ISSUE 705 JUNE 7, 2019 • SERVING QUADRA & DISCOVERY ISLANDS SINCE 1993

discovery

SLANDER



The newly completed Nuyumbalees Cultural Centre - Canada 150 Welcome Poles at the Quathiaski Cove ferry terminal carvered by Brad Assu and Ted Mc- Kellar.



Friday Night Bands

June 7 Go Dog Go

June 14 Duffy LIVE

Tickets \$20 / \$25

8:30pm HBI

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HBI Pub, 9pm, no cover

NEWS & EVENTS

Quadra Trout Derby

Quadra Island's 54th Annual Trout Derby/B.C. Family Fishing Weekend, June 15th & 16th at Village Bay Lake! Must be registered by Sunday noon & final weigh-in at 3pm. Great family fun with great prizes. Adults \$10. Youth 15 & under \$5. No fishing licence required

Canada Day Celebrations

The DI Chamber of Commerce Canada Day Committee is organizing Canada Day Celebrations

Monday, July 1 at Rebecca Spit Park, for a community Canada Day Party. Once again there will be children's games, tatoos, stickers, live music, welcoming speeches, The Great Canadian Potluck, Canada Day Cakes to share and FREE BBQ Salmon and Corn on the cob. Mark the date, whip up a salad or dessert contribution, bag up your own plates and cutlery, and bring your family and friends to Rebecca Spit after 4 PM on Monday July 1. Hope to see you all there.

Want to Volunteer ?? Call Mornay 250 202 3422 or Sara Bible 250 285 3893 for details

Theatre Quadra **Presents "Myth** of the Ostrich"

June 15 & 16 Theatre Quadra Presents "Myth of the Ostrich" a production of the Hornby Island Theatre Society

Doors open both nights at 7:00 PM - Show at 7:30 PM @ Quadra Community Centre

In this hilarious play, a straightlaced mother, Pam finds an inappropriate letter from her teenage son to his mystery girlfriend. When she arrives unannounced at the home of the girlfriend's bohemian mother, Holly to discuss their children's relationship, things take an unexpected turn. Holly's foulmouthed Newfoundlander friend Cheryl, who opens the naïve Pam's eyes to new experiences with hilarious results.

Writer Matt Murray's script explores opposing worldviews, parenting styles and embraces differences with heartwarming sincerity.

Don't miss this well staged, laugh-out-loud funny three-

Linda Lolacher on behalf of Theatre Quadra

Coming Events... lively, delicious, soulfu great food · superb events · casual fun open every day · live music Friday & Saturday June 12 British Reggae Superstar Pato Banton Amazing. Dance. Party! Inn: 285.3322 Pub: 285.3539

THE ISLAND CALENDAR

Day to Day

Thursday, June 6

• SRD Broadband Internet Open House Q.C.C. 7-9 pm

Friday, June 7

• Live music with Go Dog Go, HBI Pub 9pm no cover

Saturday June 8

• Las Divas at Quadra Legion \$10,9pm

Wednesday, June 12

 British Reggae superstar Pato Banton, HBI, doors open at 8:30pm. \$20 in advance, \$25 at door

Thursday, June 13

• Quadra Singers AGM and Potluck at QCC, 5pm. Singers welcome!

Friday, June 14

• Live music with Duffy LIVE, HBI Pub 9pm no cover

Saturday June 15

- Quadra Golf Mixed Open. see page 13
- Goat Boys at Quadra Legion \$5,9pm

Saturday & Sunday, June 15-16

• Quadra Is. Trout Derby, Village Bay Lake (pg.2)

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• Myth of the Ostritch, Q.C.C. 7pm (pg.2)

Tuesday June 18

• Meet Green Party candidate Mark De Bruijn Q.C.C. 7pm

Friday, June 21

• Bingo at Quadra Legion 7pm

National Home Warranty

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The Regulars

Mondays

AA, Big Book Study, 7pm Quadra United Church Sing for Pure Joy, 1-2:30 QCC Rm 3

Tuesdays

Folk Dancing, 7:15 QCC, 285.3849

Wednesdays

1st & 3rd Wednesday Food Bank,QCC 1-2pm Prayer Meeting, Quadra Island Bible Church, 7pm Poker Night, Quadra Legion, Heriot Bay 7:30pm Hand Drum Jam, 7:30 pm Upper Realm, Q Cove AA Step and Tradition Meeting, 7:30 pm at the Cape Mudge United Church.

Thursdays

SMART Recovery group 12:30-2pm, QCC boardroom

Fridays

Alcoholics Anonymous, 8pm Quadra United Church

Saturdays

Farmers Market in Quathiaski Cove 10 am-2pm Meat Draw, Quadra Legion, Heriot Bay 5 pm Open Mic with Mo, 9pm at the HBI pub

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Sundays

NEXT DI DEADLINE: Monday, June 17 @ 7pm

Buddhist Meditation, 10 am, Children's Centre Family Service, Quadra Island Bible Church, 10:30am Family Service, 11am, United Church, 285.3163 Quadra Sunday Painters, 11am-2pm, 285.3390

June 7 - 21

THIS COMING WEEK June 7 - 14

What's Happening

Community Centre

at Quadra Island

FRIDAY: 5:00 Jazz Dance with Heidi (upstairs)

SATURDAY: 9:00 Music Lessons with Blaine

SUNDAY: 9:00 Somatics with Rob; 11:30 Geshi Yong

MONDAY: 10:00 Parents and Tots; 10:00 Yoga with Josephine; 5:00 lyengar Yoga

TUESDAY: 9:00 Quilters; 9:00 Yoga with Brenda; 5:00 Yoga with Trinity

WEDNESDAY: 7:00 Jazz Dance with Heidi (upstairs)

THURSDAY: 9:00 Yoga with Brenda; 10:00 Parents and Tots & Parents and Tots Dance; 12:30 SMART

FRIDAY: 8:30 Fitness with Jeannie; 5:00 Jazz Dance with Heidi (upstairs)

NEXT WEEK June 15 - 21

SATURDAY: Theatre Quadra Presents: Myths of the Ostrich, Doors at 7:00, Showtime 7:30

SUNDAY: 9:00 Somatic Yoga with Rob Selmanovic; Theatre Quadra Presents: Myths of the Ostrich, Doors at 7:00, Showtime 7:30

MONDAY: 8:30 Fitness with Jeannie; 10:00 Yoga with Josephine; 10:00 Parents and Tots; 5:00 lyengar

TUESDAY: 9:00 Yoga with Brenda; 5:00 Yoga with Trinity; 7:00 Green Party Candidate Meeting

WEDNESDAY 7:00 Jazz Dance with Heidi (upstairs)

THURSDAY: 9:00 Yoga with Brenda: 10:00 Parents and Tots; 12:30 SMART Recovery; 7:00 Gowlland Harbour Views Rezoning Meeting

FRIDAY: 8:30 Fitness with Jeannie; 5:00 Jazz Dance with Heidi (upstairs)

New to Quadra?

