

DISCOVERY ISLANDER

QUADRA ISLAND'S COMMUNITY NEWSPAPER SINCE 1992. SERVING QUADRA, CORTES & OUTER ISLANDS.



Quadra Recreation Society

May Day, Saturday May 29, 2010

"Out of this World" is the theme of May Day 2010. Join your friends and neighbours in a big community picnic at Rebecca Spit, Saturday May 29, 2010.

Celebrate the coming of Spring and Summer with colour, costumes, floats, music – the more zany and bizarre the better! Let your imaginations soar and unveil the worlds that hide beyond our vision. With this theme, the sky is the limit. What is beyond our ordinary reality? Creatures that walk upright and speak? Fairies? Dragons? Worlds of ice and fire? Sea Serpents? Aliens? What is Alice doing in Wonderland? What music is out of this world? What stories and myths come to mind?

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May Day Schedule of Events

| | |
|---------------|--|
| 8:30 am | Gates open for parade entries. |
| 9:00–10:00 am | Free shuttle from Heriot Bay Inn to the Spit. |
| 10:00 am | Parade starts from beginning of Spit to the parking lot. |
| 10:30 am | Face painting starts. Concession. |
| 11:00 am | Official ceremonies. |
| 12:00 -ish | Box Lunch auction. |
| 12:30 -ish | Afternoon entertainment begins. |
| 12:30-2:30 pm | "Beach structure" building. |
| 1:15 -ish | Foot races begin. |
| 1:00 pm | Sailboat race begins. |
| 1:30 pm | Sailing dinghy race begins at boat ramp. |
| 2:00–3:00 pm | Shuttle back to H.B.I. |

QCove Village Plan Update

It has been several weeks since the last progress report on the Cove Village Plan. During that time the consultants have been drawing and writing initial drafts and getting feedback from the Steering Committee. The work has followed from the principles set out in February, and from the design charrette (workshop), both of which have been covered in earlier DI articles and public meetings.

Who is the Cove Plan for?

Using 2006 census data, the average age on Quadra Island is over 50 years and that more than 20% are over 60. There may be 200 senior's households that are candidates for different housing in the immediate term, and many wish to stay on Quadra. Adding young families and individuals who are poorly housed and have modest incomes would increase that number substantially. This matches well with the results of the 2007 Quadra Housing Survey. Most housing on Quadra now is semi-rural, on acreage. It is expensive to purchase and labour intensive to keep. More housing options that are not available now, and that meet the needs of seniors and young people are essential to the future of Quadra. This is an existing need, and it is the focus of the plan.

From the 2008 Official Community Plan

"The community would like to create strong, walkable community centers in Quathiaski Cove... Forms of development should incorporate low, small scale, "residential style" building designs and the provision of internal pedestrian and cycle circulation patterns designed to tie into existing and/or future road and trail systems".

From a 2007 vision statement by an ad-hoc working group on Seniors Housing:

'housing and care options for senior or disabled people and housing options for younger people ... in a multi generational setting in The Cove village core area'..

What about landowners?

Right now landowners have very few options in the Cove. The zoning is either 1 acre residential or commercial. Neither allow for the range of options that are needed to meet the existing demand for different housing. The Cove Plan is a framework for the future, providing a coherent way for change to occur, ensuring that goals are met and that the pieces fit together. In the Plan are proposed land use designations and rezoning options that come with obligations to provide for the public interests: trails and greenways, public greens and gathering places, a waterfront walk, etc. as well as more varied and affordable housing options. It's all about the quality of the environment.

Proposed land use designations.

The proposed plan shows new land use designations radiating outward from the existing two village commercial cores (see attached diagram). QCM: The central cores, now commercial, would allow commercial and mixed use zonings such as apartments above shops as well as attached housing (townhouses) and live-work studios. It would also allow community service and recreation uses. QCR: The next layer, within about 150 M (500 ft) of these centres, would be residential uses such as garden cottages, townhouses and live-work studios. QPR: The next layer, more than 150m from the commercial core would allow more widely spaced housing such as 15 M (50ft) wide single family lots, as well as the infill of the existing 1Ac lots with cottages. QWM is a special character designation for the waterfront belonging to Weston Foods. It is meant for public water access and low density commercial (shops and cafes etc.) with possible apartments above.

The outer circle would remain unchanged- i.e 1 Acre and larger residential lots. All residential units are expected to have individual entrances- i.e. no apartment buildings.

What about the number of dwellings?

What we are proposing is that core areas might have up to about 6 dwellings per acre while peripheral areas up to about 4 dwellings per acre maximum. Of course this is both a very long term possibility, and also limited by the geography, parks, trails, gardens, greenways and wetland contributions etc. So the actual density would usually be lower. As a comparison, the Seniors Housing underway in the Cove will have 6 or 7 units on one acre.

What about form and character?

We have developed an outline guide for the character of buildings for various areas. It recommends things like sloped and gable roofs, exterior wood trims and details, gardens & greens adjacent to residences, covered walkways and shop windows for commercial, etc. This part is still being drafted, but is seen as an important way to guide overall village character.

What about seniors with care needs?

The steering committee identifies a strong need for supported living facilities in The Cove. So the plan includes proposed locations for this. This facility will have different criteria, e.g. it can have a common entrance like an apartment building.

The future process.

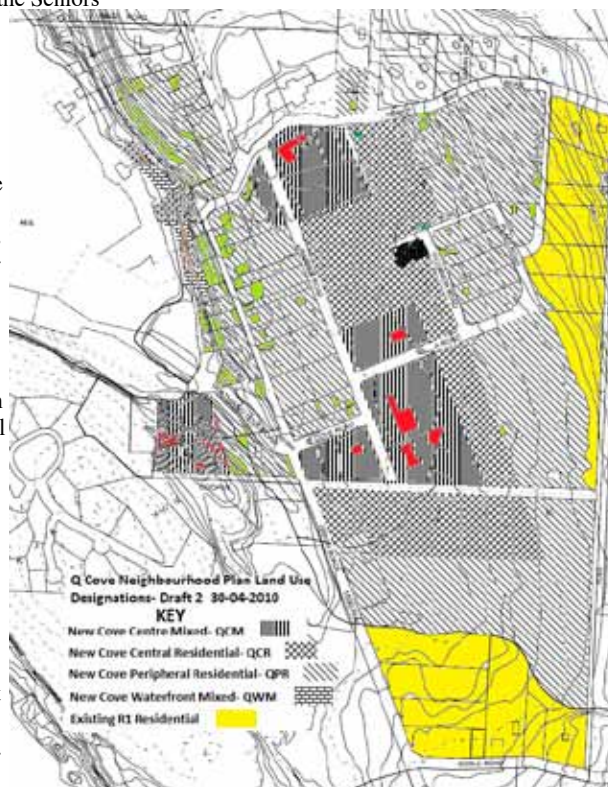
The first draft of the plan and the drawings that go with it are under the scrutiny of the steering committee and are being edited now. The drawings are "scenarios" of how the Cove might change over time once new land use designations are refined and approved. The full draft will be presented at an evening public meeting June 9th, and further public input received. The consultants, the committee and the Regional District Planners will then refine and edit until we have a version that is widely accepted. Then it goes to the Planners for refinement into the eventual amendments to the OCP.

How does it get built?

Once the plan is in place, then land owners may come forward with rezoning proposals that conform with the plan. The rezoning process will have the usual public consultations, so Quadra Islanders once again have their say. Then if rezoned, there will be development permits required for any multiple unit developments. This process also has public consultations, including the form and character of the buildings proposed, ground coverage etc. Naturally this whole process will take decades to produce significant changes in The Cove, and of course there have to be interested buyers and renters for any of this to happen.

Please mark your calendars for the June 9th public meeting- 7:00 to 9:00 at the Community Centre.

