

DISCOVERY ISLANDER

COMMUNITY NEWS & EVENTS ON QUADRA, CORTES & THE OUTER DISCOVERY ISLANDS

ISSUE 584

Serving the Discovery Islands since 1992

September 5, 2014

Quadra Island Fall Fair

digging island culture

Details Inside



Sunday September 7 2014

9:30 am - 5:00 pm



Quadra Island Medical Clinic

250-285-3540

Dr Mary Boegel
Dr Erika Kellerhals
Pat Peterson FNP

HOURS Monday–Thursday 9:30–6*
Friday 9:30–5 • Saturday 9–noon*

* Later by appointment

New patients, visitors, walk-ins welcome

YOUR LOCAL **COASTAL BOOK STORE**

**Use your Islander Benefits Card
and receive 10% off
all regular priced books.**

Thousands of books to choose from

OPEN 7 DAYS A WEEK

Book Bonanza at-the-Cove

Cove Centre, Harper Road

Phone 250-285-3665

Email bookbonanza@telus.net



**Preschool Program
For 2.5 to 5 years**
(Toilet training not required)

**Quadra Kids
school age program
For 6 to 11 years**

Find us online
quadrachildrenscentre.weebly.com

7:30 a.m. to 6:00 p.m.
Monday to Friday

250-285-3511

Please inquire about government subsidies



Quadra Island Fall Fair

digging island culture



Schedule

9:30	Fair Gate Opens Grounds and Exhibit Hall opens
	Registration for Pet Parade, Doggy Dash and Zucchini Race opens
10:00	Sheep Milking Demo (livestock tent)
10:15	Goat Milking Demo (livestock tent)
10:30	Helena Beamish (tea nook) Pet Parade (main stage) Sheep Hoof Trimming Demo (livestock tent)
10:55	Kaleidoscope Folk (Sunday & Andrea in the tea nook)
11:00	Doggy Dash (main stage)
11:30	Zucchini Races (skateboard park)
11:45	Banjo Jo (main stage) Jaci McPhee (tea nook)
12:00	Cut Saw, Cake Walk and Strong Wo/man Registration opens
12:10	Dylan (tea nook)
12:30	Contra Dancing with the Merry McInties (main stage)
12:40	Willowishes (tea nook)
1:30	Jump Park Demo (bike park) Cordialle (tea nook)
1:40	the Unexpected (main stage)
1:55	Jordyn Alger (tea nook)
2:00	Peoples Choice Voting Closes (exhibit hall) Cut Saw Competition (main stage)
2:15	John Toelle & Friends (tea nook)
2:30	Cake Walk (main stage)
3:00	Peoples Choice & Most Entries awarded (exhibit hall) Strong Wo/man Competition (main stage)
3:10	Liah Windrim & Sophie Whittingham (tea nook)
3:30	Skateboarding Demo (skate park)
3:35	Timekillers (tea nook)
3:45	Go Dog Go (main stage)
4:30	Exhibit Hall Closes
5:00	Fair Grounds Close

Sunday September 7 2014
9:30 am - 5:00 pm



Ready to Dig Some Island Culture?!

You can register all your amazing items on Saturday September 8th between 9:00 am and 4:00 pm. A prize will be awarded for the most entries, and 3 cash prizes will be awarded to the best Horns of Plenty.

Pack your bag (or What to Bring)

Sunscreen / Umbrella / Hat

Camera (We want your photos!)

Cash for admission & food.

Water bottle

Parking: Please follow directions of parking attendants – stay clear of West Road Entrance. (Please smile and say hello to your attendants, they are missing the Fair to keep us safe.)

Handicap Parking is available, or drop off people with mobility challenges at the shuttle tent while you park (if necessary a golf cart can transport to the grounds.)

Find Admissions - this is how we pay for the Fair - please be sure to go through Admissions, even if you walk through the trails. (which we encourage, it's a beautiful walk)

Ride your bike to the Fair – and be eligible to win one of 3 prizes to be drawn at the main stage at 3:00 – just bring your helmet

when you go through admissions. Ample bike parking along the outside of the tennis courts.

Dogs: Performing dogs will be welcomed onto the grounds wearing their stylish Fall Fair Bandanna and practicing their best “doggie at a human event” manners. Please leave all other dogs comfortably at home.

Zucchini Racers: Park in the Zucchini Car Park in the main hall.

Goat & Sheep Milking: Some very full-uddered bovidae will be waiting impatiently until 10:00, please be prompt - we really can't ask them to hold that milk a second longer. (bovidae = hooved, hollow horned ruminants such as cattle, sheep, goats, & buffalo)

Tea Nook: if you missed out on morning coffee stop by for treats, live entertainment starting at 10:30.

Participate and prepare to have fun in any of the many competitions and events. (Keep your eyes open for a few surprises.)

Shuttle: Watch for the Spirit of the West van picking up at the ferry terminal in Q Cove at 9:30, 10:25 & 11:25. Return shuttling begins at 3:45. Assemble at the Shuttle tent near the Entrance Gate.

Come on out to the Fall Fair... we welcome you to a fun, fun day filled with family and friends!

Signed – The entire Fall Fair Team
(Over 200 of us)

Show What You Grow... MIND, HANDS & GARDEN!

This is it folks...down the home stretch. Get those veggies in tip top shape for the Quadra Island Fall Fair and “dig our Island culture”!

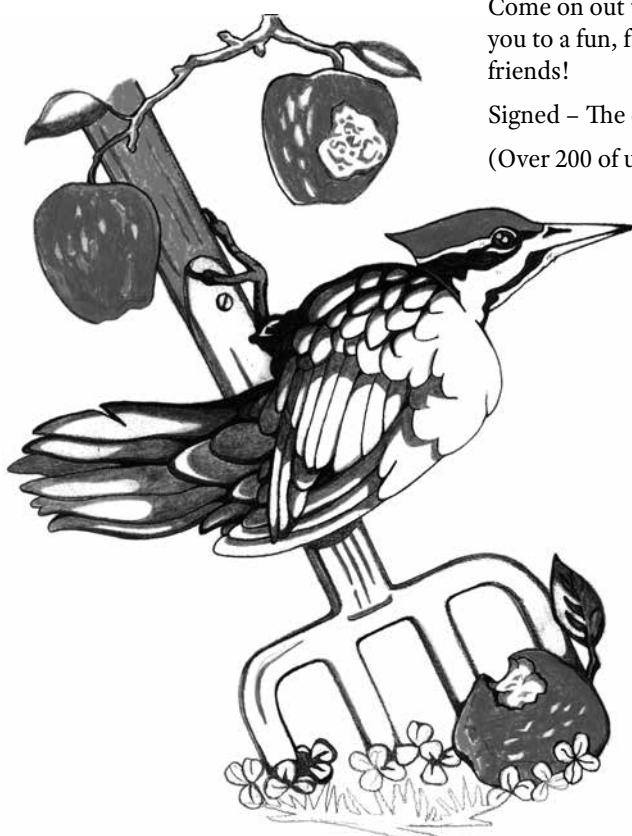
It has been a spectacular summer, with conditions that we haven't seen for a wee while. It has pretty much taken us by surprise as we happily contend with bumper crops of veggies and fruit that have had the chance to ripen and cure to perfection, a little bit early to boot, so perfectly timed for our Fall Fair. I have high expectations for the show tables for the Fruit, Vegetables and Field Crops so, don't delay in getting those prize winners down to the Community Centre on Saturday morning, 9:00 – 4:00 pm.

