers Market & Bazaar takes place each Saturday during May, June, July, August & September, rain or shine behind the Quadra Credit Union between the hours of 10AM and 2 PM. Set up fees are \$4 for adults and \$1 for children, and due to limited space vendors must be residents of Quadra & the Outer Islands.

If you intend to sell food at the market, please contact one of the numbers below for more information PRIOR to coming to the Market.

Parking for market customers is off Green Road - the Credit Union parking lot is for their customers only, while doing business at the Credit Union. Please - NO FERRY PARKING on Saturday before & during Market hours.

For more information, please contact: Dalyce 285-3180, Pauline 285-2076 or Linda 285-3952










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Feature Artist: Geno presents:
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Sept. 7 - Oct. 9

Reception: Friday Sept. 10th 6-8pm
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Hours: Mon - Sat 10-5pm
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285-3293

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Once a year we offer the opportunity to pre-order fresh items from the new harvest to our friends and island neighbours, providing a lower pre-order price. The 2004 price list & information sheet is available September 8th 2004.

Generally we receive fresh products in early November for separation & distribution. We have over 100 organic & regular, high quality nuts, dried fruit & confectionary products available in 2, 5, 10 pounds or full case sizes. Payment is made when you pick up your order in November. Join us in celebrating the 2004 harvest by ensuring that your pantry is full of fresh nutritious foods. Taste the difference of FRESH-FRESH-FRESH.

For a full price list and information please contact Josee or Bruce McMorran @ 935-0055 (please leave a message and any questions along with your name & phone #), or by e-mail at vision@oberon.ark.com or pickup from local bulletin boards (Quadra Foods, Quadra Craft Store in Heriot Bay), or the new Health Food Store "Amped on Nutrition". Also, I will be at the Saturday craft market (behind the Credit Union) on Sept. 11, 18 and 25.

The opportunity to pre order happens only once a year, don't miss it!!

Pre order deadline is September 27.

Open House at Quadra Preschool

Sat., Sept. 11, 10-12

Yes, we invite you to visit our beautiful preschool, located on Hyacinth Bay Rd. We provide an inviting and stimulating environment for your children to play, learn and create. We strive for clear communication and for cooperation; we experience the joy of being part of a group. We foster a sense of trust and support in which to develop and share ourselves. For more information call Laurie-Ann at 285-2285

Legion Update

Today, Fri., Sept. 3, come to the Legion & help us celebrate the 30th Anniversary of our re-location to Heriot Bay. Were you a member of the Branch or L.A. in 1974? Or did you help with the project when the school was annex was moved? If so, you are especially invited to the Branch between 4 & 6pm for an informal get-together. We hope to see as many of you out as possible. Friends, family, current Legion members & all others are also welcomed to attend.

The engineers from CFB Comox who have spent this week building the new Community Cenotaph & making improvements to the Legion will be leaving shortly. We will be making a presentation to them the afternoon of Fri. Sept. 3. So, come along and join us in extending heartfelt thanks to these lads for their volunteer services to us.

"Bad Fish" will be playing at the Legion on Fri., Sept. 3 starting at 9pm. So, guys & gals, put on your dancing shoes & come out for a super evening of entertainment. There will be a \$5.00 cover charge to help pay for the band.

Our thanks go out to Walcan Seafood Ltd. who sponsored our Sept. \$50 cash draw. Our next \$50 draw will be held Sat., Sept. 25 courtesy of Tamarack Construction.

All members are reminded to attend the next General Meeting on Wed. Sept. 15. We have several new applications for membership that require your approval & we must also elect a Nominating Committee at this meeting.

Coming events: Sept. 11 - Karaoke; Sept. 18 - Ball Tournament Dance; Sept. 25 - Local Musicians. Mark your calendars now for these events as we will probably not have a column in the next 2 issues of the D.I. (unless we have a volunteer contributor - call Barb at 285-2258 if you can help out. Many thanks!)

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Quadra Artists Online

A new web site for the Quadra Island artists is now up and running.

Please check it out at www.quadraislandarts.com.

About 130 artists are now listed and those who have not been listed are invited to contact me and provide the necessary information for the directory. Each artist listed is asked to provide one picture of art work and/or the artists and the artwork. Application forms are at Hummingbird.

Artists are shown in one or more categories: Craft, Culinary Art, Fabric Art, Garden Art, Mentor Programs, Performing Art, Visual Art, Written Art, Events

The current photos of the artists or their art work and the context of the information is open to change. If artists would like professional photographs put on the web page I invite you to contact one of the number of professional photographers living on Quadra Island.

-Chris Rose

Take a Chance to Rock for Clean Air

Reach for Unbleached is raffling off two of the very last tickets available to the Neil Young/Randy Bachman/Barenaked Ladies concert at the Chemainus Theatre in Duncan on Sept. 17th. The concert will pay for a scientific assessment of the Crofton airshed directed by citizens, but the raffle is to pay for more public education around clean air issues. "When the Clean Air Concert sold out on the first day tickets went on sale, I felt bad," said Delores Broten of Reach for Unbleached. "All my friends wanted tickets, so I thought, well, let's at least give someone a chance to win them."

Second prize in the draw is a \$100 gift certificate to a book or music store of your choice, and third prize is two Watershed Sentinel t-shirts. The tickets are available at Cortes' Friday market, or an order form can be downloaded from www.rfu.org, or you can phone 250-935-6992 to pay by credit card.

The draw is Sept. 6th, so people will have lots of time to make arrangements.

Quadra Seniors Update

The Seniors enjoyed working in the Tourist Booth, all Summer. Meeting the variety of people from, all over the world, is very interesting. Our Tourist Booth Manager, Jim Thomson, will be leaving, soon and will be replaced, by Stephanie Webster, who spends every Saturday at the booth. The Music by the Senior plus Band is very enjoyable, and brings so many good memories back.

On Sun. Sept. 5th, is the 60th Wedding Anniversary, of our "Special Seniors", Win and Frank Smirfitt. Good Wishes.' will be expressed, between 2p.m.—to 4p.m. at the Quadra Bible Church Hall.

