

# discovery

## I S L A N D E R



PHOTO BY MARIA SANZ

**QUADRA ISLAND MARKETS KEEP THE BOUNTY OF THE HARVEST FRONT AND** centre on the Island's radar, not just in the summer months but all through the year. The Market spirit is thriving thanks to a combination of dedicated food growers and producers, and a populace who's just gotten into that Saturday habit of sharing the abundance and bringing beautiful, healthy food home to pantry and table. This year's mission for Market growers? More local food in our local eateries! MORE ON THIS INSIDE

# Ferry Schedules

## Campbell River - Quadra Island

Crossing Time: 10 minutes

Leave Campbell River    Leave Quathiaski Cove

Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
6:40 am		6:15 am	
7:30 am	7:25 am	7:05 am	7:00 am
8:30 am	†8:15 am	8:00 am	†7:50 am
9:25 am	9:15 am	†9:00 am	8:45 am
**10:25 am	10:10 am	9:55 am	9:45 am
11:25 am	11:10 am	10:55 am	10:40 am
12:25 pm	12:10 pm	11:55 am	11:40 pm
1:25 pm	1:10 pm	12:55 pm	12:40 pm
2:45 pm	2:10 pm	2:15 pm	1:40 pm
3:40 pm	3:40 pm	3:15 pm	3:15 pm
†4:40 pm	4:40 pm	**4:10 pm	4:10 pm
5:45 pm	5:45 pm	5:15 pm	5:15 pm
7:00 pm	7:00 pm	6:30 pm	6:30 pm
7:55 pm	7:55 pm	7:25 pm	7:25 pm
8:55 pm	8:55 pm	8:25 pm	8:25 pm
9:55 pm	9:55 pm	9:25 pm	9:25 pm
*10:55 pm	†10:55 pm	*10:25 pm	†10:25 pm

## Quadra Island - Cortes Island

Crossing Time: 45 minutes

Leave Heriot Bay    Leave Whaletown

Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
9:05 am	†8:45 am	7:50 am	†7:30 am
**11:05 am	10:45 am	9:50 am	9:30 am
1:05 pm	12:45 pm	11:50 am	11:30 am
3:20 pm	2:45 pm	**1:50 pm	1:30 pm
5:10 pm	4:35 pm	4:05 pm	3:40 pm
6:45 pm	6:25 pm	5:55 pm	5:20 pm

! Local Commuter Sailings, Please Avoid.

\* Fridays Only    † Daily except Sundays.

\*\* Tuesday sailings are for Dangerous Cargo  
No passengers or cars.

## List Your Event

Want to post a calendar listing on page 3?  
Lots of choices for getting it to the DI!

- Email us at editor@discoveryislands.ca
- Drop off your listing at Inspirations in Quathiaski Cove
- Or you can leave it at our office, 701 Cape Mudge Road
- The mail works too! Our postal address is Box 280, Q Cove, BC V0P 1N0

## RCMP REPORT

### THE QUADRA ISLAND RCMP REQUEST PUBLIC

assistance with any information relating to recent break and enters in the communities of Heriot Bay and Quathiaski Cove. Several homes, cabins and travel trailers have been broken into with a variety of items stolen; including, a green Honda ATV. If you have any information regarding this crime or any other crimes please contact Quadra RCMP or Crimestoppers.

### ON OCTOBER 11TH, 2014 AT APPROXIMATELY

8:00 PM the Quadra Island RCMP received a report of a single motor vehicle accident, wherein the vehicle had reportedly been driven into the Ocean. The driver, an 87 year old male, was the lone occupant of the vehicle. Cortes Island Volunteer Fire Department, British Columbia Ambulance Service, Coast Guard, and 442 Search and Rescue Squadron from 19 Wing Comox all participated in the rescue efforts. The vehicle was pulled from the ocean but despite efforts by emergency services, the male was pronounced deceased at the scene. It is believed that the incident is accidental in nature; however the matter is currently under routine investigation by the BC Coroners Service.

### ON OCTOBER 13TH, 2014 QUADRA RCMP

responded to a report of a domestic disturbance in Quathiaski Cove. While at the residence, officers were advised by family that they were fearful of a family member as they were intoxicated and in possession of a firearm. The family were relocated to a safe location while officers communicated with the male in an attempt to resolve this situation. The male refused to listen to police direction and refused to come out of his residence. The RCMP Emergency Response Team (ERT) as well as additional officers from surrounding detachments attended to assist. The male eventually exited the residence and a firearm was seized by police. No one was injured during this incident and the investigation continues.

—Cpl. Kevin Christensen, Quadra RCMP



Royal Canadian Mounted Police    Gendarmerie royale du Canada



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## Free Firewood

Free firewood is now available for low income residents of Quadra Island. The wood is available after Wednesday's community lunch from 1pm to 1:30pm behind the Community Centre. We can help you load your vehicle. Wednesday October 15 is the starting date. If you don't own or can't borrow a friend's vehicle, phone Alan at 285.3544 or Mornay at 285.3212 or Steve at 285.3323. In rare cases we may be able to deliver.

Money can be donated to the Free Wood Association account at our local Quadra Coastal Credit Union. Any questions, phone the above numbers.

## At the Legion

On Saturday October 18th at 6:30pm we are celebrating Oktoberfest with a Bavarian dinner, all for \$10.

Our Annual General meeting is on Wednesday October 15th at 7pm. If you're interested in helping out with a position on the board or on a committee we would love to have you join us.

For Halloween we have Ten Times Bigger, an amazing four piece band from Campbell River. They're playing on Friday October 31st from 9pm to 1am. With great music and prizes it's sure to be a blast!

## Free Money

Free Money for low income Quadra residents happens on the first Wednesday of each month. The time is from 11:30 am to noon. The first date is November 5th. The place is the Quadra Community Centre's small seminar room, just before Community lunch. Donations to the Free Money Association account at the Quadra Credit Union are needed to keep this program going. For more info, call Steve at 285.3323.



# THE ISLAND CALENDAR

## Day to Day

### Friday, October 17

Sierra Quadra presents Mountaineer Avian Rescue, with Mary Jane Birch, 7:30pm at QCC  
Sons of Guns, R&B & Rock, 9pm HBI Pub

### Monday, October 20

Monday October 20th Garden Club presents Small Local Farming 7pm QCC

### Wednesday, October 22

Lunch Ride starts at Yak Shack 10:30am, ends 11:45am at QCC Community Lunch

### Friday, October 31

Halloween with Blackberry Wood at the HBI Pub, 9pm \$10 at the door

### Saturday, November 1

Til Death, the Six Wives of Henry VIII, a one-woman show. 7:30pm at QCC

### Sunday, November 2

Character and Comedy: An Acting Workshop with Tara Travis, 11am-1pm at QCC

### Mon-Tue, November 20 & 21

Harry Manx Concert and Dinner  
Herons at the Heriot Bay Inn  
Call for prices and to reserve 285.3322

**THE NEXT DI DEADLINE  
is Monday October 27 at 7pm**

## The Regulars

### MONDAY

Parent & Tots, QCC, 9:30 am-12pm  
Badminton at the Cape Mudge gym, 7:30pm (\$2)

### TUESDAY

Al-Anon Meeting, Quadra Children's Centre, 7:30pm  
Folkdancing, QCC, 7:30pm, Sep 16-Dec 16, 285.3849

### WEDNESDAY

1st & 3rd Wednesday Food Bank, QCC 1-2pm  
Hand-Drum Jam, Upper Realm, Q Cove 7:45pm

### THURSDAY

Parents & Tots, QCC, 10 am-12 pm  
Prayer Meeting, Quadra Island Bible Church, 7pm  
Badminton at the Cape Mudge gym, 7:30pm (\$2)

### FRIDAY

Alcoholics Anonymous, 8pm Quadra United Church

### SATURDAY

Open Mic with Mo, 9pm at the HBI pub

### SUNDAY

Buddhist Meditation, Upper Realm, 10am  
Family Service, Quadra Island Bible Church, 10:30am  
Quadra Sunday Painters, 11am - 2pm, 285.3390  
United Church, 11am (unless otherwise advertised) Sep 14 - June 28, 285.3163



## Check out what's on at the Community Centre!

### THIS WEEKEND (Oct 17-18)

**FRIDAY:** 7pm Sierra Quadra presents Mountaineer Avian Rescue with Mary Jane Birch

**SATURDAY:** 10-2pm Winter Market; 12pm Explorations in Watercolour; 7pm Film Premiere: Morningstar

### NEXT WEEK (Oct 20-24)

**MONDAY:** 8:30am Low Impact; 10am Yoga with Josephine; 10am Parents & Tots; 3pm Sing for Pure Joy; 4pm Chess; 6pm Monday Night with the Ladies  
**TUESDAY:** 9am Yoga with Brenda; 10am Spinners & Knitters; 1:30pm Bridge Class; 5pm Yoga with Trinity; 7pm; 7:30pm Folk Dance

**WEDNESDAY:** 10am Yoga with Trinity; 12pm Community Kitchen Lunch; 7pm Spanish Lessons  
**THURSDAY:** 9am Yoga with Brenda; 10am Parents & Tots; 5am Yoga with Trinity; 6:45pm Quadra Singers  
**FRIDAY:** 8:30am Low Impact; 9:30am Fit On The Ball; 10am Friday Painters; 10am Weighted Conversations; 5pm Jazz Dance Class; 7:45pm Friday Flicks presents IDA

### NEXT WEEKEND (Oct 25-26)

**SATURDAY:** 9am Quilters Marathon

**SUNDAY:** 9am Quilters Marathon

### NEXT WEEK (Oct 27-31)

**MONDAY:** 8:30am Low Impact; 10am Yoga with Josephine; 10am Parents & Tots; 3pm Sing for Pure Joy; 4pm Chess; 6pm Monday Night with the Ladies; 7pm Photo Club

**TUESDAY:** 9am Yoga with Brenda; 10am Spinners & Knitters; 1:30pm Bridge Class; 5pm Yoga with Trinity; 7:30pm Folk Dance

**WEDNESDAY:** 10am Yoga with Trinity; 12pm Community Kitchen Lunch; 7pm Spanish Lessons

**THURSDAY:** 9am Yoga with Brenda; 10am Parents & Tots; 5pm Yoga with Trinity; 6:45pm Quadra Singers

**FRIDAY:** 8:30am Low Impact; 9:30am Fit On The Ball; 10am Friday Painters; 10am Weighted Conversations; 5pm Jazz Dance Class; 6:30pm Halloween Fun Night & 8pm Fireworks!

