

Discovery Islander

SINCE 1993
AND BEYOND

ISSUE 890 • SEPTEMBER 11, 2026 • COMMUNITY NEWS & EVENTS FROM QUADRA & THE DISCOVERY ISLANDS



Humpback whale in Sutil Channel

Friday Flicks Starts New Season

Friday Flicks kicks off its Fall Film Series on September 11, doors open 7:30 - showtime 7:45, with: Nirvana the Band the Show the Movie (Canada). When Matt and Jay's plan to book a show at the Rivoli goes hilariously wrong, they accidentally travel back to 2008. Clever, scrappy and full of laughs, this big-screen adventure captures the charm of the series while exploring friendship, youthful certainty and growing up.

September 25 - Blue Heron (Canada/Hungary) In the late 1990's, eight year old Sasha and her Hungarian immigrant family move to Vancouver Island, but their fresh start is disrupted by increasingly dangerous behaviour from Sasha's older brother. A deeply affecting story of family, memory and grief, from acclaimed writer-director Sophy Romvari.



Anybody Can Play! Funding for Music Lessons for Quadra Kids and Youth

Application Deadline: September 30th

For the ninth year in a row, the Quadra Island Young Musicians Fund (YMF) is pleased to announce that we are offering funding for music lessons to all young residents of Quadra Island. This funding can be used to pay for private music lessons, either in person or online. Anyone can apply as long as you are a resident of Quadra Island and aged 18 or younger.

To apply, please either email us for an application form, pick up a paper application at Inspirations, or find one online in the Files section of our Facebook page "Quadra Island Young Musicians Fund."

Fill it out and either return it to Inspirations, mail it to Box 221, Heriot Bay, BC V0P-1H0, or scan and email it to quadrayoungmusicians@gmail.com. DEADLINE: Sept 30th.

Our "Anybody Can Play" Program is made possible through donations from supporters.

Would you like to support our program this year? You can either send an e-transfer to quadrayoungmusicians@gmail.com, mail a cheque to the address above, or donate directly at Coastal Community Credit Union. You can also donate your Spirit Board points to #310.

Thank you Quadra Island for all of your support and for helping us to realize our vision of "a community where the lives of all children are enriched by quality music education, and where active participation in music is valued and supported."

- Dave Blinzinger, Jen Banks-Doll, and Aura Haydon, Organizers

Time to Celebrate

The Compassionate Community project sponsored by UBC School of Nursing and BC Palliative Care Society started April, 2025 and is officially ending October, 2026.

Part of the project is to share about the initiatives we started AND to invite everyone on our island to a free Quadra Style Fair - complete with free refreshments, games, prizes, creative activities, a Family Feud-style Community Game Show, activities for kids, stories, photos, and plenty more to discover.

Join us for the Compassionate Community Fair on Saturday, Sept. 12, from 2 to 4 p.m. at the Quadra Community Centre!

Over the past year and a half, pieces of Compassionate Community have been popping up all over Quadra. You may have answered a question on one of the Sounding Boards, heard about children and seniors coming together through Simple Sharings, encountered Compassionate Neighbourhoods, or seen some of the project's stories in these pages without realizing they were all connected. The Fair brings those threads together in one room. Come wander, play, eat, make something, spin a wheel, test your Quadra knowledge, explore stories and photographs, and see what has been created by our community, for our community. Whether you've been part of Compassionate Community from the beginning, encountered one of its projects along the way, or are wondering what on earth we're talking about, come join the fun!

Hope to see you there. Maybe you will win the Big Prize!!

Maureen McDowell (Quadra Circle); Kathleen Monohan (Nav-CARE); Jude McCormick (Way To Go)

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Day to Day

Friday, September 11

- Friday Flicks: presents Nirvana the Band, the Show, the Movie, QCC, 7:30pm
- Live Music with For Pete's Sake, HBI Pub, 8pm-12am
- Live Music with Hounds of Cochulain, Quadra Legion, 9pm-12am, \$20 at door

Saturday, September 12

- Nautical Day, Heriot Bay Inn, 11:30-3:30pm
- Live Music with La Chuparosa, Quadra Legion, 8:30pm, \$15 at the door

Monday, September 14

- Garden Club Fall Potluck, QCC, 6-8pm, see page 2

Friday, September 18

- Live Music with Salt Water Cowboys, HBI Pub, 8pm-12am
- Live Music with Al Tuck & Issac Mason Tour, Quadra Legion

Monday, September 21

- Way to Go Meeting, QCC Rm. 3, at 3 pm.

Friday, September 24

- Friday Flicks: presents Blue Heron, QCC, 7:30pm

Saturday, September 26

- DJ Dance Party with Technautica, Quadra Legion

Monday, September 28

- Quadra Island Seniors Housing Society AGM, QCC Rm. 3, at 7 pm

Wednesday, September 30

- ICAN Annual General Meeting, QCC Room 3, 7:15pm

DI DEADLINE FOR ISSUE 891:
Monday, September 21 @ 7pm
 In mailboxes on Friday, September 25



990 Cedar St. Campbell River, BC V9W 7Z8
 250-830-6700 • 1-877-830-2990
corporate@srd.ca • www.srd.ca

NOTICE OF APPLICATIONS FOR SCRUTINEERS Bylaw No. 643 – Strathcona Gardens Recreation Centre Service

On Saturday, October 17, 2026 an assent voting opportunity will be held within:

- City of Campbell River
- Electoral Area D (Oyster Bay-Buttle Lake)
- That part of Electoral Area C known as Quadra Island

The Question:

Are you in favour of Bylaw No. 643 which would amend the Strathcona Gardens recreation facility service by adding that part of Electoral Area 'C' (Quadra Island) shown on Appendix 'A' to the bylaw as a participant for the service and specifying a cost sharing formula that uses a percentage of the converted hospital assessments of each participant as follows:
 City of Campbell River – 100%
 Electoral Area D (Oyster Bay-Buttle Lake) – 90%
 That part of Electoral Area C known as Quadra Island – 80%

Applications are being accepted from eligible electors who wish to volunteer to act as a **scrutineer** for or against the question.

If sufficient applications are received, one scrutineer for and one scrutineer against the question will be appointed for each voting place. One scrutineer for the question and one scrutineer against the question will also be appointed to be present at the determination of the official results and, if necessary, at a judicial recount.

Applications to act as a scrutineer will be received by the Chief Election Officer as follows:

Strathcona Regional District
 990 Cedar Street
 Campbell River, BC V9W 7Z8
 From 9:00 a.m. on Monday, September 14, 2026 until
 4:00 p.m. on Friday, September 25, 2026

Application forms and information are available at the Strathcona Regional District offices located at 990 Cedar Street, Campbell River, BC or at srd.ca/Bylaw_643.

Interested persons may obtain information on application requirements by contacting the following at elections@srd.ca:

Edith Watson, Chief Election Officer
 Betty Wasyliw, Deputy Chief Election Officer



What's Happening at QCC September 11 - 25

Come down, get involved and be
 part of YOUR community!

THIS WEEK: September 11 - 20

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 7:45 Friday Flicks - Nirvana the Band the Show the Movie

SATURDAY: 9 Beginner Tai Chi with Nicki; 10:15 Intermediate Tai Chi with Nicki; 2 Compassionate Community Café

SUNDAY: 10 Maker Bee

MONDAY: 8:30 Fitness with Jeannie; 10 Parents and Tots; 11 Kundalini Yoga with Susan; 1 Jewelry Making; 7 Garden Club

TUESDAY: 11 Balance, Core Strength & Bone Health; 7:30 BC Movement Arts Presents Danny Nielson & Kristian Alexandrov; 7:15 International Folk Dancing

WEDNESDAY: 1 Mosaics; 3 Ping Pong

THURSDAY: 8 SLUG CLUB; 10 Parents and Tots DANCE with KATE; 5 Core Strength with Nicki; 6 Floor Hockey for Kids - Quadra School; 6:45 Quadra Singers; 7 Adult Drop In Floor Hockey - Quadra School

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 SMART Recovery Support Group; 7:30 Cultural Concerts - Aysanabee

SATURDAY: 9 Beginner Tai Chi with Nicki; 10:15 Intermediate Tai Chi with Nicki

SUNDAY: 10 GIANT GARAGE SALE

NEXT WEEK: September 21 - 25

MONDAY: 8:30 Fitness with Jeannie; 10 Parents and Tots; 11 Kundalini Yoga with Susan; 1 Jewelry Making; 3 Way To Go

TUESDAY: 9 Quadra Quilters Guild - Quilting B; 11 Balance, Core Strength & Bone Health; 3 Good Grief Support Group; 7:15 International Folk Dancing

WEDNESDAY: 1 Mosaics; 3 Ping Pong

THURSDAY: 8 SLUG CLUB; 10 Parents and Tots DANCE with KATE; 3 Sew Much Fun!; 5 Core Strength with Nicki; 6 Floor Hockey for Kids - Quadra School; 6:45 Quadra Singers; 7 Adult Drop In Floor Hockey - Quadra School

FRIDAY: 8:30 Fitness with Jeannie; 9:30 Men's Fitness with Jeannie; 10 Spinners and Knitters; 10:30 Friday Painters; 12 SMART Recovery Support Group; 7:45 Friday Flicks - Blue Heron

Go to our website www.quadrarec.bc.ca to view the latest Rec Guide, OR navigate to REC DESK to register for kid's programs or see what's happening each day on the community calendar. <https://quadrarec.recdesk.com/Community/Calendar> Click on the calendar for more details! Phone the Community Centre at # 250-285-3243. Or E-mail: info@quadrarec.bc.ca

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Discovery
Islander

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Publisher Philip Stone

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Opinions expressed in this magazine are those of the contributors and are not the views of the publisher.

