

# DISCOVERY ISLANDER

QUADRA ISLAND'S COMMUNITY NEWSPAPER SINCE 1992. SERVING QUADRA, CORTES & OUTER ISLANDS.



Summer fun at Quadra Children's Centre, by Sue Anderson

## Summer Historic Tours Continue

With the magnificent summer weather comes the opportunity to explore and discover the amazing waterways of the Discovery Islands. The events and people that have shaped the history of this area provide a colourful backdrop to the experience of this world famous geography. The Museum at Campbell River's Summer Historic Boat Series offers a once-in-a-lifetime chance to get out on the water and witness first hand the locations in which history happened. Upcoming trips include Quadra, Maurelle and Read Islands on August 15, Cortes Island on August 22 and the Thurlow Islands on August 29. All of these tours leave Campbell River at 3:30 pm and return at 7:30 pm. An on-board picnic lunch and historic interpretation is included in the cost of \$150.00. To reserve a place on any of these trips please call the Museum at 287-3103. Historic tours take place every Sunday in the summer. Check the website at [www.crmuseum.ca](http://www.crmuseum.ca) for a full schedule.

Photo (right) Manson's Wharf, Cortes Island, 1908 (photo courtesy of the Museum at Campbell River archives)



### INSIDE THIS WEEK

Island Calendar...	page 2
Island Forum	page 3
News and Events	page 5
Halliday's Viewpoint...	page 11



# ISLAND CALENDAR

Submit your event • eMail: [news@discoveryislands.ca](mailto:news@discoveryislands.ca) • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

## DAY TO DAY

### Friday, August 13

- Blue Cat plays the HBI Pub

### Saturday, August 14

- Georgia Strait Alliance 20th Anniversary BBQ. Big Bay, Stuart Island Cocktails 6 pm, dinner at 7 pm

### Thursday, August 19

- Auditions for Mamma Mia, QCC 7 pm

### Friday, August 20

- Hal Douglas Blues Band plays the HBI Pub

### Saturday, August 21

- Discover Bute Inlet, tour. Call 250-935-6340 for details, more info on page 6






### Sunday, September 5

- Salmon Enhancement Society 30th Anniversary BBQ @ Eco-Center (hatchery), 1 to 4 pm. All welcome.

### Sunday, September 19

- Philippines Giant Garage Sale

NEXT DEADLINE: MONDAY, AUGUST 23<sup>RD</sup>, 2010

Fri	Sat	Sun	Mon	Tue
				
30°C 15°C	30°C 14°C	31°C 14°C	29°C 11°C	30°C 10°C

## THE REGULARS

### MONDAY

Parent & Tots, QCC, 9:30am - 12pm

Sing for Pure Joy! Room 3, QCC, 3 - 4:30pm, All welcome.

Yoga with Josephine, Room 3, QCC, 7 - 9pm

**1st Monday** - Quadra writers group, 7 - 9pm 285-3656

### TUESDAY

Pilates, QCC 285-2930 9:30 - 10:30am

Quadra Children's Song Circle, Room 3, QCC3 - 4pm

Al-Anon Meeting, Children's Centre, 7:30pm

### WEDNESDAY

Hand-drum Circle, Upper Realm, 7:45 - 9:15pm

**1st & 3rd Wednesday** Food Bank, QCC 1 - 2pm

Lifedrawing sessions, Firesign Studio, 7 - 9:30pm Nancy, 285-3390

### THURSDAY

Parents & Tots, QCC, 9:30am - 12pm

Pilates 9:30-10:30am, QCC from 22nd April

Prayer Meeting, Quadra Island Bible Church, 7pm

Drop in games and wing night, Legion, 7:00pm.

### SATURDAY

Farmers' Market & Bazaar 10 am to 2 pm behind the Credit Union Q-Cove

Legion Meat Draw 5pm, Steak Dinner 6:30pm

Open Mic with Mo, HBI, 9pm

### SUNDAY

Centre for Spiritual Living Celebration, Willow Point Hall, 10:30am

Family Service, Quadra Island Bible Church, 10:30am

Quadra Sunday Painters, 11am - 2pm, 285-3390

Service, Quadra United Church, 11 am.

*1st Sunday at 12pm.* Buddhist meditation, QCC, 10am.



Discovery  
Islands  
Realty Ltd.



Nancy Allwarden  
Quadra Island  
250.285.2800



Vicki deBoer  
Cortes Island  
250.935.6716

Please call us for any of your real estate needs.

- View lot with beautiful natural landscaping \$209,000.
- Inland 5 acre property right by the golf course \$189,000.
- Stunning waterfront acreage with walk-on beach \$289,000.
- Charming waterfront home in Gowlland Harbour \$725,000.

[www.cortesislandrealestate.com](http://www.cortesislandrealestate.com)

[www.discoveryislandsrealty.ca](http://www.discoveryislandsrealty.ca)

*Different Spokes for Different Folks*



**SIZZLING SUMMER SALE!**

Save 15% to 50% on all  
Electric Systems • Bikes • Rentals • Accessories

**250-285-3627**

[info@quadraislandcycle.com](mailto:info@quadraislandcycle.com)

# DISCOVERY ISLANDER

Issue 480  
August 13<sup>th</sup>, 2010

Published bi-weekly and distributed  
throughout the Discovery Islands

**Discovery Islander**  
PO Box 280

Quathiaski Cove,  
B.C. V0P 1N0

**Ph: 250 285-2234**

**Fax: 250-285-2236**

**news@discoveryislands.ca**

## Office hours:

Mon-Thurs 10-4pm  
701 Cape Mudge Rd.

**Publisher/Editor:**  
Philip Stone

**Assistant Editor:**  
Jessie Stones

**Opinions expressed in this  
magazine are those of the  
contributors and are not the views  
of the publisher.**

## Subscriptions available

**\$30.00\* for 6 months**

**\$50.00\* for 12 months**

(\* includes GST)

## Submission Guidelines

Items for publication are welcomed  
on subjects of interest to the  
Discovery Islands community.  
Please help us by following these  
guidelines:

Please print handwritten  
material clearly.

Items sent by email do not need  
to be an attached file. Just send  
text in the body of the email.

Please spell check in Canadian  
English.

Please use the title of the item as  
email subject.

No MS Publisher, WordPerfect  
files or graphics in Word files  
please. Send imported graphics  
separately.

Please don't send original  
irreplaceable material.

Please remember to caption &  
credit photos and artwork.

Don't write on the back of  
photos, use labels or sticky notes.

*While every effort is made to include  
all items submitted, errors and  
accidental omissions do occur.*

© Discovery Islander 2010  
All Rights Reserved

**Next Deadline**  
**Monday, August 23rd**

# ISLAND FORUM

I just read how Stephen Harper and his boys are getting ready to drop 9 billion dollars down the gullet of one America's biggest weapons contractors. This is hardly the day or age that we need new jet fighters, or to be spending the money on them.

lest we forget, this contractor was literally making a killing dropping bombs on Gaza last year. So here we sit while our government pushes us down the jaws of the for-profit war-machine. Harper is doing lunch with the prime Minister of Israel. That same day Turkish foreign aid workers were being shot in international waters, off the coast of Israel. Before that incident, Canadian passports were being used by Israel to facilitate an assassination in Dubai. This is the second time Israel has used Canadian passports in this way. What is Canada's reaction? We're doing free trade with a country that reinvents apartheid daily. There is money to be made exporting

construction materials towards expropriating the West Bank.