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Opinions expressed in this magazine  
are those of the contributors and are  
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### SUBMISSION GUIDELINES

We welcome items for publication  
on subjects of interest to Discovery  
Islands communities. Please help  
us by following these guidelines:

- Text articles do not need to be attached to a file. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line.
- Remember to include credits and captions for photos and artwork.
- Please print handwritten material clearly.

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ALL ITEMS SUBMITTED, ERRORS AND  
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[www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)

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**NEXT DEADLINE**  
7pm on Monday  
October 27  
for publication  
on Friday October 31

## A LETTER FROM THE PHILLIPPINES

A million thanks go to everyone who contributed their clean, functional items to our recent fund-raising garage sale in support of our friends and daycare children in the northern Philippines. The same goes to all those who helped to recycle everything through their purchases as well as to the awesome volunteers who helped make this 20th anniversary sale a resounding success! Our Quadra volunteers are truly priceless!

The following is a letter from Janice Bulao, a graduate IAT sponsored student and current volunteer who recently visited the seven daycare centres that Quadra has supported over the past 20 years. She informs us that all of the original teachers are still teaching and committed to the daycare programs in their respective villages.

### Dear Carol and Quadra Island community,

Lovely greetings from the rice granary of the Cordillera land, Kalinga! My name is Janice Bulao and I am an IAT alumnus and volunteer, assisting the preschools teachers here in the morning and working as a grade two teacher in the afternoon. Foremost, I would like to begin this letter by sharing one of my favourite reflections, "Whatever you do for yourself dies within you, but whatever you do for others remains immortal."

Last week (September 15-19) I was asked to research and visit the different daycare centres of Tabuk which IAT founded in the early 1990's with your assistance. These daycares still exist in their barangays but are now being covered by the Department of Social Welfare and Development (DSWL), the Department of Education with the help of the local government unit. The teachers said that they are very grateful to all of you for the great support you gave to them for the past years. They especially appreciate that during the time of your support, as well as receiving a teacher's stipend they were also provided with instructional and daycare supplies. During this time, IAT also offered them continuous supervision as well as regular trainings and seminars to enhance their teaching skills and awareness which has been a great asset to their current situation. They say that most of the original children have now graduated as professionals working either in their villages or the greater city, enabling them to be of assistance to their families.

Thank-you very much for being part of the IAT family until now. You have played a very important role in the building of these daycares. Without your support, these programs would not exist today. May the creator provide for your needs and grant your aspirations for this life. We, the IAT family are so proud and grateful to you all for your genuine generosity in sharing your blessings to the less fortunate and to those hungry for quality education!

*Very truly yours,  
Janice Bulao*

### Postscript

It has been 16 years since I last visited the original daycares receiving Quadra's support. To celebrate our 20th anniversary, I will be travelling in February with my husband as well as two friends and sponsors to visit the current daycare villages as well as to reconnect with IAT staff and experience their programs in northern Kalinga. We will bring with us clothing for the preschool children as well as have the honor of attending Kalinga Days, a celebration of traditional dance, food and tribal culture. We look forward to sharing this experience with our Quadra community upon returning later in the new year, so be sure and stay posted!

*–Carol Foort*



PHOTO FROM BASAO DILAG DAYCARE



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**W**hat a weekend for the Abram family! The deadline for nominations for Director of Area C has passed with my position being uncontested, it was Thanksgiving, and today is the five year anniversary of my successful prostate surgery! I am so lucky to be alive and to have a wonderful, supportive family and to be your representative again. My thanks to the gods, goddesses, the universe and to you!

### A reminder to all men

So about that prostate... Men: Are you being tested regularly? If not, why not? Don't be stupid. It is no big deal. Make an appointment and get it done. Your life could depend on it. No one has to remind most women to get their annual mammograms. Maybe they are smarter as a gender. Think about it. Get it done. (This public service reminder brought to you by a five year cancer survivor.) 'Nuf said!

### Thank You, Area C!

I would like to take this opportunity to convey my most heartfelt thanks to all of you in Area C for putting your trust in me to represent you for the next four years (we are now in four year rather than three year terms). It has been an extreme honour to represent you in the past many years and I look forward to all of the challenges and rewards of the next four years. I will continue to work at keeping Quadra Island and the outer islands as the places that you came to because of what they are: pure beauty! We are all so lucky. Our day to day lives don't always allow us to take note of that, but it is true. We are blessed with beautiful places and beautiful people. Try and always remember that.

### The future

So, what can I offer you in the next four years? My endless energy to start; my belief in you as human beings with common goals; my tenacity; my experience in every facet of this position; my connections with other orders of governments (First nations, Federal and Provincial); my involvement in other local government organizations (UBCM and AVICC); my continuing participation in every planning and advocacy group in this province and federally; etc!

### Just a note on BC Ferries

We have been totally preoccupied with BC Ferries and believe me, it has not let up a bit. The fight continues. The strategizing continues. I wake in the night with new ideas and jot them down so I can deal with them in the morning. Right now I have two aces up my sleeve. One is a commitment by the Premier to meet with me personally on this issue. This is a separate meeting from the one she promised us as Regional District Chairs later in November. The other stream I am pursuing needs to be kept under wraps for a bit longer, but I can say that it is a Federal approach to looking at this situation. I will know about that this coming week and keep you informed. We are also insisting on a Ferry Advisory Committee meeting at the end of this month and the FAC will meet regarding the ridiculous ferry schedule we have all come to hate so much. This will be a key meeting. I have to chuckle a bit, because when we win this overall ferry battle with the government, they are going to have to change the schedule again anyway (we are going to win, ya know)!

### Telus. Yes, Telus!

Life beyond Ferries! I am setting up a meeting with the Regional Manager for Telus in Victoria in the next weeks to discuss the fibre optic connection project here on Quadra. This comes out of my meetings with Ministers and Ministries over our internet / cell / data issues. I had extensive meetings at UBCM on this topic and they obviously did

some good.. Just how much good, we will find out after my meetings with the top man. This file is an obsession with me, so don't think that I have given up on it. Not a chance. I, along with other directors, even managed to get it as a Strategic Priority of our Regional District! I can only push them as fast as they are willing to go, but I will keep pushing.

### Seniors Housing

One of the files that I feel is going to be all consuming for me is the seniors issues that are being dealt with so capably right now by Quadra Circle and the Seniors Housing Society. Hopefully soon they will be joined into one, even more effective group of committed advocates! I intend to work at their sides to make seniors housing, assisted living, independent living and housing for all age groups a "top of the list" priority. Work goes on as we speak and I will now be devoting far more of my time to making it work through SRD involvement and finding money to make it happen through whatever sources we can come up with. I really look forward to making this happen as one more piece of the Local Area Plan puzzle for Quathiaski Cove.

### Services to Cape Mudge Village

Last but not least, I have had some interesting conversations about services being provided to Cape Mudge Village. I see this as an extremely fortunate opportunity to have our local First Nation and our non-first nation communities partner on some basic services that will improve island life and make things better for all of us. I am speaking of the provision of water to the Village from the south end of the reserve and my suggestion was that if a right of way (ROW) for water needs to be created, why not be creative and look at a sewer line in the same ROW and extend it on the upper bench all the way to the Noble Rd. area, connecting the Village with our Q. Cove sewer system. Then the thought came to my mind, that we are seeing Green Road along the water going to the Cape, erode annually, so why not make that ROW on the upper bench include a road, sewer and water service? I will be trying to set up a meeting with the Band Council to discuss this and if they are agreeable then I will talk with the Ministry

CONTINUED NEXT PAGE

## New Listing



Beautiful gardens surround this cute cottage on gorgeous 1.36 acres. The property is zoned for 2 dwellings. Home offers a sleeping loft, new bathroom, new fridge and flooring. The productive vegi garden, fruit trees and above ground pool add to this special package. offered at **\$212,000!!**

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Up the hill and round the bend  
Will the ferry line ups never end.  
You can wait two hours for this ten minute cruise,  
So pack some lunch and have a snooze.  
And when you reach the other side  
It's time to line up for the very last ride.  
No shuttle service, no extra run  
So relax and enjoy the setting sun.  
Yes the Ferry Corp. are working to rule,  
Just collecting fares and conserving the fuel.  
Now the ridership's down, they say they've made money.  
Their financial accounting sounds kind of funny.  
They even created some new ports of call  
Where they don't have to sail any ships at all.  
Now that's a saving you must agree  
Selling cruises to places that have no sea.  
The corporate wizards just spin and weave  
Their websites read like make-believe.  
They package the ferries like deluxe vacations!  
Who pays for these fancy publications?  
Leave the promotional ads to tourism BC.  
And our maritime highway might operate free.  
Give the fleet to the department of transportation,  
Minister Stone can promote his summer 'Stay-cation.'  
He has just completed 'The Discovery Coast Tour.'  
You will find that one in the ferry brochure.  
I wonder, did he travel on a ferry pass!  
He's right up there with the very top brass.  
Well, what does it matter... they're making a profit,  
It won't take long for the CEO's to scoff it.  
This endless tale goes on and on,  
We wait in line at dusk and at dawn.  
We complain and protest but our pleas are in vain,  
When the boat sails... we're still parked in the lane.  
Yes, the BC Experience is unique and remote,  
If you wish to live here... invest in a boat.  
-by Ann McLean

## CONTINUED FROM PREVIOUS PAGE

of Transportation to see about the feasibility of the project and willingness to go along with it. There will need to be serious talks with the Federal government regarding funding since the entire project would be on reserve land. There may be a willingness to at least have a look at this project. All suggestions and comments welcomed! Stay tuned!

