

discovery

I S L A N D E R

Cortes SeaFest 2015



photo: Philip Stone

Saturday May 16

Serving begins at 11:30 am
Free shuttle meets every Cortes Ferry
(no reservations required)

Quadra May Day 2015



photo: Philip Stone

Saturday May 23

Parade begins at 10 am - Rebecca Spit

Ferry Schedules

Effective from February 9

Campbell River - Quadra Island

Crossing Time: 10 minutes

Leave Campbell River Leave Quathiaski Cove

Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
6:40 am		6:20 am	
7:30 am	†8:20 am	7:05 am	7:05 am
8:30 am	†8:20 am	8:00 am	†7:55 am
9:30 am	9:20 am	†9:00 am	8:55 am
**10:30 am	10:15 am	10:00 am	9:50 am
11:30 am	11:15 am	11:00 am	10:45 am
12:30 pm	12:15 pm	12:00 am	11:45 pm
1:30 pm	1:15 pm	1:00 pm	12:45 pm
2:30 pm	2:15 pm	2:05 pm	1:45 pm
3:30 pm	3:30 pm	3:00 pm	3:00 pm
†4:30 pm	4:30 pm	**4:00 pm	4:00 pm
5:25 pm	5:25 pm	5:00 pm	5:00 pm
6:15 pm	6:15 pm	5:50 pm	5:50 pm
7:30 pm	7:30 pm	7:00 pm	7:00 pm
8:30 pm	8:30 pm	8:00 pm	8:00 pm
9:45 pm	9:45 pm	9:15 pm	9:15 pm
*10:45 pm	†10:45 pm	*10:15 pm	†10:15 pm

Quadra Island - Cortes Island

Crossing Time: 45 minutes

Leave Heriot Bay Leave Whaletown

Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
9:05 am	†8:50 am	7:50 am	†7:50 am
**11:05 am	10:50 am	9:50 am	9:35 am
1:05 pm	1:05 pm	11:50 am	11:35 am
3:05 pm	3:05 pm	**1:50 pm	1:50 pm
5:05 pm	5:05 pm	3:50 pm	3:50 pm
6:45 pm	6:45 pm	5:50 pm	5:50 pm

! Local Commuter Sailings, Please Avoid.

* Fridays Only † Daily except Sundays.

** Tuesday sailings are for Dangerous Cargo

No passengers or cars.

List Your Event



Want to post a calendar listing on page 3? Lots of choices for getting it to the DI!

- Email us at news@discoveryislands.ca
- Drop off your listing at Inspirations in Quathiaski Cove
- Or you can bring it to our office, 701 Cape Mudge Road
- The mail works too! Our postal address is Box 280, Q Cove, BC V0P 1N0

SEEN ABOUT THE ISLANDS

Mooo-ving to Read Island!



A pair of one year old heifers from Mr Swanson Sr. made their way from Quadra to Read Island by boat. Here are some fun photos of the cows heading to Read island to reestablish dairying out there

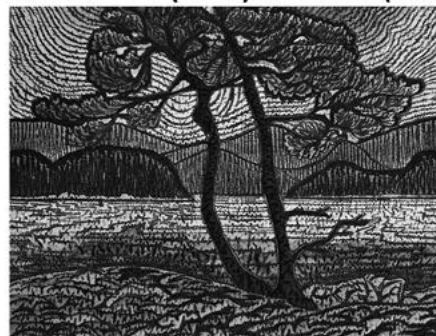
- Heather Jansen



Quadra Island Studio Tour

13th annual Studio Tour kick-off weekend

June 6th (10-5) & 7th (10-4)



-see the work of 35 artists at 23 studios!
-win art prizes!

at the community centre:

- more artists
- group show
- Amuse Eats with Chef Mariana
- silent auction

tickets \$5/person -kids 12 and under free

available at:

Inspirations on Quadra Island
Quadra Isl. Tourist Booth
Works of H'Art
Quadra Resorts



a member group of
Quadra Isl. Recreation Soc.

QuadralslandArts.com



THE ISLAND CALENDAR

Day to Day

Friday, May 15

- Live music with Go Dog Go, HBI Pub 9pm n/c

Saturday, May 16

- Cortes SeaFest, Gorge Harbour Marina
- Duffy Live, Quadra Legion 9 pm \$10 @ door

Tuesday, May 19

- Parkinson's support group, 10 a.m. Q.C.C.
- Hal Douglas and Julie Frank in concert. Heron's at HBI. All Ages Show 7-9 Doors 6:00 Cover \$7

Friday, May 22

- Live music with Ray Bennett Band, HBI Pub 9pm n/c

Saturday, May 23

- Quadra Island May Day!!! details page 10
- Music with D.J. Diabla Blanca & Billy D. @ Legion

Tuesday, May 26

- North Island Hospital presentation Q.C.C 5:15pm

Friday, May 29

- Live music with Peel, HBI Pub 9pm n/c

Thursday, June 4

- Quadra Singers AGM Quadra Legion 6pm

Friday, June 12

- CD release show. HBI Pub 9 pm n/c

Monday, June 22

- Seniors Housing Society's AGM, Q.C.C. 7pm

The Regulars

MONDAY

Parent & Tots, QCC, 9:30am-12pm
QuadrapaLOSERS QCC 6pm
Sing for Pure Joy!, 3-4:30pm at QCC
Badminton at the Cape Mudge gym, 7:30pm (\$2)

TUESDAY

Social Rock Climbing - Chinese Mtns 6pm
Al-Anon Meeting, Quadra Children's Centre, 7:30pm
Folkdancing, QCC, 7:30pm, until Apr 28, 285.3849

WEDNESDAY

1st & 3rd Wednesday Food Bank, QCC 1-2pm
Mens' Night - Quadra Golf Club - May to Sept.
Poker Night - Quadra Legion, Heriot Bay 7:30 pm
Hand-Drum Jam, Upper Realm, Q. Cove 7:45pm

THURSDAY

Parents & Tots, QCC, 10 am-12 pm
Ladies' Night - Quadra Golf Club - May to Sept.
Quadra Singers, 6:45pm at the QCC
Prayer Meeting, Quadra Island Bible Church, 7pm

FRIDAY

Alcoholics Anonymous, 8pm Quadra United Church
Acoustic Jam, Upper Realm, Q. Cove, 8 pm

SATURDAY

Meat Draw - Quadra Legion, Heriot Bay 5 pm
Open Mic with Mo, 9pm at the HBI pub

SUNDAY

Buddhist Meditation ,Upper Realm, 10am
Family Service, Quadra Island Bible Church, 10:30am
Social Rock Climbing - Chinese Mtns 10:30am
Quadra Sunday Painters, 11am-2pm, 285.3390
United Church, 11am, 285.3163
Meditation Practice and Teachings, 4 pm, 204.9640

At the Community Centre

This Week May 16-22

SATURDAY: 8am Ball Tournament

SUNDAY: 8am Ball Tournament; 7pm Yoga with Trinity

MONDAY: 8:30am Low Impact; 10am Parents and Tots; 10am Yoga with Josephine; 3pm Sing for Pure Joy; 6pm quadrapaLOSERS

TUESDAY: 9am Yoga with Brenda; 10am Parkinson's Support Group; 3pm Child's Pose Yoga; 5pm Yoga with Trinity

WEDNESDAY: 10am Yoga with Trinity; 11am Moms and Babes; 3pm Child's Pose Yoga; 6pm Restorative Yoga with Kai

THURSDAY: 8:45am Total Body Sculpt with Marion; 9am Yoga with Brenda; 10am Parents & Tots; 3pm Kids Creative Dance; 5pm Yoga with Trinity; 7pm Adult Dance Class with Kate; 7pm Bootcamp with Marion

FRIDAY: 8:30am Low Impact; 9:30am Fit On The Ball; 4pm Ballet; 5pm Hip Hop

NEXT WEEK May 23-29

SATURDAY: MAY DAY!!!

SUNDAY: 5pm Yoga with Trinity

MONDAY: 8:30am Low Impact; 10am Parents & Tots; 10am Yoga with Josephine; 6pm quadrapaLOSERS; 6pm Seniors Housing Meeting; 7pm Photography Club

TUESDAY: 9am Yoga with Brenda; 3pm Child's Pose Yoga with Dana; 4pm North Island Hospital Update Talk; 5pm Yoga with Trinity

WEDNESDAY: 10am Yoga with Trinity; 11am Moms and Babes; 3pm Child's Pose Yoga with Dana; 6pm Restorative Yoga with Trinity

THURSDAY: 8:45am Total Body Sculpt; 9am Yoga with Brenda; 10am Parents & Tots; 10am Infant Massage; 3pm Creative Dance for Kids with Kate; 5pm Yoga with Trinity; 7pm Bootcamp with Marion; 7pm Adult Dance Class with Kate

FRIDAY: 8:30am Low Impact; 8:30am Yoga with Kate; 9:30am Fit on the Ball; 4pm Ballet; 5pm Hip Hop

THE NEXT DI DEADLINE is Monday, May 25 at 7pm

Upcoming...

