ISSUE 726 APRIL 3, 2020 • SERVING QUADRA & DISCOVERY ISLANDS SINCE 1993

# discovery



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### HELPING BEYOND BORDERS

As Covid-19 escalates, Quadra residents are taking many good actions. Most Quadrites appear to be social distancing. Key businesses have adopted controlled access and reduced hours, helping safeguard their staff's health while continuing to supply the goods we need. The Quadra Island Emergency Program, Food Bank, Quadra Circle, and now Caremongers are coordinating and providing local assistance. We are fortunate indeed to live on such a well-organized, community-minded island.

On their part, our federal and BC governments are doing a remarkable job in sharing information about Covid-19 and in planning and allocating health-care resources. Equally, they are making massive, necessary investments to help individuals and businesses weather the crisis. These initiatives should blunt at least some of the economic and social loss in BC and across Canada.

Sadly, the picture beyond our borders is a much bleaker one. Poorer countries and regions of armed conflict have little or no health infrastructure. Already overcrowded refugee camps struggle to meet the most basic clean water and sanitation needs, let alone even begin to fend off a pandemic. Without outside support, aid agencies are warning of a coming catastrophe.

There are some remarkable international organizations working on the ground in these dire situations. With the explosion of Covid-19, this work is needed more than ever. As a past Oxfam Canada board member, I have seen directly how even a modest donation can go a long way in assisting their efforts.

Covid-19 is undoubtedly putting some Quadra residents up against it financially. But, for those of us who may have some funds to spare, now is a perfect time to step up and donate to one of the several organizations doing stellar work in countries facing poverty and conflict.

One excellent way to do so is through the Humanitarian Coalition. It brings together Save the Children, Plan International, Care, Oxfam Canada, World Vision and seven other leading aid organizations. It gives Canadians a simple, effective way to help during international humanitarian disasters. For information and to donate, go to www. humanitariancoalition.ca. As a citizen of the globe as well as of Quadra, BC and Canada, please consider doing so. Because Covid-19 transcends borders, gender, race and wealth, we are all in this together.

--Kent Macaulay



For free inspiration call Blaine Smith 250.202.6299

quadrablaine@gmail.com





### **GARDENING**

In the face of crisis people and communities are pulling together the world over. All the signs are pointing to massive social and economic upheaval, to say nothing of the hazards and heartbreak of the health emergency itself.

There is some comfort in hearing the daily briefings and announcements of support from various levels of government but we know from past catastrophes that a significant part of surviving the pandemic is going to come from efforts made closer to home.

One of the challenges we could face is maintaining our food supply. What seemed in past years to be a theoretical 'what if' exercise has now come a lot closer to reality. So far on Quadra we seem to have faired reasonably well with supplies at local stores and provincially we are being reassured that supply chains are robust and there's no need to worry.

Being a firm believer in exchanging worry for practicality I've searched for solace in the seed box, and I know I'm not alone. Social media feeds have lit up with pictures of newly constructed raised beds, requests for seeds, cuttings and a myriad of garden-related buzz. If there is a silver-lining with this virus thing and all its fallout, it has to be the timing. Whether

or not the approaching warm weather helps mitigate the spread remains to be seen but it is the ideal time to dig in and get a garden ready. When it comes to vegetables I admit to being a half-hearted gardener. I mean, when we've looked at the price of tomatoes on the grocery store shelves in August, we've all asked ourselves 'is it worth it?'. But as the possibility of necessity rears its head the luxury of such a query is put to rest.



#### So where to start?

As April turns its page committed gardeners will already be well ahead with several key winter chores complete: preparing soil, pruning berry bushes, fruit and nut trees, and well underway with early spring planting: start trays indoors and cool weather crops outside. The good news is, it's not too late to get into the game. Now I'm far from an expert but I'd

suggest two vital first steps: first look at your garden to make a plan and second get some key supplies like soil amendments and seeds. I'm going into this gardening season with the

mindset that we may have to produce as much of our vegetable needs as possible ourselves. If things get back to normal come June, July or whenever then so be it but this strikes me as a time to be a boy scout, girl guide or whom ever, and be prepared.