Remember that those submitting Giant Pumpkins in the Field Crops category, Class #1, must call Carol Anne, 250 285 2482, before 6 pm Friday, September 5, to enter them, as they will be judged in the field on Saturday morning.

The Horns of Plenty, (remember, CASH prizes this year!) must be dropped off at the Community Centre between 9:00 and 9:15 am on Fair Day.

Pre-registration on the Saturday is mandatory, and late drop offs won't be accepted...serious stuff these competitions, don't 'ya know! See you at the Fair!

- **Carol Anne Caulfield**, Convener for Fruit, Vegetables and Field Crops, on behalf of The Old Farm Community Garden



New Listing



Beautiful gardens surround this cute cottage on gorgeous 1.36 acres. The property is zoned for 2 dwellings. Home offers a sleeping loft, new bathroom, new fridge and flooring. The productive vegi garden, fruit trees and above ground pool add to this special package. offered at \$212,000!!

Successfully selling real estate on Quadra Island since 1995

Heidi Ridgway

Your Resident Quadra Island Realtor®

ROYAL LePAGE 250-285-2217 tel
Advance Realty 250 202-2217 cell

Heidi@QuadraIslandRealEstate.com



www.QuadraIslandRealEstate.com

REGIONAL DIRECTOR'S REPORT

By Jim Abram

So here we are again at the end of the summer and into September. Let's hope it will be a wonderful sunny month so we can all get our produce in and our gardens put to bed before the inevitable weather of months to come.

Fire Ban Jurisdiction

I would like to make it clear to all of my constituents that the SRD has no authority at this time to issue or end a fire ban in this area. The only ones that can do that are the Fire Chief, the Provincial Fire Office and Municipalities. I have received a number of calls from people distraught with the early lifting of the ban days before the rain finally came. I agreed with them that it was premature. Our Fire Chief, diligent as she is, kept the ban in place. That is only for the South Quadra Fire Protection District.

So, I called the SRD staff and asked what could be done. A bylaw is needed and would take some time to institute. So this will be discussed in the 2015 Work Plan negotiations coming up in the next couple of months (for next year). I found it irresponsible for the ban to be lifted when we have so many families that depend upon forestry to make their living (woodlots and others) and all of the people who live in the rural areas of the island. A fire at this time with conditions as dry as they are would be as devastating as the ones in the early 20th century. (more so with the increase in population and numbers of houses). Enough said. This issue will be looked into.

Sewer Expansion Area

As you all know by now, the referendum did pass and the bylaws have gone through the SRD. The work now begins to put out the Request for Proposals to actually install the system. It is expected to be operational by late next spring. And as a note of interest two more properties have asked to be included on the northern edge along Q. Cove proper. This is a good thing for the environment and will help to keep the groundwater and the ocean healthy.

I would also like to congratulate our staff for agreeing with my direction in keeping the Annual Sewer Rates down for the next year. They are set at \$468.00 per residential hookup. This is down another 17% from last year and with the new properties coming on stream in 2015, I am expecting to see that number drop even further.

Quadra Legion Tax Exemption

It was with great pleasure that I was once again able to recommend that the Legion be given a partial tax exemption for the recreational portion of their tax bill. They offer many services to our community and give more than they receive. This exemption helps them to defray the costs of operation. There were also two other Conservation Covenant tax exemptions passed by the board for small properties that benefit the community and the environment by being held in their natural state rather than being developed.

Seniors Housing

I am very pleased to mention that the two seniors groups on the island have decided to work together on what we have desired for along time: assisted seniors housing and various other forms of seniors housing. I have worked with these groups for years and our Local Area Plan makes specific mention of these types of initiatives being paramount in our near-future planning efforts. I hope to continue to be able to assist in these endeavours for assisted living, individual seniors housing and other forms of available housing for all age groups. This is very exciting for me and is the actual implementation of our Local Area Plan that we worked so hard on for three years. Hopefully this will be an initiative that will help our elders stay on the island and live out their lives without having to move to other places for care. You will be hearing a lot more about this in the near future as plans come together.

Ferry update

As I am sure that all of you have noticed, that our ferry schedule is not making life on Quadra very easy. The lineups and overloads are ridiculous and it is not about summer... it is about scheduling.

I am pleased to announce that the UBCM Special Committee, of which I am a part, is having another conference call this week to finalize the UBCM plans for release of the consultant's report on the economic impact of the ferry issues on our Province and our communities. The details are still confidential but I will let you know as soon as they are public which could be as soon as next week. The results of the report are mind boggling. UBCM is planning big things for the convention which is happening Sept. 22 to 26. All media will be advised and present. I can't wait for you to see the results.

Coincidentally, I received an email today from the Parliamentary Secretary to the Minister of Transportation, MLA Jason Sturdy, inviting me to meet with him on Sept. 15th to discuss Transportation planning for the next 10 years for Vancouver Island. I have asked that the date be changed to the 16th as I will be at the Marine Area Planning Partnership wrap up meeting in Richmond on the 15th. This is one meeting (MaPP) that I cannot miss. So I hope they will be accommodating and change the date. If not I will have to appoint an alternate in my place.

I just want all of you to know that the issue of Ferries providing affordable and reliable service to us is still very high on my priority list. After all, it is our Marine Highway!

Ok, enough for this report. Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... or on Facebook at <https://www.facebook.com/JimAbram>.... If it is important, my cell is 250-830-8005... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

ISLAND CALENDAR



Submit your event - eMail: news@discoveryislands.ca or drop-off at Inspirations

DAY TO DAY

Friday, September 5

- Live Music with Blue Katz, HBI Pub 9 pm

Sunday, September 7

- Quadra Island Fall Fair, Blenkin Park 9:30 am - 5 pm

Monday, September 8

- The Zero Mile Diet - Garden Club 7pm QCC

Friday, September 12

- Friday Flicks - The Lunch Box 7:30 pm Q.C.C.
- Live Music with Six Foot Johnson HBI Pub 9pm

Sunday, September 14

- Geshe YongDong on Meditation, 11 a.m. Q.C.C.

Friday, September 16

- Eddie and the Procrastinators Quadra Legion 9 pm

Saturday, September 20

- Murder Mystery at the HBI - Reserve 250-285-2233

Sunday, September 28

- Giant Garage Sale for Phillipines Fundraiser

Saturday, October 4

- Local Food Market, Quadra Legion

THE REGULARS

MONDAY

- Parent & Tots, QCC, 9:30 am - 12 pm

TUESDAY

- Al-Anon Meeting, Quadra Children's Centre, 7:30 pm
- Folkdancing, QCC, 7:30 pm, Sep 16-Dec 16, 285-3849

WEDNESDAY

- 1st & 3rd Wednesday Food Bank, QCC 1 - 2 pm
- Hand-Drum Jam, Upper Realm, Q. Cove 7:45 p.m.

THURSDAY

- Parents & Tots, QCC, 10:00 am - 12 pm
- Prayer Meeting, Quadra Island Bible Church, 7 pm

FRIDAY

- Alcoholics Anonymous, 8 pm Quadra United Church

SATURDAY

- Open mic with Mo. 9:00 pm HBI pub

SUNDAY

- Buddhist Meditation, Upper Realm, 10 a.m.
- Family Service, Quadra Island Bible Church, 10:30 am
- Quadra Sunday Painters, 11 am - 2 pm, 285-3390
- United Church, 11 am (unless advertised), Sept. 14 - June 28, 285-3163

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. Following the text order exactly as above for email submissions is appreciated (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you for understanding.

