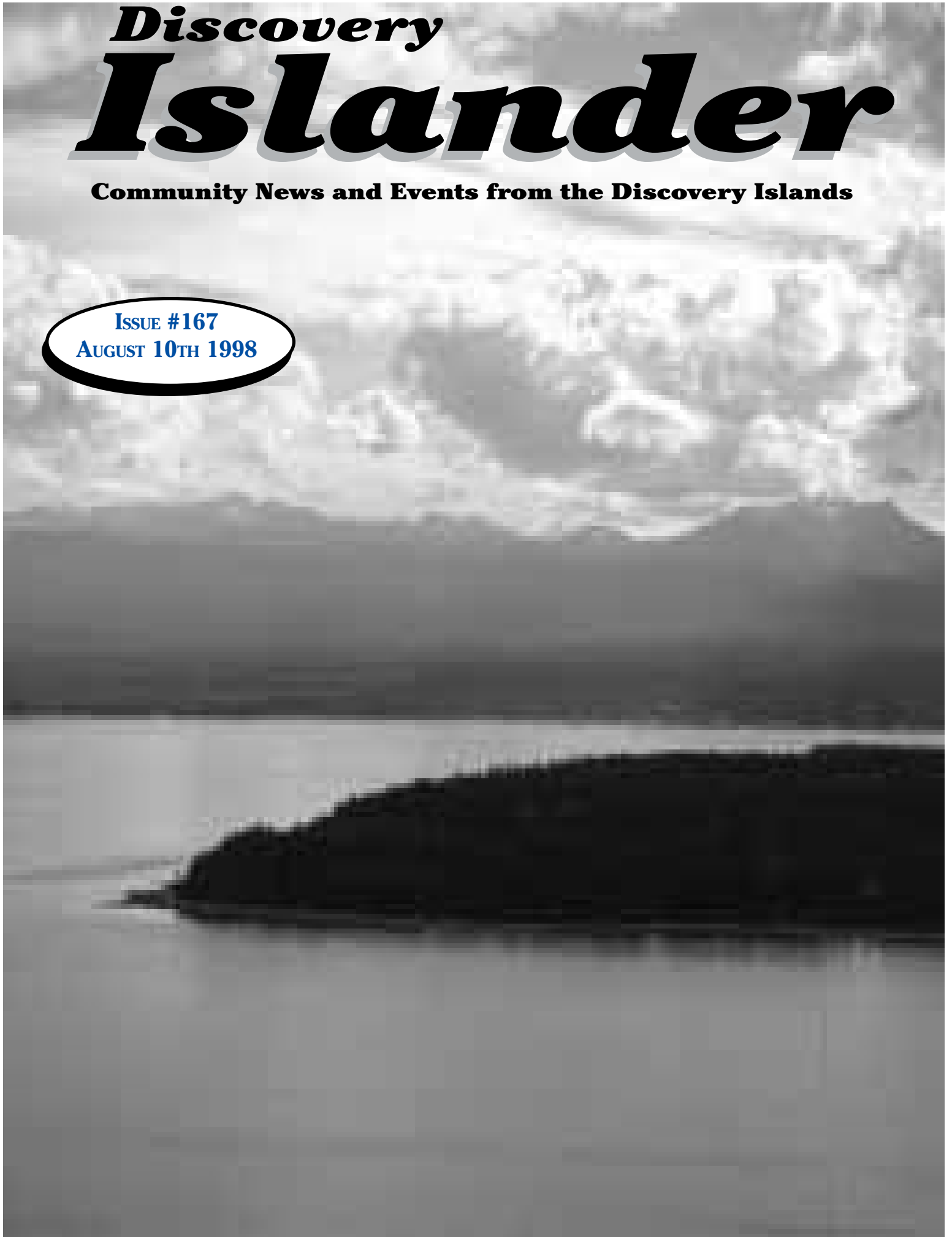


Discovery **Islander**

Community News and Events from the Discovery Islands

ISSUE #167
AUGUST 10TH 1998



We're nearly finished at

Cove Centre

As we tidy up a few remaining details at the new Cove Centre Building, VALDES CONSTRUCTION LTD. would like to thank the subcontractors and suppliers who helped make it possible:

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Island Calendar

Aug. 25, Tues.

-Slides on Tibet & Alexandra-David Neel Community Centre
8:00 p.m.

Aug. 29, Sat.

-Kids Indoor Soccer Reg. Quadra
Foods
10 am-12 noon

Sept. 5&6 Sat./Sun.

-Island Skate Series Blenkin Park
-Outdoor Soccer Sat. Blenkin Park
9am-11am
-Lipsticks-female impersonators Quadra Legion
8:00 p.m.

Sept. 8, Tues.

-Kids Indoor Soccer Reg. Quadra School
12 noon-1 pm

Sept. 11 Fri.

-Preschool OpenHouse Preschool
- Comedy night with Mike Moto Quadra Legion
9:00 pm

-Sept. 12 Sat.

Kids Outdoor Soccer Reg.
9-11

Sept. 18, Fri.

-'Rites of Passage' Off the Rock Community
Centre
8:00 p.m.

Sept. 19, Sat.

- Kids Fest Comox
Valley
10 am - 3 pm

Sept. 20, Sun.

- Giant Garage Sale/Q.I. Phil.Connect. Community Centre
- Evening Service QI United
Church
7:30 p.m.

Sept. 23, Wed.

-Quadra Singers fall season begins Community Centre
7:00 pm

News & Events

Come Sing With Us!

Quadra Singers fall season starts on **Wednesday, September 23, 7:00-9:45 pm**, at the Community Centre. New and old singers welcome. Come out of your showers. Go public. John Montgomery, director, and May-Ellen Wilkins, accompanist.

