

discovery

I S L A N D E R



FOR TWENTY YEARS NOW THE PROCEEDS FROM QUADRA ISLAND'S ANNUAL Community Giant Garage Sale have successfully supported seven Philippines preschool and daycare programs for a period of five years each. This year's garage sale, although something of a challenge (lots of heavy lifting!), was another financial success. Pictured above are some of the young students, their teachers and parents, who benefit from the care and commitment of our community. Thanks to the organizers, volunteers, and local businesses who keep this island-to-island tradition strong! **MORE ON THIS INSIDE**



Notice of Public Hearing BYLAW NO. 201 QUADRA ISLAND ZONING BYLAW, 1990 Amendment No. 108

Date of Public Hearing: October 1, 2014

Location of Public Hearing: Quadra Island Community Centre
970 West Road, Quathiaski Cove, BC

Public Hearing for Bylaw No. 201 will commence at 7pm

BYLAW NO. 201

Area affected by proposed Bylaw No. 201: The subject area is described as a 50-metre wide strip of unsurveyed Crown foreshore or land covered by water being part of the bed of Discovery Passage, Sayward District, fronting Whalebone Cove as shown on the map below.

Purpose of proposed Bylaw No. 201: This bylaw, if adopted, would rezone the subject area from Access Two (AC-2) to Access One (AC-1) to permit the construction of docks for private moorage purposes.

Copies of the proposed bylaw and related information are available for inspection at the Strathcona Regional District Customer Service Centre, located at #102 – 990 Cedar Street, Campbell River, between the hours of 8:30 a.m. and 4:30 p.m., Monday to Friday, from September 18, 2014 until September 30, 2014 and from 8.30 a.m. until 12:00 noon on Wednesday, October 1, 2014. The bylaw and associated staff report may also be viewed on the Strathcona Regional District website at www.strathconard.ca.

The public hearing will be held by a delegation of Electoral Area directors representing the Strathcona Regional District Board. Anyone who believes their interests are affected by the proposed bylaw will be given an opportunity to be heard or to file a written submission at the public hearing.

Written submissions from persons who are unable to attend the public hearing must be delivered by hand or electronically to the Regional District office no later than 12:00 noon on October 1, 2014 in order to be considered as part of the public hearing record. The Strathcona Regional District cannot consider any representations made after the close of the public hearing.

R. Hotsenpiller, Chief Administrative Officer

Inquiries should be directed to:

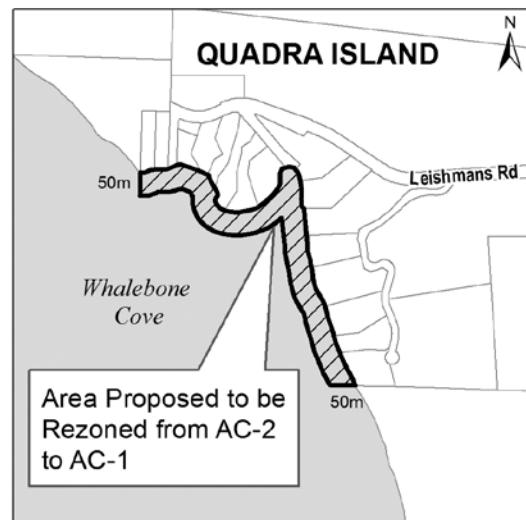
John Neill, Planner

Strathcona Regional District

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THE ISLAND CALENDAR

For this week's cover story
please turn to Page 7

Day to Day

Friday, October 3

Dr Shannon Berch: Mushroom Talk and appies, Herons HBI at 7pm

Saturday, October 4

Mushroom Festival foray, meet at QCC parking lot, 9:30am to 3pm

Sunday, October 5

Wild mushroom identification, intermediate 10am to noon, Room 3 at QCC
Wild mushroom identification, novice Noon to 2:30pm, Room 3 at QCC

Sunday, October 5

Old Farm Community Garden
3pm dedication for Milton Wong

Monday, October 6

Dak's Pool Tourney, 7pm HBI Pub

Friday, October 10

Limbo Babies with Barry Hodgerson
9pm HBI Pub

Saturday, October 11

The Borealis String Quartet, 7:30pm at QCC

Friday, October 17

Sierra Quadra presents Mountaineer Rescue, 7:30pm at QCC
Sons of Guns, R&B & Rock, 9pm HBI Pub

Monday, October 20

The Garden Club presents Small Local Farming
7pm at QCC

The Regulars

MONDAY

Parent & Tots, QCC, 9:30 am-12 pm
Badminton at the Cape Mudge gym, 7:30 pm (\$2)

TUESDAY

Al-Anon Meeting, Quadra Children's Centre, 7:30 pm
Folkdancing, QCC, 7:30 pm, Sep 16-Dec 16, 285.3849

WEDNESDAY

1st & 3rd Wednesday Food Bank, QCC 1-2 pm
Hand-Drum Jam, Upper Realm, Q. Cove 7:45 pm

THURSDAY

Parents & Tots, QCC, 10 am-12 pm
Prayer Meeting, Quadra Island Bible Church, 7 pm
Badminton at the Cape Mudge gym, 7:30 pm (\$2)

FRIDAY

Alcoholics Anonymous, 8 pm Quadra United Church

SATURDAY

Open Mic with Mo, 9 pm at the HBI pub

SUNDAY

Buddhist Meditation, Upper Realm, 10 am
Family Service, Quadra Island Bible Church, 10:30 am
Quadra Sunday Painters, 11 am - 2 pm, 285.3390
United Church, 11 am (unless otherwise advertised)
Sep 14 - June 28, 285.3163

**THE NEXT DI DEADLINE
is Monday October 13 at 7pm**



Check out what's on at the Community Centre!