It's not just Israel that is on our blood-for-money list. Canadian weapons show up from Columbia to Sri Lanka and the Philippines, it's big business. You can almost hear the greasy palms of weapon salesmen clapping, in Ottawa. Sadly it is not only their hands that have turned greasy with the money.

With 3.5 billion Canadian Pension Plan (C.P.P.) dollars, this is the money that they have deducted from our pay cheques. this money is being pumped into weapon manufacturing companies. Every time you cash your pension cheque you are a player in this bloody business. We can't afford to be apathetic any longer.

Our children will suffer the consequences of a 'what can we do' society. Now that Canada is 4th place in the world for weapon technology exports, it's time to

write to your MP, even if it's John Duncan. It would be a strange twist of fate to see the day; young Canadians have to sew American flags on their backpacks to see the real world.

Yours truly

Sherman Baker  
Cortes Island

## Are You Missing a Cat?

Have you been missing a black and grey striped tabby cat since July 2nd? I found one in the Hyacinthe Bay area.

Call 250-285-2285



**Professional Car Care**  
**just got a whole lot easier.**  
**Check out our expanded new selection!**

**SEARS**  
CATALOGUE  
SHOPPING

**TERRATEC**  
NATURALS


**www.quadrabuilders.com**

Store Hours: Mon-Sat 8:00 - 5:00 • Sun 10:00 - 4:00  
**Ph: 285-3221 Cortes Toll Free: 1-877-585-3221**  
Delivery to Cortes 4 days a week.

**635 Noble Rd**  
**Fax: 1-866-509-8928**



**682 BULL ROAD** ROYAL LEPAGE  
Advance Realty



**\$850,000**

1400 sq ft Beachfront Rancher + 1800 sq ft Boathouse  
Suites provide access to 190 ft of waterfront in  
Heriot Bay on a commercially zoned 0.49 acres.

**BILL BRADSHAW** visit us at 202 Cove Centre  
250-285-3293 billbradshaw@royallepage.ca



**Quadrate Ventures Ltd.**  
*Building Contractors*

**Your Complete  
Home Building Specialists:**  
*from concrete to cabinets*

- Project Management
- Commercial & Residential Buildings
- Renovations
- Custom Homes & Additions
- Qualified Journeyman Carpenters

**High Performance Wall Systems**  
**Certified Installers** 

*Building a better Quadra Island*

**Free Estimates - Phone**  
**285-3583**  
**Fax 285-3573**  
**www.quadrateventures.com**

# MLA REPORT

by Claire Trevena

The fish are running, festivals are happening and the tourists seem to keep on coming to our communities and camp sites: summer is happening across the North Island.

The permanent closure of the Elk Falls mill was a sad start for the summer for many people. A lot of well paid jobs have gone from the community and I think we are only just starting to see the trickle down effect the closure will have in the city and across the North Island. The union and the City of Campbell River both worked hard to accommodate Catalyst, but the company still walked. While markets obviously played a part in its decision, I think that the blame can be laid at the feet of Campbell's Liberal government that has spent the last nine years watching as our forest sector disappears. Breaking the link between harvesting and milling was the first step – and in Campbell River we saw the reality of what that meant when Timberwest shut its sawmill; the future of Elk Falls was in the balance from that point on. Our community will survive but it is not going to be easy to make the transition and it is getting no help from the BC Liberals.

Gold River is still working hard to reinvent itself. I was at the public meeting in the village when the community was updated on plans for a waste to energy plant at its former mill site. The community and the company, Covanta, are now waiting for a decision on whether it will have access to processed refuse from Greater Vancouver. I have been and continue to be supportive of the Village's efforts.

The Vancouver Island Health Authority's sudden midsummer decision to move services from the laboratory at Campbell River Hospital to Victoria

got people scrambling. We are very lucky that in our community we have a network of people keeping on top of health care issues and a speedy response was made. VIHA had committed not to erode services at our hospital, while we wait for the new hospital to be built; I expressed concerns that the organisation was backtracking in letters and phone calls to top management as well as through the media.

VIHA has backed off, at least for now. The shift in lab services is still VIHA's preference but VIHA management has now committed to discuss any change with doctors and health care providers before any action. It's bad enough that the fabric of our hospital is getting almost no investment; we cannot afford to see any erosion in the high level of care we expect in Campbell River.

I have also been working with child care coordinators and providers on the lack of funding for their sector: in particular for special needs support and for coordinating support. I am in contact with the Minister of Children and Family Development to get some of the inequalities between the North Island and other areas, ironed out.

We are also busy preparing for some upcoming events in the community. Mark your calendars for August 14th when Finding Our Voices, a youth outreach event, will be held in Spirit Square in Campbell River. We have been working with Youth for Diversity (Y4D) and the City to organise the event which will include a Speaker's Corner, a game of Political Jeopardy, and free food. It's on from 11 am to 2pm.

Carole James, the leader of the Opposition, is going to be touring the province at the end of this month and into September to hear what's working and what isn't in education. High quality, public education should be a right for every young person in Canada but each jurisdiction has a different approach. School District 72 has been highly innovative over the years and I am pleased that they will host a morning of meetings; that will be followed by meetings in the Courtenay area with SD 71.

And on September 1st my office is organising a local version of Our Province Our Future, a series of conferences looking at the economic future for our communities and the province.

I will be around the constituency for the first two weeks in August then taking two weeks holiday. You can always reach me by email at Claire.trevena.mla@leg.bc.ca; by phone in Campbell River at 1 250 287 5100 or in Port Hardy on 1 250 902 0325.

All the best for the remainder of summer,

Claire

Claire Trevena, MLA  
North Island

**Tsa·Kwa·Luten**

*The Oceanfront Resort at Cape Mudge*



**A Unique Resort Designed to Renew Your Soul.**



**Your favorites are back!**

Wednesday - Prime Rib  
Thursday - Kids Eat Free\*  
Friday - Seafood Dinner with  
Jazz Pianist Ron Hadley

**Dining Room hours**

Breakfast 7:30am to 11:00am,  
Lunch 11:45am to 3:00pm,  
Lounge 3:00pm to 5:00pm,  
Dinner 5:00pm to 9:00\*\*

*Dinner Reservations Recommended*

**Seaside dining at it's finest!** \* Some restrictions apply  
\*\*Last seating based on the demand of the day

**www.capemudgeresort.com**

**Reservations Recommended 285-2042**

# NEWS AND EVENTS

## Quadra Farmers Market & Bazaar

Every Saturday from May.1st till Sept.11th. It's by the Credit Union in Quathiaski Cove.

We welcome local vendors from Quadra Island and outer islands to set up at only \$5.00 a table. Charitable organizations are free and children's tables are \$1.00. It goes from 10am to 2pm. and gates open at 8am for vendors. We have farmers, gardeners, art, crafts, musicians, food and surprises and are sure to please locals and visitors. We have a unique island and talents so lets show it off and make it the best year ever. This is where it is happening on Saturday. A great gathering place for all. Visit us on Facebook now too. Tell all your friends.

