

# *Discovery Islander*

ISSUE # 113  
NOVEMBER 20<sup>TH</sup> 1998



Postcards from the Edge

details inside



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TD	60¢	60¢	40¢

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Source: CIBC/BC Survey - April 1998 - Basic Chequing Services

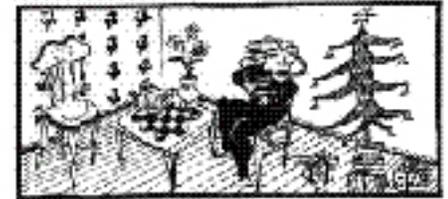
When the Board of Directors of the Credit Union reluctantly approved an increase to our service charges, we did a thorough survey of the market to ensure we remained very competitive. We provided examples of this with the notice mailed to all members in July, and copies are still available from the Credit Union. This increase, the first in many years, complies with our goal to "meet or beat" our competitors.

Please contact us with any questions you may have.

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# Editorial

Discovery Islander

**#175 November 20<sup>th</sup> 1998**

The **Discovery Islander** is published every two weeks and distributed free throughout the Discovery Islands by:  
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**Staff Reporter:** Tanya Storr

**Cartoonist:** Bruce Johnstone

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Letters, artwork, submissions of any kind welcome. Lengthy items are preferred by email or on 3.5" floppy disk in RTF or MS Word for Mac format, **please also supply a printed copy.** Items may be edited for content and/or formatting.

**Submissions may be left at Quadra Foods or Heriot Bay Store.**

**Opinions expressed in this magazine are those of the writers and are not**



Printed on recycled paper

## Deadlines For Next 2 Issues

**5 pm, Mon. November 30<sup>th</sup> & December 14<sup>th</sup>**

*Only Items Received Before The Deadline*

*can be guaranteed space in the upcoming issue.*

Drop off at the Heriot Bay Store or Quadra Foods or fax to 285-2236  
Lengthy items preferred on disk, Saved As "Word for Mac", RTF, or by email.



*On the cover:*

*Quadra's own Smooth Edge in concert  
December 5th at the Community Centre.*

*Photo: Lois Taylor collection*

## Honduran Relief

Anyone interested in helping with a Quadra Island support effort for Honduras & Nicaragua, please call Noel or Eve at 285-3648



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**•Every Sunday**

-Winter Market  
1:00-3:00 p.m. Community Centre

**•Nov.20 & 21, Fri & Sat**

-Christmas Craft Fair  
5-10pm Fri, 10 am-3 pm Sat Community Centre

**•Nov.22, Sun.**

-Chamber Choir Concert  
2pm Passages, Saratoga

**•Nov 27, Fri**

Centre Community  
-Friday Flicks: *The Big One*

**•Nov 28, Sat.**

Christmas Craft & Bake Sale  
10 am-2 pm Canadian Legion  
-Skateboarder Book Sale  
2:30-5:30 pm Community Centre  
-Sierra Club Slide Presentation  
7:00 p.m. Community Centre

**•Nov. 29, Sun**

The Arrogant Worms  
7pm Community Centre

**•Dec.2, Wed.**

-CCAP Meeting  
7:30p.m. Community Centre

**• Dec. 5, Sat.**

-Nuyumbalees Society: AGM  
1:00 pm. Kwagiulth Museum  
-Christmas Craft Fair,  
10 am-2 pm Q.Elem. School Gym  
-Smooth Edge  
Community Centre  
Doors open 7:30 pm \$8

**•Dec. 11, Fri**

-Friday Flicks, The Truce  
Doors open 7:30 pm Community Centre

**•Dec. 12, Sat.**

-CCAP Auction  
Time to be announced  
-NITRS Country Xmas  
NITRS Heriot Bay Rd Community Centre

**•Dec. 13, Sun.**

-NITRS Country Xmas  
-Christmas Service  
7:30pm NITRS Heriot Bay Rd  
United Church

**•Dec. 19, Sat.**

-Quadra Singers Concert  
8:00 pm Community Centre

**•Dec.24, Thurs.**

-Family Christmas Eve  
United Church

## Nuyumbalees Society AGM

Notice to the members of the Nuyumbalees Society: **Annual General Meeting. Saturday, December 5th 1998 at 1:00 pm.** Kwagiulth Museum and Cultural Centre, Cape Mudge Village, Quadra Island B.C. For more information phone (250) 285-3733

## CCAP Auction

April Point Lodge has generously donated items from the Lodge to be auctioned in support of fund raising for the Community Centre Addition Project. The auction will be held on Saturday, December 12th at the Quadra Island Community Centre. Viewing times prior to the auction will be announced. Watch for details and times in the next issue of the Discovery Islander and mark your calendar for Saturday December 12th.

## Quadra Island Christmas Craft Fair

Quadra Community Centre, Friday evening, **November 20th, 5pm-10pm. Saturday, November 21st, 10am-3pm.** Santa will be there on Saturday from noon-3pm. Don't forget to enjoy some of the tasty foods that will be there! Different crafters each day!!!

## Community Centre Addition Project

The final meeting to approve the blueprints for the Community Centre Addition will be held **December 2nd, 7:30p.m.** Please call Sandy at the C.C. office weekdays 8am-2pm or after hours call Val 285-2841. If you have not viewed the plans recently drop by the CC office to have a look at the blueprints. Everyone welcome.

## Don't Miss the Boat...



## Discovery Islands

Visitors Guide & Business Directory

### Featuring

Accommodation, Dining, Entertainment,  
Arts, Culture, Recreation, Parks, Festivals,  
Events and Business Directory

**See Special Insert in this issue for  
Advertising Details**

# 285-2234

**Put your business  
in the picture and on the web!**

**Deadline for advertising: No<sup>v</sup>em<sup>b</sup>er 27th 1998  
Deadline for material: December 11th 1998**

**Items For "News and Events" Welcome.**

*No Business Related Material Please*

**Next 2 Deadlines - 5p.m. , Mon Nov. 2<sup>nd</sup> & 16<sup>th</sup>**

# News & Events

## Smooth Edge Concert



Quadra's own **Smooth Edge** will be sending you a musical postcard Saturday, December 5/98, 8:00pm at the Quadra Community Centre.

Their renowned vocal interpretations of the classics from the 40's, 50's and 60's are signed, sealed and delivered with sweet harmonies second to none.

Smooth Edge members are Dianna McKerracher and Lois Taylor vocals, Kent O'Neil vocals and guitar, David Parkinson base and vocals, Greg Hill percussion and vocals. These veteran performers have been delivering melodious notes to Vancouver Island audiences for many years.

If you enjoy acapela, old time blues, swing, country and a little folk music come on down and pick up your mail. Wish you were here!

Tickets \$8, available at Hummingbird Office & Art Supply, Country Charm Boutique, Quadra Crafts & The Music Plant. This Musical Evening is sponsored and catered by The Island Skateboarders.

## Quadra Island United Church

Quadra Island United Church invites you to a **Celebration of Christmas in Poetry and Song** on Sun. Dec. 13 at 7:30pm, and to a **Family Christmas Eve** on Thurs. Dec.24 at 7:15pm. Everyone is welcome.