Quadra Island United Church

Quadra Island United Church welcomes you back to evening services on the third Sunday of each month this year, beginning with **Sun. Sept. 20 at 7:30 pm**. Refreshments will be shared after the service. Everyone welcome.

At the Legion

Lipsticks - female impersonators, dinner available, 8:00 pm. Tickets \$6.50 at the door. September 5.

Sept. 11, Comedy with Mike Moto. Tickets \$6.50 at the door, open mike 8-9. Show starts at 9:00 pm.

Everyday, free pool, darts, shuffleboard, bar-b-que!. Any questions call Linda, 285-3121

Outdoor Soccer

Boys and girls, ages 9-12 are invited to play outdoor soccer at Blenkin Park, **beginning Saturday, September 12, running to and including Saturday, November 28, 1998**. Time is 9 am-11 am. Registration (\$20) is on the first day, at practise. Learn skills, drills and play games. Call Pauline Falk (3682) for more information.

Items For "News and Events" Welcome, Brevity Appreciated.
No Business Related Material Please
Next Deadline - 5:00 p.m. September 2nd

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News & Events

Farmers Market

Our Farmers Market is held, rain or shine, from the beginning of May to the end of September, every Saturday from **10:00 a.m. to 1:00 p.m. behind the Credit Union**. Vendors must be from Quadra or the outer islands. Setup charge is \$3 for adults and \$1 for kids. Bring your own table. Dancers, drummers, jugglers, musicians, etc. are very welcome - this is our village green! Please come join us to make the Market the best it can be. For more information phone Dalcyce 285-3180

Calling All Vendors!

The Comox Valley Community Arts Council's Kids Fest Committee is holding its 8th annual Kids Fest in Courtenay on **Saturday, September 19 from 10 am to 3 pm**. This annual children's festival, held in the Sid Williams Civic Theatre, Florence Filberg Centre and surrounding grounds, has an average attendance of about 2,000. Over the years, admission to the festival has been kept at \$2.00 per person, making this a fun and affordable family event. Mainstage shows in the theatre are combined with interactive displays and enjoyable activities, in and out of doors. This year's headliners are Juno award winner, Al Simmons and John Kaplan's Magic Show!

The Committee is looking for interested and certified food vendors for the 1998 Kids Fest. For more information on Kids Fest or any other activities of the Arts Council, please contact the Comox Valley Community Arts Council, (250) 334-2983 or respond by fax to (250) 334-2934 or P.O. Box 3053, Courtenay, B.C. V9R 5N3

Soccer Kids?!

Fall/Winter Indoor Soccer for girls and boys, aged 4-8 yrs. at the Quadra School Gym, **Mondays and Wednesdays, 5-7 pm** except holidays. **Sept. 14 through to Feb. 24, 1999.**

4-5 yrs 5 - 5:30 pm
6-7 yrs 5:35 - 6:15 pm
8yrs 6:20 - 7 pm

Fee \$20 per child plus current Quadra Rec. Society membership. Famous coach Len Beck! Registration: **Sat. Aug. 29**, 10 am-12 noon and **Tues. Sept. 8**, 12 noon - 1 pm after school in the gym foyer. Contact Lesly Kidd 2658; Adrienne Davis 3242

Giant Garage Sale!

Are you ready to Clear out the old and make room for the new? The Quadra/Philippines Connection offers the perfect opportunity to do this with its upcoming 4th annual **Giant Garage Sale** at the **Community Centre** on **September 20th**. WE look forward to receiving all of your reusable give-a-ways still in good condition to help make this a high quality and memorable sale. Proceeds once again go to Quadra's sponsorship of the Paligatto daycare in the northern Philippines.

Drop-offs on the island are as follows until September 18th:

Quathiaski Cove	Mary & Bill Pirie 285-3966
South End	Chris Thompson & Ruth Powell 3695
Heriot Bay	Lise & Ricky Burnett 285-3558
Back Road	Milton Rd. Greenhouse 285-2076
Cape Mudge	Cape Mudge Daycare

Drop-off will also be available at the community centre on Saturday, September 19th. Bags, boxes and hangers will be needed for that day. As well, we are looking for a basic camera in good working order to send to the Paligatto community. For further information or if you wish to help out with this event, call Carol at 285-3035.

Quadra Island Minor Soccer

If you are interested in playing league soccer in the Campbell River league, we can enter a Quadra Island team, boys and girls mixed. Dave Leadbitter will coach, provided we can get 11 or 12 boys and girls in one age group. If you were born in 1987 and wish to commit to Fall soccer (one practice per week on Quadra, one game on Saturdays in Campbell River) please call Pauline Falck 3682 as soon as possible. This is the last chance to join.

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Cove Centre, Quathiaski Cove

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Islanders wish list movies
arriving daily

Hours Mon-Thr 11-8, Fri 11-10, Sat 10-10, Sun 10-8

Therapy Session in Jeopardy

Riders and volunteers at North Island Therapeutic Riding Society (NITRS) are scrambling to make up a \$6,000.00 shortfall in order to save the current therapeutic riding session. If they don't succeed by September 1, the current session will be cut short half way through.

The shortfall is a direct result of the past several fund raising events falling short of their targets, combined with the riders tripling this year! While volunteers have been working hard at tag days, concession stands, bake sales, raffles, and numerous other activities, the financial results of these efforts have been disappointing.

"Cancelling the session will be devastating for our riders and volunteers from Campbell River, Sayward and Quadra Island," says program coordinator Vicki Fitton. "The riders are making so much progress on so many levels and the volunteers have been putting their hearts and souls into the program."

"It is a wonderful program," says barn manager Lindsay Gibbs. It gives the volunteers and riders confidence and skills. The whole program is therapy for everybody, people helping to enrich other people's lives. Our volunteers range from teenagers to seniors. We all love to see the excitement on a child's face, riders improving their self confidence, victims from motor vehicle accidents improving their balance and speech and also riders who will be in wheelchairs for the rest of their life sitting high on a horse and going places where a wheelchair could never take them.

