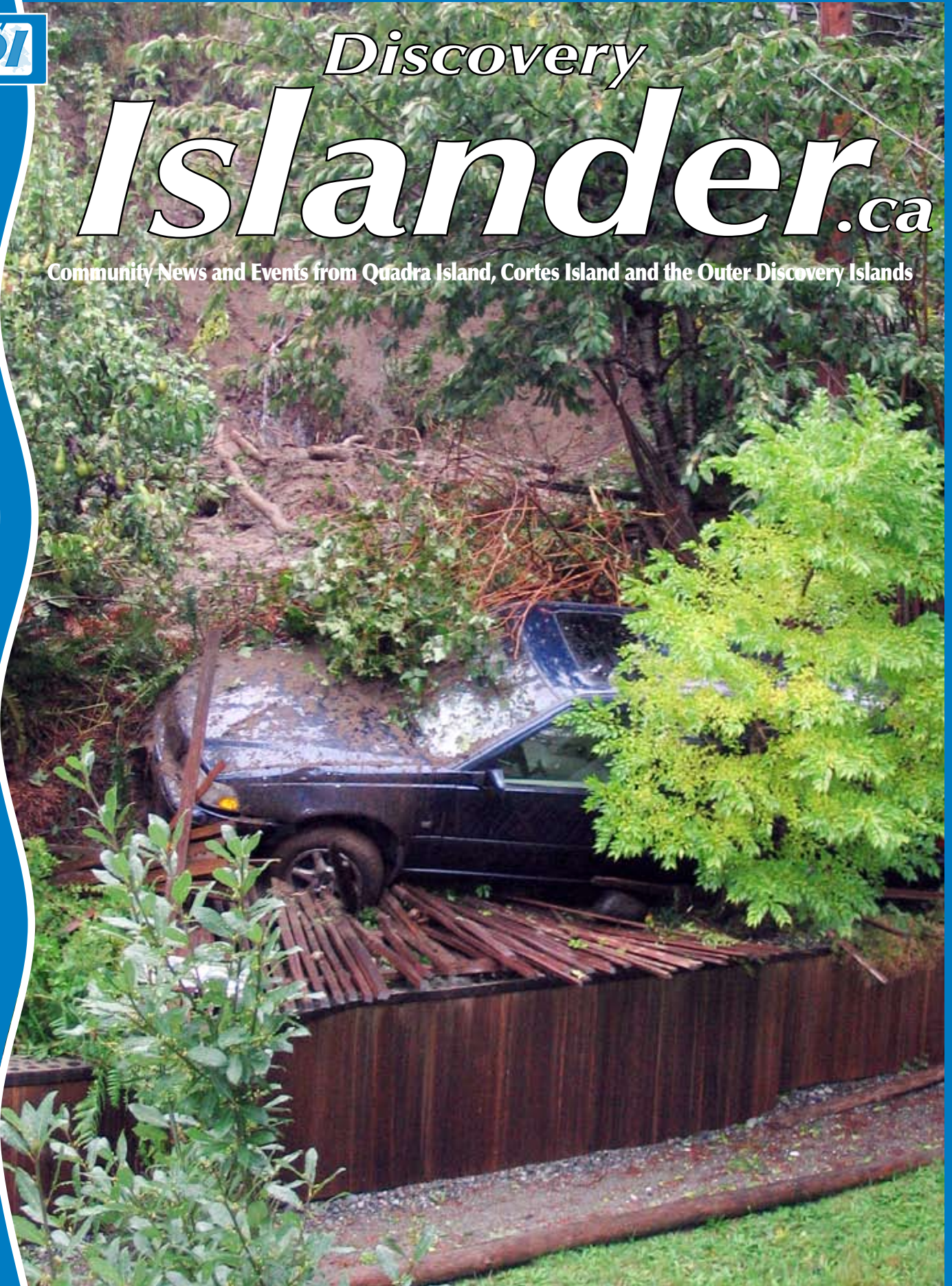




Discovery *Islander*.ca

Community News and Events from Quadra Island, Cortes Island and the Outer Discovery Islands



Advertising Information for 2008 Now Available

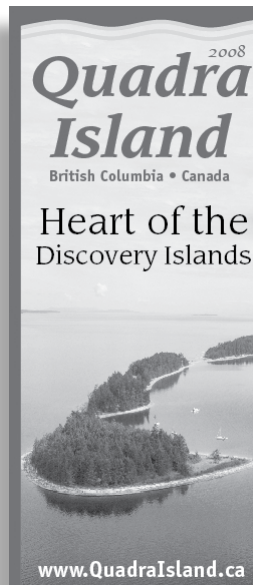


Discovery Islands
Media and Publishing

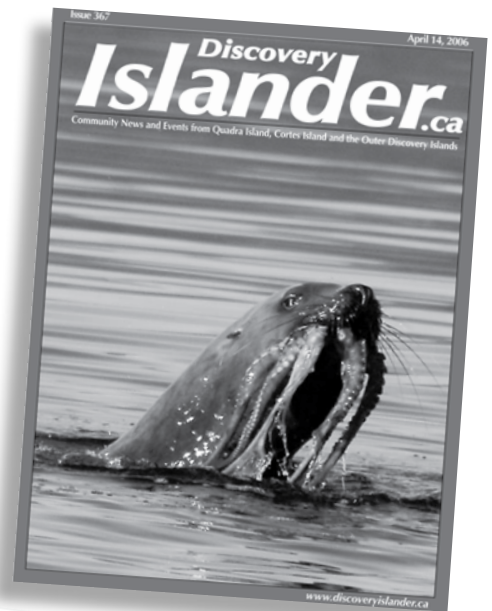
**Guide to the
Discovery Islands**



**Quadra Island
Map - Brochure**



**Discovery Islander
news and events**



www.QuadraIsland.ca



www.DiscoveryIslands.ca

**For more inquiries and/or to receive an information package
call: 250-285-2234 or email ads@discoveryislands.ca
or check online at:
www.DiscoveryIslands.ca/Advertising**



Island Calendar

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

The Regulars

- **Quadra Legion** - Now Open Fridays & Saturdays at 3:30 pm until 1:00 am
- **Every Monday** - Badminton, 7:30 Cape Mudge Hall
- **Every Tuesday** - Smile Makers Kidz Klub Q.I. Bible Church from 2:4 -4:15 pm
 - Kalina Folkdancers -QCC, 7:30 to 9:30 pm, Sept.to Apr.
 - Sketching group at Firesign Studio 10 am-12:00 pm
 - Al-anon meeting, 7.30 pm at the Childrens Centre
- **Every Wednesday** - Badminton, 7:30 pm Cape Mudge Hall
- **Every Thursday** - Isle Sing 3-4:30 pm Q.C.C. upstairs, use South entrance
 - Prayer Meeting, 7:00pm at Quadra Island Bible Church
 - 7-9:30 PM: Life drawing sessions at Firesign Studio 285-3390
- **Every Friday** - Free Pool, Darts and Shuffleboard at the Legion 4 pm to 1am
- **Every Saturday** - Legion Meat Draw 5:00pm to 6:30pm
 - Peace Vigil, Noon, Q.Cove Post Office
- **Every Sunday** - Sunday Service QI United Church 10:30
 - Family Worship Service 10:30am Quadra Island Bible Church
 - Buddhist Meditation 10:00 am Upper Realm
- Sunday Celebration, Centre for Positive Living - 900 Alder St. C.R. 10:20 - 11:20 am
- **1st and 3rd Wednesday** - Food Bank 1-2 Community Centre
- **3rd Sunday of Month** - Raw Food Pot Luck 5 - 7pm 285-3827
- **Last Saturday** - Bonus \$50 cash draw or gift certificate. Quadra Legion 6:30 pm

Next Deadline: Monday, October 22nd 2007

October

S	M	T	W	T	F	S
1	2	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

5 Day Forecast from Environment Canada

Thursday	Thursday night	Friday
High 14°C POP 30% Chance of showers	Low 8°C Cloudy	High 15°C Clearing
Saturday	Sunday	Monday
High 15°C Low 5°C Cloudy	High 15°C Low 5°C POP 40% Chance of showers	High 15°C Low 8°C POP 60% Chance of showers

On the cover



Aftermath! Mudslide on We Wai Kai Rd.
Photo: Scot Hutton

www.discoveryislander.ca

Next deadline for the
Discovery
Islander

October 22nd

701 Cape Mudge Rd
news@discoveryislands.ca

Day by day

Throughout October - The Bean InkT by Amy Louise at DRAW Gallery

Saturday, October 13

- Peace Vigil Q.Cove post office noon

- How Can Quadra Island Respond to Global Climate Change?
Guy Dauncey . Doors open at 7:00 pm Q.C.C.

Sunday, October 14

- Climate Action Planning for Quadra with Guy Dauncey 10 am to 3 pm Q.C.C.

- Buddhist Meditation Upper Realm, Q. Cove 10 am

Monday, October 15

- Healing & The Mind Q.C.C. 7 pm to 8:45 pm

- Garden Club presents David Leadbitter, "The art of catching garden beauty with a camera." Q.C.C. 7 pm

Thursday, October 18

- Wine Tasting with Five Course Dinner Tsa-Kwa-Luten Lodge 7 pm

Sunday, October 21

- Geshe YongDong speaks Upper Realm Q. Cove 11 am

Thursday, October 25

- Wine Tasting with Five Course Dinner Tsa-Kwa-Luten Lodge 7 pm

Friday, October 26

- Last Wild Wolves slide & new book presentation Q.C.C.
by Ian McAllister 7 pm presented by Sierra Quadra & Book Bonanza

Saturday October 27 - Sunday 28

- Quadra Quilters Guild Marathon Q.C.C.
9am - 9pm Sat, 9am - 3pm Sun.

Saturday-Sunday, November 3 -4

- Dianne Bersea watercolour workshop, Firesign Studio 285-3390



Discovery Islands Realty Ltd.

ISLAND SPECIALISTS
Quadra, Cortes & The Neighbouring Islands

Please call
us for any of
your real
estate needs.



Nancy Allwarden
Quadra & Outer Islands



Bill Bradshaw
Quadra & Outer Islands



Vicki deBoer
Cortes

www.discoveryislandsrealty.ca

Quadra 250.285.2800 Cortes 250.935.6716 islands@island.net

Discovery Islander

Issue 406 October 12th, 2007

Published bi-weekly and distributed free throughout the Discovery Islands by:

Discovery Islands media & publishing

PO Box 280 Quathiaski Cove,

B.C. V0P 1N0

Tel.: 250 285-2234 Fax: 250 285-2236

701 Cape Mudge Rd.

Office hours: Mon-Thurs 10-4pm

email: news@discoveryislands.ca

Publisher/Editor: Philip Stone

Staff Reporter: Tanya Storr

Printing: Castle Printing 285-3695

© Discovery Islander 2007 All Rights Reserved

Opinions expressed in this magazine are those of the contributors and do not represent the views of the publisher.