## B.C.'s Coastal Forests...

A **Sierra Perspective with Vicky Husband**, Conservation Chair - Sierra Club of British Columbia. A slide presentation and discussion with one of British Columbia's leading environmental activists.

**7:00 p.m., Saturday, November 28, 1998. Quadra Community Centre.** Admission by donation. Sponsored by Sierra Quadra.

## Quadra Legion

Quadra Legion Branch #154. Ladies Auxiliary **Christmas Craft & Bake Sale.** Saturday, **November 28, 10am-2pm.** Pictures with Santa, 11am to 1pm. For tables call Colleen **285-3896.**

## The Sasquatch

A controversial subject is raised by wildlife biologist Dr. John Bindernagel, when he introduces his new book "North America's Great Ape: the Sasquatch" on Sunday, November 29th - 2:00pm in the Museum at Campbell River.

During the presentation, Bindernagel unravels mythology and presents evidence which gives Sasquatch wild mammal status. He discusses the anatomy, ecology, food habits and behaviour of the species, based on over 150 Sasquatch reports. He addresses many of the problems of belief keeping us from seriously considering the reports of these gorilla-like mammals which walk upright and look like hair-covered humans. He stresses that Sasquatch is simply a North American great ape, behaving like other great apes, but most often out of sight in the wilderness. The anatomical and behavioural attributes of the Sasquatch provokes thought about its relationship to African and Asian great apes - and to humans.

In the past, there have been reports of Sasquatches in this region. Mike King, a pioneer/explorer of the late 1800's, had several close encounters with a reddish brown-haired creature with long arms, who left a human-like foot print with long, spreading toes. King reported that the First Nations people of Northern Vancouver Island could never be persuaded to accompany the hunter, trapper, timber cruiser or prospector into "the wild man's country". In 1988 a man hunting at the Nimpkish River reported seeing a large creature covered in dark fur. Its long hair on neck and shoulders flew straight outwards as it walked away with a graceful stride. The hunter insisted the mammal could not be confused with a bear.

Dr. John Bindernagel is a wildlife biologist with over thirty years of field experience. He has served as a wildlife advisor for United Nations projects in East Africa, Iran, the Caribbean and Belize. His interest in the Sasquatch dates from 1963, and his field work in British Columbia began in 1975. He holds a B.S.A. from the University of Guelph, and a M.S. and Ph.D. from the University of Wisconsin. He continues to work as a consultant in environmental impact assessment and is a Registered Professional Biologist in B.C..

Admission to "North America's Great Ape: the Sasquatch" is \$5 for adults, and \$3 for students and seniors. The museum is located at 5th Avenue and Island Highway. For event information call 287-3103.

## T. DINNES BOOKKEEPING



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## Dangerous Waters

Author Keith Keller will be reading and signing copies of his book *Dangerous Waters: Wrecks and Rescues of the BC Coast* at the Museum at Campbell River on Sunday, November 22 at 2:00pm. The coastal waters of British Columbia are some of the most treacherous in the world. There are steep rocky shores, mazes of reefs, massive waves pounding in from the open Pacific, and storms that blow with the force of hurricanes. Most vessels that venture forth on these waters arrive safely at their destinations, and most people can only imagine being stranded in the water. Others have not been so lucky.

Keller's book *Dangerous Waters* is a collection of 21 chilling accounts of marine disasters and near-disasters suffered by both work and pleasure boats along the BC coast. Told by the fishermen and lighthouse keepers, the Sunday boaters and cruise ship passengers who were on the scene, these are stories of death, near-death, terror and grief. These are also stories of faith and determination that celebrate the courage of ordinary people who risk their own safety to help others whose lives are in danger. The accounts are harrowing, fun, honest and very moving.

*Dangerous Waters* is a great read for mariners, both professional and recreational, fishermen, people interested in BC's marine history and anyone inspired by real life accounts of human survival.

Keller was born in Vancouver and grew up on a farm in the Fraser Valley. He has been a reporter and teacher, and spent four summers commercial cod fishing from a one-family island off the Labrador coast. He lives on Denman Island with his spouse and two daughters.

The Museum at Campbell River is located at 5th Avenue and Island Highway. Admission is \$5 for adults, and \$3 for students and seniors. Museum members receive a 10% discount. For event information call 287-3103.

## Skateboarder Book Sale

Our second annual book sale will be held Saturday 28th from 2:30 to 5:30pm in the Community Centre. Now is the time to get your winter reading in preparation for those rainy, dull dark days. Donations can be picked up by calling Lois at 285-2880 or Sharon at 285-3124 and please leave a message on our answering machines ( we do answer our calls ) or can be dropped off at the Community Centre after November 21st between 8:00am and 2:00pm ( the community centre needs to be clear for the Craft Fair on the 21st ). We are looking forward to seeing you there.

## Public Seminar

**"Work Options for the Future":** Do you get worried when you read phrases like "jobless economic recovery? Are you uncertain about your future work? Do you feel anxious about the stability of your current work? Are you tired of hearing about "constant change" and just want to know what you can do about it? Are you interested in pursuing more of your passions in the work that you do?

If you answered "yes" to any of these questions, the upcoming seminar **"Work Options for the Future"** will be of interest to you. Employers, educators, parents, students, workers and people in work transition wishing to discuss new outlooks on work in these changing times are invited to attend. This is NOT a seminar about career development theory. Come prepared to think about yourself and your future; come prepared to learn new ways of thinking about work. and come prepared to learn new strategies that will help you find security in a rapidly changing world. **Friday, November 20, 7pm-10pm. North Island College, Courtenay Campus, Stan Hagen Theatre.** Cost: \$20 at the door. Presenter: Dr. David Redekopp, Director, Program Development, Concordia University College of Alberta, Career Development Dept. and national consultant.

## Tidemark Theatre Events

Look what's happening at the Tidemark theatre in November!

**"Art in the Lobby"** features local artists Stephanie Garner, Susan Barr and Keith Vickery. Noon - 5pm, Mon.-Sat.

**Liona Boyd**, acknowledged as one of the world's leading classical guitarists, will grace the Tidemark stage on Sunday, November 22 at 7pm. Tickets are \$28 per person.

**Canadian International Film Festival** awards ceremonies, Saturday, November 28, time & prices to be announced.

**Frank Mills'** final concert tour on Monday, November 30 at 8pm. Tickets are \$26.50 per person and special guest performers are **The Quadra Singers.**

For more info call 287-7645

## Found on Cape Mudge Rd.

Nov. 2nd/98. A pair of ladies glasses in a Brown Georgio Armani case. Can be claimed at Quadra Foods.

## Found in Quadra Foods

A pair of ladies bifocal glasses (vogue). In a red & green cloth case. 285-3391

## Zany Wit & Great Songs



The Arrogant Worms bring zany wit and great songs. The Arrogant Worms are a three man band comedy troupe originating from the hub of Canadian grassroots music, Kingston, Ontario. Using only a guitar, bass, great stage presence and super-tight harmonics, the Worm's music always delivers. Their versatility is second to none, they find their roots in folk and acoustic rock, and borrow from Celtic, country, reggae, bluegrass and even gospel. Above else, they guarantee that the songs are always funny. Their exuberant energy, brilliant lyrics, zany wit and diamond

harmonies have entertained audiences across North America.

