Discovery ISICUMALEIT

Community News and Events from Quadra, Cortes and the Outer Islands



The B.C.O.A.P.O. Annual Convention



The B.C.O.A.P.O. Annual Convention was held on Beautiful Quadra Island June 13th,14th, & 15,th 2005. Gratefully hosted by Branch 91, Quadra Seniors.

Many O.A.P. Delegates, Visitors (approx. 200) attended, our Annual Convention, which was held at Quadra Island Recreation Centre. The Seniors were absolutely in awe when they, saw the tremendous beauty of the Discovery Islands, and stated how fortunate we are to be able to live here.

The Convention was called to order by President Martin Amiabel, of Quadra Island, who has been chairman of the Provincial Board three out of the last four years. Earl Johnson (Minister Shantyman) said the Invocation. he is also a Quadrite. Ruth Amiabel President of hosting Branch 91- welcomed all the Delegates and visitors. The Delegates come from 70 other branches, from all over the Province. Jim Abram, Chair of Comox- Strathcona Regional District, gave a hearty greeting, and welcomed all to the area.

The main objective of the Convention, is to pass or reject many Resolutions sent in by the many Branches, which have now been sent to the Federal and Provincial Governments.

One of the main speakers was Art Field, President of National Pensioners and Senior citizens Federation. The history of this Organization is a democratic, non-political, non-sectarian Organization. The mission has remained the same for fifty years, the issues are important today as when they started. Objectives of the National Pensioners is to be devoted entirely to the welfare and best interests of Canada's Elderly.

The second speaker-Kelsey Nutland, Health Policy Researcher, "Continuing Care Renewal or Retreat? B.C. Residential and Home Health Care Restructuring 2001-2004" Kelsey stated—The Provincial Govt. has made dramatic changes To B.C.s health care system during its first term in office. Many of the changes have occurred in continuing care and have seriously affected seniors needing care throughout the province. Both speakers were excellent, if you wish to have the rest of the main speakers reports, contact Ruth or Martin Amiabel 285-3801. Ann Lawrence of Strathcona Elder Hostel, provided a lively break for the Seniors, by having an Armchair Aerobics Session. They all loved it and wanted to have the exercises again the next day.

Elections were held— Elsie Gerdes—is new Prov. President—for 2 yrs. Elsie is from Armstrong- and a member of Vernon club Br. 6 Clara Halber- is 2nd Vice President—for 2 yrs. Clara is from Br. 191- Greater Victoria Club. Breakfasts where provided by Quadra Seniors muffin makers, and fruit donated by Superstore. Coffee and tea, (Karen Gair), fruit juice, by Wendy's. Lunch was provided by the Community Lunch team soups & homemade bread, also fruit, platters and salad, donated by Quadra Foods, Heriot Bay Store & Heriot Bay Hotel. Campbell River food Stores, Quality Foods, Thrifty's Foods, Save on Foods, & Super-Valu. A wonderful Banquet was held at Tsa-Kwa-luten on the night of the 14th, entertainment provided by Quadra Singers, Vernon Price and "Shake the Rattle", and the First Pressing Band. Forty-two guests, were lucky to win doorprizes donated by Quadra Island, and Campbell River businesses.

Our Raffle draw run by Robert Brown, were drawn, lucky winners are- 1st-- Blue & Yellow Fan Quilt (made & donated by Karen Gair & helped by Sharon Hatelt. Won by Sylvia Hall---from Sardis 2nd--Case of Wild Sockeye Salmon-donated by Walcan Seafood. Won by Phillis Perraux---from Lake Cowichan 3rd—Norwegian (woven Goat hair) Wall Hanging- donated by Fred Davidis Won by Mr Stan Rowland ---from Merritt 4th—Oil Painting—"Water in a Gorge"-donated by Fred Davidis Won by—Quesnel Golden Centre—from Quesnel

A Beautiful Yellow-Cedar Desk- donated and made by Fred Davidis was won in a in house draw by Judy Hagen, (the desk was donated to the Prov. Board by Judy) Many" Island Treasures" donated by Quadra Seniors, bought by Joy Inglis, Hilda Van Orden, & Marcy Wolter, also were in a in house draw. Joy Inglis sold her new Petroglyph booklet and Hilary Stewart had a lovely display, of her books and Petroglyph Rubbings, also Handmade Bookmarks. The Delegates and Visitors said it was the best Convention they had been to. A Great big hug, to all the businesses, Barry for the sign, Quadra Recreation Centre, Community Lunch Team Quadra Island Fire Hall Volunteers, (who helped set up the hall) The Chamber of Commerce, The Quadra Seniors, for your dedication, especially Robert and Margaret Brown, & Frank Smirfitt, for your final touches.

Sincerely—Quadra Seniors—Br, 91- ExecutiveJuly 6, 13





fax: 285-2236

Island Calendar

Day by day

Submit your event:

eMail: news@discoveryislands.ca drop-off: 701 Cape Mudge Rd.

The Regulars

- 1st and 3rd Wednesday -Food Bank 1-2 Community Centre
- Every Monday "Vision" Rev. Jill Brocklehurst on CRTV 9:30 PM
- Yoga 9 am and 7:30 pm Community Centre
- Every Tuesday Kalina Folkdancers -QCC, 7:30 to 9:30 pm, Sept.to Apr.
- "Vision" Rev. Jill Brocklehurst on CRTV 11:30 AM and 4:30 PM
- Every Wednesday -Yoga 4 pm and 7:30 pm Community Centre
- Every Thursday -Parent and Tots 10 am Community Centre
- Motorcycle Club meet 5pm Heriot Bay Inn Pub
- Prayer Meeting, 7:30pm at Quadra Island Bible Church
- Mo's Jam 9 pm Heriot Bay Inn Pub
- Every Friday -Live dance music 8:30 pm Heriot Bay Inn Pub
- -Seafood dinner & Ron Hadley piano Tsa-Kwa-Luten
- Yoga 9 am and 7:30 pm Community Centre
- 2nd Friday of Every Month Yak Shack 2 Upper Realm 7:30 p.m.
- Every Saturday Farmers' Market and Bazzar 10am-2pm behind QCU
- -Meat Draw 5-6:30 pm Quadra Legion (members & guests welcome)
- Last Saturday Bonus \$50 cash draw. Quadra Legion 6:30pm (members & quests welcome)
- Every Sunday -Sunday School Quadra Island Bible Church 9:45 am
- Silent prayer and meditation QI United Church (downstairs) 10:00 am
- Sunday Service QI United Church 10:30 am
- Positive Living Celebration, 10:30am Community Centre
- Worship Service 11:00am Quadra Island Bible Church
- Jazz nights in the Heriot Bay Inn Pub every Sunday 6-9 pm 285-3539
- Children's Program Centre for Positive Living 10:30 AM
- 2nd Sunday of Every Month Praise and Worship Time, Q.I. Bible Church 7:00 pm

