

DISCOVERY ISLANDER

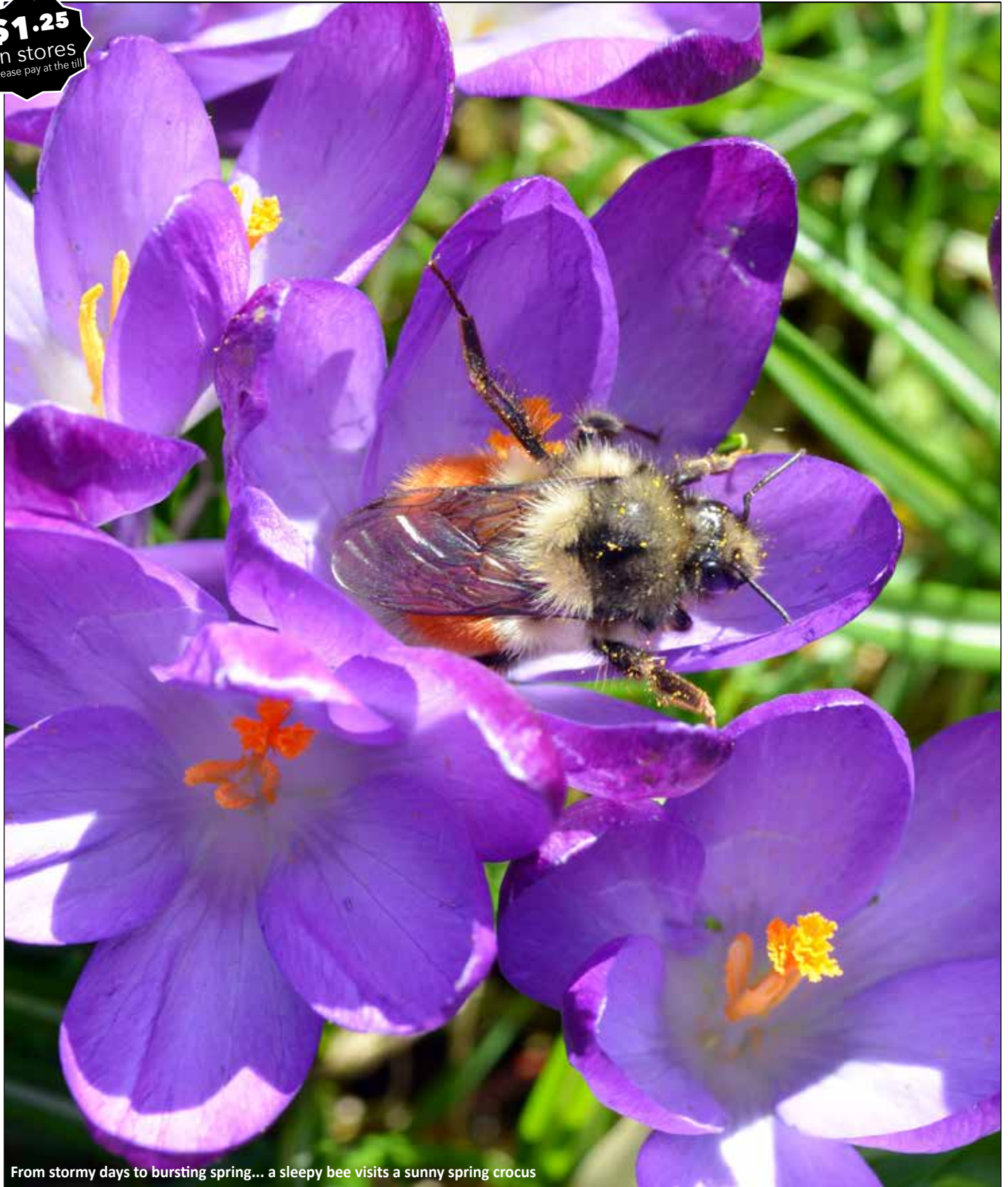
COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

ISSUE 546

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March 8, 2013

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Strathcona
REGIONAL DISTRICT



NOTICE OF PUBLIC HEARINGS

**BYLAW NO. 165 – ELECTORAL AREA ‘J’ DESOLATION SOUND
RURAL LAND USE BYLAW, 1993, Amendment No. 10**

AND

**BYLAW NO. 166 - QUADRA ISLAND ZONING BYLAW, 1990,
Amendment No. 103**

Date of Public Hearings: Monday, March 18, 2013

Location of Public Hearings: Quadra Island Elementary School
678 Heriot Bay Road
Quathias Cove, BC

Public Hearing for Bylaw No. 165 will commence at: 7:00 p.m.

Public Hearing for Bylaw No. 166 will commence: Immediately following the close of Public Hearing on Bylaw No. 165.

BYLAW NO. 165

Areas affected by Proposed Bylaw No. 165: Those portions of Electoral Area ‘C’ – Desolation Sound Planning Area (generally including Read, Sonora, Stuart, Maurelle and Rendezvous Islands, Church House and numerous small adjacent islands, the foreshore and surface of the water) covered by Bylaw No. 1460, “Electoral Area ‘J’ Desolation Sound Rural Land Use Bylaw, 1993”.

Purpose of Proposed Bylaw No. 165: This bylaw, if adopted, would amend the existing Forestry One (F-1) land use designation to include ‘public recreation uses’ as a permitted principal use, as well as provide a site specific provision to permit the construction of a public wharf and upland recreation site at Florence Lake, Sonora Island (Crown Land File No’s. 1413707 and 1413708).

BYLAW NO. 166

Area affected by Proposed Bylaw No. 166: The subject area is described as Unsurveyed Crown foreshore or land covered by water being part of the bed of Kanish Bay, Sayward District, +/- 0.4365 hectares in area and as shown on the map below (Crown Land File No. 1414078).

Purpose of Proposed Bylaw No. 166: This bylaw, if adopted, would rezone the subject area from Access Two (AC-2) to Access One (AC-1) to permit the construction of a dock for private moorage purposes.

Copies of the proposed bylaws and related information are available for inspection at the Strathcona Regional District Customer Service Centre, located at #102 – 990 Cedar Street, Campbell River, between the hours of 8:30 a.m. and 4:30 p.m., Monday to Friday, from March 8 to March 18, 2013. The bylaws may also be viewed on the Strathcona Regional District website at www.strathconard.ca.

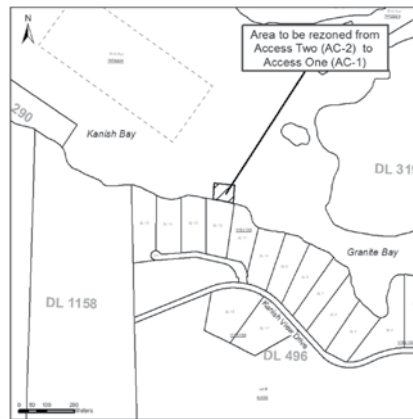
The public hearings will be held by a delegation of Electoral Area Directors representing the Strathcona Regional District Board. Anyone who believes their interests are affected by the proposed bylaws will be given an opportunity to be heard or to file a written submission at the public hearings.

Written submissions from persons who are unable to attend the public hearings may be delivered by hand or electronically to the Regional District office no later than 4:00 p.m. on Monday, March 18, 2013 to be considered as part of the public hearing record. The Strathcona Regional District cannot consider any representations made after the close of the public hearings.