The Worms have made numerous appearances at festivals from coast to coast with a reputation for high energy, playful atmosphere and slightly unusual audience participation. They were a hit at the Lincoln Centre's Out of Doors Festival in New York this past summer. They watched as 15,000 rose to their feet to honour them with a standing ovation at the Winnipeg Folk Festival. No small feat for the first act of the evening.

The Arrogant Worms humour ranges from the topical to the absurd. It is clever, clean comedy for kids and adults of all ages. They are regular guests on CBC radio programs Basic Black, Morningside, Nighttimes as well as the internationally syndicated Dr. Demento.

"... a lot of fun on stage and it's infectious" writes Chris Baker of the Ottawa X-Press.

**The Arrogant Worms** will be on stage at the Quadra Community Centre, **Sunday, November 29, 7pm.** Advanced tickets: adults \$12, students \$8, family \$30. At the door: adults \$14, students \$10 and families \$35. Ticket available at Quadra Crafts, Explore, Tsa-Kwa-Luten Lodge and the Tidemark Theatre. A Final Reminder



# Tsa-Kwa-Ltiten Lodge

*The Resort at Cape Mudge*

**November 20<sup>th</sup>**

## Uncle Harry's Wire Choir

The Music: Swing, Classic, Celtic

The Players: Violin, Classical Guitar, Bass

**21 November, A must attend evening**

## Greek Gala Night

Music, Costumes, Food & Dances

## Wednesday is Prime Rib Night

**Only \$12.95**

Being served from 5-8

**Don't forget to book your:**

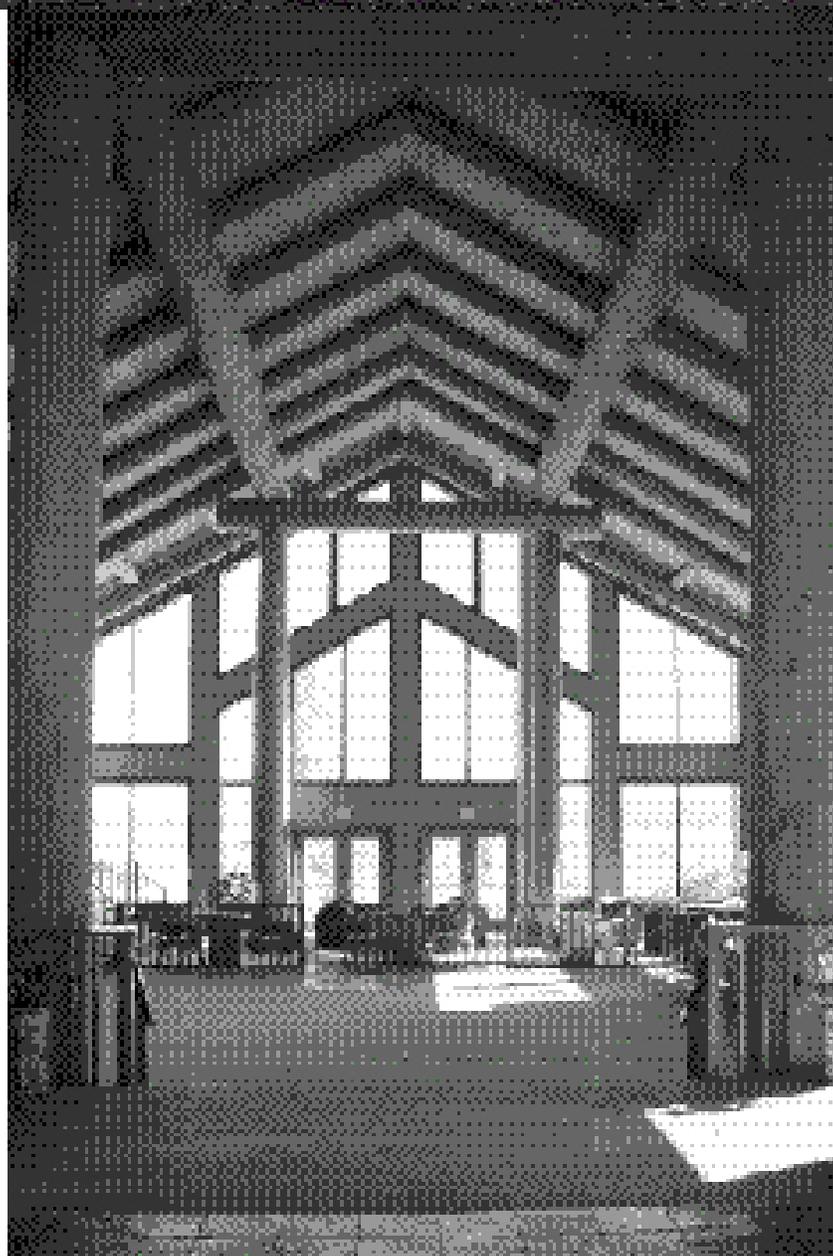
Conference, Workshop

Seminar or Retreat

& of course your Christmas Staff Party  
(tailored to your budget)

## Call 285-2042

Don't forget to ask for our 15% In a Nod discount!



## Quadra Singers Has A Great Session Planned.

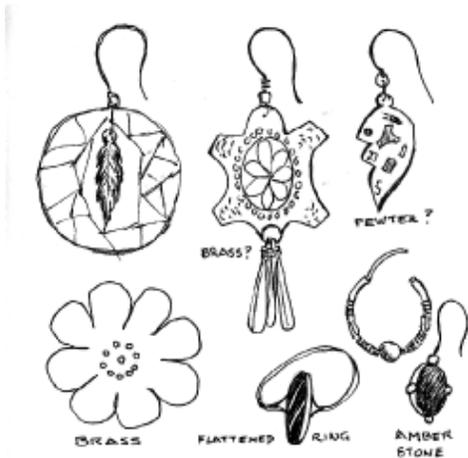
Quadra Singers have been practising for a busy holiday season. Our fearless leader, John Montgomery, has us madly doo-doo-ing and da-dah-ing, in tune to the piano artistry of Mary-Ellen Wilkins. (We wish Helen Moats, our usual accompanist, Bon Voyage and a safe return.) A new Board of Directors has been elected, and has begun its tour of duty. The new directors are: Mary Murray, Tony Simard, Rita Gower, Carol Woolsey, Sue Rose, Len Delozier, and Nanci Cook. Thanks go to retiring Judy Brooks, Mary-Ellen Wilkins, and Tracy Jonsson for their endless labours on our behalf.

We have 38 members this session, four from Campbell River. We will be performing at the Tidemark Theatre at the Frank Mills Christmas Concert on November 30. We sang with him 2 years ago-it worked so well, we've been invited back! You are invited too! Our own Christmas concert at the Quadra Community Centre will be on December 19 at 8:00 PM. Admission by donation.

Does anyone have a filing cabinet you would like to donate? Our music library is bursting its seams. Call Nanci 285-3105 if you do. See you at the concert(s)!!

## Island Voices

An a capella chamber choir - invites you to their concert, **Songs for Winter** on Sun. Nov.22 at 2pm at Passages, Saratoga Beach. Tickets \$12 and \$10 include dessert and tea. For information call Joyce 285-3298.