Contacts: Stella 285-3184, Suzanne 287-1871, or Naomi 285-2979quadramarket@gmail.com

## Important Notice Backyard Burning Ban

Until October 15. 2010 a backyard burning ban will be in effect on Quadra Island. Burning barrels, being medium sized fires, are included in this ban.

If you have any questions, please contact the Quadra Island Fire Department at 250 285 3262 or send us an email at quadrafd@gicable.com.

## Newcomers Welcome

New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Please contact Susan at 285-2556 or swilson@gicable.com

## Nuyumbalees Cultural Centre Notice

Please be advised that on Sunday August 22, 2010, guided tours at the Nuyumbalees Cultural Centre will not be available due to the pre-planned absence of our Tour Guide. We appreciate the ongoing support of the Quadra Island community.

## Book Launch & Sound Field

Wednesday, August 25th 19.30 to 22.00

### Quadra Island Boutique Hostel

Tamara will share stories from her first three books ([www.thecrystalheart.com/books](http://www.thecrystalheart.com/books)) and songs: poems and pure tones. Her first trilogy tells her soul journey and was written during two years in over 10 countries as she followed the direction her heart dictated, freed from logic. Her intention is to offer a direct experience of presence in the moment.

Admission by donation. Books will be available for purchase. Contact: 250-285-3198 for directions; [tamara.crystalheart@gmail.com](mailto:tamara.crystalheart@gmail.com) for information. Other locations: check [www.thecrystalheart.com/sacred-sound-fields](http://www.thecrystalheart.com/sacred-sound-fields)

Tamara will be offering vibrational healing session from August 11 to 22 on Quadra Island. Contact: 250-285-3198.

affordable & effective  
advertising

## Grows Business

This ad size - only \$15  
call 285-2234

## Blaine Smith Painting & Contracting

*Serving all your residential and commercial needs.*

- painting • finishing • tiling
- decks • drywall • flooring • renovations

**You name it I do it!**

20 years painting experience Seniors discount available

p. (250) 285-3045 c. (250) 202-6299

## AUDITIONS!!!

### Mamma Mia - Play Your Part

Auditions will be held for a coming production of the celebrated musical Mamma Mia. This is your chance to shine and entertain.

Ages 14 and up welcome to sing your hearts out. 7 pm August 16th at the Quadra Community Centre.

Anyone interested in a lead part please prepare 16 bars of an up-tempo song and 16 bars of a slower ballad-type song

## Georgia Strait Alliance

20th Anniversary BBQ Dinner and Silent Auction

Hosted in Big Bay by Stuart Island Community Association

August 14th

Cocktails 6pm (\$5)

Dinner 7pm (\$25 tickets at the door)

Join the fun and learn about our marine conservation efforts, with a focus on our salmon aquaculture campaign

serving Quadra since 1982

## ISLE TECH



**AUTOCARE  
CENTRE**

## Keep Your Vehicle Running Safely and Reliably

Protection, Prevention & Repairs  
for your car or truck

- Brakes
- Wheel alignments
- Hi-tech computer engine analysis
- Fast & friendly service

**285-3100**

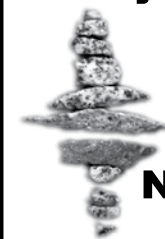
8:30 - 6 Mon - Fri Sat 9 - 5

**WE'VE  
GOT YOU  
COVERED...**

**We'll match or beat any competitor's price**

## Two Boys Stone Masonry

**Frank Doherty**  
ph. 250 285 3811



### Building In Natural Stone

twoboysstonemasonry@hotmail.com  
www.twoboysrockin.com

**Serving Quadra  
& Surrounding Islands**  
RESIDENTIAL AND COMMERCIAL  
Locally Owned & Operated



**Bob McDonnell, Owner**

Office 250-285-2892 • Cell 250-202-1859  
info@wiredelectrical.ca • Fax 250-285-2884  
www.wiredelectrical.ca

**HEDEFINE**  
CONTRACTING LTD.  
**Roofing Specialists**

### Installation

#### of all types of roofing:

Green (living) roof, enviroshake,  
torch-on, Epdm, Asphalt, Cedar, and more

### Continuous Gutters

+ custom fabricated sheet metal

24 or 26ga Standing seam metal  
roofing/cladding panels made on  
site. 12" or 20" panels available.

**Fully Insured**

**285.2866**

## Quadra, Get Ready to Paint and be Painted!

Enjoy workshop painting with Firesign Studio and B&B August 23-27 when Marilyn Timms teaches "The Zen of Quadra Island Plein Air" in watercolours and acrylics. No more than 7 students will be in the workshop-what an opportunity for lots of individual instruction, out on our beautiful island. "Strengthen your Visual Sensitivity" with Oregon's plein air artist Michael Orwick Sept 6-10. Can't make the whole 5 days? call Nanci for a daily rate 285-3390. Then get ready for the Quadra Paint Out September 11-12! www.firesignartanddesign.com for more information.

## Take Back the Park Campaign Moves On

The Bedwell Valley near Tofino is the next destination for the Friends of Strathcona Park. Buoyed by the public response to their call for volunteers, the group is planning to repair the Bedwell Trail in August.

"We had more than fifty volunteers join us last month to repair the Crest Trail near Gold River", says Kel Kelly, a director with the group, "and we already have about twenty signed up for the Bedwell project."

The remote Bedwell Valley Trail was first opened by the Friends in 1993. The route provides access to the ocean from Bedwell Lake in the alpine heart of the park, and includes a seventy metre suspension bridge across the river, built by the Friends in 1993 and restored last year.

Cutbacks in funding for parks maintenance have seen the Bedwell Trail fall to ruin in the past several years. No trail clearing has been done, washouts have not been repaired and bridge crossings have been neglected. "If we had not repaired the suspension bridge on our own, it would have been washed away last winter", says Kelly.

The volunteer repairs are part of a campaign called Take Back the Park, an effort to raise public awareness of the state of BC Parks and to encourage restoration of funding for the parks system.

"The tragedy of this", says Kelly, "is that parks have historically been generators of tremendous economic wealth". A 1990's study (Economic Benefits of BC Parks, commissioned by BC Parks) determined that for every dollar spent on parks there is a ten dollar return to the economy. "This government is not only throwing the parks system away, they are throwing a pile of money away as well", says Kelly.

The group is planning the Bedwell excursion for August 14 to August 18. Requirements for volunteers are that they be reasonably fit and come with everything they need for their own food, shelter and comfort.

For further information contact Bob St John at 250 890 0780 or rwstjohn@gmail.com or

Kel Kelly at 250 337 8348 or kelkelly55@yahoo.ca

## Discover Bute Inlet

Are you concerned about run-of-the-river projects in Bute Inlet and their impact on such remote water systems and the ecology of the surrounding area? Come see this spectacular inlet for yourself. Discover the history of this amazing coastal place hidden away where 13,100 foot Mt. Waddington stands 'guard' over the inlet. In conjunction with a major Bute Inlet exhibit curated by local author and artist Judith Williams, the Cortes Museum is offering an overnight boat trip to the head of Bute Inlet where you'll bunk at a logging camp on the Homathco River.

