

ISSUE 802

MARCH 17, 2023 • SERVING QUADRA & DISCOVERY ISLANDS SINCE 1993

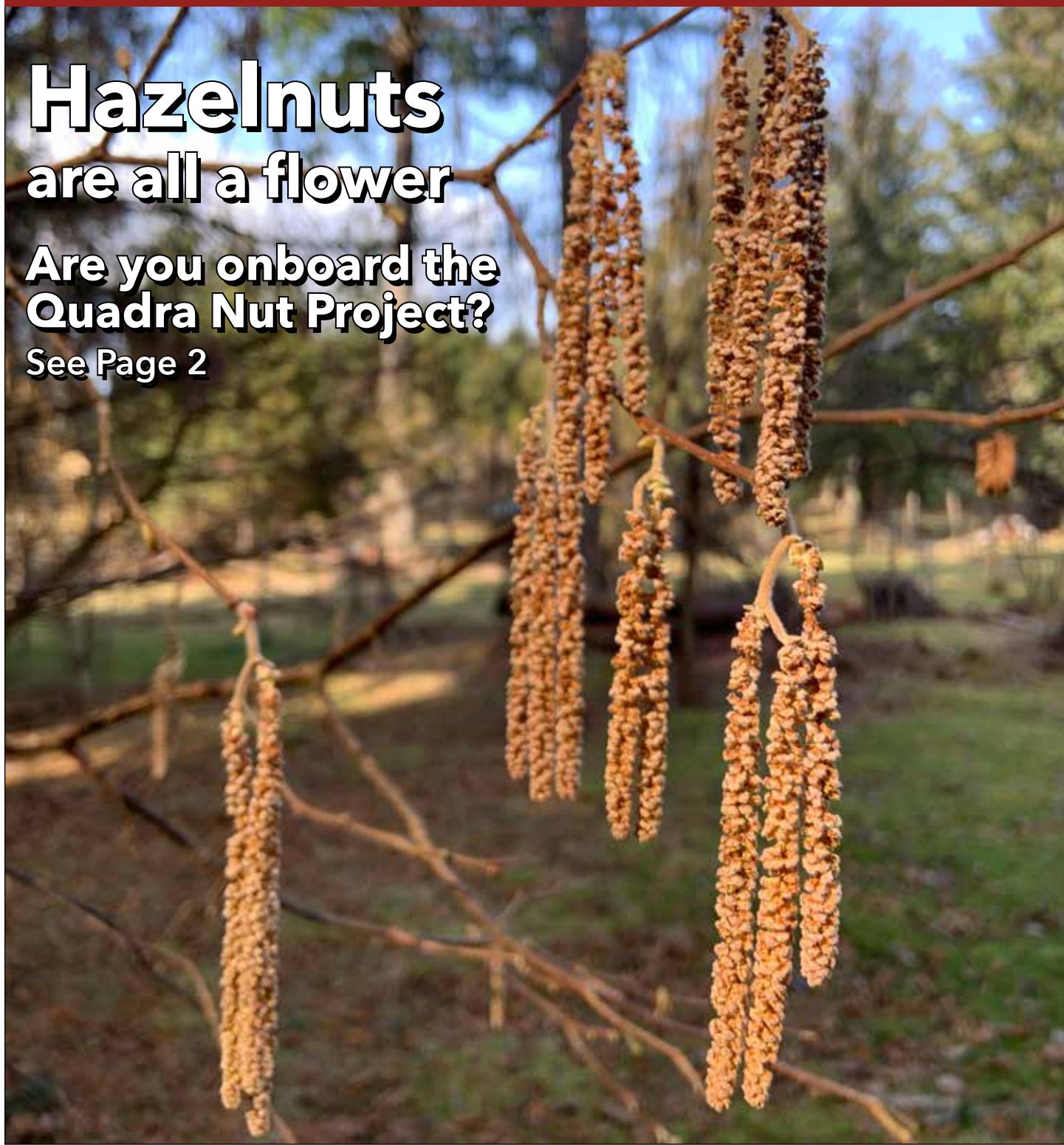
discovery

I S L A N D E R

Hazelnuts are all a flower

**Are you onboard the
Quadra Nut Project?**

See Page 2



Eagle Lead Poisoning on Quadra Island

On the afternoon of Feb 6 I was alerted to an eagle behaving strangely on north Quadra Island, near Village Bay Lakes, on the southern-most lake. It had been observed walking on the road and seemed to be having trouble flying, although some of us saw it fly/hop short distances, at least at first. MARS Wildlife Rescue Centre was contacted in Courtenay, but they weren't able to send anyone that day and the eagle was still there in the evening and seemed to be in greater distress, possibly stuck in bushes by the lake edge, with a cold rain bordering on snow setting in. After some conversation and advice from the MARS wildlife rehab assistant, I was



able to approach and secure the eagle, transferring it to a large dog kennel (thank you Perrin Sparks!!). It was so much bigger, and lighter, than I'd imagined. It was clearly exhausted and weakened, although with no obvious injuries. I took it to the MARS centre the following morning where they examined it more thoroughly and expertly. They told me it showed no signs of avian bird flu but was emaciated and very dehydrated, and lead poisoning was suspected at first sight. Later blood analysis showed very high levels of lead in her blood. When I checked in a few days later she was eating and better hydrated. The most common cause of eagle lead poisoning is lead shot in gut piles left by hunters, and a lead fragment the size of a grain of rice is lethal to an adult eagle, and lead toxicity often accumulates over time. Even sublethal lead poisoning levels can lead to lifelong debilitating effects. I thought I should write about this eagle because all the hunters and fishers I know on



Quadra care about eagles and wildlife. I imagine that a pile of deer guts might seem like a nice gift to leave for wolves and scavengers, and it's probably important to many on the island to realize it can be debilitating or deadly. The MARS Rescue Centre has a visitor's centre and an interesting donation list, and you can learn more from their website, <https://marswildliferescue.com/>. There are also lots of helpful reminders about not assuming young birds, fawns, or seal pups are abandoned, and being careful about approaching wildlife without experience and guidance.

Nut Tree Project

Do you want to host a nut tree or two?

The Quadra Nut Tree Project is looking for publicly accessible places to plant nut trees. Might you have a spot on your property, along a road or public trail, where you would welcome a walnut, or host 2 hazelnuts? We are planting 100 nut trees on Quadra in publicly accessible places so that one day there will be lots of nuts around, of the edible variety. Nuts play an important role in increasing our food security as they provide a plant-based source of protein and oil. The trees would be paid for by the Project, planted by volunteers and protected from deer. They will be mulched, pruned and cared for by our team, although we would welcome your help with this as well. The harvesting would take the form of gathering nuts from the ground and you would be welcome to have some too!

If you are interested, please get in touch ASAP. We are ordering the trees now, for planting in the fall. Contact jenniferbanksdoll@gmail.com or go to www.quadraican.ca for more information.

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ISLAND CALENDAR

DAY TO DAY

Friday, March 17

- St Paddy's Day w/ DJ Mickey Moose
Quadra Legion

Saturday, March 18

- Bingo - Quadra Legion, 7pm

Monday, March 20

- Way to Go, Special video, QCC, 7:15 pm

Friday, March 24

- Friday Flicks Aftersun, QCC 7:45pm

Saturday, March 25

- Comedy - Quadra Legion, 7:30pm
- Percussiano 3 - QCC 7:30pm pg. 15

Friday, March 31

- Howlin Dogs HBI PUB 8pm start

Saturday, April 1

- Celtic Chaos - Show in HBI Herons
- Anna Alessandra - Kameleon pg. 7

Monday, April 3

- Garden Club, Ground Covers, QCC 7pm

Tuesday, April 4

- Cemetery Society AGM - Legion 7pm

Thursday, April 13

- Salmon Enhancement AGM
- Eco-Centre, 7pm

Saturday, April 15

- Young Musicians Concert QCC, 7pm

REGULARS

Mondays

- Community Badminton
Cape Mudge Gym, 7:30pm. Drop-in \$3

Wednesdays

- Community Lunch QICC 12pm \$5
- Emergency Firewood QICC 12:30-2pm
- Community Indoor Pickleball
Cape Mudge Gym, 6:30pm, Drop-in \$3
- U of Q HBI PUB free learning 7-8pm

Thursdays

- Community Badminton
Cape Mudge Gym, 7:30pm. Drop-in \$3

Fridays

- Duffy & Friends HBI Pub N/C 7:30pm

Inspirations




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NEXT DISCOVERY ISLANDER DEADLINE
Monday, March 27 @ 7pm
for Issue 803

Open Monday to Saturday 10-5



Closed on Sunday

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WHAT'S ON AT QCC



What's Happening at Quadra Community Centre

Jump into the action at your Community Centre! Come down, get involved and be part of community!!!

