

ISSUE 866 • OCTOBER 3, 2025 • SERVING QUADRA & DISCOVERY ISLANDS SINCE 1993

DISCOVERY

I S L A N D E R



**Join Michael Redican for the launch
of his new book of poems on
Saturday, October, 4th at 2 pm
in the Quadra Library**

more details page 8

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NEWS & EVENTS

Suzuki to Speak on Quadra

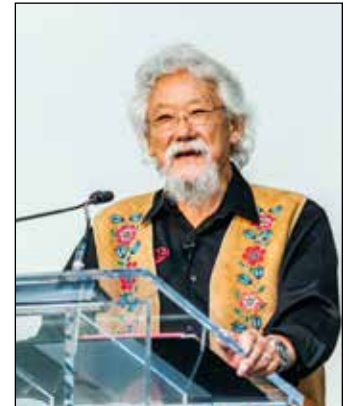
QUADRA ISLAND, BC – Join QICSS and Sierra Quadra in celebrating the 35th anniversary of the Quadra Island Conservancy and Stewardship Society on **Saturday October 18th at the Quadra Community Centre**. QICSS is honoured to present special guest David Suzuki, whose talk ‘Humanity Over the Edge: Transformation or Extinction’ offers his unique perspective and challenges us to meet the mounting chaos of our times.

From ‘The Sacred Balance’ by David Suzuki:

“The environment is so fundamental to our continued existence that it must transcend politics and become a central value of all members of society.”

Dr Suzuki is an award-winning scientist, environmentalist and broadcaster. He has made it his life’s work to help humanity understand, appreciate, respect and protect nature. He is familiar to television audiences from his 44 years as host of the CBC science and natural history TV series *The Nature of Things*. In 2020 David received The Canadian Academy of Cinema and Television’s Lifetime Achievement Award. He has been recognized by BC Achievement in partnership with the Lieutenant Governor of BC for his extraordinary work as a recipient of the 2021 BC Reconciliation Award. Dr Suzuki is a Companion to the Order of Canada and a recipient of UNESCO’s Kalinga Prize for Science, the 2009 Right Livelihood Award, and UNEP’s Global 500. He is Professor Emeritus at the University of British Columbia in Vancouver and holds 32 honorary degrees from universities in Canada, United States and Australia. His written work includes more than 56 books, 20 of them for children. Dr Suzuki lives with his wife and family in Vancouver, BC.

The Quadra Island Conservancy and Stewardship Society (QICSS) was formed in 1990



and is celebrating an important milestone this year. We would like to acknowledge the successes of QICSS over the last 35 years and the fulsome support of the Quadra Island community.

QICSS is a land trust which bought and owns land at Morte Lake. It also holds covenants on private lands, with these objectives: to protect wild areas, forests and wetlands; to support organic agriculture and trails; and to prevent over-development in the Discovery Islands. Covenants are linked to land titles and survive in perpetuity.

In its stewardship role, QICSS has recently created a greenhouse for the propagation and distribution of native plants, and provides education to school children and the public on the pivotal role of plants in our ecosystems.

The goal of the October 18th event is to develop a fund for assisting people with the legal and survey costs associated with placing covenants on their land, and to ensure that ongoing annual costs can be maintained. We greatly appreciate the generosity of our community, and especially the support of David Suzuki.

Mark the date: Saturday October 18th at QCC! Doors open at 7pm for desserts, tea and coffee; David’s books will be available for purchase and signing until 7:30. Admission is by a suggested donation of \$20, and tax receipts will be issued for donations above that amount. Youth under 18 are admitted free of charge.

ISLAND CALENDAR

DAY TO DAY

Friday, October 3

- The Legion: Fanfare

Saturday, October 4

- 4 Seasons of Reconciliation, Cape Mudge Recreation Hall at 1:30pm, see p4
- Quadra Concerts: Gordon Grdina's Haram, QCC. Doors @ 7, show @ 7:30, see p8

Monday, October 6

- Garden Club: Building Soil Health, with Marc Doll, QCC 7-9pm, see p12

Friday, October 10

- Friday Flicks presents Santosh, QCC 7:45pm, see p6

Monday, October 20

- Way to Go Meeting on Energy work, QCC Rm 3 at 3 pm, see p5

Thursday, October 23

- Earthquake presentation by seismologist Alison Bird, at The Legion. Doors @ 6:30, presentation 7pm, see p5

REGULARS

Sundays

- Meditation Group: Quadra Children's Centre, 10am

Mondays

- Badminton at the Cape Mudge gym, 7:30pm, drop-in \$3

Monday & Friday nights

- Open AA meeting, at Cape Mudge United Church, 7:30-8:30pm

Wednesdays

- Poker Night: Quadra Legion 7:30pm

Thursdays

- Badminton at the Cape Mudge gym, 7:30pm, drop-in \$3

NEXT DISCOVERY ISLANDER DEADLINE FOR ISSUE 867:

Monday, October 13 @ 7pm
In mailboxes on Friday, October 17

north island
menopause
conference

Saturday, November 8, 2025

Campbell River Community Centre

Campbell River, BC

Join in person or online

www.nimenopause.com

FIRE PREVENTION WEEK

Know the Risks of Lithium-Ion Batteries this Fire Prevention Week

The theme for Fire Prevention Week™, October 5 to 11, 2025, is "Charge into Fire Safety™: Lithium-Ion Batteries in Your Home."

The City of Campbell River Fire Department is teaming up with the National Fire Protection Association® (NFPA®) — the official sponsor of Fire Prevention Week™ (FPW™) for more than 100 years — to promote this year's FPW campaign, "Charge into Fire Safety™: Lithium-Ion Batteries in Your Home." The campaign highlights how important it is to buy, charge, and recycle lithium-ion batteries safely.

Many everyday electronics — smartphones, tablets, power and lawn tools, laptops, headphones, and toys, to name just a few — are powered by lithium-ion batteries. This type of battery is often used in rechargeable products, including e-bikes and e-scooters.

If not used correctly or if damaged, lithium-ion batteries can overheat, start a fire, or even explode. To reduce these risks, look around your home — it's important to know which devices are powered by them.

"Lithium-ion batteries are powerful and convenient, but it's important to handle and dispose of them safely," says Kelly Bellefleur, Fire Chief. "This year's Fire Prevention Week shares important information about proper battery use and the importance of buying, charging, and recycling batteries safely. In conjunction with Fire Prevention Week, the Campbell River Fire Department will be visiting elementary schools with our Fire Safety House this October to provide hands-on fire safety education to grade three students."

The Campbell River Fire Department encourages all residents to be aware of what's powering their devices and follow the Buy, Charge, and Recycle Safely approach.

