ISSUE 666

NOVEMBER 24, 2017 • CELEBRATING 25 YEARS OF SERVICE

discovery ISLANDER

Quadra Christmas Craft Fair

Friday, November 24, 4-9pm
& Saturday, November 25, 10-3pm
Q.C.C.

6th Annual **Lighted Truck Parade**

We hope you are all getting ready! This year's parade will take place on Thursday, December 7th at 6:30pm and we have shortened the route to allow for a slower pace and some more creative decorating. This year's route will depart the No.1 Fire Hall to head south along Cape Mudge Rd, turn onto Noble Rd, turn right onto Green Rd to then travel by Q-Cove Plaza and Quadra Elementary before returning to the No. 1 Fire Hall. We will once again have our "Elves" following behind the parade to collect donations for the food bank. And don't forget to stop by the No. 1 Fire Hall for some tasty treats and a chance to get a picture with Santa and the Fire Truck!

We want to encourage anyone who is thinking about entering a vehicle to come out and join us in spreading some Christmas cheer to our community and we would like to remind everyone that you don't have to be a big truck to enter! Those entering a vehicle can meet at the No. 1 Fire Hall at 5:30pm where hot dogs will be provided for drivers and decorators. It takes the participation of many vehicles to make the parade a success so please consider joining us.

We look forward to seeing everyone on the big night!!

Get in The Recreation Guide

Have you always wanted to teach a class at the Community Centre? The Quadra Island Community Centre Recreation Guide for the Winter/Spring session is coming soon. Now is your chance to teach that class you have always wanted to.

Do you already have a class scheduled in the New Year? Get your Rec Guide write-ups in now by emailing them to: info@quadrarec.bc.ca.

If you have not already booked your space, please phone the office (285-3243) to reserve the room, time and dates you need. **All information for the guide must be submitted by Dec 1st to be included.**

Find your way around online...
QuadraIsland.ca

Ferry Schedule

Leave Campbell River		Leave Quathiaski Cove	
Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
6:40 am		6:20 am	
7:30 am	7:30 am	7:05 am	7:05 am
8:30 am	†8:20 am	8:00 am	†7:55 am
9:30 am	9:20 am	!9:00 am	8:55 am
**10:30 am	10:15 am	10:00 am	9:50 am
11:30 am	11:15 am	11:00 am	10:45 am
12:30 pm	12:15 pm	12:00 pm	11:45 am
1:30 pm	1:15 pm	1:00 pm	12:45 pm
2:30 pm	2:15 pm	2:05 pm	1:45 pm
3:30 pm	3:30 pm	3:00 pm	3:00 pm
!4:30 pm	4:30 pm	**4:00 pm	4:00 pm
5:25 pm	5:25 pm	5:00 pm	5:00 pm
6:15 pm	6:15 pm	5:50 pm	5:50 pm
7:30 pm	7:30 pm	7:00 pm	7:00 pm
8:30 pm	8:30 pm	8:00 pm	8:00 pm
9:45 pm	9:45 pm	9:15 pm	9:15 pm
*10:45 pm	†10:45 pm	*10:15 pm	†10:15 pm

! Local Commuter Sailings, expect delays.
* Fridays Only † Daily except Sundays.
** Tuesday sailings are for Dangerous Cargo No passengers or cars.

Support Local Food Bank

It's the time of year for giving and the Quadra Island Food Bank could use your help. The winter and holiday season are some of our local Food Bank's most heavily accessed periods.

This service, run by an amazing group of dedicated volunteers is where islanders in need can get those very important extra supplies needed to seethem through.

While the Food Bank accepts donations all year round, right now is one of the best times to make monetary donations to the Food Bank as it goes directly into helping with the increased demand for food boxes and Christmas hamper at this time of year. The Quadra Island Food Bank accepts and greatly appreciates monetary and food donations, which can be made through the Quadra Island Community Centre. If you are making a monetary donation the Community Centre can also issue you a tax receipt for your donation.

Wishing everyone a wonderful holiday season filled with giving and much joy!

Banff Mtn Films

The early chill of winter marks a change of season and the perfect time for both the active and armchair adventurers to reflect on the past season and look forward to the new one ahead. There's no better way to celebrate the spirit of adventure than enjoying the annual visit of the Banff Mountain Film Festival World Tour which comes to Vancouver Island later this month.

This year for the first time in its 20 year run in Campbell River the Banff Mountain Film Festival will play over two nights at the **Tidemark Theatre, on Wednesday and Thursday November 29th and 30th** along with a third, nearby show on **Quadra Island on Saturday, December 2nd**.

Tickets are now on sale for all three shows from the Tidemark Theatre box office at **www.tidemarktheatre.com or 250-287-7465 between 12-4pm.**

For up to date information on the film lineup as it becomes available visit **www.wildisle.ca**

Don't miss this incredible celebration of mountain life!

Waterfront Acreage

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Day to Day

Friday, November 24
- Live music - Stranger Rearrangers 9pm HBI Pub NC

Saturday, November 25
- Bingo & 90s Dance Party, Quadra Legion 7pm

Friday & Saturday, November 24-25
- Quadra Christmas Craft Fair Q.C.C. 4-9pm, 10-3pm

Wednesday & Thursday, Nov. 29-30
- Banff Mountain Film Festival World Tour - Campbell River Tidemark Theatre, tix 250-287-7465

Friday, December 1
- Friday Flicks Double Bill Hedy Lamara & Fluffy Doors 7:30pm Q.C.C.
- Live music - Centrepiece 9pm HBI Pub N/C
- Snatch & DJ Sliceoginger, Quadra Legion 8pm $10

Saturday, December 2
- Book signing with Rob Wood, Quadra Library 3pm
- Banff Mountain Film Festival World Tour - Q.C.C., tix 250-287-7465 - or at the door

Saturday & Sunday, December 12 & 3
- Trail Building workshop HBI Bay Room 9 am

Sunday, December 10
- A Storied Brunch NISHS fundraiser, reserve 3322
- Christmas Around the World, Quadra Bible Church 10-2 pm and 6-8pm

The Regulars

MONDAY
AA, Big Book Study, 7pm Quadra United Church
Badminton, Cape Mudge Gym, 7:30 pm Drop-ins $2

TUESDAY
Al-Anon Meeting, Quadra Children's Centre, 7:30pm
Folkdancing, QCC, 7:30–9:30 pm, 285.3849.

