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#267 June 7th, 2002

Published bi-weekly and distributed free throughout the Discovery Islands by:

Hyacinthe Bay Publishing

PO Box 482, Heriot Bay, B.C. V0P 1H0 Tel.: 250 285-2234 Fax: 250 285-2236

Office hours Mon -Fri 9 am- 5 pm

email: news@discoveryislands.ca

Publishers: Philip Stone & Sheahan Wilson

Managing Editor: Philip Stone Assistant Editor: Ryan Stuart **Staff Reporter:** Tanya Storr

Cartoonist: Bruce Johnstone **Printing:** Castle Printing 285-COPY

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\$29^{.00*} for 6 months \$49^{00*} for 12 months (* plus GST)

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Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. Please help us by following these guidelines:

- Handwritten material must be printed clearly.
- Items prepared on a computer should be sent by email or saved on disk in Word or rtf to avoid us having to retype. Please NO BLOCK CAPITALS. No lines between paragraphs & please spell check in Canadian English, 350 words maximum for unsolicited material. No MS Publisher files or graphics in Word files. Send graphics separately.
- Please use the title of the item as email subject & send multiple items by email in separate messages.
- Please don't send original irreplaceable material make a trip to a copier first!!
- · Please remember to caption & credit photos and artwork. Don't write on the back of photographic prints, use PostIts or other labels.
- Artwork & photos sent by fax cannot be published.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline: 7pm Monday, June 17th



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Island Calendar

• Every Thursday-Jam with Moe,

Quadra Legion

- Every Friday Night Ron Hadley Jazz Pianist TsaKwaLuten Lodge 6 to 9pm
- ullet 1st Friday of every month-Open stage @ Yak Shak Coffee House 7:30-10pm
- Every Monday & Wednesday -Slo-Pitch nights 4-9 pm HBI Pub

June 8, Saturday

- Whirlwind Cape Mudge Hall Cape Mudge Hall 7:30pm

June 11, Tuesday

-Quadra Quilters Community Centre 9:30 am

-Town Hall Meeting Community Centre 7:30pm

June 15, Saturday

-Cortes Island Garden Tour 9:30 a.m. to 5:00 p.m.
-Lightkeepers Retirement Party Community Centre 6:00pm

June 16th, Sunday

-Exploring Quadra Hike Blindmans Bluff Heriot Bay Store

10:00am

-Father's Day Brunch One Sitting TsaKwaLuten Lodge 11:00am

-Potluck picnic for Pastor Purdy Rebecca Spit

1p.m

June 19, Wednesday

-Quadra Singer's AGM & Potluck Picnic Rebecca Spit 6pm

June 22 & 23, Sat & Sun

-Quadra Island Garden Tour, "The Quilted Garden Tour" $10:00~{\rm am}$ to $4:00~{\rm pm}$, \$12 ticket/map includes 2 days

June 22 Sat

-Smooth Edge Concert Community Centre 8:00pm

Island Calendar is a list of <u>on island events</u>. Please submit seperately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Thank you.







Quadra Island Farmer's Market

Our Farmer's Market is held rain or shine from the beginning of May to the end of September, every Saturday from 10:00 am to 2:00pm behind the Credit Union.

Vendors must be from Quadra or the outer islands. Setup charge is \$3 for adults and \$1 for kids. Bring your own table. Dancers, drummers, jugglers, musicians etc. are very welcome - this is our village green! Please have dogs on leashes.

Note that the CREDIT UNION PARKING LOT IS FOR CREDIT UNION CUSTOMERS ONLY! Farmers Market parking space is on Green Rd. Come and join us to make the Market the best it can be. Information: Dalyce 285-3180, Pauline 285-2076, Linda 285-3952

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QI Food Bank

The Quadra Island Food Bank will be changing it's days of operation beginning in June 2002. We will be open for distribution on the 1st and 3rd Wednesday of the month. The hours will remain the same,1.00to 2.30pm.

Quadra Singers Picnic Potluck & AGM.

Please join us for some fun, food, and talk. Maybe song? All past, future & present Singers or just interested. Wednesday eve at Rebecca Spit, June 19, 2002, 6 PM. Welcome John back! For info call Nancy at 285-3800 or Nanci 285-3105.

Islander Classifieds

Only \$7.50 per issue (includes GST)

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1181 West Rd waterfront home A park-like oceanfront property in wellprotected Gowlland Hbr. 1.8 acre with 1900 sq.ft. well maintained home, shop, lots of RV storage, nicely treed, easy beach access, southwest exposure & foreshore lease with good protected moorage. \$289,000



Oceanfront Acreage in Drew Harbour next to Rebecca Spit Provincial Park. The residential zoned portion has 155 feet of easy walk on oceanfront with sand & gravel beach & 1150 sq. ft. full basement home. The upper portion of the property is zoned commercial and fronts on Heriot Bay Rd with an existing 1500 sq. ft. commercial building \$349,000

Kanish Bay

6.79 acres - over 400 feet of ocean frontage on a peninsula, 1,280 sq.ft. shop/860 sq.ft. studio suite, well protected deep-water moorage, 300 ft deep drilled well - \$219,000

5 acre oceanfront properties - road access deep water moorage - northwest exposure drilled wells public boat launch on site -Starting at **\$82,000** to **\$146,000**

86.73 acres, oceanview acreage - good road access - public beach access in nearby Granite Bay - roughed in boat launch ramp adjacent properties min. 5 + acres, \$329,000

Lost

A pair of Co-op sunglasses, Sunday evening, June 2nd at Rebecca Spit. If found please call Angela Burns at 285-3663

Run Around Fun

Tuesdays at 10:00 am meet on the fields of the community centre for some outdoor fun. Let your kids run free! Bring balls, boats, kites or whatever you have! Bring a picnic. Suited for kids 2-7 years old but all ages welcome. Shine only! FREE. Starts June 18. Phone Jennifer @285-2429 or check out the summer rec guide.

RCMP News Release

Between 2002-05-21 at 21:00 hrs. and 2002-05-22 at 08:00 hrs. someone vandalized the rear doors at Cove Centre The Culprits injected glue into the door locks. Damage caused was several hundred dollars. If anyone has information with regards to this incident they may call crimestoppers and report the information anonymously.