Bute Inlet was named by Capt. George Vancouver in 1792 after John Stuart, third Earl of Bute, as was Stuart Island at the mouth of Bute Inlet.

See Homalco and Klahoose First Nation village sites, 10,000 foot peaks with glaciers, turquoise inlet waters from glacier melt, waterfalls and the camp's unique hydro system. Take a vehicle ride along the river where history walked.

Experience the side rivers and views of Mt. Waddington, the tallest mountain completely within B.C. If you measure it from the bottom of the inlets on two sides of it, Mt. Waddington is taller than Mt. Everest which rises from a plateau.

Watch for wildlife: porpoises, black and grizzly bears, deer and elk (just recently re-introduced) Mountain goats, wolves, cougars, wolverines and marmots are usually on higher ground in summer and somewhat elusive.

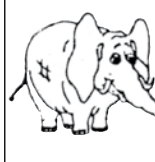
Listen to your guide Rob Wood's anecdotes and stories of the local First Nations, explorers, pioneers, mountaineers (Rob's one of them) and local characters as well as the story of Alfred Waddington and his road builders who were involved in the only major native/settler skirmish in B.C. - known as the Chilcotin War.

Learn about the geology and geography of this hidden inlet that has seen float camps, logging, mining, hunting, fishing, trapping - and pet cougars!

On Saturday, August 21st, participants may board the boat in Campbell River or Whaletown on Cortes, returning on Sunday, August 22nd. Cost for this special overnight boat trip is \$550 per person. Dress for the weather and bring a hat, sunscreen, binoculars and camera. For more information or to register: e-mail Cortes Museum at cimas@twincomm.ca or phone 250-935-6340. We'd like to welcome you aboard for a trip into history!

## ALL CLEAR SEPTIC SERVICE

Have you thought about your septic tank in the last 3 or 4 years?



SAVE costly drain field repairs by having your septic tank pumped out before trouble attacks!

Call Ross Doak **285-3561**



## Advanced Recycling

Or

### How To Ditch Your Trash Without Using Weekly Pickup

Fill a cardboard box with corn husks and cover it with a couple of (mostly) empty cereal boxes and put it in the cardboard recycling bin

Stuff a pickle jar with candle stubs and put in glass recycling bin. Anything which fits in an old jar or bottle can be disposed of this way although it is best for things such as spoiled food because it does not stink up your vehicle when taken to the depot.

Half-fill a paper grocery bag with old clothing, cover with old magazines and jam it in the paper bin

Jam used tinfoil into cans and place in the can bin or better yet simply recycle unopened, but out of date tinned food in the same bin

Use a garbage bag for the purpose it was designed - completely stuff it with plastic bags and put in the plastic bin. Do the same with more garbage bags filled with regular household garbage so the first bag will not be lonely.

Drop a large steamer trunk beside the cardboard bins and make sure it is full of assorted items from a child's playroom. Other advanced recyclers may think it is a new recycling bin and drop their toys off there as well.

Assume everything is a candidate for recycling (or should be anyway). Drop such items off at the depot in the hopes government will get the message and include them in the list of acceptable recycling. This is best for computers, furniture, sporting goods or any other large item which will not fit in the bins.

Failing all the above options just toss a baked whole chicken over the fence and add french fries, garlic toast and chili (yes, chili) to round out the menu for the critters they are sure to attract

Our depot has a simple list of acceptable items. They are :

**Cans** - not metal, just cans. Not tinfoil in any form

**Glass** - not ceramics, not light bulbs which have metal attached, not lids

**Paper** - read the bin. Oh and please bag your shredded paper

**Cardboard** - no pizza boxes or milk cartons and please flatten boxes

**Plastic** - ONLY plastic with the recycling triangle is acceptable - no bags

## Start Saving Now!

Start saving now for the Quadra/Philippines Connection's 16th annual Giant Garage Sale to be held at Quadra Community Centre on the 19th of September. The proceeds from this sale go to Quadra's support of the Lubo Hillside and Dilag Basao preschool/daycare centres in remote areas of the northern Philippines. More information and drop-off locations for donations will be announced at the end of August!

For those looking for a travel adventure and an opportunity to observe the benefits of Quadra's support in the Philippines first hand, IAT is organizing a 21 day tour leaving Victoria on January 27th of 2011 and returning on February 17th. For more information, check out the IAT website at [www.iatcan.org](http://www.iatcan.org) or call Carol at 250-285-3035.

### Quadra Island Salmon Enhancement Society 30th Anniversary BBQ

This year marks the 30th Anniversary of the Quadra Island Salmon Enhancement Society (QISES). While salmon enhancing activities on the island had started earlier, it wasn't until Jan. 1980 that the inaugural meeting forming the society was held, now making us one of the longest continuously functioning Salmon Enhancement Societies on the coast. To celebrate this achievement, we will be hosting a 'Burger and Dogs' BBQ at the Eco-Center (the hatchery site) on the Hyacinthe Bay Rd. on Sept. 5, from 1 to 4 pm. See the Eco-Center, displays with old photos, and hopefully hear some stories of the old days. Everyone is welcome.

## Quadra Island Seniors-Br. 91-B.C.O.A.P.O.

Is the Summer coming to a close? Looks like it. The days are already shorter. The leaves are starting to fall. But we still have many Tourists, and long Ferry lineups.

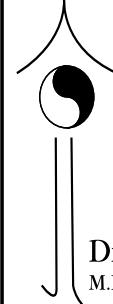
Our Senior meetings will be starting soon. The first meeting will be either on Wed. Sept. 1/10

or Wed. Sept. 8/10, which will be our Annual Picnic at Rebecca Spit and if it rains or is cold, it will be at the Legion. Our lunch will be Pot-Luck, and games are played after the short meeting.

There will be two excursions in August. A boat trip around Mittenatch, with Aboriginal Journeys, looking at the many birds, Oyster catchers, which are hard to find, Periquin Falcons, and many seals & maybe stellars sealions, etc. Also our trip to Port Alberni to get on the Steam Train to Macleans Mill Museum, Please call Ruth @ 3801, so you can get on board.

Peter is back, so walk the Rebecca Spit, with our Seniors at 11:00 a:m on Sundays, meet at the Spit Launch Ramp, or catch up at the big Parking Lot. For membership in our active group call Muriel @ 3216 or Ruth @ 3801.

## ACUPUNCTURE



Herbs & Nutrition.  
Free consultation.  
Sliding scale for treatment  
(\$50 > \$20)

Dr. Eileen Sowerby  
M.B. Ch.B. M.A. D.T.C.M.

