

# DISCOVERY ISLANDER

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Reg Summach takes a swing at the Quadra Island Golf Course Open House

# REGIONAL DIRECTOR'S REPORT *Area C*

*by Jim Abram*

**A** Happy Solstice to you all! I can't believe summer is finally here (or is it?). Let's hope for sunny days ahead and lots of outdoor time. I am looking forward to getting my boat, kayaks and canoe ready for use after sitting for the fall, winter and spring. I am doing everything possible to keep staff from scheduling public meetings during July and August so as to give everyone (including me!) a rest from meetings and more meetings.

## Federation of Canadian Municipalities meeting

I had mentioned in an earlier report that I would be attending this meeting of all local governments from across Canada. I did, and I am glad that I did. It was a very good session with lots of interaction with colleagues from large and small communities. We were all able to share our thoughts and ideas on how to make local government better. We had discussions regarding Internet coverage, cellular coverage, Independent Power Projects, water extraction and bulk water export, food security, protection of farmland, a stronger role for FCM at the Federal level, and more funding for local governments, from the Fed's, for local government to get things done. It was great to see how another area of Canada (Nova Scotia) deals with urban / rural issues, their Heritage sites and buildings and their shorelines. All in all, it was a great learning experience.

## Granite Bay Park boat ramp

Every since I got the boat ramp upgraded at Granite Bay, I have had it on the SRD work plan to come back to it to upgrade it by taking the low-slope out of it. It is very difficult to launch a boat at mid to lower tides when the ramp is pretty much flat. We put a small amount of money in the budget to allow for local contractors to place more shot rock on the ramp. In discussions with Emcon Services in Campbell River, I managed to get all of the rock donated for FREE and then we only

had to supply the machines, a truck and two flag people. Chris Phillips did the work on the ramp itself, while Nick Richardson did the work in the rock pit on Granite Bay Road and the trucking. The volunteer, qualified flag people were Allen Perkins and Doug Biro. My sincere thanks to everyone involved. Once again we have done a collaborative effort between our local government and our local community and businesses to make something positive happen for all of our area. The next project for this fall will be to install Hydro to the top of the wharf. That is another story. More later.

## Gowlland Harbour Views proposal (Schellinck)

As many of you know and for those that don't, we have referred the proposal back to staff to be brought back to us at our July committee meeting. The reason for doing this was some of the valid community concerns about changes to the OCP that may have an impact on future development of other Silviculture designated lands. What I have asked staff to investigate is whether or not we can make the changes proposed in this OCP change specific to only the Schellinck property. They will be reporting back to us and I am sure the report will be on the EAS Committee agenda in July. The community concerns are being taken very seriously by the SRD.

## Local Area Plan for Quathiaski Cove

The Quathiaski Cove Village Planning process wrapped up a few months ago and we are now into the implementation of that plan into a Local Area Plan amendment for the OCP. Staff have been working diligently to try and stay on schedule. I met with them today and we have decided to hold four open-door sessions with planners in attendance so that the community can have one-on-one discussions with the planners about the Plan. We have not done this before and it is just

one more step in the evolution of good public process.

We have booked July 8, July 15, July 22 and July 29 at the Cove Centre (2nd Floor, adjacent to Quadra Island Medical Clinic) from 9am to 11:30am. The Plan will be there along with planners who will answer any question that you might have prior to going to first and second reading in September. The Plan is also posted at [www.strathconard.ca](http://www.strathconard.ca) for your perusal. This has been a totally grass roots driven process and has been handled very well by the SRD, in my opinion. I have had many meetings with them in addition to all of the times that it has come before the Committee and the Board. (I know I said we trying to avoid meetings, but these are just drop in sessions, at your discretion)

## T-W Dry Land sort rezoning

We conducted a public hearing on this application about a month ago and it is now before the Board for adoption. Since we are between Public Hearing and Board decision, I am not able to discuss the issue. I can only let you know that it is on the agenda for Thursday. After that I will be able to discuss it fully.

That is about it for this report. Enjoy the sunshine! Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at [jimabram@xplornet.ca](mailto:jimabram@xplornet.ca), or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Please note my new email address.

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

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# ISLAND CALENDAR

Submit your news or event info, editorial runs free: email: [news@discoveryislands.ca](mailto:news@discoveryislands.ca) drop off 701 Cape Mudge Rd. or at Hummingbird

## THE REGULARS

### MONDAY

Parent & Tots, QCC, 9:30 am - 12 pm  
 Low Impact, 8:30 am, QCC  
 Yoga with Josephine, Room 3, QCC, 10 am -12 noon  
 Karate, 4 pm, QCC  
 Sing for Pure Joy! Room 3, QCC, 3 - 4:30 pm, *All welcome.*  
 Alcoholics Anonymous, Quadra Children's Centre 7 pm  
 Movie Night at the HBI (unless there's a Canucks game!) FREE  
**1st Monday** - Quadra writers group, 7 - 9 pm 285-3656

### TUESDAY

Intermediate Yoga Flow with Megan, Vitalis 9-11 am & 5 -6:30 pm  
 Quadra Children's Song Circle, Room 3, QCC 3 - 4 pm  
 Caregivers Support Group 10 am QCC  
 Intermediate Yoga Flow with Megan, Vitalis 5:00 pm - 6:30 pm  
 Al-Anon Meeting, Quadra Children's Centre, 7:30 pm  
 Folkdancing, QCC, 7:30 pm, Sept 21-Apr 26  
 Vinyl Night with Mo at the HBI Pub 7 - 9 pm

### WEDNESDAY

Parent and Babes 11 am QCC  
 Climbing Wall Teens 4:00 pm QCC  
 "The Pack Ride" Moderate to Vigorous bike ride 6:15pm Yak Shack  
 Climbing Wall Family 6:30 p. QCC  
 U of Q! HBI Pub, 7 pm, free  
 Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm  
**1st & 3rd Wednesday** Food Bank, QCC 1 - 2 pm  
 Lifedrawing sessions, Firesign Studio, 7 - 9:30 pm Nancy, 285-3390

### THURSDAY

Gentle Yoga Flow with Marnie, Vitalis 9 am - 11 am  
 Parents & Tots, QCC, 9:30 am - 12 pm  
 Karate 4:00 pm QCC  
 Climbing Wall Kids 2:30 pm QCC  
 Intermediate Yoga Flow with Megan, Vitalis 5:00 pm - 6:30 pm  
 Prayer Meeting, Quadra Island Bible Church, 7 pm  
 Drop in games and wing night, Legion, 7:00 pm.  
 Karaoke with Big Bad Blake HBI 9:00pm. It's free!

### FRIDAY

Alcoholics Anonymous, 8 pm Quadra Children's Centre  
 Fridays - dance bands in the HBI Pub 9:00pm

### SATURDAY

Quadra Farmers' Market 10 am to 2 pm behind Credit Union, Q Cove  
 "Fun Ride" Easy to Moderate bike ride 10:30 am Aroma Cafe  
 Legion Meat Draw 5pm, Steak Dinner 6:30 pm  
 Open Mic with Mo, HBI, 9 pm

### SUNDAY

Centre for Spiritual Living Celebration, Willow Point Hall, 10:30 am  
 Family Service, Quadra Island Bible Church, 10:30 am  
 Quadra Sunday Painters, 11 am - 2 pm, 285-3390  
 United Church-11 am, first Sun. of month-12 noon, 285-3163.  
 Buddhist meditation, Upper Realm, 10 am.  
 Country Music Jam with Steve Trayler in the HBI Pub 3:00 pm

## DAY TO DAY

### Friday, June 24

- Go Dog Go, live music at the HBI 9 pm

### Saturday, June 25

- Sweet Tease Burlesque, Quadra Legion, Dinner 6:30 pm \$15, Show 8 pm \$10. Dinner + Show \$20

### Sunday, June 26

- Heriot Bay Survivor Sign up at the HBI or Hummingbird  
 - Sunday Dennis' CD Release party West Rd Yoga Studio 7:30 pm  
 - CD Release Party with Sunday Dennis, West Rd Yoga Studio 7:30 pm

### Wednesday, June 29

- Quadra Island Seniors Housing Society AGM, 7pm QCC

### Friday, July 1

- CANADA DAY!! Celebrations at Rebecca Spit starts at 3 pm  
 - Legion 'After Party' All Canadian music til 1 am.

### Friday, July 8

- Solid presents The Klaxon & guests Selecta Jahmeeks at Quadra Legion 9 pm tickets at Loka \$12 advance \$15 at door see page 13






### Thursday to Sunday, July 14-17

- Discovery Islands Chamber Music Festival at the Heriot Bay Inn

### Friday, July 29

- Outdoor Family Movie Night, Blenkin Park

NEXT DEADLINE: MONDAY, JULY 4<sup>TH</sup>, 2011

Fri	Sat	Sun	Mon	Tue
				
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### Submission Guidelines

Items for publication are welcomed  
on subjects of interest to the  
Discovery Islands community.  
Please help us by following these  
guidelines:

Please print handwritten  
material clearly.

Items sent by email do not need  
to be an attached file. Just send  
text in the body of the email.

Please spell check in Canadian  
English.

Please use the title of the item as  
email subject.

No MS Publisher, WordPerfect  
files or graphics in Word files  
please. Send imported graphics  
separately.

Please don't send original  
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Please remember to caption &  
credit photos and artwork.

Don't write on the back of  
photos, use labels or sticky notes.

While every effort is made to include all  
items submitted, errors and accidental  
omissions do occur.

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**NEXT DEADLINE**  
**MONDAY, JULY 4**

# ISLAND FORUM

## Re: Signs on Utility Poles

Dear Editor,

I would like to draw your readers'  
attention to the increased amount  
of signage posted on utility poles.

Signs, posters, banners or other  
objects on utility poles create a  
safety hazard for BC Hydro line  
crews who need clear access to  
poles. A worker can be injured  
attempting to climb a pole with  
these obstructions or by the nails  
that are used to attach the sign. It  
is for those reasons that the posting  
of anything on the poles under any  
circumstances is not permitted.