David Rousseau- 250 935-6878
info@archemyconsulting.com



ISLAND CALENDAR

Submit your event • eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

May 21 to 24

Quadra Slo-Pitch Annual Tournament
Blenkin Park and Cape Mudge

Friday, May 21

Full Force at the HBI Pub

Saturday, May 22

Big Mouth plays Quadra Legion 9 pm

Friday, May 24

Reflections at Sandhill Creek-Meditations on the Wild
West Coast

Slide Show and Book Signing with Adrian Dorst
Room 3, Quadra Community Centre

Saturday, May 29th

May Day at Rebecca Spit
"Out of this World!"

Parade starts at 10 am

South Quadra Fire Protection District AGM 7 pm #1 Fire Hall

May Day Dance with Shane Philip. Quadra Community
Centre, doors open at 8:30 PM

Sunday, May 30th

This Is New Zealand Slideshow by Greg Ross
7:30pm, Quadra Island Community Centre
Bring your own snacks! Entrance by donation.

Saturday & Sunday, June 5th & 6th

Quadra Island Studio Tour. 15 studios open for viewing. Tickets
\$5 from Hummingbird, Quadra Crafts, island resorts and Tourist
Info Booth

Saturday, June 12th

Quadra Island Salmon Enhancement Dinner and Auction
fundraiser. Tsakwaluten Lodge 6:30 PM. Tickets \$50 from
Hummingbird

Saturday & Sunday, June 26 & 27

Quadra Island Quilt and Garden Tour

NEXT DEADLINE: MONDAY, MAY 31ST, 2010

| Fri | Sat | Sun | Mon | Tue |
|--------------------|--------------------|-------------|--------------------|-------------|
| | | | | |
| 15°C 5°C 60% | 15°C 6°C 30% | 17°C 7°C | 19°C 7°C 30% | 20°C 7°C |

No secret the best way to Cortes is via Quadra Island

Tune in to CORTES RADIO
direct link from www.quadraisland.ca

THE REGULARS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | SATURDAY | SUNDAY |
|--|---|---|---|---|--|
| Parent & Tots, QCC, 9:30am - 12pm | Pilates, QCC 285-2930 9:30 - 10:30am | Moms & Babies, QCC, 11am - 12pm | Parents & Tots, QCC, 9:30am - 12pm | Saturdays: Pilates 9:00-10:00am QCC from 24th April | Centre for Spiritual Living Celebration, Willow Point Hall, 10:30am |
| Sing for Pure Joy! Room 3, QCC, 3 - 4:30pm, <i>All welcome.</i> | Quadra Children's Song Circle, Room 3, QCC3 - 4pm | Community Lunch QCC, 12pm | PILATES Thursdays: Pilates 9:30-10:30am, QCC from 22nd April | Farmers' Market & Bazaar 10 am to 2 pm behind the Credit Union Q-Cove | Family Service, Quadra Island Bible Church, 10:30am |
| Yoga with Josephine, Room 3, QCC, 7 - 9pm | Kidz Klub, Quadra Island Bible Church 3- 4:30 pm | Hand-drum Circle, Upper Realm, 7:45 - 9:15pm | Prayer Meeting, Quadra Island Bible Church, 7pm | Legion Meat Draw 5pm, Steak Dinner 6:30pm | Quadra Sunday Painters, 11am - 2pm, 285-3390 |
| 1st Monday Quadra writers group, 7 - 9pm 285-3656 | Al-Anon Meeting, Children's Centre, 7:30pm | 1st & 3rd Wednesday Food Bank, QCC 1 - 2pm | Drop in games and wing night, Legion, 7:00pm. | Open Mic with Mo, HBI, 9pm | Service, Quadra United Church, 11 am. <i>1st Sunday at 12pm.</i> |
| Island Calendar online: discoveryislander.ca | Folkdancing, QCC, 7:30pm Sept-April | U of Q, HBI, 7-8pm. Learn something new every week! Free. | | For links to the latest weather, tides, currents and marine weather forecast please visit Quadraisland.ca | Buddhist meditation, QCC, 10am. <i>Everyone welcome.</i> |
| | | Lifedrawing sessions with model, Firesign Studio, 7 - 9:30pm Nancy, 285-3390 | | | |

Island Calendar is a list of [on island events](#). Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you for understanding.

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Submission Guidelines

Items for publication are welcomed
on subjects of interest to the
Discovery Islands community.
Please help us by following these
guidelines:

Please print handwritten
material clearly.

Items sent by email do not need
to be an attached file. Just send
text in the body of the email.

Please spell check in Canadian
English.

Please use the title of the item as
email subject.

No MS Publisher, WordPerfect
files or graphics in Word files
please. Send imported graphics
separately.

Please don't send original
irreplaceable material.

Please remember to caption &
credit photos and artwork.

Don't write on the back of
photos, use labels or sticky notes.

While every effort is made to include
all items submitted, errors and
accidental omissions do occur.

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Next Deadline
Monday, May 31st

ISLAND FORUM



Dear Minister,

I am writing regarding the issue of
fish feedlots off the west coast of
British Columbia.

These feedlots need to be moved
on land to closed containers or have
closed containment in the water
as in Puget Sound, off the coast of
Washington State, U.S.A.

Fish feedlots have become infested
with sea lice which are transmitted
to wild salmon. These feedlots attract
the wild salmon due to the food
supply which is shipped

from South America (Using fish
stocks there in an unsustainable
manner)

Sea Lice is found in the ocean and
has always interacted with wild
salmon BUT due to the heavy
concentrations at fish feedlots is
more prevalent there in one area.

By moving the fish feedlots on
land people would still have jobs
and the ocean would be free of
concentrations of non native
salmon (Atlantic farm fish) stock.
And the wild salmon would not
be attracted to these feedlots
and infestations of sea lice as is
happening today.

I do not understand how aquaculture
can be sustainable by having
to bring fish feed from South
America, depleting stocks there for
our own short term gain?

I ask you to come to the west coast
as our minister responsible and
see what is really happening here
at this special time. Do not rely on
data provided by the Norwegian
aquaculture fish feedlot industry.
Look at independent unbiased
scientific sources to get the real
picture as this tragedy unfolds in our
beautiful province.

By moving to closed
containers, or even enclosed nets,
every one wins. People are employed
and wild salmon are free to migrate
without interference from fish
feedlots.

First nations can survive, bears can
live, ocean life will thrive, even trees
are enhanced

in the forest by this god given
species, as it has done for thousands
of years.

The alternative is truly appalling, as
death will surely cover the land, its
wildlife, its forests will die and the
first nations will be eliminated from
the coast. (A form of Genocide right
here in Canada) Please do not allow
this to happen at this moment in our
history when leadership is so badly
needed by you Madam. Thank You.

I await your earliest reply Madam
Minister.

Mrs Adel Routledge
Cumberland,

Canwest Publishing, Dear Editor,

I know that newspapers are having
a difficult time. Competition is
fierce, readership is down and
costs are rising. You have my
sympathies. And I am sure that
those circumstances have lead
you to hire the least expensive
reporters possible. That is just
obvious standard business practice
and not always bad. Young,
inexperienced, still-wet-behind-
the-ears apprentices get a chance at
practicing their chosen profession.
Good on you and good luck to
them. Having said that, you
should still strive for minimum
levels of competence. Please. I'd
suggest hiring reporters who can
count at the very least. Accuracy
is paramount in good reporting.
Writing well is a bonus we have all
gotten used to being without. You
have come up short on both counts
describing the Save the Salmon
Rally. At this juncture and in my
opinion, such mis-steps bode poorly
for your publishing future and
strongly suggest that reporters Katie
and Judie, in particular, are literally
in over their heads.

Consider: the days when getting
facts from good reporters may be
over due to costs. And the wire
services and parent companies
simply can't fill the bill for local
news. Their corporate bias is
showing up like a Janet Jackson
wardrobe malfunction and
propaganda seems to be their new
agenda. It does not look good. And
the public has stopped looking as a
result.

