DISCOVERY

ISLANDER





Heriot Bay-Whaletown Terminal Projects

Join us for an information session!

Quadra

Friday, October 24, 2025 4:00 – 5:30 PM Quadra Community Centre Main Hall (970 West Road)

Island Class vessels are on track for summer 2026! Learn about the ongoing construction work at Heriot Bay and Whaletown terminals.

Our teams, including project and local operations, will provide an update on timelines, alternate service and answer questions.

Cortes

Saturday, October 25, 2025 1:00 – 2:30 PM Mansons Hall (983 Beasley Road)



bcferries.com



NEWS & EVENTS

Halloween Fun Night October 31

Get ready for a night full of spooky fun at the Quadra Community Centre this Halloween!

It's the 5th Annual Lighted Pumpkin Walk — a glowing forest adventure not to be missed! Follow the twinkling fairy lights along the path behind the hall and discover what surprises await among the trees.

Also, back by popular demand... TRUNK OR TREAT!

This Halloween favourite features a lineup of creatively decorated cars in the parking lot. Everyone is welcome to join the fun — dress yourself and your vehicle in your best Halloween style and arrive by 5:00 p.m. to park and add the finishing touches. Perfect for anyone who doesn't get trick-

or-treaters at home! Trunk-or-Treating runs from 5:30 p.m. until the candy runs out.

Stick around for the bonfire and fireworks in the big field at 8:30 p.m. — a cozy, sparkling finale to a great community night!

COMMUNITY HALLOWEEN CRAFT-ER'NOON PARTY

Thursday, October 30 ~ 2:00 – 4:00 p.m.

Community Centre, Main Hall Join Elke River and QCC staff: Jane and Bradford for a drop-in afternoon of Halloween-themed arts and crafts! Carve pumpkins for the Lighted Pumpkin Walk and make spooky or cute decorations to take home.

This is a free, all-ages event — parent supervision required for young children.



ISLAND CALENDAR

DAY TO DAY

Friday, October 17

• Live music - Go Dog Go, Heriot Bay Inn Pub, 8pm

Monday, October 20

- Way to Go Meeting on Energy work, QCC Rm 3 at 3 pm, see p5
- Legion General Meeting Quadra legion 7pm

Thursday, October 23

• Earthquake presentation by Alison Bird, - Quadra Legion. Doors @ 6:30, see p5

Friday, October 24

- Friday Flicks presents The Penguin Lessons, QCC 7:45pm, see p7
- Live music Ryder Bachman Band, Heriot Bay Inn Pub, 8pm

Saturday & Sunday October 25 - 26

• Quadra Island Quilters Guild Marathon - QICC, 10 am - 2pm, see page 10

Saturday Oct. 25th 5pm

- L.A. Oktoberfest fundraiser dinner! Quadra legion 5pm \$20
- Live music Cove Quadra Legion, 9pm \$10 Cover

Friday, October 31

- Halloween Fun Night, QCC Starts at 5pm see page 2
- Scare-aoke, Heriot Bay Inn Pub, 8pm
- Age Against the Machine/Pom Poko Quadra Legion Costume prizes. \$10 cover

REGULARS

Sundays

• Meditation Group: Quadra Children's Centre, 10am

Mondays

• Badminton at the Cape Mudge gym, 7:30pm, drop-in \$3

Monday & Friday nights

• Open AA meeting, at Cape Mudge United Church, 7:30-8:30pm

Wednesdays

• Poker Night: Quadra Legion 7:30pm

Thursdays

• Badminton at the Cape Mudge gym, 7:30pm, drop-in \$3

NEXT DISCOVERY ISLANDER DEADLINE FOR ISSUE 868:

Monday, October 27 @ 7pm In mailboxes on Friday, October 31



WHAT'S ON AT QCC



Jump into the action at the Quadra Community Centre!
Come down, get involved and be part of YOUR community!

WHAT'S HAPPENING at QCC October 17 - 31

THIS WEEKEND: Oct 17 - 24

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

SATURDAY: 11 Ultimate Frisbee on the field (all levels welcome); 7:30 Sierra

Quadra with QICSS - Fundraiser with special guest, David Suzuki

SUNDAY: 9 Quadra Singers Fall Retreat; 10 Q.I. Pantry Community Co-Op Meeting **MONDAY:** 8:30 Fitness with Jeannie; 10 Parents and Tots; 10 Yoga with Josephine;

1 Sing for Pure Joy; 2:30 Caregivers; 3 Way to Go; 5:30 Iyengar Yoga

TUESDAY: 10:30 Balance, Core Strength and Bone Health; 11 Legal Clinic with Nawel Izard; 2:45 Rec and Sports with Dave (school gym); 3 Sewing Crafts for Kids; 5 Yoga with Trinity; 5:30 Ultimate Frisbee; 7:15 International Folk Dancing

WEDNESDAY: 10 Yoga with Trinity; 12 Community Lunch; 1 Mosaics; 3 Ping Pong; 4 Intermediate Basketball (school gym)

THURSDAY: 10 Parents and Tots Dance with Kate; 10:30 Somatics; 5 Core Strength and Stability with Nicki; 6 Indoor Floor Hockey for kids (school gym); 6 Indoor Floor Hockey for Kids (school gym); 6:45 Quadra Singers; 7 Indoor Floor Hockey for Adults (school gym)

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com; 4 BC Ferries Info Session; 7:45 Friday Flicks presents "The Penguin Lessons"

NEXT WEEKEND: Oct 25 - 31

SATURDAY: 8 Quilters Marathon; 11 Ultimate Frisbee on the field (all levels welcome)

SUNDAY: 9 Quilters Marathon; 10 Q.I. Pantry Community Co-Op Meeting

MONDAY: 8:30 Fitness with Jeannie; 10 Parents and Tots; 10 Yoga with Josephine; 1 Sing for Pure Joy; 1 Jewelry Making; 3 Halloween Yoga Party with Anita; 5:30 Iyengar Yoga; 7 Photography Club

TUESDAY: 10:30 Balance, Core Strength and Bone Health; 2:30 Rec and Sports with Dave (school gym); 3 Sewing Crafts for Kids; 5 Yoga with Trinity; 5:30 Ultimate Frisbee; 7:15 International Folk Dancing

WEDNESDAY: 10 Gentle Yoga with Trinity; 12 Community Kitchen Lunch; 1 Mosaics; 3 Ping Pong; 4 Intermediate Basketball (school gym); 5:45 Warm Vinyasa Yoga with Elizabeth

THURSDAY: 10 Parents and Tots Dance with Kate; 10:30 Somatics; 2 Pumpkin Carving Party; 5 Core Strength and Stability with Nicki; 6:45 Quadra Singers

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 noon Smart Recovery: to join contact Jude: smartrecoveryquadra@gmail.com

Go to our website www.quadrarec.bc.ca to view the latest Rec Guide, OR navigate to REC DESK to register for kid's programs or see what's happening each day on the community calendar. https://quadrarec.recdesk.com/Community/Calendar Click on the calendar for more details! Phone the Community Centre at # 250-285-3243. Or E-mail: info@quadrarec.bc.ca



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Publisher Philip Stone

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CONTACT US

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- Canadian spelling please: centre, colour, favourite etc...
- Please use the title of your item in the email subject line.
- Remember to include credits and captions for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.

