JULY 14, 2017 • CELEBRATING 25 YEARS OF SERVICE



Northern Strait Cetacean Census AUGUST 5-7, 2017

COASTAL O RESEARCH INS AN OCEAN WISE IN

Report your sightings to the B.C. Cetacean Sightings Network. We are asking coastal residents for their help in gathering important information on whales, dolphins, and popolase in the Northern Strait of Georgia (French Creek/Madeim Park to northern Quadra Island) over the August long weekend. A condensed intensive effort from citizen scientists will provide valuable Information on how catcaers use this area.

Report your sightings to: cetaceancensus.ca

WhaleReport App I.866.I.SAW.ONE slghtings@ocean.org

ada	Fri 14 Jul	Sat 15 Jul	Sun 16 Jul	Mon 17 Jul
ource: Environment Canada	*	*	*	*
INITOI	23°C	24°C	21°C	23°C
ource: E	Sunny	A mix of sun and cloud	A mix of sun and cloud	A mix of sun and cloud

	Leave Campbell River		Leave Qua	Leave Quathiaski Cove	
Φ	Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun	
	6:40 am		6:20 am		
\square	7:30 am	7:30 am	7:05 am	7:05 am	
$\overline{\mathbf{O}}$	8:30 am	†8:20 am	8:00 am	†7:55 am	
\mathbf{O}	9:30 am	9:20 am	!9:00 am	8:55 am	
Φ	**10:30 am	10:15 am	10:00 am	9:50 am	
	11:30 am	11:15 am	11:00 am	10:45 am	
Сţ	12:30 pm	12:15 pm	12:00 pm	11:45 am	
Q	1:30 pm	1:15 pm	1:00 pm	12:45 pm	
()	2:30 pm	2:15 pm	2:05 pm	1:45 pm	
	3:30 pm	3:30 pm	3:00 pm	3:00 pm	
	!4:30 pm	4:30 pm	**4:00 pm	4:00 pm	
\sim	5:25 pm	5:25 pm	5:00 pm	5:00 pm	
	6:15 pm	6:15 pm	5:50 pm	5:50 pm	
	7:30 pm	7:30 pm	7:00 pm	7:00 pm	
\mathbf{U}	8:30 pm	8:30 pm	8:00 pm	8:00 pm	
	9:45 pm	9:45 pm	9:15 pm	9:15 pm	
	*10:45 pm	†10:45 pm	*10:15 pm	†10:15 pm	
	! Local Commuter Sailing	gs, expect delays.	** Tuesday sailings are	e for Dangerous Cargo	

WILDFIRE WATCH

There is a Province-Wide OPEN FIRE Ban on NOW!!!

To report a wildfire or irresponsible behaviour call 1 800 663-5555 or *5555 from a cell phone.

All calls are answered by BC Wildfire Service staff at the Provincial Forest Fire Reporting Centre. Any information you can provide is helpful, however you can expect the emergency call taker to ask for details about the fire, such as;

- Location (nearest Telephone or Hydro pole number if near a road)
- i.e. Where is the fire? How far up the hillside/into the bush?
- Size: e.g. Metres? Hectares? Size of a house? Size of a football field?
- Rate of spread i.e. How quickly is the fire spreading?
- Fuel i.e. What is burning? Grass, bushes, trees?
- Smoke/flames i.e. What colour is the smoke? Are flames visible?
- Threat i.e. Are there any people or buildings at risk?
- •Action i.e. Is anyone fighting the fire?

ALSO Call 911 as this will advise Quadra Fire as well.

If possible also advise your NEPP leader and Steve Peterson AND Judy Hagen 250-285-2150 or Betty Doak 250-285 3590

Please be extra careful out there. Fires start easily and can spread fast when we get one of those strong north winds. Also remember that the undercarriage of your vehicle is hot and can ignite dry grass. For further information please check the article by Mike Gall in the last edition of the DI, June 31.



