

Discovery *Islander*.ca

Community News and Events from Quadra Island, Cortes Island and the Outer Discovery Islands



**Come on People- It's a Recycling Depot
Not a Garbage Dump!**

discovery **Islander**

Issue 380 October 13th, 2006

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Media and Publishing

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Submission Guidelines

Items for publication are welcomed on subjects of interest to the Discovery Islands community. Please help us by following these guidelines:

- Please print handwritten material clearly.
- Electronic items sent by email & must be saved as Word or rtf formats. Please spell check in Canadian English. Sorry no floppies.
- No MS Publisher, WordPerfect files or graphics in Word files please. Send imported graphics separately.
- Please use the title of the item as email subject & send multiple items in separate emails.
- Please don't send original irreplaceable material, make a trip to a copier first!!
- Please remember to caption & credit photos and artwork. Don't write on the back of photos use labels or Postits™.

While every effort is made to include all items submitted, errors and accidental omissions do occur and the Discovery Islander should be only one part of your publicity efforts.

Next Deadline

7 pm. Monday, October 25th

Fall has arrived...

The leaves are falling...

The birds are flying...

The roof is leaking....



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Island Calendar

Submit your event: eMail: news@discoveryislands.ca • fax: 285-2236 • drop-off: 701 Cape Mudge Rd.

The Regulars

- **Quadra Legion** - Now Open Fridays & Saturdays at 3:30 pm until 1:00 am
- **Every Monday** - Badminton, 7:30 Cape Mudge Hall
- **Every Tuesday** - Kalina Folkdancers -QCC, 7:30 to 9:30 pm, Sept.to Apr.
 - Sketching group at Firesign Studio 10 am-12:00 pm
 - Al-anon meeting, 7.30 pm at the Childrens Centre
- **Every Wednesday** -Yoga 9:30 am and 7:00 pm Community Centre
 - Community Kitchen 12:00 noon Community Centre
 - Badminton, 7:30 pm Cape Mudge Hall
 - Prime Rib Night at Tsa-Kwa-Luten Lodge 5:00 pm – 8:00 pm
- **Every Thursday** - Prayer Meeting, 7:00pm at Quadra Island Bible Church
 - 7-9:30 PM: Life drawing sessions at Firesign Studio 285-3390
 - Rib Night at Tsa-Kwa-Luten Lodge 5:00 pm – 8:00 pm
- **Every Friday** - Yoga 9:30 am and 4:00 pm Community Centre
 - Seafood Dinner with Rod Hadley Jazz Pianist 5:00 pm – 9:30 pm
- **Every Sunday** - Sunday Service QI United Church 10:30
 - Family Worship Service 10:30am Quadra Island Bible Church
 - Buddhist Meditation 10:00 am Upper Realm
 - Sunday Celebration, Centre for Positive Living - CRCC 10:20 - 11:20 am
- **1st and 3rd Wednesday** - Food Bank 1-2 Community Centre
- **3rd Sunday of Month** - Raw Food Pot Luck 5 - 7pm 285-3827

Next Deadline: Monday, October 25th 2006

Day by day

Friday to Sunday, October 13-15

- Steps to a Likeness: Portrait Workshop with Perri Sparks Firesign Studio 285-3390

Friday, October 13

- Artist Reception - Lucile Menard Explore 7-9 pm

Saturday October 14

- Goods and Service Auction Q.C.C. 7-10 pm

Monday, October 16

- Don McWatt - Island Specialty Nursery QCC 'Nature is my Guide' 7pm

Saturday, October 21

- CD release Sounds of the Ancients, Explore 1-3pm Chants of Hawaii and North America by Dragonfly

- Sunday Dennis, Hal Douglas Blues Band Aroma Cafe & Jazz Berry Jam performances 7:30 p.m.

- Kia Kadiiri Gorge Hall 8 pm

Sunday, October 22

- Quadra/Philippines Connection Meeting QCC Room 2, 1:00 pm

- Conversations with God, the movie QCC 7 pm, 285-3224, tickets at Explore

Tuesday, October 24

- Thich Nhat Hanh film Q.C.C. 7:30 p.m.

Saturday, October 28

- Peace Demonstration Comox CFB 2 pm

- Stop The Oil Rush!" QCC Doors open 7.00 pm

Sunday, October 29

- Cantabile (can-TA-bilee) Harmony and Humour Q.C.C. 7pm

Island Calendar online: www.discoveryislands.ca/news

Island Calendar is a list of on island events. Please submit separately for the **Island Calendar** and **News & Events** or indicate in your submission if you would like your event placed in both. **Following the text order exactly as above for email submissions is appreciated** (month, date, day, title, place and time), use the title as your email subject. Current advertisers welcome to submit events but not-for-profit items will be given priority. Thank you.

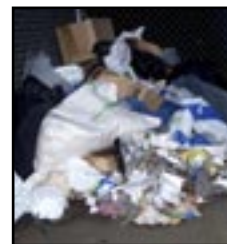
Next deadline for the

Discovery
Islander

October 25th

701 Cape Mudge Rd
news@discoveryislands.ca

On the cover



Garbage at the Quadra recycling depot. Photo by Jim Abram

Live Music

In the HBI Pub
Fri Oct. 13 High Strung
Fri Oct. 20 Gumbo Brothers

Dinner Jazz in Herons
Sun Oct. 15
Blue Monks

get your costume ready:
halloween in the pub Fri Oct 27
costume contest: the zanier the better

dinner reservations strongly recommended

All Canucks games televised...including pay per view!

Attention Island groups & businesses!
It's not too early to book your Christmas party for groups small or large
Let us make this Christmas memorable!

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Area J Regional Director's Report

October 13, 2006

by Jim Abram

First of all, I would like to tell the world that my daughter Melissa gave birth to a very beautiful baby girl named Kira Lee Maria on Sunday morning, September 24th at 6:01 am. She weighed 7 pounds 13.6 ounces. Do I sound slightly pleased? You bet I am. Wendy and I are extremely pleased and proud to be.. oh my god... grandparents!.... She and her husband, Dan, are enjoying their new role as proud parents. With that out of my system, I can now get down to my brief report.

OCP meetings

As you will see elsewhere in this issue, the time and place has been set for our first meeting on the review of portions of our Official Community Plan (OCP). The process will unfold and explain to you how we will be setting up four "neighbourhood" groups that will deal with issues around residential and rural development. These meetings, in general, will be focused on only these issues at this time. We want to have realistic expectations and realistic time lines so that we can move on to other areas of concern in the future. I hope that you will enjoy this process and that it will prove to be productive.

APC, QCA, and other acronyms

After many years of having a dedicated Advisory Planning Commission (APC), modelled on various types of representation from geographical to sectoral to random, I eventually disbanded my APC about a year ago. It was a difficult decision to make but a necessary one. The public perception had gotten way out of line with reality and the people that sat as volunteers on the APC were suffering from that perception. The only sure way to fix it was to end it. Which I did. So, that left a bit of a void in the "advisory" department. I have managed to this point but would like to put another body in place of a less formal nature that can help me out with this huge job of governing our area (not just Quadra, you know).

After the last planning process that the Regional District conducted (the infamous Bylaw Review), a grass roots group of islanders came together under the name of the Quadra Community Association (QCA) to try and deal with the by law revisions in the first case, and later to give advice on other issues to me as the Director for Area J. Having had a number of meetings with the group, we recently agreed that it would be beneficial if I was to put together a group of advisors in a less formal structure than an APC or the QCA. The model that I would like to try is similar to what I have suggested for these upcoming community meetings to deal with the OCP. I am suggesting that "neighbourhoods" should come together in informal meetings in someone's home or wherever, over coffee or tea,

or whatever, and come up with a person that they feel will represent that neighbourhood's interests to me, through a group of neighbourhood advisors. Now, bear with me folks... this is not completely formulated in my head at this point, but I wanted to share it with you in its infancy, like I did with the QCA, last week. I have come up with 13 "neighbourhoods" around the island and I would want to throw in my Alternate Director, if he was willing, for good measure.

I think that some of these groups could possibly be formed during the OCP group formation process since some of the areas will overlap processes. So, I intend to see how it plays out and how well received it is in general. If it doesn't work, then back to the drawing board.

I want to thank all of the past members of the QCA for all of the work that they did on the Bylaw revisions and to the present members for the time and effort they have put into working with me towards a solution that will see more public involvement in local government. For the record, I got involved in this business of representation for the very same reasons: Public involvement and local control!. Stay tuned, folks!

Recycling and garbage (there is a difference!)

Well... I must say that I have had some pretty discouraging days over the past month with regard to the beautiful recycling area that we constructed for household recyclables. I know it only takes one or two people that don't go along with the program to make it hard on the rest of the conscientious ones, but I really did expect a bit more from islanders in this case. We are a fairly knowledgeable group of people about recycling and about the benefits of doing it. We are also quite aware of the difference between pure garbage and recyclables. Yet there have been truckloads of garbage dumped at the site in the Cove a number of times this past month. It must stop or we will lose our site entirely. If this means more self policing, great!. If it means surveillance cameras, so be it. It would be unfair for all islanders to suffer for the actions of a few. Please help set this straight.

That's it for this issue. Feel free to call me between the hours of 8:30 am and 7:00 pm, Monday through Friday (not on weekends, folks!) at 285-3355, or you can fax me at 285-3533 or you can email me at anytime at abramfam@oberon.ark.com, or by mail at Box 278 in the Cove, V0P 1N0... Lots of choices!

