

DISCOVERY

I S L A N D E R

Ready, Set, Grow!

START PLANTING, watering, and dreaming up designs – because the beloved Zucchini Car Races are back at the Youth Harvest Happenings Festival, and we want YOUR family to join the fun! Mark your calendars for Sunday, September 7th and get growing now so your racer is ripe for glory. Here's how it works:

ZUCCHINI CAR REGISTRATION & DISPLAY

Bring your homegrown, custom-built zucchini racer to the Community Centre between 10 and 11am. After registering, your zucchini car will be proudly parked in the Zucchini Car Park in the main hall, where festivalgoers can admire everyone's creativity before the big race.

RACE TIME!

At 12 noon, grab your zucchini racer and head over to the Skate Park. Races run in heats, with the speediest zucchinis advancing to the finals. Whether your car zooms ahead or rolls along at its own pace, there's room for every kind of racer on the track.

PRIZES & BRAGGING RIGHTS

Ribbons will be awarded for:

- Fastest Zucchini Racer
- Furthest Zucchini Racer
- Most Creatively Designed Zucchini

OFFICIAL RULES

- The axle shaft must go through your zucchini—no external carriages, please!
- Your zucchini can be any size, but the total width (from outside of one wheel to the outside of the other) must be 25 cm or less.
- Races are run in heats, and the fastest from each will face off in the final round.
- And most importantly: Fun must be had by all!

So, gather the kids, start growing those zucchinis, and get your wheels turning on your design. Whether you're building for speed, distance, or style, the real prize is the laughter and memories you'll make along the way.

See you and your zucchinis at the starting line!

More info about the Youth Harvest Happenings Festival can be found at qifallfair.com

Now is also the time to ponder over the fun list of exhibits open to youth ages 17 and younger. Exhibitor catalogue and registration forms at: qifallfair.com

YOUTH 17 & UNDER: FREE!
ADULTS: \$5

Youth

Harvest Happenings

**SUNDAY
SEPTEMBER 7TH
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EXHIBITS IN THE MAIN HALL ARE OPEN TO YOUTH AGES 17 & YOUNGER.
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EXHIBITOR CATALOGUE & REGISTRATION FORMS AT:
QIFALLFAIR.COM

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RECREATION SOCIETY

News from QI Salmon Enhancement

Collaboration brings people together to share information

In June QISES volunteers joined the We Wai Kai Guardians and A'tlegay Fisheries for three days of fry trapping in Hyacinthe Creek to study coho and habitat. This study extends last year's data on juvenile coho numbers and condition from the estuary to the headwaters and Little Morte Creek tributary. Later that week, QISES and creek neighbours joined the Guardian Manager, A'tlegay, and Fisheries and Oceans Canada (DFO) representatives for a stream walk to look at restoration options. The collaboration connects long-term experience, observations and data, and new and traditional stewardship skills.

Combining diverse skills, knowledge and experiences helps us all – fish, habitat, and Quadra communities.

Project Plans

In addition to these collaborations, QISES has several priorities for the coming years. One new effort is documenting water level and temperature in several streams. In May, Sarah Hardy, Ministry of Environment & Parks Hydrometric Specialist, visited Quadra to help us scope out monitoring locations. This effort will complement the work of the We Wai Kai Nation and Hakai on Hyacinthe Creek as part of the Nanwakolas 50 Watersheds Project, as well as stream flow data as part of the ICAN Water Security Team work.

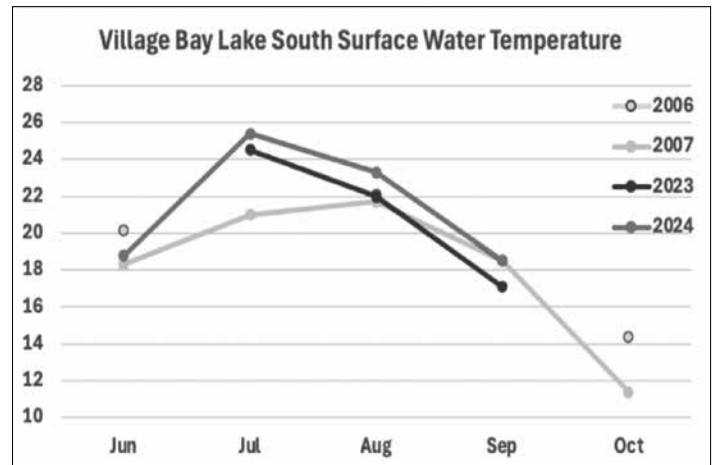
Monitoring

QISES has a long history of monitoring the Village Bay Lakes system. The large watershed (7155 ha) of this chained lake system represents over 25% of Quadra's total area. This site is also important because the fish fence video system gives highly reliable counts of salmon migrating into the lakes annually.

To understand possible effects of climate change on salmon populations, oxygen and temperature profiles from different decades were compared. In recent years QISES directors Lawrie Bowles, Lauren Miller and Paul Puddy have been collecting data during summer months in Village Bay, Mine, and Main Lakes. Some data were also collected in 2006 and 2007.