THIS WEEK: March 20 -24

MONDAY: 8:30 Fitness with Jeannie; 10:00 Parents and Tots; 1:00 Sing for Pure Joy; 5:30 Iyengar Yoga with Dood

TUESDAY: 5:00 Yoga with Trinity; 6:00 Zumba with Kelly (Main Hall); 7:00 Folk Dancing

WEDNESDAY: 10:00 Parent & Baby Group; 10:00 Gentle Yoga with Trinity; 12:00 Community Kitchen Lunch is BACK!; 12:30 Mosaics; 3:00 Art in Nature for Kids; 3:00 Ping Pong; 5:30; 7:00 Family Connections - A Parenting Support Group; 7:15 Slow Flow Yoga with Kate

THURSDAY: 10:00 Q- Circle iPad Training Class; 10:00 Parents and Tots Dance with Kate; 3:00 All About Japan Children's Class; 6:15 Quadra Singers

FRIDAY: 8:30 Fitness with Jeannie; 9:45 Men's Fitness with Jeannie; 10:00 Spinners & Knitters; 10:30 Friday Painters; 12:00pm Smart Recovery: to join contact Jude: smartrecovery@gmail.com ; 7:45 FRIDAY FLICKS PRESENTS: Aftersun

NEXT WEEK: March 25 - 31

SATURDAY: 7:30 the Cultural Committee Presents: Percussiano 3

SUNDAY: 6:00 Adult Climbing Wall

MONDAY: 8:30 am Fitness with Jeannie; 10:00 Parents and Tots; 1:00 Sing For Pure Joy; 1:00 Caregivers Support Group; 5:30 Iyengar Yoga with Dood; 7:00 Photo Club

TUESDAY: 9:00 Quadra Quilters; 5:00 Yoga with Trinity; 6:00 Zumba with Kelly (Main Hall); 7:00 Folk Dancing

WEDNESDAY: 10:00 Parents and Babies (Room 1); 10:00 Gentle Yoga with Trinity; 12:00 Community Kitchen Lunch; 12:30 Mosaics; 3:00 Ping Pong; 7:00 Family Connections - A Parenting Support Group; 7:15 Slow Flow Yoga with Kate

THURSDAY: 10:00 Parents and Tots Dance with Kate; 3:00 All About Japan, kids class; 6:15 Quadra Singers

FRIDAY: 8:30 am Fitness with Jeannie; 9:45 Men's Fitness; 10:30 Friday Painters; 10:00 Spinners & Knitters; 12:00 pm Smart Recovery (to join contact Jude: smartrecovery@gmail.com) ;

QCC is the place for all things community! Anything from community groups and clubs, to yoga, fitness classes, parents and tots, painting, folk dancing, singing, workshops, birthday parties, concerts, playing, learning, volunteering... and SO much more! Thank you for all of your support! For any more info phone 250-285-3243. OR go to our website and to our Recreation Calendar or Guide tabs for more info: www.quadrarec.bc.ca

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17 MARCH, 2023

Publisher Philip Stone

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10am to 4pm

Opinions expressed in this magazine
are those of the contributors and are
not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publica-
tion on subjects of interest to the
Discovery Islands community.
Here are a few guidelines:

- **300 words** is an ideal length for
community announcements.
- Articles do not need to be sent as
attachments. Simply **send the text**
in the body of your email.
- **Canadian spelling** is preferred.
- **Please use the title** of your item
in the email subject line. We get a
lot of items called 'DI Article'.
- Remember to **include credits**
and captions for photos & artwork.

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ALL ITEMS SUBMITTED, ERRORS AND
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NEXT DEADLINE

7pm Monday, March 27
for publication on
Friday, March 31, 2023

COMMUNITY NEWS & EVENTS

Healing Society Online Auction

North Island Survivors' Healing
Society is having an Online
Auction April 3-5, 2023.
We invite you to visit www.nishs.ca on April 3rd to start
bidding. All proceeds from this
fundraising event to support
trauma and abuse counselling.

New to Quadra?

The Discovery Islands Chamber
of Commerce and local
businesses welcome you with
a gift bag.

Contact Judy at 285.2150

Cemetery Society AGM

Notice of 2023 Annual General
Meeting for the Quadra Island
Cemetery Society. QI Legion,
West Road, 7:00 pm Tuesday,
April 4, 2023. Everyone
welcome.

At The Legion!

*Friday March 17th St. Patty's
Day with DJ Mickey Moose!

*Bingo Sat. March 18th 7pm
Proceeds to Quadra Island
beach clean dream team

*Sat. Mar. 25th 7:30pm A
night of Comedy with Erica
Sigurdson (a regular guest on
CBC Radio's 'The Debaters') \$30.
Tickets available in advance
at Inspirations, Copper Coast
Gallery & the Legion

*Sat. April 1st 9pm, April Fools
DJ Party with Def Professor,
Qdubz and Monopoly \$10.

Free April Bicycle Tune-Ups

The first free tune-ups of 2023
at the Quadra Bike School will
begin April 25th. You pay for
parts only and get a 1.6-hour
tune up. Details below. Longer
jobs can be charged for the extra
work. We are at 1024 Heriot
Bay Rd. at Animal Farm Rd.
285-2447

There are only two students this
April. Bring your bike early if
you really need this one. Fill out
a repair tag at the door between
9am & 4pm. I can't consult with
you during class so please call
later. This is a \$115 tune up.
Here's what we'll do:

Replace bearings in both wheel
hubs, replace headset bearings,
replace loose balls in the bottom
bracket or replace a sealed
bottom bracket if gritty, lube/
replace sticky pedals. Secure &
lube both brake levers; remove,
trim and lube/replace brake
cables; clean & adjust caliper
pivots; secure calipers; adjust/
replace brake pads; true wheels
laterally to allow for brake
adjustment; clean rims; clean/
replace, set & toe-in brake pads,
centre brake pads. Check tires
for cracked rubber, holes or
excessive wear. Remove, trim
and lube/replace derailleur
cables; lube, secure and adjust
shift levers; clean, lube and
align derailleurs, tune shifting;
secure handlebars, stem, grease
seat post, level the seat; torque
crankarms, chainrings, pedals
accessories, and clean the frame.
Replace rusty mounting bolts.
There are no additional charges
for the installation of new parts,
brake pads, brake callipers, or
derailleurs. But you DO pay for
the new parts. Tune up includes
disc brake pad alignment, but
not other disc brake services.
If you have a price limit on
new parts or you want an
estimate, please write that on
your repair tag when you drop
off your bike. - Thanks, Smokey

EXPRESSIONS OF INTEREST GRANITE BAY WHARF AND GROUNDS INSPECTION AND MAINTENANCE SERVICES

The Strathcona Regional District is seeking
Expressions of Interest (EOI) to provide inspection
and maintenance services at the Granite Bay Wharf
on Quadra Island.

Contract Term: May 1, 2023, and ending April 30,
2024, with a possibility of renewal to April 30, 2026.

EOIs must be submitted by Monday April 10, 2023.
A mandatory site meeting will be held at the Granite
Bay Wharf at 11:00 am on Monday April 3, 2023.

For more information regarding the EOI
requirements and scope of work visit the SRD's
website at: www.srd.ca/bid-opportunities or contact
procurement@srd.ca / 250-830-6722.



301-990 Cedar Street
Campbell River, BC V9W 7Z8
250-830-6700 | 1-877-830-2990
Fax: 250-830-6710

www.srd.ca

COMMUNITY NEWS & EVENTS

Way to Go

JOIN US on the third Monday of March for a very special presentation. On Monday March 20 in Rm. 3, QCC at 7:15 pm, we will be showing a video about three women in Powell River who supported their friend through the dying process. At the close of the film, the three women will speak to us on zoom. For a preview, go to <Community-Supported Dying Workshop>. Our final meeting this spring will be April 17, QI Foundation. Info at way2go.ca or 3298.

Scholarship Applications Welcome

A MONETARY AWARD for students entering their first year of post-secondary education is available from the Quadra Legion Ladies Auxiliary. Applications for the Kay Dubois Memorial Scholarship are now being accepted and should provide information on academic achievements and community activities. Email application to bill_barb@telus.net or mail to Box 129, Heriot Bay V0P 1H0 before May 31.