The Discovery Islands Chamber of Commerce and local businesses welcome you with a gift bag.

Contact Judy at 285.2150

250.285.3783 • info@jtoelle.com • www.jtoelle.com

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Publisher/Editor Philip Stone Guest Editor Robyn Budd

The DI is published every two weeks. Our current edition and upcoming deadlines are online: www.discoveryislander.ca

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- 300 words is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply send the text in the body of your email.
- Canadian spelling is preferred.
- Please use the title of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to include credits and captions for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

GIFT SUBSCRIPTIONS Are available for delivery in Canada by mail \$90 for 12 months

Local Voluntary Subscriptions are welcome to help support the DI. suggested: \$30 per calendar year Find more details online at www.DiscoveryIslander.ca

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NEXT DEADLINE

7pm Monday, June 17 for publication on Friday, June 21, 2019

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ISLAND FORUM

When a tree falls...

First, I was shocked. Then, appalled and angry but now, mostly just plain sad to have witnessed so many private landowners clearcutting part or all of the trees on their properties

Like...really? Cutting all those trees in spring? C'mon people, give your head a shake! Clearly, doing this in the spring when the songbirds have returned to build their nests and most creatures who inhabit tree branches and hollows are caring for their young, is selfish and careless.

Because WE need to feed our families. WE feel entitled to do what WE please on "our " properties. The price of logs went up and down goes the trees without any consideration for all other species who live in them and are now homeless or simply lose all their young due to our

I have watched three baby racoons run aimlessly over a pile of logs that had just been cut one evening on a walk in my neighbourhood and it broke my heart. Why can't we consider other species while doing what we "need" to do? Who are WE with this sense of entitlement? Well, we are Quadra islanders, neighbours and friends, who

chose to live here because it is so beautiful and because we love nature, remember? We do annual bird count and proudly post the results and save injured animals when we can and yet, we don't think twice when money speaks

Clear cutting is bad enough as it is but if you "must" do this, PLEASE in the name of all the families who lost their homes and their young and do not speak your language, pick another time of the year next time you plan to do this. Simply because the forest is a social network too and within hours we change or destroy the habitat for hundreds, even thousands of living organisms the WE also depend on for life on this island.

Name withheld because I do like my neighbours, just not what they do sometimes...

Its the start of another summer. with hot sunny days, where we welcome tourists, workers and seasonal residents to this beautiful island and invite thousands more people to partake of our excellent services,

Time for a Refuse Solution?

Dear Quadra Islanders

Trauma & Abuse Counselling Centre

Professional individual counselling by appointment. Ages 5+



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amenities and recreational activities here on Quadra Island. We also have people come and work at providing the services everyone enjoys here. Just one problem. We ignore the practical

logistics of having thousands of extra people around, twice the normal population or more. No one tells our welcome and expected guests that there is nowhere for them to dispose of trash they may accumulate during their trip. They are expected to pack it with them until the time of their departure, no matter how smelly or gross it may get sitting in their hot vehicle. There are no socially acceptable, or legal options, to dispose of any garbage, for anyone other than residents who live on the route of the garbage truck on one day a

week. There is a recycling centre for a selection of clean items, and if they visit during the summer, they can't burn the burnables in If one reads the online forums

> it is obvious we have a serious problem. Every couple of days it comes up, with suggestions of fines and public shaming, blaming the individual when there are no facilities to deal with the trash generated by a signifiant portion of the people who live here, not to mention visitors who come unprepared for the extreme lack of garbage disposal options. Aren't we being a little hypocritical in this regard? I am sure a lot of the resulting garbage problems would be solved by having a pay per bag dumpster located in some central area of the island, or a coin operated compactor, so that the thousands of extra people spending the summer months on Quadra who have no access to home garbage pick up had some kind of reasonable option.

Sincerely, Rena Patrick

COMMUNITY NEWS & EVENTS

At the Legion In June!

Las Divas Sat. June 8th! Returning for a night of high energy pop, rock & blues. \$10. @ the door 9 pm.

On Sat. June 15th, The Quadra barn burn with the Goat Boys! \$5. @ the door 9 pm!

Bingo on Friday June 21st @ 7:pm proceeds going to the Mitchell family

Connect with AA

IS DRINKING COSTING YOU more than money? We can help. If you want to stop drinking and need to find AA near you or wish to learn more about Alcoholics Anonymous visit cr-aa.ca or call 250.287.4313 for Campbell River and Area AA. Meetings are held on Quadra Island Friday night at 8pm and Monday night at 7pm at the Cape Mudge United Church.

SMART Recovery Support Group

LEARN HOW to change unhelpful habits and get more out of life. Empower yourself with the many SMART tools/strategies to manage problem substances or behaviour patterns.

This Self-Management and Recovery Training support group is sponsored by Quadra Circle and is open to anyone over 19. Meets every Thursday 12:30 to 2pm at the Community Centre, Room 2. SMART meetings are also in Campbell River.

For more information or Campbell River ontact info, email Jude at smartrecoveryquadra@gmail.com

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Market Music

LIVE LOCAL MUSIC at the weekly Farmers Market next to the Quadra Credit Union from 10 am to 1 pm on Saturdays throughout the summer, May to September.

First, hope you all enjoyed May 4th last Saturdays' show of Hal Douglas and Joerg Eichhorn on guitars that kicked off the market to a great start. For the remainder of this month we have May 11th Kris Wellstein playing folk guitar, May 18th Mary-Ellen Lane plays guitar and keyboard, and May 25th Veronica Cormier sings beautiful music.

Please come enjoy the Farmers Market and please buy local and donate to the music. Thank you!

- Dave Blinzinger

Buddhist Meditation

JOIN US FOR A 45 minute silent meditation every Sunday at 10am at the Children's Centre. Everyone is welcome to experience the beauty of this simple practice. Free or by donation. For more information call Kai 250.850.9245.

Jazz Dance Class

WEDNESDAY 7-8PM AND Friday 5-6pm. No experience necessary, everyone welcome! \$15/drop in or \$10/10 classes prepaid. Upstairs at the Community Centre. For more info call 250.202.2217.

Thank you QVFD from Tru-Value

Everyone at Tru Value Foods OCove would like to give a big thank you to our Volunteer Fire Department for going above and beyond duty helping us with our food freezer. They are always there when we need them.

Thank you! Don't forget you can give your Spirit Points to them. The number is 269.

Tennis Fun Tournament

Attention all Quadra tennis players. Our annual fun tourney will be on Saturday, July 13. If you would like to participate, please contact Doris at 285-3610 or Rita at 285-3678 before July 7.