Respectfully submitted,
Jim Abram
Director, Discovery Islands - Mainland Inlets (Area J), RDCS

Island Forum

Dear Editor,

It is not practical or logical to spend \$302 million dollars on a new regional hospital away from both Campbell River and Comox.

The locations of the existing hospitals are very convenient to these population centres and to the north end of Vancouver Island as well as nearby coastal islands.

If the \$306 million for a new hospital, plus the total of \$25 million for upgrades to the two existing hospitals was put together there would be over \$165 million for each hospital to become a first rate high tech facility.

Sincerely

Richard D. (Mickey) Smith

Dear Editor,

The Provincial Government recently mailed most of us a large format 4-pager entitled "What Choices Would You Make?" It's subtitled "Budget 2007 Consultation Paper" and seeks public input to the "Select Standing Committee on Finance and Government Services."

It asks us to rank 11 options in order of preference. It doesn't mention our ferry service, though it does have a category titled "Building infrastructure like roads, schools and hospitals." It also asks for a written-in answer to "Where do you think the budget should spend more?"

Unless you are happy with the government's legislated direction to BC Ferries to move continuously toward user pay, you should consider telling them the next budget should include more money for BC Ferries' infrastructure and for the "service fee" paid to BC Ferries for the operation of the "minor" routes which are our "road" connections.

If you've already burned the mail-out to start one of your first fall fires, you can access the form and fill it out online at www.leg.bc.ca/budgetconsultations. The deadline is October 20. The committee, consisting of six Liberals and four NDPers, will report on Nov. 15. If they hear a lot about ferry financing, it might give them some second thoughts about their present course.

John Sprungman, Chair

Campbell River-Quadra-Cortes

Ferry Advisory Committee

BC Ferries' Pt2 Is On Our Radar

by John Sprungman

Decisions which will determine the fares and the level of ferry service for Quadra and Cortes and the rest of the B.C. coast from 2008 to 2012 will be made by the provincial government over the next six to nine months. It has become clear that the corporate structure the government created for BC Ferries in 2003 has disadvantaged coastal communities by freezing service levels and significantly increasing fares without giving us an effective way to have our concerns heard.

Ferry Advisory Committees, nominated by and including many elected local government representatives from all over the B.C. coast, are now focused on influencing the conditions and price caps the government will specify in the second performance term (PT2) of the Coastal Ferry Services Contract which will take effect April 1, 2008.

As chair of the Campbell River-Quadra-Cortes FAC, I attended the annual general meeting of BC Ferries in Victoria Sept. 21-22 and met with the chairs of 11 other FACs. Together we represented all of BC Ferries' routes from the Southern Gulf Islands to Prince Rupert except the Mainland-Vancouver Island ferries. We also met for several hours with BC Ferries' President & CEO David Hahn and a number of his executives.

The information we gleaned from these meetings and from talking with each other made it abundantly clear that it is a high priority for coastal communities to establish a process for direct consultation between FACs and the provincial government so we have a say in the future of our

ferry services.

To pursue this, we will return to Victoria Nov. 17 to meet with officials of the Ministry of Transport. Meanwhile, our local FAC is meeting with BC Ferries' management from Noon to 4 p.m. Friday, Oct. 20 at the Maritime Heritage Centre in Campbell River. This is a public meeting. Concerns regarding our local ferry service also may be sent, phoned or emailed to any member of the committee. See the adjoining list of members with their contact info.

Seven members of our FAC had an informative meeting on Quadra Sept. 15 with Ferry Commissioner Martin Crilly. Since many of our FAC members are new, it was helpful to get an overview of the structure the government imposed on our ferry system. Having been a FAC member since 1997, I know the Coastal Ferry Act was legislated without any consultation with us or with the public. In future issues of the DI, I will attempt to explain this structure and the effects it has had on BC Ferries and on our ferry service. I will also publish regular reports on local issues.

I would like to thank all of the fine people who work on our ferries and in our terminals for their efforts over the summer to manage the heavy traffic we experienced. It is not an easy task under time pressure to deal with the number of overloads we have. We need some creative efforts to reduce the problems next summer, and the people who work on the ships and on shore must be involved for us to find solutions. We will also need a little help from Victoria.

QUADRA ISLAND WOODLOTS 25, 1899, 1611 – DRAFT WOODLOT LICENCE PLANS

Alex Hartford, Snarpen Contracting Limited (Mark Nighswander), and Rockview Resources Limited (John and Coleen Marlow) are holding a public review of their draft Woodlot Licence Plans (WLP's) for Woodlot Licence 25, Woodlot Licence 1899, and Woodlot Licence 1611.

Woodlot Licence 25 (Alex Hartford) includes 4 parcels of crown land and 1 parcel of private land. The crown land is located in the vicinity of Homewood (Block 1), Smith Road (Block 2), Open Bay (Block 3), and Valdez Road (Block 5). The private land is located in the vicinity of Surge Narrows (Block 4).

Woodlot Licence 1899 (Mark Nighswander) is located in the between Mine Lake and Surge Narrows and includes both crown land and private land.

Woodlot Licence 1611 (John and Coleen Marlow) includes 2 sections of crown land:

1) Heriot Ridge between North Gowlland Road, Hyacinth Bay Road and Thompson / Hope Spring Road, and 2) between Open Bay Creek and September Creek on either side of Valdez Road. In addition to the crown land, a small portion of private land located at Hope Spring Road is also included in WL1611.

The WLP shows the location of 'areas reserved from harvest', 'areas where harvesting will be modified', and 'general forest management areas'. The current silviculture status of land within these woodlot licences is indicated on these WLP's. The WLP is available for review by resource agencies and the public before approval is considered by the Ministry of Forests. Current approved operational and Management Plans will be made available for viewing at this time.

These draft WLP's are available for review and comment for a 45 day period. An open house for public review and comment will be held on October 19, 2006 in **Room 1, Quadra Island Community Hall between 4:30pm and 8:30pm**. Any interested members of the public are invited to attend. Please use the south entrance when entering the building. In addition to the public viewing, copies of these WLP's are currently available at the Vancouver Island Regional Library – Quadra Island Branch or can be viewed online at www.northislandwoodlot.com.

To discuss these WLP's outside of the public viewing time frame, please contact Alex Hartford, WL0025 (285-3148), Mark Nighswander, WL1899 (285-3548), or John or Coleen Marlow, WL1611 (285-2544). In order to receive consideration prior to WLP approval, comments must be received in writing by November 27, 2006 although comments regarding these WLP's are appreciated at any time throughout the year.

Mad Cowboy - A Documentary

'Mad Cowboy' is Howard Lyman's video based on his book 'Mad Cowboy: Plain truth from the Cattle Rancher Who Won't Eat Meat'. Howard Lynn is a fourth generation dairy farmer and cattle rancher. He became a chemical rancher and when he saw the destructiveness of what he was doing he changed his methods and became a vegan. His mission now is to expose to the public the danger and destructiveness of these cattle raising practices especially Mad Cow Disease.

This video is a must-see for anyone concerned about their health and the food they eat.

Mad Cowboy is being shown on Sunday, October 15 between 5 pm and 7 pm in Room 1 at the Community Centre in conjunction with the Raw Food Potluck. Bring a raw, vegan food item to share (sliced fruit and veggies is an easy idea) and enjoy.

For more information phone Joyce at 285-3827

Meeting for a Family Friendly Quadra

Creating Community for Kids, a local group of parents and interested community members on Quadra, meet together to plan and promote healthy development for the young children on the Island. Recently, parents in the Mom's and Babes group suggested that they would like to establish breastfeeding friendly areas on Quadra. This idea was brought forward to the Creating Community for Kids coalition, because, while Quadra is very breastfeeding friendly, it can sometimes be difficult to find a comfortable spot to feed one's baby. Parents who find themselves nursing in the cold rain, inside cramped cars while their toddler gets restless, wish for a comfortable arm chair in a warm corner of welcoming businesses. They hope to identify breastfeeding friendly areas with small signs or decals that would help nursing mothers readily find a safe comfortable place.

We'd be grateful to businesses that are interested in establishing such a spot and are asking the community for any comfortable chairs that they might be able to donate. You're involvement in this initiative is a wonderful way to support and foster healthy family choices and relationships on Quadra. Community involvement is crucial to making this endeavor possible. To all who respond, we'd like to thank you in advance for making mother's lives a little easier in promoting and enabling health for our next generation; as well as a warm thanks to the Upper Realm and On Root Greenhouse who have already indicated that they would be interested in becoming breastfeeding friendly sites. For more information please contact Natasha Rowe at 923-7734 or Lisa Scalapino at 285-2314.



Comox Strathcona
REGIONAL DISTRICT

Quadra Island Official Community Plan Review Public Information Meeting

Date: **7:00 to 8:30 p.m. on Thursday, October 19, 2006**

Location: **Quadra Island Community Centre, Main Hall, 970 West Road, Quadra Island, BC**

The Quadra Island Official Community Plan adopted in 1996 is in need of some administrative revisions to reflect current provincial legislation. Some areas such as Quathiaski Cove, Heriot Bay, south of Heriot Bay, and the southeast corner of the island may need additional attention at this time. To kick off this process, the CSRD invites you to attend our first of several public meetings. At this meeting various maps of the island will be displayed, as well as the general objectives of the current Official Community Plan. This meeting will be the beginning of the brainstorming process and an opportunity to join one of the proposed four steering committees for the areas mentioned above.