Parting Party for Pastor Purdy

Dave will no longer be up to bat at Ouadra Island Bible Church. He will be belting it out for the Sparwood Baptist "team" come July. Here's a chance for all of you Wednesday night floor hockey men to give him a parting shot, or for you baseball fans, the final inning to put the tag on this fleet footed player and coach. As for us in the congregation we'll give him a good Bible thumping! Kidding aside, Dave has heard from The General Manager to take on a new position and we're going to miss him and Teralea. On Sunday, June 16th there will be a potluck picnic at the Spit starting at 1p.m. (or at the Cape Mudge Hall if it is pouring). Bring your plates, cutlery, something to throw on Swanson's huge barbecue (besides Dave), and a potluck dish/desert.

Social Dance

The Happy Wanderers' are hosting a 50+ Social Dance at the Campbell River Community Centre on June 22 from 8:00 pm to 11:00 pm. Enjoy the great dancing music of Norm's combo. Partners and singles welcome to come to listen and dance. \$5.00 at the door. More info 286-1161.

Town Hall Meeting,

ARE YOU HAPPY WITH YOUR PROPERTY **TAXES INCREASES?** The next Town Hall meeting by the ratepayers and residents will be June 11th, 7.30pm in the Community Center. This meeting will be about your property taxes and how they are spent. Debra Oakman, Financial Officer from the Regional District Office will be the keynote speaker. She will explain how the tax rates are established, how much money is collected and how it is dispersed. Bring your tax notice with you to the meeting and come prepared to question anything you need an explanation about. Debra will be bringing with her the Community Planning Officer from the Regional District and hopefully Bruce Williams, the senior CEO from the Regional District. These representatives should be able to answer any of your questions you may have related to property taxes and Regional District administration.

Representatives from the Quadra Recreation Society and the Firehall Trustees will be present to handle any questions you may want related to those tax rates.

A request for our MLA, Rod Visser, to also be in attendance was regretfully declined due to other commitments.

The results of prioritizing your local issues will be available during this evening. These issues will be the basis for the coming year's monthly meetings, which will begin on the last Tuesday of September 2002.



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Yak Shack Coffee House

This month, Friday, June 7th, we are featuring Julie, Duffy and Roy Lowe in support of the North Island Therapeutic Riding Society. Come early if you want to perform, The open stage will be limited to the first half. Doors open 7:00pm for a 7: 30pm start. Admission \$4- Performers & Students \$6- adults. Location Yak Shack Coffee House, downtown Heriot Bay. Should be a great evening. Dress warmly, we may be outside.

Dance with Whirlwind, Quadra's Own Celtic Band

Whirlwind will again be playing tunes to dance and listen to on Saturday June 8th at the Cape Mudge Hall, Quadra Island. For the past 5 years Whirlwind has been entertaining audiences on Quadra, Cortes and as far south as Victoria. Celtic music has seen a revival in the past few years and Whirlwind is an exceptional example. With six talented and versatile musicians Whirlwind plays music to listen and tap your toes to. The band uses 8 instruments including two fiddles, guitar, concertina, keyboard, flute, tin whistle and bohdan.

Bob Sutherland, Whirlwind's concertinist and fiddler, also calls the dances. There are line dances, Virginia reels and much more. New dancers need not fear. Bob's dance calling leaves all dancers floating on the dance floor.

The doors will be open at 7:30 so come and join in on the fun at this gathering for all ages. Young people, children and the elderly – all are welcome Entrance is \$5 at the door or \$10 per family. This event is a fundraiser for Quadra Island United Church and there will be desserts, coffee and tea available at the concession. Dessert donations are welcome. (please call Mimi at 285-3163).

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Celebrate Canada Day Quadra Style

Once a year, on July 1 we celebrate our country on Canada Day with family, friends and neighbours. This summer the Discovery Islands Chamber of Commerce invites one and all to join us in celebrating as a community! Festivities will include a cake decorating contest, performances and a spectacular fireworks display to cap it all.

Any performers wishing to stage their talents can contact John Waibel at 285-2121 for more information. Donations are being accepted to help fund the fireworks display and can be sent to DICC- Canada Fund, Discovery Islands Chamber of Commerce c/o PO Box 190, Quathiaski Cove BVC V0P 1N0 your contribution of \$25 or \$50 can greatly assist this event becoming reality. Donations of prizes for a silent auction also welcome.

High Speed Internet Co-op?

Could the answer to Quadra Island's need for high speed internet access be solved through a local cooperative? This idea is being explored by a number of interested parties. A cooperative venture it is theorized could establish an island network of high tech fibre optic cable which distributes internet access along the Hydro poles just like cable TV.

Fibre optic has a current data carrying capacity of over 10 Gbps as opposed to Cable which delivers a scant 30Mbs. Telephone, digital TV and Internet are just some of services such a network could carry. It is felt a fibre optic network is not only an obvious option but a sound investment in island infrastructure which could operate for decades.

The arrival of high speed internet from Telus or cable TV companies seems years away as our population is too low to make an attractive investment. However a fibre optic Co-op could possibly lease bandwidth to telecommunications companies such as Telus as a way to partner and prosper.

If you have information to contribute to this concept please forward comments to the Discovery Islands Chamber of Commerce c/o Box 190 Quathiaski Cove BC V0P 1N0 or email chamber@discoveryislands.ca

Lookout later this summer for a survey in this paper and later, news of a public information meeting as this idea takes shape.

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"Caring for children for community's sake"

This month at Quadra Kids we'll be creating a mural with help from local artist Leanne Hodges. We will be learning mapping and different painting techniques during the process.

7:30 a.m. to 6:00 p.m. Monday — Friday

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Quadra Sailblazers

The Sailblazers dinghies will be available on Sundays at the Spit in the summer. Anyone interested in having the use of them can call Frank Wallace at 285-2297.

Singer's Family Potluck Picnic & AGM

Singer's Family Potluck Picnic & AGM 2002 All singers are urged to attend Quadra Singers' Annual AGM and Family Potluck Picnic at Rebecca Spit June 19 at 6 pm.

Quadra Singers is a community non-audition choir and always looking for new members. We practice at 7 PM on Wednesday nights at the Quadra Community Centre beginning September 11 and have a Fall and a Spring session that culminate in fun and entertaining concerts in December and April. Fees are a deal at \$80 per session, with family and student discounts available.

We are lucky to welcome John Montgomery as our director this year returned from his year off full of renewed energy and inspiration! Come make wonderful music with us!

