

# Discovery Advertiser

#633, August 5, 2016

## DI Celebrates 500 Editions



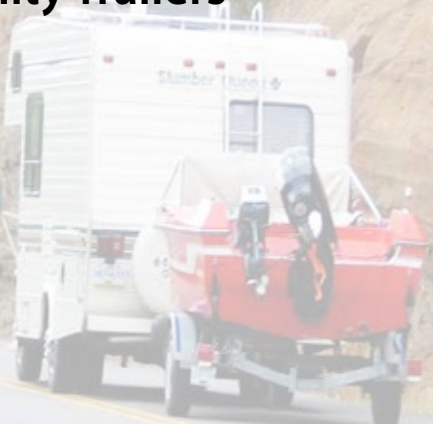
Edition 633 seems fairly inconspicuous, but 500 editions ago was the last time 'Discovery Advertiser' appeared as the title of our community newsmagazine. Next issue, #634, marks 500 editions of the 'Discovery Islander' covering over 19 years. Do you have a story or memory to share about the Advertiser? The DI? or even the venerable Discovery Passage? Share with us: [news@discoveryislands.ca](mailto:news@discoveryislands.ca)

# Are You Ready for Summer Fun?

# It's Time to Tune-Up your Toys

We can service your

- Recreational Vehicles
- Boat, Camper & Utility Trailers
- Boats (Inboard Motors only)



Call us for an appointment today  
and make your summer road-trips a cruise...

## ISLE TECH

YOUR ISLAND AUTO CARE CENTRE

# 250-285-3100

MONDAY TO FRIDAY 8:30AM TO 6PM + SATURDAY 9AM TO 5PM

*Serving Quadra since 1982*

## NEWS & EVENTS

### Rod Clark Memorial Golf Tournament

The 5th Annual Rod Clark Memorial Golf Tournament will be hosted on Saturday August 27, 2016 at the Quadra Island Golf Club.

Registration is now OPEN for Quadra Island Golf Club members, Quadra Island residents and guests! We are limited to the entry of 72 people so don't be disappointed, book early!

Entry Fee is \$79.00 per Person and Includes Green Fees, Dinner, Prizes, a Draw Ticket, and Tee Gift. The fee Does Not Include Power or Pull Carts.

To register call 250-285-2811.

### New Patients Welcome!

Dr. Elizabeth Aguilar Maciel  
Dr. Joseph Gris



Family Dentistry

Book an appointment today

We Cater To **Cowards** 250-285-3000

### Ferry Schedules

#### Campbell River - Quadra Island

Leave Campbell River		Leave Quathiaski Cove	
Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
6:40 am		6:20 am	
7:30 am	7:30 am	7:05 am	7:05 am
8:30 am	†8:20 am	8:00 am	†7:55 am
9:30 am	9:20 am	9:00 am	8:55 am
**10:30 am	10:15 am	10:00 am	9:50 am
11:30 am	11:15 am	11:00 am	10:45 am
12:30 pm	12:15 pm	12:00 am	11:45 pm
1:30 pm	1:15 pm	1:00 pm	12:45 pm
2:30 pm	2:15 pm	2:05 pm	1:45 pm
3:30 pm	3:30 pm	3:00 pm	3:00 pm
†4:30 pm	4:30 pm	**4:00 pm	4:00 pm
5:25 pm	5:25 pm	5:00 pm	5:00 pm
6:15 pm	6:15 pm	5:50 pm	5:50 pm
7:30 pm	7:30 pm	7:00 pm	7:00 pm
8:30 pm	8:30 pm	8:00 pm	8:00 pm
9:45 pm	9:45 pm	9:15 pm	9:15 pm
*10:45 pm	†10:45 pm	*10:15 pm	†10:15 pm

! Local Commuter Sailings, expect delays.

\* Fridays Only † Daily except Sundays.

\*\* Tuesday sailings Dangerous Cargo No passengers or cars

# THE ISLAND CALENDAR

## Day to Day

### Friday, August 5

- 'Queen Anne's Revenge' - HBI Pub 9 pm n/c

### Saturday, August 6

- Songwriter Liz Stringer Quadra Legion 8:30pm

### Friday, August 12

- Live Music with Limbo Babies - HBI Pub 9 pm n/c

### Sunday, August 14

- Geshe YongDong Q.C.C. 11 am to 1 pm

### Friday, August 19

- Live Music with Duffy Live - HBI Pub 9 pm n/c

### Saturday August 27

- Rod Clark Memorial Golf Tournament - Quadra Island Golf Club details page 11

### Friday - Sunday, September 2-4

- Quadrapalooza - Blenkin Park

### Friday, September 9

- Summer & the Sinners HBI \$10/door - 9 pm.

### Sunday, September 11

- Quadra Island Fall Fair!!!! Blenkin Park

### Monday, September 12

- Japanese Gardens- Garden Club 7pm Q.C.C.

## The Regulars

### MONDAY

Parent & Tots, QCC, 10am-12pm  
Sing for Pure Joy 1-2:30pm at QCC  
Tennis: Men's drop in at QCC 4-7pm  
AA, Big Book Study, 7pm Quadra United Church

### TUESDAY

Al-Anon Meeting, Quadra Children's Centre, 7:30pm

### WEDNESDAY

1st & 3rd Wednesday Food Bank, QCC 1-2pm  
Poker Night, Quadra Legion, Heriot Bay 7:30pm

### THURSDAY

Parents & Tots, QCC, 10am-12pm  
Quadra Singers, QCC 6:45pm. Info: 2393 / 3127  
Prayer Meeting, Quadra Island Bible Church, 7pm

### FRIDAY

Farm Friday 11 am to 6pm SouthEnd Farm Winery  
Alcoholics Anonymous, 8pm Quadra United Church

### SATURDAY

Meat Draw, Quadra Legion, Heriot Bay 5 pm  
Open Mic with Mo, 9pm at the HBI pub

### SUNDAY

Buddhist Meditation, Upper Realm, 10am  
Family Service, Quadra Island Bible Church, 10:30am  
Quadra Sunday Painters, 11am-2pm, 285.3390