Phone/Fax: 285-2434



### The Paint Lady

Colour Consultation  
Interior Painting  
Small Exterior Projects  
Faux Finish Professional  
Italian plaster to non-toxic glazes for walls and furniture  
Murals Large & Small  
Pet Portraits

**285-3896**  
tidy • friendly • fast  
[www.fauxu.ca](http://www.fauxu.ca)

## OCEANWOOD BOATS

**Boat Repair - Alterations  
- Custom Joinery-**

*Custom Small Boat Building  
sail - oar - paddle - power*

professional builder/shipwright  
reasonable rates

*Baden Cross*  
250-203-4003

## J TOELLE CONSTRUCTION LTD

Design / Build Contractor



VIEW OUR PAST AND CURRENT PROJECTS AT [www.jtoelle.com](http://www.jtoelle.com)  
VISIT OUR NEW OFFICE AT 680 INDUSTRIAL WAY

Design that fits your budget  
Detailed estimating & cost control  
Project scheduling & coordination  
Construction & development  
management

Custom homes  
Renovations  
Timber framing  
Commercial buildings  
Resorts  
Excavating & site development  
Site surveying & permit applications  
Computer assisted drafting

BC LICENSED RESIDENTIAL BUILDER  
10 YEAR NEW HOME WARRANTY

**250-285-3783**

### the last drop water systems



Pumps Sales & Service  
Pressure Systems & Tanks  
Water Samples  
Well Evaluation  
Conditioning Equipment  
UV Sterilizers

**Friendly, Fast Local Service**

Call Rick Milne [lstdrp@telus.net](mailto:lstdrp@telus.net)  
250-285-3415

## G. ROY DAHLNAS EXCAVATING LTD.

- EXCAVATING • TRUCKING • SAND
- GRAVEL • TOP SOIL • DRAIN ROCK
- ROAD CRUSH • WELL CASINGS



1402 West Rd.  
**285-3229**

## CENTRAL MASONRY

New Chimneys and repairs

**CALL RICK GERARD**  
**250-337-8535**

## Castle Computing

**we sell** notebooks, desktops,  
parts & peripherals

**we repair** most  
makes of computers

**we tutor** most  
makes of humans

**250-285-3695**

# Quadra Marine Services

RIGGING • ELECTRICAL &  
OUTBOARD MOTOR TROUBLESHOOTING

[quadramarineservices@gmail.com](mailto:quadramarineservices@gmail.com)

**250-202-2853**

**Frank Delph**  
Mobile Outboard  
Technician

The room smells of spices, herbs, beeswax, salves and something sweet baking in the oven. Barb and Anette move smoothly past one another in the homey kitchen of Amped On Nutrition preparing their delicious and gluten-free! Busbar Biscuits. I had come in for one of the potent juices from the new juice bar (my favourite is an amazing apple beet ginger concoction) but instead I am sipping from a steaming mug of chai and indulging in the cosiness of an unexpected rainy day. The counter in front of me holds tins of peppermint tea, a bouquet of joyous flowers, supplements, and a bowl full of local garlic bulbs with purple, papery skin.

Four years ago I spent a summer preparing vegan delights in this intimate kitchen and I still catch myself longing for the afternoons spent with organic vegetables and friends whose conversations would meander through the complicated landscapes of love and intention, ferry schedules and the philosophy of curiosity and the space between lives. During that summer I was privileged to work alongside Barb, and to learn from her. Barb has made natural health and nutrition her passionate focus for over thirty years. Say what? That's right, thirty years, and she has an unparalleled wealth of knowledge along with a knack for making some of the most amazing food I've ever had the privilege to eat, vegan or otherwise.

Amped On Nutrition's packed shelves boast some of the finest products that the natural health industry has to offer, including natural sleep aids, weight loss supplements, ways to increase energy and mental clarity, and bring balance to the body. Not to mention the range of bodycare products like Shea butter to leave your skin silky, peppermint soap to invigorate your senses, and a sweet line of soy and sugar based cosmetics to play up what nature gave you. Handcrafted wooden shelves along the back wall hold jars of bulk organic herbs and spices, and heavy clay pots on the floor hold bags of bulk organic spelt flour, coconut, and quinoa grain. A selection of seaweed is lined up on a shelf above rows of green supplements and potent spirulina as well as antioxidant and protein rich superfoods like maca, hemp hearts, raw cacao, goji berries, chlorella and bee pollen.

I ran into a friend recently who jokingly asked how I was going to make a health food store

sound sexy, and my response was that Amped On Nutrition makes it unavoidable. Just walking in the front door is a sensory experience with the warm coloured walls and scents of amber and vanilla mixing gently with chai spice and lavender. All the products on offer are geared towards movement, flow, health and vitality, and you are greeted by either Barb or Anette, two beautiful, strong and vital women who practise what they teach. The juice bar offers power tonics with names like "Blood Thirsty" or shooters of Goji berry juice or E3Live to make you feel like you could take off and soar. Energy surging in your veins-What could be sexier than that? (Now don't be alarmed, Amped On Nutrition is still a safe place for children, they even have stainless steel sippy cups to protect from the evils of soft plastic.)

Starting in mid August as vegetable harvests come in, Amped will be offering canning classes. The cost will be \$15 with a jar of goodness to take home afterwards. Please pop in and inquire about dates and times for these classes, and maybe indulge in a fresh and delicious juice, a spicy chai, a serving of amazing Homus or Tahini spread, and maybe a tasty zoozoo ball or two.

Don't wait until you're broken, go see Barb and Anette to learn about healing and enhancing your life and that lovely body of yours.

## Circle of Love

The Centre for Spiritual Living in Campbell River will be hosting a 5 day (September 27th - October 1st) Fall retreat on Quadra Island at the beautiful Tsa.Kwa.Luten Resort.

It is called the Circle of Love Gathering.

There will be inspired presentations by:

Shaikh Kabir Helminski (from Rumi's Melevi Order of Sufism), Camile Helminski, Dr. David Tharp, Rev. David Leonard, Rev. Carol Carnes, Rev. Patrick Cameron, Dr. Kenn and Dr. Deborah Gordon.

We will be featuring the music of international recording artists Erika Luckett and Lisa Ferraro, Martin Kerr (From Canadian Idol) and many more!

If you yearn to connect to the heart, and move from a feeling of separateness to Oneness, then please join us for this life-changing experience!

## Excavating Services

Specializing in Building Construction Projects



Midsize Kubota with thumb and blade  
11 ton Cat for larger projects

Operated By Dave Hodge 285 2964  
[www.jtoelle.com](http://www.jtoelle.com)

a division of  
**Jtoelle Construction Ltd.**



## Dear Friends

It saddens me to tell you that husband John passed away peacefully on Saturday afternoon with all his family around him. After selling our house on Quadra we moved to Campbell River on July 12th and John was hospitalized a week later. What we thought was arthritis turned out to be the return of a very aggressive cancer. As the doctors could do no more for him we brought him home on August 3rd. He was really glad to be home and the support workers and family were wonderful.

A big thank you to all our friends on Quadra who helped to make our lives there so happy and memorable. I especially remember the late 70s and 80s – the roof parties, cement parties, the toboggans on Raydon Road hill and, of course, the social events. A time when life wasn't so rushed.

Building and running Quadra Resort was a great experience and John so enjoyed the fishing and guiding. He also took pleasure in his water pump business, meeting many new people to the island.

After selling the resort in 2000 we were able to move into our new house on Raydon Rd. and roam around the local islands in our small sleep-aboard boat. A wonderful retirement.

