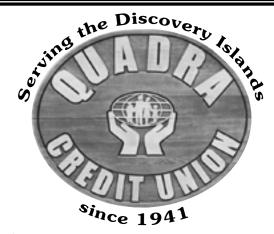
Issue 365 March 17, 2006

Community News and Events from Quadra Island, Cortes Island and the Outer Discovery Islands



www.discoveryislander.ca



Is It Time...

- to spruce up the property?
- to replace the old clunker?
- to take a break from it all?
- to pay off those high interest credit cards?

Then it's time for a personal loan from Quadra Credit Union

Personal loans are available from as low as 5.5%

www.quadracu.com

See us today for all your financial needs

Quadra Office
657 Harper Road PO Box 190 Quathiaski Cove, BC
(250) 285-3327 Cortes Office

Sutil Point Road PO Box 218 Manson's Landing, BC (250) 935-6617

Imagine 🖾 A Caring Company

Ferry Campaign Update

Our campaign to stop BC Ferries and the Provincial Government "taking us for a ride" is making great progress, but we still have a long battle ahead of us. Here is a brief update:

- We have achieved remarkable press coverage around our protests. Media interest is still high, and we are keeping the pressure up, with new articles appearing almost daily.
- BCFS has agreed to replace our shelter, but have not said that they will pay for it. Jim Abram is continuing to work on this issue. Three other islands also want to submit complaints the Human Rights Tribunal.
- David Hahn of BCFS has finally agreed to hold public meetings on Quadra and Cortes.We would like to know when....
- Transportation Minister Kevin Falcon tried to ridicule and dismiss us, but support from other island communities is growing. Together we can win this fight!

We will keep you updated as we can, so please look out for information on the Community notice boards. If you have time and energy to help with organising the campaign, please call Susan (3632) or Deb (2080).

Bebop, Bossas & Blues with the Karin Plato Quintet

Karin Plato is a self-described "farmer's daughter‰ from Alsask, "a little eye blink on the Saskatchewan/Alberta border.‰ Admittedly an unusual starting place for a jazz singer, it wasn't until she left the farm to study classical music in Saskatoon at the University of Saskatchewan that she encountered the sounds of swing for the first time.

The Tidemark Theatre is encouraging those unfamiliar with jazz to encounter it for themselves when the Tidemark Theatre Society presents the Karin Plato Quintet in concert on Friday, March 31st at 8 pm. "I'm really hoping that the Campbell River folks will come out to hear our concert.‰ says Plato, "I believe that even those who think that they do not like jazz will enjoy the concert. I sang at a concert last night in Vancouver and was told by two different people that they always believed that they disliked jazz but that hearing the concert made them realize that they were wrong; they liked the music.‰

Tickets are \$25 and are on sale now at the Tidemark Ticket Centre or by phoning 287-PINK (7465) or 1-800-994-0555 Tuesdays through Saturdays 12 noon to 5 pm.

For more information go on-line to www.tidemark-theatre.com/attrct.html">http://www.tidemark-theatre.com/attrct.html



Island Calendar

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

The Regulars

- Every Day Quadra Legion Now Open at 2:30 p.m.
- Every Monday Badminton, 7:30 Cape Mudge Hall
 - Smile Makers Kidz Klub Mondays at 2:45 at the OI Bible Church
 - CST practice sessions Mondays at 6 p.m. Call Catriona: 285 2776
- Every Tuesday Kalina Folkdancers -QCC, 7:30 to 9:30 pm, Sept.to Apr.
 - Sketching group at Firesign Studio 10 am-12:00 pm
 - Al-anon meeting, 7.30 pm at the Childrens Centre
- Every Wednesday Yoga 9:30 am and 7:00 pm Community Centre
 - Community Lunch, noon
 - Badminton, 7:30 pm Cape Mudge Hall
- Every Thursday Prayer Meeting, 7:00pm at Quadra Island Bible Church
 - adult climbing sessions on Quadra Vertical, 7 to 9 pm Q.C.C.
 - Life Drawing Firesign Studio 285-3390 7 9:30 pm
- · Every Friday Yoga 9:30 am and 4:00 pm Community Centre
 - Youth Q.I. Bible Church 7:30 9:30
 - Pool Tournament Quadra Legion
 - Jam Session Quadra Legion
- Every Sunday Bible Study all Ages Quadra Island Bible Church 9:30 am
 - Sunday Service QI United Church 10:30
 - Family Worship Service 10:30am Quadra Island Bible Church
 - Clay Soldiers of Peace workshop at Claude Desjardin's 2 pm
 - Open climbing sessions on Quadra Vertical, 2 to 4pm Q.C.C.
 - Buddhist Meditation 10:00 am Upper Realm
- 1st and 3rd Wednesday Food Bank 1-2 Community Centre
- 3rd Sunday of Month Raw Food Pot Luck 5 7pm 285-3827
- Last Saturday Bonus \$50 cash draw. Quadra Legion 6:30pm (members & guests welcome)

Next Deadline: Monday, March 27th 2006

www.quadraisland.ca

Quadra Island's internet portal.

Make it your home page today.



Day by day

Friday, March 17

- Mitlenatch - Quadra Island Salmon Enhancement Q.C.C. 7:30 pm

Saturday, March 18

- Peace Demonstration CFB Comox

1 pm

Tuesday, March 21

-School Board 72 Public Meeting 425 Pinecrest CR

Wednesday, March 22

- Free Money Q.C.C.

11:30 a.m

Friday, March 24

- Abegg Trio plays Schubert, Smetana, and Ravel Q.C.C. Piano, Violin, Cello 8pm

Saturday, March 25

- Sierra Quadra sponsors "Toxics, Your Health & the Environment" Q.C.C. Kathryn Molloy $7:30~\mathrm{pm}$

- "Blues, Folk, Poetry, Reggae" Aroma Cafe 7:30 p.m.

Sunday, March 26

- Quadra Sailblazers registration and first lesson Q.C.C.

1:30 pm

Thursday, April 6

- Quadra Island Conservancy A.G.M. Q.C.C. Room 3

7.30 pm

Friday, April 7

- The Celestine Prophecy Movie Q.C.C.

7 pm

April 10, Monday

- The Celestine Prophecy Movie C.R.C.C.

7 pm

Friday, April 21

- Uzume Taiko Performance

8pm

Island Calendar online: www.discovervislands.ca/news

Island Calendar is a list of on island events. Please submit seperately for the Island Calendar and News & Events or indicate in your submission if you would like your event placed in both. Following the text order exactly as above for email submissions is appreciated (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you.

Next deadline for the Discovery Islander
March 27th

701 Cape Mudge Rd

news@discoveryislands.ca

for an affordable way to advertise?
This ad - only \$20 call 285-2234 for more info

Q.C.C.

Islander

Issue 365 March 17th, 2006

Published bi-weekly and distributed free throughout the Discovery Islands by:

Discovery Islands media & publishing PO Box 280 Quathiaski Cove,

B.C.VOP 1NO

Tel.: 250 285-2234 Fax: 250 285-2236

701 Cape Mudge Rd.

Office hours: Mon-Thurs 10-4pm email: news@discoveryislands.ca

Publisher/Editor: Philip Stone

Staff Reporter: Tanya Storr

Cartoonist: Bruce Johnstone Printing: Castle Printing 285-COPY

© Discovery Islander 2006 All Rights Reserved

Opinions expressed in this magazine are those of the contributors and do not represent the views of the publisher.

Agreement # 1408585

Printed on recycled paper



Subscriptions available

\$30^{.00*} for 6 months \$50^{.00*} for 12 months (* includes GST)

Call 250 285-2234 for details

Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. Please help us by following these guidelines:

- Please print handwritten material clearly.
- Electronic items sent by email & must be saved as Word or rtf formats. Please spell check in Canadian English. Sorry no floppies.
- No MS Publisher, WordPerfect files or graphics in Word files please. Send imported graphics separately.
- \bullet Please use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits $^{\text{\tiny TM}}$.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, March 27th

Ruth Barnett and the Mitlenatch Field Naturalist Society

Ruth Barnett, the wife of former mayor of Campbell River and long-time MP for Northern Vancouver Island, Tom Barnett, died recently in Campbell River. She was a woman of many talents - historian, writer, politician, columnist in the local newspapers... In 1972 Ruth and Howard Telosky and several others, founded the Mitlenatch Field Naturalist Society. Howard was the first president. Roderick Haig Brown was the honorary president until his death in 1976. For many years Ruth served as the Society's delegate to the Campbell River Environmental Council. Ruth was an environmentalist in the best sense of that word-knowledgeable about the natural world and passionate about causes, especially those that concerned the "liveability" of her city, yet able to hear other points of view. We owe much to Ruth's tireless work. Mitlenatch was running a full slate of field trips and evening programs at that time. Bird surveys in the estuary, a bird check list for the Campbell River area, a survey of eagle trees done for the city, organizing the annual Christmas bird count, monitoring endangered plant species ... underscores some of the valuable work undertaken by members.

In the early 80's the Mitlenatch Field Naturalist Society was moved to Quadra Island because of declining membership in Campbell River. The important work that continued from here includes: the supplying of volunteer wardens to Mitlenatch Island as well as to several Ecological Reserves on Northern Vancouver Island, the identification of an overlooked area of old growth forest which now encompasses the extensive

Nugedzi trail system, many briefs and letters urging the protection of the west coast of Nootka Island and eventually producing, with the BC Federation of Mountain Clubs a coloured folder describing the trail, two trail guides - one to Morte Lake and the other to Woodhus Slough at the mouth of the Oyster River, drawing public attention to the impending sale of the only private property on Morte Lake and working towards the establishment of the Quadra Conservancy which now oversees the property, becoming a partner in the provincial WITs or eagle tree program, doing bald eagle nest surveys, mapping eel grass beds around Quadra.... Add to this the countless letters and work by individuals on such issues as the protection of the Oyster Bay foreshore, purple loosestrife eradication in the estuary or the protection of a spectacular lily patch along the old Island Highway

To know nature and to keep it worth knowing is the motto of the Federation of BC Naturalists of which Mitlenatch is a part. In the past, the Society has tried to live up to it with a wide range of field trips, by bringing in knowledgeable speakers and with all the activities mentioned above. However, past accomplishments are not a ticket to future success, and the group finds itself at a crossroad: membership has not been increasing and fewer members are willing to take on executive positions. Is there interest in continuing with a naturalist club associated with the BC Federation of Naturalists? The Mitlenatch Field Naturalist Society could readily be moved back to Campbell River, its first home and that of original founder, Ruth Barnett, if there was sufficient interest.