Buy only listed products.

- When buying a product that uses a lithium-ion battery, take time to research it. Look for a stamp from a nationally recognized testing lab on the packaging and product, which means that it meets important safety standards.

- Many products sold online and in stores may not meet safety standards and could increase the risk of fire.

Charge and repair devices safely.

- Always use the cords that came with the product to charge it. Follow the instructions from the manufacturer.

- If you need a new charger, buy one from the manufacturer or one that the manufacturer has approved.

- Charge your device on a hard surface. Don't charge it under a pillow, on a bed, or on a couch. This could cause a fire.

- Don't overcharge your device. Unplug it or remove the battery when it's fully charged.

- Stop using a device if the battery shows signs of damage, such as an unusual odour or change in colour.

- If a device needs repairs, have them performed by a qualified professional.

Recycle batteries responsibly.

- Don't throw lithium-ion batteries in the trash or regular recycling bins, because they could catch fire.

- Recycling your device or battery at a safe battery recycling location is the best way to dispose of them. Visit call2recycle.ca to find a recycling spot near you.

For more information about Fire Prevention Week and lithium-ion battery safety, visit fpw.org.

The DI is published every two weeks. Our current edition and upcoming deadlines are available online: www.discoveryislander.ca

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: *centre, colour, favourite etc...*
- **Please use the title of your item** in the email subject line.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

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NEXT DEADLINE

7pm Monday, October 13
for publication on
Friday, October 17, 2025



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COMMUNITY NEWS & EVENTS

New way to explore Elk Falls

Campbell River's beloved Elk Falls Park just got a new attraction! Last week Quadra Island's Greencoast Media launched their naturealive App for Elk Falls in partnership with the Museum at Campbell River. The app can be downloaded for free from Apple and Google mobile app stores. Just search for its name.

The rich app covers an extensive range of stories, from First Peoples to the creation of Elk Falls Provincial Park, different habitats, park features and conservation measures. A virtual tour with 360°-panoramas takes the user along the trails, while pointing out features, the many wildlife species, and more.

Do you know how your drinking water is provided, or what the new or old John Hart Powerhouse look like? Well, the app takes you right inside the facilities and the outdoors, so you can explore how things work!

"This project is about more than technology—it's about preserving and sharing the deep history and natural beauty of this place," says Sandra Parrish, Executive Director of the Museum at Campbell River. "With this new app, visitors can experience those stories in an entirely new way—whether they're standing on the trails or exploring from home. We're thrilled to help bring the voices, history, and knowledge of this region to life."



Team and supporters celebrating the app launch with new sign and download station at the visitor centre at the Elk Falls trailhead.
(Photo: Ben Wunsch)

Elk Falls alive is a first of a growing series of places that can be explored. Once the package is downloaded, the app works fully offline and can show you where you are in the park.

The app is free, thanks to the support of its funders and supporter that include Island Coastal Economic Trust, We Wai Kai, We Wai Kum and Homalco Nations, BC Parks, BC Hydro,

Department of Fisheries with the Quinsam Hatchery, City of Campbell River, the Museum at Campbell River, and Greencoast Media. Parrish and Wunsch also thanked the many interviewees that shared their knowledge for the production.

Do you want to more about your home turf? Maybe you want to head out to Elk Falls this weekend!

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Way to Go

JOIN US Join on Mon. Oct. 20, 2025, from 3 pm to 4:30 pm, QCC Rm. 3, for a time of sharing, presentation on “Energy work for easing life’s transition”, discussion, and business. Info or zoom link at <way2go.ca>, or 285-3298. Bring \$2 for the rental. Next mtg. Nov. 17.

4 Seasons of Reconciliation

THE DISCOVERY ISLANDS Chamber of Commerce, in partnership with the We Wai Kai Nation and Quadra Literacy, invites you to the official launch of the Four Seasons of Reconciliation program – a community-wide initiative to promote reconciliation, cultural understanding, and economic inclusion – on Saturday, October 4, 1:30pm at Cape Mudge Recreation Hall.

Join us for an introduction to the program. This is an opportunity to learn more about how the initiative supports reconciliation and strengthens local economic and community relationships.

The online learning begins in October, is self-paced and only three hours long, making it easy for businesses and community members to participate.

Special Launch Pricing: \$49 for members, \$79 for non-members (regular \$199).

For more information, email admin@dicc.ca.

Open AA Meetings

Monday and Friday nights, 7:30 to 8:30pm at Cape Mudge United Church at 29 Tekya, Cape Mudge. Everyone Welcome!

Badminton

QUADRA ISLAND Badminton will be starting the new season on Thursday, September 18th at 7:30pm. We play at Cape Mudge Gym. The drop in fee is \$3. We play every Monday and Thursday at 7:30pm. Any changes to the schedule will be announced on the Quadra Island Badminton Facebook page.

At The Legion

Friday Oct. 3rd 10pm Fanfare, extraordinary fiddler, super fantastic music! \$10 at the door

Sun. Oct. 5th 5pm Patrice is back in the kitchen for an incredible Oktoberfest meal! Beef Rouladen served with spaetzle and braised red cabbage. Sachertort for dessert \$28 pp

Sat. Oct. 18th 7-9:30 Bingo! Proceeds are going to a few local residents that have extra expenses during cancer treatments

Sat. Oct. 25th 9pm Cove, is back for an amazing night of music! \$10 Cover

Friday Oct. 31st 9pm Age Against the Machine for an unforgettable Halloween! Costume prizes. \$10 cover.

Renowned Earthquake Expert to Give Talk at Quadra Legion

EARTHQUAKES ARE a fact of life for all of us who live and work on the West Coast. Will you be prepared or panicked when the next one hits?

To learn more about earthquakes in southwestern British Columbia so you can be better prepared, you are invited to a presentation by Alison Bird, an internationally recognized seismologist with Natural Resources Canada, on Thursday, October 23rd at the Quadra Legion Hall.

Alison is passionate about creating safer communities through natural hazard education and risk mitigation. Her presentation will cover earthquake hazards, preparedness, and the Earthquake Early Warning System, which she helped develop.

This is a great opportunity to hear, and learn from, an expert on what we can expect here on Quadra. There will be a question period after her talk.

Alison’s presentation on Quadra is hosted by the Quadra Island Emergency Preparedness Program, to mark the Annual Great BC Shakeout event held in October every year. Support for the Quadra Island Emergency Preparedness Program is provided by the Strathcona Regional District, Emergency Preparedness.

Note that this presentation will be held at the Quadra Legion, next to the Heriot Bay Tru-Value Food Store. Doors open at 6:30, coffee and dessert provided. Alison’s presentation starts at 7pm. Come early to hear this popular speaker as seating at this venue will be limited.