In the absence of any of countless books you may find inspiration for a complete, sustaining garden in the 'Victory Gardens of the 1940s. Agricultural agencies all over developed simple schematics to illustrate plans for vegetable gardens that are as relevant today as they ever were. If you're looking for a place to start this is a good one. The internet is awash in examples look for zone 7 & 8.

Reccomended plot sizes to feed a couple or family seem to vary dramatically and local factors greatly complicate things. You'll find figures anywhere from 1500 to 5,000 square feet. With just hand tools I've found that ~2,500 square feet is attainable in several days of digging with much of that effort being removing rocks & roots that only has to be done once.

With soil amendments like compost from Adam at Islandscape and seeds, starts, starting mix and a few bits and pieces from Marie at On Root and Quadra Builders it's time to get planting.

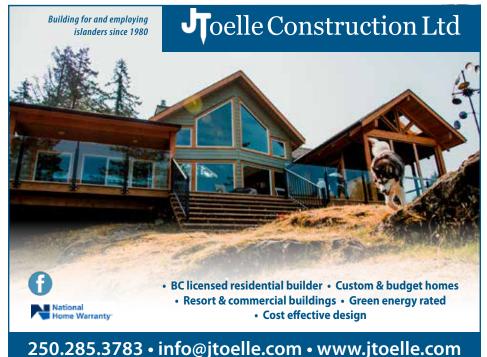
This is the time for cool weather crops to be direct seeded outdoors. Peas, spinach, radish, lettuce and other greens can all be planted now. Beets, carrots parsnip and other root vegetables too. It's best to not plant complete rows in one go but plan for successive planting to extend maturing times and harvesting. We aim for three plantings, one now and two following in three to four week increments. One of the most important crops is potatoes.

Plant an early-harvest variety now followed by a mid and late crop in the coming 6 weeks. Inside, squash, tomatoes and other warmer weather crops can be started for planting out later in mid-spring.

Don't forget to include crop rotation in your plan. Grouping rows together now will make rotation easier next year. And think ahead to winter gardening. Planting for that begins in late-August but planning ahead is a good idea. One way to steadily expand your garden is to dig new beds for winter planting during the summer, when you're not weeding!

- Philip Stone

## NEXT DI DEADLINE: Monday, April 13 @ 7pm





# discovery ISLANDER

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Publisher/Editor Philip Stone

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deadlines are online:
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email news@discoveryislands.ca phone 250 285 2234 mail PO Box 280 Quathiaski Cove BC VOP 1NO office 701 Cape Mudge Road hours Monday – Thursday 10am to 4pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

#### **SUBMISSION GUIDELINES**

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to include credits and captions for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

### **GIFT SUBSCRIPTIONS**

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### **NEXT DEADLINE**

7pm Monday, April 13 for publication on Friday, April 17, 2020

# Way to Go

WAY TO GO EVENINGS ARE CANCELLED UNTIL THE FALL.

# Annual Event Deadline

### **WE'RE BUSY WORKING ON**

the upcoming 2020 Guide to the Discovery Islands and a newly designed full colour edition of the Quadra Island Map-Brochure. If you're part of the planning for any of our regular annual events or have something new planned now would be a great time to submit your event dates and brief bit of info for inclusion in our community showcases. Send your details before March 15 to: news@discoveryislands.ca Many thanks.

# QI Outdoor Club Latest Information

# THE OUTDOOR CLUB HAS SUSPENDED OUTINGS for the

duration of the epidemic. But we are encouraging everyone to continue to get outside. We are very fortunate to have lots of uncrowded trails on Quadra, as well as boating options. We have a wonderful advantage over urban areas in being able to go outdoors and still avoid contact with lots of strangers. Moderate outdoor exercise is so important for your physical and mental well being. Of course, there are some caveats. Best practice is to stay local, hike solo or in a family group or a very small group that maintains physical distance. If there are two unrelated people hiking together, it's best not to carpool or share any gear or food. BC Park facilities are closed and front country camping is prohibited at this time.