That's it for this Thanksgiving Monday. Feel free to call me between the hours of 8:30am and 7pm, Monday through Friday (please, not on weekends,

folks) at 285.3355, or you can fax me at 285.3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... or on Facebook at <https://www.facebook.com/JimAbram...> If it is important, my cell is 250.830.8005... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285.3355. Many thanks!

*Respectfully submitted,  
Jim Abram, Director,  
Discovery Islands-Mainland  
Inlets (Area C), SRD*

## QI Outdoor Club Upcoming Events

As the season changes, the Outdoor Club is looking forward to the planning meeting for the winter. We will be meeting on November 8th to brainstorm about winter hiking, skiing, snowshoeing trips and possible other events. The meeting will be held upstairs at the Community Centre at 2:30 on Saturday afternoon. In addition to local hikes and day-trips to Mt. Washington, we may organize multiple-day trips to Mt. Washington and to the Tofino-Ucluelet area. These trips are for you, so bring your ideas for the winter. Everyone is welcome.

If there are destinations for hikes you would like to do in October, please email [qioutdoorclub@gmail.com](mailto:qioutdoorclub@gmail.com). For more information about the Club, visit the webpage at [qioutdoorclub.org](http://qioutdoorclub.org). To join or renew, contact Darcy Mitchell at [darcym@telus.net](mailto:darcym@telus.net).



## Campbell River's Home Grown Health Food Store

OCTOBER is  
NON-GMO month



Look for the non-gmo verified label on many products in store.

### CHOICE TEAS



Organic

**\$4.49**

16 Bags 32g

### BEANFIELDS



**Chips**

**\$3.49**

170g

### VEGENAISE



Chipotle & garlic  
spreads

**\$4.79**

355ml

### LUNDBERG



Organic

**Rice  
Cakes**

**\$3.99**

240g

On October 23 Healthyway will contribute a percentage of our daily sales to the non-gmo project.

# HEALTHYWAY Natural Foods

Discover more savings in our flyer  
[www.healthywaynaturalfoods.com](http://www.healthywaynaturalfoods.com)

Prices in effect until October 31 or while quantities last

## Campbell River Cenotaph

In honour of this region's fallen soldiers, the Museum at Campbell River, in partnership with the Campbell River Genealogy Society, has created an exhibit about the Campbell River Cenotaph, entitled 'Our Cenotaph', that will be on display from October 10 to November 16, 2014.

Wherever possible, photographs of these brave men, who volunteered for service in both the First and Second World Wars, are included with descriptions of their lives and their contributions to the war effort. In many cases, these were very young men, who did not live to see the futures they envisioned, so poignantly described in letters home.

While each year on Remembrance Day, we have an opportunity to pay our respects to the men on our Cenotaph, for many of us they are just names. Through this exhibit, the human beings behind the names are revealed; who gave their lives in service to their country.

There will be an Open House on Friday, October 10 from 4:30pm to 6:30pm at the Museum, 470 Island Highway. Refreshments will be served. The Museum will also be open on Remembrance Day, Tuesday November 11 from noon to 5pm, and entrance to the exhibit will be free of charge. For further information call 250-287-3103.



## Annual Service on Quadra

Our annual Remembrance Day Service will be at the Quadra Branch of the Royal Canadian Legion on Tuesday November 11th, 2014. Everyone is welcome and families with children are encouraged to attend. Please be seated by 10:45am sharp. The Legion Ladies Auxiliary will host the luncheon following the morning service. The evening festivities begin with membership initiations to be conducted at 4:30pm. The social hour starts at 5pm with dinner for

members and spouse/guest at 6pm. Honours & Awards and live entertainment with the Thievin Brothers will follow dinner. RSVP for dinner to Gillian Green 285.3739. See you at the Legion!

## Local Authors Reading at Quadra Library

An informal evening of local authors reading from their works will be held on Wednesday October 22nd at the Quadra Library from 6:30-8pm. For more information call 250.285.2216.



tag #heriotbayinn: your pic might get some legit ink!  
photo by Eileen Peters.

# coastal fare and island soul

**Sons of Guns** *Rhythm & blues, rock n roll too* • Fri, Oct 17

**Canucks vs. Tampa** *on the big screen* • Fri, Oct 24

**Blackberry Wood** *Halloween extravaganza* • Fri, Oct 31

join or enjoy: Open Mic with Mo Saturday evenings

Herons/Inn:  
285.3322

Pub:  
285.3539

## Heriot Bay Inn

a beautiful place to spend time



## Local Food Market Returns

Food Market Season is upon us and with the start of a new year you could tell that we were no longer greenhorns to the process! With the success of last year's Local Food Market at the Legion in Heriot Bay, food vendors have returned and were ready to go even before the doors opened. When you walked through the door the smell of freshly baked bread and freshly cut basil filled the Legion. The rich autumn harvest came from farms like Poultry Palace Gardens, South End Farm, The Quadra Farm, Granite Bay Farm, Cortes Gardens, Topcliff Farm and Goosefoot Farms. Together we brought in apples, peas, beans, potatoes, turnips, carrots, onions, radishes, squash, pumpkins, cucumbers, kales, escarole, lettuce, arugula, chard, garlic, hot peppers, and many kinds of fresh and dried herbs. For meat we had pastured pork and chickens in the freezer. LB Sweets was on hand with chocolates, truffles and specialities; Elysia's Yummy Baking offered a table full of breads, baguettes and cookies; Edith's Baking featured sourdough bread, baguettes, and Sunday bread and rolls. You could get red and white grape juice from South End Farms, and pickles and jams from Cortes Gardens.

The Local Food Market gives farmers and food producers a place to connect with islanders and hear what they'd like us to provide. What we're hearing this year is that people are looking for eggs – so if you have some to sell, please bring them on down to the Local Food Market!

We invite local restaurants and cafés to come to the Market and get acquainted with Quadra's farmers and food producers, so local food can find a place on all island menus.

## Small Farm Food Production

The Garden Club will meet on Monday October 20th, 7pm at the Community Centre. The guest speaker for this special harvest time meeting will be Tom Henry. Tom's presentation is titled 'an extremely casual conversation about trends in small farming.' He'll discuss current small farm issues including sustainable agriculture, managing the farm environment, and the politics of farming and marketing on a local level.

Editor of Small Farm Canada, a national magazine about small scale agriculture, Tom also raises sheep, hogs, chicken and wheat on southern Vancouver Island. Building a local food system is his dream job, and part of his conversation will be sharing his experience coping without the missing infrastructure to support local food.

Tom farms 90 acres, but only owns two, giving the owners of the land benefits such as tax credits. These acres would probably not be used for agriculture otherwise.

Since many crops this summer did extremely well due to the outstanding weather, so please bring something from

your garden that you'd like to share with the Club. Annual membership is \$10, \$15 for a family. \$3 for drop-ins.

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## The Summer Market Thanks You!

The summer market is over for another season. Wasn't it a wonderful summer? We want to take this opportunity to thank everyone who made this summer's market another great success.

First to the Credit Union for allowing us the use of their green space: what a lovely location! To Ross Doak of All Clear, you are certainly #1 with us! To Greg Ross, our thanks for putting up the heavy signs. To the musicians that entertained us, keep the music coming! Thank you also to Steve Moore for organizing the market music.

The vendors were fantastic this year. We appreciated your camaraderie. It's like a big family! To the islanders and visitors, thank you for your continued support for another successful market year.

Thanks to the directors, who volunteered their time to keep things running smoothly and for finding space for just one more vendor. And thank you to Philip Stone for advertising all of our events. It was great fun and we hope to see all again next summer. Take care, everyone!

—Stella, Naomi and Michele



## IN REVIEW: JOHN SCHEVERS at Campbell River Art Gallery

It's easy to get beguiled by a John Schevers painting. First off, it's the chunkiest painting you'll ever see, a surface inches thick made with stuff that would surprise you: building materials, foam rubber, mortar, damar resin, much of it distressed (yes, on purpose) by heat, and all of it coloured with pigments suspended in hot beeswax. Stand close and look across its surface: you're staring into a complex, detailed topography. Step back, and the whole thing reconstitutes back into two dimensions.

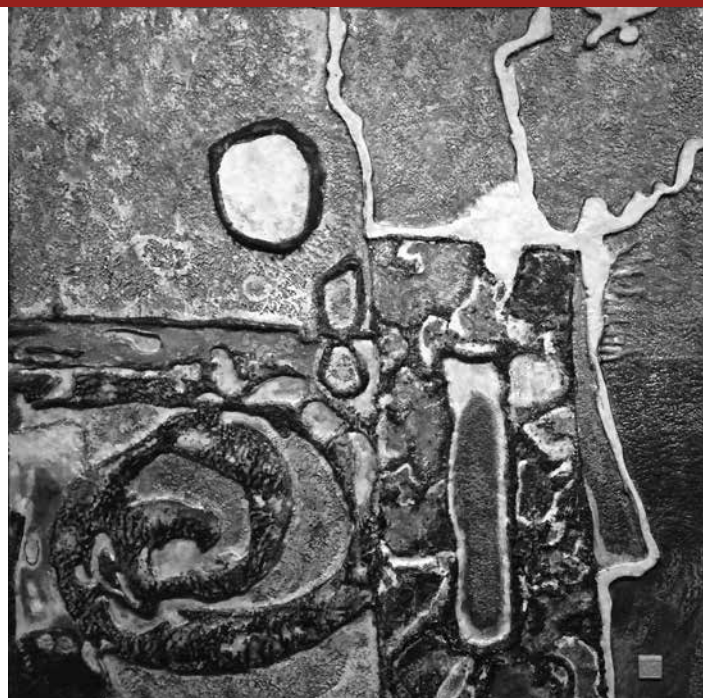
It's something of a paradox that this work – all about shape, texture, colour – offers passage beyond the surface through a portal of symbols the artist is developing from piece to piece.