EARTHQUAKES IN SOUTHWESTERN BC
a presentation by Alison Bird

If you've ever wondered...

- Are you prepared for a major earthquake?
- What can you expect when one hits?
- How can you be prepared?
- What is the Earthquake Early Warning system?

...then this presentation is for you!

When: Thursday, October 23rd.
Doors open 6:30 pm, presentation 7 - 8:30 pm

Where: Quadra Legion Hall,
1503 W Rd., Heriot Bay

Who: Alison Bird is a seismologist with Natural Resources Canada. She is involved in numerous outreach activities, and is passionate about seismic-resistant engineering, in encouraging mitigation practices for at-risk communities, and in educating the public about earthquake hazards.

Everyone welcome! Free admission.

Hosted by Quadra Island Emergency Program

Want more information? Contact Judy Hagen at (250) 285-2150 or www.quadraemergency.ca

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The Quadra Island Garden Club presents **Building Soil Health** and Creating Natural Fertility, with Marc Doll

MONDAY OCT 6TH 7-9pm
(one week early due to Thanksgiving) at
the Quadra Community Centre

How do we amplify the natural fertility in our soil? How do we avoid costly and often harmful inputs? What resources do we have around us that can help us build our natural fertility? How has soil science progressed over the last 25 years and how can we apply this knowledge to our gardens and more? These are some of the questions Marc will delve into.

Topics will include:

- Soil Food Web basics
- Natural Soil Fertility
- The Carbon/Life/Fertility Triangle
- Composting Made Easy
- Cover Crops & Green Manure
- Mulching Effectively
- Teaming up with fungi for fertility
- Favourite Books & Teachers

Marc Doll and his partner Jen Banks-Doll operate a regenerative farm on Quadra Island called Foot Forward Forest Farm. Marc has a B.Ed, a Permaculture Design Certificate, and is a graduate of Elaine Ingham's 'Soil Food Web' academy. He is also a lifelong student of the best practices of Regenerative Agriculture from around the world. His passion for soil and his curiosity for natural systems guides his agricultural practices and inspired the Farm's motto of 'Regenerate-Educate-Nourish.'



Everyone welcome! Members free, guests \$5. Come early to renew your annual membership (Individuals \$20/Family \$30), chat with fellow gardeners, and enjoy some coffee/tea and dessert. Doors open at 6:30. Stay to the end for your chance to win a great door prize!

Mark your calendars for these upcoming presentations:

- Monday, November 10th, 7-9pm: Making Gardening Easier & More Accessible with Robin Beaton
- Monday, December 8th, 7-9pm: Holiday Wreath Workshop with Colleen Carter & Team

Sing for Pure Joy!

WITH MARY & KATE ALEXANDRA.

We raise our voices in glorious song with heart-felt melodies, soulful gospel songs and spirituals, meditative chants, robust rounds, and layered songs in three and four part harmony...songs from all around this glorious world. We have developed quite an extensive repertoire over the last 17 years. We sing songs from the sublime to the ridiculous. Lots of joyful laughter too!

The Fall Term begins on Monday, September 8th, from 1 to 2:30pm in the Main Hall at the Quadra Community Centre, and ends on December 1st.

The fee for an hour and a half is \$10 if you pay for the term (\$130 for 13 weeks). There is a \$12 drop-in fee. The term fee is prorated if you join at a later date. Family members and caregivers are half cost.

To quote Ella Fitzgerald, 'The only thing better than singing is more singing!'

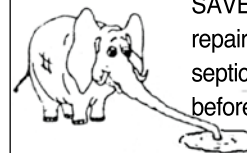
For more information please call 250 202 1003 or email singforpurejoy@gmail.com.



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SRD Encourages Participation in the Great BC ShakeOut

(Campbell River, BC) – The Strathcona Regional District (SRD) encourages residents to “Drop, Cover and Hold On” in the Great BC ShakeOut on October 16, 2025, at 10:16 am.

“The Great BC ShakeOut isn’t just about dropping, covering, and holding on for a few minutes,” said SRD Chair Mark Baker. “It’s a reminder for all of us—families, schools, workplaces, and communities—to take a real look at how prepared we are. After the drill, check your emergency kit, update your plan, and make sure your home or office is safe from things that could fall or break in an earthquake. A few small actions today can make a big difference when the ground starts to shake.”

Participating in ShakeOutBC at home, school or the office is easy using the following simple steps. Plan Your Drill:

- Register at www.shakeoutbc.ca to be counted, get email updates and more.
- Have a Drop, Cover and Hold On drill on Thursday October 16 at 10:16 am. If your drill takes place in an area at risk of flooding after a major earthquake such as the Gold River Waterfront, Downtown Campbell River, Ehatis, Esperanza, Fair Harbour, Kyuquot, Oclucje, Tahsis, Yuquot or Zeballos then it is encouraged that you also include a post-earthquake evacuation into your drill.
- Discuss what you learned and make improvements to your emergency plan.

This year, the SRD is offering community workshops and free first aid certification courses to provide residents in the regional district with the knowledge and skills to be better prepared for an earthquake. The following table provides a list of ShakeOut 2025 events. For events that require registration, please contact Shaun Koopman, Manager of Emergency Services at 250-830-6702 or skoopman@srd.ca.



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Meditation Group

WE MEET every Sunday at the Quadra Children’s Centre at 10am for a 45 min sitting meditation on a cushion or chair, followed by a short break with tea and cookies.

There is a reading of a book based on Buddhist perspectives and meditation practices, and then a discussion on the text.

Everyone is welcome, a small donation is appreciated. **For more info call Don at 250 285 2193 or Kai at 250 850 9245.**

Quadra Island Cat Rescue

QUADRA CAT RESCUE offers a lower-cost spay-neuter program for people needing assistance to get cats or kittens fixed. Please complete the form at: quadracatrescue.com/spay-neuter/

Support Quadra Cat Rescue by purchasing Tru Value Foods gift cards – available at Inspirations in the Cove – and by donating Spirit Board points (#280 at both stores).

Friday Flicks presents: Santosh October 10th



In rural Northern India, the widow of a slain police officer takes his place on a force rife with compromised ethics. The arrival of a

charismatic female inspector, who takes the title character under her wing, challenges the prevailing patriarchy even as the pair discover how deep it runs. Filmmaker Sandhya Suri’s searing narrative debut Santosh follows a young housewife (Shahana Goswami) widowed when her police constable husband is killed on the job. Through a government initiative, she is trained to take his place in an overwhelmingly male police station in rural Northern India.

Heater Season

is here

are you ready?