## 2020 Beach Clean-up Cancelled.

Regrettably, Sierra Quadra's April 19, 2020 Beach Clean-up is CANCELLED. We obviously could not have the usual food and social gathering at the headquarters site at Rebecca Spit without violating the social distancing required by the COVID-19 pandemic, and the logistics of protecting everyone who was collecting, gathering and transporting collected material from our beaches presented unsolvable risks to those involved. We will consider rescheduling to a more favourable time, or just miss 2020 in the interests of everyone's wellbeing. Please be safe and careful.

Ray Grigg for Sierra Quadra

# Calling all Beekeepers on Quadra Island

Do you have or want beehives? Let's get together and talk bees, share information, and support each other in the keeping of honeybees on Quadra. There is a possibility of a field day with Wendi Gilson (our Bee Inspector) in early May - a great learning opportunity. Other possibilities include workbees (pun intended) to make equipment, equipment-sharing, car-pooling to Comox Bee Club meetings, and the general sharing of information and experience. The first get-together will be on Wednesday, April 22. (And keep your calendar open on May 1 for a field day).

Call Kathryn if you are interested - 250-285-2103.



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# COMMUNITY NEWS & EVENTS

# The Zen of an Earth **Mythology**

Ray Grigg's new book, The Zen of an Earth Mythology, is now available at Book Bonanza in Quathiaski Cove. If you are in the Cove for necessities and are interested in a thoughtful, informative and challenging read, its 454 pages should keep you duly occupied. The new, updated and amalgamated edition of The EcoTrilogy is also available there.

Book Bonanza is practicing strict sanitation and distancing protocol for your safety. You can even phone ahead to 3665 with an order, and have your book(s) delivered to your car.

# **Quadra Island Chamber Music Festival Postponed**

In light of COVID-19, the Quadra Island Chamber Music Society is postponing this summer's annual festival until July 2021. Our top priority remains the health and safety of our audience, musicians, patrons, volunteers and the Quadra community.

Our Society is a non profit organization. We will be refunding subscribers in the near future. If you do wish to make a donation, all donations will be distributed among our musicians. Thank you for your continued support. We will continue to post information and highlights on our new website: www. quadrafestival.ca

Catherine Smith, President

### QISES AGM

The Quadra Island Salmon Enhancement Society will hold its Annual General Meeting on Thursday, April 9 at 7PM at the Eco Center 2050 Hyacinthe Bay Road. Anyone interested may attend.

# Caremongering QI

A new FaceBook group has formed for sharing and organizing community resources in response to COVID-19 on Quadra Island. The goal of the group is to organize the local community on the grassroots level to ensure vulnerable community members have access to food, housing, healthcare, and other necessities. Search & join Caremongering -Quadra Island

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# **Open Burning Restrictions for Portions of the SRD**

Campbell River, BC – The Ministry of Environment and Climate Change Strategy in collaboration with provincial public health partners have issued open burning restrictions effective immediately for all High Smoke Sensitivity Zones across the province until Wednesday April 15th, 2020.

No new fires may be initiated and no additional material may be added to existing fires. Campfires which are defined as a fire less than 50 cm used for heat, cooking or recreational purposes using firewood are still permitted.

High Sensitive Smoke Areas are shown below in yellow. This applies to portions of Gold River, Sayward, Campbell River, Electoral Area D (Oyster Bay / Buttle Lake), Cortes Island, Quadra Island and surrounding areas.

A zoomable map of the High Smoke Sensitivity Area can be viewed online at: https://governmentofbc.maps.arcgis.com/apps/webappviewer/index.html?id=6d288bc667b24528a5c1e3b4c0373d07

Real-time air quality observations and information regarding the health effects of air pollution can be found at https://www2.gov.bc.ca/gov/content/environment/air-land-water

For further information please contact the Coastal Fire Centre at 250-951-4209 or e-mail bcws.cofcinformationofficer@gov.bc.ca

As cases of novel coronavirus (COVID-19) in BC continue to increase, the BC Centre for Disease Control recommends implementing measures that help to reduce excess air pollution in populated airsheds across the province. There is strong evidence that exposure to air pollution increases susceptibility to respiratory viral infections by decreasing immune function.