THIS WEEKEND AT QCC (October 4-5)

SATURDAY: 10am-2pm Winter Market

SUNDAY: 9:30am-3pm Mushroom Fest Mushroom ID Workshop (Room 3)

NEXT WEEK (October 6-10)

MONDAY: 8:30am Low Impact; 10am Yoga with Josephine; 10am Parents & Tots; 3pm Sing for Pure Joy; 6pm Monday Night with the Ladies

TUESDAY: 9am Yoga with Brenda; 9am Quilters Workshop; 10am Spinners & Knitters; 1:30pm Bridge Class; 5pm Yoga with Trinity; 7pm Naturopath Seminar 1 (Weight Gain); 7:30pm Folk Dance

WEDNESDAY: 10am Yoga with Trinity; 10am Baby Clinic; Noon Community Kitchen Lunch; 7pm Spanish Lessons

THURSDAY: 9am Yoga with Brenda; 10am Parents & Tots; 5pm Yoga with Trinity; 6:45pm Quadra Singers

FRIDAY: 8:30am Low Impact; 9:30am Fit on The Ball; 10am Friday Painters; 10am Weighted Conversations; 5pm Jazz Dance Class; 7:45pm Friday Flicks presents We Are The Best

NEXT WEEKEND (October 11)

SATURDAY: 7:30pm The Cultural Committee presents The Borealis String Quartet

NEXT WEEK (October 13-17)

MONDAY: 8:30am Low Impact; 10am Yoga with Josephine; 10am Parents & Tots; 3pm Sing for Pure Joy; 6pm Monday Night with the Ladies; 7pm Garden Club

TUESDAY: 9am Yoga with Brenda; 9am Quilters Workshop; 10am Spinners & Knitters; 1:30pm Bridge Class; 5pm Yoga with Trinity; 7pm Naturopath Seminar 1 (PMS); 7:30pm Folk Dance

WEDNESDAY: 10am Yoga with Trinity; 10am Baby Clinic; Noon Community Kitchen Lunch; 7pm Spanish Lessons

THURSDAY: 9am Yoga with Brenda; 10am Parents & Tots; 5pm Yoga with Trinity; 6:45pm Quadra Singers; 7pm Naturopath Seminar 2 (The Fire Within)

FRIDAY: 8:30am Low Impact; 9:30am Fit on The Ball; 10am Friday Painters; 10am Weighted Conversations; 5pm Jazz Dance Class; 7:30pm Sierra Quadra presents: Mountaineer Rescue with Mary Jane Birch

Bill Bradshaw Quadra Real Estate

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Want to post a calendar listing? Lots of choices for getting it to the DI!

- Email us at editor @discoveryislands.ca
- Drop off your listing at Inspirations in the Cove
- Or you can leave it at our office, 701 Cape Mudge Road
- The mail works too! Box 280, Q Cove, BC V0P 1N0

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Opinions expressed in this magazine
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SUBMISSION GUIDELINES

We welcome items for publication
on subjects of interest to Discovery
Islands communities. Please help
us by following these guidelines:

- Text articles do not need to be attached to a file. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line.
- Remember to include credits and captions for photos and artwork.
- Please print handwritten material clearly.

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NEXT DEADLINE

7pm on Monday
October 15
for publication
on Friday October 19

IN THE NEWS: UBCM

Congratulations - and thanks - to our municipal leaders

British Columbia owes a debt of gratitude to the Union of BC Municipalities (UBCM). For years civic governments and citizens have asked the Province to undertake detailed needs assessments of what ferry dependent communities want and need from BC Ferries. Steadfastly refusing to do so, the government imposed excessive fare increases and service cuts.

Empirically, ferry dependent communities felt the damage of

provincial policies but lacked the statistics to make a strong case for a different BC Ferries mandate – until now.

A new UBCM commissioned study, 'Boatswains to Boulders: A Socioeconomic Impact Analysis of BC Ferries', provides those statistics and concludes:

- Provincial BC Ferries policies cost the BC economy nearly \$2.3 billion from 2003 to 2013;
- Excessive fares and reduced service produced fewer users;

- Every government dollar invested in BC Ferries returns \$8.40 in economic activity;

- BC Ferries is the only major transportation mode experiencing declining passenger volumes; and

- BC Ferries is not providing the service needed at a price that encourages greater usage.

The 1000 UBCM delegates at their Whistler convention voted unanimously to call on the Province to:

- Restore service cuts and roll back fares to 2013 levels;

- Pause and undertake further socioeconomic impact studies;

- Recognize the coastal ferry system is an extension of our highways and fund it accordingly; and

- Work cooperatively with coastal and other communities to develop a longterm strategy for our coastal ferry system.

The BC Ferry Coalition applauds the UBCM for commissioning the report. Although Transportation Minister Todd Stone attacked the study as inaccurate, he provides zero facts to refute the evidence. He effectively opposes job creation and economic growth and provides further proof of the lack of provincial government commitment to taking any positive steps for improving ferry service, now or in the future.

Jef Keighley (Chair) and Ric Bills (Vice Chair)

BC Ferry Coalition

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QuadraNews

September 29, 2014. I am now back from the Union of BC Municipalities convention and what a week it was! I said in the last report that I would let you know how things went. All I can do is give you a brief summary of the main highlights since the number of things

that happened are so many and it was all so intense. I heard while I was there that a CR elected person criticized going to such conventions as a waste of time. I couldn't disagree more. The number of contacts made and conversations had made the time well spent and productive. Two days later and I am still just getting my energy back. These conventions are weird. While there, I have enough energy for ten people, but as soon as it is over there is always a huge crash and then a re-charging necessary. So, it is now time to get back to work. Keep in mind that what is posted below does not include all of the other events and forums I attended. These are just a few of the highlights.

One thing about the UBCM is that they always have a full slate of workshops, speakers and forums to go to as the standard program. My biggest problem is fitting in as many as I can in between all of the important meetings that I have set up to deal with our issues with the Provincial people attending.

Policy Paper on BC Ferries

Study Forum (Go to <http://ow.ly/BluLe> for the UBCM report, the policy paper and the Consultant's report)

The convention was basically planned around this Paper and its release and the vote by the delegates (about 1500). On Tuesday, we had, along with the consultant hired by UBCM to write the Socio Economic Study, an hour and 45 minutes to present to the delegates the Paper and explain the details to them so that they could go into the plenary debate on Wednesday in an informed state. We had to move to a bigger hall just to get everyone in that was interested. These were people from all corners of the province, not just the coast. The presentation by our consultant was exemplary. He explained and defended the report in light of the horribly inappropriate letter from Minister Todd Stone criticizing it on the previous Friday. We had no response from the Government over a period of months of trying to get them to the table. They were even sent an advance copy of the Paper before it was ever released. They were asked to participate. Silence. Then at the eleventh hour, all that we got was an insulting, defamatory letter condemning the report while not offering a report of their own to counter ours. Why was that? Because they don't have a report and never have had one. Go to this site to see the entire four page letter for yourself: http://www.newsroom.gov.bc.ca/downloads/Letter.pdf?WT.mc_id=NEWS&WT.cg_n=HootSuite Now, on to the next amazing day!