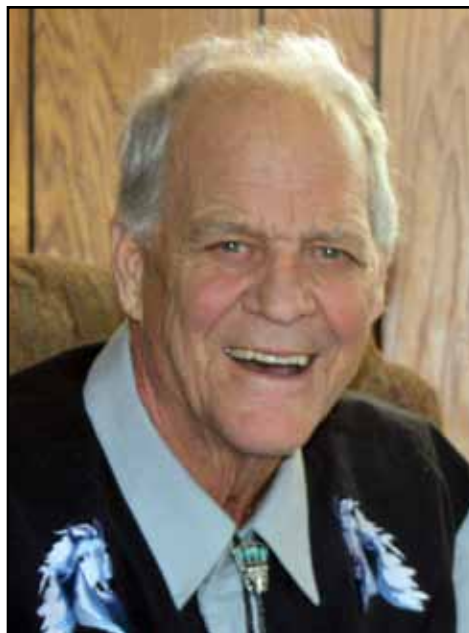
I'll have family visiting for the next week or so but after that will be glad to see Quadra friends. We are not having a service but will scatter his ashes on the ocean at a later date.

No flowers please. Just give those you love a big hug. Love to all.

Joan (Sell)



## Bob Binnersley April 9th, 1935 - August 8, 2010



The family of Bob Binnersley would like to thank the following people for their love, kindness and support during his battle with cancer.

Besides all of you in our community we would like to give a special thanks to Wayne Anderson for his daily visits that lifted Bob's spirits. To the amazing homecare staff, Gail, Charlene, Annie and Nikki. Your day to day dedication was much appreciated and you will be forever in our hearts. Thank you to the home nursing staff of Cristol, Janine, Heather and Barb. We are grateful to all of you for your patience and understanding in teaching us how to care for Bob. Colleen and her staff at People's Drug Mart for always going that extra mile to get what we needed for Bob to keep him comfortable. To Trina, Linda and Jennifer at Quadra Island Medical Clinic for their thoughtfulness throughout this journey. We would especially like to thank Dr. Keith Graham for his personal care, bedside manner, kind heart and ability to put us at ease when times got tough. You treated Bob with such respect and dignity that you will forever be our family's angel.

We would like to invite anyone that wishes to attend a celebration of Bob's life at the Quadra Island Legion branch #154 on Sunday, August 29th, 2010 at 1pm. In lieu of flowers you are welcome to make a donation to the charity of your choice.

## FOOD HOUND

### NATURAL PET FOOD



RAW HORMONE & ANTIBIOTIC-FREE  
NUTRITIOUS NO FILLERS OR PRESERVATIVES

AVAILABLE FROZEN IN A VARIETY OF SIZES AND FLAVOURS.

PAUL RYAN 250.285.3896 [PRYAN@ISLAND.NET](mailto:PRYAN@ISLAND.NET)

## "Tailored to your needs" CanDoServices

### HOME & GARDEN MAINTENANCE and GENERAL REPAIR

All around, inside or outside your home ...

- ✓ Window cleaning
- ✓ Stone and block walls and paths
- ✓ Garden and yard maintenance
- ✓ General and structural repair and maintenance

Whatever you need to maintain your peace of mind

- Home check up and general services
- Welcoming touches for your arrival

[candoservices@live.ca](mailto:candoservices@live.ca) - (250) 285 - 2874

## Plumbing, Heating & Gas Fitting

WETT Certified



Solar Hot Water  
Tank Installation

Serving Quadra and  
the Outer Islands

Call or Email Brent (250) 202-1150  
or [r4mechanical@yahoo.ca](mailto:r4mechanical@yahoo.ca)



250 • 285 • 3906 / 250 • 203 • 3906

**For your complete  
excavating needs - big or small**

## Prompt, Professional Service

### Quadra Island Electric

Mel Dery

250-285-3998

Licensed Bonded Insured

- ⚡ Maintenance
- ⚡ Installations
- ⚡ Residential
- ⚡ Commercial
- ⚡ Low rates

## BEARD CONSTRUCTION

**Complete Construction Services  
Serving North Island & Discovery Islands**



Gov't Certified Journeyman Carpenters  
Renovations, Additions, Residential  
Commercial, Project Management

**Matt Knoedler 285-2754**



**Heidi Ridgway**  
Your Resident Quadra Island Realtor

**Cabin on  
Village Bay Lake.  
Call for details**


Heidi@QuadraIslandRealEstate.com



**ROYAL LEPAGE**  
Advance Realty  
250-285-2217

[www.QuadraIslandRealEstate.com](http://www.QuadraIslandRealEstate.com)

**Expecting visitors this summer?**



**divr.ca**  
Discovery Islands Vacation Rentals  
250.285.3927

# Nuyumbalees Cultural Centre

## The Museum at Cape Mudge

AH-WAH-QWA-DZAS (Ah-wee-qee-dahs)

### A Place to Relax and Tell Stories

This facility was constructed with the original intent to be a venue for Traditional Salmon Barbecues, Story Telling and Traditional Dance Performances.

This facility can also be used for groups visiting the Cultural Centre to eat lunch or for weddings, community gatherings and family barbecues.

It is understood that any use as listed above will be done so in a respectful manner and all material and/or garbage removed prior to departing the area.

The use of this facility is complimentary provided is not used for the purpose of profit or for business purposes. If the use of this facility is used for business purposes or part of a tour package, the following rates will prevail.

Half Day Rate (up to 4 hours) \$ 50.00

Full Day Rate (more than 4 hours) \$ 100.00

The consideration of fees provides compensation for the upkeep of this facility and the area immediately surrounding it.

As this facility is an extension of the operations of the Cultural Centre, please make your bookings and payments at the Cultural Centre in advance of use.

Individual, Family, Lifetime and Corporate Memberships are available and charitable donations are gratefully accepted.

Gila Kasla

Nuyumbalees Society

## Quadra Recreation Society Update

Although we are still in the midst of hot summer days and enjoying the lakes and the Spit, here at the Community Centre we are shifting gears and organizing the fall/winter program. Thank you to all of the summer recreation instructors and the kids that helped to make our summer program great; we couldn't do it without you! Our fall calendar is already booking up with all the wonderful 'regulars' as well as new workshops that include everything from Art to Blogging for Beginners. So if you have any ideas for new programs/workshops or talents that you would like to share, please contact us. For those of you who would like to volunteer throughout the fall and winter, we are always looking for people to help, particularly with Halloween and the Community Kitchen. The fall brochure will be in your mailboxes at the very beginning of September. Don't miss out on the great classes, workshops, events and social services that happen at the Community Centre. For more information contact us at 250-285-3243 Mon - Fri, 8 am - 2 pm. Sonya Thompson - Coordinator

# fun every weekend

## Fridays in the Pub

August 13  
Blue Cat

August 20  
Hal Douglas  
Blues Band

August 27  
Iron Pyrites

Saturday  
evenings  
9 - 11 pm

Open Mike  
with Mo!