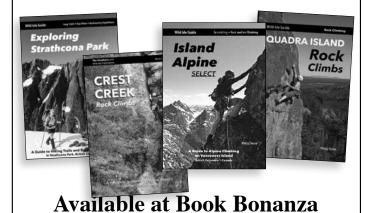
#### This means that:

- Deterioration in air quality may lead to more COVID-19 infections overall,
- Deterioration in air quality may lead to more cases of severe COVID-19 infections, adding further demand to our healthcare system, and
- $\bullet$  Improvements to air quality may help to protect the whole population from COVID-19 and its potentially severe effects.



New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Contact Judy at 285.2150.

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### HEALTH NOTES

# **Screening for Cervical Cancer**

As an aside from the corona virus it might be of interest to discuss PAP smears. I am often asked if it is necessary to have repeated testing, especially with regards to seniors.

North America and Western Europe have some of the lowest international incidences of cervical cancer. This is largely because of effective screening and the introduction of the HPV vaccine to teenagers whilst in school. In the next generation we should see a large fall in cervical cancer

70% of cervical cancer is related to the Human Papilloma Virus and we are seeing a decrease in the incidence of cervical cancer in counties who immunize. Sadly 90% of cancer mortality occurs in those who have never had a PAP, hence the very high incidence in most of Africa.

Interestingly, there is no consensus on how people should be screened.

BC every 3 years from age 25-69

USA every 3 years form age 21-65

UK every 3 years from age 25-49 and every 5 years until age 64

There is certainly no need for PAPs after a full hysterectomy, unless the surgery was undertaken for cervical cancer in the first place.

In Australia they are undertaking different cervical screening tests every five years for the HPV virus which seems to be a better test than the PAP

It may be a while before local guidelines are updated but international screening protocols suggest that ladies over 50 may need less frequent testing and could stop before the age of 70, if they have had a history of three previously normal PAPs. This should be discussed with your health care provider.









# Ferry Schedule

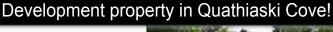
<b>.</b>	
Leave Quathiaski Cove	Leave Campbell River
6:15 am	6:40 am
†7:05 am	†7:30 am
8:00 am	8:30 am
††9:00 am	9:30 am
10:00 am	**10:30 am
11:00 am	11:30 am
12:00 pm	12:30 pm
1:00 pm	1:30 pm
2:00 pm	2:30 pm
3:05 pm	3:30 pm
**4:00 pm	4:30 pm
5:00 pm	<sup>††</sup> 5:25 pm
5:50 pm	<sup>††</sup> 6:15 pm
7:00 pm	7:30 pm
8:00 pm	8:30 pm
9:00 pm	9:30 pm
10:00 pm	10:30 pm
*11:00 pm	*11:30 pm
† Daily except Sundays & Dec. 25 & Jan 1. †† Commuter sailings, expect overloads * Fridays and Saturdays Only	** Tuesdays - Dangerous Cargo No passengers or cars.

# ICAN, You Can

count my lucky stars on the regular, but these days it's almost an hourly occurrence. When I take deep breaths of our wild forest Lair and exhale my thanks for whatever aligned to bring me here, I recognize how the confining anonymity of a city has never felt more repugnant to me. Here, we are so fortunate to be cradled in the safety net of a strong community, where faces are known and neighbours are cared for. Ideas are constantly budding and evolving to support everyone's needs, making certain nobody is left behind. The abundance of space and scenery is a refreshing relief in these lonely days - so much better than a vacant city street! I honestly wonder if there is a better place in this whole world one could possibly be to weather the experience of a global pandemic - we kind of have it all!

One of the groups dedicated to the betterment and security of our beloved slice of paradise is the resurrected/re-formed Island Climate Action Network (ICAN2, in its newer form). Because indeed, while our current global focus is on the viral outbreak, that large and gloomy problem of climate change still lurks over our future. This group of individuals is mustering skills to provide some security on a local level. One of the segments of ICAN2 is focusing on Do It Yourself (DIY) skills, ranging from repairing household items and tools to a 'skills registry', including such things as clothing repair and food preservation skills. Since supplies are potentially limited and time is abundant these days for many of us, I am hoping to share some simple recipes for basic food items to help us learn new skills, minimize plastic waste, and pass a little time - because who doesn't want to put their head down and let the clouds roll by until the garden starts to germinate and we can all hug our friends again?