ICAN Rainwater Tanks



ICAN Practical Water Solutions has your rainwater harvesting tanks with fittings at cost for \$210. Rain water is FREE.

Call Kris. 250.202.4496

Quadra Island Salmon Enhancement AGM

The QISES Annual General meeting will take place **Thursday, April 13, 7pm at the Quadra Salmon EcoCentre**, for elections of board of directors and 2023 planning.

The AGM will be followed by our regular monthly meeting. All public invited.

If you'd like to be involved in Quadra Salmon in any other capacity, get in touch! We are having a long-term planning meeting earlier in the month (tbd) and are seeking new volunteers. Contact quadrasalmon@gmail.com or reach out via our Facebook page, Quadra Salmon EcoCentre (which you can also follow for other announcements and news).

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NEXT DI DEADLINE:
Monday, March 27 at 7pm

Ferry Schedule

Leave Quathiaski Cove	Leave Campbell River
6:15 am	6:35 am
†7:00 am	†7:30 am
†7:30 am	†8:00 am
8:00 am	8:30 am
8:30 am	9:00 am
†9:00 am	9:30 am
9:30 am	10:00 am
10:00 am	**10:25 am
10:25 am	10:50 am
10:50 am	11:15 am
11:15 am	12:15 pm
12:15 pm	12:40 pm
12:40 pm	1:05 pm
1:05 pm	1:30 pm
1:30 pm	1:55 pm
1:55 pm	2:25 pm
2:25 pm	3:00 pm
3:00 pm	3:30 pm
3:30 pm	4:00 pm
**4:00 pm	4:30 pm
4:30 pm	5:00 pm
5:00 pm	5:25 pm
***5:25 pm	***5:50 pm
5:50 pm	6:15 pm
7:00 pm	7:30 pm
7:55 pm	8:55 pm
9:20 pm	9:45 pm
10:05 pm	10:30 pm
*11:00 pm	*11:30 pm

† Daily except Sundays, Dec 25 & Jan 1

†† Commuter sailings: Expect overloads

* Fridays and Saturdays only

** Tuesdays: Dangerous Cargo, no passengers or cars

*** Not on Saturdays

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Comedy Night

Need a good laugh? Comedy Night at the Quadra Legion is happening on Saturday, March 25, with stand-up comedian Erica Sigurdson.

Vancouver-based Erica Sigurdson has been entertaining audiences across Canada and beyond for close to two decades. Having been described as a 'sugar-coated razor blade' she is equal parts charming and sardonic with her take on the world around her.

Doors open 7 pm, show at 7.30 pm. Tickets are \$30, available at Inspirations, Copper Coast Gifts and Quadra Legion. The show has adult content and is being hosted by the Ladies Auxiliary as a fundraiser for the Legion.

Erica has been featured over 50 times on the hit show The Debaters on CBC Radio. She has performed at every major comedy festival in Canada and has performed in Singapore, The Philippines, Thailand, Afghanistan and Iceland.

She is also an advocate for Type 1 diabetes awareness, having lived with Type 1 since the age of 10.

Connect with Erica via Social Media at:

FB - Fans of Erica Sigurdson. www.facebook.com/ericacomix
Instagram - @ericacomix Twitter - @erica_sigurdson



Your Guides to Island Adventure



Available at Book Bonanza
www.wildisle.ca

Friday Flicks presents: Aftersun



Friday March 24, 7:45 at Quadra Community Centre.

Brimming with warmth and the ache of cherished memory, Scottish writer-director Charlotte Wells' feature debut is a quiet revelation. Recalling a father-daughter journey to a Turkish seaside resort some 20 years after the fact, Aftersun employs the gentlest touch yet leaves an indelible mark.

Though Calum (Paul Mescal) is 30 and his daughter Sophie (Frankie Corio) just 11, they occasionally get mistaken for siblings. This is because of Calum's baby face, but also his playful attitude: the pair really get along. Having split from Sophie's mum, and having left their Edinburgh home for England, Calum knows how precious their time together is. Whether hanging by the pool, taking excursions on the sea, or shopping for carpets, Calum encourages Sophie's abundant curiosity... until he doesn't.

Every now and then, with their MiniDV camera in hand, Sophie makes enquiries that Calum won't accommodate.

Fleeting glimpses of adult Sophie (Celia Rowson-Hall) remind us whose perspective animates Aftersun, something underlined by Wells' elegant weave of Sophie's DV footage and the film's gorgeous 35mm imagery.

So much about Wells' approach to sound and image feels intimate, yet never intrusive — the inner life of her characters remains mysterious without being portentous. In this regard, Aftersun is a showcase not only for Wells, but also for her actors. Corio's Sophie is wondrously alert to everything going on around her, and Mescal, so memorable in his recent roles in The Lost Daughter and Normal People, is magnetic in his first big-screen lead. It won't be his last.

Ravi Srinivasan, TIFFF



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Young Musicians Fund

Call for Performers for Annual Concert and Fundraiser

We are pleased to announce our 6th Annual Young Musicians Concert, **Saturday, April 15th, 7-9pm at the Quadra Community Centre!**

This concert is a chance for children and youth on the island to share their music with the community and get comfortable with performing. It is also the main fundraiser for the Young Musicians Fund which supports music education and experiences for young people on Quadra.

PLEASE SAVE THE DATE and plan to attend.

We are currently looking for song submissions from young musicians, aged 18 and under, living on Quadra.

Are you / your child / your students / a young person you know interested in performing in the concert this year?

To submit a song, please email quadrayoungmusicians@gmail.com and we will send you a link to our online form. You are welcome to perform with adults if you like...your teacher, a parent, a friend, even a small group!

The deadline for submissions is Saturday, April 1st. However, the sooner the better!

PLEASE NOTE: All performers are required to attend the DRESS REHEARSAL after school on Friday, April 14th @ the QCC. We will email you with your exact time spot, or you can just come after school on the bus and wait your turn. This enables the performer to practice their entrance and exit, and get a feel for what it's like to perform on the stage and get rid of some of their jitters. And it enables us to figure out what they need in terms of sound and lighting. The performers can wait their turn in the green room, or they can sit quietly in the hall and watch the rehearsal.

Looking forward to hearing from you soon!

Dave Blinzinger and Jen Banks-Doll,
organizers

Kameleon Anniversary Music

It is our eighth anniversary weekend!

Come join us for a night of music, food, and fun with Anna Alessandra live@ Kameleon

Anna Alessandra is a well-traveled storyteller that has been writing songs since she first creased the pages of her journals as a child. When she wasn't falling asleep in the back of the jazz clubs her mother sang at, she was learning to sing traditional American and Celtic tunes on many a road trip with her family. After booking bands for venues in North Carolina, she chose to instead grace the stage herself and has continued to do so ever since.



Having spent her formative years in Europe and the UK, and then her stage years in New Orleans and North Carolina, her sound is inherently a blend of Roots and Celtic storytelling entwined with a Southern Gothic palate. Her influences and sound are derived from a rich mix of artists ranging from Leonard Cohen and Tom Waits to Gregory Alan Isakov, Loreena McKennitt, Sigur Ros, Ray Charles and Joni Mitchell.

Not only does Anna have something to say, but she tackles a wide range of styles and songs in order to say it. She is not afraid to restyle a cover, and her writing is just as versatile as her background. Her captivating voice can sing a tender soprano ballad as easily as a rich soulful anthem or a country dance tune. In essence, her music and her voice are a dynamic duo that showcase the versatility of Americana music at its core.

Saturday April 1 @ Kameleon Food and Drink
Doors 6pm, Show 7pm
\$20 suggested entry
Reservations at (250) 285-3282

Web: www.annalessandra.com
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89.5

Wood Stoves - Part 4

So what is the “new technology”? What makes a new wood stove “new”?

The simple answer is that new wood stoves are designed to have what is called a “secondary burn”. The stoves create this possibility in one of two ways – by using a baffle system or by using a catalyst. These are the two general approaches used to meet smoke emission limits. Both approaches have proved effective, but there are performance differences.

Non-catalytic stoves are the most common. They have three internal characteristics that create a good environment for complete combustion. These are firebox insulation, a large baffle for producing a longer, hotter gas flow path, and preheated combustion air introduced through small holes in the firebox.

In catalytic stoves, the smoky exhaust is passed through a coated ceramic honeycomb (the catalyst) where the smoke gases and particles ignite and burn. Catalytic stoves are capable of producing a long heat output. Because they are slightly more complicated to operate, catalytic stoves are suited to people who like technology and are prepared to maintain the stove properly so it continues to operate at peak performance. These stoves use the least amount of wood and produce the fewest emissions.

