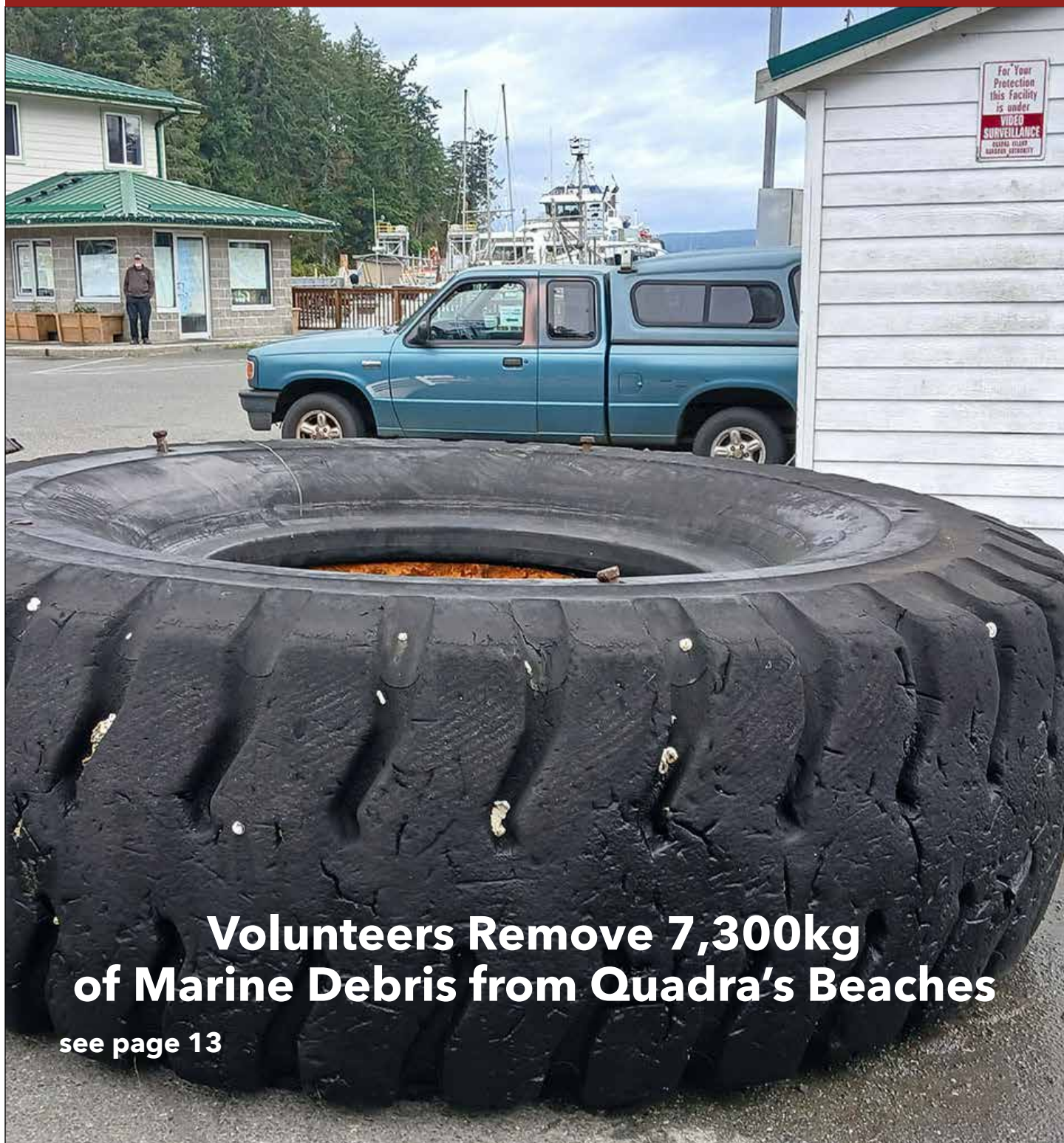


# DISCOVERY

## I S L A N D E R



**Volunteers Remove 7,300kg  
of Marine Debris from Quadra's Beaches**

see page 13

The 2025 Legends Memorial Tournament, formerly the Rod Clark Memorial, was renamed this year in honour of many influential islanders who left their mark on our community and our golf course: Rod Clark, Keith Remfert, Jens Jensen, Bill Pirie, Joy Bird, Tommy Pedersen, Steve Maryka and Susan Bain.



**CONGRATULATIONS TO OUR 2025 LEGENDS MEMORIAL TOURNAMENT CHAMPIONS:**



**Overall Champs** - Brian Wilson, John Frishholz, Jackson Holmes & Wally Biegler  
**1st Low Net** - Derek Colongioli, Jennifer Colongioli, Jason Pearson & Nicole Pearson  
**1st Low Gross** - Don Doolittle, Chad Doolittle, Karen Doolittle & Andy Matheson



**THANK YOU** to our very generous sponsors and every single player that spent the day with us, sharing old memories and making new ones. Not to mention all the laughs. And a huge shout-out to organizers Carol Ann & Les, plus our dynamic staff and volunteers that pieced it all together. You know who you are and we couldn't have done it without you. This inaugural tourney was a huge success. Can't wait til next year!

**Please continue to support these amazing local businesses:**



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 Quadra Legion  
 Simply Green Clean  
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 Patrick Manery  
 Ken & Lynn Embury  
 Dream Team

Discovery Islands Chamber of Commerce  
 Ripple Rock Denture Clinic  
 Isle Tech Auto Service  
 Inspirations  
 Fermentations  
 Amped On Nutrition  
 Taku Resort and Marina  
 Discover Scuba Diving  
 Aroma Cove Cafe  
 Cove Pharmacy  
 Surge Sunsets  
 Southend Farm Winery  
 Tru Value Heriot Bay & Quathiaski Cove

Heriot Bay Inn  
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 Bloom Aesthetics  
 Leah's Foot Care  
 Hoyne Brewery  
 Rogue Wave Woodworks  
 Cottonwood Golf Course  
 Comox Golf Course  
 Crown Isle Golf Course  
 Storey Creek Golf Course  
 Velocity Lounge & Driving Range  
 Saratoga Beach Golf  
 Kameleon



# ISLAND CALENDAR

## DAY TO DAY

### Friday, September 5

- Live music with Wharf Rats, HBI Pub 8pm N/C

### Saturday, September 6

- Seniors Housing Open House, 688 Harper Rd, 11am-3pm

### Sunday, September 7

- Youth Harvest Happenings at the Quadra Community Centre, 10am to 3pm

### Thursday, September 11

- Quadra Singers Fall Session starts, Quadra Community Centre, 6pm

### Friday, September 12

- Friday Flicks: Meet the Barbarians, Quadra Community Centre, 7:45pm
- Live music with Hal Douglas, HBI Pub 8pm N/C

### Wednesday, September 17

- Poetry Reading & Book Signing, Quadra Island Library Q Cove, 6:30-7:30pm

### Monday, September 22

- Way to Go Meeting on Energy work, QCC Rm. 3, at 3 pm.

## REGULARS

### Sundays

- Meditation Group: Quadra Children's Centre, 10am

### Mondays

- Pickleball Drop-In at Community Centre courts, 9am-1pm

### Monday & Friday nights

- Open AA meeting, at Cape Mudge United Church, 7:30-8:30pm

### Wednesdays

- Pickleball Drop-In at Community Centre courts, 6pm-8pm
- Poker Night: Quadra Legion 7:30pm

### Fridays

- Pickleball Drop-In at Community Centre courts, 9pm-1pm

### Saturdays

- Tennis Drop-In at Community Centre courts, 9am-noon
- Pickleball Drop-In at Community Centre courts, 9am-1 pm

**15-620 HELANTON RD. \*NEW LISTING!\*  
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- Whiskey Point ocean view building lot!
- This 0.63 acre lot comes with a good producing shared drilled well, hook up to the Quathiaski Cove sewer system & driveway into the property.
- Lot is a level bluff that boasts great ocean views across Discovery Passage.
- Hydro service is available for connection near the property boundary.
- Situated in the Whiskey Point Estates bareland strata subdivision, in a great central location in Quathiaski Cove.



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# WHAT'S ON AT QCC

**Jump into the action at the Quadra Community Centre!  
Come down, get involved and be part of YOUR community!**



## WHAT'S HAPPENING at QCC September 5 - 19

### THIS WEEKEND: Sept 5 - 7

**FRIDAY:** 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

6:30 Cetus Society "Coastal Insights" an evening of mini talks celebrating their 20 year anniversary

**SATURDAY:** 9:30 Beginner Tai Chi with Nicki; 10:30 Intermediate Tai Chi with Nicki; 11 drop-in Ultimate Frisbee on the field (all levels welcome!).

**SUNDAY:** 10:00 - 3:00 HARVEST HAPPENINGS FESTIVAL (BBQ lunch 11 - 2, music 10:30 - 3, Zucchini Race at high noon!). All day for exhibits, games, demos, maker tent, chicken poo bingo, animals and more.