Next Deadline: Monday, July 4th 2005



July 6, Wednesday

-Cultural Demonstration Tsa-Kwa-Luten

July 8-15

-Youth Camp QI United Church

JULY 11-15

-Serengeti Trek a free safari for kids QI United Church

-Vision special guest: Columbia III: Ross Campbell CRTV

July 12, Tuesday

-Design your own buildings" Community Centre

a Rob Wood Design workshop Part 2. 7:00 pm

July 13

-O.A.P-Regional picnic 11am Halbe Hall -Cultural Demonstration Tsa-Kwa-Luten

July 13 - Aug 19

-Summer Recreation for kidz Community Centre

July 14, Thursday

-Salmon Barbecue 12:30- 3:00 Tsa-Kwa-Luten

July 16, Saturday

-Salmon Barbecue Q.I. Church

July 18, Monday

-Vision special guest: Kids On Stage: CRTV

Debbie Block & Gerri Weiner

July 19, Tuesday

Design your own buildings" Community Centre

a Rob Wood Design workshop Part 3. 7:00 pm

-Cultural Demonstration Tsa-Kwa-Luten

July 20, Wednesday

-Salmon Barbecue 12:30- 3:00 Tsa-Kwa-Luten

July 23, Saturday

-Cultural Demonstration Tsa-Kwa-Luten

July 27, Wednesday

-Cultural Demonstration Tsa-Kwa-Luten

July 31, Sunday

-OAP Byers Picnic 11 am Byers by the beach

Island Calendar online: www.discoveryislands.ca/news

Island Calendar is a list of <u>on island events</u>. Please submit seperately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority.

Thank you.



Tanya Storr B.A. English

Freelance Writing



285-3937

tstorr@connected.bc.ca



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Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. Please help us by following these guidelines:

- Please print handwritten material clearly.
- Electronic items sent by email or on disk must be saved as *Word* or *rtf* formats. Please spell check in Canadian English.
- No MS Publisher, WordPerfect files or graphics in Word files please. Send imported graphics separately.
- **Please** use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits TM .

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, July 18th

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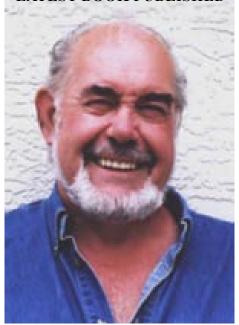
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QUADRA ISLAND AUTHOR'S LATEST BOOK PUBLISHED



If you enjoy gripping true-life crime stories, then you might want to read "Prairie Murders", the latest book by Quadra author Peter B. Smith, who lives in Hoolevville. Peter retired to Quadra three years ago after a career as a newspaper crime reporter spanning 37 years in England and Canada.

"Prairie Murders" covers slayings in Alberta, Saskatchewan and Manitoba from the earliest in the 1920s to the most recent when justice caught up with the killer in the 1990s. Peter worked on some of the murders as the senior crime reporter for the Calgary Sun, where he worked for 16 years and won many newspaper awards. The more historic murders he researched from original accounts published at the time. They include mass-murders, cop-killings, and the most astounding prison escape of all time. You can also learn who was murdering inmates in an Alberta World War II prisoner-of-war camp.

Published by Altitude Publishing, the book is in the "True Canadian Amazing Stories" series, and costs \$9.95. Copies can be obtained by contacting Peter by e-mail at or by phone at 285-3612. If you live on Quadra, Peter will happily deliver your signed copy at no extra cost. If you live off Quadra, the postage will be an extra \$2. Alternatively, you can meet Peter at the Saturday Farmers Market, where he will sign your copy of the book on the spot.

Peter's previously published books covered sea-angling off the southern coast of England where he used to live, the official history of the Portsmouth, England fire service, and a specialist study on stamp-collecting.

At present he is working on the research for a book on the post offices, postmasters, and the mail delivery systems throughout the Discovery Islands from the 1890s to the present day.

News & Events

Looking for volunteers

We've got the ideas, plans and the organizing done for the 1st Annual Heriot Bay Regatta (free family fun) at the Heriot Bay Wharf on Sat, July 30 from 11am-4pm. We just need some more help pulling it all together. Can you help? Call Paul for more details 285-3784

A community drawn to Christ

We meet every Sunday at 4:00pm to inspire and encourage spiritual growth from a Christian perspective. For more information call John 285-2958

Salmon Barbecue at Cape Mudge

Quadra Island United Church will be hosting a fundraising event at Cape Mudge with a traditional Salmon Barbecue on Saturday, July 16th starting at 12.

The Salmon Barbecue will be a wonderful event with live music, silent art auction, First Nations Dancing, events for the children and a delicious salmon feast. Tickets for the feast will be \$10 for adults, \$5 for seniors and children and will be available at the door.

The proceeds of this fundraiser will go to necessary building upgrades.

If you would like to participate as an artist or volunteer please call Mimi at 285-3163 or Anita at 285-2665. Thank you for your support!

Cancer Study

Thjere is a group of people on Quadra focusing on cancer identification. Have you or any family member had cancer within last ten years while living on Quadra? Amped on Nutrition is looking for names and phone numbers for this studyPlease come out and support this project

Barbara 285-3142

There is still time to register for the Haig-Brown Camp which is located at the historic Haig-Brown House and property. There are five weekly sessions that start on Monday July 11 and run until Friday August 12. Three sessions are open to children aged 9 ^ 12 years, and 2 sessions are organized for younger children aged 6 ^ 8 years. The camp starts at 10:00am and finishes at 3:00pm daily. Fees are \$75 for each 5 day session. For more information call the Haig-Brown House 286-6646, MISA 830⁰171 or E-mail hbcamp@telus.net

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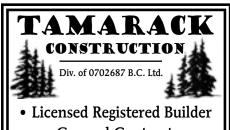
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help me I'm trapped and can't get out

Filosophy 101 Dez Cartes

Strap yourself in we are about to go on a whirlwind tour of existentialism. Existentialism was first called Exitstentialism but they had to put another 's' in because the Americans didn't get the joke. The philosophy was started by a cross dressing Danish prostitute called Soren (Kiki) Gart. Soren had trouble understanding previous philosophers and he thought it was because they were all speaking a strange dialectical. Tired of Hegeling over the finer points of philosophy Soren's answer was to say the heck (he was a Lutheran) with talking about god — lets all become Lutherans because anything else would be absurd. After him came a German Little Person called Knee Chi who was more famous for his comic book than his philosophy. The first true blue Existentialist was a German nicknamed High Digger by his friends for his ability to uncover important truths. He might have been more influential if he hadn't spent his later years waiting for Da Sein. The next guy wasn't waiting, or maybe he was but the only sign he saw was No Exit. Jean-Paul Satire was to Existentialism what red hair is to genius, and despite the fact that Jean Paul is the French equivalent of Billy-Bob, he didn't live with his mother-sister but with someone maybe even brainier than he, Simone De Boudoir. Jean wrote a whole bunch of things but is most famous for his book Beans and Nothingness. Human beans, according to Jean, are like an actor having to choose a role without having a good script to choose from. This 800 page tome can be reduced to the saying "Life: If you didn't laugh, you'd cry." His girlfriend entered the philosophical fray with a book called the Second Sax, which is apparently the French equivalent of Second Fiddle. Simone thought it was time women stopped playing in the orchestra and started leading the band. A thought picked up by British writer Virginia Wolf (a Womb with a View). The closest Canada gets to an existentialist is Albert Camoose (Algerian) and that's not very close. Al'sbook was called L'etranger, or translated into Canadian L'etranger. Always considered an outsider he dies in a car wreck after getting the No Bell prize. That's Existentialism in a nut shell. And yes, this will be on the exam.