SUBMISSION GUIDELINES

We welcome items for publication on subjects of interest to the Discovery Islands community.

- **250-300 words** is a good length for community announcements.
- Send articles in the body of an email.
- **Canadian spelling** please: centre, colour, favourite etc...
- **Please use the title of your item** in the email subject line.
- Remember to **include credits and captions** for photos & artwork.

WHILE EVERY EFFORT IS MADE TO INCLUDE ALL ITEMS SUBMITTED, ERRORS AND ACCIDENTAL OMISSIONS MAY OCCUR.
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NEXT DEADLINE

**7pm Monday,
September 21
for publication on
Friday, September 25**

Photo Club
News

The Quadra Island Photo Club is now showing the work of 5 of its members at The Kameleon Restaurant. Our show is diverse in subject matter and shows the varied interests of each of the members who are participating. Our show runs until September 30th. Come by and enjoy our photographs along with some of Kameleon's delicious food.

Open AA Meetings

MONDAY AND FRIDAY nights, 7:30 to 8:30pm at Cape Mudge United Church at 29 Tekya, Cape Mudge. Everyone welcome!

Support Quadra
Cat Rescue

Donated beverage containers help fix cats and kittens and prepare them for adoption.

Please drop off empties at the new recycling centre (through to September) or at 519 Cape Mudge Road.

Also, Tru Value gift cards for both island stores are available at Inspirations. (Donate points #280.)

All funds help pay for fostering supplies and veterinary care.

Stray in your neighbourhood? Need help arranging a lower-cost spay or neuter? Please contact us!

Email quadracatrescue@yahoo.com or telephone 250-285-CATS (2287)

Find out more about us at quadracatrescue.com

The 35th season of the Quadra
Island Quilters Guild
is Underway!

Our second meeting is on October 13 th at 10am at the Quadra Island Community Centre.

The Guild usually meets the second Tuesday of the month, September to June, 8:30(set up) - 2:30. Membership is open to anyone interested in the art of quilt making. We have members from Quadra, Cortes, Read, Campbell River and beyond. We are neither a society nor a non-profit, simply a group of members who pay an annual due (\$25 for 2026/27). We are guided by a president, vice president, past president, secretary and treasurer with elections every two years

Meetings include the popular "Show and Share" where members present their projects - dazzling and inspiring fellow quilters! Aside from business at hand, meetings feature a Block-of-the-Month, IFFIs (I Finally Finished It!), occasional tutorials, the option of brown bagging it, plenty of socializing and working on projects. We have potluck lunches at our December and June meetings.

The annual calendar includes a quilting marathon for two full days at the end of October and a three day retreat in the spring. Workshops are also organised for skill building. The Guild showcases members' quilts in the Quadra Island Artists' Studio Tour in June. There is

always a summer challenge for those who can't put down their needle or unplug their sewing machine in July and August. This summer's challenge was what you might find on a clothesline.

There are monthly sewing bees, 8:30-2:30, also at the community centre, usually the fourth Tuesday of the month. Earlier this year the Guild hosted a number of Sunday sewing bees for the community at the community centre in hopes of making it a monthly event and expanding into a repair café.

The guild's mission is to share ideas and accomplishments through education, meetings, fun and fellowship. Support is given to the community through outreach, special projects and providing comfort quilts to those in need.

New members are always welcome! Contact the Guild at <quadraquilters@gmail.com> or phone our president, Terry, at (250) 285-3040 for more information.

Way to Go

Join us on Mon. Sept. 21, 3:00 - 4:30 pm, QCC Rm. 3, for a time of sharing, presentation by social worker, Corenna Hult, on children, youth and grief, discussion, and business. \$2. Next meeting Oct. 19.



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ICAN AGM

Notice of ICAN Annual General Meeting
Wednesday, September 30th, 2026, 7:15 pm
Room 3 (upstairs) Quadra Community Centre
and also via Zoom video conferencing and
phone-in to register email quadraicansociety
@gmail.com All Welcome

Have questions about Strathcona Gardens REC-REATE Phase 2?

We have answers.

The SRD has put together updated FAQs with more information about REC-REATE's Phase 2 - new arena, parking, covered pathway and planned changes to Pinecrest Park.

Learn more about:

- The new third arena
- Pinecrest parking area and vehicle access
- Trees, landscaping and natural buffers
- Pinecrest Elementary and pedestrian safety
- The new covered pathway
- Considerations for nearby residents
- Project timelines and next steps

As detailed design continues, we'll keep sharing new information and updating the FAQs.

View the FAQs attached or online at recreatesg.ca/faqs

Raise Your Voice In Glorious Song!

Fall term begins on Monday, September 14th
from 1:00 -2:30 at the Quadra Community
Centre.

Sing For Pure Joy! is a safe, non-judgmental Song Circle where every voice is welcome. No experience needed. When you sing with a group of people, you learn to submerge yourself into a group consciousness because a cappella singing is all about the immersion of self into community. To stop being 'me' for a little while, and to become 'us.' For most of human history people sang together, and it wasn't seen as a competition; it was a joyful communal experience. Raise your voice in a splendid song with heart-felt melodies, soulful gospel songs and rousing spirituals, meditative chants, luscious layered song and robust rounds from all around this glorious Earth! Songs from the sublime to the ridiculous!

Songs are led by Mary Dennison & Kate Alexandra.

For more info contact Mary at (250) 202-1003 or singforpurekpy@gmail.com



The Quadra Island Garden Club Presents: A Fall Potluck!

At the Quadra Community Centre

Monday, September 14th

5pm Flower Arranging Mini Workshop with
Ramona Aston

6pm-8pm Potluck and Sharing Circle with
Special Guest Ryan Nassichuk

Come at 5pm with flowers and greenery from your garden. We will create beautiful bouquets for our tables.

Come at 6pm with a contribution to the potluck, made with local food. Stay for a sharing circle where we will talk about this year's gardening season: How did your garden grow this summer? What brought you joy? What did you learn? What do you want to do differently next year? What do you have planned and planted for your winter garden? What questions do you have for local horticulturalist Ryan Nassichuk and other gardeners?

The Quadra Island Garden Club meets monthly to exchange gardening knowledge, promote sustainable and productive practices, and foster friendship among island gardeners.

Everyone welcome! Cost of this event: FREE!
Come early to renew your annual membership (Individuals \$20/Family \$30).

**IF YOU SEE
SIGNS OF WILDFIRE**

Call 1-800-663-5555 or 911
or text *5555 on mobile



September Hours

Heriot Bay Inn

a beautiful place to spend time

Front Desk & Gift Shop:
Monday – Thursday 9am–8pm
Friday – Sunday 8am–8pm

Fuel Dock:
Monday – Thursday 11am–3pm
Friday – Sunday 10am–4pm

HBI Pub:
Daily 11:30am–late | Pub Menu 11:30am–8pm

Heron's Dining Room:
Daily 5–8pm | Elevated Menu Fri–Mon
Sept. 14th Heron's will transition to private events only for the fall & winter season.



Thank you!

To our incredible managers, staff, and guests for helping make our 130th anniversary summer such a memorable one. We're grateful for your continued support and for being part of the Heriot Bay Inn story.

Yoga Classes with Trinity Gogolin Return to QCC this September

I'm pleased to be offering two yoga classes this fall at the Quadra Community Centre, welcoming both returning and new students.

Whether you are looking to improve your flexibility, build strength, reduce stress, or simply enjoy moving in a supportive environment, these classes offer a welcoming space to reconnect with your body and mind.

Tuesday Evening – Hatha Flow 5:00–6:30 pm

A mindful Hatha practice that links movement with the breath to build strength, flexibility, and balance. This practice helps cultivate body awareness, and is a tonic for the nervous system. Each class begins with meditation and ends with deep relaxation.

• Tuesday evening Hatha Flow class begins September 29th.

Wednesday Morning – Gentle Yoga & Mindful Movement 10:00–11:30 am (you can enjoy Community Lunch just after class)

Come as you are! This is a supportive class combining Hatha and Chair Yoga with Chi Gong and mindful movement. Class begins with meditation, and ends with deep relaxation. We work with strength, balance and general mobility while cultivating greater body awareness and self-compassion. Class is suitable for seniors, beginners, or anyone wanting a slower more mindful approach. Any movement can be adapted to meet individual needs.

• Wednesday Morning Gentle Yoga & Mindful Movement begins September 30th.

Classes are at QCC upstairs in room 3.

For more information or to register, contact Trinity Gogolin at 250-203-4529 or trinitygogolin1@gmail.com.

• Many of you may already know that I've recently moved my massage practice to The Samara Wellness Centre, above the gym in Heriot Bay. I'm there on Mondays, Wednesdays, and Fridays, and appointments can be booked online at thesamara.ca or by contacting me directly.

I look forward to sharing another season of movement, connection, and community with you this

Watch Out for Kittens in the 'Hood

KITTEN SEASON is here—and itty bitty kitties are beginning to venture across island roads.