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NEXT DEADLINE

7pm Monday, October 27 for publication on Friday, October 31, 2025

Open AA Meetings

Monday and Friday nights, 7:30 to 8:30pm at Cape Mudge United Church at 29 Tekya, Cape Mudge. Everyone Welcome!

An Invitation from the GC/ICAN Food Security Team

Are you looking to do something purposeful this winter? The Garden Club/ICAN Food Security Team has a number of projects that might interest you. From providing education workshops, revitalizing the Cape Mudge Garden, working to prevent food waste through the Food Recovery Program, to coordinating use of organic waste from local restaurants, the Food Team can match you with a little job or a big job, depending on the amount of time and energy you have to devote to volunteering. Monthly meetings are scheduled for 7pm on the last Wednesday of each month from October to May (excluding December). Participation on a project does not require attending meetings but we do need a core group to

Intrigued? Want to know a little bit more about what would be involved if you stepped in? Email the quadraicanfoodteam@gmail.

manage the budget and oversee

all of the projects.

Suzuki to Speak on Quadra

QUADRA ISLAND, BC – Join QICSS and Sierra Quadra in celebrating the 35th anniversary of the Quadra Island Conservancy and Stewardship Society on Saturday October 18th at the Quadra Community Centre. QICSS is honoured to present special guest David Suzuki, whose talk 'Humanity Over the Edge: Transformation or Extinction' offers his unique perspective and challenges us to meet the mounting chaos of our times.

From 'The Sacred Balance' by David Suzuki:

"The environment is so fundamental to our continued existence that it must transcend politics and become a central value of all members of society."

Dr Suzuki is an award-winning scientist, environmentalist and broadcaster. He has made it his life's work to help humanity understand, appreciate, respect and protect nature. He is familiar to television audiences from his 44 years as host of the CBC science and natural history TV series The Nature of Things. In 2020 David received The Canadian Academy of Cinema and Television's Lifetime Achievement Award. He has been recognized by BC Achievement in partnership with the Lieutenant Governor of BC for his extraordinary work as a recipient of the 2021 BC Reconciliation Award. Dr Suzuki is a Companion to the Order of Canada and a recipient of UNESCO's Kalinga Prize for Science, the 2009 Right Livelihood Award, and UNEP's Global 500. He is Professor Emeritus at the University of British Columbia in Vancouver and holds 32 honorary degrees from universities in Canada, United States and Australia. His written work includes more than 56 books, 20 of them for children. Dr Suzuki lives with his wife and family in Vancouver, BC.

The Quadra Island Conservancy and Stewardship Society (QICSS) was formed in 1990



and is celebrating an important milestone this year. We would like to acknowledge the successes of QICSS over the last 35 years and the fulsome support of the Quadra Island community.

QICSS is a land trust which bought and owns land at Morte Lake. It also holds covenants on private lands, with these objectives: to protect wild areas, forests and wetlands; to support organic agriculture and trails; and to prevent over-development in the Discovery Islands. Covenants are linked to land titles and survive in perpetuity.

In its stewardship role, QICSS has recently created a greenhouse for the propagation and distribution of native plants, and provides education to school children and the public on the pivotal role of plants in our ecosystems.

The goal of the October 18th event is to develop a fund for assisting people with the legal and survey costs associated with placing covenants on their land, and to ensure that ongoing annual costs can be maintained. We greatly appreciate the generosity of our community, and especially the support of David Suzuki.

Mark the date: Saturday October 18th at QCC! Doors open at 7pm for desserts, tea and coffee; David's books will be available for purchase and signing until 7:30. Admission is by a suggested donation of \$20, and tax receipts will be issued for donations above that amount. Youth under 18 are admitted free of charge.

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Way to Go

JOIN US on Mon. Oct. 20, 2025 from 3 pm to 4:30 pm, QCC Rm. 3, for a time of sharing, presentation on "Energy work for easing life's transition", discussion, and business. Info or zoom link at <way2go.ca>, or 285-3298. Bring \$2 for the rental. Next mtg. on Nov. 17.

At The Legion

Sat. Oct. 18th 7-9:30 Bingo! Proceeds are going to a few local residents that have extra expenses during cancer treatments.

Sunday Oct. 19th 2-4pm, Seaglass ornaments with Lost art club

Monday Oct 20th 7pm Legion General meeting

Saturday Oct. 25th 5pm, L.A. Oktoberfest fundraiser dinner! \$20 9pm Cove, is back for an amazing night of music! \$10 Cover

Friday Oct. 31st 9pm Age Against the Machine/Pom Poko for an unforgettable Halloween! Costume prizes. \$10 cover

The 2025 Poppy Campaign coming up quick, wreaths will be delivered on Oct. 24th and poppy boxes will be dispersed on Oct. 31st.

Remembrance Day Service

Annual Remembrance Day Service held at the Quadra Branch of the Royal Canadian Legion on Tues. Nov. 11th. Please be seated by 10:45am sharp. The Ladies Auxiliary will be hosting a luncheon following the service.

Badminton

QUADRA ISLAND Badminton will be starting the new season on Thursday, September 18th at 7:30pm. We play at Cape Mudge Gym. The drop in fee is \$3. We play every Monday and Thursday at 7:30pm. Any changes to the schedule will be announced on the Quadra Island Badminton Facebook page.

Looking for Pears & Apples

Calling all Quadra community members! Our school is collecting apples and pears for a fun and educational project—juicing, dehydrating, and making delicious sauces with our students. If you have any extra fruit from your trees, we'd love your donations! Please drop them off at the school office or contact us to arrange pickup. Thank you for supporting hands-on learning and reducing food waste!

Renowned Earthquake Expert to Give Talk at Quadra Legion

EARTHQUAKES ARE a fact of life for all of us who live and work on the West Coast. Will you be prepared or panicked when the next one hits?

Learn more about earthquakes BC with Alison Bird, an internationally recognized seismologist with Natural Resources Canada, on Thursday, October 23rd at the Quadra Legion Hall.

Alison's presentation will cover earthquake hazards, preparedness, and the Earthquake Early Warning System, which she helped develop.

This is a great opportunity to hear, and learn from, an expert on what we can expect here on Quadra. There will be a question period after her talk.

Alison's presentation on Quadra is hosted by the Quadra Island Emergency Preparedness Program, to mark the Annual Great BC Shakeout event held in October every year. Support for the Quadra Island Emergency Preparedness Program is provided by the Strathcona Regional District, Emergency Preparedness.

Note that this presentation will be held at the Quadra Legion, next to the Heriot Bay Tru-Value Food Store. Doors open at 6:30, coffee and dessert provided. Alison's presentation starts at 7pm. Come early to hear this popular speaker as seating at this venue will be limited.



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MAPLE MEADOWS

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Caregiver Support Group Renames

The Quadra Island Caregiver Support Group has a new name, Carers Together. A Carer is someone who provides unpaid or paid support to a family member, friend, or community member who needs help due to illness, disability, ageing, or failing health. Along with this new name, comes a wider invitation to any person involved in care providing to join us.