Free Money

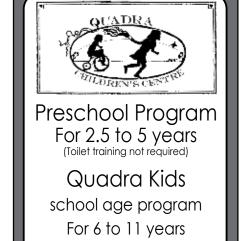
THE FREE MONEY PROGRAM continues on the first Wednesday of the month, just before Community Lunch, from 11:30am to noon in the small seminar room downstairs at the Quadra Community Centre.

Single individuals receive \$10 and families receive \$20 inside a book of their choice. The program is available on the first Wednesday of each month from November to May.

This 10-year-old program, started through the kind initiative of Steve Moore, could not exist without the generous support of Quadra Islanders. Please consider donating to the Free Money account at our local Quadra Credit Union to continue this method of supporting our neighbours in need. For more info call 250.285.2462.

Teaching on Breathing and Meditation

TIBETAN LAMA Geshe Yongdong presents a teaching on breathing and meditation on Sunday, June 9 11:30 to 1:30 upstairs at Ouadra Community Centre. Drop-ins and visitors welcome. Admission is by donation which helps us to support our Lama. For info call Pat 250-285-3790.



7:30 a.m. to 6:00 p.m. Monday to Friday

Find us online

quadrachildrenscentre.weebly.com

250-285-351

Quadra Islanders Rally for Wild Salmon!



After promising never to return to the Cyrus Rocks site up in Okisollo Channel, Marine Harvest (now called Mowi) very quietly changed their minds and decided to drop a salmon farm in there anyway. Brazenly they situated it in the heart of a 3,500 year old clam garden area, and mere meters away from our Octopus Islands Marine Park. Elected Chief of Homalco First Nations, Darren Blaney, says he was never consulted and was totally surprised as well as upset they were just forcing their way around in his territorial waters. Islanders were upset as well. Claudia Lake put out a call for action on facebook for May 28th and with a few days notice we prepared to rally!

From far and wide families and friends carrying signs and flags, came in their boats, canoes and kayaks, around 22 vessels and 65 people made it to our flotilla protest. Whistling, hollering and cheering each other on, so much love for our wild salmon and this coast. We let it be known to Mowi they should be moving to land, not building more farms. Media showed up and fortunately this time we got some much needed publicity.

While we were at Cyrus Rocks, Chief

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Darren Blaney and his lawyers were meeting with the farmers and by the end of the day, the industry giant placed a stop work order on the site...for now anyway.

Quadra Island is surrounded by salmon farms, they're located mostly in Okisollo channel which is a major migration route for wild salmon. While problems plaguing the farms are many, (drug resistant sea lice infestations, wild fish getting lured into the pens with bright lights at night and eaten by the farms fish) the most challenging issue right now is dealing with their imported diseases, and Piscine Reovirus (PRV) which can turn into HSMI (Heart and Skeletal Muscle Inflammation) tops the list.

According to Gary Marty, the provincial fish health pathologist, over 90% of farmed Atlantic salmon are infected with PRV. While Dr Marty who works closely with the industry, tries to convince us and our Minister of Fisheries that this exotic virus is harmless to our wild stocks, new information reveals that it's anything but...

Because the minister believes the virus is harmless, he's refusing to screen farmed fish for it, yet his own scientists at Dept of Fisheries and Oceans tell him PRV is indeed causing disease in our wild fish.

In 2017, a team of international scientists led by DFO scientists diagnosed the disease HSMI in a BC salmon farm in Okisollo Channel in the Discovery Islands (DiCicco et al 2017). This announcement was a new problem for the minister because up until then his policy not to test farmed fish for PRV relied on the assumption it does not cause the disease HSMI in British Columbia

DFO scientists also tell us that our wild Chinook salmon seem to be especially vulnerable to PRV as it makes their blood cells explode en masse, and the lack of Chinook salmon is the main reason our southern resident Orca are starving.

And one cannot ignore that PRV is also the reason Washington recently shut down their salmon farms, and why they're asking us to follow suit.

So what's being done about it? Sadly not much. While only a fool would do so, it's against the law to put a fish with a disease agent into Canadian waters, yet our Minister of Fisheries won't order the testing of farmed

COMMUNITY NEWS & EVENTS

fish for PRV before they leave the farms hatcheries and are moved into open net pens.

The science does not support his stance, and so he's been taken to court twice by Alexandra Morton and Eco Justice as well as by the 'Namgis First Nations, and he's lost each time. Still he disregards both court orders, siding instead with the billion dollar salmon farming industry to not screen for PRV.

And it gets worse...

When the scientists reported that PRV causes HSMI here in BC, instead of changing his policy in response to the finding and order testing of farmed salmon for PRV, the Minister decided to up the threshold and move the goal posts. Without any studies to support his claim, now the minister says PRV is not killing "enough" fish and won't consider it a threat to wild salmon unless it kills an entire farm. Therein lies the crux as PRV generally doesn't kill an entire salmon farm, it only weakens their fish until they can barely move.

A salmon in a farm can recover from the PRV virus by resting and lying motionless on the surface for weeks in a pen surrounded by food and predator nets, but a wild salmon wouldn't have that luxury. A slow weakened wild salmon wouldn't be able to catch prey, nor make the arduous journey upstream to spawn, and they would be quickly taken out by a whale, eagle or sea lion.

The courts gave the minster until June 4th to change his policy on PRV testing and on June 3rd he was back in the courtroom. Alexandra Morton sat in to watch the drama unfold and wrote about what she saw.

Alexandra Morton - "Today 'Namgis and my lawyers made the best of a bad situation. Despite being ordered by the court, DFO failed to consult with 'Namgis. Incredibly rude in my opinion. So we reached an agreement wherein the Minister MUST consult between now and Oct 5 on whether or not he is going to screen farm salmon for PRV. This is an exhausting and expensive process we are engaged in on behalf of the whole coast. While the Minister has not told Canadians WHY he won't screen farm salmon for PRV despite loosing repeated lawsuits, MOWI (Marine Harvest) has told us. They state THEY would be "severely impacted" if the Minister didn't allow them to put infected fish in their farms... If there was any shorter way to solve this legal marathon, we would be on it, but there isn't. Meanwhile the fish farmers are free to pour PRV-infected fish into their farms and allow wild salmon to become infected and carry

the virus to the north coast, up rivers and into Washington State, the Columbia River, Oregon and California. Yes, I am angry and sad and exhausted. Our planet is crumbling under our abuse and the Minister of Fisheries thinks its OK to let Atlantic salmon pour into the Pacific without virus screening."

So here we are, while a 5 year old child could easily figure out it's wrong to put infected fish into open waters, the minster waits until election month to decide wether or not to test for PRV and our wild fish continue to suffer. Wild Salmon need us to be their voice, and I encourage everyone to write or phone the minister and demand he do the right thing. Tell him that salmon farms need to move to land based facilities, where fantastic new technology RAS systems are being built worldwide. The construction of land based farms would employ many people short term, while providing full time jobs for those who are working on the farms now.

