

ISSUE 762

SEPTEMBER 3, 2021 • SERVING QUADRA & DISCOVERY ISLANDS SINCE 1993

# discovery

I S L A N D E R



## Quadra Cultural Events Return

### Marc Atkinson Trio

with guest Daniel Lapp

Friday, September 17, 2021 at 7:30pm

Quadra Island Community Centre - See page 7 for details



02/03

October

from 10am - 4pm

Corner of West Road and Industrial Way, Quadra Island

# Quadra Clean-Up Days

Residents can drop off any quantity of the following items free of charge:

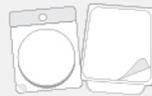
- **Plastic Bags & Outer Wrap**

- Soft plastic bags
- Outer bags & wrap



- **Other Flexible Plastic Packaging**

- Zipper lock & stand up pouches
- Chip bags, candy bar wrappers & cereal bags
- Plastic seals from containers like yogurt
- Plastic shipping envelopes & bubble wrap



- **Electronics, Small Corded Household Appliances, & Power Tools**

- TVs, computers & monitors, desktop printers and other media machines
- Phones, cell phones, pagers, IT & telecom equipment
- Home audio video systems, video game consoles and accessories
- Musical instruments
- Small/large battery-powered toys
- Medical and health monitoring equipment



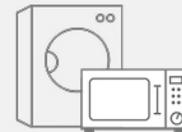
- **Paints & Solvents**

- Household paint or stain with labels intact, aerosol paint
- Empty paint or stain containers



- **Large Appliances**

- Fridge, stove, washer, dryers, microwaves, surface cooking units, and air conditioners



- **Residential Light Bulbs**

- Residential light bulbs - no black light or horticultural/agricultural equipment

- **Flammable Liquids & Pesticides**

- Pesticides - Must have the poison symbol, the Pest Control Product number and the word 'domestic' on the label (max container size 10 litres, max aerosol container size 680g/24oz)
- Gasoline - in approved container (max size 25L)



- **CO<sub>2</sub> & Smoke Alarms**

- **Household Batteries - single use & rechargeable**

- **Car & Truck Tires Off Rims (no off road vehicle tires)**

- **Scrap Metal - anything that is 50% or more metal**

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For more information visit: [cswm.ca/quadracleanupdays](http://cswm.ca/quadracleanupdays)

## Live Music at the HBI

The HBI Pub is STOKED to have Caleb Hart and Company performing an outdoor concert Friday September 10 on the lawns of the Inn. This outdoor concert is for folks 19+. To ensure comfortable spacing, capacity is limited. Tickets are \$30: purchase your ticket for this concert, call 250.285.3322.

Music begins at 7pm.

If you'd like to dine before the music starts, be sure to make a dinner reservation as well!

Caleb Hart grew up in the beautiful twin island nation of Trinidad & Tobago. Singing since early childhood, his love of musical genres included gospel, soul, pop, rock, calypso, soca and more than anything reggae.

"Music is my passion, love is my purpose" Caleb states. Now based in Victoria BC, Caleb Hart has recently been on stage at Victoria Skafest & Victoria Dragonboat Festival. His positive grooves and catchy rhythms will hopefully have us all dancing on the lawn September 10 at the HBI. Curious about Caleb Hart's sound? Check him out on Spotify or Apple Music.

## We Have Wood!

**THE EMERGENCY FIREWOOD** program needs volunteers to cut, split and stack wood. We especially need people with chainsaws to cut up logs. It would be wonderful to get it all done and not have to continue to work through the entire summer! We are still happening every Wednesday afternoon from 12:30 to 2pm at the Community Centre. For more info call or text Sandy at 250-202-5928.

## Buddhist Meditation

**JOIN US SUNDAYS** from 10am to 12 noon for meditation. We meet at the Quadra Island Children's Centre for a 45-minute seated meditation, followed by a short break, some reading and discussion on a Buddhist book.

This is an open group and everyone is welcome. For everyone's protection and because we meet indoors, we ask you to have received full Covid vaccination.

Any further questions, please call Kai at 250-850-9245 or Don at 250-285-2193.

## Quadra Food Guide

**IF YOU ARE A** local food producer who would like to be included in the Quadra Island Food Guide listings, please let us know at: qifoodguide@gmail.com. The Food Guide receives support from Quadra ICAN.

Be part of our local food culture. Eat Fresh! Eat Local! Visit qifoodguide.ca

## Quadra Market

The market runs for 2 more Saturdays so don't miss getting some special hand crafted soaps, pottery, jewellery, glass, produce, jams, baking, chocolates and always wonderful live music to enjoy!

On the field behind the Credit Union Saturday 10 - 2

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Publisher/Editor Philip Stone

The DI is published every two weeks. Our current edition and upcoming deadlines are online:

[www.discoveryislander.ca](http://www.discoveryislander.ca)

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

### SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community. Here are a few guidelines:

- **300 words** is an ideal length for community announcements.
- Articles do not need to be sent as attachments. Simply **send the text in the body of your email**.
- **Canadian spelling** is preferred.
- **Please use the title** of your item in the email subject line. We get a lot of items called 'DI Article'.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

### GIFT SUBSCRIPTIONS

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Find more details online at

[www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)

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### NEXT DEADLINE

**7pm Monday, September 13**  
for publication on  
**Friday, September 17, 2021**

### RCMP Stand Down

For over a year, peaceful protesters have been blocking industry from logging the ancient forest in the Fairy Creek area. Police enforcement began in May 2021, after forestry company Teal Jones obtained an injunction banning the blockades. What took place on Aug 21 was horrific.

Although some readers may agree with the protestors perspective and others may not, the issue I am calling attention to in this article is the actions of the RCMP. When they are safely removing protestors from roads and arresting them, they are "just doing their job". Anything in addition to this is not following their mandate and is an abuse of power. Elders for Ancient Trees, an organization based in Victoria, took the issue of exclusion lines to court. The RCMP may set up flagging tape around an area to ensure they can safely work with no public interference. On July 20 the courts declared that exclusion lines cannot be arbitrary or unnecessarily block public access and must be within meters of work areas. Yet on Aug 13, I walked with the Elders for Ancient Trees and about 2 kilometers up Granite Main we were stopped at an arbitrary line. The Elders read from court documents to ensure the RCMP knew the line was illegal. Seven Elders crossed the line, followed by me and two others from Cortes. The RCMP wrote down our names and birthdates, told us we were under arrest, and temporarily took our personal belongings. We were directed into a police van (paddy wagon), driven to Pacific Marine and released. We may not have been counted as arrested that day and I don't expect there will be any follow through. This "catch and release" is common and also a questionable practice. The Canadian Association of Journalists won a court case stating they have not been granted adequate access to the blockade, yet after this ruling the RCMP still continue to

block and arrest legitimate media personnel.