Island Forum

Say your piece: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

Cortes Direrctor Urges Minister to Act on BC Ferries

The Honourable Kevin Falcon Victoria, BC

March 3, 2006

Dear Minister Falcon,

As the elected representative for Electoral Area I, Cortes Island, of the Regional District of Comox-Strathcona, I am writing to express the dissatisfaction this community feels towards the Liberal Governments policies governing B.C. Ferries.

Prior to the implementation of the Coastal Ferry Act in 2003, BC Ferries was a Crown Corporation. It was recognized in the Ministry of Transportations "2004/2005-2006/2007 Service Plan" as a "Core Business Area". This plan stated that the coastal ferry services were an extension of the highway system, and were vital to the economic and social health of the communities it served. Your governments direction through The Coastal Ferry Act fails to recognize the vital role ferry service serves in these water access only communities. In failing to recongnize ferry service as an essential service to these communities you are continually inflicting hardship upon them.

The cumlative fare increases are just starting a take a toll on ferry dependent communities. The annual increases combined with regular fuel surcharges have increased fares by 37% since the implementation of The Act—17

% in the past six months alone. These increases are threatening the viability of business and the health of our tourist economy. All island businesses depend on ferry service at reasonable costs. This is mandatory not only to maintain our existing economic base but to further expand upon it.

Replacement of discounted paper ticket books with a stored value card (Coast Card) impacts both the economic AND social vitality of these communities. The paper tickets can be shared among family members; the plastic card cannot. The flexibility paper offers is severely curtailed by the plastic card. The 90 expiration date and lose of product associated with the plastic card will further inhibit business and travel to these islands.

Fare increases (annual, fuel surcharges, loss of product) contribute to the escalating costs of living on these islands. Every product arrives here via ferries and reflects the increases BC Ferries has levied. The costs of goods and services have risen in direct relation to the increases in fares. Wages, however, have remained stagnant. Enconomically challenged individuals are increasingly struggling to meet basic needs.

Removal of the deck shelter from the Powell River Queen has also raised concerns. Once again individuals facing significant life challenges are most impacted. All winter the most vulnerable have waited for the shelter to be replace. They have learned recently that any replacement shelter will be paid for via a further increase to fares. They must now choose between shelter from the elelments or contributing to the stream of increased fares thus making travel more prohibitive.

Given the realities expressed above, I urge you to reinstate ferry service to the Ministry of Transportation and recognize that ferries form the highway sytem for island communities. Until the Provincial Government does this it should cover the costs of all future fuel surcharges. I further urge you to establish a special committee to undertake an immediate review of the Coastal Ferry Act and the impacts its implementation has had on coastal communities. I look forward to a timely response. Respectfully - Jenny Hiebert Regional Director

ONLINE EXTRAS THIS ISSUE

Area I-Cortes Island - RDCS

- Jim Abram's letter to Premier Campbell re:conduct of Minister of Transportation in house.
- Hansard Transcripts and links

www.DiscoveryIslander.ca

Click - back

in our online poll

Do you want to live in a British Columbia where wild salmon still spawn in our rivers and streams?

Vote by logging on to discoveryislander.ca



read the results next issue

See the results from last issue's poll on page 9



Quadra Island Conservancy A.G.M.

Thursday, April 6, 2006 at 7.30 pm

In the Community Hall, room 3, upstairs, back door.

On the Agenda

Annual report, Financial report, Chairman,s report, .Election of four stewards.

Special mention of use of Morte Lake, covenants, membership.

Tanya Storr

B.A. English

Freelance Writing & Editing



285-3937

tstorr@connected.bc.ca

Island Forum | Hello Editor

Dear Editor;

As a regular commuter on the Powell River Queen, I share the frustration of other users with the callous behaviour of BC Ferry Corporation with respect to the changes they plan to implement. Their position regarding the shelter on the car deck (among several others) is ridiculous, and shows how out of touch BC Ferry Corporation and its senior management are with the needs of their customers, who also happen to be stakeholders and, in one way or another, owners. This entire matter has been terribly mishandled, and should call into serious question the supposed benefit of recent changes to the Corporation's structure.

However, one unchanging element has been the service provided us, the riding public, by the ship's crew and terminal staff. They are friends and neighbours to most of us, and to my knowledge are entirely sympathetic with the frustration of many of their customers over the proposed changes. Unfortunately some of those customers have verbally taken out that frustration on these same workers, a reaction which I'm sure all would agree is misguided at best and shameful at worst. They are not even messengers, yet some would shoot them.

I, for one, appreciate all that the local staff of BC Ferries do for me on a regular basis. It's too bad their management are creating such a negative environment, and I think it is important that critics direct their frustration and anger in the right direction, which is Little River and points south.

N. Halliday

Quathiaski Cove, BC

After reading the letters addressed to Mr. Hahn over his removal of the ferry shelter for the handicapped, a chintzy sleight of hand ichet plan. I realize people are way too nice to Mr. Hahn. And his since his surprising political views expressed inappropriately for some one in his position, rather naive about a will to recreate a south of the border concept on what constitutes a civil society.

Such lying and willing deceit in order to turn a profit at the expense of the handicapped is so dishonourable by one in such a public position.

A miserably poor role model for our children should they aspire to such a position. Who will be attracted?

Note the reorganization of the Ferry Corp. was done with two opposition members in Premier Campbell's government.

My grandfather would be turning in his grave at such a scoudrel given such legitimacy by our government. Or is this the new fashion in politics, a B.C. playground for the wealthy with 19th century social styles?

After the fast ferry debacle where \$400 million was reduced to \$20 million by an unsympathetic Premier Campbell, and now Mr. Hahn stubborn, dishonest rule, a full nonpartisan judicial inquiry ought to be taken for the utter mismanagement of our public ferry system over the years.

Ignoring people is Mr. Hahn's road to success, it certainly isn't our way.

Yours truly

Hugh McNab

Read Island

Uzume Taiko Performance

On Friday, April 21, 8pm, Quadra Cultural Committee will host a stirring performance of the Japanese drumming ensemble Uzume Taiko and on Saturday, April 22, Uzume will lead a drumming workshop at 10:30 am, both at Quadra Community Centre.

Since 1988, UZUME TAIKO has enthralled audiences at festivals, schools, concerts and special events nationally and internationally with its dynamic synthesis of music, movement and theatre.

The name Uzume Taiko derives from the Japanese word for "big drum" and from the goddess of laughter, Ame No Uzume No Mikoto - the Heavenly Alarming Female who, according to legend, first began taiko drumming. Taiko has held a centuries-old place in Japanese culture, and it is from the power and athleticism of traditional drumming techniques that Uzume Taiko draws its inspiration. Using a diverse collection of percussive and melodic instruments as well as taiko drums, Uzume has developed a dynamic fusion of old and new styles of drumming, bringing a vibrant contemporary sensibility to an ancient art. With the choreographed physicality of martial arts, the heart-stopping pulse of the O-Daiko and the rhythmic sensitivity of a jazz ensemble, the drummers of Uzume Taiko create an exhilarating sensual experience.

Drummers Naomi Kajiwara, Bonnie Soon, and Jason Overy will complete the Quadra performance ensemble. Born in Burnaby, Naomi began training with Uzume Taiko in 2000 and has been performing with the group since 2003. A UBC graduate in Human Kinetics, she also has more than 25 years of training and performing experience in jazz, tap, hip-hop, Hawaiian and Polynesian dance. Bonnie has been involved with Uzume Taiko for twelve years, creating and performing work that is toured nationally and internationally. She began her performing career as a dancer, touring with numerous companies including Paula Ross Modern Dance Company, Kokoro Dance, and Snake in the Grass Moving Theatre. Originally from Victoria, Jason moved to Vancouver after completing a Bachelor's degree in performance at the University of Victoria. Since then he has performed, toured and recorded with a variety of local and international acts in a wide range of styles. Jason also composes music for theatre and modern dance and has received a Jessie award for music composition and performance.

Advance tickets for Friday's performance are available at Quadra Crafts in Heriot Bay, Hummingbird Stationery in the Cove, and The Music Plant in Campbell River at a cost of \$17 for singles and \$40 for families (parents and dependent children). They will be available at the door for \$20 and \$45. For information and to register for Saturday's workshop, phone Hilda Van Orden at 285 3458.

March for Peace

There is a North Island wide peace demonstration at the CFB in Comox at 1 p.m. on Saturday, Marach 18. It's the third anniversary of the US invasion of Iraq. There will be peace demonstrations throughout the entire world on this day. Canada is now deeply involved in America's war on terror in Afghanistan. Ten Canadian soldiers have died.

These are mostly young men from small towns with families and quite often children of their own. Ten killed: four by insurgents, four by the Americans, two by accidents. And the Canadian Chief of Defense Staff General Rick Hillier says Canadians are needed for 10 more years. Only peace and the withdrawal of Canadians soldiers from Afghanistan and the Americans from Iraq can stop this terrible human suffering. Tens of thousands of Iraqi and Afghan civilians

have been murdered and injured as well. 62% of Canadians are against sending troops to Afghanistan according to the Globe and Mail/ CTV poll, Friday, February 24, 2006, page one. 73% of Canadians think their M.P.'s should debate and vote on any deployment to Afghanistan. Prime Minsiter Harper refuses any debate. Of course, the killing of Iraqi and Afghan citizens and Canadian soldiers will continue for the next ten years unless the Canadian People (that means you!) speak up loud and clear. Saturday, March 18th is that opportunity. Tens of thousands of Canadians attended rallies and prevented Canadian soldiers from going to Iraq. We can do it again. Take the Quadra ferry to Campbell River at 11 a.m. on Saturday, March 18th in order to attend the 1 p.m. demo at the CFB in Comox at 1 p.m. Call Steve at 285-3323 for a free ride or for specific car pool arrangements.