While there are many factors, climate and man made affecting our wild fish, salmon farms have many glaringly obvious problems and we need to get them out of our waters. The future of this coast lies in our hands.

Jonathan Wilkinson - Pacific office of DFO in Vancouver, Communications branch (604) 666-0384

min.xncr@dfo-mpo.gc.ca

Market Music

Live Local Music at the weekly Farmers Market next to the Quadra Credit Union from 10 am to 1pm on Saturdays throughout the summer, May to September.

This month we have John Toelle and Richard Christie June 4th. Then Willow performs original island style Folk Roots music June 8th. Next we have the return of Hal Douglas with Tommy & Cameron Younger on bass and guitar performing blues & originals.

Casey Ryder performs June 22 and will be joined by the lovely and talented Danielle Lebeau Petersen among other special guests playing pop, swing, country & originals. To round out the month we have Joe Ban (Ban-Joe) on the June 29th.

Please come enjoy the Farmers Market and please buy local and donate to the music.

- Thank you, Dave Blinzinger daveblinzinger@gmail.com

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Thanks for Another Great May Day at Rebecca Spit!

May Day 2019 Theme: "WILD" Huge appreciations to these amazing volunteers who contributed in the following ways:

PARADE MARSHALING: Jeanie Stoppard, Linda Jeffrey-Pillon, Karen Abercrombie, Betsey Young, Deb Hawkins & Bill Bradshaw-(pipe band) - Parade Helpers: Kristie Stewart & Tracy Sinclair

PARKING: Paul Ryan & Clint Young

SHUTTLE: Spirit of the West

GREASE POLE: Doug & Gretchen Peters

GRADE 5/6 PICNIC: Organizers: Fern James, Monica Seitz, grade 5/6 parents & Coastal Community Credit Union - (tents)

QUEEN AND COURT: 2019 May Queen: Hazel Neri Eley & Escort: Keller Brown Princess: Aayla Moon Anctil & Escort: Fionn Lenahan, Ava Saumier & Escort: Elijah Mohs, Naiomi Leone Teneycke & Escort: Marten Hamel, Libby Amberson & Escort: Jacob Henry. 2018 retiring Queen Sofia McPhee & Escort: Malcolm Bakota; (Organizer): Retiring Queen mom Dee McPhee; (Artist): Candace Holmes - (Queen sign)

STAGE: Thanks to Mel & Ross Doak for supplying / setting up the stage with helper their Andy Stevens & to the grade 5/6 parents for decorating it

MAY DAY DEDICATION: Went to Linda McCluskey for outstanding volunteer work in leading the May Pole dancers for the past 21 years!

SOUND: Dan Sutherland

POSTER & BILLBOARD: Candace Holmes

MAY POLE DANCERS: Instructors: Linda McCluskey, Mandy Hart & helper Lunabelle Loiseau-Tremblay; Musicians: Fern Kornelsen & Bob Sutherland

BOX LUNCH AUCTION: Organizer: Deb Manery and auctioneer Terryl Bertagnolli Amazing Lunches provided by: The Heriot Bay Inn & Sidelines Gift Shop Heriot Bay Tru Value Quadra Food Tru Value Amped on Nutrition The Cove Pharmacy

The Trout and Trivet Gowlland Harbour Resort The General Store

Aroma Café Fermentations

Yellow Dog Trading CO.

Tsa-Kwa-Luten Lodge Coveside Seafood Eatery

Dirt CO.

Seascape

Southend Farm & Winery Steep Island Lodge

Huge thanks to everyone who bid on the lunches and

helped fundraise for next years May Day!!

CONCESSION: Organizer - Mornay Vanzyl; Volunteers: Angela Szostak, Meg Stewart, Doni & Buck Laird, Brian Simmons, Alex Munn, Brandon Pirie, Sue Mitchell, Roy Howarth, Kreek Stephanson, Silvia Kasakova, Katie Field, Jill Ross, Dave Morris, Adrienne Mann, Mark Doll, Jenn Banks-Doll, Betsy Young, Allen and a massive thanks to the Quadra Island Volunteer Fire Department for stepping up to fill in all of the gaps in the concession and for helping with set up and clean up.

RACES: Michael Redican, Helen Lee, Murray & Marion Garland

ENTERTAINMENT: Young Musicians: Jake Elias & Willum Ashurst & Our local all girl band: WILLOW

SAIL BOAT RACES: John & Bev Barclay (little boat race), Rod Stewart & Brian Simmons (big boat race, cancelled due to wind)

FACE PAINTING: Organizers: Megan Hartley & Laurie Hartley, volunteers: Heidi Ridgway, Candy Holmes, Lauren Miller, Shilo Stillman, Ivy Johnston, Jeff Dubois, Ramona Aston, Serene Aston, Jenn Reis, Allen Mandell, Isis Johnson, Raven Deagle, Charlie Daigneault & Aguelina Mitchell

BEACH FORT BUILDING: Barb Mindell & helper Vaughn Collins

VOLLEYBALL: Pat Field

CREDIT UNION DISPLAY WINDOW: Tracy Sinclair

& Friends

PHOTOGRAPHER: Don Mottershead

EQUIPMENT GUARDIANS: Jane West and Derek Jean; Mornay Vanzyl and the Quadra Island Volunteer Fire Department, (trucking tables and chairs to the Spit)

CLEAN UP and recycling: Waste Management for donating a dumpster & recycling bins

Special appreciations to:

- * Quadra Builders for BBQ pick-up/drop-off
- * The May Day theme selection committee -(remember, any theme is only as good as you are creative and we had SO many wonderfully creative floats and costumes this year, so thank you community!)
- Coastal Community Credit Union for Grade 6 picnic tents and donating to the boxed lunch
- Steve & Richard Swanson, and family for the giant tent & float trucks
- Toelle Construction: Matt Griswold & Ruben Richardson for helping with tables and float truck
- Walcan Seafood for the ice
- Heriot Bay Tru Value Staff Marie Duguay & Darcy for contributing/organizing food and cash
- The Cove Pharmacy for lending pop rubbermaids
- The McGuffies for the BBQ's
- Ambulance Crew
- Fire Department
- RCMP
- Royal Canadian Legion Pipe Band & Quadra **Island Colour Party**
- Terryl Bertagnolli for being MC
- The Doak Family
- Spirit of the West
- The Discovery Islander
- The Birds Eye
- Park Operator Sue Brereton
- Everyone who put effort into their amazing floats & costumes!

Thanks to everyone for doing your part to create another great May Day! It all came together wonderfully thanks to our amazing community full of volunteers. In case we missed your name on this thank you list you know who you are and your help makes wonderful things possible, we all **THANK**

With much appreciation, Rebecca Young **Executive Director** Quadra Island Community Centre

Our May Queen's Speech



Welcome everyone to Mayday 2019

I am Hazel Neri Eley.

