

# DISCOVERY ISLANDER

COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

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ISSUE 549

Serving the Discovery Islands since 1992

April 19, 2013

## New Life on Quadra Farms

By Jeanette Taylor



Étienne Côté on a 1950s era tractor handed down by Stan Beech

photo: Jeanette Taylor

**Y**ou may have enjoyed some “Quadra beef” at the Heriot Bay Inn this winter. There’s a refreshing story behind that local meat that involves some of the island’s oldest farms being brought back into production.

At the turn of the last century 36 families, out of population of 342 non-Native island residents, said they earned their keep as farmers. That number plummeted over the years that followed, as other sources of work became available and food became easier to buy off-island. By the 1950s only a few family farms remained.

And so it continued until recent years when a new generation of farmers emerged, predicated upon the strong market for ethically raised local food. These new farmers are serious about the business, to which they bring a blend of old-fashioned know-how and values, along with current ideas about sustainable agriculture. Market gardens have been the main thrust to date, following the lead of islanders like Theresa O’Brien and Brian Simons and the Dennisons of Quadra Dirt Co, who produce a stunning choice of flowers and vegies.

Newer residents Ryan Nassichuk and Jessica Hammersmark, certified horticulturists, offer weekly produce boxes and the Ankerholms on Heriot Bay Road will have vegies for sale through summer. Ripple Rock Farm, in the hands of the third generation of the Rousseau family and friends, sell most of their produce to local restaurants.

Étienne Côté has added a new option to local food production. He and his childhood friends Amanda and Noah Stewart-Webb got into stock raising last summer on the island’s oldest homestead, Hillcrest Farm, with thanks to the Remfert family. They raised five beef cows, borrowed old equipment and drew upon the skills of men like Roy Dahlnas to cut 1,200 bales of hay from various old farms, harvesting what had become “lawns” and overgrown fields. Étienne also bred and overwintered the start of a beef herd under the watchful eye of John and Joan Hewison of Sunnyside Farm—another of the island’s oldest homesteads.

Noah and Amanda will continue on their own this year, as The Quadra Farm, while Etienne expands his stock raising enterprise under the banner of “Hillcrest Farms.” He’ll

cut hay in association with Dennis and Brenda Ankerholm; and he’ll raise fifteen Hereford-Red Angus-cross steers through summer, along with turkeys, pigs and a few lambs.

The advantages of buying pasture raised meat are many, says Étienne. The animals live a more natural and healthy life that negates the need for chemical treatments or hormones. The steers are raised and finished on Quadra Island grass to produce a lean and flavourful product that has less calories and cholesterol than conventionally farmed cows. Also on the plus side, is that cows raised on grass absorb vitamins and minerals more readily, a benefit that’s passed on to us.

Étienne takes his cue from a variety of inspirational examples, like Joel Salatin of Polyface Farms, who advocates the concept that stock farmers are actually in the business of raising grass. With that view in mind, the farmer’s job is to develop and enhance the soil. Mixed farming, says Étienne, is the best way to achieve that end, moving a variety of animals and their manure across the fields as the season progresses. Étienne will work several Quadra farms this year on this “management intensive grazing” method. “This mimics the way wild grasses evolved to be grazed,” says Étienne, “and creates a healthier stand of grass.” Étienne also plans to experiment with growing some of the cereal crops he’ll need to raise grain-dependent stock such as poultry, to further localize his operations.

Watch for the launch of Étienne’s blog soon, to keep abreast of this exciting development and to find out what products he has available. Étienne will pre-sell most of his meat and has already begun to take orders.

For more information contact Étienne Cote of Hillcrest Farms at 250-202-3365 or by e-mail at [etienneecote85@yahoo.com](mailto:etienneecote85@yahoo.com). You can also follow Noah and Amanda Stewart-Webb’s farm activities on their blog [thequadrafarm.blogspot](http://thequadrafarm.blogspot), noteworthy for Amanda’s incredible photographs and her poignant observations of rural life.



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# ISLAND CALENDAR

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## THE REGULARS

## DAY TO DAY

### MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm
- Sing For Pure Joy! QCC, Rm. 33 - 4:30 pm 285-3764 or [singforpurejoy@gmail.com](mailto:singforpurejoy@gmail.com)
- Weight Watchers, QCC, 6 pm - 7 pm
- Alcoholics Anonymous 7-8 pm Childrens' Centre **Men Only**
- 1st Monday - Quadra writers group, 7 - 9 pm 285-3656

### TUESDAY

- Al-Anon Meeting, Quadra Children's Centre, 7:00 pm
- Folkdancing, QCC, 7:30 to 9:30, Sept 18-Apr 30

### WEDNESDAY

- Parent and Babes 11 am QCC
- UofQ - HiYa education from your neighbours. HBI pub 7:00 pm
- regular texas hold'em poker night 7:30pm at the Legion
- Hand-drum Circle, Upper Realm, 7:45 - 9:15 pm
- 1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm

### THURSDAY

- Parents & Tots, QCC, 10:00 am - 12 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm
- Life Drawing @ Discovery Islands Gallery 6:30 - 8:30 pm 285-2352 / -2876
- Quadra Singers 6:45 pm Quadra Legion 285-2142 or [quadrasingers@gmail.com](mailto:quadrasingers@gmail.com)
- Belly Dance with Luna-\$65 for 10 classes or \$8 drop-in. 7pm-8pm QCC Room 3

### FRIDAY

- Unplugged Guitar/Singing Jam 7:45 pm Upper Realm
- Alcoholics Anonymous, 8 pm Quadra United Church
- Live bands in the HBI Pub 9:00 pm

### SATURDAY

- Winter Farmers Market & Bazaar 10 am to 2 pm QCC
- Quadra Legion Meat Draw 5 pm
- Open mic with Mo. 9:00 pm HBI pub

### SUNDAY

- Family Service, Quadra Island Bible Church, 10:30 am
- United Church service 11 am. Occasionally at noon, if advertised. 285-3163
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- Buddhist meditation, Upper Realm, 10 am.

### Saturday, April 20

- Makita™ Tool Demo at Quadra Builders - 9 am - 5 pm
- Ladies Auxiliary Plant & Bake Sale 10 am Quadra Legion
- Burst, Earth Day Salmon Enhancement Fundraiser, \$10 QCC 7:30 pm

### Sunday, April 21

- Quadra's 16th Annual Beach Clean-Up, HQ @ Rebecca Spit, 10 am - 4 pm
- Duo Rendezvous: violinist Jasper Wood & guitarist Daniel Bolshoy QCC, 7 pm

### Friday, April 26

- Michael Wood Band - indie rock from Victoria, HBI Pub 9 pm

### Saturday, April 27

- 2nd Annual Amnesty International Yoga Day on Quadra, QCC 9 am - 1 pm
- Todd Butler dinner & show, Herons at HBI \$40 285-3322
- Quadra Singers Musical Potpourri, Quadra Legion, doors open at 7 pm

### Sunday, April 28

- Quadra Singers Musical Potpourri, Gorge Hall, Cortes Island 2:30 pm

### Thursday, May 2

- Provincial Election - All Candidates meeting, QCC 7 pm

### Friday, May 3

- Six Foot Johnson - Cortes music hits Quadra! HBI Pub 9 pm

### Saturday, May 4

- Kids for Kids Adventure race - info: Janine 285-3762
- Quadra Children's Centre's Annual Garage Sale - info call 285-3511

### Saturday, May 11

- Broom Sweep, Rebecca Spit 10 am to noon

**NEXT DEADLINE: MONDAY, APRIL 29<sup>TH</sup>, 2013**

Source: Government of Canada

Fri 19 Apr	Sat 20 Apr	Sun 21 Apr	Mon 22 Apr	Tue 23 Apr
60%			30%	
<b>12°C</b>	<b>13°C</b>	<b>14°C</b>	<b>15°C</b>	<b>16°C</b>
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# DISCOVERY ISLANDER

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## Submission Guidelines

Items for publication are welcomed  
on subjects of interest to the  
Discovery Islands community.  
Please help us by following these  
guidelines:

Please print handwritten  
material clearly.

Items sent by email do not need  
to be an attached file. Just send  
text in the body of the email.

Please spell check in Canadian  
English.