Volunteers are mounting an all-out campaign to raise the \$6,000.00 needed to continue the session. "Many people in the community have already been incredibly supportive and we know that there are people out there who have been going to make a donation at some point and just haven't got around to it yet. "Well, we do need that money now," says Director Gerrie Dinsley. We have long term program funding for future sessions, but the short term need is urgent."

Contact Vicki Fitton

Slides on Tibet

"Slides on Tibet and the travels of Alexandra David-Neel" by author Barbara Foster. **Tuesday, August 25, 8 p.m. Quadra Community Centre.**

Quadra Island residents and visitors have an opportunity this summer to get a rare look at Tibet 75 years ago as well as a glimpse into the life of an eccentric Frenchwoman who explored Asia in the 1920s. Foster, an assistant professor at Hunter College, City University, NY, recently published a compelling biography of Alexandra David-Neel.

The British Columbia slide show tour is being presented by the Seva Service Society, and all proceeds from the presentations will be used to fund blindness prevention and sight restoration programs in Tibet. Seva is requesting a \$5 minimum donation at the door.

David-Neel, prolific author, inveterate explorer and traveller, and authority on Buddhism, was called by Lawrence Durrell, "the most astonishing woman of our time." She was the first European woman to enter Tibet's forbidden capital. She made her famous journey from Yunnan to Lhasa over the Trans Himalayas in midwinter, disguised as a beggar, beset by hunger, cold, bandits, and the threats of British imperial officials. Few have led a life of adventure equal to hers, or made so much of it.

For information on the Quadra event please call Heather Kellerhals at 285-3570. The Seva Service Society is based in Vancouver and can be reached at (604) 713-6622

Fools Gallery



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Heartfelt Thanks to All Who Supported our Save The Fools Raffle.
Winners are Bobbi Kirchhofer, David Berger and Marcus Kellerhals.

Island Market, Heriot Bay



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Skateboard News

Here we go again! We are still on the fund raising trail to finish paying for the skateboard park. We hope that all the kids and parents are happy with the results of all our labours but as the saying goes "It's all over now but the paying". We still have to raise a little over \$10,000.00. We have done very well since we obtained a \$20,000.00 loan in April having paid off \$10,000.00 in 4 months. To help with our fund raising we have the following events scheduled.

September 5-6 - Skateboard Competition
September 12 - Bottle Drive
October 24 - Sporting Goods Sale
November - Christmas Craft Fair
November 28 - Second Hand Book Sale

As you can see we will be very busy and dusting off the "dreaded volunteer list". Anyone having items to donate to any of our events can contact Lois at 285-2880 or myself at 285-3124 and we can arrange a pick up or drop off point for you.

The Skateboard Competition on Labour Day Weekend should provide some spectacular tricks with all the competitors displaying the ultimate in their skill. Come and bring your own chair and sun shade, and sit back and relax with one of our cool drinks and watch the kids perform. (Ear plugs might be advised as the "music" sometimes gets rather loud). Hot Dogs, Hamburgers and soft drinks will be available from our concession. This 2 day event will put us on the map for the skateboard circuit and give the skateboarders and recreation the potential foe further fund raising for any future plans involving the skateboard park (lights).

September 12 We will be holding our "never again" Bottle Drive. I think we have said after each one that we will never do this again but we have not learned to stop saying "never again". Drivers, sorters, collectors will be needed. If you wish to have your cans or bottles picked up before September 12 please call us.

October 24 We are going to try something new this year. A **Sporting Goods Sale**. Having witnessed the success of other events of this type we are going to try our hand at it. Any kind of sporting equipment will be accepted for sale as long as it is in relatively good condition and useable.

Tennis, curling, skiing, snowboarding, golf, in-line skates, badminton, croquet, camping gear, bike helmets, anything outgrown in good condition will be welcome. Of course we want customers as well.

November 28 Its time to get your winter reading material together so those long winter nights will pass easily. Rainy winter days are the perfect time to curl up with a good book and a wood fire. So come out and see what you can find on our shelves. All donations will be gratefully accepted.

November Christmas Craft Fair The dates have not yet been published but we are preparing already. WE have a wonderful hand knit, pure wool you can feel the lanolin in the yarn) Fair Isle sweater that we will sell raffle tickets for. It will be on display at Hummingbird if you wish to have a look at it. We will have a table with fleece lined bed-socks, fleece lined mittens and baked goodies.

As you can see we will be keeping the skateboarders busy for the next few months and look forward to your continuing support. Bye for now,
Sharon & Lois



Island Skate Series Comes to Quadra

September 5th and 6th the Vancouver Island Skate Park Series comes to Quadra Island at Blenkin Park. Local sponsors include Explore Gallery, Red Radish Cafe and the QI Petro Can. Other sponsors include Reef, Counter Culture and Shore lb Materials. Be sure not to miss it!

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5-6 hours	\$12.00
3-5 hours	\$10.00
under 3 hours	\$9.00
1 to 2 hours	\$4.00 an hour

We are located next to the Cape Mudge Hall. We are open to parents visiting our center. They need to call Diane or Ruth at **285 2616** for any information about the daycare and arrange for a visit.

At the daycare the children can discover interesting toys and crafts. They are exposed to the First Nations culture and language. We are getting a new playground soon for children 3-5 years old. We will be holding an open house in August.

Dear Editor,

Your last issue contained an article that originated in a publication called "Strait Talk". It concerned the so-called growing body of opposition to fish farming in British Columbia.

Firstly, I'm confused about what purpose could be served by reprinting an article of this sort in your publication. It seems strangely out of place.

Secondly, if you are going to print an article like this, you should do two things. You should check the facts in the article and you should allow space for the other side of the story to be told.