### THIS WEEK: September 8 - 12

**MONDAY:** 1 Sing for Pure Joy; 2:30 Caregivers; 7 Garden Club ~ Native Plants and Pollinators with Luna

**TUESDAY:** 9 Quadra Quilters Guild; 10:30 Balance, Core Strength & Bone Health; 5:30 Drop-in Ultimate on the field (all levels welcome)

**WEDNESDAY:** 10 Baby Clinic; 3 Ping Pong

**THURSDAY:** 10 Tai Chi with Nicki; 10 Parents and Tots; 5 Core Strength and Stability; 6:45 Quadra Singers

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com ; 6 Sound Bath with Molly; 7:45 Friday Flicks ~ Meet the Barbarians

### NEXT WEEKEND: September 13 - 15

**SATURDAY:** 9:30 Beginner Tai Chi with Nicki; 10:30 Intermediate Tai Chi with Nicki; 7:30 Quadra Concerts ~ Van Django (tickets \$25 in advance, \$30 at the door)

### NEXT WEEK: September 15 - 19

**MONDAY:** 8:30 Fitness with Jeannie; 10 Parents and Tots; 1 Sing For Pure Joy; 3 Way to Go

**TUESDAY:** 2:45 Rec and Sports with Dave (at school gym); 5:30 Drop-in Ultimate on the field (all levels welcome)

**WEDNESDAY:** 3 Ping Pong; 4 Intermediate Basketball with Dave (school gym)

**THURSDAY:** 10 Tai Chi with Nicki; 10 Parents and Tots Dance with Kate; 5 Core Strength and Stability; 6:45 Quadra Singers

**FRIDAY:** 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

The Fall/Winter 2025 Rec Guide can be viewed on-line at [www.quadrarec.bc.ca](http://www.quadrarec.bc.ca) under the "recreation guide" tab. To view the on-line calendar or register for programs go to Rec Desk at <https://quadrarec.recdesk.com/Community/Home>. The Community Centre office can be reached at 250-285-3243 or e-mail us at [info@quadrarec.bc.ca](mailto:info@quadrarec.bc.ca)



## Harvest Happenings Schedule

### Saturday, September 6

- Exhibit drop-off at Community Centre Hall: 10:00 am – 4:00 pm

### Sunday, September 7 – Fair Day Events

- 10:00 am – 11:30 am Zucchini Race Registration (in main hall)
- 10:15 am – 12:00 pm Maker Tent: Fish Printing
- 10:30 am – Competition Tent: Corn Shucking Contest #1
- 10:30 am – 3:00 pm Musicians in the Tea Nook
- 11:00 am – Chicken Poo Bingo round #1 (betting starts at 10am)
- 11:00 am – 2:00 pm BBQ Lunch (Smokies, corn on the cob, watermelon)
- 11:15 am – Cupcake Walk #1
- 11:30 am – Competition Tent: Corn Shucking Contest #2
- 12:00 pm – Zucchini Races Begin (Skate Park)
- 12:30 pm – 3:00 pm Pony Rides (Animal Alley)
- 12:30 pm – 3:00 pm Maker Tent: Wet Felting
- 12:30 pm – 3:00 pm Animal Alley – meet furry and feathered friends.
- 12:45 – Chicken Poo Bingo round #2 (betting starts at 11:30 am)
- 1:00 pm – Cupcake Walk #2

### All Day Events

- Live Apple Pressing
- Dunk Tank
- Carnival Games
- Quiet "Book Zone" in Rm#1 with Quadra Literacy
- Kids Zone (bouncy house, face painting & more)
- Exhibits in the Hall

### Zucchini Race Info

- Zucchini can be any size, but maximum allowable wheel width from outside to outside must be no greater than 25cm.
- The axle shaft must penetrate the zucchini. The zucchini cannot be strapped to an external carriage.
- Ribbons are awarded to the Fastest Zucchini racer, the Furthest Zucchini racer, the Most Creatively Designed zucchini.
- The racing is in heats; the fastest cars from each heat will race off to decide the overall winner.
- Fun must be had by all!

## NEWS & EVENTS

### Harbourside Medical Clinic Welcomes New Doctor

**WE ARE** very excited to announce that Dr. Shiya Ratnasabapathy will be joining Harbourside Medical Clinic as a full-time family physician starting on September 8, 2025. As Shiya will be absorbing the previous patient panel of Dr. Tarig Abdalla, we will **not** be accepting new patients right away. If you do not have a family practitioner, make sure you have enrolled with the Health Care Registry ([healthlinkbc.ca/health-connect-registry](http://healthlinkbc.ca/health-connect-registry)) for when Shiya is ready to accept new patients.

*Deanna Mitchell, Harbourside Medical Clinic – Office Manager*





## 7 September

10am – 3pm

**Quadra Island Harvest Happenings**

Quadra Community Centre

## Weigh In On Waste Open House

Have your say on shortlisted strategies and actions to help guide how garbage, recycling and other waste is managed for the next decade.

Participate in person or online for a chance to win prizes!

Survey open until October 16.

[engagecomoxvalley.ca/swmp](http://engagecomoxvalley.ca/swmp)



**Comox Strathcona Waste Management**



## Quadra Singers Fall Session

Quadra Singers invites you to join our non-auditioned community choir under the direction of Thom Knutson with accompanist Joyce Baker. Whether you're new to singing in a group or have plenty of experience, you're welcome to sing with this friendly enthusiastic group. The ability to read music is a bonus but it's not a requirement. There is plenty of help available weekly and through our WordPress site – [quadrasingers.wordpress.com](http://quadrasingers.wordpress.com). If you're interested, check out the songs we'll be singing and hear the various song parts which are recorded.

Quadra Singers starts on Thursday, September 11. Registration will begin at 6:00pm in the QCC Main Hall. Cost for the Fall session is \$120 per person or \$180 for two members of the same household. Singers can make full payment at the beginning of the session or if finances are a deterrent, fees may be paid by instalment or separate arrangements can be made privately with the treasurer, Kevin Tuck. Rehearsals take place every Thursday from September 11 to December 4 from 6:45pm to 8:4pm. We're already looking forward to sharing our music with family and friends on Saturday, December 6. Questions? Email [quadrasingers@gmail.com](mailto:quadrasingers@gmail.com).

## Seniors Housing Open House

**SENIORS HOUSING** is excited to welcome you to our Open House on Saturday, September 6, from 11am to 3pm at 688 Harper Road. Join us for a complimentary BBQ, live music, guided tours, and door prizes.

Come and see what we've done with the place—we're proud to share the updates and improvements we have made to Seniors Housing.

"Quadra needs more housing like this! Meet our tenants and team, enjoy a fun-filled day and get inspired to help us expand!" says Maureen McDowell, QISHS President.

Everyone is welcome, and we look forward to seeing you there!  
*Dee McPhee*  
Executive Director



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## Way to Go

Join us on Mon. Sep. 21 from 3 pm to 4:30 pm, QCC Rm. 3, for a time of sharing, presentation on "Energy work for easing life's transition", discussion and business.

Info or zoom link at [way2go.ca](http://way2go.ca), or 285-3298. Bring a twoonie for the rental.

Next mtg. on Oct. 20.

## Open AA Meetings

Monday and Friday nights, 7:30 to 8:30pm at Cape Mudge United Church at 29 Tekya, Cape Mudge. Everyone Welcome!

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Our current edition and upcoming  
deadlines are available online:  
[www.discoveryislander.ca](http://www.discoveryislander.ca)

### CONTACT US

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**hours** Monday–Thursday: 10-4

**Opinions expressed** in this magazine  
are those of the contributors and are  
not the views of the publisher.

### SUBMISSION GUIDELINES

We welcome items for publication  
on subjects of interest to the  
Discovery Islands community.

- **250-300 words** is a good length  
for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please:  
*centre, colour, favourite etc...*
- **Please use the title of your item**  
in the email subject line.
- Remember to **include credits and**  
**captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE  
ALL ITEMS SUBMITTED, ERRORS AND  
ACCIDENTAL OMISSIONS MAY OCCUR.

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### NEXT DEADLINE

**7pm Monday, Sept 15**  
**for publication on**  
**Friday, September 19, 2025**

## COMMUNITY NEWS & EVENTS

### B.C. Ferry Authority AGM

B.C. Ferry Authority & British  
Columbia Ferry Services Inc.

Annual General and Public  
Meeting – 2025

The Boards of Directors of the  
B.C. Ferry Authority and British  
Columbia Ferry Services Inc. will  
hold the following meetings:

Annual General Meeting – B.C.  
Ferry Authority

Annual Public Meeting – British  
Columbia Ferry Services Inc.

**Thursday, September 11, 2025**  
**11:00 a.m.**

**Location:** Great Hall – Gleneagles  
Clubhouse, 6190 Marine Drive,  
West Vancouver, BC V7W 2S3

Meeting materials, including the  
annual report and agenda, will  
be available at least 10 days in  
advance.

Both in-person and virtual  
attendees will have the  
opportunity to submit questions  
and comments during the session.

To RSVP, please email:  
[agm@bcferries.com](mailto:agm@bcferries.com) indicating  
whether you will attend in person  
or online.

<https://www.bcferries.com/agm>

### Discovery Islander Submissions

**Email us at**  
[news@discoveryislands.ca](mailto:news@discoveryislands.ca)

**Drop off** your item  
at *Inspirations* in Q Cove

**Bring it** to our office  
at 701 Cape Mudge Road

### Friday Flicks Presents Meet the Barbarians



Friday Flicks kicks off its fall  
series on September 12, 7:45  
at Quadra Community Centre  
with *Meet the Barbarians* (Les  
Barbares). Director Julie Delpy  
casts her truthful gaze on small  
town France. Paimpont sits  
nestled in Brittany, content  
with its centuries-old heritage,  
its crêpes, and its flattering  
self-image. The town council  
is delighted they'll soon be  
welcoming refugees from  
Ukraine. But it turns out that  
too many in France have already  
taken in Ukrainian refugees, so  
the van that pulls into Paimpont  
one day delivers a refugee family  
from Syria instead. Awkward.

As the extended Fayad  
family finds its footing in a  
village very much set in its  
ways, both townspeople and  
newcomers must rethink their  
preconceptions. Will the local

businessman hold onto his  
xenophobic views? Can the  
Fayads bridge the gulf between  
their lives in war-torn Syria and  
their current disappointments  
in Paimpont? Will the town's  
crusading progressive herself  
descend into petty barbarism?  
*Meet the Barbarians* strikes  
just the right balance of  
humour, ideas, and heart.  
Powered by sharp writing and  
deft performances, this is a  
classic comedy of integration.  
Doors open at 7:30. Enjoy our  
famous dessert bar and a cup of  
cappuccino or tea.

Sept 26, *One to One*: John  
and Yoko. An expansive and  
revelatory inside look at the 18  
months John Lennon and Yoko  
Ono spent living in Greenwich  
Village in the early 1970s,



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## New Visitor Information Space Launches at Coastal Community Credit Union Foyer

Quadra Island, BC — The Discovery Islands Chamber of Commerce is proud to announce the completion of a new Visitor Information space in the foyer of the Coastal Community Credit Union (CCCU), adjacent to Aroma Cove Café in Quathiaski Cove — a fresh and visible hub where visitors can find brochures, maps, and local recommendations to enhance their experience across the Discovery Islands region.