Agreement # 1408585



Printed on recycled paper



Discovery Islands
Media and Publishing

Subscriptions available

\$30.00* for 6 months

\$50.00* for 12 months (* includes GST)

Call 250 285-2234 for details

Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. Please help us by following these guidelines:

- Please print handwritten material clearly.
- Electronic items sent by email & must be saved as Word or rtf formats. Please spell check in Canadian English. Sorry no floppies.
- No MS Publisher, WordPerfect files or graphics in Word files please. Send imported graphics separately.
- Please use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, October 22nd



Island Forum

Say your piece: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

Dear Editor,

We would like to thank all of our wonderful and generous neighbours and friends who have leant a hand in helping us extricate ourselves out from under the 20 dumptruck loads of mud and rock after Sunday's landslide. We would especially like to thank Murray Johnson for attending personally to our plight as well as the many hours it took Hugh Ross and his highway's crew to remove the mountain of debris late Sunday night in order to avoid serious flooding; and a big shout out to Quadra's volunteer firefighters who several days later were on hand to dig out and remove our car that was buried in earth after being pushed 20 feet through our fence and into our yard.

We will be counting our blessings this Thanksgiving Weekend.

Scot, Chantal, Alexandra and Django

Thanks a Million.



We would like to send out a huge bouquet of roses to the wonderfuls souls who braved the weather on the last weekend of September to put a new roof on Quadra Children's Centre. Thanks to Ed Jordan, Scott Anderson, Ross McPhee, Sam Keefer, Scott McPhee, Joe Beldam, Matt Danylczuk, Keith Parlee, Matt Griswold, Laurie Bowles, Stacey Nielson, Rob Wilson, John Goodliffe, Scot Hutton, Tony Simard, Jeremy Savard, Rupert Gale and Dan Veloso. You all did an incredible job. Thanks to Quadra Credit Union for their donation awhile back to help purchase the materials for the roof. Thanks to Quadra Island Builders for the great deal on the materials. Thanks to Taste & Sea Catering for bringing the hot lunches. It is wonderful to see Quadra's community spirit at work again.

Quadra Children's Centre - staff and board

Dear Editor,

For the last hundred years or so there have been people studying, often living in, cultures that were still functioning - anthropologists working here and there around the world. Others mine the data thus obtained and seek to find parallels and similarities among *all* peoples, and sometimes surprising contrasts come to light.

Most cultures have seemed to share... well, one thing is that many people, clearly, are aware that we both kill to live, and are empathetic beings. Many cultures of people have had some sort of group gesture, some atonement ritual or recognition of spirit in the animals that they kill. They are clearly aware of the emotional dichotomy that comes up from their need to eat and their natural-born empathy.

Now it seems that the cultures of Europe are the *least* likely to make such gestures, express recognition of their internal conflict in this regard. So isn't it weirdly interesting in light of the fact that it is the Europeans and us, their offspring, who have been engaged in the systematic removal of ambient-life from the world?

For me, I have been living in painful awareness for years of both the demise of ambient life and the successful efforts of my cohorts here to keep that fact at an emotional distance. I watch the souls of my friends shrink to smaller and smaller spheres of awareness in, I think, an effort to remove themselves from a sense of responsibility, and thus action of some kind, concerning their own feeding into the deceit and conceit that characterizes the communities that exist around here.

It seems clear doesn't it, that we, out-sourced European cultures, carry the bias of our forebearers? Is it not also clear (but difficult) to see that, as an A.I.M. person said years ago, for the world to live Europe must die. He meant it symbolically but at some point it becomes literal, doesn't it?

Global warming, and all the bruhaha, is clearly just a part of the larger war on nature that the people here, like affluent people everywhere, are perpetuating on the world - no? Never mind the projected consequences of more greenhouse gases on our own fortress of solitude, there are an array of effects on the world, on ambient life, on how we live and aim to live. The outcome of personal ambition times a billion serves to ensure the narrowing genetic base of life on Earth and whether its tomorrow or in fifty years, will precipitate disaster for us all - all life.

Is this not obvious? Yet we as sentient beings can change the structure of politics and economics for a more benign effect... so why don't we? Nature will begin to fix itself in a trice if the people but let it. We can easily live much lower on the food chain - we are only led astray by our own boosterism, by our 'Rah rah' for U.S. rhetoric. You, my old dogs, can and must learn new tricks.

John-John the piper's son

www.discoveryislander.ca

Ferry Report -

New Q-Cove Ferry Building This Winter

by John Sprungman, Chair, Ferry Advisory Committee

Quathiaski Cove will get a new ferry terminal building this winter, and construction may start as early as next month. The go-ahead on the long-awaited project followed approval last week by BC Ferries' Capital Budget Committee and by President & CEO David Hahn.

The building will include washrooms, a waiting room, an electrical room, a terminal attendant's booth, storage, and a 10x10 commercial space which could be used for retail "or something of that nature," according to Erinn Cousins, the Manager of BC Ferries' Operations Administration.

"We have not secured a tenant at this point but will be evaluating the possibilities in the near future."

She said the "finishings, scale and design" would be similar to the recently completed Alert Bay terminal building (see photo, right).

Q-Ferry Refit Starts Monday

The MV Powell River Queen is scheduled to go to refit for four weeks beginning Monday for engine work and maintenance.

It will be replaced by the MV Bowen Queen which has a more limited capacity for overheight vehicles. Heading into the season of southeasters, the lack of an on-deck shelter for those who cannot climb stairs to the passenger lounges is an issue that was unresolved at this writing.

Q-Cove Traffic Flow

The new holding lanes on the hill in Quathiaski Cove are now clearly marked on the pavement with signs to follow. Hopefully, the use of the second lane will reduce the number of times traffic backs up around the corner across from the Credit Union. When it does, those waiting for the ferry can make the road safer for everyone by pulling onto the shoulder as much as possible.

Discussions are continuing with BC Ferries' terminal management regarding passenger walkways on the hill and marked crosswalks at the bottom. Safety for people on foot remains a concern at the entrance to the Harbour Authority parking lot with vehicles entering and leaving through the same gap. Caution on everyone's part will help.

Overloads About The Same...

It may have seemed worse than ever, but the number of overloads in July and August at the four terminals



New terminal building at Alert Bay.

serving the Quadra and Cortes ferries were remarkably similar this summer to last year with common patterns on individual days and during the week.

I have turned BC Ferries' overload statistics into tables which clearly show these patterns and have sent them to management in the hope they will make staffing and capacity needs more obvious to everyone.

Quathiaski Cove frequently needed a second lot attendant to manage traffic this summer, but the practice was to call in another person when the situation was already beyond the control of one attendant.

Cortes Summer Relief

For several years now, there has been talk of bringing the MV Tachek, which serves Hornby Island in the winter, onto the Quadra-Cortes route for the summer. It is a 30-car vessel which the docks at Heriot Bay and Whaletown can accommodate. It has the same engines and requires no more crew than the MV Tenaka.

Two years ago, we were told, it couldn't be used on the Cortes run because it didn't have holding tanks for sewage. This past summer it had to go to refit. Now all the smaller BC Ferries are in the process of getting holding tanks and that shouldn't be a reason next summer.

Tsa·Kwa·Luten

The Oceanfront Resort at Cape Mudge



A Unique Resort Designed to Renew Your Soul.



Seaside Dining at its Finest

Every Wednesday
Prime Rib Special
\$16.95 5-8 pm

Every Thursday
Rib Special
\$16.95 5-9 pm

Every Friday
Seafood Dinner Special
\$26.95
with Jazz Pianist
Ron Hadley 6-9:30 pm

www.capemudgeresort.com Reservations Recommended 285-2042

More deck capacity with the same schedule is probably the only way Cortes is going to get any summer relief until BC Ferries has a larger replacement vessel for the MV Tenaka.

Flexibility For Them, Not Us

Although the government gave BC Ferries the flexibility to drop one roundtrip a day on any run, provided the same total number of roundtrips were provided in a year, management has no immediate plans to use that option for seasonal schedule changes.

At the annual general meeting in Powell River in September, President & CEO David Hahn told the Ferry Advisory Committee Chairs that some lightly traveled sailings would be used for training and required drills and would be unavailable to the public. These would be made up by adding trips at busier times, resulting in more revenue on those trips and less cost for crew overtime.

The Ferries & Ghg Reductions

BC Ferries may not be subject to Premier Gordon Campbell's soon-to-be legislated requirements for the BC government and its Crown corporations to significantly reduce greenhouse gas (GHG) emissions in their operations. Another FAC Chair reported that Ministry of Transportation officials at the recent Union of B.C. Municipalities convention in Vancouver said BC Ferries was not included in Campbell's mandate "because it is not a Crown corporation."

The Liberal government's shell game with privatization continues: BC Ferry Services Inc. is legally a private company, which was created by government legislation. Its only important shares are wholly owned by the BC government.

Asking about GHG at the Powell River AGM, David Hahn mentioned a number of initiatives BC Ferries has implemented such as fuel monitoring systems which control engine speed to maximize fuel efficiency. He also said the 3 new Super-C ferries for the mainland routes would be 30% more fuel efficient than the existing big ferries.

It turns out that the Northern Adventure, the ship purchased in Spain to replace the Queen of the North, burns considerably more diesel per roundtrip than the vessel which sank a year ago last March. An amendment to BC Ferries' fuel estimates submitted to the Ferry Commissioner revealed that fact and was confirmed by the Commissioner in an FAC Chairs' meeting with him.

Ticket Books & Cash Cards

The FAC's next meeting will be from 11 a.m. to 2:30 p.m. Friday, Nov. 30th at the Quadra Community Centre. BC Ferries' Vice President & Chief Financial Officer Rob Clarke will be present to explain the plans for replacing paper ticket books with cash cards and to answer questions.

FAC meetings are open to the public. Ferry users who cannot attend can email comments or questions to me at sprungman@twincomm.ca.



Area J Regional Director's Report

October 12, 2007

by Jim Abram

I am racing the foul weather outside to get this report filed before we lose power. All fingers crossed, so typing is difficult to say the least! I will try to keep this as short as possible this issue, but there are a couple of items I do want to talk about.