The Georgia Strait Alliance is not exactly objective about an issue like salmon farming and has a tendency to publish half-truths and innuendo in order to further their cause.

There are a lot of people on Quadra and in the surrounding area who depend on the

salmon farming industry for their livelihood. I'm sure they will be delighted to see you give them equal time.

Yours truly,
Paul Ryan

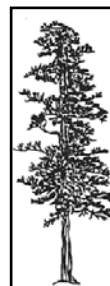
[Editors note: In so much as the article was not written or solicited by the Discovery Islander we'd have to agree that it was "strangely out of place". However this was not reason enough to avoid printing it given that the article concerns an issue of great importance to Islanders. If similar items are submitted for publication we will assign a byline of "Submitted" to clarify the source.]

We welcome an alternative viewpoint and will certainly publish one if it lands on this desk.]

Letters for *Island Forum* must be signed, and include your phone number (for verification only).

Letters may be edited for content.

Next deadline: **5pm Sept. 2nd**



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#168 August 24th 1998

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Letters, artwork, submissions of any kind welcome. Lengthy items are preferred by email or on 3.5" floppy disk in RTF or MS Word for Mac format, **please also supply a printed copy.** Items may be edited for content and/or formatting.

Submissions may be left at Quadra Foods or Heriot Bay Store.

Opinions expressed in this magazine are those of the writers and are not



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*On the cover:
Quadra's South End and the
Vancouver Island mountains
Photo: Philip Stone*

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Sierra Quadra

Demographics and Resources

Ray Grigg

The population of Quadra Island in 1966 was estimated at 910. By 1976 it had risen to 1,350, a decade increase of 440. The 1996 population was estimated at about 3,500, an increase of 2,150—a decade increase of more than twice the entire population of the island 30 years ago.

No one is expecting Quadra's population to decrease. People from many places visit the island, they see its natural beauty and the magnificent scenery that surrounds it. They like what they see and experience of island life and they decide to stay.

These newcomers are part of a trend that has already redefined Quadra as a retirement, recreational, residential community where the majority of islanders are no longer connected to the old resource extraction industries. Many islanders are retired. Others are working in tourism or ecotourism. Others are self-employed at home or are living on the island and operating businesses elsewhere. Others—a wide range of employees and professionals—are regular commuters to Campbell River. For example, School District #72's 1997 *Directory* lists 48 teachers and 10 support staff as living on Quadra. Other residents—in decreasing numbers—are fishers. A few others are loggers.

Of the few dozen loggers who live on Quadra, about half are fully or partially employed here; the others work off-island. In contrast, a few hundred people work full-time or part-time in the tourism and ecotourism industry. Most of Quadra's land base, however, is still assigned to timber extraction. In other words, the designated land-use of Quadra Island does not correspond to its present demographics.

This discrepancy between who lives here and how most of the land has been assigned is the basis of a growing difference between two conflicting uses of Quadra's natural resources. One position wants land preserved for ecological, recreational and scenic values; the other wants to maintain the status quo established decades ago. Meanwhile, as Quadra's forest reach harvesting maturity, an urgency and tension amplifies the difference between these two visions.

These differences are exaggerated by the so-called "urban forest" situation. Quadra's forests are not in some remote and featureless landscape rarely seen or visited by people. We live near, beside or within our forests. They may be part of our front-yard scenery or back-yard playgrounds. We may drive through them regularly or walk in them often for recreation. They may be favorite mushroom gathering sites or forest landscapes we use commercially for ecotourism businesses. Shoreline scenery and undisturbed vistas from lakes and ocean become increasingly important as such activities as sea-kayaking gain in popularity.

The situation in north Gowlland Harbour with

TimberWest's dryland sort is the whole of Quadra in microcosm. The expanded facility becomes progressively less tenable as its noise and industrial abrasiveness collide with adjacent neighbours, residential development, and recreational uses. Changes in island values are demanding a more ecologically benign use of our natural sites and resources.

As the population of Quadra continues to increase, all provincial indicators suggest that the proportion of resident loggers will continue to decrease. Between 1977 and 1996, B.C.'s service sector created 400,000 jobs while the forest industry lost 5,000 jobs (BC Stats Website, 1997, *Employment by Industry*). Given this trend, the option for extensive industrial logging on Quadra as a viable and sensible option continues to diminish. Expressed succinctly, Quadra's recreational, tourism ecotourism, scenic and environmental values are increasing faster than the timber extraction values.

Over the past three decades, Quadra's population and economy have continued to grow despite either flat or declining logging activity. It's clear, from this circumstance alone, that timber extraction is not the driving economic force on the island. And it is unlikely that any increase in logging activity will have any significant beneficial effect on the island's economy. It's the other economic forces that are making Quadra a more viable place to work and live.

Northern Quadra, once so remote, has now become the backyard of southern Quadra. Valdez Estates is just around the corner from Hyacinthe Bay. Bold Point—those with some sense of local history will remember when it had no electricity—is now located in the middle of the island as a growing settlement. A community of cottagers has collected on Village Bay Lake. A subdivision is slowly evolving at Granite Bay. Remote forests, lakes, mountains and shorelines that were once isolated are now nearby visiting places for those who hike, bike, sight-see, photograph, mushroom, canoe or kayak. As the list of recreational uses continues to expand, industrial forestry is increasingly in conflict with these more contemporary uses.