Go-Dog-Go · May 15
beach blanket time machine

Ray Bennett Band · May 22
country-coloured blues

Peel · May 29
high energy rock

Jim Byrnes · May 31
two course dinner & show

Open Mic
join in... or enjoy local talent at Saturday evenings with host Mo Davenport

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Guest Editor / Designer: Robyn Budd

Arts Editor: Dom Fetherston

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CONTACT US

email news@discoveryislands.ca

phone 250 285 2234

mail PO Box 280 Quathiasi Cove
BC V0P 1N0

office 701 Cape Mudge Road

hours Monday - Thursday

10am to 4pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to Discovery Islands communities. Please help us by following these guidelines:

- Text articles do not need to be attached to a file. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line.
- Remember to include credits and captions for photos and artwork.
- Please print handwritten material clearly.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

SUBSCRIPTIONS

Gift subscriptions are available for delivery in Canada by mail \$90 for 12 months

Local Voluntary Subscriptions are available with Islander Benefits \$30 per calendar year

Find more details online at www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm on Monday
May 25
for publication
on Friday, May 29

FROM THE EDITOR

As recently reported in DI 596 a coalition of local trail users and supporters have been busy over the past year or more developing a Quadra Island Trails Strategy. Amongst the goals of the strategy is a desire to attain “provincial approval and [develop] guidance for future trail construction and maintenance”.

As an avid trail user I’ve been a small part of this process and a firm supporter of the efforts and goals, albeit with a touch of dismay at the inevitable red tape that always consumes so much time and energy.

Looking at trails strategies from other jurisdictions it is clear to see that the finished product will be an asset to the community and help user groups, volunteer trail-builders and other stakeholders get the most out of our excellent trail network for many years to come.

But looking at the bigger picture I can’t help feeling that more is needed.

As Quadra Island positions itself evermore successfully as a tourism destination and especially as one with exceptional outdoor activities the need for greater local control over our land base becomes more apparent.

A little over two years ago a quiet meeting was called between TimberWest and local stakeholders to discuss TimberWest’s proposed logging around Morte Lake. Their forester was told in no uncertain terms that this would not be acceptable to the community and the company seemed to back away from the plan.

But there is no guarantee whatsoever that as their clearcuts grow elsewhere that eventually they will be eyeing the forest around Morte Lake ever closer. Given that they are the legal TFL license holder, the community only has the goodwill of the company to keep the forest intact until such time as the market and

other available timber supply forces their hand.

And Morte Lake is only one part of a larger area that has very high recreational and visual values for Quadra Island.

Next time you are at Rebecca Spit take a look at Chinese Mountains and the south and east slopes of Mount Seymour and imagine a new patchwork of clearcuts and logging roads criss-crossing the view. It won’t look pretty.

Most of Quadra’s popular hiking trails and mountain bike trails are concentrated in this area which is also quickly becoming known for high quality rock climbing. Leaving the security of these assets and the ecological significance of the forest to TimberWest is not a sound long term or even mid-term strategy.

So I’d like to suggest that Mount Seymour is an ideal candidate to have turned over from Tree Farm License to become a Regional Park.

An approximate boundary could be outlined by the Walcan road to the south, Hyacinthe

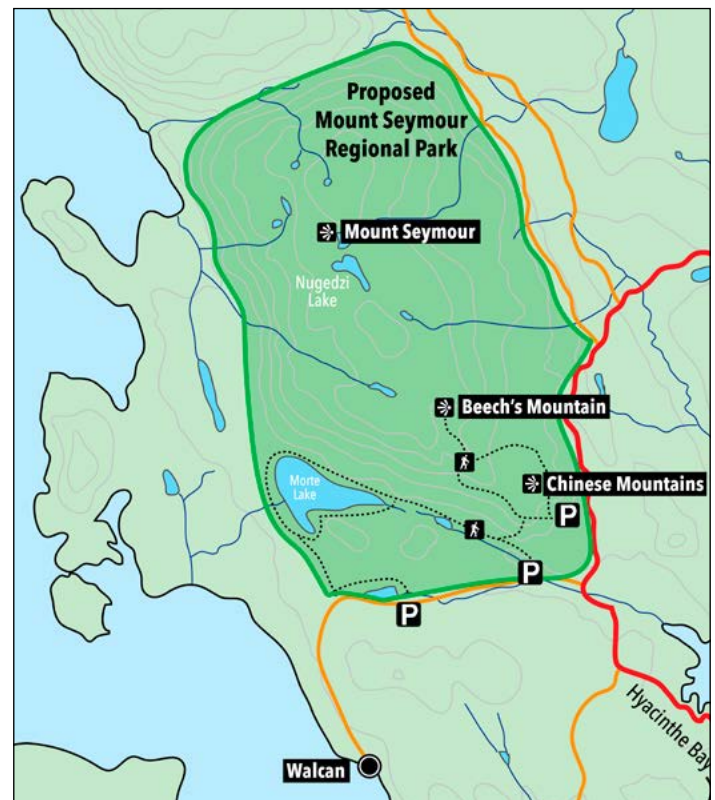
Bay and Granite Bay roads to the east and approximately the 80 metre contour line to the north and west. The details aren’t so important now but gauging the scope of community support for a new park is.

Summer isn’t typically a good time for meetings and launching new projects so for now the intent here is just to raise the idea. If there are people out there that want to seize the idea and run with it all well and good. Maybe there are some who don’t think it’s a good idea. Will a Regional Park add to our local taxes? Possibly, but sooner or later some facilities are going to be required at least at the Morte Lake and the Chinese Mountains trailheads and the RD is the perfect body to oversee that.

Either way, if you have an opinion to share on the idea of a Mount Seymour Regional Park drop the DI a line and let our Regional Director know while you’re at it. As always it’s news@discoveryislands.ca

Enjoy the trails!

- Philip Stone



Legion Scholarship Opportunity

QUADRA LEGION LADIES Auxiliary is accepting applications for the Kay Dubois Memorial Scholarship from veterans decedents entering post-secondary education. An award will be based on academic and citizenship criteria. First year students. Mail to Box 129 Heriot Bay, BC V0P1H0. Application closes May 31, 2015.

World Oceans Day

World Oceans Day is June 8. Oceans Week in Canada is June 1 to 8. One Earth, One Ocean, Ours To Protect, Together We Can Make A Difference.

Learn how you can be part of the solution, not part of the problem:
www.WorldOceansDay.ca

Announcement From Nuyumbalees Cultural Centre

Heading to the Royal BC Museum?

Don't forget your Nuyumbalees Membership Card!

Nuyumbalees Cultural Centre is pleased to announce that effective immediately, visitors to the Royal BC Museum who present a valid Nuyumbalees Membership Card or Legacy Membership Card will be entitled to special discounts through the reciprocal discount program, including 20% off admission rates.

Some restrictions apply, be sure to check the RBCM website for more information.

Active membership card must be show at the time of purchase. Discount is not valid on family admission rates, online purchases, or for admission to the IMAX theatre. One discount per card. For more information, please visit the RBCM at royalbcmuseum.bc.ca or call 250-356-7226.

Annual memberships are available from Nuyumbalees Cultural Centre. Please contact the Centre at info@nuyumbalees.com or call 250.285.3733.



Like the DI on FaceBook

Receive updates, notifications

Seniors Housing Society AGM

Quadra Island Seniors Housing Society's AGM will take place on Monday June 22, 7:00 pm in Room #1 at the Community Centre. Please attend to hear how the community at Seniors Housing is progressing. If you are interested in putting your name on the wait list, this is a great opportunity to find out more about the Society. Community participation is always appreciated, come out to show support for the housing Society.

Hand Drum Jam

THE HAND DRUM JAM

continues every Wednesday night upstairs in the Upper Realm at Spirit Books in the Quathiaski Cove shopping centre. Beginners are welcome. Extra drums are available. The jam starts at 7:45pm, the drop in fee is \$5. Call Steve at 285.3323 for more info.

Quadra Island Farmer's Market & Bazaar

The outdoor market starts Saturday May 2nd, 10am to 2pm, rain or shine! The market is located behind the Credit Union in Quathiaski Cove and takes place every Saturday from May 2nd to September 12th.

We would like to welcome all our regular vendors as well as as any new ones who would like to join in. We would especially like to see more produce.

We will continue on a first come basis and the gate will open at 8am for set up. Market parking is accessed from Green Road.

To set up a table still costs only \$5. For children under 16 it is only \$1 a table. Kids must sell their own articles, though. Local community and charitable organizations will not be charged.

Visitors are welcome! Come and enjoy our local market. This is where it's happening on Saturdays on Quadra Island. Arts, crafts, food, produce, plants, flowers, and souvenirs galore!

We strongly discourage dogs at the market. If you have no other choice but to bring your dog, please make sure it is on a leash or carried and of course pick up after your pet and keep them away from the booths.

Thanks for your interest and cooperation. Hope to see you soon! Email: quadramarket@gmail.com; Naomi 250.285.2979; Audrey 250.285.2114



Preschool Program
 For 2.5 to 5 years

(Toilet training not required)

Quadra Kids
 school age program

For 6 to 11 years

Find us online

quadrachildrencentre.weebly.com

7:30 a.m. to 6:00 p.m.

Monday to Friday

250-285-3511

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Six Foot Johnson Quadra CD Release

Join ten time HBI veterans Six Foot Johnson for their CD release at the HBI Pub.