Policy Paper release and delegate vote

Each year UBCM usually does 2 to 6 policy papers to be considered by the delegation. At this convention they were so committed to us that they kept it to one policy paper so that there would be no competition or distraction from the ferry issue. Having been on the UBCM Executive for ten years and President, I know what a big deal this is for them. It worked. When a policy paper or a resolution comes

up for a vote, to save time, if there are no speakers in opposition the item goes right to a vote. The UBCM Resolutions Committee Chair (Councillor Claire Moglove from CR) came to me and asked that even if there were no speakers at the "con" mikes, that I get up and introduce the Paper for 3 or 4 minutes. No one got up to oppose, so I went to the mike and proudly presented the Paper and my thanks to the UBCM, the Association of Vancouver Island Coastal Communities, the Select Committee and the RD Chairs Group (both of which I am a part of). The paper was then up for voting. It passed UNANIMOUSLY! This rarely happens at UBCM. The room cheered and we moved on. The media grabbed me and did many TV and radio and print pieces. I did media from 6:45am until 9:30pm every day. The media circus started a week before the convention and escalated as we got closer to the day of release.

Meeting with the Premier and Ministers

Later that same day, our RD Chairs Group had a scheduled meeting with the above mentioned. There were about 14 of us meeting with them. Our meeting was supposed to be 15 minutes and it went into 45 minutes due to the enormity of the topic and the back and forth that the topic elicited. We spoke most of the time and only let the Premier and Ministers in as seemed necessary. It is terrible to go to a long awaited meeting of that importance and have them do all the talking until they run the clock out. Not so in this meeting, in spite of their bulldog trying to get us to leave so the next group could come in. The Premier herself told him we needed more time and he backed off. Another thing you don't see too often. In the end, we did get an admission (which was a really big deal for these folks) that "yes, the ferry fares have driven down ridership" (in so many words). They also agreed that we would need to meet again in November as soon as the Premier gets back from a junket to India. They also seemed to understand that our communities are hurting and so graciously (pardon the facetious tone) told us that they would be looking at holding the rate increases to the level of inflation in the next Performance Term (2016), after raising the fares in 2015 by 4%! I could feel them feeling the pain! They proceeded to tell us all about the great things they are going to do to reduce the costs of running ferries: LNG, bridges, etc. to which I had to interrupt and I told the Premier that she is at least 5 to 10 years from ever seeing any LNG available if it should ever happen. They really have been thoroughly brainwashed into believing that their band-aid solutions will stop the bleeding in our communities. One might feel sorry for them if their arguments were not so pitiful!

The premier admitted, in so many words, that raising ferry fares has indeed driven down BCF's ridership

Media

We have gotten intense media coverage every day for the past two weeks and it is going on daily. It has actually been going on daily since last November's announcement to raise the fares and cut the service. But now that the Policy Paper and consultant's numbers are out there quantifying what we have all suspected all along, the media is in a frenzy! There have been major articles /CONTINUED NEXT PAGE

and editorials by all of the heavy-hitters daily. Every TV station has carried the story. I was fortunate enough to convince CBC National TV to come out and do a two day filming on Quadra of our business people and a sample of our residents and it was great! So we are now a National story. The province is shaken. They are embarrassed since they did not do a socio-economic study of their own to start with. The media picks on this point constantly: that a government could make such major decisions with such province wide consequences without anything to back it up. The media will continue. You can search it on Google news and at least get some of it. Much of it is also posted on my Face Book site at <https://www.facebook.com/JimAbram>

Meeting with Highways Ministry

I scheduled a meeting with the Ministry to deal with a number of key issues that I have to deal with here at home (unrelated to Ferries!). The first on the list was the condition of our paved roads on the south end of the island (Hy Bay, South). The big one was the condition and safety issues concerning Heriot Bay Road along Drew Harbour. The erosion has been quantified by a third party consulting engineer that they hired. When I read his report and recommendations I immediately asked for this meeting prior to UBCM. His recommendation was to "Do nothing and monitor." Well, we have had a number of serious incidents with dump trucks and constant complaints from pedestrians and cyclists and the bank, in places is undercut under the road by 1.5 meters according to his report. There is little shoulder and few trees left to hold the road in place. So why do we have to wait for a disaster? I was well received and they will be taking a close look at it. I also brought up the deplorable condition of the pavement on all of the roads and the impossibility of our few crew at Emcon to even keep up with the daily problems. I explained how the Ministry finally came along and painted our lines in some areas (5 years late!) and then weeks later spread oil on some of the cracked portions of the road and spread gravel on each spot, and effectively covered most of the new lines. A bit of a timing issue! I am sure they were quite embarrassed by these points and tried to assure me that they will do better and look into all of it. I don't want to make enemies of the very people that actually do help us out. It was a congenial meeting and by being such I am sure I got more out of them I would have had I gone in with a stick!. We'll see. They do have us on their list for more work next season.

Meeting with the Ministry for Technology, Innovation and Citizens Services

I had quite the provincial group for this one and guess what we talked about?! Internet and cell / data service. We went through the entire issue once again. I have met with some of these folks before but they brought some of their senior people to this meeting and I brought along our Chief Administrative Officer as a witness and back up! We were told of a number of new programs, both Federal and provincial and as a result will be pursuing the Federal one. I explained how ridiculous our situation is on Quadra and surrounding islands and they agree. They encouraged me to continue to meet with Telus in Victoria and they will also talk with them. That is a bonus. I emailed Telus today to set up a meeting time in the near future. I made it very clear that we want fibre optic service all the way to the ends of the island and improved cell / data to the surrounding areas with their new technologies they so often brag about.

Various and sundry






I met with many people at this convention. Among them was the Leader of the Green Party, Adam Olsen. We had about an hour together and he actually used many of my points around ferries during his address to the convention. I also met with many members of both the Government and the Opposition and also a number of Federal candidates from various parties. These Federal meetings will add to my next strategy around ferries. I am not going to discuss that one just yet. But I will keep you informed as things develop. Don't want to give too much away.

I think that is about as much as I can get into this report without upsetting the editors. Feel free to call me between the hours of 8:30am and 7pm, Monday through Friday (please, not on weekends, folks!) at 285-3355, or you can fax me at 285.3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P1N0... or on Facebook at <https://www.facebook.com/JimAbram>.... If it is important, my cell is 250.830.8005.... Lots of choices. Please do not use my residential phone number for SRD calls. All business calls should be on 285.3355. Many thanks!