Parting Party for Pastor Purdy

Dave will no longer be up to bat at Ouadra Island Bible Church. He will be belting it out for the Sparwood Baptist "team" come July. Here's a chance for all you Wednesday night floor hockey men to give him a parting shot, or for you baseball fans, the final inning to put the tag on this fleet footed player and coach. As for us in the congregation we'll give him a good Bible thumping! Kidding aside, Dave has heard from The General Manager to take on a new position and we're going to miss him and Teralea. On Sunday, June 16th there will be a potluck picnic at the Spit starting at 1 P.M. (or at the Cape Mudge Hall if its pouring). Bring your plates, cutlery, something to throw on Swanson's huge barbecue (besides Dave), and a potluck dish/dessert.

Smooth Edge Concert

You've waited long enough! It's time for a Smooth Edge concert! Join Diana McKerracher, Lois Taylor, Kent O'Neill (guitar) and Ken Burns (piano & guitar) for an evening of acoustic music on Saturday, June 22 at 8:00 p.m. at the Community Centre. They've got lots of new songs to share and Duffy Frank is bringing his guitar to add an extra Edge to a few numbers. Tickets are available at Hummingbird (Quathiaski Cove), Quadra Crafts (Heriot Bay) and The Music Plant (Campbell River): \$8 advance, \$10 at the door. It's the perfect evening out after an inspiring day on the Quadra Garden and Quilt Tour. There's no better way to celebrate the solstice than an evening with Smooth Edge.



Billets Needed

Scala, a wonderful girls youth (13 - 21 vrs.) choir from Belgium will be performing here on Quadra on Sunday, July 7, 2002. So billets are needed for 46 youth, in pairs, for one night only. You would be responsible for bringing a potluck dish for a fun, group picnic at Rebecca Spit upon their arrival that afternoon, dinner, transport to and enjoy their concert, accommodation overnite, then breakfast before delivering your billet with a bag lunch to the 10:00 a.m ferry to Campbell River on Monday, July 8th. It's a rare opportunity to open your heart as well as your home. (They do speak English.) If you have any questions or want to share in this unique experience, pls call Carol @



Lightkeeper's Retirement Party

This Spring Wendy and Jim Abram retired after being lightkeepers for 24 years. Seventeen of those years were spent living and working at the Cape Mudge Lighthouse. Being lightkeepers is a lifestyle that involves the whole family – especially at remote sites such as Chatham Point and Boat Bluff where Jim and Wendy worked before their move to Quadra in 1985. Of course many will know Jim who continues serving the community in his other capacity as our Regional Director.

In celebration of their retirement from lightkeeping, Islanders are invited to a potluck dinner on **Saturday, June 15th**. The event will be held at the **Community Centre** with doors open at 6:00, supper at **6:30 pm**. Bring food, plates and cutlery. If you would like to help or need more information call 285-3648.

Exploring Quadra Hikes

Quadra Islanders and visitors are invited to join the Sierra Club on their "Exploring Quadra" hikes. This is a Father's Day hike on **Sunday June 16**th to Blindmans Bluff. Fathers bring your kids or kids bring your fathers to enjoy the views from this lesser known area of Quadra Island.

This trail begins from the woodlot off North Gowlland Harbour Road and winds it way to the high cliffs above the Copper Bluff area. Hikers should meet at the Heriot Bay Store Parking Lot at 10:00 am to carpool. The hike will be over by approximately 2:00 pm Bring a lunch & water, wear good hiking/walking shoes. Dogs are discouraged.

Upcoming Hikes:

Sunday July 14 Main Lake & Yeatman Bay 10:00am

Sunday August 4 Small Inlet/Waiatt Bay 9:30am

Sunday September 8 Shellalligan Pass 10:00am

For more information contact Richard at 285-2922

Free Your Vote Campaign

Canvassers are now collecting signatures of registered voters on a Citizen's Initiative to establish a proportional representation electoral system in BC. If enough signatures are collected, the proposal must be brought before the legislature or taken to the people in the form of a referendum.

Over 70 countries currently have some form of proportional representation where the number of elected members of government is proportional to the overall vote for each party. So why should we join this group? Because it will give our diverse views a voice in the legislature; because it results in better-informed public debate; and because it is a much fairer system.

The results of the last two elections in BC have not represented the votes cast. In 1996 the Liberals got more votes than the NDP but the NDP formed a majority government. In 2001 the Liberals got 58% of the vote but 97% of the MLAs, leaving 40% of the voters with inadequate or no representation in the legislature. Countries with pro rep systems have increased overall voter turnout and involvement of young people. More women and more people from minorities are elected.

This initiative is proposing a mixed pro rep system. One half of the MLAs would be elected on a riding basis so there will still be local representation. The other half of the MLAs would be elected based on the overall party vote. Each party getting more than 5% of the vote would get representation approximately equal to their percentage of the vote. A Free Your Vote newspaper explaining the proposal in detail is available from most canvassers.

Our electoral system is not cast in stone. At first only men with property could vote; then men of the proper ethnic background without property; then women; then Asian Canadians; then First Nations. Let us continue the improvement by changing to a pro rep system - a more fair way to elect our government.

The petition can be signed on Quadra at the Saturday Farmers Market and on Cortes at Trude's Cafe. Watch for canvassers at most public events. For more information call Delores Broten (935-6992), Fran Woodcock (935-6860) or Ken Roxburgh (285-2580)

Quadra Island Garden Tour

'The Quilted Garden Tour'

Mark your calendar and reserve June 22 and 23 for a really bright and colourful weekend. This year Quadra Island gardeners and members of the Quadra Island Quilters Guild are presenting the 'The Quilted Garden Tour'. The success of quilts in the garden last year has led to a second year of flowers and fabrics.

Quilts will be displayed in six of the eleven gardens on the Tour. There will be a quilt raffle and at one garden quilts will be offered for sale. All proceeds from the Garden Tour will go to the Quadra Island Community Centre Addition Project.

Several new and interesting gardens have been added to the Tour this year including a glorious rose garden. A large 'Constance Spry', a rambling 'Kiftsgate', scented 'Moss' roses, miniature 'Ballerinas' and the huge flowered 'Just Joey' are a few of over 100 species of roses found in this two and one half acre garden.

Also new to the Tour this year is a garden backed by a dramatic rocky bluff enhanced with nature's landscaping. Below it, colourful flower beds, rock walled, are planted to be "deer proof" There is also a "dry garden " and a large kitchen garden designed for low maintenance.

An old favorite garden on the Tour, with a dynamic view of Rebecca Spit, displays walkways, a fountain, gazebo, and small sculptures while rhodos, hydrangeas, roses and more overflow to the road edges. This garden displays the quilts for sale.

Gardens will be open for viewing from 10 AM to 4 PM both days, rain or shine. The price is \$12 per ticket/map, which includes a description of each garden. The Tour can be done in one day or two.