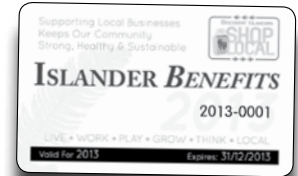
B. Reardon, Chief Administrative Officer

Inquiries should be directed to:

Aniko Nelson, Lead Planner Strathcona Regional District 301 – 990 Cedar Street, Campbell River BC V9W 7Z8
Tel: 250-830-6700 | 1-877-830-2990 | Fax: 250-830-6710
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ISLAND CALENDAR

Submit your news or event info, editorial runs free: email: news@discoveryislands.ca drop off 701 Cape Mudge Rd. or at Hummingbird

THE REGULARS

MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Sing For Pure Joy! QCC, Rm. 33 - 4:30 pm 285-3764 or singforpurejoy@gmail.com
- Weight Watchers, QCC, 6 pm - 7 pm
- Alcoholics Anonymous 7-8 pm Children's Centre **Men Only**
- 1st Monday - Quadra writers group, 7 - 9 pm 285-3656

TUESDAY

- Al-Anon Meeting, Quadra Children's Centre, 7:00 pm
- Folkdancing, QCC, 7:30 to 9:30, Sept 18-Apr 30

WEDNESDAY

- Yoga with Trinity Gogolin - \$80, or \$12 drop-in, 10 to 11:30 am QCC room 3
- Parent and Babes 11 am QCC
- UofQ - HiYa education from your neighbours. HBI pub 7:00 pm
- regular texas hold'em poker night 7:30pm at the Legion
- Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
- 1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm

THURSDAY

- Parents & Tots, QCC, 10:00 am - 12 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm
- Life Drawing @ Discovery Islands Gallery 6:30 - 8:30 pm 285-2352 / -2876
- Quadra Singers 6:45 pm Quadra Legion 285-2142 or quadrasingers@gmail.com
- Belly Dance with Luna-\$65 for 10 classes or \$8 drop-in. 7pm-8pm QCC Room 3

FRIDAY

- Unplugged Guitar/Singing Jam 7:45 p.m. Upper Realm
- Alcoholics Anonymous, 8 pm Quadra Children's Centre
- Live bands in the HBI Pub 9:00 pm

SATURDAY

- Winter Farmers Market & Bazaar 10 am to 2 pm QCC
- Quadra Legion Meat Draw 5 pm
- Open mic with Mo. 9:00 pm HBI pub

SUNDAY

- Family Service, Quadra Island Bible Church, 10:30 am
- United Church service 11 am. Occasionally at noon, if advertised. 285-3163
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- Buddhist meditation, Upper Realm, 10 am.

DAY TO DAY

Friday, March 8

- Friday Flicks - 'The Intouchables' doors 7:30, show 7:45 pm QCC
- Mount Benson Ceili Band - Lasqueti Celtic Fun! HBI Pub 9 pm
- Jam Night 9:00 pm Quadra Legion

Saturday, March 9

- International Women's Day Celebration 6 pm QCC

Sunday, March 10

- Cadence, a four-part, Juno-nominated vocal ensemble QCC 7:00 pm

Monday, March 11

- Genus Hydrangea at the Garden Club QCC 7pm

Saturday, March 16

- St. Patrick's Day Party - UFC 7-10, Dance with Emma Plant and the Rainforest

Sunday, March 17

- Geshe Yong Dong, "The Three Jewels of Buddhism" 11 am Upper Realm

Thursday, 21 March

- FREE Belly Dance class. All women welcome. 7 pm-8 pm QCC Room 3

Friday, March 8

- Friday Flicks - 'Boy' doors 7:30, show 7:45 pm QCC

Tuesday, March 26

- Quadra Island Cemetery AGM 8:00 pm at the Quadra Legion

Wednesday, April 3

- Free Money, 11:30 a.m. to Noon, before lunch, Q.C.C.

NEXT DEADLINE: MONDAY, MARCH 18TH, 2013

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Submission Guidelines

Items for publication are welcomed
on subjects of interest to the
Discovery Islands community.
Please help us by following these
guidelines:

Please print handwritten
material clearly.

Items sent by email do not need
to be an attached file. Just send
text in the body of the email.

Please spell check in Canadian
English.

Please use the title of the item as
email subject.

No MS Publisher, WordPerfect
files or graphics in Word files
please. Send imported graphics
separately.

Please don't send original
irreplaceable material.

Please remember to caption &
credit photos and artwork.

Don't write on the back of
photos, use labels or sticky notes.

While every effort is made to include all
items submitted, errors and accidental
omissions do occur.

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**NEXT DEADLINE
MONDAY, MARCH 18**

ISLAND FORUM

Question the Balance

An Open Letter to Nick Facey

If it were not for the serious
falsehoods in your full page ad
on 15 Feb. it would simply be
a pile of toro puke. When I
retired from BC govt. service
I was guaranteed full medical,
dental, chiropractic, massage &
physiotherapy as well as a free
Medical Services Plan (MSP)
for my wife & myself for the
rest of my life.

The first thing your government
did was to cancel our dental
plan. Then they cancelled
chiropractic, massage &
physiotherapy & most recently
your government is making me
pay for our MSP to the tune of
\$120/mo.

I am a senior & I require
hearing aids & BC has one of
the lowest payments for hearing
aids in the entire country. You
mention cataract surgery; I had
to pay \$300 per eye.

Fortunately, come May you &
your party will receive a one
way ticket to the dust bin of
history.

Paul Kirmmse

Whaletown, BC

**NEXT DEADLINE
FOR THE DI
is Monday
March 18th**

Send in your submissions
news@discoveryislands.ca
fax: 250-285-2236 or drop it off
at Hummingbird or our office at
701 Cape Mudge Rd.

Opinions expressed in the
Discovery Islander are
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the views of the publisher.

The Liberal government's budget is not a balanced budget. It is a
bogus budget, filled with accounting tricks, unrealistic revenue
projections, and unsustainable expenditures in areas that support
British Columbians like health care, post-secondary education and
skills training.

In reality, this is the fifth deficit budget in a row tabled by the Liberals.
This budget relies on nearly \$800 million from a fire sale of B.C.'s
valuable land and assets. Never mind how short-sighted that plan is,
most of the properties they are banking on aren't even for sale yet.
Since they first announced their fire sale in the 2012 budget, they've
completed no sales.

Respected economist Don Drummond wrote a report for the Ontario
government that addressed the issue of asset sales. He advised, "Do not
count chickens before they are hatched. If assets are to be sold, never
incorporate any revenue from such planned sales into a budget before
the fact."

But that's exactly what the Liberals are doing. The Liberals' projected
expenditures are unrealistic and unsustainable. Just look at the health
care budget. They cut the projected increase to health care by \$233
million, but failed to tell British Columbians the truth about what that
will mean to them.

Either the \$233 million drop in health spending isn't credible, or the
Liberal government is planning more service cuts to healthcare.

Remember that before the 2009 election the Liberals said they would
protect healthcare, but right after the Liberals were returned to office,
they forced health authorities to make cuts to the services British
Columbians rely on.

British Columbians also haven't forgotten that the Liberals promised
before the 2009 election that their deficit budget would be in the red
by \$495 million "maximum," which ballooned to almost \$2 billion after
the election.

The Liberals also promised, in writing, that they wouldn't implement
an HST before the 2009 election. Yet they have squandered their entire
term in office on the HST, creating uncertainty in the B.C. economy
with a massive tax shift from big corporations to working families and
small businesses that voters eventually rejected.