During my times at Fairy Creek, I have mainly worked at "Head Quarters", which supports the other camps. I am not physically able to hike up rough terrain with a heavy backpack, but I can support those who are capable by preparing meals, sorting supplies, orienting newcomers, and welcoming people into camp on behalf of Elder Bill Jones. As the process became more organized, each person entering the blockade first needed to give their verbal consent that they would not use drugs or alcohol in camp, were there to work, and would respect and support BIPOC protestors. We opened the gate only after newcomers had read a two page "Creating Safer Spaces" document. When it was hot and dry, we also had them agree to fire safety protocols and to wash sunscreen off their bodies with the buckets provided before entering the river. Camp was tidy, outhouses cleaned and stocked regularly, and people created beauty. This camp was raided on Aug 9 while many were at a public awareness event in Victoria. When I saw the wreckage on Aug 13, I was infuriated. The kitchen, which was well off the road and not blocking industry, had been demolished by an excavator. Protestors were not given enough time to gather belongings, and mangled bicycles, clothing, chairs, signs, and totes were strewn about. It was heartbreaking and the destruction unnecessary. The public were not allowed to enter until, likely because more people were present, the weekend. To read a police report stating the forest defenders left the mess in absurd.

The people who are locked in devices, such as dragons and tripods, construct these mainly using hand tools, such as crowbars and pickaxes. The RCMP claim they use safe extraction methods, but run or allow jackhammers, backhoes, excavators, and chainsaws only inches from people's bodies. In early June a person dropped from a 20' tripod during a police extraction,

and medical attention was denied for hours. A 17 year old fell from a tripod recently during another RCMP extraction. On Aug 12 I was there when a young man came into camp looking for relief, as he had been pepper sprayed at close range directly in the face while crossing an illegal exclusion line. His group had been on a mission to get supplies into "River Camp", which the RCMP had not only blocked access to, but had also emptied their water containers. I heard story after story from settlers that the RCMP specifically target indigenous land defenders. I heard first-hand accounts of blatant sexual harassment, medical attention not been given when needed, RCMP stealing from protestors, people being dropped off on roads in the night where they have no access to cell coverage, the theft of cell phones and car keys, and cars not even blocking roads being towed to the Teal Jones lot, where they could be retrieved for a fee of \$2500.

Even before the incident on Aug 21, protests had been organized outside RCMP offices in many cities of BC, calling attention to the escalating unsafe, violent, and illegal practices of the police at Fairy Creek. When I saw the video of what happened on that Saturday morning, I wept. Whether you agree with the protest or not, I can attest to the fact that the forest defenders are mostly passionate, dedicated, intelligent, hardworking young adults, committed to peaceful protesting even when witnessing racism, violence, and dangerous extractions, many willing to put their bodies at risk for what they value. A group of about 60 had gathered at the corner of Pacific Marine and Granite Main, blocking the road in a "blob" formation. On the outside people are closely linked arm in arm, their hands behind their backs, while those on the inside, the indigenous and more vulnerable, link in however they can. It is challenging to extract one person from this tightly enmeshed group, which helps them hold their ground. However, this time with media present, the RCMP attempted to break up the group. After pushing

the “blob” didn’t get the desired result, they used multiple cans of pepper spray on these peaceful people, whose arms were linked in those of others, so they were not able to even cover their faces. Masks were ripped off so the mace could be sprayed into open mouths. It was sprayed intentionally into genital areas. Individuals were ripped from the group, some of them dragged along the gravel road, one person by their hair, others having multiple officers sitting on them, hands zipped tied behind their backs. From the video you can see one man lying face down on the gravel, hands zip tied behind his back, punched. I am grateful this has been captured on video, as many other accounts of brutality to peaceful citizens are being denied by the RCMP. You can witness this on YouTube, 6-Fairy Creek 21 Aug 2021.

On Monday, Aug 23 I joined a group of citizens outside the RCMP office in Courtenay, the nearest protest organized in our area. About 60 people held a variety of signs, some stating concerns about the logging of the ancient forest, and most about the actions of the police, such as “RCMP: This is CANADA”, “Save Democracy”, “RCMP or Industry Thugs?”, “When Police Disobey the Law, It’s Called A Police State”.

It is difficult to know how to express concerns. If a specific complaint about the unnecessary use of force and unsafe practices by the RCMP, these can be submitted to the Civilian Review and Complaints Commission for the RCMP. When the RCMP disobey court orders, or you’ve watched the video and are outraged, then what? Federal Minister of Public Safety & Emergency Preparedness Bill Blair Bill.Blair@parl.gc.ca 613-995-0284, BC Minister of Public Safety & Solicitor General Mike Farnworth, PSSG.Minister@gov.bc.ca, 250 356-2178, BC Deputy Solicitor General Mark Sieben 250-356-0149, Premier John Horgan 250-387-1715, your MP and MLA may claim they have no jurisdiction over the RCMP. Who steps in when the police disobey the courts?  
Margaret Verschuur

## Capitalist Democracy vs Democratic Capitalist State

For those hoping to convince the BC Premier to stop logging old growth forests, you must keep in mind that although the Premier and his party are theoretically “socialist” in orientation they are operating in a capitalist environment. Consequently, in addition to a rationale that identifies why forestry ought to be curtailed, the Premier must be offered an alternative that will replace the utility of the lumber while simultaneously accounting for three basic contributions of the industry to this thing known as “the economy”: corporate profit, employment income and the taxes generated as a consequence.

Personally I’d prefer stopping all logging of Crown/provincially managed land except that considered beneficial to the forest in terms of wildfire prevention. While forest fires are a natural occurrence and part of the forest’s own regeneration process, at present helping to preserve the remainder of the forests we have raped and pillaged is more valuable to us than cutting down more trees. If private landowners want to create tree farms that would be an acceptable alternative source of wood. Elimination of forest logging would also increase the value of that version of the resource.