Please use the title of the item as  
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No MS Publisher, WordPerfect  
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**NEXT DEADLINE**  
**MONDAY, APRIL 29**

# ISLAND FORUM

## Good Day Friends,

Dear Editor,

I was blessed with a three day visit to Quadra Is. over the Easter weekend and as you may remember the weather was glorious. As I was riding across on the ferry I noticed a gentleman wearing a t-shirt heralding Stuart McLean and the Vinyl Cafe Diaries. Now I am a devout follower of Stuart McLean so I engaged him in conversation and told him how lucky he was to own such a shirt. I was not aware that Stuart produced shirts as well as books. The fact that he became connected with the shirt through Value Village didn't devalue it at all in my mind.

Before we left Quathiaski Cove we stopped at the super market as many people seem to do and when we were leaving there was the smiling Quadra resident with the beautiful t-shirt so I said to my daughter there goes my last chance to get a Stuart McLean t-shirt. We exchanged a few more "pleasantries" and left but before we were able to leave the parking lot "my hero" came rushing over to our car to hand me the shirt; he had quickly changed and gallantly made me a gift of the Vinyl Cafe prize.

What this really tells me is how lovely are the residents of Quadra Island. Everyone I spoke to was a smiling, pleasant and friendly person.

I offer my thanks and respect to you all,  
Kind regards,  
Jean Nelson

Opinions expressed in the  
Discovery Islander are  
those of the writers and  
do not in any way reflect  
the views of the publisher.

## Re: Salmon Confidential

Dear Editor,

It is obvious to me that we need to take action on the answers to a number of questions.

Why didn't the Government and industry embrace the research being done by Alexandra Morton? Research is expensive.

Why didn't the fish farms and DFO send diseased fish samples to many different labs and collaborate on the results of their findings?

Why does the head of the BC Salmon Farmers Association continue to insist that all is fine in aquaculture-land in the face of all evidence to the contrary?

The answer to all these questions is that they do not want to negatively impact the corporate agenda of the aquaculture industry which they consider to be of greater importance than the wild fishery.

It can not be denied that there are some very serious diseases in the fish stocks that are shared with the wild and farm fish. It's bloody well time that a collaborative investigative and open research program be put into place to quickly identify and find the mode of transmission of these diseases so that remedial action can be taken before it's too late.

In the meantime a proactive approach which has been suggested many times, would remove salmon farms from the east coast of Vancouver Island. This is a good idea because the Harrison River sockeye use the west coast and are not impacted.

There are fish farms on the west coast of Vancouver Island which have to be located in sheltered inlets. These farms do not do not impact the returning Harrison sockeye as they move by fairly

quickly, at some distance off shore. The Harrison fry leaving the Fraser may well avoid the west coast farms altogether as the pass southwestward out through the Olympic Archipelago.

Charlie Bland

## Dear Ratepayers Group,

I am please to announce that through the hard work of our Director Jim Abram's he was able to secure support from the Province of British Columbia "We gratefully acknowledge the financial support of the Province of British Columbia through the Ministry of Community, Support and Cultural Development." This 40K support will greatly reduce our 2013 sewer cost. When SRD said that they were unable to do anything to help us with these unfair charges Jim did not give up and pressed on to get us some relief, and for this we thank him. This will not change our 2012 taxes but will reduce our 2013 taxes. I also wish to thank the group for all their hard work and time spent on meetings and putting together information to take to the SRD this was a great help in getting this financial support.

Best regards,  
Joe Duprey

## Scholarship Quadra Legion Ladies Auxiliary is accepting applications for the

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# NEWS AND EVENTS

Submit your news or event info, editorial runs free: email: [news@discoveryislands.ca](mailto:news@discoveryislands.ca) drop off 701 Cape Mudge Rd. or at Hummingbird

## Kids for Kids with Cancer Adventure Race

Kids for Kids with Cancer adventure race is happening again on **Saturday, May 4th**. So dress up (there will be prizes for costumes) grab a partner and come down to the community center for some fun. There will also be a deluxe concession! Registration will be starting when school starts. We will be looking for volunteers and racers. The race is done in pair's one partner in grade k-7ish. There will be different difficulty levels all consisting of a run, bike and a mystery event. For more information, feel free to contact Janine Annett @ 250-285-3762

## NEXT DEADLINE FOR THE DI

is Monday, April 29<sup>th</sup>

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## For Your Health & Your Loved Ones

- Do you have high blood pressure?
- High cholesterol?
- At risk for stroke or heart attack?
- Feeling tired of being tired?
- Doc told you that you need to lose weight?

Listen to him/her and work at dropping those extra pounds!!! You'll feel better and your family will have you around longer!

Join the rest of the "losers" that have lost those extra pounds.... many have lost 20 to 80 pounds. It's really easier than you think!

Weight Watchers is there for you right here on Quadra. Mondays at QCC from 6-7pm. Drop in on any meeting for free to see what it's all about. (no meetings on stat holidays)

What have you got to lose?! AND what has your family got to gain???

## Buddhist Meditation

Buddhist Meditation at the Children's Centre, West Road. Saturday, April 20, 2013. 10:00 am to 3:00 pm. An opportunity for practice for both new and experienced meditators. Instruction available.

Please bring a bag lunch. By donation. Don McEachern, 250 285 2193; [dmceach@telus.net](mailto:dmceach@telus.net)

## Ladies Auxiliary Plant & Bake Sale

April 20/13 @ Quadra Legion  
Saturday 10:00 am. Door prizes/food. If you have any plants or baking you would like to donate please contact Barb @ 285-3714

## All Candidates

An All Candidates meeting will take place at the Quadra Island Community Centre on May 2nd at 7:00 pm.

## Burst Earth Day Celebration

Fundraiser for Quadra Island Salmon Enhancement

Enjoy a fantastic, all-ages show featuring performances by local and visiting dance artists of various genres.

Afterwards hit the dance floor and groove to DJ world beats.

Saturday, April 20, doors open 7:30 pm show at 8 pm, Quadra Community Centre. \$10 at the door kids under 12 free.



## Come and Celebrate at Healthyway

Meet the people behind many of your favorite island products!

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## HERIOT BAY VIEW HOME

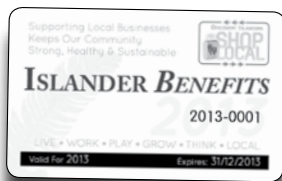
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\* Some restrictions may apply

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## Annual Garage Sale

Quadra Children's Centre's Annual Garage Sale is coming May 4th! We are asking the community for donations. they can be delivered to our back deck. No clothing or computer equipment please. For info call 285-3511

## Fall Fair 2013

It's happening Sunday, Sept 8th. Our theme this year is Sprouting the Future! We're already working on the catalogue.

Hey hay! a note to our (always appreciated) advertisers... everyone interested in advertising in this year's catalogue: there will be no mail out or reminder this year, except this article. New ads in the catalogue and returning advertisers please email Robyn Mawhinney ([luddites@gicable.com](mailto:luddites@gicable.com)) for details, to confirm your space and access forms. Ads and payments are only being accepted until midnight, April 30th . Thanks in advance for your support.

Woohoo! Get out there, plant seeds and Sprout your Future.

## Quadra Golf Course is Open!

Hours of operation for April:  
Monday to Wednesday 10am to 6pm (last tee off 4ish);  
Thursday to Sunday 9am to 7:30pm (last tee off 5:30ish).  
To book a tee time, call us 250-285-2811.

## Quadra School Upcoming Events In April

Jump Rope For Heart at 1:00 p.m. on April 19th

Robert Post (comedy/drama presentation) at 1:30 April 25th \*

Parent Presentation 6:00-7:00 p.m. in room #1 at the QCC "Raising Confident Boys and Girls" on April 25th \*

Welcome To Kindergarten/ Ready, Set, Learn for children aged 3 and 4 on Friday, April 26th 9:30 am \*

\*Indicates an event at which all community members are welcome to attend

## Quadra Literacy News

Thanks to advocates for literacy like Claire Trevena, the Minister of Education has restored funding for literacy. In early February, fifty-five communities throughout BC, with literacy programs and opportunities like Quadra Literacy, were told their funding was cut. Over the past few years, government funding for literacy had dwindled. Fortunately, there were strong voices of support for a continued investment in literacy throughout the province and the government was influenced. Now to carry on!