You don't have many options if
staying the course is anywhere in
your current business plan. But
you have one alternative that I can
see: tell the truth. Think about
it. It's novel. It's fantastic. It
may even catch on. But it will be
impossible if you stay hobbled by the
aforedescribed incompetence in your
staff. Get some journalistic integrity
and you'll regain a readership hungry
for honesty, desperate for heroes and
willing to subscribe and pay for it.

Put more bluntly: Ms Morton is
a hero. You could sell a million
more subscriptions doing nothing
more than finding and following
people like her. First, teach Julie
and Katie to count (they will need
this in adulthood - it is the decent
thing for their employer to do).
Then introduce them to the story of
Diogenes. And please consider
taking a proactive if not heroic step
in your industry and start telling the
truth and 'doing the right thing'.
You are overdue.

Sincerely,
J. David Cox

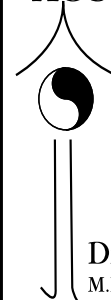
HELP!! save our WILD SALMON
PLEASE stop eating them.

J. Houlihan

Quadra Island

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The Great Bears Need Protection

What can you say about a politician that would promote the Olympics using the spirit bear of BC, and then turns around on April Fool's Day and legislates trophy hunting for Grizzly and Black Bears in the great bear rainforest preserve?

There was some kind of perverse thinking going on that day. Will we be the fools that have to take their grandchildren to the museum to see [the remains of] one of these magnificent animals?

The rich come here to trophy hunt from countries that have already decimated their wildlife. You should travel to rivers in Toba and Knight inlets. There are hunting platforms set up in the trees. Here great white hunters stand a blow grizzlies away while the bears feed on salmon in the fall.

How many urbanites would rush out to sign a petition on HST, while skinned-out carcasses are left on the estuaries and mountainsides of this beautiful province?

Wake up BC! Our government has prostituted wildlife to the tune of over 2000 grizzlies since taking office. What benefit will our children get from the heads and hides of these bears adorning the dens of rich business men?

Sherman Baker
Cortes Island

Dear Editor,

A little red Toyota full of dog poop to the fellow who thinks it's ok to let his dog crap on private property.

Being as he calls himself a writer, I am surprised that he can't read as we have a 'No trespassing' sign in plain view.

As he knows, the geese hang out in the field and they kicked up a real fuss but that didn't stop him or his dog.

In case he doesn't know the geese are sitting on eggs at this time of year and one of the females has a broken leg and has a difficult time getting airborne as she can't run.

The fellow must be a really slow learner as it was just a year or two ago that this same fellow was asked not to use private property for his dog's bathroom

Sincerely
Dorothy Graham

REGIONAL DIRECTOR'S REPORT

by Jim Abram

Area C

Well, I have been back from my holiday for almost three weeks and it seems like it never happened. The first day back, I threw myself into an all day Board meeting in Campbell River. What a shock! There were important issues that needed to be dealt with so I just jumped right back into the fire. The holiday was great and I even came back to sunny (tough cool) weather. Quadra looks beautiful at this time of year. So many vibrant greens!

This is going to be a really short report since I am in preparation mode for meeting with three Ministers in Victoria tomorrow regarding some current events here on Quadra. More on that front after I return. Never a dull moment!

And how about those road improvements at Rebecca Spit Park? I certainly heard about the condition of the road when it was in rough shape, but I have not heard anything about it since it was fixed. Are you happy with the improvements? It would be nice to know so that I can say to the Ministry of Parks that their work was greatly appreciated. Some emails would be great and then I can pass along the information to the appropriate parties. It will go a long way for future relations when we ask for more work to be done. I hope everyone will treat the road with care, as we will not be able to get this level of grading done all the time... so drive slowly and make it last! (it keeps the dust down also). The surface will be great for our upcoming Mayday celebrations.

Speaking of Mayday, I will not be able to attend this year for the first time since I have lived on Quadra due to the fact that I will be in Toronto at the Federation of Canadian Municipalities Annual General Meeting and convention. Local governments from right across the entire nation are represented at this gathering and it is always a wonderful infusion of energy, ideas and contacts. What I learn there is then brought home to be used in our own area for our benefit. I'll fill you in on anything exciting when I get back.

I am expecting news on the Quathiaski Cove and the Heriot

Bay sewer issues any day now. I have asked for a public meeting to be held when we have the information that has been gathered and it is ready to be presented. I know this has taken a long time but it has not been from lack of trying. There have been many obstacles and I think we are past those now and ready to get on with the projects.

I am very excited about the on-going Quathiaski Cove Village project. We continue to meet almost weekly and will be having another public meeting on June 9th. Please read the article that is provided by our consultant elsewhere in this edition to catch up on where we are at and where we are headed. Lots of notice will be given about the public meeting, so keep your eyes open!

I hope that you all have a wonderful Mayday!

Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca, or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Please note my new email address.

Respectfully submitted,

Jim Abram
Director, Discovery Islands -
Mainland Inlets (Area C), SRD

serving Quadra since 1982

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NEWS & EVENTS

HST Petition

Martin & Ruth Amiabel will be canvassing for H.S.T. Opposition Petitions, on Friday May 21st, 3:p:m to 7:00 p:m- in front of the Quadra Market, in able to be available for workers.

Hiking Trail Map – Third Edition

The third edition of the Quadra Island Hiking Trails Map is now available in local outlets. The Trails Committee thanks the following companies for their financial support. Their sponsorship allows us to continue selling our maps at the very affordable price of two dollars.

Coastal Community Credit Union, Out For Adventure Wilderness Ltd., Vancouver Island Rentals Ltd., Taku Resort, Heriot Bay Inn & Marina, Quadra Village Market, The Landing Bar & Grill, Cape Mudge Campsites Ltd., Green Root Adventures, Heriot Bay Tru Value Foods, Nimbus Paddles, Coast Mountain Expeditions Ltd., Coastal Spirits Kayaks, Quadra Island Kayak, April Point Resort, Whisky Point Resort, Tsa Kwa Luten Lodge and Island Cycle.

We would also like to thank Brent Henry, Laurie Bowles, Dan Chesluk, and Ruth Powell for donating photographs for this latest edition.

All proceeds from the sale of the Quadra Island Hiking Trails Maps are used to purchase supplies and equipment for the sixteen trails that the Trails Committee maintains. All administration and trail work is done by volunteers. To volunteer for trail work please call Judy at 285-2663.

You're Invited

The Nuyumbalees Cultural Centre invites individuals involved in the tourism industry on Quadra Island to attend a special event. We would like to provide you with the opportunity to meet the Board of Directors, the Management and the Staff. For the special price of \$10 per person, we'll treat you to a guided tour of the main level exhibits and provide a light luncheon, compliments of Tsa-Kwa-Luten Lodge.

By ensuring that you are informed, you'll be able to appropriately inform your guests and/or visitors to Quadra Island.

We appreciate your support and hope to see you there!

Please RSVP to the Cultural Centre Staff by calling 250-285-3733 available 10am to 5pm daily.



Discovery Islands Realty Ltd.

Please call us for any of your real estate needs



Discovery Islands Realty is pleased to welcome the office of Discovery Islands Vacation Rentals, joining us at 875 Heriot Bay Road. To enter your home in the vacation rental program or to rent a home for a week or two contact Kirstie Stewart at 250-285-3927.



If you are interested in buying or selling real estate contact Nancy Allwarden at 250-285-2800

www.discoveryislandsrealty.ca

Quadra 250.285.2800 Courtenay 250.935.6716 Island@island.net

Salmon Enhancement Dinner Auction, 2010

Quadra Island Salmon Enhancement Society is once again hosting its Dinner Auction fundraiser in the Grand Hall at Tsa-Kwa-Luten Lodge. As in the past, we are offering an evening of fun and delicious food—as well as an opportunity to part with some cash and pick up an auction item or two in support of the Society's projects. The raffle, live and silent auction items include a range of original artwork, giftware, and local goods & services. Other fabulous choices include golfing, kayaking, and fishing experiences that are not to be missed!