This is a safety hazard not only to  
BC Hydro line crews, but those of  
TELUS and Shaw as well. Signs  
on utility poles violate WorkSafe  
BC's Occupational Health and  
Safety Regulations. We realize  
most people are not aware of the  
potential hazard this creates for  
our crews or of the regulation  
by WorkSafe; so we are asking  
individuals and businesses to  
refrain from using poles as public  
notice boards.

If you have posted something on  
a utility pole, please take the time  
to remove it. BC Hydro will be  
actively ensuring that material is  
removed from utility poles across  
Vancouver Island and reserve the  
right to remove any sign at anytime.

Our line crews work hard to keep  
your lights on, please consider their  
safety and refrain from posting  
obstructions on utility poles.

Sincerely,  
Ted Olynyk  
BC Hydro

### Have an opinion to share?

**Submit your letter  
to the DI by email:**

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**PREFERRED**

**Regular 'ol mail with a  
stamp to Box 280 in the  
Cove or fax it in to  
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**If it's too long it WILL  
be chopped!**  
**Please be concise**

Dear Editor,

I have been a dog owner for  
most of my life. I have owned all  
sizes of dogs and most varieties,  
from pit bulls to pugs, working  
dogs, hounds, many of the terrier  
breeds, pure bred dogs and mixed  
breeds, large dogs and small. I  
have raised dogs from puppies,  
and I have had and currently have  
rescue dogs. I have taken part in  
obedience classes with my dogs,  
and I have studied dog behaviour  
and dog training. I take my role  
as a dog owner very seriously,  
and I feel an obligation to my  
community to do the very best  
that I can to see that my dogs  
are neither an annoyance nor a  
threat of any kind to my fellow  
community members.

I take issue with several things  
in the recently published letter  
signed "Concerned Fellow Dog  
Owner of Quadra Island." First,  
I wonder why someone who  
feels so strongly would not be  
willing to sign their name to  
their letter. Second, the writer  
attempts to blame the victim.  
There is no excuse for any dog  
to viciously attack another dog.  
Bullying is as inexcusable in  
the dog world as it is among  
humans. Large dogs without  
pathology know how to handle  
smaller dogs. They understand  
that aggression is not necessary.  
What Diesel did to Tonka is  
not normal or excusable dog  
behaviour. Think of the number  
of dogs who live on Quadra.  
How many vicious attacks are  
committed? It is blessedly a very  
rare occurrence. Dogs can have  
issues with each other, and they  
are sometimes resolved with  
physical confrontations that are  
characterized by a lot of noise  
and posturing at the end of which  
neither dog is hurt, and the  
issue has been settled. I repeat:  
vicious aggressive behaviour is not  
normal. Diesel almost removed a  
portion of one of Tonka's owner's  
fingers. I doubt that Diesel meant  
to harm her. His intent was to  
harm Tonka, but what if a child  
had been involved? Diesel may  
like children, but in an aggressive  
frenzy, dogs like humans, are  
not thinking clearly or making  
those distinctions. It's important

to remember that dogs are not  
responsible for their behaviour.  
Their owners are.

The anonymous author of the  
letter was very disturbed that  
the notice about Diesel's attack  
on Tonka was published in the  
Hungry Eye. We are members  
of a small and tightly knit  
community. As such, we have a  
special responsibility toward one  
another. If there is a danger on  
our Island, we have an obligation  
to make each other aware of it.  
When wolves or cougars become  
a threat, we are alerted so that we  
can make sure our own animals  
are protected. Diesel has proven  
himself a threat to other peaceful  
dogs who share this island with  
him. We all have a right to know  
of what he is capable. As a dog  
owner, I was most appreciative  
of the notice. I would hope  
that people will continue to  
help to make the safety of their  
neighbours and their animals a  
priority by alerting all of us to  
threats.

Maureen Mather

## The Blessings Of A Quadra Commute

At the corner by the hardware  
store, our neighbour Chris is  
coming toward me on his bike.  
"Hi, Chris!"

A woman whose name I'd just  
learned was in the parking lot.  
"Hi, Beth!" I peddled on and  
Tommy passed with lots of room,  
a toot of the horn and a friendly  
wave. "Hi, Tommy!"

At the top of the hill, a woman  
out for a run is headed my way.  
"Hi, Tucker!" We stop to chat, and  
enjoy the sun and fresh air and  
the little rest.

I coast home through the trees,  
listening to birds and watching  
for deer. There are so many  
reasons that Quadra is a great  
place to call home. Who has a  
commute like mine?

Julie Ann Luoma



## Spin Doctors and The Case of the Missing Cortes Official Community Plan Draft #2.

Hello, if you are someone who cares about your official community plan, you may wonder why it has gone missing. Apparently the second draft from Focus Corp has been returned to the regional district some weeks ago. Why has it not arrived for public review yet?

The OCP draft #1 was fired back, like an overcooked meal, to the kitchen of the urban planning wizards at Focus Corp. The refurbished draft was to return to the island, reinvented as draft # 2, a better, brighter version of itself. But instead of being served back to the island to be tasted by the public, it has taken a side trip and is being re-cooked by the regional district planners and the OCP steering committee. There, unseen hands with an unknown agenda can shape public policy, out of view of the prying eyes of the "ornery" Cortes public. Is this the best recipe for creating an OCP democratically with meaningful consultation?

But wait - the steering committee is a hand picked group of public citizens intended to guide process, not edit content. Our regional director informs us in her March 31 update that the Regional District and OCP steering committee will "edit and proof Draft #2 and prepare it for release to the Cortes community." Since when did the steering committee become an editor of OCP content outside of the public consultation process? Incidentally this was to happen in April, along with formal consultation with First Nations. So where has the formal consultation with First Nations gone? Is it missing in action along with the missing OCP draft #2?

I don't think it is any consolation that our regional director offers the open-ended commitment that "I will not support the revised OCP going to the SRD board for consideration or to public hearing until I think we have achieved the best product that we can reasonably achieve." (what is best and what is reasonable, and to whose ends?) and then asks in return "that we do our best to deliver a good draft by the end of June, and that we do so with an open and curious mind." (bold added). My mind is curious indeed. What became of the original unedited OCP draft #2?

Hello, regional director and regional planning staff, please do not tamper with the OCP draft #2 in secret, outside of public scrutiny. Bring it out into the open where the community it is meant to serve can see it, and shape it into the living, breathing document with the public consultation you promised.

Daniel Fretts  
daniel.fretts@gmail.com

## ON THE COVER

**Reg Summach takes a swing at the Quadra Golf Course Open House**

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# THE EDITOR NOTES

## Letting Sleeping Dogs Lie, or Not

Nailing down an editorial topic this issue is tough. There's simply so much going on.

The Canada Post lock-out and its wrench in the works. Stalling communication and commerce between our villages, islands and across the nation. Well hopefully Harper will legislate back the employees his henchfolk locked out.. Say what?

There's the HST referendum with its competing campaigns. YES for no and NO for yes. The pro-HST lobby now telling us a vote for the HST (that's a 'NO' by the way) is a vote for lower taxes, huh?. The HST is a blight on small business, ramping up our role as tax collector, doing the government's work for it, collecting taxes with no commission and for many goods and services adding a hefty increase in costs into the bargain. Yes I'll be voting YES in the HST referendum (that's no in case like me you're confused). Such a great example of how our 'elected' government let's us have our democratic cake.

We've got the Library which is the issue d'jour that won't die down, or won't be let lie down. Change is difficult and a move from the Bay to the Cove will be an inconvenience for

some, I'm sure all would agree. And there's that pesky problem of due public process. But do we really need a whole round of meetings and discussions to conclude that the old library building is kaput and there's a beautiful new facility in Quathiaski Cove in need of a long-term anchor tenant? Not to mention the honest truth that many islanders do not use the Library because of its current location. I do hope the matter is resolved in a satisfactory way but my sideline observation is that the Friends need to ensure they have the full-picture view in order to speak for the whole community.

I'm sure there's a topic for discussion in there somewhere. If I could just nail one down...

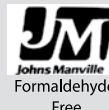
- Philip Stone



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# CORTES DIRECTOR'S REPORT

June 24, 2011

by Noba Anderson

There is a lot going on these days under my regional director hat.

Soon you will see an announcement for the official opening celebration for the new recycling centre building, and later in the summer a celebration of Hanks Beach becoming a Regional District park! We have had a public hearing for the Klahoose geoduck application south of Squirrel Cove, with an upcoming rezoning process for their aquaculture application in the Gorge. Last week, I was invited to present Cortes stories to the Island's Trust council; a 26 member council that represents all planning and land-use decisions for the southern gulf islands. This was a wonderful chance to hear other island perspectives and bring ideas home. There will soon be community consultation on a Cortes wildfire protection plan as well as a regional solid waste plan. I have been looking into some elder home support ideas and there is some movement on the Cortes forest front as well that will be coming your way shortly. Also, I am starting to get returned surveys from island non-profits about opportunities for collaboration and training, and have taken on the coordination of the 'Literacy Now - skills centre' board training month in September. Feel free to contact me if any of these catches your attention. Oh, and then there is the community plan...

## Official Community Plan Update

Yes indeed, the OCP has been much delayed - but not yes missing. The consultant, Focus, was tardy in generating the second draft which, when delivered to the Regional District planning staff, still needed work to bring it to a quality that could be well received by the community. Just in the last few days that draft has been shared with myself and the OCP steering committee who will be meeting in the

last week of June to discuss and provide feedback. It will then be released to the community in the early part of July and public meetings will follow as necessary. There has been some concern recently about the OCP being reviewed behind closed doors. Somebody needs to generate a draft that can be responded to by the community. We cannot expect the community at large to generate the draft itself. That is why we have paid staff and dedicated committee volunteers. If there was not thoughtful consideration given to delivering a quality draft to the community, then we would be back to responding to a sloppy draft that detracts from focusing on the content. There will be ample time for public engagement, comment and crafting, as there has been for the past 2 years of this OCP journey. As I have committed before, I will not recommend that we adopt our new OCP until we have the best revision possible that reflects the best reasonable island consensus.