## What's happening at the Quadra Island Community Centre

### THIS WEEKEND (August 5th & 6th)

**FRIDAY:** 9:00 Mach 1; 9:00 Ice Quest; 10:00 Half-Day Kayaking Adventure

**SATURDAY:** 6:30 Lip Sync Extravaganza

### THIS WEEK (August 8-12)

**MONDAY:** 9:30 Quadra Circle; 10:00 Parents & Tots; 10:00 Yoga w/Josephine; 2:30 Marbling Paper

**TUESDAY:** 9:00 yoga w/Brenda; 2:30 Body Painting

**WEDNESDAY:** 9:00 Zip Line Adventure

**THURSDAY:** 9:00 Yoga w/Brenda; 10:00 Parents & Tots; 10:30 Sensory Play Day; 1:00 Mug Making

**FRIDAY:** 9:00 Paradise Meadows Nature Hike

### NEXT WEEK (August 15-19)

**MONDAY:** 9:30 Quadra Circle; 10:00 Parents and Tots; 10:00 Yoga w/Josephine; 10:00 Child's Pose Yoga Smoothie & Juicing Camp

**TUESDAY:** 9:00 Yoga w/Brenda; 10:00 Child's Pose Yoga Smoothie & Juicing Camp

**WEDNESDAY:** 10:00 Child's Pose Yoga Smoothie & Juicing Camp

**THURSDAY:** 8:00 Snorkel with the Salmon; 9:00 Yoga w/ Brenda; 1:00 Mug Making

**FRIDAY:** 1:00 Kids Boot Camp/Obstacle Course

**NEXT DI DEADLINE: Monday, August 15 @ 7pm**

## J TOELLE CONSTRUCTION LTD



Above: Private home, energy rating ★ 81

SEE MORE OF OUR PROJECTS AT [www.jtoelle.com](http://www.jtoelle.com)

BUILDING FOR & EMPLOYING ISLANDERS SINCE 1980

- ★ Green energy rated
- Custom & budget homes
- Resort buildings
- Commercial buildings
- Cost effective design

BC LICENSED RESIDENTIAL BUILDER  
10 YEAR NEW HOME WARRANTY

OFFICE 250 285 3783  
MARSHALL TOELLE 250 204 5111  
MATT GRISWOLD 250 204 2878

Find your way around online...

[QuadraIsland.ca](http://QuadraIsland.ca)



"With access to over 60 lenders, I am working to get you the best deal."

Call Tina Oswald  
250-285-2209

[toswald@dominionlending.ca](mailto:toswald@dominionlending.ca)



**COASTAL MORTGAGES**

Conveniently located at 966 Shoppers Row, Campbell River

[www.tinaoswald.ca](http://www.tinaoswald.ca)

The DI is published every two weeks. Our current edition and upcoming deadlines are online:  
[www.discoveryislander.ca](http://www.discoveryislander.ca)

#### CONTACT US

email [news@discoveryislands.ca](mailto:news@discoveryislands.ca)

phone 250 285 2234

mail PO Box 280 Quathiaski Cove  
BC V0P 1N0

office 701 Cape Mudge Road

hours Monday - Thursday  
10am to 4pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

#### SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply **send the text in the body of your email**.
- **Canadian spelling** is preferred.
- **Please use the title** of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

#### GIFT SUBSCRIPTIONS

Are available for delivery in Canada by mail **\$90 for 12 months**

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year

Find more details online at  
[www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)

COPYRIGHT 2016  
ALL RIGHTS RESERVED

#### NEXT DEADLINE

7pm on Monday, August 15  
for publication on  
Friday, August 19, 2016

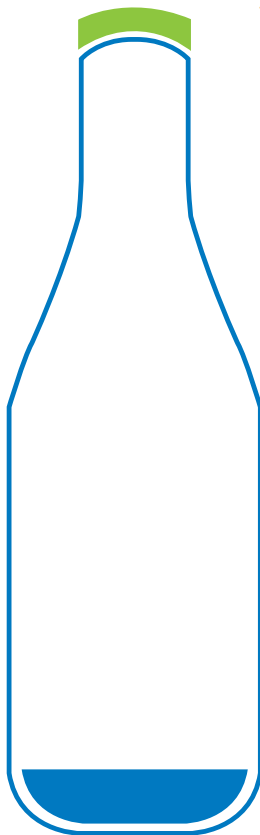
## Notice:

# Quadra Island Residents



\* **The glass collection bin will be removed from the recycling depot August 26, 2016.**

## Why will the glass collection bin be removed?



\* **The Quadra Island recycling depot only collects printed paper and cardboard, plastics, and metal containers. The collection of glass containers for recycling is included in the provincial packaging and printed paper stewardship program and must be returned to a Multi-Material BC Recycling Depot.**

**Your nearest MMBC recycling depots:**

**Island Return-It Centre  
1580 Willow Street,  
Campbell River**

**Campbell River waste management centre  
6700 Argonaut Road,  
Campbell River**

Residents are encouraged to reuse their non-refundable glass containers as many times as possible and return glass containers with a deposit to a Return-It centre for a refund. Glass that makes its way into the waste stream is an inert material that does not decompose in the local landfill to produce leachate or emit harmful greenhouse gas.

**For more information visit [www.cswm.ca/depots](http://www.cswm.ca/depots)**

## Fall/ Winter Guide

We hope everyone is enjoying their summer.

Yes, even though it's half way through July we are thinking about the Fall/Winter Recreation Guide.

We have reserved the usual room, time and dates for the regular classes, groups or clubs. If you haven't already, please confirm with us as soon as you can if need to change anything or if the usual works for you.

Write ups about your class or events need to be sent in for the first week of August so we can include them in the Guide and get them into mail boxes as soon as possible.

If you have any questions don't hesitate to call. Thank you for supporting the Q.I.R.S.

Sue Mitchell - 250-285-3243  
Quadra Community Centre

## Saturday Market Music

Live music by local Quadra musicians is happening at every Saturday Market starting at 10 am.