Coaches Corner for Computer Skills - Drop in at the library on a Thursday evening between 6:00 - 8:00 during the month of May. Learn how to use email, access the library catalogue, download ebooks or audio books. Learn how to explore employment opportunities. You can preregister at the library counter to assure a space or simply drop in. We also offer support for filling out forms and applications.

Quadra Literacy Kits, a literacy resource for families with young children, are available through the We Wai Kai Child Care Centre until the end of June and through the Quadra Children's Centre throughout the year.

The Sexual Health Resource Kit is available to families. The kit includes a range of books for parents to share with preschoolers to teens. Also, the two DVDs by Meg Hickling, RN and Sexual Health Educator, have specific presentations for primary, intermediate and teenage children. The kit is available for a two week loan.

Please contact Robin at 285-3185 or [robin.quadraliteracy@gmail.com](mailto:robin.quadraliteracy@gmail.com) if you are interested in any of these opportunities.

## Spring into the Garden!

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## Gilakasla - Welcome Two Great Events at The Nuyumbalees Cultural Centre



### Cultural Centre Dinner & Auction Open House

On Sunday, April 28th, the doors of the Nuyumbalees Cultural Centre will open for the 2013 tourist season. To mark this occasion, the Board of Directors is pleased to host an Open House where the community can visit the site and tour the facilities which include the Ah Wah QwaDzas (Aq-wah-das), a place to relax and tell stories, the Kwikwikwilas (Kweekw-kweekw-gyee-lahs) House of Eagles Carving and Education Centre, and the Nuyumbalees Cultural Centre which houses the Sacred Potlatch Collection.

Nuyumbalees Cultural Centre is located at 34 Weway Road, Cape Mudge, Quadra Island. For information, please visit [nuyumbalees.com](http://nuyumbalees.com) or call 250-385-3733.

The Open House runs from 10:00am – 3:00pm. Admission is complimentary.

On Saturday, April 27th, community members, business leaders and local stakeholders will join with the Nuyumbalees Cultural Centre for the Annual Dinner and Art Auction. Held at the Quinsam Recreation Hall in Campbell River, the evening offers a traditional seafood buffet, performances by local artists and both a silent and live auction featuring the works of artisans from throughout the region. All proceeds benefit the Nuyumbalees Cultural Centre which celebrates the culture and language of the Laich-Kwil-Tach Peoples.

Cocktail Reception: 5- 6:00 pm  
Dinner: 6 - 7:00 pm  
Program & Auction: 7:00 pm  
Tickets \$75.00, Tables of 8 - \$500

For more information, to purchase tickets or to learn about some of the exciting sponsorship opportunities available, please call 250-285-3733.

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## May Day Info

As the daffodils bloom, so do the May Day plans. If you are new to the island, please know that it is an obsession which cannot be denied and you too shall be over taken with the urge to dawn costume and parade at the Spit! The theme boxes are out at the stores, QCC and school and the best theme will be chosen to be the flavour of the day. Know that this is a tradition first started on Quadra in 1898—so “resistance is futile”, as the Borg say. There is a May Queen, from Grade 6, who is the winner of a speech contest and Princesses who are the runners up of the contest. There is a ceremony in which bag pipes are played, crowns are exchanged, kindergarten kids melt hearts with their cuteness, grade 3's dance the May Pole dance. There are races, picnics, grease pole climbing, singing dancing and laughter. Box Lunches to die for are auctioned off. Faces get painted. Forts get built. Burgers are cooked at the concession. Neighbours and friends meet again and celebrate the Spring and our great good fortune to live here in paradise.

Ok. That's the set up. Now what we need are volunteers. Specifically, someone to organize the Grade 5/6 picnic; Karen Lakberg has done a stellar job for many years on that but is unavailable this year. We also need people to run a concession at the non-alcohol family dance in the evening at the QCC from 7-9:00. More will be revealed as time goes by, so please email or phone if you are willing to help.

Sandy Spearing  
QCC Coordinator  
[info@quadrarec.bc.ca](mailto:info@quadrarec.bc.ca); 285 3243

## RE-ELECT CLAIRE TREVENA

Claire's campaign office is now open at 1100 Shopper's Row in Campbell River (corner of Shopper's Row and 11th Ave).

**PHONE 250.914.0403**

**EMAIL [reelectclairetrevena@yahoo.ca](mailto:reelectclairetrevena@yahoo.ca)**

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BETTER!**

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Authorized by Sandra Doran, Financial Agent, 250.914.0403

# History of SEAFEST on Cortes Island

For the past eighteen years the Cortes Island Seafood Association (CISA) has put on a seafood festival to celebrate our heritage from the sea. The purpose of the festival is to bring together those Cortes Islanders who make their living from the sea with the larger community, to promote a mutual understanding and appreciation of the work, and to celebrate the bounty of the ocean. The CISA is a non-profit society whose mandate is to monitor the water quality of the area surrounding Cortes Island.

The gathering began as The Seafood Festival and was held at Smelt Bay Park for many years. It migrated to the lower lawn beside the Cove restaurant as The Oyster festival, and two years ago moved to the field beside the Squirrel Cove Store as SEAFEST. Although there have been years when the spring skies gave more than a few sprinkles, and once when it was moved indoors to a community hall because rain seemed imminent, and once when the wind blew over a few tents, so far with the blessings of the sky deities, the festival has never been cancelled due to



poor weather conditions. Seafoodies are a hardy lot who in years past have stood under dripping trees as well as in the hot sun for a chance to eat poached oysters in Miso sauce, oysters with fermented black bean sauce, oysters drizzled with jalapeño, Pico de Gallo or Pernod sauce, oysters panfried in corn flake crumbs, mussels steamed in white wine, oysters Rockefeller and Angels on Horseback on the barbeque, steamed clams Bordelaise, oysters glazed with lime marmalade and mustard, and prawns in a sweet chili Thai sauce served with shrimp chips.

With the help of some 45 volunteers drawn from the seafood workers, a yearly changing charitable organization, and the community at large—approximately 450 gourmet lunches are served to islanders and guests on Saturday of the Victoria Day weekend. Each year, in an ever closer relationship, members of the Klahoose First Nation have offered salmon and fry bread prepared with traditional and family recipes. When the festival has been located at the Squirrel Cove site—the Cortes Craft Store has used this holiday Saturday for the opening of the store for the season. For the past several years the Island teen organization: TeenZene, has joined in the fun by offering non-sea food and soft drinks. The festival is becoming known for the live music played throughout the day, the desert and craft tables, the spectacular beach setting looking out to Desolation Sound, and of course, for the food.

Last year a long standing challenge of where to park all the cars and how to get off island visitors to the festival was relieved when the organizers offered a free shuttle by reservation, operated by the Cortes Connection and sponsored by the Cortes Community Credit Union. For confirmation of this year's shuttle, plus features on musicians and seafood recipes, check [www.cortesisland.com](http://www.cortesisland.com) for updates or check the next Discovery Islander. For accommodation and travel information visit [www.cortesislandtourism.ca](http://www.cortesislandtourism.ca). For more information, or to volunteer, contact Kristen at [usualmagic@gmail.com](mailto:usualmagic@gmail.com)

Seafest 2013 will be happening on Saturday MAY 18 at Squirrel Cove. We hope to see you there!!!

## Six Foot Johnson Returns...

Cortes Island's Six Foot Johnson band takes time out from its busy spring schedule to play the HBI pub Friday, May 3rd, 9:00pm. From hard rock to alt. country, from pop to psychedelia, this quartet keeps an upbeat groove the entire night with their original music dance tunes.

All four band members contribute to the song writing, making for an eclectic mix of infectious melodies and rhythms causing an irresistible pull to the dance floor guaranteed to rock you silly.

A perennial Cortes favourite, Six Foot Johnson has been entertaining island audiences and creating together for nearly a decade. Last summer the band was selected to play the Canadian National Ultimate Frisbee Championship tournament party in Victoria, where their island flavoured tunes were a hit inside and outside the convention centre.



Guitar driven and harmonica laden accents make for catchy down to earth grooves. If you're looking for a night of original music with a twist, that keeps you curiously intrigued while writhing on the dance floor, don't miss Six Foot Johnson.