When choosing a wood stove, you also need to consider the size of the space you’ll be heating. Wood stoves can be sized to heat a single room or an entire home. Small stoves are suitable for heating a family room or a seasonal cottage. Medium stoves are suitable for heating small houses, medium-sized energy-efficient houses, and cottages used in winter. Large stoves are suitable for larger, open plan houses or older, leakier houses in colder climate zones.

So, you checked out your present stove and now you’re thinking, maybe I ought to buy a new one. But, gee whiz, even if my present stove qualifies for the SRD Wood Stove Exchange program, \$300 is not going to go very far toward buying a new stove. Can we sweeten the pot? See Wood Stoves – Part 5 in the next issue of the DI.

To contact the ICAN Energy Team email quadraicansociety@gmail.com



Neighbourhood Small Grants

Apply for neighbourhood small grants until April 15

If you have a way to make our community stronger, more inclusive, more diverse, and more connected, consider applying for a grant to help make it happen.

Neighbourhood small grants provide funding from \$50 to \$500. Deadline to apply is April 15.

Individuals may apply for these grants, and this spring’s applications will be processed through the Campbell River Community Foundation.

Quadra Island Foundation (QIF) is currently building an endowment fund to offer grants for our island community in future. QIF expects to invite applications for neighbourhood small grants starting in fall 2023.

Qualifying projects connect people and share skills across generations and across cultures.

For example, projects could focus on:

- Indigenous culture and language presentations and workshops
- Cross-generational skills and knowledge sharing
- Growing local food
- Arts and music
- Diversity and inclusion

Questions about spring 2023 applications? Contact Gwen by email to info@crfoundation.ca or call 250.201.3757.

Find more information online at:

neighbourhoodsmallgrants.ca

crfoundation.ca

quadraislandfoundation.ca



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Have an opinion to share?

Submit your letter to the DI by email:

news@discoveryislands.ca

If it's too long it may be chopped, so please be concise!

ALL CLEAR SEPTIC SERVICE

Have you thought about your septic tank in the last 3 or 4 years?



SAVE costly drain field repairs by having your septic tank pumped out before trouble attacks!

Call Ross Doak **250 204 1197**

Hello!

The frog choirs have emerged and dusky evenings are expanding. I trust you are also enjoying that winter is in the rear-view mirror and brighter days are ahead. Recently my inbox has had questions about wood-chipping and Last Mile internet, I thought the answers would be of interest broadly so that's what this report discusses...

Connected Coast & Last Mile fibre optic internet

High speed internet connectivity in our area is a longstanding conversation. The Strathcona Regional District set a strategic priority of 'improving broadband infrastructure' and in 2018 created the Connected Coast partnership with CityWest of Prince Rupert. The Connected Coast network is a massive project connecting rural and remote coastal communities with high quality, high speed, fibre optic internet. By now you probably know that signing up for the "drop-in" is a no-obligation way to have the fibre-optic connection delivered to the end of your driveway.

Addressing some reports regarding this high-speed internet and connections to your home, participation sign-ups from Quadra Islanders has shown there is interest for CityWest to proceed with Last Mile construction. I want to confirm that Last Mile fibre-optic cable to home connections will be built on Quadra Island in both northern 'remote' and southern areas.

Connected Coast shoreline 'vaults' are being installed on landing sites around our region and Islanders are wondering when Last Mile connections from the vaults to their homes will get underway. While I don't yet have information on when this will happen, I want to let folks know that construction plans and permitting are underway and as soon as I have a construction start date, I'll share it with you.

More information on the project can be found at www.connectedcoast.ca and www.citywest.ca/dropping-in

FireSmart and wood-chipping in 2023

The last several years the SRD has secured grant funding to support our communities becoming more wildfire resilient. The SRD has a Community Wildfire Resiliency Plan for Quadra Island which lists 42 objectives.

Vegetation and fuel management is one of the many Wildfire Resiliency goals; for the past three years end-of-driveway chipping & removal of woody debris has been offered to support homes and neighbourhoods FireSmart their yards and properties.

Uptake on wood-chipping grew from the pilot project in 2019 to "overwhelming participation" in 2022. In 2022 the wood-chipping was tens of thousands of dollars over-budget due to the volume of debris piled up which was chipped and trucked to approved locations. This super involvement has meant the program has become a casualty of its success: roadside wood-chipping is not being offered by the SRD this year while other recommendations in the Wildfire Resiliency Plan are supported. Wildfire Resiliency grant funds have not yet been approved by the Union of BC Municipalities for 2023 but if they are, the SRD's goals include two days of chipping on Read Island, a wildfire resilience prescription for the Quadra Community Centre, and support for the Quadra Island Fire Department with wildfire training.

Was the wood-chipping super helpful to you and your property, and do you think it should be an annual offering? According to Protective Service Coordinator Shaun Koopman, if Islanders want annual wood-chipping in unlimited quantities and the

chips returned to homeowners, grant funding isn't the answer. Wildfire grant funds are limited and our enthusiasm for the service means there would need to be limits, whether by geography, lottery or pile-size, each creating administrative challenges. Woody-debris chipping could be funded by a Service, which would require the desire and support of Islanders. (A Service is an annual requisition, a line-item in our taxes which can be designated for a specific geographic area). Questions, concerns or comments can be sent to skoopman@srd.ca.

Gratitude for volunteers

Daily, I talk to and see community members volunteering, working to make our communities more resilient and supportive in so many different ways. It's heart-expanding to witness this and is one of the things which makes living here so special. Thank you, thank you, for your generous sharing of time and resources, making where we live a thriving, connected community.

If you'd like to connect with me, email RMawhinney@srd.ca, or call/ text 250.203.2468.

Until next time,
Respectfully and sincerely,
Robyn Mawhinney

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Quadra Island Outdoor Club Upcoming Events

We've had to postpone or cancel a few more outings as the snow didn't melt as quickly as we would have liked, especially further north on Quadra. But spring starts next week, so we continue to be optimistic. Here are the upcoming trips:

22 MAR, WEDNESDAY – paddle to petroglyphs and Maud Island

29 MAR, WEDNESDAY – hike a Heriot Ridge Loop

4 APR, TUESDAY – hike to Maud Island (re-scheduled)

10 APR, MONDAY – hike up Trout Creek

23 APR, SUNDAY – the Summer Planning Meeting

24 APR, MONDAY – hike an Elk Falls Loop

Details for most of these outings are available at: <https://qioutdoorclub.org/schedule-fall-winter-2022-23/>

The Summer Planning Meeting is little more than a month away and we're looking forward to constructing that schedule with everyone's great suggestions for destinations.

For more information about the Quadra Island Outdoor Club, you can email to qioutdoorclub@gmail.com

SRD Hosts Emergency Program Volunteer & Household Preparedness Open House

Campbell River, BC – Are you interested in learning about how your family can better prepare for a disaster or how different community emergency volunteer programs help during an emergency?

Join us at the Sportsplex (multipurpose room – 1800 South Alder Street) on **Monday, March 27th between 6:30 pm – 8:30 pm** to learn more about Emergency Program Volunteers & Household Preparedness.

Everyone who attends the Open House will be entered into a draw to win a household wildfire protection sprinkler system, valued at \$300.

This family-friendly community event hosted by the Strathcona Regional District (SRD) will showcase the expertise of local emergency volunteer programs and also help to build your awareness and resiliency around family emergency preparedness. The following organizations will have a booth at the event:

Canadian Animal Disaster Response Team

Canadian Red Cross

Emergency Communications

Emergency Support Services

Family Disaster Preparedness

St. John Ambulance Brigade

“Volunteers have various skills and resources that can be offered during a disaster and when planned for, can make an invaluable impact by increasing response capacity” said Shaun Koopman, SRD's Protective Services Coordinator. “Whether you would like to give back to your community during times of crisis or interested in pursuing a career in a field of emergency response such as armed forces, RCMP, fire or health, the skills learned in these volunteer programs provide valuable professional development and mentorship. If you are interested in deploying, training, administration, or even assisting behind-the-scenes on your own time, there is a role for you.”

For more information about emergency program volunteers and how to better prepare your family for a disaster, please visit www.srd.ca/emergency-preparedness.

Intersection of Dementia and Communication Workshop

Struggling to cope with a loved one's dementia behaviours?

Do customers with dementia challenge your customer-service skills?