As to why the logging industry ought to be curtailed, besides the needed contribution to environmental rehabilitation that standing forests can make, the fact is there is another plant whose fibre has been proven to be stronger and more versatile than wood, steel and cement and which, given modern technological development, can replace applications of wood. This plant has been known to, and used by, mankind for centuries; however, as a consequence of the “stupid” predicted by Adam Smith in 1776, its production and use were banned in North America in order to protect the owners of

the oil and cotton industries. That is how versatile this plant is. Many Quadra residents are familiar with this plant having moved here to partake of the ‘medical’ benefits of one of its manifestations before they were legally recognized.

Additionally, if there was ever a material that could qualify as “manna” this plant is it. It can be used to feed, house and clothe the world and replace applications of steel and concrete. This plant has probably been around for as long as the term “manna” has been used.

Have you guessed what plant I am referring to? NO!

It’s not a bird, it’s not a plane and ... although it has been proven to be stronger than steel...it is not Superman.

HEMP!

For more info on hemp strength, Google: hemp strength; hemp stronger than steel; strongest natural fibre

Failure of the province’s Premier and legislature to respond to citizen demands for a reduction in/elimination of logging will demonstrate, once again, how quickly we are moving from a ‘capitalist democracy’ to a “democratic capitalist state”. Failure to understand the difference between these two orientations identifies the problem/explains why this transition is occurring.

To offset the failure by any government to respond to the demands of the people, an option might be to allow all citizens to vote on every issue that is of concern to them. It is assumed that not all citizens would take the time to vote on every piece of legislature passed by the party in power. Consequently, as such a vote would be representative of the “people’s will”, the approval of 66% of those voting might be most appropriate for this methodology.

Wayne Assal



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## Donation Remorse

I lost count on how many donations I made at numerous functions toward the Quadra Seniors Housing.

I want to thank Maureen McDowell and the other board members for showing your hand early in the power game you are playing with seniors lives. I would have not donated a single penny had I known it was going to house only seniors that met your approval. I did not realize your "little board club" could judge seniors as to whether they agreed with your ideas on medical or political issues. Or any other issues you might disagree with.

My heart goes out to the senior fellow (long time islander) who has been told after waiting almost 2 years for the development to open, that he is no longer welcome.

I am sharing this so other potential seniors do not rely on on getting housing on Quadra unless you want to start sucking up to the "little board club" now for housing in the future.

It seems once again "Power Corrupts" as these petty tyrants with no compassion for seniors can wield their power to decide who gets housed and who does not get housed.

Sincerely,

Just your average Quadra islander sneaking up on old age.

## Travel Restrictions - A Serious Statement

**WE WOULD LIKE TO RESPOND TO MR. ABRAM'S WRITE UP IN THE DISCOVERY ISLANDER ISSUE 761 ON AUG 20/2021** in which he has made a comment stating that: 'people WILL NOT be able to travel by any public transit such as air, rail, bus, taxi, and yes folks, FERRIES!, unless you have proof of complete vaccination.'

We find this to be a very serious statement/threat being made by Mr. Abram in his attempts to get those who are not fully vaccinated, to do so immediately otherwise they will not be able to use the ferry services between Quadra or Cortes Islands and CR.

**First off:** Every citizen has the right to essential services regardless of their vaccination status.

We have contacted BC Ferries and Transport Canada in regards to Mr. Abram's bold statement. We found it takes a lot of due diligence to obtain accurate information on such a controversial matter. Maybe that is the reason he didn't take the time to do so first, but instead has shared what seems to be his own personal opinion on this subject.

As an Elected Official 'Director', we would hope that this is not something he does often.

**Information received:**

**BC Ferries:** (via emails rec'd Aug 25 & 30/21 )

- At this time, customers are not required to prove that they have been vaccinated. We

are currently waiting for more details from Transport Canada regarding Vaccine and usage for the future We will comment on this matter and release more information as more becomes available. Masks however have been mandated.

- We can certainly appreciate your concerns. We recently received confirmation from the Ministry of Transportation and Infrastructure, that vaccine passports will not be required in order to travel with us at this time. Since we are an essential service provider, we are not in the same category as the provincial restrictions that would be placed on restaurant dining, concerts, or sporting events, for example. Therefore, vaccines will not be mandatory to travel from Quadra and Cortes. Should you require any further assistance, please don't hesitate to respond to this email, or call our Customer Service Centre.

**Transport Canada/Marine Safety:** (via email rec'd Aug 30/21)

- Thank you for your email. I have forwarded your concern on to another office with Transport Canada. I have also been informed that Ottawa is aware of the issue.

Unfortunately we did not get a response back from Transport Canada before Discovery Islander deadline.

Additional correspondence was also received from PublicTransit/City of Campbell River and the SRD stating that they will be following the directions set out by the Provincial Health Officer:

- Retail shops, groceries, and other essential services are expressly exempt from the vaccine card. As of

right now, workplaces are NOT covered by the new rules. The new measures will be in place until at least

January 31, 2022. The vaccine card is expected to be a temporary measure. Masks are currently being mandated for indoors.

- Proof of vaccination will NOT be needed to vote in-person in the Sept. 20 federal election, or in-person at advance polling places.

Kind Regards,

K. Horton

B. Girdlestone

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## Marc Atkinson Trio with guest Daniel Lapp

Friday, September 17, 2021 at 7:30pm

Quadra Island Community Centre

Quadra Cultural Events is very pleased to present its first concert in well over a year. Please note that we will be following the PHO for indoor discretionary concerts and seating will be limited. Patrons will require proof of vaccination and ID at the door. We will also require masks to be worn indoors. There will be no concession so bring your own drinks and snacks. We are doing our utmost to bring you top quality musicians and still ensure that you remain comfortable and safe.



After more than two decades of musical output, Marc Atkinson is both difficult to define and readily identifiable. He is first and foremost a masterful acoustic guitarist who combines lyricism, rhythmic precision and technical mastery into a distinctive guitar voice. That voice is further defined by Atkinson's significant talents as a composer of lush and melodic original works. His virtuosity and compositional strengths are showcased in the recordings and live performances of the Marc Atkinson Trio, the internationally renowned acoustic trio. While Atkinson is distinctly uncomfortable discussing music awards, he is the recipient of many of them. This past year Marc received the 2021 Instrumental Solo Artist of the Year at Canadian Folk Music Awards. Marc will be joined by Scott White who is a multi-faceted bassist and music therapist. And for an extra treat, the third member of this trio will be Arlo Atkinson on guitar.