If you are unable to attend this meeting but would like to participate in the process, please forward your comments to kcruickshank@rdcs.bc.ca

***Enquiries
should be
directed to:***

Kate Cruickshank, Planning Technician, Community Planning Services
Comox Strathcona Regional District
600 Comox Road, Courtenay, BC V9N 3P6
Telephone: 334-6016 Toll Free 1-800-331-6007
Fax: (250) 334-8156 • Email: kcruickshank@rdcs.bc.ca

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News & Events

Book Now For Christmas Fair

The Quadra Recreation Society's Christmas Craft Fair will be held at the Community Centre on Friday, Nov. 24th. from 4p.m.- 9p.m. and Saturday, Nov. 25th. from 10a.m.- 3p.m.. To book your table please call Sue at 285-2742

Donate to the Halloween Fireworks?

At Halloween, we have a great fireworks display on Blenkin Field for everyone to attend. This costs money and we need your support in order for the display to happen. Please send a donation to Quadra Recreation Society at Box 10, Quathiaski Cove or drop by the Quadra Community Centre Monday-Friday 8-2:00 with your donation. Boom!

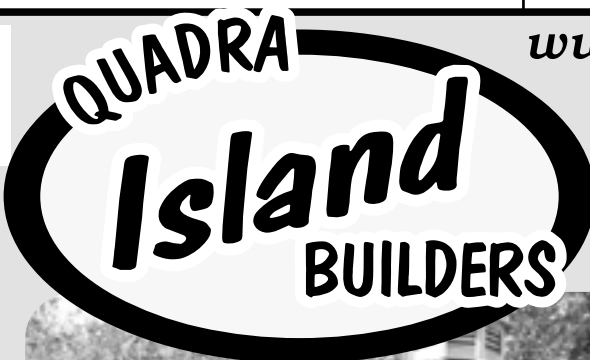
Surge Narrows C.A. AGM

The Surge Narrows Community Association's Annual General Meeting will be held at the Bunkhouse in Surge Narrows, Read Island on Sunday October 29, 2006. Free Hamburgers at 12:00

Bring a salad or dessert. Meeting starts at 1:00. New members and old are welcome. Come and join the community for \$10.00.

Hand Painted Silk featured at Explore

Feature Artist Lucile Menard's Hand Painted Silk Wall Hangings Bandanas and Scarves will be on exhibit at Explore between Oct 3rd and Nov 11th Reception Friday Oct 13th 7-9pm with musical guests Sunday and Jason, everyone welcome! Tues.- Saturday 10-5pm



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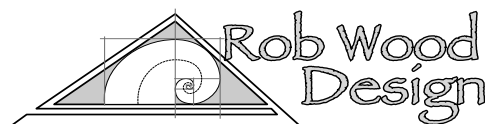
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Stop The Oil Rush!

The Sierra Club of Canada - Quadra Island Group is sponsoring a presentation "STOP THE OIL RUSH!" on Saturday October 28 '06

(Doors open 7.00 p.m. - Program commences 7.30 p.m.) at Quadra Island Community Centre.

The speakers will be Will Horter, the Executive Director of Dogwood Initiatives and Oonagh O'Connor, Oil & Gas Researcher for The Living Oceans Society.

Oonagh and Will are excellent speakers and knowledgeable on the subject of oil tankers in B.C.'s inland waters and the activities already occurring to promote offshore oil development on B.C.'s coast

Tanker traffic and the proposed lifting of the offshore drilling moratorium threaten serious harm to our coast and its abundant wildlife. A well-informed public is the foundation for protecting this Westcoast heritage, and you are cordially invited to attend this presentation.

Admission is free, though donations will be appreciated. Please mark the date on your calendar.

Folk, Blues & Jazz

Yes, Folk, Blues & Jazz can all be heard LIVE on the same stage at the Aroma Cafe this coming Saturday Night, October 21 at 7:30 p.m.

Sunday Dennis performs home grown island folk music with her sweet, mellow and haunting voicings. Get ready for an instant mood transformation and some inward deep soul searchings.

The Hal Douglas Blues Band will be returning to Quadra after their world premier performance at the Grotto in Courtenay. Again, this is the very first performance on Quadra of this homegrown roots blues band. This is not "my baby left me and I'm feeling blue" kinda blues; this is philosophy and karma and deep heart breathing lyrics written by our local guitar and song writer teacher Hal Douglas.

Finally the Jazz Berry Jam, still hot from a successful gig at the Haig-Brown Festival in Campbell River will also play tunes by Charlie Parker, John Coltrane and other Jazz greats.

Light supper, sandwiches, drinks, munchies and sweets are available at the Aroma starting at 6 p.m. & throughout the evening. Music starts at 7:30 p.m., Sat. Oct 24. Cost is \$10 for adults, \$5 for teens & kids are free so bring the entire family. Advanced tickets are available at the Aroma, Dave's Music Store & from Mimi at the Upper Realm. Come early for a good seat. Call Steve at 285-3323 for more info.

Mitlenatch - Neptune Project

The Mitlenatch Natural History Society would like to invite you to attend a presentation on the Neptune Canada Project. Dr. Brian Bornhold from the University of Victoria will be speaking on this fascinating topic at 7.30 on Friday, October 13th, at the Quadra Community Centre. Everyone is welcome (non-members \$2.50 at the door).

The Neptune Canada Project

The Neptune Canada Project is part of a U.S.-Canada venture to build the world's largest cable-linked ocean observatory. Designed as a cutting edge scientific observatory, Neptune is intended to reveal the awe and wonder of our earth-ocean system.

Neptune's innovative new approach will address earth-ocean processes far beyond the scope of traditional ship-based oceanographic exploration. Researchers will be able to study the interactive geological, chemical, physical and biological processes that make up the dynamic earth-ocean system.

What is NEPTUNE?

The NEPTUNE project will lay 3,000 km of powered, electro-optical cable over the Juan de Fuca tectonic plate, a 200,000 sq. km region off the coasts of British Columbia, Washington and Oregon. The Neptune cabled observatory will operate in water depths as great as 3,000 meters and will feature many seafloor nodes, each hosting a variety of sensors and experiments.

Knowledge gained through Neptune will be applied to many global and regional issues, including: biological productivity in the ocean, important for understanding changes in fish stocks earthquakes, tsunamis and other hazards to human safety life in the deep ocean occurrence of gas hydrates on continental margins modelling regional climate prediction and long-term climate change

How will NEPTUNE revolutionize ocean science?

Connected to the extensive underwater cabled observatory will be an armada of scientific instruments. The network will contain instruments positioned beneath the seafloor in boreholes, on the seafloor, and buoyed through the water column. Data will then be relayed to an operations centre in Victoria where it will be available in real-time to scientists, science centers, universities, schools, and museums across the nation and around the world.

For more information see www.venus.uvic.ca and www.neptunecanada.ca.

Welcome Back - Cantabile

Quadra Island is excited to welcome back the London quartet of harmony and humour, Cantabile (can-TA-bi-lee), the cream of male a cappella ensembles. Their recipe for dazzling their audiences? Imagine "The Nylons", with their smooth vocals and rhythmic arrangements; stir in the offbeat and very British humour of Monty Python; add years of refining and perfecting the harmonies, vocal ease, and a musical range from Classical to jazz to Broadway, and garnish with four good-looking guys in tuxedos - now, we're beginning to describe the riches that are Cantabile!

Founded as a student a cappella group, Cantabile got their start in a Tim Rice musical in London before turning to a headspinning global career. In the UK, Cantabile have sung in a huge variety of venues and programmes, including their performance of early polyphony through intimate jazz at London's Pizza On The Park, classical parodies before 40,000+ audiences attending the BBC's Proms In Hyde Park, and their premiere of a modern "musical Everest" at London's Covent Garden Festival. Overseas, they have toured extensively, from the United States (thirty-nine states!) to South Africa and Southeast Asia. Nearer to home they make frequent visits to Europe, appearing in theatres and arts festivals as well as guesting with established bands and orchestras, such as the Zurich Chamber Orchestra.

Over the years, many have had fun with Cantabile, who have serenaded Michael Douglas at a California party, sung with Harry Connick Jr. and the Cologne Philharmonic, clocked up an appearance at the Greenwich Royal Observatory where they sang the "Minute Waltz", relaxed onstage on the Q.E.2 while it steamed from Fiji to Australia, undressed with Cliff Richard and Tim Rice at a charity premiere in London...their list of feats suggests the catalogue of a musical adventure touring company!

Amidst the breakneck travelling schedule, Cantabile finds time to record, having just completed their fourteenth CD, Lullabies and Goodbyes. Their recent competition wins have included the Eurovision Cabaret Prize, first prize in Festival l'Humour des Notes, and showcase prize in Quebec's Vox Pare - Scene Plaisir. Their 2006-2007 touring season will see them debuting in South Korea and Hong Kong in September, and performing in North America in October where they will sing a program which includes Johann Strauss, Jazz songs by Dankworth and



Legrand, and some creamily lush West End/Broadway melodies.

A Cantabile performance is a wonderful evening out that gets the "feel-good" brain chemicals pumping. Join them at the Quadra Community Centre on Sunday, October 29th at 7PM. Advance tickets are available for \$17 on Quadra at Quadra Crafts and Hummingbird Stationery, and in Campbell River at The Music Plant. Tickets will be available at the door for \$20 for adults and \$10 for youth. For information, call 285 3245.

Thich Nhat Hanh Film

"Peace is Every Step" is a film about meditation in action.

This classic film is a profile of renowned Vietnamese Buddhist teacher, author and Noble Peace Prize nominee Thich Nhat Hanh.