Please drive with extra caution, and contact Quadra Cat Rescue if you see stray cats or kittens in your island neighbourhood.

The sooner we get them fixed, the fewer we'll need to watch out for in future.

Email quadracatrescue@yahoo.com or telephone 250-285-CATS (2287)

Find out more about us at quadracatrescue.com

Thanks to Lara at Inspirations for creating these terrific signs!

Quadra Island Seniors Housing Society to Hold Annual General Meeting

You are invited! Quadra Island Seniors Housing Society (QISHS) will hold its Annual General Meeting on Monday, September 28, 2026, at 7:00 p.m. in Room #1 (Green Room) at the Quadra Community Centre.

Here Society members and the community can learn more about the work of QISHS and how it is meeting current challenges.

Included are a report from the Society's President, a financial report, and the election of Directors to the Board. Members will also receive updates on the Society's residences at 688 Harper Road and 709 O'Connor Road, along with information about current plans and priorities for the coming year.

Over the past year, QISHS has focused not only on providing safe and affordable housing, but also on creating a strong sense of community among residents. Social activities, music evenings, shared meals, outings and opportunities for residents to connect with one another have helped foster a welcoming and supportive environment.

The Society is grateful to the many volunteers, donors, community organizations and local businesses for their ongoing support. Community involvement plays a vital role in Seniors

Housing's ability to provide below-market rent and enhance the quality of life for local seniors.

Everyone is welcome. Society Members who wish to attend are asked to confirm their attendance with Executive Director Dee McPhee by Monday, September 21 at 250-203-3770 or qishs535@gmail.com.

Quadra Island Seniors Housing Society's Board of Directors is excited to share its progress and looks forward to continuing to work with the community to support affordable housing and a vibrant community for Quadra's seniors.

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Discovery Islands Gathering for Non-Profit Leadership & Learning

What leadership and organizational skills and knowledge do you and your organization need the most right now in order to be strong, confident and competent leaders in your community, now and in the future?

We asked in our recent Needs Assessment and you told us. Now our learning journey together begins!

Calling all Board members, staff, and key leaders (current & potential) in non-profit organizations on Cortes, Quadra, & the outer islands.

You are Invited to the Discovery Islands Gathering for Non-Profit Leadership & Learning aka "DIG 2026"! Connect, Learn, Grow! Featuring speakers from Vantage Point and Thriving Non-Profits, with workshops on board governance, effective meetings, collaboration, and revenue diversification. With lots of opportunities to connect with other community leaders and eat delicious food from local caterer Quadra Roots!

The workshop will take place on Tuesday, October 6th, 2026, 9:00am - 4:30pm at the Quadra Community Centre. Followed by a social at the HBI pub. There is no charge but registration is required.

A free shuttle will be available from the Cortes ferry in Heriot Bay.

To register go to www.dicc.ca/dig2026.

Let's Connect: Come to DIG 2026 to meet and get inspired by community leaders from across the Discovery Islands!

Let's Learn: Dig into topics you've been wanting to learn more about for a long time, presented by some of the best speakers in British Columbia! Learn the theory AND the practical applications you can use right away.

Let's Grow: Build your own skills and knowledge, and the capacity of your organization, during a day of discovery and insight! Leave better prepared to lead your organization and your community into the future.

Presented and supported by the Discovery Islands Chamber of Commerce and the Quadra Island Foundation, in partnership with the Cortes Island Community Foundation. Funding is provided by the Province of British Columbia through the Rural Economic Diversification and Infrastructure Program (REDIP), with additional support from Vantage Point and Thriving Non-Profits.

For more information and to register please go to www.dicc.ca/DIG2026 or email Jennifer Banks-Doll at edc@dicc.ca.

Congratulations Memorial Bursary Recipients

Congratulations to this year's recipient of the MAG memorial bursary Emmitt Crosson and Maese Shea.

Emmitt has lived on Quadra Island for nine years and is grateful that Quadra has offered a safe and kind community which has allowed him thrive and discover himself.

Emmitt has been accepted into the University of Lethbridge where he will pursue a teaching degree in English and Drama.

Maese grew up on Quadra Island watching and helping her father build their house in Granite Bay. She enjoys being surrounded by forests and lakes and the sea, and has been active in marine debris clean-up.



Emmitt Crosson



Maese Shea

Maese will be attending the University of Victoria to study engineering and pursue a path where engineering meets environmental sustainability.

We wish both of you the brightest of futures.

We want to thank all who applied for this grant. Unfortunately the funding is not unlimited, and it is always a difficult task for us to turn down any application. If your application was unsuccessful this year we hope you consider applying again in the future.

We also wish to acknowledge that these bursaries would not be possible without the support of Quadra Island Pantry's generous customers. Monies from the "jingle pots," and sales of food-grade buckets help make this happen.

"It takes a village."

New to Quadra?

The Discovery Islands Chamber of Commerce and its members welcome you with a package from local businesses.

Contact Carol Ann T. carolannt@telus.net

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Quadra Concerts Opens Its Season with Four-Time JUNO Award Winner Aysanabee

A heartfelt thank you to our community for the incredible support of Quadra Concerts. Our 2026/27 season passes sold out in just three days—a remarkable response that means so much to everyone involved in bringing exceptional live music to Quadra Island. We are thrilled to begin another season with you.

While season passes are now sold out, individual tickets are still available for all of our concerts online. Tickets for our opening concert with Aysanabee are also available locally at Inspirations, Copper Coast Gallery, and Aroma Cove Cafe.

We could not imagine a more compelling artist to open the season than Aysanabee, the award-winning Oji-Cree singer, songwriter, multi-instrumentalist and producer whose music has resonated far beyond the boundaries of genre and geography.

At the heart of Aysanabee's music is an extraordinary sense of intimacy. His songs explore identity, family, ancestry, displacement, love and healing, but always through the lens of an artist who understands the power of a simple, honest song. His music can feel expansive and cinematic while remaining deeply personal.

His acclaimed work has brought him international recognition and taken him to stages across Canada and around the world. Yet there is a particular power in experiencing an artist of this stature in a small community and an intimate room.

And that is exactly what awaits Quadra audiences on opening night. Aysanabee will perform solo, creating an opportunity to hear his voice, songwriting and musicianship in an unusually direct and intimate setting. The subtle details of his music can come fully into focus—the texture of his voice, the space between notes, the stories behind the songs and the emotional weight of the performance.

For Quadra Concerts, this is what live music is all about: bringing extraordinary artists into close proximity with an audience and creating an experience that cannot be replicated anywhere else.

We believe this will be a truly special way to begin the new season—an evening of extraordinary artistry, powerful storytelling and the kind of close connection between artist and audience that makes live music so meaningful.

Aysanabee

Friday, September 18, 2026

Quadra Community Centre

Tickets \$30

Doors open at 6:45 / show starts 7:30 pm



Aysanabee

Individual tickets are available now online and at Inspirations, Copper Coast Gallery, and Aroma Cove Cafe.

Thank you once again to our community for making Quadra Concerts possible and for embracing this season so enthusiastically. We look forward to welcoming you back to the hall and sharing an unforgettable opening night with Aysanabee.



990 Cedar St. Campbell River, BC V9W 7Z8
250-830-6700 • 1-877-830-2990
corporate@srd.ca • www.srd.ca

NOTICE OF APPLICATIONS FOR SCRUTINEERS

Bylaw No. 627 - Electoral Area Woodchipping and Climate Resiliency Service

On Saturday, October 17, 2026 an assent voting opportunity will be held within:

- Electoral Area B (Cortes Island); and
- Electoral Area C (Discovery Islands-Mainland Inlets)

The Question:

Are you in favour of Bylaw No. 627 which would establish a woodchipping and climate resiliency service within Electoral Area B (Cortes Island) and Electoral Area C (Discovery Islands-Mainland Inlets) with costs to be shared on the basis of converted hospital assessments provided that the maximum amount that can be requisitioned annually by taxation of land and improvements will be \$0.059 per \$1,000 of property assessments within the participating areas.

Applications are being accepted from eligible electors who wish to volunteer to act as a scrutineer for or against the question.

If sufficient applications are received, one scrutineer for and one scrutineer against the question will be appointed for each voting place. One scrutineer for the question and one scrutineer against the question will also be appointed to be present at the determination of the official results and, if necessary, at a judicial recount.

Applications to act as a scrutineer will be received by the Chief Election Officer as follows:

Strathcona Regional District
990 Cedar Street
Campbell River, BC V9W 7Z8

From 9:00 a.m. on Monday, September 14, 2026 until
4:00 p.m. on Friday, September 25, 2026

Application forms and information are available at the Strathcona Regional District offices located at 990 Cedar Street, Campbell River, BC or at srd.ca/Bylaw_627.

Interested persons may obtain information on application requirements by contacting the following at elections@srd.ca:

Edith Watson, Chief Election Officer
Betty Wasyliw, Deputy Chief Election Officer





2026 LEGENDS MEMORIAL TOURNAMENT

Formerly the Rod Clark Memorial, our tournament was renamed to honour the volunteer spirit of the islanders who built, ran and cared for this course: Rod Clark, Keith Remfert, Jens Jensen, Bill Pirie, Joy Bird, Tommy Pedersen, Steve Maryka, Susan Bain and Pete Calverley. We play every year in their honour.