Danver Johnson – guitar, harmonica, vocals  
Aaron McCulloch Gary – guitar, vocals  
Greg Osoba – bass, vocals  
Garden Stein – drums, vocals

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# Quadra School News



## A much-belated introduction to the "new" principal of Quadra Elementary School.

Hi. My name is Don Kretlow and it is my pleasure to be the principal of Quadra Elementary School. While this is my first year at Quadra, I have nearly twenty five years of experience as an elementary school principal. I began as a grade 2 and 3 teacher in 1980 in the Kootenay Lake School District. Before coming to Quadra, I was principal of Cedar and Sandowne Elementary schools in Campbell River.

Coming to Quadra has been a most enjoyable move for me. I appreciate the small school and its community focused atmosphere. I have found the children in this community to be full of life and very respectful. The Quadra staff truly takes a team approach to teaching the students. They know that "it takes a village (or in this case, community) to raise a child". If you have not dropped by to visit, I invite you to do so, whether or not you have school-aged children.

Quadra School is a very busy place indeed! It is our intent to have the Quadra School News be a regular part of this publication.

# Quadra Home Meals is Starting

Quadra Circle with Gowlland Harbour Resort will be providing nutritious fresh meals at a cost of \$5 each.

It will be available to seniors, persons with health issues, those recovering from surgery and caregivers.

There will be three choices:

- Soup or stew and bread
- Lasagne or Shepherds Pie
- Entrée with vegetable and starch

Preferences and special diets will be catered to.

Meals will be provided in oven or freezer-ready packs. Meals must be ordered 72 hours ahead and either pre-paid or paid at pick-up[ or delivery.

Pickup will be twice weekly: Wednesday and Friday lunchtime.

## Quadra Island Seniors -BR. B.C.O.A.P.O.

What lovely weather.' Lets hope that this year will be better than last year, in more ways than one. The nice weather is much better for everyone especially Seniors, who like to putter in the gardens. Our next General meeting on May 1st/13 will be a special discussion & luncheon provided by businesses in the Chamber of Commerce. May 1st/13 we will be working everyday at the Tourist Information Booth, supporting all the businesses on Quadra Island & Discovery Islands. Drop in and visit us, when you have time. We enjoy working the booth and meeting tourists from all over the world. For membership for 2013, call Christine Dyson @ 2207 for transportation call Ruth @3801.

# The Early Reviews Are In!

Building on the success of Little Shop of Horrors and two pantomimes, Theatre Quadra is staging two of the most popular one-act comedies. This is what they're saying about Theatre Quadra's staging of Take Five: It sleighed me, Sinterklaas; Another fine mess, Oliver Hardy; It left me speechless, Harpo Marx. Of An Actor's Nightmare: Nary a slip, Sigmund Freud; I laughed myself unconscious, Carl Jung; My relatives loved it, Albert Einstein.

It's the early 70's in small city Canada and a young wife, Sharon, is desperately hoping to get her older sister, Gladys, married. Gladys' suitor, Birnie, is an inventor with ill-conceived ideas poorly executed. Alex, Sharon's husband, is not overly fond of Birnie and is more than willing to sabotage the relationship. What Birnie and Alex don't know is that the women each have a secret. To complicate matters Sharon is nine months pregnant and really doesn't need any more stress. Will love win out or will circumstances catch up with romance? This is the twilight zone, so the answer to that question is sure to be stranger than you could imagine.

In a play, actors are always accountable but only in the twilight zone are accountants actorable. How would you act if you were an accountant suddenly thrust onto the stage? Would you be a Coward or would you prove to be A Man For All Seasons? You find yourself at the Becket and call of actors you don't know and they act a little more than kin and less than kind. Do you start eating the scenery (you could start with a Hamlet) or do you decide that less is More? Godot only knows what's going to happen next.... in the twilight zone.

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# Broom News From The Spit

Well, I think we have our work cut out for us this spring. Those small seedlings we didn't pull last year have really had a boom year, they must have liked the weather last year. And there are a lot of them! Those are all old seeds that sprouted, as we certainly haven't had any seed drop for seven years.

This year is testing my perseverance. It is quite clear that seeds dropped in years past can wait for years before they decide to sprout. Ah well, so be it. On with the clean-up, the elimination of scotch broom from one small park.

You will be pleased to hear that some work has already been done this year. Thanks to a small grant from the RD via Jim Abram and also a private donation some energetic younger workers were compensated for pulling broom for several hours. However, there is more to do.

Apropos the work of just pulling plants, these younger workers and I timed ourselves for five minutes and we determined that they were pulling about 110 plants in five minutes to my 55 or so. Ah youth!

## IT SEEMS TO ME THAT WE NEED A DIFFERENT APPROACH THIS YEAR.

I would like to see four small teams each take on one of the four main problem areas. Three or four people in each team would suffice. The work could be done any time from now till shortly into bloom time. Then, on our broomsweep day, the EIGHTH ANNUAL this year, the general mop-up could be done. It will take place on Sat. May 11 from 10 - noon.

### THE FOUR PROBLEM AREAS ARE:

The low area by the first parking lot.

The low area to the west of the entrance gate, by the water.

The daffodil meadow by the service road

The small area by the water, west side, beyond the big field

A team of four could clear an area in about an hour, I would say. Not a big time commitment by any standards.

I hope some of you will organise yourselves to do this. It would certainly make a wonderful difference and facilitate a very thorough 'sweep' this year. We need that.

I look forward to hearing from anyone who would like to take on one of these areas. I'd say that the area beyond the field is most suited for seniors as the plants are small and that the parking lot area needs some strong young bodies.

Please call me for info and to let me know which area you'll tackle.

I'm looking forward to hearing from you. Phone 2640 or email: [rikivogt@hotmail.com](mailto:rikivogt@hotmail.com)

Riki

# A Taste of Paris with Duo Rendezvous



Imagine yourself in Paris, in the early 1900s, drinking coffee at your favourite cafe or sipping wine in an after-hours jazz club. Now add a sound track celebrating Paris—the romantic inspiration of Europe—supplied by Duo Rendezvous (Canadians, violinist Jasper Wood and guitarist Daniel Bolshoy.)

Then relax and enjoy a program featuring such composers as Ravel, Villa-Lobos, Piazzolla, Gershwin, da Falla and Django Reinhardt.... complete with entertaining stories and dazzling musical virtuosity, Duo Rendezvous will transport you to this romantic time and place on Sunday, April 21 at 7:00 PM at the Quadra Community Centre.

Duo Rendezvous was formed as a response to a demand for refreshing and passionate chamber ensembles. Highly acclaimed solo performers each, as well as professors of music at UBC, Jasper Wood and Daniel Bolshoy, enrich the existing guitar and violin repertoire with their own transcriptions of worldly masterpieces as well as newly commissioned pieces by leading Canadian composers.

Daniel Bolshoy, guitarist, ambassador of the Arts and passionate music educator, is known for his impressive technique, his fine musicality and his engaging stage presence. He has performed as soloist with symphony orchestras around the world including in the US, Europe, Israel, Russia and Mexico. He has participated in seven CD recordings and two documentary films. Classical guitarist, Ricardo Iznaola, wrote

of Bolshoy: "Concert presenters and guitar lovers in general must take note of the emerging figure of this exciting and expressive young guitar virtuoso....with his brilliant technique and passionate temperament [he] promises to become a major figure of the international guitar scene."

Another emerging talent of his generation, violinist Jasper Wood, is developing a reputation as a soloist with major orchestras in North America and Europe. He has been awarded both the Sylva Gelber Prize (1996) and the prestigious Virginia Parker Award (2004) from the Canada Council for the Arts. Wood's performances have been described by The Strad as having a "...thrilling virtuosity" and as achieving "...open luminous tones, seamless lines and impeccable technique." (Toronto Star). His 2013 recording as violinist with piano trio Triple Forte (with David Jalbert and Yegor Dyachkov) was nominated for a Juno award as Classical Album of the Year.

Between them Wood and Bolshoy have recorded nearly twenty solo and chamber music CDs.