WEDNESDAY
1st & 3rd Wednesday Food Bank,QCC 1–2pm
Prayer Meeting, Quadra Island Bible Church, 7pm
Poker Night, Quadra Legion, Heriot Bay 7:30pm
Hand Drum Jam, 7:30 pm Upper Realm, Q Cove

THURSDAY
Badminton, Cape Mudge Gym, 7:30 pm Drop-ins $2
SMART Recovery group 6:30–8pm Quadra Children's Centre, back building

FRIDAY
Alcoholics Anonymous, 8pm Quadra United Church

SATURDAY
Farmers Market in Quathiaski Cove 10 am–2pm
Meat Draw, Quadra Legion, Heriot Bay 5 pm
Open Mic with Mo, 9pm at the HBI pub

SUNDAY
Buddhist Meditation, 10 am, Upper Realm, Q Cove
Family Service, Quadra Island Bible Church, 10:30am
Quadra Sunday Painters, 11am–2pm, 285.3390
Quadra Island United Church, 11am service, 285.3163

NEXT DI DEADLINE: Monday, December 4 @ 7pm

What's Happening at the Quadra Island Community Centre

COMING WEEK NOVEMBER 24- DECEMBER 1

FRIDAY: 8:30 Fitness w/Jeannie; 10:30 Friday Painters; 4:00 -9:00 CHRISTMAS CRAFT FAIR
SATURDAY: 10:00- 1:00 Island Theatre Kids; 10:00 – 3:00 CHRISTMAS CRAFT FAIR- (Santa 12:00 – 1:30)
SUNDAY: 9:00 Somatics w/Rob; 11:30 Watercolour with Perry
MONDAY: 8:30 Fitness w/Jeannie; 10:00 Parents & Tots with FREE check ups from VIHA's Dental Hygienist for Tots; 10:00 Yoga with Josephine; 1:00 Sing for Pure Joy; 1:30 Caregivers Support Group; 3:00 Kids Dance w/Noelle, 4:00 Chess; 7:00 Understanding Shakespeare; 7:00 Photo Club
TUESDAY 9:00 Quilters Sewing Bee; 5:00 Yoga w/ Trinity; 7:30 Folk Dancing
WEDNESDAY: 8:30 Body Sculpt w/Marion; 9:30 Yoga w/Trinity; 11:00 Moms & Babes; 12:00 Community Kitchen Lunch; 12:00 Nurse Practitioner Outreach Clinic; 2:00 Watercolour w/Perry
THURSDAY: 10:00 Parents and Tots & Parents & Tots Yoga; 5:00 Yoga w/ Trinity; 6:45 Quadra Singers
FRIDAY: 8:30 Fitness w/Jeannie; Spinners & Knitters; 10:30 Friday Painters; 7:45 Friday Flicks presents: BOMBSHELL

NEXT WEEK DEC 2 - 8

SATURDAY: 10:00 – 2:00 Community Winter Market; 6:30 Banff Film Fest
SUNDAY: 9:00 Somatics Yoga
MONDAY: 8:30 Fitness w/Jeannie; 10:00 Parents & Tots; 10:00 Yoga with Josephine; 1:00 Sing for Pure Joy; 3:00 Kids Dance
TUESDAY: 5:00 Yoga w/ Trinity; 7:00 Folk Dance
WEDNESDAY: 8:30 Body Sculpt w/Marion; 9:30 Yoga w/Trinity; 11:00 Moms & Babes; 12:00 Community Kitchen Lunch; 12:00 Nurse Practitioner Outreach Clinic
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discovery ISLANDER

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Publisher Philip Stone

The DI is published every two weeks. Our current edition and upcoming deadlines are online:
www.discoveryislander.ca

CONTACT US

email news@discoveryislands.ca
phone 250 285 2234
mail PO Box 280 Quathiaski Cove BC V0P 1N0
office 701 Cape Mudge Road
hours Monday – Thursday 10am to 4pm

Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply **send the text in the body of your email**.
- **Canadian spelling** is preferred.
- **Please use the title** of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

GIFT SUBSCRIPTIONS
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Find more details online at
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NEXT DEADLINE
7pm on Monday, Dec. 4
for publication on
Friday, December 8

Bicycling on Quadra!

In the evening November 10 driving along west road there where fog patches along the road. An incoming car blinded me for a few seconds. All of a sudden, coming out of the fog, a cyclist appeared directly in front of my car. There were no light or any reflectors visible on the bike in the rear, or in the front that I could see after passing.

If I would have hit that person, whose fault would it have been if the cyclist was injured or killed? Even if I would not be at fault, how I am going to live the rest of my live with the thought of injuring or God forbid killed someone!

The Police are doing a good job of teaching people on Quadra to stop at the stop signs, slowing down at the school and slowing people down in general!

What about the Bike-riders??? Are they not supposed to adhere to the rule of the road with adequate visible markings at dark? Are they not required to have proper lighting on their Bikes?

I have never noticed or heard an Officer, especially on a dark evening, checking a cyclist and giving him or her warnings or a traffic violation ticket.