Granite Bay Hydro Meeting

On October 3rd a meeting was held with five members of B.C. Hydro staff and the Granite Bay community, myself, members of Skookum Logging Contractors and a representative from the Ministry of Transportation and Highways. The purpose was to hand over the \$96,000.00 (and change) cheque to B.C. Hydro so as to get the project underway, officially. It is done! the project is real and hydro will be a reality in Granite Bay in the next year. It has been a real treat to work with such a committed, hard working group of volunteers in Granite Bay. The original push came from resident, Len Kirkby, and was followed through to the end by Chris Toulmin. Everyone helped out in their own way.

I am proud to be your Regional Director while yet another cooperative effort has proven to be successful. It is such a great feeling to get things done for our island.



Chris Toulmin, Granite Bay community committee organizer (Chris did the majority of the work in recent months) Corey McAstocker, Area Project manager

Jim Abram, Electoral Area J Director for Comox-Strathcona Regional District (I've been there since the start, doing my part, but Chris deserves the credit for making this happen)

Lucky Jim Mine

The last I heard, we were to have the materials for the renovations to the mine site delivered to the site on October 9th. I am awaiting word from the Ministry to confirm the delivery date and then I will organize the work party. the Ministry of Tourism, Sports and the Arts (Charlie Cornfield) picked up the bill for materials in the amount of more than \$5,654.50. The Ministry of Forests and Range (Rory Annett) picked

up the costs of the delivery. The Quadra Recreation Society will add the site to the list of sites that they cover in their agreement with the Regional District and the trails committee will be discussing this further. The Regional District paid for the engineered design drawings and we, the community, will supply the brute force to put it all together. I am very pleased to have had the invaluable assistance of Charlie Cornfield and Rory Annett within the two previously mentioned Ministries. Once again, this shows what we can accomplish on our island when we all work together. I am looking forward to the upcoming work party. We can still use some more volunteers!

Official Community Plan (OCP)

So, Wednesday night, October 10th, will be the Public Hearing for our OCP. I am hoping we have a really good turnout. The Directors at the hearing need to hear your thoughts. I think that we came a long way during the year-long process and, personally, I feel that we managed to come up the middle in trying to accommodate everyone's ideas on how best to plan for the changes ahead that we must all prepare for.

If the OCP is adopted, there will still be more work to be done on details around development permits, multiple housing options for different ages, water studies, a sewer study for Heriot Bay, and lots of work to be done around climate change. These are things that can be done in conjunction with the Regional District and some can be done within the community and forwarded to the RD.

I am required to tell you that after the Public Hearing closes, none of the Directors will be able to receive any input from the public. That means no contact whatsoever regarding the OCP: no emails with last minute suggestions, or calls with questions, etc. We cannot receive new information after the close. Sorry for being repetitive, but this is very important.

So, for now, that is about all I have time for. Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at abramfam@oberon.ark.com, or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices!

Respectfully submitted,
Jim Abram

Director, Discovery Islands - Mainland Inlets (Area J), CSRD



News and Events

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

At Explore in October

Explore feature artist Frank Boas presents original works in watercolour October 2 - Nov 3rd New store hours Tues - Sat 11-5pm 285-3293

Aerobics

Enjoy a refreshing, well rounded body workout with Marion.

Low impact cardio, strength training upper and lower body, core conditioning and stretching to the beat of great music. Improve your fitness. Get more energy and be part of a fun group class.

Everyone welcome. Suitable for beginners. Classes are Mondays and Thursdays from 6:00- 7:30pm at the Community Centre.

7:00- 7:30pm will be focused on stretching and relaxation. Drop in \$ 7 incl. stretching. For more information call Marion at 285 2895

Robert Evans
Fine Woodworking

202 - 9478

Experienced shipwright with expertise in fine woodworking looking for small home renovation projects



Only organically grown, fair-trade coffee. Kiosk opens at 6:00 a.m. daily at the Q-Cove ferry terminal.

Quadra Island Runners

Sundays at 8 am. Meet at the junction of Heriot Bay Road and Rebecca Spit Road. Anyone welcome!

Free Wood

Due to unexpected delays, the free wood program will probably not happen this coming winter. My apologies to the Community. Getting wood was not the problem; there were four generous donors. But we needed a small building to keep the wood nice & dry and so far we have not been able to do that. As usual, time, space & money have been a problem. The basic idea is still a good one.

Time will tell if we can actually do it. Call Steve Moore at 285-3323 for more information or to make suggestions.

At the Legion

Quadra Legion Lounge open Tuesday, Friday, Saturday at 4:00pm. Check out Taste & Sea Catering! Meat draws support Quadra Island based non-profit organizations on Saturday's 5:00pm to 6:30pm. New and established members with guests welcome. See you at the Legion!

Smile Makers Kidz Klub

Hey kids! Smile Makers Kidz Klub is back at Quadra Island Bible Church. Remember all the games, snacks, crafts, stories and fun? Well it starts again on October 23rd. Get ready for fun every Tuesday after school, from 2:45 to 4:15. Our theme this fall is "Playing on God's Team". Kidz Klub is free for kids in kindergarten through grade 6. Call 285-2020 with any questions.

Art Show

New works by Laurie Bartlett and Lyn Farquharson September 23 - October 21 at the Grasshopper Gallery 748 West Road, next to the RCMP Station. Everyone welcome 295-3136

Open House and Concert

John and Ann Toelle invite you to an Open House and Concert at the new West Road Yoga studio, 680 Industrial Way.

Come have a tour and listen to some great music. Performances by Sunday Dennis, Kent O'Neill, John Toelle and special guest Erik Lunde.

Studio open at 6:30. Concert by donation at 7:30 Saturday October 20th. Seating on the floor. Bring your cushion or festival chair and a beverage of your choice.





QUADRA Island BUILDERS

www.quadrabuilders.com













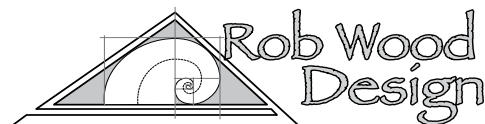

From Culverts to Raingear, We'll Keep You Dry!

Store Hours: Mon-Sat 8:00 - 5:00 • Sun 10:00 - 4:00

635 Noble Rd

Ph: 285-3221 Cortes Toll Free: 1-877-585-3221 Fax: 1-866-509-8928

Delivery to Cortes 4 days a week.



Design for Healthy Living

Helping to build
dreams in the
Discovery Islands
since 1978

- Site analysis
- Design assistance
- Energy conservation
- Handcrafted drawings

287-1945 or 287-6313

quintano@island.net

view my portfolio online
www.island.net/~robwood

Searching for Results from your web site?



then get connected to
www.quadraisland.ca

Quadra Island **#1**

Quadra Island visitor info **#1**

Quadra Island galleries **#1**

Quadra Island real estate **#1**

Quadra Island accommodation **#1**

- **Business Listings**
- **Doorway Pages**
- **Banner Ads**
- **Web Site Design & Hosting**
- **130,000 Visitors annually.** (webstat from 2007)

info@quadraisland.ca

Local Couple Get Lucky

Two Quadra Island Seniors, let's call them Peter and Sophie, enter a bar and buy tickets on a draw. One hundred tickets are sold. There is a 1 in 50 chance that either Peter's or Sophie's ticket will be drawn. Peter's is drawn and his ticket removed.

Sophie now has a 1 in 99 chance that hers will be next and she comes up lucky. Assuming no skullduggery, what are the chances of this happening?

Well as there was a 1 in 50 chance of one of them being lucky in the first draw and 1 in 99 in the second, the chance of the combination win was 50 x 99 or 1 in 4950.

Of course, with Sophie's luck, who knows?

This is a reconstruction of a recent event that has some pondering the odds of such an occurrence. This is the way I see it, but maybe you see it differently. If so, please explain

Frank Smirfit

Quadra Quilters' Guild Marathon '07

It is wet, windy and down right nasty outside so it is a great time to sew. The quilters will be sewing up a storm, figuratively speaking, in the Community Centre on Saturday October 27 and Sunday October 28. Using donated fabric from all over North America and a variety of patterns which seem to get better each year, they will be sewing a goodly number of quilts. The quilts are designed for children from babies to eighteen years old. The quilts are taken in batches throughout the year to B.C. Childrens Hospital and Ronald MacDonald House. There they are given to children who are undergoing cancer treatment. The quilts help to give comfort to children going through a very difficult time and show them and their families that we care. Somehow there is always a quilt that appeals to every child and unfortunately the need never goes away.

The quilters would love to have you drop by and see the quilts between 1pm Saturday and noon Sunday. A Saturday evening or a Sunday morning visit will show you more quilts approaching completion. If you can quilt but are not a member of the guild and would like to volunteer your time, please contact Heather Van Der Est. If you are willing to spend a couple of hours ironing, please also contact Heather. Quilting has a long tradition in North America and is very much part of women's history on this continent. Come and experience the camaraderie and fun that happens when women get together to quilt.

Qigong Workshop

Qigong is a 3,000 year old Chinese system of simple and gentle movement exercises, co-ordinated with breathing to strengthen the flow of energy in the body, helping to release toxins and relieve stress.

This workshop will focus on Balancing the Heart Qigong. These eight simple exercises strengthen the heart and are practised in China for the prevention and treatment of hypertension and coronary disease.

The workshop is at the Quadra Community Centre in Room 3. Please use the south entrance. Saturday, November 3rd between 10 am and 3 pm. Cost is 450. To pre-register call Denise Maile at 285-3743.

Garden Club Photography Workshop



photo: David Leadbitter

Next Monday at the Community Centre, local photographer, David Leadbitter will discuss the art of catching garden beauty with a camera. By learning to take better photos, you can enjoy the special features you have created in the garden, during all seasons. What better tonic in the dark days of winter than to look at your summer garden and enjoy its bounty with a picture. David will give us an introduction to flower photography and show us how to improve our skills using any camera. He has worked commercially in advertising, portrait and stock photography for twenty years, and currently teaches photography at the college level. He will share with us some of his favorite images taken of our natural surroundings and the local gardens with a slide show presentation. What better way to catch those perfect, beautiful but fleeting moments in your garden than with a photo.

Join us at the Community Centre Monday October 15 at 7pm, new members welcome. Annual membership is \$10 which gives a discount at many local nurseries. Drop Ins \$2. We share plants, magazines, and garden knowledge. Remember Eileen's request/challenge that we all bring something beautiful, practical or curiously interesting for the show and tell table this month. We would love to see the results of all the time enjoyed in your garden. Anyone interested in showing off their largest, or oddest pumpkins or squash?

Quadra's Climate Change Action-Challenge

The doubters are quashed, the truth is out, and by now everyone should be aware that we are in the midst of a human-induced period of global warming and associated climatic shifts. The disruptions to the Earth's climate are already noticeable in many parts of the world, and they are forecast to become more dramatic in the years to come.