The Trio's special guest will be Daniel Lapp on fiddle. Over the past 30 years Daniel has toured across Europe, Australia, China, Israel, the USA, and Canada playing a plethora of musical styles from jazz to electronic music. In 2010 Daniel was a featured fiddler in the Opening Ceremonies of the Vancouver Olympics, and has recorded numerous albums of folk, jazz and electronic music, as well as playing on over 100 others. In 2012 Daniel received the Queen's Diamond Jubilee "Service" Award, and in 2013 was the recipient of the Canadian Folk Music Association "Innovator" Award for his contribution to Canada's fiddle culture. Besides teaching, this includes a 25-year commitment to collecting indigenous BC fiddle tunes which includes over 1,000 compositions by over 100 BC composers.

Advanced tickets for this concert can be purchased for \$17 from Inspirations in Quathiaski Cove or online from Tidemark Theatre. A limited number of tickets will be available at the door for \$20.

## Genealogy Society

The Campbell River Genealogy Society will be Thursday September 9th at 7:00pm by Zoom. Join us as we explore the avenues of unlocking the secrets to finding one's ancestors. Learn genealogy techniques to solving the mysteries of your family tree.

Go to <https://www.crgenealogysociety.ca/> to get an invite to our meeting.

Campbell River Genealogy Society – Campbell River Genealogy

Our Library is Open August 2021 Wednesday from 10 to 2 for drop-in. Use the main entrance and ring the doorbell. A librarian will let you in shortly.

[www.crgenealogysociety.ca](http://www.crgenealogysociety.ca)

Find your way  
around online...

[Quadralsland.ca](http://Quadralsland.ca)

## Thanks for Fishing Derby

On Saturday, August 7th Chris Wilton owner, operator of Quadra Island Boat Tours held a spirited fishing derby on Quadra Island. Quadra Legion Branch 154 hosted the entry signup and the announcement of the winners. The brave fishermen went out on the stormiest day of this summer, braving the wind, thunder and rain to catch the elusive winning salmon!

All of the profits of this event were donated to Quadra Children's Centre and we would like to express our enormous gratitude for this very generous and abundant donation! Our thanks go out to the all of the participants and the sponsors: Bill and Sarah Bradshaw - Royal LePage Advance Realty, Dubois Excavating, Java Roofing, Above All Gutters, Island Landscape, Tyee Marine, Harbour Mobile Metal Works and Ocean Pacific. A very special appreciation goes out to Chris!

### New Listing!



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## The Quadra Island Garden Club Presents: The "Pandemic Perusal" Virtual Garden Tour

Hello Quadra Gardeners, advanced, intermediate, and new! We have missed seeing you and hearing about your gardens! And we know we have some potential new members out there, wanting to meet other gardeners! So we have organized a few gatherings for this fall.

The First will be some semblance of our regular meeting. On Monday, Sept. 13th, 7-9 pm at the Community Centre, we will be holding our first and only indoor meeting of 2022. It will be FREE and we will be giving out 2021-2022 memberships for FREE. So please come early (doors open at 6:30pm) to line up (with proper distancing we will likely need to line up outside) and get your new membership card. Up first on the agenda will be the much anticipated "Pandemic Perusal," a slideshow showcase of Quadra gardens, organized and beautifully arranged by professional garden photographer Allan Mandell. When you can't go on an in-person garden tour, seeing it on the big screen with music is the next best thing, right? Next up, our cherished local gardening expert Eileen MacKay will be pontificating on what she learned this summer about gardening in hot weather. Please feel free to share your learnings as well, particularly about fruits and veggies and what spells success. We will also have our usual Show and Tell Table where you

get to show off your flowers, fruits, veggies, and preserves, and a Plant Sale Table for seeds and plants (please bring any you have to share) that you can buy for a donation to the Garden Club.

PLEASE NOTE: The province of BC is requiring that all indoor meetings follow certain guidelines, namely: 1) Chairs must be placed at a distance from one another; 2) Everyone must wear a mask (children under 12 and people unable to wear a mask are excepted); 3) You must be vaccinated (at least your first dose) and be prepared to show your vaccine passport (as this is the first day that vaccine passports will be in use, please bring your record of vaccination card if you do not have a passport yet). We understand that not all of our members will be able to attend because of these restrictions.

For this reason, we will be posting the "Pandemic Perusal" and Eileen's tips on our website [www.QuadraIslandGardenClub.com](http://www.QuadraIslandGardenClub.com) after the meeting for all to enjoy. We will also find a way to get you your membership card if you email us at [quadraislandgardenclub@gmail.com](mailto:quadraislandgardenclub@gmail.com).

**If the guidelines change and we are unable to hold our meeting in person, we will be doing a Zoom meeting.** Please check our website & Facebook Page for updates (see below).

Our Second event of the season will be "The Great Tuck In" Gardening Workshop on Saturday October 2nd. As the name suggests, the theme will be tips on putting your garden to bed for the winter and will take place outdoors in a garden. More details to come in a future article. We will not be holding a plant sale this fall but will be having a big sale again in the spring.

For all things Quadra Gardening, please check out our website [www.QuadraIslandGardenClub.com](http://www.QuadraIslandGardenClub.com) and our Facebook Page the Quadra Garden Grapevine. See you in the garden!

The Leadership Team: Jennifer Banks-Doll (Communications and Website), Robin Beaton (Membership), Karen Dunn (Treasurer), and Allan Mandell (Slideshow Wiz and all-round funky guy).



### Year-End Sale

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**Quadra Island Outdoor Club  
Current Status**

As we start into September, we will resume hiking and continue kayaking. With the moderating weather and members a bit less busy, we will begin to construct a fall schedule. Outdoor activities continue to be the best option in the ongoing pandemic situation. It's wonderful to be able to take advantage of our exceptional local environment for all the benefits that brings to us. Right now the schedule is sparse, but we hope that will change soon. Here are the upcoming trips:

7-11 Sept, Tuesday to Saturday - multi-day kayaking to Jedediah Island

29 Sept, Wednesday - hike to Mt. Seymour  
More information about these outings is available at:

<https://qioutdoorclub.org/schedule-summer-2021/>

For more information about the Club visit <https://qioutdoorclub.org/> or email to [qioutdoorclub@gmail.com](mailto:qioutdoorclub@gmail.com).

**Waste NOT**

Did you know... that if you choose to avoid driving to the store for something, then just add it to list for the next time, you have doubled your car's fuel efficiency?! Please email your ideas for this feature to [sstratton@prairiesky.ca](mailto:sstratton@prairiesky.ca).