Comparisons suggest an increase in surface water temperature and a decline in surface oxygen levels over 17 years. Water temperature at the Village Bay Lake south site is shown above. The surface water temperatures can reach levels above the lethal temperatures for salmon. So, the fish must be finding cooler waters. Doing this likely comes at an energetic cost that could lower growth rate and/or survival.

Cold, clean water is critical to salmon survival. QISES is continuing to monitor and looking at how we can support local resilience in our watersheds.



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ISLAND CALENDAR

DAY TO DAY

Friday, August 8

- Live music with Go Dog Go, HBI Pub, 9pm

Friday, August 15

- Live music with The Hounds of Cuchulain, HBI Pub, 9pm

Saturday, August 16

- Quadra Island Farmers Market, 10-2, beside Café Aroma, music George Nickoloff
- Live music with Burks & Gunn, at the HBI, 9:30-11:30pm

Sunday, August 17

- Live music with Good Enough Dave at the HBI, 3-5pm

Friday, August 22

- Live music with Blue Kats, HBI Pub, 9pm

Saturday, August 23

- Quadra Island Farmers Market, 10-2, beside Café Aroma, music Dave Blinzinger

Sunday, September 7

- Youth Harvest Happenings at the Quadra Community Centre, 10am to 3pm

REGULARS

Sundays

- Meditation Group: Quadra Children's Centre, 10am

Mondays

- Pickleball Drop-In at Community Centre courts, 9am-1pm

Monday & Friday nights

- Open AA meeting, at Cape Mudge United Church, 7:30-8:30pm

Wednesdays

- Pickleball Drop-In at Community Centre courts, 6pm-8pm
- Poker Night: Quadra Legion 7:30pm

Fridays

- Pickleball Drop-In at Community Centre courts, 9pm-1pm

Saturdays

- Tennis Drop-In at Community Centre courts, 9am-noon
- Pickleball Drop-In at Community Centre courts, 9am-1 pm

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- Open floor plan and decks off the main entry, living room and dining room, with wood fired hot tub off living room deck.
- Primary bedroom boasts a 3 pc ensuite & a door to the deck.
- Detached 22' x 30' garage/workshop has 200 amp electrical service.
- 1 acre lot is level with many mature trees on the borders.
- Located a short walk from shops & services in Heriot Bay.



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WHAT'S ON AT QCC

Jump into the action at the Quadra Community Centre!
Come down, get involved and be part of YOUR community!



WHAT'S HAPPENING at QCC August 8-22

THIS WEEKEND: August 8-10

FRIDAY: 10 Skate Day with Summer Rec; 10:30 Kayak paddle with Summer Rec

SATURDAY: 9:30 Beginner Tai Chi with Nicki; 10:30 Intermediate Tai Chi with Nicki

THIS WEEK: August 11-15

MONDAY: 11:30 Golf Camp with Summer Rec; 2:30 Caregivers

TUESDAY: 11:30 Golf Camp with Summer Rec

WEDNESDAY: 10 Baby Clinic

FRIDAY: 10:30 Kayak paddle with Summer Rec; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

NEXT WEEKEND: August 16

SATURDAY: 9:30 Beginner Tai Chi with Nicki; 10:30 Intermediate Tai Chi with Nicki

NEXT WEEK: August 18-22

MONDAY: 10 Digital Music Camp with Summer Rec; 10 G.N.O.M.E. with Summer Rec; 4 Tennis Camp with Summer Rec

TUESDAY: 10 Digital Music Camp with Summer Rec; 10 G.N.O.M.E. with Summer Rec; 4 Tennis Camp with Summer Rec

WEDNESDAY: 10 Digital Music Camp with Summer Rec; 10 G.N.O.M.E. with Summer Rec; 4 Tennis Camp with Summer Rec

THURSDAY: 10 Digital Music Camp with Summer Rec; 4 Tennis Camp with Summer Rec

FRIDAY: 10 Digital Music Camp with Summer Rec; 10 Herbal Greetings for Teens; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 4 Tennis Camp with Summer Rec

Go to our website www.quadrarec.bc.ca to view the latest Rec Guide, OR navigate to REC DESK to register for kid's programs or see what's happening each day on the community calendar. <https://quadrarec.recdesk.com/Community/Calendar> Click on the calendar for more details! Phone the Community Centre at # 250-285-3253. Or E-mail: info@quadrarec.bc.ca

Submissions to the DI are Welcome

We especially appreciate submissions
to be sent by email to: news@discoveryislands.ca

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Guest Editor Robyn Budd

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Opinions expressed in this magazine
are those of the contributors and are
not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication
on subjects of interest to the
Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: *centre, colour, favourite* etc...
- **Please use the title of your item** in the email subject line.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE
ALL ITEMS SUBMITTED, ERRORS AND
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NEXT DEADLINE

7pm Monday, August 18
for publication on
Friday, August 22, 2025

COMMUNITY NEWS & EVENTS

QI Outdoor Club Upcoming Events

IT'S STILL a beautiful
summer! Here are our upcoming
events:

10-12 Sept, Wednesday-Friday:

Kayak camping at Orchard Bay

The information about these
trips can be found at: <https://qioutdoorclub.org/schedule-summer-2025/>

For more information about
the Outdoor Club visit <https://qioutdoorclub.org/> or email to
qioutdoorclub@gmail.com

Tennis Drop-In

TENNIS DROP-IN every
Saturday morning, 9am to noon
at the Quadra Community
Centre's outdoor courts. By
donation. Call 250-285-2580 for
more information.