Advance tickets for the Duo Rendezvous' Parisian evening are \$17 and will be on sale until 2:00 PM on Saturday, April 20; available at the Music Plant in Campbell River and on Quadra at Hummingbird Office and Art Supply in the Cove and Works of H'Art in Heriot Bay. Tickets at the door are \$20 and students 16 and under are admitted free with an adult. For more information, call 250-285-2580 or visit [www.duorendezvous.com](http://www.duorendezvous.com)



## Free Chimney Sweeps

Free chimney sweeps for low income Quadra residents using wood stoves become available in the Summer months starting June 1. Several times a chimney fire has destroyed house on Quadra, so it is important that everyone, regardless of income, have their chimney cleaned at least once a year.

Gabe Aston, our local chimney sweep man, has kindly agreed to help low-income residents at a much reduced rate. The Free Firewood Association has agreed to make the sweeps free. If you can't afford a chimney sweep this year, just call Steve Moore at 250-285-3323 to get on the list for a free chimney sweep.

Last year we did about a dozen sweeps because of the generous donations made by Quadra Residents to the Free Firewood Association account at our local Quadra Coastal Credit Union. Next time you're in the Credit Union, please consider putting some money in the account. It keeps everyone warm & safe.

## BC Liberals Have No Credibility on Small Business Taxes - say BCNDP

On Monday, April 15, the BC Liberals promised British Columbians that they would cut small business taxes from the current rate of 2.5% to 1.5% in four years' time.

But wait a minute. Didn't they make a promise on small business taxes in the last campaign?

"We will reduce the small business income tax to the lowest rate in Canada by April 1, 2012." (2009 Liberal election platform, page 11)

Making BC's small business tax rate the lowest in Canada would have meant bringing it to 0%. The rate today is 2.5%. And while they didn't keep this promise, they did bring in the HST.

BC Liberals have no credibility when it comes to small business taxes or, for that matter, balancing the budget, lowering debt, or creating jobs.

## Spring Hath Sprung at Works Of H'art!

By the time you read this we will be showcasing new paintings and photographs from our local artists; new jewellery from our local artisans and lots of fun and exciting fashion items and home décor from near and far!

The Clod 9 Naturally products on request have arrived! We now carry the Angel's Delight and Egyptian Nights body butter. The sold out Healing Touch stock is now also replenished!

Reversible Organic Onsies are on the shelf - a great combo with Sea Wench Natural Baby Wash and Shampoo from Tofino!

Our thanks to everyone who came to our little shop over the April 13th weekend - 20% of our sales were donated to the heart & Stroke Foundation as our way of honouring our friend-Joy Bird! This amount was matched by a local anonymous donor!

We look forward to showing off our new products and hope you can offer us some feedback on what you see! See you soon! (250)285-2834.

## Spirit Book News

Yoga classes with Trinity are still happening from 5 pm to 6:30 pm every Monday at Spirit Books.

Hand drum jam with Steve continues every Wednesday night from 7:45 pm to 9:30 pm

The acoustic guitar, singing and other instrument jam with Pat & Tim happens on Friday Nights, starting around 8 pm

The suggested donation for all is just \$5.

Buddhist meditation happens every Sunday morning starting at 10 am It's free or by donation.

There's also lots of free stuff in the Upper Realm.

There is a free VHS, DVD video exchange at the top of the stairs. A free children's book is available for every child under 13 at Spirit Books. There are also free male and female condoms just to the left of the DVD/VHS video shelves.

Also in the Upper Realm is Dave's music store and Gypsy's healing and art centre and Trinity's hand-purses and feathers for your hair and even John, the tax man is there on Saturdays.

## SOUTH QUADRA FIRE PROTECTION DISTRICT ANNUAL GENERAL MEETING

WEDNESDAY  
MAY 01, 2013 7:00 PM

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# Riding into Freedom

By Lou Bakota

As is often the case with children on the weekends, rather than hang out with mom and dad, they make arrangements for a playdate. My nine-year-old son Dominic is no exception; he loves being with his friends. And so it came to me as no surprise one sunny Saturday in March that he'd made plans to hang out with his friend Benji. On this particular Saturday rather hopping in the van and chauffeuring my son to his friend's house, I suggested that we ride our bikes.

"Hey! Lets see how long it takes us." I exclaimed with excitement, trying to convince my son that biking all the way from Q Cove to Quadra Loop was a worthy challenge. Much to my surprise, he didn't put up much resistance. I guess he really wanted to see Benji.

The ride took us 35 minutes. We went up West Road, across the Community Center Trail, and down Smith Road. As we pedaled our bikes, I suddenly had a realization. My son is on the cusp, I thought. As I contemplated this idea, I realized that he's almost at that stage in his life where he will want to venture, unassisted, beyond the confines of his home and backyard. And nothing complements that impulse quite as effectively as the bicycle.

Indeed, as we can attest to from our own childhood experience,

the bicycle makes freedom happen. The bike extends one's range far and beyond what legs and feet alone can do. This simple mechanical tool enables the body to cover a vast territory, and the only fuel needed is a peanut butter jam sandwich or a chocolate bar. The bike turns the abstract idea of freedom into something concrete and measurable in kilometers.

The radius around our house that defines Dominic's world is doubled or tripled because of the bike. Whereas on foot, he would venture only to the school playground or the library, now he's able to cover most destinations in South Quadra. Very shortly, the adventure and joy of preadolescence will begin.

Watching my son explore his territory by bike makes me think of my adolescent explorations. In particular, my three-day bike tour around New Brunswick as a fourteen-year-old in 1986. I had only arrived in Canada three months earlier, and my first acquisition in my new country was a red ten-speed from Canadian

Tire. That summer, my friend Lubo and I decided to do a loop from Fredericton to St. Andrews to Saint John and back. The combined distance for the journey was over three hundred kilometres. We pedaled through what seemed like endless forests, along the gorgeous Bay of Fundy, and the stunningly pastoral Saint John River valley. We didn't have panniers, so we brought minimal supplies: a sleeping bag each, a tarp to lie on, a windbreaker, and a sweater. We slept underneath the stars on a discontinued country road, and in a city park in north Saint John.

I could never have gone on such an adventure had it not been for my bicycle. My parents were broke and too preoccupied with starting over. I could only go so far on foot, and didn't have the money for a Greyhound. However, my red ten-speed allowed me to explore the new territory of my adopted home.

More importantly the experience gave me confidence and strength. It affirmed in me the fact that I had

the power to make things happen, the determination to persevere, and the wits to troubleshoot any challenges that came up along the way. The experience came just at the right moment when as a teenager I was craving a sense of independence and an opportunity to test my limits. As I watch my own son approaching the golden and turbulent years of early adolescence, I want the same for him.

The bicycle is a wonderful tool for many reasons. It is a relatively fast and energy efficient vehicle, keeping one healthy and fit to boot. But more than that, it grants freedom, power, and the possibility of adventure. And unlike the car, it doesn't discriminate based on age or income when it grants those gifts. The most important lessons in life are learned through experience. For a young person like Dominic, or my fourteen-year-old self, the bicycle is an ideal instructor. It is a tool that can teach time management, awareness, responsibility, self-knowledge, perseverance, and self-reliance. If we want our kids to develop these traits we should get them out of the car, and set them free on a bike.

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# REGIONAL DIRECTOR'S REPORT

Area C

by Jim Abram

What a beautiful spring day! I have literally just walked in the door from the Association of Vancouver Island and Coastal Communities Annual General Meeting (AVICC), held this year in Sooke. It was a three day event inclusive of all local governments from Vancouver Island, the Sunshine Coast and the Central Coast. It was a great opportunity to deal with our issues so close to the timing of the election.

## Advisory Group

The Area C informal Advisory Group met last week and the main topic of discussion was "how are we going to deal with the ongoing problem of harm caused by our ferry system". Very good discussion took place and lots of innovative ideas were put forward. As a result it was decided that a media advisory should be put out to all possible media advising them of my upcoming meetings in Sooke and that we are available to comment on the platforms of the various parties as they are released. This was, of course, to pique the media interest in what coastal communities are concerned about. The group discussed a number of topics including forestry and view sheds, our economy, our loss of families, young and older and, of course, you guessed it, ferries! One of our members took on the initial draft and others commented on it. It was finalized and released to all media within 48 hours of inception. So far CHEK -TV news and the two Campbell River radio stations have responded. More will as we get closer to release of the platforms. We intend to make this an election issue that cannot be ignored.