A Boat trip for 24 Seniors is going to Savary Island & Lund on Sat. Sept 4th. with Ruth. Jean took a group of Seniors to Friendly Cove, Nootka Sound, Aug. 15th. They all enjoyed the ride on the U-chuck III, & the talk and lunch with Chief Macquinna. Even Luna observed them from afar.

Two other boat trips with Way West were, enjoyed, during the summer. Surge Narrows where Katie spent time with her Grandgirl Teresa, and Great Grand babys. We went to See Kay at Big Bay, at Stuart Island, and had a delicious lunch, that day we saw Pacific White-sided Dolphins, Sea Lions, a Black Bear, and Devil's Hole, What Fun.' We had a great trip to see Mark McDonald at Shoal Bay, where he made us a lovely lunch of sandwiches and salad. We loved the old dock and the ancient building.

On Sept. 8th, we will have our Annual Fall Picnic, at the Rebecca Spit, near the parking lot, if it is windy we will go to the East side of the Spit, follow the signs. We will have a pot-luck lunch, Coffee, Tea, juice & water, will be provided. At 10:00a.m, Judy Hagen, will give us a Mini Dog show, with her pooches, after that fun, a short business meeting, games and prizes.

Thanks to all.' The help at the Tourist Booth, and a great big "Thanks" to Jim Thomson, for doing such a great job.

For membership info—call -Jean -285-3740, Or Ruth-285-3801

Look online for more news & info.

www.discoveryislands.ca/news

Quadra Island Bible Church

Experiencing Life In Christ; Sharing Christ In Life



Pastor Roy (Sherree) Zimmerman

1281 West Road

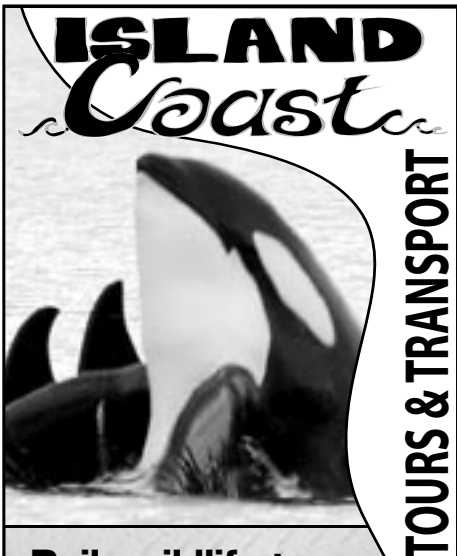
Worship Service: 10:30 am

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Quadra Quilters Guild

The first meeting of the guild will take place on Tuesday September 14 at 9.30 am in the Community Centre. The guild meets on the second Tuesday of each month, September - June, for a varied programme of events. If you enjoy playing with colours, cutting up fabric to sew it up again and having a good time with a great bunch of women, this is for you. For this first meeting, former members are reminded to bring their house block from the summer challenge. During the afternoon segment of the programme we will be cutting up fabric and getting ready for the Quilting Marathon in November. Bring your boards, rotary cutters and rulers with you and don't forget a lunch.

Cultural Season Nears

Quadra Rec's Cultural Committee has been beaver away on several fronts to bring Islanders a varied and exciting 2004 - 2005 season. On the money front, we have applied for a Regional District Grant, a B.C. Arts Council Grant, and, for the first time, a Federal Canadian Heritage Grant, which we have been given. These grants help us to continue to attract quality performers, while keeping ticket prices at a reasonable cost to our audience members.

On the performance front, we have already presented two well-received events, Bendigo Children's Choir from Australia, organized by Carol Woolsey, and Pied Pumpkin, organized by Maru. We have seven upcoming performances, with more details to follow in Quadra Rec's fall events calendar, and our own soon-to-be-published pamphlet. Watch for our direct-from-Cambridge, England male a cappella quartet, "Cantabile", a cross between Monty Python and Chanticleer, on October 17th. They are sidesplittingly funny and musically polished; in fact, I think they're on performance-enhancing drugs!

Many people work hard to organize events, and the most important factor is you, the audience.

We have a following of dedicated attenders, and we are always hoping to increase attendance. If you are curious about our offerings, I urge you to come and enjoy. Bring your friends. Have a good time. Support Quadra Rec.

Helen Moats

Advice or a Question?

by Rev. Jill Brocklehurst

Counseling is one of the many services I offer. I recognize that we are all part of an Infinite Intelligence and the point of awareness of each individual is unique. Within lies all the answers for a life more fully expressed. I found this article by Neale Walsch, an e-mail from Conversations with God Foundation:

"If someone is standing in front of you asking for clarity, asking for wisdom, what do you suspect would be more empowering to offer - advice or a question?

Giving advice could be your answer if you do not believe that all the answers and insights live within each of us.

There is great power in a simple inquiry. If life is a journey with no end, if it is a process rather than a destination, then living with penetrating questions might be the fuel that moves us forward. Pondering, reflecting, contemplating, dancing with the right questions can change your life!

How often do you fall into the habit of giving advice when someone is having a challenging moment? How often do you feel the need to give answers and fix people's problems?

The word "education" comes from the Latin: educare, which means to draw out, that is, to draw out from within, the wisdom and understanding that already exists.

This week I encourage you to expand your awareness and recognize how you interact with those around you. Do you have the need to give the "right" answers, to "fix" the problem? Do you ask questions, trust in other's wisdom, and support people by simply holding a space of inquiry -- knowing all the answers are within them?"

This is my practice as a minister and a student of Religious Science. But I ask you to consider how you go about your day? When you meet friends and family in need, do you offer kind advice, or do you ask them the question, knowing they truly can find their own way?

Join us Sunday for a celebration of love, light and friendship, 10:30 AM. More information call 285-3224 or wildjem@telus.net.