Susan Stratton for the ICAN Live Lightly team.

**Quilting Guild**

We are excited and pleased to announce that the Quadra Island Quilting Guild will be holding its first meeting of the 2021-2022 season on Sept. 14 at the Quadra Community Centre. The meeting will begin at 10 am. New members are welcome. Our annual membership fee is \$25.00 and is due at this meeting. All appropriate covid protocols will be in place. We look forward to seeing our returning members and new members. Meetings are held the second Tuesday of the month and we hope to continue to engage in friendship and community throughout the season.

If you're new to the Guild or are a current member with questions, please contact Sally Davies prior to the meeting: 250-204-8466 or [sallyotg@gmail.com](mailto:sallyotg@gmail.com)

**Tennis & Pickleball  
Players Needed**

**QUADRA TENNIS** is always on the lookout for more players. We have two great courts at Blenkin Park and good people to play with!

If you're new to Quadra and like to play tennis, we want to meet you! Call Ken or Louella at 250-285-2580 to get involved.

Quadra Pickleball has been hosting a Drop-In every Tuesday at 4pm over the summer. Come on out to the Blenkin Park Courts to play or to learn the game. We have three courts and some equipment to get you started. It's fun, easy to learn and a great way to meet people and get some exercise.

Drop in on a Tuesday at 4pm or call Ken or Louella at 250-285-2580 for more information.

**List Your Event**

Email news [@discoveryislands.ca](mailto:@discoveryislands.ca)  
Drop off your item at *Inspirations* in Quathiaski Cove  
Bring it to our office at 701 Cape Mudge Road



**Rachel Blaney**  
North Island-Powell River

**Vote on Monday, September 20 | In advance : September 10 - 13**

While the Liberals and Conservatives are protecting billionaires and refuse to take action on the issues that matter, Jagmeet Singh and I are fighting to make a difference for you:

- ✔ Tackle the climate emergency by setting ambitious emission targets and ending fossil fuel subsidies.
- ✔ Take the profit out of long-term care, and making sure all seniors get the care they need.
- ✔ Make life more affordable by reducing costs on prescription drugs, child care, housing and more.

**Vote NDP this time and help us get more done for you.**

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# Read Island Inspires New Children's Book

Nicole Magistro lives in the mountains of Colorado, but she holds a special place in her heart for Read Island. The publishing professional first visited in 1999, while she vacationed to the Locke family's cabin at Whiterock Passage.

"There's no question that the place -- and the people -- cast a spell on me," says Magistro, who recently penned a rhyming picture book called *Read Island*, which is inspired by the landscape, animals, and energy of the Discovery Islands. "The metaphor was lost on me for more than 20 years, but now I can't escape how the magic of Read Island has influenced me and my life in books."

Before publishing the picture book, which is illustrated by Alice Feagan, Magistro owned a bookstore for 15 years, where she became a professional reader -- writing book reviews, recommending books for all readers, and developing her taste for the bedtime stories she eventually would read to her son, Silas, now 10.

"The books we loved best helped us escape and encouraged our imaginations," says Magistro. And during the pandemic, since the family couldn't travel to Canada, they learned to transport themselves within their minds. Through meditation, mother and son "visited" Read Island as often as they could, and during one of these mental journeys,



the symbolism of the place name became the story. It was a lightbulb moment for Magistro. As the story says, "books can take you anywhere."

"It is important to me that so many milestones in my life have happened on Read. It's where Zach (Locke) and I got together. It's where we were married," she says. "It's not lost on me now that my first book would have deep roots in this place. After all, Read Island is where I learned to drive a boat, and truly set sail in my heart."

The story follows a young girl and her animal friends as they traverse the seas in search of an island made of books. Propelled by their sense

of wonder, the group makes exciting discoveries, meets unique new animal friends, and learns the most important secret of Read Island -- "This world of stories, safe and true, is always here to welcome you."

Equal parts a celebration of reading and a valuable lesson in environmental stewardship, this tale is the perfect addition to a little explorer's growing bookshelf.

"Creating common space for books and nature in my life is a personal goal," says Magistro. "Some of my favourite books of all time reflect that unity -- from Ruth Ozeki's *A Tale for the Time Being* to Emily St. John Mandel's *Station Eleven* -- literature shows us how the human condition thrives with a strong connection to the Earth. I want to help the littlest readers maintain that connection to nature and our physical world, and I think a great way to do that is through books."

Magistro and her family finally will return to Read Island for Labour Day. The very first event celebrating the book's release will be held at the Surge school on Friday, September 10 at 10:00am. All children and their families are invited to attend; the event will adhere to all COVID protocols as required.

Community members can pick up signed copies of the book from Judith Wright after September 7 or order it from Book Bonanza on Quadra Island. Profits from local book sales will benefit the community conservation efforts on Read Island. For more information, visit [www.myreadisland.com](http://www.myreadisland.com)



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## Quadra Singers - Fall/Winter Session Starting Thursday, September 16, 2021

Quadra Singers Board is excited to announce that Dr. John Hooper will be joining us as interim Director of Quadra Singers for the Fall session. He comes to the Island by way of Edmonton where his conducting career was centred at Concordia University. Before he retired this past year, Dr. Hooper was not only a professor but the director of the school of music. He has recently become the Director for Island Voices in Comox Valley. Dr. Hooper is a musician, a conductor and a scholar. Please take some time to look up his extensive biography on the internet. We are truly fortunate to have Dr. John Hooper agree to take on the position of interim Choir Director. His leadership is an unexpected gift and a wonderful opportunity for all of us to increase our individual singing skills and grow as a choir.

Quadra Singers Fall/Winter session will begin on Thursday, September 16, 2021 at 6:00 to allow time for registration. We meet every Thursday evening from September to December culminating with a concert on Saturday, December 11, 2021. Under the direction of Dr. John Hooper with Joyce Baker as accompanist, you'll have the opportunity

to sing, laugh and learn. Quadra Singers is a non-auditioned choir and everyone is welcome to join the fun. If you're new to choir music, there's plenty of support for you through sectional practices and through our online music webpage. Whether you're experienced or not so experienced, whether you're a soprano, alto, tenor or bass, Quadra Singers invite you to share in the joy of making music together. The fee for the Fall/Winter session is \$100.00. Family membership rates are available. If you'd like more information, contact Joan Varley at 250-285-2443.