GET YOUR WORD OUT!



EMERALD CITY GRAPHIC DESIGN

Create clear and eye-catching communication materials.

- Logo and identity design
- Flyers, bizcards and posters
- Ads for print and web
- Website graphics
- Newsletters and publications
- Editing and copywriting

emeraldcity.ca

email: carmen@emeraldcity.ca
ph: 604.253.2127

NEXIA DESIGN WEB DEVELOPMENT

Take your vision online.

Web design and development for businesses, individuals, and organizations.

- Clean designs
- Easy development
- Mobile ready

nexiadesign.com

email: romina@nexiadesign.com

BASED ON CORTES ISLAND ★ CONNECTED TO THE WORLD

Folkdancing Resumes

International Folkdancing begins again at 7:30 pm on Tuesday, September 16 at the QCC. Our long time leader, Marcia Wolter, re-teaches each dance we do, and no partner is necessary.

Come join a fun group that is good for your body as well as your brain.

It is a bargain at \$60 for Sept 16 to Dec 16, or \$6 drop-in. Info at 285-3298. See you there!



Your Complete Home Building Specialists: from concrete to cabinets

- Project Management
- Commercial & Residential Buildings
- Renovations
- Custom Homes & Additions
- Qualified Journeyman Carpenters

High Performance Wall Systems

Certified Installers



Building a better Quadra Island

285-3583

quadrade@gicable.com

Fax 285-3573

Bill Bradshaw Quadra Real Estate

NEW PRICE \$539,000: HERIOT BAY OCEANFRONT HOME & CABIN

- 1,914 sq ft home features open concept kitchen, dining and living room on main level
- Large deck overlooks Heriot Bay across to Hyacinthe Bay and Open Bay
- Fully self contained 2 bedroom, 1 bathroom cabin with its own driveway access
- Beautifully landscaped 0.87 acre lot with 155 feet of walk on waterfront
- Located a short walk from all shops and services in Heriot Bay



Your Island Realtor®

billbradshaw@royallepage.ca

www.quadrarealestate.ca

250-285-3293



DISCOVERY ISLANDER

ISSUE 584

September 5, 2014

Publisher/Editor:

Philip Stone

The D.I. is published every two weeks and is distributed throughout the Discovery Islands

CONTACT US

eMail: news@discoveryislands.ca

Tel: 250.285.2234

PO Box 280, Quathiaski Cove
BC V0P 1N0

Office: 701 Cape Mudge Rd

Hours: Mon-Thurs 10 am - 4 pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

Submission Guidelines

Items for publication on subjects of interest to the Discovery Islands community are welcome.

Please help us by following these simple guidelines.

- Text articles do not need to be attached in a file. Simply send the text in the body of an email.
- Please use Canadian spelling.
- Please use the title of your item as the email 'subject'.
- Please remember to include credits and captions for photos and other artwork.
- Please print had-written material clearly.

While every effort is made to include all items submitted, errors and accidental omissions do occur.

Subscriptions

Gift Subscriptions are available for delivery in Canada by mail.

\$90.00 for 12 months

Local Voluntary Subscriptions with *Islander-Benefits*

\$30.00 for calendar year

Find more details online:

www.DiscoveryIslander.ca

Copyright 2014
All Rights Reserved

NEXT DEADLINE

**7 pm, MONDAY
September 15**

for publication
Friday, September 19

Golf Course Membership

Considering membership with the Quadra Island Golf Course? There has never been a better time to join the Club!

Membership offers a wealth of benefits of which include an opportunity to play unlimited golf, participation in club events, discounts on retail, driving range*, power carts*, reciprocal benefits with other golf courses and more.

If you need more information or you have questions, please call 250-285-2811.

Geshe YongDong on Meditation

Geshe YongDong, a Tibetan Buddhist Monk, is coming to Quadra Island. He comes to lead a meditation and give a talk only three times a year. In September, he will be giving a talk on the Three Wisdom Tools: Listening, Contemplation and Meditation.

Geshe YongDong will be teaching ancient and effective Buddhist practices which you can easily apply in your daily life. Just really listening to ones own body mind and heart can be not only relaxing but liberating. After his talk Geshe will answer any questions you may have about meditation and spiritual practice.

Geshe YongDong's meditation and talk is at the Quadra Community Centre (upstairs room) on Sunday, September 14 from 11 am to 1 pm. Suggested donation is \$10 but whatever you can afford is fine. Ten cents or \$100 dollars are equally acceptable. We start with a brief meditation so try and come on time. For more info, call Steve or Danielle at 250-285-3323 or e-mail daniellegi@gicable.com

Weekly Service

Quadra Island United Church, a lay congregation, welcomes you to weekly services at 11 am every Sunday from Sept. 14 to Jun. 28, unless advertised at noon when the service is led by Rev. Wayne Hughes from CR United.

For more information, call Mimi at 285-3163.

Everyone is welcome to the first service of this fall on Sept. 14.

At The Legion

On Friday Sept. 19th Back Eddie and the Procrastinators 8 piece band from Cortes are sure have the Legion dance floor rocking, from 9:00-1:00, \$10. at the door. The next general meeting is on Wed. Sept. 17th at 7:00.

Hand-Drum Jam

The Hand-Drum Jam in the Upper Realm in Q. Cove is taking a Summer Break. We will be back in action at 7:45 p.m. on Wednesday, September 17. Come join us for some funky trance beats. Call Steve Moore at 250-285-3323 for more info.

JAZZ at the POINT
Tuesdays
6:30pm
September 9th
Thievin Brothers
1-250-285-2222

APRIL POINT RESORT & SPA
QUADRA ISLAND • BC



NEWS & EVENTS

Submit your event info or news item - eMail: news@discoveryislands.ca or drop-off at 701 Cape Mudge Rd or at Inspirations

At the HBI

An evening of moderate mayhem, pirate style: **Murder Mystery in Herons at the Heriot Bay Inn September 20**, \$69/pp, includes delicious dinner. Groups of 6 or more \$59.

Reserve your seats, call 250.285.3322. Hosted by Sarah Bible.

You know you want to! **KARAOKE is back in the HBI Pub**, Tuesday evenings with the inimitable Scott Low hosting. 9 pm – midnight.

Thousands of song options, what do you want to sing? Be brave, rock out, have fun!

Have you checked out **Open Mic in the HBI Pub?** Join your neighbours and friends making music, or listen, support and work the applause.

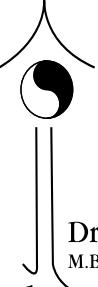
Great music, fun times every Saturday evening beginning at 9pm with host Mo Davenport.

Free Chimney Sweeps

To prevent home fires on Quadra, the Free Firewood Association is offering free Chimney sweeps for low-income Quadra Islanders. Call Gabe Aston at 204-5228 and make an appointment. Please wait for a while until the phone rings.

Money to support this program can be donated to the Free Wood Association account at our local Coastal Credit Union.

This free program is only available for the summer months.