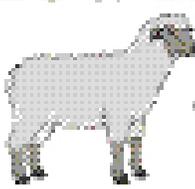


## Lost an earring lately, or in the past?

A variety of single, lonely earrings, all found at the Community Centre, would love to pair up with their missing mates. If you recognize any of those illustrated, drop in at sandy Spearing's office, at the Centre, for a happy reunion. Office hours 8am-2pm.

## WILLOW FARM

STILL  
AVAILABLE



GOOD QUALITY  
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**NOW IS THE TIME TO ORDER A LAMB  
FOR YOUR FREEZER CUT TO YOUR  
SPECIFICATIONS BY GUNTER BROS.**

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Tonight...!!!

## The Big One

Persistent would be one word to describe director Michael Moore (Roger and Me). Snoopy, pesky, loquacious, hard-nosed, tenacious, thick-skinned and full-on critical might be some others. **The Big One** is a filmed diary of a book signing tour Moore embarked upon to promote his 1997 best-seller, *Downsize This!* From St. Louis to Milwaukee to Portland, he moves across the country, scrawling his autograph on the inside covers of books, visiting corporate headquarters in fruitless attempts to see CEOs, and doing bitingly funny standup acts at universities and during other public speaking engagements. There is no doubt, "Moore is a talented film maker who is capable of putting some very funny moments on screen" (Berardinelli).

Moore's theme, italicized through satire and humour, is always the same: that corporate America, in bed with politicians, is raping the common folk. Big business would rather mistreat it workers, lay off people and transfer manufacturing to third-world countries than sacrifice a little profit. At various times, Moore calls the leaders of major companies "terrorists" and "murderers." and he has the evidence to back up the charges (Berardinelli).

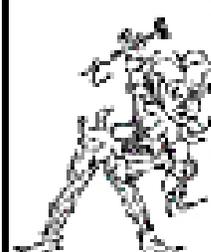
While focusing on how corrupt and subservient to big business the political process has become might seem like dwelling on the obvious, **The Big One** boasts some noteworthy scenes in driving the point home. On one occasion Moore relates how Presidential candidate Pat Buchanan accepted a contribution from a group called "Abortionists for Buchanan." There's a revelation about how much nearly-free prison labour is supplied by large corporations and a hilarious proposal about how to reduce the nations drug problem. The film's climax features Moore's face-to-face meeting with Nike CEO Phil Knight.

**The Big One** is another of Moore's contributions to the ever growing category of meta-documentary - an exercise in using real people, places and circumstances and staging events. With *Roger and Me* and now, **The Big One**, Moore has become the motion picture industry's champion of the "little guy."

## Hurricane Mitch Relief

1. **Red Cross** - Monetary donations 1-888-356-6366  
In Campbell River: money & clothes
2. **Church of Christ**, 226 Hilchy Rd. Willow Pt. 1-5pm.  
The next shipment out is Nov. 27th.
3. **Healthway Vitamins**, Willow Pt.
4. **For more info. CBC Web Site** [www.bc.cbc.ca/mitch-](http://www.bc.cbc.ca/mitch-)

## Fools Gallery



Would you like to participate in the Christmas Sinner? If you have a valued affordable art to sell for Christmas gifts, contact a Fool! Call the Gallery between noon and 5pm Thursday through Sunday, or call Jessica at

**285-3350**

**Winter Hours Thurs-Sun 12-5**  
Island Market, Huron Hwy

# From the Ground Up (and down)

## Mulch mulch mulch...

### Robyn Mawhinney

It is raining as I write this. Not unusual, this is November. Easy to tuck in to a seed catalogue, a novel, or anything else inside where its cosy and dry. But what about the garden beds and those tender perennials out there in the rain? Garden beds should be mulched now to protect and enhance soil fertility. Tender perennials require special care, and now's the time to protect them.

#### • Mulches, Heavenly Mulches

Mulching garden beds is good common sense gardening. Mulching feeds the soil naturally and organically. Mulching prevents soil erosion and the soil compaction that heavy rains cause. A thick cosy layer of mulch protects the surface layer and enhances the activity of earthworms, bugs, beneficial bacteria and fungi.

A layer of mulch insulates the garden. Winter mulching keeps the soil warmer. A heavy mulching protects root crops, enabling them to be stored right in the ground.

When spring comes, mulches should be dug into the bed a week or two before planting out seeds or seedlings. This is to hinder burgeoning slug colonies, and to warm the soil. Mulch is an excellent hiding place for slugs. As far as I'm concerned they can find their own dwellings. I'm not going to provide for them. When spring finally comes and brings the sun, dig the mulch on garden beds in. This allows the soil to warm as quickly as possible.

Looking ahead to the summer, once the soil has warmed and plants are established, mulching is an excellent way to keep the soil moist. It reduces the amount of watering the garden requires. If the beds are weeded before being thickly mulched, weeding will not be a "pain-in-the-back" all summer long. Mulching will also keep vegetables, like pickling cukes, that have a sprawling tendency, dry and mud free.

#### • Mulch Types

Mulching may seem like a big job. But think about all the weeding you won't have to do in the spring. And think about how great it is for the garden. Convinced? Good. But what are you going to mulch with?

There are many types of mulch. Here briefly are some common, easy to obtain mulches for use this winter and next year.

1. Straw provides great insulation and lots of biomass, without the weed seeds hay contains. Hay contains weed seeds so it is not excellent for garden beds but better for

paths. Or, hot compost it to kill the seeds.

2. Seaweed is an ultimate mulch as far as the health of the garden goes. It contains so many micro nutrients they haven't all been discovered yet (or so I read). Studies have shown that seaweed acts as an antibiotic for plants. Incidentally, the need to wash seaweed is a myth. (Perhaps perpetuated by those gardeners who worry that there isn't enough to share?)

3. Leaves work well as a mulch. They compact and tend to mat, which is good for keeping down weeds, but may rot some perennials if they are covered. Maple and alder leaves are excellent. Be cautious about using fruit tree leaves, Lynn Ramos warns, as diseases such as black spot may be perpetuated and spread.

4. Grass clippings make a nice thick mat which weeds have difficulty penetrating.

5. Sawdust I suggest for pathways. I have used sawdust on garden beds, but it seems no matter how thick it was laid down, the weeds kept popping through.

6. Woodchips are a great mulch for pathways and perennial beds.

#### • More Details

When applying mulch, annual beds should receive a layer 4" to 12" deep. When mulching perennial beds, consider seaweed to really treat those long standing and long-suffering flowers and shrubs. Woodchips or bark mulch are an aesthetic mulch. Remember to weed first, and when mulching perennials ensure the mulch is a couple of inches from the base of the plant. Mulching to the base of the plant encourages crown rot fungus.

#### • Tender Perennials: Outside, Inside, or What?

Some tender perennials may be mulched heavily and left outside. Others require digging and storing inside for the winter. Following is a limited listing of varieties and suggestions for over-wintering.

Dahlias are one tender perennial which will survive in the ground in our climate. Mike Dennison of 'Dirtco' suggests a two foot thick mulching of straw, and a layer of plastic on this. However, if they are in a well drained area plastic may not be necessary. Dahlias should be dug every three years and divided.

Globe artichokes survive outside most winters with a little protection. Artichokes should be mulched like dahlias. Growing them in a well

drained area also increases the likelihood of survival.

