

ISSUE 675

MARCH 30, 2018 • CELEBRATING 25 YEARS OF SERVICE

discovery

I S L A N D E R



Great Blue Heron stands watch for dinner, Cape Mudge.

Ferry Schedule	Leave Campbell River		Leave Quathiaski Cove	
	Mon-Fri	Sat-Sun	Mon-Fri	Sat-Sun
	6:40 am		6:20 am	
	7:30 am	7:30 am	7:05 am	7:05 am
	8:30 am	†8:20 am	8:00 am	†7:55 am
	9:30 am	9:20 am	9:00 am	8:55 am
	**10:30 am	10:15 am	10:00 am	9:50 am
	11:30 am	11:15 am	11:00 am	10:45 am
	12:30 pm	12:15 pm	12:00 pm	11:45 am
	1:30 pm	1:15 pm	1:00 pm	12:45 pm
	2:30 pm	2:15 pm	2:05 pm	1:45 pm
	3:30 pm	3:30 pm	3:00 pm	3:00 pm
	4:30 pm	4:30 pm	**4:00 pm	4:00 pm
	5:25 pm	5:25 pm	5:00 pm	5:00 pm
	6:15 pm	6:15 pm	5:50 pm	5:50 pm
	7:30 pm	7:30 pm	7:00 pm	7:00 pm
	8:30 pm	8:30 pm	8:00 pm	8:00 pm
	9:45 pm	9:45 pm	9:15 pm	9:15 pm
	*10:45 pm	†10:45 pm	*10:15 pm	†10:15 pm

! Local Commuter Sailings, expect delays.
* Fridays Only † Daily except Sundays.

** Tuesday sailings are for Dangerous Cargo
No passengers or cars.



Quadra Singers

Present

Celebrating Nature

Saturday

April 28th - 7pm

Quadra Community Centre

Digital Art: Jody Rodgers

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THE ISLAND CALENDAR

Day to Day

Friday, March 30
• Live music: Duffy LIVE! 9pm HBI Pub

Saturday, March 31
• Last Winter Market of season Q.C.C. 10am to 2pm
• Local Food Potluck, 5:30 pm QCC

Tuesday, April 3
• Tequilla Mockingbird Orchestra HBI Pub 9 pm \$10

Thursday, April 5
• Quadra Conservancy and Stewardship Society AGM 7:30 pm Q.C.C. Room 1.

Friday, April 6
• Friday Flicks: Faces Places, Q.C.C. 7:30pm
• Live music: Centrepiece 9pm HBI Pub

Saturday, April 7
• Amplify Her film @ Kameleon 7pm & DJs @ Legion after

Thursday, April 12
• QI Salmon Enhancement AGM, Eco-Centre 7pm

Saturday April 14
• Garden Club Spring plant sale 11:30 Q.C.C.

Sunday, April 15
• Quadra Sailblazers AGM 5pm at 895 West Road

Sunday, April 22
• Outdoor Gear Swap 10am to 2pm Q.C.C.
• U of Q, HBI Pub, 7pm: Buffy Bye on Virtual Worlds

Saturday, April 28

The Regulars

Mondays
AA, Big Book Study, 7pm Quadra United Church
Badminton, Cape Mudge Gym, 7:30 pm Drop-ins \$2

Tuesday s
Folkdancing, QCC, 7:30-9:30 pm, 285.3849.

Wednesdays
1st & 3rd Wednesday Food Bank, QCC 1-2pm
Prayer Meeting, Quadra Island Bible Church, 7pm
Poker Night, Quadra Legion, Heriot Bay 7:30pm
Hand Drum Jam, 7:30 pm Upper Realm, Q Cove

Thursdays
Badminton, Cape Mudge Gym, 7:30 pm Drop-ins \$2
SMART Recovery group 12:30 - 2:00 pm, Boardroom, QCC, open to anyone over 19.

Fridays
Alcoholics Anonymous, 8pm Quadra United Church

Saturdays
Farmers Market in Quathiaski Cove 10 am-2pm
Meat Draw, Quadra Legion, Heriot Bay 5 pm
Open Mic with Mo, 9pm at the HBI pub

Sundays
Buddhist Meditation, 10 am, Upper Realm, Q Cove
Family Service, Quadra Island Bible Church, 10:30am
Quadra Sunday Painters, 11am-2pm, 285.3390
Quadra Island United Church, 11am service, 285.3163

NEXT DI DEADLINE: Monday, April 9 @ 7pm

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What's Happening at Quadra Island Community Centre

THIS WEEK March 30 - April 7

FRIDAY: 10:00 Spinners & Knitters; 10:30 Friday Painters

SATURDAY: 10:00 Winter Market; 5:30 Local Food Potluck

SUNDAY: 9:00 Somatics w/ Rob; 6:00 Drum Club

THIS WEEK (April 2 - 6)

MONDAY: 1:00 Sing for Pure Joy; 1:30 Caregivers Support Group; 5:15 Yoga w/ Dood; 7:00 Photo Club;

TUESDAY: 9:00 Quilters; 11:00 Somatics; 1:00 Mosaics; 5:00 Yoga w/Trinity; 7:30 Folk Dancing

WEDNESDAY: 9:30 Yoga w/ Trinity; 11:00 Moms & Babes; 12:00 Community Kitchen Lunch; 12:00 Nurse Practitioner Outreach Clinic; 1:30 Living Life to the Full; 7:00 Body Grooves w/Brenda

THURSDAY: 9:00 Yoga w/ Brenda; 10:00 Parents and/or Tots & Parents Yoga; 5:00 Yoga w/ Trinity; 6:45 Quadra Singers

FRIDAY: 10:00 Spinners & Knitters; 10:30 Friday Painters; 7:45 Friday Flicks Presents: FACES PLACES

NEXT WEEK April 8 - 13

SUNDAY: 9:00 Somatics w/Rob; 1:30 Fall Fair Open House; 6:00 Drum Club

MONDAY: 10:00 Parents & Tots; 10:00 Yoga w/ Josephine; 1:00 Sing for Pure Joy; 5:15 Yoga w/ Dood; 7:00 Garden Club

TUESDAY: 9:00 Yoga w/Brenda; 11:00 Somatics; 5:00 Yoga w/ Trinity; 7:30 Folk Dance

WEDNESDAY: 9:30 Yoga w/ Trinity; 11:00 Moms & Babes; 12:00 Community Kitchen Lunch; 1:30 Living Life to the Full; 7:00 Body Grooves w/Brenda

THURSDAY: 10:00 Parents and/or Tots & Parents Yoga; 5:00 Yoga w/ Trinity; 6:45 Quadra Singers

FRIDAY: 10:00 Spinners & Knitters; 10:30 Friday Painters

Find your way around online...