Happy solstice,  
Noba Anderson  
director@cortesisland.com, 250-935-0320

## Draft Quathiaski Cove Village Plan And Drop In Open House Sessions

The Strathcona Regional District has developed a draft Quathiaski Cove Village Plan, that if adopted will form a schedule to Bylaw No. 3050, "Quadra Island Official Community Plan Bylaw, 2007". Please visit the Strathcona Regional District website at [www.strathconard.ca](http://www.strathconard.ca) to view a copy of this draft plan. During the upcoming weeks, this draft village plan will be presented informally to the community through a series of public open houses. The Strathcona Regional District looks forward to ongoing public participation in the Quathiaski Cove Village Plan process. Please feel free to drop in to the Cove Centre (2nd Floor, adjacent to Quadra Island Medical Clinic) Friday, July 8th, July 15th, July 22nd and July 29th from 9:00am to 11:30am where Regional District staff will be on hand to present details regarding the plan and answer any questions the public may have.

For more information please visit our website at [www.strathconard.ca](http://www.strathconard.ca) or contact Aniko Nelson, Lead Planner at 250-830-6708 or via email at [anelson@strathconard.ca](mailto:anelson@strathconard.ca)

## fun every weekend

### Open Mic with Mo

Saturdays in the Pub  
9 pm - 12 midnight

Every Sunday 3-6 pm  
**Country Music Jam**  
with Steve Trayler

### LIVE MUSIC

Go Dog Go  
Friday, June 24  
beach blanket music & more  
Music starts at 9 pm

Mondays  
**Music Bingo**  
with Ryan

4th annual Heriot Bay  
Survivor is coming  
Sunday June 26!



### Discovery Islands Chamber Music Festival

July 14 - 17, Two dinner and two breakfast concerts  
Hosted by Cellist Philip Hansen Tickets: HBI, Hummingbird & Music Plant

**Hérons is open every day**  
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# NEWS AND EVENTS

Submit your news or event info, editorial runs free: email: [news@discoveryislands.ca](mailto:news@discoveryislands.ca) drop off 701 Cape Mudge Rd. or at Hummingbird

## Celebrate Canada Day

Festivities start at Rebecca Spit to celebrate Canada Day on July 1 at 3 pm. Quadra Belly Dancers and Children's Showcase gets things started. Bow Wow Dog show at 4 pm. Ceremonies at 5:30 pm. Main stage entertainment until close at 9:30 pm.

## Sunday's CD Release Party

Everyone is invited to an intimate evening of music celebrating Sunday's Cd release party for her new Cd 'Bloom'.

Sunday, June 26th. Doors 7:30pm West Road Yoga Studio, Industrial Way. Free or by Donation

## After Canada Day Party

The Legion is having a Canada Day after party featuring all Canadian music. Starting after the Rebecca Spit Celebration until 1:00am. Come enjoy this fun free event!

## Quadra Island Fun Family Movie Night!

The Quadra Island Branch of Coastal Community Credit Union is proud to be the Major Sponsor for an **Outdoor Family Movie Night to be held at Blenkin Field on July 29th.** Mark your calendars for an evening of family friendly cinema under the stars! Attendance will be by donation, all **proceeds to go to Discovery Island Emergency Preparedness Association.** Coastal Community Credit Union Employees will be selling Hot Dogs at various locations throughout the summer to raise funds for this event.

## Play Ball??

How about coming out and playing ball? Little or no experience needed! We need gals!!! Slo-Pitch is fun. Call Marie 250-285-3591

## Quadra Legion Br # 154 presents

### Sweet Tease Burlesque

Saturday June 25, 2011, Quadra Legion Hall. Dinner 6:30 pm \$15.00, Show 8:30 pm \$10.00. Dinner and Show \$20.00

Tickets @ Quadra Crafts, Loka, Britches and Hose -CR

## Curly Eastland Bursary Application For Financial Assistance

Scholarship funds are available to members and the children of members of the Quadra Island or Cortes Island Community Branch of Coastal Community Credit Union. Applicants must be grade 12 high school graduates or mature students planning post-secondary education. Applications are available at the Quadra and Cortes Branches and must be received at the Quadra or Cortes branch by July 30, 2011 at 5:00pm. Submissions accepted by mail fax or email.

## Summer-Rec. Is Here!!

Remember-- the Community Centre will have another exciting mix of dance, art, science and sports activities for kids of all ages this summer. Look for the Summer Recreation brochure coming out in late June. Pre- register one week in advance to ensure the class you want, runs. See highlights on page 12

Find it online at [www.QuadraRec.bc.ca](http://www.QuadraRec.bc.ca)

## Quadra's Got Talented Kids!

### Canada Day Talent Show

If you have a child or teenager who would be interested in performing on stage ( or in front of it if that works better) at July 1 Canada Day Celebrations, at Rebecca Spit, please contact Judy Hagen 285 2150 or Betty Doak 285 3590 for details.

## Alcoholic Anonymous

~ Quadra Island Chapter has moved their 8 pm friday meeting from Cape Mudge United Church to Quadra Children's Center. Everyone Welcome. call 250-285-3152

## Celebrate Good Timber in BC

Perhaps you grew up in a BC logging camp, or perhaps your father did, or maybe he lived in town and worked as a logger. Any way you look at it the people of BC have been greatly influenced by the logging industry over the years. If you or your family has been impacted by logging, the Tidemark Theatre has just the show for you running from July 5 to 9 when they present The Other Guys Theatre Company with the Royal BC Museum production of Good Timber.



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## Ferry Schedules

### Campbell River - Quadra Island

Crossing Time: 10 minutes

#### Leave Quadra Island

6:15 am	3:05 pm
†7:05 am	** 4:00 pm
8:00 am	5:00 pm
9:00 am	5:50 pm
10:00 am	7:00 pm
11:00 am	8:00 pm
12:00 pm	9:00 pm
1:00 pm	10:00 pm
2:00 pm	*11:00 pm

#### Leave Campbell River

6:40 am	3:30 pm
†7:30 am	4:30 pm
8:30 am	5:25 pm
9:30 am	6:15 pm
**10:30 am	7:30 pm
11:30 am	8:30 pm
12:30 pm	9:30 pm
1:30 pm	10:30 pm
2:30 pm	*11:30 pm

### Quadra Island - Cortes Island

Crossing Time: 45 minutes

Leave Quadra Island	Leave Cortes Island
† 9:05 am	† 7:50 am
**11:05 am	9:50 am
1:05 pm	11:50 am
3:05 pm	**1:50 pm
5:05 pm	3:50 pm
6:45 pm	5:50 pm

\* - Fridays and Saturdays only. † - Daily except Sundays.

\*\* - Tuesday sailings are for Dangerous Cargo - No passengers.

## What's On at the Landing

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Friday Paints Of Kokanee \$4.75.

Saturday Bottle of Blue or Lucky \$4.00.

Sunday 4.75 Caesars.

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## Friends of Quadra Library

Friends of Quadra Library Meeting June  
28, 2011, 7pm at Quadra Recreation Centre  
(main hall)

If you are concerned about the lack of  
community input into Vancouver Island  
Regional Library Board's decision to upgrade  
and relocate the QI Library, please attend this  
meeting of the "Friends". At its June 11th  
Board Meeting the VIRL Board did not agree  
to our written request to delay the Library  
move and to discuss other less costly options.  
(Over 145 people had signed the Friends letter  
or called to express support.) So now we need  
to decide what action (if any) we want to take.

Claire Trevena, MLA (North Island) will  
attend and Rod Burns (Bold Point Centre)  
will chair the meeting.

## Golf Course Eyed With Approval

If you were not at the golf course open house  
on June 12, you missed a good time! From  
ages 3 to 70-plus, people came by all afternoon  
to participate in tours of the course, hit balls  
at the driving range, munch a hot dog or two  
and try their hand at hitting over the 9th hole  
pond into a children's swimming pool.

Words like "impressive", "amazing", "awesome"  
and "WOW!" were heard as many had their  
first glimpse of the course in its present state  
of development. "It really looks like a golf  
course now," was a common, enthusiastic  
comment.

A number of new additions were made to  
our Founding Membership program and golf  
hats sporting the unique Quadra Island Golf  
Club logo were presented to the Founding  
Members in attendance. Congratulations  
to Sam Fell and Robert Eastland for being  
the winners of the KP (closest to the pool)  
contest.

Anyone who missed this event and would  
like a tour of the course, can call Ronnie at  
285-3258, Kelly at 285-3428 or Mary at  
285-3691. If you have questions regarding  
membership, these same people will be happy  
to help you out.



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## Quadra Island Farmers Market & Bazaar

welcomes everyone to this years community market. The market is located behind the Credit Union in Quathiaski Cove and takes place every Saturday (rain or shine) between 10am and 2pm from May 7th to Sept. 10th.

We would like to welcome all our regular vendors as well as any new ones who would like to join in. We would especially like to see more locally grown produce. But keep all your arts and crafts coming. Tourists and locals love them.

We will continue on with a first come first serve basis and the gate will open at 8am for set up. Market parking is accessed from Green Road. **Please note the main Credit Union parking lot is available for Credit Union customers only.**

To set up a table is still only \$5.00. Children under 16 it is \$1.00 a table. They must sell their own articles though. Local community and charitable organizations will not be charged.

Visitors welcome! Come and enjoy our local market. This is where it's happening on Saturdays on Quadra Island. Arts, crafts, food, produce, music, entertainers, and souvenirs galore!

**We strongly discourage dogs at the market.** If you have no choice make sure it is on a leash and of course pick up after your pet and don't let them too near the booths.