Lemon verbena should be brought indoors, as it is prone to spidermites. The main stem and branches should be cut back to within two to four inches from the soil. In addition, the top inch of soil in the pot should be removed to thwart any future mite infestations.

Fuschias and begonias should be cut back and stored inside. They, along with lemon verbena, should be kept quite dry as they are dormant. They should reside somewhere dark and cool, but not freezing. A basement is ideal. Check them once a month, and water if necessary.

Dig gladioli bulbs, and store them inside. Gladiolus are one of those plants which may also survive outside. My mom has glads in her garden in the Comox Valley which haven't been moved for years. And they flower every summer! You just never know.

Optimum survival of tender perennials is greatly affected by temperature and climate. If they get too wet the roots will rot and there will be no plant in the spring. Ditto if the ground its in freezes.

In conclusion, mulching is an excellent benefit to garden soil. It protects good bugs and bacteria, feeds the soil, and prevents erosion and compaction. Tender perennials are... tender perennials and should be treated as such.

### JOHN F. GRANT Lawyer • Notary

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# Island Forum

## Dear Editor

In response to Linda Sam's Nov 6th letter, championing net-cage Salmon farming, I would like to offer some thoughts on the issues that need more public discussion, although that will probably put me into "detractor" status right away with some.

Supply-side eco-logics, suggesting Salmon farming is necessary to provide protein to the starving burgeoning masses, falls a little short when we realize it's a protein source only for the elite of the world who can afford it. There are also ethical limits to this cart-before-horse "green revolution" style of thinking, since it ultimately leads to a scenario of 30 billion people on a dead planet eating "Soylent Green", if anyone remembers the grisly sci-fi story.

I would also suggest that we must not accept the so-called "manageable level of risk" imposed by the current practices of Salmon farming in BC, using open net-cages, surrounded by acoustical or armed deterrents, that are constantly releasing exotic pathogens and now-spawning Atlantics into the native ecosystems of the coast. Numerous examples from elsewhere in the world show that wild Salmon will not survive such an assault to the Commons, and will actually result in a "net-loss" of Nature's bounty for our tables, along with impoverished oceans and watersheds.

Also, if we accept such a reductionistic approach in our spiritual relation to Salmon, "in order to manipulate our environment to provide food for an ever growing population", we would all rejoice once wild Salmon are gone forever, for then there would be no more seasonal market competition from the wild catch, and no more need to protect any salmon streams from clearcut logging. We can thunder on converting the entire planet into an efficient supply factory for one clever species, and focus on the final problem: distribution of wealth.

David Shipway  
Cortes Island

## Georgia Strait Alliance

In 1990 a handful of environmentalists concerned about the ecological health of the Georgia Strait banded together as the Georgia Strait Alliance (GSA). Eight years later they are a media-savvy body of more than 800 members and a coalition of some 50 groups that have done much to collect critically important technical data and to improve the prospects for this endangered inland sea.

They are an alliance in the best sense of the term. Throughout their years of operation they have worked jointly with environmental organizations, unions, businesses, eco-tourism companies, fishers, the media, government agencies, even U.S. groups—anyone who shares a concern about the Strait of Georgia, including the David Suzuki Foundation, B.C. Wild, the Canadian Parks and Wilderness Society, the Sierra Legal Defence Fund and First Nations groups. They are able to do this by convincing people that everyone has a vested interest in the state of the Strait.

Quadra is at the north end of the Strait of Georgia while Vancouver is at the south end—opposites in more than just geography. Vancouver and its adjacent urban areas have heavily damaged the Strait with pollution and habitat destruction. Quadra, in contrast, still remains fairly unpopulated and our waters are still comparably pristine. For Vancouver, therefore, the GSA's emphasis has been to restore what has been lost or damaged. For Quadra, the focus is to preserve what is still here.

This, perhaps, is the reason the GSA chose Taku Resort for its annual weekend retreat, a scenic and natural location to review its past efforts, to establish its priorities for the coming year, and to dream about a better future for the Strait.

Three members of Sierra Quadra joined the GSA for an evening of dinner, visiting, and a presentation by Laurie MacBride, the organization's executive director. The Quadra setting was exactly right. An autumn high pressure ridge had arrived the day before so the air was sparkling clear. Drew Harbour was dancing blue in a wind from the northwest. To the east Rebecca Spit, the Bretons, Read, Cortes, and the Coast Range Mountains layered themselves into

the panoramic distance. After dinner, when stars became the new enchantment, Laurie made her presentation—with dessert—in the Stone House by the beach.

In the course of a few years, she noted, the GSA has convinced the Greater Vancouver Regional District to upgrade its sewage treatment facilities, worked to establish a new emission protocol for pulp mills (reducing organochlorine effluent to zero by 2002), encouraged a review of fish farms, initiated an "adopt a shoreline" program (to gather site data on changing biological conditions), established a Mid-Island De-Tox Challenge Program (reducing the use and discharge of toxic household materials), and worked with 160 groups that are helping to protect and restore salmon streams in the Strait. Collaboration with *The Vancouver Sun* resulted in an on-going "State of the Strait" feature in the newspaper and the paper's initiative to establish a Georgia Strait Foundation to fund continued support for the Strait's environmental health. All this while the GSA established and maintained a reputation for accuracy, reasonableness and credibility. Quite an accomplishment for eight years.

But much remains to be done. Next year, additional focus will be on such projects as "green boating," a self-sustaining community intertidal stewardship program, anecdotal study comparisons from 1990 to 2000 that will assess what changes have taken place in the Strait of Georgia, and the Marine Protected Areas Strategy. Meanwhile, an emphasis will continue on pulp-mill effluent, fish-farm effects, pesticide application in communities, and the use of poisons in households—all toxins used in the Georgia Basin and its watersheds finally arrive in the Strait of Georgia.

Quadra Island and the health of its adjacent waters can, of course, benefit from the efforts of the GSA. Marine Protected Areas could provide no-fishing sanctuaries for the recovery of such species as ling cod and rockfish, both of which are in crisis in the Strait. These fish, Laurie MacBride observed, live long and are late to reach

*Articles, letters and artwork are all welcome for publication under Island Forum*

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sexual maturity—a rockfish can live to be a hundred and not become sexually active until ten.

Another concern, she noted, is infectious salmon anaemia, a fish-farm disease that has caused havoc in both New Brunswick and Scotland, and could become a problem for wild stocks in B.C.

The recent discovery of a spawning Atlantic salmon in the Tsitika River raises another concern, she reported. Over a million Atlantic salmon have escaped from B.C. fish-farms—the actual number is likely closer to 2 million, she says. “The fish-farm industry tells us not to worry. These fish can’t create any problems for the local stocks. They cite unsuccessful efforts at the turn of the century to deliberately introduce them to the Cowichan River.” But that, she explains, was probably because the indigenous stocks were healthy, the river was already full of spawning fish, and there was no niche available for the Atlantics to establish themselves. Now, with natural stocks depleted, the situation is very different.

Change has an unfortunate way of changing beyond our control. Who would have thought that a hundred years ago, perhaps when the oldest rockfish was hatched, that the Strait of Georgia would be in its present endangered condition.

Sierra Quadra will be working—along with other groups like the GSA—to improve the health of the Strait of Georgia by establishing Marine Protected Areas. Please join us. Together we can make a difference.