The band is currently touring their debut album, *One Good Thing*, recorded on Quadra at Brothers Studio with Jim Thievin.

HBI Pub, Friday, June 12, 9:00pm - 1:00am. No cover charge.

CDs will be available for purchase.



Water water everywhere!

One of the challenges the Quadra Island Trails Committee faces is water and its impact on trails: how to get through it, around it, over it, and how to minimize its impact and keep it away from the trails.

If you've walked the Haskin Farm Trail this winter you'll have noticed a big improvement in the trail at the entrance to the meadow. While dry in the summer, this area is typically under 6 to 12 inches of water throughout the rainy season. Now, a 120 foot raised gravel pathway has been constructed through this seasonal wet area.

The Trails Committee would like to thank Woodlot Operator Alex Hartford for his donation of the 10 cubic yards of gravel used in this project. This project was completed with help from good neighbour, Hal Reveley, who spent the better part of a day using his backhoe to place logs and move the gravel into place.

Many thanks to Alex Hartford, Hal Reveley, and the volunteers who donate their time and energy to build and maintain our unique and wonderful Quadra Island trails.

- Dan MacKenzie
Quadra Island Trails Committee

Time to dust off your bike and register for Bike to Work Week

With only six weeks 'til Bike to Work Week, it's time to get your bike - and your team - ready.

May 25 to 31 is Bike to Work Week 2015. You can register as a workplace, school, individual, family or group of friends.



"This event is more than biking to work. It's about choosing another mode of transportation, and you get exercise, save money on fuel and prevent additional greenhouse gases from going into the atmosphere," says City of Campbell River recreation programmer Jen Furst. "Make it fun and challenge another department, organization, company or school to see who can log the most kilometres."

Bike to Work Week features prizes at the various breakfast stations and a barbecue held during the week.

For more information or to register online, visit: www.biketowork.ca/campbell-river or contact Jen Furst, jennifer.furst@campbellriver.ca.

North Island Hospitals Project Quadra Island Community Presentation



Here is a chance to learn more about the new \$274.5 million, 95-bed Campbell River Hospital and \$331.7 million, 153-bed Comox Valley Hospital. The North Island Hospitals Project invites all community members to attend a session to find out how the new hospitals will support your health care needs.

May 26th, 2015 (Tuesday)

Doors open 5:15pm (with displays and refreshment)
Presentation and Q&A 5:30-7:00pm
Location Quadra Island Community Centre (Main Hall),
970 West Road

Contact Vienna Yeung for more information
250.331.8547 (ext. 68547) / WingYan.Yeung@viha.ca
nihp.viha.ca



Lost: 75 pounds

YUP, SEVENTY FIVE POUNDS!
Lost by the quadrapaLOSERS group.

PLEASE DO NOT RETURN!
If you have found them, come join us

Mondays from 6 to 7pm at the Quadra Community Centre.

(We don't meet on statutory holidays... or Easter!)



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www.quadraislandcycle.com

Little Jazz, A little Blues

Heron's at the HBI presents, "A Little Jazz, A Little Blues.....A Whole Lotta Music."

Heron's will host a concert on Tuesday, May 19th, with local musicians Hal Douglas and Julie Frank. This will be the last concert in the series for this season.

Julie is a unique singer known for her work with Duffy Live!, The Hal Douglas Blues Band and various live productions on the island. Julie will be featured on vocals and guitar.

Hal is a singer-songwriter and music teacher known for his work with his own Blues Band and also Jazzberry Jam. Hal will be featured on guitar and vocals.

Come join them for some musical magic in this intimate setting. The usual great food and drinks will be available at this all-ages event. Doors open at 6:00 P.M. Showtime is 7-9 P.M. Cover charge will be \$7.

Quadra Children's Centre Raffle

The Quadra Children's Centre is holding a spring raffle fundraiser. There are four great prizes to be won.

First prize is a get-a-way holiday at Beach Acres Resort in Parksville, valued at \$350. **Second prize** is one night at Taku Resort on Quadra Island and a \$75 gift certificate at Heron's Restaurant, valued at \$225. **Third prize** is a Thrifty Foods \$100 gift certificate. **Fourth prize** is a Quality Foods \$100 gift certificate.

Tickets can be purchased from parents and board members of the Children's Centre, as well as at Aroma Cafe, Java Bay Cafe, and Yellow Dog and the Saturday Market. Draw date for prizes is June 15th. Thank you for your support, and good luck!

Friday Acoustic Jam

EVERY FRIDAY NIGHT THERE IS AN ACOUSTIC jam with guitars, bass, congas, singing and other acoustic instruments.

Usually it's held after 8pm in Spirit Books, upstairs in the Upper Realm at Q Cove. If it's elsewhere (sometimes they move around), look for a sign on the downstairs door giving directions. Everyone is welcome.

Call Pat for more information at 285.2807. Suggested donation is \$5 for rent. First timers get in for free!

Writing Your Advanced Care Directive

Monday, May 25, 1-3 pm

Quadra Island Bible Church, Lower Level

This workshop is intended for those who have attended the introductory session on Advanced Care and have given some thought to what they would like to put into their document. Our goal, a document that is ready for signatures.

Join Betty Doak and Pat Peterson, Family Nurse Practitioner, who can offer some suggestions as to how to get down on paper what is in your head. We will do a brief recap of the advanced care documents, then open the floor to questions and answers related to kinds of care available and your right for refusal. Please give some thought to what is important to you and your health, what kinds of care you would like to receive, as well as why you would want to refuse care and in what circumstances.

The document below may be of assistance and we recommend you view it prior to the workshop.

www.tinyurl.com/p47m488

Please call Betty Doak to register at 250-285-3590.

Quadra Island Outdoor Club Upcoming Events

The initial summer schedule is now available on the web at: www.qioutdoorclub.org/trips/trip-schedule/schedule-summer-2015/

Here are the upcoming trips:

17 May, Sunday - hike to Newton Lake, Small Inlet and Waiatt Bay

26 May, Tuesday - hike to Ripple Rock

3 June, Wednesday - kayaking to Village Bay

The hike to Newton Lake, Small Inlet and Waiatt Bay has many high points. The trail passes by Newton Lake in Main Lake Provincial Park and then continues to the newly created park joining Small Inlet and the Octopus Islands.

The hike to Ripple Rock is a classic. The trail on the Vancouver Island side has been much improved recently and passes through forest and shoreline to a great viewpoint overlooking Seymour Narrows.

The paddle to Village Bay will leave from Valdez road and may include Dunsterville Island.

It's important to contact the coordinator in advance of the trips. More information about these trips is available at the link given above for the summer schedule.

Scroll through the schedule to find the trip that interests you and "click for more" to find the details.

For more information about the Club, visit the webpage at qioutdoorclub.org. The memberships for 2014-15 expired at the end of April, so it's time to renew your membership, if you have not already done so, and the information for that is available at:

<https://qioutdoorclub.files.wordpress.com/2013/04/qioc-membership-app.pdf>

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QUADRA

Quadra Singers AGM

Quadra Singers AGM to be held June 4th at the Legion, 6 pm meeting followed by a pot luck dinner! To be a voting member of Quadra singers requires a \$2.00 annual fee. New Members welcome.

New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Contact Judy @ 250.285.2150.

Hospitals Project Presentation

North Island Hospitals Project project-team will do a community presentation on Quadra Island 5:15pm on Tuesday, May 26th at the community centre-

The community presentation welcomes every community member to attend. We'll bring floorplans and artist renderings to share with the public, as well as to provide project updates and answer questions. We hope that more community members can come and learn more about their new hospital.

Thanks Volunteers

Huge thanks to Community Kitchen Volunteers! It takes a big list of amazing, caring locals to put on the Community Kitchen Lunch every week throughout the winter. The 2015 Community Kitchen lunch has been a delicious success thanks to these dedicated volunteers. THANK YOU Community Kitchen Volunteers; you make this island a wonderful place to live!

Face Painting Volunteer Needed

MAYDAY face painting volunteer organizer and painters needed!

Face painting is super fun for all and has been a May Day tradition for many, many years! We need an organizer and volunteer painters this year. Please phone Q.C.C at 285-3243 to volunteer. May Day is May 23rd this year.

Buddhist Meditation

BUDDHIST MEDITATION CONTINUES AT 10am every Sunday upstairs in the Upper Realm at Spirit Books in the Quathiaski Cove shopping centre. We meditate for 40 minutes, have refreshments and then read and discuss a book on Loving-Kindness. Everyone is welcome, free or by donation. Call Steve or Danielle for more info at 285.3323.

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SEE MORE OF OUR PROJECTS AT www.jtoelle.com

Quadra Island Seniors

Well summer is here and we are busy in our gardens. Soon we will be opening the Tourist Booth by the Credit union and welcoming visitors to our wonderful island, drop by for a visit.

On Tuesday May 19th at 10:30 a:m Grant Hayden is presenting a slide show in a remembrance of our long time member Peter Gregg and all the activities that Peter excelled in. Come at 10:00 a:m at the Royal Canadian Legion for a coffee and a chat, bring a friend who may be interested in joining our happy group. For membership call Lois @3061 or Ruth @ 3801 for transportation.