Respectfully submitted,

Jim Abram

Director, Discovery Islands - Mainland Inlets (Area C), SRD

Fri 3 Oct	Sat 4 Oct	Sun 5 Oct	Mon 6 Oct	Tue 7 Oct
				
40%			60%	
14°C	16°C	16°C	17°C	16°C
11°C	11°C	12°C	10°C	

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Thank You, Quadra, from the Children in the Philippines!

This year denotes 20 years of caring and sharing through dedicated islanders and the Quadra/Philippine Connection's giant garage sale! Over the past two decades our annual community Giant Garage Sale has managed to support seven Philippines preschool/daycare programs for a period of five years each. This year's garage sale, although somewhat challenging (many of us are not getting any younger!) was another financial success. Thanks again to the energy of volunteers and everyone's material and monetary donations, we were able to net \$6600, which is more than sufficient to maintain our commitment to the Lubo Hilltop and Basao Dilag communities for the year to come. As well as teachers' stipends, it will also provide Christmas bonuses to IAT teachers and staff, and support for special projects to these remote areas of northern Kalinga province.

Sincere appreciation goes to all families who offered their homes as drop-offs for the garage sale as well as to the drivers who transferred donations to the community centre. (Thank-you also to mother nature for giving us a sunny weekend!) For their continued and invaluable support we extend gratitude to the following businesses and individuals: TruValue Q Cove and Heriot Bay (for Spirit Board points and bottle depot donations), Viken Waste Management (and Alan Burnett!), Aroma Coffee Roasters, The Lovin' Oven, Quadra Legion (for extra tables), Quadra Community Connections, the Gumboot, Discovery Islander and the Birds Eye for advertising, Gabriella for posters, and Danielle and Linda Lessard



for offering nourishment to everyone from our concession.

We truly live on an island of plenty. It's hard to imagine, but there was too much stuff! This overabundance made it extra challenging to deal with all of the leftovers as the sale came to an end. (Now what do we do with it all!) As has become an annual tradition, appropriate cotton clothing was packed up to send to sponsored students in the Philippines through IAT, and some will be delivered directly to the daycare children by local Quadra Islanders early in the new year. More on that later! We were also able to make our regular contributions to the Women's Centre and Transition House, as well as to Men's Second Chance. Thanks to a few dedicated volunteers, acceptable leftovers were taken to Campbell River thrift stores with the remaining unacceptable going to land fill.

In honour of our 20 year commitment Janice Bulao, an IAT volunteer and graduate sponsored student in the Philippines, recently visited the daycares that Quadra has supported, both past and present. Through a letter she tells us that all of the original teachers still remain at the daycares in their villages and most of the first and second groups of Quadra supported children are now working in professional positions. Stay tuned for Janice's letter in the next Discovery Islander, to get an update and further news. In the

meantime, let's give gratitude for living in this wonderful paradise as we continue to expand our community and extend our good fortune to our friends in the Philippines. Remember to donate your spirit board points to #291 (the Quadra/Philippines Connection) at both TruValue stores!

Carol Foort, for the Quadra/Philippine Connection

POSTSCRIPT: Did anyone buy a red dolly from the giant garage sale last Sunday? It belongs to the community centre (oops!) and needs to be returned. We will gladly refund your money, so please call Carol at 285.3035 or Rebecca at the Community Centre at 285.3243. Thanks in advance!

coastal fare and island soul



tag #heriotbayinn: your pic might get some legit ink!
 photo by Eileen Peters.

Blue Katz *vintage rock n' roll* • Fri, Oct 3

Limbo Babies *Get down, dance on!* • Fri, Oct 10

Sons of Guns *Rhythm & blues, rock n roll too* • Fri, Oct 17

join or enjoy: Open Mic with MO Saturday evenings

Herons/Inn: 285.3322

Pub: 285.3539

Heriot Bay Inn

a beautiful place to spend time

Why Seniors Matter – Celebrating National Seniors Day October 1

Media stories abound about how older people are going to bankrupt the health care and Canadian pension systems under the burden of a growing senior population. Apart from these doomsday stories – which are not based in evidence, and are simply wrong – we don't hear much about how seniors contribute to society. The world's population of people aged 60 and older is forecast to reach 2 billion (22%) by 2050. One of the biggest success stories in history should be celebrated – that people are living longer and that never before have the majority of middle-aged adults had living parents. More seniors and their great grandchildren can know each other. More older people are active, healthier role models for aging well.

How do seniors contribute to society? Like any younger person, they shop, use services (which employ people), and pay taxes. They also volunteer; in fact, many Quadra organizations would be hard pressed to function without their older volunteers. Seniors also make more charitable donations per capita than any other age group.

Seniors babysit. Just imagine what would happen to our economy if no grandparents were available to look after grandchildren while the parents worked. How many soccer games or dance classes would be missed if grandma or grandpa were not there to drive the grandkids?

Seniors do housework, home maintenance, yard work, provide transportation or run errands— not just for themselves, but for others as well. They provide emotional support and friendship, like the senior who checks on a house-bound friend and stays for a chat. Other family members are not always available to help for many reasons.

Seniors provide care for spouses, children or friends. Think of the wife who takes on more and more responsibilities in and outside the home as her husband becomes frail. She may not think of herself as a caregiver, but without her, what would happen to him? Who would get the groceries, run errands, do the cooking, cut the grass? Or the husband who takes care of his wife who has Alzheimer's. He makes sure she gets dressed, eats properly, takes her medication, accompanies her to the doctor, and keeps her life as normal as possible. Without him, she would have to be admitted to a care home. Because of him, she is able to stay in familiar surroundings for as long as possible.

Rather than creating catastrophic visions of the impact of the 'grey tsunami,' let's take a more balanced approach to the aging population. Seniors are among those advocating for policy solutions to address the real challenges, such as: How do we ensure that seniors don't subsist in poverty, that family and friends who care for older adults and play such an important role in their lives receive the supports they need? How do we provide supports in communities to make them as

age-friendly as possible so that seniors can continue to contribute to society and have the best quality of life?

Celebrating seniors' contributions helps to make ours a more age-inclusive society that does not pit one generation against the other. We at Quadra Circle appreciate all our seniors for giving so much back to our programs and community – we have some fun things planned for them October 1st. How will you celebrate the seniors in your life?