## AVICC

There were many resolutions that were debated at the convention but the one that fits most closely with our current coastal priority is the following:

R23 - BC FERRY FARES - Powell River RD

WHEREAS coastal communities consider that ferry services are an integral part of the provincial highway system; AND WHEREAS increasing ferry fares are crippling coastal community economies:

WWW.DISCOVERYISLANDER.CA

THEREFORE BE IT RESOLVED that the AVICC and the UBCM lobby the provincial government to recognize the coastal ferry services as essential extensions of our provincial public highway system and to ensure that ferry fares are reduced and core service levels are maintained at current service levels until such time as the provincial government implements legislation that recognizes our coastal ferry services as essential extensions of our provincial public highway system and creates equity between BC's terrestrial and marine, interior and coast highway systems.

This resolution passed unanimously! I also had the opportunity to read it verbatim to the representative for Adrian Dix who spoke to the convention in his place. I speak of MLA John Horgan, the Finance Critic at this time. He and I also met for about forty five minutes on Friday. He gets it, as do some of the other MLA's including ours, Claire Trevena. So, should the NDP form the next government, which is anyone's guess, we are already a long way into providing them with the information that they need to do things differently and try to save our coastal communities. We need help!

## Telus

I thank all of you for your patience on this topic. A long string of emails between the person in charge of this project and his contractors arrived a number of days ago. Progress is happening! Have any of you by any chance looked at the signal indicator on your phones and seen LTE at the top??? (Hint, hint!). I am still awaiting the area Manager's permission to formally announce the installation and for the service to come fully on line. Telus wants to be the one to do the media and I must respect that wish. So hold on for a bit longer. News is coming soon.

## Well Water Study and information session

I received an email earlier today and thought you would like some prior notice of the possible upcoming workshop. Also provided here is a web site with information on the program.

North Island Labs (in Courtenay), routinely tests private well water and find that many of their clients have a lot of questions about ground water quantity and quality. To address this issue The Regional District of Nanaimo developed an excellent programme called WellSmart. <http://www.rdn.bc.ca/cms.asp?wpID=2284>. Part of their programme has been to hold evening workshops in various communities where public and private experts are in attendance to present information and answer questions. North Island Labs would take the lead and reproduce RDN-type work shops in areas of the SRD with high concentrations of private drinking water well water ownership.

The first go at this, is going to be on Quadra Island, Saturday July 6th, 2013 at the Quadra Community Centre. They will be working together with Anne Milne (Last Drop Water Systems), Red Williams Well drilling and maybe a few other local businesses. They will also be contacting the Campbell River VIHA office to see if they are interested in participating. I have forwarded all of this information to our planners at the SRD to ensure that we are a participant in the process.

## Q. Cove Sewer User Fees

The last few months have been spent trying to resolve the irresolvable regarding the huge and unacceptable increase to the user rates for the Q. Cove Sewer. After many meetings with users, the SRD staff, the SRD Board, The Ministry and even the Minister, I was able to secure a one time contribution of \$40,000.00 to defray the costs of the user fees, from the Ministry. The official words that I am allowed to use are:

"We gratefully acknowledge the financial support of the Province of British Columbia through the Ministry of Community, Sport and Cultural Development."

And I do gratefully acknowledge this contribution as it will help lighten the burden for this year. The removal of \$18,500.00 from contribution to reserves should further reduce the user fee.

continued...

The challenge now will be to add more users to the system so as to eliminate this ongoing problem. We are running at about 10% capacity and there is lots of room for additional properties to join in the service, such as the 50+ properties that were proposed last year. The next proposal that comes forward to add properties will be hard to refuse since the one time cost of joining has been approximated at around one third of the original proposed amount, due to the availability of Community Works Funds (Gas Tax Grants) which we are actively pursuing as a way to bring down the cost of adding properties to the system. We are also looking at proposals for development in the Local Area Plan (the Q. Cove Village proposal). Every additional user of the system brings down the cost of running the system.

We have come a long way on this file and we still have work to do. It is my hope that we will have it done in the next few months and we can then concentrate on other issues that need solutions. Lots of problem solving going on these days and it pleases me to be a part of the solution.

### **Forestry practices throughout the islands**

A great deal of publicity has been generated recently by tourism operators concerning forest practices that are effecting their businesses throughout Area C. I have worked with one of the operators, the TFL holder and the Minister on one issue in one area about changing plans so as to not effect the tour operators and their long time business. Moderate success was achieved but now others are having the same type of problems and there needs to be a comprehensive review of the practices and the effects on existing and future business opportunities. Compromise can be achieved. View-sheds can be protected. Old growth stands can be preserved. Forestry operations can continue. We just need to put the right people in a room and understand the issues and then come up with the solutions. It can be done although it all takes a lot of energy to make it happen. One thing we are not short of on these islands is energy.

I am going to stop here for this report. Hopefully you will have read some of it! Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at [jimabram@explornet.ca](mailto:jimabram@explornet.ca) or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

## **Free Money**

Free Money has finished the usual six month Winter season successfully. Some last minute donations helped us go get through March & April.

Over 3,000 dollars was distributed to low-income residents, mainly single parents, elders and unemployed young people. Twenty dollars for a family and ten dollars for a single individual was available the first Wednesday of every month before Community Lunch.

The program runs from November to April. Nearly 300 people, if we include family members, benefited from the program.

Keep in mind that the Community Lunch, the food bank and free Firewood are also available when Free Money is distributed. So food, warmth, money & even dog and cat food are all available between 11:30 am and 1:30 pm.

Please help us get ready for next year by donating money to the Free Money Association Account in our local Coastal Credit Union.

For more info, call Steve at 250-285-3323

## **Island Voices Concerts**

Island Voices Chamber Choir sings a choral concert "Hands Across the Divide" with Cantiamo Youth Choir, instrumentalists, and conductor from UBC, at 7 pm, Sun Apr 21, CR United Church. Tickets \$15 at Coho Books, 287-2336.

Island Voices Chamber Choir hosts and performs with Vancouver Welsh Men's Choir, conductor Jonathan Quick, at 2 pm Sun May 12, CR United Church.

Tickets: \$15/\$10 at CR Visitor Centre, 830-0411, ext 5.

## **Yoga With Trinity**

Spring into Full Bloom with the Healing Practice of Yoga! Flowing postures will focus on strength, balance, flexibility, and gentle detoxification. In addition we will explore visualization, meditation, chanting, and breathing practices to ease the mind and nourish the soul. Classes are suitable for all levels, beginners are welcome. Classes take place at QCC in room #3. Wednesday mornings at 10, and now on Thursday evenings at 5 as well. Cost is \$10 per class. You can contact Trinity Gogolin with any questions at 250-203-4529.

## **2nd Annual Amnesty International Yoga Day on Quadra**

Saturday, April 27th is Amnesty Yoga Day when studios, schools, workplaces, and community centres across Canada will roll out yoga mats with the goal to raise money and awareness for human rights through Amnesty International. This year it is an opportunity to support Nasrin Sotoudeh, a prisoner of conscience in Iran. She is a mother of two young children and was detained for her peaceful work as a lawyer and human rights defender.

Quadra yoga instructors are donating their time to teach that day. You're invited to come out and stretch yourself for human rights! This is a great way to introduce yourself to yoga or to share your passion for a good cause. Participate for a short time or the whole morning. Everybody is welcome to join in.

The event will be held at the Quadra Community Center main hall from 9AM through 1PM. There will be ongoing classes offered by individual teachers throughout the time. Wear comfortable clothing. There will be some mats available but bring your own if you have one.

Ask friends to sponsor you and bring your donations to the Community Center.

Spread the word to your friends that this is happening on Saturday April 27 and save the date! We can all benefit Amnesty International while enjoying a day of yoga.



## Free Firewood Volunteers Needed

Free Firewood is winding down distribution for the Winter season. We have enough wood left for two more pick-up truck sized loads behind the Community Centre. They are available at 1 pm right after the Community lunch on Wednesdays. But don't worry, we can take you to another location on West Rd. if we run out.

If you can't find a vehicle, we can deliver in an emergency situations. But at the end of April Free Firewood distribution often comes to an end, especially with our early Spring this year.