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THE ISLAND CALENDAR

Day to Day

Friday, July 14

- Live Music with **THIS** HBI Pub 9pm \$10

Saturday, July 15 - Farmers' Market 10 am - 2 pm Quathiaski Cove

Tuesday - Saturday, July 18-22

- 7th Annual Festival of Chamber Music

Friday, July 21 - Live Music - Blue Kats, HBI Pub 9pm N/C

Saturday, July 22

- Farmers' Market 10 am - 2 pm Quathiaski Cove Friday, July 28

- Live Music - Roadside Rattle, HBI Pub 9pm N/C

Saturday - Monday, August 5-7 - Northern Georgia Strait Cetacean Census

Friday - Sunday, August 11-13

- Group singing with Laurence Cole info page 5 Monday, August 14

- Live music with The Wilds 9pm HBI pub N/C

Wednesday, August 23

- Live music with Entangados 9pm HBI Pub \$10

Find out when the DI is posted online

The Regulars

MONDAY

AA, Big Book Study, 7pm Quadra United Church

TUESDAY

Al-Anon Meeting, Quadra Children's Centre, 7:30pm

WEDNESDAY

1st & 3rd Wednesday Food Bank,QCC 1-2pm Prayer Meeting, Quadra Island Bible Church, 7pm Poker Night, Quadra Legion, Heriot Bay 7:30pm Hand Drum Jam, 7:30 p.m. Upper Realm, Q. Cove

FRIDAY

Alcoholics Anonymous, 8pm Quadra United Church

SATURDAY

Farmers Market in Quathiaski Cove 10 am - 2pm Meat Draw, Quadra Legion, Heriot Bay 5 pm Open Mic with Mo, 9pm at the HBI pub

SUNDAY

Buddhist Meditation, 10 a.m., Upper Realm, Q. Cove Family Service, Quadra Island Bible Church, 10:30am Quadra Sunday Painters, 11am–2pm, 285.3390 United Church Service 11am except for 3rd Sunday Evening Service, 7:30pm, 285.3163

Find your way around online... Quadralsland.ca

Joelle Construction Ltd



What's Happening at Quadra Community Centre

COMING WEEK JULY 14 - 21

FRIDAY: 8:30 Fitness w/Jeannie; 10:00 Ali's Wrestling for Kids; 10:00 Sprokids; 1:00 Island Theatre Kids

SATURDAY: 1:00 Island Theatre Kids

MONDAY: 8:30 Fitness w/Jeannie; 10:00 Parents & Tots; 10:00Yoga w/Josephine

TUESDAY: 9:00 Yoga w/ Brenda; 10:00 Ali's Wrestling for Kids; 10:00 QCC Trails & Photo Adventure for Kids; 5:00 Yoga w/ Trinity

WEDNESDAY: 10:00 Kellerhals' Farm Excursion (ages 5 -7)

THURSDAY: 9:00 Yoga w/Brenda; No Parents & Tots this date, come to The Chamber Fest's Family Concert instead! Doors open at 11:30 Concert starts at 12:00

FRIDAY: 8:30 Fitness with Jeannie; 10:00 Ali's Wrestling for Kids; 10:30 Half Day Kayaking (ages 12 -18)

NEXT WEEK JULY 22 -28

SATURDAY: Chamber Music Fest, doors open at 6:30, concert starts at 7:00

MONDAY: 8:30 Fitness w/Jeannie; 10:00 Parents & Tots; 10:00 Yoga w/Josephine; 11:00 Paddleboarding for Kids

TUESDAY: 9:00 Yoga w/ Brenda; 10:00 Ali's Wrestling for Kids; 5:00 Yoga w/ Trinity

WEDNESDAY: 10:00 Kellerhals' Farm Excursion (ages 8 +)

THURSDAY: 9:00 Yoga w/ Brenda; 1:00 Mini Zen Gardens for Kids

FRIDAY: 8:30 Fitness with Jeannie; 10:00 Ali's Wrestling for Kids



Top Soil, Fish Compost & Mulch Creative Landscape Structures Decks and Fences Bobcat Service





ISSUE 657 14 JULY 2017 Publisher Philip Stone

The DI is published every two weeks. Our current edition and upcoming deadlines are online: www.discoveryislander.ca

CONTACT US

email news@discoveryislands.ca phone 250 285 2234 mail PO Box 280 Quathiaski Cove BC VOP 1N0 office 701 Cape Mudge Road hours Monday – Thursday 10am to 4pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

• **300 words** is an ideal length for community announcements.

• Articles do not need to be sent as attachments. Simply send the text in the body of your email.

• Canadian spelling is preferred.

• Please use the title of your item in the email subject line. We get a lot of items called 'DI Article'.

• Remember to include credits and captions for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

GIFT SUBSCRIPTIONS Are available for delivery in Canada by mail **\$90 for 12 months**

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year Find more details online at www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm on Monday, July 24 for publication on Friday, July 28, 2017



On Saturday the 8th of July the Quadra Island yearly tennis tournament took place at our courts near the Community Centre. From 8 am till 4.30 pm , 24 great players battled it out for the trophies.

The A- trophy was won by Doris Colter and Ken Roxburgh, And the B-trophy went to Suzanne Koker with partner

Murray Garland .