Here is the final updated list of performers for the rest of the season. Dave Blinzinger plays mellow sax on August 6. Barry Hodgson performs on August 13. John Toelle and Richard Christie play on August 20. Kris Wellstein performs on August 27. Finally, John Toelle and Richard Chrisite close out the music season on September 3.

Thank you for your generous donations to our local musicians when you come to the market.

Your support keeps the wonderful music flowing.

Call Steve Moore at 285-3323 for more info.

## Calling all Tots!

BRING YOUR GROWN-UP (PARENTS OR grandparents) to the Community Centre to play with speedy ride-on toys and crafty supplies. On Mondays Barb from the Children's Centre brings in a fun activity for tots to play with. Bring a scrumptious communal snack to share, and don't forget to clean up when finished. **Mondays and Thursdays from 10 to noon, free of charge.**

## Farmers Market

**The 2016 Farmers Market season runs every Saturday until September 17.** Rain or shine the Market is open in the lovely green space beside the Credit Union.

Some of the great things you may find: fresh local produce, baked goods, garden starts and plants, local art, artisan works, art cards, books, knitted treasures, soaps and much more!

The market gate is open at 8am for set up and operates on a first-come basis. The Market starts at 10am and ends at 2pm. The table fee for vendors is still only \$5 and \$1 for children (providing they sell their own things).

For reasons of public health, we strongly discourage dogs at the market. If you must bring your dog, they are either to be carried or on leash – and please clean up after your pet! People and children play here.

Need more info? Call Naomi 250.285.2979 or email [quadramarket@gmail.com](mailto:quadramarket@gmail.com)

Quadra Island Farmers Market and Bazaar is on Facebook too! [facebook.com/quadramarket](https://www.facebook.com/quadramarket)

More to come. Stay posted. You never know what you'll find or who you'll meet!

See you there!

## Geshe YongDong Speaks

Geshe YongDong will lead a teaching workshop on "Healing Energy, Power of the Breath." He will demonstrate how to use the breath to slow down or stop emotional upsets, such as, fear, anger, frustration or impatience. Geshe YongDong will guide and instruct us in these simple and effective methods of breathing meditation to relieve suffering.

### Who is Geshe YongDong?

Geshe YongDong was born in Tibet, became a monk at age 13 and received training from both Buddhist and Bon masters in Tibet and India. He has been teaching in Canada for several decades and comes to Quadra several times a year. Come and breathe with Geshe YongDong.

The seminar will take place in the upstairs room at the Quadra Community Centre on Sunday, August 14th from 11 am to 1 pm.

Suggested donation is \$10 but whatever you can afford is fine.

Call Steve at 250-285-3323 for more info.

## Buddhist Meditation

Buddhist Meditation continues in the Summer months. Come at 10 am upstairs to the Spirit Book store on Sundays in Quathiaski Cove on July 24, July 31 or August 7.

We meditate for 40 minutes followed by refreshments and a reading.

Free or by donation.

Geshe YongDong comes to Quadra, Sunday, August 14th. Take a look at a separate article on that coming event in this issue.

## Regional Director's Report - August 2, 2016

I would like to thank Philip Stone for printing and posting my twice-monthly Regional Director's Reports. This has been and will continue to be an extremely important method of disseminating information that is important to all of you in this age of "information".

My congratulations to Phil for keeping this publication going through thick and thin for 500 editions since he took it over in 1997. It has done nothing but improve each and every edition.

My sincere thanks, Philip, once again for this extremely important public service. You are well read in the Islands and across the province and in other far flung places due to the internet.

Keep up the Good work!

Jim Abram

Director, Discovery Islands - Mainland Inlets, Area C

Strathcona Regional District

## There's Still Some Fun to Be Had!

Summer Recreation at the Community Centre has some fun and creative classes coming up. There's everything from Mug Making with Gordon James, Half-Day Kayaking, a Kids' Boot Camp Obstacle Course, to Snorkelling with the Salmon.

Snorkelling is for ages 5 to adult so c'mon, join in on the fun!

Phone 285-3243 for more info and to register.

*Inspirations*  
On Quadra Island 

Local Quadra Island photography & artist greeting cards, paintings, prints, mosaic mirrors, beach wishing stones, driftwood walking sticks, signs & boating keychains available at Inspirations.



250-285-3334

## Bill Bradshaw Quadra Real Estate

PERSONAL REAL ESTATE CORPORATION



**BACK ON THE MARKET: SUBDIVIDABLE 39.5 ACRE WATERFRONT PROPERTY**

**\$949,000** • Mix of mature evergreens, broad leaf trees and great building sites  
• RU-2A zoned property approved for a 7 lot subdivision • Approx 1100 ft of waterfront with a foreshore lease in place

• Great views across Gowlland Harbour to Gowlland Island and Discovery Passage • 10 minute drive from all the stores and services in Quathiaski Cove

[billbradshaw@royallepage.ca](mailto:billbradshaw@royallepage.ca)  
[sarahbradshaw@royallepage.ca](mailto:sarahbradshaw@royallepage.ca)  
202 Cove Centre, Quathiaski Cove, BC  
**[www.quadrealstate.ca](http://www.quadrealstate.ca)**

OFFICE 250.285.3293  
TOLL FREE 1.877.735.3293  
Advance Realty FAX 250.285.3292



**Roofing Specialists**

**Installation  
of most types of roofing:**  
Green (living) roofs, Envirosshake,  
Asphalt, Cedar, and more...

**Custom fabricated sheet metal  
12" or 20" panels: 24 or 26ga  
Standing seam metal roofing  
and cladding panels made on site.**

*Need a roof? We've got you covered*

**Call for an estimate today  
250.285.2866  
Fully Insured**



**Be Recycle-Wise**  
**Don't Dump Trash at OUR  
Recycling Depot**

Read and learn what the symbols mean

**The Summer of Heartwood begins...**

**My dear friends, family & allies,**

If you've been included in this e-mail, it is because I have immense respect for you. We may have known each other for years, gone to school together, lived together, worked together, collaborated together, danced together, or even just had a brief conversation together. Whatever the nature of our relationship, you have made an indelible imprint on my life and in this – my time of need – you are the group of people that I feel most comfortable and confident turning to for help.