ACUPUNCTURE

 Herbs & Nutrition.
 Free consultation.
 Sliding scale for treatment
 (\$50 - \$20)
 Dr. Eileen Sowerby
 M.B. Ch.B. M.A. D.T.C.M.
Phone/Fax: 285-2434



Like the DI on FaceBook

Receive updates, notifications

Dr. Anita Komonski, ND, CHT
 naturopathic physician 

- Naturopathic Medicine
- Acupuncture, Traditional Chinese Medicine & IMS
- Herbal Medicine
- Medical Hypnosis & Clinical Hypnotherapy
- Nutrition Counselling
- Intravenous Nutrient Therapy

Now taking appointments in Quathiaski Cove

250.504.0090

drkomonski.com

Source: Government of Canada

Fri 5 Sep	Sat 6 Sep	Sun 7 Sep	Mon 8 Sep	Tue 9 Sep
				
22°C 12°C	25°C 13°C	22°C 12°C	21°C 12°C	20°C 11°C

NEXT DEADLINE FOR THE DI

is Monday, September 15th
news@discoveryislands.ca

serving Quadra
since 1982

**stay safe.
KEEP
YOUR
WARRANTY
INTACT.**

Make an appointment today for your scheduled maintenance — we service and repair all new models & makes!

ISLE TECH

YOUR ISLAND AUTO CARE CENTRE

285-3100

BRAKES + WHEEL ALIGNMENTS
 HI-TECH COMPUTER ENGINE ANALYSIS + FAST & FRIENDLY SERVICE

MONDAY TO FRIDAY 8:30AM TO 6PM + SATURDAY 9AM TO 5PM

Library Expands its French Language Collection by Over a Thousand Items!

NANAIMO, September 3, 2014 – Over the past year, VIRL has expanded its French Language collection by over a thousand items!

This array of new materials covers all interests and ages: From new fiction and nonfiction titles for adults, to storybooks for children and French language movies on DVD.

These new materials provide the Francophone community and students of Canada's official language an enhanced selection of titles and formats.

The Vancouver Island Regional Library acknowledges the financial support of the Province of British Columbia through the Regional District of Nanaimo and the Canada-British Columbia Cooperation Agreement on Official Languages for the additional purchase of French material.

For more information and to find these new materials online, visit virl.bc.ca!

Vancouver Island Regional Library (VIRL) is the fourth largest library system in British Columbia. We serve over 430,000 people on Vancouver Island, Haida Gwaii, and Bella Coola on the Central Coast through 39 branch libraries.

HEDEFINE
CONTRACTING LTD.
Roofing Specialists

Installation

of all types of roofing:

Green (living) roof, enviroshake, torch-on, Epdm, Asphalt, Cedar, and more

Continuous Gutters

+ custom fabricated sheet metal

24 or 26ga Standing seam metal roofing/cladding panels made on site. 12" or 20" panels available.

Fully Insured

285.2866

Winter Market 2014

The Winter Market is in its 4th year! Starting up again this fall at our Community Centre on West Road.

Display and sell your creations at our indoor market, rain or shine! Flea market tables are a hit, let someone else take home your neglected treasures.

Calling all Gardeners! We look forward to seeing more winter veggies this year. We have had so many requests! The Market is a great place to sell those winter squashes, kale, beets, turnips, garlic, eggs, etc.

Our markets are on a first come basis. Doors open @ 8am for set up and tables are still \$10.00 each. Market hours are: 10am-2pm

Our Cookie Crumb Fairy will be managing the kitchen this time round. Welcome Audrey! Coffee and tea are always on. So get crafting and creating! Let's inspire the community with your artistic talents.

For more info call Michele 250-285-3747 or Stella 250-285-3184 or quadrailandmarket@gmail.com

We'd love to see you there!

October: Saturday, October 4th & 18th (1st and 3rd Saturday)

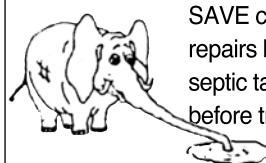
November: Saturday, November 1st only (Christmas Craft Fair QCC(285-3243) November 14th & 15th)

December: Saturday, December 6th & 20th (1st and 3rd Saturday)

If you would, or know of anyone who might like to play music at our market, by donation, please contact either: Michele-250-285-3747 or Stella-250-285-3184 or email quadrailandmarket@gmail.com

ALL CLEAR SEPTIC SERVICE

Have you thought about your septic tank in the last 3 or 4 years?



SAVE costly drain field repairs by having your septic tank pumped out before trouble attacks!

Call Ross Doak **285-3561**

Yoga with Trinity Gogolin

Come and explore the healing practice of Yoga in a relaxed, supportive, & compassionate environment.

Wednesday morning Yoga classes with Trinity followed by Community Lunch, will begin again September 3rd. Yoga classes are Vinyasa style infused with pranayama, meditation, and relaxation. Beginners are welcome. All classes are held at the QCC upstairs in room #3.

Wednesday morning classes are from 10 to 11:30. Tuesday and Thursday evening classes will begin October 7th & 9th, these classes are from 5 to 6:30 in the evening. All classes are \$12 for drop ins, or if you pay for 3 or more classes at a time -\$10. If you have any questions please call Trinity Gogolin at 250-203-4529.

Friday Flicks

Join the growing crowd of film faithfuls and let the Friday Flicks experience work its magic on you, too. Here's the scoop on our first movie of the fall-winter series - THE LUNCH BOX - India 2013.

September 12th at Q.C.C.

Doors 7:30 - Showtime 7:45 (\$5 general - \$4 students/seniors)

Middle class housewife Ila tries to spice up her marriage with a new recipe and warm note in her husband's lunch box. But the box is mistakenly delivered to Saajan, a lonely man about to retire. Ila tries again to reach her husband and thus begins a series of lunchbox notes between Saajan and Ila. The notes become confidences and confessions. They share their fears, regrets, and joys and each discovers a new sense of self. But could their virtual reality jeopardize their respective realities?

LANDTEC INDUSTRIES

Excavating - Blasting - Trucking

250-285-2300



*Experienced
Competitive*

Landtecindustries.com

Quadra Circle News



Activity Centre: Come for coffee and conversation with old and new friends on Thursdays, 10am-noon at Quadra School's Literacy Room. Use the school entrance by the Garden.

Seniors Outreach Worker, Marie Sheran: 285-3950 and her team visit seniors who want more information on our programs or who are recovering from illness or sometimes feeling a bit isolated and who would

like a chance to chat.

The Transportation Program: If you're a senior who would like a ride to go grocery-shopping or to a community event, get to an appointment or meet a friend to chat - don't miss out! Just call Diana at 285-3630 and give her at least 24 hours' notice to arrange your ride.

Quadra Home Meals: Seniors, anyone with illness or recovering from surgery and their caregivers can order these tasty, nutritious meals prepared for the program by Mariana, Gowlland Harbour Resort's Chef. Food preferences, allergies and special diets are accommodated. Pick up the meals at the Community Centre on Wednesdays between 11:30am and 12 noon or pre-arrange delivery by our volunteers. Cost is \$5 per meal. To order by Sunday noon call Marie at 285-3950.

Foot Care: If you need foot care and receive MSP premium assistance or the Guaranteed Income Supplement for seniors, you are eligible for a subsidy for your foot care appointments. To apply call us at 285-2255.

Community Connections Centre: The Fall Fair, Community Kitchen and Philippine Garage Sale are seeking volunteers – just call us to help them out! Does your community group need volunteers? Want helpful info about resources for seniors? Drop in our office in the Q Cove Centre, next to Quadra Island Medical, Wed.-Sat., 11am-3pm, or call Community Connections: 285-2255.



Blaine Smith Painting & Contracting

Serving all your *residential and commercial needs*.
• painting • finishing • tiling
• decks • drywall • flooring • renovations



You name it we do it!