Bananafish Day - A Success

A personal view from the audience of Bananafish Day, by Chris Thompson

Bill and I were over to the island for Chris Thompson's play Bananafish Day on Sunday, April 26th. I am not a theater critic but want to let everyone involved know how much we appreciate the accomplishment that shone through in that play.

We laughed at both the insightful wit and the more easily accessible traditional jokes, and during Guy Holmes' final monologue, I found myself tearing up. While it might have been about a half hour shorter—in my view—the philosophical questions posed and both seriously and hysterically explored were questions that have, and do, plague mankind.

Terrific performances from the leads: Guy Holmes, Heidi Ridgway and Barbara Lee drew the audience right in, while cat girl, Michelle Beam, kept us very entertained whenever she appeared (my knees hurt just thinking about all the duck-walking she did). Emma Arps carried her part well, too. The business was extremely good in its detail and execution, and the sets, costumes and props all worked well. Kudos to all.

I think the play deserves a much longer run and wonder if the principals (author, etc.) have thought about taking it on the road. Perhaps a shorter version to venues on Vancouver and outer islands, but also fringe festivals?

Jocelyn Reekie

Emergency Fair Wrap-Up

On Sunday, May 3 the Community Centre was the site of Quadra's second Emergency Fair. It involved the Fire Department, ambulance, police, Salvation Army, Coastal Fire, Coast Guard, BC Hydro, The Red Cross and of course our own Emergency Support Services (ESS) and the neighbourhood programme (NEPP).

Quadra Island Builders put on a wonderful display of all the emergency supplies they have on hand to help you get your own Emergency Kits made.

It was a busy afternoon with talks on stage and a low slope rescue demonstration by the Fire Dept.

Door prizes were generously donated by the Quadra Island Fire Department, Coastal Credit Union, Peoples Drug Mart, Strathcona Regional District, BC Hydro and the Red Cross. The door prize winners were Mick Bromley, Pat Lowes, Ted Knowles, Lynda Bell, Janis McLean, Marg Crombie, Jane Townley, Sheryl Daunhouer, Joanne Hart, Irene Dicaire, Lisa Lornie, and Dan MacKenzie.

We were very happy with the attendance and people left knowing a lot more about emergency preparation. This event relied on the contribution of ESS volunteers who did everything from looking after parking, operating HAM radios, showing off their Grab and Go bags for people and pets, providing refreshments and more. The evacuation routes for the island drew a lot of attention as did the neighbourhood plans.

Our new website which is still being developed can be found by Google-ing Quadra Island Emergency Program. Check it out and see where our bear mascot, now named Fuzzy, comes from. It has a great deal of information already posted with more to come. If we have to evacuate the island, find out the plans and routes on line.

We would also like to extend a grateful thank you to the *DI* which has been generous with space for articles on Emergency Preparedness and to *Inspirations* for designing an eye catching poster and being patient with the changes we made.

Thank you everyone for participating in this event.

CONGRATULATIONS!



The family of Megan O'Neill would like to celebrate her major accomplishment of graduating from medical school at UNBC. Megan completed a 5 year undergraduate degree at UBC in the Faculty of Medicine in the Laboratory Sciences Program and was then accepted into UBC at the Prince George Campus of UNBC where she completed 4 years of medical school.

Megan will now move onto Halifax where she has accepted a 5 year residency in Obstetrics and Gynecology through Dalhousie University. Many thanks to all the great support Megan has received from the community and especially Mike and Beverly Arseneau for their years of mentoring and great advice.

from Kent, Teresa, Heidi, Beth and Family.

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Cortes Radio

H O L L Y W O O D

Quadra Recreation Society Saturday May 23, 2015

SCHEDULE OF EVENTS... who does what, Where & when

“**HOLLYWOOD** and the stars of the silver screen” is the theme of May Day 2015.

Join your friends and neighbours in a big community picnic at **Rebecca Spit, Saturday May 23rd, 2015**. Celebrate the coming of spring and summer with colour, costumes, floats, and music – the more zany and bizarre the better! Let your imaginations soar and unveil your creativity! The best way to get to the end of the Spit is on a float, so float down on your red carpets **FILM STARS!**

MAY DAY is a volunteer-powered, non-commercial, traditional community event first held on Quadra in 1898. The Recreation Society Board of Directors thanks the many dozens of people who contribute to the event in big and little ways and wish everyone a happy, joy filled, sunny day!

Let's keep May Day happy and safe for everyone by being aware of any potential dangers and acting accordingly. Parents, we need your help with this!

8:30 am Gates open for parade entries

9 - 10 am Shuttle starts at the HBI (thanks to Spirit of the West!)

10 am Parade starts at Rebecca Spit

10:30 am Face painting starts. Concession opens

11 am Official ceremonies

12 -ish Box Lunch auction

12:30 -ish Afternoon entertainment begins

1 - 3 pm Scavenger Hunt & fort building

1:15 -ish Foot races begin

1:30 pm Sailing dinghy race begins (weather dependent)

2 - 3 pm Shuttle back to the HBI (infant & next size up car seats available thanks to Spirit of the West!)

PLEASE LEAVE YOUR DOGS AT HOME

POSTERS: See more details on posters by Candy Holmes.

PARADE: Get your neighbourhood, business, or group together and challenge other groups to out-do your float! There is the Trophy for best float; prize money for costumes, bike, walkers. [Many say the best fun of May Day is in the parade line up...so come on and get involved!] Thank you judges (anonymous) and parade marshals, Jeanie Stoppard and Robin Beaton.

PARKING: On arriving at Rebecca Spit, please do not park beyond the park gate, as the parade floats will need room to set up. All floats will end up in the parking lot after the parade so please don't expect to follow the parade up to the parking lot, as it will already be full! Thank you to Paul Ryan and Larry Waddell for gate control. Physically challenged people may ask permission of the gatekeeper to drive to the parking lot.



AND THE STARS...

GREASE POLE: Doug and Gretchen Peters grease the pole and monitor the contestants. No pyramids please. Note at the top tells the winner to collect \$50 from Doug Peters.

GRADE 5/ 6 PICNIC: May Day is a time to honour the Grade 5 class which will be leaving for Campbell River next year. Check out the last picnic table with the balloons. Thanks Anetta Grunbvig & Masumi Umemura and Grade 5/6 parents for organizing this. (Grade 5 & 6 homeschoolers are welcome to join as well.)

M.C.: Community Centre Coordinator Rebecca Young will take the lead.

QUEEN AND COURT: Speech contestants in Grade 6 deliver a speech at the Community Centre 2 weeks before May Day. The winner is the May Queen and runners up are in the court. Thanks to Robin Beaton for guiding this process. Former May Queens are the speech contest judges.

STAGE: Thanks to Mel & Ross Doak for supplying and setting up the stage; and grade 5/6 parents for decorating it. Special thanks Mel & Ross, for also donating the porta-potties!

MAY DAY DEDICATION: Each year a citizen or group who has given positive service to the community over a lengthy period of time is honoured.

SOUND: Jim Thievin is supplying the sound equipment and will be the sound techie.

MAY POLE DANCERS: Linda McClusky and Dawn Ross prepare the Grade 3 and 4 dancers for the traditional May Pole dance. Thank you also to the staff of Quadra Elementary. Bravo!

BOX LUNCH AUCTION: Please support all the local businesses who donate magnificent "box" lunches each May Day. This is a big fund-raiser for next year's May Day. Get your friends together to bid and have a marvelous banquet. Our fabulous Deb Manery is organizing this and Rockin' Terryl Bertagnoli is the auctioneer.

CONCESSION: Thanks to the dozens of volunteers who do a shift or two. Phone Q.C.C. at 285-3243 to volunteer.

RACES: Thank you to Michael Redican and Murray Garland for organizing this.

ENTERTAINMENT: After the box lunch auction, stay tuned. There will be some action on the stage lead by local performer Kris Wellstine.

SAIL BOAT RACES: If dinghy sailing is your sport, call John Barclay at 285 3897. Start time is 1:30 for the dinghies.

FACE PAINTING: FACE PAINTING VOLUNTEERS WE NEED YOU! Local artists, teens and adults volunteer to paint faces. Some four hundred faces are decorated by the end of the day! It's free and starting at 10:30 a.m. Phone Q.C.C. at 285-3243 to volunteer.

BEACH SCAVENGER HUNT & FORT BUILDING: Barb Mindell organizes this for the kids, from 1:00 to 3:00 on the Drew Harbour side of the Spit. Kids will comb the beach for items, and then build forts with their findings. People can vote on their favorite fort by buying a flag for a loonie (all money goes to the kids); voting is from 2:00-3:00.

VOLLEYBALL: Pat Field and family will start you off.

CREDIT UNION DISPLAY WINDOW: Check out the theme based display at the Coastal Community Credit Union in the weeks before May Day. Display created by Rosalind Truhart.

PHOTOGRAPHER: Don Mottershead and Carol Woolsey are the official Q Rec photographers this year, thanks photographers! We would also like YOU to be a May Day photographer! If you get some good shots, send them to: info@quadrarec.bc.ca and be part of our archives.