Our next meeting is Monday, October 20th, at the Quadra Island Community Centre, room #2 @ 2:30 pm. The meeting includes an educational discussion on the topic of "A Contemporary Approach to Palliative and Hospice Care."

Our Carers Together group is supported by Quadra Circle, feel free to contact them at: 250-285-2255 or hkquadracircle@gmail.

"Caregiving is rarely sustainable as a solo effort. Establishing a "circle of care" allows caregivers to share responsibilities with family, friends, and community resources. Delegating specific tasks and identifying support options ensures continuity and reduces caregiver burnout."



The True Cost of "Cheap" Groceries

Big-box retailers operate on a business model built around the promise of "low prices."

These prices are achieved through massive bulk purchasing and relentless pressure on suppliers. A small grocer buying a few cases of cereal simply can't match the cost advantages of a national chain ordering by the truckload. This imbalance explains why local businesses are so often undercut.

Most big-box retailers are publicly traded corporations. Their priorities extend beyond serving customers and communities to include generating returns for shareholders. Rising stock prices and dividends frequently take precedence over local well-being. When we shop at these stores, we're not just supporting their sales, we're also fuelling investor profits and reinforcing a system that concentrates wealth at the top while displacing smaller, locally owned businesses.

The Hidden Costs Behind "Low Prices"
Large-scale commercial buyers often secure bulk purchasing agreements with farmers and producers at prices so low that little profit remains for those who grow our food. To survive, many farmers rely on government subsidies and cut costs by using low-wage labour and inexpensive fertilizers or herbicides that deplete the soil and strip food of its natural nutrients.

What looks like a bargain at the checkout counter comes with hidden costs: diminished

nutritional value, increased chemical exposure, and long-term health risks. In the pursuit of "cheap," we compromise our well-being, our environment, and ultimately our quality of life.

The Cost of Convenience

We live in one of the most eco-conscious and naturally pristine regions in the world. Yet, many residents travel 80 kilometers or more to shop at a big-box store, often without considering the true value of their time or the environmental impact of those trips.

A typical grocery run "down island" can take five hours, including travel and shopping time. When the actual expenses are factored in, the savings begin to disappear:

- Ferry: \$30
- Store membership: \$160/year
- Fuel and vehicle wear: \$20
- Restaurant meal or snacks: \$30

Estimated total: \$1,120 annually or about \$93 per month

Strengthening Our Local Economy

Consumers have far more power than they realize. Even small shifts in shopping habits can make a significant difference. Redirecting just 20% of your grocery budget to a local grocer, co-op, or farmer helps keep dollars circulating within the community. This strengthens our local economy, supports jobs, and sustains essential infrastructure.

In doing so, we not only help preserve the environment but also enhance our collective quality of life through shared prosperity. Over time, these community-driven investments could even enable us to build our own amenities (perhaps a swimming pool) rather than financing those in other communities.

Quadra Island Community Food Co-operative (qipantrycoop@gmail.com)

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SRD Encourages Participation in the Great BC ShakeOut

(Campbell River, BC) – The Strathcona Regional District (SRD) encourages residents to "Drop, Cover and Hold On" in the Great BC ShakeOut on October 16, 2025, at 10:16 am.

"The Great BC ShakeOut isn't just about dropping, covering, and holding on for a few minutes," said SRD Chair Mark Baker. "It's a reminder for all of us—families, schools, workplaces, and communities—to take a real look at how prepared we are. After the drill, check your emergency kit, update your plan, and make sure your home or office is safe from things that could fall or break in an earthquake. A few small actions today can make a big difference when the ground starts to shake." Participating in ShakeOutBC at home, school or the office is easy using the following simple steps. Plan Your Drill:

- Register at www.shakeoutbc.ca to be counted, get email updates and more.
- Have a Drop, Cover and Hold On drill on Thursday October 16 at 10:16 am. If your drill takes place in an area at risk of flooding after a major earthquake such as the Gold River Waterfront, Downtown Campbell River, Ehatis, Esperanza, Fair Harbour, Kyuquot, Oclucje, Tahsis, Yuquot or Zeballos then it is encouraged that you also include a postearthquake evacuation into your drill.
- Discuss what you learned and make improvements to your emergency plan. This year, the SRD is offering community workshops and free first aid certification courses to provide residents in the regional district with the knowledge and skills to be better prepared for an earthquake. The following table provides a list of ShakeOut 2025 events. For events that require registration, please contact Shaun Koopman, Manager of Emergency Services at 250-830-6702 or skoopman@srd.ca.



Meditation Group

WE MEET every Sunday at the Quadra Children's Centre at 10am for a 45 min sitting meditation on a cushion or chair, followed by a short break with tea and cookies.

There is a reading of a book based on Buddhist perspectives and meditation practices, and then a discussion on the text.

Everyone is welcome, a small donation is appreciated. For more info call Don at 250 285 2193 or Kai at 250 850 9245.

Quadra Island Cat Rescue

QUADRA CAT RESCUE offers a lower-cost spay-neuter program for people needing assistance to get cats or kittens fixed. Please complete the form at: quadracatrescue.com/spay-neuter/

Support Quadra Cat Rescue by purchasing Tru Value Foods gift cards – available at Inspirations in the Cove – and by donating Spirit Board points (#280 at both stores).

Friday Flicks presents: The Penguin Lessons

On October 24, 7:45 at Quadra Community Centre Friday Flicks presents The Penguin Lessons. Starring Oscar nominee Steve Coogan, this poignant dramedy follows an Englishman's personal and political awakening after he adopts a penguin during a cataclysmic period in Argentine history. Inspired by true events, The Penguin Lessons takes to heart the notion that saving someone's life begins a new responsibility. In this case, that someone is a surprisingly wise, utterly adorable penguin. Helmed by Peter Cattaneo (The Full Monty; Military Wives, TIFF '19), The Penguin Lessons delivers this delightful story with wit, warmth, and subtle insight into just how rewarding it can be to do the right thing. November 14 - The Marching Band (En fanfare). Thibaut is an internationally renowned conductor who travels the world.



When he learns he was adopted, he discovers the existence of a younger brother, Jimmy, who works in a school cafeteria and plays the trombone in a small marching band. Everything seems to set them apart, except their love of music. Sensing his brother's exceptional talent, Thibaut decides to remedy the injustice of fate as Jimmy begins to dream of a different life. Marching Band is a beautifully tender and poignant portrayal of family and the lengths we're willing to go for the ones we love



COMMUNITY NEWS & EVENTS

Quadra Island Outdoor Club **Upcoming Events**

After a great summer we've had some beautiful autumn days to enjoy activities out-of-doors. We are at the end of our "summer" session and are now thinking about winter destinations:

22 Oct, Wed – Hike to some big trees and to Clear Lake

26 Oct, Sunday – Winter Planning Meeting We will go into Main Lake Provincial Park to see some fine trees and continue on to Clear Lake.

On Sunday, Oct 26th we will hold our winter planning meeting to build a schedule from November to April. The meeting will be followed by a social gathering.

Some of the best hiking is during the quiet winter months, as well as snowshoeing or skiing in the mountains, and even kayaking. Please bring your suggestions to the meeting or email them to qioutdoorclub@gmail.com, if you are unable to attend.