...And Now Some Good News

On September 2, 2004, Frank and Catherine (Win) Smirfitt celebrated 60 years of marriage - an impressive accomplishment. They have committed these years to each other, family and community. Over the past 24 years on Quadra many will have known them through their involvement with Quadra Seniors, the Canadian Legion and Frank's "Grape Hour" column in the "Discovery Passage". Their 34 descendants and spouses have been blessed by their love, encouragement and example. Congratulations and thank-you.

Diana Ludgate, for the family

Geshe Yongdong Returns

Geshe YongDong is speaking on the "Three Heart Mantras" at the Upper Realm at Quathiaski Cove on Sunday, September 5 from 11 a.m. to 1 p.m.. Geshe will explain the traditional Bon Three Heart Mantras and give a direct transmission. Latter, there will be time to practice chanting the mantras together.

Mantras are a powerful instrument for reaching a calm state of mind and enlightenment. We are very fortunate that Geshe Yong Dong took a 10 day difficult and dangerous trek over the Himalayan Mountains to escape from Chinese occupied Tibet in 1992. As a result, we who live on Quadra Island can share in his wisdom tradition. Before leaving Tibet, Geshe YongDong obtained the Rajampa Geshe degree, the highest degree awarded in Tibetan monastic education.

Regular Sunday Morning Buddhist meditations begin on September 12, the week following Geshe YongDong's talk. Please note that weekly meditations are at 10 a.m. but Geshe YongDong's talks are always at 11 a.m.. Usually a 25 minute meditation is followed by a reading and discussion of Thich Nhat Hanh's The Heart of Buddha's Teachings.

Call Steve or Danielle for more info at 285-3323. The suggested donation for Geshe YongDong's talks is \$10, but please come and pay what you can. Regular sessions are free.

One Decade Of Caring And Sharing!

On September 19th, the Quadra Philippines Connection presents its 10th annual Giant Garage Sale to be held at the Quadra community center. Let's celebrate by making this year a truly quality sale that offers choice saleable items. Because of the huge volume of goods received, disposal at the end of our sale has become more of a challenge each year. Therefore, we ask that this year you sort through your give-a-ways and donate mainly select items. Since we are usually overwhelmed by the vast amount of clothes received, this holds true for clothing donations as well. Having said that, the willingness of Quadra islanders to donate year after year is truly appreciated. Drop-off locations on the island until September 17th are as follows:

Quathiaski Cove	Sharon and Harry Archibald	285-3288
Heriot Bay	Lise and Ricky Burnett	285-3558
Back Road	Milton Greenhouse	285-2076
South End	Ruth Powell and Chris Thompson	285-3695
Cape Mudge	We-Wai-Kai Daycare	285-2616

Again we thank the above participants in advance for use of their space. Direct drop-off to the community center will be available on Saturday, September 18th. The following is a letter acknowledging our efforts from David Durrance, founding director and co-chair of the International Association for Transformation.

For further information about the sale or to help sort on the 18th or cashier and/or help with clean-up on the day of the sale, please call Carol Foort at 285-2035.



Dear Friends on Quadra Island,

Twenty five years ago, my wife and I founded a Victoria-based non-profit organization, the International Association for Transformation (IAT) as a vehicle to assist underprivileged children in the remote northern Philippines and elsewhere. IAT's focus has been upon education and leadership development of children and youth, environmental restoration and preservation and community development. One of IAT's projects (initiated 10 years ago and made possible through funds generated from the Annual Quadra Island Community Garage Sale) has been the development of day care programs in the villages of Paligatto, Mabato, Ipil, Lacnog and recently, Nambaran. Thanks to the compassion, cooperation and community solidarity of the fine folks of Quadra Island, the lives and hearts of hundreds of preschool children have been touched. The original daycare programs initiated in the villages of Paligatto, Mabato and Ipil, and supported for 5 years each through the Quadra Island Garage Sale,

have recently been recognized by the local government and are now receiving funding to continue. This would not have happened had Quadra Island not supported the initial years of operation. Your donations and purchases of materials in support of this fundraising event have, over the years has made possible a quality educational foundation for hundreds of preschool children. I also wish to acknowledge and thank those Quadra Islanders who are personally sponsoring older children to schools and colleges through IAT's child sponsorship program. In a country where some children drop out of school because their parents cannot afford to provide them with pencils or a notepad, your support to an education grants them an opportunity to escape the pit of poverty into which they were born. Please know how much your ongoing partnership with IAT is appreciated by the children you assist and by all of us involved with this organization. With thanks and best wishes,

David Durrance



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Monday 1-6 pm Wednesday, Friday 9-6pm
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Fax: 285-3331**

Yoga Workshop with Gioia Irwin

September 24th to 26th, 2004

Gioia Irwin has been practicing yoga for 23 years and has been teaching for 17. The main influences for her unique practice are Orit Sen-Gupta of Jerusalem, Dona Holleman of Italy and BKS Iyengar of India.

Gioia's teachings combine stillness, intensity and flow. The ability to balance these qualities comes from an understanding of how to feed and strengthen the inner core. Ultimately this awareness leads to lightness and transparency in one's practice.

Friday, Sept 24th 6-9 pm -
Pranayama & Asanas

Saturday, Sept 25th 9:30-12:30 pm
-Pranayama & Asanas 12:30-2:30 pm LUNCH
(not included) 2:30-4:30 pm - Asanas