Thank you to the many volunteers who gave their time to make this tournament happen, and to every player who spent the day with us sharing old memories and making new ones. And a heartfelt thank you to our amazing sponsors — please continue to support these local businesses:

Please support our AMAZING sponsors:

All Clear Septic Services Ltd	Kameleon Food and Drink
Amped on Nutrition	Leah's Foot Care
Aroma Café	Lime Soda Photography
Aroma Coffees	Long & McQuade
Arrowsmith Golf Club	Oceanfix Dive Centre
Big Tree Cottage / Benner Forestry	Pat Manery
Bloom Aesthetics	Quadra Island Builders Ltd
City of Campbell River	Quadra Island Legion
Cliff Mooney Electrical Inc	Quadra Island Real Estate Team
Coastal Community Credit Union	Renda Landscaping
Comox Golf Club	Ripple Rock Denture Clinic
Copper Coast	Rogue Wave Woodworks
Cove Pharmacy	Sandra Sivers
Dion's Guided Salmon Fishing	Simply Green Clean
Discovery Islands Chamber of Commerce	Storey Creek Golf Course
Dream Team Landscaping	Straight Edge Mechanical
Fermentations Wine Making	Sue Swanson
Heriot Bay Inn	Surge Sunsets
Hoyne Brewery	Sysco
Inspirations on Quadra	Taku Resort
Island Farm to Table	The Clove
Isletech Auto Service	Tru Value Foods (Q Cove & Heriot Bay)
Jade Resort	Walcan Seafoods
Julie Frank & Ian Mowat	

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Quadra Island Golf · The Q Restaurant · Enchanted Woods Mini Golf

Quadra Island Farmers' Market and Bazaar

There are only two more Quadra farmers markets until we wrap it up for the season, so don't miss out!

It's a great time for late summer early autumn harvest fruits and vegetables. Lots of handmade knits, and cosy clothing to get your fall comfy!

Music Lineup:

- Sept 12 Mary-Ellen Lane



Upcoming Events at the Legion

- **Friday Sept. 11th** 9-12pm Hounds of Cochulain \$20 at the door.
- **Sat. Sept. 12th** 8:30pm La Chuparosa! Cumbia meets Afrobeats & Latin Electronica \$15 at the door.
- **Friday Sept. 18th** Al Tuck & Isaac Mason Tour.
- **Sat. Sept. 26th** DJ Dance Party, with Technautica.



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Wonderful Leaf
K - Grade 1

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Monday to Friday

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We are a \$10 Day Childcare Centre

Literacy Is Everywhere – And So Are the Possibilities

September is Literacy Month in British Columbia, and this year's theme, Your Gift. Their Next Chapter., celebrates the ways that literacy opportunities can open doors and shape the future.

When we hear the word literacy, most of us think about reading and writing. But literacy reaches much further. It is woven into many aspects of our everyday lives and continues to evolve as our world changes.

Literacy can be found in the smallest moments: opening an online form and knowing where to begin, finding reliable information on the internet, sending a message safely, learning to use a new digital service, or sharing a book and a story with a young child.

It can be that wonderful moment when "I can't" becomes "I can."

Today, digital literacy is an increasingly important part of participating fully in our communities. We use technology to communicate, access information, connect with services, learn new things and stay in touch with family and friends. Feeling comfortable and confident in the digital world can open doors to information, connection and opportunity.

But literacy possibilities begin long before we ever pick up a phone or sit down at a computer. They begin in childhood — through language, conversation, stories, songs and books.

At Quadra Literacy, we focus on some of the ways literacy is changing and expanding in our community. Our digital literacy programs help people become more confident navigating technology, accessing information and connecting with the digital world.

We also know that literacy begins early. Through programs that support young families such as Parents and Tots, and through the Dolly Parton Imagination Library, Quadra Literacy helps give children opportunities to develop a lifelong love of books, language and learning from the very beginning.

Our work is about creating opportunities for people to participate, connect and learn — whatever their age or stage of life. Whether it's helping someone feel more confident in the digital world, supporting parents and young children, or putting a new book into a child's hands each month, we believe small opportunities can lead to big possibilities.

Literacy is everywhere on Quadra Island — in our homes, our schools, our library, our workplaces and our everyday connections

with one another. And when people have opportunities to learn something new, build confidence or discover a new way to connect with the world, the benefits extend beyond the individual. They strengthen families and contribute to a more connected and vibrant community.

This Literacy Month, consider giving a gift that can help create someone's next chapter. Donations to support Quadra Literacy's local programs can be made by contacting quadralliteracynetwork@gmail.com.

Every new skill can open a door. Every new question can lead to learning. Every "I can" creates another possibility.

Quadra Literacy is proud to support lifelong learning and connection in our community, and to help Islanders discover that literacy possibilities are all around us.

This article has been adapted from material provided by Decoda Literacy Solutions.

Quadra Literacy gratefully acknowledges Decoda Literacy Solutions for its funding support, which helps make literacy programming in our community possible.

Kathie Landry (she/her)

Quadra Literacy Outreach Coordinator

National Day for Truth and Reconciliation

presented by Tidemark Theatre and Laichwiltach Family Life Society September 30, 2026 at 4:00 pm

This National Day for Truth and Reconciliation, join us at the Tidemark Theatre for a presentation by Chief Dr. Robert Joseph, OBC, OC, hereditary chief of the Gwawaenuk Tribe, residential school survivor, author and internationally recognized leader in reconciliation.

Chief Joseph will share his experiences and reflections on truth, healing and the relationships we build together, followed by an audience Q&A.

The presentation follows a full day of community gatherings beginning at 11:00 am at Spirit Square, with a march to Kwanwatsi Big House for ceremonies, lunch, the honouring of Survivors and traditional dances.

Free community event presented by the Tidemark Theatre and Laichwiltach Family Life Society

Hello,

The local government election is close on the horizon. In addition to voting for your Regional Director, the ballot will include two referendum questions for Quadra Island residents: one about the Strathcona Gardens Service, and one about a proposed Woodchipping & Climate Resilience Service. I'm excited to be running again, and want to continue serving Area C. This report shares some background and shines some light on what the referendum questions mean.

Referendum questions & SRD taxation

To begin, it's helpful to understand that Regional District taxation is different than municipal taxation. Regional Districts operate on a 'Service' model, which means that taxes collected for a Service, such as sewer, parks, or the community centre, go into an account for that service and can only be spent on that service. Municipalities have flexibility to shift funds between priorities; regional districts do not.

In the Regional District model, additions to the tax requisition must be approved by constituents, through either an Alternative Approval Process (AAP) or referendum (also called an assent vote). This is why there are two referendum questions on the October 17 ballot: seeking voter assent for changes to taxation.

Strathcona Gardens Service on the ballot

The Inspector of Municipalities approved Bylaw 643, and there will be a ballot question asking Quadra residents if they are in favour of adding Quadra Island as a participant in the recreation service and adopting a cost-sharing formula based on "a percentage of the converted hospital assessments of each participant: City of Campbell River – 100%; Electoral Area D (Oyster Bay-Buttle Lake) – 90%; that part of Electoral Area C known as Quadra Island – 80%".

What it would cost?

The cost of the Strathcona Gardens Service is unfortunately not included in the ballot question. Here's what you need to know: for an average residential property valued at \$667,000, the additional taxation would be \$460. If your property is valued higher, tax for this service will be equally higher. The average residential property in Area C paid \$840 in total property taxes. Adding the Strathcona Gardens Service would represent an increase of about 55% to the average residential property tax bill. The increase for many businesses would be higher because Strathcona Gardens Service taxes commercial properties at 245% of the residential rate.

My advocacy for a separate vote tally continues

Many Islanders have shared with me how untenable this increase would be, especially combined with the upcoming tax increase for a new, needed, firehall. More than half of Quadra's voting age population has signed a petition or written to the Board asking for one thing: a separate referendum for Quadra. I continue to advocate with the Minister of Housing & Municipal Affairs for her to use her authority to order Quadra Island ballots be considered separately from those of residents of Campbell River and Area D, ensuring Quadra residents a meaningful opportunity to determine whether or not we participate in the Strathcona Gardens Service.

Maximum requisition

For interest's sake, the maximum requisition of the Strathcona Gardens Service is \$1.588 per \$1,000 of assessed value. Campbell River ratepayers paid \$0.8175 per \$1,000 of assessed residential value in 2026, meaning the maximum was not requisitioned. The significance of this is that the service has the ability to significantly increase its annual requisition without

requiring another referendum or AAP. For Quadra residents, this means that in future years, the tax has the potential to increase over and above the current tax.

Woodchipping & Climate Resilience Service

The other referendum question is about a Woodchipping and Climate Resilience Service. For a few years, woodchipping was provided through the SRD, funded by a provincial grant aimed at improving our wildfire resilience. You may recall stacks of branches and woody debris on roadsides, or the frustration that due to the limitations of the grant, woodchips could not be returned to the property.

The proposed woodchipping service would improve this. Ongoing funding would provide consistency of access, build community wildfire resilience, and permit folks to keep the resulting woodchips if desired. When the woodchipping initiative was no longer available, I heard from many folks that

it had been an important community safety initiative, and people wondered how it could be brought back. Since then, Director Vonesch of Cortes Island and myself have worked toward this shared service, which would benefit both electoral areas.