EQUIPMENT GUARDIANS: Thanks Rosalind Truhart & Adam McGuffie for care-taking over night. Thanks also to Mornay Vansil and Mark Nicholas for trucking tables to the Spit. They need help taking them back at 4:30 ish. Want to help? Phone 285-3243.

CLEAN UP and recycling: Help keep the park clean. Please pick up litter when you see it. We really appreciate Alan Burnett who has been our recycler extraordinaire for many May Days!

Have a great May Day and thanks to all who made suggestions for themes and put them in the theme suggestion boxes; and of course big appreciations to all the volunteers!

Thanks from Q.C.C. staff,

*Rebecca Young
& Rosalind Truhart*

285-3243

OF THE SILVER SCREEN

QISES Review and Update

At Quadra Island Salmon Enhancement Society's recent AGM, we had the opportunity to reflect on the 2014 events and accomplishments of our dedicated board members and volunteers.

A good deal of our board meeting time was spent discussing the future of the counting fence at the outlet of Village Bay Lakes. The present system is very labour intensive during adult salmon migration, with twice daily visits by committed individuals, particularly Larry Hafemeister and Lauren Miller. There are also safety issues since the fence must be accessed by boat during all kinds of weather in October and November. We are looking at options for a land line powered camera system in this remote location. Since any viable options we have found so far are very expensive, we are proceeding cautiously. We continue our research and discussion around this issue in 2015.

Good rapport was maintained with relevant agencies regarding issues of mutual interest. We continue to review and comment on any TimberWest blocks that may have stream issues. At our request, Emcon promptly cleans the large woody debris blockages at the Hyacinthe Bay Road culverts. We met with Tom Rutherford from DFO, and other like-minded groups, to discuss the ongoing problem of the absence of a permanent DFO Community Advisor, despite a series of excellent temporary ones. The CA assists groups such as ours in the implementation of habitat enhancement projects.

The EcoCenter was open during July and August last summer with the help of HRDC funding. Cole Houlihan staffed the center, with 155 visitors stopping in. We have received 2015 funding for another student interpreter; therefore, the EcoCenter will likely be open this summer pending the successful application of an enthusiastic and outgoing student who has an interest in salmon and watershed ecology. The annual release of coho fry from the pond at the

EcoCenter took place as usual in late spring, and 500 new coho fry from the Quinsam Hatchery were added to the pond, thanks to Leah Carlson at DFO. Doug Richardson, Larry Hafemeister and other volunteers kindly made upgrades and repairs to the EcoCenter building. After books and files were moved from the old office to the EcoCenter building, they were sorted and organized for future display.

As usual, the drought-proofing program on Hyacinthe Creek was active, and proved invaluable by using stored water in Mud Lake, Reed Lake and the lower wetland on Walcan Road to maintain adequate flow during the summer for both coho fry and trout. The large volume of water stored at the site #3 (lower) wetland, due to beaver activity, was used to our advantage during a very dry summer. We inserted a 4" pipe into the dam and were able to siphon water downstream at an even flow, without disturbing the beaver.

The Village Bay Lakes watershed feeder streams survey continued in 2014, with encouraging results. We hope to explore more streams, and carry out more fry trapping in 2015, using standardized field, mapping and recording protocol. Habitat enhancement work continued on Luoma Creek, headed by Frank Gleeson. A-frames built in 2013 on Luoma Creek had been damaged by high stream flows that winter. Last summer, these were repaired and a large log jam was cleared. Earlier in the year, trees provided by DFO were planted at the outlet of Luoma Creek to provide shade for

salmon. Meanwhile, the Granite Bay group of keen volunteers was busy carrying out invertebrate surveys, water quality studies and juvenile sampling on Granite Creek.

Many volunteers were out on the streams weekly in October and November counting salmon returns in Granite, Drew, Village Bay, Open Bay and part of Hyacinthe Creeks. Chum and coho returns remained good for another year. And surprisingly, approximately 200 pink salmon showed up in McKercher Creek. The counting fence at Village Bay Lakes was operational, with volunteers counting and releasing coho and chum into the lake system.

It's easy to overlook how much this group of volunteers accomplished in a year, but total volunteer time given to the society was 875 recorded hours, with likely many more unrecorded. I'd like to thank our volunteers, and particularly the board of directors, who gave many hours of their time attending meetings and stepping up when work needed to be done.

Last fall we were able to carry out a membership drive, thanks to the efforts of Eileen Sowerby. If you haven't already done so, please consider becoming a member to support QISES' efforts. Individual memberships (\$10) and family memberships (\$15) can be mailed to Box 413 Quathiaski Cove, or phone Eileen at 285-2434. You can find out more about the Society by visiting our website at quadralsalmon.ca.

Janis McLean

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ANNUAL STUDIO TOUR ON JUNE 6 & 7

Annual Studio Tour on June 6 & 7

Quadra Island artists and craftspeople will be opening their studios and workshops for the 13th Annual Studio Tour on June 6 & 7 to show their new work. This premier event features an extraordinary and eclectic range of talents from world-class fine arts to highly collectable crafts.

cream while sculptor Lee Gass demonstrates his techniques of rock carving with hand tools.

Explore more than 20 other working studios nestled amongst the natural beauty of Quadra Island. Enjoy meeting and chatting with the many artists and craftspeople on the tour.



Quadra Island is renowned for its friendly community of artistic personalities who generously open their workspaces and share their knowledge with the public. From sculptors to potters, every studio provides a unique opportunity to experience the island's diverse creativity.

Tour the studio workshop of Kevin Mackenzie whose unique metal art and furniture are inspired by west coast landscape and wildlife. William Van Orden has developed a unique technique for creating extremely accurate renditions of sea life. His quest is to create a permanent three-dimensional record of every fish found along the Pacific coast. At the north end of the island, savour homemade ice

cream while sculptor Lee Gass demonstrates his techniques of rock carving with hand tools. Watch in-studio demonstrations and visit the many displays at the Community Centre where you can also view a "sampler" group exhibition, win door prizes, have a delicious lunch at Chef Mariana's "A'Muse Eats", and place a bid in the Silent Auction on one of the three beautiful pieces created and generously donated by John Schevers.

Tickets are \$5 per person (kids under 12 are free) and are available from:

Quadra Island: Info Centre, Hummingbird, most resorts
Campbell River: Art Gallery, Info Centre, Impressions
Courtenay: Comox Valley Art Gallery

For more information go to: www.quadraislandarts.com.

Water water everywhere!

One of the challenges the Quadra Island Trails Committee faces is water and its impact on trails: how to get through it, around it, over it, and how to minimize its impact and keep it away from the trails.

If you've walked the Haskin Farm Trail this winter you'll have noticed a big improvement in the trail at the entrance to the meadow. While dry in the summer, this area is typically under 6 to 12 inches of water throughout the rainy season. Now, a 120 foot raised gravel pathway has been constructed through this seasonal wet area.

The Trails Committee would like to thank Woodlot Operator Alex Hartford for his donation of the 10 cubic yards of gravel used in this project. This project was completed with help from good neighbour, Hal Reveley, who spent the better part of a day using his backhoe to place logs and move the gravel into place.

Many thanks to Alex Hartford, Hal Reveley, and the volunteers who donate their time and energy to build and maintain our unique and wonderful Quadra Island trails.

- Dan MacKenzie
- Quadra Island Trails Committee

WANTED

Medical Office Receptionist

Harbourside Medical Clinic

Hours: Casual with potential for part time in the future. Must be available for on-call/short notice.

Job Responsibilities:

Serve patients by greeting and assisting them; scheduling appointments; maintaining records and accounts; setting up and clearing up after procedures.

Candidate will have:

- Office receptionist skills with a background in the medical field preferred.
- Strong computer skills.
- The ability to multitask and prioritize daily duties.
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Please reply with your resume via email at harboursidemedicalclinic@telus.net, mail Box 250 Quathiaski Cove BC V0P 1N0 or in person at the office.

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Spring on Mitlenatch

Misty Isles Cruise to Mitlenatch
SPRING IS BURSTING AND HATCHING on beautiful MITLENATCH ISLAND!

Cruise aboard MISTY ISLES on a relaxed and leisurely day trip to this unique wildlife sanctuary in the Salish Sea. Sit on the large open deck or help raise the red sails if the wind is right.

Walk through meadows ablaze with chocolate lilies, death camas, sea blush and monkey flowers. Search for owl pellets & river otter dining tables. Experience territorial and nesting behaviours of many gulls, cormorants, pigeon guillemots, and oyster catchers – those black shore birds with pink gumboots and carrot beaks!

Ride a zodiac around Mitlenatch & encounter noisy seabird cliff rookeries, massive Steller sea lions & agile California sea lions. Keep a lookout for eagles, river otters, dolphins and orcas. Skipper/naturalist Mike Moore has a wealth of information and stories about this gem in the gulf.

Sponsored by the Cortes Museum, this cruise leaves Cortes Bay at 10:30 am, returning at 5:00 pm. Choose Friday, May 22nd or Saturday,

June 14th. Cost is \$120 (tax included).

For those coming from off island on the first ferry to Cortes (9:05 from Heriot Bay on Quadra) a shuttle service is available by donation between Cortes ferry terminal and Cortes Bay.