Academy Award winner Ben Kingsley does the narration for this film which was featured at the International Buddhist film festival. Time: 7:30 p.m., Place: Quadra Community Center, Date: Tuesday evening, Oct 24. Suggested donation for room rental and the purchase of the film for our local library is \$5. Call Steve at 285-3323 for more information.

Figure Drawing Sessions

Figure Drawing Sessions at Firesign Studio: Please join us Thursday evenings 7-9:30 PM. \$15 drop-in or \$80 for 6 sessions with model (includes GST). Let's paint/draw together during sketch group Tuesday mornings 10 AM, \$4 - call Nanci 285-3390, 730 Smiths Rd.

Last chance for our portrait painting workshop, "Steps to a Likeness" with Perri Sparks, October 13-15. Demonstration and reception Friday night 7-9:30 PM only \$20, workshop package includes sat-sun classes 9 AM-noon, demo and studio time \$195. Firesign Studio 285-3390

Public Hearing Notice

BYLAW NO. 2959

Electoral Area 'J' (Discovery Islands
- Mainland Inlets)

Desolation Sound Rural Land Use Bylaw
1993,

Amendment No. 6

Saturday, October 21, 2006

Surge Narrows Community Hall,

Read Island, BC

1:00 p.m.

Bylaw No. 2959

This bylaw, if adopted, would amend the Rural One (RU-1) zone designation to permit one additional dwelling and one secondary dwelling limited in size to 80.0 square metres (861.1 square feet), for each additional four hectares (9.88 acres) of land in a parcel.

A copy of the proposed bylaw and related information may be seen at the regional district offices, 600 Comox Road, Courtenay, BC between 8:30 a.m. and 4:30 p.m., Monday through Friday, October 6, 2006 to October 20, 2006, excluding holidays or at www.comoxstrathcona.ca. At the public hearing anyone who has an interest in the property affected by the proposed bylaw will be given an opportunity to be heard.

Legally, the CSRD cannot consider any representations made after the close of the public hearing. If you cannot attend the public hearing, all written submissions (mailed or electronic) must be received by this office no later than 4:30 p.m., Friday, October 20, 2006.

Enquiries should be directed to:

Rob Milne, Planner,
Community Planning Services
Comox Strathcona Regional District
600 Comox Road, Courtenay, BC
V9N 3P6

Telephone: 334-6000

Toll Free 1-800-331-6007

Fax: 250-334-8156

Email: planning@rdcs.bc.ca

The CSRD is a partnership of nine electoral areas and eight municipalities providing nearly 100,000 residents with over 145 services - from parks to full-service sports facilities to regional solid waste systems.

 **Comox Strathcona**
REGIONAL DISTRICT

Freecycle

Campbell River & Quadra Island now have their own Freecycle Group. Freecycle was founded in May 2003 by Deron Beal in Tucson. The Network provides individuals and non-profits an electronic forum to "recycle" unwanted items. One person's trash can truly be another's treasure! Membership to Freecycle is free. It is a GREAT alternative to people throwing stuff in the landfills.

Freecycle is a place to give or receive what you have and don't need or what you need and don't have -- a free cycle of giving which keeps stuff out of landfills.

To date there are 3,806 Freecycle Communities World Wide and 2,701,554 Members. It is a fast growing grassroots and entirely nonprofit movement of people who are giving (& getting) stuff for free in their own towns.

Our main rule: Everything posted must be free, legal, and appropriate for all ages.

To find the Campbell River/Quadra Island group and to find more information about Freecycle go to www.freecycle.org

*click on Canada (left hand side of page) *then find Campbell River & Quadra Island under the BC section.

Introduction to Meditation

Six seats are taken and six more are still available for

an Introduction to Meditation class facilitated by Don

McEachern and Steve Moore.

The course will cover the seven-point posture for meditation and helpful suggestions from the Buddha, Thich Nhat Hanh, Jack Kornfield, Gary Snyder, Joseph Goldstein, the Dalai Lama, Joko Beck, Shunryu Suzuki and various zen masters.

Instruction, readings, zeroxing and meditation cushions are provided for free. Donations are accepted for room rental. Call Steve to reserve one of the six remaining seats at 285-3323.

Don & Steve have been meditating for several decades. Don assists Robert Beatty in his mindfulness retreats at Hollyhock and elsewhere. Lately Don has been doing several month long retreats on meditative absorptions (or Jhanas) given by the students of Ayya Khema. Steve has studied meditation under the Hindu Masters Swami Prabuddhanada and Swami Lokeshwaranada, the Sufi Master Pir Vilayat and the Buddhist teachers Zasep Rinpoche, Geshe YongDong and Thich Nhat Hanh.

Remember this is a course for beginners. An advanced course will be given latter.

The 2006 Goods and Service Auction

Saturday October 14, 7-10 pm at the Community Centre. A fun-filled event you won't want to miss! (Where else can you wave a paddle around without getting wet?) Come check out the deals at the silent auction, Chinese and raffle auctions - and of course the Live Auction - and treat yourself to the best Quadra and Campbell River have to offer. From dinners for two to weekend getaways to jewelry and quilts and firewood - it's all there for the bidding.

Door prizes, appetizers and refreshments. Proceeds to the Quadra Children's Centre.

Peace Demonstration

The black dog said "Let's Howl" & they all howled. Bush said "Let's get oil" & the generals planned a war & working class youth gave their lives in these blood-soaked desert sands.

There were, however, some complains throughout the land & so Bush got Canada to do Afghanistan.

Peace doesn't come easy....Bringing the boys (& now the girls) home requires us to get off our ass & lend a hand: U.S. out of Iraq, Canada out of Afghanistan, No war in Iran.

Millions on this Planet Earth are demonstrating for peace on Saturday, October 28, the fifth anniversary of the US invasion of Afghanistan. Locally it's 2 p.m. at the CFB in Comox. So take the noon ferry from Quadra.

Any old peaceniks or hippies still hanging around? Maybe some young folks who don't dig war? Call Steve at 285-3323 for car pooling or pick-ups from the Cortes Ferry.

The Vietnam war lasted 10 years. Will we wait that long to take an afternoon off and stand up for what we believe in?

Are we not all responsible for the future of Planet Earth?

This appeal may fail to move you. I'm aware of that.

I do it anyway. I simply cannot keep quiet, especially when the USA bombs and kills our guys once again when we are supposedly fighting for them. It's so painful for me to watch these wars and do nothing but lift a pen. We need to walk our talk with our comrades and declare an end to war. Come join us!



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Canadian **\$7.99**
Striploin Steak lb

Bone-In **\$3.49**
Pork Loin Chops lb

Burn's **\$3.99**
Campfire Bacon lb

Olympic Organic **\$3.99**
Yogurt 750g

R.W. Knudsen **99¢**
Spritzers 355ml

Assorted Flavours **\$2.99**
Pop Tarts 400g

Western Family **2 \$3.00**
Soft drinks or Carbonated Spring Water FOR 2L

Santa Cruz **\$7.99**
Organic Apple Cider 3.79L

Western Family **\$1.59**
Microwave Popcorn 300g

Western Family **\$1.79**
'Ready to Eat' Soup 540ml

Western Family **\$2.59**
Granola Bars

Bulk

Fancy **29¢**
White Rice per 100g

Yellow **09¢**
Split Peas per 100g

Black-Eyed **29¢**
Peas per 100g

18 Bean **29¢**
Mix per 100g

Produce

Organic B.C. **98¢**
Sweet Macintosh Apples lb

Organic Sweet California **\$1.88**
Baby Carrots 1lb Bag

B.C. Grown **\$1.98**
Nugget Potatoes 2lb Bag
Red, White or Yukon Gold

Deli

Black Forest **\$1.08**
Ham per 100g

Organic Gouda **\$2.98**
with Blue Cheese per 100g

Organic **\$2.18**
Bruschetta Salad per 100g

Pizza **\$1.18**
Pepperoni per 100g

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Smile Makers Kidz Klub is Back!

Kidz Klub is back at Quadra Island Bible Church for a new year, starting October 17th with our 8-week Fruit Festival. If you've been to SMKK you know what's in store. If you've never been to club, you need to come check out the fun! There's games, snacks, crafts, singing and Bible stories – not to mention the prizes to be bought with the Smile Bucks you earn each week. Please note the NEW DAY/TIME: TUESDAYS from 2:45 – 4:15. For more information call the church at 285-2020.

New Term for Letz Sing Community Choir

Singing is our birthright.

Our voice carries the sound of our souls, it reflects who we are- both liberating and integrating us.

The Letz Sing Community Choir is based on the philosophy that everyone can sing. We have been meeting on Quadra, Black Creek and Comox since the fall of 2004. Each group includes a wonderful mix of seasoned singers and those who are new to singing with others. We sing songs from a diversity of origins in the tradition of call and response. Each session includes a warm-up, the introduction of new material, as well as time to sing favorites from a growing repertoire of familiar songs.

This choir has no performance commitment. WE sing each week for ourselves and each other. At the end of each term there is a "Big Sing" where we gather on a Sunday afternoon to hear the full strength of the Letz Sing community together in harmony.

Letz Sing is part of the growing UBUNTU choir network.

UBUNTU Choirs believe that;

"Singing in harmony reminds us to celebrate diversity, and to practice deep listening. As such, it is a path to practicing the craft of building a peaceful world." Director Tina Erickson was trained in song leading by Shimon Robinson and Denis Donnelly of the Gettin' Higher choir of Victoria.

If you have been looking for a place to raise your voice in harmony with others come join us.

Monday September 25th.

3:00-4:30 at the Quadra Community Center.

\$77/11 sessions.

, every voice welcome!