Quadraisland.ca

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30 MARCH, 2018

Publisher/Editor Philip Stone

The DI is published every two weeks. Our current edition and upcoming deadlines are online:

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply **send the text in the body of your email**.
- **Canadian spelling** is preferred.
- **Please use the title** of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

GIFT SUBSCRIPTIONS

Are available for delivery in Canada by mail **\$90 for 12 months**

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year
Find more details online at
www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm Monday, April 9
for publication on
Friday, April 13

ISLAND FORUM

Pipeline Bets

I'm all in, aren't you? Kind of like a poker game where the last players shove their piles of chips into the table centre, without counting, winner take all and losers lose all, like betting on the pipeline, we have all our stuff out, lovely coastline, mammal and fish and oyster and high speed nature watchers, great place to live for all the right reasons, we are not being asked to wager but our bet is taken, our pile of chips, quantified somehow, measured somehow into "cleanup" costs going somehow to a shadowy crew, like the 'wet team' in a Mafia movie and things can be made OK no matter what.

And that other gambler, what loses are they willing to ride out? They may feel awful but still have a job, still keep working anywhere in their system, still some room at the top, as their employee you don't have to work on the coast, or the river.

The bets are grossly out of balance, if we must eventually be forced into compliance we need to leverage, now, the real cost of a spill to a profiteer eager for us to be "all in". The other elephant in the room is the second spill, land or sea or both and others beyond the first clean-up.

A more realistic bet would be to risk your future as we are being forced to risk ours. In case of a significant "spill", all the lands, rights, licenses, buildings and properties were to be forfeited to the province upon failure, and no more pipeline, even to justify paying for cleanup attempts. It would be much more realistic to call that "all in", the deep pockets can guarantee payment for the cleanup and the pull-out, easy, based on their own assurances.

Richard Gillmore



Find out
when the DI is
posted online

Negotiate Best Option - Mt Seymour

When the SRD released the report on possible protection for the Morte Lake, Chinese Mt. and Mount Seymour area the editor of the Birds Eye referred to the area, for a second time, as a "mid-island playground." This trivial sounding designation may be the result of efforts to promote the areas recreational uses while ignoring another important goal: conservation.

While much of Quadra is being systematically logged, and it's unrealistic to think that won't continue, it's important to protect a portion of the island that's accessible and has outstanding natural features.

The report, while stating what was already understood, put forward a recommendation to legitimize existing trails. This is already underway and offers some benefits, but a narrow strip of trees separating a trail from a clearcut does little for preservation.

It seems, in a society where values are expressed in dollars and cents, it needs to be demonstrated that the best course of action is the

one with the greatest economic gain. Consider then that if logged today the area has little value to anyone for the next sixty years or more. Logging would provide jobs for a few individuals for a few months. Leaving it intact allows for economic benefits for decades. And in years to come the trees would still be there, grown in value.

While any government intervention would have to come from the provincial level it's unlikely they have the will or resources to act, and ongoing land claims negotiations would be a factor.

I believe the best option is to negotiate directly, as a community, with TimberWest. They have shown a willingness to address concerns and have honoured their agreements in the past. This would require the various interest groups on the island to agree on common goals and would need compromise on all sides. It would be worth the effort if a significant piece of the island remained intact.

G. Murdoch.

New to Quadra? The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag. Contact Judy at 285.2150

Million Dollar View



Semi-waterfront .38 acre lot in Quathiaski Cove. Build your dream home or use the existing, older dwelling as a rental or getaway. The home is a handy-man special and needs a new roof. The garden could easily be restored to its former glory. **Asking \$365,000.**

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COMMUNITY NEWS & EVENTS

Connect with AA

Is drinking costing you more than money? If you want to stop drinking and need to find AA near you or wish to learn more about Alcoholics Anonymous visit www.cr-aa.ca call 250.287.4313 for Campbell River and area AA.

Meetings held on Quadra Island Friday night at 8pm and Monday night at 7pm at the Cape Mudge United Church.

Smart Recovery

Smart Recovery a weekly confidential and facilitated support group is changing its location and time. Starting Thursday 15 March, meetings will be from 12.30 pm to 2.00 pm in the Boardroom at the Community Centre. Registration not necessary. Donations welcome but not required. Contact Laura: smartrecoveryquadra@gmail.com

Parkinson's Support Group

Do you or a friend have Parkinson's disease? If so, come to our small friendly monthly support group meetings at Quadra Community Centre, main floor, Room 2. Our next meeting is at 10am on Tuesday, February 20.

Post Secondary Financial Awards

The Quadra Island Legion Ladies Auxiliary is accepting applications for two Post Secondary monetary awards. The Kay Dubois Memorial Scholarship is given to veterans' descendants entering their first year of further education. The Marilyn Lamb Award will be given to an individual who is or will be enrolled in a medical field of education.

Please submit a formal request to PO Box 129, Heriot Bay, BC V0P 1H0 or email to bill_barb@telus.net stating why you should be chosen. The closing date for applications is May 31st, 2018.

Outdoor Gear Swap

What to do with all that outdoor gear you've been accumulating in your garage? Book a table at the QI Outdoor Club Outdoor Gear Swap & Sale, **Sunday, April 22, from 10am to 2pm at the Community Centre.**

For the nitty-gritty, and a Sellers' Registration Form, go to <https://qioutdoorclub.org/2018/02/09/gear-swap-quadra-community-centre-22-april-2018/> (tinyurl.com/yd428xbh).

– Valerie van Veen, Co-Organizer

Quadra Island Fall Fair 2018

Already plans are hatching and volunteers are mustering for this year's exciting rendition of Quadra Island's Fall Fair to be held September 9. Be sure to save the date!

The Fall Fair volunteer core have heard from many that you are very willing to step in as volunteers to ensure the fair continues as a community event. This is awesome news because... did you know? it takes approximately 250 volunteers to run a successful fair! Is it your turn this year? We're making it easy to join the fun: there are four locations with volunteer sign-up sheets, Find



them at the Heriot Bay Post Office, Inspirations in the Cove, the Library, and the Community Centre. Or, email us... qifallfair@gmail.com.