Sunday, Sept 26th 9:30-12:30 pm
- Pranayama & Asanas

Cost: \$150.00

Location: Quadra Community Centre

Cultural Thanks

Quadra Rec's Cultural Committee sponsored a very active season last year. Eleven performances, from Maximime to Mother of Pearl, JouTou to Juggling, created a lot of fun and pleasure for our audiences, and endless commitment from our force of volunteers. Big thanks go to our technical crew: George Murdoch, Tony Simard, and Jaron Fox, general support and co-ordinator of the wonderful juggling festival, Laura Appleton-Jones, our generous hospitality folks: Chris and Margaret Rose, Susan Wilson at Harbour House B&B, Anabel Cameron at Belhaven B&B, Rob and Diana McKerracher, Jocelyn and Bill Reekie, Mary and Gavin McIntosh, and Hilda van Orden, our "house" co-ordinator, Carol Woolsey, concession co-ordinator, Marie Sheran, Layout/Design computer gal Heather Vanderest, accountant Wendy Richardson, and the people who come when called: Hannah, Gwen, and Paul Puddy, Mary Ellen Wilkins, Julie Campbell, Maureen Fox, Sue Rose, Linda Lessard, Shirley Wallace, Dan Bingham, Joyce Baker, Maru Jolar, Jean Carefoot, Viveke Pederson, Shannon van Orden, and Gail Robinson. Thanks to Jim Ludgate for rising to the occasion when the power went out. To those who baked for the concession, and to Aroma Cafe for supplying coffee, thank you. To Sandi Spearing and Rob Simpson, we appreciate your co-operation and support. We couldn't think of doing it without everyone's contribution.

Sincerely, Helen Moats
and Hilda van Orden

Get 'Yer Fill Of Wheaties



Quadra Islanders can celebrate arrival of the harvest season by dancing to the **The Wheat in the Barley on Friday, September 10th, at the Quadra Island Community Centre.** Doors open at 8:00, and the multicultural whirlwind of music fires up at 8:30pm. This is the first visit the group has made to this island, although they have developed a rabid following on Cortes after 5 years of annual concerts at Gorge hall.

Have you heard the one about the Irishman on his way to a Bar Mitzvah who fell in love with a belly dancer at the blues bar? That about describes a typical evening of zany music-making from BC's west coast folk n' roll crazies, The Wheat In the Barley. Taking "fiddle tune" as a point of departure, this band piles on brash helpings of rollicking blues harp boogie in 9/8 time, blazing accordion riffs, seductive and jazzy middle eastern saxophone stylings, and smoking virtuoso violin solos.

The Wheaties' music, (a compelling brew of world music, celtic roots, and R & B) begins at 8:30 pm sharp. The two long dance sets will feature tunes from their nearly-completed third CD, "After the Battle" as well as old favorites of their island fans. Their music is previewed in both audio and movies on their website at wheatinthebarley.com.

Advance tickets are available from both Quadra Crafts and Hummingbird for \$12 for this all-ages event, which will have the hall jumping until closing time. Refreshments and snacks will be available all evening.

The group began as a multicultural folk band (mostly from Celtic and Slavic roots) but has evolved to become one of the finest musical groups performing educational and community concerts in BC. They achieved the highest marks for artistry (98%) at the ArtStarts in Schools showcase in 2001.

The "Wheaties" have performed for at least 100 schools in BC over the past four years and have appeared in community concerts throughout the interior, the lower mainland and the gulf islands. They recently were showcased at the BC Touring Council's 2004 Pacific Contact in Burnaby, BC.

Their excursions into pub venues have included watering holes from Nanaimo to Nelson and everywhere in between. With the release of their upcoming third CD, they expect to reach a much wider audience at festival and concert stages across North America.

Says founder Steve Gidora (guitar and mandolin), "With our current line-up, the sky is the limit! We now deliver 4 part harmonies on some songs, and the new material and musical chemistry has never been more exciting." Steve has played with several folk groups including a group that opened for the legendary Pete Seeger and Odetta.

The "Wheaties" invite you to celebrate Canadian unity and diversity at this late-summer party with the band's unique brand of music. Fiddle tunes and bluesy sea shanties from the Maritimes, old timey tunes from the Ottawa Valley, Acadian and Quebecois fiddle tunes and stompin' Ukrainian circle dances from the prairies, all done with their own unique westcoast twist.

Quadra Children's Centre 2004 Goods And Service Auction

SAVE THE DATE – SATURDAY OCTOBER
2ND 2004 6PM – 9PM AT THE COMMUNITY
CENTRE

Get ready for a great evening of fun
entertainment and DEALS!

The communities of Quadra and
Campbell River have been donating
wonderful items to be auctioned off
including: a Thanksgiving free-range
turkey, a round of golf, plumbing services,
dinner out, pottery, kayak rentals, boat
haul up, septic pump-out and much
more!

Dinner and Bar services as well as free
child care (2 – 11 yrs) will be available to
make this a great evening out on Quadra
that you won't want to miss!

Quadra Island Garden Club

The rains have come, the plants
have perked up, we can pack away the
hoses and think about starting the
big fall clean up. Our first
meeting of the new season will be
on Monday September 13 at 7 pm in
the Community Centre. The topic
for the evening is Compost with Dr
David Klassen who is the compost
expert for the Comox Strathcona
Regional District. Compost is the
black gold of the gardening world
and we can never have too much
of it. Plant material will decay if
placed in a heap but how to get
this happening at a high enough
temperature to kill weed seeds is
the problem, especially with small
piles and hand labour. Come and
find out how to do this and avoid
burning material and contributing
to increasing carbon dioxide levels
in our atmosphere. Your plants will
love you for it.

Remember the Bring and Buy table
and the show bench and share some
flowers or vegetables from your
garden. Bring some examples of all
the different tomatoes you grew this
year and rate them for use? The fall
is a bountiful season. Let's share its
bounty. Check your membership is
still valid so you can claim your 10%
discount from nurseries when you
buy your spring bulbs. Membership
is \$10/ year, drop-ins \$2 and new
members are always welcome.

Community Kitchen

The Community Lunch opens again
Wednesday, Sept.8/04. Lunch is served
from 12 to 1:30 pm.

All are welcome to come and share
delicious soups, breads and desserts
prepared and served by our volunteers.

Speaking of volunteers, we are looking for
more generous souls to make desserts or the
occasional soup. Soup making is done at the
centre amid the camaraderie of others who
are also making a soup or preparing food for
the Wednesday lunch.