25 years painting experience

V.R.C.A. 2011 'Award of Excellence' Nominee

p. (250) 285-3045 c. (250) 202-6299

Quadra Island Seniors

--BR. 91 -B.C O.A.P.O

HAPPY LABOUR DAY ! Everyone--I am certain every one of us have been workers. By the time everyone has received this message, our seniors will have enjoyed our annual picnic.

Our work at the Tourist Information Booth will be soon coming to an end for this year. Our workers enjoy speaking with all the tourists who visit our beautiful discovery islands. Visitors migrate from Europe, Asia, United states, Prairie provinces, the mainland and Vancouver island.

Soon Cumberland Branch will be celebrating their 60th founding anniversary Director Ruth Amiabel & Heather Adams may be attending their event.

There will be armchair aerobics with Anne Lawrence on Wednesdays at 10:15 am in the Legion, bring a snack to have with coffee or tea following. Contact Ann @3325 if you are able to attend. Our next meeting will be held on Wed, October 8th.

Our President & North Island Director Ruth Amiabel will be attending a Provincial Board meeting on the first week of October. For membership contact Marilyn Lamb @ 3354.

follow us on
twitter
QuadraNews

 Like the DI on FaceBook

Campbell River's Home Grown Health Food Store

BLUE DIAMOND



Nut Thins

\$2.99
120g

CROFTERS



Strawberry & Raspberry Jam Family Size

\$3.99
383ml

SILVER HILLS



Sprouted Grain Breads

\$3.19
615g

NUTS TO YOU



Organic crunchy & smooth Peanut Butter

\$5.99
500g

HEALTHYWAY Natural Foods

Discover more savings in our flyer
www.healthywaynaturalfoods.com

Prices in effect until September 18 or while quantities last

Moving Forward In Watercolour With Caren Heine

Campbell River artist Caren Heine will be leading an adult class at the Campbell River Art Gallery this September for students hoping to practice and hone their watercolour painting skills.

“Moving Forward in Watercolour”, scheduled for Tuesday afternoons from Sept. 9 to 30, is a continuation of Heine’s previous course for watercolour beginners. Heine will offer adult participants an opportunity to expand on the intricacies of colour mixing, techniques for handling various painting surfaces, drawing and laying washes, and brushwork techniques.

In class, Heine will teach through demonstration, as well as give hands-on help to guide her students through the painting process.

With 40 years of experience painting and many years of teaching, participants will be in good hands with this watercolor expert. Heine is a well-established artist who has sold her work in North America and Europe. She has received numerous awards for her art, including the title of A.F.C.A from the Federation of Canadian Artists.

The cost for this course is \$118 plus GST for non-Gallery members (\$108 plus GST for Gallery members), and it runs Tuesdays, Sept. 9 to 30 from 1 – 4 pm.

There are a limited number of seats available, so don’t delay in registering

For more information, contact the Campbell River Art Gallery at 250-287-2261 or email programs@crartgallery.ca

Different Spokes for Different Folks

Bike Sales New & Used
· Electric Kits · Accessories



250-285-3627

bicycle@gicable.com

www.quadraislandcycle.com

6 Foot Johnson Returns...

Are you ready to Rock?

Then don’t miss 6 Foot Johnson at the H.B.I. Pub Friday, Sep 12, 9:00pm. You’ll love their driving, original west coast sound.

This show features a preview of their debut album “One Good Thing”, recorded at Quadra Island’s own Brothers Studio under the supervision of Jim Thievin.

If you were lucky enough to see them headline the Read Island Music Festival at Lambert’s Beach last month, then you know they’re the hardest working band in the Discovery Islands. A rock solid rhythm section, shredding guitar solos, and driving harmonica, showcase intriguing lyrics and four-part vocal harmonies.

6 Foot Johnson has been entertaining island audiences and creating together for a decade. All four band members contribute to the song writing, making for an eclectic mix of infectious melodies and rockin’ rhythms from 9:00pm to 1:00am at the HBI, Friday, September 12. No cover.

Danvfer Johnson – guitar, harmonica, vocals

Aaron McCulloch – guitar, bass, vocals

Greg Osoba – bass, guitar, vocals

Garden – drums, vocals



darshanphotography.com

Quadra Island Outdoor Club

Upcoming Events

The upcoming Outdoor Club events for the next few weeks are:

10 Sept, Wednesday - hike to Rousseau Ridge

15-17 Sept, Monday to Wednesday - kayaking Cortes and beyond

The summer schedule can be found at the website:

<http://qioutdoorclub.org/trips/trip-schedule/schedule-summer-2014/>

Use the “click for more” button for trip details. Please contact the trip coordinator well in advance of the trip if you want to participate.

If anyone has suggestions for trips at the end of September and into October, please let us know at qioutdoorclub@gmail.com.

The Outdoor Club, along with the Mushroom Club, the Heriot Bay Inn, and the Recreation Society, will be sponsoring mushroom events in October. Dr. Shannon Berch and Sharmin Gamiet will provide instruction and advice.

3 Oct, Friday - mushroom presentation & appies

4 Oct, Saturday - mushroom foray

5 Oct, Sunday - mushroom ID workshop

The initial fall schedule can be found at:

<http://qioutdoorclub.org/trips/trip-schedule/schedule-fall-and-winter-2014-15/>

The Outdoor Club will host a planning event early in November to brainstorm about winter hiking, skiing, snowshoeing trips and possible other events.

For more information about the Club, visit the webpage at qioutdoorclub.org. To join or renew, contact Darcy Mitchell at darcm@telus.net.

island marine centre

Best Prices **ANYWHERE** on Marine Supplies

Recreational • Commercial • Industrial

NOW OPEN 6 DAYS WEEKLY

Tuesday to Friday 9 – 5:30 • Saturday & Monday 10 – 5

Located beside the Gas Station in Q Cove • 250 285 2210 • www.islandmarinecentre.ca

Wreath and Poppy Campaign

The Quadra Legion's Remembrance Day Wreath and Poppy campaign committee is getting an early start in preparing for this year's campaign. If your business has an existing order for a wreath and you would like to confirm your order or if you are interested in placing a new order and would like some more information please contact Marilyn Lamb at 285-3354.

Hello Fellow Marketeers!

News Flash 2014...

Stella and Michele are retiring as your Market Directors. Naomi will continue as our Facebook presence.

We are passing our jobs over to enthusiastic people to breathe new life into our weekly outdoor Farmer's Market and Bazaar.

Being a Director has been a fun job, you get to meet lots of people!

It requires a couple of hours a week, opening and closing the market from May until September. Some advertising and organizing the payment of bills (ie: grass cutting, porta potty, insurance.)

These are volunteer positions BUT the great perk is you get to pick your market spot every week and people like to talk with you!

It is really a pretty slick operation and very straight forward. Stella and I will gladly fill you in on the details.

Our last outdoor market is September 13th and that is also the date we finish as your Directors!

Please consider this as a fabulous opportunity to serve your fellow marketeers and Islanders as we have!

For more info: Stella 285-3184 or Michele 285-3747 or quadramarket@gmail.com or visit us at the market!

Find your way
around online...