The information about these events can be found at: https://qioutdoorclub.org/schedule-summer-2025/

Sing for Pure Joy!

WITH MARY & KATE ALEXANDRA.

We raise our voices in glorious song with heart-felt melodies, soulful gospel songs and spirituals, meditative chants, robust rounds, and layered songs in three and four part harmony...songs from all around this glorious world. We have developed quite an extensive repertoire over the last 17 years. We sing songs from the sublime to the ridiculous. Lots of joyful laughter too!

The Fall Term begins on Monday, September 8th, from 1 to 2:30pm in the Main Hall at the Quadra Community Centre, and ends on December 1st.

The fee for an hour and a half is \$10 if you pay for the term (\$130 for 13 weeks). There is a \$12 drop-in fee. The term fee is prorated if you join at a later date. Family members and caregivers are half cost.

To quote Ella Fitzgerald, 'The only thing better than singing is more singing!'

For more information please call 250 202 1003 or email singforpurejoy@gmail.com.



Like the DI on FaceBook

Giving Old Computers New Life with Linux

Quadra Literacy is pleased to announce that we're expanding our services to help people who want to upgrade their existing computers to a new, high-performance operating system without needing to purchase a refurbished one. Many folks are discovering that their computers can't run Windows 11, even though they still work perfectly well. Switching to Linux, a free and reliable alternative, can give these computers a whole new life.

To start, we'll be offering email support—and possibly phone support—for anyone with technology questions or needing help with the transition.

I was recently listening to CBC's Day Six, where Right-to-Repair advocate Anthony Rosborough talked about the growing problem of e-waste. He noted that the average Canadian produces about 50 pounds (23 kilograms) of electronic waste each year. Many of those discarded computers are still perfectly good—they've just been made "obsolete" by new operating system requirements. That's one of the main reasons I'm such a strong advocate for Linux and open-source software.

Anyone who has read my articles will know I have a soft spot for the Linux operating system. Some folks have asked me why. There are political and ethical reasons, of course—but here are my practical ones:

Cost:

Linux is free! While there are paid versions, and it's widely used on servers and enterprise systems, the distributions ("distros") designed for home users cost nothing. Most of the software available for Linux is also free and open source.

Reliability:

Unlike Windows, which constantly needs security updates to stay ahead of hackers, Linux is inherently more secure. Its architecture is built with protection in mind, and thousands of programmers around the world continually monitor and improve the system.

Stability:

Remember the infamous "blue screen of death"? Even Bill Gates wasn't spared—Windows 98 crashed during one of his live presentations. Windows has improved since then, but system lockups remain more common than on Linux. That's why most high-demand systems, including servers, run on Linux.

Customization:

When Microsoft moved from Windows 8 to 10, the interface changed drastically—I even bought software to make Windows 10 look like Windows 8 again! Linux, on the other hand, offers numerous desktop environments that you can tailor to look and behave however you like. You decide how your computer looks and feels.

Performance:

I came across a meme recently that sums it up perfectly:

Operating System Requirements

Windows 11: Multi-core 64-bit processor, 4 GB RAM, 64 GB storage, UEFI with Secure Boot, TPM 2.0, 720p display, DirectX 12-compatible graphics.

Linux: Electricity.

It made me laugh—but it's not far from the truth. There's a version of Linux that can run on almost any computer, no matter how old. Installing Linux can make an older machine run faster and more reliably.

I'm currently testing a pre-release version of Zorin OS 18, which should be available soon. It's a recommended (but not required) upgrade. The biggest improvements I've noticed so far are a sleeker interface and better integration of web apps—programs that run through your browser instead of needing to be installed locally. More on that soon!

I always appreciate reader feedback, so please keep it coming.

You can reach me at dave@wedivebc.com, or contact quadraliteracynetwork@gmail.com for general program inquiries.

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REGIONAL DIRECTOR'S REPORT

مالم

We have much to be grateful for here in this part of the world,

it's nice to pause, reflect, and give thanks. I'm thankful for a bounty of garden tomatoes and squash and for the diversity of community building efforts underway throughout the islands.

Two weeks ago I did something unusual, I published two Director's Reports rather than one. The first was about UBCM and local issue advocacy -- it was printed in the Discovery Islander. The other was a time sensitive 'Special Edition' report which I shared with email subscribers and via Facebook, an update on municipal interest in electoral area land use planning. This report is a recap and a few further thoughts on that topic as rural SRD constituents wait to see what Campbell River and other municipal councils decide.

Electoral Area Land Use Planning

In September I reported that municipalities were discussing joining the Electoral Area Land Use Planning Service. The Board has now referred the topic to each of the SRD's five municipalities & the Kyuquot-Checleseht Nation for their consideration; the SRD's Chief Administrative Officer will make a verbal presentation to each council. The Electoral Area Land Use Planning Service determines land use decisions in the SRD's four electoral areas. Land Use Planning includes applications for rezoning, official community plan amendments, development permits, and all land use bylaws like our Official Community Plan.

CAUSE FOR CONCERN

Most Electoral Area Directors are alarmed by this because if Campbell River council chooses to join the Electoral Area Land Use Planning Service, they would have five seats and five votes in Electoral Area land use planning matters, while there are only four Electoral Area Directors. Of interest, municipalities cannot access SRD land use planning services in this way, they must manage land use planning within their municipality: the expense buys them a vote on rural land use decisions. Campbell River joining would ding city taxpayers close to \$500,000 annually.

I've been repeatedly asked how this could be possible and heard from residents that this sounds like a 'hostile takeover'. Due to the way the Local Government Act is currently written, a municipal council can vote to join a regional district's Electoral Area Land Use Planning Service and that is all it takes.

I wholeheartedly understand the concern of many rural residents that land use decisions in the SRD's rural areas, each having unique, community-led visions, should be determined by rural area Directors, not municipal councillors. The Area Directors for Cortes Island (Area B) and the Sayward Valley (Area A) and myself have been exploring the potential for legislative changes at the provincial level as well as sharing the news with residents across the SRD.

WORKING TOGETHER ON SHARED INTERESTS

The SRD is a federation of small municipalities, rural electoral areas, a treaty First Nation, and one big city. I believe the SRD federation operates best when it is working on areas of shared and common interests. A great example of this is the healthcare workforce housing & Just Like Home project in Campbell River which the SRD recently broke ground on. This project, providing 20 workforce housing rental suites, is designed to help attract and retain doctors, nurses, and other essential healthcare professionals and ease the region's critical housing shortage. The Just Like Home portion of the project will provide ten private units with washrooms, alongside a shared kitchen, laundry, day room, and communal living spaces. This safe, supportive, and affordable home-away-from-home will be available for patients and their loved ones traveling to Campbell River for medical care not available in their

communities. Together, workforce housing and Just Like Home will improve access to healthcare for SRD residents, a solid win for the region.

NEXT STEPS

Campbell River and the other municipal councils will be considering whether to join the Electoral Area Land Use Planning Service. I truly respect my municipal colleagues and the incredible work they do in their communities. I'm very hopeful that when councils consider paying for a vote on Electoral Area Land Use matters, they determine there are better uses of taxpayers' dollars and that focusing on the SRD's strategic priorities and shared values is the way forward.