At The Legion

KITCHEN IS NOW OPEN

Thursday to Sunday 5 to 9pm! Lee
is cooking delicious burgers and
more!

Open AA Meetings

Monday and Friday nights,
7:30 to 8:30pm at Cape
Mudge United Church at 29
Tekya, Cape Mudge. Everyone
Welcome!

New to Quadra?

The Discovery Islands
Chamber of Commerce and local
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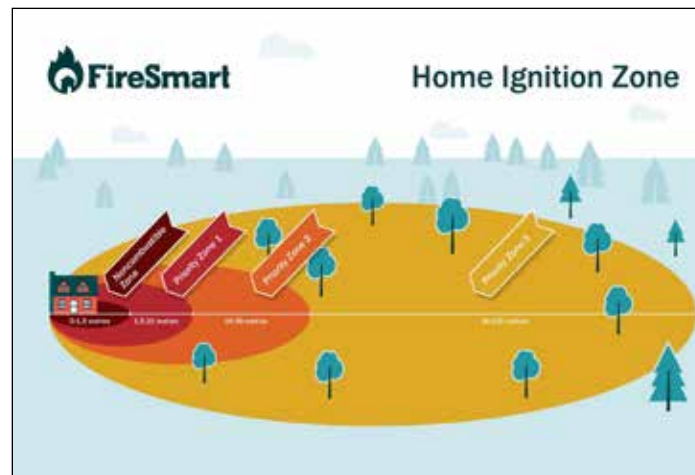
Quadra Island Cat Rescue

QUADRA CAT RESCUE offers a
lower-cost spay-neuter program
for people needing assistance to
get cats or kittens fixed. Please
complete the form at:
quadracatrescue.com/spay-neuter/

Support Quadra Cat Rescue by
purchasing Tru Value Foods gift
cards—available at Inspirations
in the Cove—and by donating
Spirit Board points (#280 at both
stores).

SUPPORTING SUBSCRIPTION

Local Voluntary Subscriptions are
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Find more details online at
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QI Farmers Market

QUADRA ISLAND has everyone's favourite market! Saturdays 10 to 2 until mid-September, right beside Café Aroma.

For info please contact Wendy at quadramarket@gmail.com

Great live music every week!
August 9 George Nickoloff
August 16 Dave Blinzinger



Like the QI on Facebook

Quadra Circle News

THE SOUNDING BOARDS made their third appearance at the Saturday Market on August 2nd at the Way To Go tent! There was a question that caught the attention of our younger community members: "If you could choose a 'super power', what would you pick?" The answers are anonymous so I don't know who wrote what, but I was so pleased to have many youngsters want to join in! These are the contributions: "invisibility"; "an internal rechargeable battery"; "x-ray vision"; "God"; "flying"; "BS meter"; "snap my fingers and be healthy"; "Infinite Love"; "tele-transportation"; "mind control"; "My smile makes world peace real"; "love machine"; "transformation - to transform all the negativity in the world into love, light, & compassion!" and, translated from Italian: "Rios cares to communicate with nature, plant, and animals."

The other Sounding Board asked: "Who are Quadra's 'unsung heroes' and why?" The contributions are: "Thích Nhất Hạnh"; "all of the zillions of volunteers!"; "I'm too new to know!"; "the many creative hearts & minds that created Quadra Circle, WayTo Go, ICAN - volunteer groups of every kind!"; and, translated from Italian: "Listen to the voice of the universe of nature which has so much to dream."

Meditation Group

WE MEET every Sunday at the Quadra Children's Centre at 10am for a 45 min sitting meditation on a cushion or chair, followed by a short break with tea and cookies.

There is a reading of a book based on Buddhist perspectives and meditation practices, and then a discussion on the text we read.

Everyone is welcome, a small donation is appreciated. **For more info call Don at 250 285 2193 or Kai at 250 850 9245.**

Quadra Island Pantry M.A.G. Memorial Bursary

(In memory of our son Michael)

QUADRA ISLAND PANTRY is again offering two bursaries of \$500 each, available to assist Quadra Island students pursuing post secondary education.

Eligible applicants are Quadra Island students who have not received this bursary in the past.

Michael was a tradesman and always proud of his blue collar status, so these bursaries are open to students entering trade schools and art academies, etc, as well as academic institutes.

The bursaries are payable directly to the student to assist

with travel, book fees, or any other expenses the student may incur.

Applications can be submitted by email to qipantry@gmail.com until August 31, 2025. Please include the following:

- Student's name and contact information.
- Proof of enrolment in any post secondary educational or training institution.
- Write a short letter telling us a little about yourself, how long you've lived on Quadra Island, and what the Quadra community has meant to you.
- Include your educational goals and how this bursary will help you pursue those goals.

Thank you to Island Pantry's customers for making this possible by contributing to QIP's ice cream and till jiggle buckets.