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Quadra Concerts Presents: Gordon Grdina's Haram – Arabic Traditions Reimagined

WE'D LIKE TO EXTEND a heartfelt thank-you to the Quadra community for making our opening concert a sold-out success! Let's keep that momentum rolling with our next event:

On October 4th, the Quadra Island Community Centre will resonate with a sound unlike anything you've heard before, as Gordon Grdina's Haram takes the stage. This is not just another concert — it's a rare opportunity to experience a world-class ensemble that reimagines Arabic musical

performances are known for their intensity and emotional power, offering listeners an experience that is both deeply moving and exhilarating.

Haram is also remarkable for its lineup, bringing together some of Vancouver's most celebrated creative musicians:
Gordon Grdina – Oud, Guitar
Jesse Zubot – Violin
Chris Kelly – Saxophone
François Houle – Clarinet



traditions through the spirit of jazz, dynamic energy, and fresh, modern textures. And with the community hall's beautiful new sound system, this ensemble will truly come alive.

Led by Vancouver-based oud master and Juno Award-winner Gordon Grdina, Haram has been captivating audiences since 2008. The ensemble was born out of Grdina's deep love of classic Arabic repertoire, from Iraqi folk to the golden age of Egyptian radio icons like Oum Kalthoum and Farid Al Atrache. But Haram doesn't simply preserve this music; they transform it. By infusing these timeless melodies with rich harmonies, vibrant rhythms, and bold arrangements, the group creates something entirely new — a meeting of past and present, tradition and innovation.

Over the years, Haram's repertoire has expanded to include Sudanese and Persian influences, drawing in the hypnotic grooves of 1960s and 70s Sudanese music while exploring the subtle intricacies of Persian modes. The result is a sonic journey that moves fluidly between moments of meditative stillness and surges of joyful, driving rhythm. Their

Emad Armoush – Vocals/Ney
Kenton Loewen – Drums
Tim Gerwig – Darbuka
Karl Silens – Bass

With oud, ney, clarinet, saxophone, violin, guitar, bass, and an array of percussion, the textures are as lush as they are dynamic. Together, these voices create a soundscape that is deeply rooted in tradition yet alive with fresh possibilities.

Whether you're a lover of world music or simply seeking an unforgettable live experience, Gordon Grdina's Haram will transport you on October 4th with an evening of pulse, fire, and beauty — music that crosses cultures, histories, and emotions in a performance you won't want to miss.

MORE INFO: www.quadraconcerts.ca
Tickets: \$25 Advance / \$30 at the door
Available online or at Copper Coast, Inspirations, Aroma Cove Cafe
Doors: 7pm / Show: 7:30pm
Venue: Quadra Island Community Centre
(970 West Rd, Quathiaski Cove, BC V0P 0A8)

Michael Redican Launches a Poetry Book

Quadra writer, Michael Redican is launching a new book of poems on Saturday, Oct. 4th at 2:00 pm in the Quadra library. Such Solid Air features work that explores a wide variety of topics.



The poems tend to be short and relatively simple. "Quirky" is a word that comes to mind. Here is a good example:

*The sadness of trees
tears track the smooth
and mottled skin
of the alder tree
rain
I should have said
rain
everyone knows trees
don't cry
even alder trees
even sad ones*

A sampling of poems will be performed by a number of guest readers. If things go according to plan there should be lots of laughter, a few tears and not too much head scratching. There will also be a significant amount of cookie munching. Note: Each copy of Such Solid Air features a one of a kind cover, courtesy of Quadra painter Helen Lee. So if you don't much like Michael's poems you can always frame Helen's cover and hang it on your bedroom wall.

This is a free event.

REGIONAL DIRECTOR'S REPORT

Hello,

The past week was a blur of learning, advocating, and networking as I was immersed for five and a half days at the annual Union of BC Municipalities (UBCM) convention which this year took place in lovely Victoria BC.

Along with study sessions, learning workshops, discussion forums, and plenary sessions from early morning till late afternoon, UBCM provides an opportunity for regional districts and municipalities to advocate on their priority issues with provincial Ministers and to meet with provincial staff as well. This report shares an update on advocacy the SRD Board & I engaged in, representing regional and community concerns with the Province.

BC FERRIES ADVOCACY

Prior to the official start of UBCM I attended a session for ferry dependent communities organized by Bowen Island Municipality. It was illuminating hearing the range of concerns from elected community representatives from the Central Coast to the southern Gulf Islands, both unique issues and shared concerns communities are experiencing – unmanaged seasonal traffic being one of them.

An outcome of the meeting was a letter jointly signed by 25+ elected leaders (including myself & Director Vonesch of Cortes Island) to BC Ferries CEO Nicolas Jimenez, calling for a commitment to structured consultation and joint problem-solving, and a letter to Premier David Eby, requesting a governance review of BC Ferries, and to embed local governments and First Nations in the decision-making structures that shape the ferry system's future.

Board advocacy priorities

The Strathcona Regional District Board's had four Minister meetings. Board advocacy focused largely on better connecting our expansive regional district – improving cell coverage on Highways 19 & 28; requesting a re-evaluation of served & under-served areas for access to last mile funding; seeking electric power infrastructure upgrades for Houpsitas and Walters Cove on the west coast; and seeking support for a Reconciliation Framework which would be co-created in collaboration with First Nations whose territories intersect with the SRD's service area.

LOCAL ADVOCACY WITH THE PROVINCE...

HEALTHCARE

I'm grateful to have had four meetings with provincial staff, advocating for priorities within Area C. I met with staff from the Ministry of Health, asking for provincial support for a Community Health Centre for the Discovery Islands. There is a determined and thoughtful group of Islanders working on this initiative which would connect Quadra, Cortes & Read Island under one stable healthcare 'umbrella'. I was happy to reinforce their message and gain new insights on the province's work on community health centres.

REBECCA SPIT, AND WILDSAFE FUNDING

When I met with staff from the Ministry of Water, Land and Resource Stewardship we spoke about protecting public health in Drew Harbour at Rebecca Spit Provincial Park. I requested signage to be re-established in the park, reminding vessel operators to 'keep a cork in their waste' while they're in the harbour.

We also discussed water quality in the marine park and WildSafe funding. It was made clear that the government is operating from a place of fiscal constraint and requests requiring significant funding are much less likely to find support: whether provincial WildSafe funding will be accessible in future years was uncertain.

VILLAGE BAY LAKE PAYPHONE

I met with Ministry of Citizens' Services staff regarding the removal of the payphone at Village Bay Lake. I learned from them that there are six Telus payphones within the SRD; three have been converted to 'community phones' and another conversion is planned. When I described the lack of cell service in the area where the phone was removed, Ministry staff were very interested, as the federal ISED maps indicate that the area has cell coverage, which may have led to the removal of the phone. Armed with this new information, Ministry staff will revisit the topic with Telus.