REGIONAL DIRECTOR'S REPORT - AUGUST 30, 2004

This month's report will indeed be short
(although I have made such threats in the
past, I mean it this month!). I just returned
from a short camping holiday and am in the
middle of trying to attend to 471 emails from
all of you folks and also attend two days of
Regional Board meetings in Courtenay.

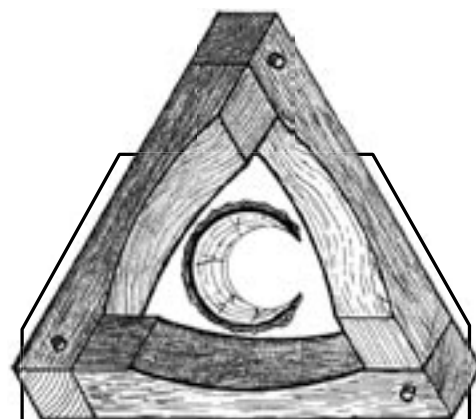
The single issue that I want to bring to
your attention is the reinstating of the 7:
20 a.m. transit bus that will meet the 7:
05a.m. sailing of our ferry, when it gets to
the Campbell River side. This bus will begin
service on the first day of school and will hit
all of the schools on the Dogwood corridor:
Phoenix, Carihi, etc., right out to Timberline
and North Island College. The fare will be the
standard fares and bus passes will apply. We
are expecting the bus to have bike racks, so
that will facilitate those folks that would like
to ride the bus one way and return on their
own steam.

The bus should allow students to attend
early morning classes and extracurricular
activities as well as provide transport for
teachers and staff and anyone else that
might be going that way. I am hopeful that
the bus will get good use, as the Council
at Campbell River along with the Transit
Authority has been very co-operative in
making this happen for our benefit.

So, to all you kids, parents, teachers and
"others", PLEASE MAKE USE OF THIS VERY
USEFUL SERVICE!... THE BUS... THE BUS...
THE BUS..... WE MUST REMEMBER THE
BUS!

Feel free to contact me at 285-3355
Monday through Friday from 8:30 am to 7:
00 pm (not on weekends, please!), or fax me
at 285-3533 or email anytime at abramfam@oberon.ark.com

Respectfully submitted,
Jim Abram



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Dear Islanders

It has been just over a year now since the U-Haul truck and trailer carrying all our earthly possessions were towed onto Quadra Island behind two tow trucks. The move from Saskatchewan to Quadra was eventful to say the least. I guess if I had taken the time to think about it our eventful move might have left me questioning whether we had made the right decision in coming here. But we have never doubted the decision.

I was reflecting on our first year on Quadra and was struck with the following thought: In seminary we are told that a pastor's role is to lead and to teach. What they don't tell you is that before you can effectively lead and teach you need to learn. You need to learn the culture of the place you are at. In order to know the culture you need to learn the people.

I have really appreciated the opportunity to get to know so many of my island neighbours over the past year (not just those who come to our church). Some of you have graciously allowed me to learn from your desire to serve and give yourself to others on the island as we dished up soup together at the community kitchen. Others have shown me how care and concern can be demonstrated in much less public ways through secret acts of kindness. Some have helped me to understand how family history has affected who you are and caused you to reject human companionship. Others have taught me how to read the signs of loneliness and feelings of abandonment as we have shared a coffee and some life stories. Still others have opened your lives to me in naked honesty, sharing your pain and grief during some particularly difficult times. We have shared some funny stories, challenges and times of great excitement. Time and again I was reminded how the packaging can be very deceiving as first impressions gave way to understanding when we got to know each other. One of my favorite comments when people discovered what I do on the island has been, "He can't be a pastor! He's too normal!" I just want to respond that I'm not sure I know what normal is.

Most importantly you have taught me that learning is never done. I have so much more to learn from you. There are many more people on the island I have not yet met or gotten to know. And there are those of you I need to apologize to because, in my busyness, I didn't have time for you when you needed someone to talk to. I hope I will do better in the future. Try again and if I still mess up, let me know (we all need to be reminded of our failures from time to time – its part of how we learn).

I look forward to learning so much more from all of you in the coming years. I'd like to think we have a lot to learn from each other.

Roy Zimmerman

Pastor, Quadra Island Bible Church



Island Forum

Anti-Canadian Sentiments

Editor,

This morning I had a very disconcerting conversation with Carol Gray, publisher of "The Hungry Eye," informing me of her refusal to publish an announcement I had submitted (see below.) Ms. Gray's stated reason for her refusal: she did not wish to turn "The Hungry Eye" into a "political forum".

I found Ms. Gray's explanation of her refusal to publish the announcement to be hypocritical and a request for a one sentence condensation during our phone conversation astounding. My announcement was intended as a direct, somewhat satirical, response to another announcement, one which she admitted to having personally submitted for the previous week's edition of "The Hungry Eye." That announcement was addressed, in bold text, to **DEMOCRATS ABROAD** and offered "U.S. citizens and dual Canadian/US citizens" an information source related to their ability to participate in the upcoming United States of A election.

When the owner/publisher of a local/community advertising publication located in Canada uses that medium to make an announcement about an election in a foreign country, s/he has already turned that medium into an instrument of political interests...foreign interests at that. Subsequently refusing to publish another community member's response to that announcement because the owner/publisher has judged it to be a "political announcement" is not logical. It is contradictory and represents an instance of hypocrisy (Concise Oxford Dict.: 1. the assumption or postulation of moral standards to which one's own behaviour does not conform. 2. an instance of this.)

At the level of personal opinion, I consider Ms. Gray's refusal to publish my paid response to a previously published, obviously political, announcement as an expression of precisely the kind of Anti-Canadian Sentiment referred to in my banned announcement. I believe this whether she is a "dual" Citizen or not.

It should be obvious from the content of the proposed announcement that my intention was to stimulate some thought in the minds of "Dual Citizens" and, perhaps, some action on their part. At the same time, I was attempting to point out the negative affect which "Dual Citizenship" has on the basic foundations of Canadian, or any other democracy's, society. My first intention was certainly effective in the case of Carol Gray: although it did not open her mind to overcome her own hypocrisy, she did take the time to call me to make a limp attempt to rationalize her decision.