(SOURCE: Verena Menec, Professor, Director of the Centre on Aging, Department of Community Health Sciences, Faculty of Medicine, University of Manitoba: EvidenceNetwork.ca)

Quadra Circle Programs

Seniors Outreach Worker, Marie: 285-3950

Quadra Home Meals: Order by Sunday noon

Call Marie 285-3950 or Karen 285-3064

Transportation Program: Diana 285-3630

Foot Care: 285-2255

Community Connections: Info and to volunteer call 285-2255

Friday Lunch starts September 19 at 1281 West Road (Lower Level) Armchair exercises 11am, lunch at noon

Small Farm Food Production

The Garden Club will meet on Monday October 20th, 7pm at the Community Centre. The guest speaker for this special harvest time meeting will be Tom Henry. Tom has titled his presentation 'an extremely casual conversation about trends in small farming'. He will discuss current small farm issues including sustainable agriculture, managing the farm environment, and the politics of farming and marketing on a local level. Tom Henry is editor of *Small Farm Canada*, a national magazine about small scale agriculture. Along with his writing career, Tom farms in Metchosin on southern Vancouver Island, raising sheep, hogs, chicken and wheat. Building a local food system is his dream job, and part of his conversation will be sharing his experience coping without the missing infrastructure to support local food: "Sheep shearers, veterinarians, heavy-duty farm mechanics, the people who run abattoirs have disappeared." One of the new trends in small farm operations is the types of land ownership used for agriculture. Tom farms on 90 acres, but only owns 2 acres, giving the owners of the land he is farming benefits such as tax credits. These acres would probably not be used for agriculture otherwise.

Growing your own food will be a timely discussion one week after Thanksgiving, a celebration when many of us eat heartily from our gardens, sharing home grown food with our family and friends. Global warming or not, we have all enjoyed the fine warm weekends in September. Now we expect the rainy season to refresh vegetation, replenish our wells and give us time to consider this year's garden and what we would like to change for next year. There are many crops

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this summer that have done extremely well due to the outstanding weather. For the show and tell table bring something from your garden that you would like to share with the Club. Annual membership is \$10, \$15 for families, \$3 for drop ins. Join us at the Community Centre on Monday October 20th for an interesting evening!

Quadra's Fourth Annual Wild Mushroom Festival

Oh, the glories of the coast in October, when mushroom pop up like... mushrooms... and tasty gourmet treats are free for the picking, if you know what you're picking. The fourth Quadra Island Wild Mushroom Festival celebrates the return of wild mushroom



forest abundance and offers learning opportunities for those curious about fungi of the forest floor.

"We're delighted to welcome keynote speaker Dr Shannon Berch and her colleague, mycologist Sharmin Gamiet, to the Quadra Island Mushroom Festival. We are privileged to have such knowledgeable and enthusiastic leaders in our exploration of Quadra's fungal bounty," said Darcy Mitchell, one of the Festival's organizers.

The Wild Mushroom Festival is in two parts: October 3rd features a presentation by Dr Shannon Berch along with wild mushroom appies in Herons at the HBI. October 4th and 5th are devoted to forest forays and identification workshops: \$25 for Friday evening, \$55 for Saturday and Sunday combined.

The Quadra Island Wild Mushroom Festival begins Friday with Dr Shannon Berch's presentation on "common edible and poisonous mushrooms of the south coast islands" and will include mushroom biology and important identification features. Shannon is a Research

Scientist with the BC Ministry of Environment, adjunct professor with Royal Roads University and U.B.C., and a founding member of the South Vancouver Island Mycological Society. The evening includes inspiring wild mushroom appies.

The fungi forays on Saturday aim to collect a broad range of specimens; last year during the Festival a species was discovered which was previously unknown to grow as far north as Quadra Island. On Sunday participants will see all that was collected on the various forays and learn about mushroom identification at the Introductory and/or Intermediate Identification workshops with Shannon and her colleague Sharmin Gamiet. Sharmin works with a variety of larger fungi and specializes in south coastal ecosystems and "the notoriously difficult to understand brown-spored mushrooms."

To register for the Wild Mushroom Festival events, call the Heriot Bay Inn at 250.285.3322. The Quadra Island Wild Mushroom Festival is sponsored by the Quadra Island Outdoor Club, Quadra Community Centre, Heriot Bay Inn, and Quadra Island Mushroom Club.


Pitch a Play to Theatre Quadra!

Theatre Quadra is seeking play submissions for our Spring production in 2015. This is open to everyone... and it's fun! If you're interested in putting forward a play, please submit a title, or even a digital script, to the TQ Play Selection Committee at TheatreQuadra@gmail.com by Wednesday October 8, 2014.

We'll hold two nights of excerpt readings from the proposed plays – October 14 and 21, 7pm at the Quadra Legion. Presenters will provide brief backgrounds and bring along a few copies of scenes from the plays they are pitching. A few key things to consider: Can the play be fully cast? Do you have a director? Is the production suitable for our stage? Will the play be appropriately appealing to Quadra?

TQ will select the top two candidates from each evening's readings. Because we want our membership to have a say, and to encourage participation, TQ members will ultimately vote on which play they prefer. Pitch us your play today!

Email us: TheatreQuadra@gmail.com. Visit us: TheatreQuadra.ca Facebook us: Theatre Quadra. Tweet us: Twitter.com/TheatreQuadra



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MORE ON QUADRA

Quilt & Garden Tour Gifts the Community Centre

It is with huge gratitude that the Quadra Community Centre would like to thank the volunteer organizers of this year's Quilt and Garden Tour. This wonderful event happens every second year and 2014 was a resounding success! The proceeds raised by the tickets sales were



all donated back to the island. Eighteen hundred dollars of the proceeds were donated to the Quadra Island Quilter's Marathon, which, if you did not already know, creates hundreds of beautiful handmade quilts (all made by Quadra quilters). These quilts are then gifted to sick children in hospitals throughout the province. Twenty two hundred dollars of the proceeds raised were donated to the Quadra Community Centre's Summer Recreation program. This donation will help aid in keeping children's summer programming affordable for Quadra families. A big thank you goes out to all gardeners who shared their gardens and quilters who shared their quilts. Massive kudos to everyone that put the tour together this year; this is community members giving back to their community at its finest! We look forward to the 2016 Quadra Island Quilt and Garden Tour!

At the Legion

On Saturday October 4th at 6:30pm Brisket Case Barbecue will be preparing a delicious dinner available for \$17.50. On Saturday October 18 at 6:30pm we are celebrating Oktoberfest with a Bavarian dinner for \$10.

Our Annual General meeting is on Wednesday October 15th at 7pm. If you're interested in helping out with a position on the board or on a committee we would love to have you join us.