We have options and opportunities for all sorts of helping. Take a 4 hour shift on September 8th for set-up and/or a 2- 4 hour shift on Fair Day September 9th. We ALSO have opportunities that you can do from the comfort of your home in the months and weeks leading up to the event. What suits you best? If you have questions or need more info, email us: qifallfair@gmail.com.



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COMMUNITY NEWS & EVENTS

Friday Flicks presents Faces Places

On April 6, 7:45 at Quadra Community Centre, Friday Flicks presents the final offering in its spring series. Faces Places France 2017 Directors: JR, Agnès Varda, in French (English subtitles)

In Faces Places, 88-year-old nouvelle vague legend Agnès Varda teams up with 33-year-old French photographer and muralist JR to create an enchanting travelogue/road movie. Sharing a lifelong passion for images and the means by which they are created, displayed and shared, the duo hits the road to travel through France's small villages, meeting locals, learning their stories, and producing epic-size portraits of them on houses, barns, storefronts and trains. Faces Places documents these heartwarming encounters, as well as the unlikely, tender friendship Varda and JR formed along the way.

"The film's finale is puzzling, heartbreaking and ultimately celebratory. And wobbles the line between documentary and fiction so strongly that the vibrations will linger in your heart for days afterwards." Glenn Kenny (Roger Ebert. com)



Sailblazers 2018 AGM

The Sailblazers, Quadra Island's sailing club, will hold its annual general meeting Sunday April 15 at 5pm at 895 West Road. Potluck dinner to follow. Members please attend. New members welcome.

Free Money

Free Money continues on Wednesdays, just before Community Lunch, from 11:30am to noon in the small seminar room downstairs at the Quadra Community Centre. Single individuals receive \$10 and families receive \$20 inside a book of their choice. The program is available on the first Wednesday of each month from November to April. This 10-year-old program could not exist without the generous support of Quadra Islanders. We need over \$3000 to carry out our program. Please donate to the Free Money account at our local Quadra Credit Union. Every cent goes to those in need. For more info call Steve Moore at 285.3323.

Living Life to the Full

Quadra Circle is pleased to sponsor a new wellness program called *Living Life to the Full*. This 8-week course teaches practical skills to reduce stress and boost mood; improve motivation and problem solving skills; and change unhelpful thoughts and behaviours.

The program runs on Wednesdays, April 4 to May 23, 1 to 2:30pm at Quadra Community Centre. The cost is \$40 (to pay for booklets, handouts and room rental), and is payable to Quadra Circle. The facilitators, Pat Peterson and Diana McKerracher, are excited to present this material on Quadra. Why not give it a try?

To register, contact Quadra Circle 250.285.2255 or qcircle@outlook.com. Office hours are Wednesday to Friday, 11am to 3pm.

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COMMUNITY NEWS & EVENTS

Buddhist Meditation

Join us for a 45 minute silent meditation every Sunday at 10am at Spirit Books upstairs in Q Cove.

Everyone is welcome to experience the beauty of this simple practice. Free or by donation. Call Steve or Danielle at 285.3323 for info.

Celebrate Local Food -- Potluck

You are invited to an Easter Weekend local food potluck, to celebrate and share recipes and food grown on Quadra. This is to get us thinking about meeting our local food needs and building food security here. If there is interest, we hope to hold these celebrations on a quarterly basis. At this time of year think about bringing food you preserved for the winter, or an early spring harvest or forage, about enough for 6 servings. (If you do not have anything you harvested but would still like to come, something you purchased that was produced on Quadra or nearby is totally acceptable).

We will all share what we are doing now and discuss about what we can do to become more effective at producing, preserving, preparing and eating our own food into the future. So if you are interested, please mark your calendar for Saturday March 31, 5:30pm, at the Quadra Community Centre. Everyone welcome. For any further information please call Michael Mascall (250) 202-1968/ michquadra@gmail.com, or Marc Doll & Jennifer Banks-Doll (250) 850-7318/ jenniferbanksdoll@gmail.com.

Winter Market & Bazaar

There is still one more great market on the Easter weekend, Saturday, March 31st @QCC 10am - 2pm.

March is a great time to clean out those overflowing closets and bins. Have a flea market table, make some cash and someone else can love your treasures!

Tables are \$10.00 each and set up starts at 8am on a first come basis.

Hope to see you all Saturday, March 31st.

Info? quadralslandmarket@gmail.com or call Stella 250-285-3747

QISES AGM

Thursday April 12- The Quadra Island Salmon Enhancement Society AGM will be at the Eco Centre on Thursday, April 12 at 7PM. Our constitution has been revised to conform to the new B.C. Societies Act. Approval is required by a special resolution, voted on by the QISES membership at this AGM.

After Party at Legion

AMPLIFY HER movie screening and after party. Saturday, April 7th. Screening at Kameleon Food & Drink. Doors at 6. Movie at 7. Admission by donation. After party hosted at Quadra Legion featuring DJ's AppleCat, illith and Phanieste. Admission \$10.

Children's Centre Garage Sale

Have you been doing some spring cleaning? Looking to declutter and simplify your space? Hoping to find a new home for all that stuff you no longer need? Well, you are in luck. The Quadra Children's Centre Garage Sale is coming up and we are looking for donations of quality used items. Bring your previously loved items and drop them off on the back deck at the Children's Centre any time before Friday, May 11. Please no skis, clothes, televisions or computer equipment.

If you are looking for some great deals come join us for the Garage Sale on Saturday, May 12 from 10-2. Sales are by donation. All proceeds go to support early care and learning in our community. This is a major fundraiser for the Children's Centre and we appreciate all the great community support we receive each year. See you there!

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Lost Families Found

Monthly genealogy meeting April 5th, 7-9 pm in the Maritime Heritage Centre. Lewis Bartholemew, Director of the Alberni Project in Courtenay, will speak about methods and effects of researching military history. Everyone welcome. Library open 6-7 before meeting.

For info, call Janice 250 203-0585. Campbell River Genealogy Society.

QICSS AGM

The Quadra Island Conservancy and Stewardship Society will hold its AGM on April 5 2018 at 7:30 pm in Quadra Community Centre room 1.

Our guest speaker, Mark Nighswander, will be giving a talk on the history and future of Quadra Island's woodlots.

We urge all interested in conservation issues on Quadra especially in the Morte Lake area to become members and to attend our AGM. To become a member, send an email to secretary@quadraislandconservancy.ca with your full name and address or phone Ken at 2580.