Thanks for your interest and cooperation. Contacts are:

Stella 250-285-3184 --  
Naomi 250-285-2979 --  
quadramarket@gmail.com

## Chamber Music Festival

on Quadra Island July 14-17

Quadra Island is fortunate to have high calibre classical chamber musicians descend upon it for four days of events at the first annual Discovery Islands Festival of Chamber Music, July 14-17. Chamber music has been described as "the music of friends" because it is often enjoyed in an intimate setting. It will live up to this description and more at the Discovery Islands Festival of Chamber Music when you find yourself surrounded by music lovers overlooking Heriot Bay on peaceful Quadra Island.

Phil Hansen, principal cellist at the Calgary Philharmonic Orchestra, had a longstanding dream of orchestrating a chamber music festival. Serendipity found him exploring Quadra Island and discovering its "sheer beauty and quiet isolation". As he says, "it was irresistible, and I was hooked". Working with the Heriot Bay Inn, a four day chamber music festival was born.

The Discovery Islands festival of Chamber Music is four events over four days. Three of these are at the Heriot Bay Inn, a venue perfectly suited to the intimate nature of chamber music and its small group of instruments. The fourth event takes place on the stage of the Quadra Community Centre for an exciting evening titled "Tango Bust with Phil's Café".

To further enhance the delightful music and magical location, delectable meals are included in the ticket prices of the three Heriot Bay Inn chamber music festival events. Thursday evening's Baroque at the Bay is complemented with tapas and desserts (\$29); Short Classical Works accompany a salad &

seafood buffet on Friday evening (\$39), and Sunday morning is an exquisite cello continental buffet brunch (\$29).

For more information, and to purchase tickets to some or all of the Discovery Islands Festival of Chamber Music, please contact the Heriot Bay Inn: 250.285.3322. The Heriot Bay Inn is also offering packages which include accommodation.

## Attention Birders

What appears to be a Ringed Turtle Dove was in our yard for a couple of days last week. It is a slender, creamy coloured pigeon-like bird. The nearest established colony of these birds is in Los Angeles, but sightings have been reported in Princeton and Rivers Inlet. This could be an escapee from someone's pigeon loft or a migrant bird. Has anyone else seen it?

Frank Smirfitt.

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## Thanks to the Community

Quadra Children's Centre would like to thank the community for our very successful garage sale fundraiser. We raised \$2300. An incredible amount of stuff was donated and many buyers came out to show their support.

Our concession at the Slo-pitch Tourney was also a great fundraiser. Thanks to Superstore, Thrifty Foods, Quality Foods for their donations. A special thanks to Q-Cove Tru-Valu for the Spirit Board points which enabled us to purchase the majority of the food needed. Thanks to the many community members who select us as the recipient of their Spirit Board points. It makes a huge difference to the Children's Centre.

## Quadra Legion Supports Quadra Island Children's Centre

On June 15th, 2011 Tom Vaniderstine, President and Frank Schwagly, Past President presented Quadra Children's Centre representative, Barb Lee with a cheque for \$500 for the purchase of art supplies. Barb Lee stated that this money is a "significant contribution" to the Children's Centre due to their art based programming. The Quadra Legion President stated that "our Legion is proud to support local not for profit organizations". The kids at the Children's Centre last Wednesday took part in the presentation and took particular interest in Mr. Schwagly's service medals.

## Cortes Skills Centre (a project of Literacy Now)

PCs, Leadership and Adventure!

Bring your questions about file management, short-cut keys, attachments, and efficient use of your PC to the clinic this Sunday. In response to an increasing number of questions about spreadsheet and word-processing, this week's PC clinic will also include help with OpenOffice and Microsoft. June 26th, 10:30 - 4:30 at Manson's Hall. Inquire about July and August's Adventure Leadership League (ALL) for leadership, group planned adventures, outdoor recreation and teamwork skills, for all ages with a youth focus.

Please register with Coreen at 935-0152 or [cortesliteracy@twincomm.ca](mailto:cortesliteracy@twincomm.ca)

## Cooking up a storm of good flavour at the Heriot Bay Inn

With Chef Catherine Berg at the helm, the Heriot Bay Inn's menus are being steered toward a fresh, delicious summer. The inspiration for the new menus comes from the chef's travels and her dedication to local produce and seafood. The new pub menu (which is also Heron's lunch menu) features more seafood, tantalizing meal-sized of salads, and lots of vegetarian options.

Appetizer offerings are considerably expanded to include more choices for those who prefer to nibble while enjoying their beverage of choice. And burger lovers take heart! There are seven delicious, juicy burgers, including the Bayside Burger with sockeye salmon and halibut, a Greek Lamb Burger, and a grilled Portabella mushroom burger.

Heron's at the Heriot Bay Inn is well known for its coast-inspired fine dining. Heron's summer menu features classical European dishes influenced by local ingredients, such as a bouillabaisse with local shellfish, halibut and salmon in saffron and garlic broth. The new menu also offers Asian inspired seafood dishes, such as fresh halibut steamed on a bed of lemongrass with an exotic Malaysian rendang sauce and saffron rice.

The fresh dessert menu offers more than a half-dozen appealing house-made delights. New additions include pavlova, a light airy meringue topped with Chantilly cream, fresh melon, and strawberries; marvelous ginger caramel coconut cake; tiramisu, and a kringle. A kringle is sublime. It is flakey, buttery layers of pastry with an almond custard filling. The kringle is a dessert the Heriot Bay Inn does not make in house, it is flown in from a renowned Danish pastry chef who uses techniques passed on for generations in Denmark. According to some, the kringle is also the breakfast of champions... which is why it also appears on the breakfast menu.



Tom Vaniderstine, President and Frank Schwagly, Past President present Quadra Children's Centre representative, Barb Lee with a cheque for \$500 for the purchase of art supplies

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# Meet QIGC's New Superintendent

Ta-da! Quadra Island's new golf course now has a new superintendent! Murry Haukeness, the son of golfing parents, grew up in Logan Lake near Kamloops and has been a golfer since he could walk. By the time Murry was about ten, his parents used to drop off him and his brother at the local 9-hole course, where they'd happily spend the day playing golf and retrieving balls from the pond. By the age of 14, Murry was an employee of the course and knew that that was where he wanted to be.

"For me, the golf course itself is golf; it is you against the game of golf and the course," he says. "Unless you are a teacher of golf, you're basically in the pro shop and I wanted to be outside. What better way to be involved than by maintaining a beautiful course that people can enjoy."

He started a course in horticulture at the university in Kamloops, and then moved to northern Ontario where he worked a couple of summers on a 9-hole course. He returned to Kamloops and was employed at the Kamloops Golf and Country Club before he finished his degree in Turf Grass Management (a horticulture degree specifically designed for golf course maintenance) at the University of Northern Alberta at Fairview.

Murry's post-grad employment included three years at Eagle Ranch Golf Course in Invermere before moving to Victoria. He spent five years at Victoria Golf Club and then did irrigation construction at the prestigious Bear Mountain Resort. The Highland Pacific Golf Club engaged him to do an irrigation design and installation.

In the meantime, Murry met Port Alberni girl, Crystal Cooley, who, incidentally, had been camping on Quadra at Rebecca Spit in her youth. After meeting Crystal, he decided he no longer wanted to have to move around every few years. He figured he either had to change directions or move to a place he didn't really want to be. There were good jobs available in the interior, but neither of them wanted to be there. He and Crystal wanted to find a place they'd both be happy to live. He started exploring other work options.

Then, last year he went to Europe and had the opportunity to play at St. Andrew's, the home of golf. That made him realize how much he loved golf course development and made him want to get back into being a course superintendent. When he was called in to be an irrigation consultant on the Quadra golf course, that was the clincher. After some discussion with family and friends, he was officially offered the job of superintendent. When he asked Crystal what she thought of Quadra Island, she said she loved it and would "move there in a heartbeat!"

The Quadra course has made a favorable impression on Murry. "It has a really good  
[WWW.DISCOVERYISLANDER.CA](http://WWW.DISCOVERYISLANDER.CA)

layout. Quadra Island is beautiful to begin with, and Ted Locke [the golf architect] did a great job in the way he used the land," he enthused. "I like the low-budget, small-town feel of this course. In the past I've been involved in resort-type projects where money was no object. This will be more of a challenge to make it a quality golf course, and I think that's possible here. I've been doing projects for a long time and I have a lot to offer."

"I see this as a course that will be challenging from the back tees for experienced golfers, and easy for new beginning golfers to learn from the front tees. And the long uphill fifth hole will get people into shape!" he laughed.

With a current handicap somewhere around 8 ("it was about 4 or 5 when I was in high school playing all the time"), Murry says golf is something he's good at, has played a lot in his life and still enjoys immensely. "I look at golf as being the two to four hours out of the day that you can appreciate what the course has to give you as far as playability and aesthetics. You can relax and enjoy it and get away from the worries of everyday life. It's still just a game, right?"

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## Can't Wait for your DI?

Every edition of the Discovery Islander is posted online, usually by Wednesday afternoon. So you can get ahead on news, views and events on Quadra, Cortes and the Discovery Islands from the comfort of your office or the beach-side internet cafe!

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# Quadra Rec. Summer Program

The Community Centre is very excited to announce our 2011 Summer Recreation program. We have a great mix of new and returning programs offered this year. There is something for every kid and even a few classes for parents and adults to participate in too! For full descriptions of each class, be sure to check out our website, ([www.QuadraRec.bc.ca](http://www.QuadraRec.bc.ca)) where you can download a PDF version of the Summer Recreation Guide, or look for your copy in the mail. Here are the highlights.