It's not a literal language, of course, but one that's evolved from a lifelong passion for early cultures and their icons. Born in the 1963 in the Netherlands, John studied fine arts and graphic design, travelling to Greece as a young graduate to learn pottery and sculpture. Travel proved a valuable teacher, and he added silk painting, printmaking, glass blowing and casting to his repertoire of skills. In 2003 John and his family moved to Vietnam where he studied lacquer painting, a 3000-year-old technique originally used to waterproof temple walls. It was a perfect fit with his deepening attraction to Buddhism, ancient cultures and symbols.

Fast forward to 2014. The ten paintings in 'Passages and Transformations' in the Campbell River Art Gallery say new things about ancient concepts through a contemporary clash of mixed media. Of his choice of materials, John says they're simply a means

to an end. The substance of his inquiry is with the cycle of life, beginnings and endings, and all that resides in between.

The work covers a lot of distance, and not just figuratively. One moment the paintings are pushing you back so they read like landscapes seen from a plane. The next moment they've got you an inch from the frame, pulled in by that micro terrain of surface.



That's when you see the small white cards, one beside each painting. You lean in, expecting date, title, and the like. What you find is a short evocative prose poem by Annette Yourk written in response to John's paintings. And the distance you travel becomes greater again.

Read as much or as little into these pieces as you wish; that's what you bring to the work. What the artist brings you is an invitation to journey in a new experience not of your own making, but one that offers passage into a shared landscape of possible meanings.

Passages and Transformations runs until October 31 in the Main Gallery.

—Robyn Budd

### Physical Wisdom

The wildest storm  
ravaging your solid ground  
is pledged to draw  
calm weather in its wake

Dreaming the Earth, a collaborative exhibition influenced by the wild and natural world, is currently showing in the Discovery Gallery. Lisa Gibbons of Cortes Island creates mixed media paintings; Donna Naven (Comox Valley) works in stone. Both artists' work reflect their connection to the living earth. Gibbons's paintings are representational images of nature with a subtle nuance of the metaphysical. Naven is a primarily self-taught stone sculptor. Originally inspired by images of Neolithic stone goddess figures, she breathes new life and narrative into these natural forms, and her use of fossilized stone adds to their material richness. Until October 31.

Fri 17 Oct	Sat 18 Oct	Sun 19 Oct	Mon 20 Oct	Tue 21 Oct
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9°C	11°C	11°C	9°C	

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## ICEMAN: The Making of a Glaciologist

Stan Paterson, a long-time resident of Quadra, was the glaciologist of the title of this memoir that he wrote in his final years. It was published after his death last October.

Stan was born in 1924 and grew up in Edinburgh, where he studied maths and physics and started climbing in the Scottish hills. This led to two expeditions to Greenland in the 1950s, where he helped survey the Greenland Ice Sheet; and another expedition to South Georgia (of Shackleton fame) where the team of eight produced the first complete map of the island's interior mountains. He left his name on one of them. Later he studied at UBC and became lead scientist in Canada's ice-drilling program in the Arctic for EMR's Polar Shelf section.

Although in his later years he climbed and skied in the BC he loved, and continued collaborating with glaciologists overseas – he was awarded the Richardson Medal for Outstanding Services to Glaciology in 2012 – it was the early days that stood out for him. Although that kind of scientific exploration is still around, glaciology is usually more sophisticated these days so it's useful to be reminded of the humbler beginnings of a new area of knowledge – from measuring the thickness of an ice sheet to digging holes in it to checking out the composition of the air bubbles trapped therein. Aha! For anyone interested in the first steps of the science



that structures our understanding of global warming or perhaps wondering about the shady sub-text of expedition life, Stan brings a humorous eye to his days in the field.

*Iceman: The Making of a Glaciologist* (Papyngay Press, 2014) was published last spring and is available from Amazon for \$13.50 or as a Kindle download. The Campbell River Library also has copies.

–Lyn Paterson

## Let's Protest Canada's New War!

Canada is at war. Six hundred Canadian soldiers are going to Iraq. Many Canadian soldiers died these last ten years in Afghanistan and finally we just pulled out. Now another endless war in Iraq. The Globe and Mail Headline says: 'Divided House Gives Government Mandate for Combat Mission' (October 8, 2014) The 134 NDP and Liberal MPs voted against the war, but much more protest is needed. Across the nation, peace groups are becoming more active. Let's form a local anti-war group on Quadra and take local and national actions, such as public meetings and demonstrations. If three or more people volunteer, I'll call a meeting to discuss what we can do. Just call me, Steve Moore, at 285.3323.



## Pickleball starting soon!

Pickleball is starting again on Tuesdays. Please mark your calendars – first day of play is October 14 at 4:30pm at Cape Mudge Hall. Drop in fee is \$2. If you don't have a paddle, we have extras. Please join us for this fun sport. Beginners are always welcome. For more information contact Doris at 285.3610 or Ken and Louella at 285.2580.

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## 'Til Death: The Six Wives of Henry VIII

A comedic, one-woman 'tour de force' entitled 'Til Death: the Six Wives of Henry VIII will bring to life all the messy details of the six wives of Henry the VIII and the King himself in this highly acclaimed Monster Theatre production on Saturday, November 1st at 7:30pm on Quadra's Community Centre stage.

Six Queens, six love stories, six deaths... one actress: Tara Travis! "Her performance is absolutely astonishing and is reason alone to see the show." (soundandnoise.com, Edmonton)

The action starts in the after-life, where one by one the wives of Henry VIII arrive – to the shock and dismay of each previous wife. Becoming a heated frenzy of an ex-wives club they swap stories, toss Anne Boleyn's head around, and fight for the right to be acknowledged as Henry's true bride and eternal partner. That is, until Henry arrives and everything changes....

As the winner of Vancouver's Pick of the Fringe, 'Til Death has captured the attention of audiences across the country. Playing to sold out theatres, 'Til Death was described as "...hilarious, touching, thought provoking and educational" by Theatre in London where it was chosen for Outstanding Individual Performance and Producer's Pick.

Actor-writer-puppeteer Tara Travis is the Artistic Producer of Monster Theatre, with whom she has created, and performed in, 'Til Death, Mini Masterpieces, The Shakespeare Show, Houdini's Last Escape and Lavinia: A Modern Fairy Tale of Gigantic Proportions. In the puppetry realm, with Sticky Fingers Productions, she has co-created and performed in Down the

Drain (A Puppet Traumenty), Swamp Lake: A Stormy Puppet Ballet and Fluffy 10th Street: Confessions of a Dirty Puppet. She was Puppet Supervisor and screenwriter on the PBS show Mustard Pancakes.

Founder and Artistic Director of Monster Theatre since 2000, Ryan Gladstone is the playwright and director of Til Death.



With only two exceptions, he has written, produced and acted in all twenty of Monster Theatre's original plays, including five one-man shows (No Tweed Too Tight, Every Story Ever Told, The Seven Lives of Louis Riel, Napoleon's Secret Diary and Confessions of a Class Clown.)

Equal parts comedy, tragedy and reality TV show, this one-woman play brings wicked humour and a humanizing touch to the women's story. "Go see this show and find yourself in Heaven. Comedy Heaven, that is." (umfm.com)

Advance tickets for 'Til Death: The Six Wives of Henry VIII are \$15, available at the Music Plant in Campbell River, and at Impressions and Works of H'Art on Quadra. Tickets are \$17 at the door. For more information, please call 250.285.2739 or visit [www.monstertheatre.com](http://www.monstertheatre.com).

## Character & Comedy: A Workshop with Tara Travis

Tara Travis of Monster Theatre will follow up her November 1st performance of 'Til Death: The Six Wives of Henry VIII with a workshop for actors on Sunday, November 2nd from 11am to 1pm at the Quadra Community Centre. Who better to help local performers find their characters and deliver comedy than the wildly funny Travis who plays all six Queens – and Henry VIII – in an amazing one-woman tour de force? There is no charge for the workshop, but space is limited. You must pre-register by Tuesday October 28th by email to [darcm@telus.net](mailto:darcm@telus.net). Participants must be at least 10 years old.

## Quadra Youth Theatre Auditions

Quadra Youth Theatre is following upon their highly successful production of *Monsters in the Closet* with a new production opening in early March. Auditions for this production will take place upstairs at the Community Centre on Saturday October 25 at 2pm. If you can't make the audition but want to participate email Chris Thompson at [ctom@castleprinting.ca](mailto:ctom@castleprinting.ca) or phone 285.3695.

Quadra Youth Theatre is open to any human of school age ... yes, even males of the species can play! There are small parts and there are big parts. If you like to dance we can arrange that. If you don't like to dance we can arrange that as well. Rehearsals will start after the pantomime is finished. Heidi may do some dance work before the panto is finished but it will be at a time that does not conflict with school or the panto.



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This year's 'At the Table' features a literary theme as we journey through regions of the world celebrating well-known local authors and their famous—or infamous—love of food and drink.

### 2014-2015 Events

- North America Nov. 15<sup>th</sup>
- Western Europe Dec. 6<sup>th</sup>
- South America Feb. 7<sup>th</sup>
- Eastern Europe Mar. 7<sup>th</sup>

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## Quadra Island Links Iron Man and Maiden

Due to overwhelming demand (or was it a typo?), the deadline to register has been extended to Friday October 17th at 3pm sharp!

The Iron Man–Iron Maiden 18 Hole Golf Tournament will have both Men and Ladies grouped in teams of four vying for the respective prestigious title! We recognize that people are registering teams of four; however, some adjustments may have to be made to establish overall composition fairness. We may be forced to make some players play one handed, left handed or simply tee from the blues!