Today I launch the biggest fundraising effort of my life for a documentary series that I have been working on for 4 years. Heartwood chronicles the past, present and future of forestry on the west coast, the ancient forest movement, and the transition to a sustainable forestry economy in B.C.

90% of the film is now shot and I am about to move into post-production. I am seeking to raise the necessary funds to bring this project to completion. I invite you to check out my Indiegogo page to watch my epic new Heartwood pitch video. I can assure you it will be 4 minutes well spent :) And stay dialed in because I'll be dropping my smoking hot new trailer in just a few weeks.

Indiegogo campaign page:

<https://igg.me/at/HeartwoodDoc/x/1856867>

If you can find it in your heart to make a donation towards my efforts to tell this story of the shift to sustainable forestry on the coast, I would be eternally grateful (and we have some really stellar perks to show our gratitude). If you are not in a position to contribute financially, I implore you to please share this campaign widely on your networks as much as you can over the next 48 days.

The best way to reach people is to send this campaign through emails and direct messages to friends and family who you think would care about this project. Try to give it the personal touch.



And if you have a public platform that you can leverage to help me get the word out to a broader audience, I encourage you to please get in touch with me. I can provide interviews, video footage, op-eds, blog posts, whatever you need to help you share this story on your platform.

You can follow Heartwood on Facebook & Twitter. And to stay up to date, please head on over to my Heartwood website and sign up for my newsletter for any and all future updates. (I won't mass email you like this again so if you want to stay informed, please sign up for the newsletter!)

As I scrolled through my contact list selecting those who I wanted to include in this e-mail, I was struck by how lucky I am to have a community as wonderful as all of you. With a tribe like this in my corner, this enormous task that I am about to undertake can no doubt be achieved. Bless.

**Find your way  
around online...**

**Quadralsland.ca**

**Reel in a Deal**  
**Spend \$40 On Fishing Gear**  
**Get 5% Off**

**Store Hours: Mon-Fri 8-5, Sat 9-5, Sun 10-4**  
**635 Noble Road (corner of Green & Noble)**  
**www.quadrabuilders.com** *Delivery to Cortes 3 days a week!*

**Phone: 250-285-3221**  
**Toll-free: 1-877-585-3221**  
**Fax: 1-866-509-8928**

## It's All Happening at the HBI

**August 20th;** The Tragically Hip concert live on the big screen in the Heriot Bay Inn Pub. 5:30pm. Come and enjoy this momentous Canadian experience with us.

**September 9; Summer & the Sinners...** From Texas to New Orleans, to Chicago, with a stop in Memphis, Summer and the Sinners take you on a musical tour of Blues, R&B, and Funk, that slides easily between "Stax" and "Straight Texas Boogie!" \$10/door - 9 pm.

**John Reynolds** dinner show; folkin' fun with the former Irish Rover \$45/seat. Two course dinner. 6:00pm seating. **September 24th.** Call 285.3322 to reserve.

**Harpdog Brown** is back! 2 consecutive years as Canada's reigning Harmonica Player of the Year: Maple Blues Awards 2014 & 2015. **Friday, September 30** · HBI Pub · \$15/door - 9 pm.

**Karaoke: Every Tuesday!** Take the stage and be a star or come and watch, the stars need an audience too! So much fun. 9:00pm. HBI Pub. So much fun!

### Live Music Friday nights:

**August 5th: Queen Ann's Revenge;** rockin good tunes...

**August 12th: Limbo Babies;** Barry Hodgson and the boys are back!...

**August 19th: Duffy Live;** classic rock Quadra style...

**August 26th: Blue Kats;** vintage, blues and R&B. 9:00pm. HBI Pub.

**Saturdays Open Mic** with Mo Davenport: Sweet tunes from our talented locals and touring public. You'll find good music, good times and good friends at the good old HBI! 9:00pm HBI Pub.

**HBI Kitchen hours:** We're cooking tasty meals 7 days a week: 7:00am to 10:00pm! Late night munchy menu from 10:00pm in the HBI Pub.

**August 20th: Herons Dining Room** is fully booked with a private function from 1:00pm to close. Please enjoy the HBI Pub for delicious food and refreshing beverages. Thank You.

## Tennis Tournament Results

The Quadra Island Tennis Tournament was held on the 16th. of July.

As usual, it was a well attended event. 24 keen players started at 8 am . The competition was of a high level.

At 3 pm. the trophies were presented to the A-winners : Connie Oldroyd and Scott Low they won over Carol Woolsey and Nikolai Natanov.

The B- trophy went to Doris Colter and Don Doolittle who beat Ann Doolittle and Murray Garland.



Thanks to all our athletes. We are so proud of you!

See you out on the courts this summer .

Louella, Ken, Doris and .Rita

**New to Quadra?** The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Contact Judy @ 250.285.2150.

## North Rendezvous Island



- 10 ac w/f property
  - two cabins & sauna bldg
  - off grid set-up & moorage
- \$283,000** MLS 401266

Visit our office for a complete catalogue  
675 Heriot Bay Road, Quathiasi Cove

**All Aboard!!!**  
Summer's here, time for sun, fun and fish..

Call Frank for an appointment today and be ready for smooth sailing and peace of mind on the water

**Quadra Marine Services** **250-202-2853**  
Fast, Reliable, and Reasonable Rates. [quadramarineservices@gmail.com](mailto:quadramarineservices@gmail.com)

## Dr. Anita Komonski, ND, CHt naturopathic physician

- Naturopathic Medicine
- Acupuncture, Traditional Chinese Medicine & IMS
- Herbal Medicine
- Medical Hypnosis & Clinical Hypnotherapy
- Nutrition Counselling
- Intravenous Nutrient Therapy

Now taking appointments in Quathiasi Cove

250.504.0090

[drkomonski.com](http://drkomonski.com)

## Quadra Island Outdoor Club Upcoming Events

The weather forecast for August looks excellent for outdoor activities, so make sure to enjoy. Here are the upcoming trips:

**10 Aug, Wednesday** - paddle to Small Inlet (and possibly hike too)

**17 Aug, Wednesday** - hike to Forbidden Plateau Lakes

**24 Aug, Wednesday** - hike along Stramberg Creek and on to the north old growth grove

**28-30 Aug, Sunday-Tuesday** - backpacking to Albert Edward

The details for these trips can be found at:

<https://qioutdoorclub.org/trips/trip-schedule/schedule-summer-2016/>

Please be sure to contact the coordinator several days prior to a day-trip and a week in advance for multi-day trips.