Every Sunday  
Dinner Jazz  
at Herons  
6 - 9 pm

**Herons is open every day!**  
*offering fine family dining & pub fare*  
Now open until 9 pm

**Heriot Bay Inn**  
*Island Adventure Resort*

Herons/Inn 285.3322 Pub: 285.3539

## CR Art Gallery - Upcoming Events

**Super Saturday at the Campbell  
River Art Gallery!**

**Family Art Making Event!**

**Forbidden Seas**

Aug 14, 1-3pm Drop-in, admission by donation!

**Artist in Residence Afternoon at the  
Campbell River Art Gallery!**

Saturday Aug 14, 11am-1pm  
From 11 am - 1pm on Saturday August 14th, current exhibiting artist Johann Wiegardt will be hosting an artist talk and creating a one of a kind sculpture piece on location in Spirit Square beside the gallery. All welcome!

**Children's Art Class at the Campbell  
River Art Gallery**

For ages 7 - 12. Aug 11 - 12, 11am - 4pm  
Art At Sybil Andrew's Cottage

For more information please see our website  
[www.crartgallery.ca](http://www.crartgallery.ca) or call 250 287-2261

**Children's Art Class at the Campbell  
River Art Gallery**

For ages 7 - 12. Aug 17 - 19, 1 - 4pm  
August Art. For more information please see our website [www.crartgallery.ca](http://www.crartgallery.ca) or call 250 287-2261

[WWW.DISCOVERYISLANDER.CA](http://WWW.DISCOVERYISLANDER.CA)





# HALLIDAY'S VIEWPOINT

by Steven Halliday

## MORE INTERNET DEBRIS

Most of life's memorable and noteworthy stories are born from the actions or the words of our fellow earthlings, and I've been collecting a few of the more humorous examples for use at times such as today, where I am pushed for time and somewhat bereft of anything worth wasting 1,000 words or so.

As a former student pilot and current Flight Simulator enthusiast I often take note of aviation related items on the web. The other day I came across a collection of purportedly true transcriptions of radio traffic exchanged between tower and pilot at various locations around the world. Here are a few that caught my fancy. Allegedly, a Pan Am 727 flight waiting for start clearance in Munich overheard the following: Lufthansa (in German): "Ground, what is our start clearance time?" Ground (in English): "If you want an answer you must speak in English." Lufthansa (in English): "I am a German, flying a German airplane, in Germany. Why must I speak English?" Unknown voice from another plane (in a upper-class British drawl): "Because you lost the bloody war." Incidentally, English is the official language of the skies.

Meanwhile, to the south of us, we hear of the following conversation, and in case you weren't aware, the use of profanity on VHF radio is forbidden. An unknown aircraft waiting in a very long takeoff queue openly transmits: "I'm f...ing bored!" Ground Traffic Control quickly broadcasts: "Last aircraft transmitting, identify yourself immediately!" The unknown pilot reportedly responded "Tower, I said I was f...ing bored, not f...ing stupid!"

At another US airport the following exchange was reported. The pilot of a Cherokee 180 (a very nice little single engine 4 passenger aircraft) was told by the tower to hold short of the active runway while a DC-8 landed. The DC-8 landed, rolled out, turned around, and taxied back past the Cherokee. Some quick-witted comedian in the DC-8 crew got on the radio and said, "What a cute little plane. Did you make it all by yourself?" The Cherokee pilot, not about to let the insult go by, came back with "Yeah, I made it out of DC-8 parts. Another landing like yours and I'll have enough parts for another one."

And finally, from an undisclosed location we hear of the following. It was a heavy air-traffic day and the Control Tower warned an inbound 747 of traffic in its path: "United 329 heavy, your traffic is a Fokker F100, one o'clock, three miles, Eastbound." The pilot of United 239 responded shortly thereafter: "Approach, I've always wanted to say this.... I've got the little Fokker in my sight." A Fokker F100 is a Dutch built commuter jet - the company went bankrupt in 1996.

Another subject that is very dear to my heart is that wonderful product - the oldest known concocted beverage in the world - beer. Beer has been with us since about 9000BC, with written records by brewers existing that date back to 3500BC in Egypt. I have been exclusively a beer devotee since I was introduced to the brew, by my father, when I was about 15 years old. We had been camping at Olympic National Park in Washington, and my father had taken advantage of the sale prices on already cheap beer to stock up. However, we were due to cross the border back home the next day and Dad had a considerable surplus of suds...far more than he could legally import. He turned to me, and I eagerly agreed to help him solve his dilemma. And so there was born another true patron of the brewer's art. Remarkably, my Dad lost his taste for beer about the same time I gained mine, notwithstanding it was from crappy American bargain beer. And I'm certainly not alone in my love of a frosty one...read on.

"Beer is proof that God loves us and wants us to be happy" -- Benjamin Franklin

"When we drink, we get drunk. When we get drunk, we fall asleep. When we fall asleep, we commit no sin. When we commit no sin, we go to heaven. So, let's all get drunk and go to heaven!"

- George Bernard Shaw

"Beer: helping ugly people have sex since 3000BC." -- W.C. Fields

"Without question, the greatest invention in the history of mankind is beer. Oh, I grant you that the wheel was also a fine invention, but the wheel does not go nearly as well with pizza." -- Dave Barry

"24 hours in a day, 24 beers in a case. Coincidence? I think not." -- H.L. Mencken

"Well ya see, Norm, it's like this: A herd of buffalo can only move as fast as the slowest buffalo. And, when the herd is hunted, it is the slowest and weakest ones at the back that are killed first. This natural selection is good for the herd as a whole, because the general speed and health of the whole group keeps improving by the regular killing of the weakest members. In much the same way, the human brain can only operate as fast as the slowest brain cells. Excessive intake of alcohol, as we know, kills brain cells. But naturally, it attacks the slowest and weakest brain cells first. In this way, regular consumption of beer eliminates the weaker brain cells, making the brain a faster and more efficient machine. That's why you always feel smarter after a few beers." -- Cliff Claven (Postal Worker/Cheers Patron)

And in closing, I was delighted by the news story

I witnessed yesterday that combines beer and airplanes in a wonderful tale. Steven Slater, a flight attendant on US commuter airline JetBlue, was working a flight that had just landed at JFK Airport in New York after a flight from Pittsburgh. While taxiing to the arrival gate Slater noticed a female passenger retrieving her luggage from the overhead bin. He approached her to request she sit down, and was told to "f--- off". Slater was then struck by one of the passenger's bags as it fell from the bin, and he asked for an apology. The passenger dismissed his request with more profanity, whereupon Slater returned to his flight station, grabbed the PA, and proceeded to "dis" the passenger, all the other passengers, airline passengers in general, and Jet Blue. He then grabbed a six-pack of beer from the cooler, opened the door deploying the emergency escape chute and leaped out yelling "It's been great...there goes 18 years!" (presumably meaning his career). He disappeared into the airline terminal, before being arrested at home a few hours later after enjoying his six pack. He now faces up to 7 years in prison on a variety of charges, and most likely also faces countless upcoming appearances on David Letterman and the like, a "People" magazine cover story, and a contract for a made for TV movie. You gotta love such chutzpah...I'm sure many of us have dreamed of similar job exits.

Until next time...Cheers!