Doc Com

You turn on your formerly trusty computer to check your email and maybe read a couple of online newspapers, but it takes an extra long time to get to a place where you can use it. It's been running more slowly lately, programs don't act like they did, popups appear more frequently, and perhaps the blue error screens have been freezing the machine. Pretty soon you Man assigning biological malfunctions to a box that can really only spit out patterns of ones and zeros. Shakespeare might just as well be talking about computers: "When sorrows come, they come not as single spies, but in battalions"

These days the largest number of computer glitches seem to come from Internet activity rather than from hardware malfunctions. For instance, if you're tempted to install a program from the Internet, read the license and see if you have to agree to allow the vendor to install add ons that collect data. Most often these additions operate in stealth mode and are enabled when you start the machine and go onto the Internet; their activity takes up some of your system's resources and the net effect is at least to reduce your machine's performance. File sharing, gambling sites, Instant Messaging, porn sites, shopping areas and add-on search bars are frequently sources of these unasked for data miners. They may well be sending information to a third party about what else is on your hard drive (e.g. banking information, passwords, documents, etc). However, you can learn to check out your system's security, scan for problems and do some preventive maintenance. You need spend only your time to keep the beast on a leash.

Some free programs that I find useful to keep my computer relatively clean and secure are:

Spybot:www.safer-networking.org scans, detects and cleans spyware. Update and run once a week. Also in this category: AdAware www.lavasoftusa.com (Some nerds recommend using two spyware detection programs to cover a wider range of threats.) For a good description of spyware threats see: www.spywareinfo.com/articles/spyware.

A VG free edition: www.grisoft.com is a good antivirus program which can be set up to update and scan the computer automatically. I have seen AVG find viruses that Norton AV (usually the pre-2005 versions of Norton) missed.

Security: www.firewallguide.com/freeware.htm surveys security programs with links to download sites. If you're on a high speed connection, especially, you need to have a firewall program: it watches your connection and prompts you to either allow or prevent access to sites.

Other useful tools: www. mozilla.org to download the Firefox browser (still less vulnerable to Internet attacks than Microsoft's explorer) with its built in popup blocker, and the email program Thunderbird (same address) which has a pretty effective junk mail filter.

How much security your computer needs depends on how you use your computer, on what you are prepared to lose, and on how much time it would take to replace your information. I allow my antivirus to scan daily and make sure the virus files are up to date. Spybot scans my computer at least once a week: more often if I see popups or unfamiliar invitations to "click here". I use a firewall and make regular backups. I wouldn't be paranoid if there wasn't something chasing me.

Questions, comments, suggestions? Email: mattmart@connected.bc.ca or 285-2431 Matt & Etta Martinelli operate ENERT Computer Support@ 655 Cape Mudge Rd.





Farmers Market

The Quadra Island Farmers Market & Bazaar takes place each Saturday (rain or shine!) from May through the end of September 10 AM - 2 PM, behind the Qudar Credit Union. Set-up begins at 8 AM - no early birds, please! The fee for setting up is still a low, low \$4.00 for adults and \$1.00 for kids. Due to extremely limited space, all vendors must be residents of Quadra & the Outer Islands.

Food vendors are more than welcome! We should like to remind you that there is to be no food preparation on site, and suggest that food vendors contact the Health Authority at 287-2818 in order to make themselves aware of any regulations they may have.

Please leave your dog at home. Due to numerous complaints, we have bowed to the majority and are really discouraging dog presence at the Market. Thank you for your cooperation in this matter. Parking for Market customers is off Green Road the Credit Union parking lot is for the use of thier customers, while doing business at the Credit Union.

While many of you have been using the Market parking area for ferry parking during the week, we must ask that you please cease this practise. This is privately held land, and the owners have been gracious enough to allow us to use it for Market parking on Saturdays. However, their intention was never to have this turned into a full time public lot, and due to garbage & maintenance difficulties have decided that Ferry parking must stop. Please make alternative parking arrangements.

For more information, regarding the Market, please call: Dalyce 285-3180, Pauline 285-2076 or Linda 285-3952.





Area J Regional Director's Report

Well, folks, it has been an incredibly long day of meetings, but then it has been raining all day, so I might as well be spending the day indoors, right? I want to give you a very quick update on just a few of the issues that I am dealing with at the present time and will do it in list form. I will keep each one very brief... I promise!

- 1) Recycling Bins We have come up with a solution for the recycling bins and work is being planned by MM Johnson and will be carried out very soon. The bins will be conveniently located. The closures that were talked about earlier will not be necessary at this time. More as it happens.
- 2) Evans Bay wharf Read Island We had a great meeting for two hours today with the land owner who purchased the wharf from Transport Canada, the Surge Narrows Community Association, Land and Water BC and the Regional District (RD) staff. At the end of the day, it seems that we have come up with a possible compromise that will allow the wharf to remain in the public

domain. Details are being worked out by all of us who were involved in the meeting.

- 3) Granite Bay Road/Kannish Bay I continue to work with Ministry of Transportation and Highways, Emcon Services, Salmon Enhancement Society and the residents of the area to come to a conclusion on the upgrading of the small portion of the road into Kannish Bay.
- 4) Lucky Jim Mine the safety issue at the mine with the open shafts has not been rectified. I have met with Energy Mines and Resources and the Regional District and Emcon Services to try to find a temporary solution to fence off the open shafts until we can put in place a more permanent solution. If anyone has any construction fencing (the bright orange mesh type) that we can borrow, please let me know.
- 5) Granite Bay Park the portable toilets have been installed again for the summer months for use by the public. We are also

- hoping to improve the existing boat ramp in the near future. Emcon has put in a culvert across the bottom of the entry road to divert water from the parking area.
- 6) Blenkin Park The agreement between the RD and the QI Recreation Society to operate the Community Centre and Blenkin Park has been discussed with the QI Recreation Society and is near completion. The cooperation of the Board with the Regional District is very much appreciated. This agreement deals with issues such as liability coverage and all other issues around operation of the Community Centre
- 7) Hoskyn Channel Landing (Surge Narrows road-end) is complete and the Regional District will be erecting a locally made sign to commemorate this historic exercise in cooperation between the RD, the Read Island community, local business, Highways and Emcon services. Easier access to the outer islands is assured through this project.



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Limited number of spaces available. Make an appointment today at the pharmacy counter or by calling (250) 285-2275.

8) Splashing Seal subdivision - Read Island - This has been finalized and a deal has been successfully negotiated with the developer that gives cash in lieu of park dedication that satisfies the requirements under the Local Gov't Act. This is on the south western shoreline of Read Isl.

9) Underwater Harvester's Association rezoning - Q. Cove - The Public Hearing Committee met today and will be reporting to the Board at the end of the month.