While the Liberals spend nearly \$17 million of taxpayers' money on
pre-election partisan ads to promote the premier's record on skills
training, their budget reveals the truth: they have again cut the budget
for post-secondary education, a decision that will negatively affect our
province's long-term prosperity.

This budget predicts a reduction in the number of student spaces in
college and university, provides less money for student assistance and
less support for advanced education. There is no new investment in
apprenticeship and industry training.

The Liberals' budget is not balanced and it promises to saddle the next
government with a very serious fiscal situation. It shows the Liberals
are not up to the challenges facing B.C. today. It's time for a new and
better government that is more connected to British Columbians.

- Bruce Ralston, New Democrat finance critic
& MLA for Surrey-Whalley

SRD Chief Administrator Officer moves on to the Okanagan

Campbell River, BC – The Regional Board has received notice from its Chief Administrative Officer, Mr. Brian Reardon, that he will be leaving the Strathcona Regional District effective April 15, 2013 to assume similar duties with the Central Okanagan Regional District in Kelowna. His decision comes shortly after the Regional District turned five (5) years old on February 15th, 2013.

"It has been a privilege to serve the Board of Directors as their first full time Chief Administrative Officer since the Regional District was incorporated five years ago" said Mr. Reardon. "It was not an easy decision to make although I know the Region will be left in good hands. We have built a strong team of dedicated professionals who will continue to deliver essential services to residents and businesses throughout the region."

Regional Board Chair Edward (Ted) Lewis stated "The Board received Mr. Reardon's resignation and news of his moving on to the Central Okanagan Regional District last week. We thank Brian for his sound policy advice and guidance over the years, his strong leadership at the administrative level and for building a great staff team that support the Regional Board on a daily basis. We wish him the very best in his career and his future."

The Regional Board is in the process of determining the best approach to filling the vacancy created by Mr. Reardon's imminent departure. Decisions regarding this process will be released after the next Regional Board meeting being held on March 13th, 2013. As the Regional Board has many important initiatives it wishes to accomplish this year a recruitment process will likely be initiated in the next few weeks.

The Strathcona Regional District (SRD) is a partnership of four electoral areas and five municipalities providing approximately 43,000 residents with 72 services including parks, liquid and solid waste systems, fire protection, emergency preparedness programs and a full-service sports facility.

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Lost Families Found

Genealogy Meeting March 7th 7-9 Maritime Heritage Centre. An entertaining and fun evening with special speaker who used DNA to find more family members. Everyone welcome. We can help with your family tree research when you come to our library. For info Janice 250-203-0585 Campbell River Genealogy Society

Around the Point

Tune in to Cortes Radio 89.5 FM or online at www.cortesisland.com for 'Around the Point' every Saturday at 1 pm and rebroadcast Tuesdays at 10 am.

Find the podcast to listen to at any time at the DI web site www.discoveryislander.ca

Yoga Class

Kai and Trinity are teaching a Yoga Class at Spirit Books in the Upper Realm at Q. Cove. The class begins at 5 p.m. and ends at 6:30 p.m. every Monday Afternoon. Bring your own Yoga mat or we can provide one for you. Kai will be teaching for several sessions in March, then Trinity will take over when Kai is away. Drop-in fee is just \$5. For more information, call Kai at 250-850-9245

Scholarship

Quadra Legion Ladies Auxiliary is accepting applications for the

KAY DUBOIS MEMORIAL SCHOLARSHIP

From Veterans descendent entering post -secondary education. An award will be based on academic & citizenship criteria. First Year Students. Mail to Box 129 Heriot Bay B.C. V0P-1H0 Applications close May 31 2013

Free Firewood

Free Firewood is still available after Wednesday's Community Lunch at 1 p.m. behind the Quadra Community Center. However, we only have about 5 or 6 pick-up truck size loads of dry wood left. Hopefully, we can make it through March and there will be an early Spring. Please consider you next trip to the free wood shed your last for the season. Sorry about that, but demand was high this year.

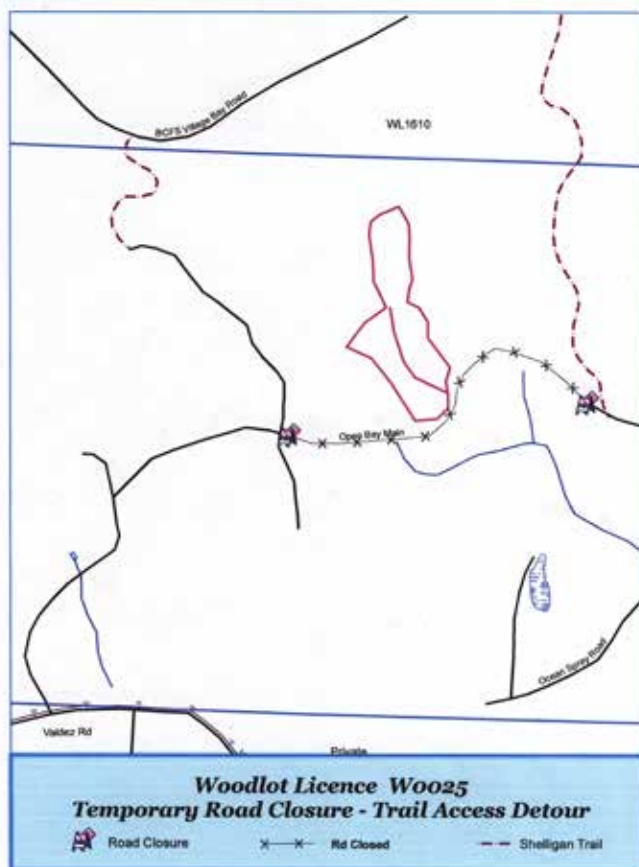
However, we had a very successful Winter season keeping nearly 100 individuals from low-income Quadra families warm.

We have even started chopping wood for next Winter, but it's too wet to hand out now.

If you have some dry wood you can donate when we run out, give Steve at 285-3323 or Alan at 285-3544 a call. Even wet wood is helpful for next year.

Money can also be given to the Free Firewood Association account at our local Coastal Credit Union. Donations help to deliver wood for those without cars, repair the shed and provide free Chimney sweeps in the Summer.

NOTICE OF TRAIL DETOUR



There will be closures of the Open Bay Main on Woodlot 0025 during the months of March and April due to the falling of timber near the road.

This road is also used as a portion of the Shellaligan Pass Trail. It will still be possible to walk the trail but the loop on WL 0025 may be closed.

These closures may occur on the weekends.

Also be advised that logging trucks will be hauling in April and May and they have the right-of-way.

Signs will be posted when the road is closed.

For further information call Alex Hartford 250-285-3148

Geshe YongDong Teaches

Geshe YongDong, a Tibetan Lama, is giving a teaching on the "Three Jewels of Buddhism." The three jewels provide a place of refuge from the problems and pain life brings. The idea behind taking refuge is when it starts to rain, we like to find shelter. The Buddhist shelter from the rain of problems and pain is threefold: The Buddha, the teachings (Dharma) and the spiritual community (Sangha).

Geshe YongDong's talk will take place at Spirit Books in the Upper Realm at Q. Cove from 11 a.m. to 1 p.m. on Sunday, March 17, 2013. Feel free to ask questions. Please come on time because we start with a meditation before the talk.

The suggested donation is \$10 but donate whatever you can afford. Geshe is able to have a centre in Courtenay and travel to teach because of our support. Call Steve or Danielle for more information at 285-3323

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NEWS AND EVENTS

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Quadra Island Cemetery AGM

Tuesday March 26th, 2013;
8:00pm at the Quadra Legion

Acting Class

Sorry to say, the Acting Class taught by Neil Maffin is full.