As the owner/publisher of "The Hungry Eye", Ms. Gray is free to publish or refuse to publish whatever she chooses. I hope that in the future she will open her mind and stop discriminating against Canadians wishing to defend their culture against the silent invasion of a worldview that has no respect for the meaning and responsibilities of citizenship in a Democracy. "Dual Citizens," unable to make choices about their identity, have divided loyalties. Their ability to make responsible decisions affecting the common good of at least two nations is suspect.

The offensive/banned announcement:

DEMAGOGUES ABROAD – U.S., Other "dual citizens:" under democracy, citizenship is a privilege and a responsibility not a convenience or a right. Dual citizenship denies the responsibility protecting individual rights. It undermines trust: the basic fabric of society. Unable to make responsible decisions about your own identity, can you be trusted to make responsible decisions affecting the lives of others, i.e., The common good? Choosing not to be a responsible Canadian follow your heart back to your roots.

Thank you

Wayne Assal,

Quadra Is.

Articles, letters and artwork are all welcome for publication under Island Forum
Opinions & endorsements expressed herein are those of the contributors and do not represent the views of the publishers.
If you would like to see an alternative point of view represented...submit something yourself.

Next deadline 7pm Monday, September 13th 2004



by Steven Halliday

Having lived on Quadra Island for over seven years, I have developed an appreciation for the island that is difficult to describe. Saying I feel pride of place does not adequately express my feelings, but let it suffice to say I have no plans to live anywhere else, and in fact my wife and I are in the process of acquiring a new home on Quadra. We have opted to trade our lovely water-view home in a quiet neighbourhood for an inland home on acreage, and we will create our own view within our property. We have finally found our dream of a home located upon a dream of an island, and it feels great.

Anyone even remotely involved in the real estate market on Quadra or Cortes will know that we are in the midst of a whirlwind of activity. Properties are selling very rapidly – Norma and I viewed 2 properties recently that were under offer before we had a chance to even think about an offer – and people from literally all over the world are driving the market, and driving prices upward. What is it that is behind this surge in activity? Many things contribute, but the foremost thing on buyer's minds is still the #1 rule of real estate...location, location, location. Our being situated in one of the most environmentally pleasant, relatively unscathed regions of the most beautiful province in the greatest country in the world certainly helps. Canada's well-deserved reputation as a peaceable and glorious nation is attracting many people that are starved for space, freedom or wilderness, or in many cases all three. And when they first visit the Discovery Islands, what they discover is generally far better than whatever they had imagined. Yes, it is that good here.

The selfish side of me comes out when real estate is the subject. While not so extreme as to want to raise the drawbridge behind me, the other day I found myself glaring at people in other cars on the ferry. I was thinking "who are you people to come here and screw up a good thing", knowing full well that everyone on that ferry who was not a local was coming here lusting for land with bulging wallets. Then I realized that back in March of 1997 I was one of those people, without the burning lust or bulging

Discovery Islands

wallet but hungry for a piece of Quadra nonetheless. That realization was the genesis of this column, and has led me to speculate about where we are headed as a region, and at what pace? While short on specific data, I have reams of anecdotal information that indicates extremely brisk sales, and prices are rising as they are wont to do in a seller's market. While this is great news for vendors, it is not so great for those wanting to buy. Worse, our already high real estate prices are creating havoc for those that live on the Islands and dream of home ownership, and now find that dream to be rapidly fading. That particular thought struck me some time ago when I first started to worry myself, as I knew our present home was not compatible with the full spectrum of what we expected from our dream location. Fortunately we have been able to fulfil our needs before property became unavailable or out of our reach.

Helmut Pastrick, Chief Economist of Credit Union Central of BC provided me with a source for projected population growth in our region, though data specific to the Islands is not available. Local Health Region 72 (Campbell River) had a 2003 population of 39,374 people, and is expected to rise to 47,647 by 2031, which is less than 1% per year growth. This is based upon regional historic data, and I would question whether historic data is representative of the situation today, given the shift in the economics of the area. Anecdotal information indicates growth in the region is presently much higher than it was in the 1976 to 2003 period analyzed in the report, and perhaps the decline in population experienced in the region from 1998 to 2003 has skewed the results. This decline reflects the shrinkage of forestry and fishing jobs in the area and the resulting out-migration. But we are seeing a new influx of people that look at the islands as an ideal retirement location, or whose employment or net worth allows them live wherever they choose, and they are generally "baby boomers". This segment of the population are the wealthiest generation ever (largely courtesy of their parent's depression-developed habits of thrift) and they are scouting for their dream homes, with the Discovery Islands firmly in their sights.

One local realtor mentioned an interesting shift in demand. It used to be that those looking for a home on Quadra were

quite willing to do without – many boomer generation Islanders moved here hoping to "move back to the land", and did so. Not so today. Today's boomer buyers want their comforts, and being accustomed to the congestion of the cities has made them much more amenable to having closer neighbours than many an Islander would choose. They want all the services and amenities too, and there's the rub. There is a finite amount of property available on the Islands, and our present land use regulations make it unlikely there will be enough to allow a huge influx of new buyers to be accommodated. Without that type of growth there is little economic influence for the market to react to, as the demand won't be there, and growth in services and amenities only follows demand. So we can all sigh in relief that we are not in danger of an orgy of unrestrained development in our area, but that is not to say development will not occur. It will occur, only at a much more preferable sedate and controlled pace, and hopefully this development will be in line with the sensibilities of those of us fortunate enough to call this paradise home.