10) QI Harbour Authority - A siting permit application has been received by the RD for the proposed new office building for the Harbour Authority. The RD has notified them that they will require a rezoning. More to follow.

11) Various - I have also met with the RD to obtain information or action on the following issues: the Weston lands in Q. Cove... their future plans and dealing with the ugly plastic sheeting that is on the hillside, in disrepair; an update on the local Area Planning process, the Bylaw Review process and the OCP update process... all three of which are beyond the resources available at this time. We are in the process of replacing two planning positions and hopefully will get on with these processes in

2006; an update on the progress of the golf course application; various rezoning and subdivision applications; I will be meeting with the Stuart Island community on July 6th at Stuart Island to discuss many issues that are outstanding in their area.

So, that is how I have spent my July so far!... The day to day business of the RD has not slowed one bit in spite of assurances that "things slow down in the summer". My duties as Chair of the Board are all on top of the above mentioned items and your issues always come first. I will hopefully be camping and kayaking by the time that you read this report, in spite of the weather reports. I will be away until the 18th if all goes well. So, if you need to get in touch with me, please wait until I get back, or just email me at abramfam@oberon.ark.com and I will respond as soon as I return. After that you can call me at 285-3355, Monday through Friday (not on weekends), from 8:30 am until 7:00 pm or you can fax me at 285-3533, or in my absence, you can call the RD, toll free, at 1-800-331-6007.

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets, Area J, RDCS

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Pastor Roy (Sherree) Zimmerman

1281 West Road Worship Service: 11:00 am Sunday School: 9:45 am

Fax: 285-2035 Email: quadrabc@aol.com Box 161, Quathiaski Cove

285-2020

"Hey Kids," are you looking for something to get your summer vacation started? Then join us for the Serengeti Trek, a free safari for kids in grades 1-6! There will be crafts, stories, games, music and, of course, snacks. The fun will be from Jully 11-15, from 9:30 - noon. If your parents have questions they can call the church office at 285-2817. Hope to see you there.



QUADRA ISLAND VOLUNTEER FIRE DEPARTMENT

by Murray Johnson

OPEN BURNING

We have been getting quite a few calls asking about burning. With no local burning bylaw on Quadra, the Fire Department does not regulate burning, the BC Ministry of Forests does. The number to call is 1-888-797-1717. During fire season, we do enforce the burning restrictions imposed by the MoF. Usually, by this time of year there would be a ban on open burning, however, due to the wet conditions, this is not yet in place. Small, hand-piled backyard burns of woody debris are currently allowed and do not require a burn reference number. When things start to dry out, please watch for notices and stop all outdoor burning when the ban goes into effect.

ANNUAL GENERAL MEETING **HELD**

The Annual General Meeting of the South Quadra Fire Protection District was held on 2005 April 27 and the usual AGM business was conducted. Two Trustee positions were up for election; Jim Evans and Ken Dinnes were re-elected to the positions by acclamation. The annual Financial Statements, Capital Plan, Trustee's Report, and Fire Chief's Report were presented and accepted. SQFPD Trustees are: Jim Evans (chair), Bob Brown, Richard Cartwright, Ken Dinnes, and Derek Stevens. Trustees meetings are held monthly, generally the second Monday of the month, at the #1 Fire Hall at 7:30 p.m. District landowners are welcome to attend; anyone wishing to speak should contact a Trustee to be sure that they are placed on the agenda.

LIVE BURN PRACTICE

This past spring, the department conducted three live burn practices of obsolete structures donated to us. These are extremely valuable training sessions involving repeated entry and fire control in a burning building, eventually allowing it to burn to the ground when we're finished. One of these was the old bunkhouse at the Heriot Bay Inn, where many rooms



allowed us the best example of this training that we've ever had. Others were on Cape Mudge Road and West Road. We would like to thank the Heriot Bay Inn, the McGuffies, and the Penners for allowing us these opportunities; they are invaluable in teaching our firefighters the necessary skills to be able to stay safe and save lives as well as attack structure fires.

NEW FIRE TRUCK IN SERVICE

The Department took delivery of a new fire truck on June 28th. This is a fastresponse truck with a Compressed Air Foam System (CAFS), capable of getting down most island driveways and providing immediate fire suppression with the latest in foam technology. The truck was custom-built for us by HUB Fire Engines in Abbotsford. Replacing our 29-year old Engine 21, it is our first fire engine purchase in ten years and the members are excited about its capabilities. The purchase of this unit has been planned for many years and funds had been set aside for it in our long-range planning process.

CANADA DAY CONCESSION **FUNDRAISER**

The Fire Department operated the food concession at this year's Canada Day celebration and netted about \$2400 towards our special equipment fund (Thermal Imaging Camera and AED). A huge effort was put into this by Coleen Swanson and

many other volunteers - thanks to all of you! The Heriot Bay Store, Quadra Foods, Walcan Seafood, and Schneider Foods donated all of the food supplies and we want to thank them for their extreme generosity!

MORE THANK YOU'S

Some belated thanks are due to Sonora Resort and to Gowlland Harbour Resort for very generous donations that they made towards our purchase of a Thermal Imaging Camera. The amounts they contributed put us close to our goal!

BECOMING A FIREFIGHTER

The Quadra Island Volunteer Fire Department is actively seeking a few good volunteers to train as firefighters. If you are over eighteen, in good health, willing to undergo a criminal record check, have a clean driving record, and can commit to the time required, we'd like to see you come out. Please contact the Fire Chief or Deputy Chief at 285-3262.

This column appears in the Discovery Islander every now and then. Our sincere thanks to the publishers for giving us this opportunity. For Fire Department information, write or call: QIVFD, Box 80, Q-Cove, BC, V0P 1N0, Attn: Fire Chief, Phone 285-3262 Fax 285-3273. You may also contact me at murray@island.net





Island Report

Islanders Express Views on Geoduck Proposal for Q Cove

by Tanya Storr

Several islanders voiced concerns about the geoduck clam hatchery barge proposed for Quathiaski Cove at a public hearing on June 28 at QCC. Although some of the 50-odd residents at the hearing spoke out in favour of the aquaculture facility, many were apprehensive about its intended location and the sewage discharge from onboard staff accommodation.

The regional district arranged the public hearing to invite feedback on proposed Bylaw No. 2777, which would rezone District Lot 1535 from Marine Industrial One (MI-1) to Aquatic Shellfish Hatchery 1 (ASH-1). The rezoning would permit the hatchery facility and staff housing to go ahead. Directors from Areas A, B, C, D, H, I, and J made up the Public Hearing Committee.

The proponents, Underwater Harvesters Association (UHA), hope to purchase the upland lots and the water lot leasehold, subject to the rezoning. They plan to put a 110-foot x 30-foot steel barge on the water lot, containing a geoduck shellfish hatchery and an Atco trailer to be used as staff accommodation. The barge is currently located in Okeover Inlet.

"The barge would house a shellfish hatchery for the production of geoduck seed. The seed produced would be used for both enhancement of wild stocks and for planting on aquaculture tenures," said UHA executive director Michelle James at the public hearing.

UHA favours the Ouathiaski Cove location for several reasons, James said. The site has clean oceanic water with good flushing, access to BC Hydro electrical power and well water, and existing infrastructure already in place to tie up the barge (4 sets of wooden pilings and a small dock, ramp, and float).