Join us Saturday, March 18th 1:00 - 3:30pm

This Workshop features the stories of 2 Quadra Islanders who frankly share their tips, struggles and heart-warming moments in caring for their partners along the 'dementia journey'.

In the workshop you'll learn about:

- what dementia is and how it affects the brain.
- communication changes in the pre-diagnosis stage, middle stage and later stage
- how to adjust your communication throughout the dementia journey

Join us for discussion and questions about each stage of the journey.

Facilitator: Jude McCormick is a retired RN with a PhD in Education. She worked as a Seniors Nurse Consultant in Campbell River where she advocated for patients over the age of 70, especially those living with dementia and their caregivers.

Date: Saturday, March 18, 2023

Time: 1:00 - 3:30pm

Place: Quadra Community Centre, Main Hall

Free. Donations to Quadra Circle Welcome

Sponsors: Quadra Circle acknowledges funding from the Government of Canada

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A Grief-Soaked Love

Mary Oliver writes in
Snow Geese

*"Oh, to love what is lovely and will not last!
What a task
to ask
of anything, or anyone,
yet it is ours,
and not by the century or the year, but by the
hours."*

Everything we love in this world will not last. We will not last.

"It's never too late," we say, smiling at one another in an encouraging way. But that's not true. "You're not dead yet," may give the same encouragement but without the lie. Sadness, pain, and death are difficult. How do we cope with them? We are drawn to beauty, goodness, and love, but can we open our hearts to life without also opening our hearts to grief?

One of the mantras of our culture is "don't worry, be happy." We are encouraged to think positive thoughts, improve ourselves, and rise above our problems. As we strive to feel good, the sadness and pain that surface are an indication that we have fallen short and so we may work even harder to eliminate them.

Promoting happiness by excluding sadness denies a vital part of what it means to be human. Sorrow is a part of life, and not accepting this reality inevitably leads to more suffering.

I attended "The Soul of a Well-Lived Life" workshop with Stephen Jenkinson, who is well versed on the topic of death. He explained that grief is an expression of love, and love inevitably leads to grief. He calls grief and love two wings of the same bird.

When we bring a child into the world, we need to acknowledge that she will not be immune to heart-ache and sorrow, and that she will eventually die, likely before she is ready. By giving life to this child we are complicit in her suffering. Rather than feeling regret or guilt, Stephen Jenkinson calls this "a grief-soaked love". He says that death is the cradle of our life of love. We need to live as if we will die – it's the only sane way.

According to Buddhist teachings, impermanence is one of the three basic facts of all existence. A student recounts this story.

Before saying a word, he [Ajahn Chah] motioned to a glass at his side. "Do you see this glass?" he asked us. "I love this glass. It holds the water admirably. When the sun shines on it, it reflects the light beautifully. When I tap it, it has a lovely ring. Yet for me, this glass is already broken. When the wind knocks it over or my elbow knocks it off the shelf and it falls to the ground and shatters, I say, 'Of course.' But when I understand that this glass is already broken, every minute with it is precious."

We cannot avoid grief, for it is inextricably linked to everything we love.

Oh, to love what is lovely and will not last!
Let us celebrate the grief-soaked love of being alive.

Way To Go is a once a month gathering of folks in which we talk about death, dying, and grief, educate ourselves about current and alternative approaches, and strive to make death truly a part of life in our community. Browse our website - way2go.ca.

Margaret Verschuur



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Governments Don't Lead: They Follow

by Claire Heffernan

A housing needs report prepared for the Strathcona Regional District in May 2022 took a deep dive into some of the reasons why we have a housing crisis in this region. One-third of all households in BC are renters and, as we all know, the availability of affordable housing has not kept up with increasing demand. Some factors that have worsened this problem are the high cost of land and building homes and the fact that, until very recently, governments have largely abandoned their support for affordable housing.

After 25 years on Salt Spring Island, we purchased property here for the first time in 2011 because it was still affordable. But putting a roof over our head was not cheap. Some immediate solutions to alleviate the housing shortage could include more businesses and homeowners providing modest seasonal accommodation for workers. Seniors can investigate refinancing and stay in their homes. Or they could add on a senior's suite and rent out the larger part of the home. Hornby Island has levied a 3% tax on all fixed roof transient tourist accommodation. They plan to use the revenue collected from this tax to create affordable housing.

An acute shortage of affordable housing has been an issue in Canada for decades. Fifty

years ago when I was a youthful 18, I lived in Toronto and shared a residence with two other young women in a place called the Bain Avenue apartments. The complex comprised 260, low rise units – a 20 minute streetcar ride from downtown Toronto. Constructed after World War One, they were specifically built to house veterans and their families. The units were spacious and affordable. Each block of units had a grassy, fenced-in, courtyard and the streets were lined with enormous, leafy trees.

When we three teenagers, barely out of high school, signed our lease in 1972, the formerly subsidized apartments had been sold in 1964 to the private sector. The landlord had hired a middle man to run the day to day operations. Whenever we went to Mr. Sherman to discuss repairs or gain access to the locked courtyards, he would scream at us, "you're noth'in but a bunch of troublemakers." We didn't know the owners were quietly letting the place fall apart while making plans to convert the apartments into high end condominiums.

Not easily discouraged, Meera, Alexandra and myself, created a tenants organization to address the repair issues. We hoped Mr. Sherman would just blow a fuse and disappear. But it was I who left in 1973 and headed for Whitehorse Yukon. The

renovictions began in 1974. With the help of people like city councillor John Sewell, the condo sales stalled giving time for the tenants to form a housing cooperative. By 1977 they had enough support from various levels of government to purchase the entire property occupying two city blocks. In 1983 the co-op began the long overdue repairs.

My extremely modest contribution to the project included conducting the title search (which is how we found out it had been originally built for veterans), organizing meetings and protests, hanging up posters, passing around attendance lists and taking notes. Back then we didn't have computers, the internet, smart phones, printers or voice mail. It was all done through leg work, snail mail, long hand writing, gestetner copy machines and rotary telephones. I lost track of Meera but Alexandra went on to become a major force in a very successful housing organization called the Cooperative Housing Federation of Canada. <http://www.chfcanda.coop>

You can Google Bain Avenue Cooperative and see the place (<https://bainco-op.ca>). The red brick exterior with cedar shingle gables, roof dormers with opening windows and enclosed lower and upper verandas, are very charming. The courtyards, which are key elements of the Garden City movement, have picnic tables, children's play areas and vegetable gardens. A new hall on the site provides a meeting centre and commercial kitchen for the local community. A two bedroom unit rents for \$1,400 a month in a city well known for its pricey real estate.

During its 100+ year history, the Bain Avenue apartments went from being the first social housing complex constructed in Canada in 1913 to becoming the first cooperative housing complex in Ontario in 1977. For 13 of those years, this extraordinary property was in private for profit hands and was nearly lost forever had it not been for the hard work of concerned citizens. And that, my friends, is what it takes to create affordable housing.



Bain Avenue Co-op today – <https://bainco-op.ca>



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Garden Club Presents

Complete Talk on Ground Covers: Plants that Reduce Maintenance, Control Erosion, Improve the Environment, & Beautify the Landscape

The Quadra Island Garden Club presents:

"The Complete Talk on Ground Covers: Plants that Reduce Maintenance, Control Erosion, Improve the Environment, & Beautify the Landscape" with Plantsman, Author, Speaker and Nursery Owner Gary Lewis, Monday, April 3, 7-9 pm @ the Quadra Community Centre

Coffee and desserts at the concession.

Everyone welcome!

Members FREE, Guests \$3

Buy a membership for only \$10/year or \$15 for families.

Join author and owner of Phoenix Perennials in Richmond, Gary Lewis, to hear all about groundcovers. Gary is the author of several books, including most recently "The Complete Book of Ground Covers: 4000 Plants That Reduce Maintenance, Control Erosion, and Beautify the Landscape."

Ground covers are widely thought of as utilitarian, but these plants also offer a diverse range of beautiful and intriguing options with a variety of colors, textures, and forms. They can unify a landscape, knit together plantings and hardscape, and add extra layers of beauty, dynamism, and surprise. As a replacement for lawns, they can reduce our use of water, fertilizer, pesticides, herbicides, carbon-based fuels, and transform a yard into a diverse landscape of habitat and food for native insects, birds, and other wildlife.