Now is the time to take action: if we do not, then there is no hope of slowing the damage to our planet. Every one of us needs to respond to this challenge... and we need to do it both as individuals, and as a community.

To participate in the action-challenge we need to learn about the range of different options that are available to us. What are people doing elsewhere? What other ideas and strategies should we be aware of? What innovative contributions can we make? Let's then take this information and move it forward into direct action, as well as planning and policy-making.

Fortunately, a respected and inspiring action-focused speaker will soon be visiting Quadra to help us with this process. Guy Dauncey will help us develop a vision of a more sustainable future for our island and our planet, and then to translate that vision into action. Check out the event details below, and mark your calendars for October 13th and 14th. These events are sponsored by Sierra Quadra, and admittance is by donation towards expenses.

Presentation:

Saturday, October 13th, 7.30pm (Doors open at 7.00pm) *"How Can Quadra Island Respond to Global Climate Change?"*

In this powerful and inspiring presentation, Guy Dauncey will give us an overview of some of the actions that are needed to address the climate change problem globally. He will then focus in on what island communities such as ours here on Quadra can do to contribute to the solution.

Workshop:

Sunday, October 14th 10am to 3pm *"Let's Make It Happen! Climate Action Planning for Quadra."*

Communities like ours can and should work to lay the foundation for a healthy, resilient and sustainable future. By brainstorming together during Guy dauncey's participatory workshop we can begin the process of developing a local action plan, and thus addressing global climate change.

The greater the community representation at this workshop, the better the foundation of our plan. To help safeguard our future, we need to be thinking about such things such as land-use management, transportation planning, 'green' power options and energy efficiency, water quality and water-use, waste reduction and management, and 'greener' buildings.

So, please come along and share your ideas, your enthusiasm, and your knowledge with us at the Community Centre. Refreshments will be provided, and you are encouraged to bring a bagged lunch.

Geshe YongDong

Geshe YongDong, a Tibetan Buddhist monk from Courtenay, B.C., will be speaking & leading a meditation on Quadra Island on Sunday, October 21 at 11 a.m. in the Upper Realm at Quathiaski Cove.

Last month 30 people were delighted with Geshe's presentation. Everyone is welcome to attend. Suggested donation is \$10 but pay what you can afford. Folks from Cortes Island can phone Steve or Danielle for a ride to & from the ferry at 285-3323.

Isle Sing!!!

Winter's coming. What better way to shake off the winter blues and raise those endorphin levels than singing in harmony your neighbors and friends? Open to all singers, regardless of experience. We gather to raise our voices in songs that uplift and inspire.

Isle Sing !! is modeled after the 'natural voice movement' which has been spreading across Europe and North America in recent years. Through this movement, neighborhood singing circles and choirs have sprung up based on inclusiveness and the belief that singing is basic to human nature. All societies throughout history have sung together to mark births and deaths, to unify and heal, and to strengthen and celebrate. It is in this spirit that we sing. We come together as participants and co-creators of music. This flies in the face music consumerism which encourages us to enjoy music through our CD purchase and leave the business of singing to the professionals.

Many of us have shut down our voices, having been told as children that we could not sing or having been asked to "mouth the words" in concerts. Some have been discouraged by trying to sing in a choir section which did not match their vocal range.

The voice can be reopened and confidence restored with listening exercises, group toning and entrainment within a supportive group of singers. It's never too late!!

Isle Sing!! is led by Dayna Davis, who has been inspired and mentored by Shivon Robinson of "The Gettin' Higher Choir", Victoria and Tina Erickson of "Letz Sing", Vancouver Island. She recently studied with Ysay Barnwell of "Sweet Honey in The Rock". Dayna brings a love of world music to the group and a belief in the power of song and voice to unify and cross cultural boundaries. Songs, chants and rounds from all religious traditions weave together. Gospel, freedom songs, lullabies, sea shanties, love songs, and peace chants bring us closer to the struggles and joys of people round the world.

Isle Sing!! is happening on Quadra at the Community Center on Thursday afternoons from 3-4:30 and on Cortes at Linnaea School on Tuesday evenings from 7-8:30. The cost is \$63 for 10 weeks and \$7 for drop-in. Sessions run from Sept 18-Nov. 20 on Cortes and from Sept 20 to Nov. 22 on Quadra. The first session is free for newcomers. Older children are welcome. Call Dayna 935-6674 for more information. Check out www.ubuntuchoirs.net for info on other similar choirs in our area.

 **The Coast Discovery Inn and Marina**

FEATURING

88 GUEST ROOMS

AC and Ocean View Rooms Available
FREE Wireless Internet Access



D.I. RESTAURANT AND LOUNGE

We offer it all!

**STEAK ~ PASTA
PIZZA ~ SEAFOOD
PRIME RIB**

Daily Drink Special

Weekly Feature

All You Can Eat
Friday Night Prime Rib Buffet



**COLD, BEER, WINE
& LIQUOR STORE**

**SPECIALS BELOW
LIQUOR STORE PRICING**

KOKANEE	BUDWEISER	LUCKY
24 pack	15 pack	8 pack
\$36.75*	\$24.15*	\$11.90*

*plus deposit

Drive Up Parking

Open 7 days a week
9:00 am - 11:00 pm



(250) 287-7155
Reservation Line
1-800-663-1144

www.coasthotels.com



HERIOT BAY

100% Locally owned and operated

TRU VALUE FOODS

GROCERY

Food For Life
Ezekiel 4:9

Sesame Bread

ORGANIC
\$3.98
680g

Wholesome Sweeteners

Sucanat

Sugar

ORGANIC
\$3.98
454g

Eden

Apple
Sauce

ORGANIC
\$3.28
796ml

Kraft
Cracker
Chee

So Nice

Soy
Beverage

ORGANIC
2 for **\$4.00**
All Varieties 946ml

Lundberg
Short Grain

Brown Rice

ORGANIC
\$3.48
907g

Choice
Assorted

Black Teas

ORGANIC
\$2.98
16 Pack

Bassili'
Lasa
Chicken o

Imagine Foods

Soups

ORGANIC
\$3.98
1L

Cocoa Camino

Chocolate
Bars

ORGANIC
\$3.98
100g

Tribal Java

Organic
Coffee

Ceremonial Dance, Offering or Ancient Ritual

ORGANIC
\$9.98
1lb

McCain
Sup
Assorte

Amy's

Refried
Beans

ORGANIC
\$1.98
398ml

Santa Cruz

Sparkling
Juices

ORGANIC
98¢
355ml

Powerade

All Flavours

5 for **\$5.00**
710ml

Olivina
Marg

PRODUCE

Chinese

Mandarin
Oranges

\$4.98
5lb Box

ORGANIC

BC Grown
Carrots

\$4.98
5lb Bag

BC Hothouse
Sweet
Mixed

Peppers

\$3.98
2 lb Bag

Earthbound Farms

Romaine
Hearts

2 for **\$5.00**
3 Pack

BC Grown
Jumbo

Mushrooms

\$2.48
lb
\$5.47/kg

ORGANIC

BC Grown
Royal Gala

Apples

\$1.48
/lb
\$3.26/kg

BULK

Sunkist

Pistachios

\$1.28
/100g

Rolled

Oats

24¢
/100g

Wine
Gums

88¢
/100g

Crystalized

Ginger
Chunks

68¢
/100g

Almond
Bark

\$1.48
/100g
White, Dark or Milk Chocolate

Rice

Crackers

78¢
/100g

Bottle Returns in October will be Donated to the Quadra Elementary P.A.C.

Fall Hours - Fri. -

We're Storm-Proof!

When the power is out - our lights will be on.
We will be here to serve you during our regular hours.

October 12 - 25 While Quantities Last

Barrel
ses **\$3.98**
200g

s Best
gna **\$3.98**
907g
or Beef

n **\$2.98**
erfries
d Varieties 750-900g

arine **2 for \$4.00**
454g

Peak Fren
Cookies **\$2.98**
Assorted Varieties 300-350g

Alaskan Classics
Ice Cream **\$5.98**
1089ml
Bearclaw, Moosetracks or Caribou Caramel

Quaker
Harvest Crunch **\$3.98**
235g
Apple, Honeynut or Raisin Almond

Ocean's
Tuna **5 for \$5.00**
170g
Chunk or Flaked

MEAT

Farmer's Best
Sirloin Tip **\$3.88** / lb
Roasts \$8.55/kg

Boneless **Hot Price!!**
Pork Loin **\$3.98** / lb
Chops \$8.77/kg
Family Packs

Fresh - Whole
Frying Chicken **\$1.98** / lb
\$4.37/kg

Boneless
Ham Steaks **\$2.48** / lb
\$5.47/kg

Maple Lodge
Chicken Wings **\$8.88**
908 g
Buffalo, Honey-Garlic or BBQ

Fresh
Honey-Garlic Sausages **\$3.28** / lb
\$7.23/kg
Made In-Store

BAKERY

Fresh **\$1.48** Each
Baquettes
French, Harvest Grain or Foccacia

Pumpkin **New Product**
Cream Roll **\$4.48**
660g

Caribou
Pies **\$4.98**
454g
Cherry, Blueberry,
Strawberry-Rhubarb,
Apple Honey Crumble

Fresh
Doughnuts **5 for \$2.00**
Glazed, Jelly,
Cake or Pumpkin

Artisan
Whole Clove Garlic or
Potato Rosemary Bread **\$2.98**
454g

Squiggly, Wiggly
Worm Cakes **\$9.98**
7 inch

DELI

Freybe's
Honey Ham **\$1.48** / 100g

Shepherds **New Product**
Pie **\$3.98**

Fresh
Pasta Primavera **78¢** / 100g
Salad

Oriental Express **New Product**
Combo Meals **\$4.98**
500g

Sausage
Rolls **2 for \$1.98**
Beef, Chicken or Jamaican

New Product
Meat Loaf **\$1.28** / 100g
with Tomato Sauce

Sat. 7 am - 9 pm Sun.-Thurs. 7 am - 8 pm



285-2436

www.discoveryislander.ca

Discovery Islander #406 October 12th, 2007 11

Last Wild Wolves

presentation at community centre

Friday, October 26, 7:00 p.m.

EVENT: The Last Wild Wolves, a slide presentation

Location: Quadra Community Centre

Hosts: Sierra Club and Book Bonanza at-the-Cove

Admission: by donation

Join award winning author and photographer Ian McAllister as he launches his latest book, *The Last Wild Wolves*. An unforgettable evening of exploration, adventure and first hand accounts drawn from nearly two decades of wildlife observation, research and photography along the remote outposts of Canada's Great Bear Rainforest.