She added that UHA intends to hire up to five people to run the hatchery, and they will employ locals whenever possible. The critical periods of operation, when staff would be required to live on the barge, are 8-10 weeks annually from late January into March. James



verified that the staff accommodation would be empty for the rest of the year.

Electric pumps would be used to keep oceanic water flowing through the hatchery operation. The water is filtered through sand and a UV sterilizer, and local microalgae is added to feed the geoduck seed. The facility would discharge oceanic water and any algae the geoducks don't digest. A generator would be onboard for use in power outages.

Public hearing chair Jim Abram invited residents to speak for no longer than three minutes each, and asked that audience members refrain from applause or other demonstrations of emotion. Written submissions were also accepted until the close of the hearing.

Cove resident Nancy Essig said she is appalled that the proposal is being considered, citing concerns about noise, sewage discharge, and the location.

"I don't understand why they would want to do this in the Cove. I'm worried that if this goes ahead, more aquaculture will follow."

Joan Sell said she is opposed to the application, particularly to the sewage discharge. She recalled that local residents worked on a plan for Quathiaski Cove three years ago, and agreed that any development in the area should be aesthetically pleasing.

Vic Balatti spoke in favour of the proposal. "When I was a kid on the island, if someone had an idea, others helped make it happen. It's not the same today," he stated.

Ray Grigg said the issue is not the merits or demerits of this particular aquaculture proposal, but the location.

"I think it is unwise to allow a large barge facility in the scenic gateway to the island. There are not enough jobs involved to jeopardize the quaint character of the Cove."

Warren Freeborn pointed out that the proposed geoduck operation is a lot less toxic than some of the previous marine industries in the Cove, such as the boat works.

Deanne Gaetz and Jim Dowker, who own the property adjacent to the proposed geoduck site, said they recognize the proposal is more environmentally friendly than most. They did, however, voice concerns about the proponents' intention to tap into their well, already shared by three households. Jim said the well has been known to nearly dry up in hot summers.

Cove resident John Toelle said his biggest concern is the looks of the barge. "It sounds like a great company and I know they've put a lot of work into the proposal, but it's not what I'd like to see in the Cove."



John added that although the Cove has historically been the site of marine industries, it doesn't have to remain that way.

Ann McLean, who also lives in the Cove, expressed concerns about increased traffic on Pidcock Road. "If five employees were using the road, which is already a bottleneck, it could create traffic problems."

Brian Stevenson voiced his support for the proposal. "There would be a lot of positive spin offs for the whole area. For those of us involved in aquaculture, this could be a whole new frontier."

Judy Leicester said she is concerned about the sewage discharge from the barge. It is considered a vessel, and there are currently no prohibitions for sewage discharge from a vessel in Quathiaski Cove. "The sewage issue would be completely out of our control."

Judy also wondered about the hours of operation, lights, noise, and the buildings on the barge.

Tony Simard asked why accommodation has to be tied in with the application. "I'm concerned about its potential to become a local shack that isn't kept up well."

Tony suggested running the hatchery with an alarm system, so that staff wouldn't have to live onsite, or tying a boat alongside as temporary accommodation during peak periods.

Michael Stahnke pointed out there would be no regulations to stop UHA from renting out the living quarters 12 months per year for

extra income, if needed.

After all the speakers had voiced their views on the proposal, Jim Abram closed the hearing.

In response to the public's concerns, UHA has changed its sewage disposal plans, as outlined in a letter to the regional district dated June 29. They now propose to use a holding tank for sewage. The contents of the tank would be emptied as needed by a local septic tank service, and transported to a sewage facility in Campbell River.

The regional district board will make its decision on the rezoning bylaw at the July 25 regional district board meeting, based on the recommendation of the Public Hearing Committee.

Addendum: As the /Discovery Islander/ was going to press, we received a phone call from Michelle James of the UHA saying that the Public Hearing Committee recommended against the rezoning. The final decision will be made at the July 25 board meeting.

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Quadra Slo-pitch

On June 26th the Quadra Island Slo-pitch season came to an end with the ceremonies of the memorial tournament.

After Knocking off Chris Rendall's Chuckers in the semi finals, the Rowdies faced their nemesis, the Keltics, in the final. Once again the Keltics prevailed for their second consecutive Memorial Trophy. The two upsets of the tournament came first from the Keltics beating the league leading and heavily favoured Dream Team in the semi finals, and second, from when the Chuckers were finally able to get by the Diamond Junkies, for the first time in eight meetings to reach the semis. The most Sportsmanlike team award went to the Misfits while the Chris Rendall award for the Most Improved Chucker went to Yvette Porisky. Ken Dinnes presented the Old Glove award for sportsmanship and dedication of an older player to Ross McPhee of the Keltics. The Dream team were the champions of the regular season and their leadoff batter, Curtis Wilson, won the home run award with 21 dingers.

Although the beer garden sales were down, the dance at the Legion was agreat success. Thanks to local Quadra and Cortes Island rockers, Vision Limited, for blowing the roof off. Hope to see you guys real soon.

QISPL Final Standings

	G/P	W	L	T	T/P
Dream Team	17	15	2	0	30
Rowdies	17	12	5	0	24
Diamond Junkies	17	11	5	1	23
Keltics	15	11	4	0	22
Guns 'N' Hoses	15	7	7	1	15
Chuckers	17	4	12	1	9
Misfits	16	2	13	1	5
Gringos	16	1	15	0	2



The league would like to expand into more teams next year. There are lots of ball players out there who don't have teams. All it takes is someone to organize. Andrew Brown is taking names of people who wish to play ball next season and would greatly appreciate your call. Call him at 285 2746 and you may find yourself on a team next year. Have a great summer



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Island Forum

Dear Editor:

I see in the last issue that Ted Conover is criticizing the Fire Department again. I would not bother to respond, except that Mr. Conover is rather insulting to several groups of people who do not deserve it, and he must be taken to task for this. Most disturbingly, Mr. Conover refers to Jim Evans, Chair of the Trustees, as a "Village Idiot". Jim is a very dedicated elected individual, unpaid, who puts a great deal of time and effort into ensuring that you all have an efficient, effective, and affordable fire department. He is diligent and thorough and always has your best interests at heart. Mr. Conover's insult is completely uncalled for, and should be retracted. The SQFPD has done an excellent job of keeping any tax increases as low as possible in the face of skyrocketing costs for liability insurance and fuel and increasing regulatory demands for training and safety. The mil rate HAS declined for four years in a row, and unless your property value has increased considerably, this will have resulted in a lower tax amount for the year for the SOFPD.