If you have attended the class already, you may still come, but new students will have to wait for future classes. If you are interested in taking such a class in the future, give Neil a call at 285-2102 and see what can be arranged.

All the other classes at the Upper Realm Q. Cove are still open: Drum Jam, Acoustic Jam, Yoga, etc.



At the Legion

Jam Night Friday, March 8th at 9:00 pm.

Saturday, March 16th we're celebrating St. Patrick's Day! Starting with dinner at 6:00 prepared by Brisket Case Barbeque/ pulled pork sandwiches or beef, salad & fixings \$15.00. Reservations recommended call 285-2466 or 285-3121.

Watching the *UFC fight* from 7-10 on the big screen followed by a four piece band from Vancouver, Emma Plant and the Rainforest, playing dancy, rockish music with an Irish flare, from 10 pm-1 am. \$10.00 at the door.

follow us on
twitter
QuadraNews

Junior Program Penny Drive

Quadra Island Golf Club is raising funds for our Junior Golf Program. We are looking to buy a training system and junior golf clubs that can be used in the schools as well as at the club. A few pennies can go a long way to introducing Quadra Island's youth to Quadra Island's newest activity, a sport they can play for a lifetime! Penny Jugs are at Tru Value Foods Heriot Bay and Q-Cove.

Your assistance is sincerely appreciated!

Thank you!

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QUADRA CONSERVANCY A.G.M.

The Quadra Conservancy and Stewardship Society will hold its annual general meeting at Quadra's Community Centre on March 20th at 7:30 p.m., and a good turnout is important. On the agenda will be an update on Save the Heart of Quadra Parks. Also on the agenda will be two special resolutions that require a vote by the general membership.

First: "That the Q.I.C.S.S. board of Stewards be authorized to send proceeds from the Save the Heart of Quadra Parks campaign to the Government of British Columbia to aid in acquiring the Merril Ring properties for inclusion into the Provincial parks system."

Second: "Where the Society holds one or more interests in land that are certified as ecological gifts under the Ecological Gifts Program, the Society, consistent with the constitution:

- (a) may dispose of such interests in land only to eligible Ecological Gifts Program recipients, and
- (b) shall endeavor to dispose of all ecological gifts to Ecological Gifts Program recipients in the event the Stewards determine that a winding up or dissolution of the Society is eminent."

This last resolution, termed a "dissolution clause" is required in Q.I.C.S.S.'s bylaws in order to be an eligible recipient under the Ecological Gifts Program. There are absolutely no plans to dissolve the organisation.,

Eat Canadian at Tru Value

VICTORIA -(Marketwire) - Tru Value Foods is working with Agriculture and Agri-Food Canada (AAFC) to make it easier for shoppers to identify and buy top-quality Canadian food products.

As part of a national initiative that currently includes 65 independent retailers across Canada, Tru Value Foods has partnered with AAFC to promote Canadian food products to its customers at its five (5) locations on Mayne Island, Pender Island, Quadra Island, and Cordova Bay on Vancouver Island.

Beginning Wednesday February 27th, 2013, Tru Value Foods stores will be using signs, shelf displays, stickers, brochures and other printed material to help customers learn more about Canadian food products and help them find these products on the store shelves. The promotional event will also be featured in store flyers and on the company web site.

AAFC ran the initiative as a pilot project in 2011 in Newfoundland and Labrador, Ontario and British Columbia that clearly identified Canadian products in select stores. The pilot increased consumer awareness of food products from Canadian producers and processors, which lead to a significant increase in sales for those products promoted as Canadian. Consumers prefer to buy Canadian products if they can easily identify them.

The pilot project was expanded due to its great success.

To find out more about Canadian food products, the Canada Brand initiative and how to identify Canadian food products on store shelves please visit www.eatcanadian.ca.

Youth Orchestra

The Abbotsford Youth Orchestra is on an Island tour March 17/18 with a delightfully entertaining program of music.

Led by Calvin Dyck, concertmaster of the Vancouver Island Symphony, the orchestra will present the classic "Canon" by Pachelbel, the Romanian Folk Dances by Bartok, and entertaining pieces such as "The Typewriter" by Leroy Anderson which features a 1912 "real" typewriter. A highlight of the concert is a choreographed "Texas Swing" number, which the youth perform in cowboy boots and hats.



The concert will also include musical gems such as 'Show Me' from My Fair Lady, the Ashokan Farewell, Liebestraum by Liszt, O Danny Boy and Amazing Grace.

The orchestra is an auditioned group of 23 young musicians who have won awards for their performances, and who drew over 4000 people to their Christmas show in 2012. They are currently on an island tour with performances on Cortes Island, Quadra Island and in Nanaimo.

The first concert takes place at Gorge Hall on Cortes Island on Sunday, March 17th at 7:30pm. Admission is \$12, (\$30 for Families with Children).

The second concert will take place at the Quadra Island Community Centre at 7:30pm on Monday, March 18th. Admission is by donation. For more information see www.calvindyck.com

Vocal Rhythms with 'Cadence'

Canadian Acapella Quartet to play on Quadra, March 10

"Instruments are for surgeons!" claim the members of CADENCE, who use tight harmonies, crazy hijinks, and audience interaction while performing to sold-out concert halls and jazz festivals around the world. If you like the infinitely varied sound of the human voice, the next concert at Quadra Community Centre is for you. On Sunday, March 10, at 7:00 PM, Quadra Cultural Committee presents: CADENCE, "one of the finest quartets to make an appearance in the a cappella scene."

CADENCE is an ensemble of fantastic musicians who, equipped with only four microphones, push the limits of the human voice to new heights; audiences are amazed by their instrumental imitations, vocal acrobatics and charismatic stage presence. The members are highly educated musicians who combine their extensive musical backgrounds with individual instrumental prowess and years of musical experience to produce a thrilling a cappella (singing

without instruments) concert of unbelievable sound and energy. Melding the lyricism of Stan Getz with the sophisticated harmonies of the Count Basie Big Band and the devil-may-care attitude of Louis Prima, CADENCE has been entertaining audiences worldwide to critical acclaim, with innovative jazz arrangements, genre-hopping covers and eclectic originals. They have shared the stage with artists such as Bobby McFerrin, Quincy Jones and Gordon Lightfoot.

Recordings by CADENCE have been nominated three times for Juno awards, winning some of Best Canadian Album, Best Jazz Song, Best Original Composition and Best Rock/Pop Album (Cara Awards.) Their 2005 release "Twenty for One" was nominated for the Juno Award for Best Vocal Jazz Album alongside such musical greats as Diana Krall and Paul Anka. In 2010, their album "Speak Easy" hit the Top Ten on the Jazz Radio charts in France, and won Best Canadian



Album, Best Jazz Album and Best Jazz Song (Cara Awards.)

But don't take our word for it! Come and hear for yourself at the Quadra Community Centre on Sunday, March 10, at 7:00 PM. Advance tickets are \$17, available at the Music Plant in Campbell River, Hummingbird

Office and Art Supply in Quathiasqui Cove and Works of H'Art in Heriot Bay. Tickets at the door will be \$20. Students 16 and under are admitted free when accompanied by an adult. For more information, call 250-285-3560 or visit www.cadence-unplugged.com

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Fri. Mar. 8: Mount Benson Ceili Band
Lasqueti Celtic Fun!