Phoenix Perennials and Specialty Plants is a multi-award-winning, destination retail and mail-order nursery offering one of the largest selections of perennials in Canada with over 5000 different garden plants each year, much of which we grow ourselves. They also offer 2500 of their plants each year for online ordering and shipping within Canada. They focus on cutting-edge new cultivars, garden stalwarts, and the rare and unusual with a notably deep focus on perennials including hellebores, hardy ground orchids, and shade plants, plus succulents, rare bulbs, hardy subtropicals, and rare and unusual edibles. They also carry great selections of vines, shrubs, unusual trees, ground covers, grasses, ferns, dwarf conifers, houseplants, and much more.

Gary will be bringing an exciting assortment of plants from his nursery and books for sale and signing. Come prepared to do some shopping! Payment by cash is preferred. VISA, MC and debit can also be accepted.

I am sending this message on behalf of Geraldine Kenny, Rod's partner of 38 years.

With broken hearts, we advise you that Rod passed away on March 2, 2023, after suffering from a severe brain aneurysm on February 24th.

There will be a graveside celebration of Rod's life on Saturday March 11, at Hillsburn Cemetery, Annapolis Valley, NS. (No obituary will be published.)

Special letters of love and remembrance can be sent to Geraldine at: geraldinek@uniserve.com The letters will be printed by a printing company, placed in an envelope, and placed with Rod in his casket. Please show the Subject Line as 'Memories of Rod', so Geraldine knows to send them directly to the printing company: she will not be reading them. *Please send any emails to Geraldine as soon as possible, and no later than 12 noon on Thursday March 9th.

If you know of anyone that should have received this notice, feel free to pass it along.

Kindest regards,
Catherine (friend for 45 years)

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Qudara RCMP Report



Warrant execution

On March 7th, a Quadra RCMP officer was conducting proactive patrols and located an individual riding a bike. The person in question had an outstanding warrant out of Campbell River and had fled from police the previous day. The individual was arrested and released with a new court date.

Driving while prohibited

On March 8th, Quadra RCMP located a prohibited driver while conducting proactive patrols. The driver, when originally stopped, claimed they left their driver license at their friend's house. However, on further questioning it was determined that driver not only didn't have a valid license, they also were prohibited from driving. The individual was arrested and the vehicle was impounded.

Traffic call

On March 10th, a concerned citizen reported a possible abandoned vehicle. Checks on the vehicle showed that the vehicle was actually parked in front of the owner's house. Officers, out of an abundance of caution, arrived on scene to ensure the vehicle wasn't blocking traffic as it was parked on the roadway, which it wasn't.

Disturbance call

On March 11th, Quadra RCMP received a report of a man smashing things at the local gas station with a pitch fork. Officers attended and were advised the man had since left. From watching video surveillance and speaking with staff on site, it appeared that only a small sign was damaged. Officers located the man soon after and arrested him.

Released by

Cst. Rebekah Draht

Media Relations Officer

Quadra Island RCMP

New Doctor at Harbourside Clinic

Harbourside Medical Clinic is pleased to announce that we will have a new physician, Dr. Tarig Abdalla join our clinic on a full time basis starting March 21st, 2023. We welcome new patients, so please sign up to healthlinkbc.ca/health-connect-registry, or call 8-1-1 to register your name. This list will then be forwarded to our office where we will reach out to patients for a meet and greet. If you need any help with registering, please call our clinic at 250-285-2265 and we would be happy to assist.

Upon the arrival of Dr. Abdalla, our clinic will be open Monday – Friday from 9:30 to 4:30. Our phone lines open at 9am for patients needing same day urgent care. Please book appointments for prescription refills well in advance as these are not considered urgent. To book advance appointments, call anytime during the day.



Hello from Dr. Tarig Abdalla!

I look forward to meeting lots of new people on Quadra Island very soon, and here is a bit about myself.

I graduated from Sudan and was trained in Saudi Arabia, where I also practiced since 2012. I came to Canada in 2020 for higher training and completed a fellowship at the University of Toronto, before moving with my wife and 2 children to British Columbia. My main

interest professionally is the management of all aspects of medicine, especially diabetes, and endocrinology. I love to work closely with patients to help them achieve optimal health outcomes and prevent complications. I take a patient-centered approach to medicine, working closely with patients to develop individualized treatment plans that take into account their unique needs and goals.

During my free time, I enjoy spending time with my family and pursuing my passion for photography.

Tarig

ISLAND FORUM

Credit Union Members Win!

Thought you'd like to know the results.

WE WON!!! Our special resolution to set a 9-year max tenure for directors at Coastal Community Credit Union passed with 69.5% in favour! (And the board-sponsored 12-year counter-resolution failed.)

CONGRATULATIONS and a huge THANK YOU to the hundreds of members who signed the petition, helped spread the word and voted! Our margin of victory (getting over the required 66.67% mark) was only 92 votes, so everyone's efforts were so necessary.

The new 9-year max limit should ensure a progressive majority on the board after elections this spring, for the first time this century.

Imagine how much great community development work could be done now by our co-operative credit union with \$4.25 billion of members' assets under management... Housing co-ops, retail co-ops, help in addressing the social and environmental crises facing our communities...

Next up: getting everyone's tales, dreams, gripes, advice, cartoons, photos, poems, whatever into a compendium/ scrapbook of our vision & expectations to present to the new board. What do you want the new board to know and do? Send to CCCU. membersgroup@gmail.com.

Again: THANK YOU to all members! You are amazing.

Bruce Batchelor

on behalf of the Coastal Community Credit Union – Members Group

Final Quadra Concerts Performance - Percussiano3

The final Quadra Concerts performance for the 2022/2023 series will be Percussiano3 on Saturday, March 25 at 7:30 at the QCC. Advance tickets for \$20 are available at Inspirations in Q Cove, Copper Coast in Heriot Bay and on online at Tidemark Theatre. Tickets will be sold at the door for \$25. Youth 16 and under are admitted free!

The two hands of percussionist Rod Thomas Squance and the four hands of Elizabeth and Marcel Bergmann join together to perform a six-handed musical marvel. With their dazzling array of instruments and brilliant display of virtuosity, Percussiano3 deliver all of the excitement of a percussion ensemble without losing the classical touch of a traditional concert, presenting great masterpieces and unique transcriptions for percussion and piano. Their repertoire spans across musical styles and periods and includes works by composers like Bach, Schubert, Ravel, Chabrier, Copland, Rachmaninoff, Piazzolla, Brubeck, Saint Saëns as well as their own original compositions.

It all began at the Banff Centre for the Arts some 20 years ago, where the musicians first met and performed together over several weeks. Their connection both personally and musically was instant and from that time they have collaborated on a huge variety of musical projects covering a wide range of repertoire from standard classical to contemporary chamber music, and from jazz to a children's opera production. They have recorded for the CBC and for several years performed extensively as members of the award-winning Calgary based Land's End Chamber Ensemble. Their enthusiasm is infectious as audiences experience the dynamic energy and communication of the three friends performing together.

Come and join Percussiano3 for a unique musical experience on March 25! And for your special dessert, the concession will feature delicious goodies, tea and coffee. For more details see quadraconcerts.ca



Best Days Ever Photography

Quadra Island Festival of Chamber Music Returns

The Quadra Chamber Music Society Board is pleased to announce the summer festival is coming to Quadra Island this July 17 through to July 22, 2023. The Festival of Chamber Music has been bringing inspired live performances with world class musicians to our Island summer nights since 2011. This year's festival will have a lot of the same features and faces we have come to love, plus some new ones! This year's theme is "The Day Turns to Night". Once again our amazing Artistic Director, Philip Hansen has a carefully curated selection of Baroque, Classical, and Romantic chamber music to enjoy over 5 evening concerts throughout the week. New this year is a mid-week break, with concerts Monday, Tuesday, Thursday, Friday, and Saturday. Wednesday will not have an evening performance but stay tuned for our free non-musical offering. Many of our favourite musicians are returning again this year and we also look forward to welcoming some new ones. We will provide more information regarding the program and performers in the following months as we approach the July festival. Please visit our website [www. <https://www.quadrafestival.ca/>](https://www.quadrafestival.ca/) as we update it in the coming weeks and months with program and performer specifics. Please mark your calendars and talk to your friends, since ticket sales for the 5 concert pass will be starting in April. The Quadra Chamber Music Society Board would also like to remind everyone that help making the festival happen is always welcome. We are looking for some stage hand help, poster help, baking and QCC kitchen help during concerts. Please email qichambermusic@gmail.com if interested. Another option to support the Festival is to use Tru Value Spirit Board #305. Thanks for your interest. We look forward to seeing you at the Chamber Music Festival this July!