Quadra Community Centre Summer Recreation 2011

## The Arts

**CREATIVE DANCE**, Ages 3-6, Dates July 5 - 7, Time 10-10:45, Cost \$45, Instructor Zoe Read

**HIP HOP/JAZZ**, Ages 7-12, Dates July 5 - 7, Time 11 - 12 noon, Cost \$45, Instructor Zoe Read

**RAKU MASKS**, Ages 12 years of age and up (adults and parents welcome!), Dates July 12 & 19, Time 12 - 3, Cost \$45, Instructor Laura Gosnell

**BELLY DANCING**, Ages 6 - 12, Dates July 18, Time 1 - 2:30, Cost \$10, Instructor Sara Boyes

**CLAY RATTLES**, Ages 5 - 8, Dates July 20 & 27, Time 1 - 2:30, Cost \$35, Instructor Laura Gosnell

**PAINT LIKE POLLOCK**, Ages 5 - 7, Dates July 27, Time 1 - 2:30, Cost \$10, Instructor Rebecca Young

**LATIN RHYTHMS**, Ages 14 - adult, Dates July 21, Time 10 - 2, Cost \$40 (snack provided), Instructor Rodrigo

**AFRICAN PERCUSSION**, Ages 7 - 9, Dates July 28, Time 10 - 1, Cost \$30 (snack provided), Instructor Rodrigo

## Athletics

**TENNIS**, Ages 7 - 12, Dates July 18 - 20, Time 9:30 - 11, Cost \$35, Instructor Scott Low

**SOCCER, SESSION 1**, Ages 7 & under, Dates August 8 - 10, Time 10 - 11, Cost \$30, Instructor Paul Nimmon

**SESSION 2**, Ages 8 - 12, Dates August 8 - 10, Time 11:15 - 1, Cost \$40, Instructor Paul Nimmon

**MINI SKATE CAMP**, Ages 6 - 12, Dates August 11 (weather permitting), Time 10 - 2, Cost It's FREE, but be sure to register to ensure it will happen! Instructor Terry Bertagnoli

**WRESTLING**, Ages 7 - 11, Dates August 17 & 18, Time 12 - 1:30, Cost \$15, Instructor Kerry Smith

## DISCOVERY ADVENTURE DAY CAMP

Join local outdoor educators and wilderness travelers; Mick Bromley of Wilderness Trekking, Jane West of Quadra Island Kayaks, Derek Jean of Expeditions for Life, Sheldon Etheridge of Outdoor Classroom and other special guests for a week of discovery and adventure! Included in the program will be the opportunity for participants to create a short documentary film about their adventures.

## MONDAY JULY 25

Wilderness Awareness and Orienteering. Learn how to use a map and compass to navigate the trails of Blenkin Park.

## TUESDAY JULY 26

First Nations Cultural Rediscovery including traditional plant Knowledge.

## WEDNESDAY JULY 27

Overnight kayaking trip.

## THURSDAY JULY 28

Kayaking continued, breakfast, decamp, cleanup with games and activities along the way.

## FRIDAY JULY 29

Indoor rock climbing, video editing, games and camp closure.

Ages 10-14 Dates July 25-29, Time 10 - 3 Cost \$25 per day (lunch provided). \* Space is limited so be sure to Pre-register/apply early.

## Special Interest

**GEOCACHING**, Ages 8 - 11, Dates July 13, Time 11 - 2:00, Cost \$10, Instructor Deb Cowper

**I SENSE A MYSTERY**, Ages 8 - 11, Dates July 14, Time 11 - 2:00, Cost \$10, Instructor Deb Cowper

**MINIBEASTS**, Ages 5 - 7, Dates August 2, Time 9 - 11, Cost \$15, Instructor Luna Tremblay

**LIFE IN STILL WATERS**, Ages 5 - 7, Dates August 3, Time 9 - 11, Cost \$15 Instructor Luna Tremblay

**TIE DYE BANNERS**, Ages 5 - 12, Dates August 4, Time 9 - 11, Cost \$15, Instructor Rebecca Young

**CIGAR BOX GUITARS**, Ages 8 - 13, Dates August 15 & 16, Time 9:30 - 12 noon, Cost \$20, Instructor Tracy Tomlinson

**DECORATE YOUR CAKE & EAT IT TOO!** Ages 7 - 11, Dates August 18, Time 2:10 - 3:30, Cost \$10, Instructor Rebecca Young

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# Ska Invasion Continues

Ska beats return to the Legion on Friday, July 8th when Solid presents The Klaxon & Selecta Jahmeeks.

Solid Productions is proud to continue bringing the Columbia to Canada project to Quadra Island with the exciting ska dance band The Klaxon with special guest Selecta Jahmeeks laying down a fine mix of Roots Reggae/ Dub. Friday, July 8th.

The Klaxon was formed in Bogota, Columbia in 2000, playing a mix of ska and reggae, with nuances of different genres such as Bolero, Cumbia, Murga, Latin rock and Salsa.

The Klaxon has been nominated for best ska band in the Shock awards, has participated in three editions of Festival Rock al Parque (2001, 2002, 2009) the Rastazo (2002, 2008) and in different ska-reggae festivals throughout South America. They have shared the stage with bands like King Chango, Los Condoneos, Timmy O'Toole, Skampida, La Severa Matacera and Nawal. Don't miss this show as The Klaxon are sure

to get the dance floor jumping in true island fashion!

Quadra Island Legion Branch 154

Doors 9pm. Advance Tickets Available at Loka in the Cove \$12 advance, \$15 at the door.



## WIN TICKETS

Make your night extra skatastic by winning a pair of tickets to see Selecta Jahmeeks and The Klaxon on July 8th courtesy of Solid and the DI.

Simply email your entry with 'Winning Ska' in the subject line to [news@discoveryislands.ca](mailto:news@discoveryislands.ca) and you'll be entered in the draw. Contest closes June 30.

# Seniors Honour Tea for Canada Day

In celebration of Canada's 144th birthday, the Museum will once again host a Seniors Honour Tea on Friday, July 1, from 1pm to 2:30 pm. This is an opportunity for the Museum to pay tribute to Campbell River's many seniors who have worked to build the wonderful community that we call home. All seniors are welcome. The Seniors Honour Tea is part of a city wide celebration for Canada Day. Please visit the website [www.crsalmonfestival.com](http://www.crsalmonfestival.com) for more information about the Canada Day celebrations in Campbell River.

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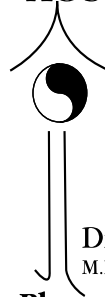
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# Quadra Discovered!

Many thanks to the 23 participating businesses, the 6 companies who donated generously to the Grand Prize Package, and to all visitors who toured. Almost 100 folks from Quadra Island visited, as well as over 65 from Campbell River and other areas. Staff attended from the Campbell River Visitors Centre, the local Quadra Island Visitors Centre, and Tourism Vancouver Island.

One staff member commented "We had a fantastic time on Quadra last weekend. I thought it was great that it was self guided and casual so we could go at our own pace and visit properties at our leisure. Overall, I had a great time exploring the island." Participating businesses noted that visitors felt positive, commenting on how nice Quadra is and how friendly everyone was they had visited so far. A few locals commented it was fun to get a peek at what the tourists see.

And finally, the lucky winner of the Grand Prize Package is.....Barbara S. of Campbell River.....she was very surprised, happy, and, quote, "overwhelmed" to hear what she had won!



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## New working name and contact information for Quadra Feral Cat Group

The Quadra Feral Cat Group is adopting the working name Quadra Cat Rescue to reflect the volunteers' efforts to help the island's tame but homeless cats and kittens become adoptable pets.

Quadra Cat Rescue continues its work to help feral cats on Quadra by trapping, spaying and neutering. When foster homes are available, Quadra Cat Rescue also tames kittens and fosters strays needing an adoptive home. The group also urges pet owners to spay and neuter cats.

Quadra Cat Rescue volunteers can now be reached by phone at 250-285-CATS (2287) or by email at [quadracatrescue@yahoo.com](mailto:quadracatrescue@yahoo.com). The website remains [www.quadracats.com](http://www.quadracats.com).

Officially registered as the Canadian charity Quadra Feral Cat Group, Quadra Cat Rescue is grateful for the community's continued support to control the cat population and prevent cat homelessness. The group has sterilized more than 130 felines since March 2009, and 35 previously homeless Quadra cats and kittens have been adopted as pets.

As a registered charity, the group is able to give tax receipts for donations. Donations can be made directly to the group, via PayPal through the Quadra Cat Rescue website, through Tru Value Spirit Board points at both Heriot Bay and Quathiaski Cove stores, at the Quadra Coastal Community Credit Union or by depositing cash or cheques in "Change for change" cans on local store counters. All monies raised fund cat and kitten sterilization.

Quadra Cat Rescue welcomes volunteers, particularly people interested in trapping, transporting and fostering cats and kittens. People interested in adopting are encouraged to visit the group's website or call 250-285-2287. Or see us at Quadra's Saturday market.

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## Seniors Housing News

Quadra Seniors Housing AGM will be next week, on Wednesday June 29th at the community centre 7pm in the main hall. The Board will have financial statements prepared for review by Society members. Please attend the general meeting to learn the details of the last year of construction. An election of Directors will take place at the meeting - several candidates have offered to stand for nomination, so have no fear of attending on account of the election!

A big thank you to the landscaping team: The greening at Seniors Housing has been ongoing since last fall under the supervision of Val's Gardens. Here's to the Garden Club for their donation of trees, shrubs, and the green roof plants as well as their many volunteer hours planting. Appreciation to Blaine Smith for volunteering his operating time and Bobcat to move soil on site. Kudos to Bill O'Connor for dragging the ground with his tractor several times to loosen the soil for seeding. To the rock pickers, rakers and seeders: cheers to Perry Johnston and Val Barr for donating many hours of their time, and big appreciation to Karin Mann and Eamon Simmons for all of their hard work. Gratitude to tenant Andy for looking after the watering of the new lawn areas.