These anonymous quotes will be shared with our UBC researchers. It was fun to get an Italian perspective! We will be attending one more Market on September 6th with Sounding Boards and hope you will stop by the Way To Go tent to share your thoughts with us and Quadra. After that, pop-up Sounding Boards will appear in various spaces. We will announce their locations when they go up. If you have an idea for a question for the Sounding Boards, please share it with us! We will have a prize for those we use. To enter, you can email your idea to: compassionatecommunityqi@gmail.com

Please check out our website: www.quadracircle.ca/compassionatecommunity; to get in touch with us, email: compassionatecommunityqi@gmail.com ... Thanks!

Maureen McDowell, Kathleen Monahan, and Jude McCormick



Friday Aug. 1 DUKE & GOLDIE + MALLORY · 9pm
Sunday Aug. 3 JAZZ ON THE ROCKS · 3-5pm
Friday Aug. 8 GO DOG GO · 9pm
Friday Aug. 15 THE HOUNDS OF CUCHULAIN · 9pm
Saturday Aug. 16 BURKS & GUNN · 9:30-11:30pm
Sunday Aug. 17 GOOD ENOUGH DAVE · 3-5pm
Friday Aug. 22 BLUE KATS · 9pm
Friday Aug. 29 KARAOKE NIGHT · 9pm
Saturday Aug. 30 JESSE WALDMAN · 9pm
Sunday Aug. 31 JAZZ ON THE ROCKS · 3-5pm

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Burial Costs on Quadra Island

TALKING ABOUT MONEY after someone dies can feel uncomfortable—but it's always part of the picture. Even when families do as much as they can themselves, the cost of burial



can still be surprisingly high. Let's walk through the typical expenses, starting from the cemetery and working backwards.

There are two cemeteries on the island: the Wei Wai Kai Cemetery at Cape Mudge is private, and the Quadra Island Cemetery on Heriot Bay Road, operated by dedicated volunteers with the Quadra Island Cemetery Society, is public. To be buried in the Quadra Island Cemetery, you'll need to reserve a plot. For Quadra residents, the cost is \$400, whether in the conventional or natural burial area. This can be prepaid. A grave needs to be dug and usually backfilled, which costs about \$500. At the time of burial, there's an interment fee of \$200. Headstones typically start around \$1500.

A casket or coffin is required. Funeral homes sell a wide range—from about \$900 to over \$15,000—though many of these options aren't suitable for natural burial. Eco-friendly caskets, depending on the source and materials, typically range from \$1300 to \$3600. Evergreen Coffin Company in Royston sells a casket kit made from BC wood for \$700, or fully assembled for \$1150 that meet the standards

for both natural and conventional burial. Way To Go has one of their kits available on-island for community purchase. Families could choose to build their own; funeral homes are required by law to accept any casket that meets the legal requirements.

Burial in a shroud—without a casket—may soon become an option. Evergreen sells shrouds for \$250 to \$395, while funeral homes typically charge around \$550. The body must be placed on a rigid board, known as a shrouding board or trundle. A shroud could be as simple as a favourite wool blanket or linen sheet, and/or sewn by a family.

Though prices vary, a typical service charge from a funeral home to manage all that is needed for a dignified burial is about \$5,000. For additional travel costs and to view the body, extra fees would apply.

To summarize, a burial on Quadra could include:

- Cemetery plot (for local residents): \$400
- Digging fee: \$500
- Interment fee: \$200
- Casket: \$700–\$15,000
- Headstone (conventional area): \$1500+
- Funeral home service: \$5000+ (does not include merchandise)

Cremation, though often chosen for financial reasons, carries a high environmental cost. Funeral homes in our area charge about \$3600 for cremation—not including a cremation casket, urn, or interment fees if remains are later buried in a cemetery.

While you might come across ads from funeral homes in larger centres offering lower prices, those typically reflect different

overhead costs in urban areas. On Quadra and nearby, the prices are fair and consistent with the realities of offering these services in a small, remote community.

Way To Go is available to help families—not with the intention to save money, but to bring death care back into the hands of family, friends, and the community. This approach offers a deeper, more personal experience, and takes time, skills, and effort. While mostly volunteer based, Way To Go incurs expenses, including providing honorariums to those taking on larger roles (when funds are available). Families who are financially able and for whom we provide significant help are asked to contribute a portion of the \$2500 CPP Death Benefit that most qualify for.

Many of us don't look into these costs until we have to—and then they can feel overwhelming. Being prepared helps ensure we make thoughtful choices that reflect our values, our resources, and our community.

Let's stay informed, talk openly, and plan ahead.

Way To Go strives to integrate death as part of life by initiating conversations, providing education, and encouraging people to prepare for end-of-life. We also empower, guide, and support the practice and process of caring for our own dead and dying, in community. Visit our website, way2go.ca; view upcoming events, read previously written articles, and join our email list.

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Earthrise: An Obituary

THE LAST PAGE of The Economist magazine traditionally contains an obituary. The June 15, 2024 edition was for William (Bill) Anders, a former Apollo 8 astronaut who died on June 7th, 2024, at age 90 ("Obituary, William Anders").