At Your HBI

FRIDAY, MARCH 30: Blue Moon Marque Show in Herons. Infectious mix of early blues, jazz, country, and popular songs with a contemporary and relevant feel. Nominated for a Maple Blues Award as best new artist of the year, 2016. 20.00 show. Reserve seats for the show or to dine before 285-3322

APRIL 3: Tequilla Mockingbird Orchestra; Tuesday night show in the HBI Pub. TMO have spent years weaving their stories with guitars and violins, with accordions and bass, with melodies and music makers gleaned from their wanderings. Here are the troubadours to remind you that this music (no matter what kind of device it ends up on) could not exist without warm bodies in search of harmony. \$10 at the door 9pm -1am

APRIL 7: David Sinclair & Keith Bennett Dinner Show in Herons. Rocking instrumentals, featuring David's percussive acoustic guitar playing and Keith's soaring chromatic harmonica are mixed with vocal tunes featuring both David and Keith. The style is a rootsy blend of blues, jazz and folk. 49.00 Two course Dinner & Show. 29.00 Show only. 285-3322 to reserve.

APRIL 26: Beer Paired 4 Course Dinner featuring Driftwood Brewery. Come down and enjoy a lovely four course dinner, each course paired with

a 12oz glass of craft brewed goodness. \$69/person. 285-3322 to reserve.

TUESDAY APRIL 17 - A Special Spring Karaoke! With host Scotty Low. Come on down and let your Star Shine! 9pm HBI pub.

MAY 12; Acclaimed contemporary folk/roots trio Chris Ronald, John Ellis, and Mike Sanyshyn. "Nominated for songwriter of the year by the Canadian Folk Music Awards, Ronald possesses a keenly luxuriant voice matched with immaculate songcraft". He draws on his abilities as a highly skilled singer, storyteller and musician to deliver a captivating show. 45.00 Two course Dinner & Show. 29.00 Show only. 285-3322 to reserve.

WEDNESDAYS; UofQ is an amazing way to spend an hour or so:

APRIL 4: The Galapagos geology, vegetation, wildlife & conservation with Jack Seigel.

APRIL 11: Remote Working tales of a telecommuting lifestyle with Rachel Seigal.

APRIL 18: QI Salmon Enhancement and new salmon counting systems with Lauren Miller Pub Education. Wednesdays. 7pm. HBI Pub.

THURSDAYS; Classic Rock Bingo 5:00pm with your host Linda Gallagher. Sing a long, meet new friends, have a trip down memory lane and win prizes, rock on Quadra! HBI Pub. No charge to play or to have tons of fun!

HBI FRIDAY NIGHT BANDS:

Mar 30: DUFFY LIVE!, Bring your Dancing Shoes!

April 6: Centerpiece, Classic Rock & Country.

April 13: Queen Annes Revenge, Quadra Style Rock.

April 20: Go Dog Go, Beach Blanket Time Machine.

HBI Pub. 9pm. NIC

SATURDAYS; OPEN MIC. 9:00pm. HBI Pub. "I'd rather be a musician than a rock star." George Harrison..



Quadra's 21st Annual Beach Clean-Up Sunday, April 22

Sierra Quadra is once again pleased to organize our island's annual Beach Clean-up. April 22, 2018, will be the 21st successive year in which islanders and visitors have joined with local businesses and others to make this event a resounding success. It is our contribution to the Earth Day celebrations that occur around the world.

After winter's and spring's high tides and storms, we find that our beaches are once again strewn with plastic, rope, styrofoam, tires, netting, aquaculture debris, etc. These materials are not only unsightly but they can also be hazardous to all forms of marine life. We also know that wave action will eventually grind plastic into fine particles, allowing them to enter the food chain as toxins to be consumed by us.

Beach Clean-up headquarters will be set up at Rebecca Spit on April 22nd. A large banner will mark the site. Starting at 10:00 am you may pick up garbage bags from this location and then head for your favourite beach. Should you already be equipped, drop by from 11:00 am to 2:00 pm for free lunch, coffee, tea and juice.

To accommodate community members who are not able to join us on Sunday, April 22nd, beach garbage can be collected and left at the designated pick-up sites starting on Sunday, April 15th. We are encouraging people to take the initiative to collect beach garbage from locations that they know need cleaning, and to stockpile garbage in the advertised pick-up sites. This can be done up to a week ahead of the Beach Clean-up Day on April 22nd. Some garbage bags will be available at each site. Last pickup on the April 22nd will be at 2:00 pm.

On April 22nd, all collected garbage can also be brought to the Beach Clean-up headquarters or left at any of the following pick-up sites. A sign will be placed at each location to mark where the garbage should be piled. A reminder again, the last pick up at each site is at 2:00 pm. Any material deposited after 2:00 pm will remain there until the following year.



Like the DI on FaceBook

- End of Petroglyph Road
- North end of Sutil Road at Kay Dubois Trail
- South end of We Wai Kai Road at Kay Dubois Trail
- Smith Road beach access
- Edgeware Road beach access
- Milford Road beach access
- Open Bay area at Valdez and Marina Roads
- Tsa-Kwa-Luten (down by the cabins)

Gloves can come in handy as well as a pocketknife to help free tangled rope from driftwood. DO NOT TOUCH ANY FLARE CANISTERS (aluminum tubes about 4 inches in diameter and about two feet long) because they could still be active. Just note their location so Sierra Quadra can notify the proper military authorities for disposal.

Participants with pick-up trucks are still needed to help transport garbage from the various collection sites to Rebecca Spit. If you can help, please call Ken at 2580.

This Sierra Quadra event represents the co-operation and assistance of many local businesses, of BC Ferries and the Strathcona Regional District. Please join us by bringing friends and family for this helpful and satisfying community event.

Advanced Directives Workshop

Wednesday, April 18th, 11-12 am

Quadra Island Community Centre

Room 2

Join NP Pat Peterson and Betty Doak for a discussion on Advanced Directives: why you should have one, what to put in it and whom to give it to so it is enacted when needed.

This legal document gives you a say in how to go forward with medical treatment should you not be able to talk for yourself. There will also be a brief discussion on the use of MOST (Medical orders for scope of treatment) in the hospital setting as well as how to initiate the process for MAID (Medical Assistance in Dying).

Registration is not necessary, drop-ins welcome.

Contact Pat Peterson for questions: 250-285-3540

Chamber Music Festival Update

July 17- 21 The Quadra Island Chamber Music Society is pleased to announce that all the Early Bird packages for the summer chamber music festival sold out very quickly. Thank you to those who have committed to the full series of events.