The B.C. Forest Service has recently established two additional woodlots in areas adjacent to Quadra's most populated regions. These woodlots, bounded by Heriot Ridge, Gowlland Harbour and Saltwater Lagoon, are the backyard of many Quadra residents. Logging in these areas will have to show exceptional responsibility and sensitivity to community values if that activity is to co-exist with the burgeoning recreational uses and environmental concerns. TimberWest is now logging near these woodlots and the thousands of people who annually hike Chinese Mountains can now see the unfortunate results of clearcutting in highly

continued page 14

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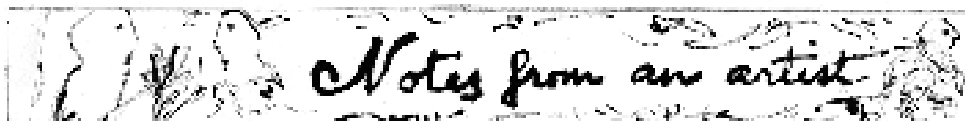


new directions d new vision

scenic areas.

The proponents of logging on Quadra will be subject to growing constraints as a majority of Islanders want to protect trails, lakes, mountaintops, viewsapes, old-growth sites, mature second-growth stands, scenic places, inlets, shorelines and the other favorite spaces that have enticed them to live here. These constraints are merely the expression of a new reality that is reshaping island life and demanding a more realistic assignment and treatment of Quadra's natural resources.

Sierra Quadra meets on the second Monday of each month at 7:00 pm in the lower floor of the Quadra Island United Church. Next meeting September 14th. Please contact Drew Williams at 285-3692 for other details.



On Creativity

Bettina Sluzki Lewis

A few years ago creativity was "in". Numerous workshops on creativity were filled to capacity, it seemed everybody wanted "it", Not so much nowadays but I still meet people telling me "You are so creative, I wish I could be as creative". I confess I am baffled by such remarks because I do not concern myself with creativity, I just do what I want to do which is to paint. It is an interesting question: do we need another name for what can be directly named? Could this be how we begin to procrastinate because what was simple, direct action has become overwhelmingly complex forcing us to live up to an unrealistic image of what a creative person should look like? Images, the experts tell us, are removed from what is. Perhaps they are the source of confusion and distraction. I distrust abstractions. They take us away from the direct experience we call living, and complicate what is really essentially quite simple.

When I cook a meal do I check it out as a creative act? No. I go and buy the ingredients, delight in the chopping, measuring, mixing, the aromas beginning to rise. When I exercise I don't call it anything else. I enjoy feeling my muscles being used, strengthened, my heart beating faster.

I don't distract myself with thoughts that I am training to be at the Olympics or anything else that is not related to the task at hand. When I paint I get the paints, the paper or canvas, the brushes, water or medium, and I go for it.

We are constantly creating. It is our natural way of being. No need to take courses. Where is this creativity? Has anyone seen it? A course on cooking, exercise, painting, yes, that makes sense

I don't think artists are more creative than other people. They are more focused, they have found what they love to do and they do it. I have never heard an artist use the word creative when they are talking about what they do. "Honey, I am going to the studio to be creative". No. If I were to tell myself everytime I go to paint that I am going to be creative I would probably be getting more than a bit nervous.

So next time you feel like singing, dancing, building a sculpture, or writing a poem, do it, and forget about being creative or not being creative. You are doing what you want to do- and that will give you pleasure. And that's the whole point.

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Showtime *to see or not to see*

Margaret's Museum

A Haunting historic depiction of rural coal-mining Nova Scotia and families dealing with loss. Fascinating and rare peek at the Gaelic-speaking, bagpipe playing Maritimes and a sweet love story.

*Reviewed by
 Shawn Morford-O'Neill*

La Belle Epoche

A humorous, intelligent and sensual Spanish film, La Belle Epoche places the viewer in a colourful, and eccentric rural community (sound familiar?). Seen through the eyes of a young man having recently abandoned the Spanish army, the main character finds himself warmly welcomed into a vivacious family.

Reviewed by Sheahan Wilson

Career Girls

A weekend together after years apart brings the past into sharp focus for friends Annie and Hannah. Recollections of their lives together in university blend with the present-day in a touching and humorous sequence of events. A skilful a study of the intricacies of friendship.

Reviewed by Melissa Abram

Money Matters

Medical Facilities: A Future Asset

Steven Halliday

At the time of writing this column, the Canadian dollar has reached a new record low of \$.6595US, the Dow Jones Industrial Index has fallen 299.5 points to 8,487, and the Toronto Stock Exchange Composite Index has fallen 227 points to 6,704. The date is August 4, 1998, and I wonder whether or not this will be the turning point for our overheated economy.

The warning signs are all in place. The entire North American economy has started to slow down, corporate profits are falling, labour unrest is rising, and the firm measures required to restore faith in the Japanese economy have not materialized even though the newly elected politicians promised them. For many months now I have been writing about the overheated stock markets, both at home and abroad, and the absolutely ridiculous prices at which stocks are currently trading. But the market has continued to rise and rise at an increasing pace, indicative to me of a feeding frenzy. And I don't think I'm alone in my pessimism, if the recently published CTV/Angus Reid poll is any indicator. In this poll, more than twice as many Canadians now feel the Canadian economy will worsen in the coming year as opposed to those surveyed as recently as May of this year. A recent Fortune magazine Executive Confidence poll also showed a sharp slide in those surveyed who felt that the US economy would continue to boom over the next few months.

On the local front, the economy is definitely showing signs of weakness. I'm sure I need say nothing about our fishing industry, and unfortunately the forestry industry is faring little better, in spite of

the weak Canadian dollar and its resulting enhancement of the value of our exported forest products. The constraints of the trade agreements with the US and the weak Asian export market limit the ability of the industry to benefit from the floundering Loonie. Mining is not expected to offer any salvation, suffering both from the Asian economic flu and weak commodity prices. Tourism is off to a very slow start this year, although it appears to be picking up as the summer progresses. The real estate market, though, has enjoyed a burst of activity at the beginning of the year, which has continued through the summer with a good turnover of listings. So what area should we on the Islands be looking to for our economic future?