This exciting initiative would not have been possible without the generous support and partnership of Danielle Bird. The Chamber extends a huge thank you to Danielle for

on the wall beside the brochure racks as a striking and educational centrepiece

- Distribution of a newly developed “Welcome to Quadra” letter that introduces visitors to our Island Ethics and encourages responsible tourism

Importantly, this racking location serves to promote the entire Discovery Islands region — not just Quadra. Businesses and organizations from Cortes, Read, Maurelle, and other neighbouring islands are welcome to participate and benefit from this highly visible location.

our local businesses, our residents but also our neighbours and members throughout the Discovery Islands.”

To rack your brochure or learn more, please contact the Chamber at [admin@dicc.ca](mailto:admin@dicc.ca).

For more information, visit [www.dicc.ca](http://www.dicc.ca).



providing use of the space and helping make this valuable service a reality.

The new setup responds to widespread community feedback about the lack of centralized visitor information following the closure of the former Tourist Information Booth operated by the OAP. With a growing number of visitors and limited cell service in some areas, printed materials remain essential. Key features of the new Visitor Information point include:

- Twice the brochure racking capacity to showcase local businesses, tours, events, and services
- Bold “Welcome to the Discovery Islands” signage installed above both racks to greet visitors
- A refreshed sandwich board at the Aroma Cove Café and CCCU parking lot entrance to direct foot traffic inside
- A reclaimed roadside “Tourist Information” sign on the ferry approach, improving visibility for arriving guests
- The display of a 4' x 4' illustrated banner map of the Discovery Islands, drawn by renowned artist Hilary Stewart in 2000 — now mounted

Brochure racking is open to all Chamber members at a cost of \$40 per year per location, or \$120 annually for placement at all four Chamber-managed rack sites across the island. This offers members a year-round opportunity to reach visitors beyond the ferry foot passenger lounge.

In addition to this new information hub, the Chamber wishes to sincerely acknowledge the important role that residents, grocery store cashiers, retail staff, farmers market vendors and business owners have long played in assisting the travelling public. These everyday ambassadors often field questions about directions, services, and local highlights — and we recognize and appreciate the patient, friendly support they provide to our visitors year-round. This new racking initiative is designed to support and complement those informal efforts by making reliable printed information more accessible.

“Tourism continues to evolve, and we’re working hard to make sure visitors have access to accurate, inviting, and responsible information,” said Carol Ann Terreberry, President of the Discovery Islands Chamber of Commerce. “This project supports not only

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# Poetry Reading - Book Signing

**Dayna Davis is a Cortes Island poet.** Her poems have appeared in Vancouver Island and Discovery Islands writing anthologies "Escape", "Home" and "Thursday Nights at the Whalehouse." Her poem "Twitch with Life" was published in the summer 2023 edition of Van Isle Poetry Collective.

A former Quadra resident (1985-1992), Dayna is excited to share her work with Quadra friends and other lovers of poetry.

Dayna was raised on a family farm in Northern Alberta, and has lived in rural coastal B.C. for four decades. She is a mother, grandmother, song leader, and gardener. She has worked with children for 40 years, as a teacher of

music, art and learning infused with nature, poetry and story. Now retired, she continues to work with The Gordon Neufeld Institute, providing support for parents and teachers through developmental attachment work. She lives on Cortes Island B.C. with her husband Mark, tending their little patch of heaven.

Holdfast is her debut collection of poetry, published in summer, 2025.

[www.salmonberry.ca](http://www.salmonberry.ca)

"Raven breaks colour, tricking the light, his feather a prism releasing violet and night."

Dayna Davis brings us a collection of rich

# Meditation Group

**WE MEET** every Sunday at the Quadra Children's Centre at 10am for a 45 min sitting meditation on a cushion or chair, followed by a short break with tea and cookies.

There is a reading of a book based on Buddhist perspectives and meditation practices, and then a discussion on the text we read.

Everyone is welcome, a small donation is appreciated. **For more info call Don at 250 285 2193 or Kai at 250 850 9245.**

# Quilting Guild

The first meeting of the Quadra Island Quilting Guild's 34th season is on September 9th at 10am at the Quadra Island Community Centre. The meeting includes the popular "Show and Share" where members present their projects - dazzling and inspiring fellow quilters! Aside from business at hand, meetings feature a Block-of-the-Month, IFFIs (I finally finished it!) and the odd invitation for special creativity like sewing something out of denim circles or rendering as a quilt your favourite season, flowers, or using colours from paint chips - our last three summer challenges.

The guild meets the second Tuesday of every month from September through June, inclusive. We have close to 60 members from Quadra Island, Cortes Island, and Outer Discovery Islands. The club's mission is to share ideas and accomplishments through education, meetings, fun, and great company while supporting the community through outreach and comfort quilts.

In addition to the monthly meeting there is a monthly sewing bee at the community centre. The guild's calendar features mini workshops as well as longer ones with visiting quilt fibre artists. Annual activities include a fall marathon weekend during which members create comfort quilts. These quilts are distributed to community members in need of some caring, which the guild does, in the form of a warm quilted "hug". Proceeds from the raffle held in the summer of 2024 went to replenishing materials needed for sewing these quilts while members supply their creativity, time, and talent. There is also a spring retreat over several days, a time to sew, share, and hone skills with fellow members in a social atmosphere.

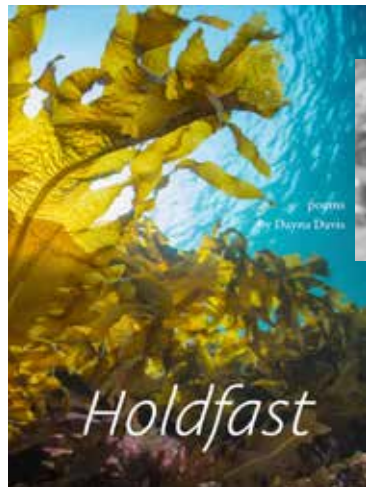
Visitors are welcome - maybe we'll see YOU on September 9th

## Poetry Reading Book Signing

Dayna Davis will read from her new book of poems.

*"Raven breaks colour, tricking the light, his feather a prism, releasing violet and night."*

Dayna Davis lives on Cortes Island, and her writing celebrates the natural world, childhood reflections and home.



Quadra Island Library:  
Wednesday  
September 17  
6:30 to 7:30 pm

Books for sale



imagery. Her musicality of language is compelling. Themes of innocence, wonder, forgiveness, grief and loss run through landscapes of childhood, family and the emergence of the writing life.

These poems awaken the senses, bring the reader close, illuminate.

"before you knew...that a heart's purse, fully opened, could invite anything but gold"

These poems celebrate the natural world, leading us from field and forests of rural Alberta to shorelines of coastal B.C. The book feels like a memoir told with lyric introspection.

The poems ask questions. What can we hold onto in a world of impermanence? What keeps us anchored as we travel from childhood to old age? In the end, what truly matters.



## REGIONAL DIRECTOR'S REPORT

Hello,

Here we are arriving in September rich with cricket music and garden bounty, and excellent community events just finished (Quadrpalooza!) and right around the corner (Youth Harvest Happenings Fall Fair!). At the August SRD Board meeting there were several Area C related topics discussed. This report shares decisions made regarding Village Bay payphone access and a grant funding allocation to Quathiasi Cove sewer.

### Village Bay Lake payphone

Telus's removal of the payphone at Village Bay Lake caused significant concern for many islanders and in particular the Village Bay Family Water Recreation Society: there is no cell coverage available in the area, the Lake has about 75 cabins, and the area is also frequented by day users and folks accessing Main Lake Provincial Park.

Since October 2024 SRD staff have been investigating the potential for reinstating the payphone or finding an alternate solution. The latest report from staff stated that Telus is not interested in restoring the payphone and examined other options.

### Alternative options

One option could be a fixed satellite radio system configured to limit calls to 911 only: activation and ongoing operational costs were estimated at more than \$20,000 annually. Having the Regional District involved in instituting this would require a Service to be established for recovering costs.

The other option reported was that Rogers Mobility is now offering a satellite-to-mobile beta trial open to all Canadians using any mobile carrier if they have a compatible device. Reportedly, this satellite connection works south of the 58th parallel in most outdoor areas where you can see the sky and may be a solution for individuals.

After considering the report the Board voted that further research into establishing a Service for funding an emergency telephone service for the Village Bay Lakes area be discontinued for the time being. If there's curiosity in establishing a Service for an emergency satellite phone connection at Village Bay Lake, I'm available to discuss this with folks – find my contact info at the bottom of this report.

### Continuing advocacy

The Board supported requesting

a meeting with BC's Citizen Services to discuss Telus decommissioning payphones in areas with limited or no alternative communication services and the community safety and accessibility issues this raises.

This is not just an issue for Village Bay Lake: there are other areas in the SRD which have suffered a similar fate and equitable access to basic communication is vital. We intend to ask the Province to advocate with the federal CRTC for the continued availability of public payphones where they remain essential.

### Growing Communities fund reallocation

In 2023 the SRD received approximately \$2.6 million from the Province through the Growing Communities Fund, a fund designed support local governments in delivering essential community infrastructure. As required, the SRD allocated the funds to various eligible infrastructure projects across the region, including \$200,000 to a water well exploration project in QCove.

Since the 2023 allocation more information has been uncovered about a potential water system in QCove. The water well drilling would come with little

certainty in developing a potential community water system, and the projected costs are estimated to be over \$20 million. If you're curious and want more info about QCove water studies, my April 2024 Director's Report has links and more info: [bit.ly/Water-in-QCove-Directors-Report-2024](https://bit.ly/Water-in-QCove-Directors-Report-2024).

### From water to sewer

Planning for the QCove sewer treatment plant replacement, development of a preliminary design and potential collaboration with the We Wai Kai Nation is a higher priority, considering the status of the current system. At the August Board meeting the \$200,000 earmarked for water well exploration was reallocated to QCove sewer integration, which will provide greater value for the available funding which must be fully expended within five years from receipt in 2023.

### Connect

Thanks for taking the time to read this report. You're welcome to connect with me with questions or concerns: email [RMawhinney@srđ.ca](mailto:RMawhinney@srđ.ca), or call 250.203.2468. And, you can visit [robynmaahinney.ca](https://robynmaahinney.ca) to find previous reports and links to online resources.

Until next time,  
Respectfully,  
Director Robyn Mawhinney

## Chef's DINNER CLUB

Sept 18 • Oct 16 • Nov 20

One shared table. Twenty seats.  
An unforgettable culinary experience!