Summer dining on Quadra is always fun. Your ticket/map contains a list of restaurants offering a special discount or special menu - just show your Garden Tour Tickets. On Quadra Island tickets will be sold at the following outlets: at Explore Gallery, Heriot Bay Store, Village Gift Centre, Heriot Bay Inn and April Point Lodge. On the days of the Tour, tickets may be purchased from the Visitors Booth behind the Credit Union. For further Garden Tour information, please call Joan at 285-3665.



Cortes Island Garden Tour

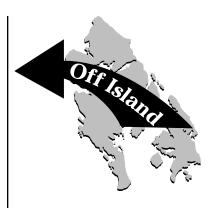
The Cortes Island Annual Garden Tour is taking place on Saturday, June 15th, from 9: 30 a.m. to 5: 00 p.m. This

one-day event includes nine beautiful and inspiring gardens, one of which is located on nearby Coulter Island. This site will require a short boat-ride, provided by the owners (Bring rubber boots, if you decide to visit this site, for wading through shallow water at either end of the trip.)

With advance reservations, you can combine a gourmet vegetarian lunch at Hollyhock Retreat Centre from 12:30 to 2:30 p.m. with a visit to their lush garden. (Call 250-935-6576 for reservations, at least 48 hours ahead).

This fifth annual tour is sponsored by the Cortes Island Museum and Archives Society, with proceeds contributing to the ongoing development of the museum and its own heritage garden - (also on the tour). Tickets are \$12 each and include a map and garden descriptions. They could be picked up at the last moment at the Whaletown Store, near the ferry, or from other stores on Cortes. Quadra Island patrons might consider car pooling, and catching the 9:05 a.m. ferry from Heriot Bay, which will leave you plenty of time to spend the day visiting an array of lovely gardens before getting the last ferry home at 5:50 p.m.

Don't miss this one-day event! We look forward to seeing you. For more information, call 250-935-8536.



Campbell River Garden Tour

Campbell River's 7th annual Garden Tour, June 15 and 16th, is loaded with inspiring ideas. It's also a sumptuous experience of colour, form and texture, both in plantings and demonstrations by artists. Eleven gardens will be featured, with seven of them new to the tour. The gardens range from creatively landscaped town lots to multi-acre properties loaded with plants. The tour includes lunch discounts and a garden lover's raffle. Call Campbell River Art Gallery for more info at (250) 287-2261 or art.gallery.crcn.net.

Cougar Annie's Garden

The Museum at Campbell River is organizing a second trip from Tofino to Cougar Annie's Garden at Hesquiat, Saturday, June 22nd. Ocean Outfitters' comfy "Miss B. Haven" leaves the dock at 11:00 a.m. to allow people travel time from this area. People interested in this magical guided garden tour (smoked salmon lunch included) are asked to register as soon as possible at the Museum. Summer hours are 10:00 a.m. to 5:00 p.m. Monday through Saturday; noon to 5:00 Sundays. Cost of \$170.00 for adults includes \$50.00 tax-deductible lifetime membership to the Boat Basin Foundation, which maintains the gardens. Call 287-3103 for information.



Ballads, Blues, Bossas 'N Bop

An evening concert of delightful swing and jazz tunes takes place at Mambos Cafe in the Merecroft Village on Friday 7th June. The concert will feature the sweet sounds of the Blue Monks Jazz Trio, with Bruce Hipkin from Cortes Island on piano, David Parkinson from Quadra Island on upright bass, and Greg Hill from Campbell River on drums. With their own dynamic arrangements and swinging grooves the Blue Monks brings a fresh feel to classic swing and jazz standards.

Don't miss this opportunity for an evening of irresistible improvisation and memorable melodies by jazz greats Thelonius Monk, Charles Mingus, George Gershwin and many others. The music begins at 8:00 p.m. on Friday 14th June at Mambos Cafe in the Merecroft Village Plaza. Tickets are \$8 general admission, \$6 for students and seniors. Advance tickets are available. Please call Mambos at 287-4440 for tickets.



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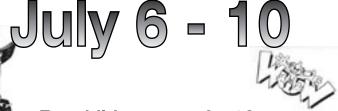
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Bus will pick up children:

9:00 am Heriot Bay & Cape Mudge Rd 9:05 am Animal Farm Rd 9:10 am Rebecca Spit turn off 9:15 am Heriot Bay Store

8:45 am Quadra Ferry

9:00 am Lighthouse & Joyce Rd

9:05 am Cape Mudge Village

9:10 am Quadra Building Supply

9:15 am Quadra School.

Children will be returned between 3:30 - 4:00 pm.

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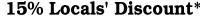


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Island Forum

Ferry Lane Expansion Project - An Update

Dear Islanders,

My letter in the last edition of the DI generated considerable interest in BC Ferry Corporation's plans for Q. Cove. Since that time Jim Abram, Noel Lax, Barrie Calverley and I have had the opportunity to study maps and drawings and discuss the project with representatives of the Corporation and a representative of the Department of Highways. I have also discussed this issue with the RCMP and many Islanders and am more convinced than ever that the project is dumb and totally unnecessary. This is a project out of control that does not solve any problems and may in fact cause problems where none exist.

These are the highlights: There is disagreement between the Corporation and the Department of Highways about a major premise on which much of the design is based – closing Rudder Road. Islanders made it very plain to BCFC that we want Rudder Road open. BCFC wants it closed, the department of Highways is not going to close Rudder Road.

BCFC plans to block the entrance to the parking lot at the bottom of the hill and erect another fence. They plan to cut down the hill and construct three holding lanes and two more lanes to get in and out of the parking lot. We will then have eight lanes of pavement. A concrete block retaining wall at least fifteen feet high will be built to hold up the bank. Rather than leaving the lot at the bottom of the hill we will be required to cross the road up the hill near the blind corner of Green Road. All of this is being done to create 23 more car holding spaces. The distance from the intersection at the parking lot up to the edge of Green Road is six hundred feet. That's room for 30 cars. On the uphill side of Green Road the double lane is another three hundred feet long, enough room for fifteen more cars. So what we have now is room for Forty five cars, twice what BC Ferry Corporation is trying to create. If this project goes ahead it will cost nearly one million dollars. If this project goes ahead we are going to get Horseshoe Bay.

I spoke with two constables of the Quadra RCMP detachment. They do not consider

the intersection at the parking lot or parking on the hill during overloads to be hazards or hazardous. One constable very plainly stated, "Quadra Island does not have traffic problems".