Right now, we are needing volunteers to cut, chop and stack wood for next Winter. If you can spare a couple of hours a week to help keep everyone on our island warm or if you can deliver wood to us, call Steve Moore at 250-285-3323.

This last winter we helped over 150 low-income seniors, single parents and people on fixed incomes with nearly 25 cords of wood.

Please call if you can help.

If you can't do the labour aspect, please consider placing some money in the Free Fire Wood Account in our local Coastal Credit Union. We are going to have to buy wood from local suppliers and we need money for that as well.

## Break-In and Theft at Golf Course

During the overnight hours of Sunday April 7, 2013 a break in occurred at the Quadra Island Golf Course where a very large quantity of golf balls were stolen. The suspect(s) returned to the golf course the following night and stole a large quantity of empty recyclable drink containers. The investigation revealed that the suspect(s) likely used a wheeled cart to move the stolen items from the golf course. Enquiries have determined that during the time of the thefts a male was observed pushing a shopping cart in the area and he is described as approximately 5 foot 10 inches tall, stocky with bushy orange hair and beard wearing a blue plaid shirt and pyjama bottoms. The Quadra Island RCMP are seeking the public's assistance in solving this crime and request that anyone with information regarding this male or the stolen golf balls and drinks containers contact the Detachment at 285-3631 or Crimestoppers at 1-800-222-TIPS.



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**Fri. April 26: Michael Wood Band**  
Van Isle Music Award nominees

**Sat. April 27: Todd Butler** - dinner & show  
comedian, storyteller, musician

**Fri. May 10: Hal Doulas Blues Band**  
local jazzy blues

**Rockin' Saturday evenings: Open Mic with Mo**

**Dining: Sun-Thurs 8 am - 7 pm; Fri & Sat 8 am - 8 pm**

**Herons/Inn: 285.3322 Pub: 285.3539**



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## Last Winter Market, Bazaar And Flea Market Until October 2013!

SATURDAY, APRIL 20th 10am-2pm  
Community Center

Come check out the creativity of Island folk.

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or Mini Vegetable Tarts Yum!

Also: a Grand selection of delicious home baking.

Coffee and Tea always hot!

Drop on by and say hello. Eileen Sowerby on piano playing favorites.

To all you gardeners out there, now is the time to plant those extra winter vegetables. Bring the fruits of your labor to our Winter Market in the fall and make yourself some cool cash for your efforts. Support your local growers!

Tables are \$10.00 on a first come basis. Set up starts at 8am for vendors.

The market hours are 10am-2pm We'd love to see you there!

Need more info: Call Michele 250-285-3747 or [quadramarket@gmail.com](mailto:quadramarket@gmail.com)

Stay tuned for the start up of our outdoor Farmers Market and Bazaar May 4th

## Quadra's 16th Annual Beach Clean-Up Sunday, April 21st

Sierra Quadra's annual Earth Day event is a Beach Clean-up on Sunday, April 21st. The headquarters for this tradition is at Rebecca Spit from 10:00 am until 4:00 pm. Garbage bags, if needed, can be picked up at this site during these hours. Lunch and refreshments will be served for participants from 12:00 noon until 4:00 pm. Collected beach garbage can be delivered here or dropped off no later than 3:00 pm at any of the numerous pick-up collection sites on the island:

- End of Petroglyph Road
- End of Sutil Road at Kay Dubois Trail
- End of We Wai Kai Road at Kay Dubois Trail
- Smith Road beach access
- Edgeware Road beach access
- Milford Road beach access
- Rebecca Spit, Main Parking Lot
- Rebecca Spit, South-East Parking Lot
- Rebecca Spit, centre by narrow isthmus
- Open Bay area at Valdez and Marina Roads
- Tsa-Kwa-Luten at beach cottages (a new site this year)
- Heriot Bay Inn campground (a new site this year).

Please join us and the many Islanders now participating in this traditional event. Thanks to our collective efforts, huge amounts of discarded material that wash up on our beaches are moved away to safe storage. Not only do our efforts beautify Quadra Island but we are removing plastics — the majority of this detritus — that break down into chemicals (bisphenol A and phthalates) which mimic hormones and compromise the health of both ourselves and our marine ecosystem. Help beautify Quadra and make it a healthier place to live.

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[email\\_chamber@discoveryislands.ca](mailto:email_chamber@discoveryislands.ca)

# At the HBI

**UofQ:** April 24; Growing Tomatoes without a Greenhouse right here on the coast! with Ryan Nassichuk. May 1; **Overview of grant writing;** helpful hints and sources with Ellen Huse. HBI Pub education taught by your neighbours. 7:00pm, 1hour.

**Friday April 26 The Michael Wood band** will rock your world!...**May 3 Cortes Island's Six Foot Johnston** is back with their dancing grooves. HBI PUB 9:00pm. Seriously outrageous fun. 9:00pm.

**Todd Butler dinner show: Saturday April 27;** Canadian musician and well known CBC funny man Todd Butler is bringing his exciting mixture of music and comedy for a wacky night of political satire, wicked guitar picking, and award winning songwriting. Herons. 40.00 inc\ndinner. 6:00pm. Reservations 285-3322

**Spring dining hours in Herons at the Heriot Bay Inn.** Friday and Saturday 9:00am to 9:00pm. Sunday to Thursday: 8:00am to 8:00pm. Treat yourself to a lovely breakfast, lunch or dinner, you deserve it! Reservations 285-3322.

**Postponed:** Murder Mystery at the Deadwood Saloon from May 4 to Saturday June 22. A most excellent way to spend an evening, try it you'll love it! Hosted by Sarah Bible Murder Mystress extraordinaire! HBI. Watch for details.

**Saturday May 18: Dave Lang and the Twin Otters:** features Jeff Poynter on clarinet and Alex Rempel on upright bass. 30's jazz and western swing + South End Farm Vineyard wine tasting "small sips and delectable delicacies". A fundraiser for DI Festival of Chamber Music. \$35. 7:00pm tasting; music to follow Reservations: 285-3322

**Open Mic with Mo** has become an Island Institution! Home grown talent from beginners to the semi famous. A night of non expectations and yet they will be exceeded with good times, good people and good music. An HBI experience not to be missed! 9:00pm Saturdays'. HBI Pub.

## Quadra Singers and Friends Present Spicy Combo With Musicial Potpourri



Promising a spicy combo to tempt a variety of musical tastes, Quadra Singers and guest performers will present Musical Potpourri April 27 and 28.

"This spring's concert blends songs and theatre into an uplifting celebration of spring, with a wide range of entertainment," says choir director Linda Cannon.

Cannon says the choral mix will include jazzy showtunes, rousing gospel, African and Indian folk songs with drums, a piece from Mozart's Marriage of Figaro – and much more!

Guest performances will include: a medley of British isles folks songs by a harp duet, special appearances by a newly-formed men's ensemble, songs by a trio of female voices and an accapella duet. The concert will also include a monologue from one of Theatre Quadra's upcoming performance of one-act plays.

"Following the success of our Winter Gathering, which included a number of guest performers, we're encouraging people to come out and enjoy a show that promises another generous helping of island talent, all delivered with that warm and exuberant Quadra spirit," Cannon adds.

Quadra Singers will take their spring concert overseas again this year, with a Sunday afternoon concert on Cortes Island. To see Musical Potpourri, mark your calendar for Saturday, Apr. 27 or Sunday, Apr. 28. For Saturday's concert at the Quadra Island Legion, doors open at 7 p.m., and show starts at 7:30. Sunday's concert at the Gorge Hall on Cortes starts at 2:30 p.m.

Tickets are available for the Quadra concert at Hummingbird and Works of H'art (\$10 advance, \$12 door, under 12 half price and under five free.)

Cortes tickets are available at the door: \$10 for adults, children 12 and under free.

Learn more about Quadra Singers on the choir's Facebook page. Or contact the choir by email ([quadrasingers@gmail.com](mailto:quadrasingers@gmail.com)) or telephone (250-285-2739 or 250-285-2142).