The question & the cost

The ballot question asks if you are in favour of Bylaw 627, which would establish a woodchipping and climate resilience service in Areas B & C, with the maximum requisition of \$0.059 per \$1,000 of property assessments within the participating areas. If the maximum were requisitioned, this would cost approximately \$39 for the average residential property.

Additional benefits

Along with building community climate resilience through woodchipping and other initiatives, creating this service provides an opportunity for the SRD to apply for related grants, build climate resilience, and bring resilience investment into our communities.

continued over...

PHASE 2 RECREATE
STRATHCONA GARDENS
NEW ARENA, PARKING & COVERED PATH

Strathcona STRATHCONA GARDENS
RECREATION COMPLEX

Your questions Answered.

- Will the existing trees at Pinecrest Park remain?
- What is planned for Phase 2
- How will Pinecrest Park change?
- How will impacts on the surrounding community be considered?

View MORE FAQs
[RECREATESG.CA/FAQS](https://recreatesg.ca/faqs)

Strathcona Gardens Recreation Complex is owned and operated by the Strathcona Regional District. The SRD continues to work closely with the City of Campbell River on planned changes to Pinecrest Park.

The Discovery Islands are rich in natural assets. Natural asset management, such as mapping & treating ecosystems & aquifers as core infrastructure, is another area of work which could be undertaken through the Woodchipping and Climate Resilience Service.

Referendum vs AAP

During previous Alternative Approval Processes I heard from some Islanders that the 'reverse approval' process was not appreciated, and that a ballot question where everyone has the chance to weigh in is preferable.

That's why this question is on the ballot. I'm intrigued to learn how the community feels about the Woodchipping Service after the ballots are counted on October 17.

There's a webpage with more information at srd.ca/projects/Woodchipping_Climate_Resiliency_Service. It includes a Frequently Asked Questions section, a place to pose further questions, and includes a link to the staff report that led to consideration of the service.

Important voting dates

Voting season is just around the corner!

October 17 is general voting day, and there are options for folks who can't make it to a voting location that day: Advance Voting or Mail Ballot Voting.

Advance Voting is Wednesday October 7 & Thursday October 15 at the SRD office in Campbell River. Available 8am-8pm at 990 Cedar Street.

For Outer Discovery Islands residents, I've been told there will be a Special Voting Opportunity October 10, 10:30am – 4:30pm at Surge Narrows. This info will be posted officially by the SRD September 23.

Mail ballot voting is another option. There's an official form to request a ballot be mailed to you, and the referendum questions can also be voted on by mail if you check that box on the application form. Learn more about voting opportunities and apply for a mail ballot at srd.ca/local-elections.

Connect

Thanks for reading. I hope this report has provided you a clearer understanding of what to expect at the ballot box this October. My service to our resilient island communities continues, and I trust you will support me with your vote in the upcoming election.

The next 'Chat with the Director' at Aroma Cove Café is Thursday October 1, 8:30-10am. Please stop by, say hello, and share questions or topics that are on your mind. You are also welcome to connect with me with questions or concerns any time, email RMawhinney@srd.ca, or phone 250.203.2468. Visit srd.ca/government/agendas-minutes to keep up to date on SRD governance matters.

Until next time, respectfully, Robyn Mawhinney

Jan Gladish, Continuing to Serve SD72 as Trustee

As a resident of Quadra Island, I am pleased to announce my intention to seek a second term as a school trustee for Campbell River School District 72 in the upcoming municipal election on Saturday, October 17, 2026.

I am seeking a second term because I believe important work lies ahead to improve student achievement, strengthen our schools, and plan responsibly for the challenges facing SD72. My experience as a trustee, educator, administrator, and community volunteer has deepened my commitment to good governance, thoughtful advocacy, and responsible planning.

As a retired educator and administrator, I know that meaningful improvement in education begins in the classroom with skilled and caring staff, strong relationships, and adequate supports for students. During my first term, I have worked to keep student learning at the centre of Board decisions while addressing the financial and operational realities facing our district.

Improving literacy and numeracy must remain a priority. The addition of a numeracy coordinator was an important step toward improving student achievement. At the same time, declining enrollment and rising costs have required difficult budget decisions. Good governance means facing those realities honestly while protecting the quality of education and the well-being of students and staff.

I also know that strong relationships with Indigenous communities are essential to the success of our students and our school district. I remain committed to strengthening the Board's connections through our work with the SD72 Indigenous Advisory Committee. In early July, I attended the Canadian Council of School Trustees as a member of the British Columbia School Trustees Association Indigenous Advisory Council, and I look forward to reporting back to the Board at our first meeting in September.

Advocacy is another increasingly important part of a trustee's role. Our schools are aging, and plans for a new school to replace Cedar Elementary have yet to become a reality. Following the fire at Carihi and lengthy delays to begin the work, our Board recognized the need to advocate for the immediate release of funds so that repairs could take place over the summer. Going forward, we must continue advocating for the facilities and resources our students, staff, and communities deserve.

Beginning in the 2026–27 school year, the

Board will revisit its strategic plan and establish priorities for the next four years. The challenges are significant: declining enrollment, financial pressures, changing student needs, aging facilities, and the impact of artificial intelligence on education. Meeting these challenges will require thoughtful discussion, good information, and meaningful engagement with students, staff, families, and the wider community.

Over the past nine years, I have been fortunate to contribute to community initiatives ranging from helping raise funds for an ambulance for Ukraine to supporting the Island Climate Action Network, and Indigenous-focused community events. I have also attended many events hosted by the Laichwiltach people, upon whose lands we reside. These experiences have reinforced my belief that strong communities are built by people who show up, listen, and contribute.

That is the approach I will continue to bring to my work as a trustee: an indigenous educator's perspective, a commitment to responsible governance, and a community volunteer's belief in the value of service. I am committed to being a strong voice for Discovery Islanders and for all students and staff across SD72. I look forward to a second term as a SD72 school trustee.

Please stay engaged. Tune in or turn up to Board meetings. Ask questions. Share your concerns and ideas. Our schools belong to all of us, and strong public education depends on an informed and involved community.

Gilakas'la

Janice Marie Humchitt Gladish: Janice.
Gladish@sd72.bc.ca

Dear Editor,

I am responding to the article written by Sheila Cavanagh in the last issue #889.

This is an excellent article showing how our forests here on Quadra and everywhere else are so important for the livelihood of humans, animals, insects and the environment. Everything is related and dependent on our forests from the air we breathe, the water we drink, wildfires and our climate.

Thankyou Sheila for the great article that shows how our forests are related to life itself for all sentient beings. We need to get our priorities straight by putting our living ecosystems first and the money we make by destroying our ecosystems last. Forestry needs to change its way of doing things. Forestry should be working to make our forests healthy and thriving instead of such destruction.

Barbara Mindell

Supporting each other in perilous times

Hello neighbours,

I'm wondering if there are other Quadra Islanders who consider themselves collapse-aware and might appreciate gathering regularly.

By collapse-aware, I mean recognition that we are living through profound ecological, climatic, economic, political, and social changes that may lead to increasing disruption and uncertainty. Collapse-awareness doesn't necessarily mean believing that everything is doomed or that total collapse is inevitable.

Rather, it means being willing to honestly face the challenges of our time while asking, How do we live well, care for one another, and respond wisely?

I'd like to explore starting a small, ongoing group where we can:

- Share our thoughts, concerns, and feelings in a respectful and supportive space.
- Discuss practical ways to prepare for an uncertain future.
- Exchange ideas, skills, and resources.

- Explore how we can support one another.
- Strengthen our emotional resilience and sense of community.
- Draw on spiritual practice, nature, and wisdom traditions to help us meet these times with courage, compassion, and clarity.

The intention is not to dwell in fear or despair, nor to debate politics or convince anyone of a particular viewpoint. Instead, the hope is to cultivate honest conversation, mutual support,

practical preparedness, and meaningful connection.

If this resonates with you, I'd love to hear from you. Once I have a sense of interest, we can choose a convenient time and place to meet and see what might emerge. I am hoping we might have our first meeting in mid to late September.

No expertise is necessary—just an open heart, curiosity, and a willingness to listen and support one another.

Bernie Amell
contact me via email, preferred:
bernie@source2source.ca

Are You a Digital Hoarder?

In my volunteer work for Quadra Literacy, I frequently encounter people with slow, barely working computers. The client often thinks they have acquired a virus or their computer is failing in some way. Many times these problems are the result of digital hoarding.

Digital hoarding—the excessive accumulation of files, photos, and emails—is a very common problem, which accounts for a majority of the calls I get from people looking for help. Unlike traditional hoarding, digital clutter doesn't block our hallways or spill out of our closets. Instead, it hides silently on our hard drives and cloud storage. Because it takes up no physical space, it is easy to ignore—until our devices slow down, storage fees roll in, or we experience the anxiety that comes from searching for an important document in a sea of thousands of unnamed files.

Addressing digital hoarding isn't just about tech management; it is about reclaiming mental peace and productivity. Fortunately, clearing out your digital attic is completely manageable if you break it down into small, intentional steps.

Simple Methods to Decrease Clutter

The hardest part of decluttering is knowing where to begin. Use these strategies to make immediate progress without feeling overwhelmed:

- The 10-Minute Daily Toss: Set aside 10 minutes a day. Open your phone's photo gallery or email inbox and delete as much junk—blurry photos, screenshots, and spam—as you can in that time.
- The "One-In, One-Out" Rule: When you download a new app, utility, or document template, delete an old one you no longer use.
- Aggressive Unsubscribing: Use your email search bar to look up the word "unsubscribe." Spend five minutes opting out of retail newsletters and notifications you never read.