It is about time all cyclers realise driving in the dark without visible lights are dangerous to them and others.

I know, majority of Cyclers adhere to the rule of the road, but some just don't get the drift!!!!

K. Schmidt

QUADRA ISLAND REAL ESTATE TEAM

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• 7.8 acres on corner of Nole Rd and easement access from Plaza Rd • Drilled and shallow well, hydro and telephone services to property line • Zoned Residential–1 (R1), which allows for one acre lots • Eastern portion nicely treed with large field • Mature fruit trees on western side • Conveniently located within walking distance of all stores and services in Quathiaski Cove

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Support For the Golf Course

Dear Editor,

Whilst understandable, I'm very sorry to see the bitterness expressed over the rejection of Quadra Links application to sub-divide.

A lot of committed people put a great deal of time and effort into getting the course established and maintained and its unfortunate that they are faced with their current challenges. In the original application, when the question was raised, we were assured that future sub-division would not be a consideration. Without that assurance I doubt the Recreational Zoning would have been granted.

We must be able to trust applicants and their intentions. Unfounded speculations and accusations against our Directors are not

helpful. I believe they worked beyond the call of duty to make a difficult but just decision.

I don't think anyone wants to see a valuable asset to the community like the Golf Course fail and, as I stated in my original public submission, I would prefer to see us work together to look for a solution in keeping with the approved zoning. We're good at fundraising and there has already been a suggestion to do so, backed with a substantial offer to get the ball rolling. Are there other ideas that could complement the Golf Course and help the financial viability? Indoor tennis and badminton courts, a gym, a coffee shop overlooking the ocean view? Any other ideas? I guarantee a better outcome if we pull together.

John Walton

New to Quadra?
The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag.
Contact Judy @ 285.2150.

On housing subdivision on land owned by Quadra Golf Course

Dear Editor,

I presume Mr. Griswold would say with a flourish that I am a "paranoid exclusionists with tired old ideas". However, I do think that honoring the current law on Quadra Island settlements (OCP) is not an old remnant from primitive times, but just the valued rule of law.

I note that we are not talking about the golf course, but a new housing subdivision which happens to be on land now owned by Quadra Link Golf Course. This parcel's value would dramatically increase if rezoned, just as the land-values of Ravens Lands, and Gowlland Harbour Views land would increase if they were rezoned for small plot housing. It is said that the money is needed to retire the existing debt of Quadra Link Golf Course (which is an uneconomical, perhaps failing enterprise). There were, there are, and there will be other failing businesses on Quadra. The question is: should we dismantle OCP to bail them all out?

Jim Abram and the other two Directors did the right thing to ask for legal opinion.

By the way the opinion of the Planning Department has no legal weight, and I note that in the past the Planners were very uncritical, and too eager to support plans for bizarre subdivisions, for example Gowlland Harbour Views.

Yours truly,

George Barabás

Have an opinion to share?
Submit your letter to the DI by email:
news@discoveryislands.ca
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If it's too long it may be chopped!
Please be concise

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ISLAND FORUM

Zoning is fundamental to... community

Dear ED,

When I get mad, I write down my thoughts and then I put it away. My musings often never see the light of day because as I get older, I am thankfully getting wiser.

And if I had any advice, I would have suggested that Mr. Bain and Mr. Griswold might have written their letters and then put them away in a drawer. They didn't need to take up five columns of space in our local bi-weekly to vent because it was an awful display of two grown men having a temper tantrum.

I found it very troubling the way they attacked our regional director and anyone who questioned the rational of this golf course/housing rezoning. If there is any parallel between the way I run my life and this proposal, I would just like to say that if I get into financial hot water, it's my own fault and I don't expect anyone to bail me out.

I bought my property where I reside knowing full well that there are restrictions on what I can and cannot do. Zoning is fundamental to how we get along as a community. That's why zoning exists. To keep the peace. Therefore, if you want to rezone, then you have to put your plan before the community for public comment.

You have to be brave and you have to be humble. Not everyone is going to agree with your proposal. And in this case, the proposal did not meet the litmus test outlined in many sections of the community plan which is a legal document called Bylaw 3050, The Official Community Plan. It may be a surprise to some that this plan exists but every community in BC has one. And as citizens of this community we have both a right and a responsibility to express our concerns about what type of development occurs in our community.

As for the process that the two gentleman complain about, I was there for part of that process and ironically I was pretty certain the rezoning of the golf course property would be approved because of the relentless lobby culminating with such tactics as stacking the speakers list at the public hearing and making a whole lot of noise I believe in an attempt to drown out those other, very necessary voices.

Now ... we are getting ready for Christmas so it's time to stop all this nonsense or Santa will take a pass on your chimney. And a sincere public apology to Jim Abram is in order but please make it short and sweet.

Claire Heffernan

Quadra Island

At The Legion

Bingo! Sat. Nov. 25th starting at 7pm followed by a 90s dance party! $5. Beef dip sandwiches available. On Fri. Dec. 1st, Snatch, high energy with a mix of rock/metal. This 3 piece band originally from Toronto, now calls Victoria home! DJ Sliceoginger will keep you dancing with some bass heavy bombastic beats. Doors @ 8pm, $10.

Free Money

Free Money continues on Wednesday, December 6th just before Community Lunch from 11:30 am to noon in the small seminar room downstairs at the Quadra Community Centre.

Single individuals receive $10 and families receive $20 inside a book of their choice. The program is available on the first Wednesday of each month from November to April (except January when the Community Lunch starts up again on January 10). This 10-year-old program could not exist without the generous support of Quadra Islanders. We need over $3000 to carry out program. Please donate to the Free Money account at our local Quadra Credit Union. Every cent goes to those in need. For more info call Steve Moore at 285.3323.