One food I love, but rarely buy, is crackers. At potlucks I demolish the cracker plate; I love their salty crunch, their light crispness, how you can dip them or top them or just devour them - but I hate their packaging. Most of them come in a tray in a bag in a box, and I just



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can't! Fortunately they're easy and satisfying to make, and can be customized every which way. The following recipe is much like a wheat thin, but could really be so many things (suggestions to follow):

Pre-heat oven to 400 degrees. In a medium bowl, mix 1/2 cup (c) white flour, 3/4 c whole wheat flour, 2 teaspoons (t) sugar, 1/2 t salt\*. Add 1/4 c butter and crumble with your fingers until mixture resembles cornmeal. Pour in 1/4 c water and mix. Add more water 1 tablespoon at a time until mix comes together but isn't sticky - you can push it together with your hands, but try not to knead at all. Divide dough into 4. On a floured counter (or parchment) use a rolling pin to roll 1 ball at a time as thin as you can. Make sure it's not stuck to the counter, then cut into 1 - 1 1/2" squares (optional: sprinkle with additional salt before cutting). Use a spatula to lift onto a parchment-lined tray (you may need two trays). Repeat with remaining dough. Put one tray in the oven at a time. Check after 5 minutes, and every 2 minutes after (they can burn quickly!). If thinner ones are browning first, remove them from the tray. If they seem like they're browning but still soft, turn the oven off (after baking your second tray) and leave them in with the door

\*try flavouring with herbs, shredded cheese, pepper flakes, etc. Store in an airtight container, or try dry canning - an excellent idea if

you make multiple batches (Note: dry canning is very useful, but not recommended for all foods - do your research!):

Preheat oven to 225. Put completely cooled crackers into clean wide mouth mason jars. Put the lid on and screw the ring on loosely. Place jars on a baking sheet, being sure they aren't touching. Bake 15 minutes for pints, 30 minutes for quarts. Carefully remove from oven, and even more carefully tighten the lids (with oven mitts or a cloth). Let cool. Crackers should stay fresh in sealed jars for at least a year.

I, for one, will be making variations of these crunchy delights until I can destroy the cracker selection at the next potluck - for which I cannot wait!

Elysia Toporowski

### REGIONAL DIRECTOR'S REPORT

Hello to everyone, from a safe distance! Believe me, I am keeping away from everyone and not going anywhere until this pandemic is over. Hope you are all obeying the "new reality" and staying home as much as possible and keeping sanitized. We MUST do our part.

### COVID 19 SRD daily update.

Sorry this information will be a few days old by the time you read it, but I do have a deadline with the *Discovery Islander* and it is today (30th). So the SRD has implemented a new resource page for Directors (and the public) so that we will have everything that they have in the way of information, so that we can share it with you as needed. I am sure it will take some getting used to and take a bit of practice, but hopefully it will be as advertised! I'll believe it when I see it (not to be cynical). The information on the COVID 19 crisis is listed here:

https://srd.ca/covid-19-summary-of-public-health-orders-govt-announcements/

I am not sure yet if that will automatically be updated or if you will need to go to the SRD site daily for the latest info. Trial and error!

# Electronic meetings of the Board

We are in the process of having the appropriate hardware and software installed at the SRD office to allow us to conduct our regular Committee and Board meetings electronically. If successful, this should allow our regular meetings on April 15th to take place and for us to catch up on a lot of business that has been held up due to the "crisis". Our area, province and nation have pretty much been on hold while this pandemic occupies our time and energy.

### **Public Hearings**

Two upcoming public hearings have been cancelled: one was for Quadra (BC Ferries) and one was for Cortes (Seniors).

# Community Infrastructure Grant for outer islands

We have been waiting for about one and a half years for an answer to our application for a \$2.2 million grant to do all of the work that we have planned for the area around Surge Narrows on Read Island. We applied and awaited the answer. It didn't come. I called the Minister and was informed that it had gone

through the Provincial process and was sent to Ottawa for review. So I waited another month to give them time to review it. I then called the Federal Minister with no success. So I took it to our Board and they passed a resolution for the Chair of the Board to write the Minister and ask what the hold up was.