FORESTRY

I had 15 minutes with Ministry of Forests staff, in which I advocated for strengthened community engagement in forestry planning on Quadra Island. I highlighted that Quadra Island is unique, with pocket communities nestled throughout the island intermingled with 11 woodlots and an active Tree Farm License, but hasn't yet been included in landscape level forest planning. I shared how I've heard clearly from many community members that remedies are needed so the community can engage and highlight areas of high community value, whether for recreational, fire suppression, or critical infrastructure reasons.

FOLLOW-UPS IN THE FUTURE

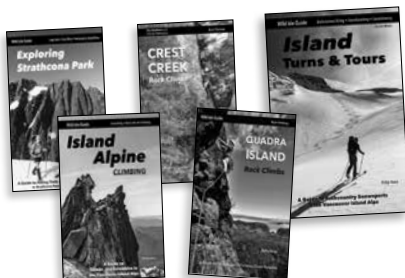
There will be follow-up on these meetings, and as further information comes to light, I'll be sure to share it. As well as my 'formal' meetings, I'm happy to have made connections with other provincial staff who've offered information and follow-up on other topics of import to Area C residents. I'm looking forward to engaging with these folks and reporting back to you.

CONNECT

Thank you for trusting me with this important role which provides opportunities to speak up for our communities. And, thanks for reading this report. You're welcome to connect with me with questions or concerns: email RMawhinney@srds.ca, or call 250.203.2468.

Until next time, respectfully,
Director Robyn Mawhinney

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Quadra Island Quilters Guild 22nd Annual Quilt Marathon

Sewing machines will be humming, scissors snipping, and quilters deftly assembling this year's supply of community quilts on Saturday and Sunday October 25th and 26th, at the QICC.

Part of the Guild's mission is to provide comfort quilts to Quadra Island community members and beyond experiencing loss, health challenges or who might benefit from a warming quilted "hug". This past year about 40 quilts were gifted to community members. Almost 30 others went to Q'walyu House and the Maternal Child Unit of North Island Hospital in Campbell River.

Each member tries to produce one such quilt per year, which would amount to about 60, were it not for some of our more industrious (and happily compulsive) members swelling those numbers and adding to the guild's cache the other 363.25 days of the year. You may remember the raffle so many of you supported the summer of 2023? Thank you! The proceeds of that raffle helped to replenish the supplies needed to produce these quilts.

You are welcome to visit and view quilters in action with quilts taking shape (more so by Sunday) on either day between 10am and 2pm. And we could always use a hand at the ironing board or with some other tasks!

New guild members are always welcome. Our next meeting is November 18th at 10am, at the Community Centre. Our president, Terry, can provide you with more details at (250) 285-3040.



Thinking and talking about medical

decisions near the end of life can be difficult, but having the right information can help. One important document in BC is the No CPR form—a medical order that tells health care providers not to perform cardiopulmonary resuscitation (CPR) if your heart stops.

What is the No CPR Form?

The No CPR form is an official document created by the BC Ministry of Health. It is signed by both you (or your legal substitute decision-maker) and your doctor, nurse practitioner, or other authorized health professional. If this form is present and valid, emergency personnel and health providers will not attempt CPR. Without it, they are legally required to begin resuscitation, even if it might not be wanted or helpful.

Why Might Someone Choose No CPR?

CPR can be life-saving in younger, otherwise healthy people. However, for older adults who are frail or living with advanced illness, CPR is very unlikely to restore meaningful quality of life. It can also cause broken ribs, internal injuries, or prolonged suffering. Many people imagine CPR as something gentle that brings you back, but in reality, when performed on someone

who is seriously ill or elderly, the chance of surviving to leave hospital is extremely low.

Choosing "No CPR" is not about giving up. It is about making a thoughtful decision to avoid medical interventions that are unlikely to help, and to ensure a more peaceful death.

How to Get a No CPR Form

If you feel this decision is right for you, the process is straightforward:

1. Talk to your health care provider — Your family doctor, nurse practitioner, or a nurse at your local clinic can explain the form and whether it fits your situation.
 2. Have the form completed and signed — Both you (or your legal substitute) and your health professional must sign.
 3. Keep the form accessible — Place it where emergency responders can find it quickly: often on the fridge, by the bedside, or in a wallet or purse. Many people also keep a copy in their car if they travel off-island or away from home.
- The form is free and available through health authorities or online from the BC Ministry of Health.

How Does This Fit with Other Planning?

The No CPR form is different from an Advance Directive or Representation Agreement. Those documents outline broader health care wishes and name

decision-makers. The No CPR form is a very specific order about one intervention: resuscitation. Some people have both; together, they ensure wishes are respected in urgent situations and in ongoing care.

Why It Matters

Having a No CPR form can bring peace of mind. It relieves family members of uncertainty in a crisis, ensures emergency workers know your wishes, and allows you to approach end of life in a way that reflects your values.

Talking about this choice may feel uncomfortable at first, but many families find relief once it's done. It's not about choosing death—it's about choosing the kind of care, and the kind of ending, that feels right for you.

Way To Go strives to integrate death as part of life by initiating conversations, providing education, and encouraging people to prepare for end-of-life. We also empower, guide, and support the practice and process of caring for our own dead and dying, in community. Visit our website, way2go.ca; view upcoming events, read previously written articles, and join our email list.

Written by Margaret Verschuur

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Artificial Intelligence "The Robots are Coming"

I recently watched a couple of episodes of **Westworld**. This show depicts a futuristic world where humans interact with robots to act out their deepest darkest desires. Where people can immerse themselves in a world of guns, sex, and violence. If such a world existed I might find myself shocked at the number of people who would find this world appealing. As strange as it might sound, that world may not be that far off. Believe it or not we are already surrounded by artificial intelligence without even recognising it. I was recently talking to my 12 year old niece about things she is doing in school and the topic of AI came up. I asked her if she used any type of AI apps to help with her homework. She told me she sometimes does but teachers are wise to the use of AI. Just like computers have aided teachers and professors to identify plagiarized work, they now have sites such as detect.ai to help them determine if a student's work is AI generated.

One of the available applications if you are using the Google environment is Gemini. This is an AI chat-bot. It can be used for finding information, asking questions, advice, or even writing articles for Discovery Islander. Yes, I have used AI to help me write articles. It started out when I used it to rewrite one of my first articles for Quadra Literacy using less formal vocabulary, recognizing that this is a community newspaper not a technical journal. I was amazed at the speed and accuracy that Gemini was able to clearly state what I wanted to say without the formal computer jargon.