We asked the representatives from BCFC why they plan to proceed with this current design when such a giant project is not necessary. The short answer is that they are too far into the process to make any but the most minor changes (would you rather have rhododendrons or shrubs in the beauty strip?). It may not work but that's what we get because that's what they planned. BCFC should consider more sailings or a larger boat to solve the real problem; getting cars off the Island.

One Corporation representative stated not once but three times, that if there is too much opposition they would cancel the project. PLEASE BECOME INVOLVED.

Many people have called me hoping to be involved. Yes, you can help. A petition opposing the expansion is available. We need people to sit at tables at Quadra Foods and Heriot Bay Store with petitions. We need people to walk up and down the parking lanes with petitions. We need people to petition at the Farmers' Market. Please feel free to call me if you can help. We need everybody reading this to sign the petition, and to call your friends to sign the petition which reads "We the undersigned are opposed to British Columbia Ferry Corporation's proposed holding lane expansion project for Quathiaski Cove, Quadra Island".

You can also write, phone, fax, and email your opposition to:

Ann Carpenter , Communications Coordinator BC Ferry Corporation Unit 101 – $501-4^{\rm th}$ Street Courtenay, BC V9N 1H3 Tel: (250) 703-2331 Fax: (250) 703-2340 Email: ann.carpenter@bcferries.com

Our success depends on our involvement. It is crucial that you sign the petition and that you contact Ann Carpenter.

Sincerely yours,

Michael Stahnke

Parking lot access and holding lanes.

Editor - Discovery Islander,

Between half and three-quarters of a million dollars is the estimated cost for the impending BC Ferries improvements in Quathiaski Cove. Their proposal calls for an 8-lane wide concrete and asphalt approach to the ferry terminal, and includes two separate extra-wide lanes for access to the Harbour Authority's parking lot.

BC Ferries Communications Coordinator. Ann Carpenter, suggests part of their rationale for spending this amount is that the present holding lanes are unsafe. But this half- million dollars. probably more, provides a net gain of only 22 or 23 spaces before vehicles once again start backing uphill towards the shopping centre. It does nothing towards increasing vessel capacity to move people off-island. The emphasis is primarily on providing a new entrance to the parking lot and the small increase in holding spaces. This part of the overall Q Cove "improvement project" seems not to have been thoroughly thought through and consequently needs reconsidering, even at this late stage.

Other parts of their improvements make a lot of sense - like the proposed handicapped- accessible washrooms, proper sewer hook-up and warmth in the waiting room.

Whether it's fast food or ferries, BCFC management needs to weave into all its activities that constant attention to detail which tells customers the operations are being well run. The inappropriateness of scale and expense, as well as warnings already voiced about the intrinsic design shortcomings for the holding lane and parking lot access, should tell them something's wrong with this part of their proposal. Let's hope we are not going to have to pay for, and live with for years, another monument to bureaucratic ineptitude.

Articles, letters and artwork are all welcome for publication under Island Forum Opinions & endorsements expressed herein are those of the contributors and do not represent the views of the publishers.

If you would like to see an alternative point of view represented...submit something yourself.

Next deadline 7pm Monday, June 17th 2002

Planning for this project commenced some years ago. Since then our provincial financial situation has deteriorated, as we've all learned to our sorrow. We all know too well about health-service horror stories and the doctors, nurses, hospital, civil service and school etc. cut-backs and conflicts. Perhaps BC Ferries, planners have not recognised the change in public attitudes which has occurred since their proposal was originally conceived. But I believe that right now the public, and government, have very little appetite for spending big money on projects which have such limited benefit in relation to cost.

A phone call or e-mail could help BC Ferries understand the importance of reviewing the project - even at this late stage. Every call makes difference.

Ann Carpenter can be reached by phone (toll-free) through Enquiry BC at: 1 800/663-7867. Her number in Courtenay is 250/703-2331 and her e-mail address is: ann.carpenter@bcf erries.com

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Lucid Living

Darlene Booth RNC

am a dreamer. I am not reluctant to say that dreaming is one of life's most enjoyable pleasures. I look forward to the moment when I can close my eyes and enter the inner realms of another dimension. My nocturnal activities never cease to amaze me. Sometimes they teach me, sometimes they puzzle me and quite often they are a source of great amusement. It is a world of mystery, intrigue and ultimate possibilities.

I have worked with my dreams for many years now. Long ago, I learned how to take control of the dream if things weren't shaping up quite the way I wanted them to. For example, you are trying to flee from a source of great discomfort and your legs are pumping hard enough to break an Olympic record - but you are still in the exact same spot you started in! This is about the time I jump in and remind myself that "Hey, this is just a dream. Change the channel or just fly instead!" I've even woken up within the dream to relate the "dream" to my husband [while dreaming of course] and then in the morning telling him of my dream within my dream...somewhat like the Black Magic Chocolate box if you catch my drift. This has been described by some authors as lucid dreaming.

It was a real eye-opener when I realized that the lucidity had transcended my dream world into my everyday existence! It came to me the other day that life had taken on a rather surreal quality. It too, is a world of mystery, intrigue and ultimate possibilities. We limit ourselves with fear and insecurity. Our thoughts create our own reality. We truly are what we think. It is time to step out of the box and really experience all this world has to offer.

This means being open to all that comes your way. If you follow a map too closely you might just miss the scenery. Life is just like that. Stop trying to control it, just let it unfold. I am not advocating giving up responsibility. Personal responsibility is first and foremost on this journey. Awareness is what it is all about.

My husband works in Algeria and is away much of the year but we are in constant touch with the telephone and email. He may be physically absent, but he likes to keep informed of what is happening on the home front - it helps him stay connected. I get two or even three phone calls a day and he likes to know even the most mundane details of life at home, even what the weather is doing. One of his favourite questions is "What are you doing tomorrow?" As if I know!? "I don't know - I am not even there yet!" I reply, truthfully. I haven't even looked at tomorrow's slate...why bother...I am still working on today.

It is not that I don't have things pencilled in to my day timer. It is just that my brain is in the here and now. Living in the moment. Open to all possibilities. I may have a full day of gardening scheduled for tomorrow, but that does not always mean that is what I will be doing. Things change...the sky opens up. Wet stuff happens. What may have been a perfectly good gardening day, now becomes a fantastic writing day. Nothing is ever written in stone. Life is fluid. It flows. Go with it.

To live your life lucidly is to realize that you are writing your own script as you go; with your thoughts, with your actions and with your expectations. If you live your life expecting failure, of course you will get it. If you live your life open to all possibilities there is no limit to what you can achieve. You are full of gifts just waiting to be opened. Each and every one of us on this planet is here to be the best we can be. And each and every one of us deserves the best that this world has to offer. We have to wake up. step out of our own way and live up to our individual potentials.