Why Wells Should Be Registered

ICAN – WST encourages everyone to register their wells as this can enable a much better understanding of how much groundwater is present and is being used on Quadra.

For commercial uses including farming, the B.C. Provincial Government has required since March 1 2016 that the wells used must be registered. Registration may also provide some right of supply, since owners of older, long-registered wells would have allocation priority over wells registered at a later date. This principle is referred to as FITFIR (First in Time First in Right) and has been the principle of allocation used in BC since water resource legislation was first enacted. If you have a well that might be needed for larger scale agriculture or commercial use from which you would receive an income, we strongly recommend getting the well registered as soon as possible.

For domestic use, a basic allocation for residential and modest agricultural use is not reliant on registration. However, we are all in this together, and this is particularly true for those who are reliant on the limited shallow aquifers that form the source of shallow wells. Shallow wells may be particularly affected by neighbouring water use under extended drought conditions, which is an increased risk as the global climate changes. So even though you are not REQUIRED to register your shallow wells, we encourage you to do so.

ICAN -WST is motivated by a desire for Quadra Islanders to collectively understand and manage our groundwater resources.

Protecting Old Forests

At least 1,000 people, representing more than 220 diverse organizations and First Nations from British Columbia, attended the United for Old Growth March & Rally in Victoria on February 25. They marched from City Hall to the BC Legislature, demanding the implementation of the Old Growth Strategic Review, a comprehensive 2020 study that recommended the immediate protection of the remnant old growth forests in the province. Not one of its 14 recommendations has yet been implemented.

The Old Growth Strategic Review included the creation of an Old Growth Technical Advisory Panel (TAP). Its findings are quoted as follows: “Some ecosystems have so little old-growth remaining that old-growth deferrals do little to reduce risk. In these cases, recruitment of younger stands is needed urgently.

“The OG TAP was tasked with identifying old-growth that should not be logged in the short-term. Remnant old forest is identified for priority deferral where less than 10% old remains. As part of that analysis, we also noted whole ecosystems with little to no remaining old forest. These ecosystems are some of the highest risk ecosystems in the province... For these highest risk ecosystems, where little to

no old-growth or older mature forest remains, we identified remnant old areas, and then additional forest sufficient to meet the default target with what we term ‘recruitment’ forest; the largest forest in those ecosystems older than 80 years in age.”

On Quadra Island, much less than 10% of this remnant old forest exists. Indeed, less than 4% of “primary” forest remains, so Quadra more than meets the criteria for protection as identified by TAP as a “highest risk ecosystem”. About 175 small fragments representing 600 hectares of this forest is all that remains on Quadra. And because most of our logged trees are at least 80 years old, they fall within the protection recommendations of the Old Growth Technical Advisory Panel. Additionally, Quadra Island, under the Vancouver Island Land Use Plan, has been designated a Special Management Zone. As such, at least 25% of the forested area is to be “mature” forest, which means trees older than 80 years should be allowed to grow to their natural maturity.

Meanwhile, Mosaic continues to log on Quadra, and most of this logging is in the areas recommended for protection by TAP. Sierra Quadra has been trying, with little success, to negotiate for the deferral of logging in these areas, and

for the eventual protection of these valuable forest stands for ecological, environmental and carbon sequestration purposes. These rare forested patches, which have been mapped as “Priority Deferral Areas”, should be permanently set aside as “recruitment forests”.

Mosaic is thinking about annual allowable cut and profits; Sierra Quadra is thinking about carbon sequestration, species conservation, ecological protection and the future of our planet during this time of climate crisis. Indeed, our situation, according to all scientific assessments, is dire.

This assessment was once again repeated at the COP27 meeting by the Secretary-General of the United Nations, Antonio Guterres. We are “on the highway to climate hell” he warns, “with our foot on the accelerator”. This position is supported by the world’s climate scientists. We must cut carbon emissions by at least 40% by 2030—seven years from now—to avoid exceeding a 1.5°C temperature rise.

We can only reach this 2030 target if everyone does whatever they can to reduce carbon dioxide emissions, store carbon, save forests, and preserve ecologies. This includes Mosaic. In a crisis that

is confronting everyone, Mosaic cannot ethically hide behind its corporate credentials and exclude itself from the moral obligation to do whatever it can to save us from the unthinkable.

The situation is serious. There is no other way to describe it. And if you don’t think so, then you don’t understand the severity, extent and ramifications of this unfolding crisis. After a 1.5°C increase in the global average temperature, we really don’t know what is going to happen, and a sustainable human civilization is in doubt. Climatologists thought that maybe 3.0°C was safe, or maybe 2.0°C. But almost every worst-case scenario from past predictions has been exceeded by a temperature increase of the 1.2°C that we have already reached. Storms are more extreme than anticipated. So, too, are weather anomalies. Oceans are acidifying and rising beyond our control, and species extinctions are unprecedented. Every tonne of carbon dioxide we keep out of the atmosphere by sequestering it in trees gives us a better chance of avoiding “climate hell”. This is not a game. And if it is, it’s Russian Roulette, with all the gun’s chambers loaded.

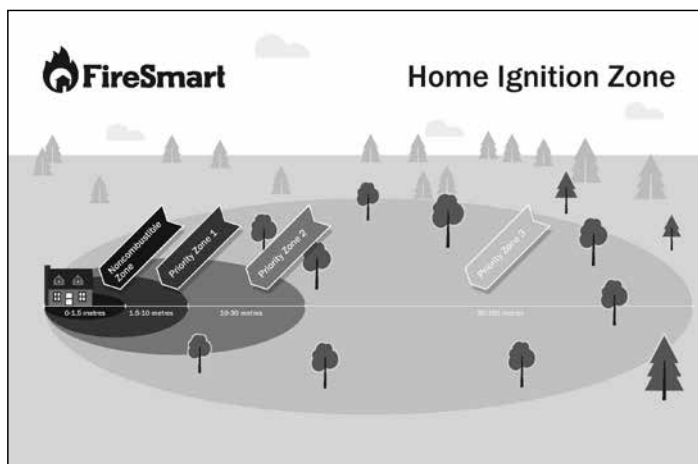
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Planning for Warmer Weather - Be FireSmart and Be Prepared

Spring is a good time to think about the hot weather. The Seniors Emergency Preparedness Program (SEPP) is supporting Quadra Island seniors to plan ahead so that they will be able to cope with extreme heat. Seniors will be more resilient and comfortable if they know how keep cool and how to prevent fires from encroaching on their home.

Plan to do some Firesmarting around your home before the summer heat increases the potential for forest fires. A few precautions may prevent the loss of your home or outbuildings. There is information available online through Firesmart BC. The Quadra Island Fire Department may be able to offer an evaluation of your property and make suggestions to improve your fire resiliency.

Here are a few basic things you can do yourself or hire a contractor. Seniors registered with SEPP may make a request to SEPP to recommend or hire a contractor or recruit a volunteer.

1. Yard and home maintenance should include cleaning forest debris from gutters, decks and house perimeter within 1.5 metres.
2. Store firewood and lumber at least 10 metres from your house.
3. Remove flammable vegetation such as cedar, pine, juniper and tall grasses within 10 metres of your house.

Summers on the coast tend to be warm and dry with at least one or two hot spells. Environment Canada provides warnings for extreme heat along with precautionary notes. However, vulnerable seniors may be stressed by warm weather even if a heat warning is not warranted. Planning ahead for hot weather may help you or a neighbour feel more comfortable during extended heat waves.

Seniors should have a 72 hour kit for weather extremes and other emergency situations and be prepared to spend a day or more without power or with minimal help. For information about 72 hour kits and emergency preparation contact seppquadracircle@gmail.com or the Quadra Circle website at quadracircle.ca.

There are many practical ways to cope with extreme heat. When it is hot enough to feel uncomfortable, keep your house cool by doing the following:

- open windows at night and close them early in the day and keep curtains and blinds closed
- avoid using oven and larger appliances
- make an air conditioner by filling a bowl with ice and place in front of an operating fan
- cover your sky lights or sky light ceiling openings.

Keep yourself cool by reducing activity and wearing lightweight and loose fitting clothing and use a damp towel around your neck to create evaporative cooling. Also, drink cool, non-alcoholic beverages. You can also use ice packs to cool your bedding and keep a hot water bottle filled with cold water for added cooling.

During extreme heat waves there will be cooling centres available at the Quadra

Community Centre and at the Legion. If you can, try to spend part of the day there. If there are seniors in your care or in your neighbourhood who are known to be vulnerable, monitor them during hot spells. Are they drinking enough? Do they have access to air conditioning? Do they know how to keep cool? Do you see signs of heat stress?