Quadralsland.ca 

Zero Mile Diet

Carolyn Herriot, gardener, cook, author, and seed collector, will be the guest speaker at the Garden Club meeting on Monday, September 8th, 7 pm at the Community Centre. Her new cookbook, Zero Mile Diet, offers seasonal recipes for delicious homegrown food. Learn the many ways of preserving your harvest by attending this first meeting of the fall session, one day after our fabulous 'Fall Fair'. Carolyn operated The Garden Path Nursery (certified organic) in Victoria from 1989 - 2006, from which grew her organic seed business 'Seeds of Victoria'. She shares her passion for plants in public lectures and workshops and as a garden writer for CommonGround and BC Homes & Gardens magazines. She is author of A Year on the Garden Path, a 52 week Organic Gardening Guide, The Zero Mile Diet, a Year-round Guide to Growing Organic Food, and now The Zero Mile Diet Cookbook. Join us for an evening of good friends, great information and perhaps some bragging time for your produce. Did you win a ribbon at the fall fair - bring your entry along. We would like to know about your winning entry and share our participation of this fun event as a club. Drop ins \$3. Annual membership renewal is due at the September meeting \$10 for individuals \$15 for a family.

HEAT PUMP SPECIALIST

Commercial & Residential

Plumbing, Heating & Gas Fitting

- Installations, Repairs & Renovations
- Boilers & Hot Water Heating
- Furnaces & Heat Pumps
- Solar & On-Demand Water Heaters
- Wood Stove Installations



Call or Email Brent
250-202-1150
brent@r4mechanical.com
Licensed-Bonded-Insured

www.r4mechanical.com

**Tip-top
Chimneysweep**

**It's that
time of year**

**Gabe Aston
204-5228**

SORENSEN

MACDONALD
ENTERPRISE LTD.
250•285•3906 / 250•203•3906
**Excavating • Trucking
Sand & Gravel**

**QUADRA
Island
BUILDERS**

HORIZON

**CLOVERDALE
HORIZON PAINTS**

25% OFF

STARTS SEPTEMBER 5TH

WHILE SUPPLIES LAST

Store Hours: Mon-Fri 8-5, Sat 9-5, Sun 10-4
635 Noble Road (corner of Green & Noble)
www.quadrabuilders.com

**Cloverdale
Paint**

Phone: 250-285-3221
Toll-free: 1-877-585-3221
Fax: 1-866-509-8928

Delivery to Cortes 3 days a week!

Spare fridges cost BC homes \$34 million a year in electricity bills

VANCOUVER: BC Hydro estimates that there are secondary or spare fridges in nearly 40 per cent of homes throughout B.C. These unused or underused fridges cost homeowners more than \$34 million a year in electricity costs.

Refrigerators are one of the most energy consuming appliances in a home as they run 24 hours a day. One fridge alone costs customers up to \$90 a year in electrical costs to use. Almost 380,000 B.C. households keep an extra fridge.

Through the Refrigerator Buy-Back program, BC Hydro is offering to collect and recycle spare fridges free-of-charge for residential customers, and rewards them for it. Customers can save the expense of recycling an old spare fridge, and receive a \$30 credit on their electricity bill.

If all the secondary fridges in B.C. homes were recycled, there would be enough energy saved to power all the homes in a city the size of Chilliwack for an entire year.

The Refrigerator Buy-Back program has collected nearly 375,000 fridges since it began in 2003. To register for pickup, customers can complete the Fridge Buy-Back application online.

For more information please contact:
BC Hydro Media Relations
phone 604.928.6468
website bchydro.com/media

Help Keep our
Community Strong
Shop Local
All Year Long!



A Unified Voice for the Islands' Business Community



JOIN TODAY

- Forum for Island businesses.
- Coordinating island promotion.
- Low annual membership dues

FOR MEMBERSHIP INFO

www.discoveryislandschamber.ca
D.I.C.C. Box 790, Quathiaski Cove. BC V0P 1N0

eMail chamber@discoveryislands.ca

Give More Music to Our Island

If you love to sing, come out and make music with Quadra Singers! Join us on September 11 at 6:45 p.m. Meet at the Quadra Community Centre – and bring your friends and family members. (Special rates available for family members!)

All voices and all levels of singing ability are welcome. We always need 'male voices'. It's not even necessary to know how to read music!

Singers prepare through the fall session for a December concert, 'Twas the Night before Christmas'.

Concert planning is underway, as the island's community choir prepares to offer another crowd-pleaser with guest performers and Christmas favourites.

The winter concert is scheduled for December 13 at the Quadra Community Centre.

Learn more about Quadra Singers on the choir's Facebook page. Or contact the choir by email (quadrasingers@gmail.com) or telephone (250-285-2393).

The Quadra Island Tennis Tournament 16th of August...

Although it rained on Friday, we were so lucky on Saturday, beautiful sunshine during all our matches.

Twenty-four eager players showed up. The teams were randomly selected which made for a good match-up, all players were pleased that their partners were enthusiastic and of course, ready to win!

The finals were between Meg Stuart and Murray Garland vs. Connie Oldroyd and Ken Roxburgh; Meg and Murray won that A. Trophy.

The B. Trophy was won by Doris Colter and Scotty Low, they were victorious over Carol Woolsey and Jim O'Rourke.

The no. 3 trophy went to Joni Diamond and Mornay van Zijl, for their very fast and courageous decisions.....

We hope to see everybody on the courts the rest of this summer.

For the Tennis Committee:

Louella, Ken, Doris & Rita



A Unified Voice for the Islands' Business Community

JOIN TODAY

- Forum for Island businesses.
- Coordinating island promotion.
- Low annual membership dues

FOR MEMBERSHIP INFO

www.discoveryislandschamber.ca
D.I.C.C. Box 790, Quathiaski Cove. BC V0P 1N0

eMail chamber@discoveryislands.ca

Summer is here!

time to get your boat and motor tuned up

Quadra Marine Services

Fast, Reliable, and Reasonable Rates.

Now available

Bulk
2-Stroke Oil
\$7 Litre

Call Frank for an appointment today and get ready for some smooth sailing and peace of mind on the water.

250-202-2853

quadramarineservices@gmail.com

Strathcona Regional District Park Acquisition on Cortes Island Becomes Reality

(AUGUST 28, 2014, CAMPBELL RIVER, BC) -- The Strathcona Regional District is pleased to announce it has entered into an agreement to purchase Whaletown Commons, a 70-acre greenspace on Cortes Island located in the center of the Whaletown community. The Regional District has been engaged in ongoing talks with Island Timberlands to purchase the property for almost five years, and is happy to say an offer of sale for \$839,000 has been accepted and that the deal will close in the near future.

Whaletown Commons has long been identified as a park interest in the Cortes Island Official Community Plan. Funding for the property comes from various sources, including Strathcona Regional District Community Parks reserve funds, donations from the Whaletown Commons Society and donations from the community at large.

Noba Anderson, Regional Board Director for Area B (Cortes Island), is the third Area Director to have worked to further this initiative and dedicate funds for this purchase. Anderson acknowledges the community for their ongoing efforts to make this happen:

"I am beyond delighted that this long-standing community park priority has finally become a reality! The purchase of Whaletown Commons is a rare opportunity to secure 70 acres of green-space in the centre of a neighbourhood, and I am honoured to be part of making this happen."

For more than 20 years, Whaletown residents have worked to protect this piece of land. Its unique elements include high forest and riparian values, a salmonoid-bearing creek that runs through the northwest corner of the property, and it provides a natural habitat for wolves and other species. By purchasing the property, the Regional District can ensure the land is preserved and managed in its natural state for park purposes.

Being Here

Come into body,
into green earth.

Bones are here,
and breath.