For more information "letzsing.com"

Or contact Tina Erickson letzsing@crn.net 923-7709

If It Can Happen To Him, It Can Happen To You:

CONVERSATIONS WITH GOD in theaters this October

By Arielle Ford

Neale Donald Walsch never wanted his life story to become a movie. He didn't even "ask" to write a book. He certainly had no intention of writing 22 books, or becoming the NY Times best selling author of the "Conversations with God" series. Neale Donald Walsch was just a man down on his luck, out of answers, in desperate need of help, who cried out to God.

And then God answered.

In what became a series of late night "conversations," God revealed himself to Neale in an utterly earth shattering way. Walsch posed an endless stream of questions about life's mysteries and uncertainties, and just like that, God illuminated the answers, one by one, to all of Walsch's desperate cries. Walsch filled dozens and dozens of legal pads recording these conversations, and their messages became the basis for a book, and now-a major feature film.

"I turned to God for answers because I assumed he had them," says Walsch via phone from his home in Ashland, Oregon where parts of the film were shot. "I was feeling terribly sorry for myself, and was convinced God was out to get me. If he had all the answers, why couldn't he share them with me?" he asks. "If everyone else knew the answers, why couldn't I?"

Walsch, in the movie, is played with transcendent beauty by Henry Czerny. (Most recently seen in The Exorcism of Emily Rose, and The Pink Panther.) Set against the backdrop of southern Oregon, "Conversations with God," the movie, captures the rich landscape where Walsch's real life troubles actually occurred.

"Conversations with God" is an emotional film that follows the most difficult period of one man's life. But, just as the on-screen Walsch is buoyed up by the wisdom he receives from within and through God, viewers will leave theaters anxious to have their own conversations with God.

Centre for Positive Living will host a screening of Conversations with God on October 20, 7:30 PM and October 22, 1:30 PM at the Campbell River Community Centre, and October 22, 7 PM at the Quadra Island Community Centre. Tickets are \$11 and can be purchased at Explore and Inner Odyssey Books and Gifts. For more information please call 285-3224.

Garage Sale Recycling and Quadra/Philippines Meeting

The Quadra Philippines Connection invites the public to a general meeting to discuss current finances and future fund-raising garage sales. The meeting will take place at 1 pm on Sunday, October 22nd in Room 2 at the Q. community center. We will begin with a 10 minute video that gives an informative overview of IAT's work in the Philippines through an interview done by Shaw TV last year.

One of the main questions people always ask following the annual giant garage sale is "What happens to all of the remaining stuff?" As many of you are aware, even after greatly surpassing our financial goal at the end of each sale, a huge abundance of items still remain. RECYCLING is a huge part of this event and fortunately committed volunteers always come forward to help with this aspect. Everything is once more sorted through, this time to be sent off to many destinations including the Hospital Thrift Store, Nifty Thrifty and Salvation Army and this year, even books to the Campbell River Auction.

As well, Birthright and the Women's Transition House are often recipients of our remainders as well as the Philippines children themselves. Last year a member of a Campbell River church gathered clothing to be part of a container going to Africa. This year left-over clothing was gathered by an individual planning to distribute it during his vacation in Mexico. (Something to keep in mind for all you future travelers!)

Totally unsuitable clothing becomes rags for local mechanics and other items deemed "past their prime" are sorted for recycling under the categories of plastic, metal, cardboard and glass. Anything remaining that does not fit into these categories is taken to the Campbell River Landfill.

As you can imagine, this requires a tremendous amount of work and energy, and therefore the need for an adequate number of volunteers at the end of the day. That is the reason we request that people donate only truly saleable items. Unfortunately, computers have become a problem. This year a large carload of computers were taken to CompuCycle in Cumberland. CompuCycle "promotes the responsible disposal and recycling of computers, diverting hazardous waste from landfills, and re-use of computers to organizations and underprivileged individuals". Monitors are accepted for the recycling fee of \$10 and printers for \$5. Thankfully, CompuCycle agreed to recycle almost \$200 worth of left over computers from our sale for only \$80. For future we request that used computers not be donated to the Quadra Philippines Garage Sale. We are suggesting instead, that all used computers be taken to CompuCycle for redistribution. They can be reached at 250-336-8136 or <http://www.compucycle@iscn.ca> If you have any input about any of the above, please join us on October 22nd or call Carol at 285-3035.

Quadra RCMP Make Pot Bust

On 2006-10-05, QUADRA ISLAND RCMP executed a search warrant under the Controlled Drugs and Substances Act (CDSA) at an address on Whaletown Road on Cortes Island.

Police discovered an indoor marihuana grow operation at this location, seizing 88 plants. More significantly, it appears that this house was being used as a processing station for drying and packaging harvested marihuana. The majority of the building was dedicated to this purpose and it appears a number of people were involved in this criminal enterprise. Police seized approximately 75 kg of processed marihuana 'bud', much of which they believe was destined for markets off the island.

One adult male and one adult female have been charged under the CDSA with production of marihuana and possession for the purpose of trafficking. The investigation is continuing.

Since the initial arrests in this investigation, police have heard from numerous people who are fed up with criminals who take advantage of the laid back, friendly and accepting attitudes of islanders and bring this criminal activity into our backyards and the process tarnish the reputation of this beautiful island.

Illicit drug trafficking and organized crime are global problems of immense proportions. A 75 kg seizure of marihuana is not huge in the global sense, however, considering that 1 gram of marihuana will produce between 3 to 5 marihuana cigarettes or 'joints', 75 kg represents between 225,000 and 375,000 joints that will kept out of the hands of our youth.

We would like to take this opportunity to remind people that they can make a difference, just by passing on their observations of suspicious activity to the members of Quadra Detachment or by calling CRIMESTOPPERS. In either situation, they can rest assured that their identities will be protected and that one little piece of information may be all that police have been looking for to bring an investigation to a successful conclusion.

People often say that the problem is too large and that shutting down one branch of criminal activity just causes another to sprout up somewhere else. All I can say to that is that a small drop of contamination is easier to stamp out than a large drop, the point is to keep stomping. Where would we be if the environmentalists had adopted the attitude that the problem was too big, the polluters were too rich, etc. To paraphrase from their playbook, 'It's time to think globally and act locally!'.

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
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Friday Flicks Presents Eve and the Fire Horse

October 20th, Q.C.C.

Doors 7:30 – Showtime 7:45

Adm: \$4.75 - \$3.75 snr/stu

Eve, a precocious 9-y-o with an overactive imagination, was born in the year of the Firehorse, notorious among Chinese families for producing the most troublesome children. When her mother chops down their apple tree, Eve fears the worst. This must be an omen of bad things to come.

Her eleven year-old sister, Karena, comes to her aid with the authority of the elder and her pan-religious fantasies of spiritual sainthood. For Karena, religion is a feel-good umbrella, and she places a Jesus figurine on the mantle alongside the ceramic Buddha and Goddess already there. Next, she enrolls the two of them in a Catholic Sunday School in the hope that this will hasten assimilation. Others in the family circle aren't quite so ecumenical.

Eve faces the challenges of childhood in the pre-multicultural Vancouver of the 1970s with fanciful humour and wide-eyed wonder. The film enters the mystical imagination of the child and does so in a way that sparkles with visual magic. The cinematography has a pleasingly dreamy quality. The production design offers a non-glitzy take on period detail, aided by a winning combination of the '70's pop songs and crackly old records in Cantonese. The children give astonishingly mature performances.

Both a finely wrought period piece and a slice of delicately captured childhood, "Eve & the Fire Horse" is an exceptional feature debut for writer/director Julia Kwan. While telling the story through the optimistic lens of a child, she keeps sentiment on the sharp, rather than the Pollyanna side.

Asian American cinema, for all its development, offers few films for or about children. EVE & THE FIRE HORSE claims this territory, and in a way that's "funny, touching, and thoroughly enchanting" (*Toronto Globe and Mail*). Appealingly adult in its embrace of larger issues, and delightful for all ages, EVE luxuriates in warmth, candor and empathy.

(Variety, Globe and Mail, San Francisco Film Fest, TO Film Fest)



Making the World A Better Place

In September, Quadra School's grade 3 class hiked the Kay Dubois Trail. We explored the beach, built forts and enjoyed lunch in the sun before hiking out again. On the return hike, we put on rubber gloves and picked up litter - piles and piles of litter! The children were proud of their efforts as they posed beside our bulging garbage bags. We remembered the story about "Miss Rumphius" who made the world a better place by planting lupines - and everyone agreed that we made our world a better place by cleaning up the Kay Dubois Trail.



West Coast Gardens

Come out to the Garden Club next Monday and hear Don McWatt from Island Specialty Nursery in Chemainus discuss his philosophy for West Coast Gardens. The presentation titled 'Nature is my Guide' will discuss the gardener's relationship with the land - how the gardener influences land and how land influences the gardener. Don's gardens encourage the natural flora to coexist with domestic plants. He will explain how to combine the aesthetic garden with food husbandry. This wholistic approach will show us how to design our gardens for easy maintenance and creative sustainability. How can we allow our gardens to remain natural habitat for wildlife - what can we plant to encourage the birds to inhabit our home surroundings? He will discuss seasonal variety and how to respect the garden during times of summer drought. Don is a specialist grower and propagates domestic plants such as cyclamen, iris, hellebores, bamboo and native plants such as bulbs.

Join us at the Community Centre Monday October 16 at 7pm, new members welcome. Annual membership is \$10 which gives a discount at many local nurseries. Drop Ins \$2. We share plants, magazines, and garden knowledge. Bring something beautiful, practical or curiously interesting for the show and tell table. Anyone interested in showing off their largest, or oddest pumpkins and squash?