All players attending the dinner afterwards at the Landing Pub need to make an advance meal selection so we can advise the Landing Pub accordingly. Registrants have the choice of one of the following: Fish & Chips, Quesedilla or Steak Sandwich, all with fries or salad as desired.

Speaking of the Landing Pub... they have sponsored a \$10,000 Hole In One on hole 9 for the Iron Man–Iron Maiden Tournament and Joe has advised that he would like to see a winner this time. Thank you, Joe, at the Landing!



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## Community Winter Market @ QCC

Upcoming market: Saturday, October 18th from 10am–2pm. Our first market was great – it was good to see all our friends.

As you might expect, our market welcomes gardeners! The market is a great place to sell all those winter squashes, kale, beets, turnips, garlic and eggs. And how about those extraordinary beets, roma tomatoes and pumpkins!

You'll also find accessories, art, baking, beads, baubles, cards, chocolate, crochet, herbal teas, jewelry, knitting, poetry, photo art, preserves, sewing, soap, weaving, wood works, and woollens.

Audrey has been a busy Cookie Crumb Fairy but we have her making us delightful meals in our kitchen. She has Eggs Benny, Cinnamon Bun Pancakes, and French Toast at great prices. The coffee and tea are always on. Come out and treat yourself!

The dynamic duo (Magic Touch Chair Massage) will be back to provide Relaxing Chair Massages. Start your day with one of their massages and you will be pleasant and happy, ready to take on the world.

Norma's bringing a nearly-5-foot giraffe – imagine snuggling up on this new buddy, a good book in hand while the winter storms blow outside. Kris Wellstein may bring her guitar and play some folk songs.

After this market (October 18th) our next is November 1st. If you'd like to play music in our market environment (by donation) please call Michele at 285.3747 or Stella at 285.3184 or email [quadraislandmarket@gmail.com](mailto:quadraislandmarket@gmail.com)

On December 6th we will have the Willowshes with original folk, and on December 20th Sid Williams will play for us. See you soon!

–Stella and Michele

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## Flu Season is Here

Seasonal influenza, often called the flu, is a serious, infectious and contagious respiratory illness. You can spread the flu 24 hours before showing any symptoms, and five to seven days after symptoms begin.

Every flu season is different, and influenza infection can affect people differently. Even healthy people can get very sick from the flu and spread it to others.

Getting immunized is one of the best ways to protect yourself, and others, against the flu.

There are several commonly asked questions about the flu vaccine:

When is flu season? The flu seasons typically runs as early as October and as late as May.

How long does the flu shot last? The flu shot lasts one full flu season.

Should I get the flu shot if I never get sick? Some lucky people get the flu and don't even know they have it. They can still pass it on to others. We give the flu shot younger, healthy people so that they will not be able to infect young babies and the elderly.

Is the flu shot safe for pregnant woman? Absolutely, the flu can be dangerous to expecting mothers but the flu shot is safe.

Do I have to have the flu shot? Receiving the flu shot is a personal choice every person has to make on behalf of themselves and those around them, especially the young and the elderly.

How much does the flu shot cost? The flu shot is free to Canadian citizens.

Who should not get the flu shot? If you have an allergy to eggs you should talk to your doctor before receiving the flu vaccine.

Harbourside Medical Clinic will be offering the flu shot to all patients of any clinic on October the 25th and November the 1st by appointment. Please call 250.285.2265 to schedule an appointment and reserve your flu shot.

## Acoustic Jam

The Acoustic Jam is back in the Upper Realm in Q Cove on Friday Nights. Guitars, hand drums, flutes, harmonica, whatever. From around 8pm to whenever. Call Pat at 285.2807 or Tim at 285.2314 for more info. Also, a just hand drum jam continues on Wednesday nights at 7:45 to 9:30pm. Call Steve at 285.3323.



## THE LAKES ON QUADRA & CORTES

### Algae Update #5!

It's October, and fall rains are coming down again, and streams, rivers and lakes beginning to rise. I'm returning from Vancouver on Thanksgiving day. I spent the weekend before I left, October 3 to 5, at the LakeKeepers course on Cortes at Linnaea Farm. Rick Nordin, a limnologist and member of the BC Lake Stewardship Society, came down and taught the class to about 20 of us, mostly members of the Cortes Community.

In my last update, I discussed the algae blooms that took place this year on Cortes in Hague and Gunflint Lakes, two connected lakes in the heart of the Cortes community, adjacent Linnaea farm and Manson's Landing, to name a few. Apparently the blooms in Hague and Gunflint were much more extensive and longer lasting than the blooms we have now seen occur three springs in a row in Village Bay Lakes on Quadra.

Cortes residents have begun a lake sampling program, looking at nutrient levels, lake profile data over time like temperature and dissolved oxygen, as well as some e. coli sampling. Friends of Cortes Island

(FOCI) is organizing this community lake stewardship effort.

We still don't know for sure what's causing unprecedented algae blooms in two significant lake systems on two different islands. It's interesting that no blooms have been reported in some of the other lakes on Quadra and Cortes. What makes these lakes different? What makes these years different? Why do the blooms take place in the spring and then break up in Village Bay Lakes by early summer, but last much longer on Cortes? There are lots of questions to pursue here. By the way, if anyone has observed unusual algae blooms in any other Quadra (or other island) lakes, please be in touch!

I again invite any members of the Quadra community to contact me about this issue. I'd like to set up a meeting this November to talk about the lakes, what we know, and gauge interest in a community monitoring and stewardship project. I particularly want to invite anyone who loves the lakes, north Quadra Islanders, Trout Derby enthusiasts, Quadra Land Stewards, and anyone else who finds this subject interesting. Contact Lauren at 285.2787 or bodiesofwater@gmail.com if interested!

Happy Thanksgiving everyone! My gratitude goes out to this island, to the big blowing ocean waves that tumbled me just south of Campbell River, to our beautiful drinkable swimmable waters, and to this fantastic, engaged, supportive community.

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## LOCAL GOVERNMENT

### Local leaders to explore ideas for building healthier region

**C**ampbell River, BC – On Friday, Oct. 17, 2014, local government and First Nations elected officials within the Strathcona region will gather for a workshop to explore opportunities for building healthier communities through policy, planning and collaborative leadership.

This is the first time that local government elected officials and staff from regional, municipal and First Nations governments within this region, along with health authority representatives and community partners, will come together to discuss a collaborative approach to regional health and well-being.

The workshop, Making the Links, Making it Happen: Planning Together for Sustainability, Health and Well-being, is part of the PlanH program, a partnership between BC Healthy Communities Society and Healthy Families BC which supports local government engagement

and partnerships across sectors for creating healthier, sustainable communities.

“Collective action across all sectors – government, community groups, non-profits and individuals can greatly affect the health and well-being of citizens within our region,” says Jim Abram, Board Chair for the Strathcona Regional District. “We need to come together, listen to one another and identify steps we can take to improve the health of our communities.

More information on this workshop is available on the Strathcona Regional District website at [www.strathconard.ca](http://www.strathconard.ca).

The Strathcona Regional District is a partnership of four electoral areas and five municipalities providing approximately 43,000 residents with 55 services including parks, liquid and solid waste systems, fire protection, emergency preparedness programs and a full-service sports facility.

## QUADRA CAT RESCUE

### What to do if you find a stray - or a stray finds you!

**C**ats that are lost or abandoned on Quadra often end up trying to seek out safe refuge in a new neighbourhood.

Here's how you can help:

- Inquire whether anyone in the neighbourhood has recently left or moved in, and might be separated from a pet.
- Contact Quadra Cat Rescue in case we've been contacted by the cat's owner.
- Email a description and provide a photo so that Quadra Cat Rescue can poster and advertise online. Our email address is

[quadracatrescue@yahoo.com](mailto:quadracatrescue@yahoo.com).

- If no owner can be located and the cat is tame, coordinate a time for Quadra Cat Rescue to take the cat to the vet to ensure it's spayed or neutered.
- If the cat is extremely shy or feral, work with Quadra Cat Rescue to coordinate trapping the cat to have it spayed or neutered.

“If we can't find a stray cat's owner, our priority is to make sure the cat doesn't reproduce,” says volunteer Valerie van Veen. “In three years, one cat pregnancy and reproduction by her kit-

## UPCOMING EVENTS

### Mountaineire Avian Rescue - and Shakespeare too

**D**on't forget to mark this Friday October 17 in your calendar! Mary Jane Birch, founder of the Mountaineire Avian Rescue Society in Courtenay, is tonight's welcome guest of Sierra Quadra. For nearly two decades the dedicated naturalists at Mountaineire (MARS for short) have been rehabilitating native bird species and rescue mammals from wildlife centres across BC. Mary Jane Birch (Maj for short) is the founder of MARS, a conservation educator as well as a wildlife rehabilitator. When Maj joins us on Quadra she'll be travelling with her 'bard' owl Shakespeare, who will no doubt have a thing or two to say about the night's proceedings.

Come to QCC on Friday October 17 for an engaging presentation by Maj and her feathered pal, and feel free to bring the kids. Doors open at 7pm so you can partake of our wonderful desserts and drinks. Admission is by donation, and Maj's presentation begins at 7:30.

#### CONTINUED FROM BELOW, LEFT

tens can lead to up to 500 births, and Quadra Cat Rescue volunteers have worked very hard to reduce cat overpopulation on Quadra, fundraising and fixing more than 400 cats and kittens since March 2009 – and finding homes for many that turned out to be strays or abandoned.”

Recent cat/kitten abandonment cases on Quadra Island:

- Two half-grown kittens were left in a crate in a local resident's driveway. They were about four months old and would have been far easier to adopt out if we'd had them sooner, ideally at
- Several cats – two adults plus kittens – appeared at Rebecca Spit Provincial Park. Since cats are not tolerated in provincial parks they were to be trapped and likely were destroyed.

“Quadra Cat Rescue was notified about the latest batch of cats in the park, and we are trying to help,” van Veen explains. “The most important thing is for people to call us to make arrangements before they take any action to trap or kennel the cat. There's a time limit on keeping cats in a cage, and we need advance notice to coordinate volunteers and arrange appointments with the vet.”