SEPP is trying to strengthen neighbourhood networks and build business and volunteer partnerships so that we can all cope with the inevitable weather extremes. SEPP may be able to provide temporary air conditioning, fans and icepacks or hot water bottles.

For more information about SEPP go to the Quadra Circle website: quadracircle.ca or send an email to seppquadracircle@gmail.com. We are currently seeking volunteers and contractors who would like to help during extreme weather events.

Mike Gladish, SEPP Coordinator



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Land Development Critical to Solving Housing Crisis

Dear Sir,

A recent letter in the DI took issue with the draft of the updated [Integrated] Community Sustainability Plan (ICSP). Most of the criticism suggested little other than the intention to criticize those who put their time in to the writing of such a complex overview of a community such as Quadra. In spite of its title 'In Defence of a Thriving Community' the letter ignores the fact that as Canadians we live in a climate of counter productive financial speculation which has only worsened during the recent pandemic. Under such a regime when a speculator with assets purchases a marina, trailer court or apartment complex the cost of living to those on the lowest rung goes substantially higher. You don't have to look very far on Quadra for examples. Everything from food to gasoline, rent, postage and moorage continues to accelerate in cost. The opportunity to have a thriving community under the pretext of constant

financial speculation is a pipe dream. Wealth becomes more concentrated not less. Most of the land in BC is in lock down. Certainly there is property for sale on Quadra but unless young families have the financial backing of their parents, they face going in debt to the banks for the next 35 years. Vast tracts of BC and Quadra Island are under the protection of timber forest licenses [sic]. The inflated market value and yearly taxes on private property is driven by its lack of availability. The situation is not getting any better. Canada by the way, is one of the largest, least populated countries in the world. Germany for instance has 100 people per square kilometre and we have 1. Yet we have a housing crisis. That should be next to impossible unless things like zoning bylaws have been used to bolster the status quo. Note too that the proposals in the OCP of 2015 turned the young people in to a generation of renters confined to

smaller and smaller high density housing tracts. What type of legacy is that and to who's benefit when we live on such an under populated country and island? In a post pandemic world, people forced to rent are kept broke by landlords who spend their winters in warmer places.

A recent meeting at the QCC sought to mitigate our housing crisis by opening up 125 acres for development at the far end of Harbour [brook] Road (Gowlland Heights). To be sure the development would have caused a problem at the ferry for us old foggies but would have created a large number of opportunities for younger people both in work opportunities and housing availability. Yet the proposal was effectively trounced by most community members who spoke from the floor and as such were put on record by the SRD. Even the editor of this paper stood up and attacked the proposal. Incredible - and then shortly thereafter the DI laments how Quadra has lost "as high as 1/2 our workforce over the last five years". Little wonder when any progressive proposal (such as land development) is quashed before it can see the light of day. In the same vein, the DI letter states "we need to find ways to develop zoning that allows for agriculture communities, water-based accommodation, and so much more". A good sentiment which ignores the fact that the land required to undertake such activities will be blocked when forced to seek community approval. Given the response to the Schelnick application at the QCC, the proposal to diversify our economy is nothing less than absurd. Zoning and bylaws are getting more restrictive not less. We'd rather sit and watch our trees get shipped offshore than be delayed at the ferry terminal.

Back in the 1900's the provincial government enacted the *Homesteading Act* (after giving 1,200,000 acres of coastal forest to pundits in exchange for a short section of railway from Victoria to Courtenay). If we really do want to solve our housing problems I would suggest a new homesteading act be tabled, opening up the land to the next generation not just on Quadra but across the entire province.

Best regards
Gordon Schweers



contest starts
1
March

contest ends
28
May

Quadra Island Beach Clean Up Dream Team Contest

The Quadra Island Beach Clean Dream Team is hosting a contest to remove as much marine debris as possible from our shores, running from **March 1 - May 28** in conjunction with the Comox Strathcona Waste Management Service.

Grand prize will be awarded for closest guess to final weight of all debris collected. Random prizes may also be awarded. Prizes will be awarded at the conclusion of the contest on May 28th at 3pm. Points awarded for 100% use of marine debris including fasteners.

- 1st, 2nd and 3rd place for most collected by a family
- 1st, 2nd and 3rd place for most collected by an individual
- 1st, 2nd and 3rd place for best creation (artistic or useful) made from marine debris
- 1st, 2nd and 3rd place for most unusual item collected

All marine debris must be delivered to the corner of West Road and Industrial Way on May 27th or 28th, between 10am and 3pm. Contest rules will be provided upon contest registration.

- Register in advance by emailing: quadrabeachclean@gmail.com

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Musings of a Mother Unique Gifts Emerging

I had the pleasure of talking with my boys this weekend, all of whom are over 30 and living in places far away. Two of them have their own children and what a delight it is when they ask for my advice and input to their struggles as parents. Not that I delight in their struggles, but rather I am honoured that they feel safe with me and are willing to reveal their insecurities, and state their determination to be the best father they can be.

My oldest son is brilliant at opening up and working on the guts of computers. I marvel at his patience, persistent methodology and endurance at the task but ... when he was a kid in my home and I sent him to his room to tidy up, I would get so frustrated. What could take an hour took him all day. I mentioned this experience with him last Sunday and he chuckled,

"Well of course Mum, I was sorting everything, detailing every drawer and cupboard."

At the same time, his younger brother was done in 10 minutes, shoving all the bits and pieces under his bed.

I told them both,

"The very thing that may annoy you as a parent is the unique gift your child brings to this world. That unique gift, given space and time, will blossom to become your child's asset as an adult."

Who knew that devotion to strategic organization was the best of skills for taking apart electronics and putting them back together? So what if the other has little to no organizational skills but is master at things requiring acute hand-eye coordination, like flying planes, operating boats, and playing hockey. The youngest is a book worm and skilled at communicating and engaging deeply with simply anyone.

Our world is complex in design and there is a spot for each quality. I believe our job as parents is to see our children's brilliance and nurture that gift. And you know what? If you are reading this article, you are already a good parent because you care. There is no perfect and right strategy for raising children except for love and devotion, however you see best fit. With this focus, your adult children will turn to you for advice too.

Check out Family Connections Parent Support Group happening on Quadra March www.theCentreCR.org/groups

Jill Brocklehurst-Booth



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Heriot Bay Tides

DATE	TIME PDT	M.	FT.
17	03:29	4.7	15.3
Fri	09:11	3.7	12.1
	12:53	4	13.3
	20:29	1	3.4
18	04:13	4.8	15.7
Sat	10:00	3.4	11.3
	14:13	4.1	13.5
	21:24	1.1	3.4
19	04:48	4.8	15.9
Sun	10:40	3.1	10.2
	15:24	4.2	13.8
	22:13	1.2	3.8
20	05:18	4.9	16
Mon	11:17	2.7	9
	16:29	4.3	14.2
	22:57	1.4	4.6
21	05:45	4.9	16.1
Tue	11:53	2.3	7.7
	17:30	4.4	14.6
	23:41	1.7	5.6
22	06:11	4.9	16
Wed	12:29	2	6.4
	18:27	4.5	14.8
23	00:23	2.1	6.9
Thu	06:37	4.8	15.7
	13:07	1.7	5.4
	19:22	4.6	14.9
24	01:07	2.5	8.2
Fri	07:03	4.7	15.4
	13:46	1.4	4.7
	20:18	4.5	14.8
25	01:52	2.9	9.5
Sat	07:30	4.5	14.9
	14:28	1.3	4.4
	21:20	4.5	14.6
26	02:42	3.2	10.7
Sun	07:58	4.3	14.2
	15:11	1.3	4.4
	22:30	4.4	14.4
27	03:44	3.5	11.5
Mon	08:26	4.1	13.5
	15:59	1.4	4.6
	23:54	4.3	14.2
28	05:22	3.7	12.1
Tue	08:56	3.9	12.9
	16:52	1.5	5
29	01:16	4.4	14.3
Wed	07:22	3.7	12
	09:35	3.7	12.2
	17:55	1.6	5.3
30	02:20	4.4	14.4
Thu	08:55	3.5	11.6
	11:11	3.6	11.7
	19:04	1.7	5.6
31	04:08	4.4	14.6
Fri	10:38	3.4	11
	13:57	3.5	11.6
	21:05	1.7	5.6
01	04:46	4.5	14.7
Sat	11:05	3.2	10.5

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