Please note that due to the continuing concerns surrounding the Covid pandemic, we will be following all the Provincial Health Orders for indoor discretionary meetings and will be adhering to the Rec Centre guidelines. All members will need to show proof of vaccination and wear masks. Quadra Singers have purchased masks which were developed with breathing space in mind. These will be given to members at the first meeting but if you prefer your own mask you can feel free to use it. This is an unusual year for everyone but we will remain "flexible and adaptable" as medical issues unfold.

### Protestor

Anti-vaxxers, anti-taxers  
Anti-everything protest-actors.  
Who's their factor ? Their contractor ?  
Their financial benefactor ?  
You will see them on the news  
Saying their rights have been abused.  
Yelling curses and profanities  
Looks like they have lost their sanity.  
For any cause they'll join the battle,  
With their rattle tattle idle prattle.  
To the cameras they will play  
They will fight in any fray.  
Dedicated, they'll lay down  
And play dead upon the ground.  
With their criminal mentality  
They will holler police brutality.  
Wielding posters they act out  
They really like to yell and shout  
They've no idea what it's about  
But to every rally they turn out  
When news ratings start to soar,  
They up the ante with a roar.  
They know exactly when they're scoring  
For without them, news is boring.  
What chance, have truth and facts,  
When cameras focus on dumb acts.  
If the news crews pack their gear  
The demonstrators will disappear.  
Yes the whole world is their stage  
Where they act out their phoney rage.  
They are rebels without a cause,  
Their only goal is to break the laws.

- Ann McLean



### 2021 Golf Rates

(Plus Taxes)

	9 Holes	18 Holes
Public	\$30	\$40
Initiated Member	\$27	\$36
Guest Of A Member	\$27	\$36
Junior 13-18/12&under	\$10/\$5	\$15/\$7
Power Carts (per person)	\$15	\$20
Club Rentals	\$10	\$15
Pull Carts	\$5 <sup>tax in</sup>	\$5 <sup>tax in</sup>
Large Bucket Range Balls	\$7 <sup>tax in</sup>	
Small Bucket Range Balls	\$4 <sup>tax in</sup>	

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## Old Growth Market Table Update

Dear Islanders,

Over the summer, we have had a "Save the Old Growth" table at the Farmer's Market. Hundreds of people came to the table and wrote, in many cases, articulate and passionate letters to Premier John Horgan.

The following are examples:

Dear John,

I am 12 years old and I want you to stop cutting down old, beautiful trees. They have been here longer than you! Respect your elders!!!

Sebastian. Vancouver.

Dear John,

Please stop cutting the Old Growth. You have made promises that you are not keeping in relation to our planet's future. You should be ashamed!!! Our old growth is precious and needs to be protected. Capitalism is unsustainable resource extraction and is

not worth jeopardizing beautiful BC. Please make the right choice and stop cutting down OUR ancient trees.

Rachel 15. Victoria

Dear John Horgan,

As a new immigrant to Canada, I am proud to be a BC resident and to live in such a beautiful place, full of nature and old growth trees. I want my future generations to enjoy what these trees provide to us and the animals around us. Please STOP cutting down any OLD GROWTH FORESTS we have here!!

You do not want to regret for the rest of your life. Once they are gone.....they will be GONE FOREVER!!!

Sincerely,

Vanessa. Victoria.

395 letters have been mailed altogether. We have another two markets to go where I hope that we will reach our goal of 500 handwritten pleas to the Premier to make the paradigm shift in current forestry practices and protect our ancient forest bio-diversity.

**Back Away** < <https://youtu.be/qE6jdyX7uc> > by Kansas-lee and The Comfortably Sauvage (A Song for ADA'ITSX/FAIRY CREEK): a powerful music video showing beautiful aerial footage along with clear-cut devastation, the fabulous faces of passionate protestors and the police brutality, with great banjo, violin and lyrics

Respectively submitted

Geraldine Kenny

## 2021 Rod Clark Memorial Golf Tournament

The Quadra Island Golf Course was at maximum capacity on Saturday August 21st with 80 golfers participating in the 11th Annual Rod Clark Memorial Golf Tournament. Once again our friend and true Island golf leader, Rod Clark, was fondly remembered and recognized for his role in the development of the golf course on Quadra Island and for initiating this tournament which has now run continuously for 40 years.

The golfers were treated to a course in magnificent condition thanks to Club Pro Jason Tchir and Greens Keeper Darrin Karaim. Sunny skies, warm temperatures, a very festive atmosphere and great prizes, complete with a silent & live auction made for a very successful and memorable day for all.

The tournament was a fully handicapped, Texas Scramble with the winning foursome being : Bill Bird, Joan Varley, Shevaun Brown (Bill's daughter) and her husband Rod Brown. In 2nd place was Shaun Inrig, Maylene Inrig, Brent Smith & Ivan Dyck. Taking 3rd place was Matt Rombough, Paula Rombough, Joe Storback & Tamara Storback.

The skill prize winners were: Ladies KP – Johnna Dodd: Men's KP – Tom Duffy: Ladies Long Drive – Morgan Healy and Men's Long Drive – Andrew Strom.

A big THANK YOU to the volunteers of the tournament: Lynda, John, Ken, Kelly, Les, Ruth, Doug, Danielle, Matt, Deb & Kelsi.

It was a wonderful fun filled day with nonstop entertainment, prizes great food and refreshments. Many thanks to all the golf course staff, volunteers and generous Island businesses - listed below - who contributed to making it such a success!

Kelly Jensen, Maureen Maryka, Bill Bradshaw, Jarl Towing, Paul Renda, Heriot Bay Inn, Island Networks Inc., Inspirations on Quadra, Amped on Nutrition, Pat Manery, CHEK Media Group, Canton Restaurant, Harbour Grill, Steve Marshall Ford, Cermaq, Yellow Dog Trading, Jim Graham, Riptide Pub, Dave & Susan Bain, Shirley Muress, Cobra/Puma Golf, Marcia Wolter, Quadra Builders, Quadra Pharmacy, The Clove, Coastal Community Credit Union, Penner Automotive, CR Campers, Tru-Value Q-Cove, Tru-Value Heriot Bay, Storey Creek Golf Course, Comox Golf Club, Arrowsmith Golf Club, Golf River Golf Club, TD Bank, T Mar, Lakeland Automotive, Sportflex Fitness, 50 Parallel, Redden Net, Tsa Kwa Lutén Lodge, Beach Acres Resort, Parker Marine, Butler Ridge Energy, Northern Ropes-, Lordco. Discovery, Harbour Fuels, Fisherman's Wharf, Cloverdale Paint, Isletech Auto, Keith Clegg & Morgan Stevenson, Ken & Lynn Embury, Doug Edwards.