This year the Dinner Auction will take place at 6:30 pm on Saturday, June 12th. Appetizers, wine, and a delicious seafood buffet are included in the price of \$50 per person. Tickets will be on sale at Hummingbird. Be warned, our previous events have sold out rapidly...

Proceeds from the evening help fund our watershed and salmon education programs through the Eco-Centre, as well as salmon habitat and watershed restoration programs here on Quadra. We thank you—and all of our amazing volunteers and donors—for your continued support!

Deb Cowper
On behalf of QISES

New Online Service to Encourage Relocation

Campbell River continues its movement towards become a welcoming and inclusive community. Campbell River Multicultural and Immigrant Services Association (CRMISA) latest project will create a web-tool that will provide vital information to newcomers looking to relocate to the Campbell River and surrounding area. We invite all business and organizations within the Campbell River area to contact us if they would like to be featured on the website. If you have individuals who speak languages additional to English, and would like their spoken or written languages advertised on the website, please contact us. CRMISA's goal is to link newcomers with the services and businesses in the community. This is part of the communities "Attracting and Retaining Immigrants to Campbell River" project. If you have any questions, or would like to be added to the website, please contact Jessica at 250-830-0171 or jessica.korte@crmisa.ca.

Two Boys Stone Masonry

Frank Doherty
ph. 250 285 3811

Building In Natural Stone

twoboysstonemasonry@hotmail.com
www.twoboysrockin.com

Museum Summer Hours

Museum at Campbell River summer hours begin Tuesday, the 18th of May, Museum's Day. We will be open from 10 a.m. to 5 p.m. daily. The Museum is again offering exciting historic boat tours – two in June with Jeanette Taylor and Mothership Adventures aboard the Columbia III and beginning on Sundays in July, day trips with Discovery Marine Safaris around the Discovery Islands. Call the Museum at 250-287-3103 for details or visit the website under 'Programs' at www.crmuseum.ca.

QUADRA FARMERS MARKET & BAZAAR

Every Saturday from May 1st till Sept. 11th. It's by the Credit Union in Quathiaski Cove.

We welcome local vendors from Quadra Island and outer islands to set up at only \$5.00 a table. Charitable organizations are free and children's tables are \$1.00. It goes from 10am to 2pm. and gates open at 8am for vendors. We have farmers, gardeners, art, crafts, musicians, food and surprises and are sure to please locals and visitors. We have a unique island and talents so lets show it off and make it the best year ever. This is where it is happening on Saturday. A great gathering place for all. Visit us on Facebook now too. Tell all your friends.

Contacts: Stella 285-3184, Suzanne 287-1871, or Naomi 285-2979 quadrarmarket@gmail.com

Big Mouth @ The Quadra Island Legion!

Quadra's Big Mouth will be playing at the Legion on Saturday May 22 starting at 9 pm. See you there!

QUADRA'S 112TH MAY DAY CELEBRATION

"Out of this World" is the theme for this year's May Day Celebration on Quadra Island. Take this phrase, twist it and turn it in your mind and let's see your interpretation in colourful costume, rhythm, dance or song.... Inspire the neighbourhood to put a float in the parade. Express hidden realities unveiling the worlds beyond the ordinary.

Mark Saturday, May 29 on your calendar and come to Rebecca Spit Park, for the parade which starts at 10 am. Plan to stay the day, picnicking with friends, watching the official ceremonies, replete with May Queen, bagpipers, and May Pole dancers. Enjoy face painting, foot races, fort building, grease pole climbing, box lunch auction, entertainment, sailboat racing, the concession or just hanging out enjoying it all go by. At night, amazing musician Shane Philip plays at the QCC dance.

Contact organizers, Sandy Spearing and Sonya Thompson at Quadra Community Centre, 285 3243 or email quadrarec@gicable.com. There is always room for one more volunteer! We need a truck to carry tables etc to the Spit, dance helpers, concession volunteers, clean up folks and more...

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PAINTING WORKSHOPS AT FIRESIGN

New Painting Workshops at Firesign! Firesign Studio hosts painting workshops with exciting guest artist/instructors in semi-private classes. Vancouver artist Janice Robertson teaches "Improve Your Painting Skills" May 29-June 3. Visit Firesign Studio during the Quadra Island Studio Tour June 5-6, see new paintings by artist/host Nanci Cook. Then Kelowna artist Alex Fong will be at Firesign to instruct "Watercolour & Whimsy" June 7-11. Peter Shostak leads the first plein air (outdoor) painting workshop of the year, "Take your Painting to the Next Level" June 21-25. www.firesignartanddesign.com or call 250-285-3390 for details.

Campbell River Arts Council Website Workshop

With rapidly changing technology and communication, it is almost impossible to do business without a website. Having a business presence on the internet is a must, especially for artists. Unfortunately developing a static website is expensive and it puts you at the mercy of a web master for any upgrades and/or revisions. But as website design continues to develop there are now other options than having to use a static site. Dynamic Website Design is now available. The Campbell River Arts Council is offering a workshop designed to assist people in creating their own dynamic website, one which the owner can maintain themselves. This workshop will be held at the Sybil Andrews Cottage on May 29, from 9:30 am to 3 pm. At the end of the workshop, you will be guaranteed of having a fully functioning registered Dynamic Website, one year web hosting and two hours of free technical support available online via email or Skype. All you need to bring to this one day workshop is the information you want to display on your website (such as text, pictures or video clips) on a computer or memory stick. There will be computers available, but if you prefer to use your own laptop, please bring it with you. Useable picture formats are gif, jpeg and png. Please try to resize all photos to a 600 X 400 display. The cost for the day long workshop is \$180.00. Call the Arts Council at 923-0213 to register. Additional info at 250-287-1306 or email

Coming Events at Positive Living

Sunday Celebration: Centre for Spiritual Living, Willow Point Lions Hall, every week, 10:30 AM, Meditation 10 AM. www.cslcampbellriver.ca

Family Day Celebration: Sunday, May 30th, Willow Point Lions Hall 10:30 am, potluck lunch to follow, bring plates and cutlery.

Sunday June 13th: Sunday Celebration is at Community Centre (401 - 11th Ave.) in the 2nd floor lounge. (Instead of Willow Point Lions Hall)

Chinese Mountain Hike + Weenie Roast / Potluck. Sunday, June 13th, Catch the 2:30 pm ferry to Quadra. Hike first, followed by dinner.

Quadra Island Quilt and Garden Tour June 26 & 27, 2010 10 am - 4pm

Quadra Island's semi-annual tour melds the talents of gardeners and quilters to present a two-day event full of colour and creative talent. Most of the gardens and quilts are new to the tour this year.

The eleven gardens present a range of styles and sizes, from spectacular ocean views to gardens tucked into the forest. We are delighted to include Quadra Island's new Community Garden on this year's tour. In many of the gardens, you'll find an exciting array of quilts that compliment the colours and patterns of the gardens. You'll also find gardeners and quilters on hand to share their ideas, passions and inspirations.

This weekend tour allows time to explore beautiful Quadra Island. Bring a picnic lunch to enjoy at Rebecca Spit Park or try one of our restaurants or cafes. For those who want to stay the weekend, there are a range of resorts and bed and breakfast accommodations. We also have tenting and camper facilities. For information on what Quadra Island has to offer, check www.quadraisland.ca.

Tickets are \$12 per person for both days. They are available at a number of places including the Quadra Island Information booth (next to the Credit Union) and the Campbell River Visitor Centre. For more information or to reserve tickets, please call Eileen Mackay at 250-285-3194 or email emackay@connected.bc.ca.