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The Cost of Change

Steven Halliday

t the time of writing, Paul Martin, Jr. has just been handed his walking papers from his cabinet post of Minister of Finance. He was canned because he represented too strong of a threat to the power base of the Prime Minister, and his departure will be marked by two reactions. Firstly, the economic impact will be minimal, as the markets understand that Canada's fiscal policy is firmly in place, and the success we are enjoying on a national basis will not be interrupted by Martin's departure. Secondly, Mr. Chretien has accelerated his departure from office dramatically. The Liberal party is now clearly split, and I think Chretien supporters will be racing for the exits in a big hurry. Stay tuned to this space for more as events unfold.

Globalization - this is clearly the most pressing economic issue facing the planet today. Heads of state will gather shortly in Alberta for the G-8 summit, where they will grapple with the problems facing the world and work at mending fences between feuding neighbours. Today, the economic policies of the U.S.A. are creating friction between themselves and their trading partners, as they slap protective tariffs and duties on imports in what others perceive as an affront to the very principles the U.S.A. espouses as the leading cheerleader for global free trade. Certainly Canadians feel outraged at the new levies on our softwood exports, and members of the EU states are furious over US tariffs on steel. How is it that the U.S.A., the same country that has pushed, prodded and shoved it's neighbours into executing a North American Free Trade Act, are now acting in a manner more befitting a spoiled child? You know, sort of like the kid who greedily devours all his treats and then whines because his playmates still have goodies left. Trade policy is supposed to

be mutually beneficial, and many nations are now unhappy with the unilateral actions undertaken by the Bush administration. Now Congress has handed Mr. Bush limited "fast-track" trade authorization powers – but so what? The problem is that not many nations will be interested in free trade agreements with a country that is not following the dictums of agreements negotiated previously.

Many people view globalization with a great deal of trepidation, with good reason. Loss of sovereignty, loss of jobs and loss of national identity are 3 common fears. Now, Harper's Magazine has published an essay called "Unmade in America - The true cost of a global assembly line" (June 2002), which puts forward the view that America is becoming much more vulnerable as a result of globalization. It argues that American companies have been shifting basic manufacturing operations away from the company, in fact right out of the country altogether. It cites Dell Computers as an example: Dell manufactures nothing anymore. They simply assemble some 4,500 parts from hundreds of different suppliers around the world into a working PC. Missing a part? The whole line shuts down. This is a pretty far cry from Henry Ford's River Rouge manufacturing wonder, where raw iron ore entered at one end, and Model-T's emerged from the other. Ford controlled every step of the process, and produced every bolt. This business model no longer exists, and is viewed as prehistoric by today's just-in-time manufacturing/inventory advocates.

So great has been the rush to offload manufacturing capabilities to cheaper overseas suppliers that certain regions now have the capacity to bring entire industries to standstill. For example, 90% of the world's scanners and computer motherboards

are manufactured in Taiwan, mainly in a single industrial park. Events since then have shown clearly the problem – anytime there is any instability in or surrounding Taiwan, Dell, Hewlett-Packard and others fear interruption in their supply of parts. It even affects their stock prices, as nervous investors come to realize the extent of the company's vulnerability. September 11th caused massive supply problems as the world's air shipments came to a standstill. And now we see a further shift in production away from the U.S.A. (and Europe) to a new (cheaper, yet!) source – China.

There are many perils to globalization, but the vulnerability of a lack of critical industry is surely one of the worst. There is little doubt that Hitler's rise to power, and the ability of the U.S.A.(along with others) to later defeat him, were both due mainly to the tremendous industrial capacity and manufacturing skills possessed by these two countries. It is very doubtful that is the situation today.

A prolonged interruption of supply for whatever reason could be catastrophic to domestic production, and there is no reason to expect such an event not to occur. It seems that the pursuit of larger and larger profits has led our manufacturing sector to abandon their birthplaces, and in doing so they have left North America without the capacity to self-sustain. Globalization, true globalization, cannot be achieved until the entire world embraces the primary structure of democracy, and we are a long ways from that achievement. Until then, our vulnerability is great, and the threat emanates from regions whose stability is questionable indeed.

The world is a dangerous place, and today globalization is a dream for which we are not quite ready.







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International Children's Conference on the Environment Children Making a Difference

rom May 21st to May 26th I attended the United Nations International Children's Conference on the Environment in Victoria. I was nervous and excited at first, but I got over the nervousness. It was so amazing that I want to tell the rest of the world about it (or at least Ouadra Island).

The theme of the conference was "Local Change Can Make Global Change." We talked about environmental problems in other countries and what kids are doing to solve them. We also participated in workshops and field trips. My favourite parts were: meeting lots of people and making new friends, the Junior Board who were helping run the conference (not just adults) and Friendship Groups.

Friendship Groups were 12-15 kids who worked together daily. We drafted challenges to be presented by two child delegates to governments attending the Summit on Sustainable Development in Johannesburg in August. The challenges focussed on four areas: Water, Climate Change, Healthy Communities/Healthy Children, and Resource Conservation. I will write articles on each theme beginning with Water.

Most people who live in Canada don't get too worried about water, especially here on the west coast where it's really rainy. Canada has the most water of any country in the world, but we are more wasteful with our water than any other country We use 431 litres a day per person. In Uganda they use 8 litres.

Nothing would survive without water. It covers 75% of the earth's surface, so it seems like we have an endless supply, but "salty water accounts for 97.5% of the total, the remaining 2.5% is divided into solid form (ice), underground water, water in the atmosphere, and surface water" (UNEP magazine). Of all our fresh





Raffi meets with delegates at the ICCE

water, surface water makes up 0.5%. Not only is our fresh water limited, it is being contaminated. When it is polluted water is no longer the key to life, it is a threat to survival.

Humans cause water shortages and water pollution. Liquid waste from sewage, pulp mills, factories, and refineries are major sources of contamination. Water is also polluted by non-organic agricultural practices which use fertilizers, pesticides and other chemicals, the use of toxic household cleaners, and careless dumping of unwanted household or garage chemicals (oil, antifreeze, paint thinner...).

One of the presentations was by Ryan Hreljac from Ontario (ryanswell.ca). When he was six Ryan learned about serious water shortages in Africa. He thought it cost \$75.00 to build a well, so he started earning money. When he discovered it cost much more than that, he kept on saving. Ryan's dream is for all of Africa to have clean drinking water. He is ten now and has raised over \$500.000 for wells in Africa. "You can do anything you want if you try hard and really want to," (Ryan). Other presentations were by children in Columbia, India and Canada who are working on water cleanup projects.