On December 21, 1968, Anders, along with Frank Borman and Jim Lovell, blasted off from Cape Kennedy in Florida on a reconnaissance trip to the Moon. Their mission was to orbit it several times and take photos of its surface for a future landing site. The chances were one in three that they would not make it back.

Anders was unimpressed by what he saw of the Moon. "Boring", "stark", "beat-up" and "ugly" were the words that he used to describe it. The dark side was "so intensely black," noted The Economist's obituary, that it was scary. Even as the astronauts continued their orbit, the first lunar sunrise was only a qualified "interesting, with low rugged mountains showing through a purplish haze, but beyond that it looked like nothing so much as a grey, dirty beach."

"On their fourth lunar orbit," as their camera lens filled with shades of grey, "over the Moon's horizon rose a delicate blue orb, shining and wreathed in white cloud. The day was Christmas Eve, and it looked like a Christmas-tree ornament, one that could break just as easily. It was small, gorgeous, but almost insignificant. And it was home." It was also a Christmas present like no other.

"Oh my God, [Anders] cried, look at that picture over there! There's the Earth coming up. Wow, is that pretty!" So, through the one window that was not smeared with leaky sealant, he took three photographs, all that could be spared of Earth from the designated purpose of the mission. One of those photos became the iconic "Earthrise" photo in which humanity realized this was the first time that they could actually see the place in the universe where they lived.

"Pretty" became a profound understatement. That Earthrise experience changed Bill Anders. From the orbiter, he couldn't stop looking at Earth, couldn't sleep, and, subsequently, his life took a new direction. He gave up his Catholicism and decided that all further space exploration should be directed only to benefit the planet and humanity, not for such self-aggrandizing adventures as trips to Mars.

Taken from nearly 400,000 km away, Earthrise was a revelation, an epiphany that put into perspective virtually everything we think and do as human beings. From the very first moment that the rest of humanity saw this photograph, we stood outside ourselves, examining who we were from a distance. This is the kind of separation that engenders the clarity in sages and prophets and in those with sufficient insight to understand who we really are and what we are really doing. It is the rare position from which enlightenment occurs.

Society in the 1960s and '70s showed some hint of possible enlightenment. The Vietnam war, the Cold War, and the nuclear missile crisis were clearly defined as object lessons in what we should not

be doing. For some insightful people, authoritarianism, materialism and competition were rejected as brutal, exploitative and hateful. The delicate sphere of Earth, so unique and fragile and precious in the black immensity of space, inspired environmentalism—"One Earth, One Chance" became a self-evident mantra. And a flash of hope, like it was emerging from the dark side of the Moon, illuminated those who were idealistic optimists.

In the years since 1968, little of that optimism remains. Capitalism has not been humanized. The Cold War has heated up to a temperature of near-ignition, an expansionist Russia has invaded a sovereign Ukraine country, the United Nations as an international government has essentially been

incapacitated by a disregard for the principles of law, the milieu of digital media has created a tribalism of seemingly irreconcilable differences, and the trajectory of environmental deterioration has worsened to the extent that it now may be both irremediable and unstoppable.

The impact of the Earthrise photo has faded, or maybe it was always an illusion based on the faulty assumption that the Christmas Eve photo of 1968 was an epiphany, and that humanity was actually capable of the change which it could have inspired. The sobering possibility is that we expect too much of ourselves. Although we do have moments when we glimpse prospects that are promising and uplifting, they are experienced by too few and are forgotten too quickly. When our habits and character—both individually and collectively—combine with a materialistic culture intended to placate the deep insecurity of a furtive and timid little hominid, the momentum is just too much for any photograph to change.

Bill Anders died at age 90. And perhaps the inspirational power of his Earthrise photograph—at age 56—also died with him.

Ray Grigg, for Sierra Quadra



Public domain photo courtesy of NASA

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THE SUMMER OF 1895

IN AUGUST INSTALLMENTS of a gossipy Quadra Island newspaper column of 1895, settlers were harvesting potatoes and cutting hay.

A voluntary crew was widening the island's first trails to create the current Heriot Bay and Cape Mudge Roads, using a government grant of \$250. Among them was William Hughes, whose homestead was across from the current golf course. His daughter Mary remembered this work years later.

"I have seen my father and other settlers digging with pick and shovel, and with a long pole to pry out roots, onto which we children would hang with all our weights to help heave them out."

These first 'roads' were nothing more than dirt tracks. "It is hoped there will be money enough appropriated another time to make it a wagon road," wrote the columnist, allowing settlers to ship produce from Heriot Bay.

An August 16 report said forest fires were raging in various locations. A logging camp near Seymour Narrows was forced to shut down when its bridges and skid roads were wiped out. Another fire swept through the centre of south Quadra. Tom Bell of Gowlland Harbour (across from the Children's Centre) had a few sleepless nights fighting a blaze that ran uphill to the Bryant family's hay field (on the trail to the east of the Community Centre,) where it destroyed fencing.

"A burning tree fell and killed one of his best milch cows," wrote the columnist. "William Hughes got a lot of fencing burned and had a hard time to save his buildings." Fallen timbers blocked the newly enhanced trail and Thomas Backus, whose homestead was at what's now Quadra Loop, was forced off his place. "His buildings caught fire several times. He got his things over near the well and several barrels of water were drawn up to make sure of saving his household effects."