Both matches were very close scores.

A lot of supporters were cheering them on !,!!



List and link on Quadra Island's most visited website

Find out more at info@quadraisland.ca





Bill Bradshaw Quadra Real Estate



TENNIS TOURNAMENT

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Northern Strait of Georgia **Cetacean Census**

August 5-7,2017

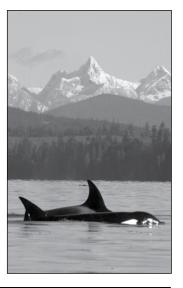
The BC Cetacean Sightings Network is asking all coastal residents for their help in gathering whale, dolphin, and porpoise (cetacean) and sea turtle sightings observed in the Northern Strait of Georgia (French Creek/Madeira Park to northern Quadra Island) over the August long weekend. A localized blitz-style census effort from citizen scientists will help provide valuable information on how cetaceans use this area.

Census-style data collection has a rich history in B.C. In the early 1970s, Dr. Michael Bigg of Fisheries and Oceans Canada was asked to count the number of wild killer whales along the coast of B.C. To get a quick estimate of the killer whale population, Dr. Bigg conducted a public census, and the response was hugely successful. In 1971, thanks to reports from the public, Dr. Bigg established an estimate of approximately 550 killer whales from southeast Alaska to California; an estimate that was proven to be highly accurate. The results put a permanent end to the capture of killer whales in Canada and the U.S.

Since Dr. Bigg's census, keen members of the public have continued to report sightings of cetaceans and sea turtles in B.C. In 1999, the B.C. Cetacean Sightings Network was established, and continues to maintain these data in one place, and in a consistent format that makes it valuable and available to researchers, NGOs and government.

This year the Sightings Network is bringing back Dr. Bigg's blitz-style weekend census with the aim of gathering specific valuable information about how cetaceans use the Northern Strait of Georgia. We hope you will join us on August 5-7 2017!

Find out more about the Northen Georgia Strait cetacean census and register online at: www.cetaceancensus.ca





Singing Together to Nourish the Soul and Re-enchant the World with Song



Friday August 11th - 13th

(come for a day or the weekend)

Join us for a weekend of jubilant group singing with West Coast composer and song leader Laurence Cole on Quadra Island. He quickly transforms any group into a joyous "insta-choir" using only what we came in with: our hearts, our voices, our bodies, our spirit, our love. Laurence http://www.laurencecole.com/ loves inviting folks on a journey of deep connection and joy. We hope you join us! For more information contact Mary Dennison at singforpurejoy@ gmail.com or Barbara @ joyofretirement@gmail.com



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COMMUNITY NEWS & EVENTS

RCMP Report

On June 30th, 2017 Quadra RCMP received a report that over the previous couple days someone has been breaking bottles on school property at the Cortes School. The unknown suspect(s) also have been throwing cinder blocks off the roof. If you have any information please contact the Quadra RCMP. On July 1st, 2017 Quadra RCMP issued two 90 Day Immediate Roadside Prohibitions (IRPs). The drivers provided two breath samples on two different approved screening device that registered FAIL readings.

On July 2nd, 2017 Quadra RCMP received a report of tires being slashed on a vehicle that was parked on Fir drive on Quadra Island. Some witnesses have been spoken to but if you have any information on this incident please contact the Quadra RCMP.

On July 3rd, 2017 at just after midnight, two intoxicated males thought it would be a good idea to sneak into the locked and fenced outdoor swimming pool at Cape Mudge. The RCMP located the males after they finished their laps and were towelling off. The males were warned about potential criminal charges of mischief and trespassing. The investigation



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On July 7th, 2017 Quadra RCMP and Quadra Fire attended to a report of a scooter that had caught fire on West road by the Community Centre. The flames from the fire did spread to the nearby grass. Several local citizens rushed into action and using whatever tools they had to prevent the flames from spreading further into the bushes. Quadra Fire department ensured that the fire was put out and the surrounding area had no further hot spots. No one was hurt or injured in this incident.

On July 8th, 2017 Quadra RCMP received a report of a ring that was found by the Heriot Bay Inn. If you have lost your ring please contact the Quadra RCMP.

The Quadra RCMP would like to remind the public that there is currently a fire ban on in the area. Please use common sense and don't throw cigarette butts out the window. If you see someone do this, feel free to contact the Quadra RCMP so we can educate these individuals on the risks this poses to our community by issuing a fine. The current fine for having a fire against the fire regulations is \$1150. Throwing a cigarette butt out the window is worth \$575.