I am happy to be here with my escort Keller Brown and my princesses Ayla Anctil, Ava Saumier, Libby Volk, and Naiomi Teneycke and their escorts Fionn Lenahan. Elijah Mohs, Jacob Henry, and Marten Hamel. I am so grateful to have them here with me today.

To me Mayday has always been a time where family and friends can relax, hang out, visit, and have a lot of fun together. My mom once told me that her first Mayday was in 1998 which was the 100th anniversary of Mayday.

When researching I found some interesting activities

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that happened for the 100th anniversary. There was a lot of old time crafts and demonstrations, the Quadra quilters made a commemorative quilt that hangs at the community centre. There was a reunion of May Queens dating back to 1923. It is highly possible that there are past May Queens here today, as well as May Queens of the future. Ever since I found out the theme was "wild" I was excited to see everyone's great costumes, floats, and ideas in the parade and I was not disappointed. I hope you all have a WILD May Day this year.

Hazel Neri Elev

May Day 2018 Moments









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What to do about Cats and Birds...?

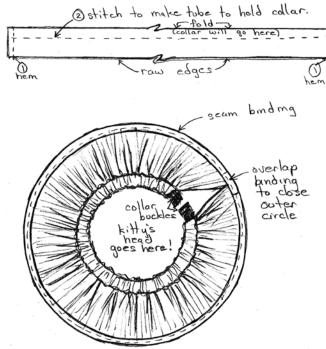
Ah, spring!... long days and the lovely sound of birds.... Your cat is probably interested in that as well! The statistics on bird mortality from domestic cats is alarming. According to a study by Environment Canada, cats are the leading cause of bird mortality by a long shot - 200 million a year in Canada! That sad statistic is followed by power lines (25 million), collisions with buildings (25 million) and vehicle collisions (14 million). The next 6 causes listed - hunting, pesticides, agricultural mowing, commercial forestry and communications towers - only add another 12 million. (Notice that wind turbines did not even make that top 10 list...) The math reveals that cat predation accounts for almost 3 times as many bird deaths as the other causes combined!!

But what can one do - it's in the cat's nature..... Well - there is one easy solution that we have tried and found to be effective with our own predator, Lilv. I was sent an article about bird safe collars by a friend and was impressed by the idea. These chic and fashionable accessories for your cat work on the same principle as high-vis safety vests on humans. Birds see the red part of the light spectrum best and their eye structure is dialed in to notice anything red and moving in the landscape. A study of the effectiveness of the collars done by St Lawrence University found that they reduce bird kills by cats by a whopping 87%! And better yet, they found that they did not have the same effect on rodent kills (rodents are not as dialed in to red-spectrum awareness), so kitty can still help reduce the rodent load around the property.

You can buy these collars from birdsbesafe. com. They have several attractive designs to choose from and these are sure to become the neighbourhood fashion statement.

Or you can make one. Being a DIY type, I made Lily's and it was easy. Here's how:

- strip of red (patterned is ok) fabric, 6 in x 36 in (prewashed to shrink it)
- 36 in. red seam binding
- break-away cat collar (the kind that will open if given significant stress, preventing your cat from getting hung up on branches etc... safety first!)
- 1. Sew a hem on both short sides of your



length of fabric to give it a finished edge.

2. Fold fabric in half, right side out and sew along the length, about 34 inch from the fold side. This makes a tube through which you will insert the collar. it is a good idea to check the buckles on your collar and make sure that the width of the tube you are sewing will accommodate the buckle being pushed through later...

3. Line up the unfinished outer edges and sew

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through the tube and the collar to keep the collar from retracting back through the tube 6. Place around kitty's head and click the

the seam binding along

and to make the collar's

it to finish that edge

fringe stiffer to stand

AND - be sure to carry

the seam binding across

the gap to join the outer

circle (otherwise it does

the cat's neck, but flops

along its shoulders like

4. Insert the break-away

cat collar through the

inside tube (it helps to

insert a 8 inch length

of stiff wire through

the buckle, fold that

in half, and use that

through the tube).

as a "needle" to push

5. Put in a few stitches

a cape)

edge in a continuous

not stand away from

away from the cat.

buckle closed. It will take a little while for kitty to get used to wearing it, but Lily accepted it quite quickly and then seemed quite happy going outdoors with it on.

The birds in your neighbourhood will thank

Saturday Market

THE QUADRA ISLAND Farmers' Market and Bazaar is enjoying an early season of sun and lots of visitors! Fabulous local handcrafted items to enjoy including delicious fresh baking, farm raised meats and eggs, nuts and dried fruits, preserves, beautiful hand died hand spun sheeps wool, hand sewn clothing and area rugs, handcrafted soaps, woodwork, jewellery, baskets, artisan chocolates, wildlife photography, beach glass sculpture, gardeners plants and starters, hand knitted hats and so many cute things for kids! And of course our amazingly talented local musicians who play and sing for you every week. Market runs Saturdays 10-2 on the grass beside the Credit Union. Vendor info contact Naomi: quadramarket@gmail.com 250.203.2153

COMMUNITY NEWS & EVENTS

Quadra Island Outdoor Club Upcoming Events

WE'VE GOT SOME GREAT PLANS FOR THE SUMMER, with lots of different activities, both here on Quadra and on Vancouver Island. We've also had a number of schedule changes and several of trips not on Wednesday, so make sure that you know when the outings are happening. Here are the upcoming trips:

13 JUNE, THURSDAY - hiking from Surge Narrows Road to Main Lake

15 JUNE, SATURDAY - kayaking at Main Lakes Provincial Park

19 JUNE, WEDNESDAY - hike to Mt Sweat & Coast Mountain Lookout

25 JUNE, TUESDAY - caving near Sayward

26 JUNE, WEDNESDAY - kayak training course at Mine Lake

2-4 JULY, TUESDAY TO THURSDAY - multi-day hiking to 5040 Peak

8-11 JULY, MONDAY TO THURSDAY - multi-day kayaking from Cortes Island

10 JULY, WEDNESDAY - hike a Heriot Ridge Loop

16-18 JULY, TUESDAY TO THURSDAY - multi-day hiking Woss Lookout and Huson Caves

17 JULY, WEDNESDAY - hike a Morte Lake Loop

Here are the details for most of these trips:

https://gioutdoorclub.org/trips/trip-schedule/schedulesummer-2019/

Stay tuned as this schedule evolves.

We are fortunate to again have Bill West-Sells guiding us in caves near Sayward. This is an opportunity to see something completely different. We have three multi-day trips planned in the near future. These all require additional planning, lead-time, equipment and experience. Please let the coordinator know as soon possible if you are interested. We will hike up to the new Alpine Club hut at the 5040 Peak and explore that area. We will be kayaking in the Sutil Channel area to some of our favourite destinations. Later in July, we will have a multi-day, campground-based trip to Woss Lookout, the Huson Caves and other nearby points of interest. But we will also have lots of local trips, and the swimming season will soon be here.