News and Events

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

Toxics, Your Health & the **Environment**

In a world that is becoming increasingly toxic with unsafe chemicals and consumer products, and with rising cancer rates and neurological and developmental disorders, our first and best defence is knowledge. Our homes become safer places and our bodies remain healthier from the day-by-day process of making wise choices about what to buy and what to avoid.

Kathryn Molloy is the informed and dynamic Executive Directory of the Sierra Club of Canada, BC Chapter. Since 1994, she has been professionally involved in national and global projects on health and environmental issues, with a focus on reducing our use of and exposure to toxic chemical. She has also been a Project Manager for United Nations International Children's Conference on the Environment.

She has agreed to visit Quadra and share her knowledge with Islanders, to answer questions and to offer her insights about how we can reduce our everyday exposure to harmful chemicals.

Her presentation will include slides, handouts, and practical solutions to reduce the impacts from chemicals in our clothes. cosmetics, furniture and home building materials, in-home cleaners and garden pesticides, together with information about wells, septic tanks and wood

This presentation is a must-see if you are concerned about the health and

safety of yourself and your family. The event, sponsored by Sierra Quadra,

is on Saturday, March 25, at 7:30 pm, upstairs at the Quadra Community

Centre above the south entrance

Up Your Inlet Outletting Soon

We will soon be working on the spring/summer edition of Up Your Inlet and are looking for submissions from artists, writers, photographers and poets. All artistic media and cultural media can be submitted. Up Your Inlet is a journal for the arts and is the only written publication of its kind produced on the Discovery Islands. We always look at new ideas. You can make your submissions by email to <mailto:msmienk@oberon. ark.com>msmienk@oberon. ark.com or by drop off at The Upper Realm in Quathiaski Cove

Uzume Taiko **Drumming** Workshop

WOW! Is Quadra ever a great place to live! Where else could you attend a FREE drumming workshop with Uzume Taiko. The only hoops you have to jump through are to phone Hilda at 285 3458, get on her list, and give her \$5 to ensure yourself a place. Spaces are limited; first come, first served.

You'll get the \$5 back when you arrive at QCC on Saturday, April 22 at 10:30 with your (or a borrowed) drum. And remember Uzume Taiko's concert on Friday, April 21st.

April Point

Will be opening on April 12 and would like to invite artists from the Discovery Islands to display their work for sale. No commissions. Interested exhibitors can contact Joel at 285-2222

Learn to Sail with **Ouadra** Sailblazers Club.

You've always wanted to try sailing? Now's your chance! This Learn to Sail course is for ages 10 and up, and adults. There will be 8 - 10 Sunday afternoon sessions from March 26 to the end of May. No sailing experience is necessary, but some exertion is involved. You must provide your own approved Personal; Flotation Device with whistle attached. The first sessions will be on land. Later you will be introduced to sailing in a variety of boats. Sailing is in Drew Harbour.

Registration is Sunday, March 26, 130 PM at the Community Centre, and the first on land instruction will also be that afternoon.

Fees for the Learn to Sail course: Participants who are new to the Club must pay a one-year special membership per family, \$50. Adult tuition, \$80; junior \$50, second junior same family \$40.

If you would like to try this great recr eational sport, please call ahead to reserve your place in the course, as numbers are limited. Call Frank or Shirley Wallace, 285-2297.

Woodlot Licence 1897

is managed by Jerry Benner RPF and family under the company name of Benner Forestry Ltd. The woodlot is located on the north side of Village Bay Road with a sign at the logging road that provides access named Open Bay Mainline. Benner Forestry Ltd has received approval of the new Woodlot Plan from the Ministry of Forest and Range. Under the new "results based" legislation future cutblocks and road developments are no longer required to have official public consultation. However Woodlot Licence 1897 has committed to continuing with an open planning process for all interested groups and individuals. In the interest of convenience the Discovery Islander has agreed to post the digital files relevant to our operations. You may view the complete Woodlot Plan and the recently approved Cutting Permit B on at: www.Quadralsland.ca/ Benner Forestry

We are always willing to discuss our operations and provide any other information such as maps for recreational trails or good mushroom areas.

> **Thanks** Jerry Benner RPF Benner Forestry Ltd.



BEARD CONSTRUCTION

Complete Construction Services Serving North Island & Discovery Islands

Gov't Certified Journeyman Carpenters Renovations, Additions, Residential **Commercial, Project Management**

Matt Knoedler 285-2754

email: heatherknoedler@telus.net

Abram Lambastes Campbell for Minister's insults

Minister of Transportation, Kevin Falcon, refused to meet with BC Islanders protesting against BC Ferries policies last week in Victoria. Then he had the audacity to focus on insulting one of the leaders of protest, Jim Abram, rather than respectfully answer the questions put to him by NDP MLAs Gary Coons and Claire Trevena during Question Time.

Jim Abram is Director for Area J, Regional District of Comox Strathcona. He has a long and accomplished career in local and regional politics, and he feels affronted by Falcon's personal attack. In a letter of complaint to Premier Gordon Campbell, Abram writes "... your Minister felt it necessary to turn the valid concerns of more than 200 people (many of them, my constituents) that were gathered outside of the Legislature in peaceful and respectful protest, into a partisan mockery, dismissing their valid concerns while trying to bring the personal politics of individuals to the forefront."

Abram demands that Premier Campbell apologise to the public "for the ridiculous behaviour of [the] Minister and the dismissal of their valid concerns". However, he is relying on Campbell's own moral judgement to apologise for the personal affront: "Lastly, I will leave it up to you, Mr. Premier, to decide if common courtesy would require an apology to me as an elected representative of the people of this province for your Minister's dastardly attempt to diminish my credibility on these issues with his inappropriate partisan remarks".

As Claire Trevena noted in Question Time, it does seem that the Minister of Transport is only interested in meeting with constituents who carry Liberal cards. Perhaps Mr Campbell supports this type of disrespect of the BC public and their concerns? Perhaps he too believes that only non-Liberal supporters are concerned about the welfare of the island communities in which they live?

A copy of this letter, and the transcript from the parliamentary session, are included as attachments to this email. The photo credit is to Gordon James of Quadra Island, a participant at the Victoria protest, March 2nd.



Islanders protesting in Victoria

photo by: Gordon James

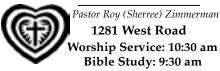


- CNC Router
- Cabinets
- Millwork
- Plastics
- Carved Signs

Richard Pielou ph/fax 285-2065 rpielou@telus.net

Quadra Island Bible Church

Experiencing Life In Christ; Sharing Christ In Life



Email: quadrabc@aol.com Box 161, Quathiaski Cove 285-2020

Quadra Community Association -New Board Elected

Quadra Community Association (QCA) held their AGM and election of Directors on Monday February 27th at the Community Centre. After the election Richard Desmarais, retiring Chairperson, presented the work the QCA has done in the last year. He explained, the QCA, after presenting the completed Bylaw recommendations to the Regional District in March, has spent the remainder of 2005 looking at alternate forms of local government. The QCA Board reviewed the Local Government Act, contacted other small communities with some form of local or alternate government, and submitted a request to the Province for information on alternate government options. With help from MLA Claire Trevena, we had a detailed response from the Province last fall. We met with Regional Director Jim Abram and the CAO of CSRD Bob Lang in January and began a discussion of this issue. We would like to inform the community that the QCA Board remains committed to working toward an open, democratically chosen, accountable, local government advisory group - to assist our Regional Director in gathering the widest possible community input. We would like to continue to investigate other forms of local government.

The AGM on February 27th was the smallest public turnout we have had - no doubt due to the snow conditions and current lack of large issues within the community (excluding the ferry protest of course). We have elected three new Board members and returned three to another term of two years. Retiring Board members are Jerry Benner (Silviculture), Peter Calverly (Public Lands) and Alex Hartford (General Director). A big thankyou to these retiring directors. Re- nominated and accepting a new two year term are Richard Desmarais (General), Dalyce Dogterom (Agriculture), and Pat Nowazek (Tourism). New board members will be Keith Liseth (Silviculture), Philip Stone (Public Lands), and Barb Van Orden (General). Thanks to the new Directors for standing and for the returning Directors for their continuing efforts. On March 7, the board elected Philip Stone as President, Pat Nowazek as Vice President, Terry Hooper as Treasurer and Barb Van Orden and Val Barr sharing the Secretary position. Tuesday April 11, 7:30 pm at Aroma Café will be the Board's next meeting. All welcome.

In Loving Memory...

By L. Langevin

A Memorial took place at Rebecca Spit on Tuesday February 28th to remember the men who lost their lives in a floatplane accident a year ago. Family members of Doug Decock, 39, his brother Trevor, 34, David Stevens, 40, Fabian Bedard, 32, and pilot Arnie Feast, 52, gathered on the beach and shared memories of their loved ones. The children made little bark boats and placed tea light candles on them before sending them off to sea.

A beautifully carved bench made by local artist, Michael Windrim, will soon be installed in a clearing overlooking the crash site in Sutil Channel. The bench features five porpoises representing the five men aboard the plane. "We like to believe the five porpoises are accompanying them on their new journey!"

The families would like to thank the members of the Cape Mudge Band, Brian Kelly, Yvonne and Ted Lewis for their generosity and helping them find the perfect location for the bench.

Time has stood still for many this past year and the reality of their disappearance is gradually setting in.

The ongoing investigation will hopefully provide the final pieces of the puzzle and give them answers as to what happened that morning and allow them to move on.



The bench created by local artist Michael Windrim features the five porpoises representing each of the men.



also Cover: Everett Decock pushes a candle out to sea in memory of bis father Doug, bis uncle Trevor and the other men who died in the plane crash.

D.I. Contributors' tip of the day!

Did you know - most common word processing and email programs automatically add the typographically correct amount of space after a period. So there's no need to hit the space bar twice after a period, just once will do. Lessens your chance of carpel tunnel syndrome too!

Legion News

Come Join In the FUN 7days a week Sunday - Thursday 2:30p to to 9:30p

Friday - Saturday 2:30 to

General Meeting - 3rd Wednesday of every month. Falling on March 15th at 8pm. Come out and support the Legion.