See images never before shown of wolves diving for salmon, the globally rare white spirit bear and Canada's largest grizzly bears - and find out what Canada's environmental movement is doing to protect them.

"Ian's first book, *The Great Bear Rainforest* launched the international campaign to protect Canada's northern rainforest. With the emerging threats facing the Great Bear - the *Last Wild Wolves* will assuredly finish the job" - Will Horter, Dogwood Initiative

The slide presentation, hosted by Sierra Club and Book Bonanza at-the-Cove, takes place at Quadra Community Centre on Friday, October 26 at 7:00 p.m., by donation.



Ian McAllister

Time for Lunch

Quadra Island's Community Lunch is starting up again soon. Mark Wednesday, Sept. 19 on your calendar and come to the Community Centre at noon to meet your neighbours and eat a delicious meal.

The lunch will happen weekly on Wednesdays from the 19th on through to next spring. If you already know how special this occasion is, bring a friend who doesn't know about it yet. The more the merrier. The lunch is supported by a donation box, and is made possible by many generous volunteers.

Fall Painting Workshops at Firesign Studio

Perrin Sparks is teaching "Steps to a Likeness" a 5-day portrait painting workshop on October 1-5, Monday-Friday from 9 AM-3 PM at Firesign Studio. Working with a live model, this is a great opportunity to learn techniques Perri has developed as professional portrait artist and medical illustrator. Students may use pastels, oils or acrylics. On November 3-4, Dianne Bersea will teach "Still Life with Watercolour", a weekend watercolour workshop for intermediate painters. Class size seven students maximum. Firesign studio also hosts ongoing life drawing sessions on Thursdays 7-9:30 PM, and drop-in sketch group on Tuesdays 10 AM-noon. Check the website at www.firesignartanddesign.com or call Nanci at 285-3390 for details.

Folk Dancing

This season's folk dancing has started at the Quadra Community Centre on Tuesday evenings at 7:30 pm.

We welcome anyone interested in joining us for light-hearted, mildly energetic dancing. Come on out and try it and find out if you'd like to join us for the rest of the season.

For more information phone Marci Wolter at 285-3849.



Custom Homebuilding

Toelle Construction Ltd.

Commercial • Residential

John Toelle

285-3783

www.jtoelle.com

A Unified Voice for the Islands' Business Community

JOIN TODAY

- Forum for Island businesses.
- Coordinating island promotion.
- Low annual membership dues

FOR MEMBERSHIP INFO

www.discoveryislands.ca/chamber

D.I.C.C. c/o Box 190, Quathiaski Cove, BC V0P 1N0

Call 1-866-285-2724 or eMail chamber@discoveryislands.ca

Buddhist Meditation

Come join the Sunday morning Buddhist Meditation. We meditate for 30 minutes, have tea & cookies and then read and discuss Pema Chodron's book called "When Things Fall Apart." Last weekend we discussed the Tonglen Practice of taking in the suffering of others and sending out Love with every out breath. Next week we are reading and discussing chapter 16 on the "servants of peace."

Last year, we had a wonderful group of 10-12 people meditating & sharing our collective wisdom in our circle discussions. This year its been a slow start. New people and old timers are always welcome.

We meet every Sunday morning at 10 a.m. in the Upper Realm of Q. Cove. Take the outside stairs up to Brenda's Yoga/Massage space. Call Steve or Danielle for more information at 285-3323

Peace Vigil

Peace vigils are a weekly event all across the country and in most B.C. cities and towns. For example, Roberts Creek and Courtenay have one. The Courtenay Peace Vigil is at Noon every Saturday in Front of the Downtown court house.

Quadra Action for Peace will be organizing a Peace Vigil every Saturday at Noon in front of the Post Office in Quathiaski Cove starting on October 13. Canada's war in Afghanistan is organized by the Federal Government and the Post Office is the only Federal Government building on our island. And it closes at Noon, so there shouldn't be a problem. Bring a candle and/or a peace sign of your own.

We will be carrying on the Peace Vigil until Canadian and American soldiers are brought safely home from Afghanistan and American troops withdraw from Iraq.

Recently, individual pictures of the over 70 Canadian soldiers killed in Afghanistan were posted on Quadra Island. More have died since then. Afghan and Iraq

civilian deads are also very troubling. Iraq now has over 2 million refugees who have been forced out of their homeland.

Be prepared for the long haul. "Give Peace a Chance" every Saturday at Noon in front of the Q. Cove Post Office.

Even one human with a candle sends a message, but the more the better. We'll stay for at least 30 minutes, maybe more. Call Steve at 285-3323 for more information.

Music Lessons

Island music at the Upper Realm is still accepting students for music lessons. With over 20 years experience, Dave and Michele offer lessons in several music disciplines. Learn how to play the trumpet, saxophone, flute, drum set, cello, violin, guitar or piano in a friendly positive environment. For those who like to sing, voice lessons are also available. Need an instrument? Island Music also has new guitars available for sale and can order the instrument of your choice. Call Dave at 285-2168.

Healing and the Mind

Don't forget the Bill Moyer's interviews with experts & yogis on the topic of "Healing & the Mind" starts this Monday, October 15 in Room #1 of the Quadra Community Centre at 7 p.m.

This is a six week course facilitated by Liam Grimm and sponsored by Quadra Circle and the Quadra School of Philosophy. The course will cover all the important interactions of the body and mind which can contribute to physical well being and mental peace of mind.

Call Liam Grimm at 287-9739 or Steve Moore at 285-3323 for more information.

Bookmaking Workshop

The Campbell River Arts Council will host a Bookmaking Workshop on Sunday, October 14, from 10am to 4 pm at the Sybil Andrews Cottage, 2131 South Island Highway in Willow Point. Local bookmaker Gwen Kushner will lead the workshop, designed to produce a 4-Needle Book and Concertina Scrapbook. This scrapbook will make for an excellent Christmas present and introduces endless possibilities for content, both of a historic or contemporary nature. It will also prepare local artists and writers for the Arts Council's 'Handmade Book Fair' to be held in the Spring of 2008. What can be more beautiful than a hand-crafted book? Please register early for this workshop as the last bookmaking session with Kushner sold out quickly. The cost for the workshop is \$55.00 and includes all supplies. Participants leave with a completed book by the end of the day. Call the Arts Council at 923-0213 to pre-register.

Peace of Mind

property management

Custom Designed
Inspections & Service

Indoor & outdoor
maintenance

Small repairs & contracting

We look after boats too!

Paul Ryan
250-285-3896
pryan@island.net



Niko's Fusion
Sushi Bar & Grill
Fully Licensed
Village Square Q. Cove
Reservations / Take-Out
Call today and make a reservation!
285-2355

Financial Strategies that Experts Use to Prosper

Strategies for:

- Increasing personal tax deductions
- Managing and eliminating debt
- Receiving your retirement income tax free
- Melting down your RRSPs before the taxman visits
- Doubling your investing power
- Estate planning to minimize taxation on death leaving more to your beneficiaries

Debbie Baier - Senior Advisor

250-285-3656 **dd8bb@telus.net**

...living and working in our community...

Blaine Smith Painting & Contracting

Serving all your residential and commercial needs.

- painting • finishing • tiling
- decks • drywall • flooring • renovations

You name it I do it!

20 years painting experience Seniors discount available

p. (250) 285-3045 c. (250) 202-6299



**Your Complete
Home Building Specialists:**
from concrete to cabinets

- Project Management
- Commercial & Residential Buildings
- Renovations
- Custom Homes & Additions
- Qualified Journeyman Carpenters

**High Performance Wall Systems
Certified Installers** 

Building a better Quadra Island

Free Estimates - Phone

285-3583

Fax 285-3573

www.quadrateventures.com

**SORENSEN - MACDONALD
ENTERPRISES LTD.**

Erik Sorensen mini-excavator

***Need a little digging?
Give us a call***

285-3906

203-3906 (cell)



Heidi Ridgway
Your Resident Quadra Island Realtor

ROYAL LEPAGE
Advance Realty

For professionalism
and integrity Call me!

285-2217

Heidi@QuadraIslandRealEstate.com



Sunny 4.78 acre property in quiet area. This comfortable 3 bedroom modular has many updates including a new roof, laminate flooring and more there is room for all your furry friends with a 3 stall 800 sqft barn with large loft.

www.QuadraIslandRealEstate.com

Quadra Circle News

Quadra Circle is off to an energetic start-up at your Community Centre. This adult-oriented group is organized by a committee of the Quadra Island Recreation Society and our aim is to have fun, provide volunteer service to the community and offer educational opportunities.

Our monthly meeting (the hub of our activities) is open to all adults and is held on the third Monday of each month from 11:00 until 12:00 noon in Room #1 at QCC. This is followed each month by a bag-lunch social in the main hall with coffee and tea available. The hall rental is paid out of our donation box which is available at the meeting, at the lunch and at all our activities. The next meeting will be held on Oct. 15. If you would like to participate in our energetic meetings, or just listen, come out and join us – or come at noon with your bag lunch and meet some new people.

Other activities are ongoing. Every Monday (except for holidays and the third Monday of each month) we offer classes in Temple Tai Chi (Room #3 – 10:30 to 11:30) followed by bridge lessons (the card game) in Room #1 from 11:30 – 1:30. Both groups have been well attended, and both are facilitated by Annie Strong (285-2885), with help in the bridge class from Hilda Van Orden and Chris Thompson. Newcomers are welcome. Next classes will be on Oct. 22. Call Annie for more information.

Coming up soon, on Monday nights, starting on Oct. 15 and running until Nov. 12, we are presenting five mind-stimulating evenings based on Bill Moyers' video interviews with famous healers. These classes will be held in Room #1 from 7 – 9 p.m. Liam Grimm will be coming from Campbell River to facilitate group discussion after each video viewing.

Starting Tues. Oct. 30, there will be five Tuesday-evening dance classes held at QCC (6 – 7:30 p.m.). Classes will be facilitated by Barry and Sharron Hatelt. Find a partner and come out and have fun learning some new "moves". Call Barry or Sharron at 285-3144 for more information.

On the community service front, frozen meals are still available at the affordable price of \$4.25 each. These are available at the Community Lunch (QCC) on Wednesdays or by calling Karen Gair at 285-3064.

Friday Flicks Presents

FIDO

October 19th, QCC

Doors 7:30 - Showtime 7:45

Adm: \$5.00 - stu/snr \$4.00

Just when you thought there was no way to spin a fresh zombie story, along comes /Fido/. Set in a Canadian suburb during the 1950s, the movie boasts a delicious premise: What if humans were the victors in a zombie war, and now the living dead – fit with dog collars to zap their cannibal instincts – were turned into domestic slaves? Hey, zombie, mow that lawn.