Fri. Mar. 22: The Charlie Wells Band
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Fri. Mar. 23: Jon Brooks - in the Fireside Lounge

Rockin' Saturday evenings: Open Mic with Mo

Dining: Sun-Thurs 8 am - 7 pm; Fri & Sat 8 am - 8 pm

Herons/Inn: 285.3322 Pub: 285.3539



Heriot Bay Inn

being real, having fun on Quadra Island

Hand Drum Jam

The Hand Drum Jam continues at Spirit Books in the Upper Realm. The time is 7:45 p.m. on Wednesday nights. Bring your own drum or we can provide one for you. We do Latin, African, Middle East, Reggae, and modern funk beats. Some instruction is given, but mostly we just jam around with the basic beats provided. Drop-in fee is just \$5 which includes free private hand-drum lessons with Steve at Spirit Books on Saturday afternoons. Call Steve Moore at 285-3323 for more info.

Acoustic Jam

Friday Night is Acoustic Jam Night at Spirit Books in the Upper Realm. Bring your guitar, singing voice or other instrument and enjoy doing some original or cover tunes, mainly folk or rock or whatever comes up. It's very relaxed, mellow flow with no worries about perfection. The jam starts around 8 p.m. and the suggested donation is \$5.

Call Pat at 285-2807 or Tim at 285-2314 for more info.

Who knows? Getting to know other island musicians could, maybe, create a new musical group on our beloved island.

This is Our Time!

International Women's Day is a day of global celebration of women, past, present and future. It is a day of respect, appreciation and love for women, and a reminder of our economic, social, and political struggles, achievements and successes. It is a day to recognize and applaud our achievements and to highlight the gender inequalities and issues which still remain. On this day, women will celebrate and connect as only women do.

This is the 26th year that women on Quadra have gathered for a fabulous potluck dinner and fun entertainment to celebrate our sisterhood. Join other women on Saturday March 9 at 6pm at the Community Centre for feasting and revelry. Bring your women friends, a potluck dish, plate and cutlery and enjoy our evening together. There will be dancing, 2 short films, live music and excerpts from the Vagina Monologues (18 years and up) performed by local women. \$2.00 each to cover the costs.

Please call Geraldine at 285-2272 if you'd like to help or have ideas for next year's event.



Free Money

Just when I think Free Money is going to collapse because of lack of funds, it continues to live because some generous donors put some money in our Coastal Credit Union account.

Thank you Quadra Islanders to helping our low-income residents make it through the Winter season.

Thus, Free Money will continue to finish the Winter season in March and April. Free Money was distributed on Wednesday March 6th and will also be handed out on Wednesday, April 3rd from 11:30 a.m. to Noon at the Quadra Community Centre after Community Lunch. The amount is \$10 for an individual and \$20 for a family, plus some dog and cat food for non-human family members.

Free Money has existed from November to April, six months a year for 8 years. Hopefully, Free Money will start up again next November. Please consider donating money to the Free Money Association Account at our local Coastal Credit Union. Call Steve Moore at 285-3323 for more info.

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Genus Hydrangea

On Monday, March 11, 7pm at the Community Centre, the topic for the Garden Club meeting will be the genus Hydrangea. Most cultivated hydrangeas are offspring of more than 70 native species from south and east Asia - an interesting and varied group. They adapt well to our climate and add considerable colour through the summer months. The plants are to some degree deer resistant although often nibbled during the driest part of the summer.

Barry Roberts, advanced master gardener, from the South Surrey Garden Club and the Hardy Plant Group is an expert on hydrangeas. There is more to hydrangeas than the showy mopheads! Barry will take you through the extensive family of hydrangeas, the notable species and those 'must-have' cultivars. Cultivation, pruning and propagation techniques will be explained and handouts will be provided. Barry's 1.5 acre garden is located in South Surrey where he is growing his collection of 59 hydrangeas. Check out his web site at

For the show-and-tell table, bring some spring flowers: crocus, hellebores, forced Japanese plums or forsythia. Can anyone pick a bouquet of daffodils for the meeting? Share your extra seeds or seed catalogues. Drop ins welcome \$2 at the door or buy an annual membership.

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**Friday Flicks
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The INTOUCHABLES

France - 2012

The French import THE INTOUCHABLES has been an astonishing success in Europe, coming in second to France's top film of all time.

THE INTOUCHABLES satirizes brutal, deeply held French notions of class distinction. It also indirectly addresses the country's imperialist history with Algeria, a former colony.



Philippe, left a quadriplegic by a parasailing accident, is refined, elegant, and conservative. Driss, familiar with a different kind of rule-book is rude, crude, impulsive, and quick to dance. The two couldn't make a less likely duo for a patient-caregiver relationship.

THE INTOUCHABLES has all the hijinks of rousing odd-couple films played out by two actors who demolish stereotypes about race and social class.

**Next Up - March 22
BOY**

New Zealand - 2012

QCC doors 7:30 - showtime 7:45

Told from the first-person perspective of the title character, BOY is the story of what happens when Granny is called away to a funeral, leaving a half-dozen kids to fend for themselves under the watchful eye of Boy.

The band of illustrious cousins is soon invaded by Alamein, Boy's long-absent father. Alamein has been missing in action (a.k.a. serving time). He takes control, but his braggadocio doesn't wash; even worshipful Boy sees through him.

Life is simple in this tiny town on New Zealand's east coast. The residents - maori, white, mixed - live off the land and don't seem to see beyond their world, except when icons of popular culture migrate to their shores. BOY is set in 1984 and drenched with echoes of the period: E.T., Shogun and Michael Jackson's Thriller.

Emotions are complex in this sweet and smart coming-of-age story. Performances are delightfully natural; and comic timing, unpredictably sharp.





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Let's Pollinate and then Meditate!

Submitted by: Dana Mahon
Blessings!

Some of you may have heard of Child's Pose Yoga (CPY) by now, other not, so please allow me to introduce myself. I'm Dana and I am the Founder of CPY. I have had the pleasure and honour of working with the Quadra community for the past year and a half to bring yoga, meditation and mindfulness to your beautiful kids. Those who know me know I have loved Quadra ever since touching down on the docks at Heriot Bay back in 2011. After many visits and then running a summer camp last summer and spending some time in the kids' classrooms last November, I was more certain than ever that Quadra was the place for me to do this work! In December I learned of an organization called The Pollination Project which is a non profit organization that makes \$1000 grants every day, 365 days a year to individual changemakers. Guess what?? Child's Pose Yoga was the proud and humble recipient of one of these generous grants and now our work continues! I will be visiting the island for 2 weeks



from March 30 – April 12 to offer free meditation and yoga classes to your kids. During the week of April 1-5, sessions will likely be held at the Community Centre and for the second week, at the Quadra Elementary (exact times are still to be confirmed). Don't miss the chance for your child to participate and gain the benefits of meditation and yoga practice. Please email childspose@shaw.ca, visit and 'like' the Child's Pose Yoga facebook page at www.facebook.com/ChildsPoseYoga or call 604.833.1140 for more information. I look forward to seeing you all soon.

Peace and blessings!

If you or someone you know has an idea to help make the world a better place, visit www.thepollinationproject.org for funding guidelines and applications, and apply today!



child's pose yoga

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Cortes WiFi Society Spring-coming Update!

The Cortes WiFi Society is happy to announce that the offered one-on-one computer tutorials have been going very well, and everyone has been learning a lot! All Spring we will continue to offer these hour-long help sessions to individuals who want computer assistance.