More summer cruises include: Fathers' Day Cruise to Laughing Oyster (June 21), 'Round Maurelle Island (July 19), Low Tide Reef Exploration (July 31), Desolation Geology – When Wrangellia Came Wandering In (August 6), Desolation Sound (August 14 and September 10), and **NEW THIS YEAR** is the Pictograph Tour (overnight at Homfray Lodge /August 24 – 25).



Pack your lunch, binoculars and camera. Dress for the weather – don't forget hat and sunscreen. An extra pair of shoes is recommended. For

further details and registration phone Lynne Jordan at 250-935-6472, email Cortes Museum at cimas@twincomm.ca, or call the Museum at 250-935-6340. Check the Museum's website (www.cortesmuseum.ca) for details and photos.

SOCIAL CLIMBING SESSIONS

INTERESTED IN MEETING LOCAL CLIMBERS OR PERHAPS YOUR CURIOUS ABOUT THE SPORT? Starting May 3rd Quadra Climbers will be meeting for regular social climbing sessions twice a week daytime on Sundays and Tuesday evenings.

The idea for the Sunday meet-ups is to connect with climbing partners, maybe find out some information and get oriented at the crags but basically for everyone to do their own thing. Meet at the Chinese Mountains trailhead parking lot at 10:30 am.

For Tuesdays there will be a opportunity to learn some skills on the first and third Tuesdays of the month - other weeks the format will be the same as Sundays. Meet at the Chinese Mountains trailhead parking lot at 6:30 pm. All ages welcome (under 19 accompanied by a parent).

To find out more information and to make prior connections, carpool etc join Quadra Climbers on FaceBook: www.facebook.com/groups/quadraclimbers



On the Links

The Quadra Island Golf Course, driving range and KIOSK (clothing, gift certificates & more) is OPEN daily with FUN hours for the month of May 9am-6pm.

Find our 2015 calendar of events at www.quadragolf.com including a downloadable PDF, or call 250-285-2811 and ask about our mid-week specials!

NEW for 2015

• **On the course playing instructions** are now available. Scott Fraser will tee off with you and play hole #1 through hole #5, 1 " hours of instruction at reasonable rates. For more information or to book your lesson, call the golf course KIOSK.

• **Family Golf** is every day at the Quadra Island Golf. Kids 12 & under golf free with a paying adult.

• **SAVE \$100**, until May 31st! The Quadra Island Golf Club has a fabulous sense of camaraderie, the greatest benefit of membership. Join the club and be a part of our tremendous friendly group of people! We offer a 5 year payment plan so there has never been a better time! For membership inquiries, call us at 285-2811 or check out our website for a downloadable PDF.

Looking to host a tournament or to raise funds for your organization? We have a fantastic golf course with clubs and carts for your event. The options are endless and we would be happy to help you execute a fun successful event. Email us at info@quadragolf.com or call us 250-285-2811.

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Take 10 - Festival of Short Plays

In June Quadra Island will be treated to something new: Take Ten - Quadra

Island's Festival of Short Plays. Take Ten encompasses three days, 15 plays, over 50 cast and crew members and two venues. It includes performances for various audiences, ranging from an 'adult oriented' evening Friday June 12 to a dinner theatre evening Saturday June 13, and a family-friendly afternoon matinee on Sunday June 14.

Take Ten - Quadra Island's Festival of Short Plays is presented and produced by Quadra's intrepid, hard-working Theatre Quadra. "We believe that a short play festival is an ideal way of encouraging both new and experienced actors, writers and directors to get involved with community theatre," explained Darcy Mitchell, one of the festival's organizers. "The cast and crew time commitment for one of these 'mini-plays' is much less than for a full length production." And, added Mitchell "if 'Take Ten' is well received this year, we see lots of potential for expanding partnerships with other performing arts groups and local businesses to make the festival a real draw for visitors during the spring 'shoulder season.' Which grows another benefit for our island community.

Take Ten plays average (surprise!) ten minutes, offering a veritable smorgasbord of theatrical snacks. Don't like one play? Wait a few minutes and another comes along," said Mitchell. Plays include those by well-known writers such as David Ives and Christopher Durang, as well as plays by

Quadra writers (Michael Redican, Allen Perkins, Doni Laird, Darcy Mitchell, Ruby Mooney & Chris Thompson). Performers range in age from six to 65.

As with all major endeavours, Take Ten has been brewing for some time; the organizing committee has been hard at work for months. Now it's time for the audience to play along: buy tickets! Come out and support the local arts scene! Take Ten begins Friday June 12 at the Quadra Community Centre.

Saturday June 13 is 'three courses, three plays' at the Heriot Bay Inn.

The festival wraps up Sunday June 14 with a family-friendly matinee at the Community Centre.

Tickets for all events are available for purchase through the Heriot Bay Inn by calling 250.285.3322. Savings can be had by snatching up the earlybird ticket pricing available until May 31, or purchasing a package pass which includes all three events for \$60.

Saturday Market Music

The Saturday Market has local musicians performing live music in June, July and August. June is booked up with Kris Wellstein playing guitar and singing on Saturday, June 6th. Sidney Williams is playing piano and singing on Saturday, June 13. Dave Blinzinger plays mellow saxophone on Saturday, June 20. Finally John Tolle & friends perform on Saturday, June 27. Hal Douglas, Quadra Drummers, Barry Hodgson and others will perform latter in the season.

Live music happens from around 10:15 am to 12:15 pm. Please consider supporting our local musicians by putting some money in their guitar case or hat.

There are two dates in the summer that are not filled up yet. So if you want to perform at the market call Steve at 285-3323

Fall Fair 2015 - got what it takes?

The Quadra Island Fall Fair is a whole heap of fun, and when it comes to organizing an event of such scope, many hands make it manageable. The Fall Fair wants to happen this year, but is in need of a few key positions being filled in order to make it a go. Volunteer opportunities currently available are: Livestock Coordinators, (think Livestock tent and/or Petting Farm), Demonstrations Coordinator, Phone call/follow-up person, Mainstage Music Coordinator, and Press Release Writer.

Time is a commodity we respect; meetings are short, timely and you're not likely to be invited to a meeting unless you are required. (Unless of course you're the type that likes meetings, in which case you're invited to all of them).

Support your community! Create something fun! Get good karma points for volunteering! If you have some time and enthusiasm to get the Fair happening this year, email Carol Gall (volunteer coordinator) at thecarolgall@gmail.com.



Count me in – I support my local community newsmagazine!

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Parkinson's Support Group

IF YOU HAVE PARKINSON'S OR ARE supporting someone who has Parkinson's, you're welcome to join our small mutual support group meetings. Often we have a guest speaker and we also discuss helpful ways of dealing with Parkinson's.

We meet on the third Tuesday of each month in the downstairs small seminar room at the Quadra Community Centre at 10am. The next meeting is Tuesday, May 19.

For more information, call Marjorie Luce Haddon at 285.2280 or Steve Moore at 285.3323.

Rebecca Spit Broombash A Success!

A very big thank you to the wonderful, cheerful crew who came out this year, our 10th no less, to mop up the remaining broom.

It did feel like a mop-up because we managed to get around to all the infested areas and clean them up.

Plants were definitely much sparser this year, which makes me hopeful that the seedbank is thinning out.

Anyway, I hope we never get another flush of germination as in years six and seven.

Below are some suggestions for those battling broom on their own properties.

Broom Tips

1. If you have mature old broom plants with thick, woody-looking stems, just cut them off 'at the knees', i.e. about a foot above ground (not at ground level). About 95% will die. It is good to cut them as they start to bloom as all the life force is going into reproduction.

2. If you have mature plants with thick, still green stems, you could also try cutting them as above, but more will re-sprout. If you've left a stump, the resprouting will not happen at ground level and you can just re-cut the next year.

3. Pull anything you can.

4. Remember: Preventing seed drop is the long-term strategy. If seed-pods are still green and very small (about 2cm or less) feel free to just 'cut and drop' plants, as the seeds in tiny pods won't mature.

If seed pods are sizeable and green or already turning brown, you'll need to 'pile and burn'.

5. Don't compost anything with mature seedpods. The seeds will survive your composting and you don't want to spread them around.

Good luck.

Riki 2640

Calling all tots!

BRING YOUR GROWN-UP (PARENTS OR grandparents) to the Community Centre to play with speedy ride-on toys and crafty supplies. On Mondays Barb from the Children's Centre brings in a fun activity for tots to play with. Bring a scrumptious communal snack to share, and don't forget to clean up when finished. Mondays and Thursdays from 10 to noon, free of charge.

May Day, May Day

MAY DAY is quickly approaching and Quadra Community Centre is looking for someone to organize the May Day concession, one of our biggest fundraisers of the year. Call 285-3243 or email us at info@quadrarec.bc.ca if you're interested. And don't forget to get your *super-califragilistic-expialidocious* May Day theme idea into one of our colourful suggestion boxes at Tru Value, Quadra Elementary or Quadra Community Centre.

Creative Dance for Kids

Does your child love to dance? Creative Dance for Kids with Kate starts at Quadra Community Centre May 7- May 28, AGES 4-10. She is also offering Adult Dance Classes and Parent and Tot Yoga. Call 285-3243 or email us at info@quadrarec.bc.ca for more info.