Explore Presents "Dragonfly"

Sounds of the Ancients

Chants of Hawaii and North America

Sat October 21st 1-3pm

Live performance and CD launch

Bring your drum... or not! Please join us!

Private Collection

An exhibition of art from private collections in our region at the Campbell River Public Art Gallery Oct 13 to Nov 4, 2006

Everyone is welcome to join us for the opening reception for this show on Friday, October 13th from 7-9pm.

The gallery is located at 1235 Shoppers Row. Hours are Tuesday to Saturday from 12-5pm. For more info call 287-2261.

QUADRA SENIORS- BR.91-B.C.O.A.P.O.

Our members had great fun at our Harvest Fall Fair, Oct 4th. Hat contests were won by Nicest hats— Doris McKenzie & Ruth Powell Funniest hats— Sophie & Peter Gregg Many Floral bouquets, produce and pickles, baking where enjoyed. Art Collections, Art by members, and Crafts were amazing.

Thank-yous go to- Judges Cathy Renda, from Rendas Gardening & Pruning. Barbara Van Orden-from Bill's Rockfish Co. & Quadra Island Library.—

Fall Fair Committee- Marshall Toelle- who put the Cornstalks up with the help of Martin Amiabel. Lyn Tenecke, Muriel Krook, Ruth Amiabel- Displays Also Help from Hanne & Claude Plouffe, Betty Toeie Ann & Cliff Hand-(kitchen) Ian Dryden (mikes), Shirley Duncan (Sec) pro tem.

Our Regional meet. Will Be Wed. Oct. 18/06-11:00 a.m Fanny Bay Community Hall Old Island Hwy.

Our Christmas Luncheon @ Coast discovery Inn Mon. Dec. 11th/06 11:30 a.m Phone Ruth 285-3801 If you wish to attend to either function . Our Nominating Committee- For 2007 are—Hilda Van Orden, Joy Inglis, Win smirfitt Emergency Preparedness next meet. Nov. 1st/06 at Legion

Get the vaccine - Not the Flu!

Public Health Nursing will be offering flu clinics on Quadra, Cortes and Read Island.

Those persons eligible to receive free flu vaccine are more than welcome to drop by and see us. For information on eligibility criteria please call the flu hotline at 286-4188.

Quadra Island

Tuesday November 7, 2006 1:00pm-3:00pm
Tuesday Nov 21/06 1:00pm-3:00pm Quadra Community Centre

Cortes Island

Wednesday November 15/06 10:30am- 12:30
Cortes Health Centre

Read Island

Wednesday Nov 15/06 1000am-noon Surge Narrows Elementary- Subject to weather conditions.

Celebrate The Elements

In this time of enormous changes for humanity and the natural world of which we are a part there is a need for a different approach to life, values and decision-making. It does not have to be complex. We can begin with respect, love and then celebration of the amazing universe and all its parts: Air, Fire, Water, Earth and Spirit. These are essential elements of all that happens on this planet and in our universe and need to be respected. As we develop respect for these natural forces we will not tolerate the deliberate destruction of the ecosystems, and the rampant use of domination, poisons and the justification of greed, which is now threatening our planet. Developing a relationship with the elements of Nature moves us toward addressing and finding solutions to the huge amounts of suffering experienced by the majority of the 6 billion human and countless other inhabitants, and the pressing need to reverse the damage to our planet, its life supporting systems.

The Pagan approach of celebrating nature can be reclaimed as a sacred ritual to replace the destructive and dominating paradigm of the last few thousand years. Let's get back to basics and celebrate the natural forces, which the Pagans call the Goddess or Mother Earth. The celebrating of those natural events such as the solstices and the equinoxes and the full moons are part of respecting the natural forces free of any religious dogma. We can take time and celebrate the elegance of nature more often - it's magical and powerful.

A workshop on the celebration of the elements will be held on Quadra, November 11/12 for those interested. It will be based on the tradition of the reclaiming approach to Wiccan knowledge (www.reclaiming.org) as they fit into the 21st century. For more information call Michael 285-2330.

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NOTICE OF MEETING

*Campbell River/Quadra/Cortes Island
Ferry Advisory Committee
Friday, October 20, 2006
Noon – 4:00 pm
Maritime Heritage Centre
621 Island Highway, Campbell River*

The Campbell River/Quadra/Cortes Islands Ferry Advisory Committee is holding a meeting as noted above. Members of the public are welcome to attend.

If you have any questions you wish to raise with the committee or with BC Ferries, please bring these to the attention of a committee member prior to the meeting. If you wish to address the committee, please provide advance notice to a member of the ferry advisory committee, noted below.

Agenda items for this meeting include:

- Report from the Marine Superintendent
- Coast Card Update
- Performance Term Two – Coastal Ferry Services Contract
- Tax Deductible Commuter Cards

Minutes of committee meetings will be posted on the BC Ferries Web site at www.bcferries.com.

The following persons may be contacted as members of your ferry advisory committee:

Campbell River	Mary Storry	(250) 286-5710
Quadra Island	Bob Brown	(250) 285-2907
Cortes Island	Jenny Hiebert	(250) 935-6488

For more information, contact one of the committee members (above) or Pam Young, A/Community Relations Manager, Tel. (250) 890-7879, or e-mail pam.young@bcferries.com.

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Quadra Vertical Climbing Wall at the Community Centre

Some of you may be wondering about the climbing wall that was put up at the Community Centre a year or so ago. There is a small group of people running the wall at this time. If you are at all interested, we would welcome your assistance or input.

The wall will be open from 4 - 6 pm on Wednesdays, starting October 4. The cost to climb at that time will be \$5.00 per person. There are a few shoes for use, as well as the other equipment required to climb.

The wall will also be available for interested groups, under the following conditions:

1. Cost to climb is \$2 per climber with a minimum charge of \$10. This is in addition to the Hall rental fee of \$20 for 2 hours.
2. If belayers are required, a week's notice must be given in order for those individuals to be contacted.
3. Hall rental must be booked with the Community Centre directly.
4. Payment is due at the start of the climbing session and may be given to the club belayers.
5. Contact names for belayers or information about the Quadra Verticals group,

Matthew James - 285-2201

Adrianne Davis - 285-3242

If there is enough interest, it would be great to see an expanded climbing club on Quadra. There are a few places to climb outdoors around our island and if you are interested in developing some of these places or finding out about outdoor climbing on Quadra or know of places that you would like to share with others, please contact either Matt or Adrianne as we, and a few others, are interested trying to broaden the horizons of Quadra Verticals.

Climb on!

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Kia Kadiri – Feel This

Plays The Gorge Hall- Cortes Island

Sat, Oct 21

TICKETS AVAILABLE AT THE DOOR - \$15.00

In the last 5 years, Kia Kadiri has become a west coast phenomenon. Drawing on hip hop, jazz, funk and soul to create a sound that is truly universal, she has emerged as a stand out artist from a scene that has produced some of this country's most exciting urban artists.

Born to a Nigerian father and Irish mother in Liverpool, UK, she spent her formative years in Victoria, BC where she got involved with musical theatre and became active in many community and youth outreach programs. Once out of High School, she was soon established on the local music scene - cutting her teeth at local MC battles with urban contemporaries like Prevail and Moka Only, while holding down various weekly club nights with her live bands D.I.G.G. and Stirfy. At the same time she was mentoring under some of Victoria's best jazz musicians and winning jazz camp scholarships to the Victoria Conservatory of Music, and John Capon's renowned Summer Jazz Academy at Malaspina College in Nanaimo.

In 2001 Kadiri relocated to Vancouver where she was instantly in demand as a live performer, recording artist and conscious member of the urban community performing regularly at benefits like Sistahood and Rock for Choice. Her credits are as wide ranging as her skills and interests: she was a featured vocalist on last year's Battleaxe Records release from LA underground hero Abstract Rude; she's recorded with indie queen Kinnie Starr and features prominently in her recent video Nearer; her duet with Prevail on the track Cabin Fever was released on Lester's debut on Netzwerk Records; and she has done voice-over work for Xbox, the Ham Terro cartoon and several Vancouver area radio commercials.

Now after almost a decade of turning heads, Kia has released her debut full length recording "Feel This", on Maximum/Universal. Kia's eclectic vision really shines through on Feel This and the 16 track epic is a powerful document that is deep in both musicality and lyrical consciousness; it features everything from anti war outcries to infectious power-to-the-people rave-ups.

In the last decade hip hop has emerged as the worldwide voice of a new generation and a mode of artistic expression that knows no bounds. Kia Kadiri has the artistic depth, vocal skills, dynamic stage presence and universal message to become a shining new beacon for that movement and the release of Feel This marks a bold step into the spotlight for an artist who's time has come.

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Latin Sounds to Raise Funds for New Society



The North Vancouver Island Canadian Latin American Society (NORVICLAS) is a newly incorporated, local non-profit organization. NORVICLAS is committed to facilitating the successful settlement and integration of Latin American individuals residing in Northern Vancouver Island and the surrounding islands; promoting, teaching and sharing the Latin American heritage; and offering occasional humanitarian support to emerging or disaster-stricken, local, national and international communities.

NORVICLAS will be holding its first cultural fundraising event, on October 21, 2006 at Quadra's Community Hall, from 6:30 to 11:30 p.m.