Artificial Intelligence is truly everywhere. After my niece taught me about detect.ai (and there are lots of similar sites) I started to look at the media that I read every day. I went onto a news site and read an article. I then copied a couple of paragraphs and pasted them into the detect.ai dialog box. The program thought for a few seconds then came back with the report, 100% AI. This was shocking to me. Here was an article that stated it was written by a well-

known journalist that had in fact been written by a chat-bot. I repeated this experiment again and again with similar results.

You may be asking, how does this affect me? Well AI can help writers overcome writer's block. You might ask AI to suggest plot twists or help develop characters. You may want to use AI to work with images. Let's say you want a picture of yourself sitting on the deck of the Titanic. Simply supply a picture of yourself and ask Gemini to create the image. It will quickly provide a basic image and will prompt you for further refinements if you wish. Let's say you are a budding song writer and you want help composing a tune, You could ask AI to assist with that as well. The sky is the limit, but be careful. We must not let robots take over our human creativity. More to come on this subject. And yes, this article is 100% human generated. If you wish to comment on this article drop me a line at dave@wedivebc.com

- Dave Tomblin for Quadra Literacy Reducing the Digital Divide project. To contact Quadra Literacy email: quadraliteracynetwork@gmail.com



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Peaceful Grannies Blockade Saxon Main into Cut block 12-651, Quadra Island

The Peaceful Grannies were out early in the morning on September 18 to blockade Saxon Main Road in support of conserving forest threatened by logging between Luoma Lake and Two-Mile Lake. A petition organized by Jolie Shea and signed by over 1,000 people had not deterred TimberWest from going ahead with logging of “block 12-651”, so the Grannies set up their lawn chairs in the middle of the road.

They are trying to protect an area of rare primary forest (never been logged or roaded) rich in biodiversity and well-used as a wildlife corridor. The wells of several families in the area could be impacted by the cutblock. This forest is within Special Management Zone 19, established by a legal order under the Vancouver Island Land Use Plan (VILUP). The plan’s recommended strategy for such areas on Quadra is to conserve these remaining concentrations of veteran trees along with the younger trees and plant communities that have regrown between the vets since the 1925 forest fire. The

fact that TimberWest has not been implementing this strategy and has not developed a credible plan to recruit and retain old-growth forest on the island makes this action even more important. TimberWest’s logging operations on Quadra Island are managed by Mosaic Forest Management; the logging is performed by We Wai Kai Nation’s own logging company.

On the road, conversations were held with several of the workers, D’Arcy Henderson, Mosaic’s Chief Operating Officer, and Jimmie Hodgson, Mosaic’s Chief Forester. The next day, We Wai Kai Chief Chickite was there with Mosaic’s Operations Manager Aaron Racher.

The Grannies stressed the necessity for Mosaic to start engaging in meaningful consultation with the local community regarding their logging decisions. Despite the petition regarding block 12-651, other letters, meetings, and a recommendation from the Forest Practices Board that TimberWest amend its forest stewardship plan to include an old-forest recruitment strategy, there has been little change to



The Peaceful Grannies starting blockade holding up a logging truck (Jolie Shea)

Mosaic’s approach to logging on Quadra. TimberWest/ Mosaic claims it doesn’t cut “old forest” on Quadra. But in areas where there are concentrations of veteran trees, the loggers leave the vets but log out all the younger, commercially-valuable trees between them, destroying all the under-storey plant and animal communities that have re-established since the 1925 fire. This approach destroys the stand’s biodiversity value. TimberWest/ Mosaic calls this type of forest “second growth” but, given their legal obligations, should be thinking of it as “old-forest recruitment”.

According to Mosaic, only 3.8 percent of the forest cover in the

SMZ 19 portion of TFL 47 is “old forest”. However, TimberWest is legally required to have a credible recruitment strategy to get that level to at least 9 percent as quickly as possible. Yet the company seems intent on logging in the areas most suitable for old-forest recruitment, like block 12-651.

The Grannies are working to save these remaining old growth and primary forest ecosystems on Quadra. At the blockade, Mosaic offered to defer logging of 12-651 but their conditions were unclear. In the hope that an agreement could be made, the Grannies temporarily took down their blockade. Stay tuned.

- Sheila Cavanagh, Quadra Island



U of Q

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OCT 14

Quadra Stellers Year-Round Open Water Swimming

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OCT 21

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History defines the present with a clarity that is unavailable by any other measure.

This became particularly obvious in “The Economics of Superintelligence” and “Eureka All Day Long”, two articles in the July 26th edition of *The Economist*, in which the digital pundits of Silicon Valley are trying to prepare us for the possible economic impact of artificial intelligence on our modern world. But, to do this, the author or authors of the articles (unidentified) have provided us with some pertinent economic history of the West to provide an illuminating context.

From the fall of the Roman Empire to 1700, “global economic output had expanded by 0.1% per year, a rate at which it took nearly a millennium to double.” Expressed differently, the world’s economy grew by about 8% per century, and closely followed the growth in population.

As for inflation, it remained ostensibly flat, at least in Europe, for the roughly 500 years between about 1000 to 1500, which meant the price of bread, wine, houses and labour never increased. The first significant increase in inflation occurred in the 17th century as gold and silver began to pour into Europe from its pillaging of the New World. Today, in our modern reckoning, 2.0% inflation per year is considered acceptable—even economically beneficial.

As for economic growth, it “quintupled to 0.5% per year between 1700 and 1820 with the advent of the early Industrial Revolution. During the next 300 years, compared to the 8% increase per century, economic growth “averaged 350%” per century. Affluence grew, mortality plummeted, populations exploded, new inventions multiplied, and the combination of these factors accelerated the whole process. “By the end of the 19th century, [annual economic growth] had reached 1.9%. In the 20th century it averaged 2.8% per year, a rate at which production doubles every 25 years.”

Economic History

“If the evangelists of Silicon Valley are to be believed,” *The Economist* notes, “this bang is about to get bigger. They maintain that artificial general intelligence (AGI), capable of outperforming most people at most desk jobs, will soon lift annual GDP growth to 20-30% a year, or more. That may sound preposterous, but for most of human history, they point out, so was the idea that the economy would grow at all.” Another think tank, Epoch AI, estimates that once AI can replace 30% of human jobs, annual economic growth will exceed 20%.

All this visionary speculation doesn’t seem to consider what all the displaced people will be doing, how they will earn money, and how they will participate in the economy without a radical redistribution of wealth. No widely distributed wealth means no consumers, which means no economy.