## Australian Liz Stringer at Quadra Legion

Acclaimed Australian songwriter **Liz Stringer** is launching her fifth studio album at the **Quadra Legion on Saturday 6th August** with very special guest Tereza Tomek. Hailing from Melbourne, Stringer's powerful and emotive live performances and melodically rich, story based songs have earned her a place among Australia's most respected songwriters and performers.

Back home Liz has supported Canada's own Ron Sexsmith, The East Pointers, Irish Mythen and Scott Cook. Join us for an intimate evening of stories and music from 8:30pm \$15 entry

## Start Saving Now!

Start saving NOW for the next Quadra **Philippine Connection's Giant Garage Sale** at the Quadra Community Centre with proceeds going toward Quadra's continued sponsorship of the Gift for Peace Program in the northern Philippines. This year's date is **Sunday, September 18th**, so mark this on your calendar NOW as you begin to gather up household items and treasures that you are ready to pass on for this worthy cause.

2016 marks our 22nd year for this fund-raising extravaganza thanks to the ongoing support and generosity of Quadra Islanders! Drop-off locations will be announced at the end of August in the Discovery Islander, the Bird's Eye, the Gumbboot and posters around the island.

Appreciation continues to go to islanders and Tru Value for donating regular Spirit Board points as well as annual Bottle Depot contributions. As you begin to collect garage sale items, remember to also choose #291 for your Spirit Board Points at both True Value stores!

## Yoga In The Park!

Yoga in the Park! We gather to have fun moving our bodies and enjoying the present moment. All ages and abilities welcome.

Esplanade park is in Heriot Bay, just behind Terry's Take-out. Down by the water where the plum trees thrive.

\*Weather permitting. We're west coasters, so a light sprinkle is no deterrent. Downpour... then maybe we'll save it until next week.

Mondays 10-11am. By donation (suggested Min \$10). \*NO CLASS AUG 15\*

## Changes are coming to the Quadra Island Recycling Depot

The Comox Strathcona waste management (CSWM) service would like to inform residents that the region's recycling depots will be changing to make it easier for people to recycle.

The changes will apply to the recycling depot located on Quadra Island. This depot, along with other depots located in Campbell River, will transition to "single-stream" recycling similar to the municipal curbside recycling program.

"We are making it easy to recycle," said Jesse Lee, CSWM's manager of operations. "Residents will not have to sort their recyclables into separate collection bins, simply place all recyclables into one of the bins. Emterra our contractor will take care of the sorting at their recycling facility."

This past week, the Quadra depot was changed out to the new format that includes replacing the bins and updating signage. Residents will also notice changes for glass recycling. The glass bin previously in place will soon be removed and residents are encouraged to return their refundable bottles for refund, and to recycle their other glass in Campbell River at the Island Return-It Depot (1580 Willow Street, Campbell River) or at the Campbell River waste management centre (6200 Argonaut Road, Campbell River). These recycling depots are part of a provincial program that accepts glass for recycling. The glass bins previously provided at the Quadra depot were not part of the provincial MMBC glass recycling program which lead to landfilling these materials in the Campbell River landfill for the past several years.

Glass recycling in British Columbia is very challenging and few options exist outside of the approved depots described above. Taking glass to the Campbell River recycling depots will help keep this recyclable product out of our regional landfills.

For more information on recycling depot service, visit [www.cswm.ca/depots](http://www.cswm.ca/depots).

The Comox Strathcona waste management (CSWM) service is a function of the Comox Valley Regional District (CVRD) and is responsible for two regional waste management centres that serve the Comox Valley and Campbell River.

*Offering Quadra's most diverse set of in-house building skills*

**From footings... to finishings!**

**Blaine Smith Contracting & Painting**

For free inspiration, call today

**250-202-6299**

[quadrablaine@gmail.com](mailto:quadrablaine@gmail.com)



## Nature Play for Families

Hand-In-Hand Early Years Nature Education Program will be hosting a workshop to Quadra families with children aged 3-6 years old. Siblings are welcome!

**Quadra Children's Centre**

**Saturday, August 27th**

**9am - 2:45 pm**

Parents bring your young ones to enjoy play/nature based and child led activities at the Children's Centre and in the forests of Blenkin Park. There will be nature inspired songs, books, games and activities that can easily be experienced in any and all natural environments.

Join these experienced Early Childhood Educators to learn more about motivation, appropriate clothing, healthy snacks, inspiration, education, risky play, having fun, along with nature based activity resources.

There is space for 20 children and their families so please register now. More information about the workshop is available at [hand-in-handeducation.com/nature-play-families/](http://hand-in-handeducation.com/nature-play-families/)

This event is sponsored by Quadra Literacy, funded by a Success by 6 grant and is restricted to Quadra families.

To register, please contact Robin Beaton:

[robin.quadraliteracy@gmail.com](mailto:robin.quadraliteracy@gmail.com)

250-285-3185

## Japanese Gardens Speaker

**Quadra Island Garden Club Meeting on Monday, September 12**

Barrie Agar, head gardener at Hatley Park National Historic Site at Royal Roads in Victoria, will be the guest speaker at the Garden Club meeting on Monday, September 12th, 7 pm at the Community Centre. Barrie did her horticultural training on an estate in Ireland. Before working at Royal Roads, she was a horticultural instructor at Vancouver Island University.