The grass is green and growing with some small areas needing to be seeded in September. Through the summer general maintenance of the landscaping will continue to improve the site. A cash donation from the Garden Club will pay for the needed materials to complete the vegetable garden fencing, and the Society is looking for someone to help install the remaining fence posts. Anyone interested in helping out please call Val 285 2841.

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## Hand Drum Jam

There is a hand-drum jam happening every Wednesday night at 7:45 p.m. in the Upper Realm in Q. Cove. Beginners are welcome. This is a drum jam designed to take the drummers into a blissful stream of "ONE DRUM" consciousness. Some basic instruction is also offered to beginners. First time attenders are free. Otherwise a \$5 donation is requested to help pay for rent & tea & sometimes cookies, etc. Call Steve Moore at 285-3323 for more information.

## Drum making Workshop

Since the beginning of time, humans have attempted to seek spiritual connection with the land through the use of a drum. The drum unites the heartbeat of the earth with the heartbeat of the people. It bonds communities together and serves as a profound healing tool. To drum is to become part of the greater wisdom of the world. The Museum at Campbell River is offering a rare opportunity to build and learn about a drum. On Saturday, June 25, from 1pm - 4 pm, Master drum-maker Jorge 'Two Eagles' Lewis will guide participants through the process of constructing a drum. Along the way, Lewis will offer teachings about drums, including the respect paid to the animal who has sacrificed its' hide, stories of how the drum came to the people, usage of the drum and the spiritual connection of drums that continues from ancient times to today. Each participant will create a 14" drum for keeping and will have ample opportunity to discuss drumming and learn about the construction of drums. Jorge is from the Snuneymuxw nation, a descendent of powerful Shamans, mask dancers and chiefs. He has resided in Campbell River for most of his life. The fee for the workshop is \$200.00 and includes all of the needed hide and materials. This is a profound opportunity to gain insight into the on-going spiritual connection between drums and people. Space is very limited so please call the Museum at 250-287-3103 to reserve your spot.

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## Road Improvements – Cortes Island

As of Monday June 13, 2011, the reclaiming phase of the road improvements is nearly complete. The remainder of the roads are Whaletown, Carrington Bay, and Harbour roads. These roads will be completed by June 17, 2011. The Graveling and Re-profiling phase will occur between June 17 and July 15, 2011. Emcon asks the traveling public to please respect the 50km/h construction speed zones, traffic control signage, and traffic control personnel. Emcon advises to plan your travels with lots of extra time as there will be delays. Once the reclaiming is complete use caution on Harbour, Carrington Bay, Whaletown, Cortes Bay, Bartholomew, Squirrel Cove, Seaford, South Sutil Point, and Potlach Roads because they are now a gravel surface. This will be the state of the road until July 15, 2011 when the Graded Aggregate Seal Coat is applied. Current Road information is available on the Tideline website at cortesisland.com.

Thank you for your patience and cooperation.

Emcon Services Inc.  
Contact: 250-336-8897

## DI 'd You Know?

• Editorial articles, community announcements, events, workshops, lost and found notices all run **FREE OF CHARGE** in the DI.

• The Discovery Islander is distributed by Canada Post to **NINE** post offices throughout the Discovery Islands tying our community together.

• The DI continues a run of community publications going back forty-some years; the Bulletin, Discovery Advertiser & the venerable Discovery Passage graciously paved the way for the DI. Tell us your story, share your memories.

• The DI is printed on Quadra Island keeping Island dollars in our community and contributing to our local economy and employment.

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# Quadra Island's 46<sup>th</sup> Annual Trout Derby/B.C.'S Family Fishing Weekend Report

We would like to thank everyone who came out to the lakes to enjoy and participate in this year's trout derby/ Family fishing event on Father's Day weekend. With a real mixture in the weather from rain, wind and sun a good time was had by the 120 people who entered this year.

This year's Trout Derby winner and also the recipient of the Garnet Patten Memorial Trophy for Men's largest fish went to Ryan Bradshaw with his 11lb 13oz fish. For the Women's 1st place and the winner of the Howard Richards Memorial Trophy was Theresa Roddie with her 11lb 4 1/2oz fish. This year's top prize for the youth category went to Dakotah Richards she landed a 11lb 6 1/8oz trout.

## Congratulations To All The Winners!

**YOUTH:** 1st Dakotah Richards 2nd Eamon McKirgan 3rd Derek Clandening

**WOMEN'S:** 1st Theresa Roddie 2nd Kathy Binnersley, 3rd Maggie Richards

**MEN'S:** 1st Ryan Bradshaw, 2nd Jay Craddock, 3rd Norm Barker

This year's entry prizewinners were Karsten Stevens and Nova McCabe and Jessica Nutting was the lucky winner of the hidden weight category with her 12 5/8oz catch. The skunk prize was won by Taylor Inrig and Ryan Neil's name was drawn for the Father's Day raffle. Joe Duprey won \$122 in the 50/50 raffle.

This year's proceeds of approximately \$825.00 are being donated to the Quadra Elementary School P.A.C. to help in their efforts to support the local school and the students.

We would like to take this opportunity to thank the local shoppers that donate their spirit board points to the trout derby; it made a huge difference and was extremely helpful. Thank you to Heriot Bay Tru Value for their donation of the delicious corn. Thank you to Quadra Island Builders for donating an awesome cooler and to Joe at the Landing Pub for his generous contribution. Big hugs and thanks to Ryan and Amy for all their help in getting us set-up and to Terry and Mike for preparing our campsite. We also would like to thank the Highways Department for allowing us the privilege to camp out and for the great job in the well maintained road once again. Lastly a special thank you to Owen Bird coordinator of B.C.'s Family Fishing weekend for all his help and support he provides to this event to make it so enjoyable.

The Trout Derby Team was once again complete with the happy return of Laurel, great to have her back! Yahoo! We had such an awesome time already planning and looking forward to next year's derby. So until then happy fishing adventures to all, see you next year.

Darlene, Laurel & Sally

## BC Bike Race coming to Campbell River July 4

Five hundred mountain bike riders from all over the world are about to descend on Campbell River! These riders are competing in a seven-stage mountain bike race, with Campbell River hosting stage two.

With a mass start at 9 a.m. Monday, July 4 at Robert Ostler Park, the peloton (group of riders) will travel along the Island Highway toward Highway 28 and into the Snowden Demonstration Forest. The return trip to the finish line in front of the Tidemark Theatre will be along 16th Ave.

The first rider is expected to cross the finish line at 11:30 a.m. The last of the 500 riders is expected to arrive at approximately 4:30 p.m.

Restaurants in the area are offering BC Bike Race specials, and Campbell River's own Reunion will give a free concert at Spirit Square from 7 to 9 p.m.

For more information about the full day of BC Bike Race excitement, call 250-286-1161 and check out the Spirit Square website at [www.spiritsquare.ca](http://www.spiritsquare.ca).

## Thefts From Boats - Heriot Bay Docks

Over the last few weeks, the RCMP Detachment has received several reports of thefts from boats moored at docks in the Heriot Bay area. Items that have been stolen include, but are not limited to, gas cans, electronics, and an outboard motor. The most concerning item that was stolen from a boat was a firearm and ammunition.

Detachment Members are reminding dock users to ensure their valuables are out of sight, secure, and marked for identification. Detachment Members are asking dock users to be observant of suspicious activities, persons, and vessels around the docks and to report same to the Detachment any time of the day.

Should anyone have any information regarding these thefts, specifically the stolen firearm, please call the Detachment at 250-3631 or Crimestoppers at 1-800-222-TIPS.

## At the Good 'OL HBI

**Help wanted;** The Heriot Bay Inn is seeking employees for summer positions: line cooks, dishwasher, housekeeping. Join our amazing team for an energized employment experience! [info@heriotbayinn.com](mailto:info@heriotbayinn.com). Fax: 250-285-2708 or drop resumes at the front desk.

**Cancerians...** your zodiac party awaits. Your character is the least clear-cut of all those associated with the signs of the zodiac. It can range from the timid, dull, shy and withdrawn to the most brilliant, and famous.... see you at the HBI. **Saturday June 25. 9:00pm.**

**Ryans Monday Night music bingo** in the HBI pub. Prizes, fun and games at the good old HBI! **9:00pm**

**Discovery Islands Chamber Music Festival. July 14 to 17.** The HBI presents two dinner concerts and one brunch concert. Saturday will see a gala evening concert at the Community Centre. Four wonderful events hosted by Philip Hansen with friends. Phillip has inspired audiences on four continents with concerts that cross an array of genres. He is currently the Principal Cellist of the Calgary Philharmonic Orchestra. Drop by the Inn and pick up a program for more details. Tickets available at the Heriot Bay Inn, Hummingbird and the Music Plant.

Survivors first task; fundraising for our new Quadra Theatre Group. **The 4th annual Heriot Bay Survivor is coming Sunday June 26!** Sign up at the HBI or Hummingbird and receive Start now! \$200.00 value in prizes. Fun and games for all ages on the grounds of the HBI. 10.00 entry fee.

**Heron's Dining Room will be closed** for a private function after **1:00 on Saturday June 25.** Our apologies for any inconvenience. We will be serving our fantastic summer menu in the pub until 10:00pm. Stay in or take out. 250-285-3322.

**Friday June 24, Quadras own Go Dog Go!** Beach Blanket music and more! 9:00pm HBI Pub. Saturdays open mic with Mo, a rediculously fun time! Join us for the last Country jam of the season Sunday June 26, 3:00 to 6:00pm HBI Pub.

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# TAKE FIVE WITH TUCKER

## CANADA DAY

By Tucker Dinnes

Where will you be and what will you be doing on July 1st? Well the Quadra Island Canada Day Committee hopes you will be joining them for the 10th annual Canada Day celebration at Rebecca Spit Provincial Park!

The Quadra Canada Day committee is part of the Discovery Island Chamber of Commerce and was formed in 2002. The committee has been made up of volunteers dedicated to promoting our Canadian heritage and our Island. The event has in the past attracted up to 1200 people and the number may be closer to 1500 this year.