This is what you chose
life
with salt tears
and dirt under nails
long rows of weeds
and strawberries
warmed by sun.

Don't turn away,
there is nothing better.

What a pity
not to taste
the fruit you planted
not to touch
what is already ripe
in your hand.

Dayna Davis

Dayna Davis enjoys the good life on Cortes Island, where sea, sky, forest, garden and children inspire some words of praise now and again.

Poets' Corner

Complete Privacy!



2,983 sq ft renovated home
stunning 5 acres
drilled well
\$469,000.

Visit our office for our complete catalogue of listings



250-285-2800

www.discoveryislandsrealty.ca



J TOELLE CONSTRUCTION LTD



Above: Private home, energy rating ★ 81
SEE MORE OF OUR PROJECTS AT www.jtoelle.com

BUILDING FOR & EMPLOYING ISLANDERS SINCE 1980

★ Green energy rated
Custom & budget homes
Resort buildings
Commercial buildings
Cost effective design

BC LICENSED RESIDENTIAL BUILDER
10 YEAR NEW HOME WARRANTY

OFFICE 250 285 3783
MARSHALL TOELLE 250 204 5111
MATT GRISWOLD 250 204 2878

Haig-Brown Festival 2014

Now in its 13th year, the Haig-Brown Festival will take place on Sunday, Sept. 28th, from noon to 4pm in honour of the Haig-Brown family legacy and World River's Day.

The festival is a great family event with lots to see and do. It provides an opportunity for the public to explore the Haig-Brown House and grounds, and to find out more about some of our local community groups that work to carry on the values of conservation and environmental consciousness demonstrated by Roderick Haig-Brown in both his writing and his actions.

Roderick Haig-Brown was a fly fisherman, lay judge, and author, who became famous through his many articles and books, some of which are considered to be classics today. Haig-Brown was an avid conservationist, and spoke of preserving the natural environment long before environmentalism became a popular issue. He is credited with creating a positive impact on the future of Campbell River through his consideration of how industry could impact the natural habitats of fish and wildlife.

The Haig-Brown Festival explores the themes of fishing, literature and conservation, with the addition of outdoor recreation and safety and includes fly tying demos, fly fishing lessons, children's games and crafts, good food, great displays and property tours. Recognition is also given to Roderick's wife Ann (Elmore) Haig-Brown who assisted vulnerable women, and who was once the librarian at Carihi. The festival also serves to showcase local artistic and musical talent.

Located on the banks of the Campbell River, adjacent to the Kingfisher Creek conservation area and surrounded by woods, the site's location by the river is a focal point for the celebration. Readings from Haig-Brown writings are given in the house study and the public will have the opportunity to peruse its treasure trove of classic literature.

Come down and enjoy a day by the river; admission is free! The festival is operated by the Museum at Campbell River that manages the property.

For further information call the Museum at 250 287-3103.

Environmental Lawyers Find Gaps in Proposed Aquaculture Regulations

VANCOUVER, BRITISH COLUMBIA—(Marketwired - Sept. 2, 2014) - Environmental lawyers have raised serious concerns over proposed new federal regulations that would allow aquaculture facilities to dump aquatic drugs, pesticides and fish waste into wild fish habitat with impunity. In submissions made today to Fisheries and Oceans Canada (DFO), the West Coast Environmental Law Association has rejected the government's plan to reduce oversight over fish farms and calls for stronger environmental laws to protect BC's struggling salmon populations.

"This is a classic case of government turning a blind eye to the risks of industrial activities," said Anna Johnston, staff counsel at West Coast Environmental Law. "DFO is essentially proposing to divest itself of responsibility for the harms fish farms cause to wild fish populations and their habitat. It must uphold its obligation to Canadians to ensure that aquaculture does not come at the cost of Aboriginal, commercial and recreational fisheries," said Johnston.

The regulations would permit aquaculture facilities to dump drugs, pesticides and biochemical oxygen demanding matter

(fish food and waste) into fish-bearing waters without a licence or environmental assessment. Proposed by DFO, they would also exempt the facilities from the prohibition against causing serious harm to fish. The proposed regulations would require facilities to submit annual reports, but existing farms would not need to include in those reports a description of the impacts of their operations.

"With over 100 salmon farms along BC's coast and the federal moratorium on open net farms recently declared lifted, it is essential that we understand the cumulative impacts of BC's growing aquaculture industry," said Jessica Clogg, Executive Director and senior staff counsel at West Coast. "Under the proposed regulations, fish farms are being treated as silos, with no apparent requirement that the combined impact of the multitude of existing and future facilities be assessed. DFO has a responsibility to protect wild fish and their habitat. Under these regulations, it would be shirking that duty."

The regulations are a result of sweeping changes to federal environmental laws in recent years, including the 2012 omnibus budget bill C-38. Fisheries Act changes in this controversial bill were opposed by scientists, First Nations, community groups, fishing associations, conservation groups and former fisheries ministers as environmentally irresponsible and undemocratic.

"Environmental deregulation puts the things Canadians value most, like clean water and wild fish, at risk," says Johnston. "The proposed Aquaculture Activities Regulation further undermines these values at the expense of all Canadians."

The proposed regulations and invitation to comment can be found on the Canadian Gazette, at: <http://www.gazette.gc.ca/rp-pr/p1/2014/2014-08-23/html/reg1-eng.php>.

West Coast's submissions on the proposed regulations and related information can be found at: <http://wcel.org/sites/default/files/file-downloads/Submission%20WCEL%20to%20DFO%20re%20Aquaculture%20Regulations%2014-09-02%20%28final%29.pdf>.



Speaking of Intentions

We all rely on the Island grapevine for local news almost as much as we gather major news from the world wide web. But every now and then the vine curves back, as was the case last week when I learned of some interesting news.

Apparently I'll be running for the position of Regional Director. The grapevine... or is it the rumour mill? told me it was 'a done deal'.

Well this was news to me.

Okay, obviously I have an interest in politics. You don't run in Federal & Provincial elections unless you have at least some ambitions in that regard. And sure, I'd be lying if I said I hadn't thought about running for Regional Director sometime in the future. But that is not a firm plan and it certainly does not include this upcoming term.

As much as I am interested in politics I am equally put off by the baggage that comes with public service. If anyone has seen the flack directed toward Jim Abram over the years it is the editor of the local paper. And every cynical swipe at our hard working director has made the job appear less and less appealing.

But as a community member I know that Jim can't represent us forever. Heck the guy deserves a well-earned break sooner or later and someone is going to have to step up to the plate.

Here's a good-natured jab at Jim because as an incredible a job as he has done as our Director, he's pushed the bar up to impossible heights. It seems highly unlikely that anyone could fill Jim's shoes with his deep knowledge of the machinations of local and provincial politics and he hasn't shied away from the federal realm when our local interests have been at stake.

No matter what plays out and who steps up in the future, the role of Regional Director is going to look a lot different once Jim hangs up his cellphone and hits the beach.

Perhaps there are others mulling over the job? Maybe in 2017 we'll see a full blown race with several well suited candidates? There's still plenty of time for a race to develop for this November although the prudent aspirant need only look back to the last election to see that snowballs have a greater chance in warm climes than going head to head with Mr Abram!

The bottomline is 'no' I am not running for Regional Director this year. And I only have a mild interest in the position, period. It demands more than I am willing to give and it entails more insults than I am willing to endure.

Do we need a succession plan? Yes I think so. Money has a habit of buying its way into power and I think the broader community should have a natural champion not a default. A few things to ponder...