## September 18th Menu

Buttermilk corn bread, chipotle honey compound butter

*amuse-bouche:* Mexican corn fritter, cilantro lime crema

*1st course:* Corn soup, chilli oil, charred leek coins

*2nd course:* Braised lamb shank, pan fried polenta cake, corn pudding, mint goat cheese, puttanesca sauce

*3rd course:* Popcorn crème brûlée, fresh blackberry, caramel corn

Join us for a monthly set menu, curated and crafted by Chef Tyson Santry, who will offer insights into the ingredients, techniques, and his vision behind each dish. Guests are invited to explore cocktails, local wine pairings, and aperitifs selected to complement each course.

**\$99 per dinner OR reserve all 3 for 10% off! Call: 250-285-3322**

HBI Pub & Lawns (*weather dependent*): 11:30am–8pm

Hérons: Thursday–Sunday 5–8pm | Call 250.285.3322 for takeout

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a beautiful place to spend time

# Quadra Concerts Season Opener with Van Django



Before we even talk about the world-class music of Van Django, we want to extend a very special invitation to everyone in our community. This first concert of the season will also mark the final performance with our illustrious sound engineer, George Murdoch, whose skill and dedication have elevated countless concerts over the years.

We'd love for all who have been touched by George's work—and by the extraordinary efforts of our outgoing Quadra Concerts board Joan Varley, Debbie Quigg, and Norris Weimer—to join us for this evening. This is our chance to come together in gratitude for an amazing run of many years of diligent, volunteer-driven work bringing high-quality music to Quadra Island.

It will be more than just a concert—it will be a heartfelt community celebration of those who have served the island in remarkable ways. Come for the music, stay for the memories, and let's give our outgoing board the send-off they truly deserve.

## VAN DJANGO

Imagine yourself in a 1930s Paris café on a warm fall evening, listening to the exuberant swing of the Quintet of the Hot Club of France. While Quadra Concerts doesn't have a time machine, we

do have the next best thing—Van Django, Canada's premier gypsy jazz quartet, live in concert on September 13th. This acoustic string ensemble features four of Canada's most talented and eclectic musicians: violinist Cameron Wilson, guitarist Budge Schachte, guitarist/cellist Finn Manniche, and bassist Brent Gubbels.

Van Django's music is rooted in the gypsy jazz traditions of 1930s Paris, but their performances soar far beyond—full of dazzling improvisation, driving rhythms, boundless creativity, and unexpected mash-ups that delight audiences everywhere. Since forming in 1998, they've toured extensively across Canada, the US, Europe, and China, with repeat appearances at Djangofest Northwest (2008–2016) and collaborations with the Vancouver and Victoria Symphony Orchestras. Their four albums—Tiptoe Trip, Waltz in the Shape of a Tree, Hotel Europe, and the holiday favourite Cool Yule—receive regular airplay on CBC, NPR, RDI, and Lyric FM in Ireland.

## Meet the musicians:

Cameron Wilson – Composer, arranger, and virtuosic violinist often compared to the legendary Stéphane Grappelli for his inventiveness, tone, and artistry.

Budge Schachte – Acclaimed guitarist, composer, and arranger, with numerous film soundtrack credits and performances alongside a “who's who” of international artists.

Finn Manniche – A versatile guitarist and cellist whose credits span from chamber ensembles to jazz, performing with groups like the Armadillo String Quartet, the Jazzmanian Devils, and The Paperboys.

Brent Gubbels – A veteran bassist who has worked with Gypsalero, Rumba Calzada, John Reischman, and many more, and appears on recordings by multiple Juno winners and nominees.

Former Djangofest director Nick Lehr put it best:

“A standout act. Attending a Van Django concert is the most fun you can have sitting down with your clothes on.”

September 13th, Doors at 7:00 PM

Quadra Community Centre  
\$25 advanced / \$30 at the door  
Tickets available now online or at our local Quadra Island outlets:

Copper Coast, Inspirations, Aroma Cove Cafe



## Seniors Housing Open House

Seniors Housing is excited to welcome you to our Open House on Saturday, September 6, from 11:00 a.m. to 3:00 p.m. at 688 Harper Rd. Join us for a complimentary BBQ, guided tours, and door prizes.

Live music will be provided by the talented Mary-Ellen Lane.

Come and see what we've done with the place—we're proud to share the updates and improvements we have made to Seniors Housing.

“Quadra needs more housing like this! Meet our tenants and team, enjoy a fun-filled day and get inspired to help us expand!” says Maureen McDowell, QISHS President.

Everyone is welcome, and we look forward to seeing you there!

## Quadra Island Market

The Quadra Island Market continues till mid September so don't miss them! It's been a terrific summer with high attendance from our local community and visitors to the Island. The weather is great, we have more to show you and great live music continues! See you Saturdays 10 - 2 beside Cafe Aroma.

## Live music line up:

Sept 6 Don Utley

Sept 13 Ian Skorscha

Judith Tait has been a vendor for 4 years and enjoys providing gluten free baking including cakes, cookies, loaves, scones, pizza and much more with at least one vegan choice every week. She often adapts recipes from the Quadra Cookbook! Special orders on request.



## Soil

When algae first emerged from the oceans some 480 million years ago to become plants, they had no roots, so they established a symbiotic relationship with fungi, which were essentially nothing but roots. The fungi had the capability of extracting critical moisture and minerals from the ground, while the algae could photosynthesize sugars from sunlight, so the two organisms established a mutually beneficial partnership. This is a subject that has been explored by Dr. Suzanne Simard in her seminal book, *Finding the Mother Tree: Discovering the Wisdom of the Forest*. Rupert Sheldrake has explored the mysterious world of fungi even further in his remarkable book, *Entangled Life: How Fungi Make Our Worlds*. And George Monbiot has added further dimensions to this fascinating subject in *Regenesi*, in which he examines the complexity of life systems in soils. Chapter 1, "What Lies Beneath", is particularly illuminating.

At the macro level, soil contains "insects and crustaceans, mites and spiders, chilopods (centipedes), diplopods (millipedes), springtails and earthworms, nematodes, mollusks and other creatures I never knew existed," explains Monbiot, adding that, aside from roots and their fuzzy fibres, a single teaspoon of soil can contain a kilometre of fungi filaments. In some forests, these filaments form thick clusters called mycelium that can extend for kilometres, interconnecting a single fungus with trees in a complex and coordinated exchange of critical water, minerals and sugars. Electrical pulses, at about 4 per second—"similar to those moving through an animal's sensory nerve cells"—suggest, according to Sheldrake, that the fungus may be farming the plants to make sure that the soil ecology remains healthy.

In the rhizosphere—in the soil surrounding the roots of plants—the biological dynamics are even more complex and interesting. As Monbiot notes, about 11 to 40% of the sugars produced by a plant through photosynthesis are released into this soil, a "leakage" that is intentional. "Stranger still, before releasing them," the plants turn some of these sugars "into compounds of tremendous complexity, with impossible names such as 2,4 dihydroxy-7-methoxy-2H-1,4-benzoxazin-3(4H)-one."

This is all done with the purpose of managing the bacteria inhabiting the rhizosphere that determine the health and efficiency of the plant's roots and root hairs. These are the microbes through which decomposing nutrients must pass before they can be

absorbed by the plant. So the plants are using sugars to farm the bacteria that they need to survive and flourish. "These bacteria," writes Monbiot, "gather and unlock many of the nutrients on which plants survive. Bacteria in the rhizosphere, alongside the fungi with which the roots are enmeshed, and other microbes, capture iron, phosphorus and other elements in the soil and make them available to plants. They break up complex organic compounds, allowing them to be absorbed by roots."

But the subject gets even more interesting. "Soil bacteria also produce growth hormones and other specific chemicals that help plants grow," writes Monbiot, and the plants only release into the soil those nutrients that are most effective in growing the bacteria that aid the plant's growth. In other words, explains Monbiot, "Plants speak in chemical languages that only the microbes to whom they wish to talk can understand." Furthermore, "The language changes from place to place and from time to time, depending on what the plant needs. When plants are starved of certain nutrients, or the soil is too dry or too salty, they will call out to the bacteria that can overcome these constraints."

Plants also exercise "chemical warfare, releasing compounds that poison or suppress harmful microbes." These can be so specific as to target unwanted ones while leaving the wanted microbes undamaged. Or the plant can work with other microbes to destroy a bacteria that is deemed a common enemy. The plant's release of specific "volatile chemicals into the soil" can summon larger organisms such as

nematodes to attack underground caterpillars, and even signal other plants to take protective measures against enemies.

As Monbiot points out, the similarities between the biological activity taking place in the rhizosphere and the human gut are "uncanny". "In both systems, the [billions of] microbes break down organic material into the simpler compounds the plant or the person can absorb. Though there are over 1,000 phyla (major groups) of bacteria, the same four phyla dominate the rhizosphere and the guts of mammals." He footnotes these as Firmicutes, Bacteroidetes, Proteobacteria, and Actinobacteria. The basic difference is that the bacteria of the rhizosphere are outside the plant, whereas the gut bacteria of our bodies are internal. But they perform the same function, affect us similarly, and are crucial to our wellbeing. Indeed, many of the antibiotics we have developed have come from our study of soil bacteria and how they are managed by plants.

This, in itself, is interesting because it suggests that plants and humans are more closely related than we usually consider. The ecologies that we perceive to be outside in the macro-world function very much like the ecologies that we are now discovering are in the micro-world of the soil and our bodies. Fungi, plants, animals, insects, worms and bacteria are all interconnected in diverse and multitudinous ways to create the complex miracle of our living planet.

Ray Grigg  
for Sierra Quadra

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The Fall Term begins on Monday, September 8th, from 1:00 - 2:30 in the Main Hall at the Quadra Community Centre, and ends on December 1st.

The fee for an hour and a half is \$10 if you pay for the term (\$130 - 13 weeks.) There is a \$12 drop-in fee. The term fee is prorated if you join at a later date. Family members and caregivers are half cost.

To quote Ella Fitzgerald, "The only thing better than singing is more singing!"

For more information please call 250 202-1003 or email [singforpurejoy@gmail.com](mailto:singforpurejoy@gmail.com).