The Bulls of Heriot Bay, who were spared this fire, were so busy they added a six-room structure to their hotel and store.

The highlight of the season was a gathering at Rebecca Spit, which the columnist said was the settlers' first picnic.

"There was plenty of good things to eat and drink and a big crowd. The grounds were decorated with flags and hammocks and swings were put to good use. Pleasure boats were plentiful and everyone seemed to have a jolly good time."

Races of various kinds were a special feature, with prizes for the longest run and another for a half mile dash with a roan mare. A logger named John



Grant won a money purse for capturing a greased pig, and Ernest Willson of Gowlland Harbour won a race against a horse, "even start at 50 yards."

The We Wai Kai people at Cape Mudge had built a day school a few years before, but the settlers opened their first school that summer in a log shack later dubbed 'the old university,' across from the current golf course. Some of the children were perhaps behind, because the teacher, Miss Kate Smith, commenced school on August 12.

"The settlers had to build their own school of logs, and all the desks were hand made," recalled Mary (Hughes) Joyce. The island's many bachelors were delighted by the arrival of Miss Smith. "All the bachelors began to shave and dress more carefully and make their Sunday calls," wrote Mary. "To keep up the regular attendance, one father carried his six-year-old son on his shoulder to school on rainy days. I was seventeen years old when I was asked to go to school to help out. How important I felt."

Our columnist did not submit another report until late October, when you can expect the next installment of news from a century past.

Jeanette Taylor



MAP: Land grant blocks of 140–160 acres and a We-Wai-Kai reserve are shown here, with some of the south-central settlers of Quadra in 1895.

PHOTO, TOP: Hughes family outside their squared timber home across from the current golf course, c. 1895. Photo Courtesy Museum at Campbell River, 9267.

PHOTO, LEFT: Group, MCR 9267. The taller girl, left centre, is likely memoirist Mary Hughes. Photo Courtesy Museum at Campbell River, cropped from 9267.





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NEWS FROM THE PHILIPPINES

THE FOLLOWING LETTER comes from Zeah Mae Paclay, the youngest of the two students whose education our Quadra community is supporting in the northern Philippines.

DEAR SPONSORS AT QUADRA ISLAND COMMUNITY,

Warmest greetings to you, my dearest sponsors. I hope that you are surrounded by love, laughter, good health and all the things that bring you joy. I just wanted to take a moment to express my heartfelt gratitude for you kindness and support. I am truly thankful for the opportunities that you give to me.

I am now back in school as our classes started back on June 16th. I have now transferred to Pacutay Palao National High School. I met new faces, new classmates and teachers and it felt great to be a part of the school. At first I felt nervous and excited to meet my new classmates and teachers, and I am so thankful that the teachers and staff are all nice and supportive. During school days I stay at my grandmother's house and my parents help with my financial needs. Every weekend I am able to go home to spend time with my family and help out with the household chores.

I am going to share with you how my vacation went. I spent the whole time with family and friends. We did lots of fun activities

together like going on short trips, playing games and just enjoying the company of each other. It was really great to have the time to bond with family and make some amazing memories. I am so happy to have a positive time with my loved ones. Family time is important to me and I am grateful for this time we shared.

Lastly, I also want to share my experience at the Brigoda Eskwela alumni event. We did a lot of things to help our old school. We made pathways, cleaned the surroundings, built rock walls and even cut the grass to make the school look very nice. It was great to work together with my fellow alumni. I'm proud of what we accomplished and grateful for the opportunity to give back. This event was also about reconnecting with old friends and making new memories. We had a great time catching up and sharing stories about our lives and graduation. It was wonderful to see how we have all grown over the years.

This is all for now and I hope that you enjoy reading my simple letter to you. Your support means the world to me. I am so excited about the future and look forward to making you proud. May God bless you together with all of your family members because you deserve it!

Carol Foort



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Who Are The Real Terrorists?

AFTER MY LAST ARTICLE in the DI (# 860 July 11, 2025) – Who Was Rachel Corrie, about the 23 year old Jewish American activist crushed to death by an Israeli bulldozer as she was trying to stop the demolition of a Palestinian home – I had phone calls and emails from many people wanting to know what they could do to stop the genocide in Gaza. Here are my suggestions:

Join Jewish Voices For Peace as they are taking a very active role in protesting arms sales to Israel.

Donate to organizations like Doctors Without Borders, Mennonite Central Committee BC Branch, UNRWA (the United Nations Relief and Works Agency), the Rachel Corrie Foundation for Peace and Justice, and Amnesty International.

Listen to the Chris Hedges Report on the internet and support his exemplary work; and to Senator Bernie Sanders and Norman Finkelstein.

Write letters to PM Mark Carney, newspapers and the CBC.

Look up Nicole Jenès Entertainment @nicolejenesentertainment who takes a satirical approach to Israeli propaganda.

There are many other informed commentators in the YouTube space like Midas Touch, KernowDamo, CJ Werleman, IHIP News, Freedom Flotilla and Democracy Now.