For Area C residents who would like to give voice to their concerns, share this news with your Campbell River friends and connections and ask them to politely inform their mayor and council (mayorandcouncil@campbellriver.ca) a preference for spending their tax money on important issues within city boundaries rather than on controlling land use decisions an island or two away (there's a sample letter in my Special Edition report for reference). Alternately, while the Board isn't directly involved in this decision, correspondence addressed to the Chair and Board is shared with all Directors, which includes one or more appointed representatives from each municipality in the SRD (administration@srd.ca).

CONNECT

Thank you for your community engagement, and thanks for reading. You can find links to my previous reports, including the Special Edition one, and news media coverage of this story at RobynMawhinney.ca, under the News tab. As always, you're welcome to connect with me with questions or concerns: email RMawhinney@srd.ca, or call 250.203.2468. Until next time,

Respectfully,

Director Robyn Mawhinney



WAY TO GO

Quadra Island Quilters Guild 22nd Annual Quilt Marathon

Sewing machines will be humming, scissors snipping, and quilters deftly assembling this year's supply of community quilts on Saturday and Sunday October 25th and 26th, at the QICC.

Part of the Guild's mission is to provide comfort quilts to Quadra Island community members and beyond experiencing loss, health challenges or who might benefit from a warming quilted "hug". This past year about 40 quilts were gifted to community members. Almost 30 others went to Qwalayu House and the Maternal Child Unit of North Island Hospital in Campbell River.

Each member tries to produce one such quilt per year, which would amount to about 60, were it not for some of our more industrious (and happily compulsive) members swelling those numbers and adding to the guild's cache the other 363.25 days of the year. You may remember the raffle so many of you supported the summer of 2023? Thank you! The proceeds of that raffle helped to replenish the supplies needed to produce these quilts.

You are welcome to visit and view quilters in action with quilts taking shape (more so by Sunday) on either day between 10am and 2pm. And we could always use a hand at the ironing board or with some other tasks!

New guild members are always welcome. Our next meeting is November 18th at 10am, at the Community Centre. Our president, Terry, can provide you with more details at (250) 285-3040.



ENDY TO GO

Jewish Death and Grief

Jewish traditions surrounding death and

mourning are deeply rooted in reverence, compassion, and community. They offer a structured yet tender way to honour life, acknowledge loss, and accompany the bereaved through their grief. These practices are both ancient and timeless, reflecting a belief that death is a natural part of life's sacred continuity.

When someone dies, care begins immediately. The body is treated with profound respect, seen as the vessel that once held a holy soul. It is never left unattended. A practice called shmira, meaning "guarding," begins—where a shomer (watchperson) stays with the body, reciting psalms and prayers. This serves three purposes: to honour the body, to protect it from physical harm, and to compassionately accompany the soul's transition, as many believe it lingers nearby during this time.

Members of a sacred group called the chevra kadisha (holy burial society) gently wash the body in a ritual known as taharah, symbolizing purification and readiness for rest. The deceased is then dressed in simple white shrouds (tachrichim), representing equality before God. The casket is plain, made entirely of wood with no metal parts, to allow the body to

return naturally to the earth. In fact, Jewish law requires that caskets have holes in the bottom, allowing the earth to enter and hastening decomposition. This practice prevents separation from the earth and reflects humility, avoiding vanity or pride in death. Burial takes place as soon as possible—often within twentyfour hours. This reflects a core Jewish value: to honour the dead swiftly and naturally. Cremation is generally discouraged, as burial aligns with the biblical teaching, "For dust you are, and to dust you shall return."

After the burial, attention turns to the mourners. Immediate family members enter a seven-day period of deep mourning called shiva (meaning "seven"). During shiva, they remain at home while the community comes to thembringing food, prayers, and shared memories. Mirrors are covered, mourners may sit on low stools or the floor, and friends gather to offer comfort. Each day includes the recitation of the Kaddish, a prayer that praises God without mentioning death. Its steady rhythm offers comfort and continuity, reminding mourners of the enduring presence of faith and community.

When shiva ends, a gentler mourning phase called shloshim continues for thirty days, during which mourners gradually return to daily life. For those mourning a parent, the Kaddish is recited for eleven months, recognizing that grief unfolds in its own time.

Each year, the loved one is remembered through yahrzeit, the anniversary of death. A candle burns for twenty-four hours, symbolizing the soul's eternal flame, and the Kaddish is recited again in remembrance and love. Through these sacred rituals, grief is given structure and meaning. The community surrounds the mourner with presence and prayer, ensuring no one faces loss alone. Jewish death and mourning

practices honour the life lived, the

love that remains, and the sacred

connection that endures beyond

death.

Way To Go strives to integrate death as part of life by initiating conversations, providing education, and encouraging people to prepare for end-of-life. We also empower, guide, and support the practice and process of caring for our own dead and dying, in community. Visit our website, way2go.ca; view upcoming events, read previously written articles, join our email list, and join our community meeting on Oct 20th.

-Written by Margaret Verschuur

IF YOU SEE SIGNS OF WILDFIRE

Call 1-800-663-5555 <u>or</u> 911 <u>or</u> text *5555 on mobile

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QUADRA CONCERTS

Jeremy Dutcher Live on Quadra Island

November 29

Presented by Quadra Concerts

Quadra Concerts is thrilled to welcome

Jeremy Dutcher to our stage on Saturday,

November 29th, for an evening that promises
to be both transformative and deeply
resonant.

Our first two concerts of the season sold out swiftly, and our third offering on November 29th had already sold out. However, because Jeremy's performance is a single 90-minute set without intermission, we have opted to forgo our usual bar service in order to increase seating capacity. This adjustment allows us to make 92 additional tickets available exclusively through our local outlets — Inspirations, Copper Coast Gifts and Gallery, and Aroma Cove Café. We've made this choice because we sincerely want as many Quadra Island residents as possible to experience this momentous concert as it was conceived: a gathering to connect us as a community.

We are profoundly grateful for the overwhelming support from the Quadra community. Your curiosity, engagement, and generosity have brought world-class music into our hall and given us tremendous momentum. Seeing residents of all ages embrace these first two concerts inspires us to continue presenting experiences that celebrate artistry, identity, and connection.

Jeremy Dutcher is a remarkable artist whose work transcends musical boundaries. A JUNO Award-winning singer, composer, and activist from the Tobique First Nation in New Brunswick, his debut album, Wolastoqiyik Lintuwakonawa, won the 2018 Polaris Music Prize and the 2019 Juno Award for Indigenous Music Album of the Year. His follow-up album, Motewolonuwok, earned him a second Polaris Music Prize in 2024, making him the first artist in the award's history to win twice. He is also the recipient of the 2025 Governor General's



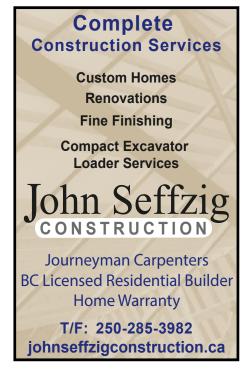
Performing Arts Award for the National Arts Centre Award, among numerous other accolades recognizing his contribution to music and Indigenous culture.