COMMUNITY NEWS & EVENTS

Pickleball

Pickleball is now on Tuesdays at 4:30 at Cape Mudge Hall. Drop-in fee is only $2. if you are a beginner, we have extra paddles and can teach you how to play. Join us for fun and exercise!

For further information call Doris at 250-285-3610.

Quadra's Christmas Craft Fair

Quadra's Christmas Craft Fair runs Friday, November 24th from 4:00-9:00 and Saturday, November 25th from 10:00-3:00 at the Quadra Island Community Centre, 970 West Rd.

Come out and support the talented local artisans who will be showcasing their work at this year's Fair! Santa arrives at noon on Saturday (until 1:30) and admission is free.

This is one of the biggest fundraisers of the year for the Quadra Island Community Centre, so every little bit of your support helps. Whether it be table bookings or purchases in the concession, you help sustain the facility and our community programing. SO come down and check it out! Treats in the concession are always an amazing deal and super tasty!

Off Island friends, catch the scenic 15-minute ferry ride over to the Island and enjoy all the unique shopping and beauty that Quadra Island has to offer. Why not make a special weekend tradition of it,come enjoy this fine event every year, it's a great festive way to kick off the holiday season!

Parkinson's Support Group

If you or a friend have Parkinson's disease, you can come to our local monthly support group meetings. It's a small friendly group and our next meeting is at 10am in the downstairs seminar room at Quadra Community Centre, Tuesday September 19th.

Heriot Bay Inn presents

Funnyfest Comedy

Saturday, December 2 @ 730 pm

Dinner seating @ 6 pm | Show seating @ 7 pm

2 Comics --- feature performers:

Joe King - The King of Comedy. Joe is the winner of the 2009 FunnyFest Talent Search

Stu Hughes - Completely over-the-top. Every show is FUNNY & different; just like Stuey.

* 2 course dinner & Comedy Package or Show-Only tickets
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* Prizes
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Tickets only: $39 (Dinner & Comedy Package); $19 (Comedy Show)

LIMITED SEATING. So book your table in advance to get a great seat! Tickets Available @: Heriot Bay Inn 673 Hotel Road, Heriot Bay, BC. Phone: (250) 285 3322 for inquiries & reservations

www.HeriotBayInn.com

Christmas Around The World

Join us December 10

From 10-2 and 6-8 pm. At Quadra Island Bible Church 1281 West Road.

Travel with us to different countries.

Experience food, decorations, clothing, and

Crafts (to make) from many cultures.

All ages welcome! Prepare for take off!

Inner Man's Circle

Next event: Wednesday, December 13, 5:30-7:30 PM Room 1, QCC.

Do you recognize yourself as a "man"?

Do you know that changes are needed but don't know where to start from?

Do you believe time has come to face your inner self and challenges?

Do you want to connect with other human beings that feel as you do and are not afraid to express it?

During this 2 hours we will sit with ourself, in a safe and humble environment where respect and understanding will be deeply encouraged. We will explore what does "real man" means and how every single one of us can create positive changes if chosen so.

This event is held every second Wednesday of the month till March 14.

This is a free event but a $5 dollars donation is appreciate to cover rental expenses :)

Coming Events...
Stranger Rearrangers
Nov. 24 - Original Quadra Island Rock!
Centrepiece
Dec. 1 - Rock through the ages...
9pm in the Pub. No cover.
U of Q
HBI Pub education.
Wednesdays HBI Pub 7pm
Open Mic with Mo
Saturdays HBI Pub, 9pm n/c
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250-287-6366 or carolannt@telus.net

Quadra Circle News

SOCK IT TO ME – AGAIN! Winter is back so Quadra Circle is collecting donations of clean socks, mitts, gloves, scarves and warm coats for adults and children who use the Food Bank at the Community Centre. Before December 4, please bring clean clothing items to our Quadra Circle office (beside Quadra Island Medical Clinic) Wednesday to Friday 11:00am – 3:00pm.

SMART RECOVERY: Considering changing, reducing or stopping your addictive behaviour? SMART Recovery is a confidential and facilitated support group that runs weekly, Thursdays, from 6:30 – 8:00pm Quadra Children's Centre back building. Laura: smartrecoveryquadra@gmail.com

CAREGIVERS SUPPORT GROUP: meets Mondays – November 27 and December 11,

1:30 – 3:00 pm at Quadra Community Centre. Come join the group and meet people experiencing the same issues as you.

SENIORS ACTIVITY CENTRE: At the school Mondays and Wednesdays starting at 9:45am with Ping Pong (Mondays) or Kate's Walkabout (Wednesdays), 10:00am for coffee/tea and socializing, 11:00am Armchair yoga or exercises, Lunch at noon, and Mexican Trains always on the go. 1.15pm Wednesdays only – Drop-in Bridge. Call Helen at 250-285-2788 for more information.

EMOTIONAL WELLNESS: If you need help to cope with problematic feelings or substance use you can see your own family doctor or Pat Peterson, Nurse Practitioner (250) 285-3540 for information and referral or call (250) 850-2620 for Campbell River Mental Health Services.

TRANSPORTATION: Need a ride to medical appointments, social events or support group meetings? Call co-ordinators Diana and John at 250-285-3630. At least 24 hours notice is required to find a driver, so please call early. This service is free.

FOOT CARE: Are you have difficulty caring for your toenails and callouses? If you receive GIS or MSP subsidy, Quadra Circle can help by subsidizing the cost of caring for your feet. You can sign up for a qualified LPN to come to your home and provide this important service. Call: 250-285-2255, or drop in to the Quadra Circle office Wed., Thurs. or Fri. 11 am – 3 pm. Your feet will thank you!