The gardens of Hatley Park were completed in 1913, shortly after the completion of the castle by the Dunsmuir family in 1908. At that time, Japanese gardens were very trendy, and an interesting addition to what is considered an Edwardian garden.

Barrie's talk will focus on the classic principles of simplicity and elegance in the design of Japanese gardens. She will describe some of the ways that past Hatley gardeners introduced "little sites of interest into the garden."

"Japanese gardens are extractions of a certain aesthetic essence from nature and are often very symbolic with many rules and taboos," explains Barrie.

This is a long-awaited talk for the Quadra Island Garden Club and we are very pleased to have Barrie share her knowledge and experience on this enchanting style of gardening.

Join us for an evening of good friends, great information and perhaps some bragging time for your produce. Did you win a ribbon at the fall fair? Bring your entry. We would like to hear about your winning entry and share our participation of this fun event as a club.

Drop-in attendance is \$3. Better yet, join for the year! Annual membership is only \$10 for individuals and \$15 for a family. Annual renewal membership is due at the September meeting. Everyone is welcome. See you there!

### Doesn't Your Roof Deserve the Best?



Put our commitment to quality and safety to work for you. We exceed our customers' expectations, finishing all projects in a professional and timely fashion. We have the experience and resources for any size project.

**Call us today.**



**Roofing • Wastebins** Call Us Today  
20 & 40 yard roll-off bins 250-203-0308

**Located on Quadra Island**

**Live Music Fridays**  
**Queen Anne's Revenge**  
August 5 - rockin good tunes!

**Limbo Babies**  
August 12 - Barry Hodgson and the boys are back!

**Duffy Live**  
August 19 - classic rock Quadra style.  
9pm in the Pub. No cover.

**Open Mic with Mo**  
Saturdays at 9pm  
with host Mo Davenport

***lively, delicious, soulful***

great food · superb events · casual fun  
open every day · live music Friday & Saturday



Inn: 285.3322  
Pub: 285.3539  
[heriotbayinn.com](http://heriotbayinn.com)

**Heriot Bay Inn**  
a beautiful place to spend time

## Recycling

### I sent this to the chief administrative officer of the CVRD:

I read in Jim Abram's Regional Director's Report (July 22 issue of the Discovery Islander, from Quadra) that the district Waste Committee has decided on a policy that is tragically regressive.

Dumping our previously sorted materials into one container to be hauled away and sorted by hand again is some kind of ridiculousness. But refusing to take glass AT ALL and telling us to take it to a depot in Campbell River or else throw it in out garbage is approaching a Lewis Carroll level of madness.

Glass is one of the easiest materials to melt and re-use. Even better, would be a policy requiring all manufacturers to take back their empties and refill them. I worked in a soft drink plant as a teen and we brought back empties in the delivery trucks and did exactly that. Every other glass producer should be required to do this.

This is a time when we need to be more progressive in our recycling policies, not throw more and more material into landfills.

I would like to know what kind of thought process went into creating this course of action.

I will also be starting a campaign to get people to leave their glass in your bins regardless of your mistaken policy.

J. Smokey Dymny

Jim Abram's response:

FYI: You will never convince my constituents that your upcoming actions are wise.

This is nothing but stupid. I will never support it

Jim Abram



## Festival Thanks

The Quadra Island Chamber Music Society wishes to thank all those who participated in making this the most ambitious and amazing festival to date. Thank you Quadra and avid music lovers who plan your vacations around the Quadra Island Chamber Music Festival. Artistic Director, Philip Hansen, carefully chooses works for the musicians that reflect the unique ambiance of each of our beautiful venues. The highly skilled musicians arrive from far and wide with their music in hand and have just a few days to fashion such exceptional programmes. Thank you Phil, Konstantin, Kathleen, Sara, Helena, Donovan, Marcin, Stephen and Laurent.

The success of the festival is due to a host of supporters. Our sincere thanks go to Jim Abram and Strathcona Regional District; BC Ferries; BC Arts Council; Discovery Islands Ventures Ltd; Taku Resort; Coastal Community Credit Union; Diane Brown; Quadra island Recreation Society; We Wai Kai Nation/Cape Mudge Band; Tru Value Foods; Thrifty Foods; Discovery Islands Realty; Vancouver Island Insurance Centres; SouthEnd Farm & Vineyards; The Stone House; Cape Mudge United Church; Philip Stone, Discovery Islander; Amanda Smith, The Bird's Eye; Alistair Taylor, Campbell River Mirror; Catherine Temple, GoCampbellRiver; Harbour Living; CBC Radio; Chipperfield Hollow B&B; Works of H'Art; Inspirations; Tidemark Theatre; Walcan; Heriot Bay Inn; Ben McGuffie, Jill, Mitzi and Tak Ogasawara; Mimi Schmienk; Helen Moats; Diana Gault; Darcy Mitchell; Lois Taylor; Quadra Information Staff; Don Mottershead; George Murdoch; Fusilli Grill; Waypoint Signs; Aroma Coffee; Candace Holmes; Celeste Lessard-Kragen; Jane Townley; Lisa Bernstein; Susan Wilson; John Wasylwiw; Dionne and Lou Kabota; Annabelle

Cameron; Stella Duffey; Lynn Ramos; David and Jennifer Hay; Nancy Belliveau; Judy Smith; and Dawn Whitworth.

The Quadra Island 7th Annual Chamber Music Festival will be held the week of July 17, 2017. Please call Michael Lynch @ 250-285-2422 if you would like to be on our contact list or would like to volunteer.

If you are interested in financially supporting the Quadra Island 7th Annual Festival of Chamber Music, we would be most grateful for any and all assistance. Tax receipts for donations over \$20 will be provided. Donations can be made to Quadra Island Chamber Music Society and delivered to Michael Lynch or Joan Brears or sent c/o Catherine Smith, P.O. Box 386, Quathiasi Cove, V0P 1N0.