Tickets for individual events will be on sale May 15th at Tidemark, Inspirations and Works of H'Art.

Our Society is a non-profit organization which is not connected to any other organization on Quadra Island. We rely completely on volunteers, ticket sales, some grants, individual donations and local businesses in order to continue to meet all the expenses this festival entails. We are extremely fortunate to have world class musicians come to our little island to provide us with music that is presented to audiences in major cities around the world. Our local venues, SouthEnd Farm and Winery, United Church in Cape Mudge Village, The StoneHouse and our Community Centre offer unique venues for the events.

For more information on times, venues, musicians and programmes: www.quadrafestival.ca. If you wish to help support the festival, please contact Michael Lynch michaelylynch@gicable.com



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7:30 a.m. to 6:00 p.m.
Monday to Friday

250-285-3511

Please inquire about government subsidies

Amplify Her Documentary coming to Quadra Island

Part motion comic, part live action, the much anticipated documentary film AMPLIFY HER will make it's Quadra Island premiere April 7th at Kameleon Cafe.

AMPLIFY HER is a film, graphic novel, and animated motion comic series exploring the rise of female artists in the electronic music scene. Imagined and brought to life by more than 30 female creators from around North America, the 89-minute feature follows seven up-and-coming stars as they find their unique voices within a male-dominated realm. On the surface, it's a story about women in the electronic music industry, but the film's deeper message is the resurgence of "the feminine" in Western culture.

Along with the film, the AMPLIFY HER graphic novel will be available for purchase at the screening. It is a collaboration between several female artists and writers, including Quadra Island's Tara Williamson.

Doors will open for the screening at 6pm, with the film **beginning at 7pm**. Admission by donation.

Following the screening, an after party will be hosted at the Quadra Legion featuring a roster of female DJ's and producers from Vancouver Island. The event will be headlined by Victoria's Applecat, one of the artists featured in the film.



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QI Outdoor Club Upcoming Events

We are looking forward to some trips to new destinations on the Vancouver Island side in the next few weeks and some Quadra hikes which are off the beaten track. We hope that you will take advantage of the Gear Sale on April 22nd to get ready for summer.

We are also holding the summer planning meeting on April 22nd, Sunday afternoon, at the Community Centre in room 3. Please bring all your suggestions for summer trips to the meeting or e-mail them to us if you cannot attend. Everyone is welcome at the meeting and it's a chance to look back at the past year and to hear what everyone wants to do over the summer. May is the start of the new membership year, so the meeting is your opportunity to renew your membership.

Here are the upcoming trips:

- 4 April, Wednesday - Campbell River ramble loop
- 11 April, Wednesday - hike to Nole's Pizza Peak
- 18 April, Wednesday - hike to Stramberg Old Growth Grove
- 22 April, Sunday, 10-2 - Gear Sale at the Community Centre
- 22 April, Sunday, 3-4 - Summer planning meeting
- 25 April, Wednesday - hike the Campbell River river loop
- 14-17 May, Monday-Thursday - multi-day hiking on Cortes Island.

The details for these trips can be found at:
<https://qioutdoorclub.org/trips/trip-schedule/schedule-fall-winter-2017-18/>

Please contact the coordinator several days in advance of the trip if you are interested in participating.

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Quadra Circle News

Activities Centre: It's Spring Break at Quadra School, which means our Seniors' Activity

Centre is on a break too. Activities will resume on Monday April 9, with a new Activities Coordinator, Heather Kent.

Heather moved to Quadra Island from Winnipeg in May of 2014. She studied microbiology and genomics at the University of Victoria, pursuing a career in Bacterial Genomics and Bioinformatics at the National Microbiology Laboratory before choosing Quadra. She has significant experience in organizing and leading a wide range of educational and recreational activities as well as professional management experience, and says Quadra is a 'perfect fit' for her family's avid interest in outdoor activities and community fun.

In her free time you'll find Heather out gardening, biking, kayaking, or inside learning to play the fiddle!

Please join us Monday April 9 to welcome Heather to her new position.

Friday Lunch: No lunch or exercises on Good Friday March 30. Lunch and armchair exercises will resume Friday April 6.

Caregivers Support Group: Alternate Mondays, 1:30 - 3:00 pm in Room 1 at Quadra Community Centre. All ages welcome. Next meetings: April 9 and 23.

National Volunteer Week: is April 15 - 21. Has a volunteer made a difference in your life? Or do you enjoy volunteering yourself? Quadra Circle wants to hear from you! Share your thoughts and experiences with us by emailing dgault@gicable.com or calling Diana at 250-285-3630.

Transportation Program: Need a driver for medical appointments, social events or support group meetings? Call coordinators Diana and John at 250-285-3630.

Celebrate Local Food Potluck

This is a celebratory potluck for those using local food grown on Quadra, (although, food produced on Vancouver Island will be acceptable), to get us thinking about meeting our food needs on Quadra Island. Please bring your preserves (even just to show), ideas and beautiful food (say enough for 6 helpings). We will discuss what we can do to become more effective producing, preserving and eating our food into the future. So if you are interested, please mark Saturday March 31, at the Quadra Community Centre at 5:30 pm on your calendar. Everyone welcome. If there is enough energy, it could become a seasonal event. For any further information please call Michael Mascall (250) 202-1968, or Marc and Jennifer Doll.

T- Ball!!!

- Starting April 18th- May 16th, 3:00-4:00 p.m.
- Wednesdays in Blenkin Park
- AGES 4 - 6 (**parents must accompany their children, this is NOT a drop off activity**)
- Facilitator: Amy Goeson
- The cost is only \$5 for 5 sessions, but you must pre-register your child at QCC
- Phone the Community Centre @ 285-3243 to register

Chamber of Commerce Elects New Executive

The Discovery Islands Chamber of Commerce Annual General Meeting was held at the Heriot Bay Inn on March 15th.

Along with the general agenda and approval of the previous year's AGM minutes an election was held for the upcoming year's executive.

Voting was done by ballot. The tally showed the following persons elected as 2018 Directors :

Valerie Glendenning, Lynden McMartin, Judy Hagen, Coleen Marlow, Sarah Bradshaw, Betty Doak, Philip Stone and Colin Funk (Cortes).

We thank Michael Lynch and Jack Mar for their past years as Directors and Mark Lasby for stepping up to fill the vacancy last year.