Food – Terry's Take Out best hamburgers in Town. Family dinning from 3p to 9pm Sunday thru Saturday.

Meat Draw – Every Saturday starting at 5pm. Draw every half hour till 6:30 pm. There is a \$ 50.00 cash draw at the last draw of the month. Cash Draw donated for March by Discovery Island Roofing Specialists Hedefine Contracting.

Darts – Come meet new people and try your hand at darts. Open Dart Tournament March 17th and 18th. Friday nite registration time 6pm to 7pm game starts at 7pm. Saturday morning registration 10am to 11am game starts at 11am.

Spud Gun Shoot – April 08 at the Nuttings Farm 359 Cape Mudge Road. Great fun for the whole family!

Garage Sale – 10am to 2pm April 15th held by The Ladies Auxiliary. Tables are \$5.00 contact either Chris at 285-2207 or Marie Brown at 285-2345

Plant and Bake Sale – May 06 held by the Ladies Auxiliary contact numbers are Marie Brown- 285-2345 and or Chris 285-2207





Business Cards • Letterhead Envelopes • Continuous Forms Cheques • Invoices • Brochures

Phone 285-COPY

Click - back

Results of last issue's online poll

The question was:
Should the Regional District
commission a feasibility
study into the viability of
operating the inter-island
ferry runs in partnership
with First Nations and other
interested bodies?

Yes = 60% No = 20% Need More Info = 20%

See this issue's poll question on page 5



Blues, Folk, Poetry, Reggae

Come hear some original home grown Quadra Island music at the Aroma Cafe at 7:30 p.m. on Saturday night, March 25, 2006. Curtis Galbraith, singer, guitar & harp player does the blues & some original tunes. Sunday Dennis and friends performs new songs never performed in public on Quadra Island before.

Bring your virgin ears. Quadra authors will read from poems and stories published in the upcoming issue of Up Your Inlet, Volume 3. Shirley Locks & the Buddhas will more some table aside for some rockin reggae dancing on a midsized dance floor.

Listening starts at 7:45 p.m., Doors open at 7:30 p.m., Dancing starts at 9:30 p.m. Cost is \$5 at the door. Beer and wine & munchies are available. Small place, good vibes, local talent. See you there! Call Steve at 285-3323 for more info

Free Money

Free money will be distributed from 11:30 a.m. to noon on Wednesday, March 22 at the Quadra Community Centre. (Just before the community lunch) We are trying to come up with some slogans. Can you help us?

So far we got "We don't deal with small change," "Money does grow on trees," "There is such a thing as a free lunch," Money is not for hoarding, it's for giving away," "The gift is in the giving," "Love your neighbour," and "If someone asks for your coat, give them your shirt too" although these last three have been used before. Call Steve at 285-3323 with any ideas.

Also, if you got a bit more money than you need, we can help you give it away to some local citizens, who are temporarily short on cash. Sometimes we're flush, sometimes not.

The goal of free money is to keep a good economic balance on the island. No multi-millionaires and no one short on food, shelter and clothing. Strictly voluntary. No Robin Hoods or Che's are needed when a little sharing takes

Salmon Enhancement: Where to Now?

~ A Quadra Island Perspective ~

The theme for this month's Mitlenatch Field Naturalists presentation is the future of local salmon enhancement. Laurie Bowles of the Quadra Island Salmon Enhancement Society (QISES) will be speaking on this subject on Friday, March 17th at the Quadra Community Centre (7.30 pm).

The cumulative human-related impacts upon habitat, combined with excessive harvest, and naturally oscillating climate and ocean cycles have made effective management of the salmon resource extremely difficult. These problems have been further compounded over the past decade by the impacts of man-induced climate change and subsequent greater variation in ocean conditions.

For decades, hatchery-based projects up and down the coast have lead the way in salmon enhancement. Millions of fish have been specially raised and released, with the idea of boosting the dwindling natural populations. Hatcheries are one of many tools that have been used in managing the fishery: however its value is now being called into question. The whole area of salmon management is in a state of flux, just like the environment that supports the fish themselves.

There also shifts in the thinking around the effectiveness of hatcheries generally. Current data show that the production and release of juvenile salmonids can increase, or at least help sustain runs of fish. However, more recent research calls into question the efficacy of releasing large numbers of genetically similar fish into the rivers and streams. The debate is complex, and is likely to continue in the foreseeable future.

Quadra Island Salmon Enhancement Society's (QISES) activities have evolved over the years, adjusting to current government programs and more importantly, to local needs. Now they too are having to rethink their role. If hatcheries are not necessarily the way to go, how could salmon enhancement be most effectively achieved?

Since the early 1980's OISES

has been involved in its on-going hatchery program, raising and releasing primarily chum and coho fry in many of the islands salmon bearing creeks. For the last two years the hatchery has lain idle, but the volunteer members of QISES have been busy with other enhancement projects.

The Society has been involved in many habitat restoration projects, based upon the science and salmon management priorities of the day. QISES has also acted as a strong local advocate to government relative to annual regional fishing plans and issues.

The question is that is now facing the Society is "What meaningful role can QISES play in assisting in the management of our local salmon populations in this world of havoc?"

The Society's Board of Directors has been re-evaluating their role over the past several years and subsequently adjusting their activities to best fit the current realities. Present activities include:

- The hatchery, though still functional, has not operated for the past two years. The Directors are considering what role the out planting of fry should have in this day and age—is the process beneficial, and if so, specifically where and for what reason?
- Village Lakes is of particular concern. Sockeve numbers have dropped dramatically over the past 7-10 years and there is no clear reason why, even in light of the current impact scenarios. In conjunction with DFO, a wide variety data is being conducted on lake conditions, particularly temperature and oxygen. Electronic data recorders are enumerating salmon, water flow and temperature at the Village Lakes outlet. Data collection is planned to be intensified this year with the assistance of Malaspina University/College. The lake's chemical composition will be monitored, along with feed-supply conditions. Test netting will also
- The current shift in climate conditions has left most of Quadra's streams with a lack of flowing water

for summer juvenile salmon rearing. OISES instituted a long term project two years ago aimed at increasing summer water supply. Structures placed in the streams are creating more and deeper pools (thanks to the scouring action of winter high water flows), and several sites are being studied with the idea of storing late spring runoff in the creek headwaters and releasing the flows during the summer low water period.

• The most recent program, just now unfolding, is the QISES Extension and Education Program. A portion of the hatchery building is being remodelled into an interpretative centre. The theme of the program is watershed education and the encouragement of sound land use and natural runoff management, through education. The information is to be targeted at not just our adult island residents, but to our youth (through presentations and workshops) and the thousands of tourists that come here annually.

The program will also involve the development of two interpretative trail systems over the next two years, on portions of Hyacinthe and Granite creeks.

The Quadra Island Salmon Enhancement Society (QISES) is a non-profit registered charitable society formed approx. 1980. The Society presently maintains a hatchery and office on 10 acres of leased Crown Land, on Hyacinthe Rd, just north of the Walcan Rd junction. QISES is looking for islanders who would like to get involved in these projects. Volunteers are asked to contact Laurie Bowles (285-2957) to find out more details.

Laurie Bowles' Mitlenatch presentation will outline the history of hatcheries and other salmon enhancement measures in BC, as well as give some background to some of the general and local issues involved. He will speak to the initiatives that have been undertaken by QISES in the past, and those that are scheduled for this year and into the future. We are looking forward to an informative presentation, and would like to invite you to join us on Friday, March 17th at the Quadra Community Centre (7.30 pm).

Quadra Island Cultural Committee presents The Abegg Trio

Quadra Cultural Committee is delighted to sponsor the stellar international chamber group "Abegg Trio" at Quadra Community Centre on Friday, March 24th, at 8pm. The trio of violinist Ulrich Beetz, cellist Birgit Erichson and pianist Gerrit Zitterbart formed in 1976 in Hanover, Germany, taking the Abegg name from Robert Schumann's first published composition, "Abegg Variations #1". They began to gather prizes from an early stage, winning international competitions in Geneva, Bonn, Bordeaux, and many other European musical hotspots.

Although Abegg Trio calls Germany home, where all three members are professors in music conservatories, the ensemble travels extensively, having played in 45 countries in Europe, North and South America, Asia, and Africa, sharing their love of music in formal concert halls, festivals gardens, and classrooms. Six years into their partnership, they began a serious project of recording their extensive repertoire, and have created over 25 CD's, many of which have won awards. Five of them, including Smetana and Ravel pieces, have garnered a German Critics' Choice Award, and their Schubert CD was named German "CD of the Year". Their discography includes the complete cycles of piano trios by Mozart, Beethoven, Schubert, Mendelssohn, Schumann, Brahms, and Dvorak.

Piano trio music has a special place in the hearts of classical music lovers, exemplifying some

of the most beautiful, evocative, and intimate literature ever composed in Western music. Abegg's Quadra concert program will bring together a combination of less and more familiar pieces, including, German, Russian, and French compositions: Franz Schubert's Pianotrio E-flat major op.100 D.V. 929, written in 1827, the year before his untimely death at age 31; Friedrich Smetana's Pianotrio op.15, written in 1855, and Maurice Ravel's Pianotrio in "a" minor, written in 1914. The diverse styles of these compositions, both in time and place, promises to provide a varied and thrilling experience for the audience, showcasing the depth of experience and mastery of this trio of musicians.

At their 25th anniversary concert in Hanover, German critic Ludolf Baucke remarked, "The Abegg Trio conveyed to the audience the combination of artistic sensibility and musical passion that lies at the heart of their interpretations. Chamber music is their life's work and as this astonishing concert made clear, this work is still going on even after 25 years". Treat yourself to a sublime and astonishing evening in Europe by joining the Abegg Trio on Quadra on March 24th.

Advance tickets are available at Quadra Crafts in Heriot Bay, Hummingbird Stationery in the Cove, and The Music Plant in Campbell River at \$17. Tickets will be available at the door for \$20. Youth 16 and under may attend free when accompanied by an adult.

Quadra Seniors BR.91-B.C.O.A.P.O.

In March we had a informative meeting Val Barr, from the Garden club, spoke to us about different plants, and bushes we might have in our properties. "Thanks Val" it was a very interesting talk.