If you have too many cats, don't despair. Quadra Cat Rescue has funds available to assist with spaying and neutering. Contact us to have your cat or kitten added to the list for a future vet visit.

Quadra Cat Rescue can also help with adoptions. “While adult cats are hard to place, young kittens are in demand,” van Veen adds. “It's very important to notify our volunteers when kittens are very young to give us time to ensure they are



well-socialized and adoptable.”

Quadra Cat Rescue is in urgent need of foster homes to help tame kittens and to temporarily house tame adult cats. For more information, to volunteer or adopt already-fixed felines, or to make a donation, contact Quadra Cat Rescue by telephone: 250.285.CATS (2287) or via email [quadracatrescue@yahoo.com](mailto:quadracatrescue@yahoo.com). Or check out our website, [www.quadracats.com](http://www.quadracats.com).



## Delia Becker: Hello Cortes Islanders!

I am writing to let you know that I have put my name forward as a candidate for the position of Regional Director in the upcoming election. Here is a brief overview of what I will bring to the position of Regional Director. I will expand on what you could expect of me as your Regional Director in the coming weeks leading up to the November 15th, 2014 election.

### Why I am running

I very much appreciate our way of life on Cortes Island and am ready to contribute more to the Island. A number of people whom I respect think I will be a very good Regional Director for Cortes Island. I realize I have the qualifications, attributes and background to be effective in the position.



### What I have done

- My education includes Fine Arts and Bachelor of Science degree. I'm proud of the fact that I was the first female in my High School to take industrial arts.
- Since 1992 when I first moved to Cortes, I have worked in the shellfish industry, improving oyster and clam seed grow-out systems which are now used all over the world.
- I have worked for several years with youth education programs and the Klahoose First Nations' fisheries program and have worked for the Department of Fisheries & Oceans.
- I have been involved with a number of local organizations:
  - Desolation Sound Salmon Enhancement society, (volunteer)
  - Harbour Authority of Cortes Island (president)
  - Cortes Island Community Forest Cooperative (past board member)
  - Cortes Island Shellfish Grower's Cooperative (Treasurer)
  - Island Car Share (board member)

I am presently on the Advisory Board of the University of Victoria Centre for Cooperative and Community Based Economy. I have been a director with the British Columbia Cooperative Association.

### What I will bring to the position

I have been invited to join committees and boards because I'm both practical and cooperative. I believe in diversity of all kinds which I think are keys to a resilient community: cultural, economic, and natural. I believe in the democratic process along with both the rights and responsibilities that it brings. I will recognize and address the issues we are facing now without compromising the future.

For these reasons I ask you to support me on Election Day -November 15th. Contact me at 250.202.1673 or email [deliabecker1@gmail.com](mailto:deliabecker1@gmail.com) if you have any questions or suggestions.

*Sincerely,*

*Delia Becker, Working with Cortes Island Diversity*

*Authorized by Carol Cardew, Financial Agent - [carolcardew@outlook.com](mailto:carolcardew@outlook.com)*

## Cortes Literacy Now welcomes new coordinator Melissa Flagg

Cortes Literacy Now is happy to welcome our new LOC, Melissa Flagg. She will be working with the Literacy Task Group on all upcoming literacy programming.

In the last year we've had some great programming:

- Three adult writing workshops offered (Writing Prompts, Poetry, and Memoir Writing)
- 2013 Young Writer's Prize creative writing contest held and two \$100 cash prizes awarded, with 2014's wrapping up soon!
- Funded an off-island trip for local teens to Strathcona Park, with a focus on navigational literacy (in partnership with CCHA)
- Skills for Effective Grassroots Groups Workshop, provided by PeerNet BC with a grant from Learning Initiatives for Rural and Northern BC
- How to Read Music Workshop Series (Rhythm, Voice/Sight-singing, Guitar, Keyboard/Piano)
- Funded the additional 'Crafternoons' day for the CCHA Kids in Action program – this will also run in the coming year
- Funded the Simplicity Parenting Discussion Group, in partnership with CCHA
- Contributed to the funding of the Cortes WiFi Society's digital literacy programs
- Oceans & Arts youth programming (in partnership with Friends of Cortes Island)

For this year we've got an author reading tour coming up, as well as more Oceans & Arts youth programming. We've also helped to fund an intergenerational Reel Youth program, and the digital literacy programming that the WiFi Society provides. The Crafternoons youth programming still has some funds available, so expect to see more Crafternooning in the works, as well!

We'd love to hear your suggestions, ideas, and feedback, and you can still reach out via the same email address: [cortesliteracy@gmail.com](mailto:cortesliteracy@gmail.com). You can also find us on Facebook under the name 'Cortes Lit.'

Cortes Literacy Now provides enrichment programs that further personal, community and literacy development. We address essential life skills and promote lifelong learning on our rural island, while striving to meet the particular needs of the ever-changing Cortes community. We are proud to collaborate with other local organizations to provide diverse programming to engage the residents of Cortes Island.

For more information on literacy, please check out [www.decoda.ca](http://www.decoda.ca). Thanks for all of your great community support!

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**H**alloween with Blackberry Wood at the HBI Pub! A travelling caravan of ruckus, alt, country, gypsy, circus music. Costume up, come as you aren't and win prizes! Friday October 31, 9pm, \$10 at the door.

Harry Manx, November 20 and 21. A dinner show in Herons at the Heriot Bay Inn, 2 course dinner \$79. Ticket only \$59. Dinner seating at 6pm. Reserve 285.3322.

Hockey is big in the HBI pub! Enjoy the 8 foot screen, three TVs and Canucks Happy Hockey Hour during the first hour of Canucks games: pint of Keiths \$3.95, house wine (red or white) \$3.

Monday evenings: Dak's Pool Tourney. Play the game and meet new friends in the warm and cheerful HBI Pub, a great way to spend a dark fall night. Weekly winner entered to win grand prize in December. 7pm.

Wednesdays: (not Thursdays as our calendar infers) NEW UofQ Dean Barb Heinonen presents, on November 5: Gillian Green and Marilyn Lamb. Learn about Poppies! The Royal Canadian Legion's Poppy Drive will be in full swing. Learn more about the Royal Canadian Legion's Poppy Campaign, including why we wear a poppy, where the funds raised go, and how the Legion helps out in our Community.

November 12: Catherine Gilbert. It's a Maritime War! Learn about the WWII boats

that serviced the west coast and beyond. Local author and historian Catherine Gilbert with a fascinating pictorial presentation about the many vessels that served on Canada's coasts during World War II.

On November 19 it's Billy Dubois. Yes, our wood guru is back with the ins and outs of Heating with Wood!

Pub Education in the HBI pub starts at 7pm.

Friday Night Bands at the Pub: On October 17 it's Sons of There's no band on October 24, so come and enjoy the Canucks on the big screen.

Saturdays are amazingly eclectic at Open Mic, where else would you want to be? Talent abounds and surrounds when the stars come out at the HBI Pub, 9pm.



## Sold out crowd stalks specimens at Quadra Wild Mushroom Festival

**T**his year's mushroom festival was another resounding success. On Friday evening, October 3, over sixty people enjoyed the HBI's chanterelle

appetizers and an engaging and informative presentation by Dr. Shannon Berch, focusing on edible and poisonous species. Next morning, three dozen mycophiles joined Shannon and her colleague Sharmin Gamiet, together with local foray leaders, to comb Quadra forests for as many types of mushrooms

## Disposal Fee Schedule Approved

**T**he Comox Strathcona waste management (CSWM) board has approved a new fee structure for the disposal of waste at the Comox Valley and Campbell River waste management centres through the adoption of an updated bylaw.

At the September CSWM board meeting, the board approved fee increases for municipal solid waste (MSW) and construction and demolition (C&D) waste effective January 1, 2015. Both MSW and C&D will increase from \$110 per metric tonne to \$120 per metric tonne and incrementally increase in 2016 to \$130 per metric tonne.

"The increase from these tipping fees will be applied to capital improvements and the day-to-day operation and maintenance costs of our facilities," said Tom Boatman, senior manager of solid waste services. "As part of the region's solid waste management plan and the requirements for landfill operational certificates, improvements and upgrades to the landfill are not only necessary but mandatory to become compliant with the Ministry of Environment's regulations."

For more information on the current schedule of fees as well as those included in the updated bylaw, visit [www.cswm.ca/fees](http://www.cswm.ca/fees).

The Comox Strathcona Waste Management (CSWM) service is an extended function of the Comox Valley Regional District (CVRD) and is responsible for two regional waste management centres that serve the Comox Valley and Campbell River, as well as a range of transfer stations and smaller waste-handling and recycling facilities for the electoral areas of the CVRD and the Strathcona Regional District. The CSWM service manages over 100,000 tonnes of waste and recycled material and oversees a number of diversion and education programs.

a research component to the annual celebration of local fungi. Myco-blitz, anyone?

Many thanks from the festival committee to the Heriot Bay Inn, the Quadra Island Outdoor Club, the Quadra Island Recreation Society, and to all who attended our fourth annual event.

## Visitor Information

### Pick Up A Copy

of the Guide to the Discovery Islands and the Quadra & Cortes maps



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## Dear Editor,

One of the many things I like about our Quadra community is the way people paint 'FREE' on a piece of cardboard or board and sit it out at the end of their drive along with their unwanted possessions and useful junk for others to take. This practice gives those people and the Quadra community positive names as recyclers and sharers, and gives the poorer and the more-opportunistic and the more-curious of us a break when we look such freebies over, pick them over, and maybe grab something. When you see some of the treasures our society throws away daily (people occasionally pick priceless original Master's paintings out from dumpsters), and how the landfills are filling up quickly and filling partly with toxic and long-lasting things, is not recycling as much as possible a wise strategy for our species and our planet? Let's do it.