**QUADRA CHILDREN'S CENTRE**  
Caring for children for community's sake

**Preschool Program**  
For 2.5 to 5 years  
(Toilet training not required)

**Quadra Kids**  
school age program  
For 6 to 11 years  
Cost \$3.50/hour (3 hour min.)

7:30 a.m. to 6:00 p.m.  
Monday to Friday  
**250-285-3511**  
Please inquire about government subsidies

## HERIOT BAY TIDES

<b>13</b>	03:01	2.1	6.9
Friday	08:45	4.4	14.4
	14:42	1.9	6.2
	21:12	5.0	16.4
<b>14</b>	03:49	1.8	5.9
Saturday	09:50	4.2	13.8
	15:27	2.4	7.9
	21:43	4.9	16.1
<b>15</b>	04:39	1.5	4.9
Sunday	11:05	4.1	13.5
	16:14	2.9	9.5
	22:15	4.7	15.4
<b>16</b>	05:31	1.4	4.6
Monday	12:35	4.0	13.1
	17:09	3.4	11.2
	22:50	4.5	14.8
<b>17</b>	06:29	1.4	4.6
Tuesday	14:16	4.1	13.5
	18:27	3.7	12.1
	23:33	4.3	14.1
<b>18</b>	07:32	1.4	4.6
Wednesday	15:39	4.2	13.8
	20:25	3.8	12.5
<b>19</b>	00:32	4.2	13.8
Thursday	08:35	1.3	4.3
	16:37	4.4	14.4
	21:53	3.7	12.1
<b>20</b>	01:45	4.1	13.5
Friday	09:31	1.3	4.3
	17:21	4.5	14.8
	22:52	3.6	11.8
<b>21</b>	02:51	4.1	13.5
Saturday	10:19	1.3	4.3
	17:56	4.6	15.1
	23:34	3.5	11.5
<b>22</b>	03:51	4.1	13.5
Sunday	11:02	1.3	4.3
	18:26	4.7	15.4
<b>23</b>	00:09	3.3	10.8
Monday	04:47	4.2	13.8
	11:41	1.4	4.6
	18:53	4.7	15.4
<b>24</b>	00:41	3.0	9.8
Tuesday	05:41	4.2	13.8
	12:19	1.5	4.9
	19:18	4.7	15.4
<b>25</b>	01:13	2.8	9.2
Wednesday	06:32	4.3	14.1
	12:55	1.7	5.6
	19:42	4.7	15.4
<b>26</b>	01:45	2.6	8.5
Thursday	07:20	4.3	14.1
	13:29	1.9	6.2
	20:06	4.7	15.4

# CLASSIFIEDS

## TOURS

### SAILING TOURS

Sea Star Sailing will again be offering day sailing trips, sunset cruises and this year will offering weekend adventures in the Discovery Islands. On the May long weekend it will be Coves of Cortes and each weekend after that will be a different destination so check islandsynergy.com or phone 285-AHOY for more information. Capn Ian is Transport certified, a CYA Cruising Instructor and a marine biologist. Call today to book your Sea Star adventure

## ACCOMMODATION

### FIRESIGN ART & DESIGN STUDIO and B&B

Enjoy quiet privacy in our delightful 3-bedroom B&B with kitchenette, includes multi-course breakfasts specialising in wheat-free baking. Tourism BC Approved, BC B&B Innkeepers. Art studio, gallery, amber jewellery, workshops. 250-285-3390. [www.firesignartanddesign.com](http://www.firesignartanddesign.com)

## FOR RENT

### OCEANFRONT OFFICE

Tsa-Kwa-Luten Lodge has office space for rent, ideally suited for studio or professional use located in its' RV Park service building overlooking Discovery Passage. Contact Carol Ann at 250-285-2042 or email [cat@capemudgeresort.bc.ca](mailto:cat@capemudgeresort.bc.ca).

### Discovery Islander CLASSIFIEDS

ONLY \$10 PER ISSUE (INC. GST)

Drop off your 30 word ad with payment to 701 Cape Mudge Rd, or Box 280 in the Cove. You can also send it via email to [news@discoveryislands.ca](mailto:news@discoveryislands.ca), or call us at

**285-2234**

## REAL ESTATE

### For sale in Campbell River :

3 bdrm townhouse , about 1050 sq. ft., 2 floors , 1 1/2 bath, laundry room , bike locker , near hospital . South facing patio garden. Totally renovated ,solid pine doors, new flooring , new counter tops, sinks ,toilets, deep bathtub, re-tiled & repainted throughout. Strata fees \$ 130, sorry no pets, **\$155000 contact; Hugh 250 935 6913 or Kathy 250 850 2031**

## STORES

### Canning is becoming a lost art...

Pickled beets, cukes, beans and more Putting food by is very smart. We'll teach you how at our Amped store. Want to can, where to start? Pickled peppers to savour and adore. Fill your pantry it warms the heart, be rich in canning when you're feeling poor. Beautiful jams in a pint or quart preserving food is too smart to ignore. Can fresh fruit now for a winter tart Learn and keep alive the canning folklore Pre-register at Amped on Nutrition 250-285-3142

## SERVICES

### THE QUEEN OF CLEAN

is ready to go, very soon she'll start her show.

Dust n' dirt you best beware, not a speck of you will she spare. Floors & counters and bathrooms too, she cleans them all - they'll look like new. You best call soon to book some time, 'cos we've run right outta words to rhyme.

Call before 8 pm, Brenda 250-202-5029

## SERVICES

### FERNBANK SAWMILL

Custom cutting at your place or mine on a state-of-the-art Woodmizer mill. We cut everything from beams to siding. Call Gerry Cote: 250-285-3651

### 4 CORNERS BOOKKEEPING & TAX SERVICES

A professional accounting service designed to build profitable small businesses' at a bookkeeper's fee.

Working SMART instead of HARD! Deb @ 285 2750

### Q-COVE APPLIANCE REPAIR

We are now a full service appliance repair facility for all of your domestic appliance needs at affordable rates. We are a new and used parts depot for all appliances and carry a good selection of quality rebuilt appliances. All come with one-year warranty on parts and labour. Free delivery for most of Quadra. **Call 250-285-3425 or cell 250-202-3425**

### NOLE CREEK SAWMILLS

Milling, moulding, kiln drying to all your specific requirements. Specialty beams to 32 ft. Siding, flooring & Much more. Your logs or mine. Free local pickup and delivery. Call Greg 250-285-2762 [www.nolecreeksawmills.com](http://www.nolecreeksawmills.com)

### TIME TO CLEAR UP THAT VIEW?!

We can help you clean and maintain your home and garden. **Clean your windows**, prune your fruit trees, roses and other trees, finish a renovating job. We can help with pretty much anything around your home and yard. Please call CanDoServices at **(250) 285-2874** or Email at [candoservices@live.ca](mailto:candoservices@live.ca)



Ask about our  
**Weekend Specials**  
every weekend

Now Open  
7 Days a Week at 5 pm

*the* **Discovery**  
**STEAK & SEAFOOD**  
**H O U S E**

at Gowlland Harbour Resort 

Reservations 250-285-3572  
before 4 pm please leave a message

Dining at the water's edge in spectacular Gowlland Harbour