Sign up for newsletters sent to your email inbox: News Digest by the International Civil Liberties Monitoring Group, Drop Site News, Palestine Solidarity Network, Canadians for Justice and Peace in the Middle East and Just Peace Advocates Action Network.

Write letters to, or boycott, those profiting from Israel's genocide like Amazon, Cisco, GM, Ford, Microsoft, Mercedes Benz and Toyota or those that promote their businesses on stolen land like AIRBB who has listings in illegal Israeli settlements in the West Bank. For a complete list, google American Friends Service Committee.

Read *The 100 Years War Against Palestine: A History of Settler Colonialism and Resistance, 1917–2017* by Rashid Khalidi or *A Very Short History of the Israel Palestine Conflict* by Ilan Pappé. They are both available through our local library.

Documentaries on YouTube include *60 Minutes Australia: The globe-trotting spy story of Mordechai Vanunu the insider who had the courage to reveal the truth and exposed Israel's nuclear weapons program in 1986* and *How To Erase a People*. They did it to Native Americans, to Palestinians in 1948, and now Trump wants to do it again in Gaza. It's called forcible transfer.

Look up the 1948 Nakba, the ethnic cleansing of 500 Palestinian villages by Zionist paramilitary militias called the Haganah using weapons supplied primarily by post-Nazi Germany to terrorize and force Palestinians from their homes.

750,000 Palestinians were forcibly removed and thousands were made to march from their villages to places like Gaza. Many died on route as

they were not allowed food or water. The Haganah contaminated village wells with typhoid bacteria to discourage Palestinians from returning, in violation of the 1925 Geneva Protocol. One such operation caused a typhoid epidemic in Acre.

The Palestinians who fled to Gaza have remained there for decades, unable to leave, corralled like cattle behind barbed wire, for years cruelly administered by Egypt and kept alive by UN aid augmented by raids into Israel for food and building materials. In 2011, Israel passed the Nakba Law, which denies government funding to institutions that commemorate the Nakba.

There's been an aid blockage in one form or another on Gaza since 2007 when Israel stated it wanted to put Palestinians "on a diet." Children were already malnourished and the complete blockage of all aid in March 2025 has resulted in catastrophic starvation.

The world now knows who the real terrorists are.

Claire Heffernan

An Open Letter to David Eby

DEAR PREMIER EBY,

When you reshuffled your cabinet on July 17, you pledged to "protect jobs and the economy" and to "grow a resilient economy." Those words ring hollow for thousands of coastal forestry workers watching their industry collapse – not from market forces, but from policy paralysis and regulatory misfires.

Since 2019, harvest volumes on the coast have dropped by over 40%. More than 5,400 direct jobs have disappeared since 2022. Mills have closed. Communities have lost critical tax revenue. And the situation is worsening.

Your government made firm commitments to an annual harvest target of 45 million cubic metres to allow the sector to survive. Of note, normal harvest levels of 55–65 million cubic metres kept our resource communities vibrant and sustainable. Yet the 2025–26 budget allows for just 32 million cubic metres. That 13-million-cubic-metre shortfall represents an estimated \$275 million in lost revenue – funds that could support healthcare, education, and infrastructure across BC.

US tariffs are not the root cause of this crisis. While other jurisdictions face similar trade pressures, BC's coastal forestry sector has been uniquely harmed by regulatory uncertainty. When harvest approvals that once took six months now take two years or more, that's not a tariff issue, it's a made-in-BC problem.

Your government has championed mass timber, value-added manufacturing, and bioenergy as the future of forestry. You have promised to build thousands of affordable homes. But none of that is possible without access to fibre. Every innovative wood product, every mass timber beam, every housing unit, every bioenergy project depends on a functioning harvest system. Without it, your vision remains just that vision.

Solutions exist – and they're not radical.

- Pause new restrictions until current policy reviews are complete.
- Streamline approval processes with firm, reliable timelines.
- Develop policies tailored to the Coast's unique geography – not one-size-fits-all rules.

Premier, you have the tools to address this crisis. The question is whether you'll use them – before more mills close and more communities lose their economic foundation. Campbell River is waiting for your response.

Sincerely,

Kermit Dahl

Mayor of Campbell River



REGIONAL DIRECTOR'S REPORT

Hello,
These hot, hazy summer days are so special, I hope you're enjoying every minute of them! Strathcona Regional District news is at a summer pace, yet there is news to share. At the July 23 Board meeting, planning for Quathiaski Cove sewer and water was considered and that's what this report focuses on.

SRD & WE WAI KAI NATION DISCUSS INFRASTRUCTURE INTEGRATION

Back in September 2024 the Board supported a motion I'd proposed, "that a thoughtful inquiry be submitted to the We Wai Kai Nation Chief and Council, regarding potential opportunities for collaboration on sewer and/or water infrastructure between Cape Mudge Village and Quathiaski Cove." Subsequently, SRD staff held several meetings with We Wai Kai staff and have made meaningful progress regarding potential integration of sewer services between Quathiaski Cove and Cape Mudge Village.

FOUR STAFF-TO-STAFF MEETINGS

focused primarily on wastewater integration have taken place. The focus on wastewater emerged organically: the SRD's outreach aligned with efforts already underway by the We Wai Kai Nation to improve and upgrade its sewage lagoon, and, the aging infrastructure of the Quathiaski Cove wastewater system has created a sense of urgency that helped shape discussions.