Want to submit material to the DI?

- Email to news@discoveryislands.ca Drop off at Inspirations in the Cove • Leave at our office: 701 Cape Mudge Road

 - Mail to: Box 280, Q Cove, BC VOP 1N0



Streamkeepers Course

QUADRA SALMON ENHANCEMENT Society has arranged for Dave Clough to give a Streamkeepers 1 course on October 26 and 27 (Sat/Sun) at the EcoCentre on Hyacinthe Bay Rd. Dave Clough is enthusiastic, very knowledgeable, and extremely experienced in giving

Mornings will feature class work with the afternoons for salmon stream observation and wetland study. Many of us on Quadra live near a salmonid stream; even seasonal streams (with summer 'puddles') probably have cutthroat trout in them. Looking after them is more important than ever nowadays with habitat degradation, loss, and the growing impacts of climate change.

The cost of the weekend course is a nominal \$0 to \$30 for printed materials. For more information or if you would like to attend please let me know as soon as possible as places are filling quickly. Eileen Sowerby

Quadra Singers AGM & Potluck June 13

SINGERS PAST, PRESENT and

future are invited to join us at our Annual General Meeting and Potluck at the Quadra Community Centre, Thursday June 13, 5pm sharp. Meeting first, followed by potluck dinner and perhaps singing. No need to bring dishes, but please bring food to share. Also feel free to join us when we reconvene in September. Bass voices are especially welcome! For more information contact Joan Varley, jvarley@xplornet.com







Stunning 1 acre property in Heriot Bay with 285 feet of walk-on waterfront. Large 4 bedroom home with wrap around decks. You will be mesmerized by the panoramic views from every bedroom! The property also offers a 600 sqft cottage, detached workshop, outdoor stone fireplace, a pond and eclectic gardens! Call today for a personal tour or more details! Asking \$960,000

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Free Money

THE FREE MONEY PROGRAM continues on the first Wednesday of the month, just before Community Lunch, from 11:30am to noon in the small seminar room downstairs at the Quadra Community Centre.

Single individuals receive \$10 and families receive \$20 inside a book of their choice. The program is available on the first Wednesday of each month from November to May.

This 10-year-old program, started through the kind initiative of Steve Moore, could not exist without the generous support of Quadra Islanders. Please consider donating to the Free Money account at our local Quadra Credit Union to continue this method of supporting our neighbours in need. For more info call 250.285.2462.

Classified Extra - For Sale

1976 Dodge Triple E 24' Motorhome. Stored on Quadra Island. Not driveable but would make a good spare residence. Asking \$3500 obo Phone (250) 203-1822 or (778) 294-4053



The Quadra Island Farmers' Market and Bazaar has something for everyone! Amazing artisan's creations from near and afar, interesting information, fabulous massage and course yummy yummy handcrafted homemade and farm fresh eats. Lots of plants and starters get them while they last! Market runs Saturdays 10-2 on the green beside the Credit Union. Beautiful live music every week. Vendor info call Naomi (250) 203-2153 or email quadramarket@gmail.com

Breathing & Meditation

TIBETAN LAMA Geshe Yongdong presents a teaching on breathing and meditation on Sunday, June 9 11:30 to 1:30 upstairs at Quadra Community Centre. Drop-ins and visitors welcome. Admission is by donation which helps us to support our Lama. For info call Pat 250-285-3790.

-B.C.O.A.P.O.--Branch 91

President David Sharrock first welcomed the North Island seniors from Fanny Bay, Black Creek, Cumberland, and Quadra Island to a huge meeting at Heriot Bay Inn for a meeting and luncheon. We where entertained by the very young brilliant Doll sisters who played music on there violins which was wonderful. N.I. Director Ruth Amiabel spoke to the seniors and made Fifty Five year Certificate presentations to Quadra Island, Fanny Bay Br.127 received there Forty Five Year certificate from Board President Jerry Gosling. Black Creek President Patricia Wallmer received a Lifetime membership for her years of hard work for Black Creek Br.126. Many gifts where presented to the members by Nancy Allwarden and we also played

We also enjoyed a delicious lunch by Heriot Bay. We are welcoming the North Island branches to Quadra Island again on July 10th for a picnic where we will play games and enjoy a lunch. Our Seniors are very busy We would like to thank Nancy Allwarden & Wolf Becker and Judy Hagen for the wonderful job when they refurnished the floor, painted the walls, and refurnished the Tourist Booth. Thanks to Daphne Young & Ann Faryon who renewed the flowers in their boxes. Drop buy and visit us at the am until 4pm.

transportation call Ruth Amiabel @ 3801 or cell ph. 250-895-9188.

Quadra Island Seniors

Our Seniors have been very busy, Our Vice

welcoming tourists to the Information booth. Information Centre which is opened from 10

For membership call Lois Norman @ 3061 for

Quadra Golf: **Mixed Open** Championship June 15

QUADRA ISLAND Golf Club is holding its annual 18 Hole Mixed Open Championship on Saturday June 15. The format is a team handicapped, best net event and entry fee includes a tee gift, dinner and prizes following golf. Limited spots available, so find your favourite golfing team mate (of the opposite gender) and call 250.285.2811 or go online to quadragolf.com before June 3 to reserve your spot or for more information.

We are kicking this event off with a very fun and entertaining evening on Friday June 14 playing in a Team Horserace. See posters for more details. Come and enjoy this beautiful course we have on our island!

Mtn Bike Found

Ouadra Island RCMP recently recovered an adult mountain bike near Cedar and Smith. The Bike was in the trees, and according to the complainant, had been there for over a month. If you are missing a bike, or believe this could be yours, please contact the Detachment with details.

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woodstove insert • Master bedroom features 3 piece ensuite and soaker tub • Lower level second bedroom with sliding door outside • 0.33 acres, nicely landscaped with

mature trees and shrubs • Located in a quiet neighbourhood on a no-thru road,

halfway between services in Quathiaski Cove and Heriot Bay

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At Your Heriot Bay Inn

June 6 Thursday - Rockin' Bingo with our very own Linda G. Come and play along, win a prize! 6:00pm. HBI Pub. No Charge

June 11 Tuesday- Karaoke with the one and only Howie! - Just imagine the fun, bring a friend and sing it out together! n\c. HBI Pub

June 12 British Reggae Superstar Pato Banton! Don't miss this Amazing, Dance, Party, Tickets \$20 in Advance - \$25 at door. Doors open at 8:30pm HBI. 250-285-3322

June 15 - Amy Bishop Dinner **Show**. If you have heard Amy's

voice you'll be here for her return performance, if you haven't yet had the pleasure this is a not to be missed show. Herons. 6:00pm seating. 49. includes 2 course meal. Reservations 285-3322.