## The Risks of Having – and Not Having – a Power of Attorney

Most of us don't expect

to lose the ability to handle our own affairs — but illness, accidents, or the natural effects of aging can change that in an instant. A Power of Attorney (POA) is a legal tool that lets you appoint someone to make financial and legal decisions for you if you can't do it yourself. It's an important safeguard, but it's not without its own risks. Knowing the pros and cons can help you decide whether it's something you should put in place — and how to do it safely.

The Risks of Not Having a POA

If you don't have a POA and become incapable of managing your financial or legal affairs, no one — not even your spouse or adult children — automatically has the authority to act for you.

In BC, the usual alternative is something called a committee appointment, where someone (often a family member) applies to the Supreme Court to be appointed as your committee. This process is slow, can cost

thousands in legal fees, and may require ongoing reporting to the Public Guardian and Trustee. While the application is underway, important matters — paying bills, managing investments, selling property — may be delayed.

There's also the risk of family conflict. If more than one person wants to be appointed, or there's disagreement about who's best suited, the process can become tense and emotionally draining. And remember — if the court chooses, the person appointed might not be who you would have picked.

The Risks of Having a POA

A POA gives your chosen "attorney" broad authority over your finances and property. That can mean everything from paying bills and managing bank accounts to selling your home. While most attorneys act with integrity, there's always a risk of misuse or abuse — unfortunately, financial abuse of vulnerable adults is a real problem.

Even without malicious intent, mistakes can happen. Your attorney might make decisions you wouldn't have made, simply because they don't fully understand your wishes.

Once a POA is in place, there's limited routine oversight unless someone raises concerns. That's why choosing the right person is critical — and why it's wise to set

out clear instructions in writing.

Reducing the Risks

The best protection is thoughtful planning:

- Choose someone you trust completely — ideally someone with good financial sense and no conflicts of interest.
- Talk openly with them about your wishes and values.
- Consider naming more than one attorney to act jointly, so there's built-in oversight.
- Review and update your POA if circumstances change.
- Keep it in a safe but accessible place, and make sure key people know it exists.

A POA is a bit like a seatbelt: you hope you never have to rely on it, but if life takes an unexpected turn, having it in place can make things much smoother for you and your loved ones. The risks are real whether you have one or not — the question is, which risks are you more comfortable taking?

Way To Go strives to integrate death as part of life by initiating conversations, providing education, and encouraging people to prepare for end-of-life. We also empower, guide, and support the practice and process of caring for our own dead and dying, in community. Visit our website, [way2go.ca](http://way2go.ca); view upcoming events, read previously written articles, and join our email list.

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## Quadra Island Invited to Help Guide Our Economic Future

**Quadra Island residents are invited to take part in an important community survey,** and by participating, you'll be entered into a draw for a weekend staycation on Quadra Island! Share your voice and help shape our island's future today: [www.dicc.ca/survey](http://www.dicc.ca/survey).

The future of Quadra Island's Economic Diversification Plan is in the hands of the community—and your input is essential. The Discovery Islands Chamber of Commerce, in partnership with the We Wai Kai Nation, has launched a community-wide Economic Survey designed to gather ideas, priorities, and a shared vision for this first-of-its-kind plan for Quadra Island.

This survey is a critical step in creating an Economic Diversification Plan that reflects what matters most to the people who live, work, and belong here. To ensure the plan is truly community-driven, all residents, local businesses and non-profits, and Indigenous groups are encouraged to participate. "This is about building more than an economy—it's about creating a roadmap for a vibrant, resilient future that aligns with our community values," says the Project Team.

### Have Your Say – and Win a Staycation!

Everyone who completes the online survey will be entered into

a prize draw for a weekend of fun and relaxation right here on Quadra Island. Whether you treat yourself to a staycation, or gift it to visiting family and friends, it's a chance to enjoy all the beauty and hospitality our island has to offer compliments of the Heriot Bay Inn, Taku Resort & Marina, Café Aroma and Quadra Island Kayaks.

### How to Participate

The survey is quick, easy, and confidential. Find it online at [www.dicc.ca/survey](http://www.dicc.ca/survey) or scan the QR code on posters around the community.

Your input will help shape Quadra Island's Economic Diversification Plan—a plan that honours our strengths, addresses our challenges, and identifies pathways for sustainable, inclusive growth.

Please complete the survey by October 4th.

#### Project Background

As traditional sectors shift and global challenges evolve, the Discovery Islands Chamber of Commerce is taking proactive steps to secure its future. The Economic Diversification Plan will provide a long-term strategy to build resilience and create opportunities for generations to come.

### This plan will:

- Reflect community input and local values
- Be guided by demographic and

sector analysis

Provide a roadmap for sustainable economic growth

Set the stage for a Tourism Sustainability Plan launching in 2026

Funded by the Rural Economic Diversification and Infrastructure Program (REDIP) and Island Coastal Economic Trust (ICET), this project is a collaboration between the Discovery Islands Chamber of Commerce, We Wai Kai Nation, and the Quadra Island Foundation.

Interested in the work we have completed on the Plan so far? Please visit our website [www.dicc.ca/news](http://www.dicc.ca/news) for updates. If you are passionate about economic diversification and want to know more or be included in our next community workshop, please send us an email.

### Project Team:

Project Consultant: Dr. Farhad Moghimehfar  
Economic Diversification Coordinator: Jennifer Banks-Doll  
Director of Economic Development, We Wai Kai Nation: Jason Wilson  
Steering Committee from the Discovery Islands Chamber of Commerce:

- Carol Ann Terreberry (President)
- Carol Perry (Treasurer)
- Tina Oswald (Councillor)

## Marine Debris Removal

7300 kgs or 16,093 lbs of marine debris pollution has been removed from Quadra's shores so far this year.

All done by volunteers of the Quadra Island Beach Clean Dream Team.

Remember #319 for your Spirit Points at either Tru Value grocery store fuels us later.

Update Thursday August 28th.

The big tire will be recycled and CVWM will pay the \$450 per ton to have it recycled. The tire weighed in at 2820 kgs. Or 7300 lbs Thanks Stephanie and the Comox Valley Waste management team for all your continued support.



# Cliff Mooney

## ELECTRICAL

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## Endangered bird confirmed on Quadra Island

Canyon Creek Ridge, Quadra Island. On a sunny day in late July, a nine-inch-long bird—black with long, slender, pointed wings—flashed across the field of view of the drone I was flying, about 30 feet ahead. The drone's camera, recording at a resolution of 4k and 60 frames per second, caught 1/10 of a second of the bird's flight. This occurred while the drone was performing an aerial survey of an area of unmapped old forest. I didn't know about the bird until later.

On reviewing the drone's video footage, there it was, just a quick flash across the screen: six frames of a Black Swift. After combing through the rest of the footage, it turned out the swift had made another, longer appearance, further away as it criss-crossed the ridge hunting for insects.



Six frames of a drone video witnessed an endangered Black Swift flying over Canyon Creek Ridge on July 27, 2025

In Canada, Black Swift are now officially classified as an "Endangered" species. If you google "Black Swift" you will discover a small community of conservationists in BC desperately trying to learn more about this "mysterious" bird before it completely disappears. What is known is that the Black Swift is an insectivore specialist that spends most of its life in flight. Believed to migrate annually from the Amazon Basin to British Columbia (~8500 kilometres), it nests here on a cliff, often beside or behind a waterfall. There is apparently a record somewhere of a Black Swift nest being used for 21 consecutive years. Black Swifts mate for life and will have at most one chick each year. Their breeding range is mostly in British Columbia.

Black Swift chicks fledge late in the season—late August to early September. If the bird we accidentally photographed was part of a breeding pair, it likely had a chick to feed later that day. Black Swifts rely on waterfalls for protection from predators and the higher humidity created by the waterfall, which is believed to be essential for the chick's health. Our swift made its appearance close to Canyon Creek, which does have waterfalls along its

length and two large, insect-friendly wetlands nearby. Quadra Island has over 100 small lakes and wetlands, ideal habitat for insectivores.

Black Swift numbers are believed to have declined to about 10 percent of the population that existed in the 1970s. The main threats to the species are thought to be the global decline in insect populations and loss of breeding habitat. Many waterfalls in BC now have less water in July and August as a result of logging and climate change. Thousands of clearcuts a year have the effect of drying out the land, the streams and the waterfalls (4101 cutblocks were logged on Crown land in BC in 2024 alone, about half of normal). Climate change is increasing the likelihood and severity of drought.

The TimberWest clearcut visible in the background of the Black Swift photograph runs right to the edge of Canyon Creek and removed all of the forest beside a small creek running into Canyon Creek.

Sadly, the 40-hectare ridge of old forest above which we photographed the Black Swift is being encircled by clearcuts. Six cutblocks logged in 2023 and 2024 join two cut in 2020. TimberWest is slowly but surely fragmenting the old forest from the wetlands. According to TimberWest's own mapping of old forest on Quadra, the old forest at the top of the ridge doesn't even exist. TimberWest and all the other logging companies in BC are flying nearly blind in terms of knowing the end result of what they are doing. They don't know what's there so they don't know what will be lost when they log it. And they couldn't care less.

Nor does TimberWest give a damn about "struggling" coastal mills. Mosaic Forest Management—which manages the operations of TimberWest and Island Timberlands—accounted for 73 percent of the volume of logs for which mandatory raw log export

advertisements were filed with the BC government in the first 8 months of 2025. The company's alligator tears about coastal mills are pure deception, a deception amplified by a letter in the last edition of the DI.

David Broadland  
for the Discovery Islands Forest  
Conservation Project

## It's not just CO<sub>2</sub>

It's not just CO<sub>2</sub>, it's all the Greenhouse Gases combined!

Figures derived from the National Oceanic & Atmospheric Administration observatory at Mauna Loa, Hawaii.

The May 2025 CO<sub>2</sub> reading was: 426.89 ppm (parts per million)

April 2025 CH<sub>4</sub> (methane) was 1934.91 ppm (parts per million)

April 2025 N<sub>2</sub>O (nitrous oxide) was 338 ppb (parts per billion)

Other trace greenhouse gases measured include: CFC-12, CFC-11, HCFC-22, & HFC-134a.

While Mr. Ray Grigg reports that the CO<sub>2</sub> levels are currently "nearly 430 ppm" this is the same number that all non-expert media are reporting, as if CO<sub>2</sub> were the only gas that was causing climate warming.