Two of our members, Mark and Carolyn Edson, became Canadian Citizen's on March 11th/05, "Congratulation's" to you both.

Our Easter meeting will be on April 5th Wed. Come at 10:00 am, bring your Prettiest, decorated, Easter Cookie, and your most beautiful Easter Bouguet or Centerpiece, to enter into Contests. There will be judging and prizes, Also a word game, will be held. Our entertainment at 10:30 am will be Judy O'dell & Gorden James a musical duo, with a vocalist, maybe Easter Rabbit will drop by, too. Except the meeting day, which is, 1st Wed. every Wed.

We have Tai-Chi at 10:00 am Carpet Bowling at 10:30 am—Armchair- Aerobics with(Ann Lawrence) at 1:00 pm. Walk on the Spit 11:00 am -Sundays starting at boat Launch, or parking lot, contact Peter Gregg-285-3237—

Computer Group-contact Ken Duncan- 285-3787— Welcome to all Seniors Young and Experienced- for membership call Ruth Amiabel 285-3801 or Cliff Hand 923-5814—Come and visit our meetings, as a guest, and join if you would like to take part.



Warehouse sales Sundays 9-1, 1370 Hooley Rd. **285-2114**

audreyneri@gicable.com







Treat yourself to a sublime and astonishing evening in Europe by joining the Abegg Trio on Quadra on March 24th.

Blaine Smith Painting & Contracting

Serving all your **residential** and **commercial** needs.

painting •finishing •tilingdecks •drywall •flooring •renovations

You name it I do it!

20 years painting experience Seniors discount available p. (250) 285-3045 c. (250) 202-6299

G. ROY DAHLNAS EXCAVATING LTD.

•EXCAVATING • TRUCKING • SAND • GRAVEL • TOP SOIL • DRAIN ROCK

ROAD CRUSH • WELL CASINGS





INSTALLATION / REPAIR & MAINTENANCE FOR ALL TYPES OF ROOFING

Custom-Fabricated Sheet Metal

Call Shane Hedefine

285-2866

SORENSEN - MACDONALD ENTERPRISES LTD.

Erik Sorensen mini-excavator

Need a little digging? Give us a call

285-3906

203-3906 (cell)



Area J Regional Director's Report

March 12, 2006

by Jim Abram

So, what shall I talk about this issue??? I know.... how about BC Ferries!

The protest!

I want to tell the people of Quadra Island and Cortes Island that you are wonderful! I am so proud to represent you. It was so encouraging to have so many people give up their time to attend the protest at the Legislature in Victoria. You helped to make it a great success. We were able to get media coverage of the issues in pretty much all of the media outlets that count. All of them were sympathetic to our cause and issues, and critical of government's refusal to meet with us. Although the government was dismissive in their attitude towards our issues, they will not be able to ignore them. The wave is just starting to build, and once again, it all started with our two islands. So, be proud of the work that you have done and are doing on this issue and do not get discouraged. The other islands participated to a degree but are now far more aware of the issues and are coming on board to help where they can. (no pun intended)

I will be part of two strategy meetings this week to decide where we need to go from here and will be informing you as soon as we know. I have written to the Premier and Minister to register my disappointment with the treatment that you, my constituents, and those from other areas, received on March 2nd. That letter should be in print elsewhere in this issue if there was enough room for it. I will not go into the details here. A media release went out with the letter to all of the BC media yesterday. So, there should be some follow up media next week. The article and letters to the editors are still appearing around the province as I write this report.

RD Planning priorities

We had our first planning priority meeting last week at the RD office in Courtenay, and in the interest of accountability to you, I want you to know what is being sought, by me, for the good of Area J. Needless to say, there are many items that every director had to put

forward as high priority for their area. To keep this brief, so there will space in the DI to print it, I will say that the issues that I put forward after much discussion were the following: (in no particular order) Select by-law items for review; select OCP items for review... probably rural/residential policies for a start; completion of a Local Area Plan (LAP) for the Q. Cove area using the UBC information that was worked on a couple of years ago; Select items for review in the Desolation Sound Rural Land Use Bylaw; and two of the most talked about issues throughout the RD... affordable housing and seniors housing. I am not just talking about pleasing little clauses in our OCP, but actually coming up with a solution to the problem. If we want our youth to stick around and live here and have babies that grow up to live on Quadra and if we want our seniors to stop leaving so they can get the housing and care that they need, here on the island, then we must come together and work hard on these two issues. So that is how I will be spending my time over the next little while, mixed in with a thousand other issues that come up on a daily basis. Some of the zoning by-law amendments that may need to be made over time are being done on a one-at-a-time basis as I am able to "fit" them into the agenda at the RD without making a big deal out of it and calling it a "bylaw review", which I have been told is not on. financially nor personnel wise. So, I will do my best to look after our needs.

I am going to close here so that the likelihood of this being printed increases. Please fell free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me at anytime at <mailto:abramfam@oberon.ark. com>abramfam@oberon.ark.com, or by mail at Box 278 in the Cove, VOP 1NO

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area J), RDCS



Heidi Ridgway Your Resident Quadra Island Realtor

and integrity Call me!

ROYAL LEPAGE Advance Realty For professionalism

Toll free 1-888-286- 1932

Deanna Collins Cortes Island Real Estate Specialist Call today for a complimentary catalogue of listings

Successful Oyster operation in Gorge harbour offered at \$264,900. Sale includes a 5yr contract to purchase the oysters. contact Deanna for details

Call or email me

Heidi@QuadraIslandRealEstate.com 250 285-2217 www.QuadraIslandRealEstate.com

deannacollins@royallepage.ca www.CortesIsland.bc.ca



Call or email me 250-286-3293

From Our School Board Trustee

months have been full and productive. I have been

able to fulfill most of my initial goals, having now visited Cortes, Quadra, Phoenix, and Carihi Schools, and met with the Parent Advisory Councils (PACs) of the first two. Surge School has eluded me twice because of horrific Southeasters, but I will persevere. On the theory that I had to "walk the walk", I participated in the district's first Technology Review (this necessitated thinking first!), the results of which will be known later this month. I also attended meetings at Georgia Park (2), EDM, and Pinecrest, enjoyed the opening of the new Robron Centre which now houses Continuing Ed, eBlend, First Nations, and Elm Street programs, attended a Board retreat designed to get us up to speed for budget talks, spent time at the stimulating District-wide Professional Development Day at Carihi, attended a two day BC School Trustees' Association Academy in Richmond, dropped in on our District's Sunday presentation to the External Review Team which reviews are district every three years, and sat in on my first CADAC Community Drug and Alcohol Committee) meeting.

In addition to our regular monthly public business meetings, the School Board meets as an Education Committee every four weeks, spending 1.5 hours in each of two schools, where we gain a better understanding of the strengths and concerns of the school. We are the only Board in the province with this practice and we value it highly. On February 7, we met at Phoenix and heard from Principal Nevenka Fair and several teachers and PAC members about the thoughtful work that is going on there. On March 7, Carihi Principal Tom Demeo along with a similar group told us about Carihi. Although it is impossible to encapsulate the broad spectrum of educational activities that takes place in these complex schools in a few sentences, the School Planning Council (SPC), comprised of staff, parents, and at Carihi, two students, creates an annual Growth Plan which describes the school's goals, and acts as a map for the overall focus for the year. These plans are

interesting public documents which are tailored to the individual needs of a particular school, and provide the reader with a snapshot of that school. Curious parents can obtain copies from principals.

All this is interesting and necessary, but ultimately it's schools that are the marvellous places to spend time. In both my Island School visits, I was struck forcefully by a strong sense of purpose; there is bustle and commotion backed by intention. Students are engaged and learning. Activities are diverse and creative. Teachers are working to address the myriad academic and social needs of the children through many channels. Yes, there is careful focus on the fundamental and essential skills of literacy and numeracy, but there is also attention being given to social and environmental responsibility, science, health and fitness, and the arts. Parents and other community members are contributing in many ways to the vibrancy of the programs in our schools. If you have not attended a public school function recently, I would urge you to seek opportunities to do so, and enjoy the accomplishments of our children. In particular, the involvement of parents in their children's educations is known to be a primary factor in student success, and schools support and welcome parental interest. Effective parents recognize the importance of their positive involvement and make it a priority.

Next public Board meeting: Tuesday, March 21 at School Board Office (425 Pinecrest). Education Committee meetings will be held at Cortes and Quadra Schools on April 25. Watch for times in newsletters. I'd love to see you there. Until next time, - Helen Moats

Both the Outlying Island and Campbell River educational communities were saddened by the untimely death of former trustee and Quadra resident David Moon on March 1st. His fellow trustees and SD 72 benefited from him as a dignified, wise, and humourous man who put a unique stamp of fairness on his educational contributions. The Educational Community extends its condolences and gratitude to his wife Anita and children Landy and Sidney.

At the Village Square Ph: 285-3822 **C** Fx: 285-3935 ferment@telus.net Erik & Wendy Sorensen

Seniors Helping Seniors Eyesight.

As the Seniors Helping Seniors co-ordinator on Cortes Island I get all sorts of questions and requests. Many times I end up going online to find the answers.

This was also the case when someone told me they were slowly losing their eyesight. It wasn't bad yet, but it was slowly getting worse. Did I know where to get some information? No, I did not. But after talking to my neighbour Don Ross and doing research on Google I came across The Canadian National Institute for the Blind (CNIB).

The specific objectives of the CNIB are.

- To foster the integration of blind, visually impaired and deaf-blind persons into the mainstream of Canadian society
- To improve the condition of blind and visually impaired people in Canada
 - To prevent blindness
- To promote sight enhancement services

Some of the services they offer:

- · Counseling and Referral
- · Rehabilitation Teaching
- Orientation & Mobility Training
- Sight Enhancement
- Technical Aids
- Library Services

Many seniors don't use a computer, so I have put together an information package. It is printed in a bigger font and it outlines general information & some benefits you might wish to access. The information is to point you into the right direction if you are losing your eyesight or live with someone who is losing his or her eyesight.