June 19 - UofQ Summer School

Class in Herons Whale Conservation with Katie Lavoie. Covering cetacean species in the area, problems whales face, legislation and changing rules around whales, be Whale Wise guidelines, ways people can contribute. Herons Dining Room. UofQ; Community education at it's best! 7:00pm. n\c. If enjoying dinner before class lease phone to reserve: 285-3322.

July 12 - Entangados - is a band of musicians and actors from Argentina who perform as clowns with genres such as rock, cuarteto, música balkánica, reggae, cumbia, ska, folklore, and tango. 12.00 at the door. HBI Pub. 9:00pm

HBI Friday Night Bands

June 7 - Go Dog Go

June 14 - Duffy Live

June 21 - The Casey Ryder Band

June 28 - Sons of Guns

July 5 - Jesse Waldman & Megan Alford ft Steven Huston

July 12 - Entangados is Back!!!! \$12 cover

Dance, Love and Dance again! HBI Pub - n/c 9pm

Saturdays; Open Mic, an experience like no other. 9:00pm. HBI Pub.

"You may say I'm a dreamer, but I'm not the only one"

- John Lennon

Reggae at HBI

PATO BANTON IS AN

international reggae legend with a strong spirituality. The Heriot Bay Inn is very fortunate that Pato Banton is bringing his band and tour to Heriot Bay, Quadra Island! 'A beat to keep you on your dancing feet and a message that's food for the mind and soul' - could a Wednesday evening get any better?

Banton has been involved with music since childhood. He's toured with Ziggy Marley & the Melody Makers, Burning Spear, Third World, Yellowman, Black Uhuru, Steel Pulse, and more, securing respect as one of the best live performers in the reggae industry. Many have said that the positivity generated from Pato Banton on stage has changed their lives forever.

Pato Banton shares Positive Reggae Vibes Wednesday June 12 at the Heriot Bay Inn. Doors open at 8:30. Tickets are \$20 in advance (call 250.285.3322 or stop by the front desk) or \$25 at the door.

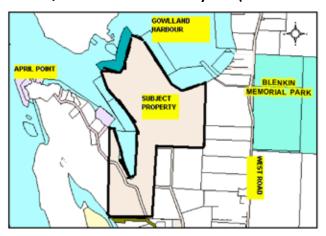




Public Information Meeting – Gowlland Harbour Views

Date: Thursday, June 20, 2019

Time: 7:00p.m. - 8:30p.m.Location: Quadra Island Community Hall (970 West Road)



Please join us for a presentation intended to update the community on the Gowlland Harbour Views proposal. Presently the land is designated Silviculture (S) in the Quadra Island Official Community Plan Bylaw 3050 and zoned Rural One (RU-1) in the Quadra Island Zoning Bylaw 1213.

Owner Rick Schellinck is proposing to amend the OCP designation and zoning of Lot 1, DL 208 Sayward District Plan VIP 86955 to allow for a 59 lot subdivision. The proposal includes public amenities in the form of waterfront park dedication and many trail linkages. The proposal will be serviced by a community water system and connections to the Quathiaski Cove Sewer system.

This public information meeting will provide the public an opportunity to ask questions about the plan and provide written comments.

Green Party Candidate at QCC



Tuesday June 18th, 7 pm at the Quadra Community Centre there will be a gathering to meet Mark De Bruijn, listen to him and ask questions. Mark is the Green Party candidate for the

North Island- Powell River Riding in the upcoming Federal Election. Everybody is welcome!

Mark describes himself and his approach: The politics of the past are incapable of providing leadership for the rapid and profound change that our country must embrace if we are to continue calling Earth our home. That is why I am running as the candidate for the Green Party of Canada to represent North Island-Powell River in a new government in Ottawa.

As a trained scientist and a professional educator and administrator, I have the qualities, skills and experience to help tackle the many social, environmental and economic issues facing our riding. Having served on boards and practiced sustainable living in intentional community, I know the importance of collaboration, cooperation and teamwork to get things done.

This riding has been my home for the past 22 years. I love this place. Whether it's support for small business, affordable housing, fossil fuel transport, the health of wild fish, or the increasing floods, fires and droughts caused by global warming, Greens, have sound, practical and fiscally responsible policies to chart a new path to resilience, prosperity and health.

The Green Party is truly different. Our vision and our policy is rooted in 6 core guiding principles, which we will not abandon to chase votes or gain power. We are part of a global community of Greens who all share the same values. In a time when our biggest challenges are global, these friendships will be a great help.

Oh, yes, for fun and fitness, I coach Nordic skiing, and with my partner, Carol, kayak BC's endless coastline and cycle the Island's byways. Perhaps we will meet each other there!

mark.debruijn@greenparty.ca

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Quadra Cycloquest: The MAYhem Edition - What was that?

On the May long weekend, Quadra Island hosted a non-competitive, community bike ride celebrating the social side of cycling.

About 100 visitors joined 50 local cyclists and friends for a treasure hunt to special island places, where Island time was whatever you wanted it to be: a rush to collect points and kilometers or simply a day to savour all that Quadra has to offer. The quest encouraged visits to local businesses and the riders spent generously. Even though it was a busy weekend, islanders graciously shared the road and at the end of the day, everyone gathered for awards and a great meal at the Heriot Bay Inn



This event could not have happened without generous community support. A very special thankyou goes out to the organizing committee, business sponsors and

the volunteers that offered their time and creativity to make the day such a resounding success:

Alex Hare, Amy Palumbo, Andrea Blasekie, Andrea Maylone and the Quadra Ambulance crew, Bev Barclay, Captain Sharon Clandening and all the First Responders, Carrie Ford, Casey Inrig, Chris Winkelaar, Christi Edwards and the Heriot Bay Inn staffers that went out of their way to help create the magic, Corporal Sean Bulford, Crystal Mar, Danielle Hagen, Dave Lounsbury, Dave Sharrock, Diana McKerracher, Gareth Balson, Hailey Lounsbury, Hannah Davis, Heather Kent, Helene Arsenault, Helene Lepage, Jerzy Dymny, Jim Thievin, Jodie Duncan, John Barclay, Juliette Nimmon, Kailee Mar, Kurt Hagen, Lawren McNab, Linda Van Der Minne, Nadine Mar, Nancy Alwarden, Nicolas Manders, Pamela Goijberg, Peter Kinskofer, Roshan Jumaludin, Roy Kregosky, Sally Vinden, Savannah Nimmon, Sophie Whittingham, Stephen Ford, Steven Swanson, Terryl Bertagnolli, Vic Gladdish.