Artificial intelligence can design better systems, solve difficult problems, and technically produce better products, but it is also energy intensive—media corporations are already scrambling to produce enough electricity needed to power their AI projects.

But, perhaps the most salient question pertains to where all this economic activity is going to occur. We are already experiencing the limits to growth on a finite planet. Resources are being stressed, natural ecologies are collapsing, greenhouse gases are not being appropriately limited, global temperatures are rising, food production is being threatened, the intensity of droughts and storms is increasing, menaced populations from climate change are in mass migration, and digital dreamers are imaging a Brave New World of AI.

AI is being used to solve complex problems that have avoided human ingenuity, so it could be

used to propose solutions to our global environmental problems. But would any proposed solutions be implemented? We don’t need AI to tell us that we must curtail and eliminate greenhouse gas emissions to avoid an existentially sobering outcome for the entire planet. That simple solution is not being adequately employed. AI’s prospective solutions could design more efficient devices to produce clean energy, collect and store atmospheric carbon dioxide, or even adjust genes so that food crops are higher yielding and more weather tolerant. The obstacle, however, is not technology but our human psychology.

This, however, is the technological trap of hypothetical solutions. In a world that is racing toward environmental Armageddon, we don’t have the

time to doddle while the planet burns. We don’t have time to wait while AI reconfigures our entire economic system. And we certainly don’t have the time to waste while we wait for a change in our human character. We know what to do, so why don’t we just do it before it’s too late?

As history attests, we have come some distance in the last few centuries. The Industrial Revolution conferred incredible comfort, riches and power on us. But it also mass produced ecological disasters. We seem to have reached a crossroads that may be even more significant and pivotal than anything that has happened in our history as a species. If we recognize this as being so, then we must act with the urgency and the resolve that the situation requires.

Ray Grigg
for Sierra Quadra

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Peace Vigil For Gaza

Last week I attended a peace vigil in Campbell River at Aaron Gunn's office organized by Keith Simmonds, the minister of the Campbell River United Church. This was the first of many vigils to come.

Keith submitted the following letter to the Campbell River Mirror which was not printed. In it he explains why he has chosen to do these vigils on a weekly basis, every Thursday at 2 pm in front of our MP's office. My hope is that Keith's letter will inspire us to join him in advocating not only for the Palestinian people but for all of those in our own community that are so desperately in need. Whether Aaron Gunn chooses to listen or not, he needs to hear from us, his constituents, through letters, phone calls and our presence!

Carol Foort



Sulyn Cedar and Keith Simmonds at Peace Vigil

Dear [Campbell River Mirror] Editor,

I was given the gift of our Member of Parliament's time in early August. We covered a variety of topics: The Addiction Crisis; Housing and folk living without it; Food Security and Israel/Palestine.

We agreed that the best response to addiction is treatment, although Mr. Gunn feels strongly that years of permissive government have led to high numbers of addicted people. He is clearly not in support of safe injection or safe supply efforts. He's more of a "Say no to drugs" fellow.

On housing, as on recovery and food security, we agreed there is not enough. For Mr. Gunn and his party, however, current budget deficits mean little to no room for government intervention. They are aimed at bringing the economy up to speed to reap the benefits of a system that allows all of us to provide for ourselves. Kind of, "Just hang on until we can get rid of the ones in the way."

On Israel and Palestine, I shared my observations as a human rights observer in Bethlehem in 2020. I offered thoughts and insights by Israeli human rights organizations, Amnesty International, the United Nations and others. Mr. Gunn told me he and I were poles apart.

"Any one of us," he said, "in Israel's situation, would do exactly what Israel is doing."

When I pointed out that it is ethnic cleansing and genocide, that tens of thousands have died, he shook his head.

"They are just doing what we have already done. We dropped the bomb on Japan, we carpet bombed Germany. We did what we had to do."

He's not wrong. The Allies did use the Atomic bomb on Japan when the war was already over. Germany was carpet bombed, we killed thousands and hundreds of thousands to take revenge for Coventry and London. I know we did, members of one of the congregations I served told me they did. Sixty years of PTSD later. To say nothing of Vietnam, Laos, Cambodia, Afghanistan, Iraq, Chile, Central America. Israel is doing what the West does. From that respect, Mr. Gunn is a perfect fit with Conservative/Liberal governing parties.

I am going to pray for him. For all our leaders. That their hearts and minds and bodies and souls be turned from accepting genocide and mass murder. That they find themselves able to serve Love's insistence, turning away from wealth and power to compassion and care for all. Care lived out as treatment, housing, adequate food, mental health support and active peaceful intervention to end conflict in our most conflicted world.

In Mr. Gunn's case I am going to attend at his office, once a week to pray for him, for his heart and for Gaza. I believe both can use all the prayer we can muster.

Blessings,

Keith Simmonds, Minister, Campbell River United Church

Darkwater Forest



Recently, a few of us Peaceful Grannies were walking along Darkwater Logging Main in the Younger Bros. Woodlot licence. We were impressed by the huge trees, and hiked down to Darkwater Lake to have lunch. Further along the road we walked up into the beautiful Darkwater old forest - ancient Douglas Firs and the ground covered in step moss (*Hylocomium splendens*) making travel easy. Thank you Dave Younger for saving this old forest.

Eileen Sowerby and some Grannies

Ann McLean

May 17, 1942 – August 30, 2025



Ann McLean

(née McKenna) passed away at the age of 83 on Saturday, August 30 in Campbell River Hospital. She had both of her children by her side.

Ann was born in Paisley Scotland. She emigrated to Canada with her two best friends in 1965. It was on the ship to Canada that Ann met her future husband, William (Bill) McLean. Married in 1974, They welcomed their son, Rod in the Pas, Manitoba in 1976.

Their daughter, Kate, was welcomed on Quadra Island, 1980.

From a very young age, Ann was a force to be reckoned with. At the age of 9, Ann read about a special art exhibit in the paper. She saved enough change to take the train from Paisley to Glasgow (by herself) to see the Salvador Dali art exhibit "Christ of Saint John of the Cross"...she returned with her daughter Kate in 2014 to see the same exhibit and acknowledged that this painting is where her lifelong passion for art stemmed from.

Ann was an extraordinary woman. She had the ability to find humour and strength in the darkest moments and turn adversity into hope and purpose. As a loving wife of 50+ years, she tirelessly advocated and cared for her husband through his long journey with MSA. As a mother, she was a pillar of strength and accountability. She will be dearly missed by both of her children, family and friends. Ann was known for her artistic talents, both visual and poetic. Self taught, She captured the beauty of her surroundings in watercolour and expressed political satire and current affairs with her clever poetic wit.