For more info call CNIB at 1-888-572-

If you would like to receive the information package please phone Ester Strijbos at (250) 935-6441

NOLE CREEK SAWMILLS Portable Bandsaw Mill We buy logs or standing timber On-site custom milling Kiln dried interior panelling & flooring

For a free estimate, call today

Grea Hewitt 285-2762

 New construction Renovations

• Pumps & pressure systems

- Service work
- Hot water heat
- Built-in vacuums
- Certified plumber

Harry's **Plumbing** & Heating

285-3288

All work guaranteed 1 year



Electrical Contracting

Service and Maintenance

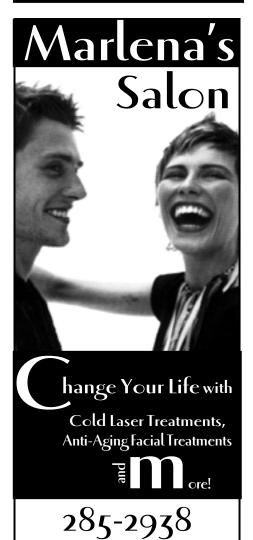
Emery A. Savage Campbell River Tel: (250) 923-5577 Fax: (250) 923-7707

Bob Turner Quadra Island

Tel: (250) 285-3926 Fax: (250) 285-3928

Electrical Contracting • Design Service • Maintenance • Repairs

24 Hour Service





<u>On the Big Island</u>

Genealogy Society Open House

The Campbell River Genealogy Society is hosting an Open House to celebrate their 20th Anniversary. Join them on Saturday, April 22nd from 1 to 4 pm at the Maritime Heritage Centre for an informative display of their members' research and techniques. In addition to the displays, there will be members with internet connections who will assist the public by offering limited advice on tracing your family tree and accessing databases that contain census records, vital statistics indexes and more. For further information call Janice at 923-6368 or email wilkin1@telus.net

Open House At New Fire Hall

The Regional District of Comox-Strathcona (RDCS) and the Oyster River volunteer fire department will be holding an open house at the new Oyster River/ Black Creek fire hall on Saturday March 18 from noon to 3 pm.

"This project has been several years in the making," said Barry Minaker, RDCS director for Puntledge-Black Creek (Area "C") and chair of the Oyster River fire hall building committee. "We are so pleased to see it finally happen and are proud of the role that the regional district played in making it a reality."

The RDCS provides financial support for fire protection services in this area and worked with the volunteer fire department on the design and construction of the fire

"From the perspective of fire protection we are extremely pleased to have this building," said volunteer fire chief Al Mose. "The facility provides much improved working conditions for our volunteer fire fighters, which in turn will provide an even better ability to serve the residents of this area."

"The completion of this fire hall is a great addition in the area of fire protection and safety in our area," said Brenda Leigh, RDCS director for Oyster Bay-Buttle Lake (Area "D"). "We want everyone to see this new, modern facility and to help us celebrate its opening."

The open house will be held at the fire hall, located at 2241 Catherwood Road in Black Creek.

Campbell River Art Gallery Coming Events

The Campbell River Art Gallery is partnering with Impression's Gallery & Custom Framing for a short lecture on the do's and don'ts of framing artwork. The lecture is going to be presented by staff from Impression's Gallery, at the Campbell River Art Gallery's Annual General Meeting on Thursday, March 23rd at 7 pm in the Main Gallery. This event is being held just in time for local artists to start thinking about preparing for the 24th Annual Members' Show that will be taking place from June 2nd to July 8th at the Gallery. Every year jurors at this annual show comment on the quality of framing they see in the exhibition. This lecture will help to develop our understanding of the process of framing and the aesthetic values used to select the frames and matt styles. Those who attend will learn that not all framing needs to be expensive, but it must enhance (not detract) from the work. The Art Gallery's Annual General Meeting will follow the talk. Admission to this event is by donation. Goodies and refreshments will be served.

What is Mixed Media anyways? Come to the Campbell River Art Gallery's Super Saturday Art Making event on March 18th and find out. It will be "Mixed Media Mayhem" as we explore artist Andy Shutse Lou's work in the exhibition "Simplicity and Spontaneity" currently on display in the Main Gallery. Lou uses Chinese brushes, rice paper and ink fused with vibrant watercolours and acrylic paints to create his dynamic landscapes. We will use some of the same materials to create our own mixed media masterpieces.

Super Saturday Art Making events are an opportunity for families to spend an afternoon exploring their creative side together. Admission to Super Saturdays is by donation, and all of the materials are provided thanks to the support of gallery member, Marna Disbrow, of Quadra Island. There will be lots of volunteer artists on hand to guide you as you learn art-making techniques related to current exhibitions at the Gallery. The program is open to aspiring artist of all ages, and no pre-registration is required. Super Saturdays are held from 1-3pm every other Saturday at the Campbell River Art Gallery, located at 1235 Shopper's Row (in Tyee Plaza). For more information contact the gallery at 287-2261.

726 Cramer Road, Heriot Bay

Now Open Every Day 9 am - 9 pm

Specials from Fri. March 17-23

while quantities last







uadra Foods SPECIALS THIS WEEK

Bal	kery
McGavins Smart Bread	\$2 ^{.19} _{570g}
Apple Pies Baked-In-Store	\$3.99 680g

Mea	at
Family Pack Bone-In Chicken Thigh	Buy One Get S One Free
Fletchers Smokehouse Bacon	\$3 .99 500g pack
Pork Shoulder Butt Roast	boneless \$2.19
Inside Round Beef Oven Roast	\$2.19
Tiger Prawns Raw Pre-Frozen	\$1.98 100g
Previously Frozen Lamb Loin Chops	\$5 ^{.99}

A 315	0777
Bulk	
Raw Cashews	\$2.29 per 100g
Organic - White & Brown Basmati Rice	59¢ per 100g
B.B.Q. Snack Mix	79¢ per 100g

Purex \$8.99 Bathroom Tissue 24 Roll or Double 12's	Minute Rice \$2.99
Western Family \$6.99	Adam's 2 \$7.00 Peanut Butter 5009
Detergent 2.95L Tri-V \$1.29 7099	Island Farms \$2.99 Margarine \$9079
Tri-V \$1 :57099 Dogfood \$12 :99 Case of 12	Minute Maid Punches 99¢
Cloverleaf \$1.99 Pink Salmon	Aunt Jemima Pancake Mixes \$2.59 9059
Heinz 4 \$5.00 Beans FOR \$5.00	Bear Creek Soup Mixes \$2.99
Primo 99¢ Beans 540ml	Nature Valley Yogurt Granola Bars \$2.99
Pineapple FOR \$5.00 Juice 398ml	Zatarain's Rice Mixes \$1.99

Minute Rice	\$2.99 700g
Adam's 2 Peanut Butte	\$ 57 .00
Island Farms Margarine	\$2.99 907g
Minute Maid Punches	99¢
Aunt Jemima Pancake Mixes	\$2.59 905g
Bear Creek Soup Mixes	\$2 .99
Nature Valley Yogurt Granola Bars	\$2.99 175g
Zatarain's Rice Mixes	\$1.99 1989

Prod	uce
Earthbound Farms Organic Salads Assorted 50z. Clamshel	\$2 .98 I Pack
Long English Cucumbers B.C. Hot House Grown	98¢
Extra Fancy Gala Apples Washington Grown	78 ¢
Organic Carrots	\$1.88 21b Bag

Deli
Garlic Brushetta Turkey Breast \$1.99 per 1009
Pizza Salami 79¢
Stuffed \$1.69
Caps per 100g Made-In-Store
Feta Cheese \$1.39



658 Harper Rd. 285-3391



We Will Match All Advertised Quadra Island Specials!



Island Report

by Tanya Storr

Tourism on the Discovery Islands: Diverse and Growing

Ithough the mornings are still frosty, local tourism operators, accommodations, and promoters are busy gearing up for the 2006 season. Tourism on the islands is becoming more diverse each year, with providers offering unique and memorable activities for island visitors. I spoke to some of the people who are involved in innovative niches of this growing industry.

Geraldine Kenny and Rod Burns opened the first farmstay in BC on their 10-acre Bold Point property in 1995. To their knowledge, there is only one other farmstay operating in the province at this time, located in the Okanagan.

Rod and Geraldine offer three types of vacations at Bold Point Farmstay. Guests can choose the B&B option, enjoying their close proximity to Crescent Channel, Village Bay Lakes, and the forest.

Alternatively, visitors can take part in the Learn by Doing Program, participating in farm activities such as holistic gardening and animal husbandry. Guests spend four hours per day helping out on the farm, and the rest of the day is theirs.

"Nothing is obligatory," Geraldine noted. "If guests would rather go swimming, they can go swimming. Most are chomping at the bit, however, and want to do all the farm stuff."

Activities include planting, weeding, processing (smoking, curing, freezing, juice pressing, wine and jam making, and dehydrating), and wild crafting (harvesting nettles, mushrooms, and berries).

"We bring the harvest home and teach our guests how to process it. Our philosophy is how to decrease your ecological footprint, and we follow organic principles," said Geraldine.

The third vacation option is to spend time at Bold Point Homestay as part of a larger Canadian tour. This arrangement attracts mostly European guests.

"By the time they get here, these guests may have been on the road for 4,000 km. Many just want to sit on the deck and put their feet up," Geraldine relayed.

Rod is a Canadian Certified Heritage Interpreter and leads guests on educational



Geraldine Kenny with lambs at Bold Point Farmstay.

Photo by Rod Burns.

wilderness learning experiences. He also teaches heritage interpretation to tour guides, as the market is now demanding interpretation skills.

With 12 new lambs to care for and summer bookings already at 70%, Rod and Geraldine are on the cusp of a busy season. Geraldine noted that they accommodate guests in the spring and fall shoulder seasons as well.

Bold Point Farmstay received a Star Fish Award - Honourable Mention from the Oceans Blue Foundation in 2002 in recognition of their efforts as an environmentally responsible ecotourism operation.

Leanne Hodges of West Coast Wild art & outdoor services views tourism from the dual perspective of an artist and tour operator. When she moved to Quadra in 1998 she perceived that the surface of tourism had hardly been scratched.

"That included most of the east side of Vancouver Island or the inner coastal water ways. It was obvious that key players, now the movers and shakers, were poised to define a tourism image and associated goals," she observed.