One thing difficult to convey to readers is the appearance of the graphs accompanying the population report. In 1976, the region's population of 24,000 graphed out on an age scale has the appearance of a coniferous tree – the thin tip representing the 70 plus age group, then a gradual widening to the "skirt" of the tree representing the 25 to 35 age group. Today, it looks more like a shrub, with enormous growth in the middle range, being us boomers. The projection for 2031 shows a tremendous increase in the 60 plus categories, which is where you'll find us old folks born in the late 1940's and 1950's. As this group ages their involvement in our marketplace will increase, as will the prices, and supply will become much tighter. Finally, the development trend of the southern Gulf Islands has plateaued, with lack of supply and extremely high prices dampening growth. The mid-Island is booming, but it doesn't offer the lifestyle afforded on the Discovery Islands. Nope, we've been discovered again, folks, and all those envious visitors are spreading the word like wildfire. Good luck to those of you seeking a piece of the rock, and congratulations to those who already have it. There's no place like it.

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Where Has Summer Gone? Part 2

By: Amanda Zimmerman

Why is it that when you start enjoying the relaxing pace of summer holidays September rears its ugly head? You find yourself completely content with the rhythm of life then bam, without warning, you are full of dread at the approach of school starting up. So much for rest and relaxation... all of those lazy days are in the past. Before you know it, your contentment and happiness are quickly whisked away by T.V. commercials, friends, and parents stating the harsh and undeniable truth... summer is drawing to a close, and a new school year is just around the corner.

School starting up? You are not ready! You are not prepared to sit for six hours at an uncomfortable desk in a classroom again. You can't handle hours of homework, quizzes, and essays yet. Freedom cannot be over so quickly, can it? As you ponder the unfairness of it all, you come to a decision. Your earned vacation does not have to come to an end. You will make summer last forever. You find yourself committed to do anything to make your holiday continue a little bit longer, but to no

avail. The days keep flying by and you are helpless to stop them. Admitting defeat is not easy, but in truth, you have lost the fight... fall is approaching and you can't do a thing about it.

The school supply lists are sent out, course schedules are planned, and everything is in place for the new term. While your mom and dad are pouring over all the items you need, throwing school materials into the cart and grinning from ear to ear, you find yourself asking the age-old question asked by every student since the beginning of time. Where did summer go?

It seems only a matter of days have passed since you cleaned your locker, not two months! It feels like it was just last week that you finished final exams and left school to enjoy summer vacation. You worked hard to finally reach summer holidays, and now it is over? This has got to be some kind of an elaborate trick. Everyone is just messing with your head, right?

Unfortunately, it is true. You suffered through ten months of the year and were given a two-month period to enjoy life, only to have the month of September roll around quicker than expected. You looked forward to the end of June with excitement, but it looks like you slaved away for nothing. But do not worry, all is not lost.

The school year won't last forever. I know this is not what you want to hear right now, but summer will soon arrive. In another ten months, your hard work and dedication will be rewarded with another two-month summer vacation. So do not worry or be disappointed about the summer ending, but try and remember that it will begin again and you will wonder: Where did the school year go?

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where everyone is

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By Claire Voyent

Making It Count

I received a letter a few months ago asking me if numerology was authentic (her word not mine). How much help numerology is to you, depends on how stupid you are.

Really really stupid. How stupid is really really stupid? Are you at least three hammers short of a full sack? Do you think George Bush is serving democracy? If so, then you fall into this category. Since you are too stupid to know who you really are, you should probably let someone who has never met you decide what you should do. Numerology will give you great insight into your personality and will give you great aid in your quest for a perfect future. Just send an enclosed cheque for seventy dollars to me. I will use a refinement of the numerology technique where I will divide the number of vowels in your name into the number of consonants before I come up with your lucky number and your fate. If you send an additional fifty dollars with the name of your boyfriend I will tell you if you are compatible.

Really stupid Do you think Elvis may

really be alive? This answer's for you. Send me a cheque for thirty dollars and not only will I tell you all the things you already know about yourself but I will include a list of all the movie stars and Princess Die that share your numbers. Think how envious your friend will be when you tell her which self-centred, filthy rich, alcoholic, glory hound shares your personality traits.

Just plain stupid Do you think the pope is God's agent on earth? Let me tell you what a cheque of twenty five dollars will get you. Not only will you know your personal and lucky numbers but I will reveal your super secret number that will unlock your entire future. Why apply to jobs that you have no chance of getting? With the Claire Voyent technique, finding the right job is as easy as A, B, 3.

I am offering this service to you out of the goodness of my heart and I promise I won't sell your name to spammers or have you put on the suckers list. As a one time offer I will also include my newest book on phrenology called Beating Your Head Against the Wall? Make it count.

Have an item to submit?

Editorial or advertising submissions may be submitted to the Discovery Islander in the following ways:

- email: news@discoveryislands.ca
- fax: 250 285-2236
- mail: Box 280, Quathiaski Cove VOP 1N0
- drop off: Heriot Bay Store, Hummingbird Art & Office Supply or at our office 701 Cape Mudge Rd.

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Next deadline
Monday, Sept. 13th 7pm

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Business Profile

Butterfly Brand Seafood

by Tanya Storr

Do you have a hankering for fresh seafood but don't have the time or gear to catch it yourself? Linda and Tim Richards of Butterfly Brand Seafood will serve you the catch of the day and more at their new seafood shop.

Located next door to the Landing Pub in Quathiaski Cove, Butterfly Brand Seafood is appropriately situated in a harbour that has long been the home of a commercial fishing fleet.

I was fortunate to stop by on a Saturday, the day when Linda offers customers a selection of free samples. Eager to try the shop's varieties of smoked products, I had difficulty deciding where to begin: peppered chum, honeyed chum, hot or cold smoked sockeye, candied chum, or smoked scallops? Hmmmm . . .

"Not to worry," said Linda, "you can try as many as you like while you're here."

And so I did, with great appreciation, as did the customers who dropped by while we were doing the interview. Almost everyone purchased a bag of candied chum, a treat that Linda warns is "very addictive."

As well as smoked items, Butterfly Brand Seafood offers an extensive fresh seafood selection. This changes daily, according to what local fishermen bring in. On the day I visited, Linda was selling halibut caught near Port Hardy, oysters and clams from Cortes Island, shrimp, sockeye, and live crabs.