- What you get: An hour of specialized help with learning how to use your computer software better, or troubleshooting problems with programs you already use.
- How much it costs: Only \$5 for the whole hour!
- When & Where it happens: We aim to book appointments for Wednesday afternoons, in Manson's Landing, but we certainly are flexible and try to work with what works for you!
- To schedule: Call (250) 935-0347 and ask for Susanna

We've been getting great responses from folks who have already taken advantage of this bang-for-the-buck programming! We are collecting those responses in the form of a quick survey, so that we can use supporting quotes as we look for more grant money to keep the WiFi Society programming on the go. If you have had a computer tutorial with Susanna (or previously with Coreen), and have yet to fill out a survey, you could either:

- 1) send an email to susannabonner@gmail.com with your name and feedback on how your tutorial went and what you learned, accomplished, or gained from the service, or
- 2) book a new tutorial if you have some more questions, and you can fill out your survey really quickly at the end of the session.

The WiFi Society offers various computer workshops, as well! Since Christmas we've held a three-part series on Digital Photography, as well as a workshop on learning to use Facebook. We welcome your ideas about workshops you'd like to see offered, so please email or call Susanna with your thoughts. Also, please contact her if you have a computer-related skill that might translate well into a workshop you could offer!

We look forward to hearing from you and seeing you at the computer tutorials and upcoming workshops! Happy almost-here Spring!

Quadra Island Seniors B.C.O.A.P.O.-BR.91

Our members are looking forward to our St. Patrick Day meeting . on Mar. 6th/13, where we will be wearing green . We will be having a delicious, [lunch.too](#). At this meeting we will approve Resolutions to be sent to our provincial members who will be delegates at our June Convention in Princeton Similkameen area.

On Wed. March 20th/13 we are entertaining many North Island Seniors, who will be attending our Regional meeting. The Legion Womens Auxiliary are organizing the luncheon. Judy Hagen will present music & singing and we hope spring rabbits will show up too. Many Thanks to Quadra Island & Campbell River Businesses, who have donated many gifts for door prizes.

Our members are now preparing to start working in the Tourist Information Booth, which will open in April. Phone Judy Hagen @2150 if you have time to welcome 2013 Tourists to our beautiful Discovery Islands.

For membership in our busy branch call Ruth Amiabel @3801

Submit Festival & Event Dates/Details

The 2013 Guide to the Discovery Islands, Quadra Island Map and Cortes Map will be off to the printers shortly.

Every year we receive requests from Visitor Info Centres around the province, as well as inquiries from tourists planning their visit to our beautiful islands. Often they want to know of any upcoming special events.

This is one time we have to get by Island Time and remember not everyone lives on it!!!

Help us complete a few last details by **submitting dates for your annual festival or event** for the Island Calendar now.

Email your dates and brief summary today news@discoveryislands.ca

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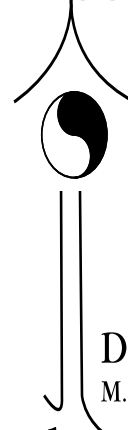
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Living History Elk Falls Mill

For many residents of Campbell River, the closing of the Catalyst Pulp and Paper Mill marked an historic moment. Symbolic of the changing times in Campbell River, it reminded of how a village grew into a town due in large part to the influence of the mill and the large numbers of people it employed. There was great local excitement generated in this small western boom town when the Elk Falls Mill first opened for operations in 1952.



Reel of paper coming off
Number One paper machine; 1966

Join the Museum on Saturday, March 23, from 1 pm - 2:30 pm for a historic talk and visual presentation on the history of the Elk Falls Mill. The mill was in operation for nearly 60 years and served as the main economic engine for the Campbell River region. Described as "a milestone in the development of Campbell River" the opening of the pulp and paper mill was an influential factor in the new era of economic growth and job stability in the region. Premier W. A. C. Bennett said that the Duncan Bay development was "free enterprise at its best". A writer from Victoria in August of 1953 commented: "Campbell River is becoming essentially a settled place, not just the loggers' Saturday night town it used to be." The talk will be given by Norm Lee, a 40 year employee of the mill (1966-2006) and Museum docent Danny Brown. The afternoon will also serve as a opportunity for former employees to assist the Museum in identifying unknown individuals in old photos of the mill. Everyone in the community is invited to come witness a central story in Campbell River's living history! The cost for the talk is \$6.00. Call the Museum at 287-3103 to register.

WWW.DISCOVERYISLANDER.CA

At the HBI

Friday March 8: The unbelievable Mount Benson Ceili Band (9 piece band!). Spring fling with Celtic flair. Wear your best Spring dress-up and PLEASE remember to wear your wings! All the faeries and flutterbys will be there. 9:00pm HBI Pub.

UofQ: Mar 13; **An Island Divided**, Quadra's unique geology thru time & continental drift with Geologist David Caulfield [B.Sc., P.Geo.](#)... Mar 20; **Internet 101**, the basics: have fun and be confident with QI techy George Barnes. 7:00pm, 1hour class. HBI Pub

Friday March 22: The Charlie Wells Band. Genre-ranging timeless hits encompassing the current and past centuries. Seriously! HBI PUB 9:00pm.

Saturday March 23; Listen to **Jon Brooks** in the Fireside Lounge; Jon has been twice nominated as Songwriter of the Year by the Canadian Folk Music Awards 7:30 pm. \$12 at the door. Enjoy dinner beforehand in Herons. Dinner Reservations recommended 285-3322.

David Gogo Dinner Show Saturday March 30; This is a show you don't want to miss. Gogo is a multiple Blues Music Award winner who adds heart, soul and grit to the international blues scene. 40.00. Reservations highly recommended: 285-3322

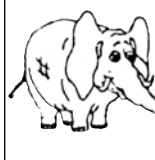
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Shellfish Fest Announce Lineup

The BC Shellfish Festival Society is pleased to announce the chefs participating in this year's Chefs' Dinner, Friday, June 14th at Filberg Lodge, Comox, over 200 guests will be treated to a six-course chef inspired seafood dinner that has been expertly paired with a BC wine showcasing the best BC has to offer.

This year our chefs are an eclectic array of some of BC's finest chefs including:

- Chef Jonathan Frazier, Atlas Cafe, Comox Valley
- Chef Philippe Gagne, Kingfisher Oceanside Resort & Spa, Comox Valley
- Chef Kunal Ghose, Red Fish Blue Fish, Victoria
- Chef Takashi Ito, Aura Restaurant/Laurel Point Inn, Victoria
- Chef Tracy Marks, Tria Fine Catering, Comox Valley
- Chef William Tse, Sandbar Restaurant, Vancouver

This year our chefs will be working with geoduck, oysters, clams, halibut & sablefish.

Tickets to this event traditionally sell out quickly and this year will undoubtedly prove no different. Tickets are \$130 each and will be going on sale on Monday, April 1, 2013 ONLY on [Eventbrite](#) (Google: 'Eventbrite BC Shellfish Festival')

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70 or Over? Let's Count you In! (A Call to Action. part 2.)

VIHA tells us that allocation of Residential beds for Seniors is based on how many people are in the 75 plus age group in an area. Currently they are not considering any beds on Quadra. To have any chance of convincing VIHA that there is indeed a need for Residential care for Seniors on Quadra we need accurate numbers of how many of us are in the various age groups. Quadra Circle is in sleuthing mode and going to get the data with your help.