Thank You Quadra Island

Quadra Island Boutique Hostel would like to thank all the Outdoor Tourism and Artists that helped to make the Grand Opening a Grand Event! What a day we had! The sun was out and so were the people.

Thank you Marion from Vitalis Gym, Tracy from Quadra Kayaks, Jack from Island Cycle, Vick and Louis from the Heriot Bay Inn Adventure Center, and Sunday from Honey Sun Massage, for keeping people moving on the Island, what great energy you brought to the Hostel!

Thank you Christine Husson - Pottery, Leanne Hodges - Visual Artist, Gibsons Glass Works, Richard Pielou Guitars, Sam & Andrea - Naked Bikes, Ginette Swanson - Soul Sista Photography, and Tara Iverson - painter. What a variety of amazing art you brought to the Hostel! We were so sad to see it all leave!

Thank you Wendy Terral - Tarot Card Reader, what a gift you have, such an amazing pleasure to have met you!

Thank you Tucker Dinnes from the Island Jade Society, what amazing work you do.

Thank you Kayah for your beautiful Lemonade Stand and collecting donations for the SPCA.

Thank you Drummers! I could feel your energy every were I went! It was such an honor to have had you.

Thank you Discovery Islander for supporting our new business on the Island!

Last but not least thank you to all the friends and family that made this day possible, and to all those that came out to celebrate this day with us!

What a Beautiful Island Community we have.



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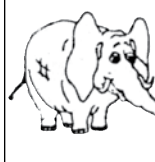
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See you at the Spit!



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Important Notice Backyard Burning Ban

Starting May 15, 2010 and ending October 15, 2010 the backyard burning ban will be in effect on Quadra Island. Burning barrels, being medium sized fires, are included in this ban.

If you have any questions, please contact the Quadra Island Fire Department at 250 285 3262 or send us an email at quadrafd@gicable.com.

Endless Thanks to our Luscious Lokals

It was an honour to be a part of this extraordinary fashion event and I thank you for letting me lead these local talents to the runway. Shock, awe and surprise were on the menu along with the delicious dinner at the Heriot Bay Inn Herons. To all the staff at the Heriot Bay Inn, Lois, Ron, servers, kitchen and housekeeping, thank you for your hospitality.

To our Quadra designers; Mimi, Lena, Sunday, Gillian, Sarah, and Kate: your skill and design left the audience wanting more. Please continue to surprise us with your amazing designs. Thank you to Alex from Dieconstant, Hawks Ave, Nomads Hemp wear and Urgo ethical apparel for their shockingly comfortable styles.

To the Models: Mel, Keri, Sophie, Carly, Erin, Keely, Kate, Sunday, Lexie, Rowan, Noelle, Shayla, True, Pam, Fortune, Amanda, Jennifer, and Gillian, what more can I say but hot stuff, your energy took over the room. Thank you so much for your time and beauty!

Make up; Alli Taylor and Julie Rigby (Evoc) thank you so much for your skill, time and patience, you are amazing. Music and sound; Josh....totally rocks! Jeff Hallihan for his art, love and support. Quadra Elementary (stage) to Joe, Aldo, Jeff, Liz, Ron and Josh for helping move the stage! Hummingbird; for poster prints, flyers, tickets and programs. Photography; Ginette Swanson Soul Sista Images, Brandi Hedefine and all other photo queens and kings. Greenroom Help; Megan and Christi, Kim (co-director and jewelry) for all of your time, ideas and patience, thank you. Thank you to Lovely Lola Peach and Diabla Blanca for firespinning. To the guests; thank you for being part of this awesome event! Until next time....keep encouraging and supporting these amazing BC talents.

Sam Simmons
Loka Clothing

Quadra Island Studio Tour

On June 5th and 6th, 2010, Quadra Island artists will once again open their studio doors for the 8th annual Quadra Island Studio Tour. Featuring the work of over 35 local artists, the Studio Tour incorporates a self-guided tour of Quadra's private studios and galleries, artist demonstrations, workshops and more. What better opportunity to explore the island while getting a glimpse of the creative process guiding some of Quadra's finest artists!

Paintings, pottery, perfectly cast and hand painted fish, art glass, hand built guitars, fabric art, sculpture, and jewelry are just a few of the things you'll encounter down Quadra's tree-lined driveways. This is "locally made" at its finest. Take a moment to chat with an artist as she finishes off an open-air sketch in the garden that inspired her, or learn how another artist was motivated to create detailed replicas of our abundant local marine life.



Over 15 studios will open for visitors. Artists without public studio space will be showing their work at the Quadra Community Centre, where there will also be a group exhibition. The Garden Terrace Café will again provide sumptuous prawn lunch specials, desserts, and hot and cold beverages.

Tickets for the tour are \$5 each (kids under 13 free) and are available on the island from Hummingbird Office Supply, Quadra Crafts, resorts and the Tourist Info Booth.

The Studio Tour is presented by Quadra Island Artists, a member group of the Quadra Island Recreation Society and a volunteer organization that is dedicated to encouraging and promoting the visual arts on Quadra Island. For more information please visit www.quadraislandarts.com or phone 250-285-3101.

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Literacy Now for Seniors – Cortes Island

To register for any of the workshops below, please call Ester at 250-935-6441 or email esterstef@gmail.com. All workshops are by registration only. Limited space available for each workshop. Cost is \$5.00 per workshop. 50+ only

Monday May 24 – 2:30 – 4:00 pm
Whaletown Institute

PC or Mac?: In this workshop we will get together with people who are interested in buying a (new) computer. What should you buy, a PC or a MAC? Which one is better, which one is easier to use, which one is cheaper to maintain, and which one is best for your specific use? Join Shanaya Nelson and Ester Stribos in the comparison.

June 17 – 9:00 – 10:00 am Pioneer Room

PC Beginners: In this workshop we will get together for a beginner PC users workshop. Each participant can submit 2 computer questions that they would like answered. Karen Graham will lead this class.

June 24 – 10:00 – 11:00 Pioneer Room

PC Advanced: In this workshop we will get together with PC users who are familiar with their computer and have advanced questions. Each participant can submit 2 computer questions that they would like answered. Karen Graham will lead this class.

Please don't hesitate to phone me with any questions or comments. Stay tuned for more workshops in the summer and fall. (Mail, Skype, Internet, Kindle, Beginners & Advanced Mac, iTunes, Hands-on Photoshops & more)

Ancient Trees of Quadra Island, Update #1

The Ancient Tree Inventory for Quadra Island has been welcomed by everyone (dozens), with whom we have talked these past few months. To date, about 114 Douglas Firs have been located and measured. Other trees, Sitka Spruce, Hemlock, Balsam Fir, White Pine, total 42 trees. We will be following up on 3 new locations, provided to us in early May. The details for the Valdez Road Giant (pole 37) were sent, to the Ministry of Forests, Ancient Tree Inventory. At 24 feet DBH (data at breast height) it fits into the top 15 (living) Douglas Firs for British Columbia.

Two other Douglas Firs at about 22 Ft C (7.m) have been located. One is in Village Bay Lakes Provincial Park and the other is in a protected zone within a woodland.

It has been an utterly exhilarating experience to hike the numerous Quadra Trails (thanks to the Trails Committee for their decades of wonderful work), with the intent of locating the Ancient Trees (250 years or older). Hiking the trails, you become increasingly aware of the significant differences between the landscape and topographies, such as between Nugedzi Lake and Gowlland Harbour Trails.

The scope of the project continues to expand, with many thanks to the hundreds of people around British Columbia who also scour the forests doing their inventories. They have written information postings and created internet links. A common concern is the Provincial Government/ Liberal's on-going policy to permit the cutting and raw log export of the ancient trees. The remaining logging companies, willingly support the Government policy – all as a means to prop up share holders stock values. Ongoing is the apparent disregard by the Corporations' (Teal & Jones, Timber West et al) for even minimal social and economic needs – let alone giving any notice of concern for the retention of Ancient Trees and intact ancient ecosystems.