Sincerely, Catherine Smith, Michael Lynch, Joan Brears, Philip Hansen, Linda Lessard, Jill Ogasawara, Mary Pirie, Meg Stewart, and Hinda Simkin [www.quadrafestival.com](http://www.quadrafestival.com)

## Quadra Island Seniors--- B.C.O.A.P.O.--Branch 91

Our Seniors have been very busy working in the Tourist Information center where we meet people from all over the world. These tourists absolutely love Quadra Island and many of them move here.

We all have been busy in the garden and freezing & preserving fruit soon but we are already making jellies and jams.

Soon our seniors will be visiting "Berwick by the Sea" and enjoy a snack as well as a tour of the Senior facility.

To join our busy group call Lois Norman @ 3061 for Transportation call Ruth Amiabel @3801 or on cell ph. call 1-250-895-9188.

**Castle Computing**

we sell notebooks, desktops, parts & peripherals

we repair most makes of computers

we tutor most makes of humans

**250-285-3695**

**ALL CLEAR SEPTIC SERVICE**

Have you thought about your septic tank in the last 3 or 4 years?



SAVE costly drain field repairs by having your septic tank pumped out before trouble attacks!

Call Ross Doak **285-3561**

## Thank You Quadra!

There is really no words to express the feelings we have for this community. We are so lucky to live in a place like this. It's truly amazing how everyone pulls together when the need arises.

We would like to thank each and every one of you who have helped us through this trying time.

Thank you all so very, very much

Terry, Kathy, Ryan and Graeme Binnersley

## Quadrapalooza 2016!

It's coming up folks, a festive gathering of some of the most diverse arts and music to be found around the Discovery Islands: Quadrapalooza! This year's event will be filled with all that your art-loving souls can dream of... artisans, vendors, acrobatics, jugglers, games, poetry, workshops, clowns, fantastic Quadra-grown food, and of course live dance-inducing tunes from superb musicians throughout the weekend. If you have never been to this community oriented festival before, do not miss out this year! And if you have, we know you'll be back for more.

**Annually, Labour Day Long Weekend! Sept 2-4 2016** At the Quadra Island Community Centre. Limited Advance Weekend Passes Available for \$85 Q-cove: Kameleon & Inspirations - Heriot Bay: Works of H'art & The Heriot Bay Inn

or Online: [www.quadrapalooza.com](http://www.quadrapalooza.com)

We are also looking for community members and local businesses who would like to sponsor this event with raffle prizes and/or garden goods for our volunteer kitchen. Contact us regarding donations via [quadrapalooza@gmail.com](mailto:quadrapalooza@gmail.com) or call 285-ARTS.

Positively the best way to top off the sunny season!

See you at Quadra's Arts and Music Festival.

### Different Spokes for Different Folks

Bike Sales New & Used  
· Electric Kits · Accessories



250-285-3627  
[bicycle@gicable.com](mailto:bicycle@gicable.com)

[www.quadraislandcycle.com](http://www.quadraislandcycle.com)

## RCMP Beat

**On July 23rd, 2016** at 0213hrs an unknown suspect broke into the Tru Value Foods in Quathiaski Cove. The suspect threw a rock through the window to gain access to the business. The suspect then grabbed some liquor and ran from the scene with a second accomplice. Two suspects were observed on the video surveillance system. One suspect was wearing a dark colored hoody and the second suspect was wearing a darker grey hoody with red sleeves. If you have any information regarding this break in contact the Quadra RCMP or Crimestoppers.

**On July 25th, 2016** Quadra RCMP received a report of a theft of approximately 1000 cedar seedlings from a newly planted area on North Mountain. The seedlings were dug out and the holes filled back in. The seedlings would be about 2 years old and about 1 meter tall and were stolen sometime in the past 6 months. If you have any information please call RCMP or Crimestoppers.

**On July 26th, 2016** Quadra RCMP received a report of a male that had gotten lost while hiking in the area of Beeches and Chinese Mountain on Quadra Island. The male was able to call police for help using his cell phone. Police were able to use his cell phone signal to triangulate his position. Search and rescue volunteers were deployed and were able to locate the male and walk him out safely.

Cpl. Kevin CHRISTENSEN

Quadra RCMP



## G. ROY DAHLNAS EXCAVATING LTD.

- EXCAVATING • TRUCKING • SAND
- GRAVEL • TOP SOIL • DRAIN ROCK
- ROAD CRUSH • WELL CASINGS



Cortes Radio & Theatre Quadra present

Tickets & Luncheon for Sale

**LIP SYNC**

PROCEEDS TO ... **CKT 89.5 FM**

**Saturday August 6th**

At Quadra Community Centre

With acts from

Cortes and Quadra Islands

Showtime 7pm. (doors open at 6:30pm)

Admission: \$12

Children under 12yrs free

Tickets available at:  
Inspirations (IQ), Works of H'Art (Q), Music Plant (CR)

**LANDTEC INDUSTRIES**

Excavating - Blasting - Trucking

**250-285-2300**

*Experienced  
Competitive*

[Landtecindustries.com](http://Landtecindustries.com)

**Preschool Program**  
For 2.5 to 5 years  
(Toilet training not required)

**Quadra Kids**  
school age program  
For 6 to 11 years

Find us online  
[quadrachildrenscentre.weebly.com](http://quadrachildrenscentre.weebly.com)