We are asking that anyone 70 or older phone and give us your name, year of birth and telephone number and ideally mention if you need extra services now or expect you will soon. Contact Marie at 285 3950 for the South end, Betty at 3590 for Q Cove, Mary at 3084 for Heriot Bay, Maureen at 2221 for north of Dickie Rd. and Carol at 3737 for the Loop and anywhere not mentioned. Leave a message with the information if no reply or call one of the others. If you know of anyone who might not respond who should be counted please get their permission and phone in for them. Thank you.

Anyone interested is invited to hear Terry Fulton speak after the seniors' lunch at 1281, West [Rd.on](#) Friday March 8. Terry is passionate about Senior housing and is going to share with us the knowledge and tips he acquired as one of the people getting the Willow Point Supportive Living housing built. Exercises 11 am, lunch 12 noon, Speaker 12.30.

Another important speaker not to be missed by anyone looking at options when they age is Mary Cook, RN, the new case manager for Home and Community Care (replacing Janet Wasnea). She will tell us what services we can or cannot expect from VIHA when we need them. She will speak after the Irish lunch at the Community Centre on March 15th.

Winter Market, Bazaar, & Flea Market

Saturday, March 16th at the Community Centre.

All your favorite things under one roof!

There will be a terrific assortment of local vendors. This is the place to showcase your talents.

Spring is coming! Dig and divide your perennials, have a table, make some money to buy more!

Reach lots of people and advertise your business. Flea market tables are welcome.

Easter is just around the corner. The Easter Bunny can gift more than just candy.

From the Kitchen:

Soups: Mushroom & Orzo or Turkey Vegetable

Entrees: Prawn Pad Thai or Roast Beef Shepherd's Pie

Yummy Hot Sticky Buns, Scones and Cookies. For the carrot connoisseur.. Carrot Cake!

Take that you rascally Rabbit!

Tea and Coffee by Yellow Dog

Bring your friends and family. It is a great place to relax or catch up on the latest.

Spend your Saturday surrounded by friends and handmade items.

Come on out, much more to see!

Tables are still only \$10.00 on a first come basis. Set up starts at 8am for vendors.

The market is open from 10am - 2pm. Need more info? Call Michele 285-3747 or email: quadramarket@gmail.com

Markets in April are: Saturday, April 6th and April 20th. See you there!

Salmon Confidential

On Saturday March 23 Sierra Quadra brings BC filmmaker Twyla Roscovich to Quadra for the island premiere of her latest film, Salmon Confidential. Twyla is a filmmaker and an environmentalist who documents the ecology of the BC coast.

Salmon Confidential follows biologist Alexandra Morton as she unravels the mysteries of BC's declining salmon stocks using some of the world's top fish labs. What she uncovers should shock anyone who cares about wild salmon and the extensive food web they support. This 70 minute film documents the biologist's journey as she attempts to overcome government sanctioned roadblocks and get critical information about wild fish into public view.



This is a film about salmon, politics, science, and activism. Learn about BC's changing coastal ecology, and the inner workings of government agencies responsible for overseeing fish stocks and the safety of our food supply.

Salmon Confidential is a film for all British Columbians and indeed, all Canadians. It is currently playing across the country to rave reviews. Join us on Saturday March 23 at the Quadra Community Centre as Twyla Roscovich presents her groundbreaking film. Doors open at 7 and the screening begins at 7:30. Admission is by donation; refreshments will be served.

- Robyn Budd

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REGIONAL DIRECTOR'S REPORT

Area C

by Jim Abram

Looking out my office window at this beautiful spring-like day is a real treat. Spring is on its way, for sure. Leaves are coming out and bulbs are sending up beautiful new shoots. Yesterday we saw the first two robins we have seen this year.

Telus Meeting in Victoria

My meeting with Telus went very well and the "update" is that they still plan to be up and running by the end of March. However, it may be delayed by up to two weeks due to the many days that the welders were unable to work in the rain. They are doing their best to meet their timeline. North Island Communications of Campbell River sent information with me to the meeting. This was given to Telus for their consideration regarding a repeater site that will increase coverage to the east side of Quadra. No commitments were made except that the information will be given to their planners. We can only hope!

Meeting with Minister Bill Bennett re: sewer

My meeting with the Minister and his Deputies and Assistant Deputies went very well. It was a very frank discussion about the hardship being caused to the people of Quathiaski Cove due to the huge increase in user fees last year. My strategy was to present the case that the increase was caused as part of the "unintended consequences" of the split of the CSRD into the CVRD and the SRD in 2008. At that time we were told that these "unintended consequences" would be compensated for by the Province since it was their idea to split the one district into two. At the time that we were with the CSRD, the Q. Cove sewer was "assisted" greatly by the economies of scale: we had more staff that could stop in at Q. Cove and do a little bit of this or that and they could also take advantage of the huge stockpile of spare parts available at the CSRD waste management centre at no additional cost to the Q. Cove sewer service. When we were split, those opportunities ceased to exist. The SRD had no staff and no yard full of parts.

So, my presentation centered on this fact and called it an "unintended consequence", which the group seemed to feel was reasonable and allowed them an opportunity to look into helping out along those lines. Other suggestions were made by them to try to find some funds, even though the Ministry has no spare cash kicking around. Assurances were given that they would do what they could, if anything, and get back to me as soon as possible. I have done everything possible to try to get the fees reduced for the ratepayers and this was my last crack at making it happen at the highest level. So now we wait and see.

Public Hearings

There will be three Public Hearings coming up shortly. The first will be for a subdivision by Schmidt in Gowlland Harbour on Monday, March 18th, at 7pm at the Quadra Elementary School. The other two will be for a private dock in Kanish Bay and a public dock on Florence Lake (Sonora Island) to be held on April 18th at 7pm at the Quadra Community Centre. Official notices will be posted in the local media as we get closer to the dates..

Disposition of Crown Lands

More and more notices of the Province issuing Licenses for mining operations and for Independent Power Projects (run of the river) are coming to me in the past few days. They are situated throughout Area C and deserve public input. As more information on these projects is gathered by myself and SRD staff, it will be passed along to you. From what I have seen so far, none of these projects will provide benefits but all will cause impacts to our area. The two Licenses have File #'s 1413031 to a numbered company - 0755748 BC LTD (for mining and power project purposes) and # 1412647 to Kleana Power Corporation (for water power projects, run-of-the-river and transmission lines).

The contact person at the Ministry of Forests, Lands and Natural Resource Operations, is Judy Boone at 250-897-7553 or you can call Service BC, toll free, at

1-800-663-7867 and ask to be put through to her directly.

Many of the meetings that are on my schedule were published two weeks ago and since then the few remaining empty days have been filled. However, your needs are always a priority and your calls and emails are always answered within a day or two if not immediately. So, if you need to contact me, feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@explornet.ca or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

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River City Arts Festival

Registration Open

Saturday July 27th, 2013

Back by popular demand Campbell River is happy to announce its second annual River City Arts Festival to be held within the downtown core July 27th 2013, from 10am until 6pm. This event builds on six years of experience of public art exhibitions with over one hundred artists showcasing their works in 2012. Once again the nucleus of the event will be held on the grounds of the Spirit Square within the artistic hub of the Tide Mark Theatre and Campbell River Art Gallery. River City Arts Fest is the largest outdoor artistic venue Campbell River has yet to offer, granting equal opportunity for exposure of both emerging and seasoned artists of the North Island, Vancouver Island and surrounding Islands. Our festival is happy to share this lovely summer day with a neighbouring event hosted by the Pacific Salmon Foundation where the spirit continues with the "Pink Salmon Festival" at Robert Ostler Park.