Tennis Lessons

Now that spring is here, Michael Mascall will be offering a series of tennis lessons for adults May 11-15 (weather dependent). There will be two sessions, one for beginners (4:00 to 5:00 pm) and one for intermediate (5:00 - 6:00 pm) players or those with previous tennis experience, wishing to remove the rust. The lessons will cover the forehand, backhand, serve, volley, game strategy and working together in doubles. If the weather poses a problem, some lessons will spill over into the following week. The price is \$50 per person. For more information please call Michael Mascall 202-1968. To register, please call Quadra Community 285-3243.

The May Queen at Quadra May Day

The May Queen's speech welcoming everyone to May Day is one of the highlights of the opening ceremony. Without exception, these young women have confidently delivered lively, heart-felt reminiscences and often, humorous anecdotes about growing up on Quadra and participating in May Day events. Many former May Queens have reflected that this empowering experience helped them develop the confidence to take on leadership roles in their teen years.

All girls of Grade Six age, are invited to prepare a speech that they would present if selected as May Queen. They present their speeches to a panel of former May Queen's, often from Grade 7 to university. The panel evaluates the speeches using detailed criteria that focus on content and presentation. An independent group tallies the marks and the best speaker and speech are chosen for May Queen. The next two girls are chosen to accompany the Queen. The girls invite a friend each to escort them. This group of friends will be responsible for helping to decorate the stage, ride in the parade and participate in the opening ceremonies.

On Monday, May 4 at 7 pm at the Community Centre there will be an information meeting for girls who are interested in becoming this year's May Queen. Please bring a parent! On Monday, May 11 at 7pm at the Community Centre, the girls will deliver their speeches and the May Queen will be selected.



Like the DI on Facebook

ISLAND ADVENTURES

The Rafiki - An Adventure Begins

As a child, you read about magic and adventure and true love as if they are things of another time, a time long since passed, even of another world. It is something we give up as we grow up, as we accept that the world around us is void of such impracticalities. Life boils down to the reality of work and money, commitments and obligations, practicality and hard faced facts.

Somehow, through a cosmic mingling of timing and desire, I have landed myself in a position of semi-retirement (self-claimed, and not judged by my financial situation) at a very young age (magic, part one). Not all on my own, I may add - the partner of my dreams (that is, if I could have dreamed of such a beauty in order to wish for one) traipsed into my life one day through another epic moment of planetary alignment (magic, part two), and right then and there the adventure began.

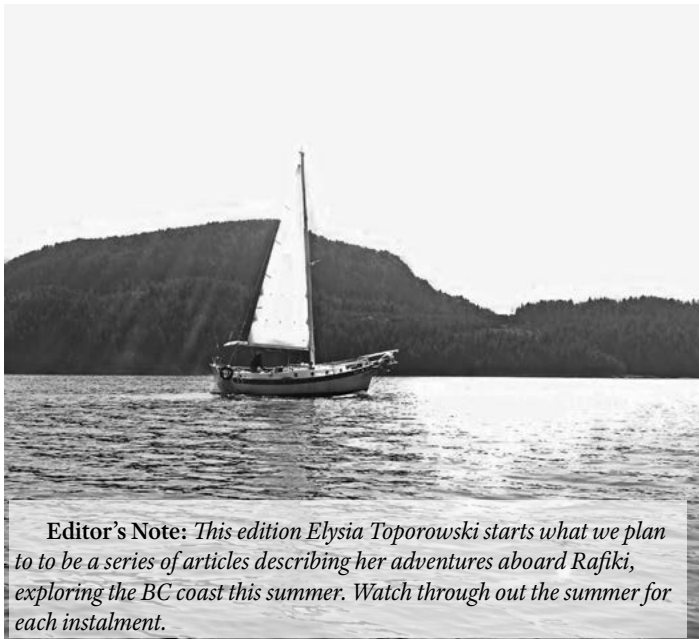
Wandering hither and thither together over recent history, we decided at some unclear point in time that the optimum vessel for discovery would be a sailboat.

Perhaps it was a natural calling, as we both come from very nautical families. Perhaps it was the stories told at that perfect time of receptive development as a child. Perhaps it was just obvious that the way to see the world in an age where burning fuel is a concern and almost a downright unobtainable mode of travel is by harnessing the wind, a constant and powerful source from nature - for free. That is, free once you have a boat, which is a whole ordeal unto itself.

However, once again, the cosmos shone its karmic blessing down upon us (combined with dedicated and diligent searching) and the beautiful Rafiki came to be ours. She's a chubby little cutter rig, built right here in BC, sturdy and handsome and perfect, and she sails like a dream (a slow dream, but doesn't that sound pleasant?) - magic, part three. Born of chance and possibility, this magic has become our reality.

This summer will be one of exploration and discovery as we roam these coastal waters together, finding the spirit of this place and what it means to us. It's a quest we hope to share, to inspire that giddy feeling of endless possibility that we once knew, to reawaken the dormant sense of adventure in us all.

- Elysia Toporowski



Editor's Note: This edition Elysia Toporowski starts what we plan to be a series of articles describing her adventures aboard Rafiki, exploring the BC coast this summer. Watch through out the summer for each instalment.

SPRING SALE 2015

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Prices in effect until May 28 or while quantities last

Quadra Philippines Connection- GIFT FOR PEACE



Thank-you to all those who attended our recent Quadra Philippines Connection presentation. It was a joy for Michael, Steve and Danielle and I to share with you our recent travels and adventures in Tabuk in the northern Philippines. We would like to welcome the new supporters to IAT's sponsorship program. As was discussed, it is now the hot season and summer vacation in the Philippines with students resuming their studies in June. There are many children in need of sponsors and it was timely that our information evening inspired a local couple and the Quadra Film Club to support two lovely high school girls that we met during our visit who had recently lost their sponsors. During our trip, we were continually impressed with how conscientious, earnest, dedicated and hard-working all of the students were that we met, as well as being optimistic and confident. Sponsoring a child's education for \$400 annually (just over \$1 a day!) not only provides supplies, transportation, food and lodging but also includes youth leadership and empowerment training programs. The latter was definitely evident through our interactions with these inspiring young people! If you would like to sponsor a child but have financial limitations, consider inviting another family or friend to share in

this positive opportunity! Monthly payments are certainly an option. One observation during our stay was a shortage of computers at the IAT dorm for high school and college students. We, therefore, are gathering old lap top computers to be revamped as well as digital cameras to send in the next container shipment to the Philippines. If anyone has either of these to donate, please contact Carol or Michael at 285-3035 or Danielle or Steve at 285-3323 and we will gladly accept your contributions! As well as meeting and being graciously hosted by sponsored children and their families, we also had the opportunity to attend a special ceremony called Passing the Gift. As mentioned in earlier articles, after 20 years of Quadra's support, the daycare programs in northern Luzon are finally receiving local government support. This enables our Quadra community to participate in an exciting new project that will have far reaching results in the northern tribal area of Kalinga province. Because this area is so remote, Kalinga has been isolated and underdeveloped up until about 30 years ago. Tribal people lived in a traditional manner and historically, inter-tribal war was the norm. IAT staff and students continue to play a major role in creating peaceful solutions to conflicts between villages that would have caused bloodshed in the past. This innovative new

project is called the Gift for Peace and Sisan Paut, an ex-sponsored IAT student who now coordinates IAT's Philippines projects recently received an international award for its success to date. The Gift For Peace project is a positive way of promoting self sufficiency, economic stability and thereby a spirit of cooperation and unity between tribes in Kalinga. With cattle provided by ngo, Heifer International, Sisan initiated a program whereby heifers or pigs are provided to specific families with the understanding that the recipient will then give their first offspring to a family from another tribe or village in which there has been a past conflict. In addition to animal dispersal, training seminars on leadership, financial savings, animal husbandry, agro-forestry, health and nutrition and composting are provided. This is now the third phase of the program and a rigorous examination has shown undeniable results which are positively impacting the future of these communities. Two hundred twenty families from 6 villages have so far benefitted with indirect beneficiaries amounting to about 30,000. Over the past few years, the Gift for Peace Project has also become a model for other countries including Thailand and Nepal. Quadra will be participating in the Gift of Peace Project by supporting the community of

Katau. Katau is a small relocation community of 40 families that recently moved from a more mountainous area for economic benefit. In this new location near Tabuk, the men of the village are able to obtain work on nearby kaingins (farms). Danielle and Steve visited Katau in February and were hospitably received. They were able to meet some of the families including elders of the community and fed a humble but tasty, traditional meal. Upon leaving they were gifted with bags of sticky rice, beans and friendship. Through Quadra's support, twenty families in this village will receive 20 caribou to be used for ploughing fields and other work. Over the next few years, the first offspring from these animals will in turn be passed on to 20 families from another tribe where there has been past conflict. The Katau community is very enthusiastic and has already begun their cornerstone training as well as setting up a savings account which is one of the crucial requirements. Our Quadra community will receive ongoing feed-back from Katau as to the progress of the Gift for Peace Project and we look forward to an ongoing relationship. Quadra will also be sponsoring two children in the village from whom we will receive regular contact. To date, there have been no children in Katau that have had any assistance with schooling and so this will also be an added boost to the community. Life in the northern Philippines continues to be challenging. IAT's programs reach the poorest of the poor with the intention of uplifting conditions of tribal people. Education is particularly essential to the progress of this area of the Philippines. It is the belief of IAT that through consciousness raising and education of youth there will be hope for the future. We have certainly become a global community. By expanding our wonderful community of Quadra beyond its borders we are contributing to creating a better place for our children and their children.