I then waited another month and was told by the SRD Board to go ahead and work behind the scenes to see if I could get through. After about a week of back and forth calls and emails I got a call lined up with the Minister and staff. Hooray, thought I! So we had a call and found out that the Feds had never received any application from the province. You can imagine my frustration and embarrassment. They were all so nice, too! They assured me that all they are waiting for now is the application and once received it should get a "rubber stamp" of approval. So, I went back to the Provincial Minister and got numerous people and eventually the Director of the entire program and explained all of the convolutions of the past months. he accepted some responsibility and assured me that I would have an answer within seven days. Well I got the answer in three days and it was "NO!". Our application was turned down due to being oversubscribed. Excuse me!?! I would have thought that on the deadline of Dec. 31, 2019, they would have known that it





### REGIONAL DIRECTOR'S REPORT

was oversubscribed! I promise not to scream at this point.

So, I had a very long heart to heart with the Director of the program and an assurance that his staff will work with our staff on the application so that it will be bullet-proof for the next round of applications, which is coming up soon. I went to our CAO and he assured me today that his senior staff will be on the provincial staffs' case starting today. And, if they then accept it, it will go off to the Feds to be vetted.

In all my years of being your Director, I can honestly say that this is the kind of thing that drives me right up the wall. And I must stay calm! Be nice. And then I must go into "another strategy" mode and come up with one, quickly, so that we don't lose out. So, some more weeks of waiting for the results of the collaborative work that will be done and then maybe we will be granted permission to send it to the Feds to get our money! And the first thing that comes to mind is, we will probably have another Provincial election coming up and then all business stops! OK, I'll say it now... ARGH!

Welcome to the world of being your Regional Director. Gotta love it.

And in the meantime, the entire community of the outer islands is waiting and wondering what to do with all of the wonderful plans they have for creating a wonderful "village" at Surge Narrows and we are all wondering how we are going to deal with the additional dock space needed that was part of this grant!

Oh well! Patience. Perseverance. Strategizing. Good thing I don't have anything else to do. HA!

### Proposal for Landing Pub area

I am going to include this here without too much comment. The new owner of the Whiskey Point Lodge, a very nice gentleman, has presented some concept drawings (see below) for what he proposes for the site where the Pub was, at the entry to Quadra Island. He is also renovating and has plans to expand the Resort above. I feel obligated to show you this proposal before it goes much further. I have directed him to the Quathiaski Cove Village Plan and the design guidelines and this is what came back. I am going to stop there and let you have a look.

Feel free to share your comments with me and especially with our planners, Aniko Nelson, anelson@srd.ca 250-830-6708 and John Neill, jneill@srd.ca 250-830-6706 (see after closing)

Feel free to contact me between the hours of 8:30 am and 4:30 pm, Monday through Friday (please, not on weekends or holidays, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... You can read occasional updates on issues that I will post on Facebook at https://www.facebook.com/JimAbram, but please do not use this medium as a way to communicate regarding SRD business. If it is important, my cell is 250-830-8005... Lots of choices.

Please do not use my residential phone



### In closing...

And that is it for this rainy Monday afternoon! Please stay safe and healthy and follow all of the protocols for this pandemic. Most of all, be loving and kind to each other. We are all in this together. Please don't forget that your actions do effect others. I would also like to sincerely thank all of the front and rear line workers who are keeping this rock afloat! Peace and love to all of you.

number for SRD calls. All business calls should be on 285-3355. Many thanks!

Emails and phone messages received over the weekend or on holidays will (hopefully!) be returned promptly on the next regular work day.

Respectfully submitted,

Jim Abram

Director, Discovery Islands-Mainland inlets, Area C, SRD

# Trauma & Abuse Counselling Centre

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### POET'S CORNER

### A note from the HBI

These times are stranger than anything we knew to be true. For our Heriot Bay Inn family, our Community and the traveling public the Inn's normal boisterous and exciting nature has gone quiet. We join the world in sending unbounded gratitude and blessings to all those on the front lines, so many doing so much. We are fortunate and proud to be in this Island Community. A part of the world that is able to overflow with random acts of kindness, with superb emergency, medical, food and service providers, has caremongers scouring about to make sure no one falls through the cracks. We put hearts in our windows and with positive spirit can join in the worlds colourful chant; "it's going to be ok", we are in this together with and for each other. Along with taking extra good care and staying safe we also strongly suggest you find time to take an afternoon here and there to sing and dance. Turn your music up at home, so loud the neighbours can hear and maybe they'll come out on their decks to join you laughing and dancing! Love from the Heriot Bay Inn Family. The HBI will help in any way we are able email:lois@ heriotbayinn.com 285-3322.