A Storied Brunch at The Inn.

- **Date:** Dec 10th.
- **Time:** 10:00 a.m.
- **Place:** H.B.I Herons.
- **Reservations:** Call 285.3322.
- **Cost:** $36.95p.p. (30% is donated to NISHS)
- **Fundraiser** for NISHS, Trauma & Abuse Counselling Centre.

We invite you, your family & friends to our ninth annual Storied Brunch. Come & listen to the beautiful stories from our islands storytellers: Margaret Verschuur, John Walton, John Phillips, Jeannie Schweitzer, Darcy Mitchell, Carol Gall, Owen Williams & Chris Thomson. The M.C for this event is our delightful Julie Douglas. Doors open at 10.a.m.the delicious brunch begins at 10:30a.m followed by islander's stories & music by our islanders Stacey Nielsen, Julie Douglas, Linda Cannon & Darcy Mitchell singing their beautiful music. This is such a wonderful way to feel the spirit of Christmas the gift of giving & sharing with our special friends on the island & beyond.

At this event NISHS is holding a Silent Auction along with a fun Raffle for all.

This is a fundraiser for NISHS, Trauma & Abuse Counselling Centre.

We look forward to welcoming you to the Inn.

If you require further information please call Margot – 285.2393.

Trails Workshop

Quadra Island has an amazing network of trails that make the forest accessible to hikers, bikers, climbers, dog walkers, sight seers and more. A coalition of organizations and trail users has been working together to make sure we build and maintain this network in a sustainable way. On December 2 and 3, Mark Wood of Trail Holistics will present a workshop for all levels of trail builders and enthusiasts on the fundamentals of trail design, construction and maintenance.

Sessions will start at the Heriot Bay Inn "Bay Room".

Saturday December 2 at 9 AM (Campbell River participants take 8:20 ferry)

Sunday December 3 at 10 AM (Campbell River participants take 9:20 ferry)

There will both classroom and field sessions. Bring a lunch and appropriate footwear and clothing. There is no fee but space is limited. Participants must register by November 30. Contact Rob McKerracher, mckerr@gicable.com 250 285-3204.

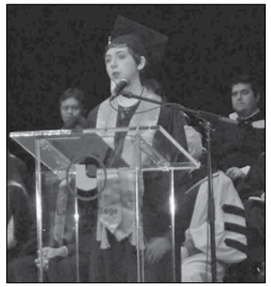
Check out Trail Holistics at www.trailholistics.com

This workshop is sponsored by the Department of Parks and Recreation of the Regional District of Strathcona, Quadra Island Trails Committee of the Quadra Island Recreation Society and the Quadra Island Cycling Coalition.

Dr. Anita Komonski, ND, CHt
naturopathic physician
• Naturopathic Medicine
• Acupuncture, Traditional Chinese Medicine & IMS
• Herbal Medicine
• Medical Hypnosis & Clinical Hypnotherapy
• Nutrition Counselling
• Intravenous Nutrient Therapy
Now taking appointments in Quathiaski Cove
250.504.0090 drkomonski.com

Quadra Woman Makes Good

Liah Melody Windrim. after winning the $20,000 "Rising Star" scholarship, has gone on to become Valedictorian for the 2017 Spring and Summer graduating class of LaSalle College Vancouver on November 14, 2017. She graduates on the Dean's List with a Diploma in Professional Recording Arts.



The Valedictorian is chosen from the entire graduating student body based on a scoring system which evaluates campus and community involvement, leadership and teamwork, public speaking experience and finally, grade point average. She was chosen as the most well rounded student in all courses of study and because of her intelligence, drive and dedication. This young woman from Quadra Island outscored an international group ranging in age from about twenty years of age to over thirty five years of age.

Although it was only a small part of the scoring for |Valedictorian, Liah scored a final Grade Point Average of 3.98, suggesting her marks might have been better but for a Professor who never gives 4.0s.

I could not be more proud, The attached photos are well named, so should be self explanatory, but if you need raw pics or would like to edit the photos yourself I would be happy to oblige.

Warmest regards

Michael Windrim

Quadra Island Outdoor Club

Upcoming Events

Over the last summer season we had over 30 outings. We visited most of the classic Quadra destinations, many with swimming options, but also had some special trips, such as the Memekay caves, backpacking to Arnica Lake and Phillips Ridge, multi-day hiking on Cortes and Savary Islands, and hikes to a few hidden corners on Quadra which we had not visited before. The Mushroom Festival returned and was sold out as usual. Even with the heat, smoke and fire danger we had a great array of trips.

We had a really productive winter planning meeting and now have a wonderful list of hiking destinations for the winter schedule, which exceeds the time available. The backbone of the winter schedule is hiking on the official trails and mountain bike trails. In addition, we will explore a bit off the beaten track. We hope to get up to Mt. Washington once a month while the snow is good. With Mt. Washington opening on December 8th we plan to snow shoe next month. Hopefully we will have at least one multi-day trip in the calendar over the winter. We expect to visit Hornby Island in February.

Right now the schedule is under construction with only a few activities firmed up. Here is the upcoming schedule:

29 Nov, Wednesday - hike the Dead Fish-South Morte Lake Loop

6 Dec, Wednesday - hike a loop from Deepwater Main and beyond

13 Dec, Wednesday - snow at Mt. Washington

19-22 Feb, Monday-Thursday multi-day hiking on Hornby Island

For the new schedule and club info: qioutdoorclub.org

Stay tuned as the fall-winter trip schedule evolves.

Local Author Book Signing

Join local mountaineer and author Rob Wood celebrating the publication of his latest book "**At Home in Nature - a life of unknown mountains and deep wilderness**" at a book signing on **Saturday, December 2nd 3pm at the Quadra Island library**. There will be a 15 minute reading, short talk, Q & A and discussion, informal chatting and signing.