Free public admission and art activities for all ages make this cultural crawl an exclusive arts marketplace along Shoppers Row for all to enjoy!!

Registration opened March 1st At this point we would like to offer a calling to artists of all mediums, and welcome amateur, professional and business artisans to participate.

Please register in person at: Impressions Gallery 990B Shoppers Row, Campbell River, British Columbia V9W 2C5

Telephone: 250-286-1612 or email: impressionsartgallery@yahoo.ca

Island Mapping Project Update

The Strathcona Regional District (thanks to continued support from Jim Abram) has contributed \$12,500 from its Gas Tax Fund to the Discovery Islands Ecosystem Mapping (DIEM) Project – and this leverages an additional \$10,000 grant from the Real Estate Foundation of BC. We are very grateful for this help which will pay for professional services and equipment, and also provide training opportunities for locals who want to participate in field work. Fundraising continues for the all-important Field Validation phase of the Sensitive Ecosystem Inventory.

You can learn all about DIEM Project mapping at presentations scheduled for early April at Surge Narrows (April 6, 2 pm) and Gorge Hall (April 7, 2:30 pm) and Quadra Community Centre (April 11, 7 pm). Before then, you will also have received a Mapping Survey so you can identify your own interests and other community mapping needs.

In addition to ecosystem analysis that will become government data, the DIEM Project is producing accurate digital base maps on which we can add any layers that we choose to create in the future – a real community map. Workshops and fieldwork will begin in late May and continue through the summer. There are exploring and adventure opportunities for anyone who wants to learn mapping skills and participate in this project!

www.DIEMproject.org

Author Richard Mackie

"History in BC grows profusely and luxuriantly, but with odd undergrowth," observed historian J.M.S. Careless many years ago. This claim is fully borne out in *Home Truths: Highlights from BC History*—an impressive anthology co-edited by Richard Mackie and Graeme Wynn. Drawing from some of the province's most distinguished historians, geographers and writers, the articles featured in the book have been gleaned from over forty years of British Columbia's leading scholarly journal, *BC Studies*.



Author Richard Mackie

The Museum at Campbell River will host author and editor Richard Mackie on **Saturday, March 9, from 1 pm to 3 pm**. Mackie will discuss the book 'Home Truths'. This collection includes eleven fascinating articles from prominent historical authors with a deep appreciation of British Columbia history, including Jean Barman, George Bowring and Cole Harris. The "truths" uncovered in the essays are often unpleasant but undeniable realities that have become a part of BC's historical tapestry. These articles cover a broad array of subjects from exploring life in a logging camp to failed utopias to fly fishing and colonialism on Pennask Lake to race relations in Victoria's Chinatown and the eviction of the Sto:lo people from Kitsilano and Stanley Park. Human geography has profoundly influenced the evolution of the province, particularly our understanding of "home".

Richard Mackie is the author of *Trading Beyond the Mountains: The British Fur Trade on the Pacific, 1793-1843*, *Island Timber: A Social History of the Comox Logging Company, Vancouver Island*, and *Mountain Timber: The Comox Logging Company in the Vancouver Island Mountains*. Mackie lives in Vancouver, BC, where he is Associate Editor of *BC Studies*. The cost for the talk is \$6.00. Please phone the Museum at 250-287-3103 to register.



Buddhist Meditation

Buddhist Meditation continues every Sunday at 10 a.m. in Spirit Books at the Upper Realm at Q. Cove. Everyone is welcome to enjoy the peace and calm of Quiet, silent sitting together. We meditate for 40 minutes, have tea & cookies and read and discuss a text called "Buddhism without Beliefs" by Stephen Batchelor. It's free or by donation. Call Steve or Danielle at 285-3323 for more info. Please note on Sunday March 17, we meet at 11 am. because Geshe YongDong, a Tibetan Lama, is speaking on the "Three Jewels of Buddhism" (see separate article in this D.I.)

Lego Day!

Hey Kids, it's time for another Lego Day! That's right the Museum at Campbell River is offering another wonderful opportunity to put that creative brain power to use. On Saturday, March 9, from 1 pm to 2:30 pm, the Museum will host a creative and fun-filled Lego Day! Parents are welcome to join in and co-create alongside the kids. Are you up to the challenge? Based on past Lego Days, the kids of Campbell River seem to have no problem coming up with new things. Lego Days are great for exercising the brain and building that creative thinking power. The cost for Lego Day is \$5.00. Call the Museum at 287-3103 to register.

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Abbotsford Youth Orchestra and Calvin Dyck perform a delightfully entertaining concert featuring Pachelbel's "Canon", Bartok's Romanian Folk Dances, "The Typewriter", a choreographed "Texas Swing", with cowboy boots & hats, 'Show Me' from My Fair Lady, Ashokan Farewell, Liebestraum by Liszt, O Danny Boy and Amazing Grace.

Sunday, March 17, Gorge Hall, Cortes Island, 7:30pm \$12, (\$30 for families with children).

Monday, March 18th, Quadra Island Community Centre, 7:30pm by Donation.

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*Enjoy a Fantastic All Ages Show
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*Afterwards hit the dance floor yourself and groove
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Sat April 20, 2013

Doors open@7:30pm - Show 8pm

Quadra Community Centre - 970 West Rd, Quadra Island

\$10 at the door - Kids 12 and Under FREE

FMI Contact Luna 250-285-2469

bellydancingyogini@yahoo.ca

TIDES - HERIOT BAY

DATE	TIME PST	m.	ft.
08 Friday	03:46	4.6	15.1
	09:35	3.2	10.5
	14:26	4.2	13.8
	21:21	1.3	4.3
09 Saturday	04:25	4.7	15.4
	10:23	2.9	9.5
	15:31	4.3	14.1
	22:10	1.5	4.9
10 Sunday	04:59	4.8	15.7
	11:04	2.6	8.5
	16:31	4.4	14.4
	22:55	1.6	5.2
11 Monday	05:32	4.8	15.7
	11:43	2.3	7.5
	17:27	4.5	14.8
	23:38	1.9	6.2
12 Tuesday	06:03	4.8	15.7
	12:21	2.0	6.6
	18:19	4.5	14.8
13 Wed.	00:20	2.1	6.9
	06:33	4.7	15.4
	12:59	1.8	5.9
	19:08	4.5	14.8
14 Thursday	01:01	2.4	7.9
	07:04	4.6	15.1
	13:37	1.7	5.6
	19:57	4.5	14.8
15 Friday	02:42	2.7	8.9
	08:34	4.5	14.8
	15:17	1.6	5.2
	21:49	4.4	14.4
16 Saturday	03:24	3.0	9.8
	09:04	4.3	14.1
	15:58	1.6	5.2
	22:46	4.2	13.8
17 Sunday	04:11	3.2	10.5
	09:35	4.2	13.8
	16:42	1.7	5.6
	23:52	4.1	13.5
18 Monday	05:06	3.4	11.2
	10:09	4.0	13.1
	17:30	1.8	5.9
19 Tuesday	01:09	4.1	13.5
	06:27	3.5	11.5
	10:53	3.8	12.5
	18:26	1.8	5.9
20 Wed.	02:23	4.1	13.5
	08:08	3.5	11.5
	12:02	3.7	12.1
	19:31	1.9	6.2
21 Thursday	03:18	4.2	13.8
	09:19	3.4	11.2
	13:27	3.7	12.1
	20:33	1.9	6.2
22 Friday	03:59	4.3	14.1
	10:06	3.2	10.5
	14:38	3.8	12.5
	21:27	1.9	6.2



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