Ann is pre-deceased by her husband Bill and survived by her Son Rod (Bev), Daughter Kate (Tor) and grand daughter McKenna.

We will remember the fun and laughter
Happiness lasts forever after
If you were still here you would see the humour
If only your passing was just a rumour
No mater the crisis, chaos or spin
You always knew how to make us all grin
You would not want tears or sniffles and sobs
No Maudlin speeches or righteous snobs
So we will remember you humour and laughter
May it always be with you in the great hereafter

-Ann McLean

Woodlot 1898

Please be advised that 551945BC Ltd (D.B.A. Buttle Lake Resources), Licensee of Woodlot 1898, is proposing to remove 89.5 hectares of their private land from Woodlot 1898.

The land includes **Lot A, Block 846, Plan VIP54767, Comox Land District, Upper Campbell Lake, Vancouver Island.**

Inquiries and comments to this proposal from persons materially impacted may be submitted by Nov 15, 2025 to: Buttle Lake Resources, 1355 Evergreen Road, Campbell River, B.C., V9W 3S3.

Written inquiries received by the above date will be responded to. Information about this proposal may also be obtained by contacting **Nigel Ross at 250 202 1881.**

Quadra Literacy Job Posting

Job Title: Digital Support Outreach Worker

Position: Part-time (7.5 hours per week)

Quadra Literacy is seeking a friendly, tech-savvy Digital Support Outreach Worker to help community members build digital skills and confidently access online services. This role involves providing one-on-one support, delivering basic digital literacy training, and connecting people with resources to improve their online participation. Services will be provided in a variety of accessible community locations, as well as learners homes.

Qualifications:

- Comfortable using and teaching others to use laptops, tablets, and smartphones (iOS and Android)
- Familiar with a variety of common digital tools including web browsers, video calling platforms, online service portals and photo editing and management programs
- Flexible and adaptable — able to provide support in different community settings, including outreach at coffee shops, community centre, and other locations
- Strong communication and interpersonal skills
- Experience working with adults and diverse community members an asset
- Reliable transportation, flexible hours and criminal record check required

To Apply:

Please send your resume and a brief cover letter to quadraliteracynetwork@gmail.com by 5 p.m. Friday October 17.



Heriot Bay Tides

DATE	TIME PDT	M.	FT.
3 Fri	02:34	3.740	12.3
	09:27	1.647	5.4
	16:45	4.561	15.0
	22:57	2.965	9.7
04 Sat	03:44	3.900	12.8
	10:15	1.717	5.6
	17:10	4.638	15.2
	23:26	2.589	8.5
05 Sun	04:47	4.103	13.5
	10:59	1.877	6.2
	17:33	4.697	15.4
	23:55	2.158	7.1
06 Mon	05:46	4.330	14.2
	11:42	2.127	7.0
	17:55	4.734	15.5
07 Tue	00:27	1.707	5.6
	06:42	4.554	14.9
	12:25	2.444	8.0
	18:18	4.746	15.6
08 Wed	01:01	1.285	4.2
	07:37	4.737	15.5
	13:09	2.795	9.2
	18:42	4.728	15.5
09 Thu	01:38	0.946	3.1
	08:32	4.844	15.9
	13:56	3.142	10.3
	19:10	4.675	15.3
10 Fri	02:21	0.731	2.4
	09:30	4.862	16.0
	14:47	3.449	11.3
	19:42	4.577	15.0
11 Sat	03:08	0.662	2.2
	10:35	4.810	15.8
	15:47	3.682	12.1
	20:19	4.427	14.5
12 Sun	03:59	0.732	2.4
	11:48	4.735	15.5
	17:07	3.799	12.5
	21:03	4.219	13.8
13 Mon	04:56	0.913	3.0
	13:04	4.689	15.4
	18:52	3.738	12.3
	22:01	3.959	13.0
14 Tue	05:59	1.162	3.8
	14:09	4.681	15.4
	20:22	3.496	11.5
	23:42	3.709	12.2
15 Wed	07:09	1.428	4.7
	15:00	4.686	15.4
	21:26	3.156	10.4
16 Thu	01:36	3.622	11.9
	08:19	1.680	5.5
	15:41	4.685	15.4
	22:13	2.786	9.1
17 Fri	03:03	3.695	12.1
	09:21	1.926	6.3
	16:14	4.667	15.3
	22:50	2.427	8.0
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Massage is an exceptional tool that aids in alleviating stress and tension of body and mind. Trinity Gogolin specializes in many styles of massage from Deep Tissue and Trigger Point Release to Swedish Style and Relaxation Massage. U.S. Trained, with over 15 years experience. Offering a beautiful studio location, comfortable and conveniently located close to Q-Cove. Call or Text 250 203 4529 email: trinitygogolin1@gmail.com

Services

QUADRA WASTE SOLUTIONS

Local. On-Demand. Occasionally. Weekly. (Servicing Heriot Bay and South). Enquire about our Seniors' Driveway Service. Call/Text/Email. quadrawastesolutions@gmail.com 250.202.9182 (Tariff-Free since 2023)

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Professional Roofing Services
www.javaroofing.com
Call JAVA ROOFING at 250.204.2638

SMALL ENGINE REPAIRS

in Q Cove. Lawn Mowers, Tractors, Chainsaws, Trimmers, Generators etc. Also some electric power tools. Please call Don @ 250.285.3960.

SHORE PINE SIGNS & DESIGN

Custom signs for home and business, boat/vehicle decals, picture framing. Open Mon & Fri 9-2, Tues-Thurs 9-5. Next door to Q Builders. 250-285-2815 shorepinesigns@gmail.com

NOTARY PUBLIC

Notary Public on Quadra located inside Sacred Pulse at Quathiaski Cove shops, we offer notarial services, personal planning documents (wills, powers of attorney, representation agreements). Call 1.855.204.6277 (toll-free) email info@quadranotary.ca

Home & Garden

IRRIGATION SYSTEMS

I install customized irrigation systems for many different watering needs. Maintenance, repair and modification for existing systems of any kind. Call Kai at 250 850 9245 email:ggpropertycare@gmail.com

PRUNING, SOIL CARE, AND FABULOUS GARDENS AND ORCHARDS OF ALL SORTS

Highly-skilled and passionate horticulturist Ryan Nassichuk is now making bookings for the winter of 2026 and beyond. Email nassichuk@gmail.com to get in touch, and visit www.nassichuk.com for more information (no phone calls or text messages between late September of 2025 and late January of 2026)

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FOR RENT

Commercial space for rent in Q. Cove Contact: 250-285-2880

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FOR MORE INFORMATION:
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The Society gratefully acknowledges the financial assistance of the Province of British Columbia.



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