—Yours 'FREE',

Greg Ross

## Dear Editor,

The BC Salmon Farmers Association declared Aquaculture Awareness Week for the week of September 22. I find it ironic that their advertising had a headline "Eco-Conscious Farming – for now and tomorrow." Because the industry, supported by Vancouver Island MPs James Lunney and John Duncan, wants new regulations to allow more use of chemicals and less control of waste.

Here is text from the proposed regulations: "The proposed Regulations would prescribe the classes of substances authorized to be deposited, and would specify works, undertakings or activities authorized to be undertaken. These provisions enable: the deposit of products to control fish pathogens, pests and biofouling; the control of pathogens, pests and biofoul-

ing; the deposit of biochemical oxygen demanding matter; the installation, operation, maintenance, and decommissioning of an aquaculture facility; and the killing of fish for the purposes of fish pathogen, pest and biofouling control."

West Coast Environmental Law has said in a media release, "The regulations would permit aquaculture facilities to dump drugs, pesticides and biochemical oxygen demanding matter (fish food and waste) into fish-bearing waters without a licence or environmental assessment. Proposed by DFO, they would also exempt the facilities from the prohibition against causing serious harm to fish. The proposed regulations would require facilities to submit annual reports, but existing farms would not need to include in those reports a description of the impacts of their operations."

Comments can be made on the proposed regulations on the web site [consultingcanadians.gc.ca](http://consultingcanadians.gc.ca) until October 22, 2014.

—Sincerely,

Eileen Floody, Tofino

Have an opinion to share?

Submit your letter  
to the DI by email:

[news@discoveryislands.ca](mailto:news@discoveryislands.ca)

PREFERRED

Regular 'ol mail with a stamp to  
Box 280 in the Cove or drop it off at  
Inspirations

If it's too long it may be chopped!  
Please be concise



Ge, Phil, if you ever need a hand once in a while with the DI, let me know. I might have some time." That was my opening pitch to DI editor Phil Stone a few months back. A tad non-committal, it was well intentioned just the same, although in the course of an off-island summer I sort of forgot it had been proffered. Sometime in August, though, I got an email from Phil saying he'd like to take me up on my offer as he was heading off to teach a photography course. We met a few times, went over the ropes, and he handed me the DI office key. Then he was out the door. "Have fun, do whatever you want, see you in a few weeks!"

Did he really say that? He must have, because I did – have fun, that is. It was great to be back in the land of ads and articles and last-minute requests and oh-heck-what-now panics about what to put on the cover. Of someone else's magazine. No pressure there.

Lucky for me the teachers were still on strike – should I thank Christy? My friends on the picket line had just made a gorgeous banner which I figured was begging to be on the cover of something. I volunteered the DI and took pictures with my iPhone.

Oh, and I played around with some fonts and photos and re-jigged the visuals a teensy bit, figuring it all came under the heading of Whatever.

Miraculously, nothing broke. Phil had a few loose ends to deal with when he came back to the office, but on the whole we were both pleasantly surprised that the issue had turned out so well. It seemed a logical progression to take things further, so I gamely leapt into the next issue and Phil gamely disguised any trepidation he may have had. A looming book deadline kept his mind off my occasional yelps from the cheap seats. Granted, this time there were a few last minute interventions to adroitly correct ad sizes, but in the end another issue hit the stands and everybody was still talking to one another.

And so here we are. A third collaborative issue is presently in your hands, and we're getting a nice show of – well, thumbs – in the upward position, which we take to be a good sign. What's ahead? Well, if there's anything I love more than designing stuff, it's writing it first. So I will spend some hours at the pointy end of a pen from time to time, and continue working with Phil to make the DI easy on the eyes – and the 'essential companion' to all things Quadra!

—Robyn Budd, new kid on the block

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## THE FALL FAIR: A RETROSPECTIVE

The dust has settled after our fourth successful Fall Fair. Harvest is behind us, we are giving thanks for what we have and the time seems ripe, in these damp and darkening days, for reflection.

If you think the Fall Fair is a well-oiled machine that accomplishes set up, facilitation, take down and clean up of a major community event; and provides activities, entertainment, competitions, demos, vendors, food and tons of fun for over a thousand people in under 48 hours... you'd be right. But that's only half the picture.

Every event – from chicken poo bingo to Tea Nook, needle arts to crosscut saw, registration to livestock – requires coordination. Each one has a team leader and a team behind it.

When you look past the event to the human and procedural infrastructure you see the results of careful planning, combined effort and community support.

An example of community support is the Fire Department's donation of time and muscle. They step in when needed most – at the end of fair day. They take down the event with impressive speed and efficiency. If fewer people contributed, the task would be overwhelming and unsustainable.

Sustainability is part of the Fall Fair's mandate and strategies were built into the fair at its inception. Organizers researched other fairs and designed events, activities, grounds and services informed by their findings. They studied expenses and fees, organizational frameworks, programs and catalogues. They created systems and processes for smooth execution by volunteers.

But after four years of dedicated leadership, design and implementation, the big sustainability question remains.



PHOTO DON MOTTERHEAD

A high number of key volunteers – for a great many community services and activities, including Fall Fair – are people in their fifties, sixties and older. This isn't news to Sioux Hartle.

"After every fair we ask ourselves: Is the volunteer base deep enough to sustain the fair at this level? Is there a tipping point? Our community is generous, but is it sustainable to expect donations year after year? Ideally, people should be able to cycle in and cycle out as needed."

It took a lot of work to create a venue of this scale that functions well, looks good, and attracts people. It is open to the community to access, participate in and shape. It offers opportunities. Best of all, the bulk of the work has been done.

And it all began with three creative instigators inspired to celebrate the bounty of Quadra Island in the rural tradition of a Fall Fair. Leslie Smith remarks, "After researching other fairs and visiting many, I was inspired by what other small communities were doing to support and showcase their agricultural strengths. A Fall Fair seemed the perfect venue to connect those with experience in the rural arts with those returning to the land."

So many opportunities and events created on Quadra continue to be enjoyed. A little inspiration can go a long way.

There are so many things we have little

to no control over – cost of living, minimum wage, climate change, corporate greed, tent caterpillars, government, weather, taxes, the San Andreas Fault....

Consider the things provided for us by people motivated to shape our island home in a positive way.

Food Bank, Community Kitchen, May Day; Halloween Fun Night, Trails, Quadra Circle; Summer, Winter, and Local Food Markets; Singing, Dancing, Meditation, Theatre; concerts, Old Farm Community Garden, Parents and Tots, firewood and other free stuff, home meals... the list goes on.

Robyn Mawhinney takes a proactive attitude: "We are not anyone's bedroom community. We are our own community. We're not powerless, we can shape things. If there's something you want to see, you can make it happen."

In Robyn's opinion, "Those who contribute add to the soul of a place and its people."

Everyone is busy. All current volunteers are busy. Our lives can seem unmanageable, but we can usually find time for what is important to us.

What is important to you? What would you like to see happen? Enlist some friends. Or consider volunteering your unique energy and abilities to an existing group. You will broaden your social orbit and play an integral role in increasing the vitality and soul quotient of your island home.

Sioux reflects on her own experience. "When my kids were young I appreciated the events that were in place for families. I didn't have volunteer consciousness then and missed the window of time when my kids grew more independent. I guess I'm making up for it now!"

"I hope the opportunities we enjoyed will continue to be there for other young families." The question is – who will create and facilitate those opportunities?

–Annette Yourk

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## Our Fall Fair Heroes!

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Allen Perkins  
Allison Chafekar  
Amelia Dumouchel  
Andrea Blaseckie  
Ann Cameron  
Ann Lawrence  
Anna Nickoloff  
Annabelle Cameron  
Anne Doolittle  
Annette Yourk  
Annik Dumouchel  
Bailey Hawkins  
Barjo Jo  
Barb Bain  
Barb Baumfield  
Barb Rawlings  
Barb Turner  
Barb van Orden  
Barb Wager  
Barbara Mindell  
Becca MacDonald  
Ben Downie  
Beth Decker  
Betty Anderson  
Bev Arseneau  
Bill Dubois  
Bob Lloyd  
Bonnie Kirkby  
Breanne Quesnel  
Brendan McMartin  
Brian  
Brian Simmons  
Bruce Bjornsen  
Brya Mountain  
Bryce Young  
Buck Laird  
Buffy Bye  
Cameron Younger  
Candace Holmes  
Carol Anne Caulfield  
Carol Gall  
Carol Graham  
Carol Perry  
Carol Woods  
Carol Woolsey  
Catherine Smith  
Cathy O'Rourke  
Cec Smith  
Cedric Effling  
Celeste Lessard-Kragen  
Chad Swanson  
Charmin Mersereau  
Chordialle  
Chris Hjorth  
Chris Thompson  
Christine Husson  
Clare Trevena  
Cliff Mooney  
Colleen Marlow  
Connie Cochran  
Darcy Mitchell  
Dave Alger  
Dave Tolle  
David Caulfield  
Dawn Macdonald  
Dawn Ross  
Deanna Mitchell  
Deb Humphrey  
Dee MacPhee  
Derrick McPhee  
Diane Youso-Fielding  
Don Mottershead  
Donna Nickoloff  
Donnie Laird  
Drew Swanson  
Dylan Alps  
Dynam (Watson)  
Eamon Simmons  
Edith Mueller  
Eileen MacKay  
Eileen Sowerby  
Ellen Russell  
Elsa Das Neves  
Elyot McCrae  
Emily Whitfield  
Eric Zander  
Evelyn Sawatsky  
Fabiola Dikentman  
Fiona McMartin  
Frances Brown  
Frank Wallace  
Gaelan Phillips  
Garnet Kehn  
Gary Brettbacher  
Gary Falck  
George Mostert  
George Nickoloff  
Geraldine Kenny  
Gerri Hornby  
Gina Nickoloff  
Gibson Sell  
Gloria Rolfsen  
Go Dog Go  
Gordon James  
Graeme Veitch  
Graham Swanson  
Haley Toal  
Heather Kent