Mr. Conover also insults all of the volunteer members of the department by implying that because they are unpaid, they should somehow be poorly equipped as well. Firefighting, and the other emergency services that we provide, are equipmentintensive activities. None of it is cheap, all of it wears out and must eventually be replaced, and increasingly-stringent standards and regulations necessitate upgrades over time. As Mr. Conover is aware, our Local Improvement District is required by legislation to plan ahead for major capital expense needs, and we do this carefully and diligently. The reserve fund that has been established to account for these needs has been effectively meeting our capital needs for many years now, and will continue to do so in the future. The summary of the current capital plan, showing only five years ahead, shows the growth of the reserve fund but does not show the expenditure that will be necessary just beyond that five-year mark on replacement rolling stock. At today's prices the most basic new rated

pumper costs \$250,000 – five years from now it will be more. Mr. Conover pretends to wonder about this, but as he has been following Fire Department finances for many years, I contend that he is well aware of it. This is simple prudent financial management of your interests, folks, not some greedy tax grab.

Mr. Conover also insults the Trustees and myself, as Chief of the Department, by referring to our consistently careful budgeting and long-range capital planning as "back of the envelope" figuring, implying that we are being cavalier with your tax dollars. As regular readers of this publication will know, Mr. Conover is the king of "back of the envelope" figuring, and seems to make a hobby out of using his own unique arithmetic to make flawed arguments about taxation.

Finally, Mr. Conover insults all of you, as taxpayers, by saying that you are apathetic and willing to blindly pay without question whatever taxes are imposed on you. I give you all much more credit than that, and am cheered by the knowledge that the vast majority of you are pleased with the value that you get from your Fire Department. We will go on providing the best service possible while keeping our tax requisition reasonable. Myself, or any of the Trustees, are always available to answer any questions that you may have on the operation and finances of the Fire Department. Audited financial statements are presented each year at the AGM, and any questions about them answered. If you were unable to make it to the AGM and would like a copy of the statements, please feel free to contact me for them.

Mr. Conover fancies himself as Quadra's self-appointed tax crusader protecting the taxpayers from greedy and evil governments. Well, if he wants to do this he should direct his energies towards some level of government that deserves it (have you looked at what Ottawa has been doing with your tax dollars lately?), and not the most cost-effective government entity around, your Fire Protection District.

Murray Johnson, Heriot Bay

A Special thank you to Donna Hogarth and Walcan Seafood LTD for the fantastic donation of Smoked Salmon PKGS. for Afghan Hound Club of Canada Rescue Auction. I would also like to thank Brad Assu of Cape Mudge for the beautiful Limited Edition Native Art Prints he donated. The auction will be taking place on July 23 @ Peace Arch.(Canadian Side) If you are in the area please drop by and see the shows and auction. Thank you again Walcan, Donna and Brad for being so generous.

Carol Sutherland-Scott

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by Steven Halliday

Out of the many billions of people on the planet, few stand out from the crowd. 99.9% of the population are just average folk like you and me, doing what it takes to get through our lives in the most comfortable manner that we can. But the other .01% of the population is exceptional in one form or another, and most realize some form of fame and/or fortune as a result. They may be star athletes, brilliant scientists, gifted musicians or even dedicated politicians, but they all stand out dramatically because of their talents.

There are, though, some that are truly exceptional but never stand in the spotlight. Probably most of them pass through life not even aware of their special talents, as most gifted people are oblivious to their own uniqueness. The subject of The Economist (June 11, 2005 issue) Obituary was one such person, someone who was extraordinary but lived in the shadows of other's fame. His name was Hamilton Naki and he passed away on May 29th at 78 years old.

He was born in a remote village in the Eastern Cape Province of South Africa, where cattle tending was the primary livelihood for most. He did attend school until he was 14, when his parents were forced to remove him, as they could no longer afford the tuition. Unlike his contemporaries he pulled up stakes and hitchhiked to Cape Town where he found work as a groundskeeper at the University of Cape Town Medical School. Under the apartheid regime of the day, this was about as good a job as Hamilton could expect due to the colour of his skin, being black. But things changed rapidly when the head of the animal research lab asked Mr. Naki to assist him in restraining a giraffe while it's neck was dissected (interestingly, they were attempting to see why giraffes did not faint when they lowered their heads to drink). Mr. Naki must have performed admirably as he was quickly taken on to help out in the

Doctor Naki

lab, first as a cage cleaner. He then moved up as a surgical assistant and eventually he was operating on animals himself. The hospital records of the day indicated he was a cleaner, though he was being paid at a senior lab technician's rate – again due to the colour of his skin, but also the lack of any form of diploma. He retired in 1971 on a gardener's pension of 760 rand, or about US\$275 per month, and during his life he was only able to afford to school one of his five children through to graduation.

But this modest man did something remarkable, something never revealed until just a few years ago. On December 3rd, 1967, Dr. Christiaan Barnard opened the chest of Louis Washkansky to remove his heart. Less than 50 feet away, Hamilton Naki opened the chest of a brain dead young woman and removed the still beating heart, which was to be transplanted to Washansky. The woman was white, as was everyone else in the surgery. In fact, the entire surgical department was white. But Dr. Barnard insisted on having Mr. Naki do the surgery, because he was simply so good at what he did. Hospital officials are said to have told Mr. Naki, "Look, we are allowing you to do this, but you must know that you are black, and that's the blood of the white. Nobody must know what you are doing." Hamilton Naki had developed tremendous surgical skills while working on animals at the research lab, and became somewhat of a transplant expert by observing doctors in training. He subsequently went on to train thousands of trainee surgeons over the next 40 years. He also became the resident expert on liver transplants, a far more difficult procedure than even a heart transplant. Dr. Barnard admitted just before his death in 2001 that Mr. Naki was probably technically better than he was, and certainly better than he at the stitching up afterwards.

How was it possible that someone with little education and no formal medical training could become so skilled in such a complex profession? According to Mr. Naki himself, "I stole with my eyes", which was his way of saying that he was a very astute observer of the procedures

he observed all the time at the research lab. This man must have had tremendous confidence, limitless courage and nerves of steel in order to do what he did, and he did it all for none of the usual rewards that accompany such prowess. That he was able to do so under the repressive regime of the day is even more remarkable, as evidenced by the hospital's concern about knowledge of his activities. They weren't concerned about his lack of credentials; they were concerned about the public learning a black man was operating on white people – period. He only received public recognition from the hospital with the awarding of an honorary degree in medicine just prior to his death.

Humble is insufficient a word to describe this accomplished man. The Economist writes of his attitude towards the lack of recognition he underwent - "He took it well. Bitterness was not in his nature, and he had years of training to accept his life as apartheid had made it. On that December day in 1967, for example, as Barnard played host to the world's adoring press, Mr. Naki, as usual, caught the bus home. Strikes, riots and roadblocks often delayed it in those days. When it came, it carried him - in his carefully pressed suit, and his wellshined shoes - to his one-room shack in the township of Langa. Because he was sending most of his pay to his wife and family, left behind in Transkel, he could not afford electricity or running water. But he would always buy a daily newspaper; and there, the next day, he could read in banner headlines of what he had done, secretly, with his black hands, with a white heart."

Hamilton Naki, PhD (Honorary) was a handsome man as evidenced by his photo on the obituary. He projects confidence as he sits in a lab in surgical blues and white surgical mask. An unrecognized surgical pioneer whose skills were not taught but stolen with his eyes, he was a remarkable man – may he rest in peace and posthumous glory.