7:30 a.m. to 6:00 p.m.  
Monday to Friday

**250-285-3511**

Please inquire about government subsidies

## Heriot Bay Tides

DATE	TIME PST	m.	ft.
<b>05</b> Friday	02:36	2.8	9.2
	07:40	4.2	13.8
	14:09	1.4	4.6
	21:08	4.9	16.1
<b>06</b> Saturday	03:19	2.7	8.9
	08:30	4.1	13.5
	14:47	1.7	5.6
	21:39	4.8	15.7
<b>07</b> Sunday	04:03	2.5	8.2
	09:21	3.9	12.8
	15:24	2.0	6.6
	22:10	4.6	15.1
<b>08</b> Monday	04:47	2.4	7.9
	10:18	3.7	12.1
	16:02	2.4	7.9
	22:42	4.5	14.8
<b>09</b> Tuesday	05:33	2.2	7.2
	11:26	3.6	11.8
	16:43	2.7	8.9
	23:15	4.4	14.4
<b>10</b> Wed.	06:22	2.1	6.9
	12:50	3.6	11.8
	17:31	3.1	10.2
	23:51	4.2	13.8
<b>11</b> Thursday	07:15	2.0	6.6
	14:26	3.7	12.1
	18:34	3.3	10.8
	<b>12</b> Friday	00:34	4.2
08:10		1.8	5.9
15:46		3.9	12.8
20:06		3.5	11.5
<b>13</b> Saturday	01:23	4.1	13.5
	09:02	1.6	5.2
	16:42	4.1	13.5
	21:34	3.6	11.8
<b>14</b> Sunday	02:16	4.1	13.5
	09:48	1.5	4.9
	17:24	4.3	14.1
	22:35	3.5	11.5
<b>15</b> Monday	03:07	4.2	13.8
	10:30	1.3	4.3
	17:59	4.4	14.4
	23:20	3.4	11.2
<b>16</b> Tuesday	03:57	4.2	13.8
	11:09	1.2	3.9
	18:31	4.6	15.1
	23:59	3.3	10.8
<b>17</b> Wed.	04:48	4.3	14.1
	11:48	1.1	3.6
	19:02	4.7	15.4
<b>18</b> Thursday	00:37	3.1	10.2
	05:39	4.4	14.4
	12:27	1.1	3.6
	19:33	4.8	15.7
<b>19</b> Friday	01:15	2.9	9.5
	06:31	4.4	14.4

## THE DI CLASSIFIEDS

### Shops

#### WAYPOINT SIGNS

Signs, Picture Framing and simple Engraving at Waypoint Signs beside Quadra Builders. Tuesday to Thursday, 9 to noon, 1 to 4pm. Appointments possible to suit your schedule. Friendly, efficient, personalized service with quality products at affordable rates. 250.285.2815 info@waypoint-signs.com

### Accommodation

#### STAY AT WHISKEY POINT RESORT

Whiskey Point Resort offers great rates for suites, king deluxe, standard rooms. The Wheelhouse Gallery spotlights work by Perrin Sparks, Nanci Cook, Maureen Maryka, Tiki Westnedge, Michaela Davidson and more. New T-shirts with images from Perrin Sparks' engravings and etchings!

### For Sale

#### QUALITY CEDAR PRODUCTS

Planed or rough cut decking, lumber, siding, beams, fencing, 4x4s, clears, VG, custom milling, whatever you need. Douglas Fir now available, and Fir Beams to 8x12x24 ft. Located on Quadra, 250.830.7897

### Services

#### Q-COVE APPLIANCE REPAIR

Repairs and service to your domestic major appliances at competitive rates. We have a good selection of quality rebuilt washers, dryers, fridges, gas and electric ranges. All come with a one year warranty on mechanical components and free delivery for south Quadra Island. New and used parts depot. Free pick up of your unwanted recyclable appliances. 10% Seniors discount. Please call Lonan McMartin at 250.285.3425 or 250.202.3425

#### GOT A LEAKY ROOF?

"The time to repair the roof is when the sun is shining". John F. Kennedy. Get your roof replaced/repared for peace of mind. Schedule your free estimate today, no obligation! Professional roofing solutions by Red Seal Certified roofer. Call Java Roofing 250 204 2638

### Help Wanted

#### HERIOT BAY INN

Heriot Bay Inn has work opportunities for a Line Cook, Breakfast Cook, Dining Room Server and Housekeeper. Please email resume to: info@heriotbayinn.com or fax:250-285-2708.

### Home & Garden

#### SKILLED GARDENER AVAILABLE

Certified horticulturist and lifelong passionate gardener Ryan Nassichuk is currently available for garden maintenance, improvement, and creation projects. This is an opportunity to bring the passion, skills, and experience of one of Quadra's best gardeners to your landscape. Ryan works in food, ornamental and mixed gardens, and also offers soil testing and fruit tree pruning services. Call 250-202-2326 or email nassichuk@gmail.com

### Real Estate

#### HOUSE FOR RENT

Three bedroom waterfront house on Drew Harbour with great views available from Sept. 15- June 15, 2017. Fully furnished. Not suitable for toddlers. Maximum occupancy 4 persons. Excellent references required. \$950 month. Call 250-285-3241 or email evanshobart@gmail.com.

#### ARE YOU SELLING BY OWNER?

Find buyers specifically looking for Quadra Island properties by listing at the community's most visited web site: [www.quadraisland.ca/real\\_estate](http://www.quadraisland.ca/real_estate)  
Listings are just \$95 for 3 months. Link to an additional information page or ask us how we can build a page for you too. Contact Philip Stone at info@quadraisland.ca or 250-285-2234

**Income producing home** On .5 acre retirement from Vancouver Spiti. This lovely home offers a 4 bedroom main home with an additional 1 bedroom suite. This property also offers 2 walk, large yard and workshop/garage. You will love the wood ceilings and open floorplan.

The living room features a wood burning fireplace. Downstairs is the huge family room or media room conveniently located to the main level home. **REPRICED - \$299,000**

Successfully selling real estate on Quadra Island since 1995

**Heidi Ridgway**  
Your Resident Quadra Island Realtor®

ROYAL LEPAGE  
250-285-2217 tel  
250-282-2217 cell  
Schwaben Realty [Heidi@QuadraIslandRealEstate.com](mailto:Heidi@QuadraIslandRealEstate.com)

[www.QuadraIslandRealEstate.com](http://www.QuadraIslandRealEstate.com)




### DI CLASSIFIEDS

Up to 35 words: \$25 (including tax) - one time  
36 to 70 words: \$45 (including tax) - one time

Email or drop off your ad with payment at 701 Cape Mudge Rd, or at Inspirations  
You can also pay online at [discoveryislander.ca](http://discoveryislander.ca)

Questions? Email [news@discoveryislands.ca](mailto:news@discoveryislands.ca)

**NEXT AD DEADLINE:**  
Monday, August 15