-Philip Stone

G. ROY DAHLNAS EXCAVATING LTD.

- EXCAVATING • TRUCKING • SAND
- GRAVEL • TOP SOIL • DRAIN ROCK
- ROAD CRUSH • WELL CASINGS



Castle Computing

we sell notebooks, desktops, parts & peripherals

we repair most makes of computers

we tutor most makes of humans

250-285-3695

New Patients Welcome!



Dr. Joseph Gris
Dr. Paul Elphick

Family Dentistry

Book an appointment today
250-285-3000

coastal fare and island soul



tag #heriotbayinn: your pic might get some legit ink!
photo by Eileen Peters.

Blue Katz *more vintage rock+roll rhythm & blues • Sept 5*

Six Foot Johnson *dance & rock n' roll • Sept 12*

Murder Mystery *reserve now 285-3322 • Sept 20*

join or enjoy: Open Mic with Mo Saturday evenings

Herons/Inn:
285.3322

Pub:
285.3539

Heriot Bay Inn
a beautiful place to spend time

CLASSIFIEDS

GARDENING

BALANCED SOIL FOR HEALTHY GARDENS

Certified horticulturist Ryan Nassichuk wants to help you get your soil analyzed by a reputable laboratory. He also wants to help you interpret the results to come up with a soil remineralization strategy specific to the needs of your garden. Ryan is also available for consultations on Quadra and beyond regarding all aspects of coastal food gardening. Call 250-202-2326 or nassichuk@gmail.com and visit ryansgarden.com

SHOPS

WAYPOINT SIGNS

Signs, Picture Framing and simple Engraving at Waypoint Signs beside Quadra Builders. Tues-Thurs, 9-noon/1-4pm. Appointments possible to suit your schedule. Friendly, efficient, personalized service with quality products at affordable rates.

250-285-2815
info@waypointsigns.com

CORTES ISLAND CRAFT SHOP CO-OP

Squirrel Cove 250 935-6635
 Arts and Crafts, writing and music by local persons
 Summer schedule July - August, everyday, 10 am - 5 pm
 Fall Schedule Sept. 1 - 16, 12 - 4pm.

SUPPORT Your D.I. and receive ISLANDER BENEFITS

The Discovery Islander is now requesting a voluntary, annual subscription fee of \$30* from readers who receive the DI in their post office box.

In exchange you'll ensure the viability of the DI and continue to receive 26 editions of the Discovery Islander every year packed with local news & events, along with your own 'Islander Benefits' card entitling you to special deals from local businesses.

Name: _____ Please send: 1 card 2 cards
 (please print clearly)

Mailing Address: _____ (local post office)
 (box number)

eMail: _____

Enclosed is a cheque for \$30:
 Please return this completed form or submit these details under separate cover to ensure your card reaches you.

Payment by credit card may be made online using PayPal™ at www.discoveryislander.ca

* includes: DI, card & taxes

FOR SALE

QUALITY CEDAR PRODUCTS

Planed or rough cut decking, lumber, siding, beams, fencing, 4x4s, clears, VG, custom milling, whatever your needs. Located On Quadra Island, 250 830 7897

504

SERVICES

Q-COVE APPLIANCE REPAIR

Repairs and service to your domestic major appliances at competitive rates. We have a good selection of quality rebuilt washers, dryers, fridges, gas and electric ranges. All come with a one year warranty on mechanical components and free delivery for south Quadra Island. New and used parts depot. Free pick up of your unwanted recyclable appliances. 10% Seniors discount. Please call 250-285-3425 or cell 250-202-3425.

FERNBANK SAWMILL

Custom cutting at your place or mine on a state-of-the-art Woodmizer mill. We cut everything from beams to siding. Call Gerry Côté: 250-285-3651

NOLE CREEK SAWMILLS

Milling, moulding, kiln drying to all your specific requirements. Specialty beams to 32 ft. Siding, flooring & Much more. Your logs or mine. Free local pickup and delivery. Call Greg 250-204-0814
www.nolecreeksawmills.com

HELP WANTED

SERVER

Herons Dining Room has a position opening for a server. Part time September\October. Must have minimum 1 year dining service experience. Please send resumes to: info@heriotbayinn.com or fax 250-285-2708

HELP WANTED

April Point Resort is looking for experienced Line Cooks to finish out the season. Also dishwashers are wanted. Please apply in person, with resume to Chef Ian Murphy.

SEEKING

ROOM MATE

Looking for a mature roommate to share expenses in beautiful unique 2 bedroom ocean front home on Quadra. Bright, large unfurnished main floor master bedroom, newer carpeting, walk in closet, skylights... looking for non partier, neat and tidy, non smoker...\$650 month includes washer/dryer/ dishwasher/ woodstove, internet and heat, please call 250-204-4230

DI CLASSIFIEDS

Up to 35 Words = \$20*

35-70 Words = \$35*

* includes GST

Email or drop off your ad with payment at 701 Cape Mudge Rd or at Inspirations in Q Cove

or pay by credit card online at www.discoveryislander.ca

Pay Now



Email
ads@discoveryislands.ca
 with any questions

Drop off your classified ad with payment or FREE editorial item at Inspirations in Q Cove



TIDES - HERIOT BAY

DATE	TIME PST	m.	ft.
05	02:04	4.1	13.5
Friday	09:20	1.3	4.3
	16:41	4.5	14.8
	22:24	3.2	10.5
06	03:13	4.2	13.8
Saturday	10:14	1.2	3.9
	17:22	4.7	15.4
	23:13	2.9	9.5
07	04:16	4.3	14.1
Sunday	11:02	1.2	3.9
	17:58	4.8	15.7
	23:56	2.6	8.5
08	05:17	4.4	14.4
Monday	11:48	1.4	4.6
	18:31	4.8	15.7
09	00:36	2.3	7.5
Tuesday	06:15	4.5	14.8
	12:32	1.6	5.2
	19:04	4.9	16.1
10	01:17	2.0	6.6
Wed.	07:10	4.6	15.1
	13:16	1.8	5.9
	19:36	4.8	15.7
11	01:59	1.7	5.6
Thursday	08:04	4.6	15.1
	14:00	2.1	6.9
	20:10	4.8	15.7
12	02:42	1.6	5.2
Friday	08:59	4.5	14.8
	14:46	2.5	8.2
	20:45	4.7	15.4
13	03:28	1.5	4.9
Saturday	09:57	4.4	14.4
	15:35	2.8	9.2
	21:23	4.5	14.8
14	04:16	1.5	4.9
Sunday	11:01	4.3	14.1
	16:31	3.1	10.2
	22:03	4.3	14.1
15	05:08	1.5	4.9
Monday	12:15	4.2	13.8
	17:41	3.3	10.8
	22:51	4.1	13.5
16	06:05	1.6	5.2
Tuesday	13:36	4.2	13.8
	19:14	3.3	10.8
	23:54	3.9	12.8
17	07:09	1.7	5.6
Wed.	14:47	4.2	13.8
	20:41	3.3	10.8
18	01:10	3.8	12.5
Thursday	08:15	1.8	5.9
	15:43	4.3	14.1
	21:47	3.2	10.5
19	02:21	3.8	12.5
Friday	09:14	1.8	5.9
	16:27	4.4	14.4
	22:35	3.0	9.8

Be Recycle-Wise

Don't Dump Trash at OUR
 Recycling Depot

Read and learn what the symbols mean

Issue #584 September 5, 2014