Gourds make good **Neighbors**

Check out the display window at the Credit Union. Dried, painted and carved local gourds will be installed there on July 15. These are the end product of the 2004 gourd-growing competition between the four houses on the Parking Lot at Quathiaski Cove. (Known to the residents as "Lower Locovia"). The fab four (Shawn, Murphy, Joy and Bruce) have been building neighbourly competition in recent years with their sun-flower wars, and have moved on this year to growing giant Atlantic pumpkins.

The gourds in the show-case were grown from seed provided by Ed and Ethel Drahanchuk, then raised into seedlings by Annie Strong, and finally grown by Locovians and their friends. There were periodic tours to the gardens, and judges kept a record of potential winners. Gourds were finally harvested, and the year wound up with a big "Calabash" party, at which many were displayed in amusing installations. Bruce Jordon won the award for the greatest production and largest gourds, one of which is decorated and on display in the Credit Union show-case.

All winter long we had these gourds drying around our wood stoves or overhead on kitchen racks, and three months later they were dried out, tough as wood, and you could hear the seeds shaking around inside them. It was time to make them into rattles, bowls and vases and to paint, carve and embellish. Come and see!

Joy Inglis

The Way of the Wizard

by Rev. Jill Brocklehurst

- based on the taped book by Deepak Chopra

Deepak Chopra tells a story of Author and Merlin. After Arthur had pulled the sword from the stone he was afraid and uncertain of his new path. Arthur prayed for the wizard's help. What appeared was his old toys; a doll, a slingshot and a broken mirror. Author realized from this reminder that when he was 2 he wanted toys and he received the doll. When he was 8 he wanted to hunt sparrows and he received the sling shot and when he was 15 he only wanted to see if girls would find him handsome and he received a mirror. All these things he had put behind and yet each one was a stepping stone to this very moment. He exclaimed, "One day I will put away the crown of my wish today."

The highest fulfilment is to know your own divine nature and the most good you can do for the world is to become a wizard. The most good you can do for yourself is to become a wizard. A wizard trains in the art of transformation moving from suffering and ignorance to enlightenment and bliss.

We are all seekers on this path. There is within a calling to uncover our deeper truth. Be assured we are never lost. Spirit is always beckoning us to start the journey from our heart, the home of truth. Each one of us is an individualized expression

of Spirit, perfect in our own unique form. So what do you want?" It is your own individual guidance from within that speaks the true voice of Spirit.

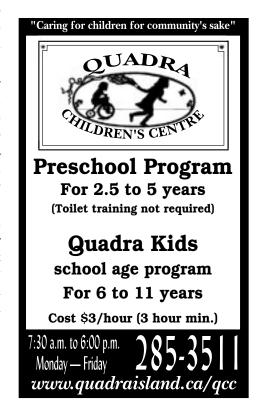
From a single seed of desire a whole forest grows. Cherish every wish and know that it moves you forward in your perfect expression. Desire is a path,

Rejoice in the desires of the moment but be prepared for them to fall away.

Problems arise from holding on when the flow of life wants us to let go.

The quickest way to living an awakened life is through our own wishes.

What happens when our desires are blocked. We would be trapped in perpetual immaturity. We would still be playing with our dolls.





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Youth Camp

There will be a Youth Camp at Cape Mudge that runs from July 8th-15th. The focus and goal of the camp is to promote abstention from drugs and alcohol, education, culture, Christian beliefs and sports.

Brody Naknakim, a Youth Pastor with the Nanaimo Native Victory Chapel.is a member of the group offering the camp. "We focus on a lot of sports drop-ins as well as teach youth music and leadership skills." he says. The team providing the Youth Camp offers a leadership program, Kids Klub and Youth Nights. The team consists of youth from Korea, Nishga and Nuuchahnulth. Activities in the camp will include, music, games and crafts for kids from 11 am-3 pm with lunch provided. The Teens will also have activities in the evening at 7 pm. . There is no charge for this camp and all kids are welcome.

A Tribal Korean Culture team has shared their music and knowledge throughout the province. Some of the areas that this Kids Klub has and Culture Team has visited is: Gingolx, Gitanyow, Kitwanga, Gitsagukla, Tachie, Nakazdli, Nazko, Alkali Lake, Snuneymux, Port Hardy, Quatsino, Alert Bay and Tofino. This is also an opportunity to share and learn about Korean culture, traditional food and music.

If you are interested in having your kids attend this camp please contact Mimi at 285-2626.

Truth in Tabloids

I was waiting in the supermarket checkout line when my eye wandered to the newspaper display rack. Man electrocuted by lightning bugs, it proclaimed. Now, I don't read tabloids because I don't believe in them... but could this be possible?

A friend behind me in the line saw what I was reading and volunteered, An electric eel can stun a horse.

I asked him if he really believed all that stuff; y'know, Elvis seen in Minneapolis Mall or JFK's tomb found empty. "Wll, maybe not those," he said, "but how about Sky diver killed by a flock of starlings or Couple married 34 years find they're twins?"

This guy was obviously a student of the tabloids. "Try these," I told him: Little green men caught making crop circles in Melfort, Sask. and Catcher gets aids from pitcher's spitball. That silenced him for a moment but not the kid yelling behind him or his mother who was carrying some bingo cards. I was running out of time to convince him so I tried, Saimese twin shoots brother for having bad breath.

My reference to bad breath was a mistake because he shot back with. My garlic breath saved me from vampires. Then the checkout line moved up and, as if to offer final proof of the truth in tabloids, he came up with, Woman gives birth in bingo palace -- and keeps on playing.

I was now at the cash register. I looked back just in time to see the lady with the kid look up with a knowing smile and nod.

I knew then I'd lost.

Peter Gregg

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NOTICES

Proposals to: Identify Karst Resource Features, Identify **Recreation Resource Features Establish Visual Quality** Objectives, and **Establish Recreation** Sites, Trails, and **Interpretative Forests**

Notice is given that on or about August 15, 2005 and pursuant to Sections 5 and 7 of the Government Actions Regulation and Section 56 of the Forest and Range Practices Act, the District Manager, Campbell River Forest District, proposes to: identify Karst Resource Features, identify Recreation Resource Features, establish Visual Quality Objectives, and establish objectives for Recreation Sites and Trails and Interpretative Forests for the Campbell River Forest District. Specific to visual quality objectives establishment, this initiative may also necessitate changes to scenic areas mapping.

Copies of the Orders identifying or establishing these values, draft maps (as applicable), and associated objectives are available for review at the Campbell River Forest District office, 370 South Dogwood Street, Campbell River, BC or on-line at ftp://ftp.for.gov. bc.ca/DCR/external/!publish/GAR_ consultation/.

Open houses will be held at the Campbell River Forest District office on July 7 and 13, 2005 from 1:00 to 4:30 pm and from 6:00 to 8:00 pm on both dates. Additional meetings will be scheduled as requested.

Public comments are invited for these proposals until July 29, 2005. For further information, please contact Pamela Silver, Stewardship Forester or John Andres, Stewardship Officer at 286-9300. Via e-mail contact at pam. silver@gems3.gov.bc.ca or john. andres@gems3.gov.bc.ca.