The data on the NOAA site show the total CO<sub>2</sub>, with the addition of the warming effects of the other greenhouse gases, results in a total of 534 ppm GHGe (greenhouse gas equivalents) in 2023, the last year for which the calculations are complete. That's about 107 ppm higher than the level of CO<sub>2</sub> alone.

Looking at other scientific sites you can see that the Earth has already crossed the 2-degree warming threshold, and we are well into cumulative warming feedbacks, as many of you have seen from repeated drastic flood, heat and storm reports.

From the Skeptical Science web site, you may find that 2 degrees warming is an average including the ocean temperatures. As land-based creatures we should be aware that 2 degrees average translates into +4 degrees C on land. And if you are still used to thinking in Fahrenheit or speaking with an American farmer, tell them that +4 C means +7.2 degrees F average warming on land.

Good luck to everyone!

Smokey D.



## What Makes Quadra Special

I returned (unfortunately just visiting) for Quadrapalooza and would like to share what makes me miss it so much since I moved away.

The first thing is not really “Quadra specific”, but before I even left the mainland., as I approached Tsawwassen the smell of the salt air hit me. After a few minutes I stopped noticing the smell of salt, but I still notice that the air FEELS better.

The rest IS “Quadra specific”. First, it is quiet. I am not talking about a lack of sound. Of course there are sounds, and quite a lot of “manmade” noises, and sure Quadrapalooza is loud. But I am talking overall. Most of the “small towns” on the mainland (or main Island) are usually near major highways, many near active train tracks. A few cars doing 50-60kph down the road occasionally is much different than 90-100kph semis, all the time, day and night. Listening to nature and being interrupted by a sea-plane taking off is annoying. Freight trains, all the time, day and night, are maddening. Living in the constant city noise (like the smell of salt in the air) it tends to fade in the background, but it’s always there. But not here.

Then there are the people, and I would like to clarify MY definition of people. In any random group of 20 individuals you will likely find 1 person, 18 humans and 1 (lower case, gender neutral) karen. Wherever I go this ratio seems basically standard. On Quadra the ratio of humans to karens jumps from 18 to 1 up to possibly 20-30 to 1. The ratio of 18-1 humans to people swings dramatically to 2-3 people (most likely more) per human.

Events such as Quadrapalooza or the Chamber Music festival tend to draw more people (unlike a concert or a street festival even just across the ferry in Campbell River) so the ratio is usually undisturbed.

Lastly what I notice is walking around and looking at the ground and seeing rocks, grass, plants ... you know ... ground. I take the ferry off Quadra and it is not long before I see something on the side of the road making me think “#\*%ing humans” and not long before I think it again .. and again. There may be some garbage that fell/blew from a vehicle now and then, but almost zero litter ... because people don’t do things like that, just humans.

No matter where I may live, I always look forward to going home to Quadra, even just for a visit.

Sam Leggett - Quadra ex-pat

## Call for Volunteers: Join the Strathcona Accessibility and Inclusion Advisory Committee

(Campbell River, BC) - The Strathcona Regional District (SRD) and its partners are inviting applications from residents to serve on the Strathcona Accessibility and Inclusion Advisory Committee (SAIAC). This volunteer committee plays a vital role in advancing accessibility and inclusion across the region. The SAIAC is a joint committee with regional partners across the SRD including VIRL and School District 84.

The SAIAC committee provides advice on identifying and removing barriers to accessibility and inclusion throughout the region in areas such as the built environment, information and communications, or the delivery of public programs and services delivered by partnering organizations. Community input is an important part of this work. Residents can share barriers they have experienced or observed through the SRD’s online feedback tool, which has already informed a regional list of accessibility challenges. These identified barriers are prioritized by the partners and committee, with progress tracked and reported publicly.

“It is an honour to serve as Chair of the Strathcona Accessibility and Inclusion Advisory Committee,” said Susan Sinnott, SRD Committee Member. “We’ve developed the region’s first Accessibility Plan, launched an online barrier feedback tool, and supported the creation of an accessibility awareness training program to support inclusion across

our communities and partner organizations.”

The SRD and partners are seeking applications from people with disabilities, advocates, support workers, and individuals who reflect the diversity of the Strathcona region. The committee will include 7 to 12 voting members, representing residents, businesses, community groups, and partner organizations and will strive to include:

- At least one Indigenous member
- One SRD Director
- Representation across the Strathcona region
- Diversity that reflects persons with disabilities in BC

Reimbursement for pre-approved reasonable expenses related to travel, meals, accommodation, and out-of-pocket costs while performing Committee responsibilities will be made in accordance with SRD Travel Expense Policy. **Applications will be accepted until September 30, 2025.**

If you’d like to help improve accessibility and inclusion in the Strathcona region, please apply to join the Committee at [srd.ca/accessibility](http://srd.ca/accessibility), email [accessibility@srd.ca](mailto:accessibility@srd.ca), or call the SRD Communications Department at 250-830-6724.

More information, including the committee’s Terms of Reference, accessibility plan and the accessibility feedback tool, can also be found online at [srd.ca/accessibility](http://srd.ca/accessibility).

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## Temporary Classroom and Gym Arrangements for Carihi Secondary

CAMPBELL RIVER, BC – Construction delays on four new portable classrooms for Carihi Secondary mean that some classes will continue in temporary spaces this fall.

The portables, being built and delivered by Chaparral Industries, were expected in time for school start-up but are now expected to be ready late this fall although the Campbell River School District is hopeful they may be completed sooner.

To reduce disruption, the school will be using space within the building to house most displaced classes. Only two classes will need to relocate to Robron Centre for the first couple of weeks in September. Band and guitar classes will continue at École Phoenix Middle School, while drama and dance classes will remain in Carihi's multi-purpose room.

Gym programs will also continue at Robron Centre, with students being bussed to Robron and École Phoenix as needed. At this time, the district is still waiting on a finalized plan for gym repairs, and we are unable to provide a timeline yet for when the gym and theatre stage will reopen.

To address ongoing enrollment growth, two additional portables have been relocated from other district schools and will be ready for September. The district has also purchased a camp kitchen, which will allow the culinary arts program to return to Carihi after being temporarily hosted at North Island College last year.

When the four new portables arrive, they will be placed in the upper parking area between F-wing and C-wing, while the kitchen portable will be located beside Cari's Infant and Toddler Centre. This will reduce some parking in the lower lot.

With these changes and other ongoing construction at the school, traffic flow patterns may be disrupted at different times throughout the year.

Parents and student drivers are encouraged to allow extra time, use street parking where possible, and take additional care during drop-off and pick-up.

The district appreciates the continued patience and flexibility of students, families, and staff as work progresses to restore Carihi Secondary following the fire on November 21, 2024

## Dementia: Transitioning from Expectation to Compassion

Let's begin by defining key terms. Dementia is a (so far) incurable, progressive condition involving the deterioration of the brain and brain function. Expectation is a response we assume will occur in a given situation. Compassion is putting one's self in another's situation in order to understand/comprehend their response so that we can adjust our own response. Self-compassion, which is also essential for carers of persons living with dementia, is defined as a carer being able to understand/comprehend their own responses and how they can adjust.

Expectation can help reduce worry. If we expect the sun will come up and we'll have a productive meeting or a refreshing walk on the beach, our day looks good! Expectations can also be problematic. We may expect our partners to know what we want without us telling them and are disappointed when they give us something that we find insulting or not even close to our expectations. We may become upset when a request isn't fulfilled or is forgotten. Now, we have to do it ourselves... This may sound familiar to many of us.

When dementia with its change in brain function becomes a factor, our response to something being forgotten may evoke an automatic (expected) response of disappointment. Our partner who is living with dementia doesn't recall the request because they are physically unable to remember it. Short term memory loss is a common early part of some dementias. The part of our brain that 'takes the snapshot' that will be the memory, isn't working. Our partner will not recall the request, but will feel the hurt and disappointment. They may be able to remind us that they don't recall or they may not be able to put that together. They will remember that the interaction felt bad.

First, we need to be aware we can change our "expected" response to one that better suits the abilities of our partner. This awareness

of how you are affecting someone and the desire to change your approach to meet their needs is compassion. We may feel that usual, automatic disappointment then, just as quickly, remind ourselves that it is the dementia, not any conscious decision by our partner. Our response will take into account the abilities our partner still has and we can respond with something like, "Of course, let's do it together!". And if we do revert to our sigh of disappoint in a moment of hunger or distraction - not to worry! We can repair the hurt feelings by a sincere apology and doing something positive.

About that hunger and maybe lack of sleep - that is when self-compassion comes in. When you are aware of your needs, you can figure out how to meet that need. Time to put a support team together. The earlier in your dementia journey - the better! Keep family and friends involved. They can come visit your partner while you go shopping or for a massage. Or they can take your partner for a ride or out to lunch so you can take a nap.

I don't mean to sound glib. Transitioning to a new reality is difficult. Having spare energy to reach out for support may be a challenge, but well worth it in the long run.

Check out Quadra Circle's website <https://www.quadracircle.ca/programs-services>

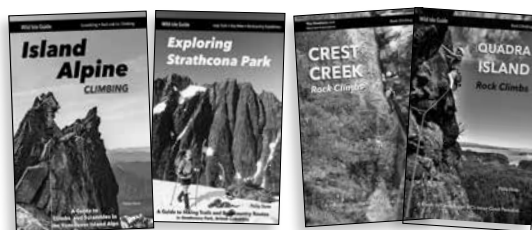
And Quadra Island Health Hub <https://quadraislandhealth.ca/> for lots of resources!!