For Halloween we have Ten Times Bigger, an amazing four piece band from Campbell River coming on Friday October 31st from 9pm to 1am. With great music and prizes it's sure to be a blast!

Hand Drum Jam

All are welcome at the Jam on Wednesdays from 7:45 to 9:30pm upstairs in Spirit Books (Upper Realm) in Q Cove. Basic instruction provided, drums are available. Suggested donation \$5. Call Steve at 285.3323 for info.

Dedication to Honour Milton Wong

At 3pm on Sunday October 5th there will be a short ceremony at the Old Farm Community Garden to dedicate a plaque in honour of the late Milton Wong. It was through Milton's generosity and the Wong family's ongoing support that we have been allowed to create our wonderful garden on their land.

Buddhist Meditation

You are welcome to attend a silent 40 minute meditation every Sunday morning at 10am in Spirit Books at the Upper Realm in Q Cove. A reading on 'Loving Kindness' and discussion follow. It's free or by donation. Call Steve or Danielle at 285.3323 for more information.

Free Firewood

Free firewood will soon be available for low income residents of Quadra Island. The wood is available after Wednesday's community lunch from 1pm to 1:30 pm behind the Community Centre. We can help you load your vehicle. Wednesday October 15 is the starting date. If you do not own or cannot borrow a friend's vehicle, phone Alan at 285.3544 or Mornay at 285.3212 or Steve at 285.3323. In rare cases we may be able to deliver.

Money can be donated to the Free Wood Association account at our local Quadra Coastal Credit Union.

Any questions, phone any of the above numbers.



Like the DI on Facebook



Community Winter Market

This Saturday, October 4th from 10am to 2pm, come celebrate Fall with your friends at our Winter Market, the first of the season.

Rumour has it there will be organic pumpkin pie pumpkins for sale, organic fresh dried basil on the stick, and farm fresh eggs. If you have other harvest vegetables to show off, this is the place to bring them. It's harvest time on Quadra.

From beautiful jewelry and affordable art, to soaps and body products, books and knitted goods – we have it all, and everything in between!

Audrey, our Cookie Crumb Fairy, will be cooking up a storm in the kitchen. Stop on by and say hello. Sit down and enjoy some home cooking prepared by someone else! The coffee and tea are always on.

Set up for our Market starts at 8am. Tables are still only \$10. (We provide the tables.) No reservations are required – first come basis. Market hours: 10am to 2pm. As always we welcome everyone to our Community Winter Market! Come and join us!

Need more info? Email quadraislandmarket@gmail.com. You can also call Michele at 285-3747 or Stella at 285-3184.

Power Smart October Deals

BC Hydro is offering hundreds of dollars in Power Smart incentives to residential customers to help save energy and money. The rebates, for Power Smart Month, are available across the province from October 1st through 31st.

Customers can get up to a \$100 rebate online on a high-efficiency clothes washers or dryers, and a \$50 to \$75 online rebate for some Energy Star refrigerators.

Energy Star clothes washers, clothes dryers and refrigerators can use at least 15% less energy than non-Energy Star appliances, and can save you about \$150 over the lifetime of an appliance.

Visit www.powersmart.ca/deals after October 1 to learn more about in-store discounts on Energy Star LED bulbs and light fixtures.

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POETS' CORNER

The Green Silence of Falling

My life's great falling cedar
across my path: my father.

He left with the tide, the quarter moon.
Packed up his breath, his boat. Pushed off.
All of us around the dining table,
ice-cream on our lips
cooling and he slid out into Deep Bay.
Flung his shoes, his *History*
Of God, his failed hearing, overboard.
Took nothing but the sound of his voice
in my bones, in the conch, in the thousand
summer shells I put to my ear.

– Cornelia Hoogland

Cornelia Hoogland is professor emerita at the University of Western Ontario. She writes and lives on Hornby Island, BC. The Green Silence of Falling from You Are Home (Black Moss Press). Reprinted with permission of the author.

SENIORS' NEWS

BC OAP: Some history to celebrate

The BC Old Age Pensioners Organization was formed over eighty years ago to assist seniors in having a more fulfilling lifestyle. Branches were formed all over the province, because of a common sense of desperation felt by many seniors. Our branch 91 was instituted fifty years ago last June.

On Monday October 6th we are honouring many of our members who have worked their hearts out in our branch for many years. We have invited many guests to join us for a luncheon at the Heriot Bay Inn, between 11:30am to 12 noon. Please contact Daphne Young at 285-3842 and she will explain the choices you can enjoy for lunch.

Please contact Ann Lawrence at 285-3325 if you need transportation to the HBI.

OUT & ABOUT



Quadra Island Outdoor Club News

The Outdoor Club had a great summer season with more than 20 trips. The weather was almost always wonderful, but we couldn't have done it without the great support of our trip coordinators and members. We also want to thank the Trail Committee volunteers who do the hard work to keep the trails in great shape.

The trips in the Trail Guide are always rewarding, but for many members the most special trips were to areas they hadn't seen before, both on and off Quadra Island, hiking and kayaking. These included trips to Cortes, the Rendezvous Islands, Strathcona Provincial Park, Kanish Bay, and both new and old trails on Quadra. If anyone has suggestions for trips in October, please let us know by emailing us at: qioutdoorclub@gmail.com.

Our initial fall schedule can be found at: <http://qioutdoorclub.org/trips/trip-schedule/schedule-fall-and-winter-2014-15/>

See the DI Calendar for details of our mushroom events, co-sponsored with the HBI and QCC, the first weekend in October.

The Outdoor Club will host a planning meeting on Saturday November 8 to brainstorm about winter hiking, skiing, snowshoeing trips and possible other events. The meeting will be held upstairs at the Community Centre at 2:00 on Saturday afternoon. In addition to day-trips to Mt Washington, we may organize multiple-day trips to Mt Washington and to the Tofino-Ucluelet area. Everyone is welcome, so bring your ideas for the winter.

For more information about the Club, visit qioutdoorclub.org. To join or renew, contact Darcy Mitchell at darcem@telus.net.

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Cortes Wifi Society update

Hello, Cortes! Thank you to everyone who wanted to continue learning computer skills and programs throughout the Summer, when your gardens and swimming were probably also calling to you!

There have been some changes afoot to the WiFi Society programming, and we want to let you know what's changing and what will stay the same.