A meeting of the Directors in the near future, will determine the actual positions of Chair, Vice Chair, Treasurer, Secretary, and Directors at large.

Coming Events...

Duffy LIVE!
March 30 - Bring your dancing shoes!

Centrepiece
April 6 - Classic Rock & Country

Queen Anne's Revenge
March 23 - Quadra-Style Rock!
9pm in the Pub. No cover.

Open Mic with Mo
join in... or enjoy local talent at
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Seniors Housing News

QI Seniors Housing's Board is pleased to announce that we have selected Ketz Pacific Construction (1993) Ltd. of Campbell River as the Construction Manager (CM) for our new 16-unit seniors residence at 688 Harper Road in Q Cove. Pre-qualified local companies declined to submit a CM proposal because they had prior contract commitments (construction is booming on Quadra. - which is great.) Ketz Pacific was 1 of 2 well-qualified firms that submitted a CM proposal. The other company was IWDC of Nanaimo.

Ketz Pacific has a wide range of experience on Quadra Island over the past 30 years. The company is currently working on the foundations for the water tower for the Cape Mudge village and re-facing the Cape Mudge Lighthouse. Ketz Pacific constructed the original Quathiaski Cove sewer system, the Quadra Credit Union on Cortes Island, the new Campbell River Indian Band (Weiwaikum First Nation) Administration Office and several wood-frame apartment buildings like ours. As CM, Ketz Pacific will assist the architect, engineers and our Society to complete the design of the seniors residence by incorporating their construction experience. The goal is to design a building that is economical and efficient to construct while meeting all of QISHS and BC Housing requirements. Once the design is complete, Ketz Pacific will tender all of the sub-trade work contracts (open to local trades) and sign a fixed price contract to construct the building.

After a busy winter of planning the exterior and electrical/mechanical/engineering/water and energy design requirements, we intend to finalize these and the building interior design by the end of May 2018. BC Housing

authorization to begin construction is expected at the end of June 2018. If all goes according to plan, the seniors residence should be complete and ready for occupancy Spring 2019.

How you can help: We'll do fund-raising in 2018 for the project and specific items we couldn't afford to include otherwise. Your cash and in-kind donations of materials, equipment, labour and skills help determine the project's 'bottom-line', since QISHS must repay BC Housing funding through a hefty mortgage.

To make an In-kind donation now or during construction, please contact Betty Doak so we can quantify that in our cost-of-construction estimate. 285-3590; md3590@telus.net

To make a Cash donation, send a cheque payable to QISHS to Box 535, Quathiaski Cove, BC, V0P1N0. Or donate online at www.qishs.com: just click on the 'Donate' button to pay by Credit Card using PayPal. Or email qishs535@gmail.com to arrange an online Interac transfer. Charitable Tax Receipts are available – just include your name and mailing address.

QISHS Housing applications are available on our website: www.qishs.com or by calling Maureen 285-2221 or Betty 285-3590, or from Quadra Circle's office by Quadra Medical Clinic, Wed. - Fri., 11am-3pm.



Celebrating Nature this April brought to you by Quadra Singers and Friends

On **Saturday, April 28**, Quadra Singers and Friends will perform a variety of nature themed songs under the direction of our Music Director Kate Alexandra. The Quadra Singers are greatly enjoying Kate's abundant energy and good humour as she hones her skills as a Music Director. The songs this session are beautiful and we hope you will enjoy hearing them as much as we enjoy singing them. Celebrating nature in this part of the world involves appreciating rain and storms so some of our songs have these themes but with the eventual coming of summer it will be mostly "Nothin' but Blue Skies from now on"

"The April concert will feature a mixture of styles including Jazz tunes, a bit of rap, songs from films and folk music traditions, plus songs by the talented contemporary composers Coco Love Alcorn, Jan Garrett and Brian Tate" says choir director Kate Alexandra. "We look forward to welcoming our family, friends and neighbours to an evening of music that emphasizes the natural world we are fortunate enough to be surrounded with here on Quadra" Guest performers include Dave Blinzinger, Jim Thieven and Richard Seymore... as well as the choir and smaller singing groups.

Mark your calendar for **Celebrating Nature, 7 p.m., Saturday, April 28 at the Quadra Community Centre**. Pay at the door: adults \$12, youth (to 12 years) \$5. Free for children under five. Doors open at 6:30 p.m., and there will be treats at the intermission!

Learn more about Quadra Singers on the choir's Facebook page. Or contact the choir by email (quadrasingers@gmail.com) or telephone (250-285-2443).

The Magic of Culinary & Medicinal Herbs ~ Recipes & Remedies

On Monday April 9, Lucretia "Lu" Schanfarber presents her informative and entertaining slide show and talk "**The Magic of Culinary & Medicinal Herbs: Recipes & Remedies.**"

Lu will focus on both traditional folklore and recent scientific aspects of herbs and herbalism while giving lots of practical tips for growing, preserving and using your own cultivated and wild herbs. She will also provide a comprehensive list of "deer-proof" herbs. The evening will include Lu's homemade organic berry ice cream and a special herbal tea blend grown in her garden at Bold Point.

The talk is at **Quadra Island Community Centre from 7-9 pm**. Admission for members is free and for non-members is only \$3.00

About Herbs & Herbalism

As a category of plants, herbs tend to have a high concentration of various phyto (plant) chemicals, many of which possess powerful antioxidant activity. We use herbs daily - for both culinary and medicinal purposes. The terms "herbalism" and "herbology" generally refer to the study and/or practice of using plants medicinally and therapeutically.

Almost every gardener grows at least a few herbs in their garden. Herbs have a magical, almost storybook air about them. We are drawn by their intense aromas and flavours while pollinators are attracted to their flowers. Herbs are usually the easiest plants to grow, with few nutrient demands. In fact, most Mediterranean herbs grow best in nutrient poor soil, as long as the drainage is adequate.

"Whenever we make basil pesto, brew mint tea or soak our feet

Lucretia Schanfarber



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in a comfrey foot bath, we are practicing a very simple form of herbalism," according to Lu. "It's easy to grow a wide variety of the most delicious and health-promoting herbs in our gardens. We are also blessed with an abundance of wild plants and mushrooms that are in the realm of gourmet. And our forests are full of natural plant medicines."