Quadra Islanders and Campbell Riverites will have the opportunity to dance to the beat of Alfredo Echevarria and Tchadas Leo's Latin rhythms; swing with Blue Moon Jazz Band; and enjoy Claudio Cartagena's selected South American, Caribbean and North American D.J. pieces. Adding to this musical kaleidoscope there will be Mexican and local treats available at the Community Hall concession.

The cost for this family event will be \$10.00 (adults) and \$ 5.00 (children under 8), in advance, available at Hummingbird in Quadra and at the Musicians Trading Post in Campbell River. Prices at the door will be \$12.00 and \$ 7.00, respectively.

Those interested in volunteering for this event may contact 830 0611 or 923 7963 (evenings) or leave a message



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from Our School Board Trustee

by Helen Moats

In a recent Globe and Mail newspaper, a fascinating article entitled "It's Like You Think I'm Your Slave or Something" puts forth a powerful argument in favour of children helping with household chores. To quote the article, "In a University of Minnesota study beginning...in the late 1960's, kids were followed from the age of 3 until their early 20's to determine what features of early childhood were good predictors of successful adulthood. Findings revealed that the most reliable gauge for kids' futures wasn't intelligence or affluence or family stability. It was whether or not they did their chores". In explanation of her conclusion that "chores are good for kids because they instill in them a sense of altruism, an unselfish interest in helping another person", Prof. Marilyn Rossman states that "it's one of the only activities in a child's life where they contribute to something larger than themselves, i.e. the family unit. This lays the groundwork for successful integration into society and the workforce. It also builds self-esteem."

My immediate "yes" gut reaction to the idea aroused my curiosity and I started to mull it over. Much time has been spent in Western psychology studying the forces which affect human development; much time in philosophy discussing the qualities of a "successful life". Although particular cultures and religions undoubtedly have some agreement on the answers, these age-old questions still have the power to generate disagreement among people. Even so, "chores are good" seemed down-to-earth commonsense.

I settled on two primary needs that are satisfied when children do chores. The first is a sense of belonging. Unlike Rossman, I

think that the idea of reciprocity, rather than altruism, creates meaning in the chore department. Contributing to and accepting some responsibility for the group, be it family, school, or other community entity, is basic to really feeling part of it. As one accepts the responsibility to contribute, one feels freer to expect the same of others. We call this the "social contract". Thus, my family eats together, and therefore we should all share, in our own ways, in the gardening, cooking, and clean-up. I enjoy the benefits of my school, and must therefore contribute by keeping my desk tidy, taking care of others, and contributing in my own way. Participating in a community means that I both give and take. It is a powerful dynamic.

The second need that is satisfied is the drive for independence; the bonus is the self-respect which growing independence and inner capacity strengthen. The practical learning that takes place through chores helps children toward self-reliance and the knowledge essential to looking after themselves. Helplessness, the root of so many life problems, is countered with know-how and experience.

Be they family, teachers, coaches, or friends, adults who care for and about children must provide opportunities for them to take growing measures of responsibility within family, school, and community structures. Whether in or outside the home, adults who help children to do their "chores" by teaching, modelling, and sharing co-operatively, strengthen everyone involved through both the activity and the relationship. Challenging as it may be at times, we owe it to them and their futures. It is our chore and our delight.

Until next time, Helen Moats 285 3560

The Quadra Island Annual Golf Tournament would like to thank the many generous and supportive individuals and businesses that contributed to our successful golf tournament.

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Halliday's Viewpoint

by Steven Halliday

Easy Riding

One of the impacts of rising gasoline prices has been a renewed surge of interest in smaller vehicles, with motorcycles and scooters becoming a much higher proportion of roadway traffic. Notwithstanding the fact that prices have been falling steadily since early August (Canadian average fell from approx. \$1.19 to \$.93 per litre since then) gas prices have risen an average of about 10.5% per year when measured from the 2004 low of \$.69. As a side note, it is interesting how fuel prices drop sharply in the months leading up to US national elections - Bob Woodward's new book "State of Denial" depicts a scene of newly re-elected President G.W. Bush thanking Saudi Prince Bandar in the Oval Office for increasing the oil supply in the months leading up to the November 2004 election, after which prices immediately skyrocketed again...but I'm sorry, I digress.

While fuel prices were not the only motivator, my wife decided to acquire a 2-wheeler last fall. She originally bought a street/trail combination Yamaha but quickly decided she wanted to be closer to the ground, and she now owns and operates a large touring bike - a Suzuki Marauder 800. She had previously owned motorcycles but had never obtained a Class 6 motorcycle endorsement; she realized that while she knew how to ride; she really didn't know how to ride safely. So she did the smart thing by seeking expert guidance, and consequently has been riding happily and safely since October 2005.

Since then I have been undergoing some degree of gentle persuasion, such as...*I know you'd love it... motorcycle riding was a blast...taking trips together would be such fun...* I think you get my drift. I held out valiantly, citing a variety of perfectly good reasons not to acquiesce, but my defenses were eventually worn down as my curiosity increased, particularly after looking at several new motorcycles. Having decided to get a bike, I then followed Norma's path and contacted Comox Valley Driving School in Courtenay, who offer the only ICBC Motorcycle Certification Program on the North Island. Proprietors Rod and Wendy Wiseman are qualified instructors and experienced riders, and when faced with a class as large as ours (13 people) they work it together. The entire course, which, if fully completed, almost guarantees success, lasts about 30 hours and is very intensive. The first 10 hours are conducted in a classroom setting

on a Thursday and Friday evening, and consists of general motorcycle knowledge, road rules and safety (with heavy emphasis on safety) - certainly necessary but nonetheless yawn inspiring. However, this is followed by an all-day Saturday familiarization with the school-supplied bikes in a large vacant parking lot. Sunday sees you sharpen your skills on the parking lot in the morning, followed by the Motorcycle Safety Test. Rod and Wendy are certified examiners, and providing you pass the MST you'll spend Sunday afternoon tooling around the Comox Valley. An additional 4 or 5 hours of road work on Monday is your final prep for the Motor Vehicle Branch administered exam, which if all works out you'll pass on Tuesday. As you can imagine, you will eat, sleep and breathe motorcycles for the whole time - it's unavoidable.

My class provided a very diverse group, with ages ranging from late-20's (I assume) to mid-to-late 50's - six women and seven men. None of us had anything beyond basic motorcycle knowledge, and boy did it show, once Rod and Wendy had us trying slow turns and slaloms. You see, as Rod explained it, motorcycles are like bicycles - once they reach a certain speed (say 8 kph) they are inherently stable and tend to stay upright, and are then consequently easy to ride. But under about that speed they are inherently unstable, and mastering the skill of slow riding is absolutely nerve wracking as the bike seems to desperately try to buck you off, but is an essential skill to master. It certainly didn't help to see Rod do handstands and other unlikely tricks on his bike at slow speed, but it was indeed inspiring to us all. But by the end of the first parking lot exercises we all could (albeit somewhat unsteadily) ride in lines and circles and navigate the cones, though by no means were any of us confident, nor competent, and it was obvious we all had a long ways to go.

But get there we did - without one dropped bike and no scraped or broken bodies though definitely some egos were bruised - as all of us passed our MST's and were able to terrorize our instructors as well the public at large once we hit the road. Using radio links (and frantic signals and yells when that failed) Rod and Wendy soon got us to ride relatively smoothly and very, very safely. The total road component involved well over a hundred kilometers of riding through all types of varying road and traffic conditions, and by the time I completed

my final one-on-one ride I was as confident as could be of success on my exam. In fact during the exam itself (the examiner and a driver follow you in a car and communicate by radio to an earpiece) it seemed that Rod or Wendy were riding with me, telling me to check over my shoulder or move over for that blind spot. The test was almost anticlimactic (though far from flawless), and it is indeed a credit to our teachers that all students whom had taken the exam had passed at the time of this writing, considering from where we had started.

Some memories really stand out - such as one student madly trying to regain control as he and his bike headed for a ditch at about 3 kph (he succeeded - barely). Or me, drawing stares of wonder from Wendy and others as water poured from the sleeve of my riding coat (I explained that I sweat very heavily when warm AND stressed). Or one of my favorites - watching one student almost strangling Rod in her joyful embrace upon learning she'd passed her test (I got a hug too, but with far less enthusiasm). But the memories that really stand out are the self-accomplishments - dozens of them, back to back over 5 days - as I gained control of the machine and confidence in its and my own capabilities. Also, the aching muscles (including the one between my ears) from hours on end of riding, tempered by the joy of hitting 110 kilometers per hour on the new highway on one of the school's 250cc Hondas, working its valves out to maintain the speed. And finally, the unrestrained grin that I wore the first time I piloted my wife's Marauder around Quadra, unsupervised, unrestricted and unbelievably happy. Learning the right way, from the right people, meant that my classmates and I could hit the roads being confident we were as well prepared to safely ride as anyone could possibly be.

See. Think. Do. Those are Rod's fundamentals for safe riding (or driving in general, for that matter). SEE what's happening (and be seen). THINK about all that is happening (and could happen) around you, and plan your moves. DO it - confidently but prepared to react. Thousands of people become statistics on motorcycles, often for no good reason. If you or a loved one is thinking of riding, take this course. You'll be a happier and safer rider, and being safe and happy on a motorcycle is about as good as it gets - easy riding indeed.



Island Report

by Tanya Storr

Quadra Children's Centre Celebrates 20 Years

"It takes a community to raise a child" aptly describes the work done by the Quadra Children's Centre. This year the centre is celebrating two decades of quality child care on Quadra Island.

The Phil Thompson Memorial Daycare Society was named in honour of an island resident who was a great favourite of small children. The society has seen many changes since the daycare first opened in the Quadra Community Centre.