Cpl.Kevin CHRISTENSEN Quadra RCMP

Market Music

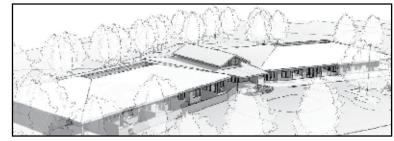
Local musicians will be performing at the open Community Market next to the Quadra Credit Union from 10 am to lunch time every Saturday.

The line up for July is as follows: Quadra Drummers drum up a storm on July 15. John Toelle and Richard Christie return on July 22. Roadside Rattle finishes the month on July 29. More music is coming in August and September.

Come support our local vendors and please consider making generous donations to our local musicians. For more info, phone Steve at 250-285-3323.



Double Your Dollars Challenge



You can help build the new seniors housing residences at 688 Harper Rd. Donate to Quadra Island Seniors Housing Society before July 31, 2017 and your donation will be matched dollar for dollar*. Visit www.gishs.com to download a donation form

or to donate on-line. Mail: Quadra Island Seniors Housing Society, PO Box 535, Quathiaski Cove, BC, VOP 1N0.

Email: qishs535@gmail.com

*Tax receipts can be issued on request.

COMMUNITY NEWS & EVENTS

New Support Group

SMART Recovery is a new, free, confidential support group on Quadra Island that helps people recover from problematic substance use: drinking, drugs, smoking; and addictive behaviours: gambling, sex, eating, self-harm.

SMART Recovery is a self-empowering, mutual-help support group for individuals considering change or abstinence from, or, who are abstaining from, addictive use or behaviours.

SMART stands for Self-Management and Recovery Training and focuses on selfempowerment. With a trained facilitator and group support, SMART helps you look at your own behaviours and decide what problems need your attention. Helping you stay motivated if you make the decision to change. Offering information, tools, techniques and strategies in a 4-Point Program to: Build and Maintain Motivation; Cope with Urges; Manage Thoughts, Feelings, and Behaviours; Live a Balanced Life.

SMART recognizes that there is no single 'right' way on the recovery journey; we all do it a little bit differently. No matter your addictive behaviour, you are not alone.

Quadra SMART Recovery group starts Thursday July 6th, continues every Thursday from 6:30 PM – 8:00 PM at Quadra Children's Centre (small building behind main center). NO registration is required.

For more details contact Laura - smartrecoveryquadra@gmail.com

Quadra Island Seniors

Happy 150th Birthday Canada

Our 85th O.A.P. Convention was a huge success in Agassiz Senior Centre. President Robert Hartley was our delegate visitors from our branch were Laurie Hartley and Philip Hebbard. North Island O.A.P. Director Ruth Amiabel was also in attendance. We had terrific speakers -Isobel Mackenzie, advocate for seniors in B.C. will be investigating why seniors are charged different amounts for driving in B.C. We all enjoyed staying at Harrison Hot Springs and soaking in the Mineral springs and pools. A group of women demonstrated side-step dancing on the last night where we enjoyed our delicious banquet dinner. We have a new Board President Jerry Gosling from Abbotsford and Matsqui branches. Thank-you to Jennifer Coburn from Savona for serving as President for five years.

Our seniors are driving to Cumberland Br. 51, to enjoy a picnic and games with prizes at Buchanan Hall.

Many of our seniors our working in the Tourist information booth and enjoying meeting visitors from all over the world who are very interested in our lovely and very different Island. Many of us are enjoying working in our gardens. Although we hate to admit that we do need a sprinkle of rain for a few days because we have enjoyed the warm sunny days.

To join our happy group call Elke Kelly @ 250-895-0258 for transportation call Ruth Amiabel @ 3801or cell phone- 250-895-9188

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Coming Events...

Blue Kats July 21 - Blues, R&B

Roadside Rattle July 28 - Indie folk

Duffy Live August 4 - Bring your dancing shoes!

9 pm. HBI Pub. No cover charge

Open Mic with Mo *join in... or enjoy local talent at* **Saturdays at 9pm** *with host Mo Davenport*





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Farmers' Market

Local berries, check, fresh eggs, check, Lavender soap, check, a cool outfit, salted caramels, a driftwood planter, $\checkmark \quad \checkmark \quad \checkmark$, ok I'm done, but oooh... what's that beautiful sculpture, perfect for that wedding gift, and I'll need a special card with that, and this artsy table will go great in my hallway, especially with that earthenware jug on top! And I want one of those homemade carrot cakes too, ok, not looking, but oh fresh tarts! BC cherries! Check out these pendants, so gorgeous! Look at THESE, reclaimed garden shovels turned into artwork!