Dutcher's music blends classical, jazz, and contemporary influences with traditional Wolastoqiyik melodies. His voice—powerful, nuanced, and evocative—carries stories of cultural reclamation, resilience, and human connection. His compositions often engage with contemporary issues affecting Indigenous communities, such as youth mental health and cultural preservation, making his concerts not only extraordinary musical experiences but also moments of reflection and communal dialogue. In the intimate setting of the Quadra Community Centre, Jeremy's performance becomes a shared gathering of music, storytelling, and meaning - a night to remember.

This will be a community gathering for the ages, celebrating music, identity, and connection. We strongly encourage you to secure your tickets early, as these additional seats are sure to sell out quickly.

www.quadraconcerts.ca

Tickets: \$30 in advance | \$35 at the door Doors: 7:00 PM | Show: 7:30 PM Venue: Quadra Island Community Centre 970 W Rd, Quathiaski Cove, BC V0P 0A8









COMMUNITY NEWS & EVENTS

Compassionate Community UP-DATE!

First, let's quickly review the Compassionate **Community project.** This initiative is funded by a grant received by the UBC School of Nursing to guide communities in identifying, organizing, and developing their own compassionate community projects. Quadra is one of the 4 selected rural communities for this project due to our existing community support programs, such as Quadra Circle, Nav-CARE, and Way To Go (focused on support and education regarding death and dying as part of life). A key goal of the project is to bring palliative (that is, 'patient-centred') care to individuals facing life-altering health events earlier in the process. A life experience that will eventually affect all of us at some point. If our communities can respond to and support each other through these changes, we will all feel more comfortable seeking and providing support, and recognize our sense of belonging in the community.

The Co-Leads introduced the program and called for volunteers to form the Advisory Committee. This Committee completed a survey to identify the strengths and needs of our community. Their task was to select initiatives that interested volunteers could work on to enhance compassion in specific areas.

Initiatives: Quadra's two initiatives (as reported in "Quadra Island Compassionate Community Newsletter", October, 2025 edition) are: Compassionate Neighbourhoods and Simple Sharings.

The Compassionate Neighbourhood Initiative is a community-driven volunteer project that offers personal and practical support to those facing isolation, illness, or home management challenges.

Many Quadra Island residents are hesitant to seek help from friends or neighbours. Quadra Circle's Nav-CARE Coordinator will tailor support to provide safe, confidential connections with trained volunteer 'Compassionate Neighbourhood Advocates'.

Our Advocates will reach out to residents facing personal challenges, ensuring assistance is available to individuals of all ages and backgrounds.

"Simple Sharings" is an initiative that connects seniors and youth to combat isolation among the elderly while fostering respect for older generations. Young participants benefit from the wisdom of seniors, while seniors enjoy the energy and curiosity of youth.

To implement the initiative, preparation is required from seniors, children, parents, teachers, and the Simple Sharings team to identify common interests and plan activities. Meetings will occur biweekly after school at the Seniors Housing Complex, supervised by Children's Centre teachers and supported by the Simple Sharings team. Other senior residents may also provide snacks and drinks. Historically, intergenerational relationships have fostered a sense of belonging and purpose for both seniors and children, laying the groundwork for a compassionate community. Visit our website: quadracircle.ca/compassionate-community to join the our mailing list and receive your own copy full of community news and opportunities.

Sounding Boards! Look for the Sounding Board (with directions for use) that is located in the south hallway of the Community Center! Sounding Boards pose a question and everyone is invited to give an anonymous response. Our responses will be shared with the Compassionate Community researchers. Responses to past questions have been very thoughtful with some humour sprinkled in. Keep your eyes peeled for more Sounding Boards to appear and beckon you to respond!

Continuing Education Series: We are excited to announce a new addition to our 'Continued Learning Series' called the Waiting Room Revolution, whose mission is to put the human back at the center of care. Doctors Sammy Winemaker, a palliative care physician, and Hsein Seow, the Canadian Research Chair in Palliative Care and Health System Innovation, have developed "7 Keys for Navigating a Life-Changing Diagnosis." We are planning numerous presentations to help our community learn these important principles, which support those who are ill, their close supporters, and anyone looking to help them navigate the challenges of serious illnessincluding the dying process—on their own terms. Stay tuned for more information!



www.discoveryislander.ca

Chamber Music Festival Annual General Meeting

If you've ever enjoyed a concert or two at the summertime Festival of Chamber Music here on Quadra Island, we'd appreciate your support. A simple and enjoyable way to support the Festival is to attend our Annual General Meeting (AGM), on Sunday December 7th at 10:00am in the 'Green Room' at the QCC. Having a documented AGM with attendees (more than just the Board members!) is an important part of being eligible for Grant funding, which is a key part of keeping the Festival affordable. Please consider coming to the meeting, enjoying a baked treat, and helping the Festival continue for another year.



A bigger way to support the Chamber Music Festival is to volunteer. For the 2026 season, we will need a Treasurer, someone to arrange the billets for our visiting musicians, and someone to help with promotion/ communications and setup. Yes, we are rather shorthanded as we head into preparing for the June 22-26 Festival! If you have some time this Spring, please consider stepping up to give us a hand. Even taking on a task or two would be appreciated. Please contact Amy at ajstevenson7@gmail.com if interested. We look forward to seeing you at the AGM December 7th and mark your calendars/tell your guests that the summer Chamber Music Festival for 2026 is four concerts June 22 to June 26.



THE QUADRA PROJECT

Planetary Solvency

Actuaries are the people who compile and analyze statistics and use them to calculate insurance risks and premiums. Their studies are finely honed, and because billions of dollars of profits and losses are determined by their conclusions, they are as objective and precise as any in our modern world.

Actuaries now have a sobering view of the world's economic future if the urgency of global climate change is not addressed. The risk is that the global economy could face a 50% loss in GDP between 2070 and 2090 if immediate policy action is not taken on the climate crisis.

The study, Planetary Solvency: Finding Our Balance With Nature, is the fourth report of the Institute and Faculty of Actuaries (IFoA). It was done in collaboration with climate scientists and in conjunction with the University of Exeter in England. Its summary appeared in The Guardian Weekly of February 7, 2025. The report develops a framework for global risk management to address these risks and to show how this approach can support future prosperity. But it also shows how a lack of a realistic risk to guide policy decisions has led to slower action on greenhouse gas emissions than is needed.

Sandy Trust, lead author and IFoA Council Member, said: "You can't have an economy without a society, and a society needs somewhere to live. Nature is our foundation, providing food, water and air, as well as the raw materials and energy that power our economy. Threats to the stability of this foundation are risks to future human prosperity which we must take action to avoid."

The IFoA report is extremely critical of earlier studies. "Widely used but deeply flawed assessments of the economic impact of climate change show a negligible impact on GDP, rendering policymakers blind to the immense risk that current policy trajectories place us in. The risk-led methodology set out in this new report shows a 50% GDP contraction between 2070 and 2090 unless an alternative course is chartered."