James Pottery
studio & gallery

Annual
Christmas Sale
December 2nd & 3rd
11am-4pm
✳ 20% off all stock
✳ pottery seconds
End of Joyce Rd. 285-3101

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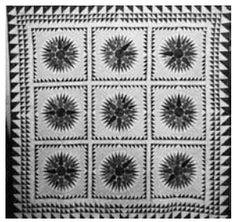
quadrachildrenscentre.weebly.com
7:30 a.m. to 6:00 p.m.
Monday to Friday
250-285-3511
Please inquire about government subsidies

Quadra Singers Sweepstakes – Countdown on for remaining tickets to win unique island prizes!

Get your raffle tickets while they last for a chance to win exceptional prizes in a major fundraiser for Quadra Singers.

Only 2,000 raffle tickets were made available, for $2 each, to win:

- **Grand prize:** queen-size mariner's compass quilt donated by Quadra Quilters – valued at $1,700
- **Nimbus kayak paddle** sponsored by Spirit of the West valued at $220
- **Half cord of seasoned firewood** donated by Ford Cannon valued at $125
- **Case of wild sockeye salmon** donated by Walcan valued at $65



Tickets are available directly from choir members and from Dirty Girl Soap at the indoor market (next opportunity December 2).

Quadra Singers offered chorus of thanks for quilters

Quadra Singers got vocal with their thanks to island quilters during the Quilting Marathon on October 28.

"We were inspired to honour the generosity of our local quilting community with a gift of song during their fall marathon quilting event," says Debbie Quigg, who heads the choir's fundraising committee.

"At a value of $1,700, the queen-size mariner's compass quilt is an extraordinary gift to the choir, and we also applaud the giving spirit of Quadra Quilters, who provide quilts for children and their families at BC Children's Hospital through their quilting marathon each year," Quigg says.

"The choir sends a huge thanks to all the people who donated raffle prizes, plus a $250 cash donation from Orca Dreams, and the efforts of Dirty Girl Soap to help choir members sell tickets," Quigg adds.

Funds raised will allow the choir to expand its music library, offer educational workshops and continue a bursary program to waive fees for people in need who love to sing.

Winning tickets will be drawn at 8:15 p.m. on December 9, during intermission at the next Quadra Singers concert. Winners not in attendance will be contacted to pick up prizes.

Learn more about Quadra Singers on the choir's Facebook page. Or contact the choir by email (quadrasingers@gmail.com) or telephone (250-285-2393).

The Quadra Singers fundraiser is conducted under licence #97298 from the BC Gaming Branch. Chances of winning a prize will be 4 in 2,000. All raffle participants must be over age 13 and are reminded to "know your limit and play within it."

Gaming helpline 1-888-795-6111
www.responsiblegambling.ca

Friday Flicks

On December 1, 7:45 at Quadra Community Centre, Friday Flicks presents a double movie feature: Bombshell - The Hedy Lamarr Story and Fluffy.

Bombshell - The Hedy Lamar Story (2017, USA, 90 minutes)

What do the most ravishingly beautiful actress of the 1930s and 40s and the inventor whose concepts were the basis of cell phone and bluetooth technology have in common? They are both Hedy Lamarr, the glamour icon whose ravishing visage was the inspiration for Snow White and Cat Woman and a technological trailblazer who perfected a radio system to throw Nazi torpedoes off course during WWII. Weaving interviews and clips with never-before-heard audio tapes of Hedy speaking on the record about her incredible life—from her beginnings as an Austrian Jewish emigre to her scandalous nude scene in the 1933 film Ecstasy to her glittering Hollywood life to her ground-breaking, but completely uncredited inventions to her latter years when she became a recluse, impoverished and almost forgotten—BOMBSHELL: THE HEDY LAMARR STORY brings to light the story of an unusual and accomplished woman, spurned as too beautiful to be smart, but a role model to this day.

Fluffy (2016, Canada, Serbia and Montenegro, 24 minutes)

While a family is dealing with the emotional and logistical stress of packing up their lives to emigrate from Serbia to Canada, the 10-year-old daughter wins an impossibly large stuffed teddy bear.

I have so many wonderful things to report to you about what is going on in Area C. However I cannot think about anything else other than the misinformation I am reading in letters submitted to the previous Discovery Islander about the proposed **Residential Development** for the Golf Course lands. That is what was being applied for. It was not about the Golf Course. I hope that my following comments will help everyone understand the steps that we needed to deal with.

I supported the original Golf Course proposal after it met all of the wishes of the community and I have to this day supported responsible development in general, where appropriate, and specifically in the Quathiaski Cove Local Area Plan through many years of supporting the seniors housing development and the small lot development in that area and others around the island. I fully support the development of multi-generational housing to keep our island vibrant.

Due to the personal verbal attacks upon me and the other Directors, I feel it necessary to once again explain the process without discussing the pros and cons of the application. I will now begin by repeating what I previously reported to you after the SRD meeting. That was the meeting that did not allow Directors to make a determination about the proposal due to legal advice. And here it is:

Golf Course Outcome at the Board

This is what I reported after the rezoning was dealt with at our Board meeting, in case you didn't see it then.

The meeting on October 11th dealt with the recommendations of the SRD regarding the proposal to add a residential component to the existing golf course lands. The following is directly from the staff report that the Board received:

"In the opinion of legal counsel, the proposed development appears to be inconsistent with the official community plan and it is unlikely that the Regional District would be able to sustain Bylaw No. 271 if challenged on this basis. Given that opinion, there appears to be little benefit in holding a second public hearing since it is not legally permissible to adopt a zoning bylaw in contravention of an official community plan.