From there the daycare moved to the old Waldorf School buildings in Quathiaski Cove. With the help of islanders who took out personal loans, the school buildings were eventually purchased by the society and moved in 1990 to their current location on West Road.

Walking through the gate into the Children's Centre, I could not help but admire the towering tepee of beans that the children and staff grew this summer. Long time staff member Barb Lee, who is currently working as Administrative Director while Dee Conley is on maternity leave, told me the children love to play in the tepee.

"They planted the beans indoors and drew pictures of what they thought they would look like once they started to grow. Then they drew pictures of them when they were growing—and they ate lots of them too!"

The children will save some bean seeds for next year and start the cycle all over again. They also grew carrots, tomatoes, watermelons,



*Volunteer Sue Anderson with some of the children at Quadra Children's Centre.
photo: Philip Stone*

sunflowers, cosmos, nasturtiums, zinnias, and strawberries this summer.

Like the beans, the strawberries provided great enjoyment. The children ate them and made jam. A poster in the entranceway provides a visual record of the children watering the plants, harvesting the berries, and mashing them up for jam.

"They even made colourful labels for the jam jars," Barb noted, pointing to a photo of the

finished product on the poster.

Documenting the children's activities is a key part of the Reggio Emilia approach employed by the Quadra Children's Centre. Reggio Emilia is an innovative childcare program originating in Italy that follows the children's interests and encourages them to investigate things that fascinate them. The Quadra Children's Centre decided to adopt this approach approximately 8 years ago.

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"It has worked really well and we're still learning about how it best fits for us," said Barb.

She added that Reggio Emilia is very focused on the community. "It's called the 'circle of we'—children, parents, teachers, and community are all in this together. We're all learning together and relationships are the very foundation of everything that's done."

The Quadra Children's Centre has received recognition in the wider early childhood community for its quality work. Last November the centre was pleased to host a conference on the Reggio Emilia approach. The conference, entitled '100 Languages: Making Learning Visible through Materials', attracted delegates from across BC.

Board president Stacey Nielsen described the staff members of the Children's Centre as hugely committed and extremely skilled.

"All of them, as individuals, have taken the time to think about and develop their personal philosophy around child care. It isn't just a job for them—they put a lot of thought and energy into having a well-defined practice."

Once a month the staff meets with their mentor, Sue Fraser, author of the book 'Authentic Childhood'. At present they are reading about group learning and discussing how they can apply the techniques in the centre.

One group activity they tried recently was to organize the children into pairs and give each pair a long sheet of paper and some paints. The staff observed how the children interacted while working on their paintings. The resulting paintings, photos, and typed comments from the staff, including quotes from the children, are displayed in the hallway.

"It's so important that the children are open to others' ideas and also willing to discuss their own ideas when working in a group. We help them through conflicts and they learn to solve problems," Barb noted.

Reggio Emilia also stresses the importance of natural light. The Children's Centre benefits from

a generous amount of light from large windows and skylights in the two main rooms.

The kitchen has space for quieter play activities, such as creating art. One of the staff's dreams for the centre is to have an atelier, or art room, where the children could do extended art projects.

Across from the kitchen is the 'block room' used for imaginary play. Well stocked with building blocks, a large dollhouse, books, musical instruments, and a wooden tunnel, this room also has plenty of free space for the children to invent their own games.

A large covered back deck back is perfect for rainy day outdoor play, and the side deck shaded by a lush grape arbour makes an ideal lunch spot in the summer. The centre's outdoor space features playgrounds and a large sand pit with a roof.

Stairs and a walkway connect the Children's Centre (pre-school age kids) and the Quadra Kids (after school program) building. At present approximately 30 families are using the Children's Centre on a regular basis and 15 families use the after school program.

Barb noted that parental involvement has increased in the last 10 years.

"The parents are really active in the centre. We have a board in the hallway where people sign up for volunteer activities like doing the centre's laundry, splitting firewood, or helping at fund raising events," she said.

Julie Watson, whose daughter, Dynah, attends Quadra Kids and son, Munroe, attends the Children's Centre, said she appreciates the facility for many reasons.

"I can go to work and know that my children are in a safe place, having fun, and learning to become good people. The centre is a wonderful place—I really enjoy getting together with the teachers, kids, and other parents at the afternoon daycare parties," she said.

Fund raising, thanks to a succession of hardworking boards, has been a core reason for the Children's Centre success.

As Stacey said, there simply would not be enough money for it to function otherwise.

Quadra Children's Centre is pleased to celebrate its 20th anniversary by holding a Goods and Services Auction. The board and staff hope this one will be their biggest yet.

Thanks to many generous donations from Quadra and Campbell River businesses, there will be a wide range of goods and services to bid on. "It will be a fun evening out for adults with the proceeds supporting the continued good work of the Children's Centre," said Stacey.

The Goods and Services Auction will take place at the Quadra Community Centre on Saturday, October 14 from 7-10 p.m. Appetizers and refreshments will be available.

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Island Tides

Pacific Daylight Time
For Quathiaski Cove
Oct. 13 - 26

13	04:30	1.1	3.6
Friday	12:18	4.0	13.1
	19:55	3.5	11.5
	20:40	3.5	11.5
14	05:38	1.3	4.3
Saturday	13:28	4.1	13.5
	21:22	3.2	10.5
	22:44	3.2	10.5
15	06:45	1.5	4.9
Sunday	14:15	4.1	13.5
	21:56	3.0	9.8
16	00:43	3.2	10.5
Monday	07:44	1.7	5.6
	14:48	4.0	13.1
	22:29	2.8	9.2
17	02:07	3.2	10.5
Tuesday	08:35	1.9	6.2
	15:15	4.0	13.1
	22:59	2.5	8.2
18	03:10	3.3	10.8
Wednesday	09:18	2.1	6.9
	15:40	4.0	13.1
	23:26	2.3	7.5
19	04:02	3.5	11.5
Thursday	09:51	2.3	7.5
	16:05	4.0	13.1
	23:50	2.0	6.6
20	04:50	3.6	11.8
Friday	10:17	2.5	8.2
	16:28	4.0	13.1
21	00:07	1.8	5.9
Saturday	05:35	3.7	12.1
	10:42	2.8	9.2
	16:48	3.9	12.8
	23:54	1.6	5.2
22	06:22	3.8	12.5
Sunday	11:10	3.0	9.8
	17:03	3.9	12.8
23	00:07	1.3	4.3
Monday	07:10	3.9	12.8
	11:39	3.2	10.5
	17:17	4.0	13.1
24	00:37	1.2	3.9
Tuesday	07:59	4.0	13.1
	12:11	3.4	11.2
	17:37	4.0	13.1
25	01:11	1.0	3.3
Wednesday	08:49	4.1	13.5
	12:49	3.6	11.8
	18:01	3.9	12.8
26	01:47	1.0	3.3
Thursday	09:42	4.1	13.5
	15:00	3.7	12.1
	18:28	3.9	12.8

Link to tides & weather
www.quadraisland.ca



Open
7 AM - 9 PM
EVERYDAY!
(Liquor Store
opens at 9 am)

Bottle Returns for the Month of October will be Donated to Breast Cancer Awareness Month

GROCERY

ORGANIC

Happy Planet
Tropical Tango Juice
\$3.98 1.89L

Traditional
Madicinals Teas
\$3.98 20's

ORGANIC

Nunweiler's
Whole Wheat Flour
\$3.48 1kg

Wholesome Sweetener's
Fair Trade
Raw Cane Sugar
\$3.28 681g

Lakewood
Pure Black Cherry
Juice
\$5.98 946ml

Kraft
Salad Dressings
\$2.98 475ml

PRODUCE

B.C. Grown
Empire Apples
68¢ /lb \$1.50/kg

Washington
Bartlett Pears
98¢ /lb \$2.16/kg

Nalley assorted flavours
Chip Dip
\$1.88 225g

Island Farms
Vanilla Plus Yogurts
\$2.98 750g

Old Dutch
Big Bag Chips
all flavours
3 for \$4.98 235g

Red Oval Farms
Stoned Wheat Thins
\$2.78 300g

R.W. Knudsen
Spritizers all flavours
2 for \$1.50 355ml

Dole
Pineapple Assorted
2 for \$1.98 398ml

Mexican
Avocados
98¢ each

B.C. Grown
Baby Potatoes
White, Red or Yukon Gold
\$1.28 \$2.82/kg

BAKERY

Country Harvest
Twelve Grain Bread
2 for \$4.00 675g

Cheese Swirl Buns
made in-store
98¢

MEAT

Farmers Best
New York
Striploin Steaks
\$7.98 /lb \$17.59/kg

Fresh
Chicken Thighs
\$1.98 /lb \$4.37/kg

BULK

Thompson **ORGANIC**
Seedless Raisins
48¢ / 100g

Crystallized
Ginger Chunks
88¢ / 100g

DELI

Freybe
Salamis assorted
\$1.68 / 100g

Beef
Sausage Rolls
98¢

Nanaimo Bars
1/4 Slab
\$4.98

Sticky Buns
\$3.98 6 pack

Bratwurst
Sausage
made fresh in-store
\$2.78 /lb \$6.13/kg

Rocky Mountain
Ribs 4 flavours
\$7.48 each - 600g

Panda
Natural Licorice
\$1.28 / 100g

Peanuts
28¢ / 100g
 salted or unsalted

Combs Country
Large Meat Pies
\$4.98 8 inch

Cheese Maker's
Swiss Cheese
\$1.48 / 100g

Specials in effect October 15 - 21 while quantities last