Heather Kent  
Heather Simpson  
Heather St John  
Helena Beamish  
Ingrid Molloy (Frank-enmedia)  
Irene DiCaire  
Isabelle LaPlante  
Jac McPhee  
Jack Siegel  
James Mander  
Jamie Downie  
Jan Bain  
Jan Brettbacher  
Jane Townley  
Janet Richardson  
Janet Veitch  
Janine Annette  
Jean Mottershead  
Jeanne Stoppard  
Jeannie Schweitzer  
Jeff Hallahan  
Jeremi Kirirouac &  
Justina  
Jeremy Collins  
Jerry Enns  
Jesse Millard  
Jessica Hammersmark  
Jill Ogasawara  
Jim Moats  
Jim O'Rourke  
Jim Thievan  
Joan Varley  
Joanne Barnes  
John Baumfield  
John Frischoltz  
John Hoole  
John Marlow  
John Nursall  
John Toelle & Friends  
John Walton  
Jordyn Alger  
Judith Tait  
Judy Hughes  
Julia Prudhomme  
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Julie Douglas  
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Justin  
Kaleidoscope Folk  
Karen Dunn  
Karen Gair  
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Maria Windrim  
Maria McMeekin  
Marie Sheran  
Marie Wood  
Marilyn McPhee  
Mark Zimmerman  
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Martha James  
Mary Bogel  
Mary Pirie  
Mary-Ellen Wilkens  
Masumi Umemura  
Matt Hodgson  
Maureen Fox  
Meg Stewart  
Megan Foss  
Merry McKentys - Robert, Eli, Adam, Ieva, Francis, Immanuel & Isa  
Mia Frishholz  
Miah Windrim

Michael McIver  
Michael Redican  
Michelle Bridle  
Mimi Smienk  
Mitzy Ogasawara  
MJ Marsters  
Mo Davenport  
Mornay Vanzyl  
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Nadine Mar  
Nancy Essig  
Naomi Terry  
Natalia Dikentman  
Nick Knuit  
Nikki Burnett  
Nikki Sacco  
Nolan Smith  
Pam Dennison  
Pam Goujberg  
Pat Charlesworth,  
Paul Doherty  
Paul Puddy  
Paul Ryan  
Peter Fowler  
Pilar Unterthiner  
Pippa Kaye  
QIFD (fire depart)  
Quadra Community Connections  
Rachel Tolmachoff  
Ramesh Mahabir  
Randy Pruden  
Red Williams  
Rhonda Thievin  
Richard Christie  
Richard Pielou  
Richard Swanson  
Riley Rohan  
Rob Simpson  
Robert Eastland  
Robin Beaton  
Robyn Mawhinney  
Rochelle  
Ron Lolacher  
Ross McPhee  
Rowan Kehn  
Russ Swanson  
Ryley Rohan  
Ryan Nassichuk  
Ryan Schaffrick  
Sabrina Cox  
Sam Fell  
Sandy McLaren  
Sarah Boyles  
Scott Fox  
Scott McPhee  
Seth Elam  
Sharon Hatelt  
Sharon Hatelt  
Sheelagh Elmitt  
Shirley Murress  
Sioux Hartle  
Sophie Whittingham  
Spirit of the West  
Stacey Nielsen  
Steve Swanson  
Stuart Smith  
Sue Beattie  
Sunday Dennis  
Susan Bain  
Susan Wilson  
Sylvia Hughes-Douglas  
Tania McMartin  
Tanner Presmer  
Tara Taylor  
Tara Warkentin  
Teresa Tate  
Terry Hooper  
Terry Phillips  
Teryl Bertagnoli  
The Timekillers  
The Unexpected  
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Thom Knutson  
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Vivian Meyer  
Vyvyan Dorsett  
Wanaao Piasick  
Will Lavigne  
Willowshes  
Xyla Scott  
Yasmin Ashi

## IN PASSING

**Todd Edgar Scharf**, father, partner, best friend, faller, fishing guide, and lover of nature, passed away peacefully at the young age of 55 on Tuesday, September 30th, 2014, surrounded by loved ones in Victoria BC.



He lived the epitome of the West Coast lifestyle, working in and exploring British Columbia's magnificent temperate rain-forests and the coastal waters of Vancouver Island and Haida Gwaii. He loved nature and had a life-long passion for the great outdoors. He was an excellent faller, an outstanding fisherman, and an even better father.

Todd always cherished our home of Quadra Island and made many close friends and personal connections throughout his life, both on Quadra and wherever else he roamed. He had a passion for helping people, be it with a smile, a helping hand, or simply a joke. He loved helping and teaching children about life, particularly those with special needs or disabilities. We always knew he had a huge heart, but we only began to realize how huge it was as he fought for his life near the end. He lost his life battling an aggressive cancer, but he did so with dignity, strength, and humour.

Todd was a strong, proud, hard working family man who loved unconditionally. He was dealt a tough hand early in his own life but managed to beat the odds and raise a loving, close-knit family. Todd was blessed with a beautiful wife Lilianne, two children Jason and Alexandra (Thomas Graham), and a beautiful granddaughter Marina May, whom he loved quite possibly more than anything else on Earth.

Our family would like to thank all of the friends and family who offered support, comfort, and care during Dad's last months. We'd also like to thank the amazing staff and volunteers of Victoria Hospice who truly made the end of our father's life as peaceful and comfortable as possible.

To each individual or group who generously donated to the Todd's Summer Battle fund, we want you to know that every dollar donated went towards making Dad happy and comfortable whether it was food, medicine, or the Lazy Boy recliner that he felt comfortable in near the end. We will be forever grateful to you. You truly helped make Todd's last days on Earth as peaceful and comfortable as they could be.

A celebration of his life will be held on Saturday, October 18th, 2014 from 2pm to 4pm at TsaKwaLuten Lodge on Quadra Island, BC. To leave a condolence, please visit [www.earthsoption.com](http://www.earthsoption.com).

**Robert Griffis Taylor** was born on March 18, 1916 in Dallas, Texas, and passed away at home on September 16, 2014 in Santa Fe, New Mexico. Robert lived in many places as a child, including East Texas, Louisiana, and Louisville, Kentucky. Back in Texas, after the eighth grade, he went to work full time as a Western Union delivery boy. He rode his bike all over the city for several years. In 1934, he joined the navy, starting his stint in San Diego, CA. He re-upped in 1942, until the end of WWII. During his two tours, he was stationed in and around San Francisco, Pearl Harbor, Bremerton, WA, Panama and ended up on Adak island in the Aleutians at the end of the war.

In 1946, he married Elizabeth (Betty) Ruth Valkus and moved to Waco, TX to attend Baylor University, majoring in music. After graduation, they lived in Detroit, MI, and Manitou Springs, CO before moving to Pueblo, CO, where they remained until his retirement from CF&I steel in 1976.

They spent most of their retirement years on Quadra Island in British Columbia. His wife left this earth in 2001.

Robert spent more years on Quadra than anywhere else in his life and said good-bye to his friends there in 2009, before selling his place on Quadra Loop.

He had spent a few years in Hawaii before moving to Santa Fe to be near his daughter.

His most cherished past time in this life was singing. He sang with community operas, and did numerous recitals and concerts in the parks, and oratorios and church solo work. In his last years, he liked to sing Happy Birthday to folks, either in person or via a phone call on their special day.

He was a man of convictions, who was willing to sacrifice a job, to maintain his ethics.

Robert is survived by a son, Robert (Robin) D. Taylor of Daly City, CA, and a daughter, Betsy E. Taylor of Santa Fe, NM. Also remaining are four grandchildren; John Host and wife Fidanka of Denver, CO, Peter Host and wife Jenny of Anchorage, AK, Shura and Yasha Taylor of Daly City, CA, and two great-granddaughters in Anchorage.

## Heriot Bay Tides

DATE	TIME PST	m.	ft.
17 Friday	00:45	3.5	11.5
	07:15	2.1	6.9
	14:44	4.4	14.4
	21:24	2.9	9.5
18 Saturday	02:06	3.5	11.5
	08:21	2.2	7.2
	15:24	4.4	14.4
	22:06	2.7	8.9
19 Sunday	03:14	3.6	11.8
	09:18	2.3	7.5
	15:57	4.4	14.4
	22:39	2.5	8.2
20 Monday	04:14	3.8	12.5
	10:07	2.5	8.2
	16:25	4.4	14.4
	23:07	2.2	7.2
21 Tuesday	05:06	4.0	13.1
	10:50	2.6	8.5
	16:51	4.4	14.4
	23:33	2.0	6.6
22 Wed.	05:53	4.3	14.1
	11:30	2.7	8.9
	17:17	4.5	14.8
23 Thursday	00:00	1.7	5.6
	06:35	4.5	14.8
	12:08	2.9	9.5
	17:43	4.5	14.8
24 Friday	00:29	1.5	4.9
	07:16	4.6	15.1
	12:47	3.0	9.8
	18:12	4.5	14.8
25	01:02	1.3	4.3
	07:58	4.8	15.7
	13:28	3.1	10.2
	18:43	4.5	14.8
26 Sunday	01:39	1.1	3.6
	08:43	4.8	15.7
	14:14	3.2	10.5
	19:19	4.4	14.4
27 Monday	02:20	1.0	3.3
	09:31	4.9	16.1
	15:05	3.3	10.8
	19:59	4.3	14.1
28 Tuesday	03:06	1.0	3.3
	10:25	4.8	15.7
	16:05	3.3	10.8
	20:46	4.2	13.8
29 Wed.	03:55	1.1	3.6
	11:24	4.8	15.7
	17:17	3.3	10.8
	21:42	4.0	13.1
30 Thursday	04:49	1.2	3.9
	12:25	4.8	15.7
	18:38	3.2	10.5
	22:58	3.8	12.5
31 Friday	05:49	1.5	4.9
	13:24	4.8	15.7
	19:52	2.9	9.5

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