Some of you have wondered if Susanna is leaving Cortes or ceasing to teach the WiFi computer tutorials. She is leaving her Literacy Outreach Coordinator position, as she wants to make space in her life for the business she is starting, but she will be staying on Cortes and continuing to teach the computer tutorials. So feel free to book a tutorial with her! We are super happy with Susanna as our Wifi Coordinator and she deserves a big THANK YOU!

Susanna much prefers you to call to book an appointment than email. Her number is 935-0347 (ask for Susanna). She can help you to learn most computer programs, cell phones, eReaders, tablets, and get to know how to operate your Mac or PC better. She can help you with online banking, answer most computer questions and if she doesn't know the answer she will find out for you or with you. If you don't know your keyboard shortcuts, she can teach you those and save you lots of time!

Many of you have wondered about the WiFi tutorials being so cheap, at only \$5/hour. Does Susanna get paid!? Will the WiFi Society be able to continue to afford to offer these amazing tutorials!?! Well, rest assured that we do pay Susanna... we have been very lucky in 2013 to receive generous funding from The Seniors Society, CCCU Legacy Fund, GIA and LitNow. It's time to raise the price of the tutorials a little, so we can continue to offer this wonderful service to Cortes.

If you already have an appointment booked with Susanna, your appointment prior to October 1st will still be at the old price. After that WiFi tutorials will be going up to \$10 for one hour of one-to-one beginner or intermediate computer help. We do not offer advance computer help at this time. If you cannot afford this, please just let Susanna know, and she will contact the board to see how we can help. We want the tutorials to be available to all of you.

Workshops will no longer be a sliding scale, and will be \$15 per person per one hour workshop, with a minimum of 4 people for a workshop. This means that from now on, we'll need to get you to RSVP for your WiFi workshops! No worries, as we'll remind you to do so when we advertise the workshops.

If you have a suggestion for a WiFi Workshop, please give Susanna a call! She'd love to hear your ideas... 935.0347

We'd also like to send a special thank you out to Eddie who has graciously taken on the task of keeping the WiFi Society computer stations clean and dusted in our friendly neighbourhood general stores during the summer.

We are working hard to secure more funding to keep our programming going for another year as we are passionate about computer literacy. Besides our programming we also have public computers that are available for your use at The Cortes Market, The Natural Food Co-op and at The Squirrel Cove Store. If you would like to make a donation to the Wifi Society, please contact Susanna or any of the board members.

We are excited and proud to be the volunteer partner for SeaFest 2015! A huge thank

you to all of you amazing people who have already promised to volunteer for the event, or at least be called back to see if the timing will work... you are all wonderful! Your efforts will help to continue the WiFi Society programs and computer stations into the next year. Thank you very much! If you have not told Susanna and volunteering for SeaFest is something you would like to help us with, please contact her to get onto the list.

*The Cortes Community Wifi Society Board:
Ruth Riddell, Yvonne Kipp, Doug Butt, Ester Strijbos, with special thanks to Susanna Bonner!*

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AT THE HBI

Monday evenings; Dak's Pool Tourney. Play the game and meet new friends in the warm and cheerful HBI Pub, a GREAT way to spend a dark fall night. Weekly winner entered to win grand prize in December. 7:00pm.

Wednesdays: (not Thursdays as our calendar infers) watch for UofQ classes starting up in November. LOTS of interesting topics coming our way. Pub Education in the HBI pub, Woohoo!

Friday Night Bands: October 10 ... Limbo Babies groovin' and dancin' with Barry Hodgesson. October 17 ... Sons of Guns, R&B&Rock! 9:00pm. HBIPub. No cover.

Saturdays are open mic with Mo, where else would you want

to be? Talent abounds and surrounds, 9:00pm. HBI Pub.

Halloween is a travelling caravan of ruckus, alt, country, gypsy, circus music at the Heriot Bay Inn Pub with Blackberry Wood. Costume up, come as you aren't and win prizes! Friday October 31. 9pm. \$10.00 at the door.

Harry Manx. November 20th and 21st. A dinner show in Herons at the Heriot Bay Inn, not to be missed! With 2 course dinner 79.00. Ticket only 59.00. Dinner seating at 6:00pm. Reserve 285-3322.

Enjoy our wonderful Heriot Bay Inn meals seven days a week: 8am to 8pm. Settle into the last days of fall and let us do the cooking!

Herons Dining Room, the HBI Pub or take it to go... 285-3322.

IN TOWN

Youth Action Committee wants you!

The Campbell River Youth Action Committee is looking for new members to share their ideas about the future of Campbell River. The Youth Action Committee provides City staff and Council a youth perspective on community issues like art, recreation, safety, transportation, culture, parks and the environment.

The Youth Action Committee is composed of open-minded, innovative, motivated youth aged 14 to 18. The committee launches this fall on Friday October 24. It will meet twice a month on Tuesdays from 3:30 to 5pm. Application forms are available at Timberline and Carihi school offices, the Sportsplex and the Community Centre. Applications are due October 10 and can be submitted via email until 11:59pm or dropped off during regular hours at the above locations.

Art Gallery's Open Studio

Artists take note: 'Open Studio' at the Campbell River Art Gallery begins its season Tuesday October 7 for six sessions.

The Open Studio features live model figure drawing. Artists gather together to paint, sketch or sculpt from a different live model each week. The range of models provides the group with a variety of body shapes and posing styles.

Open Studio will take place every Tuesday from October 7 to November 11 from 6:30 to 9pm. The drop-in fee is \$12.50 (GST included). Artists can also pre-register for all six sessions at a reduced rate of \$62.50 plus GST.

For more information about Open Studio or to register by phone, call 250-287-2261. Drop by the Campbell River Art Gallery in the Tye Plaza, Tuesday to Saturday, from 12pm to 5pm. The Gallery's website is www.crartgallery.ca.

Katy Hutchison at Tidemark Oct. 15

Katy Hutchison is a concerned parent, author and restorative justice advocate with a compelling real-life story. She is a professional speaker who has addressed over 500,000 people in North America. And she is the author of the book *Walking After Midnight*.

In 1997 her husband – respected lawyer Bob McIntosh – was murdered in Squamish while trying to break up an out-of-control party at a neighbour's house.

Katy's one hour presentation, entitled *The Story of Bob*, describes how alcohol and drugs, peer pressure, and misguided choices caused devastation to her family. Through a powerful and poignant multimedia experience, Katy shares how this traumatic event impacted her as a wife and as a mother of two young children. Her personal and interactive presentation is designed to inform her audience of the risks arising from using alcohol and other drugs in unsupervised settings, and to empower them to make healthier choices so similar tragedies can be prevented. In addition, Katy explores the power of forgiveness and describes her own grassroots quest for restorative justice.