Market diversification has been the operative word due to declines in salmon fishing opportunities, Leanne continued. She pointed out that the tourism industry is now dealing with an educated and discerning market.

"The future, in my opinion, should be a stronger alliance with a code of ethics and strong market branding for the Discovery Islands that unifies the operators and the area, like Clayoquot."

One area that has grown in leaps and bounds is cultural tourism, specifically the arts. The Quadra Island Artists Studio Tour attracts visitors from many parts of North America and abroad. The fourth annual studio tour will take place on June 3 & 4, 2006, and will showcase the work of more than 30 artists working in a wide variety of media.

Chris Rose is on the studio tour's organizing committee. He is a sculptor and administrates the Quadra Island Arts website, with assistance from Chris Thompson. Chris Rose said there is no doubt that the arts are attracting increasing numbers of visitors to the island. "The arts and tourism go hand in hand," he remarked.

In 2004 the Quadra Island Arts website received approximately 100 visitors per month. Last year that number increased to 365 per month, and in 2006 there have been more than 500 visitors per month to date.

Studio tour ticket sales have also gone up each year, and the number of tour patrons staying in island accommodations has increased annually as well. The event gives the tourism industry an early season boost. "Artists bring visitor traffic here. When they visit our studios we talk, answer questions, and share information," Chris said.

The studio tour and Quadra Island Arts website have benefited Quadra artists by giving them increased exposure.

"The tour and website have really become a gateway. I've responded to e-mails from visitors asking how they can contact artists they saw on the tour. And one of the potters got a contract last year to supply a gallery in the Interior," Chris detailed.

Marketing is key to the success of events like the studio tour. Gordon James and Chris Rose developed a CD Rom to promote this year's tour. They sent it to Canadian and US newspapers, as well as to galleries and museums.

Philip Stone, editor and publisher of the *Discovery Islander*, produces a number of tourism-related publications. These include the Discovery Islands Visitor Guide, Quadra Island and Discovery Islands websites, Quadra Island map, and his series of Wild Isle Publications guidebooks. He is also a Director of the Discovery Islands Chamber of Commerce.

Philip said the diversity of the local economy has allowed Quadra, Cortes, and neighbouring islands to avoid the economic woes suffered by other coastal communities in the last decade or so

"Tourism has been a significant part of that. The varied opportunities the Discovery Islands offer visitors and residents alike are what makes our region more attractive to the world at large than other communities vying for the same tourist trade," he noted.

For the most part, the tourism sector works cooperatively-sometimes tangibly and sometimes in spirit, Philip continued.

"Either way this is reflected in the 'feel' the islands present to potential visitors offering a warm welcome and a guaranteed 'vacation of a lifetime.'"

Philip predicted that 2006 will be a significant year for the Discovery Islands' tourism industry.

"I sense that the combined efforts of all those promoting the region are reaching a level of scope and high quality presentation that is putting us on a par with other communities who have been ahead of us so far like Tofino, Whistler, etc."

This will bring unprecedented numbers of visitors along with the economic benefits, Philip noted. At the same time, the increase in tourism will raise the sense of urgency on finding solutions to the less desirable aspects of these numbers of visitors.

"These include ferry capacity, property prices, and future development. We need to ensure our communities grow in a manner where we can continue to prosper from tourism, while retaining the attributes we all came here for," he said.

Emergency Plan For Quadra Island

s you may know, all Regional Districts are now required, by the BC Emergency Program Act, to have in place an Emergency Plan for their areas, to reflect the preparation for, response to, and recovery from emergencies and disasters. As part of the Regional District of Comox-Strathcona, Quadra Island is now part of the Northern Communities Emergency Program (NCEP), which includes RDCS Areas D, G, H, I, & J; the City of Campbell River; and the Villages of Sayward, Gold River, Tahsis, and Zeballos. The Emergency Program is headed by the NCEP Coordinator, Mike Fournier.

On March 6th; Corporal Rick Fraser, in charge of the Quadra RCMP detachment; Unit Chief Dawn Ross of the Quadra Station of the BCAmbulance Service; and Fire Chief Murray Johnson of the Quadra Island Volunteer Fire Department all attended a day-long briefing for leaders of emergency response agencies from all of the NCEP communities. At this briefing, the newly-completed Emergency Response Guidelines for the NCEP were given to us and familiarization provided. This document provides the procedures and tools to help us respond appropriately to larger-scale emergencies, to bring in additional resources, to operate an Emergency Coordination centre, access emergency funding, etc.. It is at this point a beginning only, but an important one. Individual response agencies (Police, Fire, Ambulance, Highways, Public Works, etc) will now work on adding their own operational plans to this document.

Much of the focus for emergency planning will now be on prevention and preparedness, and to this end, the NCEP will concentrate for the year 2006 upon the following activities:

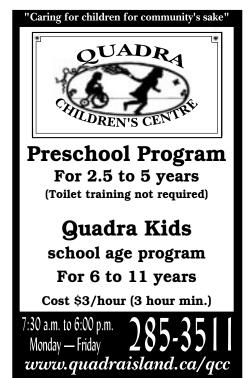
- form support groups in each area: Emergency Social Services (ESS), Neighbourhood Emergency Preparedness (NEPP), and Amateur Radio Emergency Services (ARES)
- form the Emergency Planning Committee, which consists of the heads of all responding agencies
- establish and equip Emergency Coordination Centres
- improve emergency communications including supplying satellite phones and VHF Base radios
- facilitate BC Emergency Response Management System (BCEMRS) training for responders, including Incident Command System training, emergency management clinics, and full-scale exercises

VOLUNTEER WANTED

At this time the NCEP is seeking a Quadra Island individual to be the Emergency Program Liaison for Quadra. This is a volunteer position with certain office, travel, and training expenses covered by the program. It requires a mature person who is reliable, organized, and willing to take some Emergency Management training courses. Requirements and duties include: familiarity with the geography and people of Quadra; willingness to attend monthly meetings; desire to promote personal emergency preparedness; work on recruiting volunteers for ESS and NEPP programs; become familiar with the Plan and other documents; and be the liaison between the Quadra Island Safety Committee and the NCEP.An email address is required as this is the primary form of communication. If you think that you might be the right person for this job, and are willing to take it on, please submit your name; contact information; details about yourself; any community, work, or other experience that may help you in this role; and your availability to: NCEP Deputy Coordinator Gaynelle Lobbes, gtllobbes@oberon.ark.com, copy to Fire Chief Murray Johnson, murray@island.net .

Once an EP Liaison is chosen and is in place, that person will be the primary contact for anyone wishing to volunteer for any of the NCEP activities. In the meantime, I am willing to be the contact for interested people. Much time has gone by as this Emergency Plan has developed, so even if you have previously shown interest, would you please contact us again so we don't miss you! Thanks!

Respectfully, Murray Johnson, Fire Chief





<u> Halliday's Viewpoint</u>

by Steven Halliday

Slow Steady Progress



hen the subject of this column is oil (such as the last one) the overall tone is generally negative, and

properly so; oil is a source of or contributor to many of the woes that faces the planet today. One positive exception was the column that ran in DI #290 under the heading All About Oil, wherein I explored the remarkable possibilities of a new process called thermal depolymerization, which apparently could render consumable oil from just about anything - anything carbon-based, that is. The process is experimental, and is being developed by a company called Changing World Technologies, which, at the time of writing (April 2003) was building a prototype plant in Carthage, Missouri to process the waste from a turkey processing plant. That plant is now running, rendering some 200 tons of turkey entrails into gas (used to power the process), water and about 300 barrels of oil, every day. I attempted to get updated information but unfortunately the company is keeping things close to their vest. The only update I could find advised that the plant is indeed running as planned, and that CWT is looking at expansion into other states (processing other types of waste) and Europe. As CWT is not a public company, they are not obliged to reveal much to the public - so they don't. What little I could uncover shows that the concept is seemingly sound, and the company is pressing ahead with development of the technology, though it is still several years away from being economically viable and widely available. Though unproven at present, CWT provides a ray of hope for the future.

A more recent development that will help reduce our dependence on conventional energy sources is being promoted out of South Africa. Scientists at the University of Johannesburg have developed a new highly efficient solar panel, which they have patented globally. Unlike current solar technologies that rely on silicon, the new panels utilize a "unique metal alloy" to convert light into energy, and are very thin and flexible. Silicon panels are rigid, and about 350 microns in thickness, while the new panels are about 5 microns (a human hair is about 20 microns) thick. The projected cost of the new panel is a fraction of the current silicon technology, and a German company named IFE Solar Systems is apparently setting up a manufacturing plant to produce 1,000 panels a day. While no numbers are presently provided, the operative word in the industry is that these panels will be cheap (supposedly, really cheap) as well as efficient. The photovoltaic alloy is called CIGS, short for Copper-Indium-GalliumdiSelenide, and it is so efficient that 1 micron of the material absorbs 99% of available incident solar energy - current silicon technology requires 350 microns to achieve the same result. Tests have shown that approximately 30 square meters will provide sufficient electricity to fully power a modest suburban home, and the panels themselves should have a 15-20 year lifespan, after which they can be recycled. Coupled with existing European technology for cheap, small and efficient energy storage, this new system has enormous implications for reducing dependence on carbonbased electricity production. Better energy storage methods are also just around the corner.

Another great source of hope for the future can be found in the person of Dean Kamen, the 54-year American inventor of the IBOT (an all-terrain wheelchair) and the Segway electric scooter. Kamen, the son of a sciencefiction comic illustrator, was a college student when he invented the first portable infusion pump to deliver medications (such as insulin) automatically. He dropped out of college (probably bored) and invented a dialysis machine the size of a phonebook - tiny when compared to the common dishwasher sized models. This before he was 30 years old, and at last count he owns over 150 patents. These medical inventions provided him the wealth to pursue any direction he wished, and the capital to underwrite research and development. Kamen says that all of his inventions were developed because of his desire to make things that ought to exist. The IBOT was developed after Kamen watched a man in a wheelchair try to negotiate a curb. Inspired, Kamen then built a wheelchair that can climb stairs. let alone a curb. The technology spawned by the IBOT led to the Segway, an environmentally friendly people mover that seems to be awaiting its niche. Now, he has turned his attention to the problem of delivering electricity and clean water to the estimated 1.5 billion people on the planet who presently have access to neither.