Housewife Helen, played with inspired silliness by /Matrix/ diva Carrie-Anne Moss, persuades her hubby (Dylan Baker) to get the family its own indentured corpse. New servant Fido (Billy Connolly) becomes a valuable friend to their son, Timmy. Played by Scottish comic Billy Connolly, Fido is a good doggie until he gets his collar off. Crossing Leave It to Beaver with Night of the Living Dead, director Andrew Currie's genial zombie comedy freshens up some familiar genre elements with considerable style and wit. Currie is better at laughs than scares. Though too mild for horror fans, Fido satisfies as a screwy family comedy and a hilarious homage to the classic dog movie.

BEARD CONSTRUCTION

**Complete Construction Services
Serving North Island & Discovery Islands**



**Gov't Certified Journeyman Carpenters
Renovations, Additions, Residential
Commercial, Project Management**

Matt Knoedler 285-2754

email: heatherknoedler@telus.net

Canada's 'Master of Mirth'

LORNE ELLIOTT, Canada's "Master of Mirth", will spread laughter and fun with his brand new show, "The Collected Mistakes" at the Quadra Island Community Centre on Saturday, October 20, at 8:00 pm. If you've never been to one of this funnyman's one-man shows, you'll need to get your tickets early: they always sell out! Lorne Elliott's stage performance is a very special blend of highly original comedy and music delivered in a unique performance style that is described as: "...delightfully quirky and unrelentingly hilarious!"

CBC Radio listeners will recognize "Madly Off In All Directions" as Lorne Elliott's own weekly CBC Radio Comedy Series. Taped in concerts across Canada, it started airing in January 1996 and continued for 11 seasons until the fall of 2006. His latest project for CBC is entitled "Chasing the Big Silly." Lorne has 5 recordings of his stories and songs entitled "Selections from all Directions I and II," "More Lorne Elliott," and "Collected Mistakes I and II."

Lorne Elliott was born in Montreal and educated in Newfoundland. First performing in 1974 as a folk musician on Canada's East Coast, he was, at the same time writing fiction, songs, monologues and one-liners. In 1976 he began performing his special brand of humour and songs on stage and started a career touring theatres across Canada, USA, Australia and as far east as Singapore. Elliott has also had an extensive career writing comedy for theatre and TV, including "The Lorne Elliott's Really Rather Quite Half-Decent TV Special" for CBC-TV.

The timelessness of Elliott's material, joined with keen observations of today's trends, makes Lorne Elliott's work very special. Even though he includes occasional references to Canadian politics, Elliott prefers to focus on the wickedly amusing miseries of every-day life. "An exceedingly astute student of his environment, with a quick wit and matching delivery, Mr. Elliott gives a new meaning to the word stage presence" says Doug Gallant of The Charlottetown *Guardian*.



To hear Canada's most "talented nut-case" Lorne Elliott perform "The Collected Mistakes," get your tickets at the usual outlets: Quadra Crafts (Heriot Bay), Hummingbird Office and Art Supply (Quathiaski Cove) and The Music Plant (Campbell River). Advance tickets are \$17. Door, if available, will be \$20. For information, call 285-3560. Lorne's website: www.lorne-elliott.com/

"Caring for children for community's sake"



Preschool Program

For 2.5 to 5 years

(Toilet training not required)

Quadra Kids

school age program

For 6 to 11 years

Cost \$3/hour (3 hour min.)

7:30 a.m. to 6:00 p.m.

Monday — Friday

285-3511

www.quadraisland.ca/qcc



Fax: 285-2679 ctom@castleprinting.ca

Business Cards • Letterhead
Envelopes • Continuous Forms
Cheques • Invoices • Brochures

Phone 285-3695

Two Boys Stone Masonry



Frank Doherty
ph. 250 285 3811

**Building In
Natural Stone**

twoboysstonemasonry@hotmail.com
Box 254 Heriot Bay B.C. V0P1H0

Truly awesome assortment of
STRATHMORE
BLANK CARDS/ ENVELOPES

(Sale Ends: Nov. 9, 2007)

Plus we've got stamps, punches,
calligraphy pens and more...
everything you need
to unleash your creativity.



HUMMINGBIRD
OFFICE & ART SUPPLY

**30%
OFF**

ART & CRAFT SUPPLIES
OFFICE & SCHOOL SUPPLIES
COLOUR LASER COPYING
B&W PHOTOCOPYING
DOCUMENT BINDING
PUBLIC FAX

Mon-Fri • 9 am to 5 pm
Sat • 10 am to 5 pm

285-3334

Fax: 285-3331

qcopies@telus.net

SHIPPING AGENT FOR

Purolator

Book Bonanza at-the-Cove

Stay on top of
your reading at
Book Bonanza
at-the-Cove



The book store
for book lovers
where the
unusual
is usual!

OVER 30 YEARS
BOOKSELLING EXPERIENCE

HEDEFINE CONTRACTING

DISCOVERY ISLANDS ROOFING SPECIALISTS

**INSTALLATION / REPAIR
& MAINTENANCE
FOR ALL TYPES OF ROOFING**
Custom-Fabricated Sheet Metal

Call Shane Hedefine
285-2866

NOLE CREEK SAWMILLS

Portable Bandsaw Mill

**We buy logs or standing timber
On-site custom milling
Kiln dried interior panelling & flooring**

For a free estimate, call today
Greg Hewitt 285-2762

THOUSANDS OF BOOKS for all ages and interests

- New books
- Discounted books
- Rare books
- Out-of-print books
- Quality used books
- Large selection of coastal BC books
- Bestsellers
- New releases
- Children's books
- Spiritual and meta-physical books
- Tarot and oracle decks
- Quadra artists' cards
- Audio books
- Calendars
- Magazines
- Maps
- Postcards

10% Elder discount (65+)
Frequent buyer discount
Quantity discount

Prompt special order service
Out-of-print book search

BOOK BONANZA AT-THE-COVE

Cove Centre, Harper Road
Box 650, Quathiaski Cove
BC V0P 1N0
Phone 250.285-3665
Email bookbonanza@telus.net

FOOD FOR THOUGHT

My father loved to come home from work and relax by making candy. My mother when the stress of raising two small children got too much for her, loved to bake double fudge brownies. I grew up with a huge sweet tooth. I still enjoy the pleasure that comes from eating a slice of fresh baked pie, or a homemade piece of chocolate cake. I've come to terms with my sweet tooth, and have dramatically reduced my consumption of refined sugar. And it's not the purpose of this article to debate the evils of sugar. I know and my customers know the health problems caused by the over consumption of sugar. However, as long as people continue to cook or bake, most of them will use refined sugar for some of their recipes. The question I'm most often asked is whether there is one type of processed sugar that is better than another type. So, here's the skinny on processed sugar.

Sugar is made from the extracted juice of sugar cane or sugar beets. Raw sugar comprise yellow to brown sugars by clarifying the source syrup by boiling and drying with heat until it becomes crystalline solid with minimal chemical processing. It is sold as muscovado, demerara and plantation raw. Turbinado sugar is made by steaming unrefined raw sugar. Sucanat and rapadura are sugars made from pure dried sugar cane juice.

White refined sugar is made by dissolving raw sugar and purifying it with phosphoric acid and calcium hydroxide, or by a carbonation process involving calcium hydroxide and carbon dioxide. Impurities are further filtered through a bed of activated carbon or bone char. Some brown sugars are made by coating white refined sugar with a cane molasses syrup. Other brown sugars come from the late stages of sugar refining when sugar forms fine crystals with significant molasses content. While researching sugar, I found a recipe for making brown sugar at home: add 1 tablespoon of molasses to one cup of granulated sugar.

According to the many declarations I read on the Internet, there is little discernible difference between beet sugar and cane sugar in baking. Until I moved to British Columbia, I had always used cane sugar in my baking. Here, I use Rogers sugar, a beet sugar, and I notice no difference in the quality of my baked goods.

So, when all is said and done, nutritionally sugar is sugar and too much is a health hazard. However, used sparingly, it can create a small piece of heaven. Therefore, in choosing the type of sugar to use, it becomes simply a matter of taste.

Cecelia Valeriotte
cecelia@dill.ca

Children's Art Programs

If you missed out on taking part in the first set of children's art programs at the Campbell River Art Gallery, then this is the time to rush down and register for the next set of after school sessions that begin the week of October 23rd. Each class is limited to ten students so don't leave it too late. Children ages 4 - 12 years of age can choose from an assortment of classes. The schedule includes painting and drawing classes as well as holiday themed programs. Each after school art making session runs for four weeks. Classes for 4-7 years take place on Thursday afternoons. Classes for 7-12 years are available on Tuesday and Wednesday afternoons.

Beginning October 23rd, Angela Hanuse will lead a "Wild and Wonderful Watercolour" painting course for children ages 7 - 12 years. This class runs on Tuesday afternoons from 3:30 - 5:00 for four weeks. Children will learn the basics of watercolour painting, including the materials and techniques needed to create their own unique artwork with this watery medium.

Instructor Katherine Douglas Knappett continues with her drawing based themes with a new course called "Fantasy Art Drawing" beginning October 24th from 3:30 - 5:00. This class is for children ages 7 - 12 years and runs for four weeks. Dragons, fairies, warriors and all kinds of imaginable creatures will show up in this drawing class. Learn the basics of mythological character building including garbmentry, armour, and dramatic settings. You will work on your drawing skills in 3-D effects, proportion, and perspective. Beginners as well as drawing enthusiasts will have fun in this class.

Starting on October 25th, Pippa Kaye will lead children ages 4 - 7 years through an introduction to painting that will be sure to get your little artists in a creative mood. Learn the basics for painting, from techniques to tools to colour wheels, in "ABC - Come Paint with Me!". Then have some fun creating all kinds of exciting painting projects with these new skills including a group mural that will be hung in the gallery lobby. This class runs from October 25th to November 15th from 3:30 - 5:00pm.

Class fees are \$45 for gallery members and \$55 for non-members. All supplies are included. The deadline for registration is two working days prior to the start of each program. For registration information or to pick up a copy of the full fall schedule visit the Art Gallery at 1235 Shoppers Row (across from the Visitor Info Centre) or call 287-2261. Hours of operation are Tuesday to Saturday from 12-5pm. The schedule is also available on the gallery's new website at www.crartgallery.ca.