This Campbell River event is sponsored by the CR Mirror, the CR Daybreak Rotary Club, and Sun Life Financial. Tickets are free, and can be obtained from Glen Clark at Sun Life Financial, 1105 Ironwood Street in Campbell River. Katy's presentation begins at 7pm on Wednesday October 15 at the Tidemark Theatre, just across from the ferry.

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Sandra Parrish new Exec Director at Campbell River Museum

The Museum at Campbell River is pleased to announce that the Board of Directors has found a new Executive Director, and although she is new to the position, she certainly isn't new to the Museum. Sandra Parrish, who has been Acting Director for the past months, has worked at the Museum for over 20 years. Bruce Izard, Board Chair comments, "Those who work with Sandra appreciate her depth of knowledge, commitment and leadership and the Board was very pleased to make this appointment."



Sandra brings a wealth of experience to her new role. She began working at the Museum employed through a series of temporary grants and then was hired for a permanent position in 1991. "In many ways I have grown up at the Museum," Sandra says of her lengthy career. In the early years, her work covered cataloguing photographs for the archives, processing incoming artifacts, computerizing the collection records and providing support wherever needed.

"I was fortunate during these early years to work alongside some excellent mentors such as Jeanette Taylor and Irene Ross who encouraged me to participate in a range of training opportunities," Sandra said. "These training opportunities coupled with hands-on experience provided me with a good foundation in current Museum and Archive practices." This translated into her eventual role as the Museum's Collections Manager.

When Sandra started, the museum was housed at its former location in the Tyee Plaza. After much planning and fundraising, the current location was opened in 1994. She reflects that "community members who attended the official opening of the 'new museum' in 1994 might remember the cavernous building that needed to be filled with exhibits."

It was certainly an enormous undertaking to both move artifacts and then to design and build new exhibits to fit into the new architecture. She acknowledges that it was not always an easy task, and could not have been accomplished without the Museum's professional staff, strong leadership and a strong network of community support.

When asked how she sees the museum moving forward, Sandra responded: "One of the biggest challenges that faces the Museum community today – aside from funding concerns – is how to keep pace and stay relevant in a quickly changing society. Museums need to have a personal, meaningful connection with the community. To me this means maintaining an ongoing dialogue with the community, and I look forward to ensuring that the Museum at Campbell River continues to be actively engaged and responsive to the region."

UPCOMING EVENTS

Sierra Quadra hosts Mountaineire Avian Rescue - and Shakespeare too

On October 17 Sierra Quadra turns the stage over to Mary Jane Birch, founder of the Mountaineire Avian Rescue Society in Courtenay. For nearly two decades MARS has been rehabilitating native bird species and rescue mammals from wildlife centres across BC. Maj, as she likes to be called, is a conservation educator as well as a wildlife rehabilitator, and gives community talks in the company of her three ambassadors: a barred owl, a red-tail hawk, and a great horned owl. When Maj joins us on Quadra she'll be travelling with a barred owl – or perhaps it's a 'bard' – named Shakespeare. Here she is with Rtha, another feathered friend, pictured above.



When she's not travelling to communities like ours in her spare time, she works with local conservation groups studying bald eagles, trumpeter swans, and great blue herons. Come to QCC to see Maj and Shakespeare on Friday October 17. (And please note we don't have our usual Saturday night slot!) But everything else is the same, including our wonderful desserts, excellent company, and admission by donation. Doors open at 7pm, Maj's presentation begins at 7:30.

October 11: Borealis String Quartet

An exciting world-class ensemble, Vancouver-based Borealis String Quartet begins the Quadra Cultural Committee's 2014/15 season on Saturday, October 11 at 7:30pm at the Quadra Community Centre. One of the most dynamic ensembles of its generation, Borealis has been highly praised for its fiery performances, passionate style and refined musical interpretation. Though committed to the traditional quartet repertoire, they enjoy promoting new works by Canadian composers.

Let the Borealis String Quartet be your Thanksgiving treat and get your tickets at the usual outlets on Quadra Island at Inspirations (formerly Hummingbird Office and Art Supply) in the Cove and at Works of H'Art in Heriot Bay or at the Music Plant in Campbell River. Advance tickets are \$20 with tickets available at the door for \$17. Students 16 and under will be admitted free with an adult. For more information, please call 250.285.3069 or visit the artists' website at www.borealisstringquartet.com

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Friday	07:38	1.5	4.9
	15:04	4.6	15.1
	21:14	3.0	9.8
04	02:05	3.9	12.8
Saturday	08:46	1.6	5.2
	15:51	4.6	15.1
	22:08	2.7	8.9
05	03:19	4.0	13.1
Sunday	09:46	1.7	5.6
	16:31	4.7	15.4
	22:53	2.3	7.5
06	04:26	4.2	13.8
Monday	10:39	1.9	6.2
	17:06	4.7	15.4
	23:33	2.0	6.6
07	05:28	4.4	14.4
Tuesday	11:29	2.1	6.9
	17:39	4.8	15.7
08	00:12	1.7	5.6
Wed.	06:25	4.6	15.1
	12:16	2.3	7.5
	18:13	4.8	15.7
09	00:50	1.4	4.6
Thursday	07:18	4.7	15.4
	13:03	2.6	8.5
	18:47	4.7	15.4
10	01:30	1.2	3.9
Friday	08:08	4.8	15.7
	13:51	2.8	9.2
	19:23	4.6	15.1
11	02:11	1.2	3.9
Saturday	08:59	4.8	15.7
	14:40	3.0	9.8
	20:00	4.5	14.8
12	02:53	1.2	3.9
Sunday	09:52	4.7	15.4
	15:35	3.2	10.5
	20:39	4.3	14.1
13	03:38	1.3	4.3
Monday	10:48	4.6	15.1
	16:38	3.3	10.8
	21:22	4.1	13.5
14	04:24	1.4	4.6
Tuesday	11:49	4.5	14.8
	17:55	3.3	10.8
	22:12	3.8	12.5
15	05:14	1.6	5.2
Wed.	12:53	4.5	14.8
	19:16	3.2	10.5
	23:18	3.6	11.8
16	06:11	1.9	6.2
Thursday	13:53	4.4	14.4
	20:28	3.1	10.2
17	00:45	3.5	11.5
Friday	07:15	2.1	6.9
	14:44	4.4	14.4
	21:24	2.9	9.5

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Seeking

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