It has also been brought to staff's attention that the applicants had previously advised, when approval for the golf course was initially being considered, that no residential development would be proposed for the site. This information was not offered for public discussion at the recent public hearing and is considered to be relevant to the current development proposal. In light of the above issues it is recommended that, following receipt of the public hearing report, the Board defeat Bylaw No. 271 at third reading"

There seems to be a misunderstanding about what we actually did at the Board table. **We did not defeat the application.** We defeated Bylaw No. 271 due to legal advice that did not allow us to proceed. The merits of the application were not debated. Only the process was in question at that time.

The Directors, including me, were never allowed to vote on the actual proposal. I have contacted the applicants regarding their application and where they would like to go from here. Senior staff also met with the applicants after the Hearing to discuss their future options.

The alleged delays in the process obviously need clarification. It took the applicants and staff three months to design the application that they finally presented. I was not involved in that process in any way. No blame can be placed for the cancellation by the Chair of the Board of two Board meetings two months in a row. He had justifiable personal reasons for those cancellations that were totally unrelated to this application process. All of this added to the delays that are being attributed to me. I was not involved in any of it and had nothing to do with it, so I hope those assertions will stop. No one "delayed" any part of this process. Each step took the amount of time that it took.

The application for **Residential development** required an OCP change and a Zoning change. This was obvious from the start but the direction the planners took only asked for a Zoning change. That was their interpretation. As it turned out the legal interpretation did not agree with it and forced us to drop the Bylaw. An OCP can be changed and a Zoning Bylaw can be changed. But they need proper application and community approval. This opportunity is still available to the applicants if they wish to proceed.

This application was about a new **residential development** in an existing neighbourhood and it needed to be treated as such. **It was not about a Golf Course.**

I faithfully followed the process that I took an oath to uphold. I refuse to be maligned by the spreading of speculation and conclusions that are just not true.

I am in a very difficult situation since I cannot rightfully and fully defend myself due to the position I hold. All I can do is lay out the factual information and hope that you will read it and decide for yourselves. Since I was left out of it, I cannot help that the process was flawed . Had I been there I would have certainly recommended an OCP change along with the Zoning change. I wasn't involved! I should have been from day one and I know that our CAO is working on fixing that procedure internally and I am sure he will succeed. Could the process have been better? Maybe! However, I was not included in this process until the very end and was hobbled by a legal opinion that allowed me no choice but to turn down Bylaw No. 271.

I will return to my usual style of letting you know of the activities I am involved in on your behalf in my next report. Oh, and by the way, if you have a problem with, or don't understand something I am doing, please contact me personally. All of my information is below.

That's it! Feel free to contact me between the hours of 8:30 am and 5:00 pm, Monday through Friday (**please, not on weekends or holidays, folks!**) at 285-3355, or you can fax me at 285-3533 or you can email me anytime at jimabram@xplornet.ca or by mail at Box 278 in the Cove, V0P 1N0... or on Facebook at https://www.facebook.com/JimAbram.... If it is important, my cell is 250-830-8005... Lots of choices.

Please do not use my residential phone number for SRD calls. All business calls should be on 285-3355. Many thanks!

Respectfully submitted,

Jim Abram

Director, Discovery Islands-Mainland inlets, Area C, SRD

The EcoTrilogy

Ray Grigg, author of numerous internationally sold books on Eastern philosophy, and an environmental columnist who wrote a weekly Shades of Green article in Campbell River and Courtenay newspapers for many years, has just published a three-volume collection of the most important and durable of these pieces.

Each volume of The EcoTrilogy is comprised of 64 essays selected from over 750 that appeared in newspapers, magazines and online between 2000 and 2016. All selections have been updated, expanded, deepened and footnoted to befit their new incarnation in book form.

The total of 192 chosen columns invited additional attention and thought because they seemed relevant beyond the occasion of their writing. When read in their entirety, they are a comprehensive and realistic analysis of our present environmental situation.

Individually, they fit into three loose categories: philosophical, psychological and biophysical, becoming, respectively, the volumes of The EcoTrilogy series: Ecologos, Ecopathy and Ecocide.

Ecologos explores the pervasive cultural values underlying our individual and collective behaviour, those powerfully motivating forces—often functioning below our immediate awareness—that comprise the essential milieu in which we feel, think and act.

Ecopathy is a survey of this behaviour from a closer perspective, documenting the ways in which we frequently subvert our best interests buy inflicting egregious damage on our planet's ecosystems.

And Ecocide provides specific examples of the inevitable consequences when our culture expresses these destructive philosophical and psychological attributes.

Individual copies or the complete set of The EcoTrilogy will be available at local bookstores, or can be ordered by going to **www.raygrigg.com.**

Winter Market & Bazaar @ QCC

Two fabulous markets left before Christmas! Saturday, December 2nd and Saturday, December 16th 10am - 2pm. No ferry waits, no stress. Even if the power is out we still have power at our Community Center!

You can be sure to find art cards, baking, body butters, Artisan Chocolates, jewelry, knitting, preserves, sewing, soaps, woolens and much more. Many creative gift ideas!

Audrey will be in the kitchen offering up her brunch options or perhaps a bowl of soup and a home made biscuit.

Tables are $10.00 each on a first come basis with set up at 8am. Market hours are 10am - 2pm.

Need more info email: quadraislandmarket@gmail.com or call Stella 250-285-3184

We hope to see you there!