WINE MAKING

FERMENTATIONS

ESTABLISHED 2001

At the Village Square

Ph: 285-3822 Fax: 285-3935

ferment@telus.net

Erik & Wendy Sorensen

G. ROY DAHLNAS EXCAVATING LTD.

- EXCAVATING • TRUCKING • SAND
- GRAVEL • TOP SOIL • DRAIN ROCK
- ROAD CRUSH • WELL CASINGS





Halliday's Viewpoint

by Steven Halliday

The Other Mr. Gates

In August of 2003 I quoted Gwynne Dyer regarding Iraq (A Ghastly Strategic Mistake – DI #299) without any comprehension of how off the mark I would be...Iraq is not bound to become America's second Vietnam, but it rapidly drifting that way. This was always possible, given the vast gulf between Washington's declared motives for the invasion and what most Iraqis think America's real motives are, but it has been made much more likely by the monumental incompetence of the post-war administration of Iraq." The Iraqi-American editor of Iraq Today, a Baghdad English-language weekly newspaper said just last week "The occupation is a mess". In actual fact, the situation in Iraq bears no resemblance whatsoever to Vietnam - at the height of the Vietnam war (which, in spite of continuing US bleating about a "police action", a war indeed occurred in that country in the 60's and early 70's) it is known that at least a component of the population actually wanted the US to stay - to protect, ostensibly. Today, 90% of Iraqis would be overjoyed to see the tail end of their US "liberation".

If one were to naively view the American invasion as a mission of liberation, the inescapable conclusion is that it has been an abject failure that has cost the US some 4,000 young lives, well in excess of 20,000 American soldiers have suffered life altering injuries, and no less than 100,000 Iraqi civilians have lost their lives. Anyone with any semblance of rationality in 2003 could have made the same prediction, but then, as now, no-one in the White House wanted to hear such defeatist talk. This past weekend, General Petraeus, the US Commander in Iraq, spoke at length of how the present "surge" of US forces is succeeding in stabilizing the Iraq situation. In my view, this man has not only drunk the Kool-Aid, he followed it up with a tab of LSD - he is clearly hallucinating. In the meantime, the people holding his leash - the White House administration, led by president Cheney - have been rattling their scabbards about Syria and Iran, with increasingly strident threats to bomb the living bejeezus out of both of them. Such talk is clearly delusional, ill-advised and likely an indication of advanced impotence. And I'm not alone in thinking this way.

Dr. Rowan Williams, the Archbishop of Canterbury, has said that those close to the Bush administration in the USA who want military action against Syria and Iran are guilty of "criminal, ignorant and potentially murderous folly". In words of extraordinary force for the usually mild-mannered spiritual head of the world's 77 million Anglicans, the Archbishop told the BBC (BBC - October 5, 2007) on his return from a Middle East trip that "we do hear

talk from some quarters of action against Syria and Iran" but that "I can't understand what planet such persons are living on, when you see the conditions that are already there." Dr Williams continued: "When people talk about further destabilization of the region and you read some American political advisers speaking of action against Syria and Iran, I can only say that I regard that as criminal, ignorant and potentially murderous folly." I agree wholeheartedly with Dr. Williams - and it begs the question - have the people of the USA gone entirely blind to the mess their government has created, or do they simply do not care? In the case of a very small but influential minority the answer is undoubtedly yes to both questions. This minority, by and large, has no investment in this war - no kids serving, no huge tax increases suffered to fund the war, absolutely no sacrifice required - everything is just hunky-dory in their books. And that is certainly the situation for all senior members of the Bush administration and its supporters. These same men (and Condi too) now talk seriously of bombing Iran.

Fortunately, an exception has emerged. Secretary of Defence Robert Gates, Rumsfeld's replacement, has apparently taken a different tack with respect to how he conducts the affairs of his department, the US military machine. According to the October 9, 2007 Telegraph (UK) "Mr. Gates has set himself up as chief rival to Dick Cheney in a bid to thwart the vice president's desire to bomb [Iran]", and goes on "Insiders say Mr. Gates has ensured that Mr. Bush has seen more extensive studies of the probable negative effects of an attack on Iran than he was privy to before the war in Iraq". As a stranger to the White House, Gates is establishing his mark quickly and effectively. "Bruce Reidel, a former CIA Middle East officer, said: "Cheney's people know they can beat Condi. They have been doing it for six years. Bob Gates is a different kettle of fish. He doesn't owe the president anything. He is urging his officers to be completely honest, knowing what that means." Consequently, both Admiral William Fallon, US Central Commander, and Gen. George Casey, Army Chief of Staff, have spoken out recently regarding the present dire strait of US military readiness; referring to White House statements regarding Iran, Admiral Fallon said in September that "the constant drumbeat of war was not helpful". Music to my ears, words such as those. So perhaps Iran is safe for now. But what about Iraq?

Perhaps saner minds will prevail going forward, but statements by all leading 2008 Presidential contenders leave little doubt that no rapid withdrawal will occur. There are several reasons why not, some of which actually make sense, but a complete withdrawal of

US military forces must occur before Iraq has any chance of resurrection as an independent nation. Notwithstanding that distant event, a recent article in the Washington Times (Iraq exit logistics - October 7, 2007) brings to light the staggering amount of time and resources it will require for any sort of orderly withdrawal of US personnel and equipment. "Watching them drive by at 30 mph would take 75 days. Bumper to bumper, they would stretch from NYC to Denver. That's how US Air Force logistical expert Lenny Richoux described the number of vehicles that would have to be shipped back from Iraq...these include, among others, 10,000 flatbed trucks, 1,000 tanks and 20,000 Humvees. Even in an emergency, said Col. Richoux in DefenseNews, the evacuation of 162,000 troops in 23 ground combat brigades and millions of tons of equipment would take some 20 months." And in the meantime, "After a year's use in Iraq's desert climate, the Army's 70-ton M1A2 tank morphs from an awesome fighting machine to a repair nightmare, as sand infiltrates everything down to electronics. These [tanks] can only be repaired stateside where 25 ton turrets can be lifted off the rest of the tank...major overhauls cannot be done in the field." Helicopters must be dismantled and shrink-wrapped for shipment. So it is clear that a very orderly withdrawal will be required to avoid another disaster such as occurred in America's hasty retreat from Vietnam in April 1975, which handily re-equipped Vietnamese forces with abandoned US hardware. This clearly cannot be allowed to happen in Iraq.

The USA presently cannot effect a ground war in Iran, and it appears current mission planning acknowledges this fact by calling for an air campaign - many "shock and awe" bomb/missile attacks that will knock Iranian infrastructure back a few centuries. And unfortunately, a lame duck president being puppeted about by a vice president with no presidential ambitions (no third term for Dick) is the stuff of nightmares - these guys simply don't care, and they only have 15 months left to fulfill their goals after which they'll just pass on the mess, presumably to President Clinton II. But this need not be the case if men like Robert Gates stand up for the vast majority of Americans, indeed the entire world's citizens, and if he is successful in bringing some sense and reason back to the Oval Office. I wish him well, and trust the 20 month drawdown of US forces in Iraq begins now as a result of the first smart decision Bush could make in his unrelentingly disastrous presidency - if he listens to Robert Gates. It's time to bring the troops (and their stuff) home. But I won't hold my breath.

The Editor Notes

These two short columns are looking back at me like the hands on the clock at last night's (Wednesday) public meeting on the O.C.P. (Official Community Plan). There's an advantage having this opportunity, to add to my own and all other speakers' comments at the meeting and reach a wider audience. I'll try my best to make the most of it even if I don't intend to stick entirely on topic. In advance please excuse this hurried and erratic outpouring.

The O.C.P. Process

A few speakers, myself included, commented last night on the nature of this recent O.C.P. process, specifically how it seems peculiar that what started out under the banner of 'Local Area Planning' has now come forward to the community as a full-blown O.C.P. Bylaw.

I don't believe that the process has been adequate, regardless of how much work went into the L.A.P. This is underscored in my opinion by the comment at the head of one of the documents distributed at the meeting that stated that staff planners (at the regional district) found the 1996 O.C.P. to be a 'strong document'. Well excuse me but as I understand it, it is for the Quadra Island community to decide whether the O.C.P. is strong or weak document and I don't believe that the community as a whole has had that opportunity.

Community Leadership

I can't put my finger on it exactly but there is something amiss with our model of local government. Having been involved with the Quadra Community Association in seeking solutions to this perceived weakness in the system I know this to be true but find it hard to describe exactly what is wrong with the current picture and how to fix it beyond the Q.C.A.'s suggestion of an advisory body to the Regional Director.

My observation is this: under the current regime we have one Regional Director who has the job of facilitating community discussion on a range of issues in an impartial manner when what is so often required to reach a workable solution is plain and simple leadership.

Too often Jim Abram has become a target for those on both sides of an issue as his office suggests he should please all people all of the time. True consensus is idealistic hogwash. The best that can

ever be achieved through our social dynamic is a course of action, regulation or whatever the aim of the day is, that can be swallowed however delicious or unpalatable. Often it takes a helping hand to put the spoon in while we hold our nose.

Attempting to reach consensus is so often an exercise in futility which is why, I am sure, such a, mostly, progressive community as ours ends up chasing its tail indefinitely on controversial issues.

Parks

Following are examples of some of the types of topics I feel have been missing from the recent O.C.P. dialogue which as noted seems to have been borne out of a narrowly focused local area discussion.

- There is a waterfront parcel for sale in the north west corner of the main beach at Open Bay. I believe this property should be purchased by the regional district, province and/or community as park land. The use of Open Bay as a recreational area has skyrocketed in recent years and yet there are no facilities at all to accommodate this use.

- Rebecca Spit - I venture that it's time to talk about closing the road at the neck north of the boat ramp. There is no need for this jewel of a park to have an open road running most of the way along it. The road bed could remain in place to accommodate community activities like May Day and Canada Day and emergency access but be gated to prevent day to day vehicle access. There is already ample parking at the entrance to the park that is never used so the expense involved to implement this change would amount to one gate - simple.

- Other provincial parks - Where are the signs for our provincial parks and where are the parks' plans?

TimberWest

Lastly, and for the benefit of those unable or unwilling to attend Wednesday's meeting I reiterate my call for TimberWest to have their tenure(s) revoked on Quadra Island. Property prices are about supply and demand. There's no shortage of land on Quadra, the community just needs to have the ability to officially plan what happens to it. I don't recall seeing their C.E.O. at the O.C.P. meeting. They don't belong here and it's long past time for them to leave.