While a meltdown in the stock markets will certainly have a significant impact on those who invested both heavily and recently in speculative investments, it shouldn't have a significant direct impact on our local economy. In fact, it may be a boon as investors seek more traditional and less risky investments, such as land. We do have a good stock of reasonably priced property on Central and Northern Vancouver Island, and our growth prospects are excellent. People at or approaching retirement age are seriously looking at our area because of our magnificent environment and laidback lifestyle, and the retirement market offers positive economic impact in the long term. Many regions actively market themselves as retirement destinations, such as Parksville/Qualicum, and are reaping the benefits. However, we are lacking in two crucial areas of interest to ex-urban retirees, being

recreation facilities and medical facilities. My parents, who are retired in the southern Gulf Islands, have no problem taking day trips to Victoria for recreational activities, but medical facilities on the island are a must, even in a minimal form such as a Diagnostic and Treatment centre. Similarly, our proximity to Campbell River may alleviate our lack of a golf course or aquatic centre, but our limited medical facilities, while excellent, are not designed to function as a 24 hour treatment centre. If we wish to seriously look at the retirement market as an integral part of our economy, we are going to have to start the ball in motion to improve our treatment facilities. It takes a lot of effort and many years of lobbying, but it can be done and could result in a welcome broadening of our economic base.

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Island Report

'Survival Cooking' with Patricia Casquet

Tanya Storr

After seven years of effort, island resident Patricia Casquet has come out with a cookbook for people on low incomes who want to eat healthy, nourishing meals. At a time when one in five Canadian children are growing up in poverty, Survival Cooking features many inexpensive, wholesome meals that will save families money without compromising good eating.

Patricia, a mother of three who lives on a low income herself, came up with the idea for doing the cookbook while volunteering for the Campbell River Women's Centre.

"The Women's Centre gave me money to go shopping for the Food Bank. I would make packages of food—maybe a carrot, an onion, and a pound of lentils—and I would put a recipe into the packet. The Food Bank would give the recipe packages to people they thought would use them," she said.

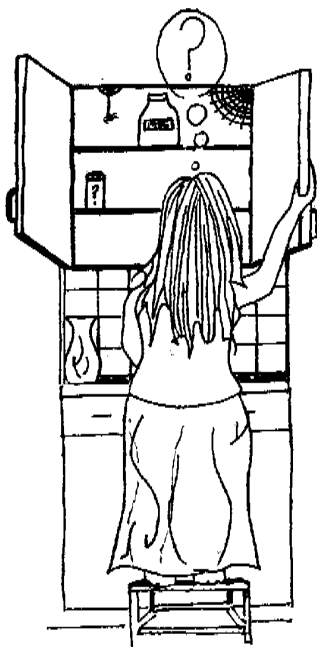
Patricia has been interested in food and cooking for quite a long time, and has collected a large number of recipes over the years. She is also well versed in the art of cooking on a budget.

"I've lived in the boondocks and learned how to cook with the basics. When my eldest child was a teenager and I had her plus the two younger ones to feed, I was on welfare and it was pretty tough. So to keep myself and my kids healthy, I learned to use cheap ingredients to make nutritious meals."

Patricia realised that more and more people are having a hard time these days due to unemployment and cutbacks in social programs, and she began to pursue putting together a cookbook for those on a budget. She applied for a community projects grant but was turned down, and although she was a little discouraged, she kept collecting recipes and storing them in an envelope in her trailer.

Last winter, she and a friend organised the recipes and another friend typed them up on his computer. Patricia then spoke to some local artists and they contributed great black and white drawings to the cookbook.

She self-published Survival Cooking in conjunction with Hyacinthe Bay Publishing this past spring, and it was printed and bound by Castle Printing. For every four copies of the cookbook sold Patricia will give one to the Food Bank, so that Food Bank staff can distribute it to their clients.



"They're the people who really need the cookbook because they're on really low incomes and don't have enough food. It's very hard when you have kids and you don't have any food. As a mother, I feel very rich when I have enough food to feed my kids. In North America there is a stigma about being poor, but poor people have a strong spirit and we should help them," she said.

Patricia said she is excited about the project and hopes it will help people. Survival Cooking contains delicious, straightforward recipes on everything from savouries to breads and desserts. Some of the key ingredients in her book are legumes, pasta, and rice. At some point, Patricia would like to do a cooking video to demonstrate how to make some of the recipes.

Survival Cooking is on sale for \$10 at Explore Gallery, Page Eleven Books, and at the Campbell River Women's Centre. You can also purchase a copy of Survival Cooking from Patricia at the Quadra Farmers' Market.

Fruit Kuchen from Survival Cooking

- _ cup margarine
- 2 cups flour
- _ tsp baking powder
- _ tsp salt
- 1 cup sour cream or yoghurt
- 1 cup sugar
- Canned fruits (peaches or pears)
- 2 eggs beaten
- _ cup milk
- 1 tsp cinnamon

Cut margarine into flour, baking powder, salt, and 2 Tbsp. sugar with pastry cutter until it looks like coarse meal. Press firmly into a buttered 8 inch baking pan. Arrange fruit on surface to cover. Sprinkle fruit with mixture of cinnamon and remaining sugar. Bake 15 minutes at 400 degrees F. Pour eggs beaten with yogurt and milk on top. Bake 40 minutes longer at 375 degrees F.

Gravestone Sparks Controversy

Tanya Storr

Former Quadra resident Laurena Bagley has collected approximately 400 signatures on a petition supporting her wish to put a second stone on her husband's grave in Quadra Cemetery.

Laurena made the hexagon-shaped stone this spring, planning to place it on her husband Peter's grave with her two daughters on June 28, the anniversary of his death seven years ago. The stone is inlaid with stained glass, and has a purple clematis—Peter's favourite flower—design in the centre.

Peter's grave presently has a marker much like other markers in the graveyard, stating his name, date of birth and death, and the words "Gone but not Forgotten", and Laurena had planned to place the second stone as an additional monument.