It's all too good at the Farmers' Market every Saturday from 10 - 2 behind the credit union. Support local artists, crafters, growers and bakers and the summer is a great time to come see who's come over to sell from other Island's too. We hope to see you this week!



Contact Jim Abram Between 8:30 am and 7:00 pm, Monday through Friday (not on weekends please) 250-285-3355

email anytime: jimabram@xplornet.ca

or by mail: Box 278 Quathiaski Cove, BC VoP 1No

on Facebook: facebook.com/JimAbram

Please do not use residential phone number for SRD calls

Quadra Island 7th Annual Chamber Music Festival

The 7th Annual Festival of Chamber Music Festival runs from Tuesday, July 18 to Saturday, July 22.

This year's theme is Rythmagic. Rhythm dictates our lives, from the beat of our hearts to our daily routines. Rhythmically speaking, Phil has master minded a programme to engage a panoply of tastes based on works that musicians find most interesting. Chosen works include: the "harmonic" rhythm of J.S. Bach; immoveable beats of Brazil; new Canadian works and the unparalleled motion of Oliver Messiaen"s searing Quartet for the end of time.

Tickets are available from: Quadra: Works of H'Art: 250-285-2834; Inspirations: 250-285-3334; Campbell River: Tidemark Theatre: 250-287-7465

For further information please visit: www. quadrafestival.com

Quadra Island Outdoor Club Upcoming Events

The start of summer has brought with it some great weather for outdoor activities. We have lots of classic Quadra destinations in the schedule as well as some special trips. In early August we have been invited to Savary Island for camping, hiking and kayaking. For confident and experienced paddlers, we will be kayaking in Nuchatlitz Provincial Park at the end of August. We are making arrangements for Doug Taylor to return to Quadra in September to demonstrate the advantages of Greenland paddles.

Here are the upcoming trips:

19 July, Wednesday - hike to Mt. Seymour 26 July, Wednesday - hike to Newton Lake and Waiatt Bay

7-9 Aug, Monday - Wednesday - camping, hiking and kayaking at Savary Island

16 Aug, Wednesday - hike to Nugedzi Lakes20-28 Aug - multi-day kayaking in the Nuchatlitz8 Sept, Friday - intro to Greenland paddlesFor the details on (most of) these trips you

can visit: https://qioutdoorclub.org/trips/ trip-schedule/schedule-summer-2017/ Remember to contact the coordinators well in advance if you are interested in a trip and multi-day trips require extra notice.

www.discoveryislander.ca

At Your HBI

July 14th; Enjoy the amazing band, THIS, in the HBI Pub. Professional recording artists Deborah Pitre, Lance Lapointe, and Kenneth Ermter have been writing, producing, and performing over the last 30+ years. An incredible trio of artists, THIS covers everything from Rock, Funk, & Blues through Folk and Country. You won't want to miss THIS! HBI Pub 9pm \$10.00 cover.

Monday August 14th; The Wilds is led by singer/ songwriters Holly Arntzen – vocals, dulcimer, piano, and Kevin Wright – vocals, percussion, sax.

They mix up heart and soul with edge, serious issues with humour. The sound of The Wilds is Folk Pop to Rock Your World! 9:00pm. HBI Pub. No cover.

Wednesday August 23rd; Entangados has mixed clowning theatre with genres such as rock, cuarteto, música balkánica, reggae, cumbia, ska, folklore, and tango. Each show is a fiesta musical full of dancing, humour, happiness, and energy. Don't miss this high energy event! 9:00pm. HBI Pub. \$10.00

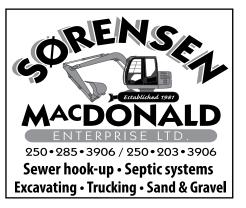
Karaoke party every Tuesday all summer long! Show off your talent, amaze your friends! Everybody has fun at Karaoke! HBI Pub. 9:00pm Wednesdays is Classic Rock Bingo. Our own wonderful Melissa Yates is your host. Prizes for each game! 8:00pm. HBI Pub.

HBI Friday Night Bands... July 21st; Blue Kats – Blues and R & B...July 28th; Roadside Rattle – Indie Folk... Aug 4th; Duffy Live - Bring your dancing shoes!...Aug 11th; Blue Kats – Blues and R & B... HBI Pub. 9pm. N\C

HBI Pub Saturdays Open Mic; Mo and the band are making music magic every Saturday!

Want to post a calendar listing? Lots of choices for getting it to the DI!