Thanks for reading.
- Philip Stone

ACCOMMODATION

COMPANY COMING? Firesign B&B has Tourism BC approved accommodations for your family and friends in our cozy and comfortable 3-bedroom B&B with separate guest entrance, kitchenette, living room, Internet and cable TV: your friendly home away from home 285-3390. www.firesignbandb.com

FOR RENT

STUDIO OR RETAIL SPACE for rent in Quathiaski Cove. Call 285-2626 for more information.

Also coffee bar for sale. Call for details.

COMMERCIAL SPACE FOR LEASE

Prime ground-floor storefront space in Cove Centre, Quathiaski Cove, between People's Drug Mart and Quadra Medical Clinic.

750 sq.ft. in well-maintained modern building; unit has own electrical service, air-conditioning, own washroom, finished walls, suspended ceiling. Excellent location, plenty of parking.

Suitable for retail store, gallery, professional offices, salon, or other service business.

Various lease terms available. For more information, contact Reggie at 285-2281.

SALES

AXIS MUNDI IMPORTS YEAR END SALE

One day only...Saturday, October 13th - 11-3 pm, 1520 Schooner, Heriot Bay. Lots of Balinese wood carvings, masks, drums and percussion instruments.

Nepalese drums, singing bowls & incense. Balinese silver and bead jewelry, purses & yoga accessories.

Shop early for Christmas or just treat yourself!

WOULDA, COULDA, SHOULDA been your notice here!

Classified ads in the D.I. are just \$10 an issue and appear in over 2,000 copies every two weeks. Call 285-2234 for more details.

FOR SALE

FOR SALE: 18" Husqvarna chain saw with case & tools \$200, Scroll saw desk \$40, Drill bits \$20, Palm Sander \$50, Multi-Tool with over 500 pieces and case \$80, 19" KHS Chrome-Molly bike frame - blue with a lot of new parts \$250, X-Box video game system with 2 games, DVD playback \$140 Call 285-2409 ask for Justin.

FOR SALE Regency Propane heating stove, black with full wrap glass door and gold trim. Electric fan, wall thermostat and chimney cap. \$1,200 call 285-2588

GARAGE SALES

GET THE WORD OUT

About your garage sale. Classified ads in the D.I. are just \$10 an issue and appear in over 2,000 copies every two weeks. Call 285-2234 for more details.

SERVICES

VIRGINIA'S HOUSEKEEPING SERVICES Over 20 years experience. Please email me at ginnystewart@hotmail.com I am a deaf person so please use email to contact me. References available. On weekends call Frank at 285-3811

AT MOTIF DESIGN we provide decorating and sewing services. We sew curtains, bedspreads, pillow cases and do upholstery projects. Hours are 11-5 Tuesday to Saturday. Call 285-2626 or visit us at The Upper Realm in Quathiaski Cove.

Q-COVE APPLIANCE REPAIR We are now a full service appliance repair facility for all of your domestic appliance needs at affordable rates. We are a new and used parts depot for all appliances and carry a good selection of quality rebuilt appliances. All come with one-year warranty on parts and labour. Free delivery for most of Quadra. Call 285-3425 or cell 202-3425

PHOTOGRAPHY SERVICES

From Art prints for home or office to family portraits and weddings. Ask about digital workshops/tutorials. Call Philip Stone at 285-2234 or email: pstone@quadraisland.ca Check out my online gallery at: www.quadraisland.ca/photography

Classifieds

BIZ OPPS

BUSINESS OPPORTUNITY
Explore is for sale as a turn key operation,



established gallery and gift shop featuring regional artists and artisans, books, music, and clothing, located on beautiful Quadra Island. Over 15 years serving the local community and its visitors. Prime business location in stable commercial plaza near Quathiaski Cove ferry terminal. Lease may be assumed by qualified buyer. This is an ideal opportunity for an owner/ operator or couple looking for a lifestyle change. Serious inquiries invited. Contact Kelly Maddison at (250) -285-3293

The Landing Neighbourhood Pub FOR SALE



Established Pub business on Quadra island for over 30 years. This is an ideal opportunity for an energetic and ambitious couple to own their own business. Present owners wish to retire.

The Pub has a great location on the water at the B.C. ferry dock. Pub has Liquor Primary License with seating for 114 and an off-sales endorsement. The building has been attractively maintained and the equipment has been maintained to industry standards. Longterm building lease available. Offered at \$395K

Information packages available to qualified inquiries. Call Joe Duprey at 250-285-2700 or Email thelandingpub@telus.net

WANTED

WANTED Postal Historian? Collector seeks envelopes bearing postmarks and mail from the Discovery Islands (Quadra, Cortes, Stuart, Read, Sonora, Redondas, Thurlows, etc) from 1893 to present day. Call Peter Smith at 285-3612

STORES

AMPED ON NUTRITION
- Quadra Island's Health Food Store and Deli. We carry vitamins, supplements, alternative groceries and more. Energize yourself with our delicious, organic vegetarian deli delights. Combining what you need with what you want.

Open 10:00 am - 6 pm every day except closed Sundays and Mondays 285-3142

REAL ESTATE

FOR SALE 653 Heriot Bay Rd. Very Cozy 3 bedroom, 1 bathroom with many updates. Drop by this well maintained home or phone 285-3626

BUYING OR SELLING A HOME OR BUSINESS ON QUADRA ISLAND? - checkout the exposure you can get at www.quadraisland.ca/real_estate/ ~1,000 unique visitors a month all looking for real estate on Quadra. Listing packages start at only \$49.95. A must for sales-by-owner and an asset for realtors. **Call 285-2234 or email: info@quadraisland.ca for more details.**

HUMMINGBIRD OFFICE & ART SUPPLY



Faxing
Colour & B/W Photocopying

Mon-Fri 9 to 5 Sat 10-4
Tel: 285-3334 • Fax: 285-3331

Discovery Islander Classifieds

Only \$10 per issue (includes GST)
Simply drop off your 30 word ad along with cheque or money order at our office: 701 Cape Mudge Rd. or for more info call

285-2234

email news@discoveryislands.ca

M&W Custom Tile

Quality with Integrity

- Ceramic • Porcelain •
- Marble • Slate Tiles •

Commercial and residential installation
Floors, showers, back splashes
steam rooms, tub surrounds.

Waterproof shower systems available

Free estimates call Michael at 203-9810 or 285-2904

The Paint Lady



Colour Consultation
Interior Painting
Homes and offices large & small
Faux Finish Professional
Italian plaster to non-toxic glazes
for walls and furniture
Murals Large & Small
For homes, nurseries, cafés

285-3896
tidy • friendly • fast

www.faux.ca

www.faux.ca

Honey Sun Massage

specializing in the beautiful experience of

Traditional
Hawaiian
Lomi Lomi
Massage

Sunday Dennis

Phone: 285-3197

certified by Auntie Margaret & Nancy Kahalewai

Yellow Dog Trading Company

Bulk Foods & Baking Supplies

Open Mon. - Fri.

10 am - 5 pm

Saturday 10 am - 5 pm

Buy as much as you want,
or as little as you need.

285-2867

In Q-Cove's 'Old Yellow Dog' Plaza

Discovery Islander

Put your business
in the spotlight!
Display Classified Ads
Only \$17.00* per issue.

Call 285-2234

*GST extra

Island Tides

Pacific Daylight Time

For Quathiaski Cove

October 12 - 26

12	00:51	1.6	5.2
Friday	06:51	3.8	12.5
	11:38	2.9	9.5
	17:41	3.9	12.8
13	00:39	1.4	4.6
Saturday	07:41	3.9	12.8
	12:14	3.1	10.2
	17:54	3.9	12.8
14	01:11	1.3	4.3
Sunday	08:32	3.9	12.8
	12:59	3.3	10.8
	18:08	3.9	12.8
15	01:47	1.2	3.9
Monday	09:24	4.0	13.1
	14:33	3.5	11.5
	18:26	3.8	12.5
16	02:26	1.2	3.9
Tuesday	10:20	4.0	13.1
	15:49	3.6	11.8
	18:47	3.7	12.1
17	03:09	1.3	4.3
Wednesday	11:19	4.0	13.1
	17:11	3.6	11.8
	19:03	3.6	11.8
18	03:58	1.4	4.6
Thursday	12:19	4.0	13.1
19	04:58	1.5	4.9
Friday	13:12	4.0	13.1
20	06:04	1.6	5.2
Saturday	13:55	4.0	13.1
	21:37	3.1	10.2
	23:55	3.2	10.5
21	07:06	1.7	5.6
Sunday	14:31	4.1	13.5
	21:54	2.8	9.2
22	01:49	3.3	10.8
Monday	07:58	1.8	5.9
	15:01	4.1	13.5
	22:16	2.5	8.2
23	02:57	3.5	11.5
Tuesday	08:41	2.0	6.6
	15:29	4.2	13.8
	21:59	2.0	6.6
24	03:56	3.7	12.1
Wednesday	09:19	2.2	7.2
	15:54	4.2	13.8
	22:31	1.5	4.9
25	04:54	3.9	12.8
Thursday	09:55	2.6	8.5
	16:21	4.3	14.1
	23:15	1.1	3.6
26	05:55	4.0	13.1
Friday	10:34	2.9	9.5
	16:50	4.4	14.4

Link to tides & weather
www.quadraisland.ca



October 18th is Credit Union Day!

In celebration of Credit Union Day, Quadra Credit Union is running a promotion on its most popular account package - the Discovery Plan Package Chequing Account. Open a new Discovery Plan in combination with: an automatic deposit, Internet and/or telephone banking and a \$5,000 Line of Credit (o.a.c.) and enter to win a draw for \$250. We will draw a winner for each branch. The draw period will run through the week of October 15th through October 19th, 2007.

Visit us at the Quadra branch on Credit Union Day, October 18th, and have a refreshment and snack with us. Let us show you how we can streamline your accounts and make managing your money easy!

Serving the Discovery Islands since 1941

Time for some new wheels?



From now through the end of November Quadra Credit Union is offering special variable rate financing on vehicles less than 3 years old – we'll finance 100% of the purchase price, over a period of up to 6 years, and we'll give you our best rate – Prime Rate.

(Based on financing of a \$20,000 purchase over 6 years at today's Prime Rate of 6.25%, the applicable Annual Percentage Rate would be 6.277969%.)

QCU also offers competitively priced life and disability insurance coverage on all loans.

Contact a member of our lending team at either our Quadra or Cortes locations – and let the rubber meet the road!

Member  **Direct**TM
www.quadracu.com

Quadra Island branch
657 Harper Rd.
Quathiaski Cove
P.O. Box 190 V0P 1N0
250-285-3327

Cortes Island branch
777 Sutil Point Rd.
Manson's Landing
P.O. Box 218 V0P 1N0
250-935-6617