The current committee members are Barry Hatelt, Betty Doak, Murray & Karen Abercrombie, Jim Thieven, Judy Hagen, Jack Mar and Ruth Rombough. I was able to meet with Barry Hatelt this week and discuss the vision for this wonderful community event. Barry said the original idea for the Quadra Island Canada Day celebration was hatched on the way to a golf game! It was kind of a "wouldn't it be neat to have fireworks down at the Spit on Canada Day", and the idea was born! A few individuals took the idea and ran with it, giving birth to what is a warm, community celebration that honors our Canadian heritage and the pride of being Canadian.

Barry also spoke about the gift of a multi-cultural nation and the diversity we are able to experience in our lives because of it. And I agree with Barry, we live a richer life because of our diversity. We have access to a variety of ethnic foods; we are able to experience and explore different cultures, music and faiths. This can all add up to a more tolerant society.

There is a larger vision too. Perhaps our Quadra Island Canada Day celebration will eventually become a destination event that people will intentionally travel to. The potential benefits of a destination event for our local business and our community would be positive.

This year the plans are for a FREE salmon barbeque dinner, along with a variety of other seafood. There will be hotdogs and beverages, the cake contest, Quadra Singers, belly dancers and First Nations dancers from the We Wai Kai Nation.

WWW.DISCOVERYISLANDER.CA

Fireworks will not be a part of the event.

There are many wonderful people and businesses that have and continue to support this event on Quadra Island. John Baumfield is one of the many volunteers who have worked tirelessly on the event. The committee is very thankful for all the donations received, and contributors are acknowledged on the Program brochure. If you would like to donate to the Canada Day celebrations please contact Betty Doak at 250-285-3590 or Jack Mar at 250-285-3939.

In Barry's words "Everyone come out and have a good time, let's celebrate being Canadian together!"

### Canada Day Trivia

Canada Day has been called a few names in the past. It used to be known as: Dominion Day, First of July, Confederation Day and July the First.

On July 1, 1867, the British North America Act created the Canadian federal government. This act stated that Canada would become an independent dominion (territory) of England, which is why Canada Day was originally called Dominion Day.

In 1982, Dominion Day changed to Canada Day after a vote in Parliament.

Canada was named from the Huron and Iroquois word Kanata, which means village.

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# WRITER'S BLOCK



*KEEP YOUR LOW SELF-ESTEEM. WE NEED IT.*

**I**t is my contention that people with low self-esteem (PWLSE) form the vital backbone of our society. Without them volunteer organizations would fall down, stores would close and marriages would fall apart. It is essential then, that we not allow the Self-Help Industry to intercede on their behalf. We must not risk the possibility that they might enable this pathetic self-effacing mob of approval-seeking emotional cripples to recover even a vestige of self-worth.

Perhaps you are one of them. Perhaps you are on the verge of self-improvement. You have been putting yourself down all of your life, when suddenly, some meddling fool tries to convince you that you are somebody, somebody valuable, and you are on the brink of believing her. Don't fall for that trap. We need you. We need you to understand that you have the cosmological significance of a grasshopper, that your life is meaningless and that everything you have done is of no consequence or benefit. Forget Jimmy Stewart and his Wonderful Life. Your life is awful, and you must continue to believe that. You must know that you are incapable of providing yourself with a measure of your own self-worth. That, after all, is what teachers are for. If they gave you a "B" then and only then could you know that you were a "Good Person". But then, you could have been better, couldn't you? You might have gotten an "A" if you were a better person. But you weren't and still aren't---unless someone of importance tells you that you are. This is what wives, bosses and so-called friends are for as well. You need their approval. Desperately. And seeking it must be a full-time occupation.

Instead of trying to seek approval from a wide range of people, it might be more cost-efficient to consolidate the power of rating you into one person. By nominating that ONE person as the sole arbiter of your worthiness, you don't have to shop around for it. Spouses

can therefore be seen as a kind of one-stop shopping. They can advise you, bully you and relieve you of the necessity of making choices. But more than that, they can tell you whether you measure up to their standards. Hopefully you won't, and therefore can be of great service to them. They are important people and have more important things to do with their time than you do with yours, so they need you to knock yourself doing favours for them. Only by meeting their expectations and exceeding them can you win their thanks and experience that fleeting sense of satisfaction and esteem that you always seek. If that important person---the one whose approval you need so desperately---is remote, inaccessible or vaguely hostile, so much the better. That makes rejection that much more likely, and your motivation to please them intensified by a factor of a hundred. In my own case, I selected a woman on Heriot Bay Road for that purpose, and thankfully, I succeeded in my mission. At first she treated me with cavalier indifference, but now if she acknowledges me at all--- she treats me with aloof condescension masquerading as polite reserve. It could be that she is afflicted with a form of autism or maybe she is from Victoria. Or it could be because I am worthless. Thank God for credit cards.

It should be appreciated that PWLSE supply volunteer organizations with the recruits they need to operate. PWLSE can be found working in soup kitchens, collecting for the March of Dimes, doing menial chores at hockey rinks, and taking Christmas presents to the kids at Children's Hospital. If you feel worthless you should try volunteering. The point is not to feel good about yourself or even to do anyone any good. Rather the paycheck comes when for the one brief moment, someone you judge to have the proper credentials to judge you confers an honour upon you. You are handed a certificate or a plaque and thanked for your efforts. Sometimes that feeling can be acquired at work, when after 6 months of working 10 hour shifts working for the minimum wage without overtime pay, your sweatshop employer offers you coffee and cake in appreciation for your work. At last the praise that you worked so hard to get. Who said you needed a union or a living wage! Now repeat after me, "I am a wage slave and I am somebody!" Without people like you we would not be able to afford a whole range of services on the cheap.

Perhaps you thought you could do without approval. Perhaps you think that one day you might go it alone and try thinking well of yourself. Stop. Just think of the consequences. Think of all those people in this community whose living depends on your mindless consumerism. Can you look them in the eye and tell them that just because of your newfound and hopefully temporary bout of self-esteem that they must be let go and apply for unemployment insurance? Can you tell their kids that they must forgo a trip to Disneyland because the store their Mom worked at lost you as a customer? I wouldn't think so either. After all, when it comes right down to it, you haven't the guts to become self-confident and inner-directed. That is why you are worthless, and besides, I said so--- and my opinion of you is more important than what you think of yourself. I may be worthless but you are even lower on the totem pole than me so I outrank you on the scale of worthiness. The point is, PWLSE typically attempt to fill the void in their lives with impulsive and unnecessary purchases. In a consumer-driven economy like ours, this pattern of habitual spending is a vital prop to everything we depend on. The profits made from your chronic shopping provide the tax revenues that will fund the Mental Health worker assigned to your case. In short, Shop-a-holics must not be cured of their emptiness.

PWLSE keep marriages together too. Contrary to what we like to believe, children do not fare well when their parents divorce. Their grades suffer and statistically, they do not succeed in attaining the academic credentials that other children attain. For their sake, you must continue to believe that you are not worthy of a faithful spouse. If he cheats, it can only be because you are not much of a wife. You don't deserve a better man. So you must get down on your knees and beg him to come back. Even if you don't need him, your children do. And without people like you--- PWLSE--- society would not be able to function. Society is built on the family, and we must keep families together at your expense.

In summary, co-dependence is the mortar that holds this civilization together.

You see, even grasshoppers have a purpose, a role to play in the grand scheme of things. Keep playing it, and leave real living to the many people who are more important than you are.

Tim Murray

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# Newly Released

## Where Are the Whales?



There can be challenges with writing a book review. In the case of non-fiction a working knowledge of the subject might be required to craft a credible critique; with a novel it might be finding a vein of impartiality, for both it might be having an understanding of the reader.

With this in mind, when asked by newly-minted author, Quadra's Caroline Bridges, to review her recently published children's book

'Where are the Whales' I knew I would need some expert assistance.

Taking the task very seriously 'Where are the Whales' rose to the top as choice for a bedtime story.

The first thing we noticed was the bright, vivid colourful cover and illustrations by

Sarah James. They are beautiful depictions of Quadra scenes, wildlife and landmarks as our heroine visits island hotspots on her quest for the elusive whales.

For locals, especially those with young children or grandchildren 'Where are the Whales' is a particularly wonderful look at our paradise-home through young eyes. The story is rhythmically told over a week-long visit, with each day bringing a new place and new discoveries while ever watchful for whales.

Does our heroine fulfil her dream? There's no spoilers here! - You'll have to find out for yourself...

The only constructive comment I would say is that the layout would of benefited from wider page margins, but being guilty of cramming myself it's a black pot remark.

The book will make a perfect gift for visitors to take home or for locals to send to grandchildren, as a subtle reminder, or enticement for their next visit.

Robin King at Book Bonanza tells me she thinks it's ideal for 4-8 year olds. But my 10 year old assistant enjoyed it very much.

'Where are the Whales' is \$14.95 and is available at Book Bonanza in the Cove.

- Philip Stone  
with assistance from Chloe Dugas

## Strathcona Centennial Expedition DVD



Last summer five Quadra Islanders were part of an expedition that journeyed across Vancouver Island from Campbell River to Port Alberni, on foot and by canoe. Their 300 km+ trek celebrated and re-enacted an expedition that had taken place one hundred years before and that had led to the creation of Strathcona as BC's first Provincial Park in 1911.

Joined by documentary film-makers Aaron Black and Chris Kruger this great story of BC

history has been recorded into an hour long documentary film and now released on DVD.

The film tells the story of the 2010 adventure, and through archival photographs and narration from the 1910 expedition journal, weaves the two parallel tales together.

'Strathcona Centennial Expedition 1910-2010' was written and co-directed by Philip Stone, Aaron Black and Chris Kruger. It's a wonderful collector's item for anyone interested in BC history, Strathcona Park and BC mountaineering culture.