- Email: news@discoveryislands.ca
- Drop off your listing at Inspirations in the Cove
- Or you can leave it at our office, 701 Cape Mudge Road
- The mail works too! Box 280, Q Cove, BC V0P 1N0



COMMUNITY NEWS & EVENTS

Acclaimed Pianist Returns to Quadra



On July 17, acclaimed pianist Carter Johnson will be returning to Quadra Island to give a special performance, his first appearance here after his recital with the Quadra Island Festival of Chamber Music in 2014. Johnson, a native of Campbell River, is quickly establishing himself as one of Canada's most exciting young pianists and has won prizes in national and international competitions—just a few weeks ago he returned from the Shenzhen International Competition in China, in which he was Canada's only competitor.

His program, titled "Music My Grandmother Loves", is inspired by his own grandmother and is composed entirely of music by Chopin, her favourite composer. According to Johnson, "Chopin has achieved something that is rare among composers—he is revered by the greatest of artists, but he is also dearly loved by those who hardly ever listen to classical music." Because Chopin's music is so popular with those who rarely frequent the concert hall, he hopes that this concert will create an opportunity to captivate a wider audience while still preserving the time-honoured recital tradition. On Johnson's program is a thoughtfully-curated selection of Chopin's many styles, from his electrifying scherzos to his most beloved waltzes and nocturnes. "Of all the recital programs I've designed, this one is perhaps the most easy to love," says Johnson. "I've been able to include many pieces that have not only been audiences favourites, but my favourites too." "Music My Grandmother Loves" will be at 7:30 pm on Monday, July 17 at Quadra Island

Community Centre. Tickets are \$20 for adults (\$10 for students) when pre-purchased, and are available at Inspirations. Tickets at the door are \$25. Light refreshments will be served.



Quadra Kids school age program For 6 to 11 years Find us online quadrachildrenscentre.weebly.com 7:30 a.m. to 6:00 p.m.

Monday to Friday **250-285-3511** Please inquire about government subsidies







Quadra Circle News

It's "Summertime" and our sponsored programs continue. SMART: Self Management and Recover Training Program meets every Thursday 6:30pm – 8:00pm at the Ouadra Is.

Children's Centre in the small builidng behind the main centre. Caregivers Support Group: meets July 18 & August 1st at the

Caregivers Support Group: meets July 18 & August 1st at the Community Centre.

Emotional Wellness: Do you or someone you love need help with their emotional health? Assistance is available twice a month here on Quadra Is. For appointments with an Island Health Counsellor, at Quadra Island Medical &/or attend free Relaxation classes with Rebecca. Call 250-850-2620 or email Rebecca.Miller@viha.ca Take Care of Yourself First.

Quadra Home Meals: If you're unable to cook, or are recovering from illness, injury or surgery we can assist you. Meals are prepared at food-cost by Gowlland Harbour Resort. The meals are ordered weekly, by noon, on Saturday & picked up at Quadra Circle Office 11:30 – noon on Wednesday. Or delivered upon request. Call Karen: 285-3064. You will be very pleased you did.

Transportation: Need A Ride to Social Events or Medical Appts? Call our Coordinators Diana & John, 250-285-3630. At least 24 hrs. notice is required to set up a driver, so please book ahead. This service is FREE

Seniors Activity Centre: Join our Team for the Summer. We are at THE LEGION in HERIOT BAY ON MONDAYS ONLY. From 9:30am - 3pm, Ping-Pong, Qi Gong, Social Drop-in, Light Lunch, Pastels & Percussion from MONDAY JULY 10 THROUGH AUGUST 28 EXCEPT THE HOLIDAY MONDAY AUGUST 7.

FOOT CARE: AAAHHH!!!! The feeling of having your feet cared for by a Registered Foot Care Practisioner. If you receive GIS or MSP subsidy Quadra Circle can help you by subsidizing the cost of caring for your feet. You can sign up for a qualified LPN to come to your home and provide this very important service. Drop into our office 285-2255 Wed, Thurs, Friday 11am-3pm Stay mentally & physically healthy by having happy feet.

Friendly Phone Calls/Friendly Visits: "Don't stay Lonely, Nervous or Isolated." Receive daily check-in calls from our volunteers, or a visit for support & connections with services on Quadra. This could include social visits to your home, provided by our Seniors Peer Councillors. Free service. Call our office 285-2255. Wed. Thurs & Fri.

Friday Lunch at the Legion: We will resume the program in mid September so please look for the information in all the usual places in late August and early September. Enjoy your summer.