On June 26 Laurena requested permission from the Quadra Cemetery trustees to place the hexagon-shaped stone on the grave. Having made the stone to conform to the cemetery bylaws (i.e. no more than 30 inches wide and 20 inches deep, and to lie flush with the ground), Laurena did not anticipate any problems.

However, she soon learned that placing the stone on her husband's grave would not be a simple procedure.

"Four out of the six trustees of the

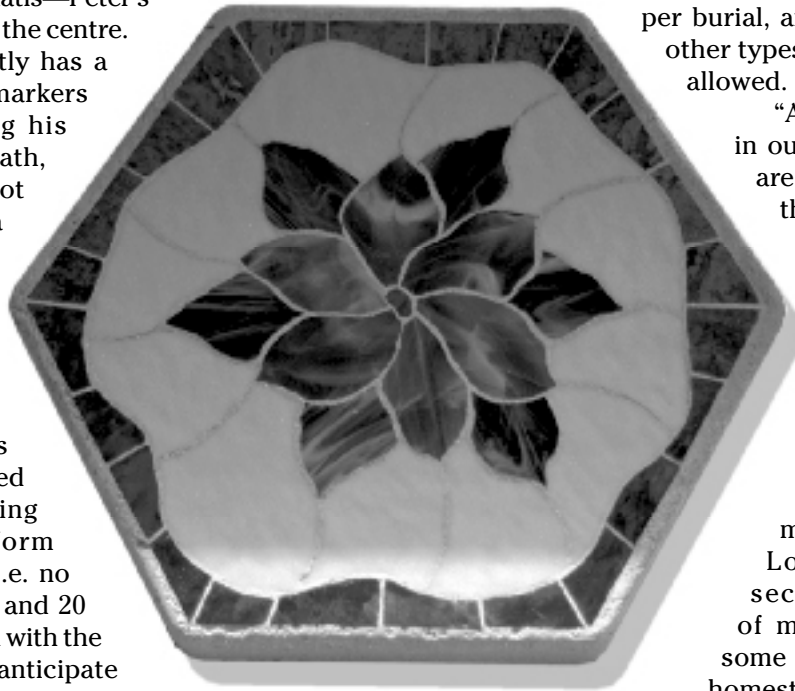
cemetery refused to grant permission for me to do so," she said, "their reason being that they say it is folk art and is not appropriate to be put in the Quadra Island cemetery." Laurena added that she suggested having a meeting where she could show the trustees the stone but she was turned down.

Charlie Gilbert, secretary of the cemetery trustees, said the trustees have a number of written policies that are not included in the cemetery bylaws. One of these policies states that only one monument or marker is allowed per burial, and another stipulates that no other types of addition or decoration are allowed.

"Although these policies are not in our bylaws, it doesn't mean we are not prepared to stand behind them. Some little graveyards are very ornate but we have an old country graveyard left to us by the people before us. Decorated stones do not fit within the ethos of old cemeteries," he said.

The Quadra Cemetery was established in 1915 on one acre of land that was made available by the Comox Logging Company. The old section contains the remains of many early settler families, some of whom were exhumed from homestead graves and brought to the cemetery. In 1962 when 2.5 acres were given to the Crown, the cemetery came under the care of the trustees, who are nominated for the position at public

meetings and are unpaid.



Laurena Bagley's gravestone, a tribute to a loved one or inappropriate folk art?

Photo: Tanya Storr



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Trustee Bill Nutting, who dug his first grave at the cemetery when he was 12, said the trustees vote on policies at meetings and the majority decision rules.

"It's like anything else when you vote on something. The majority wins and you may not like it but that's the way it works," he said.

Laurena contacted the Registrar of Cemeteries in Victoria about the issue, and the department wrote a letter to the trustees requesting information about the situation.

In his reply to the Registrar of Cemeteries, Charlie Gilbert wrote: "Most people who grew up in this kind of environment believed that a cemetery is a sacred place and not to be embellished with folk art or craft. However, today there is considerable involvement in such crafts as clay and glass ornaments, sidewalk flagstones, sculptures, and the like. For every piece well executed and tasteful, there are many which are not. To be the arbitrators of what meets the criteria of acceptable grave adornment and what does not would bring acrimony and dissension. So rather than letting your cemetery become a showplace for folk art we choose to keep it out."

Mary Freeman, Registrar of Cemeteries, then wrote a letter to Laurena saying she supports the trustees' position in refusing the installation.

"Though your particular stone may be quite attractive, by allowing an alternate style of headstone the Quadra cemetery trustees would find it difficult to refuse other stones to be placed even though they may not be in keeping with or acceptable to the cemetery standards," Freeman wrote.

Laurena said she has made another similar stone for her sister's grave in Campbell River, and has been granted

permission to place it there. "Susan Simpson, an employee of the public works department in Campbell River who works at the cemetery there, said how lovely the stone is and I should try selling them through funeral homes," she said.

Laurena brought her petition, along with the stone for her husband's grave, over to Quadra on August 10. Sitting outside Quadra Foods and the Heriot Bay Store, she collected 350 signatures in one afternoon. Since then, the gravestone and petition have been on display at the Bay Café.

Bay Café owner Robert Clandening, widely known as Beaver, said he thinks it's totally wrong that Laurena can't put the stone on the grave.

"We don't live in a suburb. I could see them objecting if she wanted to put a '57 Chevy on top of his grave but this is a beautiful piece of art. It's a shame that something so private turned into something public," he said.

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Tales from Finn Bay: A Book by Harry Allen

Tanya Storr

It has certainly been a bumper year for Quadra authors. One of the latest books by an islander is *Tales from Finn Bay and Other Matters* by well-known retired fisherman Harry Allen.