The DVD is \$25 with proceeds going to the Strathcona Legacy Fund. It's available on Quadra at Book Bonanza or from the DI office at 701 Cape Mudge Rd. Call 250-285-2234 for more info.

Computer running slow?

Trouble with your system?

Need to Organize your files?

Need your computer cleaned?



In-home support  
Pre-Spring Special  
Now only \$25.00

Island Computers

call 285-2718

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islandofficeworks@gmail.com

**SON of HOD**  
HOME & YARD SERVICES



ODD JOBS & GOOD OL' GRUNTWORK

GARDENING & YARD CLEANUP

REASONABLE RATES

PLEASE CALL MATT @ 285 3994

HERIOT BAY TIDES (PDT) | LINK TO TIDES AND WEATHER WWW.QUADRAISLAND.CA

DATE	TIME	m.	ft.
24 Friday	00:31	4.5	14.8
	08:03	2.1	6.9
	14:24	3.4	11.2
	18:19	3.1	10.2
25 Saturday	01:04	4.4	14.4
	08:46	1.8	5.9
	16:02	3.7	12.1
	19:30	3.4	11.2
26 Sunday	01:36	4.4	14.4
	09:26	1.6	5.2
	17:10	4.0	13.1
	20:56	3.7	12.1
27 Monday	02:08	4.3	14.1
	10:03	1.3	4.3
	17:57	4.2	13.8
	22:13	3.8	12.5
28 Tuesday	02:43	4.3	14.1
	10:39	1.1	3.6
	18:34	4.5	14.8
	23:13	3.9	12.8
29 Wednesday	03:21	4.4	14.4
	11:14	0.9	3.0
30 Thursday	19:06	4.7	15.4
	00:00	3.9	12.8
	04:03	4.4	14.4
	11:50	0.8	2.6
01 Friday	19:37	4.8	15.7
	00:43	3.8	12.5
	04:50	4.4	14.4
	12:28	0.7	2.3
02 Saturday	20:08	4.9	16.1
	01:26	3.7	12.1
	05:42	4.4	14.4
	13:07	0.6	2.0
03 Sunday	20:41	5.0	16.4
	02:12	3.5	11.5
	06:38	4.3	14.1
	13:47	0.7	2.3
04 Monday	21:14	5.1	16.7
	03:02	3.3	10.8
	07:37	4.2	13.8
	14:29	0.9	3.0
05 Tuesday	21:48	5.1	16.7
	03:54	2.9	9.5
	08:41	4.0	13.1
	15:12	1.3	4.3
06 Wednesday	22:21	5.1	16.7
	04:47	2.6	8.5
	09:52	3.9	12.8
	15:57	1.7	5.6
07 Thursday	22:55	5.0	16.4
	05:41	2.1	6.9
	11:17	3.7	12.1
	16:45	2.3	7.5
08 Friday	23:30	4.9	16.1
	06:38	1.8	5.9
	12:53	3.7	12.1
	17:39	2.8	9.2

Help Keep our Community  
Strong  
Shop Local  
All Year Long!



# CLASSIFIEDS

## SERVICES

### HOW'S THAT DECK LOOKING?

We can help you clean and maintain your home and garden. **Clean your windows, roof and gutter**, finish your renovating job, Build or replace your deck, gates or fence, mow your lawn and/or whack those weeds. We can help you with pretty much anything around your home and yard. Please call CanDoServices at 250-285-2874 or email at [candoservices@live.ca](mailto:candoservices@live.ca)

### FERNBANK SAWMILL

Custom cutting at your place or mine on a state-of-the-art Woodmizer mill. We cut everything from beams to siding. Call Gerry Cote: 250-285-3651

## TENDER

### INVITATION TO TENDER

Sewer Operator Contractor  
Location: less than 30 mins north of Quathiaski Cove, Quadra Island.  
Waste water treatment plant 26 m<sup>3</sup>/day for small bareland strata. Email [dvstrata@gmail.com](mailto:dvstrata@gmail.com) for tender

## Classified Ads Easy as 2234...

Up to 35 Words =  
\$15 one time  
\$12.50 each, two or more

35-70 Words =  
\$30 one time  
\$25 each, two or more

70-100 Words =  
\$45 one time  
\$37.50 each, two or more

Email, fax or drop off your ad with payment, or pay by credit card online at [www.discoveryislander.ca](http://www.discoveryislander.ca)  
There may be cheaper ways but the DI works!!

**Pay Now**



250-285-2234 or  
[ads@discoveryislands.ca](mailto:ads@discoveryislands.ca)

## SEEKING

### LOCAL SUPPLIERS

Looking for local supplies of fruit, veg, nuts, eggs etc... Unprocessed mean no regulations, just bring in your products straight from the tree or out of the ground! **Local Market, Campbell River 250-830-0065**

## SERVICES

### DIRTCO FLOWERS

The flower season is finally here. We are starting all our weekly flower deliveries and phone orders, and will be at the Farmer's Market, starting June 11. Keep an eye out for our produce that will be at Amped on Nutrition this summer. Call 250-285-2633

### NOLE CREEK SAWMILLS

Milling, moulding, kiln drying to all your specific requirements. Specialty beams to 32 ft. Siding, flooring & Much more. Your logs or mine. Free local pickup and delivery. Call Greg 250-285-2762 [www.nolecreeksawmills.com](http://www.nolecreeksawmills.com)

### Q-COVE APPLIANCE REPAIR

We are now a full service appliance repair facility for all of your domestic appliance needs at affordable rates. We are a new and used parts depot for all appliances and carry a good selection of quality rebuilt appliances. All come with one-year warranty on parts and labour. Free delivery for most of Quadra. Call 250-285-3425 or cell 250-202-3425

### GARDENERS

Experienced gardeners for hire. Let us help your garden be the best it can be. Certified horticulturists. Call Ryan and Jessica at: 250-202-2326 or e-mail: [nassichuk@gmail.com](mailto:nassichuk@gmail.com) (501)

### REGISTERED MASSAGE THERAPIST

In home practise, Extended Health Care and MSP Plans accepted. Relaxation, Therapeutic Massage or LaStone Therapy with flexible hours in a very peaceful, private setting. Please call for appointment. 250-285-2054 Leslie MacGregor

## FOR RENT

### SPACE FOR RENT

Upper Realm space for rent. Great for office, studio or starter business. Call 250-285-2880.

### QUADRA ISLAND OCEAN FRONT FOR RENT

Lovely 3 bedroom Oceanfront home located on Drew Harbour with views of Rebecca Spit and mainland mountains. Minutes walk to Rebecca Spit Provincial Park and a short drive to local stores and services. Available September 1, 2011 until May 31, 2011. No smoking. Small Pet ok. Furnished \$1150/month INTERNET AND TELEPHONE INCLUDED Call 250-287-0845

## SHOPS

### HEALTH TIP #14 CHILDREN ARE HAPPIER & HEALTHIER

when they have less toxins in their body, and their brains work better when they support their nutrition with omegas.

AMPED ON NUTRITION has toxic-free products for live removal, sunscreen, shampoos and soaps, bubble bath, toothpaste, stainless steel sippy cups, nourishing tea to stimulate milk production, omega supplements and organic candy to keep your children happy and healthy.

**LOCAL PRODUCE STARTING TO ARRIVE NOW!**  
[AmpedonNutrition.com](http://AmpedonNutrition.com)  
250-285-3142

## OUTDOORS

### THINK GLOBAL AND LIVE BIOREGIONAL -

It's Our Anniversary! Coast Mountain and the Keller family celebrate 25 Years of kayak guiding and myriad adventures in the natural beauty of the outer islands. Thanks to all who have shared with us. 250-285-2823 [www.CoastMountainExpeditions.com](http://www.CoastMountainExpeditions.com)

## ACCOMMODATION

### FIRESIGN ART & DESIGN STUDIO and B&B

Enjoy quiet privacy in our delightful 3-bedroom B&B with kitchenette, includes multi-course breakfasts specialising in wheat-free baking. Tourism BC Approved, BC B&B Innkeepers. Art studio, gallery, amber jewellery, workshops. 250-285-3390. [www.firesignartanddesign.com](http://www.firesignartanddesign.com)

## FOR SALE

### QUALITY CEDAR PRODUCTS FOR SALE

Planed or rough cut decking, lumber, siding, beams, fencing, 4x4s, clears, VG, custom milling, whatever you're needs,

Located On Quadra Island, 250 830 7897

504

### FLOATHOUSE

\$17,000 or best offer. 1600 sq ft 2 storey floathouse. 3 bedroom, 2 bath, master bedroom is 700+sq ft, workshop, the large deck needs repair, house can be moved on shore. Call Roger 250 203-3635

502

### SPRING IS HERE GET IN GEAR

Everything from garden beds to fancy sheds. We have it all. All weathered lumber at discount prices. New lumber available too. Quadra Island Forest Products  
Dick: 250-285-3294  
Mon-Fri 8-5

502

## REAL ESTATE

### FOR SALE BY OWNER

2 character houses for sale on 3 and a half acres of a park-like setting, near Rebecca Spit, on Milton Road. Call for info or to view... 250 -285-2054  
see online for pictures 7 more info: [www.quadraisland.ca/real-estate](http://www.quadraisland.ca/real-estate)

### SELLING YOUR HOME?

List online on Quadra's most visited web site. Listing with photos only \$49 for 3 months. [www.quadraisland.ca/real-estate](http://www.quadraisland.ca/real-estate)  
Call 250-285-2234 for more info

**DID YOU KNOW... YOUR CLASSIFIED AD IN THE DISCOVERY ISLANDER REACHES OVER 1800 MAILBOXES ON QUADRA, CORTES, AND THE OUTER ISLANDS... AND COSTS ONLY \$15.00\* AN AD? EMAIL [NEWS@DISCOVERYISLANDER.CA](mailto:NEWS@DISCOVERYISLANDER.CA), CALL 285 2234, OR FAX 285 2236. \*INCLUDES HST**