COMMUNITY EVENTS

Dance Class For Adults

No experience needed, we just get together to have fun! Kate is trained in ballet, jazz and musical theatre, and has dabbled lightly in modern and Gabrielle Roth's 5 Rhythms. A broad range of dance styles will be covered, with the classes catering to the desires and abilities of the students. Everyone welcome! Thursdays 7-8pm @ Quadra Community Centre, main space. \$10 pre-register, \$12 drop-in. Register by emailing kayoga@outlook.com or calling Kate: 250-203-6850

Creative Dance For Kids

Does your child love to dance? Take them to Kate's class where their creativity can blossom. They will learn cool moves, fun dances and make friends all while building confidence, honing their motor control skills and learning to work together. Ages 4-10. Thursdays 3-4pm @ Quadra Community Centre, Room 3. \$38 for 4 classes. Register at the QCC 285-3243.

Hatha Yoga With Kate

This is an alignment based class with a focus on mind-body-breath connection. Sequences tailored to target a different area each week. All levels welcome. 10 sessions starting Friday, May 15th. 8:30-9:30am @ Quadra Community Centre, room 3. \$90 for all ten sessions or \$10 drop-in. Register by emailing kayoga@outlook.com or call Kate: 250-203-6850.

SEAFEST 2015

Saturday May 16
Serving begins at 11:30
Free shuttle meets every
Cortes Ferry no reservations
required

At The Legion

Duffy Live will be Rockin' the Legion Sat. May 16th 9:00-1:00, \$10. at the door \$8. for members.

Brad's Saturday Suppers at 6:00pm, always delicious!

On Saturday May 23rd we have music with D.J. Diabla Blanca & Billy D. to get the party started!

Free Money Needs Money!

We only operate from November through April. We almost ran out of money this year despite many generous donations. Please keep this eight year long program going by donating to the Free Money account at our local credit union.

With your help, each low income single resident receives ten dollars and each family receives twenty dollars. And Community Lunch, Food Bank, and Free Firewood happen on the same day (except there's no dry wood left as of now).

AT THE HERIOT BAY INN

Jim Byrnes Sunday, May 31: His evocative, smoky vocals are found in a truth that doesn't come overnight. Over the years, Jim has had the great good fortune to appear with a virtual who's who of the blues. From Muddy Waters and John Lee Hooker to Taj Mahal and Robert Cray, he has been on the blues highway for 45 years. This multiple award winning Blues Man will leave you singing the blues and loving it. **Show and two course dinner \$59.00. Limited show only \$39.00.** Herons Dining Room. 5:00pm seating. Reserve: 285-3322.

June 6: Blue Moon Marquee is a Canadian "Gypsy Blues" duo that stem from the dusty Hoodoos of the Alberta Rocky Mountain Badlands. Jasmine Colette (stand up base and rhythm section) sings with an alluring and elegant voice with A.W.(guitar) joining her with a voice as thick and as black as coal smoke. Blue Moon Marquee's chemistry transcends the music itself and the music will surely make a lasting impression.

Herons Dining Room: all seats \$15, pre-show dining is optional. Show seating at 7pm, pre-show dining 5-6:30. Reserve:285.3322.

June 7: Lunch with Brendan McLeod a Canadian writer, spoken word artist, and musician. He is a former Canadian SLAM poetry champion and World SLAM runner-up. Brendan has taught spoken word at Langara College, and is an active youth educator. He was the 2012 Poet of Honor at the Canadian Festival of Spoken Word, and will be the 2015 Poet of Honour at the Victoria Spoken Word Festival. Herons Dining Room 2:00pm. \$35.00. Reserve 285-3322.

Theatre Quadra presents **Take 10 - Quadra Island's Festival of Short Plays**, a three day festival of performing! Dinner theatre in Herons **Saturday, June 13.** Experience "three courses, three (short) plays"; doors at 6 pm.

Earlybird tickets are \$45; after May 31 they're \$48. Tickets for all events are available for purchase through the Heriot Bay Inn. Earlybird pricing available till May 31! Reserve: 285.3322

Thank You For Making Our 40th Anniversary One To Remember, We Couldn't Have Done It Without You



QUADRA Island BUILDERS

Congratulations To All of Our Winners!

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Delivery to Cortes 3 days a week!

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Toll-free: 1-877-585-3221
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Heriot Bay Tides

DATE	TIME PST	m.	ft.
15 Friday	03:46	4.7	15.4
	10:47	1.4	4.6
	17:16	4.3	14.1
16 Saturday	04:22	4.7	15.4
	11:26	1.0	3.3
	18:14	4.5	14.8
	23:36	3.0	9.8
17 Sunday	04:58	4.7	15.4
	12:05	0.8	2.6
	19:06	4.8	15.7
18 Monday	00:30	3.1	10.2
	05:35	4.6	15.1
	12:44	0.7	2.3
	19:53	4.9	16.1
19 Tuesday	01:24	3.2	10.5
	06:15	4.5	14.8
	13:24	0.7	2.3
	20:40	5.0	16.4
20 Wed.	02:18	3.3	10.8
	06:58	4.3	14.1
	14:05	0.7	2.3
	21:25	5.0	16.4
21 Thursday	03:15	3.3	10.8
	07:43	4.1	13.5
	14:46	0.9	3.0
	22:12	4.9	16.1
22 Friday	04:17	3.3	10.8
	08:30	3.9	12.8
	15:29	1.1	3.6
	22:59	4.8	15.7
23 Saturday	05:23	3.2	10.5
	09:23	3.7	12.1
	16:12	1.4	4.6
	23:46	4.7	15.4
24 Sunday	06:29	3.0	9.8
	10:26	3.4	11.2
	16:57	1.7	5.6
25 Monday	00:33	4.6	15.1
	07:32	2.8	9.2
	11:50	3.3	10.8
	17:46	2.1	6.9
26 Tuesday	01:17	4.5	14.8
	08:26	2.6	8.5
	13:22	3.2	10.5
	18:43	2.4	7.9
27 Wed.	01:57	4.4	14.4
	09:11	2.3	7.5
	14:46	3.4	11.2
	19:50	2.7	8.9
28 Thursday	02:32	4.4	14.4
	09:48	2.0	6.6
	15:59	3.6	11.8
	20:55	2.9	9.5
29 Friday	03:04	4.4	14.4
	10:20	1.8	5.9
	16:59	3.8	12.5

THE DI CLASSIFIEDS

Moving Sale

MOVING SALE!

730 Smith Road, once Firesign, Hard Times. Lots of books, art, outdoor furniture...after more than 30 years! 285-2201 or 287-115. 1st driveway on left after Cedar Dr. Saturday and Sunday 9:30-4:30. Downsizing to smaller place. May 18-19

Help Wanted

HELP WANTED

The Heriot Bay Inn is seeking housekeepers and line cooks for summer employment. Send resume to info@heriotbayinn.com.

PART-TIME, YEAR-ROUND ADMIN ASSISTANT

Spirit of the West seeks admin assistant, part-time year round (trial period to start). Ideally you would have a flexible schedule, live on Quadra or close by, be keen to try out/experience our tours so you can speak knowledgeably about them, have awesome organizational and admin skills including using Word, Outlook, Excel and general computer savvy, excellent phone skills, love being a part of a team, but also able to work independently and detail oriented. Wage to be discussed based on experience, availability etc. Please send a letter/note introducing yourself and resume to info@kayakingtours.com Start date negotiable

Notices

PLEASE PAY YOUR PART

The Quadra Island Harbour Authority would like to remind all patrons of the Heriot Bay and Quathiaski Cove parking facilities, that these are paid parking lots. As a not-for-profit organization the harbour authority relies on your patronage of these lots to provide lighting, video surveillance, as well as all the other amenities that allow us to have safe and happy harbours. At only two dollars a day parking is very affordable. With our monthly, 3 month, 6 month and yearly passes there are many options to save you money. Contact 250-285-3622 for more information.

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Home & Garden

LOCAL VEGETABLES

Memberships currently offered for the 2015 Goosefoot Farms Vegetable Box Program. 26 weekly boxes of fresh, Quadra-grown vegetables for your enjoyment. Half-season (13 week) memberships also available. For more information call Ryan and Jessica at 250.202.2326 or email nassichuk@gmail.com and visit www.goosefootfarms.com

THE GOOD FOOD PROJECT

We make fresh and healthy food more convenient and affordable, so it's easier for your family to eat well. We design and create low-cost and low-maintenance edible gardens, deliver organically grown vegetable starts right to your door, and teach culinary skills in community-based workshops. If you're ready for a fresh start on better food, take the next step and contact us today. 778-348-0514.



Find out when the DI is posted online

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Accommodation

Visiting friends & family? Ask for local rates when booking at Whiskey Point Resort, Quadra Island's convenient spare bedroom!
www.whiskeypoint.com
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