Rod Burns

Thanks For Sweeping That Broom At The Spit

Big thanks to the hardy souls who came out once again this year on May 2nd to deal with the remaining broom. We were very busy for two hours and managed to cut or pull all the flowering broom we could see. Very gratifying. I'm sure that the young plants we missed will be blooming next year and very easy to see then.

A big thank you also to the anonymous folk who saw the 'Please pull some broom' sign in the patch at the end of the field and pulled absolutely all of it! A very good thing, as we were running out of time and energy by the time we checked that area.

I encourage Spit users to pull broom anytime but note: if seed pods are forming please don't leave it but take it out or to the dumpster.

The native butterflies thank you. Riki 2640

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B.C. Government Launches "Parks 100" Celebrations

VICTORIA – BC Parks is gearing up to celebrate its 100th birthday on March 1, 2011, and today Minister of Environment Barry Penner officially launched the Parks 100 celebrations by highlighting the historic role and legacy of BC's incredible network of parks.

"The BC government is thrilled to host a province-wide celebration in commemoration of 100 years of B.C.'s provincial parks," said Penner. "Our goal is to inspire pride in British Columbians and encourage involvement in a number of celebrations connected to Parks 100."

Minister Penner stood up in the B.C. Legislature today to read the Strathcona Centennial Expedition Proclamation, issued by the Honourable Steven L. Point, British Columbia's Lieutenant Governor. The proclamation marks the Strathcona Centennial Expedition as the official re-enactment of the 1910 expedition.

In 1910, the B.C. Minister of Lands Price Ellison led a team of 23 people on an expedition of the Buttle Lakes region on Vancouver Island (now a part of Strathcona Provincial Park). Following the 39 day exploration, Ellison gave a glowing report to the BC government of the day, and the approval to create a park was granted. Strathcona Provincial Park was established on March 1, 1911 as the first provincial park in British Columbia. Since then, BC Parks has grown to one of the largest and most impressive park systems in the world.

To celebrate this landmark anniversary, the Strathcona Centennial Expedition and BC Parks will partner to re-enact the original 1910 expedition through Strathcona Provincial Park to Port Alberni, including an ascent of Crown Mountain, in July 2010. The expedition will follow the original historic route as closely as possible.

"This is an exciting opportunity to celebrate the history of BC's first provincial park and pay homage to the foresight of Ellison and Premier McBride in establishing the parks system we now know and love," said Philip Stone, Head of the Strathcona Centennial Expedition. "As pressures increase worldwide on wild places British Columbians have a special duty to conserve and treasure Strathcona and all our BC Parks for the future."

In addition to the Strathcona Centennial Expedition, there will be several other Parks 100 celebrations in parks across the province throughout 2010 and 2011. The celebrations will engage a diversity of rural and urban communities, First Nations, youth and sector areas such as arts, heritage, and tourism in events, activities and conservation projects.

To find out how you can get involved in Parks 100, check out: (new parks 100 webpage).

To learn more about the Strathcona Centennial Expedition, or learn more about BC Parks, go to: www.bcparks.ca

Congratulations to Dee Conley

on being awarded the Lifetime Achievement Award of Excellence in Child Care presented by the Ministry of Children and Family Development of British Columbia. Dee was chosen for this award for her commitment to : child development, supporting child diversity, involving parents, families and the community, and leadership. it is fitting that while celebrating her 20th year of service at Quadra Children's Centre that Dee has been recognised by her peers for her outstanding career. It is a pleasure to work with you Dee, you are an inspiration to all the people you have come into contact with over the years. Congratulations.



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Free Stuff

The Free Firewood program at the Quadra Community Centre worked well this winter. 15 cords of wood were distributed to needy families and individuals. Everyone, regardless of income level, had the opportunity to keep warm this past winter. Thanks to our local loggers who supplied us with over 40 cords of wood and to the Green Knights for chopping some of it up.

Free Money was given out from November to April on the third Wednesday of the month. Thanks to the weavers at the Quadra Market for raising most of the money. Ten dollars is given to each & every family member to a household in need. The total cost of the program is only \$3,000 a year. We, of course, are still looking for that mystery millionaire who will support the program. No luck yet!

The Free Book lending library at the Q.C.C. has had over 200 people borrowing best-selling books in high demand that have long, long waiting lists at our local library.

This summer there will be a variety of free live music at the Quadra Saturday Market, including First Pressing, Sunday Dennis, Jazz Berry Jam, Quadra "Light" Singers, Castaway, Quadra Drummers, Hal Douglas & Julie Frank and many more. Donations to our local musicians are always welcome. Thanks to Spirit Books and Book Bonanza for co-sponsoring last week's music.

There has also been a movement to make wild free fish available to people who fish. As you know it is illegal to put your fishing pole in a fish farm, but the fish in the ocean are still available although rapidly declining in numbers. That's why 300 Quadra residents packed the Quadra Community Centre and 40 Quadra folks came to Victoria (2 individuals walked all the way!) to protect wild salmon and other fish.

Also, the food bank and the Community Lunch are doing an excellent job. The money made from the Community Lunch donations goes to support the Food Bank. The Community Lunch happens every week but next week is the last one for the season. Unfortunately, the Food Bank only allows

needy local residents access to food just once a month.

In many ways, Quadra is a leader in providing the necessities of life to all it's residents on a volunteer basis, sometimes completely free of charge. Even the problem of homelessness is not the serious problem it is in other communities, like Campbell River. However, there is one area where all our surrounding communities have got us beat when it comes to free stuff. Campbell River, Cumberland, Courtenay & Cortes Island all have free parking. Cumberland and Cortes all the time. Campbell River and Courtenay for 2 or 3 hours. We, of course, have pay parking at the ferry. Thus, the problem on Green Road and now the all day parkers at the Q.Cove Shopping Centre, just when the tourists are coming. A lot of frustration could be solved by restoring free parking at the ferry.

There has been some criticisms of the various free programs by folks suggesting that people should earn more money instead. I & many others completely agree.

Therefore, we are looking forward to establishing a \$10 an hour minimum wage on Quadra Island. After all, the Onatrio legal minimum wage is \$10.25 an hour. Unfortunately B.C. has the lowest minimum wage of any province at \$8 an hour. Many thanks to the Coastal Credit Union who start tellers at \$20 an hour & Walcan wh pay \$15 to new staff and Quadra Foods who also start folks at \$10 an hour. The more employers who join the program, the less need there will be for free stuff.

Steve Moore

May Day Dance with Shane Philip

Saturday, 29 May 2010 at 8:30 PM at the Quadra Island Community Centre. All ages and Licenced! Tickets \$10 or \$25 for family Doors open at 830pm, music starts at 9pm Volunteers still needed!! You wanna get in for free? All you gotta do is spend some time helping out! Contact Mandy at 250-285-3239 or the QCC at 250-285-3243

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LAST CHANCE!!! SCHOLARSHIP

Last call for applications for the Kay Dubois Memorial Scholarship awarded by the Quadra Legion Ladies' Auxiliary. Apply (before May 31) to: Box 242, Heriot Bay, BC V0P 1H0 (Must be 1st year student)

Ask your Health Professional

by Sue Krose

Dear Sue: *I know a balanced meal is important, so I make sure I include the four food groups in my son's lunch. But I'm confused ... Are Gummi Bears meat or fruit?*

A. You're not confused. You're stupid. People come in different ~~flavours~~ colours and nobody thinks they're fruits, except maybe Butch, my decorator. You don't have a nutrition question you have a moral problem. A lot of 'Stars' have jumped on the *Save the Gummi* bandwagon in recent weeks but think about this. Gummi Bears eat only two things: Fruit and rubber trees. Unless you want to ride around in a car with wooden wheels, I suggest you eat as many Gummi Bears as you can. Nutritionally, Gummies don't pack the same amount of protein as salmon, especially if you go for farmed salmon with a side of deep fried sea lice.