With thanks from the Quadra Island Cycling Coalition Board Members: James Manders, Jack Mar, Sam Whittingham, Andreas Hagen, Sheldon Etheridge, Ron Armstrong, Rob McKerracher



ACTIVITY CENTRE: Last day at the School is Wednesday June 19. Next month we move to the Legion for our summer activities, starting

on Wednesday July 3. Our coordinator is recovering well from her biking mishap, but needs a helping hand for the first three weeks of June please. Food prep, and setup/take down volunteers please call Heather at 778-404-0738 or email hkquadracircle@gmail.com CAREGIVERS SUPPORT GROUP: Continuing through summer. For more information, call facilitators John Frishholz 250-285-3655 or Susan Wilson 250-285-2994. Join any time. Next meetings: Monday June 10 and 24 1:30 – 3:00 pm in Room 1 at the Community Centre. CORTES OUTING: A recent tour of Cortes

Recycling Depot and Free Store was surprisingly popular for 18 Quadra Circle Seniors, with many visitors snagging free treasures to repurpose. A guided tour of Hollyhock's garden, followed by lunch on the picturesque deck with the Cortes Seniors Helping Seniors group rounded out a perfect day.

FETCH: Have you visited Fetch Campbell River yet? Not a dog-training group – but a website for "Everything That's Community Health". The site offers many useful addresses and a wealth of information on a variety of topics of interest to seniors in particular, and the whole community in general. Check it out at campbellriver.fetchbc.ca/

FRIDAY LUNCH: Lunches have stopped for the summer, but Armchair Aerobics with Ann Lawrence continues at the Legion 11:00 am – 12:00 noon Friday June 7, 14 and 21.

GOOD GRIEF SUPPORT GROUP: On hold until September. For more information call Cathy at 250-285-2122.

WHEELS FOR WELLNESS: The Comox-based Wheels for Wellness Society is a great option for out of town medical appointments – any journey that exceeds 60 km (one way) from your point of departure. Volunteer drivers have all undergone criminal record checks, are fully insured, have 10 year clean driving records, and will collect Quadra clients from the ferry terminal, take them to appointments in Nanaimo, Victoria, etc. and return them to the ferry terminal. At least 24 hours advance notice is needed to book a driver, and receipts are given for donations of \$20 or more. Office hours 9:00 am - 5:00 pm Monday to Friday. Call 1-250-338-0196 or email info@ wheelsforwellness.com

Broadband Internet Sessions on Quadra and Cortes Islands

As you have already heard, better internet is proposed for your community! The SRD is planning for better connectivity in your area by connecting with residents of the Discovery Islands. We will be on Quadra Island, Thursday June 6th from 7-9pm at the Quadra Island Community Center and on Cortes Island on Wednesday June 19th from 4-6PM at Mansons Hall.

We will be hosting a Broadband Community Plan presentation and workshop which is open to the public and are looking forward to seeing many residents attend from your communities and surrounding areas. Community members will have the opportunity to learn about broadband and new infrastructure projects, share ideas on their community's digital future and get inspired thinking about the real-world possibilities. We look forward to hearing more about your community's vision on how better internet connectivity will shape the Discovery Islands and what type of new investments they feel this may create.

This event will be promoted through social media & print advertising (when available) and posters in prominent locations (attached). We would appreciate if you shared this information with community members and would be happy to send a personalized invitation to those who might be particularly interested, if you would be so kind to pass on their contact information. We are really

hoping to see representation from business/ chambers of commerce there and those who may be interested in driving initiatives through better broadband.

We hope to see you June 6th on Quadra Island or June 19th on Cortes Island and ask that you confirm your attendance via email rsvp@srd. ca or by phone at 1-877-830-2990, ext: 6724. This is an exciting project for the communities of the SRD and made possible through funding provided by Island Coastal Economic

World Oceans Day is June 8

Scientists believe 80% to 90% of plastics entering our oceans come from land; while some is litter along our ocean beaches most plastics flow down our streams, creeks, lakes and rivers to our oceans.

In 2016 the World Economic Forum warned "there will be more plastics than fish in our oceans by 2050 if we continue on the path we are on"; we now dump eight million tonnes of plastic into our oceans every year, killing and harming marine life.

Ideas to help as well as events filled with fun, education and action can be found on World Oceans Day http://www.worldoceansday.ca/events/british-columbia

Children's Centre Thanks

The Children's Centre would like to extend a most heartfelt THANK YOU for making our annual Garage Sale fundraiser we held on May 11th such a huge success! We could not have done it without countless volunteers, from people who helped set up, organize, and then dismantle. Also so grateful to all those who took loads of the leftovers to town to distribute to various thrift stores or the dump, your efforts are so very appreciated. And also thank you to the community for all your kindly donated items and your deep pockets on Sale day, your donations help keep our wonderful Centre open and the inspiration and cornerstone to the island community that it is. Hooray Quadra!

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Heriot Bay Tides

DATE T	IME PDT	М.	FT.
07 Friday	04:02 08:03 15:28 23:08	3.5 4.1 0.6 5.0	11.5 13.5 2.0 16.4
08 Saturday	05:14 09:05 16:18 23:58	3.3 3.9 0.9 5.0	10.8 12.8 3.0 16.4
09 Sunday	06:25 10:26 17:12	3.1 3.6 1.3	10.2 11.8 4.3
10 Monday	00:46 07:30 12:09 18:11	4.9 2.7 3.4 1.7	16.1 8.9 11.2 5.6
11 Tuesday	01:30 08:28 13:50 19:18	4.9 2.2 3.5 2.2	16.1 7.2 11.5 7.2
12 Wed.	02:10 09:18 15:22 20:30	4.8 1.8 3.7 2.7	15.7 5.9 12.1 8.9
13 Thursday	02:47 10:03 16:43 21:40	4.8 1.4 4 3.0	15.7 4.6 13.1 9.8
14 Friday	03:23 10:44 17:49 22:47	4.7 1.0 4.3 3.3	15.4 3.3 14.1 10.8
15 Saturday	03:58 11:22 18:43 23:49	4.6 0.8 4.6 3.4	15.1 2.6 15.1 11.2
16 Sunday	04:34 11:59 19:30	4.5 0.7 4.8	14.8 2.3 15.7
17 Monday	00:47 05:12 12:37 20:13	3.5 4.4 0.6 5.0	11.5 14.4 2.0 16.4
18 Tuesday	01:41 05:52 13:14 20:54	3.6 4.3 0.6 5.0	11.8 14.1 2.0 16.4
19 Wed.	02:34 06:34 13:52 21:35	3.6 4.2 0.7 5.0	11.8 13.8 2.3 16.4
20 Thursday	03:28 07:17 14:29 22:14	3.5 4.0 0.9 4.9	11.5 13.1 3.0 16.1
21 Friday	04:23 08:01 15:07 22:52	3.4 3.8 1.1 4.8	11.2 12.5 3.6 15.7

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