### Kameleon News

Kameleon is open from 12pm - 2pm Monday to Saturday, offering take-out, delivery and athome items. A cold beer or bottle of wine can be included in your order. Our house salad dressing, handmade veggie burgers, delicious soups and more are available for your freezer or for dinner at home. Delivery available after 2pm (please place your order between 12pm-2pm, delivery fee applies). We follow and comply with all Public Health orders and advice. No public access to building, patio ordering and pickup only. E-transfer, credit card or cash accepted. We have a daily fresh sheet of favourites and new specials, please check our Facebook or Instagram or call us at (250) 285-3282.



Cocooned in our homes through the covid crisis We are viewing the world on digital devices. Confined to our space with no human touch Smart phones and news media our only crutch. Our leaders pour forth their daily speil, The life we once knew has become surreal. Self Isolation makes us ponder and muse So, relax, unwind, shut off the news.. The world has long rode this collision course What brave new world will this disaster bring forth. Will all nations unite and pursue the same goals? Will mankind acknowledge he is not in control? Will we show some respect for mother earth? Will we learn the value of each other's worth? When we emerge from the shelter of our cozy cocoons Will we spread our wings and dance to new tunes? In a perfect world we would all agree Let's pray that this virus will set us free. Hope springs eternal through the black holes of history Will we find a new vaccine to combat this mystery. Lest we forget, we are all the same tribe To our future survival we must all subscribe. Like the social butterfly, we will flutter and soar Our frail human condition we must never ignore. When we get the all clear and we exit our pods Let's remember our station, we are humans, not God's

- Ann McLean

# A SPECIAL THANK YOU

To all the Quadra Islanders who are working to help each other through the Covid 19 crisis.

**Woodlot 0025** 

Hartford Logging Ltd.

### **Sweet Potential - Well maintained home on 5 acres**



Spacious 5 bdrm 2400sg.ft. home has great suite potential. Large family room, 2 bedrooms, 3 piece bathroom and 2nd woodstove in the basement. Beautiful gardens and large deck enclosed by tall evergreens. Zoning allows 2nd dwelling up to 860 sqft. Asking \$545,000. Call today for more info.

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### **Heriot Bay Tides**

	TIME PDT		FT.
<b>03</b> Friday	03:46 09:54 14:04 21:08	4.5 3.3 3.8 1.4	14.8 10.8 12.5 4.6
<b>04</b> Saturday	04:30	4.6 3.1 3.9 1.4	15.1 10.2 12.8 4.6
<b>05</b> Sunday	05:06 11:17 16:25 22:53	4.7 2.7 4.1 1.5	15.4 8.9 13.5 4.9
<b>06</b> Monday	05:37 11:52 17:28 23:39	4.8 2.3 4.3 1.7	15.7 7.5 14.1 5.6
<b>07</b> Tuesday	06:06 12:27 18:26	4.8 1.9 4.5	15.7 6.2 14.8
<b>08</b> Wed.	00:24 06:35 13:04 19:22	2 4.8 1.6 4.6	6.6 15.7 5.2 15.1
<b>09</b> Thursday	01:10 07:04 13:43 20:18	2.3 4.8 1.2 4.7	7.5 15.7 3.9 15.4
<b>10</b> Friday	01:58 07:35 14:24 21:14	2.7 4.7 1 4.7	8.9 15.4 3.3 15.4
<b>11</b> Saturday	02:49 08:08 15:09 22:15	3 4.5 1 4.7	9.8 14.8 3.3 15.4
<b>12</b> Sunday	03:46 08:45 15:56 23:23	3.3 4.4 1 4.6	10.8 14.4 3.3 15.1
13 Monday	04:58 09:26 16:48	3.4 4.1 1.1	11.2 13.5 3.6
<b>14</b> Tuesday	00:37 06:30 10:17 17:44	4.6 3.5 3.9 1.3	15.1 11.5 12.8 4.3
<b>15</b> Wed.	01:49 08:02 11:33 18:49	4.5 3.4 3.6 1.5	14.8 11.2 11.8 4.9
<b>16</b> Thursday	02:49 09:15 13:10 19:59	4.6 3.2 3.5 1.7	15.1 10.5 11.5 5.6
<b>17</b> Friday	03:37 10:08 14:32 21:02	4.6 2.9 3.5 1.8	15.1 9.5 11.5 5.9
<b>18</b> Saturday	04:17 10:47	4.5 2.7	14.8 8.9