Here are simple things you can do to protect water: Use nontoxic pest control, soaps and detergents. Never pour unwanted chemicals in the ground. Buy organic foods. Take shorter showers. Discover ways to conserve water in your home. Use water conservation devices on showers and toilets. Plant trees to hold soil moisture, especially along waterways. Discover your watershed and work to protect it.

Rowan Kehn (and Mom).

Island Report

May Day Roundup

by Tanya Storr

espite somewhat inclement weather, hundreds of islanders came out to celebrate May Day 2002 on May 25 at Rebecca Spit. The theme of Quadra Island's 104th May Day was 'Islands of the World', and the parade was a flowing archipelago of colourful floats. Cheering onlookers lined the road as the stirring sounds of the Campbell River Legion Pipe Band led the procession. Spanning a cultural mix from the cherry blossoms of Japan to the reggae music of Jamaica, the floats and parade walkers were a glorious celebration of islands.

M.C. Jim Abram welcomed everyone and called for a round of applause for the pipe band to start off the official proceedings. "Every year they get better and better. Let's hear it for the band!" he declared.



Photos: Above - May Queen Holly Ramer and above right, May Day revellers brave the occasional spring shower.

by Sheahan Wilson

Last year's May Queen, Sierra Fraser, introduced this year's Queen, Holly Ramer, and her court. Each year the May Queen is chosen through a speech contest. The speech with the highest score wins queen, with the two runners up as princesses. The May Queen and her court are grade six students.

In her speech, Queen Holly spoke about the history of May Day and how much the event means to her personally. Her escort, Ryan Moore, princesses Rosie Johnson and Kaylee Marlow, and their escorts James Binnersley and Kyle Donald flanked her throne on the stage.

Holly observed that Quadra's first May Day celebration was in 1898, and the colours



of the May Pole streamers are red, blue, and white after the British flag. One unusual game played during May Day celebrations in the past involved a pig covered in grease. The first person to catch the pig won the prize.

Queen Holly's Mayday speech

Good morning ladies and gentlemen. My name is Holly Ramer and this is my escort, Ryan Moore. I would like to congratulate and welcome this year's princesses Rosie Johnson and Ceilidh Marlow and their escorts James Binnersley and Kyle Donald. I would also like to welcome back last year's May Queen, Sierra Fraser and her escort Jordan Hollingsworth. Finally, I want to give my thanks to the Selection Committee.

The theme for this year's May Day is "Islands of the World", and I have seen some creative floats and costumes. May Day was the celebration of Queen Victoria's birthday that first started in the year 1898 and has been held for 104 years today.

The colours of the May pole ribbons are blue, red, and white. It has been a British tradition, so they did those colors after their flag. Their dresses used to be made out of crepe paper. My sisters and brother have all been May pole dancers as well as me.

Many games back then are similar to the games we have today, such as tug of war, sack races, and the egg on the spoon. One unusual game we don't have today is called the greased pig. It's a game in which whoever could catch the

greased pig, would claim it as theirs. But now we have the greased pole. At least who ever climbs to the top first gets money, and not a pig.

The first May Queen was in 1923, also that is when the first May pole dance was, too.

I think May Day is a time we share with friends. Also having picnics, and having races is a lot of fun for anyone. May Day has always meant a lot to me and always will. I hope you all can carry on that tradition. I have been coming here since I was a baby. It's one of the most important celebrations that all of Quadra can do together. I hope everyone has a wonderful day. Thank you.

The families of the May Queen, Holly Ramer, and the May Princesses, Rosie Johnson and Ceilidh Marlow, would like to thank everyone who helped make Mayday a special day for all of us. There is a great deal of work that goes into making everything go off without a hitch! We especially want to mention the people who loaned their convertibles for the parade, despite the risk of rain...: Kami Lee Robb, Darlene Booth, and George Nickoloff. Thanks! Cheryl Kramer and Murray Johnson.



May Day 2002 Parade by Darlene Booth

"My sisters and brother have all been May Pole dancers including me. May Day has always meant a lot to me. It's one of the most important celebrations where all of Quadra can come together," said Holly.

Just as Holly finished her speech by wishing everyone a wonderful day, the sky brightened a little as if on cue. Although sunny is too strong a word, the rest of the day was noticeably drier.

Community Recreation Coordinator Sandy Spearing gave the May Day dedication. This year May Day was dedicated to the paramedics, first responders, and firefighters on Quadra and their board of trustees, as well as the local RCMP officers, all of who make up emergency services on Quadra Island.

"When life is going along easily, we barely give this folks a thought. But then suddenly, when we or our loved ones are in extreme need, they become the most important people in the community! We are desperate for their attention . . . and magically, they arrive," Sandy noted.

She added that the island's emergency service personnel have spent many hundreds of hours training, becoming certified, learning about equipment, and learning what to do in emergencies, so that when they are needed, they are qualified.

"In the middle of the day or night, they respond to their beepers and rush out of their private lives to serve the community. They put their lives on the line to save our lives. Let's take this time now to show our gratitude and appreciation for their generosity of spirit," she said.

Fire Chief Murray Johnson and Ambulance Unit Chief Betty Doak went up on stage to receive the plaque, which Sandy said she hopes will hang in the new fire hall once it is completed.

Betty stated that the Quadra Ambulance Service began in 1982 and a large amount of volunteer hours have gone into the service. "On behalf of all those people I say thank you."

Murray said he would like to thank all

the Quadra Fire Department volunteers, past and present, including the original founders.

This year the grade three May Pole dancers were accompanied by musicians Miray Campbell and Bob Sutherland. Both boys and girls joined in the dancing, while their teachers Barrie Calverley and Kim Field looked on. Inger Crighton assisted with the dance instruction this year.

May Queen Holly awarded the parade prizes. First prize for floats went to the Volkswagon Island float, second prize to the Surge School float, and third prize to Quadra Preschool's "Konichiwa" Japan float.

Best children's costume went to the eagle on the Surge Narrows float, and best overall individual was awarded to Jason Booth for his "guy with spear" costume.

Best individual walker went to Maksym Andrejczuk in a pirate costume, and the "deserted island" won second individual walker. The Virgin Island nuns, Carol Woolsey and Geraldine Kenny, also won a walkers prize.

year's auction were April Point, Lovin' Oven, Heriot Bay Inn, Heriot Bay Store, Quadra Foods, Fat Travys, Marine Harvest, Landing Pub. and Taku Resort.