Dear Sue: *What does MSG stand for?*
Wallace Darwin

A. It's obvious that, despite your name, natural selection didn't select for brains. To be fair my son thought it meant More Salt God. We put him in a corner for two days and laughed at him so he doesn't think that any more. (My book on parenting is coming out soon. Be the first to order.) It stands for Monosodium Glutamate. Many 'real' nutritionists and so-called 'doctors' think MSG raises blood pressure. But let's think for a second. MSG has fully one-third the sodium of TSG. Any blood pressure elevation is due to worry not the sodium. To understand this you have to know two things: first, sodium reacts very strongly with water; second, MSG is stored in your butt (that's the Glute part of the name). The problem for people who eat a lot of MSG, and I mean a lot, is that occasionally when they get diarrhea they go up like Roman candles. Hence the worry.

Quadra Island Seniors- Branch 91 B.C. Old Age Pensioners Organization

On May 5th, we had a speaker Reg Wescott and a Falcon named Scarlett from Mountaineer Avian Rescue. The discussion with the members was very rewarding. Reg discussed many issues, about Hummingbirds and how they migrate on their own and not on the feathers of large birds. He also spoke about a recent incident which happened at the Campbell River Landfill site. Eagles were eating a carcass of a dead pet dog who had been put to sleep by a chemical drug. The owners of the animal had taken the dog to the dump, not thinking about toxic chemical which had been used. Normally Veterinarians cremate animals, to prevent an incident like this. The Rescue group whom Reg Wescott volunteers his time with has been trying to save the birds. An apprentice was also at our meeting to learn, so she can help the group continue to do work to save baby Hummingbirds as big as a peanut, to larger stupendous birds like Eagles. A donation was made towards the group.

Martin Amiabel is now the Regional Director of the North Island, for our seven branches. Ruth Amiabel is the alternate, and was elected to be the delegate to the 2010 B.C.O.A.P.O. Convention in Naramata, grape growing country. The Convention will be held June 14th to 16th. Resolutions will be discussed at the next General meeting on Wed. June 2nd 2010. Come at 10:00 a.m. for a coffee and a book browse and chat, Win Smirfitt will chair the meeting which starts at 10:30 a.m.

Lunch will follow at 12:00 p.m. Come and meet our members who try to make a better and rewarding life for Seniors. On July 14th 2010, at 11:00 a.m. we will be attending our N.I. Regionals Picnic at Halbe Hall in Black Creek. We will be having a Pot-luck lunch and games inside or outside depending on the weather. For membership in our active group contact Muriel @3216 or Ruth @3801. If you would like to join our walking group, contact Peter @3217. Drop by the Tourist Information Booth near the Credit Union. Our members are working in the booth greeting the Tourists daily until September. Thank-you.' to the Nuyumbalees Cultural Centre, for the great job of educating our tourist booth workers on Aboriginal History.

Small-farm defender, Joel Salatin, leads a day-long seminar on Cortes Island.

On Saturday September 25, 2010, Friends of Channel Rock will host a day-long seminar led by Joel Salatin. He is a sought-after writer, speaker and farmer who speaks in defense of small farms, local food systems and the right to opt out of the conventional food paradigm.

The Friends of Channel Rock Society will host a day-long seminar in Manson's Landing on Cortes Island on Saturday September 25th, 2010. The seminar will be led by sought-after writer and speaker, Joel Salatin. a 3rd generation alternative farmer from Virginia's Shenandoah Valley.

Joel Salatin's family farm, Polyface Inc. (www.polyfacefarms.com) has been featured in Smithsonian Magazine, National Geographic, Gourmet and numerous other radio, television and print media. Profiled on the Lives of the 21st Century series with Peter Jennings on ABC World News, his after-broadcast chat room fielded more hits than any other segment to date. Polyface Inc. reached fame when it was featured in the New York Times bestseller Omnivore's Dilemma by food writer and guru, Michael Pollan.

His farm services more than 1,500 families, 10 retail outlets and 30 restaurants through on-farm sales and metropolitan buying clubs with salad bar beef, pastured poultry, eggmobile eggs, pigator pork, forage-based rabbits, pastured turkey and forestry products using relationship marketing. He has authored six books and writes extensively in magazines such as Stockman Grass Farmer, Acres USA, and American Agriculturist. He is featured in the movies Food Inc. and Fresh.

As well as the day long seminar, Joel also participates in the week long Food Security Workshop that is happening at Channel Rock from September 19 – 26th., 2010. Seven speakers, all proficient in their fields, will lead this "hands on" workshop. Topics will include vermiculture, mushroom cultivation, small-scale gardening, beekeeping, sustainable shellfish farming, creative cooking and fermentation.

For additional information on the day-long seminar with Joel Salatin at Manson's Landing on Cortes Island or to learn more about the week long Food Security Workshop, please contact Ester Strijbos at 250-935-6441, visit www.channelrock.ca, or email us: bookings@channelrock.ca Cost is \$85.00 and includes lunch.

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HALLIDAY'S VIEWPOINT

by Steven Halliday

I've always been a passionate fan of blue jeans. I grew up in an era when jeans were not permitted in school, though I was fortunate to see the repeal of this ridiculous dictate before entering senior high.

My first "real" job was selling clothing at The Bay; more specifically selling jeans and other casual apparel out of the "317" department, an adjunct to young men's wear named after the Levi 317 model boot cut jean. From there I advanced to Men's Dress Wear, where my shoulder-length blond locks rested on the shoulders of a suit coat or blazer at least, and many customers were somewhat taken aback by an 18-year old kid selling custom tailored suits as well as off the rack. After my departure from the Bay I got a job that was more industrial in nature, and permitted jeans as uniform. College followed (briefly, where of course jeans were de rigueur), and then I joined the ranks of the "suits" as a bank management trainee.

As a trainee in the late seventies, our very modest paycheck allowed only polyester rather than gabardine, and anyone who was a conscious adult in 1979 may remember the predominance of checked or striped wide leg-low hipped pants, paired with brightly coloured shirts with long high collars and contrasting ties at least 6" wide at the beltline. Long hair was becoming condoned if not accepted, but the wearing of a necktie was an absolutely nonnegotiable element of working in a world where suffering a noose is a requirement of servitude. I truly developed a hatred for ties in about 1987, just shy of the 10th anniversary of wearing a snare around my neck on a daily basis. In 1988 I was truly fortunate to be appointed to a position in Alert Bay, where ties only make an appearance at weddings, funerals and Remembrance Day, and even on those occasions only spottily.

I relished my newfound freedom from the neck

lariat, though I still wore nice clean white or blue shirts, occasionally with a sport (??) jacket and slacks that I had salvaged from my unworn suits dating back 10 years or more. I had no pressure to wear a tie, particularly since the only person who habitually wore a tie was Dr. Jack Pickup, our local GP-MD who was also Chief of Staff at St. Georges Hospital, of which I had the honour

up accordingly when the occasion arose, such as khaki's for Board meetings and visits from people forced to wear suits; right up to wearing a sport jacket with my khaki's for Annual General Meetings. But never, not once, did I have to suffer a tie during my professional activities on Quadra, and enjoyed a relatively high degree of freedom of choice in many other respects as

well. Personally, I think this aspect alone has added a few years to my life span, since I haven't spent any time in a couple of decades worrying about what to wear, enjoying comfortable clothing in the meantime.