Photo Club Winners

This year the Quadra Island Studio Tour Committee invited members of the Photo Club to submit their photos from the Tour weekend for use in our future advertising. Thanks to all the participants! First Place \$100: Diane Yusko-Fielding, Second Place \$75: Deb Hult, Third Place \$50: Trudy Richter, and Honourable Mention to Robin Beaton. Well done everyone!

Ronald (Ron) Calvin Atkinson



The Atkinson family is sad to announce the passing of Ron Atkinson on June 25, 2017. Although we feel sorrow for our loss, our hearts are full of gratitude for the joy, love and inspiration he brought to our lives and to those of his dear friends.

Ron was born in Midland Ontario in 1933. Discovering his love for the piano as a young

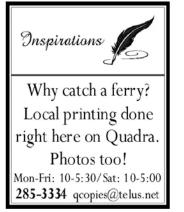
boy led him to an early career as a supervisor of music in schools in the Beamsville district in Ontario. He was a graduate in Music and a Master of Theology, and continued post graduate studies at the Ecumenical Institute of the University of Geneva, Switzerland.

Ron's thirty-year ministry with the United Church of Canada was interrupted by a few years in order to work as a director of the International Student Centre at the University of Toronto, followed by a term as manager of the Toronto Dance Theatre which led to his cofounding of Dayspring, a festival of the arts in downtown Toronto. He continued to serve pastorates in Hamilton Ontario, Vancouver, beautiful Quadra Island and finally St Stephen's in Qualicum Beach from which he retired in 1988 and chose to settle in his home in Qualicum Beach. Ron loved that beach and swam every day from June to September for several years. He also loved playing the piano, writing, gardening and spending time with his family.

He will be remembered with love by his beloved wife Donna, his sons Michael and Marc (Diedre) grandchildren Caitlin, Arlo and Odus and by many dear friends.

We wish to thank those wonderful people at Trillium Hospice in Parksville who gave him such loving patient and cheerful care.

Many who knew Ron will remember him saying: "Go into the world with a daring and tender love". This is how Ron lived his life.





IN CAMPBELL RIVER

Ideas for Refresh & Inspire

Community ideas pitched during Refresh & Inspire event for 3.5-acre waterfront site – Learn about progress and ideas to date, and hear more pitches July 25

A performing arts and cultural centre, a waterfront park, an aquarium and an open-air market were among the ideas shared so far for the 3.5-acre waterfront site.

"Building upon the City's Refresh Downtown initiative, the June 26 open house gave Campbell River residents an opportunity to pitch their ideas for the 3.5-acre waterfront site to the task force and an audience of interested community members. Along with the 10 in-person pitches, eight more people sent written submissions," says City manager Deborah Sargent. "Each idea for this unique location was built on the principles of public access and public benefit and would complement neighbouring development and use of the harbour."

"Tonight was a wonderful session with so many great ideas shared," said Angella Nadler a Campbell River resident, who presented her idea for an open-air market and art centre. "I wanted to pass on how grateful I am as a CR citizen that the City has provided opportunities for public ideas regarding this property."

Added Nadler, "I also wanted to pass on how excited I was to hear that the City is working with people who have a record of helping communities make the most of locations, especially those that were not living up to their potential. Thank you for taking time to seek Campbell River citizens' input on this very significant piece of land."

A second Refresh and Inspire open house will run Tuesday, July 25. Join us from 6 to 8 p.m. at the Campbell River Community Centre Lounge (401-11th Ave.) to learn about all the community ideas to date. Given the number of ideas shared at the June event, there will be an opportunity for additional pitches at this open house.

If you would like to present your pitch, register online at campbellriver.ca/ refresh. Once registered, a Campbell River representative will be in contact to confirm equipment needs and answer any questions.

If a presentation is not your style, submit your idea to the Waterfront Task Force, through the City's Community Planning and Development Services Department at 250-286-5700, email refresh@campbellriver.ca or drop off a paper copy at City Hall.

New temporary exhibit explores war time on the North Island

The Museum at Campbell River's new temporary exhibit, North Vancouver Island at War!, is now open to the public and receiving rave reviews from visitors. The exhibit takes a closer look at what was happening on the North Island during the First and Second World Wars. The focus is on local stories including the Gumboot Navy, the Fort at Yorke Island, the Alternative Service, and the internment of local Japanese-Canadians. The exhibit is supplemented by a travelling exhibit from the Royal British Columbia Museum that highlights the First World War in BC.