Tales from Finn Bay focuses on the people and boats that populated Rivers Inlet during the era of the small fish-buying camps, a way of life that no longer exists. In his colourful and often humorous writing style, Harry recalls the characters he and his wife, Phillis, met while fishing their gillnetter *Sunwind* from 1968 to 1992 in the Rivers Inlet-Namu area.

The book contains several black and white photos of Finn Bay Camp by Ken Pike, as well as many photos of boats that used to fish in the area. A map at the beginning shows where Finn Bay is located, on Penrose Island at the north entrance of Rivers Inlet, halfway up the B.C. coast.

Harry started writing *Tales from Finn Bay* in the winter of 1992, after selling *Sunwind* and quitting fishing. He began by writing two short stories, one about a large sea turtle that got trapped in a gillnet and another about a hippie commune on Calvert Island. The stories were published in the *Fisherman* paper, and Quadra resident Pat Leversage saw them and encouraged Harry to write a book about his experiences.

"I kept writing on and off, and sent the first batch of short stories to Harbour Publishing. They wanted more material and I thought I was writing short stories for *Raincoast Chronicles*, but they started talking about a book. I had no idea that I would write a book," he said.

Harry eventually ended up writing 21 stories, or chapters, for his book. He got tired of waiting for Harbour Publishing to decide what they were going to do with his manuscript, so opted to self-publish instead.

Hyacinthe Bay Publishing did the layout of the book and Kask Graphics printed it and had it bound in Vancouver. Harry had 400 copies printed in all.

"I enjoyed writing it. It's been a real learning experience—quite frankly I didn't have the slightest idea how books are published. It feels good to have it done. It's a great relief in fact," he said.

The first chapter, 'It's All Bert's Fault', details how Harry became involved in the union movement. Harry describes his

childhood in Vancouver in the Hungry 30s, writing that one of his earliest memories was of unemployed young men "waiting at the back door until my mother got up so they could ask for a spoonful of tea or a potato or carrot for the communal mulligan."

Harry first joined a union when working at West-Min Woodcraft on Kingsway after graduating from high school. He started gillnetting in 1952 and fished Rivers Inlet from 1952 to 1955, but was never approached by a UFAWU organizer.

After a construction job at the Powell River Mill and a six-and-a-half year stint at Elk Falls Mill, Harry decided he "had

to get out or face another 30 years of boredom." He bought himself a gillnetter and started fishing again, joining the UFAWU in the late 60s and becoming Finn Bay's camp delegate in 1973.

His involvement in the union continued to grow, until in the early 1980s Harry had signed up so many members that Campbell River became the third largest fishermen's local on the coast, after Vancouver and Steveston.

Most of the chapters in *Tales from Finn Bay* highlight specific characters or incidents that took place during fishing seasons in the Finn Bay area. Harry's ability to remember details allows the reader a vivid glimpse of what life was like



*Harry Allen signing copies of his newly published book "Tales from Finn Bay".
Photo: Tanya Storr*



Net Loft at Beaver Cannery circa 1967.

Day Ht/m	Time	Ht/ft
Tu 2.4	0205	7.9
25 3.7	0635	12.1
1.8	1240	5.9
4.1	1920	13.5
We 2.2	0235	7.2
26 3.6	0730	11.8
2.1	1315	6.9
4.0	1950	13.1
Th 2.1	0305	6.9
27 3.5	0825	11.5
2.5	1355	8.2
3.9	2020	12.8
Fr 2.0	0340	6.6
28 3.4	0935	11.2
2.8	1440	9.2
3.9	2045	12.8
Sa 1.9	0430	6.2
29 3.4	1055	11.2
3.0	1535	9.8
3.8	2110	12.5
Su 1.8	0525	5.9
30 3.5	1220	11.5
3.2	1650	10.5
	2145	21.1

in Rivers Inlet for the people fishing there. He is as familiar with the boats and their engines that fished the area as he is with their skippers, and the book is filled with wonderful boat names.

Harry recounts amusing incidents of camp life like the time Charlie Peterson jammed the lid on his Kraft dinner on so tightly that it exploded like a gunshot, splattering noodles and cheese sauce all over his cabin roof.

He writes of coastal characters like Weary Willy, who often napped while fishing, and Ken Moores, who had the fish-buying camp in Finn Bay. One gillnetter named Reino had an ongoing battle with mink, who were intent on stealing the bait from his halibut gear.

A troller, known as Canada George, was "blind as a bat, and used to land his boat by putting the bow against the float and powering the boat around." In 'The Owikeno Potlatch', Harry writes about Chief Simon Walkus of Owikeno Village, also known as a 'Tye River Man'. Harry's best friend among the Japanese fishermen, Johnny Ozaki, is the subject of several paragraphs in 'Millerd's Camp Finn Bay'.

Chapter 20 contains ten articles Harry wrote for the Gold River Record between 1993 to 1996. The first four are satirical pieces about the popularity of 'sports logging' and the 'ultimate West

Coast adventure: sports whaling', which Harry is quick to point out doesn't hurt the whale at all. These articles were a great hit with readers when originally published in the Record. Another article announces the formation of a new political party, the British Columbia Undecided Party. Harry, a strong spokesman for various causes, also tackles weightier subjects such as the Mifflin Plan, lighthouse destaffing, and threats to the herring roe fishery.

The last chapter in the book, 'The Lost Maverick Tour', is a short story that Harry wrote at the request of a tour guide, after he and Phillis took a bus trip to the Northwest Territories in 1996.

Tales from Finn Bay is a must read for anyone who enjoys entertaining yarns about fishing and fishermen. Rivers Inlet, once the home of 17 canneries, has been closed to commercial fishing for the last two years and the era of the small fish-buying camps has long since passed. Harry's book remembers the people who lived and worked in the area while the commercial fishery was at its height, and makes an important contribution to the history of the central B.C. coast.

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