### THE DI CLASSIFIEDS

### **Services**

#### **QUADRA WATER SOLUTIONS**

Testing, Analysis, Treatment, UV-Maintenance, Installation, Repairs Certified Operator #8803 **Ken Embury 250.285.2889** "Water, water everywhere..."

#### **ROOFING**

Professional Roofing Services www.javaroofing.com Call JAVA ROOFING at 250.204.2638

#### **SMALL ENGINE REPAIRS**

in Q-Cove. Lawn Mowers, Tractors, Chainsaws, Trimmers, Generators etc. Also some electric power tools. Please call Don @ 250.285.3960.

#### THORLAKSON WOODWORK

Offering Custom Woodwork, Finish Carpentry and Renovations. 40+ years experience in boatbuilding, cabinetry, commercial millwork, interior and exterior finishing, design and drafting. Worksafe Insured. Competitive Rates. Call Dan at 778.348.1727 or email danthorlakson@gmail.com



#### **NEXT DEADLINE**

7pm Monday, April 13 for publication in DI 727 on April 17

### **Mobile Mechanic**

Heavy Equipment & Automotive service and repair

Welding and Fabrication Shop located on Quadra By appointment only



250-285-2215 wolfdenmechanical@gmail.com

### Garden

### **ON ROOT GREENHOUSE**

There will be a new plant list posted on our Facebook page every Wednesday morning. You don't have to be a Facebook user to access it.

Please use email or messenger to send in your order. I will message you with the total and have it ready for you to pick up.

Both e-transfers and credit cards are fine.

If you have to come in, please come with a list and I will do my best to fill it.

Our hours this week are Wednesday to Saturday, 11 - 3. We, of course, follow all the sanitizing and spacing rules. email onrootgreenhouse@gmail. com or 250 204 2050

#### **SKILLED GARDENER FOR HIRE**

Ryan Nassichuk brings decades of varied horticultural experience to each and every job. Offering garden maintenance and improvement, consultations, workshops, and soil testing and remineralization services. Ryan works in food, ornamental, and mixed gardens, large or small. Call 250-202-2326, or email nassichuk@gmail. com to get in touch.

### DI CLASSIFIEDS

Up to 35 words: \$25 (including tax) - one

36 to 70 words: \$45 (including tax) - one time

Email or drop off your ad with payment at 701 Cape Mudge Rd, or at Inspirations

You can also pay online at discoveryislander.ca

Questions? Email news@discoveryislands.ca

## **Shops**

### **WAYPOINT SIGNS**

Signs, Picture Framing and simple Engraving at Waypoint Signs beside Quadra Builders. Tuesday to Thursday, 9 to noon, 1 to 4pm. Appointments possible to suit your schedule. Friendly, efficient, personalized service. Quality products at affordable rates. 250.285.2815 desk@waypointsigns.com

#### **SIDELINES AT HBI**

50% off, yes 50% on ninety five per cent of items! Did you have your eye on it? Now's the time in Sidelines at the Heriot Bay Inn. Books 20%, selected items 40%. (Consignment items not included).

Sale ends March 31.

### **HBI FUEL DOCK**

Heriot Bay Inn Fuel Dock Hours January 1.20: Open short hours Monday, Wednesday, Friday, Saturday, Sunday. Closed Tuesday and Thursday. Phone for times 285-3322.