DRESSING DOWN

to be a Trustee for a time. Jack incessantly needled me about not wearing a tie...usually three sheets to the wind at the Legion, still wearing his tie after a 12 hour day on the job, at 78 plus years old...until I reminded him that he had graduated from medical school over 50 years prior, and whether he liked it or not he was a dinosaur fashion-wise. Jack Pickup didn't even own a pair of jeans. I, on the other hand, used to throw off my work pants immediately upon arrival at home after work and slipped on my worn, comfortable and somewhat ragged jeans, raggedness depending on their particular vintage or cleanliness, whichever I noticed first. Putting them on was like loosening a neck tie, but far less of a relief, as no other piece of clothing has ever constricted my breathing or blood flow. Putting on a pair of comfortably worn jeans is damn near the best thing to slipping into a well time-molded pair of slippers after a day spent on one's feet.

Moving to Quadra allowed me to continue my casual code as adopted in Alert Bay – in a remarkable coincidence, the only person wearing a tie with any frequency on Quadra was another doctor... Dr. Francis; I quickly instituted Jeans Day at the Credit Union every Friday. No staff member complained though a few die-hards (generally of an earlier generation...preboomer, shall we say) stuck to their dress slacks, and I never once had a member or Board complaint regarding staff attire. As the years went by the Credit Union's dress code evolved to "clean and presentable – we're not style police", and I often tested it to the extreme, as Norma would attest. She is the determiner in my life of when new jeans are in order, though I do have a couple of beauties hidden away in case of emergency that wouldn't pass her muster for a moment. When we bought our little farm on Cape Mudge Road (with the associated long live-in renovation period that followed) I took it as license to dress down at work, as whenever I had opportunity I dashed off to check up on the job site, which of course is a very dirty place. After the renovations finished in 2005 I kind of forgot that I was supposed to wear khaki slacks to work, most of the time. I did, however, dress

With my new career I am in heaven. As a small businessman and professional I need to present myself accordingly if I expect the respect and trust of my customers, while the nature of my business provides innumerable opportunities to get dirty. Let's face it folks – nobody brings in a clean vacuum for repairs. So practicality dictates that I wear comfortable, durable and washable clothing to work...a perfect definition of jeans. For many years I was a Levi's man, as their 501 boot cut was just the right style for me as I occasionally indulged in cowboy boots. Today, I'm a Dakota wearer, for two simple reasons. They're built better than Levi's and they cost about half the price. But then again, even when I was selling Levi's back in 1976 or so I bought GWG's, which were cheaper than Levi's and had more rivets. So in actual fact I've only been a Levi's wearer since Norma has been buying me jeans, though she's the one that discovered Dakota's a few years ago. But I digress...

The point of this story is that Quadra provides a wonderful example of a place where dressing as one feels like is an accepted component of residency...I use our predilection for gum boots as example. When one has occasion to reflect on the stresses that our metropolis-dwelling cousins suffer on a day by day basis, recognition by corporate grand Pooh-Bahs that silk ties, \$1,000 suits, designer dresses and stiletto heels do nothing to add to employee productivity or well being in any measurable manner, and would be huge step forward...right up there with minimum wage and the 40-hour workweek, I'd bet. Speaking personally, it's done wonders for my stress elimination program, and I'm pretty certain Norma would agree. She's been a "professional in jeans" while working at a logging company office and presently at the Western Star truck dealership, and I know for a fact she spends a lot less time ironing. Even though she irons her jeans. Dress for success is a fallacy established in a prior age – dress for comfort and practicality is the more sensible approach. Someday soon "they" will figure it out.

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Salmon Migration Rally – A Follow Up

It is shameful that of all the Victoria / Vancouver radio and television media, only the Global News Network accurately reported on the May 8 Victoria protest against open net fish farming. Approximately 50 Quadra Islanders were part of the walk from Centennial Square and were present at the rally at the Legislature Buildings. I was amongst them. Some of us who were in the front of the walk were fortunate to find a place to stand on the steps of the Legislature, and from there were able to watch as the migration of other protesters arrived, a river of people which just kept coming and coming until a enormous crowd was gathered on the lawn of the Legislature.

Global News estimated there were 5,000 of us. The photos at salmonaresacred.org show a true reflection of the number of people present. (See this website for a link to Global's coverage.) As Alex Morton noted, we were "a powerful, peaceful, huge community of people."

At the rally, one of the speakers was Thea Block, a grade 10 student from Cortes Island who won the "Create your Canada" contest held last year by Victoria NDP MP Denise Savoie. Thea's idea to move salmon farming to closed containment inspired a private members bill which on May 5 was introduced by Vancouver's NDP Fisheries and Oceans Critic Fin Donnelly. Thea was in the gallery and chalked "salmon are sacred" on the steps at Parliament Hill.

Bill C-518 directs the Federal Fisheries Minister to develop, table and implement a transition plan, outlining how fish farm operations will make the move to closed containment systems. The plan would also ensure that those currently working in the industry will be protected during the transition. There is a link to the wording of Bill C-518 at

Denise Savoie's website. (<http://denisesavoie.ndp.ca/>)

We must now make known our support for this Bill. As Alex says, once again it is up to us. Here are some of the ways you can help. Write to our MP John Duncan asking him to get salmon farms out of our oceans and send a copy to Fin Donnelly. Write to our MLA Claire Trevena asking her to convey your support for land-based aquaculture. Write to MP Fin Donnelly to say you support his bill, and copy your letter to Fisheries Minister Gail Shea. Look at 'How to Help' on the salmonaresacred.org website, for a list of other ideas, and don't forget to sign the onsite petition.

Without doubt there are pressures other than fish farms on wild salmon stocks, global warming and overfishing amongst them; but the move to closed containment will eliminate the predation of sea lice on juvenile salmon, which is wreaking havoc on wild salmon stocks in every country where open net pens are being used as feed lots.

As an added incentive for fish farming companies, some large food chains are opting to buy salmon only from the now existing U.S. land based farms. Further proof of the viability of land-based systems is the recent report of the Save Our Salmon Marine Conservation Foundation report. "The report concludes that land-based closed containment is technically and economically feasible and that the design presented in the study would allow for substantial reductions in both capital and operating expenses." See saveoursalmon.ca for details.

Write a letter today and help save our wild salmon. Their survival depends on us.

Susan Westren
for the Sierra Club of Quadra Island

Land-based closed containment salmon aquaculture report released

Port McNeill - The SOS Marine Conservation Foundation has released a technology report concluding that land-based closed containment salmon aquaculture is technically and economically feasible.

The Report, entitled "Technologies for Viable Salmon Aquaculture", has been extensively reviewed by aquaculture experts and will remain in the public domain (see www.saveoursalmon.ca). It was recently presented at the Simon Fraser University workshop on land-based closed containment salmon aquaculture and is another step towards the SOS Foundation's goal of helping to establish B.C. as a leader in a globally renowned, stable and viable finfish aquaculture industry.

The technology report was prepared by Dr. Andrew S. Wright as part of the SOS Foundation's strategy to support research and to produce educational materials that increase understanding of the ecosystem and methods of protecting and conserving it.

Dr. Wright's research confirms that all components required to build a full recirculation land-based closed containment salmon farm are available as commercial off-the-shelf items.

Specifics are provided for a facility that would yield 1,000 metric tons (MT) of full-grown fish and a supplementary 500 to 750 MT of early harvest fish annually. Atlantic or Pacific salmon species could be produced.

The Report provides conservative economic forecasts with the acknowledgement that refinement of the design would allow for substantial reductions in both capital and operating expenses.

CLASSIFIEDS TOURS

SAILING TOURS

Sea Star Sailing will again be offering day sailing trips, sunset cruises and this year will offering weekend adventures in the Discovery Islands. On the May long weekend it will be Coves of Cortes and each weekend after that will be a different destination so check islandsynergy.com or phone 285-AHOY for more information. Capn Ian is Transport certified, a CYA Cruising Instructor and a marine biologist. Call today to book your Sea Star adventure

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| Date | PDT | m | ft |
|-----------|-------|-----|------|
| 21 | 00:56 | 4.9 | 16.1 |
| Friday | 07:39 | 2.7 | 8.9 |
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| Sunday | 09:23 | 1.7 | 5.6 |
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