Kamen is building new technology on an old platform - the Stirling engine. Originally invented some 200 years ago by Scottish clergyman Robert Stirling as an alternative to the often-dangerous steam engine, the device uses the expansive/contractive nature of heated gases to power an engine, in a closed circuit. The engine

then powers a small generator, producing electricity. Kamen has perfected a small Stirling engine putting out about a kilowatt of electricity, which runs on anything combustible. His test platform was in Bangladesh, where the primary combustible happens to be cow dung. The test was a resounding success. The next stage involves mating the Stirling with a machine he calls the Slingshot, which will utilize the waste heat produced by the Stirling to purify water at the rate of 1,000 litres a day. The immediate goal is to produce a machine that will be suitable to provide water and electricity to a household or small rural village with a cost target in the \$1,000 to \$2,000 range. The ideal is to replace the dirty 500-megawatt conventionally fuelled plant of today with 500,000 one-kilowatt plants, owned and operated by their end users. Kamen has partnered with a Bangladeshi entrepreneur to commence production - once they figure out how to get the cost down from the \$100,000 each for the prototypes. Given his record. I'd bet Kamen will succeed, and the world will be a much better place for it.

Now that the world is finally waking up to the fact we have to end our dependence on oil, it is heartening to see that progress is being made on some workable alternatives. It is also interesting to note where that progress emanates not from the advanced labs of multinational energy corporations, but from university research and backyard tinkering, which is probably how Kamen views his approach. But then, I'm sure the ultimate objective of clean, cheap energy doesn't quite mesh with those corporation's current business plans. At least not until it becomes hugely profitable...like oil.

www.discoveryislander.ca

Classifieds

<u> Island Tides</u>

Pacific Standard Time

ACCOMMODATION

COMPANY COMING? Firesign B&B has Tourism BC approved accommodations for your family and friends in our cozy and comfortable 3-bedroom B&B with separate guest entrance, kitchenette, living room, Internet and cable TV: your friendly home away from home 285-3390. www.firesignbandb.com

FOR SALE

HONEY Pure, unpasturized fireweed honey from local beekeepers Fred and Roger Link at 633 Cape Mudge Road. Available in bulk buckets and beautiful gift jars. We will also fill your own containers. Please call Linda Link at 285-3759

STORES

AMPED ON NUTRITION

Quadra Island's health food store has now gotten bigger and fuller. Great new location in the Q-Cove Plaza. Come check us out! Store open 10-6, closed Sundays and Mondays for now. Take out opening very soon! Tel 285-3142

SERVICES

CUSTOM T-SHIRTS.

Get your logo screened onto T-shirts. Great way to promote your business. Printed right on Quadra by professionals. Call 285-2626 for price list.

SERVICES

WAGGIN' TAILS is up and running! Give your pet a little TLC while you're away. Available for daily and overnight pet care 7 days a week.

Contact Michael at 285-2367 for details.

O-COVE APPLIANCE REPAIR

Now doing repairs to all makes and models of automatic washers and dryers. Also new & used parts depot for all your appliance needs. Affordable rates. We carry a good selection of quality used washers and dryers. All appliances come with 1 year warranty on parts & labour. Free delivery on Quadra. Call 285-3425 or cell 202-3425

DISCOVERY--OFFICE ASSISTANCE & ORGANIZATION

- Full range of office services and bookkeeping
- Small & home based office organization

Tucker Dinnes tel: 285-2166 Email: dinnes@oberon.ark.com

TWO BOYS STONE MASONRY

Specializing in stone arches, interior features, walls, exterior facades, driveway pillars, stone walls, fireplaces. New to Quadra Island keen to get to work! Call 285-3811 or email: twoboysstonemasonry@hotmail.com

HELP WANTED

APRIL POINT AND SPA is currently recruiting for the position of Marina Manager. If you have a passion for boats, enjoy interacting with public and have a good handle of basic management skills - this position could be for you!

Resumés can be emailed to Joel Bridle at: joel bridle@obmg.com



Yellow Dog Trading Company

Bulk Foods & Baking Supplies

Open Mon. - Fri. 11 am - 5 pm Saturday 10 am - 5 pm

Buy as much as you want, or as little as you need.

285-2867 Walk or drive around behind Q-Cove's 'Old Yellow Dog' Plaza

ACUPUNCTURE Herbs & Nutrition.

Free consultation.
Sliding scale for treatment
(\$40 \rightarrow \$20)

Dr. Eileen Sowerby M.B. Ch.B. M.A. D.T.C.M.

Phone/Fax: 285-2434

How To Submit Your Classified Ad In 3 Easy Steps

- 1-Write or type up your advertisement with a heading and double-check your contact details: phone number and/ or email are correct.
- 2 Stop by our office at 701 Cape Mudge Rd. anytime or at Hummingbird Art and Office Supply during their opening hours with your ad and \$10.00 (that's \$9.35 plus 65¢ gst) in cash or cheque (sorry no credit cards) for around 40 words. Longer ads are charged at \$10/column inch.

If the D.I. office is closed use the secure mail box by the door. Payment is required at time of submission please.

Ads may be faxed to 285-2236 or emailed to news@discoveryislands.ca with payment following a.s.a.p.

3 - Sit back and wait for the calls!!

Questions call 285-2234 or email address above

ENERT

Quality Computer Systems delivered & setup in your home/office.



Service, Repairs, System Cleanup Parts, Upgrades,

Software & Internet Hookup

mattmart@connected.bc.ca | Call: 285-2431

-2431 Mudge

Pacific Standard Time			
For Quathiaski Cove March 17- 30			
17	06:00	11.94 ft.	
Fri	12:31	4.83 ft.	
	19:11	11.26 ft.	
18	00:24	7.49 ft.	
Sat	06:17	11.97 ft.	
	13:04	4.16 ft.	
	20:04	11.29 ft.	
19	01:00	8.47 ft.	
Sun	06:37	11.96 ft.	
	13:43	3.65 ft.	
	21:05	11.32 ft.	
20	01:38	9.43 ft.	
Mon	07:01	11.90 ft.	
	14:29	3.30 ft.	
	22:19	11.38 ft.	
21	02:21	10.28 ft.	
Tue	07:28	11.78 ft.	
	15:22	3.08 ft.	
	23:47	11.57 ft.	
22	03:13	10.94 ft.	
Wed	07:53	11.58 ft.	
	16:24	2.89 ft.	
23	01:08	11.90 ft.	
Thu	04:19	11.30 ft.	
	06:09	11.49 ft.	
	17:32	2.70 ft.	
24	02:00	12.22 ft.	
Fri	05:44	11.24 ft.	
	06:20	11.25 ft.	
	09:20	10.77 ft.	
	09:56	10.77 ft.	
	18:43	2.53 ft.	
25	02:36	12.47 ft.	
Sat	09:42	10.02 ft.	
	12:30	10.57 ft.	
	19:48	2.51 ft.	
26	03:08	12.67 ft.	
Sun	10:12	8.97 ft.	
	14:06	10.94 ft.	
	20:45	2.79 ft.	
27	03:37	12.86 ft.	
Mon	10:44	7.65 ft.	
	15:15	11.44 ft.	
	21:34	3.45 ft.	
28	04:07	13.06 ft.	
Tue	11:16	6.18 ft.	
	16:16	11.87 ft.	
	22:15	4.47 ft.	
29	04:37	13.24 ft.	
Wed	11:47	4.72 ft.	
	17:15	12.16 ft.	
	22:52	5.74 ft.	
30	05:06	13.34 ft.	
Thu	12:18	3.47 ft.	
	18:13 23:28	12.31 ft. 7.10 ft.	
			1
nder #3	365 Marcl	h 17 th , 2006	1



Bottle Returns for the Month of March will be Donated to Carihi Grad Class of 2006

GROCERY

Hagen Dazs **Ice Cream**

> **\$4.**88 500g

Hunt's

Tomato Sauce

\$1.28

680ml

Liberty

Mediterra Yogurt

Assorted flavours

\$2.88 500g

Assorted Coca-Cola

Products \$3.88 12 Pack

El Monterey Frozen Chicken or

Beef Taquitos

\$7.88 850g

Assorted Cheerios

\$3.98

450-575g

Imperial Soft Margarine

\$2.98

Nature Valley **Granola Bars**

> \$1.98 175-230g

Cascades

Bathroom Tissue

Recycled

\$5.88 24 Rolls

ORGANIC

1.36kg

Wholesome Foods **Brown Sugar**

\$3.48

681g

Eden ORGANIC **Canned Beans**

\$1.88 398ml

Anita's

ORGANIC

Whole Wheat Cake & Pastry Flour

\$12.88

10 kg

DELI

Roast Turkey

\$1.68

/ 100g

Monterey Jack

\$1.28 / 100g

Jamaican, Beef or Chicken Sausage Rolls

88¢ Each Spinach Dip

98¢

/100g

BAKERY

D'Italiano Bread

Thick Sliced

3 for \$5.00

Braided Cream Cheese Strudel

> 68¢ **Each**

Baked Fresh In-Store

Assorted Muffins

> \$2.98 6 Pack

Deluxe Filled **Bismarks**

2 for 98¢

MEAT

Farmer's Best Outside **Round Roast**

\$3.28 lb \$7.23/kg

Anti-biotic & hormone free Pork Loin **Centre Cut Chops**

\$2.98

lh \$6.57/kg

675g

Fresh Chicken **Thighs**

\$1.98_{lb} \$4.37/kg

Anti-biotic & hormone free Sliced - Bulk Bacon

\$3.98_{lb} \$8.77/kg

PRODUCE

Hothouse **Beefsteak Tomatoes**

\$1.68 lb \$3.70/kg

Mexican **Avocadoes**

98¢ Each

Red and yellow **Hothouse** Sweet **Peppers**

> \$1.88_{lb} \$4.14/kg

ORGANIC

Green leaf, Red leaf or Romaine Lettuce

2 for \$3.00

Specials in effect March 19 - 25 while quantities last



GROCERY POST OFFICE LIQUOR HOURS: SUN & THURS 8AM-8PM . FRI & SAT 8AM-9PM