About Lu Schanfarber

Lu is a writer, editor and educator focused on organic gardening and natural health care. She was a contributing editor to The Encyclopedia of Natural Health published by alive Books, a regular writer for alive and Healthy Living Guide magazines and the executive director of the alive Academy of Nutrition. Her radio show "Healthy Stuff" aired weekly in Vancouver. She is a certified nutritional consultant and studied herbal medicine with Dr. John Christopher. Lu worked as a consultant with Dominion Herbal College and studied with Dr. Bernard Jensen. She also trained with Vegetarian Chef Ganesh Nanda and created recipes for Woodlands Natural Foods Restaurants and LifeStream Natural Foods Vegetarian Delis in Vancouver. She lives simply and gardens organically on Quadra Island with her husband Lee and their Airedale, Molly. Lu is dedicated to creating and tending edible, healing landscapes.

RCMP Report

On March 14th, 2018 Quadra RCMP received a report of a male that was trying to find out where a female was living by saying that he was on the Quadra Island Fire Department. This happened some time within the last week and the only description provided of the male was that he was in his 60s with grey hair and stocky build. The Quadra Island Fire Chief confirmed that no one on the department matches the description given and that the Fire Department does not solicit this type of information. If you have any information please contact the Quadra RCMP.

On March 18th, 2018 Quadra RCMP received a report of a found fibreglass boat with a small boat motor which was tied up to a dock off of Pidcock road. If you are missing a boat contact the Quadra RCMP.

Cpl. Kevin CHRISTENSEN
Quadra Island RCMP

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Peace River Valley Coffee House

Quadra is truly an amazing community. We are always thankful for the generosity shown and the commitment made to all our island groups and projects on and off the island.

We are thrilled to say that those who attended the coffee house last weekend, donated \$3500 towards the First Nations Court Challenge to the Site C dam and to the expenses of the Peace River Valley Landowners Association who along with the West Moberley and Prophet River peoples have been fighting the construction of this dam for decades. One very committed and empathetic person made a \$1000 donation. Together with the funds raised for this cause in January, Quadra Islanders have contributed \$4300 to save the Peace River Valley. Islanders signed 350 letters which were mailed individually to Premier Horgan and hand delivered to Claire Trevena.

It was very special to meet and hear Ken Boon, third generation Peace Valley farmer who made the trip south to speak to us. Our event spawned a whole week of Site C town hall meetings across Vancouver Island, in all of which Ken participated. Ken told us how much our January actions on Quadra meant to people in the Peace Valley who in Ken’s words were “in a very dark place at that time.” The last minute addition of Steve Gray, activist and organizer from Mechosin added to our commitment to continue to fight the government’s appallingly bad decision to go forward with with project in spite of First Nations opposition.

Every part of the evening was accomplished by volunteers from the set up crew to the dessert cooks. We would like to thank our super



The organizers, the musicians the the speakers

musicians, Luke Wallace, a folksinging activist whiz-kid from Salt Spring, Graham Edwards and his Fourbidden jazz trio from Vancouver Island and Tina Filipino from Merville for their fabulous music. We are grateful for our wonderful and talented technical team of George Murdoch, Tony Simard and Chris Thompson who give their time and expertise to so many events on the island. Dave Blinzinger was our on top of everything stage manager.

An armful of appreciation to each of the 16 bakers who created fabulous desserts and to our valiant kitchen volunteers who not only kept up with replenishing the rapidly disappearing goodies but also mastered the mountains of dishes.

Our intrepid mistress of ceremony, Lola Murray, who with conviction and knowledge listed what we will lose if the valley is flooded, from migratory bird stop over marshes and fish species to valuable arable farm land and the connectivity between animal corridors. She asked and you gave to try to stop these losses.

Candace Holmes donated her time for the beautiful big sign at the cove and Robyn Budd designed that strong and eye catching poster.

Thanks go as well to Aroma Coffee, the Lovin Oven, Java Bay Cafe, Spirit of the West, and Sierra Quadra.

Almost all our other expenses were paid for by the organizers, Geraldine, Sonya and Susan. We are so grateful for such a successful evening.

\$26M waterfront improvements begin this summer - Upgrades along Hwy19A ready to roll

An extensive, three-year renewal project begins this summer in Campbell River to deliver major upgrades to the waterfront corridor along Highway 19A from Rockland Road to the Maritime Heritage Centre.

These waterfront improvements include three key upgrades: updating the waterfront sewer line between Rockland Road and the Maritime Heritage Centre, a rebuild of the Big Rock Boat Ramp and completing the next phase of Highway 19A improvements.

“This work will bring a number of long-term benefits to Campbell River,” says Mayor Andy Adams. “We now have the funding to move forward with these related projects, and we’ve coordinated the timing to maximize efficiencies and minimize disruption as we upgrade our highway and sewer infrastructure. We look forward to the finished results, which will greatly improve the livability of our city.”

While planning has been underway for some time, residents will see construction get started at the beginning of this summer, particularly between 1st Avenue and the Maritime Heritage Centre and at the Big Rock Boat Ramp. The first phase of construction work is expected to go out to tender shortly.

For the waterfront sewer work, which will begin this summer, significant excavation will be required to lay the new gravity-fed sewer and related utilities. While two-way traffic is intended to be maintained in 2018, the project work will inevitably cause disruption to traffic, parking, and in some areas, property along the route. The project team is reaching out to people who will be directly affected by changes to traffic – and updates will be shared with everyone on the project webpage, via social media, published notices, news stories and more.

“This summer’s work sets us up for the more extensive work scheduled for 2020, which will require closures along the highway,” says Ron Neufeld, deputy city manager. “The project team will be working hard to help everyone know what’s happening when and where and how to move efficiently around the project area over the next three years.”

For more information on the projects and what’s to come, visit www.campbellriver.ca/construction

Museum to mark 60th Anniversary of Ripple Rock Explosion

The Museum at Campbell River’s 60th Anniversary coincides with the 60th Anniversary of the Ripple Rock explosion. To celebrate both, the Museum is hosting an evening at the Tidemark Theatre on April 5 from 7 pm-9 pm to remember the blast that ‘shook the world’.

Ripple Rock, an underwater mountain within Seymour Narrows near Campbell River BC, was a marine hazard responsible for more than 20 large vessels and at least 100 smaller vessels sinking or being damaged. Before its destruction in 1958, Ripple Rock claimed at least 114 lives.

When Ripple Rock blew at 9:31:02 am April 5, 1958, the sight was stupendous. Seven hundred thousand tons (635,028 tonnes) of rock and water erupted in a blast that reached a height of 1,000 feet (305 m). The spectacle lasted less than 10 seconds before the debris was engulfed in a cloud of gas.