**Quadra's Compassionate Community Initiative** includes extending the Nav-CARE training to everyone. Part of the training is a module about "Supporting Persons Living with Dementia". A two part ZOOM Workshop is being offered on September 10 & 11 from 7-9pm. This is the link to register for the Zoom workshop:

<https://conta.cc/4mHJRgX>

Jude McCormick  
CoLead Compassionate Community

## Your Guides to Island Adventure



Available at  
Tidelines @ HBI  
[www.wildisle.ca](http://www.wildisle.ca)



## The Quadra Island Garden Club Presents: Native Plants and Pollinators - with Lunabelle Loiseau-Tremblay

Monday, September 8, 7-9pm  
At the Quadra Community Centre  
Come and learn how to include native plants in your garden and surrounding landscaping in order to support our complex network of pollinators in BC, and to positively impact and conserve the ecological integrity of the habitats in our surrounding ecosystem. This information will be provided within the context of re-wilding the landscape that we live in. Topics will include:

- Exploring the diversity of native bee families

- Learning how to tell the difference between bees, flies, and wasps
  - Discussing the importance of native plants to positively impact native plant communities, and support specialist bees and other pollinators
  - Learning some pointers on how to keep, include, and restore native plants in our surroundings
- Lunabelle Loiseau-Tremblay** is a local biologist with a strong focus in the ecology of native plants and pollinators. She is well respected and relied upon here on Quadra



Island for her depth of knowledge on native plants and pollinators.

Everyone welcome! Members FREE, Guests \$5.00. Come early to renew your annual membership (Individuals \$20/

Family \$30), chat with fellow gardeners, and enjoy some coffee/tea and dessert. Doors open at 6:30. Stay to the end for your chance to win a great door prize!

Mark your calendars for these upcoming presentations:

Monday, October 6th, 7-9pm:  
Creating Natural Fertility with Marc Doll

Monday, November 10th, 7-9pm:  
Making Gardening Easier & More Accessible with Robin Beaton

Monday, December 8th, 7-9pm:  
Holiday Wreath Workshop with Colleen Carter & Team

Check our website for more information about our Club and upcoming events: [www.quadraislandgardenclub.com](http://www.quadraislandgardenclub.com)

## Fundraising Swim



Hi! My name is Lucas Gentina. I live on beautiful Quadra Island. I am planning a fundraising event to give back to the community that will take place Sunday, September 14, where I will swim across Discovery Passage from Quadra Island Lighthouse to the 50th Parallel in Campbell River.

I plan to leave Quadra at 1:30pm - we have been planning this for months and we have safety teams planned at both ends of the swim as well as 3 safety vessels assisting and guiding me for the entirety of the swim. The authorities have been informed and proper procedures have been met.

Funds raised will be donated to the Community Centre on Quadra with the intent to offer art workshops for the youth and indigenous community. The goal is to offer these workshops to raise creative awareness of the ocean. I have a deep passion for the vibrant ocean and to share it with the people.

the ocean inspires me and I want to inspire the same in our youth. I am a commercial diver by trade and a dive master at heart with multiple years of experience in the Pacific Northwest waters focusing on Vancouver Island.

I also run a company called Son of a Fish Collective.

Life is Good, Ocean is Life

Sunday September 14 at 1:30pm. Hope to see you the Lighthouse to send me off or at the 50th Parallel to welcome me!

Your donations are greatly appreciated

### Celebrate the Start of Construction with Us

## JUST LIKE HOME LODGE

### TRANSFORMATIVE HEALTHCARE HOUSING

A proud partnership between the Strathcona Regional District, the Campbell River Hospital Foundation and Seymour Pacific Homes. For more information please visit

[JustLikeHomeCR.ca](http://JustLikeHomeCR.ca)



### Invitation - Start of Construction Ceremony

August 22, 2025 - The Strathcona Regional District (SRD), together with its partners, the Campbell River Hospital Foundation and Seymour Pacific Homes invites you to the start of construction ceremony on the Just Like Home (JLH) Lodge, located next to the Campbell River Hospital.

The Just Like Home Lodge, a comforting home-away-from-home is an important healthcare housing project that will improve access to care for patients and their loved ones traveling to Campbell River for healthcare unavailable in their communities while also supporting the medical professionals who serve our community.

#### The facility will include:

- 10 independent Just Like Home Lodge units with communal living space, shared kitchen, laundry and day room facilities.
- 20 fully self-contained Workforce Housing units (studio, 1-bedroom and 2-bedroom options) for healthcare professionals, helping attract and retain essential workers in our region.

Together, these facilities will strengthen healthcare delivery in our region for years to come. Construction of the lodge is expected to be completed by summer 2026. Learn more at [www.JustLikeHomeCR.ca](http://www.JustLikeHomeCR.ca).

With the generosity of our community and the support of government partners, this vision is becoming reality. The SRD invites you to join us as we mark this milestone with a groundbreaking ceremony.

#### Event Details

- Wednesday, September 10, 2025
- Starts at 3:00 pm
- Location: Site of the Just Like Home Lodge 565 2nd Avenue (Behind Yucalta Lodge)

#### Event Highlights

- First Nations blessing
- Welcome and opening remarks from SRD and project partners
- Groundbreaking ceremony & photo opportunity

Due to construction, parking near the building site is limited. Visitors are asked to park on 2nd Avenue or in the overflow gravel parking lot by Yucalta Lodge and temporary construction access area.

We respectfully acknowledge that the Just Like Home Lodge is located on the traditional unceded territory of the Lkwildaxw people.

For more info, contact the Strathcona Regional District  
250-830-6700 • [info@srd.ca](mailto:info@srd.ca) • [srd.ca](http://srd.ca)



[justlikehomecr.ca](http://justlikehomecr.ca)

## Congratulations

To this year's recipients of the MAG memorial bursaries, Ruby Mooney, Willum Ashurst and Cadence Richardson.



Ruby Mooney

Cadence Richardson

Ruby Mooney is a long time Quadra resident whose extensive travels have given her an even deeper appreciation of the Quadra community, where, as she puts it, she keeps coming back "like returning salmon".

Ruby is enrolled in the Carpentry Foundations program at Camosun College, embarking on her journey as a tradeswoman with the eventual goal of cabinetmaking and/or boatbuilding.

Willum Ashurst loves music. He started performing at the Quadra Island Young Musicians concerts when he was 12 and has since performed at various community events on Quadra and Vancouver Island.

Willum is enrolled in the Jazz Studies program at Capilano University, where he will strive to grow his talents as both a performer and a composer.

Cadence Richardson is a 4th generation Quadra Islander who has spent 3 of her 18 years sailing across oceans and exploring tropical islands.

It's no surprise that Cadence is enrolled in the Nautical Sciences program at BCIT, with the goal of becoming a port pilot or maybe even returning to Quadra as a ferry captain.

We wish all of you the brightest of futures.

We wish to acknowledge that these bursaries would not be possible without the support of Quadra Island Pantry's generous customers. Monies from the "jingle pots", sales of food-grade buckets and donations large and small help make this happen.

"It takes a village."

## Save Your Stuff!

Save your stuff and mark your calendars for the social event of the season!

The Giant Quadra Garage Sale - Quadra Community Centre on Sunday September 21st, 2025 from 10am until 2pm.

Hopefully everyone has been boning up on the do's and don'ts of donating with the handy infographics I have been posting on Swap n Shop and Corkboard!

But just in case you missed them, here are some of the deets so far:

- **No Kids Toys** - There are two wonderful boxes located in Heriot Bay and the Cove where previously loved toys can be brought!
- **No Baby Gear** of any kind - We can legally get into trouble with this stuff so please, none of the following: cribs, playpens, walkers, bottles, car seats.... No baby gear!
- **No Extremely Worn, Ripped or Stained Clothing** - Lets make the mountain of clothes easier to climb?
- **Out of Date Media** - No CDs, DVDs, VHS tapes, instruction or service manuals, encyclopedias and a hard NO to the National Geographic magazine hoard we all have for some reason.
- **No Personal Hygiene or Cosmetics** - I can assure you, nobody wants a 1/2 used bottle of lotion and it's also illegal for us to resell it, so rinse it out and recycle it.
- **No hide-a-beds, mattresses, soiled and or rotting furniture.**
- **No Straight Up Garbage or Recycling!** - I can't believe how much I have to stress this. Sometimes trash isn't treasure. It's trash and that's okay, but it doesn't belong at a community fundraiser!

## Finally: Drop Locations!

213 Quadra Loop - Lower/water side

307 Sutil Road

858 Prentice Place

Please be respectful of these drop spots, these are people's homes. Stick to the designated areas and do not rummage through things already there.

We really like set up volunteers, but we LOVE clean up volunteers even more! So please, consider helping on both days!

**Any questions or comments or volunteer offers?**

Contact Mandy at  
giantgaragesalequadra@gmail.com

## Anybody Can Play!

### Gift Certificates for Music Lessons for Kids

**Application Deadline: September 30th**

For the eighth year in a row, the Quadra Island Young Musicians Fund (YMF) is pleased to announce that we are offering Gift Certificates for music lessons to all young residents of Quadra Island.

These Gift Certificates can be used to pay for private music lessons, either in person or online. Anyone can apply as long as you are a resident of Quadra Island and aged 18 or younger.

To apply, please email us for an application form or pick up a paper application at Inspirations or find one online in the Files section of our Facebook page "Quadra Island Young Musicians Fund." Fill it out and either return it to Inspirations, mail it to Box 221, Heriot Bay, BC V0P-1H0, or scan and email it to quadrayoungmusicians@gmail.com.  
**Deadline: Sept 30th.**

**Our "Anybody Can Play" Gift Certificate** Program is made possible through donations from supporters. Would you like to support our program this year? You can either send an e-transfer to quadrayoungmusicians@gmail.com, mail a cheque to the address above, or donate directly at Coastal Community Credit Union. You can also donate your Spirit Board points to #310.

Thank you Quadra Island for all of your support and for helping us to realize our vision of "a community where the lives of all children are enriched by quality music education, and where active participation in music is valued and supported."

- Dave Blinzinger, Jen Banks-Doll, and Aura Haydon, Organizers

## New to Quadra?

The Discovery Islands Chamber of Commerce and local businesses welcome you with a package of local incentives.

**Contact Carol Ann T. at:**  
**carolannt@telus.net**



## Great News! Fire Hall #2 Replacement Project Moves Ahead

### Financing in Progress and Tax Receipts Now Available for Donations

#### Update on the Project

We're thrilled to share that the Heriot Bay Fire Hall #2 Replacement Project is officially moving forward! After receiving landowner approval for the "Fire Hall #2 Construction Borrowing Bylaw" through the Alternative Approval Process (AAP) in March, the bylaw has now been registered with the Inspector of Municipalities, clearing the way for the next phase. Thank you so much to everyone who supported us through the AAP!