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# Kids For Kids with Cancer Adventure Race

K4K is back again this year! Grab a partner bring your bike dress up in a costume and be prepared to have some fun. There are lots of ways to support this event and also raise money for the Make-A-Wish Foundation® of BC and The Yukon. Come for the race! Come for the fun! Be a volunteer, Come to have some good food at our deluxe concession.

K to 7 ish. Adults can pair up with a kid or two kids can pair up and make a team. There will be two difficulty levels. The Trail Adventure Race will consist of a 4KM ride on the homestead trail, a 2km trail run and some mystery events. The Obstacle Adventure Race will be shorter and it will all take place on the field, there will be a bike course and a run with some fun obstacles and mystery events along



You can also support the event and the Make-A-Wish Foundation® by collecting pledges, pledging a racer and by purchasing spirit board cards. \$100 or \$50 cards will give you \$100 or \$50 worth of purchases at the True Value Food Outlets on Quadra.

The race is done in pairs with at least one partner being in grade

the way. Prizes for all racers, pledge collectors and costumes

Purchase cards, register, obtain pledge forms, volunteer to help out or find out more by emailing Janine Annett at [K4Kwithcancer@gmail.com](mailto:K4Kwithcancer@gmail.com)

Registration is also available at the event 11:00 at Quadra Community Centre Saturday May 4th

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# QUADRA BIKES 30 Days of Pedal Power

Something new is coming to Quadra Island. A month long event that holds out the promise of improved health and fitness, money saved, inner peace, loads of fun and a greener world. What is this thing that will reawaken your inner child and put a smile on your rosy sun-tanned face? **QUADRA BIKES - 30 Days of Pedal Power**, a month long event dedicated to the meeting of the human body and a perfect machine – the bicycle.

**QUADRA BIKES** will begin on May 27th and go until June 26th. Its aim is to encourage people of all ages and abilities to ride their bikes. If your bike has been collecting dust at the back of the garage for the last 5 years, it is a call to dig it out and ride to the neighbors, the store or workplace a few times a week. If you're already a committed cycling commuter, the challenge is to go car free; perhaps for a few days, a week, or even the whole month.

**QUADRA BIKES** will provide an online community where participants can encourage each other and share their experiences. Biweekly articles and rider profiles will appear in the Discovery Islander exploring topics around bike maintenance, safety, new habit forming, and the joy of cycling. Things will kick off with a bike float for the May Day parade and culminate in a month end celebration. In between there will be a variety of events to help keep riders motivated and to build cycling culture on the island.

So get ready to put some fun between your legs, hop on a saddle and show the world that **QUADRA BIKES**.

For more information: [www.QuadraIsland.ca/QuadraBikes](http://www.QuadraIsland.ca/QuadraBikes)

## Discovery Islands Gallery Perry Johnston



## In Search of Inspiration

Tue - Sat 11 am - 3 pm  
Cove Centre, Quadra Island, BC  
250-285-2352

## Michael Wood Band Brings Its Indie Rock Groove To Quadra

Victoria's Michael Wood Band is being warmly embraced by fans from across the country. The group kicked off its spring tour in Saskatchewan, followed by stops in Alberta, BC and Ontario.

They will be at the Heriot Bay Pub April 26. "It's really great to see people responding so positively to our music," says frontman Michael Wood. "People hear the songs and see our video for the single "End of the World" and are excited to have us out to play. Last time we played on Quadra there was a great crowd, and we had a great time."



Michael Wood Band has an enthusiastic stage show which never fails to engage the audience. Often struck by the evocative lyrics, fans are ultimately won over by Michael Wood Band's attention to all the elements that make for great, classic sounding rock music.

The past year has been busy for MWB. Their first album, released in May, has been called "astoundingly good" by critics. The band has played small charity shows and large festivals, including a performance at the Calgary Stampede.

## DI Web Site

### Overhauled - New Features

The Discovery Islander web site has undergone a major overhaul bringing greater compatibility with mobile devices



and now featuring FaceBook comments for instant feedback on news, events and those fiery Island forum letters!

Check it out at [www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca) and leave a comment!!

WWW.DISCOVERYISLANDER.CA

## Music and Humour with Todd Butler at the Heriot Bay Inn



If you like to laugh (and who doesn't?) you won't want to miss Todd Butler's musical performance at the Heriot Bay Inn. Todd Butler continues the long tradition of using humour to help us see matters from another perspective. He applies his outrageously creative brand of social commentary to a vast array of subjects: you will definitely be entertained.

His wordplay and commentary alone are enough to make Butler a humourist of note, but his grasp of serious songwriting and mastery of guitar puts him in a new category. Butler has been guest host of CBC Radio's Madly Off in All Directions, has performed at the Montreal International Jazz Festival, Winnipeg Comedy Festival, Vancouver Comedy Festival and the Calgary Folk Festival to name a few.

Saturday April 27 Todd Butler appears at the Heriot Bay Inn. Whimsical wit, outrageous political satire... and a tasty two course dinner for only \$40 per person. Reserve your seats by calling the Inn: 250.285.3322.



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## TIDES - HERIOT BAY

DATE	TIME PST	m.	ft.
<b>19</b> Friday	02:06	4.3	14.1
	08:46	3.1	10.2
	13:08	3.5	11.5
	19:29	2.1	6.9
<b>20</b> Saturday	02:48	4.4	14.4
	09:30	2.8	9.2
	14:27	3.6	11.8
	20:33	2.2	7.2
<b>21</b> Sunday	03:23	4.4	14.4
	10:05	2.5	8.2
	15:34	3.8	12.5
	21:29	2.4	7.9
<b>22</b> Monday	03:55	4.5	14.8
	10:38	2.2	7.2
	16:34	4.0	13.1
	22:19	2.5	8.2
<b>23</b> Tuesday	04:24	4.5	14.8
	11:10	1.8	5.9
	17:29	4.3	14.1
	23:06	2.7	8.9
<b>24</b> Wed.	04:53	4.6	15.1
	11:42	1.5	4.9
	18:20	4.5	14.8
	23:52	2.8	9.2
<b>25</b> Thursday	05:23	4.6	15.1
	12:17	1.1	3.6
	19:09	4.8	15.7
<b>26</b> Friday	00:38	3.0	9.8
	05:55	4.6	15.1
	12:55	0.9	3.0
	19:58	4.9	16.1
<b>27</b> Saturday	01:26	3.2	10.5
	06:31	4.6	15.1
	13:37	0.7	2.3
	20:48	5.0	16.4
<b>28</b> Sunday	02:17	3.3	10.8
	07:12	4.5	14.8
	14:22	0.7	2.3
	21:41	5.0	16.4
<b>29</b> Monday	03:14	3.4	11.2
	07:58	4.4	14.4
	15:11	0.7	2.3
	22:38	5.0	16.4
<b>30</b> Tuesday	04:21	3.4	11.2
	08:50	4.2	13.8
	16:02	0.9	3.0
	23:36	4.9	16.1
<b>01</b> Wed.	05:37	3.3	10.8
	09:53	4.0	13.1
	16:57	1.2	3.9
<b>02</b> Thursday	00:34	4.8	15.7
	06:54	3.1	10.2
	11:18	3.8	12.5
	17:57	1.6	5.2
<b>03</b> Friday	01:29	4.8	15.7
	08:04	2.8	9.2
	12:56	3.7	12.1
	19:05	2.0	6.6



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## BUSINESS OPPS

### OYSTER LEASE FOR SALE

Read Island Shellfish, Ltd. is a 3 hectare intertidal beach lease located in beautiful Evan's Bay on Read Island in the heart of the Discovery Islands. Approx. 12 years remaining on a 20 year lease agreement. We are motivated to sell and will not refuse any reasonable offers. For more information, call 250-285-2643.

## NOTICES

### NOTICE TO REMOVE PRIVATE LAND FROM WOODLOT LICENCE W1610

Please be advised that the Woodlot Licensees Kellerhals and Hayden are proposing to remove 53 hectares of private land from Woodlot Licence W1610 located in the vicinity of Hyacinthe Bay on Quadra Island. Inquiries or comments to this proposal must be submitted to Econ Consulting by April 29, 2013 at the following address: PO Box 329, Merville, BC, V0R 2M0. Only written inquiries received by the above date will be responded to. Information about this proposal can be obtained by contacting 250-337-5588 or [mail@econ.ca](mailto:mail@econ.ca).



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