Meanwhile, the Copernicus Climate Change Service reported that January, 2025, was the hottest month on record. It was 1.75°C above the pre-industrial temperature, marking 18 of the last 19 months that were all above the 1.5°C aspirational limit set by the world's community of nations. The last 12 months have averaged 1.55°C, and the last 36 months 1.54°C above the pre-industrial benchmark.

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In Europe in the summer of 2025, the United Kingdom had record temperatures during four heatwaves. The rest of the continent suffered from extreme weather events and extensive fires. The short-term economic costs are estimated at \$50 billion, with expected damage to increase to \$129 billion by 2029 (The Guardian Weekly, Sept. 19, 2025). Another study suggests Europeans should prepare for the possibility of protracted and successive heatwaves of 45°C during the summer months. Elsewhere, Canada has had its second worst forest fire season, only exceeded by 2023, with extensive fires again in California but also in Texas.

At present temperatures, which are merely an inkling of what is to come as carbon dioxide emissions continue to rise, populations are already being impacted by food system shocks, water insecurity, heat stress and infectious diseases. If unchecked, mass mortality, extensive displacement, severe economic contraction and conflict become more likely.

Kartina Tahir Thomson, IFoA President, said: "Actuaries are experts at dealing with risk and the collaborative nature of our profession means we work for the greater good of society. This new [Planetary Solvency] report shows that now more than ever we need to continue working with policyholders, governments, scientists and other stakeholders, to come up with a solution that will address this emergency, for the benefit of all of society." She added that, "Our climate risk tool addresses the discrepancy between climate projections and policy outcomes. It provides a comprehensive overview of current and projected risks (up to 2050) across four key domains: climate, nature, society, and the economy."

Professor Tim Lenton of the University of Exeter said: "Current approaches are failing to properly assess escalating planetary risks or help control them. Planetary Solvency applies the established approaches of risk professionals to our life-support system and finds it in jeopardy. It offers a clear way of seeing global risks and prioritizing action to limit them."

This report by the Institute and Faculty of Actuaries is yet another in the proliferating list of warnings that we are receiving from numerous sources about the dire consequences that will result from unchecked global greenhouse gas emission and our overreach of the nine Planetary Boundaries that regulate our ecosystems—we have presently breached seven of them. So far, our collective response is not commensurate with the tone of urgency that keeps coming from a wide range of experts. This report from the actuaries is just another in the rising chorus of alarms. We can't say that we haven't been warned.

Ray Grigg for Sierra Quadra

Conservancy Fundraiser

Please Note: As a fundraiser for the 35th anniversary of the Quadra Island Conservancy and Stewardship Society, David Suzuki will be presenting "Humanity Over the Edge: Transformation or Extinction", at the Quadra Community Centre at 7:30 pm, October 18th, 2025. Recommended donation: \$20.00. Larger amounts will receive tax receipts. Book sales and book signing will begin at 7:00 pm.



ISLAND FORUM

Area C has been buzzing with scuttlebutt regarding an alleged power manoeuvre at the Strathcona Regional District, where the Campbell River City Councillors have been accused of plotting to meddle in the rural electoral areas land use planning by buying votes at the SRD planning function with their unwitting taxpayers' money.

The latest word is that such a

The latest word is that such a move would require a Council resolution, to requisition the required tax monies, and so far no such resolution has been forwarded to the agenda.

Such gerrymandering is hardly news in the current political climate. We live in a regressing world of conspiracy theorists and authoritarian promoters. Political creatures becoming notorious for routinely putting their own self-interests before their constituents'.

These political cycles rarely end well. Taxation without fair representation is undemocratic and history has shown that can be a powerful catalyst for change. Perhaps the Mayor and Council

in Campbell River need to be reminded that their names did not appear on any of the ballots that rural area voters cast at the last municipal and regional election?

Strong Opposition To Latest Political Bullying

Dear Mayor and Council, I am a Senior and Discovery Islands resident writing with concern about the City's proposal to join the Strathcona Regional District's Electoral Area Planning Service — a move that would cost roughly \$500,000 per year and give Campbell River councillors majority votes over rural land-use decisions outside city limits. That is anti-democratic and just plain wrong! That cost provides no new planning services inside Campbell River. It simply buys unwanted influence in communities that already have their own elected representation. As your reluctant SRD constituent, I believe those funds belong there focused on Local democracy and representation. I am very concerned with the aggressive nature of the Campbell River Council combining with the almost criminal incompetence of the SRD. Do not make matters worse. To put it plainly, half a million dollars could directly support the priorities Campbell River residents identified in your own 2025 OCP survey: safety, housing, and parks. Here are some options directly from the City's budget that I feel would

be better ways to spend up to \$500,000 annually: - Strathcona Gardens cost relief — \$500,000 offset - Redirecting these funds could reduce the financial strain on the community's biggest shared facility. Even without the numbers, the choice is clear: City money should serve City residents. Rural residents require rurally determined initiatives. This matters to me because the city has a history of poor management and crony corruption. And that petty kleptocracy has only been exceeded in administrative ineptness by the SRD. This proposal is literally combining two gangs of bullies to run roughshod over too many lives. This isn't about rural or civic politics; it's about local accountability and leadership. It's about integrity and honesty. Campbell River residents asked for safer streets, affordable homes, maintained trails, and stable community programs. Spending that same amount to vote on rural land use does nothing to meet those needs. With municipal elections only a year away, these decisions will define your record and what voters remember when

they head to the polls in October 2026. Please keep Campbell River's planning focus — and our tax dollars — where they matter most: inside the City.

J. David Cox

The Missing Last Mile

The Federal and Provincial governments gave \$45.5M to City West and the SRD to lay a fiber optic cable for connecting rural, coastal, remote communities with the internet. That was given and spent around 2021 and 2022.

At the time, there was no mention as to how that 'last mile' connection to rural homes was supposed to happen. So, I have been asking City West for the last 4 years. They finally answered.

"We don't do that. Contact your local provider. They can buy the wholesale service from us."

The logic is missing - we do not have a local provider. That is why the cable was laid.

However, Keats Island and Gambier Island have 'last mile' connectivity. A First Nation or two has as well. The cable goes to Haida Gwaii. Maybe, like us, just to a box on a beach.

We don't have use of the cable despite the SRD being a 'partner' in the project. And we have no local service provider except satellite services and they do not use the cable.

What are the plans for utilizing the cable and what is the timeline? Can anyone answer this question in less than four years?

J. David Cox



New to Quadra?

The Discovery Islands
Chamber of Commerce and
local businesses
welcome you with a package
of local incentives.

Contact Carol Ann T. at: carolannt@telus.net

NOTICES

Ann McLean

May 17, 1942 - August 30, 2025



Ann McLean

(née McKenna) passed away at the age of 83 on Saturday, August 30 in Campbell River Hospital. She had both of her children by her side.

Ann was born in Paisley Scotland. She emigrated to Canada with her two best friends in 1965. It was on the ship to Canada that Ann met her future husband, William (Bill) McLean. Married in 1974, They welcomed

their son, Rod in the Pas, Manitoba in 1976. Their daughter, Kate, was welcomed on Quadra Island, 1980.