At the Tidemark on April 5 there will be a screening of the original CBC coverage of the event from 1958. Following that film will be a showing of the Museum’s documentary ‘Remembering Ripple Rock’. This film was produced through a partnership between CRTV and the Museum at Campbell River in 2008 in order to celebrate the 50th Anniversary of the explosion. It is a documentary that captures the reflections of those who remember the blast day of April 5th, 1958. The film is an interesting mix of local recollection alongside national television coverage. There will be other features during the evening, including an appearance by the Museum’s famous Ripple Rock puppet.

Tickets are \$7 and are available at the Tidemark by calling 250-287-PINK or <http://tidemarktheatre.com/event/ripple-rock-celebrating-60-years/>

Also in celebration of the Ripple Rock explosion, there will be showings of the Ripple Rock puppet show at 2pm on Wednesday April 4 and Thursday April 5 at 2pm in the Tidemark lobby. These puppet shows are free and will be followed by a fun craft.

Part-Time Job Opportunity for Year-Round Cortes Resident

The Digital Literacy Tutor position for Cortes Literacy Now is a position funded by participant contributions and matching funds from the provincial government. This year-round position has now become available with a start date of April 20th, 2018 . The current Literacy

Outreach Coordinator will work alongside the new Digital Literacy Tutor for training.

Potential candidates should possess excellent leadership skills; strong personal initiative; thorough attention to detail; superior organizational skills; clear spoken and written communication abilities; and a passion for digital community engagement. Preference will be given to candidates with experience in teaching.

The Digital Literacy Facilitator position requires a commitment of approximately 16 hours per month and pays \$20 per hour.

Responsibilities include:

- Planning, marketing and scheduling Digital Literacy Tutorials.
- Facilitating Digital Literacy Tutorials with community members
- Meeting with the Literacy Outreach Coordinator
- Maintaining high standards in regards to participants digital privacy

Ability to clearly and patiently instruct on the use of computers, ipads, kindles, ipods, and mobile telephones is a requirement. Participants may require advice in online banking, e-mail, word processing, facebook, digital photos, and online privacy. Experience with website design and development are an asset.

How to Apply: **Please send a resume to cortesliteracy@gmail.com no later than April 6th, 2018.** Interviews will take place the following week.

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Heriot Bay Tides

DATE	TIME PST	M.	FT.
30 Friday	06:03	4.8	15.7
	12:19	2.2	7.2
	18:03	4.4	14.4
31 Saturday	00:13	1.8	5.9
	06:35	4.8	15.7
	12:56	1.9	6.2
	18:57	4.5	14.8
01 Sunday	00:58	2.1	6.9
	07:07	4.7	15.4
	13:33	1.7	5.6
	19:48	4.6	15.1
02 Monday	01:42	2.4	7.9
	07:38	4.6	15.1
	14:10	1.6	5.2
	20:38	4.6	15.1
03 Tuesday	02:26	2.7	8.9
	08:09	4.5	14.8
	14:49	1.5	4.9
	21:29	4.5	14.8
04 Wed.	03:13	2.9	9.5
	08:41	4.3	14.1
	15:28	1.5	4.9
	22:24	4.4	14.4
05 Thursday	04:05	3.2	10.5
	09:13	4.1	13.5
	16:10	1.6	5.2
	23:26	4.4	14.4
06 Friday	05:09	3.3	10.8
	09:47	3.9	12.8
	16:54	1.6	5.2
07 Saturday	00:35	4.3	14.1
	06:34	3.4	11.2
	10:28	3.7	12.1
	17:44	1.7	5.6
08 Sunday	01:47	4.3	14.1
	08:04	3.4	11.2
	11:29	3.6	11.8
	18:43	1.8	5.9
09 Monday	02:47	4.3	14.1
	09:13	3.3	10.8
	12:57	3.5	11.5
	19:49	1.9	6.2
10 Tuesday	03:34	4.3	14.1
	10:01	3.1	10.2
	14:14	3.5	11.5
	20:51	1.9	6.2
11 Wed.	04:10	4.4	14.4
	10:35	2.9	9.5
	15:18	3.7	12.1
	21:43	2.0	6.6
12 Thursday	04:41	4.4	14.4
	11:04	2.7	8.9
	16:14	3.9	12.8
	22:28	2.0	6.6
13 Friday	05:09	4.5	14.8
	11:31	2.4	7.9
	17:06	4.1	13.5
	23:09	2.1	6.9

THE DI CLASSIFIEDS

Activities

QUADRA ISLAND GOLF CLUB

Quadra Island Golf Course opens soon! Early Bird rates till APRIL 1 with no initiation fees! Unrestricted full memberships are \$850+GST, and restricted (Mon-Fri) memberships are \$625+GST. DON'T WAIT!! And just because we want EVERYONE ready for the season, we're offering FREE range balls and golf lessons with CPGA Professional Jason Tchir from 2 - 4 pm, Sunday, April 8, 15, 22, and 29! We welcome everyone, from beginner to advanced! 250.285.2811

DI CLASSIFIEDS

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SACRED PULSE END OF YEAR SALE

What fun I've had my first year running Sacred Pulse! As a thank you to everyone, I'm having a month-long sale during March on all goods: Nomads/ Maha Devi clothes, TeeTurtle tees, Watuko headgear, stones, jewelry, and more (except consignment). Head down to Q Cove shops on March 6-10, 13-14, 20-24, 27-31 and check the daily board for the day's discount level.

Home & Garden

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Lifelong gardener and certified horticulturist Ryan Nassichuk offers a variety of services to help your garden thrive. Consultations, coaching, soil testing and remineralization, garden maintenance, and more. Ryan works in food, ornamental, and mixed gardens. Call 250-202-2326 or email: nassichuk@gmail.com for more information.

Help Wanted

ISLAND CYCLE

Now Hiring Part Time workers for the season: Bike mechanic (1-2 yrs experience), Shop Manager, Shop Helper(s). These positions could be combined. Be happy to multi-task! Send resumes to or Contact: Jack 250 285 3939 or bicycle@gicable.com

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on lower level • Living, dining room, kitchen, office, 3 piece bathroom, 1 bedroom on main level • Nicely landscaped 1 acre property, creek runs length of property to pond next to home • Guest cabin/studio behind home

Bill Bradshaw
PERSONAL REAL ESTATE CORPORATION
Sarah Bradshaw
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(not on weekends please)
250-285-3355

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BY MAIL

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