Organizing Your Home Folder

Your computer's Home Folder (the central directory containing Desktop, Documents, Downloads, Pictures, and Music) is the heart of your digital ecosystem. To transform it from a dumping ground into an organized library, implement a clean, logical structure:

- Clear the Downloads Dump: Your "Downloads" folder should be a temporary transit zone, not a permanent home. Make it a habit to empty this folder every Friday. File away what you need and trash the rest.

- Build a Shallow Folder Hierarchy: Don't bury files in dozens of subfolders. Stick to a simple, top-level setup inside your "Documents" folder. Use broad categories like Finance, Medical, Work, Home Maintenance, and Hobbies.

- Adopt a Strict Naming Convention: A folder structure is useless if your files are named Document1 or Receipt_final_v2. Name files consistently using the YYYY-MM-DD format followed by a clear description (e.g., 2026-09-05_Hydro_Bill.pdf). This ensures your files automatically sort themselves in perfect chronological order.

- The "Archive" Escape Hatch: If you are afraid to delete old files because you might need them someday, move them out of sight. Create a single folder called Archive_Pre-2026, dump your old mystery files into it, and tuck it away on an external drive. Don't forget to label the external drive.

Email Clutter

Whether you use Gmail or another email client, you will likely have an allotted amount of free storage for your emails. Many of us share photos and videos with others. These files can quickly gobble up your allocated storage. For instance, a 20-minute video of your child's Christmas concert can easily take up to 25 megabytes of memory in your Gmail cloud storage. It won't take too long to fill your 15 GB allocation, and before you know it, your email server is sending you the dreaded "Your inbox is nearly full" message. Moving the files you wish to keep from your email server and onto your own hard drive will keep your email server uncluttered and free up email storage. If your computer has a 1 terabyte hard drive, you have 67 times more room on that drive than you do in your free Gmail storage.

Overcoming digital hoarding doesn't mean deleting your treasured memories; it means clearing out the noise so you can actually find and enjoy what matters. Start small this week by cleaning just one folder, and enjoy the breath of fresh air that follows.

As always, I welcome any feedback on my articles. I am happy to help anyone who wants to learn how to navigate the digital world. You can reach me at dave@quadraliteracy.com

To book an appointment with our Digital Support Outreach Worker, contact Grant at digitalsupport@quadraliteracy.com.

If you have general questions about literacy or need help finding an affordable device, please contact Kathie at Kathie@quadraliteracy.com

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Finding the Words

Reena Lazar, co-founder and CEO of Willow End-of-Life Education and Planning, sent a group email which I've summarized in this article.



Earlier this week, I received an email from Reena Lazar, who had been reflecting on the recent deaths of two remarkable women: Dolly Parton and Gloria Steinem.

As Reena thought about the lives of these two very different women, she was particularly struck by something Steinem once said: when she began her work, "there wasn't even a term for sexual harassment. It was simply called 'life.'"

What does it mean for something to have no name?

Without language, an experience can remain invisible. We may live through something again and again without having a way to describe it, share it, or imagine that it could be different.

Steinem helped give people that language. Through her journalism and activism, she brought experiences that had long been endured privately into public conversation. She helped people see that what they had assumed was simply "life" could be named—and therefore questioned and changed.

Reena sees a similar need around death.

Death is something we all encounter, yet our culture often leaves us with remarkably little language for it. We may experience the death of someone we love without knowing what to expect, how to talk about what is happening, or how to make sense of it. Grief, too, can be difficult to name.

This is the territory Reena has chosen to work in. Through Willow, she helps people develop the knowledge, language and confidence to think about death and dying before they are in the midst of a crisis. Reena reminds us that talking about death is not only about preparing for an ending. It is also about finding the words to understand our lives more deeply.

Way To Go shares Reena's belief that the more comfortable we become talking about death, the more choices we have in how we live, die, grieve and care for one another. In addition to conversations and education, Way To Go also helps loved ones care for their own dying and deceased—offering guidance, empowerment, and assistance from diagnosis through death and after death—making home-based, holistic care more accessible. Visit our website way2go.ca, subscribe to our email list, and join us at a community meeting.

Submitted / written by Margaret Verschuur

Quadra Island Healthcare Update

The dozens of generous Quadra Islanders who contributed to the Community Health Access Initiative, initiated by the Quadra Island Health Society (QIHS) in partnership with the Quadra Island Foundation (QIF), have provided important resources to support access to and continuity of healthcare services on Quadra Island.

In recent weeks, meaningful conversations have been held with potential practitioners who are exploring the possibility of bringing their practice to our Island. QIHS continues to examine all opportunities to keep the clinic open, including a mix of family physicians, nurse practitioners and locum coverage.

QIF and QIHS continue to work together under the Grant Agreement established for the Community Health Access Initiative as the recruitment strategy evolves. With the professional recruiter arrangement now concluded, QIHS is moving forward with a more locally coordinated approach to recruiting physicians, nurse practitioners and locums, along with related recruitment activities.

As part of that work, the QIHS Board has hired Shaun Porter, a Quadra Island resident with a background in health care, management and recruitment, to coordinate the recruitment effort.

The Quadra Island Foundation and the Quadra Island Health Society continue to meet regularly to support the effective use of donated funds and to ensure the initiative continues to advance its original purpose as new opportunities arise.

QIF and QIHS are also committed to transparency around the initiative and the framework under which donated funds are administered. The Grant Agreement can be made available to interested community members through the organizations' websites.

QIF and QIHS would like to thank all the generous Islanders who stepped forward to help fund this important endeavour. We look forward to keeping you updated as the work continues.

To easily access online
resources view our online
edition for links:
www.discoveryislander.ca

Carihi: Fire Recovery Update

Demolition Complete, Major Work Begins

Gym restoration moves into construction phase while A-Wing planning and scheduling continues

As students and staff return for the 2026-2027 school year, work continues on the recovery and reconstruction of Carihi Secondary. Building permits for the gym have been submitted, site preparation is underway, and major construction is scheduled to begin in October. Planning and design work continues on the replacement of A-Wing.

commissioning, and final occupancy preparations through summer 2027.

The gym is scheduled to be complete and ready for student use in time for September 2027.

A-Wing Planning & Design

Planning and design work for the replacement of A-Wing continues to move forward. The architectural team has developed a preliminary design schedule and is advancing the project through the next phase of design



Gym repairs

The building permit application for the gym has been submitted to the City of Campbell River and is currently under review. Procurement activities and sub-trade tendering are expected to begin as the permit process advances.

Gym construction will begin in October and continue through spring 2027, followed by equipment installation,

and planning. While a detailed construction schedule is still being developed and timelines may continue to be refined, work on A-Wing will be concurrent to the gym repairs and the project is expected to extend through 2027 and into 2028.

The new A-Wing will be built in a new location on the school site along Dogwood Street



Culinary Arts Program

The camp kitchen will be fully operational for the start of this school year, giving culinary arts students consistent access to a dedicated space for cooking and food preparation.

Students will continue to use a classroom for theory and food preparation activities, while the camp kitchen will support cooking and hot food instruction.

Because the camp kitchen is smaller than a standard teaching kitchen, it cannot accommodate

the entire class at one time.

To support the program, the district has hired an additional responsible adult to provide supervision, allowing some students to work in the classroom while others receive hands-on instruction in the kitchen.

Last year, the program operated primarily from a regular classroom, with one day a week in the North Island College's commercial kitchen and occasional access to the school's foods room. Read more: <https://tinyurl.com/3h4t5ndu>



Quadra Island School Wetland Support Community Volunteer Work Party

We are hoping that volunteers will sign up to help at a community work party that consists of blackberry removal and planting of native species to support the Quadra Island School Wetland on **Thursday, October 1st, Friday October 2nd, Saturday October 3rd and Sunday October 4th.**

Any amount of time you can contribute would be appreciated.

Light refreshments, water, pruners and up to 4 wheelbarrows will be provided.

All volunteers should come dressed for gardening work and bring their shovels on Friday, Saturday and Sunday. Any extra wheelbarrows that could be brought would also be appreciated.

To signup, please contact Manager of Emergency Services Shaun Koopman with the date(s) times you're available to help at 250-830-6702 or skoopman@srd.ca

Date	Time	Work Part Objectives
Thursday, October 1	10:00-3:00pm	Remove invasive blackberry along the perimeter of the wetland. Make a pile of the blackberry for eventual removal.
Friday, October 2nd	10:00-5:00pm	Continue to remove invasive blackberry. Offload native plants from delivery truck and place them based on guidance from planting supervisor from Rewilding Water & Earth.
Saturday October 3rd	10:00-5:00pm	Dig holes and plant native species in their allocated spot.
Sunday October 4th	10:00-5:00pm	Continue to plant native species.

Students will be outside at recesses (10:15-10:30 am and 12:00-12:30 pm) on Thursday and Friday.

The purchase of the native species being planted at this wetland was made possible through a BC Hydro ReGreening grant.