The afternoon's activities included face painting organized by Barb Mindell, the grease pole competition organized by Gretchen and Doug Peters, and several foot races. Quadra School teachers Jack Mar, Robin Beaton, and Murray Garland organized the races, with assistance from Joy Bird, Diana McKerracher, Ruth Niedziejko, Nadine Mar, and others.

Conditions for the sailing races were very good. Small boat race organizer Frank Wallace described it as "the best race we've had yet." Although the day looked unpromising to begin with, by the time the sailing races started the wind had picked up.

"The conditions were quite tricky and gave a premium to skills in sail handling," Frank noted.

Tavish Campbell, age 13, came first in a Laser, followed by Frank Wallace and Stacy



Maypole Dance

by Sheahan Wilson

Dan Bingham pedaled away with the first prize for bicycles, and second prize went to the "child flying geese" bike. Top prize for wagons was awarded to the "Shetland Islands".

The "people with spears" won best prize for group walkers, while "deserted island" pair Chloe Elias and Kelsey Booth took second prize. The energetic "walkers Jamaica" won third prize.

Jim Abram closed the official proceedings by thanking May Day organiser Sandy Spearing and the more than 100 volunteers who make the event happen.

"It's great to be a part of this Quadra Island tradition," he said.

The box lunch auction, organized by Debbie Manery and conducted by auctioneer/Jamaica walker Beaver Clandening, was a success. The donated lunches raised more than \$1,100 towards next year's May Day.

Businesses who donated lunches to this

Stewart in a Taser. Barb Turner came third in a Dandy, and won the adult honours on handicap because her boat is slower than the other two.

Big boat race organizer Brian Simmons was also very enthusiastic. "It was a great race. The wind was steady and fair, and the people who participated all did very well. As it turned out, the race was pretty close for all the boats which is what you want."

The winner of the big boat race was the *Critical Path*, sailed by Brian Simmons, Theresa O'Brien, their son Eamon, Rob McKerracher, and Paul Michel Simard.

Thanks go to the committee boat (John Zylstra and Bob Lasby) and safety boat (Dirk and Linda Van Der Minne) for their assistance with the races.

The May Day dance at QCC, featuring Alpha Ya Ya Diallo, was a big success. The dance floor was packed and the high-energy band kept everybody moving. Sunday Dennis and crew organised the dance.

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Quadra Island United Church

in Partnership with Campbell River United Church and Human Resources Development Corporation is pleased to announce two student summer employment postitions.

Two youth workers whose jobs will include being project leaders for Children's Summer Day Camps and other youth programs. The youth workers will design and lead 2 weeks of Day Camps.

All programs will focus on the "Virtues Project Values", which includes encouraging people to be the best they can be with a particular focus on peace. The programs will nuture the physical, emotional, intellectual and spiritual self. The programs will not focus on any specific spirituality or religious tradition. By creating a mediation space, such as a labyrinth, the program will honour each persons path of spirituality. Respect, Co-operation, Peace and Diversity will be the core values of our work and play

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Licensed Family Restaurant
Fri 5-9 PM, Sat & Sun 7 AM-9 PM
NEW DINNER MENU!

Pub 285-3539, Reservations 285-3322 Fax 285-2708

ACUPUNCTURE



M.B. Ch.B. M.A. D.T.C.M.

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Island Tides

For Quathiaski Cove June 8- June 23

June 8- June 23			
	Time	ft	m
8 SA	0205 1010 1630 2035	13.1 4.3 12.1 10.5	4.0 1.3 37 3.2
9 SU	0225 1030 1715 2115	13.1 3.3 12.8 11.2	4.0 1.0 3.9 3.4
10 MO	0 250 1045 1800 2150	13.1 2.6 13.1 11.5	4.0 0.8 4.0 3.5
11 TU	0320 1115 1840 2235	13.1 2.3 13.5 115	4.0 0.7 4.1 3.5
12 WE	0355 1145 1925 2325	13.1 2.0 13.5 11.8	4.0 0.6 4.1 3.6
13 TH	0435 1225 2005	13.1 2.0 13.5	4.0 0.6 4.1
14 FR	0045 0525 1305 2050	11.5 12.5 2.0 13.8	3.5 3.8 0.6 4.2
15 SA	0230 0620 1350 2140	11.2 11.8 2.6 13.8	3.4 3.6 0.8 4.2
16 SU	0450 0730 1435 2220	10.5 11.2 3.6 13.8	3.2 3.4 1.1 4.2
17 MO	0600 0855 1525 2305	9.5 10.5 4.6 14.1	2.9 3.2 1.4 4.3
18 TU	0655 1040 1615 2345	7.9 9.8 5.9 14.1	2.4 3.0 1.8 4.3
19 WE	0745 1225 1710	6.6 10.2 7.5	2.0 3.1 2.3
20 TH	0020 0830 1350 1800	14.1 4.9 10.8 8.9	4.3 1.5 3.3 2.7
21 FR	0055 0910 1505 1855	14.1 3.6 11.8 10.2	4.3 1.1 3.6 3.1
22 SA	0130 0955 1605 1950	14.1 2.6 12.5 10.8	4.3 0.8 3.8 3.3
23 SU	0210 1035 1700 2045	13.8 2.0 13.1 11.5	4.2 0.6 4.0 3.5



For June 9-15 While Supplies Last

It's Worth The Drive To Your

DELI

MEAT

Heriot Bay Store

Beer 99¢ Sausage

Chicken \$2.99Breast $\$6.59/\mathrm{kg}$

Potato 69¢ Salad

 $\begin{array}{c} \textbf{Top} \\ \textbf{Sirloin} \\ \textbf{Steak} \end{array} \hspace{0.5cm} \begin{array}{c} \textbf{\$3.99} \\ \textbf{\$8.80/kg} \end{array}$

GROCERY

McCain \$2.39 Hashbrowns 2 kg

Kellogg's \$1.99 Corn Flakes \$1.99

Kraft B.B.Q.
Sauce 455m \$ 1.89

Twinings $\mathbf{3.99}_{50's}$

Minute Maid Drink \$2.99 Boxes 10 Pak Island Farms
Chocolate, Strawberry 1.39
& Cappucino Milk

PRODUCE

B.C. Crop Sarly Nugget Potatoes \$2.18/kg

Asparagus

\$4.39/kg \$ 1.99

Red Seedles\$1.99 Grapes \$4.39/klgg lb