Sierra Quadra meets at 7:00 pm on the second Monday of each month in the lower floor of the Quadra Island United Church.

### Stolen

On Thursday November 5 1998, someone stole some very important items from a vehicle parked in the Quadra Legion parking lot. Included were some finger cymbals, prerecorded tape and a silver coin dancing belt that was worth a lot to me as I need these items, including a backpack and ghetto blaster that were also stolen, to perform and teach my classes. If anyone knows anything or the whereabouts of these items please call Barb at 285-3714 or Lolly at 285-3477. \$50 reward if returned. The items could also be dropped off in the Heriot Bay post office mail slot if you wish to protect your privacy.

### G.M.O's; A threat to Us All

The latest edition of the English magazine “The Ecologist” is a deeply researched expose of Monsanto Chemicals, under whose threat the printers shredded the entire print run. The issue was reprinted by a second firm, but none of the distributors (W.H. Smith and others) would touch it.

In the combined control of seeds, pesticides, herbicides, medicinal and veterinary drugs and in genetic engineering, Monsanto leads the world. They would have us believe that they are saving the world from poverty and starvation, in fact they aim to gain complete control of what we eat and how we survive. This regime is potentially as evil as Hitler and his Nazis, and if we let them succeed they will swamp democracy and subject the world to completely unacceptable dangers.

If we do not stand up and stop Monsanto now - as we failed to stop Hitler in 1937-38, there will be no alternative TO “criminal” action to overcome the threat.

I have a copy of the Ecologist issue, and will soon have a few more. For details, please contact me or the David Suzuki Foundation website ([www.davidsuzuki.org](http://www.davidsuzuki.org)).

*Sedley Sweeney,*  
250-935-6746

### Dear Editor,

I would like to comment on how the graveyard trustees have done such a nice job of keeping our graveyard on Heriot Bay Road so well groomed.

I have driven passed the graveyard for over 20 years now. Even helped to publish a book on it with the genealogy club. Someday I might be a resident myself.

But lately, when I drive by the graveyard I feel a certain loss. What happened to the insulators on the wooden cross? What happened to the rectangle of heather over the three children to keep them warm?

A cemetery is part of the community and helps to define its character and individuality. By stripping the graveyard of these unique memorials I feel Quadra has lost its charm.

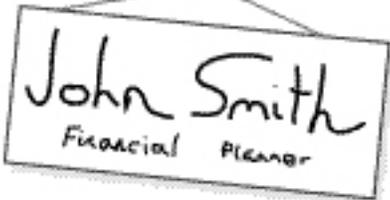
*Victoria Fitton*

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# Business Profile

## Surge Narrows General Store

Tanya Storr

If you have visited the community of Surge Narrows since April 1, you will have noticed that the General Store, located on the waterfront, has reopened. The store was first established in the early 1920s by the Tipton family and went through a number of owners over the decades. Last open in 1982, the store had sat empty for 16 years when current proprietors Doug and Teresa Beyerstein decided to reopen its doors.

"We decided to reopen the store because we wanted to stay on Read and we had to have a job, so we've created our own job," Teresa explained in a recent interview.

So far, the business has been going well, but the Beyersteins have no recent records to go by. One of the old receipts they do have goes back two owners to when George and Marie Dodman owned the store. It records them giving credit for gas to someone who wanted to get home for Christmas.

Teresa and Doug, who live in a float house in Surge Narrows, initially started the business as a convenience store. However, as demand grew, they expanded into different departments and now offer a wide variety of goods.

They sell groceries, including dairy products, frozen meat from Gunther Bros., ice cream, baked goods, bulk foods, and tobacco products. As well, they offer fishing tackle, hardware and marine supplies, postcards, and animal feed. Marnie from the Read Island Mobile Bookstore sells some of her books through the Surge Narrows General Store. Doug and Teresa also buy products from local produce growers and crafters.

"It's important to us to provide people with an income without actually hiring them, which we can't afford to do. We buy organic produce from gardeners on the islands, including heritage apples. We're an outlet for arts and crafts—we have greeting cards (move over Hallmark!), crystals, jewellery, and sculptures," Teresa said.

Transporting store merchandise to Read Island is not an easy task. The Beyersteins buy goods from wholesalers on Vancouver Island and in Vancouver, and ship many products themselves, using a van, then a 4x4 truck, and finally a boat for the last leg of the

journey. One of them usually goes to Campbell River or further afield on Mondays and Fridays to collect goods, while the other watches the store.

"The one who went to town loads goods into the boat at the end of the Surge Narrows road on Quadra. As winter progresses, a lot of this happens at night. The other person stands on the dock at Surge Narrows with a flashlight to guide the boater in. We go by compass when it's foggy," Teresa told me.

"The other night I got caught in the fog and when I got there Doug had been standing on the dock for an hour because I was late. When you're in the boat it's really nice to know your partner is waiting—you have to have a good relationship and be nice to your partner," she said.

Some goods are shipped by Air Rainbow, which delivers mail three times a week to Surge Narrows. Teresa said the store occasionally runs out of certain items, but she and Doug are getting better at gauging demand and realising they're out of something before customers point it out.

The two, who have lived on Read for four years, have put a good deal of effort into making the store a welcoming place to shop and spend time. When I dropped in at the store in July, I immediately noticed the fresh paint job and colourful flowers planted

in the window boxes. In summer, tables were set up outside where people could have tea and coffee and baked goods. Two overstuffed chairs sit by the woodstove for the same purpose in winter.

"About 80% of our business is local—the local support has been incredible. We have customers who continually say that the store has developed into a meeting place. On Read, where people live quite far apart, a place to meet is very important," said Teresa.



Teresa & Doug Beyerstein, proprietors of Surge Narrows General Store  
Photo: Tanya Storr



The Surge Narrows General Store

Photo: Tanya

Surge Narrows Elementary School is located just uphill from the store and the kids like to come by after school sometimes. Teresa stocks healthy snacks, such as bags of banana chips, as well as candy.

In the summer, local business dropped off a bit while people's gardens were producing lots of food, but boating traffic filled the gap. Doug and Teresa became a source of local information for visiting boaters, telling them how to navigate Whiterock Pass and Beazley Pass and where to find campsites. Teresa said kayakers made up some of their boating business, and they've noticed more kayakers in the area each year since they moved to Surge Narrows.

She added that some boaters had no idea the store was open again because a popular boating book said it was closed. Others hadn't been in the area for 20 years and assumed the store had been open the whole time, asking how business had been since they were last there. Some boaters didn't realise a store was there at all, and were pleasantly surprised to find a place to stock up on provisions.

Local business picked up again in the fall. Teresa said 50% of the store's local business is from Read and the other 50% largely from Maurelle, Sonora, and Rendezvous Islands. Sometimes Quadra residents drop into the store when prawn fishing in the area. Teresa said some local families rely on the store for all their groceries.

"Most of the people out here try to be as self-sufficient as possible and buy

what they can't produce themselves, things they're not able to make or create on their own. A lot of people bring their own totes or packsacks and we are able to keep packaging down that way."