Community Introduction to AI

The Discovery Islands Chamber of Commerce is pleased to announce **Introduction to AI: A Practical, Hands-On Learning Session, taking place Saturday, September 26, 2026, at the Quadra Island Recreation Centre.**

Presented by Dr. Farhad Moghimehfar, this introductory session will explore what AI is, how it is being used, and where it may—or may not—have a useful role in our workplaces, businesses, organizations, and everyday lives.

An Introduction, Not an AI Adoption Workshop, to Understand the Bigger Picture

No previous AI experience is required. Participants will explore:

- AI basics and practical applications
- Effective prompting
- AI for work, business, organizations, and everyday life
- Opportunities and potential benefits
- Privacy, misinformation, copyright, environmental impacts, and responsible use
- Practical examples and hands-on activities

The Chamber recognizes that AI raises important questions beyond technology and productivity, including its environmental footprint and broader social implications. The goal of this session is not to promote AI adoption, but to help our community understand the technology and make informed choices about when—and when

not—to use it.

“Understanding AI doesn't mean we have to embrace every application of it,” said Carol Ann Terreberry, President of the Discovery Islands Chamber of Commerce. “Our community has strong values around environmental stewardship and community wellbeing. We want to create an opportunity to learn, ask questions, challenge assumptions, and thoughtfully consider what role, if any, AI should play in our businesses, organizations, and community.”

Registration is limited to the first 40 participants. A short registration process will help tailor the session to participants' experience and interests. Participants are encouraged to bring a laptop for the hands-on activities.

The session is part of the Chamber's Capacity Building Initiative, investing in skills, leadership, and resilience across our island communities, with funding provided through the Province of British Columbia's Rural Economic Diversification and Infrastructure Program (REDIP).

Introduction to AI – A Practical, Hands-On Learning Session with Dr. Farhad Moghimehfar on Saturday, September 26, 2026, 1:30 pm at Quadra Island Recreation Centre

Registration limited to 40 participants

To Register: <https://www.surveymonkey.ca/r/DICCAi>

At the Campbell River Art Gallery

Visit the Campbell River Art Gallery to see their powerful new exhibition **Super/Natural Creatures** on from August 20 to October 31, 2026.

This exhibition brings together rich storytelling traditions, ancestral designs, and contemporary printmaking. Featuring the work of James Kwaksistala (Kwakwaka'wakw), Charles Jules (Nuu-chah-nulth), and Alexander J. Mark (Nuu-chah-nulth) who are based in Campbell River, alongside special guest artist Thomas Whiteley (Inuit, Kuujuaq). Curated by Nadine Bariteau.

Throughout September and October, the art gallery will be transformed into a carving shed as artist James Kwaksistala carves live in the Main Gallery. The familiar atmosphere of a working carving shed—rarely encountered in a gallery setting—will fill the space with the rich scent of cedar, the rhythmic scrape of carving knives, and the warmth of shared coffee, conversation, and laughter.

Visitors are invited to spend time in the space, observe the creative process as it unfolds, connect with the artist and invited guest carvers, and witness a carving take shape over the course of the exhibition.

Please visit crartgallery.ca/events to view a complete list of upcoming public programs.

The Campbell River Art Gallery exhibition space and gift shop are open Tuesday to Saturday from 10AM - 4PM. Located at 1235 Shoppers Row in downtown Campbell River.

Municipal Election All Candidate Debates

The Campbell River & District Chamber of Commerce, the Campbell River Mirror and the Tidemark Theatre Society are co-hosting a series of debates for all candidates running in the BC Municipal Election on October 17, 2026.

The public is invited to attend in-person at the Tidemark Theatre — seating is on a first come first serve basis — or watch the LIVE stream on the Tidemark Theatre website — or watch the recording the next day on the Campbell River & District Chamber's YouTube channel.

NOTE: The public are invited to send their questions to: chair@campbellriverchamber.ca

Doors open at 6:30pm — debates will run from 7:00 to 9:00pm.

DEBATE DATES

Thursday, Oct 1 - Strathcona Regional Area Director Candidates

Monday, Oct 5 - Mayoral Candidates

Tuesday, Oct 6 - Council Candidates

Wednesday, Oct 7 - Council Candidates

Thursday, Oct 8 - School Board Trustee Candidates / Council if needed

NOTE: There are 2 dates set aside for Council candidates as there can only be 6 individuals on the stage at a time.

Close of Nominations is September 11.

<https://elections.bc.ca/local-elections/2026-general-local-elections/>
We thank all the individuals considering standing for election and for their courage and commitment to our community — this is democracy in action!

The DI welcomes written submissions of interest to the Discovery Islands community: news, events, opinions, musings. Please keep your item to 750 words for longer articles. Email to: news@discoveryislands.ca



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From Farce to Tragedy

When the American president, Donald Trump, addressed the 80th session of the United Nations in September 2025 and declared global warming to be a “hoax”, the world should have braced itself for the consequences of a monumental delusion that contradicts the evidence of over a 100 years of carefully constructed scientific findings. The greenhouse effect that Donald Trump was denying was first identified by an American scientist, Eunice Foote, in 1856. The eventual consequences of continuing to burn fossil fuels were calculated by a Swedish chemist, Svante Arrhenius, in 1896. And the disastrous effects of extensive emissions of carbon dioxide were identified in 1988 by the NASA climatologist, James Hansen, in his submission to the US Senate. Since then, the actual consequences are even worse than the projected worst-case scientific modelling.

By the summer of 2026, Donald Trump's “hoax” does not concur with the experience of those suffering forest fires in Spain, France, Greece, Croatia, Canada and elsewhere. The record high temperatures in North Korea, South Korea, Japan, and Europe—their fifth since May—and many other places are anomalies that scientists contend would be “impossible” without global climate change. Great Britain is suffering an unprecedented drought. Two European nuclear reactors have been shut down due to a lack of Danube water for cooling. The world's oceans have also reached record high temperatures. Crops and global food supplies are at risk. But this seems not affected the delusional sense of reality held by Donald Trump, nor his toxic influence on our already inadequate and belated efforts to curtail this unfolding disaster by cutting greenhouse gas emissions.

In the United States, in just two instances, Trump has redirected \$2.1 billion of foreign investments away from renewable energy projects to fossil fuel development. He has promoted gas and oil drilling while discouraging the electric car project. Internationally, he has succeeded in diverting \$43 billion away from the World Bank's development plan of promoting and financing clean, renewable energy sources (“Fallen Leaves”, *The Economist*, July 11, 2026), with negative climate consequences that will continue to reverberate indefinitely.

Since Trump's election as US president, scholars from various disciplines have been trying to understand his character. One early diagnosis from a psychiatrist was “malignant narcissism”. Other

assessments are that he is not “immoral” but rather “amoral”—that he functions without a moral code, which begins to explain his penchant for illegalities, misinformation, inconsistencies, and outright lies that are sometimes categorized as “alternative facts”. A 2026 illuminating documentation of his behaviour comes from two New York Times journalists, Maggie Haberman and Jonathan Swan, in their book, *Regime Change: Inside the Imperial Presidency of Donald Trump*, a title that readers could interpret as meaning both a remaking of the American presidency and an attempted redefinition of reality.

Regime Change supports the premise that Donald Trump lives in a fantastical world of his own invention. He takes real events and with a form of dysfunctional paleological thinking—a clinical psychological term not used by the authors—he organizes information into his construct of reality. For example, to support his affinity for the economically dubious merits of tariffs, he cites the years from 1870 to 1913, when the US had extensive tariffs, as being the richest in the country's history, but fails to note that all Americans are now healthier and six-times richer than they were before the advent of global markets and antibiotics. His illogical thinking imagines simplistic solutions to complex problems—kill the leader of the Iranian Republic and the country's entire political structure will collapse, return America as the archaic manufacturing centre of the world, and win allies by bullying them.

One of the more disturbing attributes Haberman and Swan describe is Trump's abuse of language. He uses “crisis” and “emergency” to justify action on issues that are neither. “Immigrants” become “invaders”, and people with different opinions become “terrorists”. Vigorous negotiators become “nasty” Canadians. A pause in the conflict with Iran is a “truce” without a declared “war”. As the President and his friends make billions of dollars, the twisting of meaning allows them to contend that, “Neither the president nor his family has ever engaged—or will ever engage—in conflicts of interest.” And those who are appointed to serve within the Trump administration either share this warped and fantastical delusion or they agree to play by its disorienting rules. The result is an incompetent executive branch of government that is staffed and guided by little facsimiles of Trump.

Order, regulations and laws are based on the common agreement about what words mean. However, according to Trump's strategy, if the laws cannot be changed, then change the meaning of the words. The result is national and international chaos. Language becomes gibberish. Because of the key position of America in world organization and economics, no one knows what to do or think because the words keep changing meaning to suit the irrational impulse of Trump's reality. A “deal” is a “deal” until it isn't. After a final agreement has been reached, the terms remain flexible. NATO contains an inviolable Article 5 until it doesn't. Repeat a lie often enough and the only fair election is the one that confirms Trump's illusion of truth. The Capital riots involving the storming of the US Congress, which resulted in four deaths and many injuries, somehow became a peaceful democratic protest without any criminal activity. Evidence and facts do not count. This is why the US president identifies with autocrats.

The psychological, philosophical, economic, diplomatic and political disorientation from the Trump administration will take decades to subside, if it ever does. The lost time and opportunity to address global climate change will never be recovered. His presidency has been toxic, a trauma that will have disruptive and damaging national and global reverberations on a planet balanced precariously on the edge of environmental pandemonium. History will mark him as America's most “consequential” president, an ambiguous category that would be farcical if it wasn't tragic.