At Your HBI

Dec 2; Funny Fest Calgary brings two of it's finest to Herons. Comedy night and dinner out. A great way to spend the evening belly laughs and all. Two course dinner and show 39. Reservations please.
Dec 10; A Storied Brunch. Local story tellers weave a magic day with brunch buffet included. This 9th annual fundraiser for NISHS is a must see event with silent auction. 36.95 with 30% to North Island Survivors' Healing Society. 10:00am seating. Herons Dining Room. Reserve 285-3322.
NYE at the HBI; Enjoy a three or five course meal and dance with the **Thievin Brothers, guests Kate Alexander and Casey Ryder** (10.00) in Herons until 10:00pm then over to the Pub and rock on with Blue Kats (no cover) into the New Year. Snacks at midnight and perhaps a kiss? Reserve 285-3322
Wednesdays; UofQ. Class is in session! Nov 29th; Matthew Kelly teaches us about Garbage and the Soul: A Psychoanalysis of Outer and Inner Waste... **Dec 6;** Barb Mindel on the importance of your health and Candida...Owen Williams "The Anatomy of Stuckness and how to get unstuck". Pub Education. Wednesdays. 7pm. HBI Pub.
Music Bingo every Thursday 5:00pm with your host Linda Gallagher. Fun and prizes, rock on Quadra! HBI Pub.
HBI Friday Night Bands: Nov 24; QUADRA"S OWN Stranger Rearrangers, original Quadra rock...Dec 1; Centerpiece, rock through the ages...Dec 8; Sons of Guns, R&R and R&B. HBI Pub. 9pm. N\C HBI Pub
Saturdays Open Mic; Mo and the jam band are making music magic every Saturday! 9:00pm HBI Pub. "Where words fail, music speaks" Hans Christian Andersen!

Help Wanted

QUADRA ISLAND RECREATION SOCIETY SEEKS CONTRACT GROUNDS PERSON

Instructions to applicants:
Quadra Rec. Society is calling for a contract grounds maintenance person
The Following is included in the application package:
List of duties and tasks required
Length of contract
Yearly allotted budget
Applications WILL BE RECEIVED NO LATER THAN 2 PM ON FRIDAY DEC 1st
Applicants will need to be able to provide:
WCB number/coverage
Must have proof of liability insurance
MUST be able to provide all of their own equipment
Quadra Rec. Society reserves the right to accept or reject any or all applications without explanation. The contract will not automatically go to the lowest bidder
Please email: info@quadrarec.bc.ca to receive a contract / application package

HELP WANTED

Dish washer, line cook. Heriot Bay Inn. Resumes to info@heriotbayinn.com or in person.

Shops

WAYPOINT SIGNS

Signs, Picture Framing and simple Engraving at Waypoint Signs beside Quadra Builders. Tuesday to Thursday, 9 to noon, 1 to 4pm. Appointments possible to suit your schedule. Friendly, efficient, personalized service. Quality products at affordable rates.
250.285.2815 info@waypointsigns.com

Home & Garden

AUTUMN GARDEN RENOVATIONS

Certified horticulturist and passionate gardener Ryan Nassichuk is now taking bookings for October and November. This is the perfect time of year to improve, expand, or create the garden of your dreams. Ryan works in ornamental, food, and mixed gardens. Soil testing, winter pruning, and consultation services also available. Call 250-202-2326 or email nassichuk@gmail.com for more information.

Services

RAIN GUTTERS

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Call us today 250-285-2866

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Heriot Bay Tides

DATE	TIME PST	m.	ft.
24 Friday	02:47	1.4	4.6
	10:33	4.7	15.4
	17:05	3.4	11.2
	20:23	3.7	12.1
25 Saturday	03:30	1.6	5.2
	11:19	4.7	15.4
	18:08	3.2	10.5
	21:38	3.5	11.5
26 Sunday	04:20	1.9	6.2
	12:06	4.7	15.4
	19:04	3	9.8
	23:18	3.4	11.2
27 Monday	05:16	2.1	6.9
	12:49	4.7	15.4
	19:51	2.7	8.9
28 Tuesday	00:50	3.5	11.5
	06:21	2.4	7.9
	13:28	4.7	15.4
	20:31	2.3	7.5
29 Wed.	02:08	3.7	12.1
	07:28	2.6	8.5
	14:03	4.7	15.4
	21:08	1.9	6.2
30 Thursday	03:17	4	13.1
	08:31	2.9	9.5
	14:35	4.8	15.7
	21:44	1.5	4.9
01 Friday	04:19	4.3	14.1
	09:28	3.1	10.2
	15:06	4.8	15.7
	22:19	1.2	3.9
02 Saturday	05:14	4.6	15.1
	10:23	3.3	10.8
	15:38	4.8	15.7
	22:56	0.9	3.0
03 Sunday	06:04	4.9	16.1
	11:17	3.5	11.5
	16:14	4.8	15.7
	23:35	0.6	2.0
04 Monday	06:53	5.1	16.7
	12:11	3.6	11.8
	16:54	4.7	15.4
05 Tuesday	00:16	0.5	1.6
	07:41	5.2	17.1
	13:08	3.6	11.8
	17:39	4.6	15.1
06 Wed.	01:01	0.5	1.6
	08:30	5.3	17.4
	14:09	3.6	11.8
	18:30	4.4	14.4
07 Thursday	01:47	0.6	2.0
	09:19	5.2	17.1
	15:15	3.5	11.5
	19:28	4.2	13.8
08 Friday	02:35	0.9	3.0
	10:07	5.2	17.1
	16:24	3.2	10.5
	20:34	3.9	12.8

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Quadra Island
Community Centre

Saturday, December 2nd @ 7 pm

Tickets: Tidemark Box Office 250-287-7465 & at the door

From Campbell River come over on the 6:15 pm ferry and return on the 10:15 pm sailing.

Island Cycle · Quadra Island Kayaks · IAGS Island Alpine Guides