Teresa's youngest daughter, Brandy, is living on Read and doing correspondence. She does her homework in the store office where the old post office was located. Teresa's middle daughter, Laurel, boards on Quadra (the school on Read only goes to grade seven) and comes home on weekends. Nikki, Teresa's eldest daughter, came home in the summer. All three daughters work in the store when they are at home.

"We really share how the business is doing with them," said Teresa. "They're getting hands-on experience in how to use the till. We're there all day as a family and customers might not always view us at our best—being continually on display is hard. I'd like to thank all our customers for being understanding."

Future plans for the store include selling ice, dried flowers, marine charts, and tide books, and continuing repair work on the outlying docks.

The Surge Narrows General Store is open Monday to Saturday from 8 a.m. until dark in the winter, and seven days a week from 8 a.m. until dark in the summer. The store can be reached at 285-3643 (messages) or 287-6962 (cell phone).

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## Remembrance Day Service

Tanya Storr

Approximately 100 people attended this year's Remembrance Day service held at the Quadra Legion. Cliff Hand led the service, beginning at 10:45 a.m. with everyone singing 'O Canada', accompanied by Ken Duncan on piano.

Following the singing of the hymn 'O God of Love', Cliff Hand read the poem 'In Flanders Fields'. He explained that the poet, a Canadian named John McCrae, fought in the South African War and the First World War until his death in 1917 of meningitis. McCrae wrote the poem after a close friend was killed in action. Unable to help his friend or any of the others who died in the deadly gas attacks of WWI, he gave them a voice through his poem. It was first published in England in 1915. McCrae was buried with full military honours near Flanders, amidst the poppies he wrote about so eloquently.

Hand also said a few words about the Legion's poppy fund. Money from the sale of poppies and wreaths is held in trust by the Legion and can only be used for certain programs, such as student bursaries or to help islanders in need. Donations are given to people anonymously, and the poppy fund money stays on Quadra, Cortes, and Read.

After the evocative notes of 'Last Post', there was a two minute silence to honour the memory of those who lost their lives in war. Rob McKerracher then played 'Lament' on the bagpipes, and a tape recording of 'Reveille' followed.

The crowd sang the hymn 'Thy Kingdom Come O God' and recited the 'Lord's Prayer'. Wreaths were then laid by the podium by Corporal Dan Kelly (R.C.M.P.), Jim Abram (Regional District), Ralph Weckstrom (Legion Zone), Colleen Karton (Ladies Auxiliary Zone), Cathy Armstrong (Quadra Legion), Sharon Brereton (Quadra Ladies Auxiliary), and Diane Ettles (Quadra Seniors).



*Pinning poppies on wreaths after the service  
Photo: Tanya Storr*

After the singing of 'God Save the Queen', everyone went outside and wreaths were placed at the cenotaph. People were invited to pin their poppies on the wreaths. A delicious luncheon put on by the Legion Ladies Auxiliary followed.

Sharon Brereton, president of the Ladies Auxiliary, commented on the large number of children at the service.

"It's wonderful to see all these young children here—it carries on the remembrance. I see all the elderly gentlemen here and all the young children

who could be their great-grandchildren and I think it's very nice. There are more young children this year than I've seen here before," she said.

Some veterans took the time to tell me a few wartime memories. Muriel Pollard was a wireless operator in the Royal Air Force (R.A.F.) from 1943-1947. She joined up when she was 18 years old.

"We either had to go in the forces or work in a munitions factory. A friend and I tried for the Navy first but the only trades open were stewards, so we went into the air force. I learned Morse Code, QNO Code, and other codes, and I had to learn how to solder things and change batteries. As a wireless operator, I took down Morse Code from incoming aircraft at 22 signals a minute," she told me.

Muriel was stationed in various parts of the British Isles during her time with the R.A.F. First, she was based at #1 bomber command

headquarters in Bawtrey, Yorkshire. Then she was moved to Scampton, Lincolnshire, where she recalled they had quite a lot of excitement.

"The German fighters used to follow our bombers back—those were some of the only times I wore my tin hat," she said.

There were a number of nationalities stationed at Scampton, including Australians, New Zealanders, and Brits. After Scampton, Muriel was moved to the Orkneys, where she worked in flying control, writing down what was said



Cpl Kelly & Staff Sergeant Gray saluting the cenotaph

Photo: Tanya Storr

between the flying control officer and the pilot. When the base in the Orkneys was closed down, Muriel was transferred to North Wales, and finally to Colerne, Wiltshire. She met her husband, John Pollard, in Colerne.

John was a wireless operator and mechanic with the R.A.F. from 1936-1951.

"I had previously been trained as an air gunner but in 1940 the air force decided to ground all of us technicians," said John. "I did mechanical work on planes and I was a wing signals officer in Burma later on, in charge of a bunch of men fixing planes. I was on six weeks survivor's leave when I met Muriel."

Frank Smirfitt was in the Canadian Army during WWII, and he recalled the ocean passages to and from Britain. He went over on a British ship called the Andes, and hundreds of troops, including Frank, suffered from food poisoning on the way across. The weather was very stormy during the crossing, and Frank remembers feeling sorry for the troops in the Corvettes, small escort vessels that were part of the convoy.

"The Corvettes would come up on the crest of each wave and quiver violently before sliding into the trough. It must have been awful for those guys," he said.

After the Japanese bombed Pearl Harbour, Frank returned to Canada to work as an instructor at the Gordon Head officers' training centre in Victoria. On the return Atlantic crossing, Frank was on an American ship called the Barnett. As he and the other troops soon discovered,

you had to keep your wits about you to consume a full meal when the ship was rolling in rough weather.

"We ate standing up, all in a row along tables mounted on pipes. We were each given a big aluminium tray with little compartments in it, containing spuds, wieners, sauerkraut, and a cup of coffee with no handle because the handles always broke. As the ship rolled, you had to grab your coffee cup or else it would slide down and hit the edge of your tray, dumping your coffee into your meal or the next guy's meal," Frank told me.

"There was always lots of coffee sloshing around on the long tables. You could only let go of your coffee cup when the ship righted herself between rolls, so you quickly cut up your food then and took a bite. The linoleum floor was usually covered in coffee at the end of the meal, so we sometimes slipped and fell over when carrying our trays out."

About a week after Remembrance Day, I talked to D.J. Keim, who is



John & Muriel Pollard at the Remembrance Day



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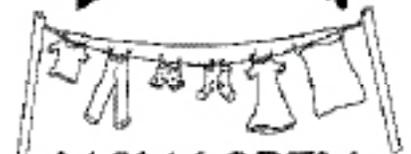
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# Terroire - taste of the earth.

## David Lang

All across Canada, great chefs are searching out the best of autumn's bounty, uncasing their dried herbs, robust spices and preparing feasts for their guests. Here on Quadra we are lucky to have a diverse ecosystem of wild foods and great local farms we all can be proud of.

In this time of genetically engineered, over-packaged, imported foods, it seems that a trip to the market can be a confusing venture. Farming practices as well as new "advances" in technology, can make shopping for food a political statement as well as a health

choice.

The mission of this series of articles is to encourage the people of Quadra to become more aware of the food they are eating, and its direct effect on health and the economy. Some of my personal philosophies are:

1. Buying locally grown products puts money into the pockets of local farmers, not the mega (agrobusiness) farms of California. This gives a boost to the local economy.