## When is the best time to buy Real Estate?

**MANY OF YOU HAVE HEARD THE WAY-TOO-OFTEN OVERUSED CLICHÉ "LOCATION, LOCATION, LOCATION".** I believe "TIMING, TIMING, TIMING" is much more important for any investment and very strongly in Real Estate.

Yes, you can find a great location but if your timing is off, then maybe you're not getting the best deal. What constitutes a "good deal" depends on individual perception of value received. Most investors will calculate what a property is worth by the amount of money they can rent it out for and costs to run the property such as maintenance, insurance, taxes and vacancy rate. When someone is buying a property where they want to live sometimes these basic principles go out the window. You get excited about the property and you'll do whatever it takes to get it. I believe in the power of attraction and how important it is to dream big, but I also understand that home ownership can come with unexpected costs and as a buyer you must consider them.

Based on statistical patterns best time of the year to buy a home is in January. Typically, there are not many buyers actively looking to buy a home. I want to emphasize "typically", because the health crisis has caused some abnormalities in the usual statistical patterns. This year in January for example we saw a huge surge in sales. A lot of listings available in January are homes that didn't sell before Christmas and the sellers might be more motivated and flexible with the price.

February onward usually sees more active listings before the spring market madness starts. The logic behind buying a home during the spring is to get possession during the summer months when kids are on summer vacation. Spring markets are busiest, most competitive and most expensive time to buy. It's also easier for sellers to make their home

look more presentable; with curb appeal and more natural light outside some homes are just more appealing.

Prices normally peak in June and July when the demand is the most active, with lots of active listings and lots of buyers. As the school year approaches, in August and September, the number of active listings is reduced. Into the winter months there is a higher probability of prices dropping because not many buyers are looking. In a normal year December is very slow for sales and in my opinion it's the best time to be a buyer.

Buy a home when demand is low. If at all possible, buying a home in a "buyer's market" is your best strategy. Prices are low and there are lots of homes for sale.

A "seller's market" is the opposite, where the inventory is low but the demand is high. This is the current market with multiple offers being so prevalent and the skyrocketing prices, it's very frustrating to be a buyer.

Every person has a different situation, finances and circumstances, that's why timing the market could prove to be a difficult task. During the most disruptive times there are people that make enough money to go to space for a few minutes while others lose everything. It's a matter of timing and planning ahead of time.

Planning to purchase a home? I would love to help you, starting with getting you connected with a financial planner and a mortgage broker. Take your time, plan, prepare your finances and don't allow your emotions to control you. Hire me and I'll guide you through the process.

If you have any suggestions or feedback...or have any topics you would like me to cover, please let me know. I would love to hear from you.

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## Island Health Prepares to Transition Mass Immunization Clinic Operations

After eight months of intense work to immunize as many people as possible against COVID-19, Island Health is preparing to scale back mass immunization clinics - but not before making it easier than ever to be fully vaccinated.

For maximum convenience, anyone in need of vaccination can simply find a nearby clinic and walk in without an appointment for their first or second dose. Appointments are also readily available for people who prefer that option, and expert immunizers are ready and willing to support anyone who needs extra time or accommodation during their appointment.

“The COVID-19 immunization effort in Island Health and across the province has been a monumental undertaking,” said Dr. Richard Stanwick, Island Health’s Chief Medical Health Officer. “Thanks to the exceptional dedication of Island Health staff and physicians, the unwavering support of community partners and, most importantly, each individual’s commitment to protecting themselves and others from infection, we can start looking beyond the mass immunization effort.”

As of August 19, 81% of eligible Island Health residents have received at least one dose of COVID-19 vaccine and 74% are fully vaccinated with two doses.

The immunization effort to date has included large-scale clinics,

on-site vaccinations at long-term care and assisted living residences, outreach for people experiencing homelessness, partner-supported clinics for refugees, whole community clinics in rural and remote locations, in-home vaccination for home-bound people and outbreak responses.

As the number of fully vaccinated people increases, there is less need to maintain high-volume mass immunization clinics. There are currently mass immunization clinics operating in communities from Victoria to Campbell River that will close between August 22 and September 30. Anyone in need of first and second doses after the large clinics close will be able to receive their vaccine at other, smaller locations outlined below.

“There is absolutely no doubt that vaccination is protecting people from serious illness,” said Dr. Stanwick. “While we’re seeing excellent progress with vaccination rates, there is still work to be done. Please, if you haven’t received your first dose, or if you have been delaying your second dose, now is the time to get it done and ensure we go into the fall with the best possible protection against COVID-19.”

Campbell River Community Centre

Immunization Clinic will close on September 26, 2021 Vaccines will then be available at:

Campbell River Health Unit, 200-1100 Island Highway

## Donations to Rain Forest Flying Squad Still Urgently Needed!

Donations to the Rain Forest Flying Squad are still urgently needed. Please donate whatever you can directly via their website: <https://laststandforforests.com/> and click on DONATE. All of the land defenders are volunteers. The only people being paid are the lawyers defending the volunteers, and the RCMP. Huge amounts of your tax dollars are going to fund police who are often injuring non violent land defenders.

Have no money to donate or already donated? – sign the Stand.Earth petition <https://act.stand.earth/page/22441/petition/1?locale=en-US> [tinyurl.com/39x8n6xw](https://tinyurl.com/39x8n6xw)

Why are volunteers still blockading? Because logging of the Fairy Creek watershed has only been deferred – not cancelled outright. View Google Earth - you will see that this watershed is an oasis in a sea of clearcuts. It is the last mostly intact watershed on southern Vancouver Island. The ongoing blockades aim to bring attention to the need to protect what little old growth remains in BC outside of protected areas - there are other areas with old growth stands with no protection. There is an urgent need for the BC government to implement all 14 recommendations of the Old Growth Strategic Review Panel – which it promised to do more than a year ago. <https://www2.gov.bc.ca/assets/gov/farming-natural-resources-and-industry/forestry/stewardship/old-growth-forests/strategic-review-20200430.pdf> [tinyurl.com/547k3xet](https://tinyurl.com/547k3xet)

Old growth combats the harmful effects of climate change in various ways. Only 2.7% of B.C.’s original productive old growth forests remain standing. B.C.’s Old Growth Strategic Review

Panel urged an end to old growth logging. For more information on un-protected old growth see the Rain Forest Flying Squad website – **What’s at Stake.**

Public support is on our side. Two recent polls show that 86% of BC residents are highly concerned about Old Growth logging, and that 92% support a moratorium on old growth clear cutting. To see interactive maps of Old Growth Logging Approvals in much of Vancouver Island, visit [www.universalwildlands.com/reports](http://www.universalwildlands.com/reports).