QCOVE WASTEWATER TREATMENT PLANT

The QCove wastewater treatment plant is central to the functioning of the Cove: its continued reliability is extremely important. The system was constructed in the late 1990s, has exceeded its expected service life, and requires replacement to maintain regulatory compliance and support future growth. There is good news, which is that recent improvements to the wastewater pumping infrastructure and reductions in stormwater infiltration have stabilized the system in the short term.

ALIGNMENT & FEASIBILITY

The SRD's outreach coincided with internal efforts already underway within the Nation to assess upgrades to its sewage lagoon, which helped create early alignment and positive momentum. While early discussions have been productive, more detailed technical and financial analysis is required to fully understand the cost implications and feasibility of integration.

PROCEEDING WITH JOINT PLANNING EFFORTS

The question which came to the Board in July was, should staff proceed with joint wastewater planning efforts, or advance the design of a new standalone wastewater treatment facility for Quathiaski Cove.

The Board supported the recommendation from the Electoral Area Services Committee, which was that the

SRD continuing working with the We Wai Kai Nation to pursue wastewater service integration as the primary servicing direction, that next steps be brought forward in a future report, that timeline milestones be included in the report to ensure we are moving forward in a reasonable way, and that SRD staff shoulder responsibility for some of the work.

If you are interested in more details on this topic, this Director's Report draws from the staff report of the same topic which includes many more specifics. The staff report is available to read here: bit.ly/QCoveServiceIntegration-July2025.

CONNECT

Thanks for taking the time to read this report. You're welcome to connect with me with questions or concerns: email RMawhinney@sr.ca, or call 250.203.2468.

*Until next time,
Respectfully,
Director Robyn Mawhinney*



Heriot Bay Tides

DATE	TIME PDT	M.	FT.
08 Fri	00:26	3.730	12.2
	04:22	4.231	13.9
	11:53	0.854	2.8
	19:36	4.784	15.7
09 Sat	00:57	3.550	11.6
	05:19	4.279	14.0
	12:31	0.841	2.8
	20:00	4.866	16.0
10 Sun	01:32	3.299	10.8
	06:15	4.296	14.1
	13:09	0.933	3.1
	20:25	4.926	16.2
11 Mon	02:11	2.974	9.8
	07:13	4.275	14.0
	13:48	1.155	3.8
	20:51	4.948	16.2
12 Tue	02:52	2.590	8.5
	08:12	4.215	13.8
	14:27	1.514	5.0
	21:16	4.923	16.2
13 Wed	03:37	2.176	7.1
	09:15	4.125	13.5
	15:09	1.991	6.5
	21:41	4.854	15.9
14 Thu	04:23	1.778	5.8
	10:27	4.032	13.2
	15:53	2.536	8.3
	22:08	4.753	15.6
15 Fri	05:13	1.444	4.7
	11:52	3.986	13.1
	16:42	3.082	10.1
	22:37	4.634	15.2
16 Sat	06:08	1.202	3.9
	13:35	4.052	13.3
	17:44	3.559	11.7
	23:12	4.505	14.8
17 Sun	07:12	1.042	3.4
	15:19	4.248	13.9
	19:22	3.885	12.7
18 Mon	00:00	4.373	14.3
	08:20	0.923	3.0
	16:34	4.478	14.7
	21:29	3.949	13.0
19 Tue	01:11	4.261	14.0
	09:24	0.830	2.7
	17:27	4.664	15.3
	22:47	3.818	12.5
20 Wed	02:32	4.208	13.8
	10:19	0.784	2.6
	18:07	4.789	15.7
	23:39	3.604	11.8
21 Thu	03:43	4.207	13.8
	11:08	0.812	2.7
	18:41	4.861	15.9
22 Fri	00:21	3.351	11.0
	04:48	4.227	13.9
	11:52	0.929	3.0
	19:11	4.888	16.0

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Job Opportunity

JOB OPPORTUNITY PROJECT LEAD FOR CAPE MUDGE GARDEN

The Garden Club/ICAN Food Security team has received funding from ISPARC, BC Hydro and the CCCU to revitalize the garden at Cape Mudge. What began as youth in the after-school program asking, "Are we going to get the garden going again?" is now a work in progress.

Together with the Youth Coordinator of the We Wai Kai Nation, the GC/ICAN project lead will manage the garden in consultation with the We Wai Kai youth and the wider Cape Mudge Community. At this time, we are offering a contract position of 40 hours at \$30 an hour for a total of \$1,200. There is some potential for the hours to be increased.

The raised beds have been weeded, provided with new soil and amendments and there are growing crops in each. Duties of the project lead would be to recruit volunteers from Cape Mudge Village and broader community to maintain and improve the garden and to schedule a series of workshops by Indigenous presenters. We anticipate that the 40 hours of contract work will be spread over the remainder of this calendar year. Total budget for the Cape Mudge Garden, including monies for this position, is \$7,200. All applicants welcome. Preference will be given to a resident of Cape Mudge Village. Please send expressions of interest to quadraicanfoodteam@gmail.com

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