The Museum will be taking advantage of some of the great stories in this exhibit to host mini Facebook live Curator Talks with Beth Boyce. Boyce, who is Curator for the Museum at Campbell River, has selected a few stories to speak about, "there are so many great local stories that we never learned about in school, the war was happening right here, not just on the European front." Scheduled for lunch time, so that people can tune in while they are on a break, these events add a new and interactive element to this exhibit. On Wednesday, July 12 at 12:15pm her talk will be about the Soyokaze, the cod fishing vessel that forms a part of the Museum's outdoor collections. On Wednesday, July 19 at 12:15pm there will be a talk about the Gumboot Navy,

and on Wednesday, July 26 at 12:15pm there will be a talk about Japanese Balloon Bombs. To watch these talks "Like" the Museum at Campbell River's Facebook Page and tune in on the date and time of the talks.

The exhibit is on now until November 12. During the summer months the Museum at Campbell River is open daily from 10-5. On Wednesdays locals get free admission.

This exhibit is made possible in part by the Community Fund for Canada's 150th, a collaboration between the Campbell River Community Foundation, the Government of Canada, and extraordinary leaders from coast to coast.

For more information go to www.crmuseum. ca or call 250-287-3103.





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16 Sunday	06:36 12:14 17:34	2.2 3.6 2.4	7.2 11.8 7.9
17 Monday	00:25 07:34 13:47 18:37	4.7 1.9 3.7 2.8	15.4 6.2 12.1 9.2
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19 Wed.	01:51 09:24 16:36 21:18	4.6 1.1 4.2 3.5	15.1 3.6 13.8 11.5
20 Thursday	02:36 10:13 17:38 22:35	4.6 0.9 4.5 3.6	15.1 3.0 14.8 11.8
21 Friday	03:24 10:59 18:28 23:39	4.6 0.6 4.7 3.6	15.1 2.0 15.4 11.8
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28 Friday	04:45 09:55 15:58 22:52	2.5 3.8 1.9 4.8	8.2 12.5 6.2 15.7

For Rent

HOUSE FOR RENT:

Waterfront 3 bedroom house on Drew Harbour with great views and decks. Fully furnished with washer and dryer. Not suitable for small children and we prefer mature tenants. No smoking. Ask about pets. Excellent references required. Available Sept. 7 through June 30. Ideal for those thinking of relocating to Quadra Island. Contact 250-285-3241 or email <evanshobart@gmail.com> for more information. \$950 a month, includes phone

Notices/Events

PETITION TO PUROLATOR

Gratitude is in order to the 781 people who signed the petition asking for the return of our service to Quadra Island and Inspirations. Canada Post owns 91% of Purolator and has the authority to resolve the issue in our favour. Thank you for such a generous response on Quadra.

MARK YOUR CALENDARS

Mixed Open Golf Tournament, July 22, 11 am 18 holes, dinner, prizes \$20 per person plus green fees. Rod Clark Tournament, a Quadra exclusive, August 19. Early bird registration before August 1 includes prize draw. 250-285-2811

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Up to 35 words: \$25 (including tax) - one time 36 to 70 words: \$45 (including tax) - one time

Email or drop off your ad with payment at 701 Cape Mudge Rd, or at Inspirations

You can also pay online at discoveryislander.ca

Questions? Email news@discoveryislands.ca

NEXT AD DEADLINE: Monday, July 24

Home & Garden

SKILLED GARDENER AVAILABLE

Certified horticulturist and lifelong passionate gardener Ryan Nassichuk is currently available for garden maintenance, improvement, and creation projects. This is an opportunity to bring the passion, skills, and experience of one of Quadra's best gardeners to your landscape. Ryan works in food, ornamental and mixed gardens, and also offers soil testing and fruit tree pruning services. Call 250-202-2326 or email nassichuk@ gmail.com

Help Wanted

HERIOT BY INN

The Heriot Bay Inn has work available for the following positions: Prep Cook, Busser. Resumes to info@ heriotbayinn.com. Good work, great people, grand old place!

Shops

WAYPOINT SIGNS

Signs, Picture Framing and simple Engraving at Waypoint Signs beside Quadra Builders. Tuesday to Thursday, 9 to noon, 1 to 4pm. Appointments possible to suit your schedule. Friendly, efficient, personalized service. Quality products at affordable rates. 250.285.2815 info@waypointsigns.com

Real Estate

SELLING -BY OWNER?

Find buyers specifically looking for Quadra Island properties by listing at the community's most visited web site: www.quadraisland.ca/real_estate

Listings are just \$95 for 3 months. Link to an additional information page or we can build a page for you. Contact Philip Stone at info@quadraisland.ca



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