From a very young age, Ann was a force to be reckoned with. At the age of 9, Ann read about a special art exhibit in the paper. She saved enough change to take the train from Paisley to Glasgow (by herself) to see the Salvador Dali art exhibit "Christ of Saint John of the Cross"...she returned with her daughter Kate in 2014 to see the same exhibit and acknowledged that this painting is where her lifelong passion for art stemmed from.

Ann was an extraordinary woman. She had the ability to find humour and strength in the darkest moments and turn adversity into hope and purpose. As a loving wife of 50+ years, she tirelessly advocated and cared for her husband through his long journey with MSA. As a mother, she was a pilar of strength and accountability. She will be dearly missed by both of her children, family and friends. Ann was known for her artistic talents, both visual and poetic. Self taught, She captured the beauty of her surroundings in watercolour and expressed political satire and current affairs with her clever poetic wit.

Ann is pre-deceased by her husband Bill and survived by her Son Rod (Bev), Daughter Kate (Tor) and grand daughter McKenna.

We will remember the fun and laughter
Happiness lasts forever after
If you were still here you would see the humour
If only your passing was just a rumour
No mater the crisis, chaos or spin
You always knew how to make us all grin
You would not want tears or sniffles and sobs
No Maudlin speeches or righteous snobs
So we will remember you humour and laughter
May it always be with you in the great hereafter
-Ann McLean

Woodlot 1898

Please be advised that 551945BC Ltd (D.B.A. Buttle Lake Resources), Licensee of Woodlot 1898, is proposing to remove 89.5 hectares of their private land from Woodlot 1898.

The land includes Lot A, Block 846, Plan VIP54767, Comox Land District, Upper Campbell Lake, Vancouver Island.

Inquiries and comments to this proposal from persons materially impacted may be submitted by Nov 15, 2025 to: Buttle Lake Resources, 1355 Evergreen Road, Campbell River, B.C., V9W 3S3.

Written inquiries received by the above date will be responded to. Information about this proposal may also be obtained by contacting Nigel Ross at 250 202 1881.

Quadra Literacy Job Posting

Job Title: Digital Support Outreach Worker Position: Part-time (7.5 hours per week)

Quadra Literacy is seeking a friendly, tech-savvy Digital Support Outreach Worker to help community members build digital skills and confidently access online services. This role involves providing one-on-one support, delivering basic digital literacy training, and connecting people with resources to improve their online participation. Services will be provided in a variety of accessible community locations, as well as learners homes

Qualifications:

- Comfortable using and teaching others to use laptops, tablets, and smartphones (iOS and Android)
- Familiar with a variety of common digital tools including web browsers, video calling platforms, online service portals and photo editing and management programs
- Flexible and adaptable able to provide support in different community settings, including outreach at coffee shops, community centre, and other locations
- Strong communication and interpersonal skills
- Experience working with adults and diverse community members an asset
- Reliable transportation, flexible hours and criminal record check required

To Apply:

Please send your resume and a brief cover letter to quadraliteracynetwork@gmail.com by 5 p.m. Friday October 17.



Heriot Bay Tides

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19 Sun	05:21 11:04 17:09 23:53	4.080 2.463 4.571 1.812	13.4 8.1 15.0 5.9
20 Mon	06:17 11:50 17:32	4.309 2.749 4.501	14.1 9.0 14.8
21 Tue	00:22 07:06 12:34 17:54	1.566 4.509 3.029 4.427	5.1 14.8 9.9 14.5
22 Wed	00:49 07:50 13:16 18:14	1.368 4.654 3.285 4.356	4.5 15.3 10.8 14.3
23 Thu	01:18 08:33 13:57 18:35	1.225 4.729 3.498 4.287	4.0 15.5 11.5 14.1
24 Fri	01:48 09:15 14:38 18:56	1.144 4.738 3.657 4.215	3.8 15.5 12.0 13.8
25 Sat	02:22 10:00 15:23 19:21	1.126 4.694 3.759 4.131	3.7 15.4 12.3 13.6
26 Sun	03:00 10:49 16:18 19:51	1.167 4.623 3.805 4.026	3.8 15.2 12.5 13.2
27 Mon	03:43 11:45 17:39 20:27	1.253 4.556 3.786 3.892	4.1 14.9 12.4 12.8
28 Tue	04:31 12:46 19:14 21:18	1.376 4.523 3.672 3.723	4.5 14.8 12.0 12.2
29 Wed	05:25 13:43 20:25 22:54	1.527 4.538 3.459 3.540	5.0 14.9 11.3 11.6
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THE DI CLASSIFIEDS

Help Wanted

MEDICAL CLINIC

We are looking for someone to join our great team at Quadra Island Medical Clinic for 1 or 2 days/week with sickness and holiday cover. Office skills helpful. Pay \$20/hr. Please contact Tina at qimcmanager@outlook.com

Home & Garden

IRRIGATION SYSTEMS

I install customized irrigation systems for many different watering needs. Maintenance, repair and modification for existing systems of any kind. Call Kai at 250 850 9245 email:ggpropertycare@gmail.com

PRUNING, SOIL CARE, AND FABULOUS GARDENS AND ORCHARDS OF ALL SORTS

Highly-skilled and passionate horticulturist Ryan Nassichuk is now making bookings for the winter of 2026 and beyond. Email nassichuk@gmail. com to get in touch, and visit www. nassichuk.com for more information (no phone calls or text messages between late September of 2025 and late January of 2026)

Seeking Rental

SEEKING RENTAL

Rent my family your Quadra or Campbell River Ocean Front or Ocean View Home. July 15 August 15 2026 approximately. Two or 4 weeks. Strong Local References. 2 Grandkids age 6 and 8. Three Adults. Dan Peacock Phone 403 850 4232

Dan Peacock Phone 403 850 4232 Email dpeacock66@gmail.com

For Rent

FOR RENT

Commercial space for rent in Q. Cove Contact: 250-285-2880

RUSTIC COUNTRY HOME ON ACREAGE

3bdrm/2bath/den, wood/electric heat. Hobby farm potential Looking for good references and qualifications are a must. Text 250-201-7607.

Services

QUADRA WASTE SOLUTIONS

Local. On-Demand. Occasionally. Weekly. (Servicing Heriot Bay and South). Enquire about our Seniors' Driveway Service. Call/Text/Email. quadrawastesolutions@gmail.com 250.202.9182 (Tariff-Free since 2023)

ROOFING

Professional Roofing Services www.javaroofing.com Call JAVA ROOFING at 250.204.2638

SMALL ENGINE REPAIRS

in Q Cove. Lawn Mowers, Tractors, Chainsaws, Trimmers, Generators etc. Also some electric power tools. Please call Don @ 250.285.3960.

SHORE PINE SIGNS & DESIGN

Custom signs for home and business, boat/vehicle decals, picture framing. Open Mon & Fri 9-2, Tues-Thurs 9-5. Next door to Q Builders. 250-285-2815 shorepinesigns@gmail.com

NOTARY PUBLIC

Notary Public on Quadra located inside Sacred Pulse at Quathiaski Cove shops, we offer notarial services, personal planning documents (wills, powers of attorney, representation agreements). Call 1.855.204.6277 (toll-free) email info@quadranotary.ca

Wellness

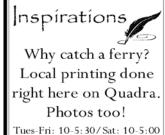
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