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Expanding Community and Transforming Lives!

As we ease our way into September, we also prepare for another fund-raising **Giant Garage Sale** to be held at **Quadra Community Center** on **Sunday, September 20th**.

As well as contributing to local projects, a portion of the proceeds from the upcoming sale will continue to support the education of Analiza Macad and Zeah Mae Paclay, 2 young students living in northern Luzon in the Philippines. Thank-you to Mandy Hart for taking on the garage sale for the past 5 years!

Although this is the 30th Giant Garage Sale, our Quadra Philippines Connection actually began in 1994 through the small ngo, IAT (International Association for Transformation). Through IAT, during this time, Quadra Islanders have contributed to various projects in the Kalinga area of the northern Philippines. This includes the support of 1100 children and 7 preschool/daycare programs in remote areas that have since been taken over by their local government. We also helped to support the innovative Gift of Peace Program which was instrumental in bringing an end to tribal warfare in that area. Over the past 10 years Quadra has continued caring and sharing with the focus being on child sponsorship. This includes supporting the education of 2 young girls from the village of Cataw, the first community to be involved in the Gift of Peace Program.

For a blast into the past and some Quadra history as to how this all began, a binder is now available at our local Quadra Library. This includes our initial fund-raising efforts, the first being the Filipino Night Bazaar. The binder displays photos of Quadra youth (some who now have their own children!) doing the bamboo stick dance with the C. River Maharlika dancers in 1994. Also, included is an old fashioned Strawberry Tea held at the Heriot Bay Inn in 1995 with photos of elders Joy and Bob Inglis dressed in traditional old time garb and Joyce Baker playing cello!

For a number of years, Filipino daycares were twinned with our own Quadra Preschool, Quadra Children's Center and the preschool in Cape Mudge Village. Over the years we received regular letters always accompanied by creative home made greeting cards at Christmas and Valentines Day.

Following a presentation on the Philippines made to Jack Mar's grade 2/3 class in 1997 and Robin Beaton's grade 1 class in 1999, the children's comments and drawings were shared



in our Discovery Passage newspaper, which have now made their way into our binder. ("The children carry water jugs on their heads! They trap mud fish in the rice field! They live in houses with rooms as big as 8 desks! They eat sticky rice and fish! They make their own skipping ropes and toys! The kids have to plough the fields! They ride on top of water buffaloes!").

Over the many years, various Quadra Islanders were also able to visit the projects and report back. So do plan to check out some Quadra Philippines nostalgia available at our library! The binder is near the entrance, on the same shelf as the Way to Go and Caregiving books, so take it to a table and enjoy! We offer gratitude to the Discovery Islander for printing these stories over the years which also include 29 years of Giant Garage sales!

The following is a recent letter from Analiza Macad, whose education, along with Zeah Mae Paclay, we have been supporting since grade 4 in 2016. They are now in the first years of college and Analiza is studying to become a teacher. She hopes to be able to teach in her home village of Cataw.

Dear Sponsors of Quadra Island Community,
A lovely and beautiful day, my dearest sponsors! How are you there? I always pray that you are all in good health and fine together with your family. As for my family, we are all doing well and are in good health despite the many challenges that come into our lives. My parents work hard and take any available job to provide for our family needs and I do my best to help them whenever I can.

Regarding my studies, I would like to share that our classes ended on May 28th, 2026. I am very grateful that all of my hard work and efforts paid off. I am now in second year college. We had only one week vacation before

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QUADRA PHILIPPINES CONNECTION

our summer classes started. Even though it was short, I was happy to spend time with my family and have some rest. I helped them with household chores like cleaning, washing clothes, dishes, and others. Our summer class started on June 1st and during our classes I stayed at my boarding house and during weekends I went home to spend time with my family.

I want to share with you the workshops that we did have here at IAT. The first was about values, leadership and community engagement for social transformation. The guest speaker shared the importance of having good values and using leadership to serve and help each other. The second workshop was about corruption. Our guest speaker was Attorney Errol Comafay.

During the workshop he discussed how corruption affects community and the future of our country. He encouraged us as young people to practice honesty, responsibility and integrity in our daily lives. He said that change begins with ourselves and that the youth have an important role in building a better society. The third workshop focused on effective communication.

My dear sponsors, I thank you for being part of my journey and for your ongoing generosity. I hope that you continue to receive many blessings in return for your kindness. And may you always be surrounded by love, joy and good health. Blessings to you and your families!

- Submitted by
Carol Foort

The Giant Quadra Garage Sale!

September 20, 2026 10-2 @ The QCC

The Philippines Garage Sale; a History

For almost 30 years, Islanders have come together with all their treasures to raise money to benefit our community. Where the money goes has changed slightly, but the spirit is the same. Saving the savable from the landfill and doing good for each other. Join us Sunday Sept 20th for the social event of the season.

HOW DOES IT WORK?

Sept 1(ish): Drop locations for donations will be announced.

Sept 19: A handful of drivers will descend on the drop locations, load their trucks and bring goods to the waiting hands at the QCC. These volunteers spend HOURS moving, sorting and organizing the absolute MOUNTAIN of things.

Sept 20: 10am the doors of the QCC open and the social event of the season begins! This treasure hunt is a heckin' good time!

WANNA HELP?

Its all fun and games to sort, but the hard ass work is at the end cleaning it all up. WE NEED HELP!

Volunteer Positions:

- End of Day Clean up
- Thrift store drivers
- Concession Bakers
- During event roamers
- Cashiers
- Sorting and Set Up

Donation Drop Locations:

The Loop - 213 Quadra Loop -
Lower/Water side
The Cove - 858 Prentice Place
The Southend - 307 Sutil Road

Any questions or if you would like to volunteer, please contact Mandy
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Ferry Schedule

Leave Quathiasi Cove	Leave Campbell River
6:05 am	6:30 am
†7:00 am	†7:30 am
††7:30 am	††8:00 am
8:00 am	8:30 am
8:30 am	9:00 am
9:00 am	**9:30 am
9:30 am	10:00 am
10:00 am	10:30 am
10:30 am	11:00 am
11:00 am	11:30 am
11:30 am	12:40 pm
12:40 pm	1:05 pm
1:05 pm	1:30 pm
1:30 pm	1:55 pm
2:00 pm	2:30 pm
2:30 pm	3:00 pm
3:00 pm	3:30 pm
3:30 pm	4:00 pm
4:00 pm	4:30 pm
** 4:30 pm	5:00 pm
5:00 pm	5:25 pm
5:25 pm	5:50 pm
5:50 pm	6:15 pm
6:15 pm	6:45 pm
7:10 pm	8:10 pm
8:40 pm	9:05 pm
9:30 pm	9:55 pm
10:20 pm	10:40 pm
* 11:05 pm	* 11:30 pm

Schedule in effect September 3, 2024 to March 31, 2025 - last updated here 25 Sept, 2024

* Fridays & Saturdays only

** Tuesdays: Dangerous Cargo, no passengers or cars

† Daily Except Saturdays

†† Daily Except Saturdays and Sundays

Schedule may be subject to change check BCFerries.com for Service Notices

Heriot Bay Tides

DATE	TIME PT	M.	FT.
11	00:44	2.411	7.9
Fri	06:17	4.348	14.3
	12:31	1.694	5.6
	19:02	4.799	15.7
12	01:19	2.072	6.8
Sat	07:13	4.419	14.5
	13:12	2.052	6.7
	19:28	4.738	15.5
13	01:55	1.795	5.9
Sun	08:06	4.447	14.6
	13:54	2.430	8.0
	19:54	4.637	15.2
14	02:32	1.598	5.2
Mon	08:59	4.424	14.5
	14:36	2.799	9.2
	20:20	4.504	14.8
15	03:10	1.487	4.9
Tue	09:54	4.356	14.3
	15:19	3.135	10.3
	20:46	4.347	14.3
16	03:50	1.456	4.8
Wed	10:58	4.270	14.0
	16:08	3.419	11.2
	21:11	4.179	13.7
17	04:33	1.489	4.9
Thu	12:14	4.201	13.8
	17:12	3.634	11.9
	21:36	4.016	13.2
18	05:20	1.563	5.1
Fri	13:43	4.191	13.7
	19:04	3.742	12.3
	22:04	3.865	12.7
19	06:16	1.647	5.4
Sat	14:57	4.236	13.9
	20:57	3.702	12.1
	22:48	3.731	12.2
20	07:22	1.704	5.6
Sun	15:51	4.298	14.1
	22:04	3.579	11.7
21	00:43	3.648	12.0
Mon	08:29	1.712	5.6
	16:31	4.356	14.3
	22:38	3.424	11.2
22	02:15	3.689	12.1
Tue	09:25	1.700	5.6
	17:01	4.408	14.5
	23:03	3.227	10.6
23	03:22	3.804	12.5
Wed	10:11	1.712	5.6
	17:24	4.462	14.6
	23:28	2.974	9.8
24	04:21	3.955	13.0
Thu	10:52	1.779	5.8
	17:45	4.520	14.8
	23:52	2.660	8.7
25	05:16	4.127	13.5
Fri	11:29	1.911	6.3
	18:04	4.579	15.0
26	00:18	2.296	7.5

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