Wanted Postal Historian? Collector seeks envelopes bearing postmarks and mail from the Discovery Islands (Quadra, Cortes, Stuart, Read, Sonora, Redondas, Thurlows, etc) from 1893 to present day. Call Peter Smith at 285-3612

REAL ESTATE

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Please e-mail Islandlife@mac.com or phone 923-3797 - thanks.



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Classifieds

Wanted

I am a very cute and fun 6 year old girl looking for a playmate around the Stuart Island area. We have a boat and can come to you. If you want to play please call my Mom @ 287-0440.

April Point Resort and Spa

requires a Night Auditor. Bookkeeping, Squirel or In Control experience an asset. Contact Joel at 285-2222

VISION

Our local neighbour, Jill Brocklehurst, hosts a show, VISION, on CRTV, Monday at 9:30 PM. She has many local guests as well as individual inspirational shows. If you have missed an episode or if you don't receive cable TV, you can now rent the DVD at Explore in Quathiaski Cove. Enjoy.

FOR SALE

Bernina-Model 830 **Sewing Machine** Complete with case and accessories \$300 285-3644

1992 Sunbird Convertible

\$6000 Pristine ciondition. Low mileage, Lady Driven, Micheline Tires. Have all records. Health reasons for sale.

Carol 285-3886

Honeybee Pollen. Nature's Multi-Vitamin. Gathered exclusively on Quadra Island. 300g tubs \$15 call Virginia at 285-2654

RENTALS

Ferry Captain. relocating to Quadra Island seeking tidy rental/ lease home. Please contact Wayne Maxted 250-334-6869

Industrial shop and warehouse space for rent. RV and boat storage also available. 285-3783

Ocean View House for

Rent Available July 1 Rent: \$875. 3 bedroom Schooner Rd home, 2 baths, heating Electric and wood backup. Wanting long term, non-smoking, quiet tenants.

> 250-339-2323 Online search Google: Schooner Heights

SERVICES

Two Boys Stone Masonry Specializing in stone arches, interior features, walls, exterior facades, driveway pillars, stone walls, fireplaces. New to Quadra Island keen to get to work! Call 285-3811 or email: twoboysstonemasonry@hotmail.com

Summer Yoga at QCC

\$35/Any 6 classes or \$10 drop-in. Monday 7:30 - 9:00 pm Wednesday 4:00-5:30 pm July 11 - 27, Aug 8 - 24 Call Sue at 285-2948 Email suebeatt@telus.net

Q-COVE APPLIANCE **REPAIR** Now doing repairs to all makes and models of automatic washers and dryers. Also new &used parts depot for all your appliance needs. Affordable rates. We carry a good selection of quality used washers and dryers. All appliances come with 1 year warranty on parts & labour. Free delivery on Quadra. Call 285-3425 or cell 202-3425



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Yellow Dog Trading Company

Bulk Foods & Baking Supplies

Open Mon. - Fri. 11 am - 5 pm Saturday 10 am - 5 pm

> Buy as much as you want, or as little as you need.

285-2867

Walk or drive around behind Q-Cove's 'Old Yellow Dog' Plaza

How would you like to earn a better return on your RRSP's PLUS a bonus paid outside your RRSP?

\$25,000 Minimum

Call Barbara Buffington 250-935-6383

The Paint Ladu Brighten Up Your Winter!



Spruce up your house, guest room or cabin. I do wallpaper removal, interior painting, decorative painting and fabulous faux finishes

285-3896 tidy • friendly • fast

ACUPUNCTURE



Herbs & Nutrition. Free consultation. Sliding scale for treatment **(\$40→\$20)**

Dr. Eileen Sowerby M.B. Ch.B. M.A. D.T.C.M.

Phone/Fax: 285-2434

Island Tides

	3737373	_ 33356	-			
For Quathiaski Cove						
D	Т	FT	M			
8	0:01 5:14	11.7 12.2	3.6 3.7			
	13:08	2.8	0.9			
	20:27	13.4	4.1			
	0 =0		۰.			
9	0:59 5:54	11.4 11.9	3.5 3.6			
	13:32	3.2	1.0			
	21:00	13.4	4.1			
10	2:13	10.9	3.3			
10	6:38	10.9	3.5			
	13:58	3.9	1.2			
	22:04	13.4	4.1			
11	4:38	10.2	3.1			
11	7:30	10.2	3.3			
	14:24	5.8	1.8			
	22:04	13.4	4.1			
12	5:21	9.4	2.9			
12	8:35	10.2	3.1			
	14:51	5.8	1.8			
	22:32	13.4	4.1			
13	6:04	8.4	2.6			
	9:59	9.7	3.0			
	15:20	7.0	2.1			
	22:56	13.3	4.1			
14	6:46	7.3	2.2			
	11:50	9.6	2.9			
	15:53	8.4	2.6			
	23:16	13.3	4.1			
15	7:26	6.1	1.9			
	13:39	10.2	3.1			
	16:37 23:40	9.6 13.3	2.9 4.1			
	25.40	13.3	4.1			
16	8:07	4.9	1.5			
	15:06	11.1	3.4			
	17:45	10.8	3.3			
17	0:13	13.4	4.1			
	8:49	3.7	1.1			
	16:09	12.7 11.6	3.7			
	19:07	0.11	3.5			
18	0:55	13.6	4.1			
	9:35	2.6	0.8			
	16:58 20:16	12.7 12.0	3.9 3.7			
19	1:47	13.7	4.2			
	10:22 17:41	1.7 13.2	0.5 4.0			
	21:13	12.1	3.7			
20	2:48	13.8	4.2			
20	2.46 11:11	13.6	0.3			
	18:22	13.5	4.1			
	22:06	11.9	3.6			
21	3:51	13.9	4.2			
	11:58	0.8	0.2			
	19:02	13.6	4.1			
	23:00	11.5	3.5			
TIMES	IN DAVI I	GHT STAN	DARD			



All Bottle Donations for the month of July go to

Parents and Tots

Specials For July 10 - July 16 While Supplies Last

GROCERY

Mott's Clamato Cocktail \$3.49 1.89L

McIlhenny Tobasco Sauce \$1.99 57ml

Lea & Perrins Worcestershire \$1.89 142ml

Bick's

Pickles

Hawkins

Cheezies

210a

Ocean's Tuna 170a

(Chunk or Flaked)

Natures Path 750 -907a

Eco-Pack Cereals

Seventh Generation § 2.79

Bathroom Tissue

PRODUCE

Imported

Green Seedless \$3.73/kg Grapes

Organic Broccoli

\$2.84kg

California **Z 3**.00 Watermelon ea

.69 Walla Walla Sweet Onion \$1.52kg

MEAT

*Farmer's Best * Sirloin Tip

Steak

\$8.80/kg | Beef

Farmer's Best *

Ground

\$6.15/kg

4's

Antibiotic & **Hormone Free**

Pork Shoulder

\$5.49/kg

Boneless Butt Roast

DELI/BAKERY ITEMS

\$.69

Cinnamon Brioche

¢1.29

Wonder

C 1 .69 6's Extra Crisp

English Muffins

Oven Roasted

Turkey

C 1.99

100a

Monterey

Jack

100g