**How are donations used?**

- Legal representation for hundreds of indigenous and non-indigenous land defenders who have been arrested
  - Lawsuits. Courts have found that the RCMP is breaking the law and these suits are an attempt to force the RCMP to back down from some of their illegal practices. See details about one of the lawsuits at <https://theyee.ca/News/2021/08/16/Judge-Rebukes-Illegal-RCMP-Tactics/> [tinyurl.com/4brh6pc](https://tinyurl.com/4brh6pc)
  - relief for personal loss experienced by hundreds of people as their personal property and vehicles have been stolen and damaged by RCMP while on "crown land", or in the case of vehicles handed over to the TFL licensee who has then charged people \$2500 to retrieve their vehicles (for more information see [https://fundrazr.com/3Iroga?ref=ab\\_4AJXQ4](https://fundrazr.com/3Iroga?ref=ab_4AJXQ4)) [tinyurl.com/3hntjhc](https://tinyurl.com/3hntjhc)
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Bonnie Brownstein



## COMMUNITY NEWS & EVENTS

### Anybody Can Play!

Help to Pay for Music Lessons

**Application Deadline:  
September 30th**

For the fourth year in a row, the Quadra Island Young Musicians Fund (YMF) is pleased to announce that we are offering Gift Certificates for music lessons to all young residents of Quadra Island, age 18 and younger. These Gift Certificates can be used to pay for private music lessons, either in person or online.

To apply please pick up a paper application at Inspirations or find one online in the Files section of our Facebook page "Quadra Island Young Musicians Fund." Fill it out and either return it to Inspirations, mail it to Box 221, Heriot Bay, BC V0P-1H0, or scan and email it to [quadrayoungmusicians@gmail.com](mailto:quadrayoungmusicians@gmail.com). DEADLINE: Sept 30th.

Our Gift Certificate Program is made possible through donations from supporters. To donate please email us at [quadrayoungmusicians@gmail.com](mailto:quadrayoungmusicians@gmail.com), call us at (604) 373-6440, or donate directly at Coastal Community Credit Union. You can also donate your Spirit Board points to #310.

Thank you Quadra Island for all of your support and for helping us to realize our vision of "a community where the lives of all children are enriched by quality music education, and where active participation in music is valued and supported."

- Dave Blinzinger and Jen Banks-Doll

### Accessibility Month at Small Business BC

September is Disability Employment Month in British Columbia. It offers an important opportunity to celebrate and recognize inclusive employers and the vital contribution people with disabilities make in the workplace.

Small Business BC is marking the occasion by hosting Accessibility Month: 'It Matters', a month of free business education featuring ASL interpretation and closed captioning. Accessibility Month covers a variety of popular business topics, from business planning to marketing and payroll.

In keeping with current public health guidelines, all educational sessions will be delivered remotely via webinar. These presentations will show the ASL interpretation and on-screen live captioning alongside the webinar speaker.

Whether you're looking to start or grow your business, our educational calendar for the month is stacked with informative and practical sessions that will put your business on the road to success. Demand is expected to be extremely high and places are limited. Book as early as possible to avoid disappointment. If you do happen to miss out on the webinar of your choice, we will be opening a waitlist. [sbbc.co/accessibility](http://sbbc.co/accessibility)

**Tsa-Kwa-Luten Lodge**  
would like to thank all Quadra residents for Dining with us.  
**We will be closing for the season**  
this year on September 27 at noon.



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## Heriot Bay Tides

DATE	TIME PDT	M.	FT.
<b>03</b> Friday	02:24	3.9	12.8
	10:03	1.4	4.6
	17:49	4.5	14.8
	23:27	3.5	11.5
<b>04</b> Saturday	03:26	4.0	13.1
	10:46	1.3	4.3
	18:18	4.6	15.1
	23:55	3.4	11.2
<b>05</b> Sunday	04:23	4.1	13.5
	11:26	1.2	3.9
	18:44	4.7	15.4
<b>06</b> Monday	00:24	3.2	10.5
	05:17	4.2	13.8
	12:05	1.2	3.9
	19:09	4.7	15.4
<b>07</b> Tuesday	00:55	2.9	9.5
	06:11	4.3	14.1
	12:43	1.3	4.3
	19:34	4.8	15.7
<b>08</b> Wed.	01:29	2.6	8.5
	07:04	4.4	14.4
	13:22	1.6	5.2
<b>09</b> Thursday	20:00	4.8	15.7
	02:07	2.2	7.2
	07:58	4.4	14.4
	14:03	1.9	6.2
<b>10</b> Friday	20:26	4.8	15.7
	02:48	1.8	5.9
	08:56	4.4	14.4
	14:46	2.3	7.5
<b>11</b> Saturday	20:54	4.7	15.4
	03:33	1.5	4.9
	10:00	4.4	14.4
	15:33	2.7	8.9
<b>12</b> Sunday	21:23	4.6	15.1
	04:21	1.3	4.3
	11:15	4.3	14.1
	16:27	3.2	10.5
<b>13</b> Monday	21:55	4.5	14.8
	05:15	1.2	3.9
	12:43	4.3	14.1
	17:35	3.5	11.5
<b>14</b> Tuesday	22:35	4.3	14.1
	06:16	1.1	3.6
	14:17	4.4	14.4
	19:20	3.7	12.1
<b>15</b> Wed.	23:29	4.2	13.8
	07:26	1.1	3.6
	15:33	4.5	14.8
	21:05	3.7	12.1
<b>16</b> Thursday	00:53	4.0	13.1
	08:37	1.1	3.6
	16:29	4.6	15.1
	22:16	3.5	11.5
<b>17</b> Friday	02:21	4.0	13.1
	09:40	1.1	3.6
	17:13	4.7	15.4
	23:06	3.2	10.5

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