2. Organics are the best choice, especially when they are from our back yard. Sometimes the price of organics doesn't equal money in our pocketbooks. Organics are a long term goal. Right now they are expensive but with increased demand (competition) and refined farming practices there is a good possibility organics will become cheaper. \*Buying directly from farmers markets takes out the middle and decreases cost (wholesale produce).

3. Eating seasonally not only makes your body feel good, but its cheaper and we don't have to pay more for imports. \*canning is a good way to have harvests bounty year round.

These are just guidelines not rules. The most important thing about food is that it should make you feel good! Food is best enjoyed with good friends, conversation and a good bottle of home-made wine doesn't hurt. Food doesn't have to be complex, simplicity usually tastes better.

Here's a hearty dish that makes a good rainy night meal. It's a very aromatic dish that before entering your mouth will travel in your nose, through your bones and straight into your soul.

## Nan Bread

500g organic flour (unbleached)  
15g yeast (fresh)  
150 ml plain yoghurt (27°)  
30g ghee (clarified butter)  
1/2 t sea salt  
1t honey  
warm water  
sesame oil

1. Combine dry ingredients thoroughly.

2. Ad yoghurt & ghee to dry ingredients and work into soft dough. Add a little warm water if dough is too dry.

3. Knead well, until smooth & elastic. Cover the ball lightly with sesame oil and place in a warm, covered bowl. Allow to double in size.

4. Knock back the dough & knead briefly.

5. Place a baking sheet in a hot oven (425°F) to preheat.

6. Divide into 16 equal portions and roll into ovals 1/4" thick.

7. Brush with ghee and bake each side 4-5 minutes or until there is a speckling of brown on the crust.

## Curried chick peas with roasted pumpkin seeds.

3 1/2 cups cooked chick peas  
1 lrg Spanish onion (diced)  
6 cloves garlic diced  
21/2 cups favourite root veg. (diced)  
2 cups spinach or chard  
1t tumeric  
1/2t each bulk mustard seed\*,

cayenne\* & ground coriander \*  
1 cardamon pod\*  
1-2t garam masala  
1 cup stock or water  
1/2 cup pumpkin seeds (roasted)  
4 tsp butter or olive oil  
1t apple cider vinegar (\*ground in a mortar & pestle)

1. Heat a large cast iron pan and add butter or oil, which ever you prefer.  
2. Sautee onions until golden; reduce heat, add root vegetables & garlic, & cook until the onions are caramelized.  
3. Deglaze with apple cider vinegar & a little stock or white wine. Cook out the alcohol, add chick peas & ground spices & a little stock until the dish has a saucy consistency.  
4. Reduce to a simmer & let reduce for 3 or so minutes.  
5. Season with salt & pepper to taste.  
6. Garnish with wilted spinach or chard & roasted pumpkin seeds, accompanied by warm nan bread.

Arlena's Salon

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# Money Matters

## The Future Brings...?

Steven Halliday

**A**t this time of year, my thoughts naturally turn to the coming year as it is the time for planning and budget preparation. My budgeting process involves examining external economic issues and their potential affects on the national, provincial and regional economic environments, and from this examination a determination of the best/worst case scenarios emerge. Coupling my own findings with those of the experts allows me to prepare a realistic budget, which in turn becomes our game plan for operational planning in 1999. Here's how I view the economy over the next year.

The international financial situation is still very uncertain, with continuing anxiety over the problems in Southeast Asia, Japan, Russia and South America. The problem is two fold - these countries are suffering from a variety of problems ranging from near bankrupt banking systems to corrupt governments to bankrupt governments. They are in no position to finance imports or start huge infrastructure projects which would be beneficial to their trading partners such as Canada. The second factor is that they are in a good position by way of their devalued currencies to increase their exports, something they need to do anyway to bolster their cash flows. This in turn will lead to additional pressure on North American producers of competing products. The net result is that Canada, and British Columbia in particular, will see a continuation of the current slowdown, if not slide into full recession. The latter scenario depends largely upon how our largest trading partner (the USA) fares as the result of the global situation. In any event, Credit Union Central of BC's Chief Economist Helmut Pastrick feels we in BC have seen the worst already, with our exports to Japan down by 1/3 in the first 8 months of 1998. This is offset by some gains in exports to the US (excluding lumber), with a forecast export drop of 5% to 7% for 1998. He assumes that with no further spread of the Asia-Pacific recession we will likely see a small gain in 1999. Therefore, my forecast for the overall Canadian/BC economy is for flat or minimal growth

over that of 1998.

Locally, our resource dependant economy makes us vulnerable to the weakness that sector of the economy is now feeling. Forestry, fishing, mining, pulp production and even Forest Renewal BC are all in bad shape, and there is no major recovery forecast for 1999. Northern Vancouver Island will no doubt feel some pain from this, which will affect retail sales, the housing market and sales of big ticket items. Here on the Discovery Islands, we are slightly but not entirely insulated from the worst of the fallout, and I anticipate a similar slowdown. People who can will spend only what they have to, but with a great deal of caution and an eye for value. The strongest segment of our economy is tourism, but I expect it to be a flat season in terms of growth, due mainly to the economic conditions in the countries that source us tourists, such as Japan and the USA. Poor conditions or even expectations of poor conditions will prompt people to defer or shelve altogether any travel plans they may have. It is fortunate we still have a low dollar and a growing eco and adventure tourism marketplace, both of which bode well for attracting the domestic tourist to the Discovery Islands. European travellers will also be a positive force for our tourist industry, but cannot replace entirely the loss of Asian and American travellers.

By the way, interest rates are forecast to decline from today's Prime Rate of 7.0% to 6.50% at year end 1999. All told, it will likely be a lean year in 1999. And by the way, you will note I have ignored any impact of the Year 2000 problem, which some forecast to be of enormous negative potential. Nor have we looked at the upcoming Quebec election, which could move the Canadian dollar in either direction. And finally, the fate of the stock markets will have a significant impact on how consumers will handle their finances - people who have suffered losses will be unlikely to spend. Good luck with your own budgets!

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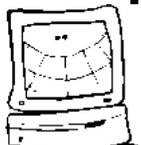
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Day	Time	Ht/ft
Sa	0015	3.3
1.0		
21	0705	13.8
4.2		
	1345	10.8
3.3		
	1700	12.5
3.8		
Su	0045	3.3
1.0		
22	0750	14.1
4.3		
	1435	10.8
3.3		
	1740	12.1
3.7		
Mo	0115	3.3
1.0		
23	0830	14.1
4.3		
	1530	10.8
3.3		
	1820	11.8
3.6		
Tu	0150	3.6
1.1		
24	0915	14.1
4.3		
	1635	10.8
3.3		
	1910	11.5
3.5		
We	0230	4.3
1.3		
25	1005	14.4
4.4		
	1740	10.2
3.1		
	2015	10.8
3.3		
Th	0320	4.9
1.5		
26	1050	14.4
4.4		
	1835	9.5
2.9		
	145	10.5
3.2		
Fr	0410	5.6
1.7		
27	1135	14.4
4.4		
	1925	8.5
2.6		
	2330	10.5
3.2		



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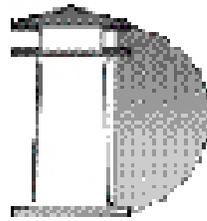
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