Linda Richards serving Barb Williams at Butterfly Brand Seafood.

photo: Tanya Storr

Butterfly Brand Seafood also offers canned smoked scallops (their own label), canned sockeye salmon (Walcan and Gold Seal), packaged Walcan smoked sockeye and pink salmon, canned butter clams, horseradish, and seafood sauce. Seafood gift baskets are available, as well as photo cards by Barb Williams.

The shop's frozen selections include scallops, sidestriped shrimp, fish planks (a set with cedar plank, fish rub, and sockeye steaks), and vacuum packed individual sockeye steaks.

Butterfly Brand Seafood also fills bulk orders for special occasions such as weddings.



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As commercial fishermen themselves, Linda and Tim are committed to supplying their customers with fresh, high quality products. They are also committed to supporting other local commercial fishermen.

Having fished with Tim since 1980, Linda has seen the industry decline in recent years.

"This year we got three openings in Barkley Sound and one in Johnstone Strait. Our whole salmon season has been fewer than 80 hours so far. Some of the guys over here only got to fish the opening in Johnstone Strait," Linda reported.

The Richards will fish chum in October and scallops from the end of October until May, but times are definitely leaner than they used to be. The shop not only gives them a place to sell their catch year round, it also helps their fellow fishermen stay afloat.

"We talked to friends in the industry who said they weren't doing well, so we decided to open the shop to help support ourselves and other local commercial fishermen," Linda affirmed.

Everything sold in the shop is caught locally except the thawed shrimp, which comes from the East Coast. If Linda doesn't have what a customer is looking for, she refers them to fishermen who will have the product.

"I think our shop helps to make the island a little more aware of commercial fishermen, as well as giving fishermen a market to sell their catch. And our prices

are comparable to those you would find in Campbell River," Linda said.

The name 'Butterfly Brand Seafood' derives from swimming scallops, which flap like butterflies when they are swimming. When Tim invented an award-winning trawl used to catch scallops without damaging the substrate and with minimal by-catch, he called it the 'butterfly trawl.'

Linda and Tim opened the shop on June 30, at the same time as one of their Barkley Sound openings. "It was a very busy few days!" Linda recalled.

Fortunately, the counters were already in place from when Joe and Sharon Duprey, owners of the Landing Pub, had used the space to sell pizza and sub sandwiches. Linda and Tim still had to install fridges, freezers, a display case, shelving, and an air conditioner to convert the space into a seafood shop.

Since opening the shop, Linda has decorated the small but bright space with several of William Van Orden's concrete fish, as well as historic canning labels and a display of photos of local commercial fishermen at work. Linda affixed the photos to a piece of fishing net festooned with a variety of floats.

"I'm hoping more fishermen will give me photos to add to the display. It gives customers a chance to see where their fish came from, and it's great to see familiar faces up there," Linda said, as she pointed out some of her favourite shots.

The photo display is a fitting tribute to the hard work and personal pride that goes into catching fish. For Linda, fishing and processing her catch is a labour of love.

"I had someone run the store for me during salmon openings this summer so I could go fishing with Tim. I enjoy being out there and I also love to smoke and pickle our catch. I started smoking scallops and salmon for family and friends, and they convinced me to start doing it commercially," said Linda.

Butterfly Brand Seafood is a great family business, Linda added. Their two sons, Adam and Ben, help in the shop and on the boat.

Linda said the response to the shop from both locals and tourists has been excellent. She pointed out that locals are the backbone of their year round business.

Although operating a shop for the first time has involved a steep learning curve, Linda said her familiarity with the industry has helped a great deal.

"I know fish," she said with a big smile, offering me another tidbit of smoked sockeye.

How could I refuse?

Butterfly Brand Seafood is open from 11 am to 7 pm seven days/week until Labour Day. After Labour Day the shop will be open Tuesday to Saturday from 11 am to 5 pm. Drop by the shop or call 285-2897 for more information.

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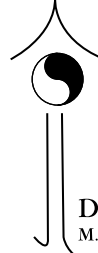
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SEPT 3 - SEPT 19

3 FR	0235 0750 1255 1935	6.2 11.5 8.2 13.1	1.9 3.5 2.5 4.0
4 SA	0305 0910 1345 2000	5.6 11.2 9.5 12.8	1.7 3.4 2.9 3.9
5 SU	0340 1035 1500 2015	5.2 11.5 10.8 12.5	1.6 3.5 3.3 3.8
6 MO	0430 1305 1630 2015	5.2 11.8 11.5 12.5	1.6 3.6 3.5 3.8
7 TU	0530 1420 1800 2000	4.9 12.5 11.8 11.8	1.5 3.8 3.6 3.6
8 WE	0635 1455	4.9 12.8	1.5 3.9
9 TH	0730 1515	4.9 12.8	1.5 3.9
10 FR	0820 1535 2010	4.6 12.8 10.8	1.4 3.9 3.3
11 SA	0130 0900 1555 2145	11.5 4.3 12.8 10.5	3.5 1.3 3.9 3.2
12 SU	0225 0940 1620 2115	11.8 4.3 12.8 9.8	3.6 1.3 3.9 3.0
13 MO	0310 1010 1645 2155	12.1 4.6 12.8 9.2	3.7 1.4 3.9 3.0
14 TU	0355 1030 1710 2235	12.5 4.9 13.1 8.2	3.8 1.5 4.0 2.5
15 WE	0440 1050 1730 2325	12.5 5.6 13.1 7.2	3.8 1.7 4.0 2.2
16 TH	0525 1110 1750	12.5 6.6 13.5	3.8 2.0 4.1
17 FR	0010 0625 1140 1810	6.2 12.1 7.9 13.5	1.9 3.7 2.4 4.1
18 SA	0100 0730 1210 1840	5.2 12.1 8.9 13.5	1.6 3.7 2.7 4.1
19 SU	0150 0850 1250 1910	4.3 12.1 10.2 13.5	1.3 3.7 3.1 4.1

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