Right now, we're working on securing interim financing, which means preparing a detailed project plan. To help with that, we've brought on board an experienced architect who previously designed a similar fire hall, presently under construction. With their help, we're developing a site plan and building design.

We'll be applying for interim funding through RBC, a common route for Improvement Districts like ours. Once the new fire hall is complete, the loan will be transferred to the Surveyor of Taxes, who will manage repayment through the rural property tax system. There will be no impact on Quadra Island property taxes until construction is complete and the new hall is approved for occupancy.

#### More Good News: We Can Now Issue Tax Receipts for Donations!

We're also excited to announce that the Quadra Island Fire Department is now approved to issue official tax receipts for donations! This means your support for the Fire Hall #2 Replacement Project is not only vital, it's also tax-deductible. We hope this encourages community contributions so that we can grow these funds and reduce the tax burden for property owners. Stay tuned!

We're putting together a donor recognition program to show our appreciation and will share the details soon.

#### Project Background

The South Quadra Island Fire Protection District was established in 1960 to ensure residents have reliable fire protection services. Our current Fire Hall #2 in Heriot Bay no longer meets modern safety or building standards, and it's time for an upgrade.

The new fire hall will be modeled on other successful designs from across Vancouver Island. It will meet current building, fire, and seismic post-disaster standards, providing a safe and durable space for our equipment and firefighters. The goal is to complete construction by 2027, and the new hall is expected to serve our community for the next 50+ years.

The cost of building a replacement Fire Hall #2 is estimated to be \$2,900,000 if we commence the project in 2025. We need to borrow money to pay for the construction of the hall and any donations we receive will be used to reduce the amount of the loan. The loan will be repaid through property taxes at an estimated rate of \$23.50 per \$100,000 of taxable property value per year. This will start in the month of July following the completion of construction and the term of the loan will be a maximum of 20 years.

#### Where Can I Find Out More?

We'll be sharing regular updates as the project continues. To stay informed, visit [www.qifirehall2.ca](http://www.qifirehall2.ca) or follow Quadra Island Fire Department on Facebook. You can also sign up



for our email newsletter about the project at [www.qifirehall2.ca/get-involved](http://www.qifirehall2.ca/get-involved).

Thank you Quadra Island for your continued support and community spirit. We couldn't do this without you!

- The Trustees of the South Quadra Island Fire Protection District

### ALL CLEAR SEPTIC SERVICE

Have you thought about your septic tank in the last 3 or 4 years?



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## Heriot Bay Tides

| DATE             | TIME PDT | M.    | FT.  |
|------------------|----------|-------|------|
| <b>05</b><br>Fri | 03:36    | 4.032 | 13.2 |
|                  | 10:49    | 1.234 | 4.0  |
|                  | 18:17    | 4.629 | 15.2 |
|                  | 23:58    | 3.259 | 10.7 |
| <b>06</b><br>Sat | 04:36    | 4.151 | 13.6 |
|                  | 11:29    | 1.235 | 4.1  |
|                  | 18:40    | 4.719 | 15.5 |
| <b>07</b><br>Sun | 00:28    | 2.948 | 9.7  |
|                  | 05:34    | 4.270 | 14.0 |
|                  | 12:08    | 1.341 | 4.4  |
|                  | 19:03    | 4.788 | 15.7 |
| <b>08</b><br>Mon | 01:00    | 2.571 | 8.4  |
|                  | 06:30    | 4.379 | 14.4 |
|                  | 12:47    | 1.563 | 5.1  |
|                  | 19:26    | 4.825 | 15.8 |
| <b>09</b><br>Tue | 01:35    | 2.153 | 7.1  |
|                  | 07:26    | 4.464 | 14.6 |
|                  | 13:26    | 1.894 | 6.2  |
|                  | 19:49    | 4.822 | 15.8 |
| <b>10</b><br>Wed | 02:13    | 1.738 | 5.7  |
|                  | 08:22    | 4.506 | 14.8 |
|                  | 14:08    | 2.306 | 7.6  |
|                  | 20:13    | 4.778 | 15.7 |
| <b>11</b><br>Thu | 02:54    | 1.379 | 4.5  |
|                  | 09:23    | 4.495 | 14.7 |
|                  | 14:53    | 2.757 | 9.0  |
|                  | 20:39    | 4.697 | 15.4 |
| <b>12</b><br>Fri | 03:40    | 1.122 | 3.7  |
|                  | 10:31    | 4.440 | 14.6 |
|                  | 15:42    | 3.193 | 10.5 |
|                  | 21:08    | 4.581 | 15.0 |
| <b>13</b><br>Sat | 04:31    | 0.991 | 3.3  |
|                  | 11:52    | 4.383 | 14.4 |
|                  | 16:40    | 3.561 | 11.7 |
|                  | 21:42    | 4.430 | 14.5 |
| <b>14</b><br>Sun | 05:28    | 0.981 | 3.2  |
|                  | 13:27    | 4.389 | 14.4 |
|                  | 18:06    | 3.804 | 12.5 |
|                  | 22:26    | 4.246 | 13.9 |
| <b>15</b><br>Mon | 06:34    | 1.047 | 3.4  |
|                  | 14:52    | 4.474 | 14.7 |
|                  | 20:13    | 3.820 | 12.5 |
|                  | 23:34    | 4.045 | 13.3 |
| <b>16</b><br>Tue | 07:48    | 1.126 | 3.7  |
|                  | 15:54    | 4.576 | 15.0 |
|                  | 21:41    | 3.624 | 11.9 |
| <b>17</b><br>Wed | 01:21    | 3.917 | 12.9 |
|                  | 08:57    | 1.194 | 3.9  |
|                  | 16:39    | 4.656 | 15.3 |
|                  | 22:37    | 3.340 | 11.0 |
| <b>18</b><br>Thu | 02:49    | 3.920 | 12.9 |
|                  | 09:55    | 1.285 | 4.2  |
|                  | 17:16    | 4.704 | 15.4 |
|                  | 23:19    | 3.028 | 9.9  |
| <b>19</b><br>Fri | 04:01    | 3.996 | 13.1 |
|                  | 10:45    | 1.430 | 4.7  |
|                  | 17:47    | 4.719 | 15.5 |
|                  | 23:55    | 2.715 | 8.9  |
| <b>20</b>        | 05:05    | 4.107 | 13.5 |

## THE DI CLASSIFIEDS

### Seeking Rental

#### SEEKING RENTAL

Rent my family your Quadra or Campbell River Ocean Front or Ocean View Home. July 15 August 15 2026 approximately. Two or 4 weeks. Strong Local References. 2 Grandkids age 6 and 8. Three Adults.  
Dan Peacock Phone 403 850 4232  
Email dpeacock66@gmail.com

### For Rent

#### FOR RENT

Commercial space for rent in Q. Cove  
Contact: 250-285-2880

### Wellness

#### SOUL SOLE MASSAGE

by 'foot pressure' is an ancient Ayurvedic modality that uses the feet to deliver the massage. Expect deep tension release, increased mobility, relaxation and healing. Studio in Quathiaski Cove. Call/Text Jen 250-285-0070 www.soulsole.ca

#### MASSAGE

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### DI CLASSIFIEDS

**Up to 35 words:** \$25  
(including gst) - one time  
**36 to 70 words:** \$45  
(including gst) - one time

#### EBIKES

Ebike Rental and Repair, Tom's ebikes,  
250-217-6798

### Services

#### QUADRA WASTE SOLUTIONS

Local. On-Demand. Occasionally. Weekly. (Serving Heriot Bay and South). Enquire about our Seniors' Driveway Service. Call/Text/Email. quadrawastesolutions@gmail.com 250.202.9182 (Tariff-Free since 2023)

#### ROOFING

Professional Roofing Services  
www.javaroofing.com  
Call JAVA ROOFING at 250.204.2638

#### SMALL ENGINE REPAIRS

in Q Cove. Lawn Mowers, Tractors, Chainsaws, Trimmers, Generators etc. Also some electric power tools. Please call Don @ 250.285.3960.

#### SHORE PINE SIGNS & DESIGN

Custom signs for home and business, boat/vehicle decals, picture framing. Open Mon & Fri 9-2, Tues-Thurs 9-5. Next door to Q Builders. 250-285-2815 shorepinesigns@gmail.com

#### NOTARY PUBLIC

Notary Public on Quadra located inside Sacred Pulse at Quathiaski Cove shops, we offer notarial services, personal planning documents (wills, powers of attorney, representation agreements). Call 1.855.204.6277 (toll-free) email info@quadranotary.ca

### Home & Garden

#### IRRIGATION SYSTEMS

I install customized irrigation systems for many different watering needs. Maintenance, repair and modification for existing systems of any kind. Call Kai at 250 850 9245 email:ggpropertycare@gmail.com

#### HIGHLY SKILLED GARDEN AND ORCHARD CARE

Certified, experienced horticulturists Jessica Hammersmark and Ryan Nassichuk and are now accepting a small number of garden design, installation, and improvement projects. Other professional services offered include: Soil testing and analysis, in-depth horticultural consultations, summer pruning, and garden maintenance. Ornamental, food, and mixed gardens. Call or message 250-202-2326, or email nassichuk@gmail.com, and visit www.nassichuk.com for more information

### Transportation

#### TRANSPORTATION SERVICES

CR Shuttle is offering transportation services in Quadra Island starting June 1st, 9am to 5pm (weather permitting). Our shuttles can be chartered. We accept advance bookings by credit card. Call 250-914-1010 to schedule.

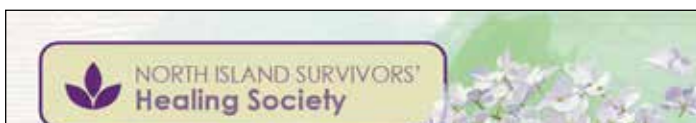


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### SUPPORTING SUBSCRIPTION

Local Voluntary Subscriptions are welcome to help support the DI, suggested: \$30 per calendar year  
Find more details online at  
[www.DiscoveryIslander.ca](http://www.DiscoveryIslander.ca)



Trauma and Abuse Counselling Centre  
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individuals, couples, and families.  
Sessions are in-person, online or by phone.

FOR MORE INFORMATION:  
Call 250-287-3325 or visit [www.nishs.ca](http://www.nishs.ca)

The Society gratefully acknowledges the financial assistance of the Province of British Columbia.